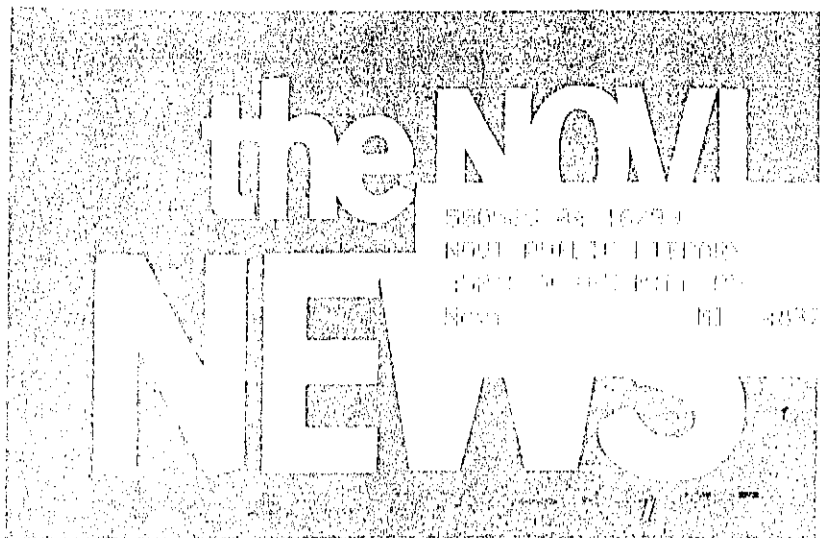


50¢ THURSDAY AUGUST 20, 1998 Periodical USPS 398-920 Volume 41 Number 44 Four Sections 58 Pages plus Supplements



Opinion WHAT WILL IT TAKE TO STOP KILLER DOGS / 16A
ing WHAT KIDS REALLY DO IN THEIR BACKPACKS / 1B
Sports PRACTICE BEGINS FOR WILDCAT TEAMS / 9B



Photo by JOHN HEIDER

Back to school

Believe it or not, it's time for students to head back to classes. In fact, team practices for fall sports began this week. Above, a Novi High School assistant varsity football coach demonstrates how to properly cradle a ball during a run. Our

back to school coverage begins with information students and parents need to know about the start of classes on page 4A. Coverage of the start of fall season practice appears in the Sports section on page B9.

Japanese pastries a specialty at unique bakery

By JAN JEFFRES Staff Writer Tako Yaki, a bun-like treat billed as vegetable-stuffed at the Pastry House Hippo, looks tempting. But if a customer who's not Japanese grabs for one, owner Linda Okamoto will issue a warning. 'We have to tell them there's octopus inside and they say, 'forget about it,' she said. But no problem, plenty of other goodies will tempt even the pickiest - and most conservative - palate. Sixteen months ago, Okamoto and her Japanese-born husband Yusuke opened their own franchise of a Chicago-based Japanese bakery in a Grand River Avenue strip mall in Novi. He's a former sushi chef, Okamoto, a Canadian of Japanese descent, was a housewife with a reputation for her baking skills. About 80 percent of the customers are Japanese. According to the Japan Society.



Photo by JOHN HEIDER

Pastry House Hippo owners Linda and Yusuke Okamoto show off some of their delectables. Included in this tray are a pastry panda, An Pan Man, melon, Doraemon (a Japanese cartoon character), and Tsubuan.

Continued on 18

Novi Ice Arena to open Monday

By JAN JEFFRES Staff Writer Skaters are expected to hit the ice at the new Novi Ice Arena next week. Monday, Aug. 24, is the now official opening date. 'It looks pretty good,' Novi City

Manager Ed Kriewall said. Earlier, a July 6 opening date was set, but a building inspection found that the front wall of the ice arena was shifting under the pressure of fill dirt placed around the recessed building. Over the past few weeks, work

to replace the dirt with sand and brace the wall has been underway and was close to completion by Tuesday. Novi Public Information Director Lou Martin watched some of the construction. 'It's amazing. They sunk rods into the wall, almost all the way to the parking lot. Then they poured cement in,' he said. 'A typhoon could hit it. It wouldn't go anywhere.' Novi Parks and Recreation Director Dan Davis said the final

Continued on 18

Animal control can't find owner of killer dogs

By WENSLEY WHITE Staff Writer

Residents in the area of Beck and Eight Mile roads want to know when the killing will stop. Within the past year-and-a-half wild dogs have been blamed for the deaths of two pigs, four piglets, sheep, pregnant ewes, deer, a goat, geese and ducks. Despite the growing number of animal deaths, residents in this normally quiet and peaceful area of Novi and Northville Township are frustrated that the dogs, described as a beagle and a shepherd/husky type mix, haven't been stopped. Oakland County Animal Control officials claim they can't identify the owner of the dogs, and Northville Township police officials say the case is still under investigation. At the center of the controversy is James Zaytl, a Novi resident, who claims he's being unfairly suspected. And all the while, the mysterious animal killings continue. 'The possible owners of the dogs do live in our jurisdiction. We talked to the owners that were accused in this case. They denied it,' said Deputy Jerry McNair, of the Oakland County Animal Control Department. 'This isn't the first killing in this particular area. These people are being accused every time a killing has taken place.' McNair said that although eyewitnesses claim to have seen the dogs running away from killed

When will the killing stop? An unofficial death toll for animals killed by wild dogs in western Novi and Northville has reached 20. Oakland County Animal Control claims it is helpless to address the situation. We have a few choice words about the issue in an editorial on page 16A.

livestock, they didn't actually see the killing take place. 'The thing that puzzles me, the amount of killing in this area, why hasn't anyone seen them,' McNair said. 'Somehow word has gotten out that (Zaytl) owns those type of animals, so anytime something happens they get the finger pointed at them.'

McNair has received reports that the shepherd seen running with a beagle is different from a husky type dog seen at Zaytl's house. He said the dogs are wild and he is patrolling the area daily in an effort to find them. 'I'm grasping at straws trying to come up with clues, trying to come up with answers,' McNair said. 'If it is these dogs, maybe I'll see them. I don't know if we have the right people or not.'

