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THURSDAY
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Partnership prepares for freeway work

By JAN JEFFRES
Staff Writer

Anytime the state wants to get started on modernizing the 1950s-era Beck Road/Wiscon Road/196 interchanges, a local task force is ready with a \$27 million contribution to the project including 11 of the needed 100 acres.

In fact, the Mission Roads Project, a partnership of the cities of Novi and Wilson and the Providence Hospital Group, is urging the Michigan Department of Transportation to accelerate the project from a possible 2005 completion date to a 2001 ribbon cutting. The idea is that the local effort would count for the state's share of the work and leverage the rest of the money from the Federal Highway Administration.

"They're moving towards funding the entire amount that should come out of the state. Things are happening," Novi City Manager Ed Kriewall said.

Over the past three years, Mission Roads has accumulated the \$23 million in money, land and commitments for road rights-of-way for the \$50 million project. Plus, they've come up with a way the MDOT could save \$20 million of estimated costs. As the coalition figures it, that's a 46 percent matching contribution.

Serving on Mission Roads along with Kriewall are Frank Brock, vice president for government affairs of Providence Hospital, and Wilson City Manager J. Michael Donnan. They've hired the Lansing-based consultant David Lark as project coordinator and MDOT liaison.

"The Mission Roads Project is an excellent example of how local government and private sector are willing to meet the challenge of Gov. Engler and the State of Michigan to provide their own funds for surface transportation improvements," Lark wrote in let-

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Photo by JOHN HEIDER

New Novi City Council members Craig DeRoche, Ed Kramer, Hugh Crawford and Laura Lorenzo are sworn in Tuesday.

New members take over reins

Judges swear in DeRoche, Kramer, Crawford, Lorenzo and McLallen

By JAN JEFFRES
Staff Writer

Novi's new council members and mayor started out swearing their first night on the job.

Swearing to uphold the U.S. Constitution, the Michigan Constitution and the Novi City Charter, that is.

Taking the oath of office were Mayor Kathleen McLallen and Council Members Hugh Crawford, Ed Kramer, Laura Lorenzo and Craig DeRoche.

The honors were done by 52-1 District Court Judges Michael Batehik and Brian MacKenzie.

"I'm going to do the mayor and he's going to do the rest of you," MacKenzie told the newly elected government officials. "On a daily basis, we end up giving people sentences. I'm about

to give you a sentence."

"We've been here before. I'm a repeat offender," McLallen said to the judge.

While the mayor's swearing in went smoothly, the new council members weren't jumping into things. The first time Batehik asked them to repeat, "I state your name," he got silence in response. The second time was the charm.

As the first task of her new administration, McLallen appointed Crawford as mayor pro tem, a post he has held for four years now.

"He had a very strong showing in this election. The citizens gave him back to us," she said.

Prior to the swearing-in, resigning council members Dick Clark and Rob Mizel were thanked for their service to the city and given plaques from both the Novi City Council and

the Oakland County Commission.

McLallen, noting that Mizel was "retiring before the age of 30," added that "we expect to see Rob back at some time in the future, but we'll give him time off for good behavior."

Clark was appointed to the council in November 1995, to serve in Tim Pope's place.

"Mr. Clark stepped up and helped us through that very difficult time and served us on council with grace," the mayor said.

Following the swearing-in ceremony, city department heads and some city staffers were introduced to the new council.

"Not any one of us accomplishes anything alone. It's all the people in the room and the talent they represent that makes the city work so well," McLallen explained.

Aruffo honored by state

By JAN JEFFRES
Staff Writer

In his 20 years in town, Ernest Aruffo has been a sort of a one-man, volunteer Novi public relations firm with an emphasis on keeping the environment attractive.

"He's Mr. Beautiful, he's a wonderful man," said Richard Dietrich, president of the Crossroads West Condominiums Association.

Now, Aruffo has won state recognition for his efforts. In

October, he took a Keep Michigan Beautiful Award for Distinguished Service. He also recently took home the Beautification Council of Southeastern Michigan's Individual Service Award for Outstanding Community Service.

Aruffo's role as former chair and current member of the Novi Beautification Commission, which nominated him for the awards, was cited in the Lansing presentation.

"We're extremely proud of him

Continued on 14

Residents attribute kills to dogs

By WENDY PIERMAN MITZEL
Staff Writer

James Zayti believes he got a bad deal after he brought home four puppies from a friend's farm.

The Novi resident said rumormongers about wild dogs attacking pigs, ducks and geese in and around his Eight Mile and Beck road home led to one of the dogs being unfairly put down and the rest being given away to the Humane Society.

"There's too many people who

"There's too many people who thought it was all my dogs. In my heart I know it wasn't."

James Zayti

thought it was all my dogs," Zayti said. "In my heart I know it wasn't."

As reported last month in *The Novi News* and *The Northville Record*, several farm animals, pet pigs and even a deer were killed by what were believed to be wild dogs. But with the presence of coyotes in the area, there was speculation they instead, were,

Continued on 17

Pow Wow brings tribes to Novi

By JAN JEFFRES
Staff Writer

In 1996, when the Native American Festival and Mini-Pow Wow came to the Novi Expo Center, 7,000 people docked to the event.

This year, the Expo Center urged festival planners to expand the Pow Wow from one day to two, Saturday and Sunday, Nov. 15-16, and rent more floor space.

The event draws together Native Americans from across the U.S. and Canada, including members of the Mohawk, Apache, Oneida,

Cherokee, Ojibwa, Navajo and Chippewa tribes, for a celebration of dance, drumming, song, arts and crafts, dress and storytelling.

"There are a lot of Native American Pow Wows, but geared towards Native Americans. This is geared towards educating non-Native Americans. It's very popular," said Alexis Bourkoulas, marketing director for *MetroPulse* magazine, one of the festival organizers.

"Last year, we were jam-packed."

Pow wows grounds are always

arranged in a series of circles, including the drum, drummers, singers, dancers and dance area. Bourkoulas explained. Children are particularly enthralled by the Pow Wow, because often they're studying the Native American heritage at school.

"I think there's a big misunderstanding of the culture. It's not like cowboys and Indians. There's so much more to it than what we've seen growing up," she said.

The festival was first held in the Southfield Civic Center five years ago and expanded to Novi last

year.

