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12 Pages plus Supplements

# the NOVI NEWS

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**Opinions** FAIR QUESTIONS  
ABOUT BAND'S DIRECTION / 5A

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**Update** ATTRACTING  
PEOPLE BACK TO OLDER AREAS / 2A

## Students testing landfill efficiency

By SUZANNE HOLLYER  
Staff Writer

One person's trash is another person's treasure, according to the saying. But to an Amerman Elementary School's fifth-grade class, their trash and their treasure were the same thing.

Some people say that nothing biodegrades in a landfill, but Janice Henderson's students wanted to find out for themselves. Her class conducted a scientific experiment by burying batteries, "biodegradable" plastic and other trash in a mini-landfill in the Amerman courtyard last September.

They hypothesized about what would happen to their products, weighing and testing the goods before they were buried.

To celebrate Earth Week the class went on a garbage dig last week to find out what had happened to their buried treasures during the winter stay in the ground. The goods had been marked with name tags to help the class find them.

Eric Campton buried a can of pineapple in the Amerman landfill. He opened the can before burying it in September.

When his class went on the garbage dig Thursday, Campton found the contents of his can were gone. In their place was a slimy, brown slug which he used to gross out his classmates.

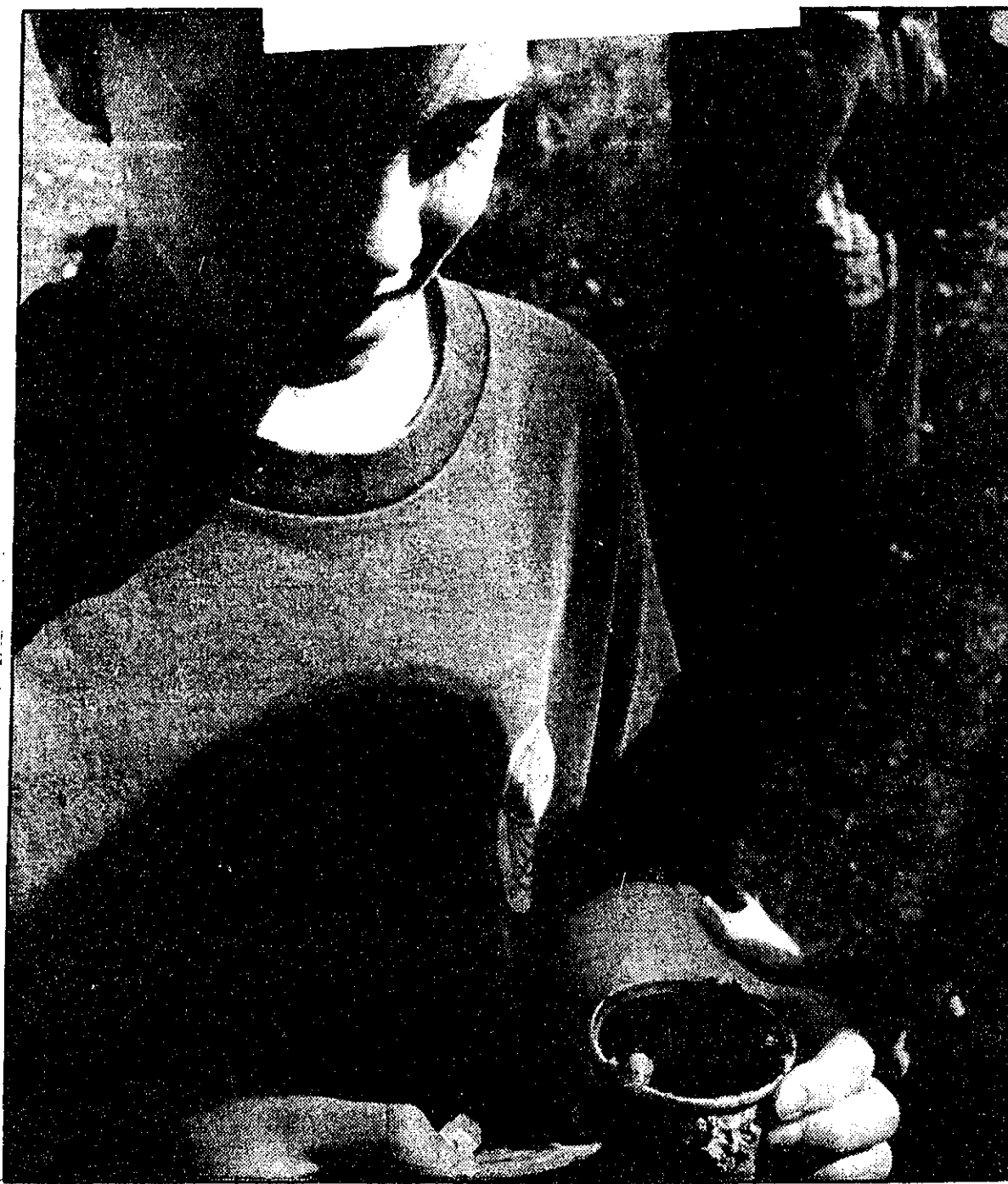


Photo by BRYAN MITCHELL

In the experiment, Eric Campton found his pineapple had disappeared, but a slug had made its home in the empty can

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## Road project change raises resident ire

By JAN JEFFRES  
Staff Writer

Denise Wing voted "yes" in the November road bond election. Robin Peavey voted "no."

Now, the two Eleven Mile Road residents are of one mind. They — as well as many of their neighbors — are against the city's proposal to widen the street to 36 feet.

The \$18.8 million road bond issue approved by voters includes paving Eleven Mile. Designs for a 24-foot wide street with curb and gutters have been expanded to bring the road into line with the city's 1988 master thoroughfare plan.

