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Thursday, Oct. 10, 2002

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Volume 1 Number 1

Novi, Michigan

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Bond sale saves Novi district \$1.474M

By Ramez Khuri
STAFF WRITER

By merely passing a resolution, the Novi School District saved \$1.4 million on Oct. 3.

A letter to Superintendent Emmett Lippe from Assistant Superintendent for Business James Koster states, "On September 27 the sale of bonds to refund the callable portion of the 1995 bonds was completed. The results of the sale proved beneficial to the district with a total savings of \$1.474 million. Remember, I wanted the majority of the savings in real or current dollars. Thus, the greatest savings is in the first four years. This will definitely have an impact on the debt millage rate in the future years by actually decreasing it more rapidly than originally expected."

The resolution passed at the meeting ratifies the actual sale pursuant to the Sept. 9 resolution adopted by the board authorizing the superintendent to execute the transaction.

"The best way to explain this is, if you had a house at a 7 percent mortgage and got it reduced to 4 percent," Koster said. "It's a refinancing. It's just like refinancing for a home. That's exactly what it's like. That money will directly be a saving to the taxpayer."

According to Lippe, the district refinanced the bond because it was called back and refinanced at a lesser interest rate.

"It's really good because we saved that amount of money," Lippe said. "The bonds that were sold were at a higher interest rate. You have a whole series of bonds at a whole business rate and you have the same kind of gathering of interest rates. It's hard to get one interest rate."

Ramez Khuri is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 110 or by email at rkhuri@it.hometown.com.net.

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Novi PD sides with safety

By Victoria Sadlocha
STAFF WRITER

In response to an ongoing debate between Ford Motor Company and statewide police organizations, Novi's chief of police decided to go ahead and make modifications to the department's cruisers, putting safety of the city's officers first.

About 20 of Novi's Ford Crown Victoria patrol vehicles received modifications about two months ago and will go back into the shop to receive a new safety kit supplied by Ford Motor Company at no charge to the city.

The initial repairs were done as a preventative measure after alle-

gations sprung up stating Ford Motor Company's Crown Victoria Police Interceptors explode when rear-ended at a high rate of speed.

Those against the police vehicle say the problem is the placement of the fuel tank behind the rear axle which makes it susceptible to rupture in a high-speed crash.

"We chose to take the safer side," said Douglas Shaeffer, City of Novi chief of police. "Ford has offered a modification and we have elected to accept."

Shaeffer said he has been following the cases brought on by other law enforcement departments in the state against the Big Three automaker after hearing the

"We've chosen to protect our employees and anyone involved in a potential crash."

Douglas Shaeffer
City of Novi chief of police

news that the police cruiser explosions resulted in officer casualties.

The first modification initiated by the department, based on a recommendation by Novi's police department equipment services division, cost the city \$15 per car,

resulting in a total cost of about \$300.

It involved rear-axle work, installing bolts with a more rounded end replacing those sticking out and therefore posing

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Union steps up protest

By Phil Foley
STAFF WRITER

Members of Ironworkers Local 25 were out in force again Friday at Novi Expo Center trying to convince people to boycott the exhibition facility.

"We hope to do some good here," said Pete Oresky, the local's business agent.

Union members claim Expo Center management is anti-union and may have unqualified people working in the facility.

"We don't know what's going on in there," said Oresky. He pointed to an upcoming machinery show saying that using part-time, untrained people to move and set up heavy machinery creates a huge potential for serious injury or worse.

Blair Bowman, president of Novi Expo Center, has said repeatedly that each individual company renting the facility for a show is responsible for its own workforce needs. Bowman said that while his company maintains a list of local companies available for subcontracting, Novi Expo Center does not require its exhibitors to use any particular company.

"We're not buying it," said Oresky.

The Ironworkers represent a substantial portion of the workforce that sets up and takes down trade shows at Detroit's Cobo Center. They maintain that what they see as unfair labor practices has lured shows out of Detroit to Novi.

"If the work is going out there, we do too," said Oresky.

Last month Greater Detroit Building Trades and Metro-Detroit AFL-CIO asked the more than 200,000 workers represented by their associated unions to boycott events at the Expo Center. Initially Oresky said his members and members of other unions would hand out boycott flyers at shows they felt would be big draws with union members.

Shortly after the unions announced their boycott, the Rev. Horace Sheffield, a Detroit Baptist minister and civil rights activist who had previously accused the Novi Police Department of racial profiling, said he would be staging a protest at the center over what he called racist policies. However, after issuing several "travel warnings" through PR Newswire, Sheffield's protest failed to materialize.

Mid-day Friday, as the Greater Detroit RV and Camper show was getting underway, Oresky said, "We'll be hitting every show."

About a dozen union members showed up Friday to hand out leaflets and two pickup trucks carrying four-by-eight-foot "boycott" signs circled the

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Photo by John Heider

Standing in front of a blackboard with customers' farewells to their restaurant, Too Chez, are its manager John Baumgartener, left, Maitre'D Achille Bianci, and Chef Michael Schmidt. The Novi eatery will be closing its doors for good this weekend.

Au revoir, Too Chez

Business too light for restaurant to continue

By Phil Foley
STAFF WRITER

Changing tastes and traffic congestions are being blamed for the demise of one of Novi's premier eateries.

After a 17-year run under three names, Too Chez Bistro will close its doors for good Saturday.

John Baumgartener said the last few years have seen a shift away from chef-driven fine dining restaurants toward more moderately priced, casual restaurants owned by national

chains. "We've had a great run," declared Baumgartener, who has managed the restaurant since 1991. However, he said, he'd had begun to see a slip in business even before the economic downturn following 9/11.

Originally opened in 1983 in the Novi Sheraton as Raphael's, a high-end French restaurant, the restaurant moved into a free-standing building as business expanded in 1985, and five years later it was revamped under the Too Chez name. Last June the owners added Bistro to the name

and introduced a lower-priced menu.

Baumgartener said he thinks since the building's exterior remained unchanged, people still thought it was the same upscale restaurant that had won fans through the '90s. He noted the economy was so hot in the '90s that fine dining was an easy sell, but following the Dot-com crash and plummeting 401Ks "people's spending habits changed."

"There aren't that many independents I know that are really jamming," said Peter Paisley,

owner of Local Color, a local brewery and restaurant. He said that while there's been a substantial number of new restaurants open in Novi in the last few years, they've all been mid-range chain operations.

Baumgartener said the Wisne family, which owns Too Chez, hasn't decided what to do with the building yet. They are considering both remodeling and reopening with a different format at some time in the future or selling the property.

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Planning Commission rejects Novi Expo Center plans

By Phil Foley
STAFF WRITER

Blair Bowman and his partners at TBON LLC are heading to Novi City Commission with plans for a new Novi Expo Center in hand Oct. 21, but not with the blessings of the Novi Planning Commission.

The commission voted 6-2, with David Ruyle and Tim Shroyer dissenting, not to approve TBON's request for preliminary site approval and woodlands and wetlands permit approvals.

The company wants to build a 318,900 square foot building on a 54.82 acre site bounded by I-96 and Grand River Avenue and Taft and Beck roads.

The majority of commission members agreed with the planning staff assessment that the pro-

posed project does not meet city requirements for planning, traffic, woodlands or facade permits.

TBON's current architect, St. Louis, Mo.-based Forum Studio, is proposing a building made of cast-on-site concrete slabs that the firm calls "architectural concrete." Chris Cedergreen, Forum's president, presented planning commission members with photographs of several recent projects using the new technique including Budco headquarters in Detroit; a GAP/Old Navy distribution center in Fishkill, N.Y.; a Lucent Technology office building in Miramar, Fla.; the St. Louis Rams training facility in Earth City, Mo.; Collins and Aikman's Troy Concept Center; and a nondenominational church in St. Louis, Mo.

City staff and several commission members, including Antonia

Nagy, were unimpressed, calling the proposed construction method pre-cast concrete — a material that is specifically rejected by the city's EXO (Overlay) District ordinance — an ordinance that Nagy reminded Bowman "was written with your help."

Bowman called the disagreement an "issue of semantics." He said that while he understood the commission's concern over the use of pre-cast concrete in some recently completed warehouse structures in and near the city, the material Forum Studio is proposing is totally different.

He said architectural concrete is a "technological advance" that is being used all over the country in Class A office buildings.

Along with the look of the building, several commission members were unhappy with

The commission voted 6-2, with David Ruyle and Tim Shroyer dissenting, not to approve TBON's request for preliminary site approval and woodlands and wetlands permit approvals.

parking plans for the project, which call for 2,600 parking spaces.

"I'm concerned about the amount of asphalt," said commission member Lynne Paul. She suggested that a parking structure would reduce the distance people would have to walk to get to the center as well as preserve more

green space and wetlands on the site.

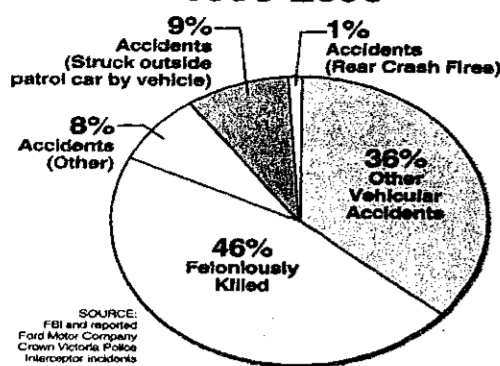
Bowman countered that a parking structure is not economically feasible. He said at construction prices ranging between \$10,000 and \$20,000 a space for parking structures, the parking area could

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Cause of Officer Fatalities 1996-2000



SOURCE: FBI and reported Ford Motor Company Crown Victoria Police Interceptor incidents

Attempted abduction falsified

By Ramez Khuri
STAFF WRITER

Upon extensive investigation, the Walled Lake Police Department has determined that the reported attempt abduction which took place on Monday, September 30 was false.

It was originally reported that at approximately 7:50 a.m. on that day, an unknown white male attempted to lure a 13-year-old female into his vehicle in the area of South Commerce and

Wanda in the City of Walled Lake.

Although in this particular instance the reported crime did not occur, it is important that parents and children be aware of their surroundings and continue to report any type of suspicious activity to the police due to charges that have taken place throughout the country.

The Walled Lake Police Department encourages parents to talk with their children regarding the consequences of making

a false police report due to the extensive resources utilized in the investigation of reported crimes. The department appreciates the support of the community and surrounding area departments who provided tips and possible leads during this investigation.

Ramez Khuri is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 110 or by e-mail at rkhuri@ht.homecomm.net.

Help keep an eye on our children

By Ramez Khuri
STAFF WRITER

Volunteers are needed to donate some of their time to "keeping an eye on our children." The Novi Police Department adopted this program in 1993. Administered jointly by the Novi Police Department, school districts and PTAs/PTOs, the Michigan Community Child Watch program's success depends on volunteers who have been trained to observe, recognize, record and report suspicious activities and persons.

"I think the program has been a success," Committee Chair Head Stacie Beyer said. "It was proven that the signs have been very effective in neighborhoods in reduction of crimes. However, it would be great if more people can find out about

the program."

Each trained volunteer is provided with a poster for display in their window and a handbook for reference. The window posters have been proven to be a deterrent to not only child molesters, but also over all crime in neighborhoods where a significant number of posters are displayed.

A Michigan Community Child Watch poster in every window would not only be a crime deterrent, but would also be a comfort to children and adults who traverse the streets, said Beyer.

On October 9, a detective from the Novi Police Department was scheduled to be at the Novi Woods Elementary School to educate the students about the program and to teach what its symbol means. The program was established in 1979, but the symbol, which was established in 1991, means, "Our eyes are open."

Any application has to be approved through the Novi Police Department. All who are approved must go through a half hour training session in the spring and anyone who is 17 years and older can participate.

"I think people should participate so that we can all be keeping an eye on our children to minimize crime in our neighborhoods," Beyer said. "There is strength in numbers. I didn't know about the program until my child became of school age, but I think this program needs a little more noise."

For more information, call the Novi Police Department at (248) 348-7100.

Ramez Khuri is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 110 or by e-mail at rkhuri@ht.homecomm.net.

City goes for safety

FORD'S PLAN

continued from front

he possibility of puncturing the gas tank.

John Underhill, City of Novi Police Department vehicle maintenance expert, said some of the bolts in the city's older model Crown Victorias had the ends ground down, resulting in less of a point.

Underhill said by the end of the month the city will have the new kit offered by Ford Motor Company encompassing all three aspects of the automaker's safety plan.

Shaeffer said the decision to go ahead with the first round of repairs was to take a proactive stance toward keeping the city's officers safe by eliminating any question of vehicle safety.

"We've chosen to protect our employees and anyone involved in a potential crash," he said. "Shaeffer does not know if reimbursement is an option."

The second set of modifications will happen after Oct. 23 as a result of a recent announcement made by Ford Motor Company in Arizona stating it will be providing a modification kit at no charge for all Crown Victoria police cruisers made between 1992 and 2002 and some 2003 models.

"Our vehicle maintenance personnel were talking with a representative at McDonald Ford and learned there will be a whole kit offered," Shaeffer said. "Apparently, the kit will not only replace the suspect bolts, but will cause the installation of shields around the tank and differential/rear axle. They will be installed by Ford at no expense to us."

The chief of police pointed out there are still two sides to the story and two views on who is at fault. He stressed the department's decision to modify its vehicles is based on safety and not on pointing fingers at the

Through the efforts of the Technical Task Force and Blue Ribbon Panel, Ford Motor Company enacted a Police Officer Safety Action Plan in response to allegations its Crown Victoria Police Interceptors exploded after being rear-ended at high rates of speed.

The plan includes providing:

- An upgrade kit for the cruisers designed to help reduce the potential of fuel tank punctures in high-speed, rear-end accidents by shielding key components;

- An optional trunk package designed to help police officers carry sharp-edged, heavy equipment more safely and horizontally rather than longitudinally. This package will also include a layer of puncture-resistant material. The package will be available by the end of this year;

- And a trunk template that may be placed in the trunk to show law enforcement agencies where equipment should or should not be mounted in the trunk.

The plan also takes a holistic approach, recognizing officer safety depends on many factors, not only vehicle safety. Ford Motor Company representatives said the plan will therefore address a broad spectrum of work practices and equipment that protects officers from this type of high-speed accident.

The Blue Ribbon Panel will be exploring a range of police practices and technology to keep officers safer on the job, while the Technical Task Force will be in charge of modifying the actual vehicle.

Despite the announcement, the automaker will continue to implement a safety plan announced days before the administrator's decision.

Three high-speed, rear-collision accidents resulting in Arizona fires, prompted Ford and the Arizona attorney general to develop a plan of action.

A spokesman from Ford Motor Company said although the high-speed, high-energy crashes referenced by police organizations are rare, Ford accepts the challenge to enhance the Crown Victoria's performance.

According to Federal Bureau of Investigation data compiled to show the cause of officer fatalities from 1996 to 2000, one percent of officer deaths were caused by rear-crash fires.

Data provided by Ford Motor Company showed state highway

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City goes for safety

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patrol vehicles make an average of 25 million traffic stops per year, about 500 for every officer.

By comparison, the data shows a civilian vehicle may be pulled over by the side of the road only two to three times a decade.

As a result, police vehicles stop along the highways 1,000 times more and are involved in four times more accidents than civilian passenger vehicles.

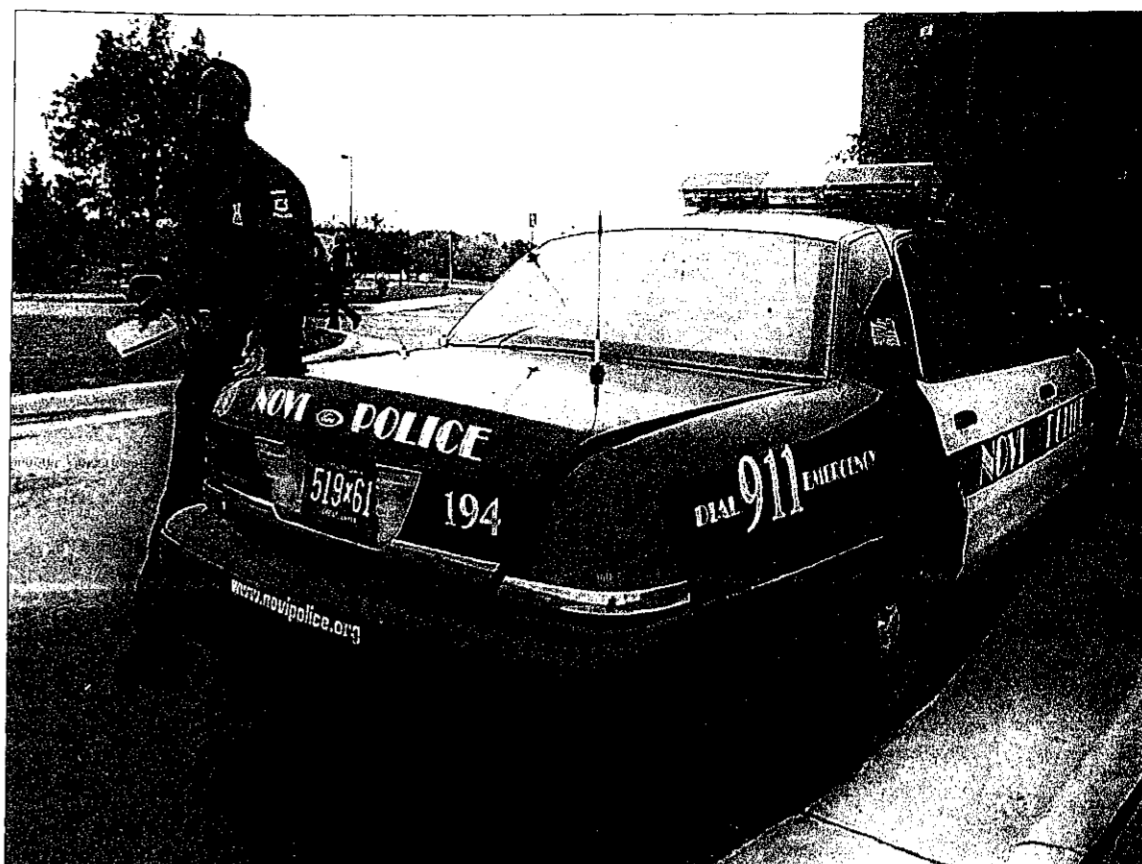
In a press release issued by David Perry of Perry & Haas, L.L.P. - a law firm representing families of law enforcement officers and those killed in the crashes - he states the fiery crashes have taken the lives of at least 17 officers with eight of the fatalities happening in the last two years.

