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THURSDAY
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Periodical

Volume 40
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56 Pages plus Supplements

NOVI NEWS

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Novi schools rank third in proficiency

By WENDY PIERMAN MITZEL
Staff Writer

It's kind of like a scene from *Apollo 13*, one Novi High School teacher told a class of students last year while preparing them for the High School Proficiency Test in March. Engineers in the movie had to work together with the crew to fix a problem on board the spacecraft with limited resources. That's a real-life application of knowledge, and that's how teachers had to work with the students.

But it's what the proficiency test is all about.

According to Principal Arthur Miller, the students proved successful at their first attempt at the proficiency test, a test designed to challenge students' critical thinking skills and their ability to apply those skills to real life situations.

"We're very pleased with the results and the reaction of the kids," said Miller.

"Our kids really performed well," he added.

In Novi, students scored highest on the math test, 74 percent of students scored "proficient." That was the third highest ranking in Oakland County, with five schools unreported.

Students also scored above the state averages on the three remaining tests, with 52 percent of students ranking "proficient" in reading, 52 percent students "proficient" in science, and 55 percent "proficient" in writing.

The results mean 28 percent of the high school seniors this year will receive a state endorsed diploma, which requires a score of "proficient" on all the tests. Approximately 200 students will

MEAP test results are also in. The district looks on this state test as a diagnostic tool. The story appears on page 11A.

retake those portions of the exam for which they did not earn a "proficient" score beginning Sept. 30.

The proficiency test is a new exam, replacing the old Michigan Educational Assessment Program test and is meant to be more challenging. Last year was the first year for the test in Michigan schools.

Between 1982 and 1989, the average for MEAP testing was in the 80th to 90th percentile. The reason, according to Ernie Bauer of Oakland Schools Intermediate School District, is that the MEAP tested only "basic skills."

In 1991, a new revamped MEAP was introduced that challenged students more and was intended to test "essential skills." Scores dropped dramatically in the first years of the test to an average of almost 50 percent for the entire state. But those scores have steadily been rising, to more than 60 percent just five years later.

Now with the introduction of even more difficult MEAP tests and the new High School Proficiency Test introduced last year, test scores have dropped again. The reason, said Bauer, again is that the test is simply more challenging. It tests for "proficiency."

Bauer cautions against inter-

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Photo by BRYAN MITCHELL

Punt, Pass and Kick

Bret Schwarzlose puts everything he has into a pass during the annual Northville/Novi Punt, Pass and Kick tournament held last Sunday at Novi Middle School. More than 60 athletes participated in the competition. Winners of the girls division were Krista Avanti in the 8-9 age group; Erin Carpenter, ages 10-11; Mary

Sunisloe, ages 12-13. Boys division winners were D.J. Farrell, ages 8-9; Brandon Cigna, ages 10-11; Jonathon Fritzges, ages 12-13; and Jim Mize, ages 14-15. The winners will advance to a sectional competition Oct. 12 in Canton Township. The championship will be held on Nov. 17 at the Silverdome.

Walker pleads to charge

By WENDY PIERMAN MITZEL
Staff Writer

Jason Fraser Walker, 23, of Novi pleaded guilty in Oakland County Circuit Court Friday to one count of operating a motor vehicle under the influence causing death as a result of the Memorial Day accident that killed one of his friends, David Clemens.

Walker could spend from three to 15 years in jail for the felony, under a "Cobb agreement" entered at the time of the plea. Should the judge decide at the Oct. 18 sentencing that the penalty should be stiffer, Walker can withdraw the plea.

The former Novi High School basketball star stood before Judge Rudy Nichols and broke down, sobbing as he admitted responsibility for being intoxicated while driving his friends home from the bar that night.

He said he had been drinking Sunday at the U.S. 500 car race in Brooklyn, Mich. and then drank four or five beers at the Cadillac Cafe.

"We were kicked out of the bar that night because we were visibly intoxicated," he told the judge.

At approximately 2 a.m. that Monday morning, Walker drove Clemens, 22, also a Novi resident, and three other men west on Freedom Road near Halstead Road in Farmington.

His car ran a stop sign, swerved off the road and hit a telephone pole, instantly killing Clemens, who was seated on the passenger side. Walker and one other passenger were also injured. Two of passengers walked away from the accident uninjured.

Police alleged that Walker's blood alcohol content found to be 0.24 - twice the state's legal limit, the morning of the accident. Walker acknowledged that his blood alcohol content was more

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World's largest card comes to Novi

By JAN JEFFRES
Staff Writer

When you care enough to send the very best, sometimes it can be quite a production.

At least it is for Sears, Roebuck and Company, which is looking for more people to sign their names on what is billed as the world's largest anniversary card. The six-by-five foot congratulations is to honor the 25th year Walt Disney World Resort in Orlando has been up and running.

As part of a five-city tour, the colossal card is winging through the Sears store at Novi's Twelve Oaks Mall on Saturday. A previous visit was in Chicago.

The 25th is the silver anniversary and that's what the chain plans to give away. Only the silver will be in the form of \$1 for each signature, up to \$10,000, to be donated to the Boys & Girls Clubs of America - and that's not Mickey Mouse.

A portion of the money will go to the Boys & Girls Clubs of Southeastern Michigan.

So show up at Sears at from noon to 2 p.m. on Saturday and add your name to the list.

In January, the card will be part of the festivities at Disney World's anniversary party.

Meanwhile, Sears is searching for volunteers to lick the envelope. (Just kidding.)

No room for the Inn

Area residents say Ramada would violate deed restriction

By WENDY PIERMAN MITZEL
Staff Writer

Ramada Limited of Novi is looking to bring an 81-room business hotel to Haggerty Road north of Nine Mile, but residents of the area are protesting.

They say the development will have a negative affects on their property values. They are angry over what they say is a breach of a subdivision covenant entered into with the property owner. Eight Haggerty Properties II.

"Do we need another hotel? Are we going to be getting semi's and campers and maybe undesirables there?" asked Richard Jurkiewicz, one of a dozen residents who

"Do we need another hotel? Are we going to be getting semi's and campers and maybe undesirables there?"

Richard Jurkiewicz

turned out in opposition to the project at a Sept. 4 Novi Planning Commission meeting.

The site is just north of the Extended Stay America hotel and the Novi Hilton. The Hampton Inn is also located nearby, across the city

limits in Livonia, as is the Econo Lodge in Farmington Hills.

Joe Shivers echoed the concerns: "What do we need that many for? If the occupancy goes low, are they going to let anybody come in there and pay for an hour or two just to get some occupancy?" he questioned.

Ramada Limited of Novi would develop the three-story, 35,000-square-foot hotel on a two-acre site fronting Haggerty Road. The partnership also sold land to Extended Stay America, right next door to the Ramada parcel, and has more property to the west.

But the project is at a standstill now that

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Local woman leads drive to allow assisted suicide

By JAN JEFFRES
Staff Writer

Years ago, a dying 15-year-old girl with incurable cancer and in extreme pain asked Dr. Ed Pierce to give her medication to hasten the end of her life.

"I refused. Fortunately, she died a few days after my refusal," Dr. Pierce said.

Today, he is chair of Merian's Friends, an organization that aims to get a constitutional amendment permitting doctor-assisted suicide on the November 1998 ballot. Under the terms of the group's proposal, the 15-year-old would not have qualified because the prescription drugs to end life would only be extended to terminally-ill, mentally-competent adults with six months or less to live and who had undergone an examination with two medical doctors and a psychiatrist.

Opponents to the legislation argue that it would be a first step leading to the legal euthanasia of

the mentally-incompetent with acute illnesses and disabilities.

Dr. Pierce, an Ann Arbor resident and Carol Poenisch of Northville launched Merian's Friends after running into each other at a Hemlock Society meeting following the death of Poenisch's mother, Merian Frederick. Pierce and Frederick were friends for 30 years, until she killed herself in 1993 with the help of Dr. Jack Kevorkian. Now retired, he was also her family doctor.

"When I heard she died in Dr. Kevorkian's apartment, I felt there should be other options for the terminally-ill," Dr. Pierce said.

"This is a conservative approach. We are limiting it to terminally-ill people."

The group is now in its start-up phase. From May to November 1997, they hope to gather the 400,000 signatures needed to get

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Photo by BRYAN MITCHELL

Carol Poenisch started Merian's Friends in honor of her mother. She hopes to put physician-assisted suicide on the ballot.

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Community Calendar

To have your organization's activities, regular meetings or special events listed in the Community Calendar, send information to Community Calendar, The Novi News, 104 W. Main Street, Northville, MI 48167.

Thursday, September 19

Novi schools

The Novi schools Board of Education will meet in regular session at 7:30 p.m. in the Educational Services Building.

Optimist Club

The Novi Optimist Club meets at 7:30 a.m. in the Novi Civic Center.

