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Three Sections  
plus Supplements

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# the NOVI NEWS

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Living GOING SLEDDING  
NOT WHAT IT USED TO BE/1C

Sports NOVI MATMEN TAKE  
SECOND AT SCHOOLCRAFT/6C

Opinions ISSUES AWAITING  
CITY COUNCIL ACTION/12A

## Top 1987 stories capture diversity

Nineteen eighty-seven was a whirlwind year in Novi — literally and figuratively.

Tragedy struck on Father's Day (Sunday, June 21) when a true whirlwind in the form of a tornado touched down in the Chateau Estates Mobile Home Park, leaving death and destruction in its wake.

It was a whirlwind year for Novi in the figurative sense as well. A boom in commercial construction by Ramco Gershenson and Trammell Crow in the Regional Center and Town Center areas led many Novi residents to question not only the extent of development but also the ultimate destiny of the city.

Was Novi to become a "Suburban Oz," as an article about the city's extensive commercial development in The New York Times suggested? Or could the semi-rural setting, which attracted people to move to Novi in the first place, be preserved in the city's predominantly residential areas?

Apprehension about the extent of development was manifested in a swirling political climate with the city council and planning commission receiving frequent criticism. The charged political climate led to several of the year's top stories, including passage of a police/fire millage to provide additional public

safety officers and equipment, controversy over allegations that commercial property owners were receiving breaks on their assessments at the expense of residential property owners, and a heated political race for the mayor's office and three city council seats.

Not all the year's top stories involved the city, however. Nineteen eighty-seven was the year in which voters approved the Novi Community School District's request for a bond issue to fund a major building campaign. And it was the year an impressive new civic center was completed.

Continued on 9

## Novi's future looks brighter

By ANN E. WILLIS  
staff writer

Novi will be looking to the future and "daring to dream a bit" in 1988, City Manager Edward Kriewall predicts.

In his annual forecast of the year ahead, Kriewall said that planning for the future, particularly quality of life issues, will take precedence in 1988.

Looking back at 1987, Kriewall said he was pleased with the progress the city made. In particular, the manager said he was pleased to see the city following its long term goals for civic development.

"Completion of the civic center complex really is more than completion of a building. It is a completion of the needs assessments that went back to 1973," Kriewall said. "A road map was really developed at that point in time to establish Novi's catching up with the rest of the world. We were so far behind on all fronts, primarily on capital improvements, infrastructure, municipal facilities.

"We really had nothing back in 1973. We paved our first mile road back then, Meadowbrook Road from Nine to Ten Mile. It was just a sea of mud. The mayor and city council at that time took the bull by the horns and created a citizen needs assessment committee — the first one. The real vision was established in that particular year. We really recognized that we had an awful lot to do.

"That committee sat down and developed a vision for Novi — and the completion of that charge is really signified by that building (the civic center). This is really the

**Kriewall: 'I think that all the issues that are out there now, most of them really pertain to an enhanced quality of life.'**

end of their particular vision." Kriewall said that very first citizen's needs committee also planned the building of the city's fire stations and police station as well as the municipal center. The committee also saw to the beginning of the city's road program, Kriewall said.

"It has unfolded almost on schedule. That really sets the stage for 1988. Nineteen eighty-eight is a time for reassessing and rethinking our priorities as we see them for the next 10-15 years. That has been going on very subtly with continuing changes to the master plan and fine tuning of what I would call quality of life controls and ordinances. We've been working on them for two or three years now.

Continued on 7



Novi News/CHRIS BOYD

## Swinging music

Members of the Novi Adventurers 4-H Jug Band put on a show for parents, friends and library patrons last week. They opened their act with the traditional 4-H song "Come on In" which allows some

free swinging dancing to get things going. The 4-H group also participated in a workshop held by bones playing artist Percy Danforth. For more pictures and story see page 11A.

## Expansion plans grow with library

By ANN E. WILLIS  
staff writer

The Novi Library is about to grow up. Or rather out.

Until recently, the library has been housed in the western half of the city hall facility. With the completion of the new civic center, city hall has moved out and the library staff and board are about to begin the process of renovating the entire building into a facility strictly for the growing Novi library.

Library Administrator Brenda Burrell said the new facility will finally allow the library staff to have space for all the programs and services they have longed to bring to the community.

"We probably could have used this two years ago," she said.

The renovation has involved a total reassessment of the needs, services and future of the library, according to Burrell. The library staff has been actively involved in plans for the renovation in conjunction with the Library Board.

Preliminary plans call for an expansion of both the adult and children's sections of the library. Currently the entire library collection is housed in the western half of the building. Future plans show the west portion of the building housing children's fiction and adult fiction collections. In addition, that section of the building will house the more

"active" portion of the library.

There will be a section for preschoolers, teens and increased space for audio-visual displays, records, compact discs and videos.

Between the two halves of the building will come the large work center for library staffers, an expanded lobby area and circulation desk, reference desk and meeting/activity room.

The eastern portion of the building (the old city hall side) will house the quiet portion of the library collection. Burrell said she wants the community to know there will always be a place to study and read away from distractions and noise. This side will house study tables, carrels and non-fiction adult and non-fiction children's books. The periodical collection will also be housed in the east half of the building.

The entire renovation project, including the outside work, is budgeted as a \$700,000 project. Architect Lee Mamola is designing the renovation.

"We are hoping not to close during the work," Burrell said, while admitting that the noise accompanying any construction work will certainly affect the library's customers. Burrell said most of the really noisy work, such as wall demolition, will be done during non-working hours at night and on Sundays. But a certain amount of ham-



Novi News/CHRIS BOYD

Above, Brenda Burrell, library director stands amidst the old city hall section

mering and displacement will go on, she said.

"The library will really not be the place for someone needing total quiet" during the construction phase, Burrell said. But she added that the renovation and expansion is overdue and in the end will make the Novi Library into a more adaptable facility.

The renovation is still in the rough planning stages, Burrell said, with staffers trying to iron out the exact details of the core workroom area before a final decision by the Library Board. She expects the board to make final approvals of plans early in 1988 so bids for construction can go out. Whether the entire renovation can be completed in 1988 is unknown at this stage, she said.

When the renovation is com-

pleted, Burrell said she hopes the community will come back to the library in even bigger numbers. "We want them to always be able to count on quiet and space here and an uplifting exciting kind of atmosphere."

The "two sides of the building will allow the library to be all things to all people, Burrell believes. "The atmosphere will not be all heavy research. It will be exciting and alive. Children's programming is a major factor. Now we have space for both (adults and children) and it's space that will be designed for them."

"Throughout all of this we will need patience from the public," Burrell said. "We will do everything we can to make sure the level of service is still up there."

## Civic ceremony Sunday afternoon

"This day is for the people of Novi," Rev. Leslie Harding, chairman of the Novi Civic Center Committee, said about this Sunday's (Jan. 10) dedication ceremony.

The civic center will be formally dedicated during an open house for the entire community on Sunday. The ceremony complete with band, choir and honor guards, will begin at 2 p.m. and run to 3 p.m.

Members of the community are invited to attend the open house which will run through 5 p.m. that day.

"Novi needed a center and that's

what it's all about," Harding said in summing up why the city administration and citizen committee believed a community-wide ceremony was necessary for the new building. "It's a people place," he added.

The Novi Concert Band will start the day off in conjunction with the Novi Chorales. The formal ribbon-cutting will take place at 2 p.m. with the formal dedication of the building.

Continued on 5

## inside

BUSINESS CLASSIFIEDS	1B
DIVERSIONS	3B
EDITORIALS	5C
ENGAGEMENTS	12A
IN SHAPE	4C
LIVING	8C
NOVI BRIEFS	1C
NOVI HIGHLIGHT	4A
PEOPLE	2C
PHIL JEROME	4C
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# Red tape snags license request

By BOB NEEDHAM  
staff writer

NORTHVILLE — The owners of a Northville party store have applied to the state for a license to sell package liquor, but so far the application is tangled in some red tape.