While Native Americans once lived on the shores of Walled Lake, little remains today but what can be found in the pages of local history. However, at the Pow Wow, John Van Sickle, a Native American historian, will construct three life-size traditional Indian lodgings typical of those used by Michigan tribes prior to the 20th century. Van Sickle, a Mississauga Ojibwa, has worked as a consultant for several TV and film projects, including *The Last*

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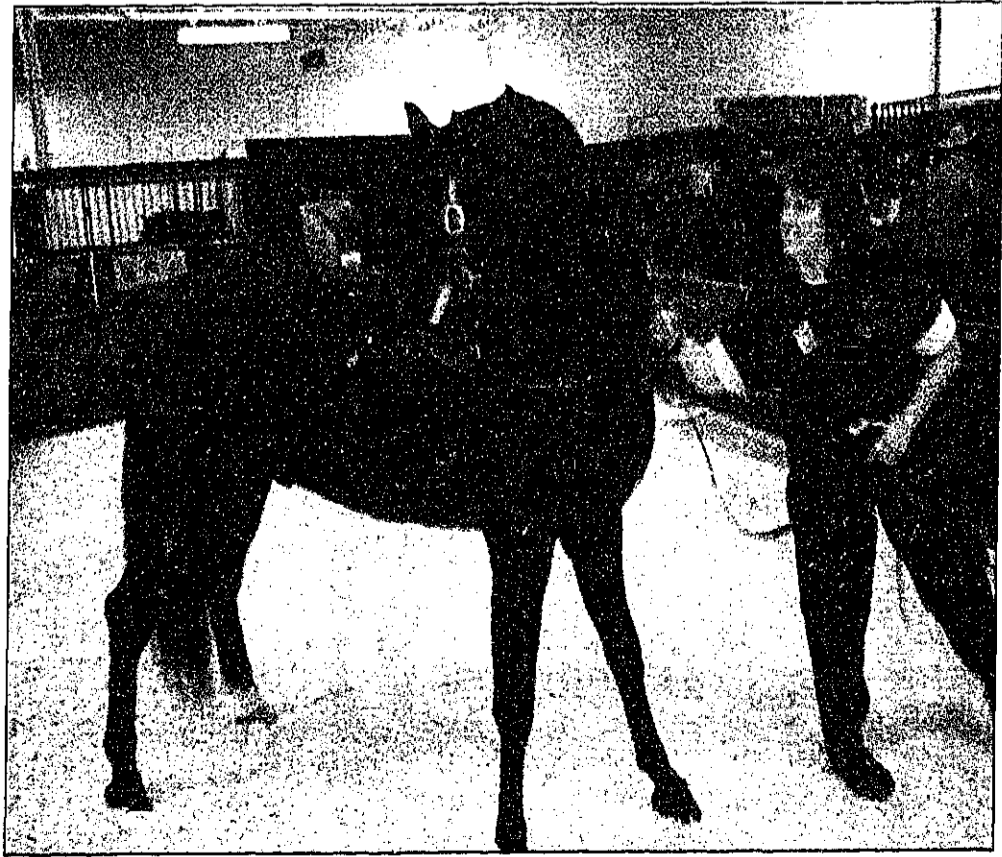
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Horse play

Judy Long of Highland holds the tether to her Morgan, "Baron" during Friday evening's North American Horse Spectacular at the Novi Expo Center. The week-end-long horse show featured performances by Native American Horsemanship authority GaWaNi Pony Boy, over 50 live horses, a spectacular trade show, juried art show, free carousel rides, children's activity area and book signings.

Photo by JOHN HEIDER



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Community Calendar

To have your organization's activities, regular meetings or special events listed in the Community Calendar, send information to Community Calendar, The Nov News, 104 W. Main Street, Northville, MI 48167.

Thursday, November 13

Parks meeting
The Nov Parks and Recreation Commission will meet at 7:30 p.m. in the Nov Civic Center.

Historical Commission
The Nov Historical Commission will meet at 7:30 p.m.

Friday, November 14

Activity Night
Activity Night will begin at Nov Middle School at 7:30 p.m.

Monday, November 17

Special schools meeting
The Nov Board of Education has called a special meeting for 6:30 p.m. in the Botsford Center for Health Improvement-Health Development, 39750 Grand River Ave. Cost is \$5 fee. For more information call 477-6100.

Cholesterol Screening

Total cholesterol screening by fingerstick method, will be offered 1-4 p.m. at the Botsford Center for Health Improvement-Health Development, 39750 Grand River Ave. Cost is \$5 fee. For more information call 477-6100.

American Business Women

The Nov Oaks Chapter of the American Business Women's Association meets at the Wyndham

Garden Hotel, 2100 Crescent Blvd. in Novi. Social hour starts at 6 p.m. Dinner is at 7 p.m. Meetings are open to all working women. For reservations, call Carol Emley at (313) 462-0588. For membership information, call Betty Johnson (248) 960-9559.

Arts Council

The Nov Arts Council Executive Board will meet at 6:30 p.m. in the Nov Civic Center.

TOPS

Take Off Pounds Sensibly for all ages meets at 7 p.m. at the Nov Meadows Clubhouse on Napier Road. For more information, call after 6 p.m. (248) 344-2167.

Motor City Toastmasters

The Motor City Speak Easy Toastmasters Club meets from 7-9 p.m. at the First United Methodist Church, 777 W. Eight Mile. For more information call Tom Lahiff at 348-6019 (evenings). Visitors are welcome.

Meadows PTO

Nov Meadows PTO will meet at 7 p.m. at the school.

Tuesday, November 18

Business Network International

The Nov Chapter of the Business Network International meets from 7:30-8:30 a.m. at Kerby's Honey Island at Eight Mile and Haggerty roads. The Northville Chapter meets from 7:30-8:30 a.m. at Richards Restaurant on Plymouth Road between Newburg and I-275. For more information, call the regional office at (313) 844-3432.

Garden Club

The Nov Garden Club will meet at 1 p.m. in the Nov Civic Center.

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Buyer, builder trade lawsuits in dispute over construction

By WENDY PIERMAN MITZEL

Being a buyer or builder is a difficult job, but the job of a buyer or builder is made even more difficult by the current economic conditions. The Nov resident Rose Button, who is a Nov resident, is currently in a dispute with the Nov resident, who is a Nov resident, over the construction of a house in Nov. The house is located on a street in Nov, and the dispute is over the construction of the house. The house is located on a street in Nov, and the dispute is over the construction of the house.

The house is located on a street in Nov, and the dispute is over the construction of the house. The house is located on a street in Nov, and the dispute is over the construction of the house. The house is located on a street in Nov, and the dispute is over the construction of the house.



Rose Button, with one of her horses, is suing a Nov builder for alleged poor workmanship on her new house, shown in background.

The house is located on a street in Nov, and the dispute is over the construction of the house. The house is located on a street in Nov, and the dispute is over the construction of the house. The house is located on a street in Nov, and the dispute is over the construction of the house.