However the victim of the latest incident said the dogs are owned Continued on 18

Rubbed wrong way

Salone Nadwa loses fight to avoid ordinance, applies for license

By JAN JEFFRES Staff Writer

Over three years ago, the owners of the Salone Nadwa were not granted the relief they sought from Novi's massage ordinance, which requires a local license for a business offering the soothing service. Customers were still able to get their rub downs at the well-known Novi Town Center day spa, but the business was unlicensed. Then, an undercover cop came in, got a massage and wrote a ticket. 'Somebody told us they were operating without a license. We verified that there was in fact no license,' Novi Police Chief Douglas Shaeffer said. 'It was really pretty basic as far as we were concerned.' Last week, Salone Nadwa Chief Executive Officer Eric Breda told the Novi City Council he found it 'ludicrous' that no one in city government knew that the day spa

offered massages. 'We advertise in the newspaper, we advertise on TV, we advertise on the radio,' said Breda, who owns the business with his wife, Nadwa Donna Breda. 'We have members of the city council buying massage gift certificates. I'm still convinced you have no authority to issue an ordinance.' Over three years ago, Breda threatened in a letter to the city that Novi's city charter be revoked and its municipal assets placed in receivership with the state. Among the spa owner's objections was a mandate for a window in the door where a massage is offered and a ban on cross-gender massages. In March, Novi Police Officer Diane McGregor went undercover

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inside

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Conley takes over reins of Novi development

By JAN JEFFRES Staff Writer

As city manager of Belleville, Kerreen Conley took care of municipal business for a 4,000 resident community where everybody pretty much knows everybody else. In Belleville, she led a staff of 21. Last week, Conley started work as Novi's new Director of Developmental Services, in a city with ten times more people than Belleville and 27 employees in just the two departments she'll lead. Conley will oversee both the Building Department and the Planning and Community Development Department. As part of the job, she'll be project manager for Novi's senior housing and for the restoration of the Fuerst Farm. 'I think it offers a challenge for a number of years. It's not a community that's going to be routine by any means. There's so much going on. It's an exciting opportunity,' she said Monday. During budget negotiations for fiscal year 1998-99, the Novi City Council agreed

to add the new administrative post. While a number of professional building officials and planners sent in resumes, what was needed was a general administrator, Assistant City Manager Craig Klaver said. 'It's not the day-to-day stuff, the planning and building departments are fine. What we were looking for is someone who has the ability to look at the whole picture. We continue to get complaints from developers that Novi is difficult to deal with,' Klaver explained. 'A city manager has a perfect background, as far as being a generalist.' In December, Conley will complete her master's in business administration at Eastern Michigan University, while she'll finish the requirements for a second master's in Human Resources and Organizational Development next year. As a graduate from Central Michigan University with a business degree, Conley started her career in public service when she took a job as an accounts payable

Continued on 19



Photo by JOHN HEIDER

Kerreen Conley took over as Novi's Planning Services Director last week.

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The Log Book

The following is a complete list of the emergency runs of the Novi Fire Department for the week ending Aug. 16. Each incident is listed by type, location, time and the Engine and Squad number which responded to the call.

MONDAY, AUG. 10
Medical, 45182 West Road, 12:17 a.m., Squad 2.
Medical, 45425 Andes Hills, 1:12 a.m., Squad 1.
Medical, 25766 Glamorgan, 1:14 a.m., Squad 1.
Medical, 45182 West Road, 8:19 a.m., Squad 2.
Investigation, 25579 Sullivan, 8:30 a.m., Squad 1.
Medical, Ten Mile and Berk Road, 11:24 a.m., Squad 1.
Mutual Aid, Seven Mile and Northville, 3:17 p.m., Squad 3.
Medical, 39755 Grand River, 3:31 p.m., Squad 1.
Medical, 39755 Grand River, 4:06 p.m., Squad 1.
Fire alarm, 27793 Novi Road, 4:36 p.m., Engines 1, 2.
Medical, 21051 Haggerty, 4:18 p.m., Squad 3.
Fire alarm, 22237 Hazelton, 4:53 p.m., Engines 3, 4.
Electrical fire, 44810 North Hills, 4:58 p.m., Engine 1.
Medical, 45745 Lakeview Court, 8:53 p.m., Squad 2.

TUESDAY, AUG. 11
Medical, 45182 West Road, Mid-night, Squad 2.
Medical, 42170 Pelston, 6:26 a.m., Squad 3.
Medical, 31155 Portside, 8:16 a.m., Squad 2.
Medical, 22740 Fireside, 11:28 a.m., Squad 3.
Fire alarm, 28300 Meadowbrook, 3:10 p.m., Engine 2.
Medical, 45182 West Road, 4:17 p.m., Squad 2.
Injury accident, Twelve Mile and Meadowbrook, 6:23 p.m., Squad 2.
Fire investigation, Ten Mile and Novi Road, 8:25 p.m., Engine 3.
Medical, 42050 Grand River, 8:32 p.m., Squad 1.

WEDNESDAY, AUG. 12
Medical, 27147 Huron, 4:32 a.m., Squad 1.
Grass fire, 1961 West Area, 7:49 a.m., Engine 1.
Wires down, 1961 West Area, 8:06 a.m., Engine 4.
Fire alarm, 25741 Beck Road, 8:33 a.m., Engine 3.
Medical, 25771 Sullivan, 1:29 p.m., Squad 1.
Medical, 29824 Camusol, 1:37 p.m., Squad 2.
Medical, JC Penney's Twelve Oaks, 2:11 p.m., Squad 1.
Public service, 22200 Novi Road, 2:32 p.m., Squad 3.

THURSDAY, AUG. 13
Medical, 22035 Greentree, 2:01 a.m., Squad 3.
Medical, 22134 Lydgate, 8:55 a.m., Squad 3.
Fire alarm, 42005 Twelve Mile, 2:40 p.m., Engines 1, 2.
Fuel leak, Novi and Grand River, 4:11 p.m., Engine 1.
Injury accident, Nine Mile and Novi Road, 5:07 p.m., Engine 3.
Medical, 29724 Charlemagne, 7:44 p.m., Squad 2.

FRIDAY, AUG. 14
Hazardous material, Van Buren Township, 12:58 a.m., Response 50R.
Investigation, 45284 Roundhouse, 3:30 a.m., Engine 3.
Medical, 45182 West Road, 8:36 a.m., Squad 2.
Medical, 41935 Twelve Mile Road, 10:38 a.m., Squad 1.
Injury accident, Seelye and Grand River, 12:58 p.m., Squad 1.
Service, Grand River and Market Street, 2:03 p.m., Squad 1.
Medical, 1301 Margie, 3:30 p.m., Squad 2.
Injury accident, Haggerty and Eight Mile, 4:52 p.m., Squad 3.
Medical, 25600 Strath Haven, 10:45 p.m., Squad 4.