Saturday, September 21

Car Wash

Boy Scout Troop 54 is holding a car wash at the Novi United Methodist Church on Ten Mile west of Meadowbrook from 8:30 a.m.-4 p.m. The proceeds will be used for troop equipment.

Benefit Dance

Sons of American Legion Post 224 are sponsoring a benefit dance for Walled Lake trainable mentally impaired individuals from 8 p.m. to midnight. The dance will be held at the Wagon VFW Hall, 2652 Loon Lake Rd. Tickets are \$10 per person with a cash bar. Music will be provided by Tracy Lynne and the Heartland Band. For more information, call 624-9742.

Euchre tournament

The Novi Lions Club will host its second annual Euchre Tournament in the Novi Civic Center, at 45175 Ten Mile Road, between Novi and Tall roads. Registration will begin at 6:30 p.m. and games will begin at 7:30 p.m. Players will draw cards to determine their partners. Door prizes, cash prizes and a 50/50 raffle will be included in the evening. The cost is \$10 prepaid, \$12 at the door. Deadline for preregistration is Sept. 10. All proceeds will benefit Novi Lions/Lioness charities. The Lionsess club will be collecting old eye glasses and hearing aids at the site. For more information, call 344-4633.

Monday, September 23

Fashion Show and Auction

The Republican Women of West Oakland are hosting a fashion show and auction at noon at the Novi Hilton Hotel. The event benefits the University of Michigan Hospital. For ticket information call 478-8808.

City Council

The Novi City Council is scheduled to meet in regular session at 7:30 p.m. in the Council Chambers of the Novi Civic Center.

Health tests

Community EMS will sponsor blood pressure testing in the Novi Civic Center from 7:30-9 p.m. in conjunction with the Novi City Council meeting.

TOPS

Take Off Pounds Sensibly for all ages meets at 7 p.m. at the Novi Meadows Clubhouse on Napier Road. For more information, call 469-6177.

Bereavement Support Group

Dr. Michael Meyer, bereavement counselor, facilitates a monthly support group for anyone in the community who has experienced the death of someone they loved and is in need of help. The group meets 7:30-9 p.m. at the Novi Civic Center, 45175 Ten Mile. For more information, call 348-1800.

Tuesday, September 24

ZONTA

The ZONTA Club of Farmington/Novi meets at 6 p.m. at the Embassy Suites Hotel (between Seven and Eight Mile roads, off I-275). ZONTA International is a worldwide classified service organization of executives in business and the professions, working to improve the legal, political, economic and professional status of women. For information and reservations, call (313) 538-8043.

LARA Meeting
The Lakes Area Residents Association meets at 7 p.m. at Walled Lake Middle School, 46720 W. Pontiac Trail.

Youth Assistance

Novi Youth Assistance board will meet at 7 p.m. in the Novi Community School Educational Services Building, 25345 Tall Rd.

F.E.M.A.L.E.

The Novi area chapter of Formerly Employed Mothers at the Leading Edge meets at Providence Mission Health Center, 39500 W. Ten Mile Rd., Conference Room A. For more information call Beth at (810) 669-5836.

Band rehearsal

The Novi Concert Band rehearses at 7:30 p.m. in the band room at Novi High School. For more information on the group, call manager Warren Ledger at 348-2955.

Camera Club

The Novi Camera Club meets at 7:30 p.m. in the Novi Civic Center. For more information, call Hugh Crawford at 349-5079.

Wednesday, September 25

Business Network International

The Farmington Hills chapter of The Business Network International, made up of members from 10 neighboring communities, meets at 7 a.m. at the Tollgate 4-H Education Center, Twelve Mile at Meadowbrook Road. For chapter information or an invitation to one of the meetings, call 612-7725.

Authority proposes take over of center

By JAN JEFFRES
Staff Writer

The Resource Recovery Recycling Authority of Southwest Oakland County is hoping to make Novi an offer it can't refuse.

When setting the budget last spring, Novi City Council members exhibited restiveness over the just under \$30,000 annual membership fee the city pays to the authority.

Novi RRASOC is proposing to run Novi's Recycling Center at the Department of Public Works site on Delwall Drive and make it available to residents in neighboring member communities, such as Walled Lake and Watson.

One of the reasons the authority wants to do this is to make membership for Novi in RRASOC more attractive, explained RRASOC general manager Mike Csapo.

Unlike many of the other RRASOC communities, the City of Novi doesn't provide garbage collection and recycling. Residents here contract privately with waste haulers. That means Novi reaps fewer benefits from the association, council members contend.

"I have informed the other RRASOC communities that Novi would need to realize some more direct benefit from this association if we are to continue to fund our membership," City Manager Ed Kriewall noted in a memo.

The Novi council last week agreed to send out its lawyers to draft a possible agreement with the authority.

Novi's membership fee to belong to RRASOC has dropped from \$50,000 in 1990 to \$29,700, a per capita figure based on the 1990 census.

This year, it is anticipated it will

cost the city \$36,000 to run the Delwall Drive recycling center, \$20,000 of that for labor.

As a host community, RRASOC would pay Novi \$21,000. The city would continue to staff and manage the operation. RRASOC would contract with the haulers, most likely at a lower rate than Novi and rent the needed equipment, such as storage bins.

The service would only be open to RRASOC community residents, not to commercial operations and professional haulers, Csapo explained.

RRASOC's own Material Recovery Facility and drop-off center is in Southfield, not convenient for residents in some of the eight member communities. Farmington and Farmington Hills have their own recycling centers. However, one possibility is that they would consolidate at the Novi location and close down their operations.

The authority would collect any profits on the sale of the recyclables.

"It's also hoped that the value of the commodities market would be such that we will develop a profit center," Csapo said.

That is not likely to happen for several years, he added. In July 1995, RRASOC realized \$30,000 in the sale of one month's worth of recyclables from its own MRF. Due to the current market price, in July 1996, the figure had plunged to zero.

"You're losing money on it only because of where prices are now. If you had prices where they were in June 1995, you'd be making money," Csapo said.

"We would totally eliminate your exposure to the commodities market, either good or not."

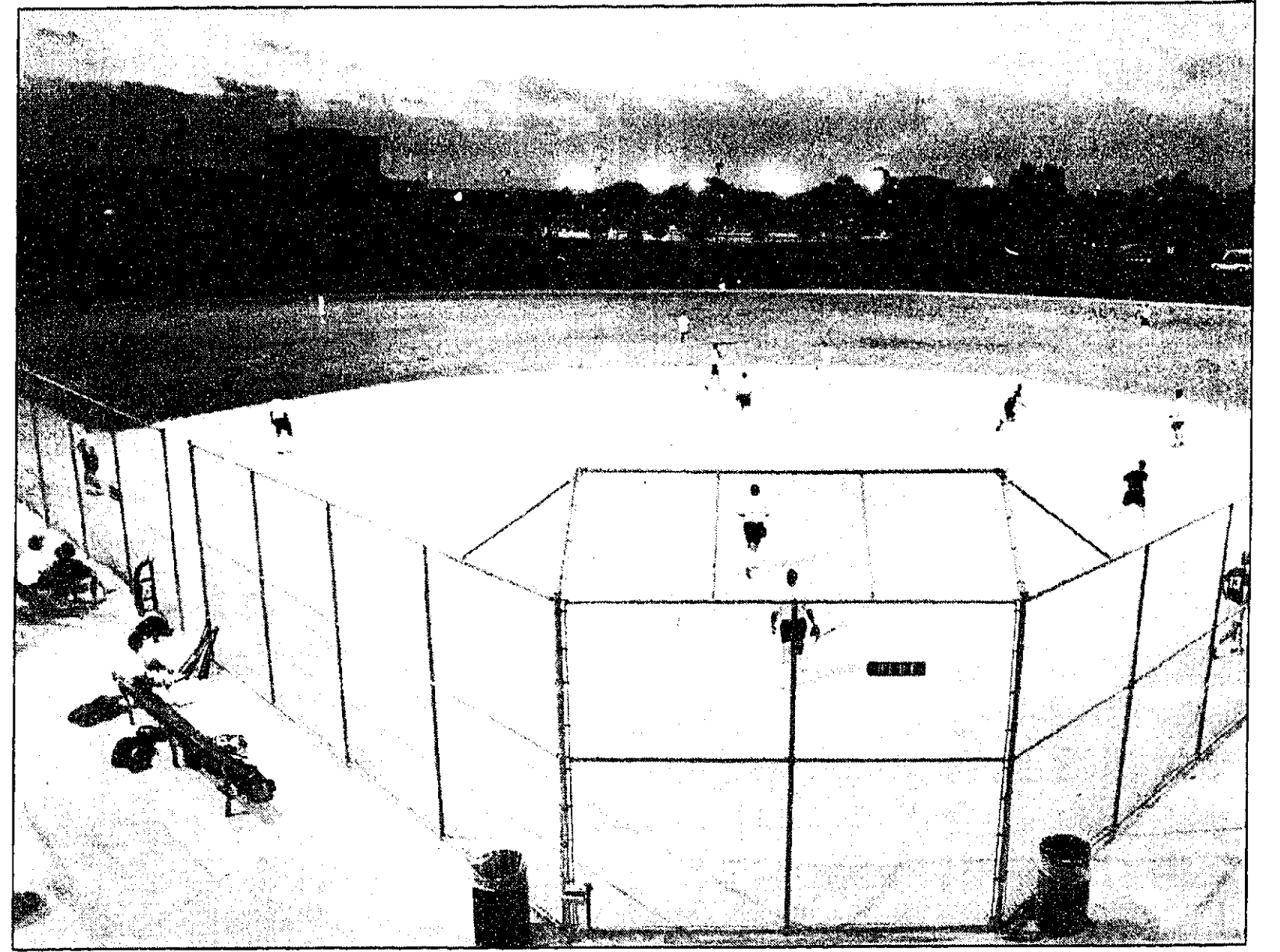


Photo by BRYAN MITCHELL

Night games

A view of a softball game in the Novi fall leagues at Power Park. The fall leagues have already started their schedule for the fall season. Anyone interested in playing softball on an adult