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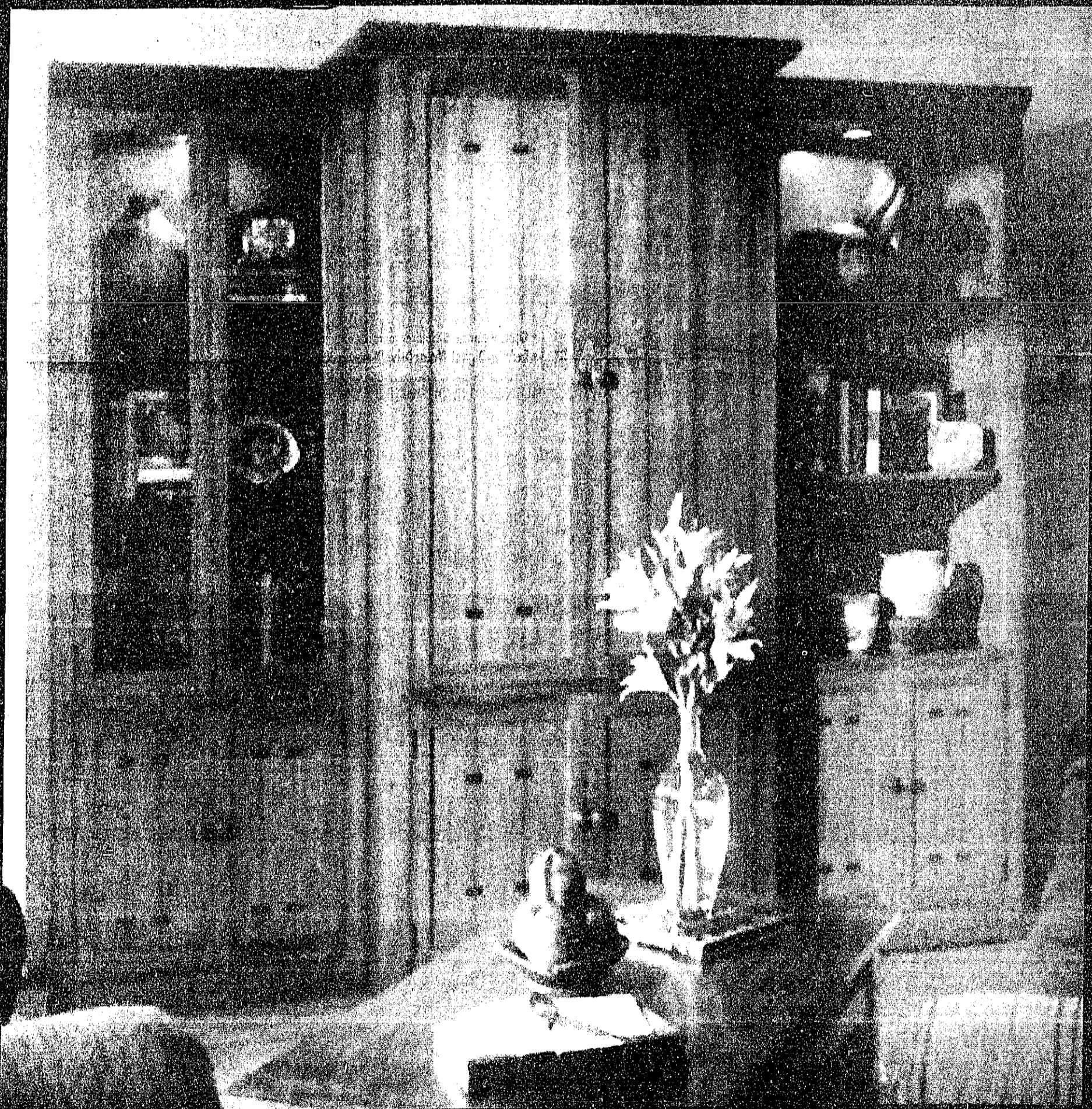
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Parents discuss safety needs

By WENDY PIERMAN MITZEL Staff Writer

PTO members and Novi Community Schools parents are reviving a plan to improve the district's athletic fields, playgrounds and parking lots, convinced their must be a way to get it done.

Novi school district voters turned down a \$5.5 million bond proposition in June this year that would have resulted in a 0.85 mill increase and costing the owner of a \$200,000 home an additional \$85 a year. The hike would have been in addition to the 5.7 mills property owners already pay to the district each year.

But residents addressed the Novi school board last month to let them know the issue isn't dead.

"One of the concerns I have is I continually hear people complain about the issues of the athletic fields, the bleachers, the playgrounds and problems with the parking lots," Beth Belter said Oct. 9.

"It's bad enough that even visitors at football games complain about the conditions of the stands and field," she contended.

Cheryl Miller, co-president of the Novi Band Boosters, echoed those concerns. The band visits many high schools during competitions, she said, and she's never been to a finer high school than Novi. But when hosting an outside event, the Boosters have "become very concerned about safety of our students as well as guests," she said. The bleachers are horrible, she said, and accidents are inevitable.

The women, along with other many other parents, met in October to discuss how to fix the many problems plaguing the dis-

trict's infrastructure.

According to Jim Foster, assistant superintendent for business, out of the general budget only \$80,000 is currently allocated for playground improvements, \$25,000 for parking improvements, and \$30,000 for athletic field improvements.

The district has taken care of immediate needs such as safety issues with the playground equipment. But a school needs committee last year determined that in order to build newer playground equipment, repair the fields, fix the bleachers, add more parking, upgrade lighting and improve traffic flow, the district needs more money.

Belter agrees.

"The parking lot is not going to get better no matter what," she said.

Pat Superlisky, co-chair of interschool council, met with residents Oct. 13 to see if there is interest in reviving the bond issue.

She said the district has lovely technology facilities and classrooms. "Unfortunately, these other areas have not been kept up and grown and changed with growing population of students," she said.

Miller said the Band Boosters could help promote the need for solutions.

"We can help facilitate communication on this issue," she said.

Michelle Sankovic, president of the Orchard Hills PTO said the group met again Nov. 3 with Superintendent Dr. Emmett Lippe. They decided to gather additional information through January and meet again in the new year to talk strategy.



Photos by THOMAS H. BEEBEY

Bow tied

Novi Chorale organizers Florence Jones shows men in the chorus how to make bows for wreaths sold by the group as a fundraiser this season. For more information or to order a wreath contact the Novi Parks and Recreation Department at 347-0400. The Novi Chorale will present "A Christmas

Celebration for our Community" on Friday, Dec. 5 at the Farmington United Methodist Church, Saturday, Dec. 6 at the Faith Community Church in Novi and Sunday, Dec. 7 at the Church of the Holy Family in Novi. Proceeds will benefit the Novi Youth Assistance and Novi Homebound Seniors.



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City to sell bonds to finance sewers

By JAN JEFFRIES Staff Writer

Novi plans to sell \$10 million in revenue bonds to help finance \$45 million in water and sewer lines to two new schools and developments planned for the Tait Road Corridor.

The bonds are expected to be paid back by the city by user rates and other means less charged to the project's funding into the new water and sewer lines.

Currently, the sewer and water fund already has \$15 million in cash reserves. Of that, \$5 million would be used with the \$10 million raised by bonds to extend the system to Wilson and Everett Middle Schools, 36400 and 36400 Tait Road, and also to the Tait Road Corridor, planned for north of Twelve Mile Road.