"The majority of us are very upset that they want to make Eleven Mile any wider than they represented," Wing said.

"They literally changed it at the last minute and wanted to ramrod it through without the citizens knowing. . . Widening it is a betrayal of the taxpayers' trust."

This broader road, residents fear, will jeopardize the rural lifestyle which brought them to the area in the first place.

After voters agreed to raise their millage for road improvements, the city engineers began working out the nitty-gritty details. Overall design modifications in the 10-project plan are expected to save the city \$1.563 million — money that according to a city council mandate simply won't be issued in bonds. This will reduce the taxes paid by Novi property-owners.

It was also discovered that some of the roadwork originally projected did not quite conform with the city's master plan, said Anthony Nowicki, Novi's Director of Public Services. "When evaluating design criteria we referred to the thoroughfare plan and identified conflicts. I wasn't here when the bond passed and I'm not sure what happened," he said.

The city administration is proposing that the council consider keeping \$400,000 of this money to plant trees along the improved roads.

At the request of the city council, an informational meeting was held Thursday with the Eleven Mile homeowners. Before any alterations are made in the plans, they will have to be approved by the city council.

The biggest proposed design change was on Eleven Mile from Wixom Road to Taft Road. The original 24 feet of concrete with curb and gutter may be switched to 36 feet of asphalt and ditches from Wixom to Beck Road and 36 feet with curb and gutter from there to Taft. From Taft Road to Clark Street, Eleven Mile will be paved but remain 24 feet due to the proximity of houses to the street.

An additional 172 trees will be lost with this proposed design. The project will cost \$2.828 million, a savings of \$352,000.

Peavey lives in a house which pre-dates the Civil War. If the road goes to 36 feet, he predicts, it will

Continued on 3

## Dealer's associate arrested

By SCOTT DANIEL  
Staff Writer

Completion of an investigation into the fatal shooting of a Westland man during a failed drug bust at the Northville Township Meijer store on April 18 has been delayed.

Michigan State Police Lt. Richard Duthler said detectives had hoped to complete the investigation late last week. But, he said Friday, background, ballistic and narcotic reports all needed to be finalized before the investigation could be completed.

"Our investigation is just about complete," Duthler said. "Realistically, we are looking at, maybe, Thursday."

Ronald J. Melnyk, 33, of Westland, died after being shot by officers from the Oakland County Narcotics Enforcement Team (NET).

The incident occurred in the parking lot of the Meijer store at the corner of Haggerty and Eight Mile roads.

After the investigation is complete, Duthler said it would be turned over to the Wayne County Prosecutor's office. He said that office will determine if the shooting was justified and what charges, if any, should be filed against officers.

Duthler, a detective at Northville's state police post, was assigned to head up the investigation. He said the prosecutor's office would likely make a decision on the shooting within two weeks of receiving his report.

According to NET Supervisor Dorothy McAllen, Melnyk dealt only in cocaine in Novi.

"There is no reason to believe he was into marijuana," she said.

NET officers were unable to determine how long and the amount of cocaine Melnyk was delivering in the city before the shooting, McAllen said. She did say that undercover NET officers had purchased two ounces of cocaine three separate times in the last two months from Melnyk.

Continued on 4

## Changes could save \$1.5 million

By JAN JEFFRES  
Staff Writer

Design modifications for the \$18.8 million in roadwork to be financed by bond sales — if approved by the city council — could save taxpayers \$1.563 million.

Some of the cost reduction would come from paving the roads with a new asphalt product rather than concrete, said Novi's Director of Public Services Anthony Nowicki.

Other changes were made to bring the original road improvement designs into conformity with the city's 1988 thoroughfare master plan. (See related story.)

Rather than reduce the bonds sold by the entire \$1.563 million, the city administration is proposing that \$400,000 of the money be spent to plant trees along the targeted roads.

The asphalt suggested for the roadwork by city engineers is Multigrade Asphalt Cement, a new product which they say has greater flexibility to accommodate unstable soil conditions throughout the city.

The city council's seal of approval must be placed on these modifications before they become part of the road program.

Here are the changes in the original designs:

■ Decker Road from 13 to 14 Mile roads: overlay

and expand existing asphalt — which is in good repair — with more asphalt rather than concrete. Save \$235,000.

■ Eleven Mile Road from Wixom Road to Clark Road: From Wixom Road to Beck Road alter original design of 24-foot-wide paved road with curb and gutter to a 36-foot-wide road with ditches. From Beck to Taft continue with 36-foot-wide road but add curb and gutters. From Taft Road to Clark Road continue with original design of 24-foot-wide pavement. Save \$352,000.

■ Taft Road from Twelve Mile to West Road: Change from 24-foot concrete road with curb

Continued on 3



## Operation Teddy Bear

Novi's fire department is the first in the area to participate in Operation Teddy Bear, a program designed to ease the trauma of emergency situations for children by providing them with something to hold on to — a teddy bear. As Novi

firefighters receive their supply of bears, Dee Harding of Operation Teddy Bear explains the program to firefighters Don Christensen, Mike Jacobs, Ramon Alvarez, Mike Evans and Fire Chief Art Lenaghan. The full story is on page 6.

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Feature stories, columns, and complete program listings — all that inside today's paper in "Suburban Cable Weekly," your guide to television. The TV listings are keyed to the actual channel numbers on the local MetroVision cable system.

## Community Calendar

**Wednesday, May 1**  
**Planning commission:** The Novi city planning commission will meet in regular session at 7:30 p.m. in the council chambers of the Novi Civic Center, on Ten Mile Road near Taft.

**Saturday, May 4**  
**Life Action Singers:** The Life Action Singers will be giving a concert at the First Baptist Church in Wixom from 7:30 to 9 p.m. Admission is free and refreshments will be served following the performance. The style of this vocal ensemble will have an impact on youth as well as adults. The First Baptist Church is located at 620 N. Wixom Road, just south of West Maple Road in Wixom. Using 1-96 the church is located just west of Novi at east 159.