SATURDAY, AUG. 15
Hunting fire, 34200 Crescent, 12:15 a.m., Engine 4.
Medical, 29805 Carousel, 8:58 a.m., Squad 2.
Fire alarm, 40700 Ten Mile Road, 12:02 p.m., Engines 1, 2.
Medical, 41750 Bayview, 5:17 p.m., Squad 2.

SUNDAY, AUG. 16
Medical, 21300 Novi Road, 8:38 p.m., Squad 3.
Medical, 27760 Novi Road, 9:25 p.m., Squad 1.
Medical, 23333 Willowbrook, 10:10 p.m., Squad 3.
Service, 23849 Forest Park, 11:34 p.m., Squad 4.

Frankel says center is better use of Eight Mile/Beck site

Stuart Frankel says planners need to update their ideas about commercial centers in the City of Novi.

At one time, it made sense to concentrate shopping areas in the town's center, along Novi Road either side of the I-96 expressway. But with today's busier lifestyles, shoppers are looking for more convenient places to pick up the necessities of life. Busy families, especially two-income couples, visit the supermarket more often but spend less time there each trip. It's important to get in and out of the store quickly. A convenient location is important to them, Frankel argued. So a store close to home will actually reduce traffic overall, since they'll rack up fewer miles driven on the whole getting to and from the grocery.

The Troy-based developer is requesting a rezoning for 25 acres on the northwest corner of Beck and Eight Mile roads from Residential Acreage (R-A) to Community Business (B-2). His proposal was scheduled to receive its first public hearing Wednesday before the Novi Planning Commission (after The Novi News' deadline).

Strong resident opposition was anticipated. Residents of the area, both in Novi and in Northville Township, said they would turn out in numbers to urge the city to follow its Master Plan and retain the residential nature of the area by rejecting the rezoning request.

But Frankel said in an interview last week his plan would be a better use for the site than letting it be developed as 12 to 15 single-family homes.

Convenient shopping for an area already undergoing a great deal of residential construction is just one of his arguments. The need for convenience is why Novi's old Kroger store moved from the town center area to beyond the city borders, at the corner of Beck and Pontiac Trail, Frankel contended. Kroger found its customers increasingly unwilling to fight the traffic on Novi Road to shop there, especially during the holiday season when the malls attract their highest numbers of customers. Kroger moved away from the commercial centers and closer to a residential area to be more convenient.

Kroger is also interested in signing on for his center, Frankel said. It would be the anchor tenant in a mall consisting of a number of smaller convenience shops as well as two restaurants.

While he said his center would reduce traffic overall, he contended it would have little impact on traffic in the immediate vicinity. Grocery shoppers tend to go to the store at mid-day, or later in the evening, or drop by while driving home from work. The result would be little impact on peak hour traffic flow, he said.

The center would also bring in fewer trucks than the current use of the land. Presently occupied by J.J. Zayt, Inc. Sand and Gravel, the operation attracts as many as two to 30 trucks to the property at any given time, according to Frankel. Getting rid of a non-conforming use would be a positive result of the center development as well, he said.

There are environmental concerns with the land too. Use of the parcel in a "pseudo-industrial" fashion has led some contamination on the site. And Frankel said it would be much easier and less costly to clean up the land for a commercial use than for residential use.

Frankel said his plans call for preserving environmentally sensitive areas on the land and creating a buffer between the center and surrounding residential. He said he'll be making improvements to the Beck and Eight Mile intersection as well.

He discounts concerns that approval might lead to additional commercial centers cropping up in that vicinity. Most of Eight Mile in the area is already developed, he said. Beck Road will continue to see pressure from developers who would like to have locations along what counts as a thoroughfare from I-96 to M-14.

Ultimately it will be City Council that will make the matter. Once the planning commission has its say, the rezoning request will be sent to council for final review.

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Public Access

Following is the Channel 12 community access program schedule for the coming week.

MONDAY, AUG. 24

10:00 a.m. — Consumer Corner: Home Repairs
 10:30 a.m. — The Cutting Room Floor: EPCOT International
 11:00 a.m. — Christian Singles Today: Gary Severs
 11:30 a.m. — Cosby and Company: Don Reimer
 12:00 p.m. — Native American Magazine
 12:30 p.m. — (cont'd)
 1:00 p.m. — Adventures with Piratic Pete
 1:30 p.m. — Yoga Relaxation and You
 2:00 p.m. — Financial Strategies: Don Reimer
 2:30 p.m. — A Culinary Adventure: Steve and Rocky's
 3:00 p.m. — Thundering Hope Parade
 3:30 p.m. — Founders Festival Parade
 4:00 p.m. — (cont'd)
 4:30 p.m. — (cont'd)

5:00 p.m. — Who, What, Where, Y
 5:30 p.m. — Up Close Today
 6:00 p.m. — The Winner's Circle: Communication Skills
 6:30 p.m. — Bagels and Talk with Tracy
 7:00 p.m. — Critter Connection
 7:30 p.m. — Aviation Journal
 8:00 p.m. — The Great Adventure
 8:30 p.m. — Community Comments
 9:00 p.m. — Lansing Connection
 9:30 p.m. — Groove Session: Flame

TUESDAY, AUG. 25

10:00 a.m. — Legislative Forum
 10:30 a.m. — Specs Profile: John Welsh
 11:00 a.m. — Law Talk: Lawrence Raymond
 11:30 a.m. — (cont'd)
 12:00 p.m. — Summit University: Gospel of Thomas No. 12
 12:30 p.m. — (cont'd)
 1:00 p.m. — Imagination Tree: The Gifting Tree
 1:30 p.m. — Travelin' On: Panoramic West
 2:00 p.m. — Lansing Connection

2:30 p.m. — Center for New Thinking
 3:00 p.m. — (cont'd)
 3:30 p.m. — (cont'd)
 4:00 p.m. — (cont'd)
 4:30 p.m. — Michigan Living: Teen Drivers
 5:00 p.m. — The Way, The Truth, and The Life
 5:30 p.m. — People Who Make Things Happen
 6:00 p.m. — The Winner's Circle: Power of the Question
 6:30 p.m. — A New and Improved You: Gift of Life
 7:00 p.m. — Fitness Motivators: Interval Training with Weights
 7:30 p.m. — Financial Strategies: Don Reimer
 8:00 p.m. — Walled Lake Welcome to Middle School
 8:30 p.m. — A Culinary Adventure: La Shish
 9:00 p.m. — Let's Talk with Ben Marks
 9:30 p.m. — (cont'd)