Bond buyers will include the new Novi Middle School and a new Walled Lake school district elementary school on Thirteen Mile Road. The Walled Lake school was already under construction when that school district notified earlier this year that the building was without sewer and water access.

Monday, the Novi City Council approved issuing a notice of intent to sell the bonds in 30 or 40 days. The council would then have to authorize the sale, which could happen in January or February.

But Council Members Laura Lorenz and Bob Schmidt questioned the need to sell a bill \$15 million in bonds.

"You certainly have the right to pay everything in cash, but in doing so, would better represent your cash quickly or you'll impact your bond rating," Dennis Neiman, the city's consulting attorney for bond sales, told the council.

If the city, rather than issuing the bonds, just cleared out the hefty fund balance, Neiman said it could tarnish Novi's sterling bond rating.

"One of the reasons Novi has a good bond rating is a good fund balance in the general fund and enterprise funds," he added.

The last time the city sold water and sewer revenue bonds was the \$6 million issued in 1992.

The new bonds are not anticipated to lead to any increases in water and sewer rates for current users, Neiman explained, adding that typically those rates rise if the City of Detroit Water and Sewerage Department increases its charges to Novi.

Currently, city engineers are evaluating Novi's connection fees and the volume of anticipated new connections, to see if they will cover both the principal and interest for the new bonds.

The water and sewer projects are planned to be built within the next 18 months.

Earlier this year, the city approved a bid from D'Agostini and Sons to put in the public water and sewer along Meadowbrook Road, which will serve the Walled Lake elementary school.

The services were expected to go into the area anyway, Director of Public Services Anthony Nowicki explained, but with the need of the school it simply sped up the process.

Weekly Tribune/Milwaukee contributor to this report.

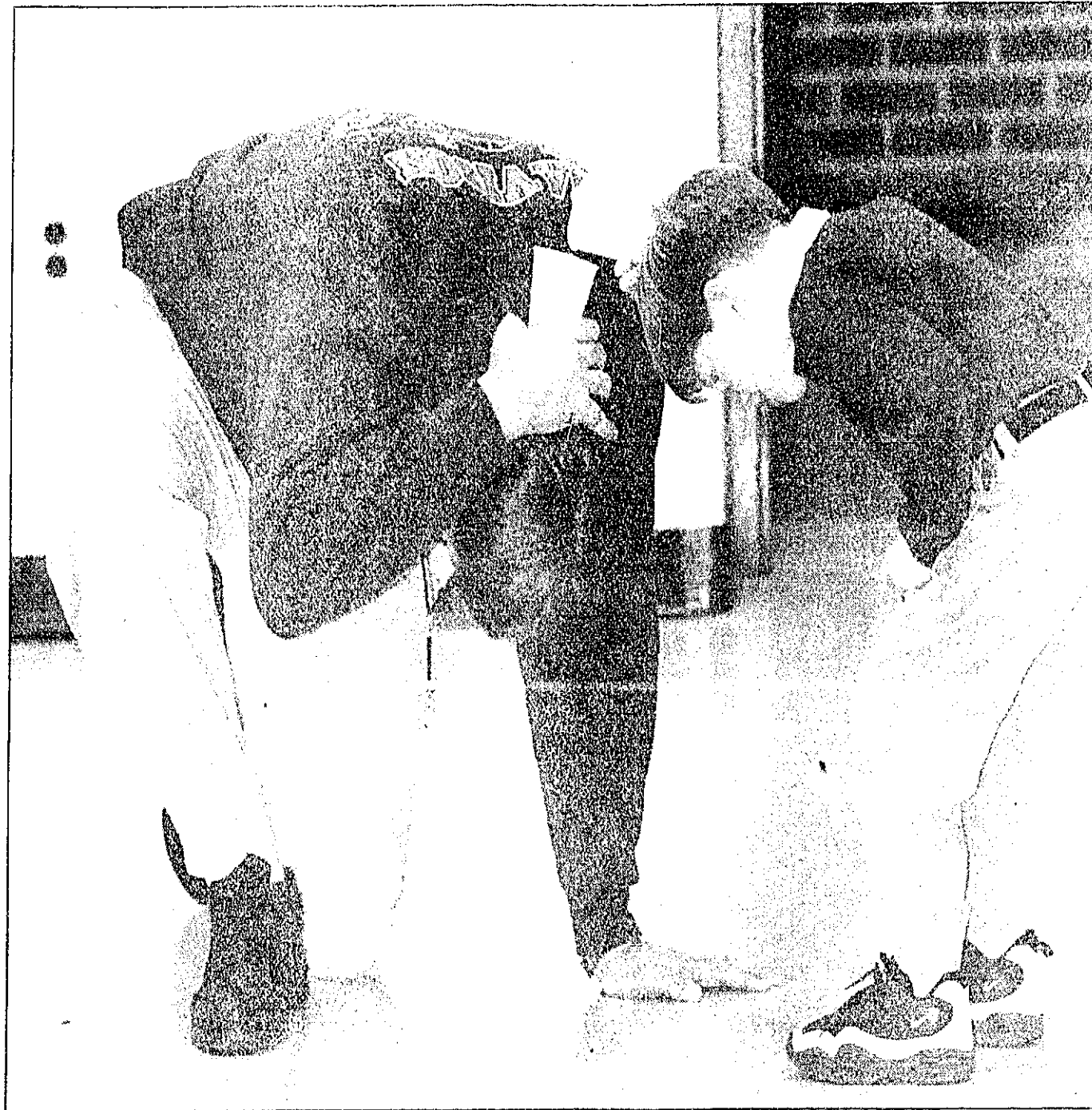


Photo by JOHN HEIGER

Play time

Joe Schitzinger, co-owner of "Leisure Unlimited" in West Bloomfield, has some fun with 5-year-old Nathan Love during a Novi Community Education recreation time for youngsters at

Novi Middle School last week. The object of the game they're playing is to transfer a cupful of "peanuts" from one partner's head to the other's.

Teen eating disorders addressed at seminar

In recent years professionals working with children and adolescents have become more aware and concerned about the problems of eating disorders. Educators, coaches and parents cannot treat such disorders, but they do need to be knowledgeable about the role they can play in prevention, detection and support for young people who may experience such illnesses.

The incidence of anorexia nervosa, bulimia and binge eating is on the rise. Within the population segment where the disorder commonly occurs, female, middle class females, 50 percent report being engaging in disordered eating behavior. Out of those another 50 percent actually develop a diagnosable eating disorder.

Forty-three percent of the victims report onset between ages of 16 to 20. Only 50 percent of those report ever being cured. The rest continue to suffer or die.

A two hour workshop on this subject will be offered Nov. 20 at 12:30 p.m. in the forum at Northville High School, led by Dr. Mary Clark.