The owners of the Northville Wine Shoppe on Eight Mile near Tati Road in Northville have applied to the state for a specially designated distributor (SDD) resort license, which permits the sale of packaged hard liquor. The owners already have a specially designated merchant (SDM) license for the sale of beer and wine.

The state's liquor control commission (LCC) holds authority over issuing liquor licenses, but local governments get involved as well. A city council can recommend approval or denial of a request, and the local police department conducts a standard background investigation of the applicants and the location.

The tangle is this: the city received its notice of the application dated Dec. 11. That letter requests the city make its recommendation — if any — within 15 days of receiving the letter. At a recent city council meeting, the council members agreed not to vote on the issue until the police department investigation was done.

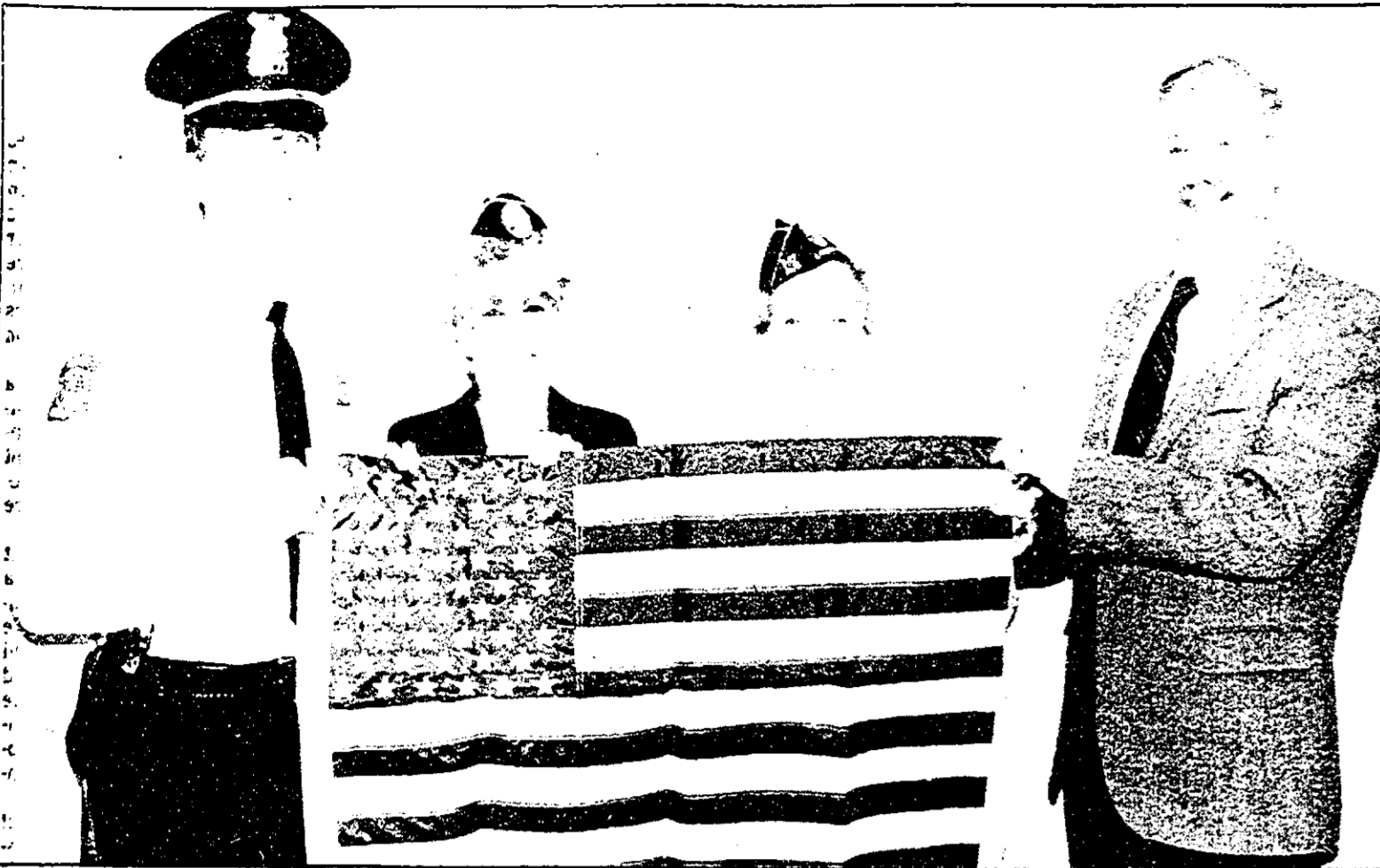
But as of this Monday, the police department still had not received an official request for an investigation from the state. The department uses the request form to make its report. And when Police Chief Rod Cannon asked a local LCC office why the request had not arrived yet, he was told that the LCC first had to complete an inventory of all the licenses in the area.

Meanwhile, City Manager Steve Walters requested an extension beyond the 15 days, but the LCC's response only said the letter was filed, and did not mention the comment period, and the council is not scheduled to meet again until Jan. 25.

The council agreed Monday to direct Walters to tell the LCC that they were still waiting for the request for a police investigation. The council also asked the police department to begin its investigation without the official request form.

Walters said Monday that the state is likelier to listen to the city's recommendation the earlier it comes in, and that no response may be considered tacit approval.

Mayor Chris Johnson said, "I don't want to drag this thing out to 20 meetings. It doesn't help the applicant, it doesn't help the city, it doesn't help anyone."



## Stars and stripes

The auxiliary of the Livonia Chapter of the Disabled American Veterans (DAV) recently presented an American flag to the Novi Police Department. Pictured above (left to right) are Novi Police Captain Richard Faulkner, Auxiliary Commander Catherine McLean, Auxiliary Adjutant Helen Weiss and Novi Police Chief Lee BeGole. The flag will be displayed in the classroom area at police headquarters, according to BeGole.

## All-night party wins approval

Novi's first-ever, all-night party for graduating high school seniors was approved last week.

The Novi school board voted 7-0 to authorize that the party be held and that the district act as sponsor.

"I was pleased to see this finally coming to Novi," commented Board Member Sharon Pichat.

Board member Stephen Hitchcock added that he asked parents in other districts about their parties, and they asked him, "You mean you don't have such a program?"

The party is scheduled to be held after commencement exercises on June 12 and will run to about 4 a.m. The parents organizing the party are trying to keep details secret from the students.

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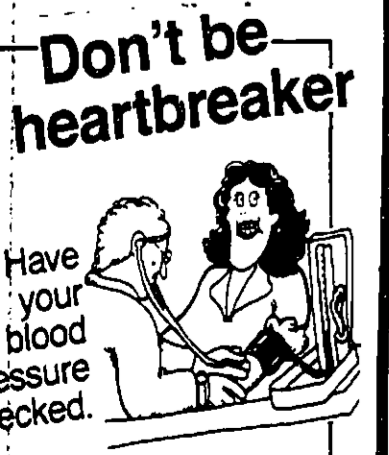
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## Looking at Novi

Counting all Cartons  
Cartons of milk purchased at Novi schools during the 1986-87 school year

252,000 cartons of milk were purchased in 1986-87

Which converts to 7,875 gallons of milk per year

This would keep a herd of approximately 15 Holstein cows busy twice a day for the entire school year

This does not include all the ice-cream, milk shake mix and other dairy products.

Source: Novi Board of Education

## Area Briefs

**Assessments on the rise:** The value of homes in Livonia has gone up 11 percent during the past 12 months, according to a study by the Wayne County Equalization Department. The 11 percent increase follows a 5 percent boost in 1986.