**Monday, May 6**  
**City council:** Novi city council is scheduled to meet in regular session at 8 p.m. in the council chambers at the Novi Civic Center.

**Tuesday, May 7**  
**Board of Appeals:** The Novi City Zoning Board of Appeals will take up issues of variances to city ordinances during its regular session scheduled for 7:30 p.m. in the Novi Civic Center.

**Wednesday, May 8**  
**Potluck:** The Novi Senior Citizens Club will meet at noon for its regular potluck luncheon in the community center of the Novi Civic Center.

**Youth assistance:** Novi's Youth Assistance program will hold its regularly scheduled meeting at 7 p.m. in the community center of the Novi Civic Center.

**AARP:** The Walled Lake Area Chapter of the American Association of Retired Persons will hold its monthly meeting at 1 p.m. at the Walled Lake School's Distribution Center, 1960 W. West Maple Road in Walled Lake. Any area resident of age 50 or older is welcomed to attend. For further information, call the Walled Lake Schools' Senior Center office at 960-8444.

**Thursday, May 9**  
**Parks and rec:** The Parks and Recreation Commission of the city of Novi will meet in regular session in the Novi Civic Center at 7:30 p.m.

**Historical commission:** Novi's Historical Commission members are set to meet in the Novi Civic Center at 7:30 p.m.

**Sunday, May 12**  
**A special day for Mom:** Do something special for mother for

**Mother's Day:** serve her breakfast in bed, watch the kids, take her out to dinner and, in general, make sure she has nothing to complain about.

**Monday, May 13**  
**Library board:** The Novi Library Board will meet in the library building at 7:30 p.m.

**City council:** City council is set to meet in regular session at 8 p.m. in the council chambers of the Novi Civic Center.

**Wednesday, May 15**  
**Planning commission:** The Novi City Planning Commission is scheduled to meet in regular session at 7:30 p.m. in the council chambers of the Novi Civic Center.

**Thursday, May 16**  
**Historical society:** The Historical Society of Novi is set to meet in the Novi Civic Center at 7:30 p.m.

**Newcomers:** The Novi Newcomers Club is scheduled to meet at 7:30 p.m. at the Novi Civic Center.

**Saturday, May 18**  
**Armed Forces Day:** Honoring the men and women of the Army, Air Force, Navy and Marines is the order of the day.

**Wednesday, May 22**  
**Seniors meet:** The Novi Senior Citizens Club will hold its monthly business meeting at 11 p.m. in the community center of the Novi Civic Center on Ten Mile Road near Taft.

**Monday, May 27**  
**Memorial Day:** City officials will be closed this Monday. The Novi Public Library will also be closed for the day. Novi's annual Memorial Day parade is scheduled to begin at 10 a.m.

**Friday, May 31**  
**Last day for licenses:** Since dog license fees are scheduled to go up June 1, Friday will be the last day to get tags before the price rises.

To get your event listed in the Community Calendar, send information regarding the event, activities to be included, who is sponsoring it, location, time and date, ticket information and the purpose to which any proceeds will be put to the Novi News at 104 Main Street, Northville, 48167.

## Cities must attract, not trap, residents

By TIM RICHARD  
 Staff Writer

Local government should attract business and homeowners to older areas, not imprison them in the name of halting "urban sprawl."

That message came up repeatedly as planners, environmentalists and civic leaders from the seven-county region met recently to discuss revitalizing the economy.

The bad news is that all those building activity is outside the City of Detroit," said Irvin Yackness, executive vice president of the Builders Association of Southeast Michigan.

"Builders are market driven. They'll be happy to build in Detroit and the older suburbs if there are buyers for their homes," Yackness told the conference, sponsored by the Southeast Michigan Council of Governments.

"We cannot imprison families in older areas by denying permits and infrastructure to outlying areas," said Yackness. He deplored talk of charging builders for infrastructure improvements, contending such a policy would only drive up prices for home buyers.

A Southfield city planner echoed the theme. "It's usually cheaper to build new than retrofit existing buildings," said Donald Gross, director of the 33-year-old city's planning department.

The reasons, Gross said, are the need to consolidate built-up properties, the need to relocate residents whose places are bought out for redevelopment, the cost of asbestos removal from old buildings and the state-imposed need to clean up contaminated soil.

Gross said Southfield uses property tax break policies to "maintain and retain" existing business, not to "lure firms from other towns."

He said Southfield, which borders Detroit on the north and is seeing some blight, used a tax increment financing authority (TIFA) to bring industry to the Civic Center Drive and Telegraph Road area. In five years, the state equalized valuation of property there has risen from \$28 million to \$92 million. Cost to the TIFA area was \$7.25 million for roads, bridges and storm sewers.

But Gross said the state's decision to restrict use of TIFAs has made the urban maintenance job more difficult.

Gary Krause, vice president of

Stroh Riverplace Properties, said federal and state policies have made his company's project difficult.

"We (local zoning ordinances) have a bias against mixed use development," Krause said. But the key to redeveloping an older area is to generate activity 24 hours a day, seven days a week, not just from 9 to 5 weekdays.

One Stroh project has been partial redevelopment and partial tearing down of buildings in the former Parke-Davis pharmaceutical company site. Now there are offices, apartments, restaurants and athletic fields. But Krause said tax laws and zoning have a built-in bias against such mixed usage.

He added: "We had to ship (former) garden land to a Livingston County landfill because it had been watered by Detroit River water. There was a fear (by the state Department of Natural Resources) of contaminating the groundwater. No one uses groundwater within 40 miles of the Detroit River."