league in the city should contact the Novi Parks and Recreation office at 347-0400. The rec department sponsors a number of leagues for city residents.

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NORTHVILLE SCHOOLS BOND QUESTIONS

District heads to polls with \$61.5 million bond

By ROBERT JACKSON Staff Writer
After four years of study and countless hours of discussion...

and the direction we should be heading. Nield said...

The school district began exploring the bond question several years ago...

The board declined to seek bond and enhancement millage approval last year...

Nield added that the school board will host a citizens' phone-in this evening...

About \$5.2 million of the \$61.5 million bond issue that goes before voters Sept. 23...

By ROBERT JACKSON Staff Writer

The big ticket item in the upcoming \$61.5 million bond issue could alleviate the school district's single biggest problem - overcrowding.

Approval of the bond request next week would allow the district to build a new high school...

There may not be a shortage of computers in Northville schools, but chances are most of the units are no longer very useful to students.

Northville schools have classroom computers that can't run the new state-of-the-art software...

The report ranked Michigan 35th in the country with an average of 11.7 students per computer...

By ROBERT JACKSON Staff Writer

To compound the problem, overcrowding at the middle schools and even some elementary schools will impact the delivery of education...

"If we didn't add one single student to the middle school or elementary school population...

Should the bond and enhancement millage fail, the district would have to dedicate about \$500,000 each year for technology expenses out of the general budget...

Northville's technology problems mirror the results of a study conducted earlier this year for the U.S. Department of Education...

The citizens committee for technology support, presented to the school board last year, contained several recommendations to bridge the technology gap...

By ROBERT JACKSON Staff Writer

about 4,800 students the new additions would increase the total population by more than 3 percent and result in an expansion of more than six classrooms.

"There is the problem more apparent than at the high school, where the student population this year comes close to exceeding the 3,456 capacity...

Northville schools have an approximate average of 6.9 students per computer and 39.2 per computer with multi-media capabilities...

Elementary schools - The committee felt there was a strong need to develop one computer lab environment per elementary school.

Middle and high schools - Following the same approach, the middle schools would have a total of three computer labs...

By ROBERT JACKSON Staff Writer

adding on to the existing high school is not a viable option.

"You could never remodel that school enough to adequately address the future needs of students," she said.

Another long run that option could prove almost as costly to the community.

These figures fly in the face of past criticism of TMP from Walled Lake taxpayers, that the 37-year-old firm designs "ornate" schools that are more lavish and more expensive than they need to be.

Very reliable inside sources tell us that it is not uncommon for superintendents to receive some type of honorarium in the form of a commission from architects and also firms who sell bonds.

TMP defends its building record

Several months have gone by the boards sure have been busy approving the proposal, TMP will build two middle schools and one elementary school...

That plan was enough for Castellana, vice president Stephen Smith and senior associate/director of marketing Gail Allevato to present their case to the newspaper.

"I want to present to you the facts," said Castellana, thumbing through a stack of statistics comparing per-square-foot costs of recent TMP school building projects in Walled Lake...

The SOIA newsletter implied that TMP and Walled Lake Schools Supt. James Geisler have an unethical arrangement. It also challenged the district's doing so much business with a firm which has not demonstrated that they can provide a building at even close to the average cost per square foot.

Still bristling about those allegations, Castellana said "It really hurt us to hear those kinds of things that are totally untrue. I don't even want to legitimize it by talking about it that much."

Walled Lake seeks two bond issues

By MICHAEL MALOTT Managing Editor
It is the Walled Lake school district's growth - at a rate of about 500 more students each year - that has led to the need for the bond issue facing voters Saturday, Sept. 28.

And this year, the district received about 300 more students than it expected, according to Superintendent James Geisler.

The growth isn't likely to slow any time soon. Only about half the bonds to construct a new swimming pool at Central High School...

The Walled Lake School District is coming back to the ballot Sept. 28 with another attempt to convince voters to approve building bond proposals.

The actual clock cost \$3,500 and the structure to support it cost \$7,000, Castellana said.

ON THE BALLOT SEPT. 28
PROPOSAL 1 - New elementary to be built in Novi, 2 new middle schools, multi-purpose room additions to 7 elementaries, 11 new classrooms at Western, 26 new classrooms and renovations at Central, technology. Cost: \$108.2 million. Millage rate: 2.61 mills. Cost to homeowner* yearly: \$130. Monthly: \$10.87.

Proposal 2 would allow the district to issue \$5.75 million in bonds to construct a new swimming pool at Central High School...

Lois Lange, Director of Community Relations for the district, said it has taken many steps already to address the crowding in the absence of bond approval.

For one, the district has been leasing an elementary school building from the Birmingham School District and bussing students there.

Geisler said the district has already put art and music programs on carts, freeing up space for classes, bussed kindergarten students from Oakley Park to Pleasant Lake elementary to relieve crowding in Oakley Park.

All those temporary measures, leasing the school, use of the annex, portables, bussing, will be eliminated if the bond is passed.

Another chance to the bond package, since the district's last attempt, is the elimination of a substantial amount of technology included in the bond is wiring in the school buildings to connect the computers, the stringing of fiber optic cables between buildings, and some peripherals which are not cost effective in the long run.

The cost of the bond proposals may sound large, \$114 million in total, Geisler said, but considering the size of the school district, the cost will be spread out over many homeowners and the cost to individual homeowners will be minimal.

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American Red Cross. Give a Valentine's gift that truly comes from the heart. For an appointment, call 1-800-GIVE-LIFE. 313-930-9065

Opportunity Knocks! JOB FAIR. Friday, September 27, 9am-6pm. Saturday, September 28, 9am-1pm. The all-new Kensington Valley Factory Shops on M-59 and I-96 will feature over 65 well-known shops and 7 nationally-known eateries in its food court when it opens this November!

Save Green on Our Green! Now's the time to brighten your home with beautiful tropical foliage plants from English Gardens. Fresh shipments arrive weekly so you're guaranteed the best quality products. Our knowledgeable and helpful salespeople will help you select the right plant for your environment.

Laurel Park Place CONCERT CAFE. Saturday, September 21, 1996. 1:00 p.m. - 2:30 p.m. Join us for the sounds of Janet Tenaj & The Sven Anderson Trio, this Saturday at our Concert Cafe.