Dr. Clark is a former secondary school and college counselor who specializes in the clinical treatment of eating disorders. She has published several books and articles and has spoken at national and international conferences.

To attend, call the high school counseling office at 341-6122.

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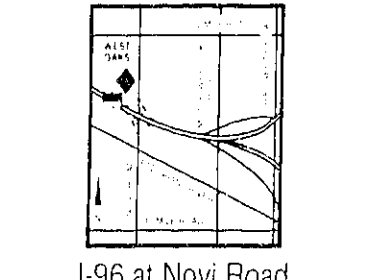
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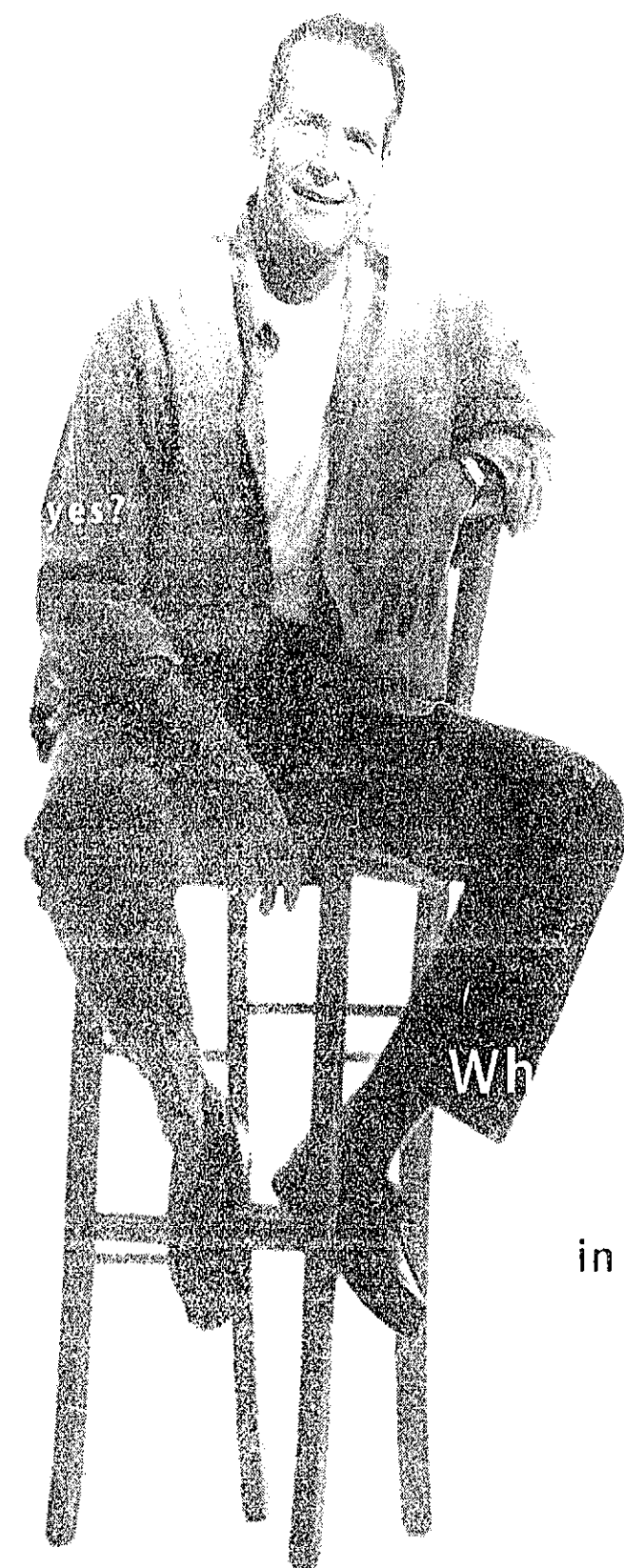
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Public Access

The following is the Time Warner Channel 12 community access program schedule for Novi for the coming week.

MONDAY, NOV. 17

10:00 a.m. — INFO TV-12 News
 10:30 a.m. — The Cutting Room Floor
 11:00 a.m. — Christian Singles Today
 11:30 a.m. — Cosby and Company: Missionary Humphrey Paul Jackson
 12:00 p.m. — Iditarod
 12:30 p.m. — (con't)
 1:00 p.m. — Adventures with Pirate Pete
 1:30 p.m. — Fall Harvest
 2:00 p.m. — Financial Strategies: R. Sue Dodea
 2:30 p.m. — 1997 Motorsports Hall of Fame Induction
 3:00 p.m. — (con't)
 3:30 p.m. — (con't)
 4:00 p.m. — (con't)
 4:30 p.m. — Mountain Ski Series: Colorado Ski Country
 5:00 p.m. — Who, What, Where, Y
 5:30 p.m. — Lawyers Roundtable
 6:00 p.m. — School of Ministry of Mission
 6:30 p.m. — Bagels and Talk with Tracy
 7:00 p.m. — Critter Connection
 7:30 p.m. — INFO TV-12 News
 8:00 p.m. — Farmington Families in Action
 8:30 p.m. — (con't)
 9:00 p.m. — Lansing Connection
 9:30 p.m. — Groove Session

TUESDAY, NOV. 18

10:00 a.m. — Legislative Forum
 10:30 a.m. — Specs Profile
 11:00 a.m. — Law Talk: Joseph Antonini
 11:30 a.m. — (con't)
 12:00 p.m. — Summit University
 12:30 p.m. — (con't)
 1:00 p.m. — Drawing Men to Christ
 1:30 p.m. — (con't)
 2:00 p.m. — Lansing Connection
 2:30 p.m. — Schoolcraft College Men's Soccer
 3:00 p.m. — (con't)
 3:30 p.m. — (con't)
 4:00 p.m. — (con't)
 4:30 p.m. — Travelin' On: Northern California
 5:00 p.m. — INFO TV-12 News Magazine
 5:30 p.m. — People Who Make Things Happen
 6:00 p.m. — Tim Pope Memorial Play Structure
 6:30 p.m. — (con't)
 7:00 p.m. — Fitness Motivators
 7:30 p.m. — Financial Strategies: R. Sue Dodea
 8:00 p.m. — Dr. Success Presents: Prison Speaking Tour of America
 8:30 p.m. — (con't)
 9:00 p.m. — Let's Talk with Ben Marks
 9:30 p.m. — (con't)