"We (redevelopers) are paying the price for 300 years of reworking. It's ridiculous to hold us to the same (clean land) standards as land last touched by glaciers."

Krause is a former SEMCOG planning director and once headed the old build new than retrofit existing buildings authority.

SEMCOG is sponsoring a series of one-day workshops as part of its year-long regional development initiative.

The 200 or so who attended were asked to rate such revitalization strategies as:

- Targeting specific funds for rehabilitation projects.
- Creating urban "enterprise zones" where zero tax rates would stimulate small business redevelopment. U.S. Housing Secretary Jack Kemp is chief proponent of this idea.
- Establishing business "incubators" in older areas.
- Creating "neighborhood development associations" to promote redevelopment.
- Limiting new industrial, commercial and residential development to the current sewer service area and along existing transportation corridors, to avoid the cost of new infrastructure and halt urban sprawl.
- Making Detroit the "capital city" of the U.S.-Canadian free trade agreement by developing a World Trade Center.

## Ire raised over project changes

Continued from Page 1

come within inches of — and probably — kill two pine trees over 85 feet tall.

"I'll be out there with my shotgun if they're going near my big trees. I thought we had a tree ordinance that takes care of trees," Peavy said. "I wanted to keep the rural atmosphere. I can sit here on a Sunday afternoon for a couple hours and no cars will go by."

"I'll never trust them again. They put up a ballot issue and then they're going to change the rules after they are through."

As Eleven Mile homeowner Will Stember sees it, aligning the road bond conceptual designs with the older master plan is a turn in the wrong direction.

"It doesn't make sense at all. Most property (along Eleven Mile) was rezoned from R-4 (multiple) to R-A (large-lot residential) three to four years ago. The thoroughfare (master) plan was never updated to reflect that," he said.

The potential traffic density on Eleven Mile was reduced by the zoning change, Stember added, and most drivers will still be using the nearby Ten Mile Road and Grand River Avenue.

"We feel they're only going to use Eleven Mile to go to a cross street to take to Ten and Grand River. We feel there's no justification. Over 80 additional trees will be destroyed. We don't feel it's a fair price to pay for something we don't need," he said.

But the surrounding area is developing and the traffic flow will increase, Nowicki said. This includes a new elementary school and school bus garage and two housing developments, Walden Woods and The Brans of Novi.

In addition, sewer and water lines have been brought near the Eleven Mile area. Increasing the potential for more building. The proposed reconstruction of the Beck Road and Interstate-96 interchange will also bring more drivers down the road, including existing transportation subdivision and clients of the new Providence Hospital complex, Nowicki said.

"People could just be shooting to Eleven Mile and up and out," he added.

Widening Eleven Mile to 36 feet today may be the most cost-efficient approach, according to Nowicki. "We

## Changes to save money

Continued from Page 1

and gutter to 36 feet of asphalt with open ditches and an additional lane, to conform to master plan. Save \$236,000.

- Wixom Road from Ten Mile to Grand River Avenue: For safety reasons, the change proposed is to build the 24-foot-wide paved road with side ditches rather than curb and gutters. Save \$758,154.
- Proposed traffic signals for the Haggerty Road and Grand River intersection have been replaced by minor changes in the turn lanes. Save \$902.
- To signalization improvements at the Ten Mile and Novi road intersection have been added an additional right turn lane on eastbound Ten Mile. This increases costs by \$19,000.

don't want to construct something today and see that development is coming in and we have to go back five years from now and take out everything we just did. We can see the volume is going to increase on the road. We're trying to look into the future."

In the immediate future, Wing says her neighbors will petition the city council to keep Eleven Mile a 24-foot road. Even at that width, she would lose a 30-year-old blue spruce and a willow tree to the construction.

"All somebody has to do is drive down the street and see how much property everybody will be losing," she said.

"It will literally change our way of life. This road between Beck and Taft goes nowhere. What we suspect is either somebody wants the paving for development or now they have the money left over and they want to spend it all instead of paying the bond back early."



Senior prom date

Novi and Northville students of Cooke Middle School recently middle school. Above, Florence Orr and Tim Champagne trip the hosted a prom for area senior citizens, and reports indicate that light fantastic. The prom was enough of a success that another all in attendance had a great time. Some 140 seniors came to the has been scheduled for next year. party and were hosted by 50 students from all three grades at the

Photo by HAL GOULD

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# Stuffed bears to ease trauma of emergencies

By JAN JEFFRES  
Staff Writer

As part of their training, Novi firefighters recently had the chance to play with cute, cuddly, 11" teddy bears.

Really. It was an order from Fire Chief Art Lenaghan, who accepted the 12 stuffed animals as a gift.

Not to worry. The fire department's not going soft.

These bears will be used to comfort and reassure children who are traumatized by an accident, a fire or abuse. Novi firefighters will carry two in each of their four squad cars.

The toys were donated by Operation Teddy Bear, a program sponsored by the Telephone Pioneers of America—a national volunteer organization for Bell Telephone employees.

"In Lincoln Park, the police used one in a child abuse case. They couldn't get the child to talk. The police walked in the door and handed him one of these and he started to talk," a. Besides fires, the department responds to medical emergencies. Lenaghan said the puppets were only used a few times over the past year—and he hopes he never gives out a teddy bear.

"I know, but that's not realistic," said Harding, a retired 38-year Michigan Bell employee. "You're an active fire department. I know you won't hang onto these too long."

Novi firefighters will keep a log of when they distributed the bears and will be able to replenish their supplies. "I always say we're the best kept secret there is," Harding said. "It's such a simple program and its gone over so well."

The service depends on word of mouth. Harding's daughter is friends with a Novi firefighter, and somehow Lenaghan found out about the program.

The Novi Fire Department had already carried hand puppets for children in their squad cars.

But this is better, Lenaghan said.