City Assessor Ron Mardiros said homeowners shouldn't be surprised by the increase because home values in Livonia have been rising steadily during the past year. "Three years ago, lots were selling for \$20,000," said Mardiros. "Today those same lots are selling for \$40,000 and \$45,000."

**Moratorium on clusters:** A 45-day moratorium on cluster housing proposals is currently in effect in West Bloomfield Township. The action gives the township board time to study proposed amendments to the clustering housing option.

The moratorium on cluster housing proposals represents a compromise between advocates of a full moratorium on all but conventional residential construction and those who oppose any type of moratorium at all.

The moratorium resolution says there is a concern that the existing cluster housing ordinance "may be resulting in the development of land in a fashion not contemplated when the ordinance was originally adopted." Traffic congestion also has been a concern, and the resolution further states the existing ordinance may be interpreted to permit developments "which may be detrimental to the safety or convenience of vehicular or pedestrian traffic."

**Graves to be moved:** Twenty-five grave sites in the West Farmington Cemetery are being moved to make way for the widening of Twelve Mile and the Twelve Mile/Halsted Road intersection. All the graves will be moved to another area of the cemetery.

Five families have signed affidavits allowing disinterment and reinterment of the graves in the affected area. The other 20 sites have no next of kin, according to Farmington Hills City Attorney Paul Bibeau who is seeking a court order allowing the graves to be moved.

## Kriewall looks at the new year

Continued from Page 1

"I think 1988 might be the opportunity to reassess again... where we're going to be in another 15 years. The past 14 years have given us time to achieve the necessities. We really have tackled the essentials for the community. That really amounts to building four fire stations, building a police station, building a public service facility, building a new community center, building a new city hall — that is a long list of accomplishments that has been set down in 14 years. It really marks the end of the necessity struggle for the community."

"The community had to build all these facilities out of necessity and the future, which could well be cast in 1988, should focus on reestablishing where we go from here. We've been seeing that the direction will turn on in the future — the quality of life issues in issues that will continue to make Novi an extra special community."

Kriewall said he believed the issue of buying woodlands and parkland was just such a quality of life issue. He defended the decision not to ask voters for a millage for that purpose during the 1988 election because he said it probably wasn't time yet for such a vote.

"We had to deal with the police and fire needs and again that was another last step in completing the necessity side of the scale. And now we can move over and start looking at some other things — that might not be necessities but I think they're things we might like to support."

"That would be expanded conservation of woodlands and wetlands. Maybe what it takes to accomplish preservation — imaginative planning. We've talked about it somewhat before, there's more that can be done preserving woodlands and wetlands with flexible planning. I think there's some offsets to developers and development that can cause more preservation... and that may require more flexibility on our part and more imagination but I think that it needs to be explored further, so I think there are some things that need to be done on the development side yet."

"I think there are some things in the recreational area that need to be preserved. We have had some discussion with the parks and recreation director — they are prepared and poised to deal with that in 1988. They will look at some of the parkland acquisitions that have been targeted. I know there's still some operational details in terms of funding in the parks and recreation department that need to be addressed."

"I think that all the issues that are out there now, most of them really pertain to an enhanced quality of life, and really can be considered as possible extras to the community that need to be looked at."

"There have been some discussions that the community ought to be in a position to assess a need now for a community swimming pool. Development would really be curtailed... and quite frankly it's the growth of the community that really sustains what we do on a lot of fronts."

If Novi does get the go-ahead for Super Sewer and development is allowed to progress, Kriewall said he sees continued growth in single-family residential projects. "Single-family will continue to boom. There is a very high demand for housing in the City of Novi. The schools are a large part of that, the high ranking in the state. Housing will continue to be very strong, both single-family and multiple."

"Commercial, office and industrial development will be strong also. We do have enough retail commercial, really won't see very much more. Everything that's been built has been planned a long time ago and it's used up just about all of our B-3 (commercial) zoning. You're going to see a real drop off in retail commercial."

"Industrial, light industrial will remain strong. Smaller plants and offices will continue to move to Novi. There will be some filling in of areas in 1988. From Beck Road to Novi Road along Grand River — especially with construction of the sanitary sewer and water main, we'll see some more activity generated along that corridor in 1988. We will see Trammell Crow starting to expand beyond the Town Center area in 1988. Kriewall said, making its implementation fairly straightforward."

"Roads and traffic will continue to be a major issue in 1988," Kriewall said. "We expect the Sandstone Section 11 to Twelve Mile as part of the project specifications."

The proposed Haggerty Road interchange for the I-96 expressway is also on the 1988 agenda for Kriewall, council and planning commissioners. "The state is due to decide on the exact placement of the proposed exit and entrance ramp. We understand that they're going to try to nail that down, hopefully by January or February," Kriewall said. Much of Novi's planning for the area north of I-96 hinges on that decision.

Kriewall said that overall he is looking forward to the coming year. "I think we did really all we could do in 1987 and I think in 1988 we'll be able to look beyond the necessities and to dream a bit."

## PREGNANCY PRIMER

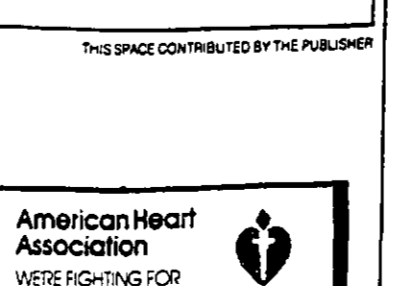
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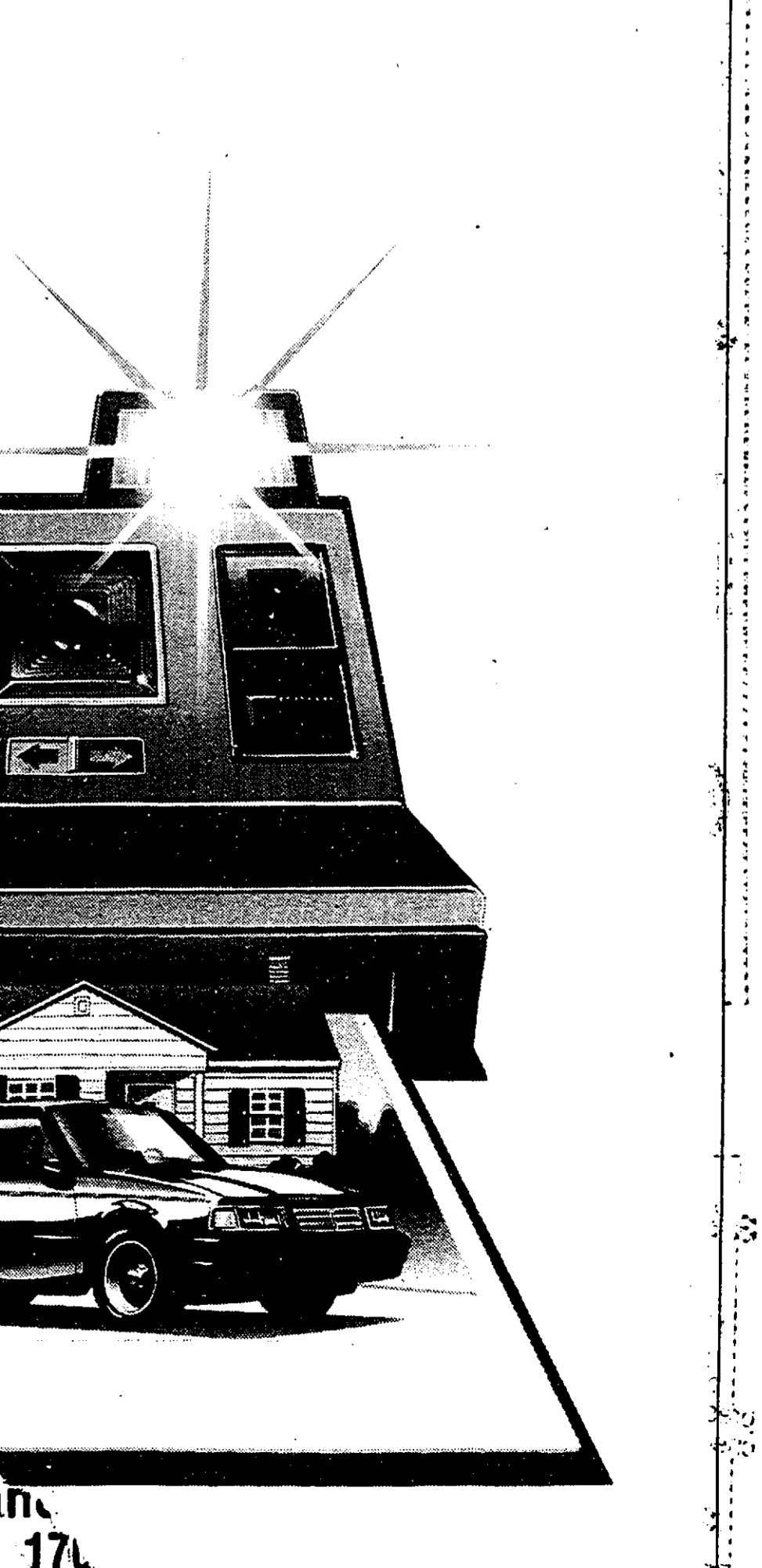
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## Stipp wins membership in education Academy