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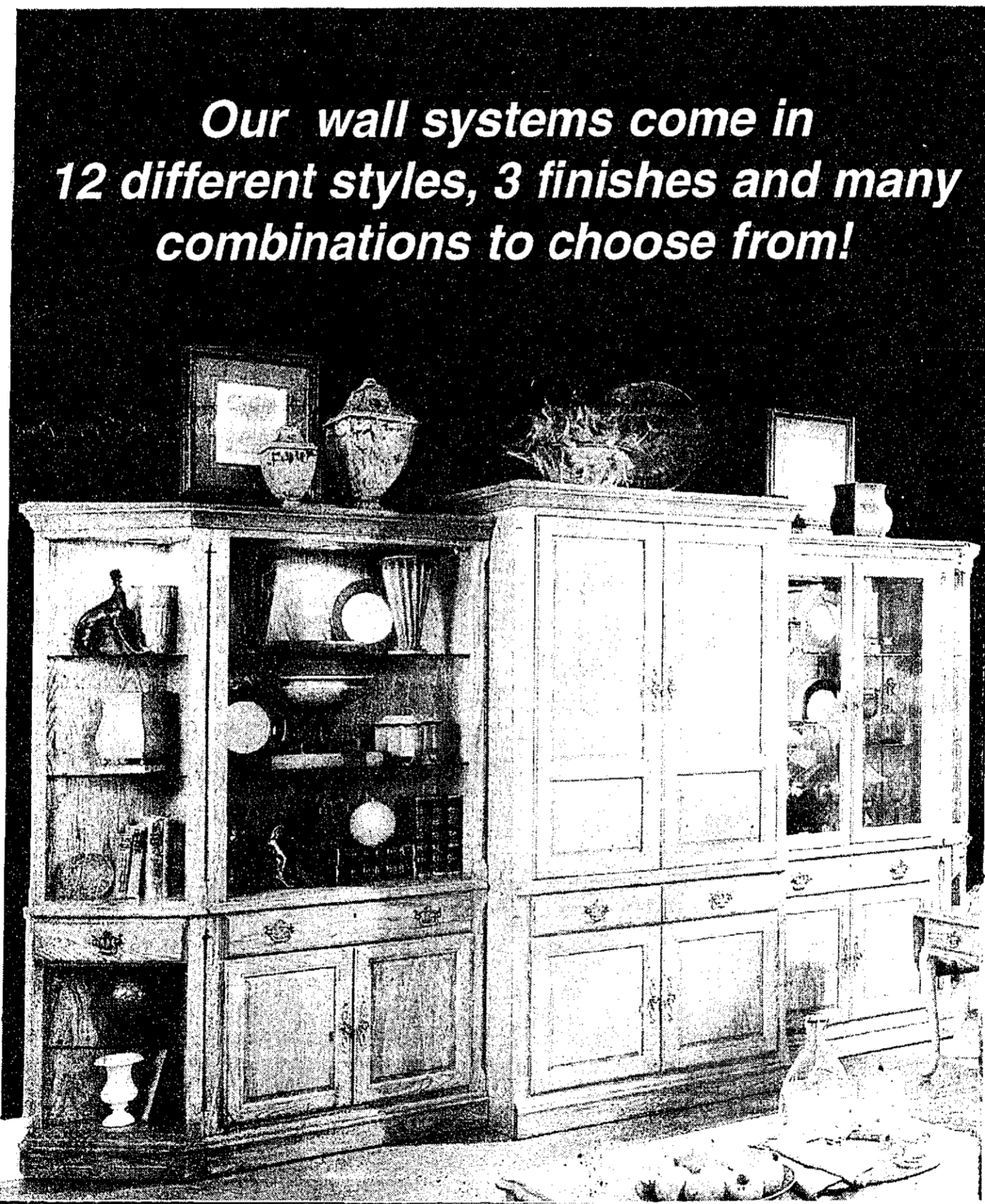
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Meadowbrook honors
ten years of service—2B

RENAISSANCE FEST:
Weekends bring out the
'character' in trio—5B

RENOVATION:
Garden receives
two green thumbs up—3B

DIVERSIONS:
Footlights beckon
local actor—6B

FRIENDS NOT FOES

Students and parents learn
about conflict resolution



First graders (from left) Gabrielle D'Aniell, Amanda Chiti, Matt Heard and Joshua Hatch giggle to the antics of the conflict resolution show, "The Adventures of Les Trouble P.I.", at Village Oaks Elementary School on Sept. 5.

Whether through magic, humor or role playing, the underlying message was the same - you don't have to like everyone, but you do have to know how to get along.

A captive audience of kindergarten through fourth grade students at Village Oaks Elementary School was given the opportunity to learn how to manage conflict when the school's Parent Teacher Organization sponsored a show entitled "The Adventures of Les Trouble, P.I." on Sept. 5.

Playing the role of Les Trouble, problem investigator, was Doug Sheer who was assisted by his fiancée, Heidi Swarhout in the role of Spike.

Volunteers from the audience helped Les Trouble illustrate the four basic steps of conflict resolution - get the facts, tell how you feel, brainstorm solutions, and negotiate - using a variety of magic tricks and humor.

Scheer's program is only one avenue for getting the message across.

"It's an effort on everyone's behalf. If they get the information from their teachers and parents, the information eventually sinks in," he said.

"Kindergartners or first graders are amazed that the gym is so big," he said. "They are so wide-eyed at the beginning of the school year." Scheer often talks to the children before and after the show to see what they do recall.

"Some are on the ball," he said. "Some remember the music."

Geared to elementary school children, Scheer considers it a review for the older students and a preview for the younger ones.

Scheer talked to PTAs, parents, principals and teachers about topics of interest to children. He also looked at the climate of society. Before taking his show on the road, which took two years to put together, he tested ideas out on principals, teachers and guidance counselors.

Basics of Conflict Resolution

- Get the facts. Listen to all sides of the story.
- Tell how you feel. Use "I" messages. Don't blame.
- Brainstorm. Think of solutions.
- Negotiate. Give a little, take a little. Everybody wins.

"We slip in the back door and hit them over the head with the message," Scheer said of his approach.

Parents in the community were also learning about conflict resolution last week when the Novi Library hosted "Peaceful Parenting."

Linda Chastain, coordinator of parent education for the Child Abuse and Neglect Council of Oakland County, has been giving parenting seminars for five years. The program, which is free, has been requested by PTAs and PTOs, churches, synagogues, non-profit agencies, even by mom's groups. Chastain has also seen an increase in the number of fathers and grandparents attending the programs.

"The demand is definitely great," she said. About 20 people attended the Novi presentation. It was a good turnout, according to Chastain.

"I think parents are becoming more aware of it and there is an increase in the demand for parenting programs," she said.

Chastain also is seeing an increase in the number of requests for a presentation at a place of business.

"Lunch times are the best times to catch people. They brown bag it and we do a presentation," she said. "They don't have to arrange child care, miss work or take time away from their family."

Chastain discusses conflict management strategies and ways to effectively communicate with children through the "I" message. The

importance of self esteem and how it is damaged and repaired are also covered.

Among the causes of conflict are differences in values, goals, cultures, ages, and gender, according to Chastain.

Through role playing and examples she discusses negotiating skills, sibling rivalries and how to teach children to negotiate and reach compromises.

Parent are taught to begin with the same basic principles as the children.

Chastain discusses what negotiation means and how to bargain, the importance of gathering data and avoiding taking sides, and not to use "you" messages.

Negotiation is a give-give, not a win-lose situation, according to Chastain.

"That's what we need today. We need a winning situation," she said.

People who were not raised to communicate effectively may find these methods foreign, Chastain said. But it works for those who keep trying.

"I am really impressed when people go home and apply these techniques," Chastain said.

Scheer and Swarhout are scheduled to bring "The Adventures of Les Trouble, P.I." to Novi Woods Elementary School on Sept. 20 at 9:45 a.m. and 1:30 p.m.

For more information on parenting programs or resources available in the community, call the Child Abuse and Neglect Council of Oakland County at (810) 332-7173.

Books on conflict resolution are available at the libraries and book stores, and Chastain suggests parents make sure the book is geared to parents because some books are written for the professional.

Newspapers also publish information on parenting fairs in their communities.

For more information on "The Adventures of Les Trouble, P.I." call Scheer Assembly Productions (810) 553-4987.



Les Trouble, P.I. put third grader J.D. Goodwin behind various props to illustrate some of the good times and some not-so-good times to discuss a problem.

STORY BY CAROL WORKENS • PHOTOS BY ALAN WARD

Volunteer



Photo by BRYAN MITCHELL

Helen Hronek's been filing accident reports for seven years

Hronek to move on after seven years

By CAROL WORKENS
Staff Writer

Sometimes it's who you know that counts. In Helen Hronek's case, it was who knew her.

When a volunteer position opened up at the Michigan State Police Post 21 in Northville in 1989, Terri Deahl volunteered her mother, Helen Hronek.

Deahl, who works in the lab at the post, thought her mother would be perfect for the job.

Seven years later, Hronek has probably spent over 6,000 hours at the post doing whatever is needed, mainly filing the accident reports that are filled out by the troopers. When insurance companies call to request a copy of a report, Hronek also fills the orders.

A resident of Northville Township for 17 years, Hronek works with the post's secretary, Laurel Gottlieb.

"Having Helen is an asset," said Gottlieb. "Helen will be retired

when we move just because of distance. We are going to be very, very sorry to see her go."

The post's move to Oak Park is coming up, although a definite date has not been determined. The Second District Headquarters and the Michigan State Police Lab will not be moving.

Volunteering for two, three-hour days per week, Hronek performs a variety of tasks. It's a 24-hour operation, so there's always work to do, according to Gottlieb.

Since her volunteer work at the post began, Hronek has joined the Retired Senior Volunteer Program (RSVP), which places retirees in the community.

Hronek has received numerous certificates of appreciation, including one from Gov. Jim Blanchard in 1990 honoring her hours of volunteer work.

"It keeps your mind alert," Hronek said. "I have been active

Continued on 3

It's A Fact

LAW ENFORCEMENT



The ratio of
law enforcement
employees for
every 1,000 residents
in the City of Novi
is 1:1.4.