"In Lincoln Park, the police used one in a child abuse case. They couldn't get the child to talk. The police walked in the door and handed him one of these and he started to talk," a. Besides fires, the department responds to medical emergencies. Lenaghan said the puppets were only used a few times over the past year—and he hopes he never gives out a teddy bear.

Dee Harding  
Past President,  
Pioneers' Fort Council

"The puppets you can't hold on to, this you can hold on to and cuddle. It's much easier for a kid to relate to."

Lenaghan said the puppets were only used a few times over the past year—and he hopes he never gives out a teddy bear.

"I know, but that's not realistic," said Harding, a retired 38-year Michigan Bell employee.

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"I always say we're the best kept secret there is," Harding said.

"It's such a simple program and its gone over so well."

## Sports Briefs



One runner checks his time as he finishes the Maybury event

Photo by BRYAN MITCHELL

**Earth Day Run Results:** The Earth Day 10-K Run at Maybury Park took place on April 21. The following are the top three finishers in each age division:

**Female Under 20:** 1. Mari Klsenger, 52:09; 2. Jody Fisher, 58:53; 3. Angela Thompson, 64:15.  
**Male Under 20:** 1. Tim Mleock, 38:26; 2. Ian Bedford, 43:06; 3. Mike Fisher, 43:15.  
**Female 20-29:** 1. Laurel Park, 39:59; 2. Julie Huston, 40:00; 3. Kristin Zelakrewicz, 44:05.  
**Male 20-29:** 1. Dennis Topolins-

ki, 31:51; 2. Jim Bumbul, 33:47; 3. Dave Peterson, 36:12.

**Female 30-39:** 1. Donna Swanson, 42:27; 2. Sharon Kelly, 44:09; 3. Marilyn Barger, 44:55.

**Male 30-39:** 1. Lester Wyborny; 2. Joe Lasher, 34:47; 3. Chuck Block, 35:36.

**Female 40-49:** 1. Cecilia Bryzys, 46:00; 2. Louise Hartung, 50:39; 3. Ronna Zacki, 58:36.

**Male 40-49:** 1. Amerigo Zuccaro, 38:02; 2. John Cruz, 38:33; 3. Larry Wibright, 39:05.

**Female 50-59:** Janet Ruggiero,

43:08; 2. Mike Cyrol, 46:43; 3. Ed Sharon, 51:25.  
**Male Over 60:** 1. Doug Vincent, 73:29.

**State Champs** The Michigan West Oakland Chargers, an 11-and-under girls' basketball team comprised of players from various cities in the area, has won the Michigan Amateur Athletic Union (AAU) state championship. The state qualifying tournament

was held April 5-7 in Northville. By winning the state title, the team has earned the right to represent Michigan at the national championships in Orlando Fla. June 22-29.

The coach of the Michigan West Oakland Chargers is Ed Hayden of Northville. Assistant coaches are Marc Chlason of Northville and Chuck Edwards of Novi. Local players include Amy Edwards, Alicia Jones and Rebecca Pearson of Novi; Kelly O'Reily, Gina Chlason and Lyndsay Huot of Northville.

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Mt. Clemens	263-4600
Northville	771-4955
Novi	476-9474
Rochester Hills	528-3585
St. Clair Shores	771-4955
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Southgate	386-7230
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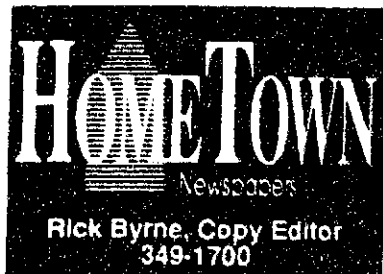
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# FOOD CREATIVE DINING

# B

 MONDAY,  
April 29, 1991

## Eleanor & Ray Heald/Wine

### Chiarlo wines, an example of Piedmont's best

Unless you are a wine buff extraordinaire, you've probably never heard of Piedmont wines produced by Michele Chiarlo.

That's just fine, because you're in our company. We just recently discovered these wine gems from Italy's famed Piedmont region.

Until now, the wines of Michele Chiarlo have been sold in the United States under the brand name Granduca. In fact, you will still find several of these wines under this brand name. That's OK, too, because these are the wines of Michele Chiarlo.

The firm of Granduca was founded in 1956 by Chiarlo, the son of seven generations of esteemed grape growers. To celebrate 35 years of winemaking dedication, the name of the winery has been changed to Michele Chiarlo, reflecting the producer's personal pride in presenting top-quality wines.

"It has always been my philosophy and overriding passion to rigorously select grapes from the most reputable growers in the most-favored vineyard areas," Chiarlo said. "For our estate vineyards, only hillside locations with unique soils and microclimates have been chosen."

The Cerequilo vineyards in Barolo have long been renowned for their exceptional wines. Here, Chiarlo owns the Antico Podere Averame, one of the finest nebbiolo vineyards for Barolo production. To ensure excellence at the time of harvest, the estate Cannubi vineyard, with its 38 to 50 percent grade, has been terraced at major capital investment. Previously, this vineyard was painstakingly farmed by hand labor.

"If there is a single finest vineyard in Barolo, and the consensus is that there is, that vineyard is Cannubi," said the Italian wine authority Sheldon Wasserman in his book *Italy's Noble Red Wines*.

In the vineyard, Chiarlo practices severe pruning during the winter dormant period and cluster thinning in mid-summer to limit the crop, and uses organic fertilizers.

Because Chiarlo sources grapes throughout the Piedmont region, he operates wineries in three different locations to ensure that the harvested grapes reach the processing location in the shortest time possible. Once at the winery, the grapes are crushed and pressed, in the case of white varietals. Temperature-controlled fermentation with natural yeast is used for both red and white grapes.