Novi City Clerk Geraldine Stipp has qualified for continued membership in the International Institute of Municipal Clerks (IIMC) Academy for Advanced Education.

The IIMC is the professional association for over 8,600 county, city, village, borough, town and township clerks in the United States, Canada and 10 other countries.

The Academy for Advanced Education was instituted in 1981 to further the professional education of municipal clerks to enhance their skills as needed to meet the challenges of the office of municipal clerk.

Every four years the academy member has to demonstrate that he or she has actively engaged in educational and professional participation that keeps them current with the changing events in the local government scene. Less than four percent of its members qualified for Academy status.

"I am honored to welcome Ms. Stipp as a member in the continued membership of the IIMC Academy for Advanced Education," said Jack J. Poots, IIMC president. "She has demonstrated and obtained career develop-

ment goals which will aid her in maintaining the quality of excellence that is required of today's public officials and administrators."

Stipp has been city clerk in Novi since 1973. Before that she served as deputy clerk, then deputy clerk/treasurer from 1959-1973.

She received her professional certification — the IIMC Certified Municipal Clerk's Award — in 1979. In May 1983 she was accepted as the ninth clerk from the State of Michigan and 128th member into the IIMC Academy for Advanced Education.

Since her entry into the Academy, Stipp has continued her education by completing two advanced Academy courses, "Office Automation" and "Building Personal Power," offered at Michigan State University.

During that period her professional participation has included serving as secretary/treasurer of the Michigan Municipal Clerks Association.

Stipp has been a member of the IIMC since 1974 and has served on the IIMC Municipal Clerks Week Committee and the IIMC Membership Committee.



Geraldine Stipp has qualified for continued membership in the IIMC

## Northville furniture sale a hit

By ANITA CRONE  
staff writer

**NORTHVILLE** — The line to get into Schrader's Home Furnishings extended into Parking Lot No. 2 in the back and to the church in the front as hundreds of shoppers awaited the start of a going out of business sale of the 81-year-old family-owned business in downtown Northville Monday.

With both doors being controlled by store employees, by 9:30 a.m. many shoppers had found what they were looking for and had the items they could lift clutched tightly in their hands as they patiently waited to pay for them.

But others were not so lucky. For them, it was a question of whether to sit on their prospective purchases and wait for the overworked salespeople to put a "sold" tag on the item, or risk losing the item to another buyer.

By noon, the crowds had thinned, but so had the selection.

"Somebody got my couch," said Beverly Dennis. "I was even willing to pay full price for it."

Cheryl Borwick of Northville was sitting on a chair that Jana Fetters, also of Northville, wanted to buy. Borwick said she arrived at the store at 8:30 and already there were lines to get in.

"I really hope to decorate my new house, but I wanted something more formal," Borwick said.

Pat Guthrie of Plymouth clutched a bronze lamp in her hand as she made her way between shoppers and furniture, from a salesperson to the line at the register.

"I'm trying very hard to buy this lamp," she said, moving aside as another shopper stopped in the rapidly filling passageway between sides of the store. "All I want to do is pay for it and go home."

Meanwhile, at the front door, a store employee carefully allowed two people into the store as two others departed. "I knew we were going to be busy, but I didn't think it would be like this," he said, surveying the store.

## Super sewer deadline nears as talks continue

Wayne County officials have given its support for the Western Township Utility Authority communities to send their non-contracted sewerage to Ypsilanti, but that does not mean the North Huron Valley/Rouge Valley sewer is any closer to becoming a reality.

"Feb. 1 is absolutely the cutoff date," said Deputy County Executive Michael Duggan. "Everything, including the funding, has to be in place by then."

What is not in place now is approval from the 10 communities still left in the project, and Duggan says he has some concerns about two of them.

"Dearborn Heights, Livonia and Westland all have received increased costs for the project, based on the pullout of Northville, Canton and Plymouth Townships," he said.

"We have been having talks with all of them and there is no problem with Dearborn Heights, but Livonia and Westland still have to approve the money."

The \$55 million project has been controversial since its inception and recently has been the subject of ongoing discussions as to who may and may not participate, how much it will cost each community and the proposed effect the regional sewer system will have on the Rouge River.

In 1986, Wayne County spearheaded an effort to have 16 communities, including the City of Northville, Northville Township, Canton Township,

Dearborn Heights, Garden City, Inkster, Livonia, Novi, the City of Plymouth, Plymouth Township, Redford Township, Romulus, Van Buren Township, Wayne, Westland and Wixom, sign service agreements with the county in order to apply for federal funding.

The money is available under the clean water act, but that funding is due to be phased out in favor of a loan process. Details have not been worked out for grant dollars.

"We have gotten no information on what the requirements there would be, how much money will be available or who is eligible," Duggan said. "We don't even know whether Michigan will participate in the loan program."

"Basically, we have to have our project in place or we do know that the Environmental Protection Agency will sue us, just like they are suing the downriver communities," Duggan said.

The current project involves just 10 communities — Wixom is building its own plant since it was facing EPA sanctions and had a July 1, 1987, deadline to have a plan in place — and Garden City and the City of Plymouth have no need for increased capacity.

Of the remaining communities — the City of Northville, Dearborn Heights, Inkster, Livonia, Novi, Redford Township, Romulus, Van Buren Township, Wayne and Westland — all but Livonia and Westland have agreed to stay in the project.

"We'll know about those two soon," Duggan said, noting that if either community opts out of the project, the regional sewer program would be history.

Based on 1987 funding plans, Livonia's cost increased \$5.79 million and Westland's cost increased \$4.04 million. Dearborn Heights is slated to pay \$18.23 million based on the latest plan. "But we know they are in. Their basements flooded every time there's a storm," Duggan said.

## Monitor services for phone

Parents can help prevent unwanted high telephone bills by having their children ask permission before dialing "sponsored program" or "976" services, according to the Better Business Bureau of Detroit and Eastern Michigan.

The bureau has received a number of complaints from consumers that children calling "976" services have run up bills as high as \$1,000. Charges for "976" calls range from 20 cents to \$5, plus applicable toll.

The "976" designation refers to the telephone prefix callers must dial to reach the services, which provide recorded information or entertainment messages — including weather, sports and soap opera updates, as well as joke lines, music trivia contests and gab lines, among others.

"There are almost 100 different '976' services currently operating and more are going on line all the time," said Bureau President Thomas F. Ascher. "To avoid unwanted charges on their phone bills, parents need to educate their children about '976' services and have children ask permission before placing any '976' calls."