WEDNESDAY, AUG. 26

10:00 a.m. — Health Quest
 11:00 a.m. — MDOT Today
 11:30 a.m. — Huntington's Disease Update
 12:00 p.m. — Consumer and Industry Services
 12:30 p.m. — Headwaters: The Lifeline of a River
 1:00 p.m. — Study in Scripture
 1:30 p.m. — AMVETS
 2:00 p.m. — Restoration Now
 2:30 p.m. — Christian Singles Today: Gary Severs
 3:00 p.m. — Conical Mystery Tour
 3:30 p.m. — Groove Session: Flame
 4:00 p.m. — Critter Connection
 4:30 p.m. — Home for Life: Installing A Storm Door
 5:00 p.m. — Aviation Journal
 5:30 p.m. — Community Comments
 6:00 p.m. — The Winner's Circle: Importance of Listening
 6:30 p.m. — To Be Announced
 7:00 p.m. — Adventures with Piratic Pete
 7:30 p.m. — Cosby and Company: Don Reimer

8:00 p.m. — Novi Street Beat
 8:30 p.m. — Who, What, Where, Y
 9:00 p.m. — Speakout at 50's Festival
 9:30 p.m. — (cont'd)

THURSDAY, AUG. 27

10:00 a.m. — Fitness Motivators: Interval Training with Weights
 10:30 a.m. — The Happiest People Alive
 11:00 a.m. — Abundant Life Arabic Ministries
 11:30 a.m. — People Who Make Things Happen
 12:00 p.m. — Bagels and Talk with Tracy
 12:30 p.m. — Madama Magazine: Groundwater Stewardship
 1:00 p.m. — Praise, Praise, Praise
 1:30 p.m. — That's Italian
 2:00 p.m. — Speakout
 2:30 p.m. — Who, What, Where, Y
 3:00 p.m. — The Secret Place
 3:30 p.m. — To Be Announced
 4:00 p.m. — Law Talk: Lawrence Raymond
 4:30 p.m. — (cont'd)

5:00 p.m. — Shaarey Zedek
 5:30 p.m. — (cont'd)
 6:00 p.m. — Multicultural/Multicultural: Fair Housing Practices
 6:30 p.m. — (cont'd)
 7:00 p.m. — The Great Adventure
 7:30 p.m. — YMCA Video Camp
 8:00 p.m. — People Who Make Things Happen
 8:30 p.m. — Christian Singles Today: Gary Severs
 9:00 p.m. — Law Talk: Lawrence Raymond
 9:30 p.m. — (cont'd)

FRIDAY, AUG. 28

10:00 a.m. — 3:30 p.m. — To Be Announced
 4:00 p.m. — Fitness Motivators
 4:30 p.m. — Let's Talk with Ben Marks
 5:00 p.m. — (cont'd)
 5:30 p.m. — Cosby and Company
 6:00 p.m. — To Be Announced
 6:30 p.m. — Groove Session
 7:00 p.m. — Financial Strategies
 7:30 p.m. — People Who Make Things Happen

Vista's \$80 million suit against city keeps going

An trial may be in sight for the multi-million dollar case of Sandstone Associates Limited Partnership versus the City of Novi, which went to a bench trial in April before Oakland County Circuit Court Judge Barry Howard.

Novi and Meadowbrook roads. The 1995 lawsuit charges that the city diverted special assessment funds from the Decker Road extension and tried to take portions of the Sandstone property without compensation.

"We're probably looking to the end of October," Watson predicted. Sandstone, developers of the Vistas of Novi, seeks \$80 million in damages from the city, claiming that the local government hindered its 300-acre, 1,193 planned unit development (PUD) surrounded by Twelve Mile and Thirteen Mile and

Novi and Meadowbrook roads. The 1995 lawsuit charges that the city diverted special assessment funds from the Decker Road extension and tried to take portions of the Sandstone property without compensation.

Novi and Meadowbrook roads. The 1995 lawsuit charges that the city diverted special assessment funds from the Decker Road extension and tried to take portions of the Sandstone property without compensation.

Novi and Meadowbrook roads. The 1995 lawsuit charges that the city diverted special assessment funds from the Decker Road extension and tried to take portions of the Sandstone property without compensation.

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Obituaries

JUANITA K. GAAB

Juanita K. Gaab, 84, of Novi died July 25 at Angela Hospice in Livonia. She was born Dec. 28, 1913, in Northville to Rollin C. and Mabel (Lauray) Preston.

Mrs. Gaab, a lifelong member of the Northville area, and worked at the Ford Motor Co.

She is survived by son, Rollin F. (Barbara) of Horton; son William A. Jr.; daughter Ariene Norris; daughter-in-law Nancy; sister, Farolyn Parrish of Northville; nine grandchildren and 12 great grandchildren.

Mrs. Gaab was preceded in death by her husband, William Albert.

Services were held on Wednesday, July 29 at Casterline Funeral Home Inc. of Northville. The Rev. Dr. Douglas W. Vernon, First United Methodist church of Northville, officiated. Interment was in Rural Hill Cemetery.

Memorials to the Angela Hospice, 14100 Newburgh, Livonia, MI 48154 would be appreciated.

ANTHONY P. AMELIO JR.

Anthony Patrick Amelio Jr., 53, died Aug. 8 at his residence in Novi. He was born Feb. 28, 1945, to Stephanie Amelio and the late Anthony Amelio.

For 31 years, Mr. Amelio was employed at Chrysler Corp. as a financial manager. He received his bachelor's degree from Franciscan

University and his master's from Central Michigan University. Mr. Amelio was basketball coach at Holy Family Church in Novi.

He is survived by his wife, Stephanie; children, Adrienne and Stephanie; mother, Ida; and brother, Carmine (Margaret Mary).

Services were held on Tuesday, Aug. 11 at Holy Family Church, Novi. Interment was in Holy Sepulchre Cemetery in Southfield.

Arrangements were made by O'Brien Chapel/Ted C. Sullivan Funeral Home of Novi.

Memorials to WSU Brain Tumor Research Fund, Attn: G. Barger M.D., Department of Neurology, 6E-4HC, 4201 St. Antoine, Detroit, MI 48201 would be appreciated.

FREDERICK E. BOCK SR.

Frederick Earl Bock Sr. died Aug. 10 at his residence in South Lyon. He was 81. Mr. Bock was born Sept. 1, 1916.