Nine others have been seriously injured.

Class action lawsuits have been filed against Ford in Texas, New Jersey, Pennsylvania, Florida and Ohio.

More than 80 percent of police vehicles in North America are Ford Crown Victorias.

Victoria Sadocha is a Staff writer for the Novi News. She can be reached at (248) 349-1700, ext. 105 or at vsadocha@ht.homecomm.net.



Novi Police Officer Tony Avant opens the trunk of his Ford Crown Victoria patrol car last week to change its video tape. Novi Police has been concerned about their cruisers which may be liable to explode if rear-ended at high speeds. Novi intends to modify its patrol cars.

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Police Report

Lawn jobs

Two residents living in the area of Taft and Nine Mile roads reported damage to their lawns during the night of Oct. 5. The first incident occurred sometime between 9 p.m. Oct. 4 and 8 a.m. Oct. 5 in the 4600 block of Galway. Police responding to the call said 40 to 50 feet of sod near the curb was damaged along with two sprinkler heads and possibly an electric fence line. The officer noticed one tire mark along the sod and noted the lawn sunk about 6 to 8 inches in the damaged area.

Drunk, flat and down

A Novi police officer was "sitting dark" in the parking lot at the southwest corner of Nine Mile and Meadowbrook roads on Oct. 4 at about 11:30 p.m. when he heard what sounded like a vehicle with a flat tire approaching eastbound behind him. With in seconds, the officer saw a gray Buick drive by and the passenger-side front tire appeared completely flat. The officer pulled out of the lot and stopped the car on Meadowbrook Road south of Nine Mile. The officer said in his report as he approached the driver, he "could smell the strong

odor of interlocks wafting out of the open driver's window." Police said the speech of the 63-year-old Grosse Pointe Woods resident was slurred. According to the report, when the officer asked the man if he had anything to drink that night, he replied "not enough." It was further noted as the man exited his car to perform field sobriety tasks, he lost his balance and fell against the rear quarter panel of his vehicle. The officer said he could not stand up straight in one spot without swaying during the tasks. The man blew a .203 and was arrested by police.

Violated vehicle

A female student at Novi High School received a big surprise after class when she went to her car and found a huge scratch down the side. The 16-year-old student told police on Oct. 7 that she believed it happened some time between 6 p.m. Sept. 29 and 2 p.m. Sept. 30. The student said her car was fine when she went to school the morning of Sept. 30 and it wasn't until she was leaving school she noticed the right side of her vehicle was "keyed." Police noted the scratch extended from the right quarter panel to the gas tank. The female had no idea who would do such a thing.

Hit and run

A Northville man called Novi police on Oct. 4 at about 9 p.m. to report someone hit his car and took off. The 47-year-old man said he was stopped at a traffic light at the intersection of Haggerty and 10 Mile roads when a smaller car came up behind him, failed to stop, rammed his vehicle and then took off traveling southbound on Haggerty Road. The man described the suspect as a white female in her mid 30s driving a dark, small car. Police said the vehicle would have had minor front-end damage.



Ironworker Paul Cryderman hands out leaflets at the Novi Expo Center Friday asking people to boycott the facility. Novi-based Ironworkers Local 25 claims the center is unfair to labor. The center's owners say the protests have had no effect on business.

Orchard Hills Sub safety advocates will get new road

City Council OK's despite impact to the environment

By Victoria Sadleira
STAFF WRITER

Representatives from JCK concurred constructing the road would not only disturb the wetlands and woodlands, but would also harm Orchard Hills' wildlife. They pointed out the wetlands in the subdivision are a special type of mature wooded wetlands that are rare for Novi.

"This is to me a very difficult call," said David Landry, Novi city councilman.

Landry said the decision is difficult because it balances the issue of safety with the environment. The councilman said the thought of elementary-age children walking in the dark on 20-foot-wide, winding streets on the way to school with increased traffic was not acceptable.

"To me that spoils safety issues," Landry said. "The potential solution is to put Mallot Drive in permanently."

"I have the same balancing act," said Kim Capello, Novi city councilman.

Capello said when he is faced with a decision of balancing one acre of wetlands attracting mosquitoes with the safety of the city's children, the children win.

Novi City Councilmen Louis Cordas and Craig DeRoche also agreed the environmental sacrifice



D. Landry

was worth ensuring the safety of Orchard Hill's petite residents. Casting nay votes were City of Novi Mayor Pro-Tem Michelle Bonomi and councilwoman Laura Lorenzini.

Novi City Mayor Richard Clark was absent.

"Let's talk about balancing," Bonomi said.

The mayor pro-tem said if everyone at the table was going to say their decision was based on one acre of wetlands versus the safety of children, then they should at least know the environmental facts.

Bonomi explained the construction of Mallot Drive would severely impact the Rouge River and woodlands and wetlands in the area.

The road will also have the effect of fragmenting the wetland from north to south, she said.

Lorenzini voiced concern that even if the road was built, that did not necessarily mean residents would see the new entrance and exit.

She felt residents would still cut through subdivision streets to access 10 Mile Road instead of exiting to Meadowbrook Road.

If the proposal was turned down, city administrators were working with the school district to provide the developer with temporary access to its property bordering Orchard Hills Elementary School for construction traffic use.

Novi City Manager Richard Helwig said Novi School's superintendent Dr. Emmitt Lippe, seemed open to the suggestion.

This is not the first time donating Mallot Drive has come before city council.

City council members in 1998 voted in favor of constructing the roadway, but the approval lapsed from lack of developer activity, placing it in front of the council again.

Victoria Sadleira is a staff writer for the Novi News. She can be reached at (248) 349-1700, ext. 105 or vsadleira@ht.homecomm.net.

WL approves Rose, CVS Pharmacy fence

By Ramez Khuri
STAFF WRITER

The Walled Lake City Council and the Rose family of 235 Wellsborn in Walled Lake have agreed to allow the construction of a privacy fence, completely within the Rose's property, separating it from the new CVS drug store being built on the corner of Pontiac Trail and Maple Roads.

The fence was a part of the development agreement and commercial planned development approved by the City of Walled Lake. It built where originally proposed, the fence would require the removal of the trees at the western property line. The Planning Commission and Council worked diligently with the developer to find a way to allow the trees to stay.

According to Matevia, CVS is expected to put the fence up, but the Roses will be responsible for its maintenance.

three houses so we could extend Maple Road from City Hill to Wisconsin. The property was then sold to CVS.

The purchased car wash and three houses were demolished to make room for the new drug store.

"After the homes were demolished, the very next house next to the store was the Rose family's house," Matevia said. "In the original agreement with CVS, they agreed to put a fence along the back side of CVS along the property line which lines up along the Rose's house. The Roses and CVS both agreed to put the fence on the Rose's property because of the nice trees."

Amusements in Walled Lake will start to be enforced beginning on January 1, 2003. The code, which requires that the license for such machines be renewed each year, was approved to be enforced by the Walled Lake City Council on Oct. 1.

A memorandum from Planning and Development Director Leslie Meyers to Walled Lake Mayor William Roberts and City Council Members states, "Upon review of the City Code for other purposes, it has come to the attention of the Department that an old code exists regarding Coin Operated Machines and Amusements. I'm not sure when enforcement discontinued."

Different types of businesses were checked to see what the impacts would be. Those surveyed include a Laundromat, car wash, bar, restaurant and grocery store. The impacts are \$1,645 for the Laundromat per year, \$105 for the car wash per year, \$1,185 for the bar per year, \$105 for the

restaurant per year and \$180 for the grocery store per year.

Section 18-129 of the code, entitled "Seizure and destruction of machines," states, "If the chief of police has reason to believe any mechanical amusement device is used as a gambling device, the machine may be seized by the police and be impounded and, if upon trial of the proprietor or operator for allowing it to be used as a gambling device, the proprietor or proprietor is found guilty, the machine shall be destroyed by the police."

Since Walled Lake has a director of Public Safety instead of a chief of police, a definition of "chief of police" will be added to general provisions to include "director of public safety."

Ramez Khuri is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 110 or by e-mail at rkhuri@ht.homecomm.net.

Expo protests increase

continued from front

is acting within the law and within its rights.

Oresky said all he wants to do is sit down with Expo Center management and state his case. "I'll be just sit down and talk to us, we'd cease our boycott," said Oresky.

Phil Foley is a staff writer for the Novi News. He can be reached at (248) 349-1700 ext. 108 or by e-mail at pfoley@ht.homecomm.net.

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MON-FRI: 11:00 AM - 7:00 PM

MOVIE GUIDE

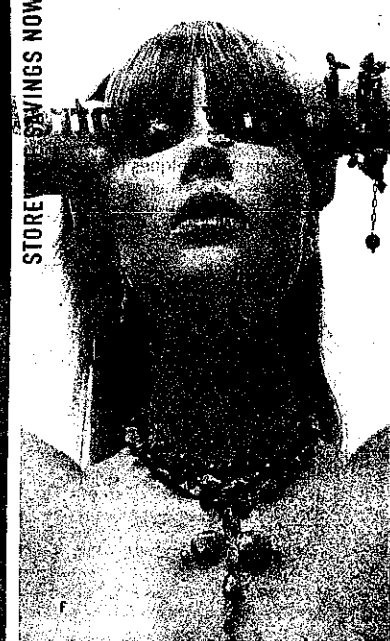
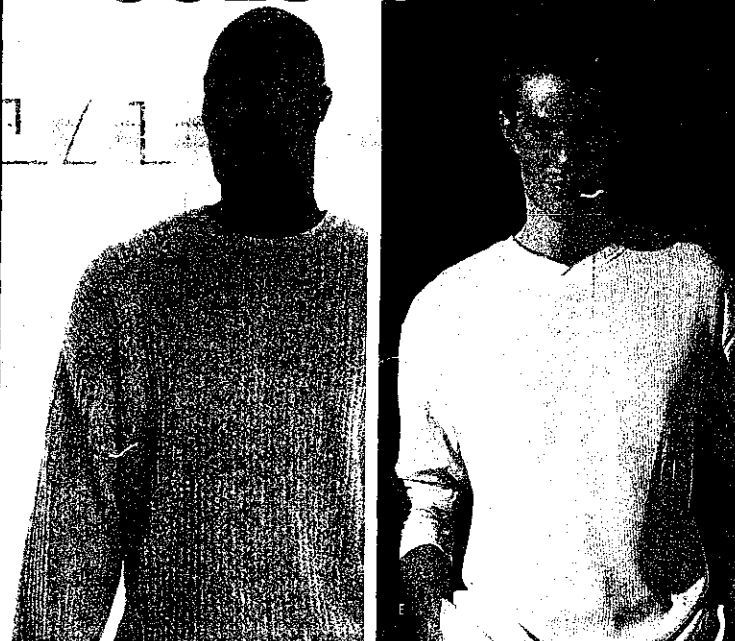
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THE FIGHTER PG-13
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40% OFF C. Large selection of ladies' boots and shoes from AK Aone Klein, Enzo Angileri, Nine West, Naturalizer, Urissa, Franco Sarto, reliability and more. Reg. 69.00-189.00, sale 41.40-113.40. **WOMEN'S SHOES**

SALE 24.99 D. Heavy gauge cotton sweaters from Presswick & Moore. Reg. 48.00. **IN MEN'S**

SALE 17.98 E. Presswick & Moore polo-style, v-neck and Henley knits. Reg. 28.00. **IN MEN'S**

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Novi's 4th Friday count jumps by 64

By Ramez Khuri
STAFF WRITER

The unofficial enrollment number for the Novi Consolidated School District in the 2002-03 school year is 5,960, an increase of 64 students from 5,896 in the 2001-02 school year.

"We projected around 5,947 students," Assistant Superintendent for Business James Koster said. "We are sitting between 5,960 and 5,965 in a head count. That's a good thing because we get funded by the state for the number of kids we have. We get more money that way."

According to Koster, the enrollment number for the 1996-97 school year was 5,102; in 1997-98 it was 5,348; in 1998-99 it was 5,502; in 1999-00 it was 5,748; in 2000-01 it was 5,837 and in 2001-02 it was 5,896.

"The state uses a blended count," Superintendent Ernest Lippe said. "Say we had 1,300 students last year and this year that number went up to 2,000. They don't give you credit for all those students. They would count 80 percent of this year and 20 percent of last year's. You then add those up and that's what they call a blended count. The school districts want a current count, however."

According to Lippe, the increase is a good thing. "More houses are being built up right now," he said. "When you look for a home and you have young children, you're going to look somewhere where there is a good school system. People know that they can get a good education in Novi."

The new students are well spread throughout the district. "It's usually a good mix like that," Lippe said. "We were able to do with last year's staff too. New positions were pretty minimal."

Portable class rooms are not needed. Ramez Khuri is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 110, or by e-mail at khuri@novihomecomm.net.

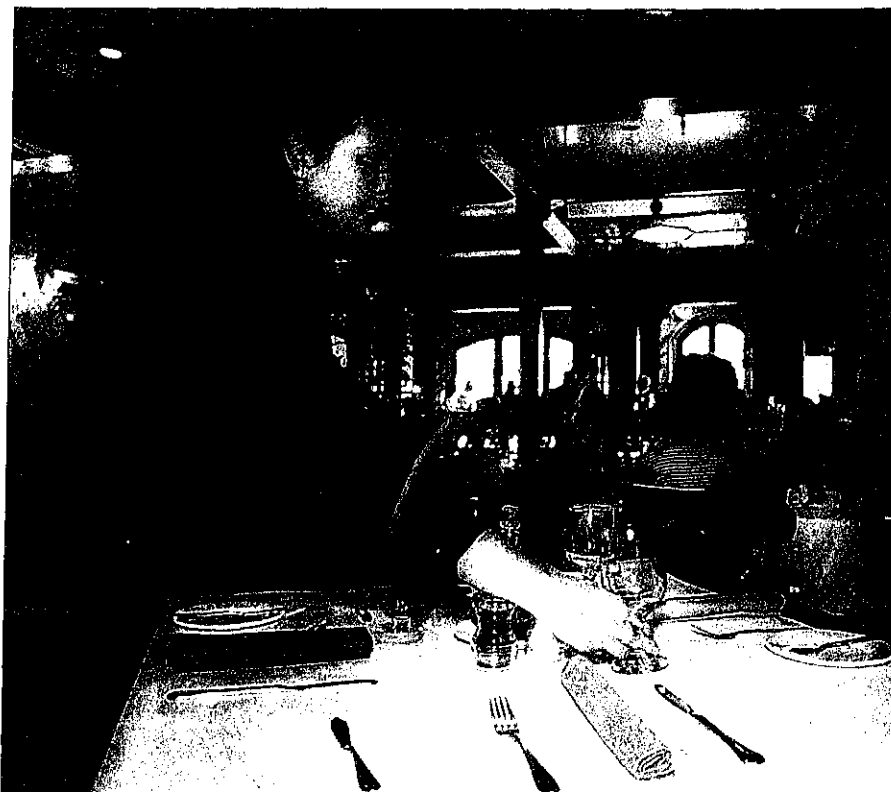


Photo by John Heider
Too Chez waitress Meredith Kerekes sets a table at the Novi eatery which will close the weekend of October 12. Kerekes has been a server at Too Chez for six years.

Business too light for eatery to continue

continued from front

"There have been some inquiries from national chains," he said.

He said the restaurant's closing was timed to allow the staff to find better positions. "We thought about holding off until after the holidays," said Baumgartner, "but this is the time year that local restaurants are hiring extra staff."

He noted one waiter left the restaurant following the closing announcement Tuesday and had a new job in 20 minutes.

Other members of the Too Chez staff have been offered positions at the company's two other local restaurants, Tribute in Farmington and Fonté in Birmingham or Epoch Events, the company's catering arm.

Phil Foley is a staff writer for the Novi News. He can be reached at (248) 349-1700 ext. 108 or by e-mail at pfoley@hi.homecomm.net.

12 Mile and Novi Road intersection will reopen

By Victoria Sadlocha
STAFF WRITER

Travelers hampered by the closing of the intersection at 12 Mile and Novi roads may breathe a sigh of relief as the heavily traveled intersection is expected to open late next week.

Officials said construction went as planned and the intersection should be open on Oct. 18.

"It looks today as though it is on schedule to do just that," confirmed Craig Bryson, Road Commission for Oakland County public information officer. Bryson said workers on the project have been working extremely hard, including weekends, to finish the job on time. The only known factor at this time which could push the open-

ing date back is the weather.

"If the weather holds we should be in good shape," Bryson said. "Other than that, it looks like it is on schedule."

What motorists may expect when the barrels are moved, is 5-lane roadways in each direction. Bryson said the area will be a much better functioning travel route with upgraded turning functions, ease of travel and improved traffic management.

The widening work on 12 Mile Road east of Novi Road continues and will be completed next Summer.

The popular intersection servicing much of the city's shopping including 12 Oaks Mall and Fountain Walk was closed Sept. 16.

More than \$18 million of the 12 Mile Road widening project was privately funded by Fountain Walk developer PLC Commercial with additional funding from the Taubman companies and the Road Commission for Oakland County.

Victoria Sadlocha is a staff writer for the Novi News. She can be reached at (248) 349-1700, ext. 105 or at vsadl@hi.homecomm.net.

Novi, it's time to give

By Victoria Sadlocha
STAFF WRITER

Volunteers and organizers urge area residents to participate in the city's bi-annual Novi Community Blood Drive next week.

Extra emphasis is placed on being placed on the fall drive occurring Oct. 15 from 1 to 7 p.m. as a result of the Sept. 9 emergency appeal for blood donations issued by the Southeastern Michigan Chapter of the Red Cross.

"We can't even collect enough to take care of our own needs," said Geraldine Stipp, event volunteer. "Southeastern Michigan is chronically short of blood."

The local chapter is operating on less than a one-day supply of blood.

A check performed last month revealed the Southeastern chapter has less than 550 units of red blood cells available for local hospitals and the minimum acceptable inventory at any given time must be greater than 2,550 units.