Customers with questions about "976" charges on their phone bill may call the telephone number of the Michigan Bell business office listed on their bill or in the front of their telephone directory.



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Percy Danforth plays the bones during the workshop

## dem bones

This guy's bones have been all over the place. Percy Danforth has become the traveling concert master for one of the oldest forms of music in America — the bones. The wooden bones that Danforth plays effortlessly and tirelessly have won him acclaim in the United States, Canada and abroad.

He has performed his traditional bones music at the Royal Festival Hall in London and at Lincoln Center in New York City. A tape of Danforth playing the bones is on file in the Smithsonian. "Everybody wants to get the old bunny on tape," Danforth said.

Danforth was in Novi last week for a workshop and concert with the Novi Adventurers 4-H Group Jug Band.

The 4-H group is studying folk patterns and, as part of their look into the early American tradition of folk history, they are learning about traditional music. Under the directorship of Margaret Schmidt, the children have discovered such traditional instruments as spoons and the bones.

Last week the students had the opportunity to learn from the master. Danforth began his bones career some 80 years ago as a school boy in Washington D.C. In the fall of 1908 at the Webb School in Washington he wandered out to the playground for recess and discovered that the other kids had bones in their pockets.

Danforth told the 4-Hers that he immediately went home and asked his father about the instruments. "Dad said everybody knows how to play the bones — and then he showed me how. If I can do it, it's because I've had a lot of practice," Danforth said.

The bones were an avocation for Danforth for most of his life, until 12 years ago. "My wife was doing graduate work in music and studying the history of music — dumped her into the south of long ago," and one of the books mentioned the bones.

"The professor asked if anyone knew someone who could demonstrate the bones... and I was invited to do it. That was the beginning of the beginning," Danforth said.

"The bones and I have traveled all over this country," Danforth said. His travels usually involve participating in folk festivals, concerts and workshops, and he



The hands of a master — Danforth displays the bones hold

always leaves a trail of new bones' enthusiasts behind him. The man who makes the sets of wooden bones that Danforth carries for teaching purposes said he has made over 15,000 pairs of bones during the 12 years of Danforth's success.

"Folks see the old coot doing this and figure they'll give it a try too," he said. Danforth said he takes 300-400 pairs of bones with him to the prestigious Philadelphia Festival. When he conducts a workshop on the bones at the festival, he finds "as soon as they can get a squeak out of them they want to buy a pair."

Although the initial steps to playing the bones sound easy — the path to Lincoln Center is not a straight one. The bones may look like two sticks of wood, but to play them with finesse takes an ear for music, knowledge about the craft and lots of practice.

Playing the bones is not just knocking the two pieces of wood together. According

to Danforth, they are an instrument and as such need to be played. Danforth tunes the bones before he plays them — adjusting the length of the wood in his hand until the sound made by the bones is the same.

The bones themselves can be made from a variety of woods, including white pine, maple, walnut, cherry, oak and 20-year seasoned hickory. Each kind of wood has a sound all its own, Danforth said.

"The feel of playing the bones is a dance feeling with the music inviting the bones to participate in a variety of rhythm patterns, changes in dynamics, tempos, time signatures, colors of sound, mood, etc.," Danforth wrote in his introduction to a bones-playing brochure.

Danforth's love of music and his obvious love of the bones showed in his playing at the Novi Library. To the tune of "Harlem Rag" Danforth swung his arms and worked the bones — creating instruments from the bones in his hands.

Story by Ann E. Willis  
Photos by Chris Boyd



Danforth explains the bones technique to a 4-H parent



Appreciation of the art means concentration



Danforth leads the 4-H workshop on bones playing

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Section  
**B**

**GREEN SHEET**

Sliger/Livingston East

Want Ads  
INSIDE

Wednesday/Thursday - January 6/7, 1988

**Housing costs will  
continue to rise,  
says Realtor head**

Home prices here will remain below national levels in 1988, but increase more than in most other metropolitan areas, according to the president of the state's largest multiple listing service.

Marjory R. Pickett, the Realtor elected to head Metro MLS in 1988, said the average price will likely reach \$85,000. The median — with half selling for more and half for less — should reach \$75,000, she added. "Early in the year could be the best time for buyers to enter the market," said Pickett. "The supply of homes in most areas will be adequate to meet demand, but no improvement is expected in the pace of listings, now at the lowest level in the '80s."

"This will keep prices rising. Interest rates at the beginning of the year should be near the lower end of the projected scale of 10.25 to 11.25 percent, so buyers who wait could end up requiring larger loans at higher rates."

Pickett said well-maintained homes will be no easier to find next year than now. Those that come on the market are expected to continue to move rapidly despite an anticipated decline in home sales of five to 10 percent. She said home sales by Metro MLS members, who cover a 1,600 square mile area from Northwest Detroit to Livingston County, will total about 18,800 in 1987.

This is down approximately 10 percent from a year earlier, but the fourth highest unit sales record in the service's 67-year history. The average sale price this year should end at about \$79,000 after hitting a record \$80,525 in September with the 1987 median price near \$69,000, Pickett said.

She reported a 17 percent increase in home selling for \$100,000 or more to top the number going for \$40,000 or less for the first time.

"Median prices here should continue to rank in the lowest 25 percent

Median prices here should continue to rank in the lowest 25 percent among metro areas across the country to remain within easy reach of most households with median incomes."