He is survived by his wife, Ruth; sons, Fred (Lois), David (Marianne), and Robert (Sue); three sisters and one brother; and five grandchildren and four great grandchildren.

Services were conducted on Friday, Aug. 14 at O'Brien Chapel/Ted C. Sullivan Funeral Home in Novi. Interment was in Glen Eden Cemetery, Livonia.

Memorials to Christ Lutheran Church in Milford or Make a Wish Foundation would be appreciated.

Family tries to put pieces together

By JEREMY MCBAIN
Staff Writer

Even though her appeal for a new trial is not complete, Kathi Herren is trying to move on and repair her family.

Herren was convicted last fall, following a highly controversial trial, of assaulting her 14-year-old daughter, Amber. Herren contends her daughter was being uncontrolled and Herren slapped her in order to discipline her.

The judge and jury saw otherwise and found her guilty of domestic assault.

Judge Brian MacKenzie said in his sentencing statement, evidence showed Herren was drunk at the time. "Thus, I am satisfied, that this was a drunken assault, not as you have characterized, a matter of parental discipline," MacKenzie said.

MacKenzie placed Herren on two years probation, required her to enter family counseling and outpatient substance abuse counseling, and forbid her to use alcohol or any other illegal drug, while submitting to random drug tests.

Plus, any money Herren received in regards to the case was to be placed in an escrow account to be used for counseling for her daughter and family, alcohol counseling and further education for her daughter.

Furthermore, Herren's daughter Amber went to live with her father

"It just leaves a knot in your stomach. I didn't do anything wrong."

Kathy Herren
Mother and defendant

and grandmother in Pontiac.

But, Herren appealed the case. Herren contends her original attorney was incompetent and he did not allow her to take the witness stand in her own defense.

Her new attorney, Frank Yan-natji argues, "The decision to not have her testify was detrimental."

But, while Herren waits for the results of her appeal, she is busy with bringing her family together, starting with her daughter.

Once her daughter, Amber, moved in with her father and grandmother, Herren said Amber stopped going to school. Then, Amber's father was arrested, this led Herren to want to check up on her daughter, where she discovered Amber was no longer living with him.

Herren desperately tried to find Amber and asked Amber's father to reveal her whereabouts. But, Herren said, Amber's father did not legally have to reveal Amber's location to her.

Eventually, Amber was found living with a friend. And six weeks

ago, Amber moved back in with Herren.

"I think she figured out it wasn't bad here," Herren said. "It is a hard lesson for her to learn."

She added it is still too soon to tell how her and Amber's relationship will pan out. In the meantime, Herren drives her daughter to job interviews and gives her support while Amber undergoes court hearings for an alleged shoplifting offense and a truancy offense.

"She seems willing to try," Herren said. Herren is currently involved in a custody trial for her daughter.

While making strides with her daughter, Herren is also patching up the rest of the family by seeing a family counselor. While Herren cannot get Amber to see the counselor, Herren has been taking her 10-year-old son.

Herren said she has found the sessions helpful and has noticed they are having a good effect on her son.

But Herren can't shake the anger she feels after her trial.

"It just leaves a knot in your stomach," she said of the trial. "I didn't do anything wrong."

Herren said she has spent her life trying to never be the type of parent that would abuse her children, and it sickens her that she was accused of it.

As for her appeal, Herren said even though it is very costly she thought her trial was not fair and she accused the judge of lying in his sentencing.

She pointed to MacKenzie's sentencing statement that said she was drunk at the time.

Herren said none of the police officers who were at the scene that night ever mentioned in their report that she was intoxicated.

(MacKenzie) was allowed to say this to make his sentencing look better," she said. "It really bothers me that they are allowed to get away with it."

Herren said she has filed a complaint against MacKenzie for judicial misconduct.

Because he is hearing Herren's appeal, MacKenzie said he could not give many comments on the case.

He said he was happy to see Herren has not violated any of her conditions of probation.

"Hopefully she is gaining insight into the problems that led her into my courtroom," MacKenzie said of Herren's counseling sessions.

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Photo by JOHN HEIDER Backpack courtesy of Toys R Us

By CAROL DIPPLE Staff Writer

As the big yellow buses pull into the school yards, what will students have tucked away in their backpacks?

Will there be virtual pets, Beanie Babies, computer games or Yo-yos along with the pens and notebooks?

Now is the time of year to buy and stock up on school supplies.

Some things are a given like pencils, pens, notebooks. Then there's the things children would like to have.

Cashier Jessica Jozwiak of South Lyon worked the back-to-school sale at Toys R Us last week and said she saw "all the things you would think would be back to school stuff" like pencils, markers, backpacks lunch boxes, and coloring books.

But there were some things on the counter that may or not have been going into backpacks.

"A lot of stuff they convinced mom and dad to buy for them you could tell," Jozwiak said.

"Yo-yos, jump ropes, the virtual pets, candy, all the stuff they wouldn't normally buy unless their kids begged them," she said.

Sticking to the school's supply list can save a little money.

"Anything licensed is going to cost more," said Jennifer Kesner, manager of Toys R Us in Novi.

Supply lists may have come home during the

summer, be posted with class lists or will be handed out during the first week of school.

Anna Gordon from Livonia has all her family's school shopping done so she was in Northville shopping with daughters Ashley, a first grader, and Marisa, a fifth grader, on Tuesday.

When the Gordon girls go back to school Aug. 31 they will be all set with red checking pencils, highlighters, and crayons. Marisa has a new Trapper Keeper and a new backpack. Ashley got notebooks, pencils, and a backpack.

"Boxes of Kleenex are always requested by the teachers," Gordon said. "I always stock up on any



Meade notebook \$0.99

Protractor \$1.99

Ruler \$1.49

Rose Art pencils 10 pack \$0.99

Crayola markers 8 pack \$2.99

Glue \$0.99

Casio calculator \$5.99

Outdoor backpack \$19.99

kind of arts and crafts things like popsicle sticks, construction paper, poster board, art supplies for projects," Gordon said.

Not on the school's list were key chains but they did end up in the shopping cart.

"They like to put the key chains on their backpacks," Gordon said. "That we kind of got talked into."

An experienced mother of school aged children, Gordon can pretty much predict what will be needed and stocks up.

"Last year we got caught with some of the Shout sticks," Gordon said. "The art teacher requested those to help keep some of the paint stains to be able to pretreat them. That's the only thing I got caught off guard with last year. I don't know what we might get thrown this year."

Also in Northville shopping was Livonia resident Linda Porter and her eighth grade son Caleb, but not for school supplies.