The ideal level of inventory is 6,000 units of blood. According to data provided by the American Red Cross, in the course of a lifetime, 70 percent of the population will need a blood transfusion, yet less than 5 per-

cent of the eligible population donates blood.

What representatives from the American Red Cross are proposing to help through this tough time is that each regular donor gives one more time a year than they normally give.

"If we had one additional pint each year then we wouldn't have to get blood from outside of our region," Stipp said. "So, if a donor is used to giving once then give twice and if twice then three times."

And, of course, if you have never given before then giving for the first time would be a big help," she said.

Stipp said Novi's Tuesday drive is a perfect opportunity to begin helping.

The basic requirements for giving blood are donors must be at least 17 years old, weigh at least 110 pounds and be in good health.

Each volunteer will be required to register, have a minimum physical, give a blood sample and have a brief rest afterward including cookies and juice.

Before giving blood, Stipp said to have "a healthy meal, drink plenty of fluids and take medications as normal."

Approved donors are eligible to give every 56 days and one pint of blood is taken with each visit.

The volunteer and event organizer also emphasized there is no chance of being exposed to a disease when donating blood.

In fact, Stipp said, two recent studies found a possible link between donating blood and reducing cardiovascular disease.

The former Novi city clerk has been involved with the blood collection initiative for many years. "I started handling Novi's community drive years and years ago," Stipp said.

She said the spring and fall event used to have a really good turnout, but attendance has dropped in recent years because of the numerous different drives held and considering there is a donation center in Novi.

"But we're thankful for every pint we get," Stipp said.

The Novi Community Blood Drive will take place inside the United Methodist Church located at 41671 W. Ten Mile Road, just west of Meadowbrook Road.

Walk-ins will be accepted, but appointments are preferred. To make an appointment or for more information, call Geraldine Stipp at (248) 442-2292.

Victoria Sadlocha is a staff writer for the Novi News. She can be reached at (248) 349-1700, ext. 105 or at vsadl@hi.homecomm.net.

SOME REASONS PREVENTING BLOOD DONATION

- If you have a temperature above 99.5 degrees
- If it has been less than two days before finishing an antibiotic for an infection
- If you have a type of generalized autoimmune disease
- If you have had a blood transfusion within a 12-month period from anyone other than yourself
- If your blood does not clot normally or you are taking blood thinners
- If you have used cocaine or other street drugs in a 12-month period
- If you have had oral surgery or were treated for an abscess or infection within a three-day period
- If you have been in close contact with someone who is sick with viral hepatitis or is at an increased risk for HIV infection within the past 12 months
- If you were in a correctional or long-term psychiatric institution within the past 12 months
- If you have taken Accutane, Proscar, Propecia or chemotherapy-type drugs for conditions other than cancer within the past four weeks
- If you have had an organ or tissue transplant in the past 12 months
- If you are pregnant or have had a baby in the past six weeks.
- If you were treated with syphilis or gonorrhea in the past 12 months
- If you have had a tattoo in the past 12 months
- If you have spent long periods of time in countries where "mad cow disease" is found
- If you have traveled to an area where malaria is found in the past 12 months

American Red Cross

Source: American Red Cross

Obituaries

Dallas Preston Harwood
Dallas Harwood of Novi died Oct. 3, 2002 at Beaumont Hospital, Royal Oak. He was 78. Mr. Harwood was born Nov. 21, 1925 in Bay City, Mich. and had been married 60 years to Sally Lou (Harris) Harwood. He was self-employed and the owner of a manufacture's rep. company. He was an eternal optimist and studied and lived by the ways of the Bible.
Mr. Harwood was a loving, caring husband, father and grandfather. He enjoyed boating, deep sea fishing and travel. He was a member and past commodore of St. Clair Yacht Club and River View Yacht Club. He served in the Army AirCorp as sergeant to the colonel during W.W.II.
In addition to his wife, survivors include two daughters, Deborah (Michael) Vauris and Wendy (Wendy) Martin; one granddaughter, Melissa Rhodes; and one sister, Joan Moore.
Funeral services were October 7 at Heeny-Sundquist Funeral Home, Farmington, with Rev. Jennifer Saud officiating. Interment will be at Glen Eden Memorial Park, Livonia.
Memorials may be made to American Heart Association.
Arrangements were made by Heeny-Sundquist Funeral Home, Farmington, Mich.

Lenore Warren
Lenore Warren died on October 2, 2002. She was 82.
She is survived by her children, Suzanne (Robert) Hart, Linda (Roger) Marks, Robert (Colleen) and Lee Anne (Robert) Treloar; 13 grandchildren; five great-grandchildren; and a sister, Doris Greth. She was preceded in death by her husband, Allan Warren.
Visitation will be Friday 5:30 to 8 p.m. and Saturday 10 a.m. until the funeral at 11 a.m. at the O'Brien/Sullivan Funeral Home at 41555 Grand River, Novi. Interment will be at the Washtenaw Cemetery in Ann Arbor. Memorial contributions may be made to the Michigan Parkinson Foundation, 30161 Southfield Road, Suite 119, Southfield, MI 48076-9775.

Harold "Lefty" J. Cavanaugh
Harold Cavanaugh of Novi died September 28, 2002 in Novi. He was 78.
Mr. Cavanaugh played Santa Clause at hospitals and schools for 16 years. He was employed by Bughis for 33 years.
In addition to his wife, Betty, Mr. Cavanaugh is survived by children: Colleen (Daniel Kosut), Cavanaugh and Kevin (Barb); grandchildren Charles and Michael; and sisters, Mary Patricia Marsh and Phyllis (Gale) Boring.
A funeral was held on October 9 at Holy Family Church in Novi. Interment was at Holy Sepulchre Cemetery in Southfield.

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Novi City Council Briefs

Contributors honored

Major contributors helping make "Fall for Novi" a success were recognized during city council's Oct. 7 city council meeting.

Public hearing

Members of Novi's city council voted to schedule a meeting for a public hearing on Oct. 21 to hear comments on the application of proposed 2003 Community Development Block Grant funds.

Special meeting

Members of the Novi City Council and city administrators have scheduled a special meeting on Oct. 17 at 7 p.m. to review council's progress in achieving its earlier set goals.

Senior Van Program

Senior Van Program for senior transportation services and \$62,749 to the Minor Home Repair Program for residential home repairs.

New fire station

In an effort to move the construction of the city's new fire station and training center forward, members of the city council approved the permanent underground easement from the City of Novi to Detroit Edison.

Novi Senior Center

Members of the Novi City Council gave their approval during the Oct. 7 meeting to renew the Mercy Services for the Aging.

nutrition space committal/co-location agreement with the city's senior center. The center has had the agreement with Mercy Services for the last 20 years.

Service recognition pins

An approval to award a bid for service for city employee service recognition pins was awarded by members of the city council during Novi's Oct. 7 meeting.

amount of \$5,293. This is the first phase of the employee-recognition program approved by city council in the 2002-2003 budget.

Street realignment

Members of the Novi City Council approved a consideration to adopt a resolution to realign Ludlow Drive during the Oct. 7 meeting.

Music and Motor Fest liaison

One Novi city council member and one Novi city administrator will be appointed as a liaison to the Music and Motor Festival committee.

Library Lines

Novi Public Library

The Novi Public Library is open Monday-Thursday, 10 a.m. to 9 p.m.; Friday-Saturday, 10 a.m. to 5 p.m.; and Sunday, 1-5 p.m.

Design-a-Plate

Design-a-Plate days will be held Thursday, October 10, from 4-8 p.m., and Saturday, October 12, from 10 a.m.-3 p.m.

Board meeting

The Novi Library Board of Directors meets Monday, October 14, at 7 p.m. in the library meeting room.

Chinese painting for teens

Len Alton will present a hands-on class in Chinese painting for teens in grades 5-12 on Tuesday, October 15, from 7-8 p.m.

More Internet for seniors

E-mail is a great way to stay in touch with friends and family, wherever they are. Come and learn the basics of sending and receiving e-mail.

Internet for all ages

An advanced Internet class will be held Thursday, October 17, from 7-9 p.m. The class will build on concepts presented in the "Introduction to the Internet" class.

Job search resources

Looking for a job? On Tuesday, October 22, from 7-9 p.m. we'll show you how to take advantage of the library's Internet and print resources.

Internet practice lab for seniors

Practice makes perfect! Join us for an opportunity to practice any of the skills you've learned in our Internet classes.

Ancestors online

Learn how to begin searching the Internet for information on your ancestors on Thursday, October 24, from 7-9 p.m.

Garden clean-up

Master gardener Janet Macunovich will present "Fall Garden Clean-up Tips" on Tuesday, Oct. 22, at 7 p.m.

Walled Lake City Library

The Friends of the Library book discussion group will meet at the Big Boy in Walled Lake on Tuesday, Oct. 15, at 12:30 p.m.



Emagine becomes reality Public relations specialist Dawn Jedrusik, right, leads a tour of Emagine Theater's 500-seat movie theater last Wednesday morning.

WHALERS VS. BRAMPTON BATTALION SATURDAY @ 7:30 pm. Family Value Night! 4 Tickets, 4 Hot Dogs, 4 Pepsi's & 2 Programs for only \$39!

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Our boss, Laura Maisevich, is a natural. She is the Administrator at Highland Haven and deserving so. She has a lot of patience, knowledge and most definitely a people person.

Lynn Schweitz, Mark Esper and Kathy Gordinear

Milford Township Supervisor Don Green is not only thorough, dedicated, devoted, conscientious, fair and hard-working, he's a great boss and we're happy to work with him.

Your Staff

I would like to wish the new principal of Howell High School, Mr. Bill Martin, a Happy Bosses Day. Bill is a superb and genuine human being. He began his position at Howell High School with a "Shared Vision" and leadership that is remarkable! He is genuine, caring, competent, committed!

Trips and bonuses and flexible schedules, insurance and slushies and BBQ lunches, Rooms for changing, fitness and tanning. These are a few of our favorite things.

Thank you Bill and Colleen BA Staff

Clyde To the man who taught us that it's "all eventual." Thanks for all your hard work and patience. Composition Department

A-Appreciates his staff.
R-Respects his staff.
T-Treats us as his health food.

F-Fundraiser
E-Extraordinary.
I-Insightful.
S-Superior Supervisor.
C-Charismatic.
H-Humorous.
E-Energetic.
R-Resourceful.

Happy Boss' Day, Art, from all your staff at DM Village!

To Grace, Linda & Sherri Thanks for all your help & support during these past months. Couldn't have done it without you all! The Classified Department

Char is just a joy to work for. She's so nice, thoughtful, worldly, understanding and giving. I've been here almost 3 years (hard to believe). We totally love her and her wonderful family! Howell Travel

I have worked for Robert Bondy for 7 years. Not only is he a wonderful father and husband, he is an exceptional attorney and well respected builder and developer. Rob is also very involved in his community. I enjoy working for him and feel fortunate to be able to work for a person I respect and who I consider to be my friend. Patricia Coleman

Foresight has allowed business to grow, change over three decades

By Linda Neff
CONTRIBUTING WRITER

It's been as much a part of the South Lyon business community as its owners have been an integral part of the South Lyon community. Serra Floor Covering first opened its doors in downtown South Lyon 30 years ago when it was a one-light town. Jim Serra started the business right after he finished school.

"It began as a home decorating store selling paint, wallpaper and upholstery," he says. "Over the years the community grew and evolved and the business evolved with it."

Today, Serra Floor Covering specializes in flooring and custom window treatments only. Over the years, owners Jim and Vicki Serra have had the foresight to ensure the success of the business by changing as the community changed and keeping ahead of demand. They provide small-town personalized care and service but with very competitive pricing.

With personalized service at Serra Floor Covering you'll get exactly the right floor covering to make your home beautiful while saving your lifestyle and budget. The professional sales staff at Serra Floor Covering is well versed in flooring. Continuous training ensures the staff is current with trends and new products constantly coming out to the market. Their wealth of information and experience can help you make the right flooring choices for your home. And if you haven't purchased new carpet in the last five to 10 years you'll



Sharlene Mesner, Tracy Schichi, Vicki Serra, Andree Serra and Dawn Grabinski of Serra's Floor Covering.

find their experience invaluable in helping you select the right flooring.

"There's been some pretty big changes in what's available style-wise and quality-wise," Jim said. "There have been so many new innovations in the manufacturing and producing of the yarns that make a big difference."

The newer carpets offer the latest advances in technology, making them more durable and much

easier to clean. They're softer to touch and new dyeing systems allow for the latest colors available in a wide variety of shades and patterns. Serra Floor Covering carries carpets from several different carpet mills to provide its customers with a good cross section of styles and prices.

Hard surface products have also changed, improving tremendously over the years. New aluminum oxide finishes allow hard-

wood floor finishes to be more durable and laminates to look like real ceramic without the painstaking maintenance of grout.

Serra Floor Covering moved to its new location and larger facility at 21946 Pontiac Trail in South Lyon four years ago. The new location offers better access and parking for customers. The business carries all major brands of carpeting, provides free estimates and measuring, and offers six

months same as cash financing. Customers are guaranteed a professional installation every time by Serra's own experienced and knowledgeable installation crew. In fact, Serra Floor Covering guarantees its installation with a one-year warranty along with the manufacturer's warranty. Customers can benefit from special sales and promotions that will be taking place in celebration of the business's 30th anniversary.

Owning a successful and thriving business is just one of Jim and Vicki's contributions to the South Lyon community. Jim is a member of the South Lyon Downtown Development Authority, and he and Vicki are also members of the South Lyon Area Chamber of Commerce. Through the years they have supported many sporting events and teams, and Vicki has been quite active in the school system attended by their children. Two of their three daughters are now in college while the youngest still lives at home and attends South Lyon schools.

Jim, Vicki and the staff at Serra Floor Covering believe in extending courteous, professional service to their customers. They are there for their customers before, during and after the sale and can answer any questions.

The store's 4,000-square-foot showroom offers literally thousands of styles and colors to choose from and the store does a good amount of business with local new construction builders.

In addition to carpeting, laminate, vinyl and wood flooring, Serra Floor Covering also carries

SERRA FLOOR COVERING

Visit the showroom at Serra Floor Covering from 9 a.m. to 6 p.m. Mondays, Tuesdays Wednesdays and Fridays; 9 a.m. to 7 p.m. Thursdays, and 10 a.m. to 5 p.m. Saturdays or call (248) 437-2838.

an array of colorful and attractive area rugs. A large selection of printed carpets is available as well that includes floral and geometric designs.

"They are beautiful in accent rooms and on staircases," Vicky said.

Jim, Vicki and their staff work hard providing customers with an enormous amount of choices when it comes to flooring and window treatments. Their knowledge and experience can help you in selecting the right product for your home.

"This is our specialty, it's what we do and it's what we've done for 30 years," Vicky said. "We focus on knowing what is right, what does work and what doesn't work."

To find out more about Serra Floor Covering visit its Web site at www.serrafloorcovering.com where you will find a listing of brand names carried at the store, links to information about flooring choices, a help center for questions and an extensive glossary of flooring terminology. If you're not able to find what you're looking for in the store, chances are it can be special ordered.

No experience necessary

Weed out the tardy clients when it comes to you getting paid

By Tim Kissman
SBAA DIRECTOR OF PUBLICATIONS

We all have a story or two from our childhood; some of us maybe more, about the time we decided to venture on our own, start some sort of neighborhood business during a summer between classes, in hopes of making a buck or two.

Whether it was a lemonade stand, baby-sitting or cleaning rain gutters, the opportunity always seemed to present itself and undoubtedly, every one of us saw big dollar signs flash before our eyes.

I invested my time in lawn mowing. Like the dot-com rise in the late '90s, I thought I'd cash in quick and get out.

Everyone in town had grass and someone had to mow it. Why not me?

Boy was I wrong!

I brought my friend, Ron, into the business, determined to buy some new equipment from a mail order magazine with our sure windfall.

Knocking on door after door Kissman and Friend Lawn Mowing, Inc. (no matter what Ron says it was Kissman and Friend) found a willing client, an elderly woman with weeds in her lawn as high as my knees.

We never agreed on a price, but we figured it was worth a cool \$20 so we got started. It was a big lawn and took us all day. We were scraped up from pulling weeds, scratched from mowing around thorny bushes and exhausted from the

heat, but we finished. That's right, two cans of gas and a torn shirt later we knocked on the door and asked for our wages.

The woman, giddy at how well her lawn looked, grabbed her purse and gave us 85 cents. Three quarters and a dime. Ron and I stared at each other in disbelief and trudged home, angry we didn't negotiate a price beforehand.

We learned a lesson that day, and while it's not as horrible as some small business owner's stories, it's still something to think about. Negotiating and agreeing upon a price, and making sure you're paid that fair price is a vital part of running your own business.

Here are some tips to make sure you collect on your products or services.

Talk is cheap. Here's where Kissman and Friends Lawn Mowing, Inc. messed up. We talked about doing the work and the woman agreed to pay, but didn't ask for how much. We should have told her we had \$20 in mind. It would have saved us a lot of time. Band Aids and a shirt if we did.

Write it down. While \$20, or 85 cents, isn't much to write home about, bigger sums are. If you're negotiating a deal with a client, make sure to draft a contract and have all parties sign it. It's the best protection against losing money. You also have legal proof you entered into an agreement and it makes collection efforts more effective.

Half and half. There's not much you can do to make someone pay that dis-

n't want to. To make the loss a little less painful, collect half of the bill up front so that if the client decides not to pay, the loss isn't as bad. If you're going to lose out on a bill, it's better to lose half than everything. Drop that client, by the way, if they shaft you on a bill.

My basketball career survived the 85-cent scare. After telling my parents about the woman and showing them the hard work Kissman and Friend did on the lawn, they helped me purchase the equipment by putting me to work in my own lawn, which I was apparently neglecting.

Tim Kissman is the Director of Publications for the Small Business Association of Michigan.

Faris on business

The Devil's in the Details

By Jack Faris

Legendary New York Yankees manager Joe McCarthy joked that he once dreamed of dying, and on arrival in heaven, was asked to assemble a baseball team. Naturally, he called up such greats as Cy Young and Babe Ruth. They were unobtainable.