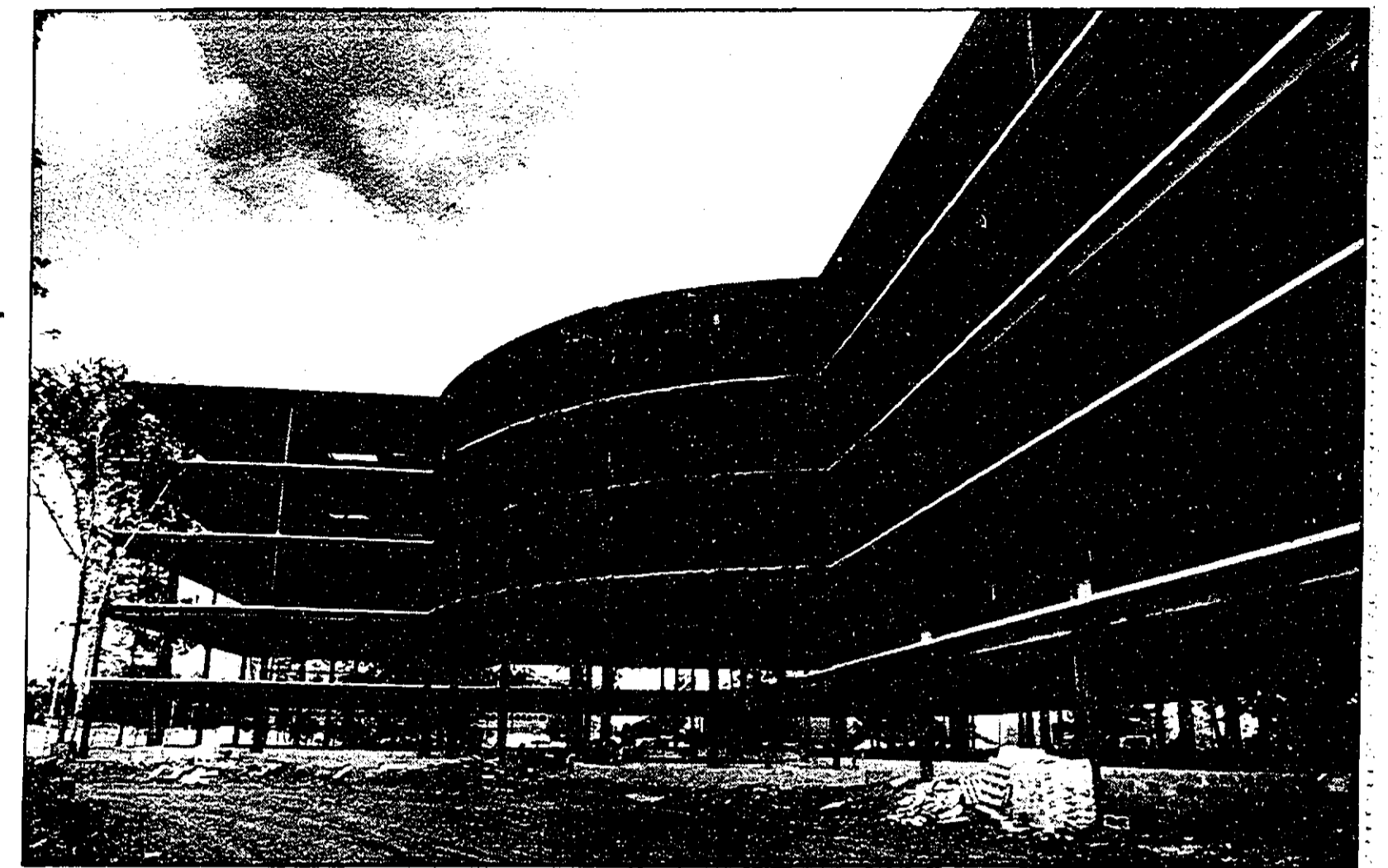
— Marjory R. Pickett,  
Metro MLS

among metro areas across the country to remain within easy reach of most households with median incomes," she stated. "In fact, a family with median income, now past \$30,000, could qualify for a home worth \$95,000 with a 20 percent down payment."

She said the early 1988 market is expected to show a decline from a comparable period last year when mortgage interest rates were near a 10-year low, but pick up in the spring and summer months. In part, this will be due to consumer indecision about local and national economic trends with some prospective buyers studying effects of 1987's tax law changes, she added.

"Most will note that both mortgage interest and property taxes remain as deductions that cut ownership costs considerably and make home investments more attractive," Pickett said.

"Rising home values through the next couple of years also will provide a hedge against inflation which economists predict will increase 4.2 percent locally next year and 5.5 percent in 1988."



The Orchard Hills Place office building in Novi is one of numerous new office buildings in the area

**Office market remains strong here**

Southeastern Michigan's office construction market may have peaked and soon could post higher vacancy rates unless builders observe basins "while the market is good."

That's the assessment from William Smokin, head of a New Orleans marketing and feasibility consulting group. He made the comments at a recent meeting of the Builders Association of Southeastern Michigan.

Smokin said he is not familiar with the office market in the Detroit area but is knowledgeable about national trends. He added that Oakland County, particularly Southfield, is one of the few places in the country still in good shape with high occupancy rates.

"In 1980, only 40,000 square feet of office space was on the market north of Eight Mile. Today there is more office space in Southfield than in the central business district in Detroit," said Smokin. Citing a September report issued by Coldwell

Banker, Smokin said that, not including Detroit, 34 major downtown areas are experiencing average vacancy rates of 16 percent. Of 42 suburban markets, 27 have vacancy rates higher than 20 percent, he added.

"It shows signs of some slight weakening, but is still twice as good as other suburban markets," said Smokin in reference to this area. Staying on top without pitching, however, will be difficult without backing up to basics.

"I know of one building that was offering 20 percent to 33 percent discounts or a year's free rent on a five-year lease. This is the kind of thing that's happening in extremely distressed markets," he said. Some of those markets include Hartford, mid-town Manhattan, Boston and Toronto, according to Smokin.

Avoiding decreasing occupancy means assessing space situations... now, he said. He proposed the following measures:

□ Intensifying all marketing efforts while the business is healthy and analyzing tenants by finding out why they're in a certain building and what incentives would keep them as tenants.

□ Compiling a tenant data base of everyone in the area. That way builders will know, for example, when someone's lease is up and whether they can be talked into moving to another office complex.

□ Canvassing and networking. "The tenants you've got will lead you to tenants you can get," he said.

□ Offering promotions, such as an increase in tenant improvement allowances.

□ Trying "niche" marketing, which Smokin said is a series of small executive offices served by a common secretarial pool. "This is the highest

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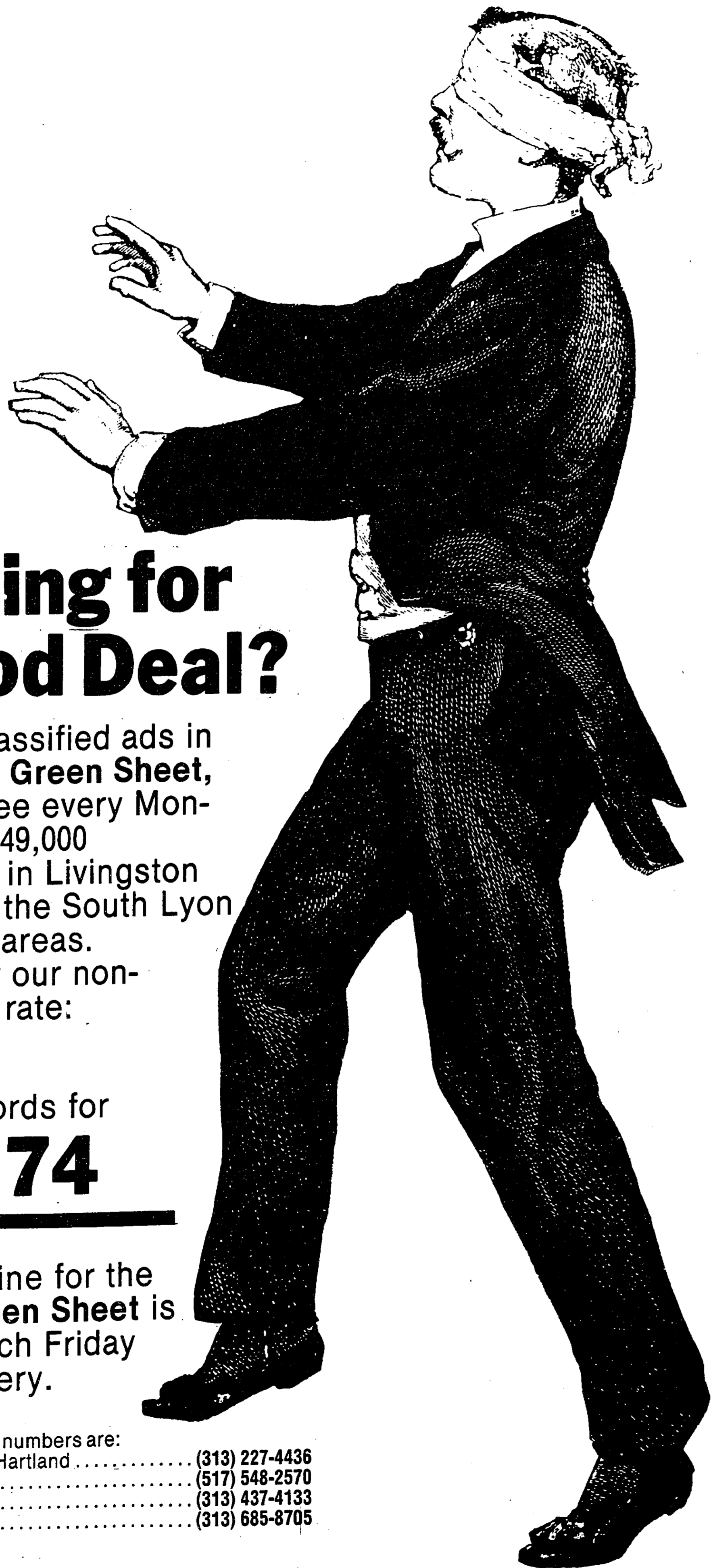
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the NOVI NEWS

# Living

**MOVERS/SHAKERS:**  
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**SUCCESS STORY:**  
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**BAD HABITS:**  
Hypnosis sessions help smokers to quit/4C

**WINE EDUCATION:**  
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**1C**

THURSDAY  
January 7,  
1988

# 'SNO FUN

**W**hoosh! No matter how many times you do it, or how old you are, that's still the feeling you get in the pit of your stomach as you go down the hill on a sled. Whoosh!