Italy is among the world's leaders in fashion. Producers, like Chiarlo, are designing wines that are at the cutting edge of consumers' taste preferences. The exceptional vineyard sites and extra care taken to maintain vine and wine quality are expensive. These factors are reflected in the price of wines from Italy's finest producers. Chiarlo is among them.

#### WINE SELECTIONS OF THE WEEK

The following wines of Michele Chiarlo from Italy's Piedmont are uniquely styled.

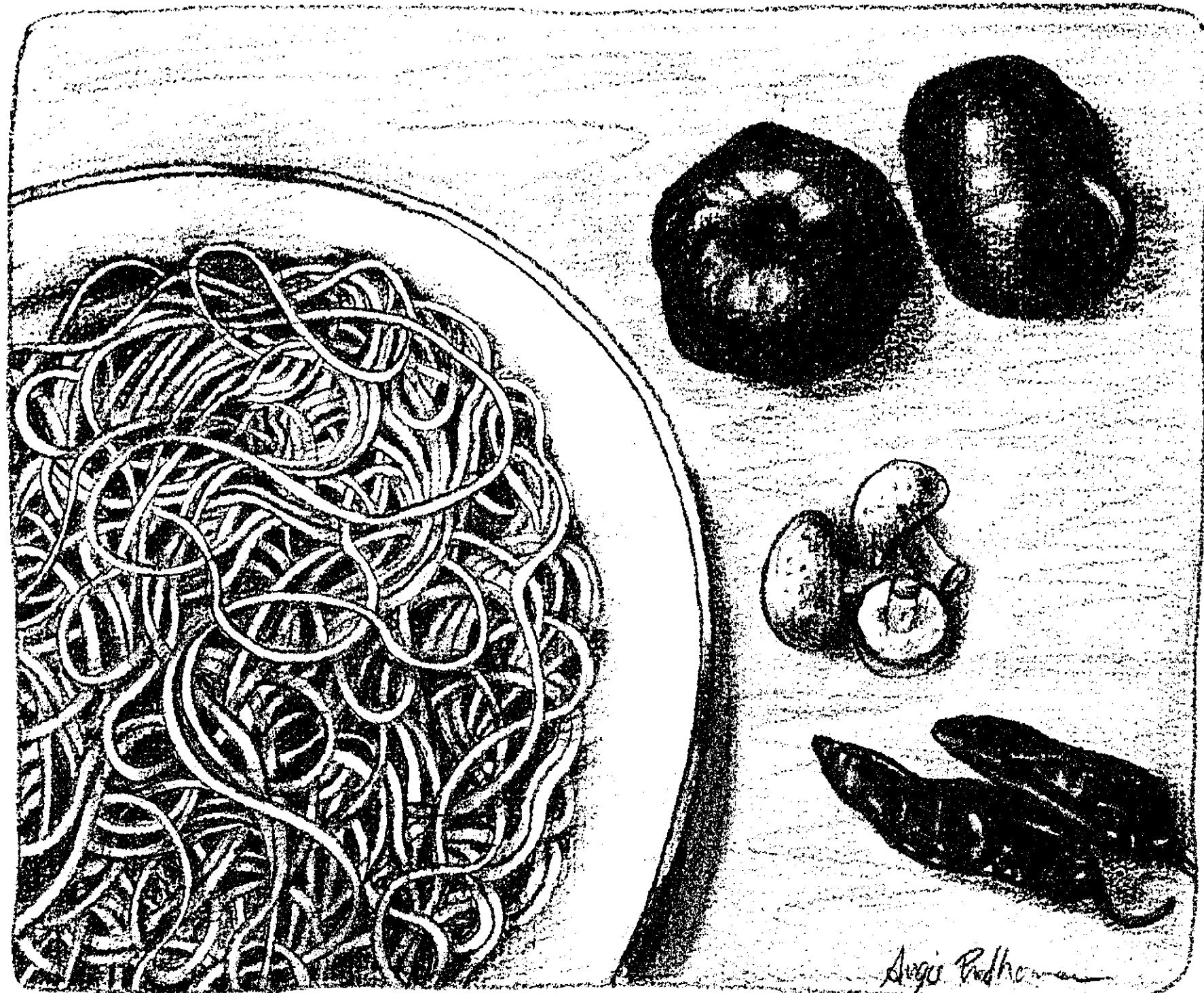
**1989 Fior de Rovere Gavi (\$23.50)** is an artful presentation of the Cortese di Gavi grape from the tiny Rovereto di Gavi area. Produced from 35- to 40-year-old vines, it is an attractive wine with pear-like fruit impressions, lengthy finish and balanced acidity. It will complement poultry or fish dishes with rich sauces.

**1985 Barolo (\$25.50)** is a handsome wine now but portends the aging potential of another 10 years. The lively red fruit, with cocoa and tobacco nuances, finishes smooth and velvety.

**1982 Barolo Riserva (\$29.25)** is a rich wine deserving the designation "Riserva." It mirrors the character of the 1985 Barolo described above, but additional age has enhanced it to full maturity.

# PASTA

## Making it at home is a pasta-bility



By LINDA SUSAN DUDLEY  
Copley News Service

Although Giuliano Bugialli doesn't wear chef's whites or a high, white pleated toque on his head, this Italian cooking teacher is serious about his mission.

In his classes on pasta making (and other regional Italian dishes), there are no wimpy textbook explanations for him. Instead, flour covers the counter. Flour covers the floor and it even speckles Bugialli's polished black leather loafers.

He shuns fancy electric machines and instead works with his hands and hand-operated kitchen aids. He kneads with both hands, using experienced strokes. It looks like hard work, but it also looks like fun.

There is something relaxed about this sophisticated Italian, himself dusted with flour. And there is something informal about the way he cooks, yet the results are highly complex and refined.