Singles

SINGLE PLACE, an adult ministry for single people, meets at the First Presbyterian Church of Northville Sunday at 9:45 a.m. for a Sunday morning gathering, followed by a worship service at 11 a.m. and brunch at Northville Crossing at 12:30 p.m. The topic is "Prayer."

Sports activities coming up include indoor volleyball on Friday, Sept. 20, from 9 until 10:30 p.m. at the Northville Recreation Center, 303 W. Main Street in Northville. The cost is \$4.

On Friday, Sept. 27, the group will meet for bowling at 8:30 p.m. at Novi Bowl, 21700 Novi Road in Novi. The cost is \$6 plus the cost of shoe rental.

A new divorce recovery workshop will begin on Oct. 3 at 7:30 p.m. and run for seven Thursday evenings until Nov. 21 in the Library/Lounge of the church. To register, call the church office. The cost is \$30.

A growth workshop entitled "Getting It Right the Next Time - Play It Again Romance," with speaker Libby Thomas, Ph.D., is meeting on Thursday evenings through Oct. 10 at 7:30 p.m. in the Youth Room of the church. The cost is \$40 per person.

A fall retreat to the Mintwanca Retreat and Conference Center in Shelby, Mich., with keynote speaker Anna Russo, NLP, will leave Friday, Sept. 20, and return Sunday, Sept. 22. The cost is \$135.

For further information about any of the Single Place programs or to register, call 349-0911.

The final meeting of **EXPRESSIONS**, an adult discussion group, will be held Friday, Sept. 27, at First Unitarian Universalist Church, 1917 Washtenaw in Ann Arbor. The program is not church-affiliated. The group is open to those ages 21 and older.

For more information, call (313) 930-6361. Admission is \$5.25 and includes refreshments.

Reunions

THURSTON HIGH SCHOOL: Class of 1966, Sept. 28 at the Marriott of Ypsilanti. For more information, call (810) 347-7816.

NOVI HIGH SCHOOL: A special reunion of the Class of 1971 is being coordinated. Call Milton Holley at (313) 422-6138.

MacKENZIE HIGH SCHOOL: Classes of January and June, 1946, 50th reunion on Sept. 21 at the Novi Hilton in Novi. Call Donna Fairful White at (810) 348-2375, or write to her at 19440 Cardeme, Northville, MI 48167.

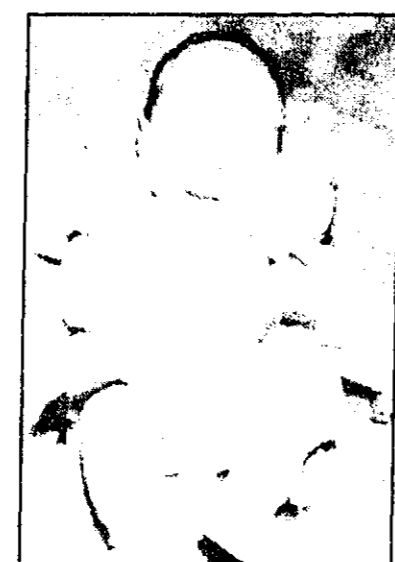
GROSSE POINTE HIGH SCHOOL: Class of 1956, Sept. 28, Lochmor Club in Grosse Pointe. Call (313) 886-0770.

Births



Marshall Sayles

Richard and Margaret Sayles of Novi announce the birth of their son, Marshall Manning, born 9:51 a.m. July 17, 1996, at Beaumont Hospital, Royal Oak, Mich. He weighed 9 pounds, 7 ounces, and measured 22 1/2 inches in length.



Madeline Richards

Marc and Jill (Irwin) Richards of Atlanta, Mich., are proud to announce the birth of their first child, Madeline Mae, at 5:46 a.m., Wednesday, June 12, 1996. She was born in Otsego Memorial Hospital in Gaylord, Mich., and weighed 7 pounds, 10 ounces.

Maternal grandparents are Sue Irwin of Waterford and Ron Irwin of Northville. Paternal grandparents are Jerry and Kay Richards of Camden, Mich.

Engagement



Joseph Tesorero/Karen Kessler

Mr. and Mrs. William F. Kessler of Novi announce the engagement of their daughter, Karen, to Joseph Paul Tesorero, the son of Mr. and Mrs. Francis X. Tesorero and the late Esther R. Tesorero.

The bride-elect graduated from Novi High School in 1986, and from Michigan State University in 1990. She is currently the manager of community relations, Visiting Nurse Association of Southeast Michigan, Detroit.

The bridegroom-elect is a 1978 graduate of Andover High School. He received his degree from Michigan State University in 1982 and is employed as a project manager with Geometric Results Inc., Southfield, Mich.

A wedding mass will take place in October at Holy Family Catholic Church with Father John G. Budde officiating.

Role as town gossip gets a little easier every weekend

By CAROL WORKENS
Staff Writer

If Julie Matta's not putting her nose in other people's business, then her tongue is wagging a mile a minute. But she can't help it, it's in her job description. At least until the end of September.

Matta is a town gossip at the Michigan Renaissance Festival, which continues weekends through Sept. 29 from 10 a.m. until 7 p.m., one mile north of Mount Holly on Dixie Highway between Pontiac and Flint.

As part of the role, she walks around and makes up stories about people such as "did you hear about the mayor, he doesn't wear underwear," and shares them with whoever will listen.

Matta researched Renaissance history and fashion and came up with a costume she sewed herself.

"I have studied Shakespeare quite a bit and that has helped," said Matta of the dialect. English accent and character she must maintain at all times when in costume, including when she is on a

"Did you hear about the mayor, he doesn't wear underwear."

—Julie Matta
Town gossip

lunch break sitting amongst the festivalgoers.

"The number one question I have been asked is 'do you really talk like that?'" she said.

For the audition, Matta didn't have to read a script but was given about 10 minutes to come up with a scenario for an improv skit. As a festivalgoer herself, Matta put together a skit based on a town gossip, an authentic figure of the day.

"It is a lot of fun to try and convince the audience," she said.

Acting is a lifelong ambition for Matta who has been performing since her days at John F. Kennedy High School 10 years ago.

Matta has also been in several plays at Schoolcraft. In the Old

Couple, Matta played the part of Cecily, an English woman.

"I (the accent) pretty much comes naturally to me now," she said.

Matta also played a witch in Schoolcraft's production of Macbeth.

"I've always played real normal parts," she said. "This time I got to have warts."

Matta has also appeared on stage at Henry Ford Community College and with the Dearborn Heights Civic Players.

But her resume isn't confined to the stage, she's also appeared in a couple of movies as an extra, including a film that was shot locally and aired on HBO, *Judicial Concerns*.

When not in costume, Matta is a teller at NBD Bank in Plymouth. She earned an associate degree in theater from Schoolcraft College in May and plans to attend Eastern Michigan University during the winter term.

Matta has been a resident of Northville for two years.



Photo by BRYAN MITCHELL

Julie Matta made the town gossip costume she wears at the Michigan Renaissance Festival.

Church Notes

NOVI UNITED METHODIST CHURCH, 41671 West Ten Mile Road in Novi, presents a concert by "The 5 of Us," Dan Douglas, Sharyn Osmond, Greg Goodard and Ruth Anne Zinner, on September 21 at 6:30 p.m. A free-will offering will be requested. For more information, call 349-2652.

HOPE LUTHERAN CHURCH, 39200 West Twelve Mile Road in Farmington Hills, is offering T.G.I. Wednesdays throughout the school year. Hope has coordinated a one-hour adult bible study with Junior High Catechism and children's choir at 6:30 p.m., followed by an evening worship service from 7:30 until 8 p.m.

The program is open to the community. For more information, call (810) 553-7170.

The Ladies Bible Study group at **DETROIT FIRST CHURCH OF THE NAZARENE**, 21260 Haggerty Road in Northville, renews with both morning and evening times available.

The Tuesday morning Women of the Word (WOW) will meet from 9:30 until 11:15 a.m. each week in the lower level. The first semester registration fee of \$11 covers necessary materials. The group will be using the Joy of Living interdenominational series with lessons on the book of Luke.

The Wednesday evening Bible Study meets from 7 until 8:15 p.m. The group will study and discuss practical applications of a selected Psalm each week. Child care is available for both groups. The studies

are open to all women in the community. For more information, call (810) 348-7600.

The Choir from Lutheran High Westland will provide special music at **ST. PAUL'S LUTHERAN CHURCH**, 201 Elm Street in Northville, during the 11 a.m. Service on Sept. 22.

For more information, call (81) 349-3140.

The fall worship service times are 9 and 11 a.m. at **FIRST UNITED METHODIST CHURCH OF NORTHVILLE**, 777 West Eight Mile Road. For more information, call the church at (810) 349-1144.