"Most of it is done, we just need a Trapper Keeper, pens and pencils, and folders," Porter said.

Caleb did not talk his mom into anything, just stuck to the list.

Porter likes to stock up on the folders which this time of year are 10 for \$1.

"They are great for reports," Porter said. "Even if he doesn't use them, just to carry them to and from school so his report doesn't get squashed."

Gail Elenbaas from Canton and her sixth grade daughter Carissa have not started their shopping yet.

Carissa's friend Christy a sixth grade student in Northville was all set. After a shopping trip with her brothers and mother, she now has all the essentials like pencils, pens, paper, folders, and markers.

With a back to school date of Sept. 1, Elenbaas plans to do the supply shopping next week, as well as stocking up on lunch-type snacks.

Carissa said she doesn't really have a preference in the way of novelty supplies but is thinking about getting a few toys to keep in her backpack.

"We should be school shopping right now, but we're not, we're trying to pretend it is still summer, which it is," Elenbaas said.

"I never thought it would amount to this. I am just bubbling with pride on her accomplishments."

-Rick Hug

Triplet's mother vies for title

By CAROL DIPPLE Feature Editor

Lori Hug has had a busy summer, and it's not solely because she is the mother of 18-month-old triplets Joseph, Victoria and Hannah. Although that in itself, can have a mom running in three different directions at the same time.

Hug, 26, has been preparing for the Mrs. America pageant. Results of the August competition will air on the Family channel in October.

Lori and Rick Hug were married five years ago and have lived in Novi since 1995.

Lori had already been doing a little modeling when the two met on a blind date, but it was Rick who got the ball rolling.

He submitted a few snapshots to Swimwear Illustrated a couple of years ago and the rest could become history.

"When you're a spouse you always think your wife or husband is the best and you have confidence in them," Rick said. "There were some good competition. I figured she finished in the top three, but when her name was finally called I was overly excited."

Lori competed in the Ujena Bikini Jam 12 and won the titles of Ujena 1998 Mother of the Year and Swimwear Illustrated Calendar Girl and was first runner-up in the overall competition for the 1998 Miss Swimwear Illustrated.

"I never thought it would amount to this," said Rick who is an area manager with a trucking company. "I am just bubbling

with pride on her accomplishments."

Lori has come a long way from jogging less than one block to being about to cover three miles every morning in preparation for those first few pageants.

"I couldn't believe I was so out of shape," she said.

When she's not able to get in her early morning jogs she misses it although she admits she's "still not keen on the whole physical activity thing."

But having 30 minutes of total silence to think is something she does look forward to.

This summer, the Hugs moved in with Westland residents Tony and Mary DeGiullo, directors for Mrs. Michigan America Pageant, to prepare for the Mrs. America pageant.

"This year with Lori, we feel she can win the whole thing," said Mary. "We just want her to focus on taking care of her family and taking care of herself to get ready."

Lori has already lost over 50 pounds since the premature birth of the triplets through exercise and diet and weighs less than her pre-pregnancy weight of about 125 pounds.

"She needs to get a little bit tighter into shape," said Mary. "All the women there are (former)

Miss USA contestants."

"Rick is just so proud, before we even went to the bikini jam he told me 'just know you're always Mother of the Year to me and it doesn't matter if you win or lose,'" Lori said.

"I am just bubbling with pride on her accomplishments," Rick said.

The Hugs are also involved with two support groups for parents - one a bereavement group for parents who have suffered the loss of an infant or child and the other for infertile couples. The Hugs twin daughters died at 21 months.

"It not only helped us heal inside but now we're helping others," she said. "We could not imagine seeing past the next day when it happened and to be able to see other people that come in that same situation and through our story gives them a little extra hope means the world to us."

There is no talent category in Mrs. America and no bakeoffs.

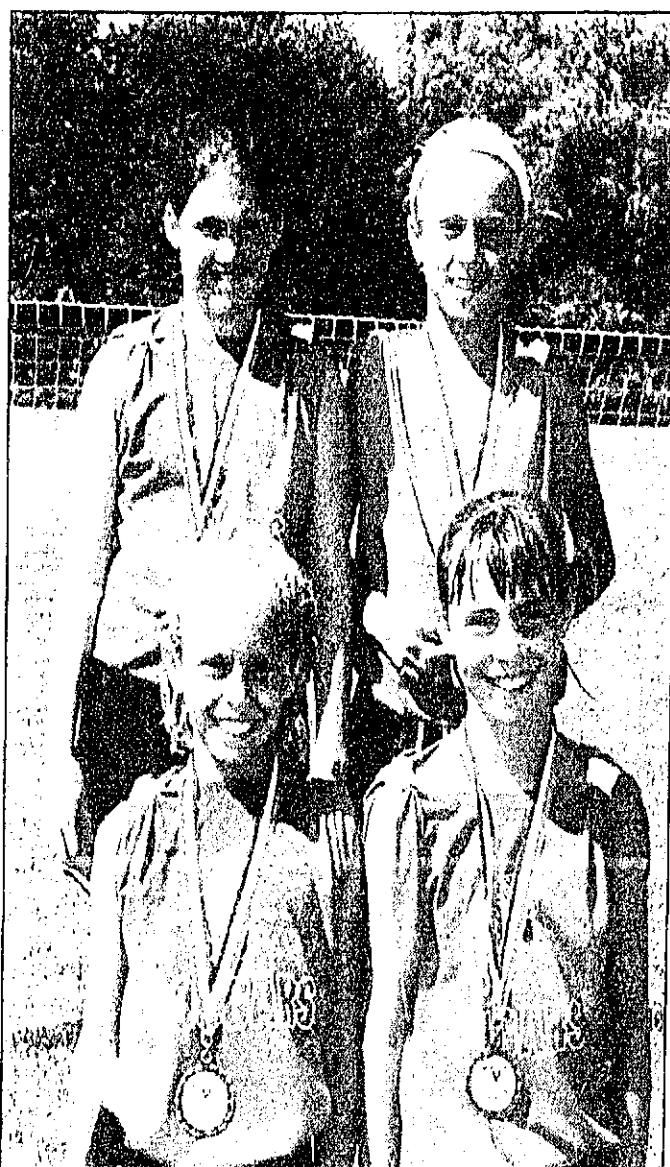
Lori will be competing in four categories - beauty, poise and personality, swimsuit, and evening gown.

"Every woman that looks at her and reads her story can identify with her," Mary said.