Bugialli knows pasta can be made in a food processor — but not in his classes. And he won't use an electric pasta maker, either, preferring to roll it out by hand. (In

his Florence classes, students make pasta every morning — by hand.)

Bugialli also corrects a popular notion that Italians add cheese to every pasta dish they serve.

"Cheese, grated or sliced very thin, is often added to pasta before serving, but it is used much less often than people think."

"Generally, cheese is not used with fish, game or mushroom sauces (there are some exceptions), and rarely in dishes with hot red pepper."

"On many other dishes, cheese should not be sprinkled mindlessly, since they are better without it and they melt into an unappealing sameness," Bugialli continues.

Bugialli is not against Americans using commercial dried pasta. Indeed, one of his cookbooks, the lavishly illustrated "Bugialli on Pasta" (Simon & Schuster), includes recipes for a variety of regional specialties using dried pasta. (He prefers those imported from Italy.)

Bugialli has emerged as the leading exponent of Italian cooking in this country, with a handful of cookbooks to his credit. He has become a trans-Atlantic commuter, dividing his year between cooking

schools in his native Florence and New York City. In New York, his classes are held in his townhouse, where he has two teaching kitchens, including one with a brick oven and fireplace for cooking. He also crisscrosses the United States giving classes.

Here are Bugialli's basic techniques for making fresh pasta. The pasta dough, he says, will go through these stages: First, it will be a thin batter, then a thick batter and, finally, a dough.

● Place flour in a mound on a pasta board or smooth surface such as Italian marble or granite.

"Whatever you do, don't use Formica," Bugialli scolds. "It doesn't breathe, so the pasta sticks."

● Use a fork to make a well in center of flour.

● Put eggs and other ingredients specified in the recipe, such as flavorings, in the well. (Bugialli uses extra-large eggs; if you don't, add an extra one.)

● With a fork, mix together the eggs and other ingredients.

● Then begin to incorporate the flour from the lower part, pushing it under the

dough that is forming to keep it from sticking to the board.

Don't use your hands to mix ingredients at this point, Bugialli says. Remove pieces of the dough attached to the fork.

● Put the pieces of dough together with your hands.

● Scrape the board with a pastry scraper, gathering together all the unincorporated flour as well as the pieces of dough coated with flour.

● Place this flour with the pieces of dough in a sifter. Resting the sifter on the board and using one hand, "clean" the flour by moving the sifter back and forth.

The globules of dough will remain in the sifter screen and will not filter through. Discard them because, being already coated with flour, they will not integrate into the wet dough and will cause lumps that make holes when the dough is stretched.

● Start kneading the dough, using the palm of the hand and folding the dough over with the other hand, absorbing the leftover flour from the board. Do not

Continued from 1

## Chef Mary Brady

# Eggs are our most misunderstood food

As a young child one of my fondest memories was spending time with my grandparents. Three out of four grandparents were excellent cooks.

My grandfather Smith didn't cook but truly enjoyed eating. When we lived in Buffalo I would often spend weekends at the Smith house. Later, after moving to Northville, school and summer vacations were the times spent with them.

The days were leisurely, reading, napping, eating. Three squares a day and then some. Breakfast was always the same. Two soft-boiled eggs, toast with butter, grapefruit, juice and cereal.

This meal had been ritual for 75 years. My grandfather's mother cooked the same breakfast when he was a youngster. The only thing that ever changed was hot versus cold cereal and the variety of toast and jams. Lunch was often a fried egg sandwich or two.

My grandfather was extremely weight-conscious. Never, never did he go over the recommended weight charts. As a colonel in the army for three wars he was versed in restraint and self-control.

He died in 1977 at the age of 92 after a short illness. I remember everyone marveling at how he ate two eggs or more a day, butter, milk, cream and ice cream and that he lived

to be healthy and old. Today, all we hear is to avoid eggs because of the negative effects they wrought. Could it be, maybe, that it isn't the eggs but all the other garbage we load into our systems?

Let's consider nutrient density. Nutrient density is a way of evaluating the nutritional quality of a food by comparing the amounts of nutrients it contains against the number of calories it provides.

For an example, a glass of milk contains 160 calories plus significant amounts of protein, calcium, riboflavin and other nutrients. By comparison, an alcoholic drink, containing the same amount of calories is virtually devoid of any essential nutrients.

Thus, the milk is "nutrient-dense" while the alcohol is not. We each have a "calorie-budget" for each day. The food choices we make as we "spend" this budget must supply nutrients as well as fuel. The trick is to choose foods low in calories but high in nutrients before using up your allotment of calories.

This situation presents a "Catch-22" dilemma for modern people: eat more food and you risk obesity, eat less and you risk nutritional deficits! Thus the foods eaten must be more nutrient dense.

Enter the egg.

The egg is one of nature's better nutritional efforts, designed as a total life support system for the developing chick. One serving of two large eggs provides 160 calories and 9 percent of the daily requirement for protein, vitamin A, riboflavin, iron, vitamin D and phosphorus needed by the average woman.

It provides this using less than 10 percent of the daily caloric requirement. Thus, eggs are a nutrient-dense food, a good nutritional bargain.

Eggs are unique in that they contain a balanced distribution of nearly every nutrient known to be essential to humans. Eggs contain all recommended dietary allowances ("RDA") except vitamin C and niacin. As a source of high quality protein eggs cannot be beat. There are eight essential amino acids — or "building blocks" of protein that cannot be manufactured by the body.

Foods that contain all eight are called complete proteins. Eggs, like other animal products, fall into this category. The pattern of essential amino acids in the egg is so ideal that it has been used for years as the standard against which other protein foods are judged.

An egg contains all of its fat (6 grams) and cholesterol (265 milligrams) in the yolk. This is where most other nutrients are found also.