Some things never change. It still snows in winter in Michigan and kids still love to go down hills — on their stomachs, on their backs, on Dad's back and on anything that will slide.

The 1988 sledding season opened with a bang in the Novi/Northville area last week as Mother Nature dumped eight powdery inches of snow on the hills and valleys. The hills filled quickly with children, moms and dads as Christmas sleds and snow tubes were put to good use.

Although the snow and the hills haven't changed and that long walk back to the top is still the same, there have been some adjustments in the way kids sled in the eighties. The old days when every garage had a Flexible Flyer hanging from the rafters appear to be over. Even the few families who pulled the old double runner up to the top of the hill during the last storm, tended to leave the sled there for the duration of the outing.

"The new snow tubes absorb the bumps," one father said as he watched his sons slide down the hill on a snow tube. "With the old ones, you felt every bump."

The tubes are nothing more ingenious than new brightly-colored versions of the old inner tube. Children fling themselves painlessly down on the air-cushioned tube and float over the bumps. The tubes also have it over the old sleds in that they need a smaller amount of snow to glide on. The tubes move over the snow while the runners on the old wooden sleds tended to dig into the hill — and the dirt.

But as any sledding enthusiast knows, the real fun comes not in the ride — but in the fall. Watch a group of kids going downhill on a toboggan. They steer toward the giant bump that is sure to throw them off into the cold, white, wet, wonderful snow. That's when the giggles really hit.

One sledding connoisseur at Novi's Lakeshore Park said that although the snow tubes were a great ride and toboggans were fun for a group — the real good time came on the least technological of all the sledding conveyances — the plastic roll-up sled. What makes them perfect? The ease with which you fall off of them.

Sledding remains one of the all-time favorite family sports. The price is right and it's a sure-fire way to let kids wear off the excess energy that long weekends spent indoors seem to create. A day spent roaming the hills of Novi's Lakeshore Park and Northville's Hines Park found the scene much as it has been for many, many years.

Children on sleds of every description slid wildly down the hills. Each child was bundled securely against the cold with boots that looked ready for the moon and enough layers to cushion even the nastiest fall. And like sentinels of the frost, the moms and dads waited at the top of hill watching the children zig and zag across the snow below.



Sno-tubers Eric and Stephen Kramer tumble down a favorite sledding hill (right), while Nathan Roeser, 5, and Ania Sidor, 5, share a sled at the Hine Park sledding hill (below).



Amy Hollman and Beth Erickson resort to 'basic' sleds

Story by Ann E. Willis  
Photos by Chris Boyd

## Random Sample

**Q:** Have you broken your New Year's resolution yet?

Eight said: "No"

One said: "Yes"

One said: "Hadn't started"



Random Sample is an unscientific poll of 10 Novi/Northville area residents conducted by the staff of this newspaper.

## Protection needed in icy weather

While temperatures do not have to be extremely cold for hypothermia (low body temperature) to be a threat, the onset of colder weather does increase the chances that hypothermia can strike the unwary.

Consumers Power Company (CPC) warns that most people who become hypothermia victims do so in temperatures between 30 and 50 degrees.

"For most people, mild exposure to cold will not cause hypothermia because their bodies' defenses are equal to the task," said John R. Robbins, CPC's West Wayne district manager. "However, older adults may develop low body temperatures because they have difficulty conserving body heat, and infants and individuals weakened by injuries or diseases may also be at risk."

The average normal body temperature is 98.6 degrees Fahrenheit; a body temperature below 95 degrees is considered hypothermic.

"When a person's body is chilled, certain bodily defenses are automatically set in motion," Robbins said. "When those defenses are triggered, the blood vessels in the skin narrow and body heat is conserved by reducing the amount of blood that

flows near the body surface. If the condition becomes more serious, other automatic reflexes, such as shivering, help increase body heat. Shivering is one of the signs that the body is having trouble keeping warm."

Hypothermia is a dangerous, potentially fatal, medical problem requiring professional medical attention, Robbins said. Unfortunately, hypothermia is not easy to detect. The condition is often overlooked or dismissed as disorientation, lack of coordination or confusion.

There are some warning signs to watch for which could indicate hypothermia:

- Cool or cold skin, particularly on the stomach, lower back, arms, legs, hands and feet. The skin may be very pale, but also may have large, irregular blue or pink spots.
- Unusual muscle stiffness, particularly in the neck, arms and legs, sometimes accompanied by a fine trembling on one side of the body or in one arm or leg.
- A "puffy" or swollen face.
- Difficulty with walking, problems with balance, poor coordination and jerky movements.
- Slowed breathing and heart rate, perhaps to the point of being difficult to detect, in severe hypothermia.

"As hypothermia sets in, one of the first symptoms is mental confusion that gets worse as the body temperature falls," Robbins said. "Logical thinking may be impaired and the person may become completely disoriented. Apathy and decreased physical energy are common. The person may not seem to care what is happening and will not take action to reduce the danger. Irritable, hostile and aggressive behavior may occur."

Professional medical attention is required for people suffering from hypothermia, but until that help is available, there are other things to do:

- Insulate the person's head and neck, and use blankets, quilts, towels, clothing or whatever is available to cover the person. Don't try to have the person remove or put on additional clothing.
- Don't try to rewarm the person; rewarming is a complicated process and should be done only by trained medical personnel. Such rewarming techniques as putting the person in a hot bath or shower can cause sudden shock and heart failure.
- Don't try to administer food or liquids.
- Be very gentle in handling the person. A hypothermic person's heart is weakened by the cold body temperature.
- "Naturally, it's better to try to avoid hypothermia, indoors or outdoors, by staying warm," Robbins said. "Dressing warmly is very important."
- "Although the hands and feet, at the body's extremes, will be the first areas to feel cold, the greatest amount of heat lost by the body is through an uncovered head and neck. Wearing a hat and neck scarf conserves body heat and enables the body to send more warm blood to the hands and feet. Loose, layered clothing is best because it allows more movement and traps more warm air."
- Good nutrition is vital, especially in cold weather, Robbins added. Food is the fuel the body needs to keep warm, and hot, nourishing meals and warm beverages add heat to the body.
- "We urge area residents to be aware of the dangers and symptoms of hypothermia, and to be sure that people who are at risk understand the precautions that should be taken," Robbins said.









# In Shape

the NOVI  
NEWS  
8C  
THURSDAY  
January 7,  
1988

## OCC offering degree in fitness



Students Sue Costella (right) and Tina Frescoln demonstrate the maximal exercise.

By CHRISTOPHER J. KOZLOWSKI  
staff writer

Everyone knows that proper fitness is important, but not everyone knows how to properly keep bodies fit and working properly.

And in an effort to educate more people about proper fitness and physical wellness, the Oakland County Community College Highland Lakes campus offers a full two-year program geared specifically at teaching physical exercise and therapy programs.

According to Vicki Kloosterhouse, coordinator of the Exercise Science and Technology Program, the OCC two-year associates degree will make students better prepared for a society which has become increasingly dependent on keeping healthy and staying fit.

"Our consumers are becoming more sophisticated," Kloosterhouse said. "And if indeed we are a wellness program... then we need to know more about the body, how it functions, and more about nutrition."

"Unfortunately, we still have a lot of people who are working in the field and have not had the type of training that they need," she added.

The OCC program is aimed to better prepare fitness leaders in playing major roles in fitness programs in hospitals, corporations, recreation and senior citizen centers, health clubs and private exercise organizations.