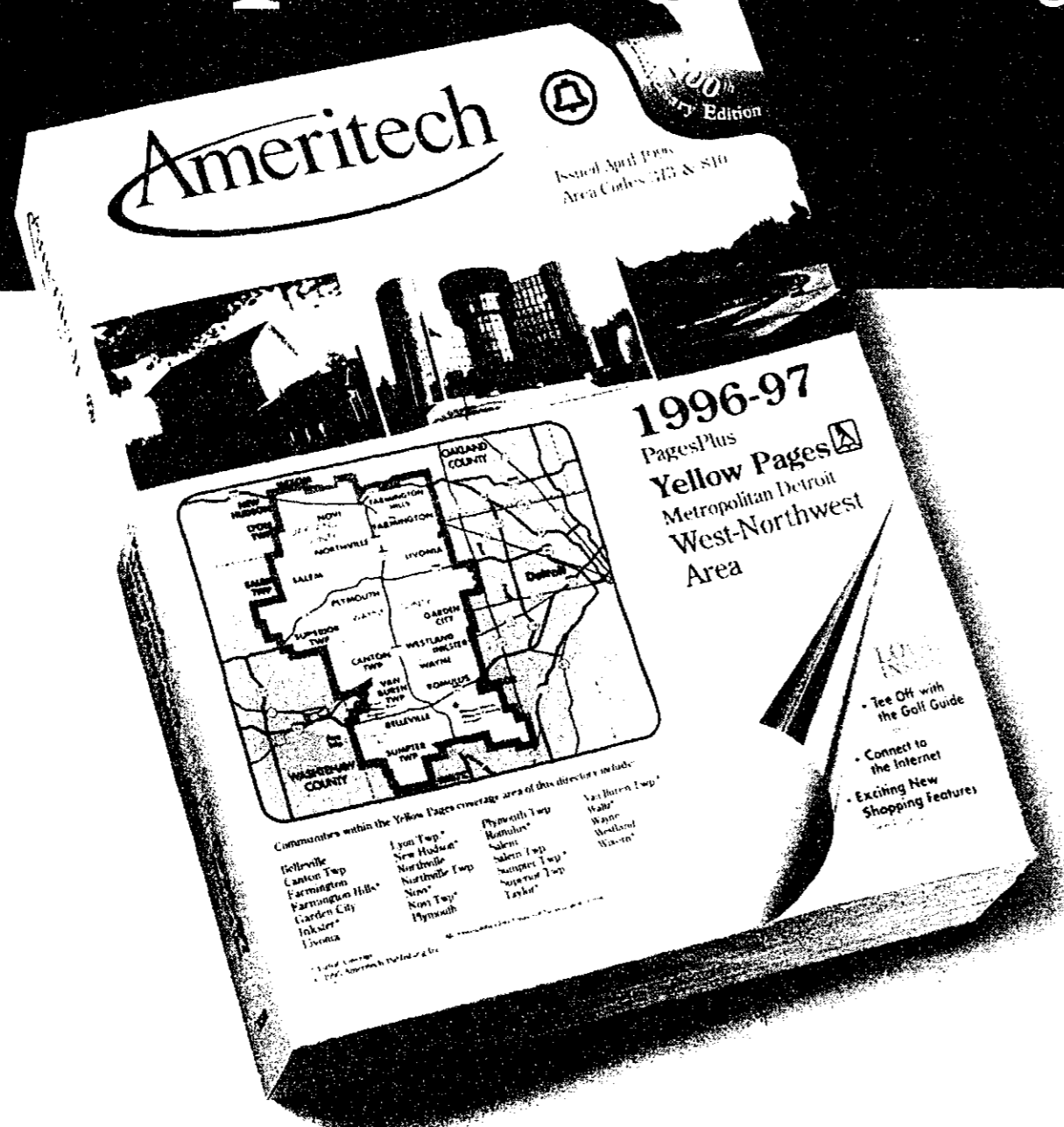
Accounting of the Sick will be on Saturday, Sept. 28, at **OUR LADY OF VICTORY CHURCH**, 770 Thayer Boulevard in Northville.

Concessions will be at 10 a.m., followed by Mass at 11 a.m. There is a noon luncheon and fellowship after the Mass.

All baptized Catholics are invited to this celebration of the Sacrament of the Healing of the Sick.

The fall schedule at **SPIRIT OF CHRIST EVANGELICAL LUTHERAN CHURCH**, 40700 West Ten Mile Road in Novi, is Sunday Church School at 9 a.m. and worship at 10 a.m. each Sunday. An informal altar calling service is offered every Saturday evening at 7 p.m. For more information, call (810) 477-6296.

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WILDCATS OF THE WEEK

BILL GALLOWAY -- Soccer
The junior forward scored a pair of goals in Novi's win over Livonia Franklin Friday. For the week, Galloway scored a whopping five goals and added two assists.

JESSICA KENNY -- Basketball
After a slow start, the junior has come on strong for Novi in the past few games. Against Farmington last week, Kenny scored 12 points including nine in the first quarter when the Wildcats built a comfortable lead.

Sports Shorts

Colts

Colts football celebrated another successful homecoming weekend. The Colts organization wishes to thank the people and companies that contributed to the parade and football activities.

Some of the individuals and organizations that deserve mention include: Chief Jim Allen and the Northville Fire Department; Chief Rod Cannon and the Northville Police Department; the Novi Police Department; Jim Gallagher, Northville Public Works Director; Delphine Gutowski, Northville City Clerk; the Northville City Council; Northville Downs; Salutations; Donna and Larry's Flowers; and the parents who volunteered the use of their cars and trucks for the parade procession.

The parade route took players, family, and friends through Northville and Novi to the home of Colts football behind Novi Meadows School.

This year's fee, the Dearborn Redskins, proved formidable. The Redskins freshman and varsity squads were winners but the Colts junior varsity team scored a 25-6 victory.

The next Colts opponents will be the Farmington Rockets. The Sept. 22 game will be at Farmington with game times at noon for freshmen, 1:30 p.m. for junior varsity, and 3 p.m. for varsity.

Everyone is welcome to all Colts football games - come support our team.

Novi Expos will hold their 1997 tryouts on Sept. 21 at Power Park for the following ages:
Eleven year old team: Tryouts will be held Sept. 21 at Power Park, located behind the Novi Civic Center on Ten Mile Road at 3 p.m. for boys born on or after Aug. 1, 1985. For additional information, call Mike Hart at 348-3246.

Nine- and 10-year-old team tryouts will be held on Sept. 21 and 21 at Power Park for boys born on or after Aug. 1, 1986. For additional information, call Dan Davis at 344-4607.

Travel Softball Tryouts
The Compuware Girls Fastpitch Softball Club will be holding tryouts for the 1987 summer season. The club has several teams based on age groupings and we encourage players, ages 8 to 18, from all areas to attend our tryouts.

Sept. 21, 22 and Oct. 6 at Shell Park in Waterford on Dixie Highway between Williams Lake Road and Hatcherly Road.
Age Group/Team: Under 11, 12 and 16 - 9 a.m.-noon.
Under 13, 14 and 16 - 1-4 p.m.

For additional information: (810) 666-1492 or (810) 625-7383.

Area golf course offers challenge

This week's Novi News concludes a series of weekly golf course reviews. If there's a particular course you would like to see reviewed next summer please let us know with a call at (810)349-1700 or fax (810)349-1050. BY SCOTT DANIEL Sports Editor

Every golf course has an attraction. For some, it's low greens' fees, a signature hole, picture perfect fairways or even customer service. It's a rare occasion when all of these elements can be found at one golf course. Dunham Hills comes as close as any in metropolitan Detroit.

Located just off M-59 in Hartland, the 6,800-yard course offers a genuinely beautiful setting for golf. Director of Golf Charlie Lefler is particularly proud of Dunham's greens.

"You want to be in the right position on every green," he said, noting the overall difficulty of the putting surfaces. "That's what has made this course popular."

Built in the late 1960s, Dunham Hills hasn't changed much over the years. But change isn't always good. Why mess with a layout that challenges both marginal and good players? Why disturb thousands of majestic trees or lush, rolling hills?

Service is one of the few things that has changed. Lefler became a majority owner in the course he grew up playing about a year ago. Since then, he's hired all new staff and made Dunham Hills golfer-friendly.

"A lot of people would come out to play and then never come back," Lefler said, "because of the previous management's attitude." He's made it a point to change that.

"It's service with a smile," he commented. Beyond the smiles, value has been added. Golfers get to warm up with a complimentary bucket of balls at the course range. Greens' fees, including cart, are also about \$5 cheaper than most area courses.

Saving a few dollars, of course.

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SCOREBOARD

Table with columns: FOOTBALL, AREA LEADERS, KVC STANDINGS, RECEIVING, PASSING, SCORING (POINTS), BASKETBALL, and AREA LEADERS. Lists scores and statistics for various teams and players.