Then, the day came when his heavenly stars were called to face the Devil's team. McCarthy, knowing his players were the best, told the Devil he didn't have a prayer of winning.

"You're right," said the Devil, "but I've got all the umpires."

Here on Earth, the superstars of small business slug away daily on Main Street. They're great players, tirelessly hitting home runs for the nation's economy.

They have few rivals. According to the U.S. Small Business Administration's Office of Advocacy, small firms dominate several sectors of the

American economy. For example, 99.9 percent of all construction firms are small, as are 99.6 percent of enterprises in professional, scientific and technical services. Add 99.3 percent of health care and social assistance firms for good measure.

They're the best players. But their strongest opponent, the federal government, has all the umpires. While the small-business sector generates nearly three-fourths of net new jobs, complying with regulations costs them 60 percent more than their big-business counterparts. Their cost just to meet federal rules is nearly \$7,000 per employee.

It's no surprise then that most small-business owners are tired of being hassled by the regulator-umpires. NFIB research found that the federal government was considered the primary culprit by virtually half of those surveyed. Forty-four percent called regulation a serious problem.

The feds may have all the umpires, but the man who controls the rulebook clearly intends to challenge any bad calls. The Executive Order sets regulation-writing policies and directs SBA's Office of Advocacy to train agencies to measure the regulatory damage on small firms, and review proposed rules before they're published. What's more, the bureaucratic-umpires will now have to report annually on their compliance.

Although the Regulatory Flexibility Act has been in the rulebooks for 25 years, federal umps have ignored its requirement to consider the impact on small firms before they regulate.

They often "don't care that the law is on the books," the president said when he unveiled his small-business plan earlier this year. That plan includes an initiative to "tear down the regulatory barriers to job creation for small businesses and give small-business owners a voice in the complex and confusing federal regulatory process."

Here are some tips to make sure you collect on your products or services.

Jack Faris is president of NFIB (the National Federation of Independent Business), the nation's largest small-business advocacy group. A non-profit, non-partisan organization founded in 1943, NFIB represents the consensus views of its 600,000 members in Washington, D.C., and all 50 state capitals. More information is available on-line at www.nfib.com.

Business in brief

Blackburn announces appointments

Don Blackburn & Company, an automation products distributor, has appointed John A. McBride as chairman and chief executive officer and Ronald D. Clark as president.

Prior to these appointments, McBride had been president and Clark executive vice president.

McBride, a 38-year employee, was elected to the company's board of directors in 1989. He is a past board member of the National Association of Electrical Distributors and is active with the National Association of Wholesaler Distributors.

Clark, a 21-year employee, was also elected to the company's board in 1989. He is active with the Engineering Society of Detroit, the Instrument Society of America, and the Association of High Tech Distributors. Clark has a degree in electrical engineering from Michigan Technological University.

Don Blackburn & Company is a 63-year old distributor of elec-

trical and electronic components and products, primarily for industrial automation applications. It serves most of Michigan and represents more than 50 lines of industrial products.



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*This year, the Novi Fire
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Kensington Valley Champs!

Wildcats in close one, but in the end it didn't matter

By John Mueller
HOMETOWN NEWSPAPERS

Playing in the one remaining match of the day at Saturday's Kensington Valley Conference Meet held at Pinckney, Brighton No. 4 singles player Megan LaBoe knew exactly where things stood.

KVC Tennis Championship Tournament

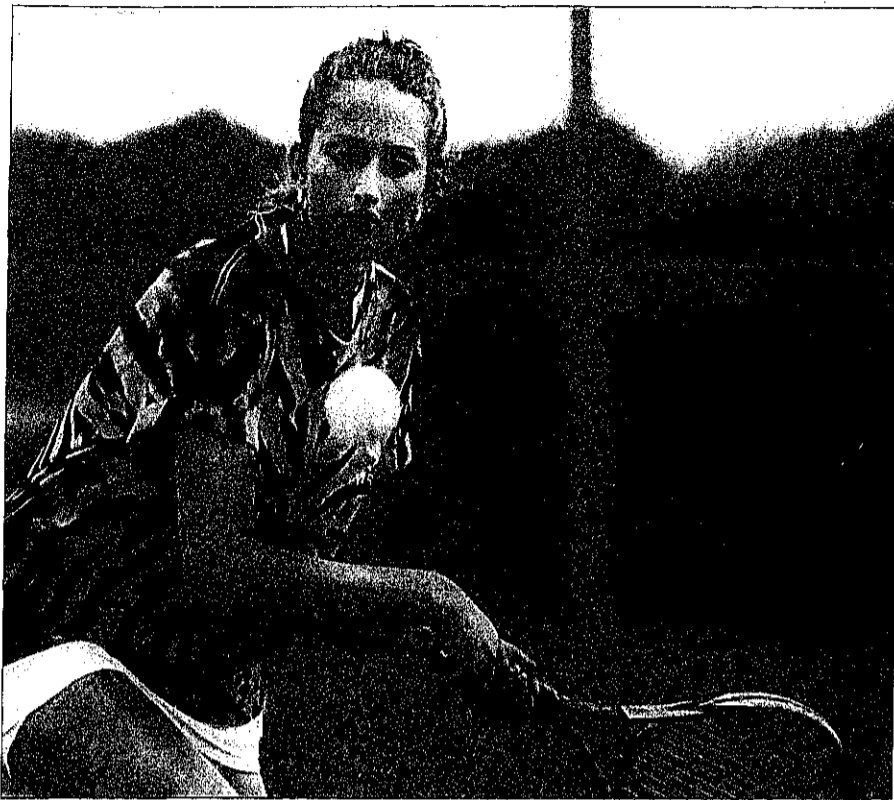
Novi had just earned its 18th match point with a win in No. 2 singles to secure both the tournament and the league championship, so LaBoe knew she was no longer fighting to carry Brighton to the title.

But LaBoe still wanted to win more than ever. "I wanted it so bad," she said. "I knew we weren't going to take the league because Novi is just so good. I knew we were in second place at that point and we were going to finish there. But I told myself I wanted to win my match anyway."

And despite the fatigue she felt at the tail end of the eight-hour tournament, LaBoe knuckled down and earned the 6-4, 5-7, 6-4 win over Novi's Laura Vaughn for her third victory of the day to give Brighton second place with 17 points, a mere point behind the Wildcats. The Bulldogs also claimed second place overall in the league with their 6-1 KVC record.

"We played as well as... no, we played better than we have all year," Brighton coach Jeff Miner said at the tournament's conclusion. "Everybody played well... we really didn't have any matches I felt we lost because we played badly. We tried very hard, and I was just very, very proud of the team today."

In addition to LaBoe's first-place finish, the No. 4 doubles team of Mary Brunken and Laurie Lysak earned a first of their own after going 3-0 against Howell, Hartland and



Novi's Lauren Carosio backhands a volley to her South Lyon opponent Brooke Gilga during a September meet at the home of the Wildcats.

Photo by John Helder

Novi. Brighton also had a slew of players take runner-up honors: No. 1 singles player Ashley Beach, No. 2 singles player Katie Barry, the No. 1 doubles team of Jessie D'Amico and Stacey Nalepa, the No. 2 doubles team of Jen Reed and Brittany Botorowicz, and the No. 3 doubles team of Pam Stafford and Stephanie Harper. Brunken said her doubles win over Novi was important to her considering Novi's immense

talent. "The competition was really hard, especially Novi," Brunken said. "We knew our opponents were really good at the net, so we pretty much kept them off us by lobbing and putting it in the corners. But it was a hard match. We were pretty equally matched."

"It was really amazing," Brunken's partner Lysak added. "We're really proud of ourselves. Novi is our main com-

petitor." Brighton travels to Holt on Friday for the Division I Regional.

Hartland took third place with eight points, notching one runner-up finish from Rachel Kaines, who went 2-0 over South Lyon and Brighton.

"My girls did exactly as they were predicted to do," Hartland coach Judy Jagdfeld said. "They beat the teams they were supposed to beat and they lost

to the teams that they had lost to before."

The Eagles finished third in the KVC with a league record of 5-2, and head to Okemos on Thursday for their Division II Regional Championship.

Pinckney earned five points to take fourth in the tournament. No. 1 singles player Ashley Ruff posted the squad's only first-place finish, going 3-

continued on 3

2002: The year of the Wildcats?

Is this their year? I think the Wildcats sure think so - and I think so, too.



Sam Eggleston

The Novi Wildcats girls tennis team is heading into their regional tournament on one of the highest notes in coach Jim Hanson's career.

You know what they are looking for? Yup, they want to be the team taking a trip to the state finals instead of the likes of Troy, Farmington Mercy, Clarkston and Troy Athens.

Put simply, they are tired of being the good girls of the region.

I expect that these netters are going to prove that they aren't so nice when it comes to the idea of either winning or packing up their rackets and heading home. They have the ability to win, that's for sure - now they just have to prove that to the other big contenders in their region.

Farmington Mercy has already felt the wrath of the 'Cats when they took the brunt of a loss against Novi earlier this season in dual meet action. Hanson and his gang have seen plenty of top-quality teams this year, and they've pretty much come away unscathed.

Let's see - this is where I normally name a bunch of players that I think are going to be important role players in this particular tournament. Well, that's a simple one because it's the entire team.

Hanson told me once that everyone from first singles to fourth doubles is equally important on his team. I've heard the same thing from 50 different coaches over the years about how everyone plays and equal role and they all lend their abilities to a win, and each one always has the superstar they look to for wins. But Hanson is right - his whole team is made of equally important parts.

If Ashley Glover wins her flight at first singles, it matters just as much as if Colene Brockman and Emily Holt win theirs in first doubles - all the flights are worth the same amount of points, and all of them could be the difference between a trip to the states and yet another third-place finish this season.

Are Hanson and the girls going to settle for third place again? Well, you could probably just ask them - or I can tell you what they are probably going to say: No!

I expect that this is the year of the Wildcat, and I know this tennis team isn't going to let me down - are they?

Novi takes first place with Troy Athens in second.
States, here they come!

GAME OF THE WEEK

**Novi
Wildcats
Tennis**

MHSAA Regional

Friday, October 11
at Troy High School

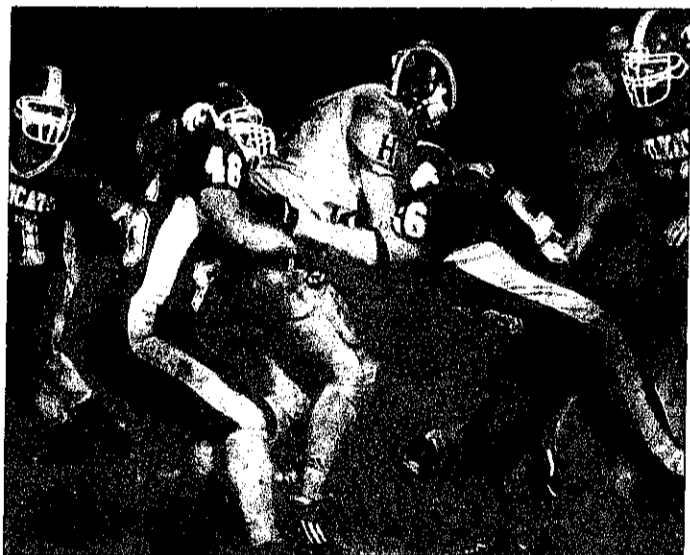


Photo by John Helder

Wildcat defenders Trent Sison, left, and Nick Mainella sandwich the Hartland quarterback during last Friday night's game at Novi.

No Mildcats here: Novi beats Hartland Eagles

By Sam Eggleston
SPORTS WRITER

Football

Many have said that senior quarterback Chase Chandler isn't the player that everyone makes him out to be. Maybe he's just talked up so much because of the way the offense rotates around him? Maybe because it's the way he can shake defenders and sneak through would-be tackles? Or, maybe, it's because he can put together over 100 yards of offense with two scoring plays?

Doubters step aside. Chandler has entered the game.

The Wildcats utilized their front line and the speed of their quarterback as they put together two long scores to bounce the Hartland Eagles 13-6 October 4 in a Kensington Valley Conference.

"I was able to break the tackles when they slipped off me," Chandler said of his scoring runs of 66 and 46 yards. "Then, I took off."

And take off he did. On his first score, Chandler took the snap to

his left before cutting around his offensive tackle and bursting into the defensive backfield. From there, he juked one defender and slipped through the arms of Hartland's Craig Sutter before jaunting the rest of the way.

All of this, and would you believe he wasn't even sure if he could play that day?

"My shoulder has been sore and a little stiff," Chandler said of his right shoulder, which was injured via a sprain during the Novi loss to South Lyon the week

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Novi looking strong in KVC

By Ryan Edwards
SPECIAL WRITER

The girls on the Novi cross country team have been running extremely hard all season. They've run exceptionally well in the last two weeks alone, going 2-1 in their three KVC meets and taking a seventh-place finish at the Oakland County meet.

"Our team is really solid right now, and we should be even better when we get two of our best runner's back - Nina Schmitt and Margo Wolowiec," said Lesley Drake, a junior runner.

The two girls she referred to are both seniors and are slowly working themselves back into running shape. Nina had undergone full reconstructive surgery on her knees last May and just got the screws removed two weeks ago, but she is now running with the team again. Wolowiec ran with the JV team at the Oakland County meet and is working on getting in shape for varsity. With the way this team has been performing without them though, it'll be scary to see how good they can be when they're running at full strength.

Their performances two weeks ago against two conference opponents allowed them to experience the sting of a 45-18 loss and the thrill of a dominating 45-18 win.

Brighton 18, Novi 45

On Sept. 17, the then-undefeated Wildcats met the unde-

feated Bulldogs in a battle of KVC unbeatens. Brighton, who is currently first and still undefeated in the KVC, crushed Novi 45-18. The Kono, who has been a shining star all season for Novi, took third overall with a time of 20:37.

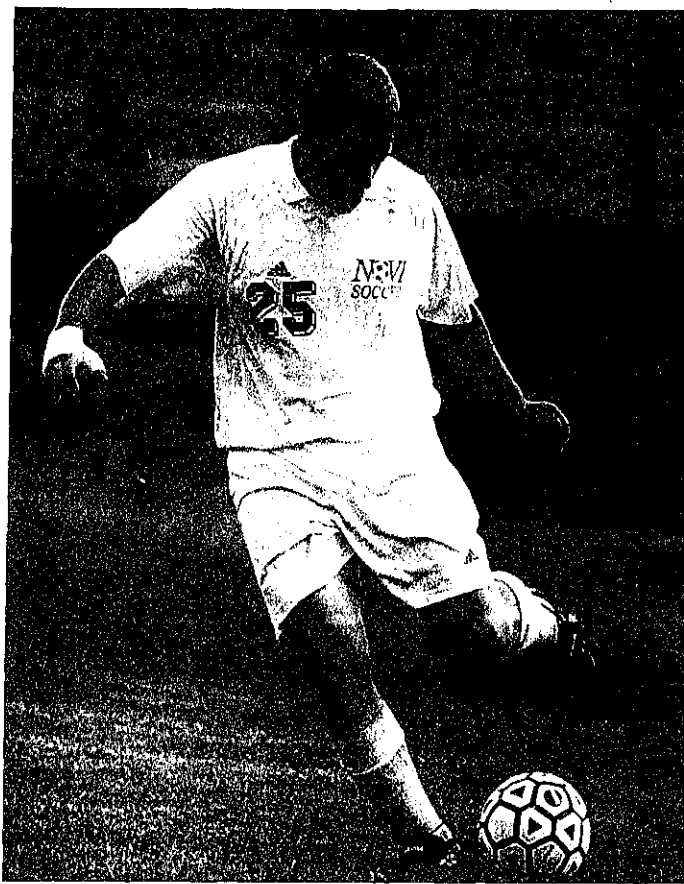
Sara Schmitt and Laura Brunner also finished in the top 10 for the Wildcats, placing ninth and 10th respectively. Schmitt ran a time of 21:31

and Brunner followed closely behind running the race at 21:32. The loss dropped Novi to 2-1 in the KVC.

Novi 18, South Lyon 45
Coming off a tough 45-18 loss to Brighton, had to make a 45-18 win over South Lyon that much sweeter. On Sept. 24, South Lyon drove all the way out to the course at Cass Benton only to get run all over by the hungry Wildcats. Kono led the way again for Novi, finishing first overall with a time of 20:42.

Trailing right behind and coming in second overall was Novi's Samantha White with a time of 20:52. South Lyon was able to slip a runner into the third place position, but the Wildcats collected the next three places, giving them five out of the top six finishers. Nina Schmitt, who began working herself back in, finished fourth overall with a time of 20:57. Patti Ramos claimed fifth overall with a run of 21:12 and Jenny Thomson finished sixth overall in the meet at 21:17. An absolute-

continued on 3



Wildcat midfielder B.J. Humphrey launches a shot from the left side of the net during an August home game against Howell.

Brighton falls to Wildcat onslaught

By Sam Eggleston
SPORTS WRITER

My-silly, isn't that a sweet tasting victory?
The Novi Wildcats soccer team must have been licking their chops after edging out rival Brighton 1-0 October 3 after beating Lakeland 4-0 just two days earlier.
The Kensington Valley Conference battle with Brighton wasn't exactly played in the greatest of conditions. Besides the constant drizzle that never quit coming, the Novi kickers had to contend with a narrower field due to construction being done on the sidelines as well as a very bumpy field.
"Because of the conditions, we didn't do anything fancy and just played straight-ahead, high-effort soccer," Novi coach Brian O'Leary said. "Brighton had trouble with the conditions all night. They continually tried making extra passes and the ball would squirt away or take a bad hop."
The single goal of the game

came from Matt Nickels as he poked the ball away from a Brad Simpson free kick.
"It was all the scoring we needed as Brent Coles, Mike Allic and Brad Simpson played great games on defense," O'Leary said.