WEDNESDAY, NOV. 19

10:00 a.m. — Life Matters
 10:30 a.m. — Excellence en Route
 11:00 a.m. — Patterson and Company
 11:30 a.m. — The Capitol Report
 12:00 p.m. — School of Ministry and Mission
 12:30 p.m. — The Way, The Truth, and The Life
 1:00 p.m. — Study in Scripture
 1:30 p.m. — AMVETS
 2:00 p.m. — Restoration Now
 2:30 p.m. — Christian Singles Today
 3:00 p.m. — What's Cooking
 3:30 p.m. — Groove Session
 4:00 p.m. — Critter Connection
 4:30 p.m. — INFO TV-12 News Magazine
 5:00 p.m. — The Show Me Show with Tatiana: Art Teacher
 5:30 p.m. — Home for Life: Drywall Techniques
 6:00 p.m. — A Short History of Novi's Farms
 6:30 p.m. — A Culinary Adventure: Vickies Steakhouse
 7:00 p.m. — Adventures with Pirate Pete
 7:30 p.m. — Cosby and Company: Missionary Humphrey Paul Jackson
 8:00 p.m. — Novi Street Beat: Paul Stulgross
 8:30 p.m. — Who, What, Where, Y
 9:00 p.m. — Thundering Hope
 9:30 p.m. — Rock Soup

THURSDAY, NOV. 20

10:00 a.m. — Fitness Motivators
 10:30 a.m. — The Happiest People Alive
 11:00 a.m. — Abundant Life Arabic Ministries
 11:30 a.m. — People Who Make

Exchange students need homes

High school exchange students from over 50 different countries are arriving to spend spring semester in your community and your family can participate. AYUSA International, a leading non-profit, high school exchange program, invites your family to host an AYUSA student. AYUSA provides quality cross-cultural experiences and local support for students, host families and their communities. Part-time employment and hosting opportunities are available now in your area. Individuals interested in working with the world's youth are invited to call AYUSA Regional Manager John Meyer at 1-800-765-4963.

Things Happen
 12:00 p.m. — Bagels and Talk with Tracy
 12:30 p.m. — Madonna Magazine
 1:00 p.m. — Praise, Praise, Praise
 1:30 p.m. — That's Italian
 2:00 p.m. — Rock Soup
 2:30 p.m. — Who, What, Where, Y
 3:00 p.m. — The Secret Place
 3:30 p.m. — Adventures with Pirate Pete
 4:00 p.m. — Law Talk: Joseph Antonini
 4:30 p.m. — (con't)
 5:00 p.m. — Shaarey Zedek Productions
 5:30 p.m. — (con't)

6:00 p.m. — Who Do You Look Like?
 6:30 p.m. — Creature Feature: Science Alive
 7:00 p.m. — (con't)
 7:30 p.m. — Farmington Hills Police Journal
 8:00 p.m. — People Who Make Things Happen
 8:30 p.m. — Christian Singles Today
 9:00 p.m. — Law Talk: Joseph Antonini
 9:30 p.m. — (con't)

FRIDAY, NOV. 21

10:00 a.m. — 3:30 p.m. — To Be

Announced
 4:00 — Fitness Motivators
 4:30 p.m. — The Show Me Show with Tatiana
 5:00 p.m. — Adventures with Pirate Pete
 5:30 p.m. — Cosby and Company
 6:00 p.m. — Critter Connection
 6:30 p.m. — Groove Session
 7:00 p.m. — Financial Strategies
 7:30 p.m. — People Who Make Things Happen
 8:00 p.m. — Bagels and Talk with Tracy
 8:30 p.m. — INFO TV-12 News
 9:00 p.m. — Law Talk
 9:30 p.m. — (con't)

Library Briefs

Children's Book Week

Children's Book Week is Nov. 16 through 22. During that week there will be opportunities for children of all ages to identify their favorite children's books. Watch for more information.

Library Hours

Novi Public Library is open Monday through Thursday, 10 a.m. to 9 p.m.; Friday and Saturday, 10 a.m. to 5 p.m.; and Sundays, from 1-5 p.m. The library is located at 45245 W. Ten Mile Rd., just east of the intersection of Ten Mile and Taft roads. The telephone number is (248) 349-0720.

Closed for the holiday

The Novi Public Library will close on Thursday, Nov. 27, for the Thanksgiving holiday. The library will reopen for normal hours of operation on Friday, Nov. 28.

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HIGHLIGHTS:
Area churches plan
Thanksgiving service - 4B

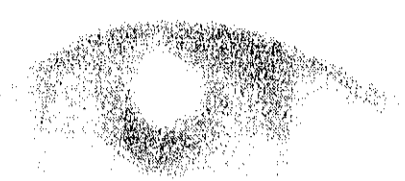
NEWCOMERS:
Annual silent and live
auction planned - 5B

WOMAN'S CLUB:
Former teacher
addresses group - 3B

DIVERSIONS:
Novi Theatre's youngest
actors take the stage - 6B



Seeing to the future



Religious attitudes about donation

Most major religions support donation, and it is generally held that donation for the benefit of others is a demonstration of faith and love for one's fellow man. Any one with questions about their faith's position on donation should consult with their clergy or spiritual adviser.

Amish - The Amish consent to donation if they know it is for the health and welfare of the transplant recipient. They may be reluctant to consent if the transplant outcome is known to be questionable.

Buddhism - Buddhists believe that organ donation is a matter that should be left to an individual's conscience. There is no written resolution on the issue.

Catholicism - Roman Catholics view donation as an act of charity, fraternal love and self sacrifice. Transplants are ethically and morally acceptable to the Vatican.

The Church of Christ Scientists - Christian Scientists do not take a specific position on transplants or donation. Christian Scientists normally rely on spiritual rather than medical means of healing. The question of donation is left to the individual church member.

Greek Orthodox - The Greek Orthodox Church of North and South America are not opposed to organ donation provided the organs in question are used for the purpose intended and not for research or experimentation.

Gypsies - Gypsies are, on the whole, against donation. Although they have no formal resolution, their opposition is associated with their belief about the after-life. Gypsies believe that for one year after a person dies, the soul retraces its steps. All of the body parts must be intact because the soul maintains a physical shape.

Hinduism - Hindus are not prohibited by religious law from donating, according to the Hindu Temple Society of North America. The act is an individual decision.

Islam - Moslems must consent in writing to organ donation before their death. The organs of Moslem donors must be transplanted immediately and not stored in organ banks.

Jehovah's Witnesses - According to the Watch Tower Society, the legal corporation for the religion, Jehovah's Witnesses do not encourage organ donation but believe it is a matter best left to an individual's conscience. All organs and tissues, however, must be completely drained of blood before transplantation.

Judaism - Judaism teaches that saving a life takes precedence over maintaining the sanctity of the human body. A direct transplant is preferred. All segments of the Jewish religion including Orthodox Jews support donation, although there may be some reluctance among Hasidic Jews.

Mormons - In a policy statement dated 1974, the Church of Jesus Christ of the Latter Day Saints stated that the question of whether one should make an organ donation "must come from deep within the conscience of the individual involved."

Protestantism - Protestants generally encourage and endorse organ donation. The Protestant faith respects an individual's conscience and a person's right to make decisions regarding his or her own body.

This information is based on materials prepared by the Amer-

Whether
it's the gift
of a cornea,
kidney
or liver,
an organ
donation
can improve,
and maybe
even save,
a life

By CAROL DIPPLO
Feature Editor

One Northville mother wouldn't have shared the last several birthdays with her daughter, Stefanie, now 13, had it not been for a donor's family.