Remove the yolk and you seriously alter the protein and nutrient content the egg has to offer.

There are three different types of fat in the yolk: polyunsaturated (1 g.), monounsaturated (3 g.), and saturated (2 g.). Because high blood cholesterol has been identified as a risk factor for heart disease, dietary fats and dietary cholesterol have been under intense study to find out whether and how they influence blood cholesterol. It has been learned that saturated fats can raise blood cholesterol in some people, while dietary cholesterol does not seem to have a consistent effect on blood cholesterol.

On the other hand, there is evidence that polyunsaturated fats and perhaps monounsaturated fats may lower blood cholesterol. Research is inconclusive on the effect of cholesterol present in eggs in relation to blood cholesterol. Some people show higher blood cholesterol with a high egg diet while others show no effect and in some cases lowered blood cholesterol.

Finally, eggs are a bargain when it comes to the food budget. By government regulation, one dozen large eggs must weigh 1 1/2 pounds. Therefore it is easy to figure the cost per pound. Even at the high price of \$1.20 per dozen eggs cost a mere \$.90 a pound.

Next in line for protein economy is beef liver followed by peanut butter. Thus the egg is one of the least expensive of the high-quality animal proteins.

It would be difficult to design a food that compares as favorably, both in nutrients per calorie and nutrients per unit cost.

#### CALIFORNIA SCRABBLE

6 tablespoons salted butter  
1 red and green pepper cut in medium dice  
3 tablespoons heavy cream  
1 avocado peeled and sliced  
1 cup shredded cheddar  
1 medium onion chopped  
12 eggs  
salt and pepper to taste  
1 cup shredded Monterey Jack  
Beat eggs and salt and pepper and cream until blended. Sprinkle with peppers in bulk. Pour egg mixture over and cook over low heat. Sprinkle with Monterey Jack and salt and pepper to taste.





153 Farm Animals

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BARBADOS Black Belled Sheep and lambs. (Hair sheep) Fleeced and ewes. Beautiful horns/markings. (313)685-7244, evenings.

161 Day Care, Babysitting

DMC HEALTH CARE CENTERS WOODLAND

MOTHER of 4 and 6 year old, will babysit one to two children, loving, educational environment. References. (517)548-4822.

164 Food/Beverage

RECEPTIONIST SECRETARIES WORD PROCESSORS

WANTED: Mary Poppins of the 90's! Dependable, experienced, mature woman to care for our 2 year old in our home, Mon-Fri, 7:30am-4:30pm. Good salary, paid vacation, light housekeeping. (313)229-8543.

165 Dental

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DENTAL Administrator/ Appointment Coordinator. If you love working w/people & desire a position where you are truly appreciated for your contributions, call us about this full time position in Brighton from 9am to 4pm, Mon - Thurs. (313)227-9603.

166 Medical

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HOME HEALTH AIDES Alan Health Care is now staffing a comfortable home care case in the Novi area, working with a quadriplegic patient. 12 hour shifts available, with top pay. Call now for best shifts. (313)559-6000.

170 Help Wanted General

DRIVERS FULL & PARTIME

Community EMS of Novi is seeking mature, dependable wheelchair van drivers, must have a chauffeur license and a good driving record. Contact Lisa for more information at: (313)344-1990.

171 Help Wanted Sales

ARE YOU TIRED OF THE FRILLS BUT NO MONEY?

Our product is recession proof! Sales people earn \$800-2000 per week. High repeat business. Company vehicle. Management opportunity. For interview call Mr. Brady 10-4pm (313)229-2600.

173 Education/ Instruction

ADULT Milford resident looking for Math tutor

ADULT Milford resident looking for Math tutor w/aching experience preferred. (313)685-7254.

180 Situations Wanted

PERSONNALIZED cleaning and home care by Dee Dee

PERSONNALIZED cleaning and home care by Dee Dee. Reasonable rates. Satisfaction guaranteed. (313)878-3498

185 Business And Professional Services

SECRETARIAL SOLUTIONS

SECRETARIAL SOLUTIONS 344-0098 BUSINESS SUPPORT SERVICES Word Processing - Bus. & Pers. Spreadsheets/Invoicing/Lotus

210 Boats and Equipment

1975 CHEVY 1/2 ton pickup, runs, needs transmission, \$350, or best offer. (313)227-1533.

2171 Help Wanted Sales

1984 DODGE Ramcharger 4x4, V-8 automatic, Power windows, locks, am/fm cassette, \$9,000, best offer. (313)449-4981 after 7pm.

220 Auto Parts And Services

1984 RANGER 2000cc engine, runs, 100,000 miles, \$125, (313)437-3391.

221 Truck Parts And Services

PICKUP cap, full size, \$75, or best offer. (313)227-1533.

225 Autos Wanted

1984 RANGER 2000cc engine, runs, 100,000 miles, \$125, (313)437-3391.

230 Trucks

1973 FORD F-600 stake truck, runs good, must see, \$2500. (313)629-8100.

239 Classic Cars

1962 PLYMOUTH Fury, 318 auto, good condition, \$2000/best offer. (313)231-0133.

240 Automobiles Over \$1,000

1979 FORD Thunderbird, excellent condition, 73,000 miles. \$1850. (313)437-3423.

233 4 Wheel Drive Vehicles

1985 GMC S-15 Jimmy, 4x4, 305 V-6, tuned port fuel injection. \$1295/best. (313)437-7438.

234 Mini Vans

1984 DODGE Caravan LE with most options. \$2600. (313)897-6191

235 Vans

1986 FORD Conversion van, loaded, extra nice, \$5,800. (313)437-3595.

238 Recreational Vehicles

1984 SOUTHWIND 27ft motorhome, 57,000 miles. Rear bed, loaded. Non-smoking, clean, must see \$18,000, make offer. (313)754-4382.

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