Another stellar performance on the defensive end of the field came from the brick wall better known as Sean McClinchey. He made eight saves to earn yet another shut-out victory this season.
Brighton wasn't far from scoring from time to time though. Coles managed to save a Bulldog shot from finding the back of the net with 45 seconds remaining in the contest to preserve the win.
"It was quite a remarkable play," O'Leary said. "I have never seen one like it in my 10 years of coaching soccer."
A Brighton player headed the ball at McClinchey in goal, who in turn made a great diving save to deflect the ball off the crossbar. The rebound bounced right

back to a Bulldog, who took the shot while McClinchey was attempting to scramble off the ground.
"The ball was going in the net when Brent stopped the ball between his chest and the goalpost," O'Leary said. "The ball was literally trapped there and he cleared the ball away as it fell to his feet."
The victory also came with a bit of bad news, Chris Fox, a starting junior defender, was told by doctors that he would be out for the rest of the season after breaking a bone in his pelvis during the game against Saline the week before.
"This is a big loss for our team," O'Leary said. "Chris is the unsung type of player that plays very hard every game, wins many 50/50 balls, plays very physical and doesn't usually get a ton of credit."
The Wildcats will return to action when they visit KVC opponent Hartland today at 7 p.m.

continued on 4

Sports Shorts

Line-Drive Hitting Camp

Total Baseball will be running its annual Line-Drive Hitting Camp October 19 for ages 7-12 (9-11 a.m.) and 13-19 (12-2 p.m.) at its facilities located at 30990 Wixom Road in Wixom.
Total Baseball's professional instructors, which include Lee Bjerke, a Michigan Coaches Hall of Fame member, as well as other college coaches.
This skilled camp will teach the techniques to the proper baseball swing, improving players' bat speed and hitting averages.
The cost of the camp is \$75 per player with a \$10 discount on a second child. Call Total Baseball at (248) 668-0166 or email them at totalbaseballwixom@aol.com for more information.
Spaces will be limited, so sign up early.
The camp will run November

Next Level Athletes

The Northville Record sports department is looking for submissions for the new section, Next Level Athletes.
Eligible athletes include collegiate, semi-pro, professional and minor league players (please email first if other levels).
Please email submissions to seggestion@ht.homecom.net or mail them to The Northville Record, 104 W. Main Street, Northville, MI, 48167. Please include name, year and college as well as the sport and position.

Wildcat Faceoff moves to Monday

"Wildcat Faceoff," the highly successful radio show devoted to Novi athletics, began its third season on Sept. 9, and moved to a new time. "Wildcat Faceoff" will be heard on 89.5FM on Mondays from 7-8 p.m. Coaches cover, where are they now, athlete of the week, and national guests from ESPN as well as other areas of the sporting world will be featured. Bernie Prato and Scott Olson will host the show.

Oakland CC looking for assistant volleyball coach

Oakland Community College is seeking an assistant volleyball coach. Interested candidates should have college or high school varsity experience. To apply, please call Tod Hess, assistant athletic director at (248) 942-3173 or head coach Richard Lamb at (248)821-5240.

Softball/Baseball Private Lessons and Training

Total Baseball will help players, ages 6-18, improve their game. Instructors include Oakland University coaching staff, Big 10/MAC All-Conference softball/baseball players, the Toledo Mudhens manager, former professional players and college/HS coaches. Pitching, hitting and fielding are the lessons available and are by appointment only. The fees for the lessons start at \$25 per 1/2 hour or five private lessons for \$160.
For more information, call (248) 668-0166 or email totalbaseballwixom@aol.com, or check out the website at www.tbaseball.com/totalbaseball for more info.

Two week break is nice

By Ryan Edwards
SPECIAL WRITER

A two-week break in the season couldn't have come at a better time for the Novi girls' Swimming and Diving team. Who doesn't have another meet until October 22nd, when they encounter the Salem Rocks.

"No meets this week will give us a chance for some good training and should allow us to improve upon some things and improve our endurance," Coach Larry Tehan said.
Tehan also said that it should allow them to rest up and prepare for the last month of the season.
Rest is probably much needed for these girls, after the efforts they've provided in the last two weeks. Competing in six overall events, four of which were dual meets. Novi took third place at the West Bloomfield invite out of six teams. The Wildcats also competed at the Oakland County meet and performed admirably taking twelfth place out of over 30 teams.

The Oakland County meet also produced some special highlights for the season. Senior Amanda Smith won the 50 yard freestyle event by four-hundredths of a second with a time of 24.9 seconds, giving Novi its first county champion in quite awhile.



Novi's Amanda Smith warms up during an October meet at Northville.

Another highlight for the team was their 400 yard freestyle relay team, which qualified for the state meet with a time of 3:51.23. The relay team consists of Brittany Brodfischer, Jill McNamara, Kristine Elrod and Smith. Other notable performances at the Oakland meet were by Tiffany Kelly who placed in the 500 yard freestyle, Smith who took fourth in the 100 yard freestyle and the medley relay

team of Rachel Moblo, Erica Hartland, Brodfischer and Smith which placed twelfth.
A common theme for Novi's schedule the past two weeks has been extremely tough competition. Mercy and Birmingham Groves dominated the Oakland meet and the Wildcats didn't have it any easier in their four dual meet opponents. Three of

continued on 5

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KVC Champs: Novi wins it

continued from 1
Over Howell, Hartland and Brighton for the victory.
"Last week I was playing so horribly," Ruff said following her win. "Today I started playing like my self again. It feels good, especially since I'm a senior... it's a good way to end it."
"She's a great player, and she played awesome," said Ruff's opponent, Brighton's Beach. "She really stepped it up."
Pinckney coach Scott Hankamp said Saturday's competition was as tough as he had expected.
"Every team posed something to the table today," he said. "Each team posed a lot of challenges to the other teams."
The Pirates, which finished fourth in the KVC with a league record of 4-3, travel to Farmington on Friday for their Division II Regional.
The Howell Highlanders finished sixth in the tournament with two points after failing to earn any first- or second-place medals. Howell finished sixth in the league at 2-5, and travels to Holt on Friday for the Division I Regional Championship.
Novi will be headed into one of the toughest Regionals around with Troy Athens, Farmington Hills Mercy, Clarkston and Troy High School all looking to take them down before the 'Cats can reach the states.
John Mueller is a writer for the Daily Press and Argus. Comments can be directed to the sports department at (248) 349-1700, ext. 104.

NOVI KVC TENNIS RESULTS

Novi Tennis Results KVC Championships October 5, 2002

No. 1 singles: Ashley Glover falls to Ashley Beach (Brighton) 6-1, 6-3 for third place;
No. 2: Lauren Carosio falls to Caitie Barry (Brighton) 3-6, 7-6 (5), 6-1 for third place;
*No. 3: Anna Switzer defeats Rachel Kaines (Hartland) 6-0, 7-5 for first place;
No. 4: Laura Vaughn falls to Megan LaBoe (Brighton) 6-4, 5-7, 6-4 for second place;
*No. 1 Doubles: Colene Brockman and Emily Holt defeat Jessie D'Amico and Stacey Nalepa (Brighton) 6-3, 6-3 for first place;
*No. 2: Lauren Thomas and Diana Tieu defeat Jen Reed and Brittany Botorowicz (Brighton) 6-4, 6-3 for first place;
*No. 3: Gabi Frask and Megha Vadula defeat Pam Stafford and Stephanie Harper (Brighton) 6-2, 6-1 for first place;
No. 4: Amanda Cassidy and Judy Lai fall to Mary Brumken and Laurie Lysak (Brighton) 6-4, 6-3 for second place.
Note: * indicates Kensington Valley Conference champion.

Junior Varsity Scores

NOVI FRESHMAN GIRLS BASKETBALL

Overall: 6-3; KVC: 2-2

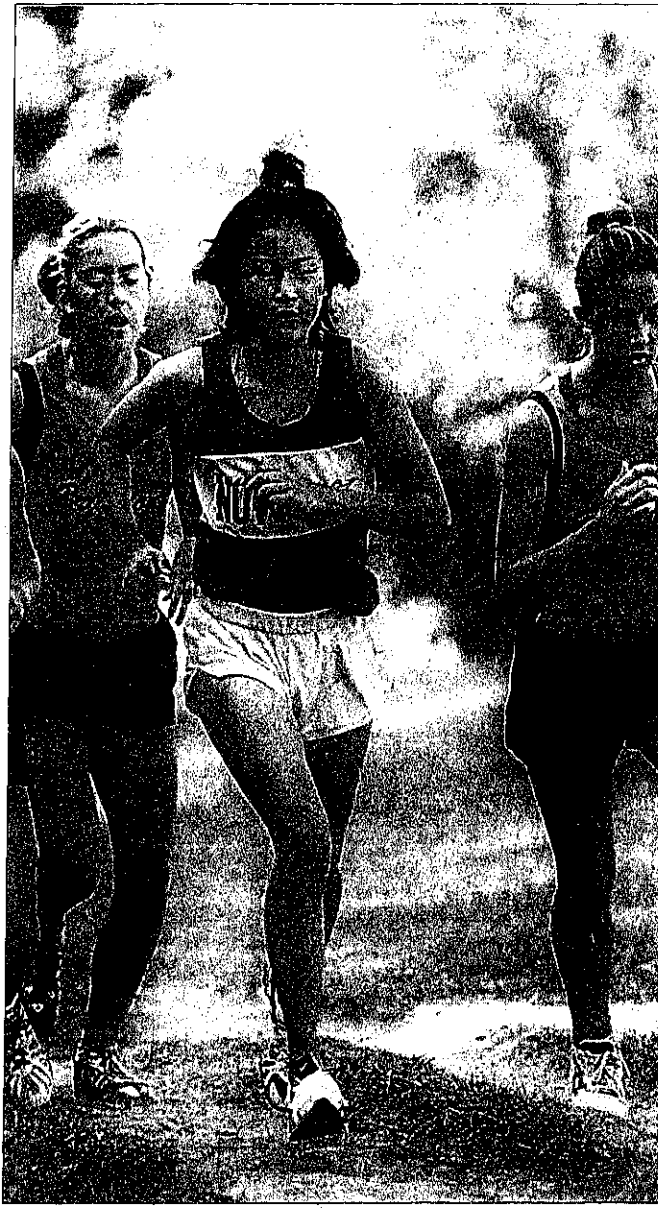
The Novi freshmen girls' basketball team broke out of a shooting slump last Thursday against South Lyon. The young Wildcats stormed to a 27-8 half-time lead and never looked back, winning 54-22 victory in Kensington Valley Conference (KVC) action. The Lions led, 5-2, early in the game, but Novi went on a 23-0 run to put the game away early. Overall, the Wildcats had 27 more shot attempts than the Lions. Lisa Harden stepped up with a team-seakan 16 points and nine rebounds. Brittany Gerich continued her hot shooting with eight points. Use Reichley contributed defensively with four steals.
Two days earlier, the Wildcats came up short against Brighton, 37-28, in this tough KVC contest. Novi controlled the tempo throughout the game, and forced Brighton into 41 turnovers. But the Wildcats could not capitalize, as they only shot 18% from the field (11-for-60). Brighton, on the other hand, shot 47% on only 34 shot attempts. Audrey Smith continued to improve, as she led the Wildcats in scoring with eight points and six steals. Brittany Gerich also added six points.

Novi's Amanda Smith warms up during an October meet at Northville.

NOVI JV GIRLS BASKETBALL

Overall: 7-3; KVC: 4-0

The Novi Junior Varsity girls' basketball team remained undefeated in KVC play last week with two victories over Brighton and South Lyon. The Brighton game was a thrilling 50-48 double-overtime victory last Tuesday. The Wildcats defeated South Lyon two days later by 10 points, 45-35.
Would you like to see your JV or freshman scores in the sports section? Contact sports to find out how at (248) 349-1700, ext. 104.



Novi's Tae Kono fights through a pack of Brighton runners in a recent meet at Cass Benton Park. Kono has been one of Novi's top cross-country runners.

Looking good: 'Cats on good run

continued from 1

...nce improved Novi's record to 3-1 in the KVC.
The girls had no plans of slowing down last week as they prepared for their third straight KVC meet-up.

Novi 15, Hartland 47

On Oct. 1, Novi welcomed Hartland to Cass Benton. Obviously not satisfied with the 45-18 blowout they delivered to South Lyon, they destroyed Hartland even worse, 47-15.
It was a great effort, and impressive showing by the girls as they continue to improve and perform outstandingly meet after meet.

Junior Varsity

As impressive as the varsity team ran, the JV team was that much better. They finished third overall, behind only Milford who is fourth in the state and Clarkston. Novi had five runners place in the top 20. Melarice Burchard finished seventh overall with a time of 22:10. Nina Schmitt came in 46th overall for Novi, while Sara Schmitt finished 54th overall at 21:53. Pat Ramos came in 60th overall with a time of 22:03.
It was a great effort, and impressive showing by the girls as they continue to improve and perform outstandingly meet after meet.

Oakland County Meet

After three straight dual meets, as well as the team race, it was time for a change of pace — so they took on the competition at the Oakland County meet Oct. 5. The Oakland County meet is huge, for lack of a better explanation, fielding 39 teams and over 200 runners.
Like cream though, the girls managed to rise to the top with a seventh-place finish, as they outperformed 32 other teams. To put things in even better perspective, one of the teams they didn't outperform was Clarkston, the number one team in the state. Even more impressive, Novi could have finished higher, but they weren't running at full strength.
Head Coach Norm Norgren said, "For not having Tae (Kono) and with Nina (Schmitt) just coming back, we could have finished better."
Norgren wasn't disappointed by any means though, being quick to note in the same statement that, "We're not unhappy with a seventh-place finish in a county meet with that many teams."
The Kono had been Novi's top runner this season, picking up the slack of a couple key losses in the lineup. But just as the team has done all season long, they stepped it up and ran a great race.
Four Wildcat runners finished the race in the top 60. Samantha White was their top runner, finishing 32nd overall with a time of 21:10. Nina Schmitt came in 46th overall for Novi, while Sara Schmitt finished 54th overall at 21:53. Pat Ramos came in 60th overall with a time of 22:03.
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WALLED LAKE SPORTS B6

novnews.com

Thursday, October 10, 2002

Central, Western both get victories



Warriors head to Northville tomorrow, Vikes host John Glenn

By Sam Eggleston
SPORTS WRITER

It sure seems like it's playoffs, here we come when it comes to the Walled Lake Central Vikings football team. The Vikings continued their quest for the post-season when they took it to the Livonia Stevenson Spartans 38-26 in a Western Lakes Activities Association contest October 4.

The Vikings climbed to 4-2 (3-2 WAAA), which is the same record the Spartans fell to, while they collected 449 yards in total offense, including 356 on the ground.

Vikings senior Scott Long rushed for 192 yards on 11 carries, including a 95-yard touchdown punt on third-and-11 with 5:47 left in the first half to give the Vikings a 7-0 lead.

Kevin Domino, who was the Stevenson leading rusher with 101 yards in nine carries, helped the Spartans tie the game at 7-7 when he hauled the ball 83 yards with 4:07 remaining in the first half of the contest.

The Vikings fell behind after a bad snap on a punt found the Spartans picking up the ball for a 14-7 lead with 3:02 remaining in the half. Central was far from done, that was for sure. Long took his second touchdown carry across the goal line from four yards out with just over a minute remaining before Chris Killy helped the Vikings take the lead for good with a 32-yard field goal. He was also five-for-five with extra points on the night.

The third quarter found junior quarterback Brandon Cassie taking the ball in from three yards away with just over seven minutes left before senior Joe Kuneey scored from seven yards out to make it 31-14 with time

Western, Central football

expiring in the third. Kuneey carried the ball a total of 13 times in the contest for 84 yards.

The Spartans came within four quarter scores at Dave King hauled the ball three yards for a score with 10:38 left before Domingo came back with just eight minutes remaining on a six-yard punt.

Cassie then put the game away with a four-yard scramble with just two minutes left in the contest.

The Spartans collected just 245 yards of total offense. The Vikings will return to action when they host a very tough John Glenn Rockets team tomorrow at 7:30 p.m.

W.L. Western 24, Churchill 0

The Warriors followed the lead of steady runningback Steve Van Nortwick as he trotted into the endzone to score a pair of touchdowns on runs of two and six yards October 4 as host Walled Lake Western (3-3, 3-2 WAAA) blanked Livonia Churchill (3-3, 2-3) in a WAAA matchup.

The Warriors also benefited from the ability of junior Greg Hey rushed for 70 yards and caught a 17-yard scoring pass from the strong arm of senior captain Jon Michaud.

The Warriors will return to action when they visit the Western Lakes Activities Association's Northville Mustangs (2-4, 1-4) tomorrow at 7:30 p.m.

Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. 104 or at seggleston@ht.homecomm.net.

Western defensive lineman Calvin Barrow puts a hit into a Livonia Churchill runner in the driving rain of last Friday's game.

WLW, WLC get league wins

By Sam Eggleston
SPORTS WRITER

The Walled Lake Western Warriors swim team showed Livonia Franklin the meaning of victory when they visited the Patriots October 2.

The Warriors took first-place finishes in all but one event as they blasted Franklin 130-58 in a Western Lakes Activities Association contest.

The Western tankers started the day off by winning the 200-yard medley event as Jenna Kraft, Blair Stocum, Abby Crandall and Leslie York finished the swim in 2 minutes, 8.28 seconds. The 200 individual medley ended with the same Warriors results as Haley Mitchell came out of the water with a time of 2:23.47.

The 200 freestyle event found Stocum finishing her swim in 2:19.45 while teammate Jack D'Agostino finished the 50 free in just 28.66 seconds. The 100 Butterfly found Kraft winning in 1:11.17 while York took the 100 free in a time of 1:43.28.

The 500 free event was won

in 6:16.38 with Stocum taking the victory, while teammate Mitchell won the 100 backstroke in 1:08.17. The Breaststroke found Emily Kraft winning in 1:21.18.

The team of Crandall, D'Agostino, Kristen Said and Megan Reeves won the 200 freestyle relay in a time of 1:57.80.

Warrior diver Char Marin won her portion of the meet as she blasted her opponents with a total point gathering of 220.30.

The single Franklin victory came in the 400 freestyle event as Alex Asato, Sarah Culbertson, Lauren Knei and Neehole Gizowski took first in 4:38.55.

Walled Lake Central

The Walled Lake Central Vikings swim team pulled out a tough Western Lakes Activities Association victory.

The Vikings pulled out a 95-91 victory October 3 after tak-

ing a trip to contend against the John Glenn Rockets.