Kloosterhouse said one of the biggest benefits to the OCC program is that it caters to people who are not looking for a four-year degree program, while at the same time being flexible enough to serve students who

to apply the credits to a four-year program at another institution.

"Many people do not want to go back to a four-year school for one reason or another," Kloosterhouse said. "But they want to find out more about exercise science. (At OCC) they are able to come back and within two years help build their credentials through this program."

"One reason that many people who own their own exercise businesses have not received proper training is they do not want to go to a four-year college," she said.

Kloosterhouse added that students are not the only ones to benefit by becoming certified health experts. She said today's health-conscious consumers also will benefit by taking classes from experts in the field of physical fitness.

Kloosterhouse said there are many instructors teaching physical fitness and writing exercise programs who have not received enough training.

"They may be very dynamic in a leadership role, but you still need an extensive background... because you are dealing with the human body and people's health," she said.

"I am not saying that every instructor needs to have a two-year or four-year master's degree. But who are the people who are training them? They should have gone through some kind of certification program."

Kloosterhouse said OCC's program, which was created in 1983, places a heavy emphasis on the sciences and practical information. She estimated that 195 students were enrolled in the Exercise Science and Technology Program last year.

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## Aerobics class set at Madonna

An aerobics class will be offered at Madonna College in Livonia every Tuesday and Thursday from Jan. 12 through Feb. 11 from 10:11-11:30 a.m. in the Activities Center.

The program includes five weeks of toning and strengthening exercises choreographed to popular music and supplemented by daily lectures. Cost is \$24 (for college credit) or \$40 (for continuing education units).

For more information call 591-5188.

**Swim/Fitness Program:** The Mercy Center on Eleven Mile between Middlebelt and Inkster roads in Farmington Hills is offering a pair of winter swim and fitness programs.

An early morning open swim is offered Monday through Friday from 7:30 to 8 a.m. and Saturday from 7:30 to 8 a.m. The program includes lap swims, swim classes, private lessons, adult synchronized swimming and adapted aquatics.

The Trim-Gym-Swim fitness program is designed to strengthen and tone the body and includes a special senior citizen discount.

The first session is Jan. 8 to Feb. 25; the second session is Feb. 26 to April 22. For more information call 476-8010.

**Fitness over 50:** Twelve Oaks Mall is providing a safe, proven and highly effective workout for older people and others who are interested in a low impact aerobic exercise program. The program is offered every Tuesday and Thursday from 9-10 a.m. in the Lord & Taylor Court (lower level).

The "Fitness over 50" program has been designed

## Fitness notes

ed and field tested for more than 10 years at the University of Michigan. It provides a non-strenuous but invigorating program that will improve your strength and muscle tone, and increase your energy and endurance.

The event is free and open to the public.

**Walking at the mall:** People who enjoy walking are invited to use the climate-controlled corridors at Twelve Oaks Mall. Walkers are welcome Monday through Saturday at 8 a.m. and Sunday at 11 a.m.

All walkers must register at the Twelve Oaks security office.

The lower level track is five-tenths of a mile, while the upper level track is eight-tenths of a mile. A complete trip around the mall is one and one-third miles.

**Open swimming:** The Novi High School swimming pool is open for general use every Tuesday and Thursday night.

The pool will be closed Jan. 14 and 26.

Open swimming runs from 7:30 p.m. and lap swimming is available from 8:30 to 9:30 p.m.

There's a fee of 50 cents per person. Call Novi Community Education at 348-1200 for more information.

**Stop Smoking:** Freshstart, a comprehensive quit-smoking program, is offered without charge at St. Mary Hospital in Livonia. Co-sponsored by the American Cancer Society, Freshstart is designed to help participants understand smoking as a habit, chemical addiction and psychological dependency.

The program will be presented in six one-hour classes. Strategies for conquering smoking physically and psychologically will be explored.

The program will be held Jan. 26 and 28 and Feb. 2, 4, 9 and 11 from 1:30 to 2:30 p.m. and 7-8 p.m. Pre-registration is necessary. For more information call 464-4800, ext. 2469.

**A Sunday Health Club** is offered at Schoolcraft College every Sunday. Membership in the club enables individuals and families to spend several hours on Sunday afternoons in unstructured physical activity in a modern, full-equipped physical education complex.

Facilities include two gyms for basketball, badminton, volleyball and jogging; six handball, paddleball and racquetball courts; weightlifting machines; a swimming pool and sauna.

For more information call Schoolcraft College at 591-6400, extension 406.

**Novi Trackers:** Enjoy camaraderie with fellow running enthusiasts of all ages and abilities by joining the Novi Trackers Running Club. For more information contact Lee Karvula at 949-7224 or Kelley Simpson at the Novi Parks and Recreation office, 349-1976.

## Fitness Tips

## NHLBI lowers cholesterol risk levels

By DR. JUDITH BEHN  
special writer

For many years it has been known that increased blood cholesterol is a major risk factor for coronary heart disease.

Recently the National Heart, Lung and Blood Institute (NHLBI) lowered the acceptable value for blood cholesterol to below 200 milligrams per deciliter. Using the new value, a larger proportion of the population is considered at risk for heart disease and requires therapeutic intervention.

As heart disease is the leading cause of death in the United States, it is important that everyone has his or her cholesterol level checked and understands the implications of having an elevated level.

Cholesterol is a fatty substance that is required by the body for the synthesis of various hormones and for all membranes to function properly. It is not necessary to eat cholesterol because the liver will produce all the cholesterol the body needs.

Triglycerides are another type of fat that can be measured in the blood. Although "normal" values have been established, the link between elevated triglycerides and heart disease is less well established.

travel in the blood bound to protein molecules. This combination is called a lipoprotein. A low density lipoprotein (LDL) contains large amounts of cholesterol and small amounts of protein. Like cholesterol, an increased LDL level in the blood is also a risk factor for heart disease.

High density lipoproteins (HDL) contain small amounts of cholesterol and large amounts of protein. HDL transports cholesterol from body cells to the liver for elimination and is believed to protect against atherosclerotic heart disease.

The way an individual handles dietary cholesterol and the rate at which the liver synthesizes cholesterol is largely determined genetically. This explains why some people can consistently eat cholesterol-laden foods and have a low blood cholesterol, while others who exercise and follow a low fat diet still have high blood levels of cholesterol.

Everyone aged 20 and older should have a screening cholesterol check. This is done with a random blood sample obtained with a fingerstick or from a vein. For screening purposes, the individual does not have to be fasting. A fasting sample, where a person has not eaten overnight, will give a slightly lower level, however, elevated triglycerides and heart disease are less well established.

is a Step One low fat diet. If after six months the cholesterol is not less than 200 and the LDL is not less than 130, then a Step Two diet is recommended. This diet is even lower in saturated fat. If the desired cholesterol is not achieved in another six months then medication is instituted in addition to continuing with the diet.

240 or greater, it is considered high risk factors. In addition, persons with high cholesterol levels should be screened for diabetes and hypothyroidism which themselves can cause elevated cholesterol levels. Also, their family members should be screened since high cholesterol is genetically determined.

Making a major change in one's diet, reading labels in the supermarket and giving up saturated fats may seem a great sacrifice and a nuisance, but the results are worth it.

The Novi News is working in conjunction with medical authorities at the University of Michigan Medical Center (M-Care) in Northville and M-Sport to provide up-to-date information on a variety of health-related topics.

The series is being coordinated by Peg Campbell of the M-Care staff.

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Supplement to the Novi News, Northville Record, Farmington Observer - January 7, 1988

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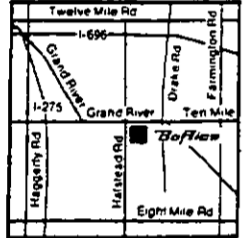
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