Photo by JOHN HEIDER

Mrs. Michigan Lori Hug gets a moment on the floor of her Novi home with her trio of triplets Tori, left, Hannah and Joey (in arms).



The Novi Cougars, a U-10 girls team, recently won the 3 versus 3 soccer tournament in Birmingham. The girls finished 5-0 including a 4-3 victory in the finals that was decided by a shootout. Members of the team were Jessica Barndt, Lauren Marchioni, Joyce Rose and Sara Schmitt.



The Novi Cougars U-8 team finished second in the ABC Warehouse 3 versus 3 soccer tournament in Birmingham July 11-12. The team was undefeated going into the finals, but lost to the Thundercats. The team was also invited to participate in the National Championship 3 versus 3 tourney in Indianapolis. Team members are Rachel Barndt, Jamie Fratto, Amanda Harden and Amanda Stanek.



The Novi Butterflies recently won four games at the Birmingham 3 versus 3 soccer tournament. The U-9 team scored 42 goals in their four wins. Coach Tom Marchioni coached the team comprised of Kelli Cortess, Stephanie Crawford, Emily Esbrook and Kristine Chaklos.

Health

the NOVI NEWS
11B
THURSDAY
August 20,
1998

Health Column

Proper training guidance can decrease prolonged cuff injury



Chris Klebba

I have been having on and off pain in my right shoulder area for some time now. I think it is my rotator cuff. I have freedom of movement than any other single joint. The fact that it is highly mobile indicates that it is relatively unstable. The stability of the joint is provided by the rotator cuff. All joints are critical factors to be considered during weight training or any other movement. This unfortunately does not happen most times. Most people want to use muscle to move a given resistance from point A to B to reach a goal with little or no concern about their joints. Muscles move joints. If the joint is beyond its normal range of motion or impinged during resistance movements, you are asking for trouble.

Unluckily, improper training usually does not correct itself immediately, like say putting your hand on a hot burner. We usually learn that one pretty quick. Improper training will weaken or strain a joint area over time and a trigger movement like golf, baseball or starting a pull lawn mower will be blamed as the cause, when actually the improper training or

movement over the last six months, a year, or whatever is the culprit. I realize that is a lot with out answering the question, but if we can get to the source and not treat the symptom alone, we would all be further along.

The rotator cuff is actually a group of four muscles in the shoulder area. As Phillip Schmitt D.O. orthopedic and sports medicine states, "These muscles of the rotator cuff often get overlooked in strength training because they're not a visible group of muscles like the chest, arms, or back, but are of great importance since the rotator cuff are functional muscles involved in training most of the other upper body muscles." Dr. Schmitt goes on to explain "there are three levels of shoulder injury - rotator cuff tendinitis, impingement syndrome, or a muscle tear."

He recommends ice initially when an injury like this is discovered, then heat or ice for the next 48 hours, whichever helps it feel better. Assure you have the proper

training guidance, cut back on the level of intensity and if you do not notice an improvement in about a two-three week time frame, you may want to seek the next level of medical assistance.

Dr. Schmitt states, "The types of treatment include activity modification, anti-inflammatory medication, physical therapy, injections, and in extreme cases, surgery. Most injuries of this type do not require surgery and should recover with the application of one or a combination of the earlier treatments."

I hope this helps you with some next steps. Once you're okay, be sure you get some professional guidance on incorporating specific rotator cuff exercises to help avoid these injuries in the future.

This column was written by Chris Klebba, owner and operator of the Water Wheel Personal Training Health Club and a Certified Personal Fitness Instructor. For more information, call (248) 449-7634.

Health Notes

Child Health Clinics

Oakland County Health Division's Child Health Clinics provide free ongoing well care for children from birth to school entry. Families who do not have an HMO or Medicaid may be eligible. Clinics are held at 12 locations throughout Oakland County.

Services include: Heights and weights; head-to-toe physical examination; immunizations; vision, hearing and lab testing; growth and developmental screening and counseling with referrals to physicians and area resources as needed.

Appointment is required. For more information, call: North Oakland, Pontiac, (248) 858-1311 or 858-4001; South Oakland, Southfield, (248) 424-7066 or 424-7067; West Oakland, Walled Lake, (248) 926-3300; and Holly residents: 1-888-350-0900, extension 8-1311 or 8-4001.

Laurel Park Walking Club

"Walk the mall" for enjoyable, low-impact, climate-controlled exercise - and then have your blood pressure checked (available the fourth Monday of every month, 8-10 a.m.). Free. Laurel Park is opened to walkers 8 a.m.-9 p.m., Monday-Saturday; 11 a.m.-5 p.m., Sunday. Located on Six Mile Road in Livonia (at the corner of Six Mile and Newburgh roads). For information, call (248) 477-6100.

Hills, and the Botsford Center for Health Improvement, Novi. For more information and to register, call (248) 477-6100.

E-Z Yoga

This six-week class enhances flexibility, strengthens muscles, improves breathing and promotes relaxation. Day and evening classes available, \$35-45 fee. Botsford Center for Health Improvement-TRACC, 39750 Grand River Ave., Novi. For more information and to register, call (248) 473-5600.

Free Foot Screenings

Every Tuesday and Friday from 8:30 a.m.-1 p.m. Botsford General Hospital, Suite 200, South Professional Building, 28080 Grand River Ave., Farmington Hills. For more information or to make an appointment, call (248) 473-1320, weekdays 9 a.m.-5 p.m.

Heart Disease Risk

Risk assessment and reduction programs to help modify risk factors associated with heart disease. Fee is dependent on level of programming. Botsford General Hospital's Botsford Cardiovascular Health Center, 28050 Grand River Ave., Farmington Hills. Call (248) 471-8870 for more information.

Health Education Library

Books, pamphlets, videos and more on a wide variety of disease and wellness topics. Providence Medical Center-Providance Park in Novi: Monday-Thursday from 9 a.m.-5 p.m., and Friday, 9 a.m.-4:30 p.m. Call (248) 380-4110 for more information.

Speakers Bureau

Interested in a speaker to present a health care topic to your club or community organization? We would be happy to arrange one for you through Providence Hospital and Medical Center's professional speakers bureau. Just call us at (248) 424-3279.

Cancer Support Group

Providence Medical Center-Providance Park in Novi every Tuesday from 6:30-8 p.m. Call (248) 424-5543 for more information.

Post Partum Depression

Sessions are held on the third Monday of each month at 7 p.m. in Southfield. For more information, call (248) 424-3209.

Focus on Living

"Focus on Living," a self-help group for cancer patients and their families, meets the first Wednesday of each month at St. Mary Hospital.