The Central Vikings were able to pull out victories in the 200 individual medley (Spartan, 2:17.3), 50 freestyle (Kaminski, 26.3), 100 butterfly (Smith, WLC), 100 freestyle (Spartan, 57.3), 500 freestyle (Suffel, 5:44.5), 200 free relay (Kaminski, Suffel, Smit and Sparling, 1:49.5), the 400 freestyle relay (Kaminski, Suffel, Smit and Sparling, 4:00.1) and the diving event (Brown, 224.20).

The John Glenn Rockets took the 200 yard medley (Jamie Schirmer, Stacey Britt, Melissa Down and Jessica Cavender, 2:19.0), the 200 freestyle (Heather Ennis, 2:19.7), 100 backstroke (Kristyn Peterson, 1:09.3) and the 100 backstroke (Andi Williams, 1:22.4).

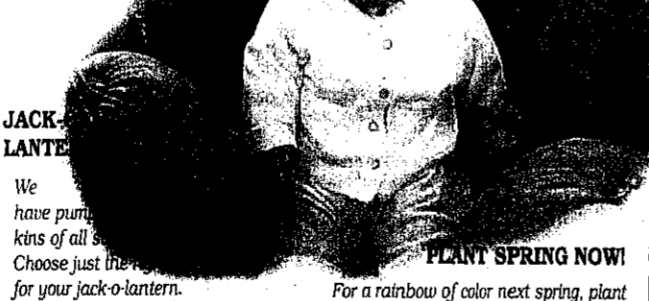
Sam Eggleston is the sports writer for the Northville Record and the Novi News. He can be reached at (248) 349-1700, ext. 104 or at seggleston@ht.homecomm.net.

TENNIS RESULTS

WALLED LAKE CENTRAL 7 LIVONIA CHURCHILL 1	LIVONIA STEVENSON 8 WALLED LAKE WESTERN 0
No. 1 singles: Michelle Maxwell (WLC) def. Michelle McManaway, 6-0, 6-4.	No. 1 singles: Erin Mazzoni (LS) def. Jayshree Mahajan, 6-0, 6-0.
No. 2: Kristen Tomasic (LC) def. Liz Marosy (WLC), 6-2, 6-1.	No. 2: Ashley Moccia (LS) def. Holly Dalton, 6-0, 6-3.
No. 3: Laura Slusher (WLC) def. Janin Ullman, 6-2, 6-1.	No. 3: Sara Gonzalez (LS) def. Reva Berman, 6-1, 6-1.
No. 4: Nicole Austett (WLC) def. Amy Vornastek, 6-1, 6-2.	No. 4: Amanda Khoury (LS) def. Tina Zackaria, 6-0, 6-0.
No. 1 doubles: Jessica Godniebeiski-Kesley Cross (WLC) def. Denise Zheng-Sophia Luong, no score available.	No. 1 doubles: Maria Dimopoulos-Claire Petersen (LS) def. Rachael Rzesnik-Courtney Hurley, 6-3, 6-1.
No. 2: Abby Utberg-Chelsea John (WLC) def. Sandra Snabb-Tiffany McCann, 6-0, 6-3.	No. 2: Jen Jensen-Kristen Weiser (LS) def. Laura Abernatis-Lauren Alcocer, 6-0, 6-0.
No. 3: Tracy Morris-Ashley Rice (WLC) def. Kelly Kramer-Anna Galhaus, 7-5, 6-2.	No. 3: Kellie Martin-Kristen Casey (LS) def. Palma Naymark-Ann Vidarshain, 6-0, 6-0.
No. 4: Rebecca Jensen-Mandy Stupula (WLC) def. Mellina Halpin-Daniella Pivetta, 6-3, 6-1.	No. 4: Monica Farshtman-Emily George (LS) def. Nicole Calcia-Carrie Dublin, 6-4, 7-6.

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HomeTown Hauntings

There are plenty of scary places for haunted house revelers this year!

South Lyon, Lyon Twp.

Erwin's Orchard Barn of Horrors & Labyrinth
61475 Silver Lake Rd., South Lyon (near corner of Silver Lake Rd. and Pontiac Trail).
7:30 p.m. - midnight, Oct. 11-12, Oct. 18-19, Oct. 25-26.
Bar of Horrors, adults \$14; \$12 children 10 and under. Labyrinth \$8. Combo ticket for both attractions available \$19 adult, \$17 for ages 10 and younger. Discounts available if tickets are purchased in advance \$15 for groups of 15 and more. Admission includes cider and doughnuts and moon light wagon ride.
Parental discretion for children younger than 11.
Recorded hotline: (888) 824-3377.

Special Features:

- Walk through takes 15 minutes, with 15 frightening areas with additional frights in hallways, plus two mazes.
- Some gore but not extreme. Hanging items bust against visitors and misty smells add to the scenes.
- Live and mechanical scenes offer lots of detail. For instance the Barn's library has a fireplace, 100 books and a clock that show it's the witching hour.

Newspaper Scare Rating: Nearly a 10 on a 10-point scale.

Livingston County

The Terrified Forest, Terrified Manor and Spooky Forest
Located at 245 Swarthout Rd., Pinckney. Seven miles south from I-96, exit 137, then 1/4 mile east. 11 miles west of US-23 exit 54B, 3 miles north on D19, then 1/4 mile east.
Three attractions at one location: daytime activities for all ages open from noon - 6 p.m. Oct. 5-6; 12-13; 19-20; 26-27. Nighttime activities open from dusk to midnight, Oct. 4-5; 11-12; 18-19; 24-31.
\$14 Forest; \$7 Haunted House; Combo ticket \$20.
(734) 878-0018 day, (734) 878-3737 evening; www.terrified.com

Special Features:

- Terrified Forest, back for the fifth year, uses live actors, animated features, a maze and a black hole. 30-minute tour is realistic. Gore; not recommended for children under 13. Daytime tours offered for younger kids, noon to 6 p.m. for \$5 ticket.
- New this year, the Terrified Manor offers the frights of the Forest inside a decrepit mansion for visitors 13 and older.
- Newspaper scare rating: Nine out of 10 possible points.
- The Spooky Forest, also at this location, offers fun for younger children (see below).

Livingston County

Haunted Slaughter House Adventure & Grand River Corn Maze
5510 Grand River Ave., in Howell Township, halfway between Howell and Rowlettville.
Hours from dusk to 11 p.m. every Friday and Saturday during October and every night during the week leading up to Halloween.
Admission is \$10. Call (517) 223-9148 or visit www.slaughterhouseadventure.com

Special Features:

- Recreates the old legend of the Slaughter brothers' funeral home.
- A mix of optical illusions, gore, inventive scares and performance art, the 12-minute tour features about 15 separate scares. Expect gore and things that jump out.
- Live fright scenes are "graphic and realistic," not recommended for children 12 and under.
- Newspaper scare rating: Nine out of 10.

Haunted Castle and Graveyard
Sponsored by South Lyon Jaycees
Lyon Township Community Park (off Grand River)
From the East: Take I-96 to exit 155, Milford Rd., turn south 1/2 mile to Grand River, turn right, go 1/2 mile on the right. From the West: Take I-96 to exit 154, Kent Lake Rd., south to the first light Grand River, turn left and pass the Mobil station 1 mile on your left.
Oct. 10 the Haunted Castle and Graveyard will be open on Thursday through Sunday nights until Halloween. Thursday and Sunday hours are 8 - 11 p.m. Friday and Saturday hours are 8 p.m. - 1 a.m.
\$12, adults; \$8, age 10 and under.
Not recommended for children younger than 7.
24 hour Haunt line (248) 358-6777

Special Features:

- Mainly live action with twelve rooms, with additional frights in hallways. Very realistic.
- Sound is outstanding, several fog machines, sense of touch eerie with spooky things to brush against visitors.
- Newspaper scare rating: Nine on scale of one to ten.

Millford

Halloween at the YMCA
Carls Family YMCA
Hubbell Pond Park in Commerce Street, two minutes west of Main Street.
6 - 9 p.m., Friday, Oct. 25.
Free to members and non-members.
The YMCA hosts the family event with a minimal scream factor. Kids will make Halloween crafts, walk through a "scary room," and take part in a costume parade. The new YMCA facility will be decked out in Halloween decorations.

Main Street Trick or Treat
Main Street in Millford
Between Commerce and Liberty
5 - 6 p.m., Saturday, Oct. 6.
Sponsored by the Millford Business Association, downtown merchants hand out candy to costumed kids.

Northville Novi Area

Estate of the Damned
13001 Eckles Rd., Plymouth Township
Plymouth Jaycees
Oct. 10 - 13, 7-10 p.m. until 7:30 for adults; \$8 12 and under.
15 rooms covering 6,000 square feet.
(734) 453-8407

Haunted Winery
31505 Grand River near Orchard Lake Rd. in Farmington, partial proceeds go to the Farmington Historical Commission
Oct. 11 - 13, 7:30 - midnight; Sunday 7 - 10 p.m.; Oct. 18 - 20, same hours; Oct. 24 - 27, Thursday and Sunday 7 - 10 p.m., weekends 7:30 - midnight.
\$8 for adults; \$4 for children 52" and under.
Special Features:
Geared more toward teens and adults. However, monsters are age sensitive.

Fright Nights
Located at Livonia Mall, 39598 7 Mile Road (7 Mile and Middlebelt)
Free parking, kids under 3 are free.
Oct. 10 - 13, 17-20, 24; 31, Thursday & Sunday, 7:30 p.m. - midnight; Friday & Saturday, 7:30 p.m. - 1 a.m.
Hauntline (586) 308-7515

Beyond Terror
24156 Haggerty Rd., Farmington Hills (south-east corner of Haggerty and 10 Mile Rd.)
7 - 11 p.m. Oct. 13, 20, 24;
7 p.m. - midnight
Oct. 11, 12, 18, 19, 25, 26, 27, 30, 31;
7 - 10 p.m. Oct. 28 - 29;
\$10 per person
(248) 888-3835 ext. 16

Spooky Forest
At Cymbria's Flower Shop, 7365 Pinckney Road (D-19), Pinckney.
No charge to participate.
Open 10 a.m. to 6 p.m. every day through Oct. 31 (734) 878-0018; www.terrified.com

Special Features:

- Spooky Forest gives kids 10 and under some Halloween fun.

Hell Creek Manor
Hell Creek Ranch in Hell, 10866 Cedar Lake Road
Open 6 p.m. to 11 p.m. Wednesday through Thursday and 6 p.m. to midnight Friday and Saturday through Nov. 2.
Admission \$10; children 11 and under \$5.
Call (734) 878-5482.

Special Features:

- Halloween is the whole point in Hell, MI.
- Not rated.

Haunted House at Mayhew's Tree Farm
Mayhew's Tree Farm, 687 Fowlerville Road, Fowlerville
Open through Oct. 30. Group discounts available.
Hours are 3 p.m. to 9 p.m. Thursday through Saturday; 11 a.m. to 5 p.m. Sunday through Oct. 30. All other attractions open every day, during store hours.
Call (517) 223-9783.

Special Features:

- Haunted house designed for ages 6 through 13. Not appropriate for younger children.
- Other attractions include three-acre corn maze, "munchie moogie" popcorn stand, hayrides through the not so scary cemetery to 18-pick pumpkin patch, farm animals, straw maze and play area for children.
- Newspaper scare rating: Five out of 10 scare points, not as scary as most others, but lots of fun.

Night of Halloween Fun
At the Jane Tash Theatre, 1230 E. M-36, Pinckney
7:30 p.m. Oct. 25. For all ages.
Call (810) 225-3950 or visit www.pcs.k12.mi.us
Admission is \$15 per family; \$5 for adults, \$3 children 12 and under. Tickets available at the door.

Special Features:

- Seventh annual night of fun, music by the Livingston Symphony Orchestra and drama.
- Come in costume.

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Escanaba in Da Moonlight not what was expected from Daniels

By Sam Eggleston
STAFF WRITER

Poor Ruben Sody — he's never ever shot a buck in his 43 years of living in Michigan's Upper Peninsula. A cursed man, no doubt, as his nickname rightfully taunts him as "The Buckless Yooper."

Escanaba in Da Moonlight is an independent movie filmed and released by Purple Rose Productions that takes place in, you guessed it, Escanaba just off of M-35 and U.S. 2 in the Upper Peninsula and follows Ruben Sody as he enters his 43rd year of existence on this planet without having bagged a single buck.

One could easily say that it's because Ruben can't even hold a gun without shaking like he's having a seizure. Buck Fever, as it's aptly called, has been an ailment to this man his whole life — but there has to be a reason for it, right?

The movie takes about an

hour before it even touches on the reason, and a supernatural one at that, for Ruben's inability to take down even the smallest of spikehorns. He knew it all along and his curse finally shows itself on the night before opening day in a twist that finds Ruben battling his demons in hopes of breaking the deer hunting drought he's been in.

There were a few things about the movie that struck me as wrong. No doubt, my status as being the butt of other people's jokes, but Moonlight had quite a number of things that were just plain wrong.

First things first, no deer hunter in their right mind runs about with their guns flailing around and aiming at every little thing that moves in the deep north woods. That's a recipe for a dead person, especially since none of the people in the movie

even bothered to wear blaze orange or even hunter's red into the forest.

Secondly, and I know I **DVD/Video Release** am being a bit picky here, Yoopers don't sound like they portrayed in this movie. Yeah, we say "eh" and "youse guys," but I have never heard people from Escanaba sitting around saying things like "dink" for think, "dis" for this and "dem" and "dere" for them and there. That's more of the Cheboygan, Wisconsin speak than Upper Peninsula talk. Yoopers put more emphasis on their vowels than anything else — much like Canadians.

Though we are guilty of saying "da" for the at times, but that usually comes from a bit further north than Escanaba. At times, the accents of the actors drifted so badly I couldn't tell if they were trying to sound like Yoopers or those English chaps

across the Atlantic.

Besides those nitpickings, director/writer/star Jeff Daniels manages to put together a movie that seemingly makes no sense for about 75-percent of its 97 minute length. For being a comedy, I didn't even find myself laughing until about an hour into the show — which just happened to be about 1 a.m., so it's possible I was just over-tired too.

Now, I am all for movies being made in Michigan and back the production companies like Purple Rose that strive to do that. I can personally attest that the bustle in Escanaba was like nothing I've ever seen there when Daniels and his crew came to town. The economy boosted as they stayed in local hotels, used a local deer camp, ate at a local restaurant and even had the local paper print them out a special section. It's a positive experience for any town and I am sure that the 500 or so Yoopers that packed them-

selves into the stands of the Escanaba football field for a Ruben dream sequence as they chanted "Buckless" are very appreciative of their 15 minutes of fame and a movie they can show their kids and grandkids that they were in.

When it comes to good, wholesome entertainment, I have to give this movie a thumbs down. I found it boring and off its own story line most of the time — though I must say that Daniels and his acting companions did a nice job capturing the fever and thirst for getting the buck. They even nailed down the idea that hunters sometime have strange rituals they have to go through in order for their mind to be at ease. For some, it's wearing certain socks or carrying so many bullets (my dad usually has 13 and I carry eight) — but I have to say that I've never seen an American-Indian dance around a fire with strange shakes being slurped and porcupine urine being

spread on like cologne. Needless to say, it was mildly amusing.

In the long run, I wouldn't go out of my way to recommend this to family and friends for a night of rolling-on-the-floor laughter or such. Instead, I would recommend it for someone who may be looking to catch Daniels in his independent release premier with Purple Rose Films. I would also recommend it to anyone who is a supporter of movies being filmed in Michigan.

Escanaba in Da Moonlight is expected to be released for purchase October 15. Check out www.escanabadamovie.com for more information.

Sam Eggleston is the sports writer for the Northville Record and the Nott News. He can be reached at (248) 349-1700, ext. 104 or at seggleston@hi.homecomm.net.

Calling all cooks

This year, we're planning something special for the holidays and we need you to help.

For the first time ever, we're putting together a special collection of holiday recipes to be featured in our Nov. 14 newspapers. We'd like to include your special Thanksgiving, Christmas or New Year's recipes and share them with the rest of our readers. To sweeten the pot, all submitted entries will be entered into a special drawing where three lucky chefs will each win a \$50 gift certificate to the restaurant of their choice.

Entering is easy. Send your unpublished, original recipe to Candy Parent, HomeTown Newspapers, 329 E. Grand River Ave., Howell, MI 48843 or e-mail it to cparent@ht.homecomm.net.

Be sure to include your name, phone number and complete address. We won't publish your address or phone number, but we need them in case you win.

You may also include a bit about yourself, how you came up with the recipe or how it's a tradition in your family. If you'd like to include a photo of yourself or your creation, we'd welcome that as well.

Note that not all recipes will necessarily be published, but all will be entered in the drawing. Published recipes will include the name and city or township of the chef.

You may enter as many original holiday recipes as you'd like before Oct. 18, 2002. Winners will be drawn Oct. 23, 2002.