Donna Wolfe knows firsthand about the importance of educating the public on the need for organ donations.

By the time she checked into the University of Michigan Hospital three and a half years ago, she was the 99th person on the waiting list for a liver transplant.

"I had a young daughter and wanted to be around for her," she said.

Wolfe had severe colitis at age 19 and continued to suffer with the disorder until she was 28. Her colon was removed at that time. By then, her liver had already started to degenerate.

"My liver was slowly deteriorating over a 10 year time," she said. "Nobody was able to pinpoint what was going on."

Sclerosing colingitis was finally diagnosed when she was in her late 30s.

"By the time I was 39, I was in pretty dire straits," Wolfe said. "I became severely jaundiced and was in kidney failure."

Once admitted to U-M Hospital, finding a liver for Wolfe became a top priority. In seven days she was wheeled into surgery.

"It happened to be that the match was there," said Wolfe, who took a year and a half off from her job as a physical therapist with the Wayne-Westland Community Schools to recuperate.

"This past three and a half years I have been healthier than I have been in 20 years," she said. "I feel like I have no health problem. I feel totally

normal. It is miraculous."

Due to confidentiality rules, Wolfe was told only that the donor was a 26 year old man.

"I would love to have the opportunity to personally thank them," Wolfe said of her donor family. "What they did for me was an incredible act of generosity."

It was hard for Wolfe, as it is for many transplant recipients, to work through the knowledge that she is alive because of someone else's death.

"What a sacrifice of thinking beyond the immediate loss and considering being a donor," she said.

Today, Wolfe takes one pill in the morning and another in the evening, visits the doctor once a year and has her blood drawn every three months.

"There is nothing that reminds me on a daily basis that I had a transplant," she said.

continued on 5

Waiting on a friend

Current waiting list in Michigan for a transplant, as of 11/1/97:

Kidney	1,591
Heart	70
Heart/Lung	1
Lung	119
Liver	255
Pancreas	94
Cornea	260

Patients who have received an organ transplant year-to-date - 358

Patients who have died waiting for a transplant year-to-date - 125

Statistics supplied from the Transplantation Society of Michigan 1-800-482-4881.

Steps in the organ harvesting process:

- Patient is admitted to the hospital and all attempts are made to treat severe head injuries.
- Patient pronounced brain dead after evaluation, testing and documentation by a physician.
- Referral is made to the organ recovery agency to evaluate the suitability of patient for donation. The family is offered the option of organ and tissue donation.
- Written consent is obtained from the donor's family.
- To proceed, all donations must first be cleared with the medical examiner or coroner.
- Donor is maintained on ventilator and stabilized with fluid and drugs. Many tests are completed to determine if each organ is healthy and suitable for transplant.
- Recipients are identified for placement of the organs according to the established protocol of the United Network for Organ Sharing (UNOS).
- Surgical teams are mobilized and coordinated to arrive at the donor hospital for the organ recovery surgery.
- Donor is brought to the operating room on the ventilator after the surgical teams have arrived.
- Organ recovery surgery is performed. Organs are cooled and preserved with special solutions. Teams immediately return to their transplant centers to perform the transplant surgery.
- Tissue donation takes place after the organ donation is complete.
- Autopsy is performed, if requested, after the donation process is completed.
- Donor is released to the funeral home.
- Transplantation Society of Michigan (TSM) provides the donor family with information about the recipients of their gift. Confidentiality is maintained.

Tissue donation harvesting process:

Including corneas, bone, skin, heart valves and saphenous veins.

- Age: Newborn to 75 years of age (older donors may be suitable)
- Death has occurred
- Ventilator support is not required
- Consent of legal next-of-kin is obtained
- The hospital calls TSM with donor information.
- Upon completion of the screening, the tissue recovery arrangements are made.

National Donor Sabbath Weekend

National Donor Sabbath Weekend was established last year by transplantation agencies, including the Midwest Eye-Banks and Transplantation Center, and the Transplantation Society of Michigan, as a second means of educating the community about organ and tissue donation.

On Nov. 14 through 16 participating religious leaders in the area will offer guidance and information on the need for organ and tissue donors. The agencies have had a week set aside in April as National Donor Awareness Week for the last seven or eight years.

Originally, when The Michigan Eye Bank was organized in the 1950s, some Lions Clubs acted as substations and were actively involved in transporting cornea tissue, according to Bill

Barr, who is on the board of directors of The Michigan Eye Bank and is also chairman of Novi Lions Club.

"Now the transporting of [corneas] in the metro area is done through private means - it's quicker, more reliable, etc." Barr said. "Now our responsibility as a substation is to educate people within our community of the necessity of cornea and organ donations."

The Lions Clubs in Northville are not substations.

"The Michigan Eye Bank is cooperating with all the other transplantation organizations and sponsoring the Donor Sabbath Weekend," said Barr who presented a packet of informational material to clergy attending a ministerial meeting in October.

Health

the NOVI
NEWS
12B
THURSDAY
November 13,
1997

Interactive bikes keep interest in health

By JASON SCHMITT
Sports Editor

Everytime there's a fitness craze in this day and age, some new type of technology comes along and gently tugs at the arms of the so-called newfound fitness gurus.

It happens to everyone. The minute health becomes a top priority, some lethargic means of communication captures our attention and diverts our energy.

This has forced the fitness folks to do a little bit of couch potato thinking themselves. And the result of all this thinking has led to a revolutionary new type of exercise entertainment called "Exertainment."

At the Water Wheel Health Club in downtown Northville, company president Chris Klebba ordered a pair of interactive bicycles to keep up with the changing industry.

"We know the facts about being in good shape, but it isn't nearly enough to get people into the gym," Klebba said. "The bikes get people involved in a different way than by just having them ride a bike."

Users have their choice of three different types of interactive exercises. They may compete against other bikers on eight different courses, testing their skills on different types of terrain. Another game the bike features is Speed Racer, where the rider competes in a road race which allows the rider to determine how fast the car travels.

If the first two options are too much fun and games for the more serious person, the bike also has the option of allowing the rider to



Sheree Motherwell of Novi watches a replay of the Wings' game on the interactive bicycle.

Photo by HAL GOULD

watch his or her favorite television show.

It also has the capability of allowing the user to watch TV and play the game simultaneously.

"We get a lot of people in here who like to come down and watch a particular program at a particular time," Klebba noted. "The machine has the flexibility and it really is for everybody."

With adjustable seats and han-

dles, the bikes are designed to fit just about anybody. Television controls and game controllers are just an arm's-length away.

Klebba said the new type of exercise equipment is starting to change people's ideas of fitness clubs in general.

"A lot of people who just haven't been down here or in a gym in years think of the club as a dark dungeon without any windows.