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Photo by BRYAN MITCHELL

Brooke Albright was second overall against Hartland.

Wildcats throttle Hartland in dual

Like old man river, the Wildcat girls' cross country team just keeps on rolling. Hartland proved to be Novi High's latest victim on Sept. 10. Running at Cass Benton Park in Northville, the Wildcats crushed Hartland 17-46.

The Eagles managed to take fourth place to avoid a shutout by Novi, which is now 3-0 on the season. Coach Norm Norgren said there's still plenty of room for improvement despite the lopsided victory.

"We need to improve on that pack time," he commented. "One through four was spectacular, but five through seven have got to bring it down. We're going to work on that."

Novi's top four runners finished 31 seconds apart, which is about as good as it gets for a "pack." The Wildcats' final three runners were about a minute slower than that group, however.

Novi will get a chance to improve on its pack time Saturday at the Walled Lake Western Invitational. The race, which will feature many top schools from the area, starts at 9 a.m. at Willis Park.

The Wildcats will likely not go into the invitational at 100 percent.

Northville netters beat John Glenn

Julie Glock, Alison Damzalski and Jenny Androne all won their singles matches by scores of 6-0, 6-0. Northville swept the doubles and drew shutouts in three of the matches.

The teams of Mary McDonald and Sarah Johnson, Angela Trapnell and Kara Anderson, Jessica Mills and Angela Bardonii all swept their matches. Shelley Morgan and Amanda Nelson were 6-1, 6-1 winners over Robyn Gruden and Jenny Hung.

NORTHVILLE 6, CENTRAL 2
The two schools battled at Northville Sept. 9 with the Mustangs taking an easy victory. Filkin was surprised at how easy it was.

"They're going down," she said of Walled Lake. "They used to be one of the stronger teams in our conference."

Central's Becky Clayton is still one of the better players in the WLAA. She defeated Smith 6-1, 6-1. Exchange student Jara Gregarova defeated Kristen Smith 6-0, 6-2.

Golfers play smart beat Milford by 5

In golf, it's easy to make simple things difficult. Aiming at the hole on the putting green, for instance. Then there's the duffer who analyzes their swing to the point of not being able to hit the ball.

Fortunately, Novi High didn't make things difficult on itself Thursday in beating Milford 158-163. Playing away at Mystic Creek, the Wildcats kept it simple by keeping the ball in play.

"We had a few penalty strokes," coach John Peace admitted. "But I was very happy. I thought the kids did real well."

It was the first time Novi had played at the new 27-hole facility. The two teams battled on the Meadows nine, which is the easiest at Mystic because of its short length.

"It has a real up north type feel to it," Peace said of the course. Chris Chirgwin led Novi with a round of 38. Derek Ho was a step behind at 39. Jeff Fannon a 40 and Mike Marchuck a 41.

The win improved Novi's record to 1-1 in the Kensington Valley Conference and 5-1 overall. The Wildcats host Howell today at the Links of Novi starting at 3 p.m.

NOVI 149, SALEM 165

Jon Kobylarek was the story of the Sept. 10 home match. The senior set a varsity nine-hole record with a two under par 33 at the Links of Novi east course. The Wildcats, as a team, also set the nine-hole school mark at 149.

"It was a super round," Peace said. The Wildcats executed every phase of the game well from putting to driving. Again, Peace said, a key was simply keeping the ball in play.

All four Novi scores were under 40. The Wildcats averaged 37 strokes per player. Marchuck shot a 38 while Ho and Fannon each came in at 39.

Peace said his team turned it up a notch against Salem, which is one of the area's better teams. "It was good for us to play tough competition," he added.



Photo by BRYAN MITCHELL

Novi's Mike Marchuck lines up a putt in a recent match.

Runners whip Eagles as Matheny shines

Continued from 9
The senior ran a 17:24 for first. Cameron Chipponeri finished third overall in 18:03. Chris Duprey was fourth in 18:04. Brian Fischer fifth in 18:14 and Dan Lynch seventh in 18:56.

Ty Clark and Jason Sabol rounded out the top seven. Clark placed eighth in 19:02 and Sabol was right behind him for ninth in 19:03.

The Wildcats had 11 of the top 13 spots. Vic Suja was 10th in 19:11. John Mione 11th in 19:24. Rob Florkowski 12th in 19:26 and Dave Valle 13th in 19:35.

Smith was happy with the team's overall performance. He said he'd like to get his team's pack time, the time that top seven runners cross the line, under a minute, though. "I think we'll close the gap later on in the season," he said.

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Health

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Children having sex sooner

National studies show that, on average, kids start becoming sexually active just over age 12, and by age 15 three-quarters are having intercourse. But in some areas, the age thresholds are even lower.

A study by University of Michigan child development expert Cornelia P. Porter, M.N.Ed., Ph.D., assistant professor of nursing, soon to be published in *Research in Nursing and Health*, looked at fifth- and eighth-graders in a primarily white public school in Pontiac, Mich. She found that almost half of the fifth-graders (mostly white boys) reported having had sexual intercourse, and 64 percent of the eighth-graders reported having initiated sexual intercourse.

As far as risk behaviors go, sexual intercourse was more common than smoking and drinking in both groups.

When such findings are combined with the fact that the average age of menstruation is coming down - a century ago the average age was 17 and now it's just over 12 - the prospect for more and more children having children is alarming.

The secret to preventing early sexual activity,

if there is just one, eludes health care professionals, but a study conducted by U-M assistant professor of nursing Cheryl M. Killion, Ph.D., and Cleopatra H. Caldwell, Ph.D., an investigator at the U-M Institute for Social Research, or ISR, suggests that exercise and athleticism may help.

In a pilot study of 41 teens sampled from recreation centers in Detroit, half of whom were involved in competitive sports and half of whom were not, the ones who played sports were much less likely to be prematurely sexually active.

"We think that those who view themselves as more self-efficacious and athletically involved are more likely to delay sexual activity. Or, if they are involved, they are more likely to protect themselves," Killion says.

Such protection is crucial considering the statistics: More than 1 million U.S. teens become pregnant annually, a rate double that of the United Kingdom and 10 times higher than that of the Netherlands and Japan.

When it comes to teen pregnancy prevention, one avenue U-M researchers are investigating involves targeting male teens instead of placing

the burden of responsibility solely on the females.

"Society has double standards for sexual activity. For boys it's OK to go out and sow some wild oats and have sex when they want to and not be concerned about the consequences. This is the time when they are 'supposed' to do that," Porter says. "For girls it's a totally different story. We really need to begin to change the mind-set and figure out some male-focused interventions."

It could be as basic, Porter believes, as having Planned Parenthood open its doors to males, so that the teen boyfriend could take an active role in planning for contraception.

But it's not only teenage boys who need some work. Recent studies show that two-thirds of teenagers are impregnated by men over age 20.

This article was prepared by the University of Michigan Medical Center, Public Relations Department.

Smokers have higher risk of infertility

Everyone knows that smoking causes lung disease, cancer, and cardiovascular disease. So why would an obstetrician/gynecologist care about your smoking? Here are a dozen reasons of which you may not be aware.

Let's start with getting pregnant. Smokers, both men and women, have a significantly higher risk of infertility. They also have at least twice the rate of ectopic pregnancy as nonsmokers (a potentially fatal condition in which the embryo develops outside the womb). Miscarriage rates are also much higher for smokers. If the pregnancy continues past the first trimester, the problems continue.

As the fetus develops, it is exposed to the toxins in cigarette smoke. Nicotine decreases blood flow to the placenta and carbon monoxide decreases the amount of oxygen available to fetal tissues. The result is a baby who does not grow properly. Add that to the increased risk of preterm delivery and premature rupture of membranes, and the risk of having a small baby with immature lungs becomes dramatic.

The placenta itself has a higher risk of separating from the uterine wall before the baby delivers (placental abruption) or implanting over

the cervix (placenta previa). Both of these conditions can result in severe hemorrhage and are potentially fatal for both the mother and baby.

But what if pregnancy is not an issue for you? There's still plenty to worry about. Because smoking impairs ovulation, there is an increased risk of abnormal vaginal bleeding, sometimes to the point of severe anemia. Smokers also go through menopause about two years earlier than nonsmokers, which increases the risk of osteoporosis.

Since smokers over the age of 35 can't use birth-control pills because of the risk of stroke, the ability to treat heavy bleeding and prevent unintended pregnancy becomes limited. If surgery then becomes necessary, smokers carry an increased risk of pneumonia, poor healing and a difficult time coming out of anesthesia.

Finally, the very common problem of precancerous and cancerous lesions of the cervix is also affected by smoking. Probably because of the presence of nicotine and other toxins in cervical mucus, these conditions are much more difficult to eradicate and are more likely to persist, recur or advance to a more serious level.