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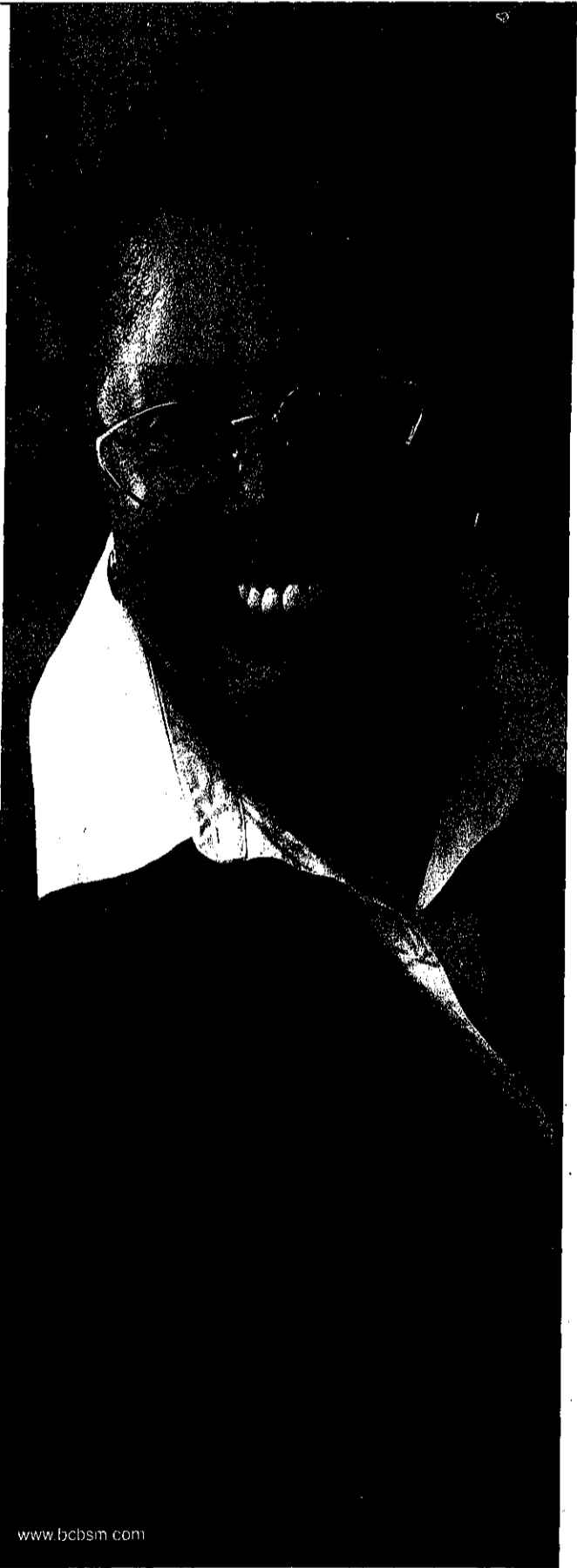
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HomeTown

Thursday, October 10, 2002

A supplement to
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Schools try a kinder, gentler phys ed

By Ann Belser

PITTSBURGH POST-GAZETTE

Grade school was clearly traumatic for baby boomers. Now that their children have been spared new math, there are movements under way for a "New P.E."

When the Presidential Physical Fitness Awards began in the schools in 1966, students were suddenly being timed running 600 yards, hanging by their hands from bars and doing as many sit-ups as they could in two minutes. Gym class, for much of the time, was a steady regimen of mindless calisthenics.

"... Man, it was just like being in the military," said Tim McCord, 45, of Titusville, Pa. In those days gym class was geared toward the more athletic students. "We did a wide range of things. Either you were good at them or you weren't."

Then he became a gym teacher — one modeled on the way he was taught. He graded students on their skills in various sports and gave physical fitness tests.

"Our whole curriculum basically catered to the athletes in our schools," he said. "I know that some of the things that I did caused ridicule for some of my students."

He became the Health and Physical Education Department Chair for the Titusville schools in 1997 and was attending a lecture on the use of heart monitors in PE when he realized there was a better way to teach gym.

By using heart monitors "we can level the playing field in our classes so that every student could be assessed based on their efforts," he said.

He went to Naperville, Ill., which was the first school district to institute a new curriculum called "P.E. 4 Life," a program backed by a national non-profit organization aimed at encouraging children to develop healthy, lifelong habits. The focus is on effort, not performance.

Then the Titusville school district agreed to spend \$30,000 to set up a wellness center with exercise bikes, stair climbers, rowing machines, elliptical trainers and weight-lifting equipment. Thirty-five heart rate monitors also were purchased.

Information from the heart monitors can be downloaded onto computers to monitor their fitness levels. They have also alerted McCord to students with potential heart problems that needed medical attention.

The program expanded to the high school the next year and the schools may include the fitness training down to fourth grade in the elementary levels. PE also is available every day.

Students are graded on effort, not their ability. New software provides reports on their cardiovascular endurance, blood pressure, strength, flexibility and body composition.

P.E. 4 Life, was started by Jim Baugh, chief executive officer of Wilson Sporting Goods. The organization is working with parents and teachers to change PE curriculums and is lobbying state governments to require daily PE classes.

"P.E. is for everyone and that is what makes it different from competitive sports, which are for the athletes," said Brenda VanLengen, the P.E. 4 Life spokeswoman.



Jayne Marino, a physician's assistant at the office of Dr. Ken Bermudez, speaks with Karen Warren, about her botox treatment in the wrinkles between her eyebrows.

Photos by Carlos Avila Gonzalez/San Francisco Chronicle

BOTOX BUFFET

Demand for the anti-wrinkle drug has turned procedure into a social occasion

By Carolyn Zinko
SAN FRANCISCO CHRONICLE

The e-mail invitation was pink, with red lipstick kisses dancing around the words "Botox Party!" The host, Dr. Ken Bermudez, a plastic surgeon in San Francisco, promised food, refreshments and fun. Injections, too, and for a discount — group dynamics have some benefits, you see.

In a fashion as casual as a brunch invitation, guests across the nation are being summoned to their friends' homes, hair salons and doctors' offices, after hours, to partake in medical treatments-turned-fad: Botox parties.

Karen Warren, 27, a financial analyst, found herself in Bermudez's chair on a recent day, forehead slathered with numbing cream. In the office kitchen, five other women — none of them older than 40 — waited their turn, munching sushi and talking about the downsides of aging.

"I hate these lines," said Warren, pointing to ever-so-slight horizontal creases and furrows between her brows. "My girlfriend who's 25 got Botox, and I'm not kidding, she looked 18 again."

Botox parties are sweeping the nation now that botulinum toxin has been approved as a cosmetic aid by the Food and Drug Administration.

One San Francisco hairstylist is sending e-mails to clients advertising a Sunday brunch and Botox party with a "fantastic person for Botox ... a nurse with 20 years' experience in many areas of nursing and primary care ... Please let us know if you are interested in receiving Botox treatments in a private, yet sociable setting."

Clients like the timing — weekends or after work — and the discounts

(crow's-feet for \$320 at a party compared with \$450 in a doctor's office, and furrows for \$240 rather than \$400), depending on how many injections are required. The procedure takes approximately 20 minutes.

But professional groups frown on non-medical settings, injections administered by inexperienced personnel and the serving of alcohol while medical procedures are performed. Alcohol consumption raises questions about a patient's consent and ability to follow direction.

That apparently has not been a deterrent in Hollywood and Scottsdale, Ariz., where clients quaff mixed drinks and tipsily point to the wrinkles they want removed, according to word going around at national dermatology conventions.

The American Academy of Dermatology (www.aad.org) and the American Society of Plastic Surgeons were among the professional groups that issued warnings earlier this year about the dangers of Botox parties, primarily out of concern about patient safety.

Improperly administered injections can cause complications such as brow droop, double vision or paralysis of other muscles that were not targeted for treatment, they say.

A recent survey of 2,500 members of the American Society for Dermatologic Surgery, a professional group based near Chicago (www.asds-net.org), showed that about 41 percent of physicians responding reported an increase in the number of patients they have treated during the past year to correct complications arising from cosmetic procedures ranging from laser treatments to chemical peels to microdermabrasion.

As a pharmaceutical product, Botox is sold in the United States to physicians, hospitals and pharmacies and must be administered by a medical



Sue Cochran receives a Botox injection.

professional, said Christine Cassiano, a public relations manager for Allergan Inc., which manufactures Botox.

Laws vary by state, but most require Botox be administered by a physician or under the direction of a physician, she said.

Dr. Richard Glogau, a San Francisco dermatologist, believes that patients should question the judgment of doctors who administer Botox at parties in non-medical settings.

"I'd like to see the doctor who thinks their judgment is better than the professional organizations that they're supposed to be members of," he said. "I can't believe the numbers of people who are trying this."

Dr. Seth Matarasso, who also practices in San Francisco, said parties "trivialize" the medical procedure, violate patient confidentiality and can leave gaps in care.

His office could be described as the epicenter of West Coast Botox use; he is the nation's second-largest dispenser of Botox after Dr. Fredric Brandt of Miami, according to Allergan.

"If something goes wrong, do you go back to the Botox party and say, 'I have a droopy eye or a droopy lip?' " said Matarasso. "Is the walking around lopsided worth the \$25 you save? This is not a manicure. This is not a haircut. You are sticking needles into a person's face."

Bermudez does not consider his parties a risk: They're held in his office, and alcohol is forbidden. He says such parties are a way for him to reach out to new clients. His first party drew 30 guests, and treatment of all the patients took several hours.

Alternative to agony

By Sunny Kilpatrick

SCRIPPS HOWARD NEWS SERVICE

Even waking up in the morning is a painful moment for those who live with constant back pain and body aches.

But it may not have to be that way. Some people are trading discomfort for Roling.

Although jokes are made about the word sounding like a term commonly used for vomiting, Roling is actually a way to restructure the body. According to a pamphlet produced by the Rolf Institute in Boulder, Colo., "Roling is a system of body restructuring and movement education."

The basic idea is that our bodies learn the positions they're in — such as being stooped over — through stresses applied over time.

Roling is a system of intense massage that remodels the body, taking it back to its proper form. Typically, this process takes 10 sessions.

This system of body realignment was developed in the 1950s by its namesake, Dr. Ida Rolf. The Rolf Institute was founded in 1971 to train people to become certified Rolfers.

A body metamorphosis

A year ago Diana Burkholder of Redding, Calif., joined the ranks. While working in a heart catheterization laboratory, she noticed she was losing feeling in her forearms. A friend recommended Roling, and after one session Burkholder was hooked.

The experience so affected her that she left her vocation as a registered nurse and attended the Rolf Institute to become certified.

The aim of each session is to experience a metamorphosis — both in how the body feels and how it moves, Burkholder said. People often experience an awkwardness after a session is over because of the changes that occur.

Rolfers work with the fascia, the layer of connective tissue that covers the muscles and inner organs of the body and gives our bodies shape.

"I liken it to peeling an onion," Burkholder said. "I peel down to get to deeper levels."

Burkholder recommends a series of one-hour 10 sessions, with each one costing \$85. Some insurance companies cover the procedure, but some don't.

No pain, no gain

Unlike massage, during which clients are typically covered by a sheet, Roling clients generally wear only underwear so the practitioner can see how the body is moving. Burkholder uses lotion as a lubricant to help friction and plays music to deter clients relax.

But some people remain skeptical about Roling. They don't want to experience pain to get relief.

According to Burkholder, Roling has been refined over the years.

"A lot of people say it's a 'hurts so good' feeling," Burkholder said.

When a patient is being Rolfed, Burkholder works at a level that is comfortable for the individual.

There may be some pain, but once the practitioner's hands leave the patient it's over, Burkholder said.

Roling isn't for everyone. Burkholder said people who have conditions with active inflammation such as rheumatoid arthritis and lupus or blot clots would be required to have a physician's consent before beginning the sessions.

"I like to work in conjunction with the physician," Burkholder said.

Young patients and people with heart conditions are not ruled out. Burkholder's patients range in age from 21/2 to 81 years old. The intensity of touch is adjusted based on the individual's age and fitness status, Burkholder said.

The ultimate goal in Roling is to have patients experience a release of pain so their physical body is changed in a positive way forever.

"It's very transformational. It was for me. That's what keeps me going," Burkholder said. "I remember what it did for me and hope it works that way for my clients, too."

Cancer patient starts spa for others suffering from treatment

By Debra Melani

SCRIPPS HOWARD NEWS SERVICE

Marcia McGilley knows what chemotherapy can do to a body.

The Denver businesswoman has felt the relentless fatigue. She has experienced the overwhelming weakness and dealt with the debilitating depression.

It's an experience she wants others to avoid. McGilley recently opened the Cancer FitSpa in Englewood, Colo., where women with cancer can find a supportive and private place to work out — something she struggled to find when she was diagnosed with ovarian cancer five years ago.

After her doctor removed a 6-pound tumor and started her on chemotherapy, he advised her to join an exercise program. The trouble was finding one.

"I would go to the local gym and ask for help, and no one knew what to do with me," said

McGilley, 44.

She finally joined a class for senior citizens. But sometimes she couldn't keep up with people twice her age.

The power of the exercise surprised her, giving her energy and building physical and mental strength. Even after the treatment was over, as her exercise progressed, she noticed a change: a gradual easing of the usual gut-wrenching fear that overcame her each time she was tested to see if the cancer had returned.

Since 1987, studies continue to show exercise improves the effectiveness of cancer treatment, said Mary Sundland, a nurse and exercise physiologist and the spa's fitness director. Research has found exercise, at the appropriate intensity, can enhance cancer patients' immune systems.

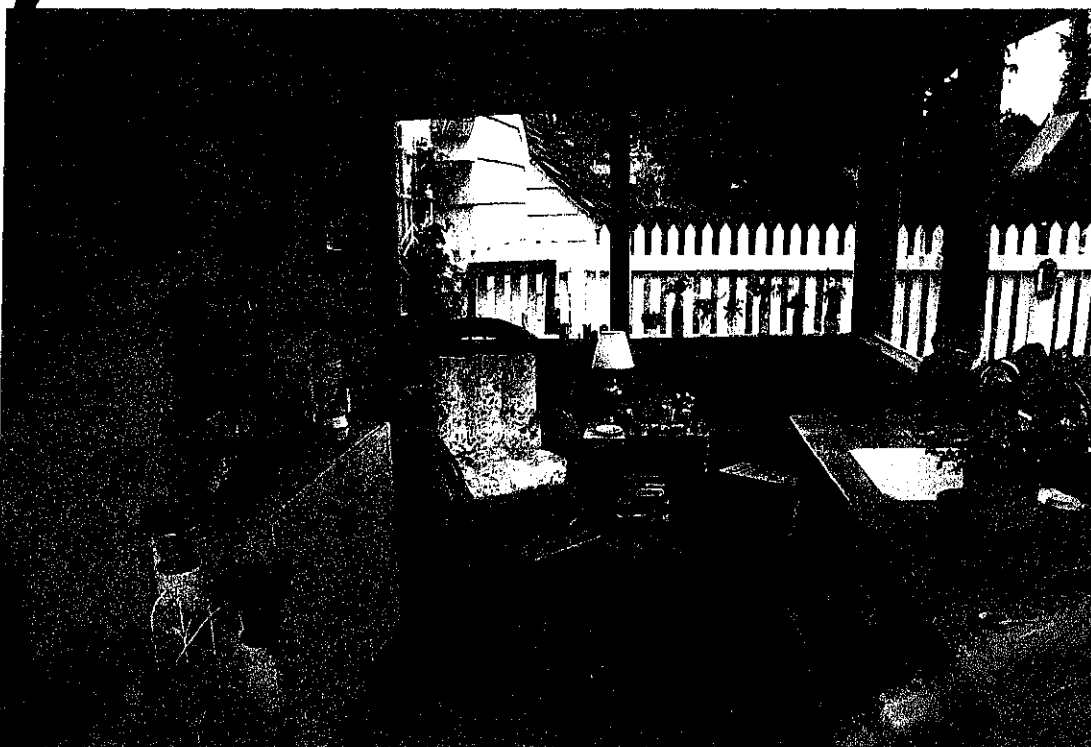
Sundland said exercise also seems to help cancer patients overcome fatigue and ward off depression.

McGilley doesn't need a study to tell her that.



Marcia McGill, left, an ovarian cancer survivor who started Cancer fitspa, works out with her trainer Mary Sundland at their Englewood, Colo., fitness center.

Todd Hetseler/Scrpps Howard News Service



Tammy Olsen and her husband Rob enjoy spending time in their spacious potting shed.

Photos by Richard Young/Tastari/Minneapolis-St. Paul Star Tribune

ROOM TO GROW

A garden shed makes a great place to pot, relax and store stuff

By Lynn Underwood
MINNEAPOLIS-ST. PAUL STAR TRIBUNE

In the garden, every plant has its place. The serious gardener also needs a special place to pot plants, wash out containers or scribble in a garden journal. And there's got to be space to stash all that gardening stuff.

That place can range from a well-equipped garden shed with running water to a salvaged potting bench in the garage.

Tammy Olsen's special place is her backyard garden shed. It's attached to her Edina, Minn., garage and has the ambience of a screened porch complete with a charming screen door "slam."

But it's also a hard-working, functional shed. The pine potting table holds a sink with running water, shelves and containers for storing pots, soil, fertilizer and a handy tool caddy.

The table is at a comfortable height for potting — no more back-aching planting on the driveway. The best part is the open view of her herb and perennial garden — so close you can almost reach out and touch the coneflowers.

The couple collaborated with an architect friend, James Jenkins, to design the 8 by 12-foot addition to blend with the architectural style of their tiled-roof Spanish colonial home.

They did some of the finishing work themselves. Olsen laid the brick floor that matches the brick walkway and the patio, and the couple stained the cedar and pine structure. The shed has plumbing and electricity with overhead light provided by chicken-coop warning lights from a feed store.

The shed is Olsen's honey getaway from her job. "It's my own space," she said. "And I feel like I'm in the middle of the garden when I'm working."

Like a home, a garden shed can reflect the personality of its owner. Since Olsen is almost as passionate about collecting as gardening, her prized antique iron sprinklers, vintage colored bottles (cut flowers accent each one) and other mementos from antiquing and her travels are displayed inside.

A distressed antique wall cupboard stores magazines, seed packets and coffee cups. In a corner is a rustic wicker chair where Olsen can hear the trickling of the fountain as she pages through seed catalogs.

And why not have the amenities of home? She brews coffee and plays classical music ("the plants like it") on her transistor radio as she puts in the shed.



The view from the Olsen's potting shed opens to the back garden where herbs such as sage and basil are grown along with other plants. She washes her hand in a sink that drains into the back garden so the water is not wasted.

Home sweet shed
Olsen and her husband, Rob, had seen a variety of potting sheds while traveling in England.

Unlike the United States, Britain is garden shed country. There are almost 10 million garden sheds in Britain and the number is growing, reported the London Daily Mail.

"It's a bloke thing, a sort of retreat, an escape," said Andy Sturgeon, the Mail's gardening expert. "You get different kinds of shed owners. Some want somewhere to keep garden tools hung neatly in a row; others spend more time in the shed than they do gardening."

But there are signs that potting sheds are catching on on this side of the Atlantic. In "Potting Places: Creative Ideas for Practical Gardening Work Spaces" (Friedman/Fairfax Publishers, \$17.95), Massachusetts writer Teri Dunn describes many different kinds of sheds. She writes about everything from charming country sheds to decorative sheds with gingerbread detailing and stained-glass windows to prefabricated kits (with assembly required).

Gardeners without space or resources for a true shed like Olsen's can consider equally useful potting corners and benches. An indoor or outdoor potting corner can be carved out of a garage, laundry room, deck or basement or nestled into any sheltered spot. Setting up in a corner gives you walls on two sides to store and hang supplies. If possible, choose a space near a window for light.