But fitness is trying to change people's perception of exercise," he said.

Klebba said many of today's health clubs are using interactive equipment so their members don't become bored with the same old routine.

"We don't want people to get bored while exercising. That's why we'll always be adding that type of equipment to our gym," he said.

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Health Column

Get better quicker by thinking ahead

For years we believed that when we developed a medical problem we would call a doctor, get the treatment and go on with our lives. If we needed to spend a few days in the hospital, so be it, as long as we got better, we were happy.

Most patients weren't concerned with the overall costs of medical treatment. However, with the price of health care escalating upward, more patients and most insurance companies recognize that preventive medicine is the best approach to health care and is also the most cost effective.

Many times one office visit can correct a problem in its early stage.

Prevention of foot problems begins at home. Not every person needs to be treated professionally by a foot specialist. Even patients with diabetes, rheumatoid arthritis, scleroderma, Raynaud's disease or another medical condition causing manifestations to the foot do not necessarily need professional foot care all of the time.

Daily inspections of your feet are the cardinal rule. It is during these inspections that you can find problems in their early stages and seek professional treatment before they become more serious.

In 1994, I saw a diabetic patient who said his foot had started to swell. Six weeks prior to

that he had received treatment for a painful callus at another facility, but did not go to his follow-up appointment. He did not regularly inspect his feet, and by the time he came to my office, he had a serious infection deep in the bottom of his foot that required hospitalization.

He subsequently underwent four surgeries and was in the hospital twice. His hospital bill was more than \$150,000. If he had caught the infected callus earlier, his total bill would have been about \$100. All he had to do was inspect his feet.

To start a thorough examination of your feet you must sit in a comfortable position. The first thing we look at is the top of your feet. Make sure they look similar. Check for differences in color, shape and size. Be sure to note if one foot looks more swollen than the other. Look for visual clues of infection such as breaks in the skin, increased redness or drainage of any kind.

Next, gently spread each toe and examine the web space. Check for any discoloration, drainage or breaks in the skin. The corresponding toes on each foot should be the same color and size. The borders of the toenails should not cut in to the skin. If there are any ingrown toenails, drainage should not be present.

After concluding the visual portion of the

examination, the next phase involves touch. Each foot should be the same temperature. If one foot is warmer than the other it needs to be evaluated.

There should be no numbness to the toes. Using your fingertip, put a little pressure to the end of each toe. Hold for about three seconds and release. Count the seconds it takes before the color returns to normal. If you counted more than six or seven seconds, your circulation might be diminished.

Lastly, use a mirror and examine the bottom of both feet. Again, note any discoloration, cracks, breaks or drainage. Touch each callus to make sure it is not very painful or not soft and mushy.

Check for any localized swelling. Gently straighten each toe and check under each one for cracks where the toe and feet meet.

If you notice any problems while doing your daily inspections, it could be the beginning of a larger problem. This would be a good time to call a foot specialist for further examination and testing.

This column was prepared by Providence Physician Milton J. Stern DPM, a board certified foot specialist. He is the medical director of The Foot and Heel Pain Institute located in the Providence Medical Building in Southfield.

Health Notes

"Surviving the Holidays"

Great ideas/recipes for holiday dining and entertaining. Avoid the holiday "pitfalls" that result in weight gain. Cooking demonstration and taste testing included. There is a \$10 fee. Mission Health Medical Center-Livonia, Tuesday, Nov. 18, from 7-8:30 p.m.

Health Education Library

Books, pamphlets, videos and more on a wide variety of disease and wellness topics. Providence Medical Center-Providence Park in Novi: Monday-Thursday from 9 a.m.-5 p.m., and Friday, 9 a.m.-4:30 p.m. Call (248) 380-4110 for more information.

Speakers Bureau

Interested in a speaker to present a health care topic to your club or community organization? We would be happy to arrange one for you through Providence Hospital and Medical Center's professional speakers bureau. Just call us at (248) 424-3279.

Arts and Crafts Show

Providence Hospital and Medical Centers' Fall Arts and Craft Show is being held on Friday, Nov. 11, from 8 a.m. to 5 p.m. in the hospital's Fisher Center auditorium, 16001 W. Nine Mile Road, Southfield.

Several craft items, donated by Providence crafters, will be raffled off throughout the day with all proceeds going to the hospital's associate assistance program. Hot dogs, baked potatoes, fruit salad, tuna sandwiches, popcorn and refreshments will also be on sale from 11 a.m. to 2 p.m.

Learning About Cancer

An educational program designed for cancer patients and their support persons. Learn more about cancer treatment, nutrition, managing treatment side effects, reducing stress and more. Southfield, Tuesday, Nov. 18, from 9 a.m.-2:30 p.m. For more information call (248) 424-5543.

Diabetes and Eye Disease

This session will provide a slide presentation highlighting the importance of annual dilated eye exams for adults with diabetes. Refreshments will be served. The program will be held at Providence Medical Center-Providence Park in Novi on Thursday, Nov. 6, from 6:30-8 p.m. Dr. Frederick Heyner will make the presentation.

Cancer Support Group

Providence Medical Center-Providence Park in Novi every Tuesday from 6:30-8 p.m. Call (248) 424-5543 for more information.

Post Partum Depression

Sessions are held on the third Monday of each month at 7 p.m. in Southfield. For more information, call (248) 424-3209.

Fashion Extravaganza

Providence Hospital's Neuro-Muscular Institute (NMI) Boosters will hold their 12th annual "Fashion Extravaganza" at the Detroit Golf Club on Thursday, Oct. 30. The event will include cocktails, lunch and a fashion show by Serv'Elegance. Tickets are \$30. Proceeds will

benefit the NMI Boosters' scholarship fund, special needs fund and equipment needs. For more information call Jill Hollowell at (248) 424-5346.

Immunization Clinic

Providence Medical Center-Farmington Hills is sponsoring a series of community immunization clinics. The clinics will offer DPT, DT, Hib, Hepatitis B (for those 19 years and under), and MMR vaccinations.

The varicella vaccine will not be available at these clinics. There will be a \$5 facility fee charged per child, but all immunizations will be free of charge.

All clinics will run from 4 to 8 p.m. on a walk-in basis.

For more information call (248) 865-4000. Clinic dates are on Tuesdays, Oct. 21, Nov. 18, and Dec. 16.

Body Fat Analysis

Have your body fat analysis done by a registered dietitian. Full printed report with recommendations for exercise and diet to promote health. Please Call (248) 424-3903 for appointment and fee. The program will be held at Providence Medical Center-Farmington Hills/NW, Mission Health Medical Center-Livonia, Providence Medical Center-Providence Park in Novi, and Providence Hospital in Southfield.

Manage Your Blood Pressure

Free blood pressure checks, open to the public, are being held in the emergency room of Providence Medical Center-Providence Park in Novi, Monday-Friday, from 9-11 a.m. No appointment necessary.

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