The "Dirty Dozen" reasons to quite smoking:

- Infertility
- Ectopic pregnancy
- Miscarriage
- Fetal growth retardation
- Preterm labor and premature rupture of membranes
- Placenta previa and abruption
- Abnormal vaginal bleeding
- Premature menopause
- Osteoporosis
- Increased surgical risks
- Decreased medical options
- Cervical abnormalities

Smoking is not just a lung problem. It affects all major systems of the body, including the reproductive system. Quitting is definitely hard work and usually requires several attempts to finally kick the habit, but it is worth it. You owe it to yourself and the people who love you to give quitting another try.

This article was written by Maria Kopteki, M.D., Obstetrics and Gynecology, the University of Michigan Health System. This article is coordinated by the office of planning and marketing at the University of Michigan.

Health Notes

BOTSFORD HOSPITAL

Botsford Hospital in Farmington Hills and at Novi with TRACC is offering the following programs:

• **Caregiving** - At some point in their lives, most people will find themselves in the role of caregiver. But where can individuals find the spiritual, emotional and physical strength to face the challenges of caring for another without neglecting their own needs?

This fall Botsford General Hospital, in conjunction with the Greater Detroit Interfaith Round Table, is offering an excellent program specifically designed for caregivers. "Adventures in Caregiving," an eight-week training series, focuses on a mind/body/spirit model, and presents practical skills and valuable resources about a variety of issues. Some of the topics include empathy training, grief, substance abuse, domestic violence and human suffering.

The sessions are offered on consecutive Thursdays beginning Oct. 3 through Nov. 21 held from 7-9 p.m. at Botsford General Hospital's East A Conference Room, 28050 Grand River Ave., Farmington Hills. The fee for the entire series is \$35, or \$5 per session. Because of limited space, early registration is encouraged. Continuing education credits in nursing are available. To register, or for more information, call (810) 471-8850.

A member of the Botsford Health Care Continuum, Botsford General Hospital is an osteopathic teaching hospital located in Farmington Hills. Botsford is affiliated with Michigan State College of Osteopathic Medicine. The Botsford site on the Internet is at <http://www.botsfordssystem.org>. The Botsford e-mail address is info@botsfordssystem.org.

• **Cholesterol and vision screenings** - Total cholesterol screening is conducted by the fingerstick method from 1-4 p.m. on the third Monday of each month at the Botsford Center for Health Improvement-Health Development Network, 39750 Grand River Ave., Novi. There is a \$5 fee. For more information, call (810) 477-6100.

• **Breastfeeding basics** - This workshop covers the "how to's" of breastfeeding - how to start and maintain successful breastfeeding, as well as answering the questions and concerns of women who are already breastfeeding. Classes are held at the Health Development Network at Botsford in Novi. For more information and to register, call (810) 477-6100.

PROVIDENCE HOSPITAL

Providence Hospital is offering the following programs:

• **Diabetes Care Outpatient** - A program for all non-pregnant individuals over 14 years of age with diabetes. The program is designed to help individuals control their blood sugar and become more active in treating their diabetes.

Day and evening classes and/or individual appointments are available in Southfield and Novi. Call (810) 424-3903 for information on schedules, fees, insurance coverage and registration.

• **NutriWay Program** - The nationally-recognized NutriWay weight management program.

This four- to 10-week weight/cholesterol management series includes cooking demonstrations, taste testing, label reading, restaurant survival skills and much more.

• **Blood pressure check** - A free blood pressure check will be held on the first Thursday of every month.

This free service is available at Providence Medical Center-Providence Park at the corner of Grand River Avenue and Beck Road from 1-3 p.m. in the Cardiopulmonary Department. Call (810) 380-4225 for further information.

• **Health education library** - Providence Hospital and Medical Centers is now making its health education library open to the public.

The library has books, video tapes, computer databases, pamphlets and anatomical models available to the public which can be used to learn about illnesses, medications, parenting skills or other health issues.

The library is located at Providence Medical Center-Providence Park, 47601 Grand River, and is open Monday through Friday, 9 a.m. to 3 p.m. Call (810) 380-4110 for more information.

• **Physician referral service** - Are you new in the community? Do you need to find a doctor and can't determine the best way to start your search?

The Physician Referral Service of Providence Hospital and Medical Centers is available to assist individuals in finding a physician who can meet the specific needs or criteria of the individual.

The service is free of charge and can be reached by calling 1-800-968-5595.

The staff of Physician Referral Services can help locate physicians by specialty or location, finding an office close to your home or work. They can even match individuals with physicians who participate in particular insurance plans. Callers can also receive information on support groups and health education classes and lectures.

For referral services, call 1-800-968-5595.

• **Prostate Cancer** - Providence Hospital and Medical Centers offers a free monthly support group for men with prostate cancer.

"Man to Man" meets the second Thursday of each month at 7 p.m. at Providence Hospital in Southfield.

The purpose of the support group is to provide men with educational information on topics relating to prostate cancer and to allow them to verbalize feelings, concerns and problems with others who are having similar experiences.

For additional information on "Man to Man," Providence's Prostate Cancer Support Group, call (810) 424-3175.

• **Surgery Star** - If your child is scheduled for surgery, it can be a very frightening experience for them. Providence Hospital and Medical Centers continues its "Sally the Surgery Star" program to help little ones deal with a hospital stay.

The child is taken on a tour and is familiarized with the surgical experience. A variety of educational materials and supportive teaching tools are used to help the child deal positively with the idea of a hospital stay. At the end of

the tour, the child is honored as a "Surgery Star."

Tours are offered at both Providence Hospital in Southfield and Providence Medical Center-Providence Park in Novi. Call (810) 424-3978 to arrange a tour at Providence Hospital and (810) 380-4170 to arrange a tour at Providence Park.

ST. MARY'S HOSPITAL

St. Mary's Hospital is offering the following programs:

• **Teens and Self Image** - The Marian Women's Center at St. Mary Hospital in Livonia will offer a free lecture entitled, "Establishing a Healthy Body Image During the Teen Years," from 7 to 9 p.m. on Tuesday, Sept. 24, in the hospital auditorium.

Speakers will be Ann Bradley, MSW, CSW, therapist, St. Mary Hospital Center for Counseling Services, and Mary Mitsch, MSN, RN, assistant professor, Madonna University School of Nursing.

Teenagers, parents, school counselors and others who work with teens are invited to attend this informative talk that will discuss peer pressure, anorexia nervosa and bulimia, compulsive overeating, how to determine your proper body weight and how to develop a positive self-image.

Registration is required by Sept. 20. To register, call the Marian Women's Center at (313) 655-2882 or toll free at 1-800-494-1617.

• **AIDS Class for Premarrits** - St. Mary Hospital will offer a premarital AIDS class on Thursday, Oct. 10, from 7 to 8:30 p.m. The class will meet in the Marian Pavilion Conference Room B near the Levan Road entrance.

Persons who wish to be married in Michigan are required to receive information about sexually transmitted diseases and HIV/AIDS before applying for a marriage license. Upon completion of the class, you will receive the necessary certificate to obtain a marriage license. Certificates are valid for 60 days. Registration is required.

The cost is \$15 per person or \$25 per couple. To register, call (313) 655-3314 or toll free at 1-800-494-1615.

• **Breastfeeding** - St. Mary Hospital is committed to providing education and support to area mothers who decide to breastfeed their babies. A breastfeeding class is scheduled for Thursday, Sept. 26 from 7 to 9 p.m. in Pavilion Conference Room A in the Marian Pavilion next to the hospital.

This class is designed for expectant mothers between the seventh and eighth month of pregnancy. The class will focus on the benefits of breastfeeding for infant, mother and family.

Instructors will demonstrate the many techniques of breastfeeding. Topics will include breastfeeding and the working mother, questions and concerns about breastfeeding, and a review of breastfeeding pumps, helpful books and supplies.

Cost of the class is \$15. Preregistration is requested, but mothers can register at the class. For more information or to register, call the Marian Women's Center at (313) 655-2882 or toll free at 1-800-494-1617.

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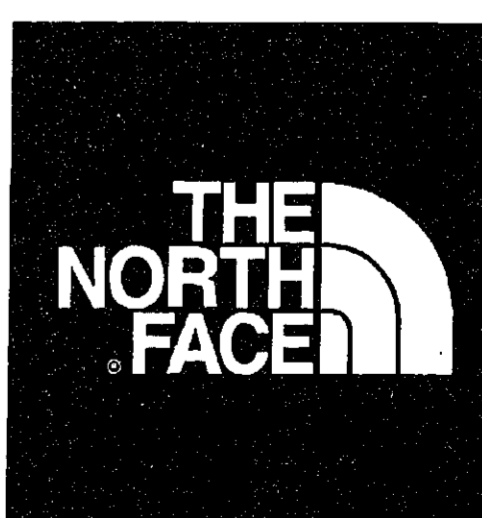
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