Co-sponsored by the American Cancer Society, "Focus on Living" is a self-help group that gives participants an opportunity to discuss their concerns, obtain answers and gain support from others who share the same experiences.

The goal is to improve the quality of cancer patients' lives through this sharing of information and experiences. Registration is not necessary, and there is no charge to attend the meeting.

For more information, call (313) 655-2922 or toll free 1-800-494-1650.

Asthma Education

Individual sessions with a registered nurse provide the tools to better understand and manage asthma. Day and evening sessions available. Families are welcomed, \$20 fee and appointment required. Botsford's Health Development on Grand River, Novi. For more information and to register, call (248) 477-6100.

Breastfeeding Basics

Workshop covers the "how to's" of breastfeeding: How to start and maintain successful breastfeeding as well as the answers to questions and concerns of women who are already breastfeeding. \$20. Classes are held at Botsford's Health Development Network in Novi. For information and registration, call (248) 477-6100.

Circuit Training

A multi-stationed exercise and education program designed for the individual with limited experience using fitness equipment. Participants will be instructed on the proper use of weight and cardiovascular machines. Mondays and Wednesdays, 7-8 p.m. \$70. Preregistration required. Botsford Center for Health Improvement-tracc, 39750 Grand River Ave., Novi. For registration and information, call (248) 473-5600.

Diabetes-Cize

A 10-week comprehensive exercise program co-sponsored by Health Development Network and Botsford Cardiovascular Health Center. This program will help people with diabetes better control blood sugar levels and improve cardiovascular fitness. For information, call (248) 477-6100.

Diabetes and You

This six-week class explores all areas of diabetes self-care. Preregistration and fee required; some insurance cover class fee. Classes are held at Botsford General Hospital, Farmington

Fetal Alcohol Syndrome

The Oakland County Health Division's Health Education Unit and Office of Substance Abuse is co-sponsoring a training for health care workers entitled "Reducing the Risk for Fetal Alcohol Syndrome: A Community Approach." The program is designed to provide an educational and skill building experience for those who are concerned about preventing the devastating effects of alcohol on the unborn baby.

Reducing the Risk of Fetal Alcohol Syndrome will be held Wednesday, May 13, from 9 a.m. to 3:30 p.m. at Glen Oaks Country Club, 30500 W. Thirteen Mile Road, Farmington Hills.

To register or for information, call Kathleen Altman, Oakland County Health Division, (248) 424-7125.

Latest news on breast cancer

Botsford physician Robert Boorstein D.O. and Botsford Health Development Network Co-

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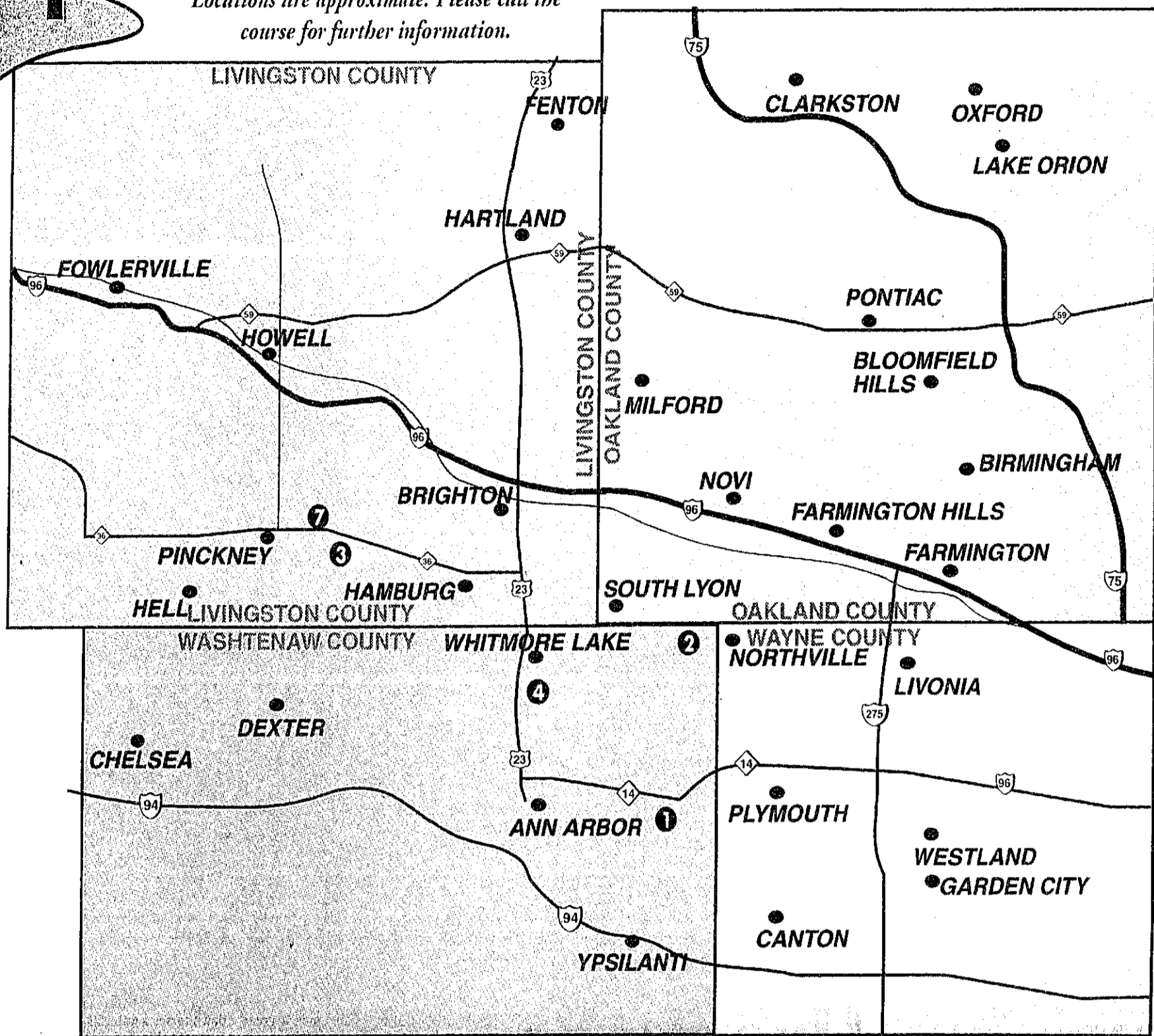
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August 20, 1998