A simple potting bench can offer plenty of work area, a lower shelf to store big items and an upper shelf for garden tools.

Dunn writes that no matter how modest or how elaborate your potting place turns out to be, it should be your domain dedicated to your love of plants and gardening.

For Olsen, her potting shed is more than that. It's a home away from home surrounded by all things related to her love for gardening. She opens it in mid-April and closes it the first week in October, attaching canvas over the screens to protect storage items from the weather. "I feel melancholy when I close it up," she said.

Growing pains

With thorns and sore joints, gardeners cultivate their injuries and aches

By Alicia Roca
SACRAMENTO BEE

Gardeners beware: Aphids aren't the only hazard lurking in your yard.

"Rosebushes carry a lot of bacteria and can make a really deep cut," says Joanne Strickley, a hand therapist at Mercy Hospital of Folsom, Calif.

Strickley works with patients who suffer garden injuries. In some cases, what begins as a simple prick leads to a severe infection requiring surgery.

"People think, 'Oh, I just got a poke, but it gets red and swollen and tissue gets damaged,'" Strickley says.

Puncture wounds are just one of the injuries people can suffer while gardening. Others are more cumulative, such as shoulder tendinitis and chronic back pain. All the aches and pains can be minimized if gardeners take a few precautions.

Since the most frequent injuries are from slivers and thorns, gardeners should be up to date on their tetanus shots, says Robert Derlet, a professor of medicine at the University of California-Davis.

If you do cut yourself, Derlet says, "First, get all the dirt out with soap and water; then go to your first-aid kit."

To prevent back strain, bend at the knees and lift with your legs when lifting heavy objects, such as bags of potting soil or container plants, Derlet advises.

Along with short-term injuries, cumulative problems can develop. Repeated exposure to garden chemicals, for example, can cause neurological ailments, says Cindy Fake, a horticulture and small-farms adviser for the University of California Cooperative Extension.

Read and follow label directions on chemicals. Use appropriate protection such as gloves and goggles, and do not expose yourself to chemicals for long periods of time, she advises.

Other cumulative problems involve muscle disorders due to repetitive, prolonged and awkward movements.

"People go out and prune bushes for hours, and the joint at the base of their thumb becomes inflamed and painful," Strickley says. She recommends that gardeners vary their motions, take breaks and work in short intervals.

Fake says gardeners might overestimate what their bodies are capable of doing. "People think they can do more than they really can," she says. "They need to know when to hire a professional."



First frost

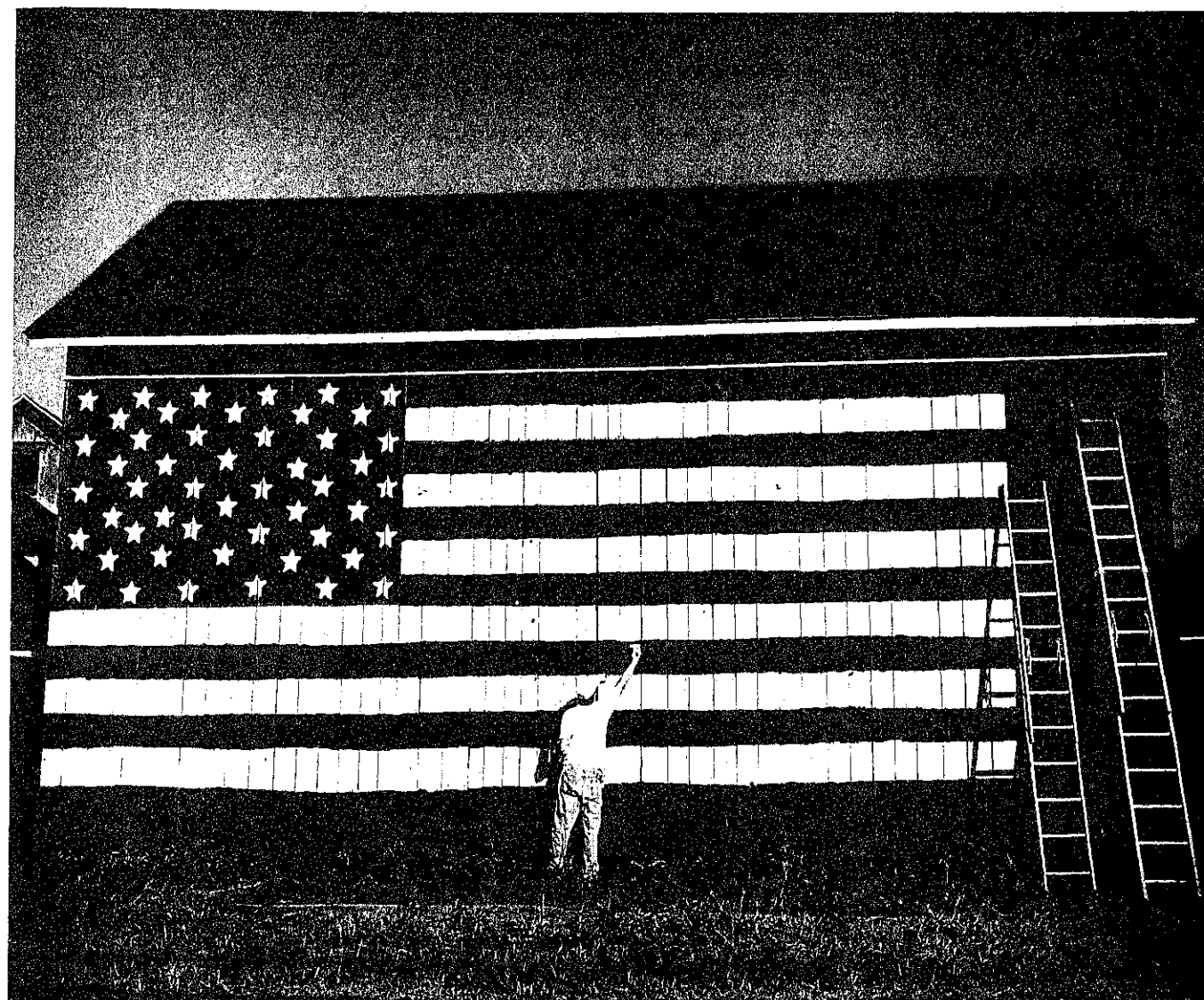
To determine when to plant your fall garden, find out when the first hard frost typically arrives in your area. To find the ideal planting date, count back eight to 12 weeks, or roughly 60 to 90 days.

Help your disposal

Don't try to grind really fibrous food like onion skins, celery stalks, asparagus and potato peels in a garbage disposal. On the other hand, grind ice and egg shells to help clean the disposal and keep the blades sharp.

Making paper 'buttons'

When punching a design inside of a design, begin with the smaller, inside design first. This technique can be used to create paper "buttons," which can be mounted on complementary background circles then used to embellish scrapbook pages and more.



"FOR TOO LONG OUR CULTURE HAS SAID, 'IF IT FEELS GOOD, DO IT.' NOW, WE WANT TO BE A NATION THAT SERVES GOALS LARGER THAN SELF. WE HAVE BEEN OFFERED A UNIQUE OPPORTUNITY. WE MUST NOT LET THIS MOMENT PASS. MY CALL IS FOR EVERY AMERICAN TO COMMIT TO THE SERVICE OF YOUR NEIGHBORS AND YOUR NATION. BY DOING THIS, WE SUSTAIN AND EXTEND THE BEST THAT HAS EMERGED IN AMERICA."

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Think ahead to next year's best bets for your garden

By Linda F. Negro
SCRIPPS HOWARD NEWS SERVICE

It's never too early to start planning next year's garden. Think about this past summer's vegetables and flowers and make note of what worked and what didn't.

Which tomato variety survived the heat? Where do you need more color in the flower garden? Would improved varieties work better?

All-America Selections has been working for 70 years to test new varieties in a network of gardens across the country.

Each year the organization publishes a list of some of the best performers. You'll find these in garden catalogs this winter and at garden centers in the spring.

The All-America Section Gold Medal winner is the "Purple Majesty" ornamental millet. The purple grass grows 3 to 5 feet tall with 8- to 12-inch flower spikes (which can be used in floral arrangements).

Other flower awards include:

- "CanCan Scarlet" carnation was selected for its 2-inch red blooms and spicy fragrance that can fill a room.
- "Prairie Sun" rudbeckia hirta is a 5-

inch yellow cone flower with a green center and is easy to grow.

- "Merlin Blue Morn" petunia has a pure white center with a velvety blue edge on its 2-inch blooms.

- "Blue Wave" petunia has velvety blue 2-inch blooms covering the plants, which grow 4 to 7 inches tall and spread 3 to 4 feet.

- "Golden Jubilee" agastache foeniculum is an aromatic herb that loves the heat and produces dense spikes of lavender blue flowers on 10- to 15-inch plants.

- "Jao Dark Red" vinca reproduces bright red 2-inch blooms with white centers. Neither deer nor insects are attracted to the plant.

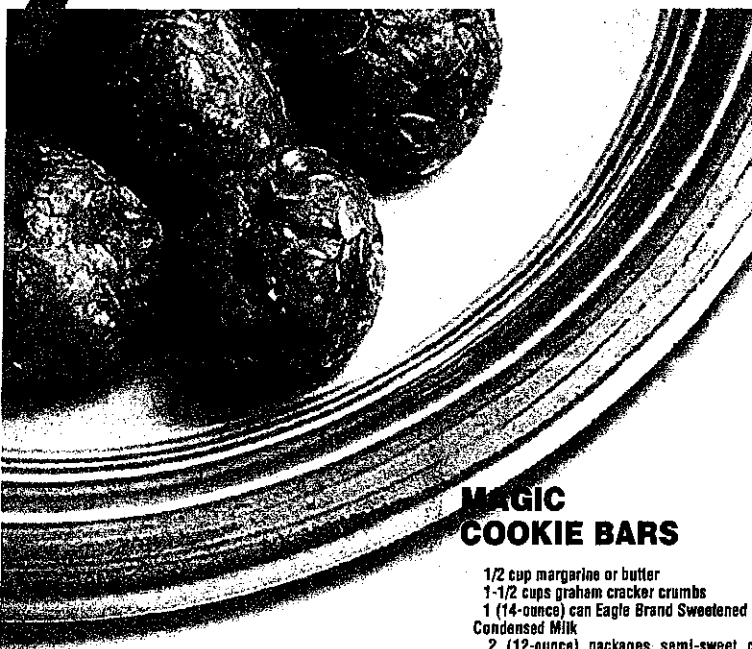
- "Corona Cherry Magic" dianthus offers a mosaic of colors from cherry red and lavender to a combination in 2-inch blooms on 7- to 9-inch plants.

- "Sundance Bicolor" gilliflowers pulchella is a drought-tolerant plant offering double globe-shaped blooms on plants that spread 15 to 16 inches.

- "Forever White" euonyma offers 2-inch ivory-white blooms on heat- and low-moisture-resistant compact branching plants.



"Purple Majesty" ornamental millet.



KIDS IN THE KITCHEN

■ Story By Kristen Smith ■ Photos By Erin Wigger ■ Scripps Howard News Service ■

NO-BAKE PEANUTTY GRANOLA BITES

1 cup powdered sugar
1 cup peanut butter
1/3 cup milk
1 teaspoon vanilla
1-1/2 cup Quaker Oats (quick or old-fashioned, uncooked)
1 cup granola cereal (natural cereal)
1-1/4 cup Nestle Toll House Peanut Butter and Milk Chocolate Morsels

In a large bowl, combine the powdered sugar, peanut butter, milk and vanilla; mix well with a wooden spoon. Stir in oats, granola and morsels; mix until cereal is completely coated. Roll and press cereal mixture into one-inch balls; place on waxed paper-lined cookie sheets. Let stand until firm. Store in tightly covered container in refrigerator.

For a variation, melt the remaining morsels (from the bag) in a microwave oven on medium-high heat for about 20-seconds; stir. Dip half of each cookie into melted morsels.

Place on waxed paper. Refrigerate until firm. Cover tightly and store in refrigerator. Or, if desired, dip chilled cookies into melted morsels just before eating.

Recipe by Nestle Toll House Morsels and Quaker Oats

POLKA DOT CHIPPERS

2 sticks (1 cup) butter, softened
1/2 cup sugar
1 teaspoon vanilla
1-1/2 cups Quaker Oats (quick or old-fashioned, uncooked)
NOTE: If using old-fashioned oats, add 1/3-cup more flour
1-1/3 cups all-purpose flour
3/4 cup Nestle Toll House Semi-Sweet Chocolate Mini Morsels
Additional granulated sugar

Preheat the oven to 350 degrees. Place the butter in a one gallon resealable plastic bag; seal. Squeeze with hands one minute.

Open bag; add sugar and vanilla. Reseal; squeeze

and knead until ingredients are well mixed. Open bag; add oats, flour and morsels. Reseal; squeeze and reseal until ingredients are well mixed. Open bag and scrape dough together with rubber spatulas.

Pinch off pieces of dough; roll into one-inch balls. Place balls two-inches apart on ungreased cookie sheets. Dip bottom of a glass into granulated sugar; flatten dough balls to about 1/4-inch thickness.

Bake cookies 13 to 15-minutes or until bottoms are light brown — tops will be pale. Cool one minute on cookie sheets; remove to wire rack. Cool completely. Store tightly covered.

Recipe by Nestle Toll House Morsels and Quaker Oats

MAGIC COOKIE BARS

1/2 cup margarine or butter
1-1/2 cups graham cracker crumbs
1 (14-ounce) can Eagle Brand Sweetened Condensed Milk
2 (12-ounce) packages semi-sweet chocolate morsels
1-1/3 cups flaked coconut
1 cup chopped nuts

Preheat oven to 350-degrees or 325-degrees for a glass dish. In a 13-by-9-inch baking pan, melt margarine in oven. Sprinkle graham cracker crumbs over margarine; pour sweetened condensed milk evenly over the crumbs. Layer evenly with remaining ingredients; press down firmly. Bake 25-minutes until lightly browned. Cool; chill if desired. Cut into bars. Store loosely covered at room temperature.

Variations:

Seven-layer Magic Cookie Bars: Substitute one cup butterscotch-flavored chips for one cup semi-sweet chocolate chips and proceed as directed above. Peanut butter flavored or white chocolate chips may be substituted for butterscotch flavored chips.

Magic Rainbow Cookie Bars: Substitute 2 cups plain candy-coated chocolate candies for semi-sweet chocolate chips.

Magic Peanut Butter Bars: Substitute two cups chocolate-covered peanuts for semi-sweet chocolate chips and chopped nuts.

Recipe by Eagle Brand Sweetened Condensed Milk



Cook has inside scoop on how to use phyllo



FRUITY BAKLAVA BUNDLES

1 cup golden raisins
1-1/2 cups dried fruit
4 cups toasted walnuts or almonds, or a combination
2 teaspoons ground cinnamon (freshly ground is preferable)
1/4 teaspoon ground cloves (freshly ground is preferable)
1/4 teaspoon cardamom (optional)
Grated rind and juice of 1 lemon, or the grated rind and juice of 1/2 an orange
3 tablespoons honey
1 teaspoon vanilla or almond extract
1 package (16 ounces) phyllo dough
1 cube unsalted butter, melted in a small bowl (1/2 cup)

Preheat the oven to 350 degrees. Put all ingredients except the phyllo dough and butter in a food processor and process until coarsely ground.

Unwrap phyllo dough onto a counter or board covered with plastic wrap or a damp towel. Cover the dough with a damp towel. Take about half of the phyllo sheets and cut them in half across the width. Stack those sheets under a damp towel and wrap the rest in a airtight wrapping for later.

Take one of the cut sheets and brush with melted butter. Fold over lengthwise and brush with butter. Fold over widthwise into a small rectangle and brush with butter. Place a rounded teaspoon of filling in the middle. Fold up sides, one and then bring in corners to make a bundle. Put gently in small plate, but do not ungreased baking sheet and cover with a damp towel. Repeat with remaining sheets of phyllo.

When ready to bake, remove towel and place in 350 degree oven for 20 minutes or until the bundles are golden. Be careful not to overbake.

Alternatively, you can freeze the bundles on the baking sheet. Once frozen, place them in a plastic bag and freeze them for up to 3 months. To use, thaw them in a plastic bag and place them in a 350 degree oven for 20 minutes. Freshly ground spices are preferable. Prep time: 30 minutes. Cook time: 20 minutes. Makes 50 bundles.

By Gwen Schoen
SACRAMENTO BEE

Heidi Cotler's mission is to conquer fear of phyllo. And there's a good chance she's going to win the war.

Cotler is a popular instructor at Shallots Cooking School at the Nugget Market in Vacaville, Calif. Her specialty, as she puts it, is "stuff you can stuff," with phyllo dough one of her favorite items to stuff.

"The only thing you really need to remember about phyllo is that you must keep it damp," Cotler says. "Before you begin, make sure you have all of your ingredients and utensils ready. The dough is very thin, so it dries out quickly. Once you've opened the box, keep the dough covered with a damp dish towel and work with just one sheet at a time."

"Work quickly once you start. The first step in recipes is to brush or spray the dough with melted butter or oil. If you are doing a sweet filling, most recipes call for butter. Don't use margarine. If you're going to do it, do it right."

"If you are making a savory filling, you can use an oil, usually an olive oil, in place of the butter. Use a soft pastry brush or a spray bottle. Apply the fat from the edges toward the center because the edges dry out first."

"Once you have filled the dough you can freeze it to bake later. You can bake it from the frozen state; just add about five minutes to the baking time."

"For fillings, Cotler uses a variety of things. "You can make meat fillings using cooked meat, or you can make a chopped vegetable mixture with a bit of cheese or all sorts of fruit fillings. There really is no limit to the possibilities," she says.

Would Cotler ever make her own dough? "Absolutely not. You can find perfectly good phyllo dough in the freezer section at almost every grocery store. It keeps just fine in your refrigerator for about a month or you can freeze it for a few months if you don't plan to use it right away. Making phyllo from scratch can be done, but it takes an enormous amount of work, and most folks just don't want to put that much effort into it. Anyway, the fun part is stuffing it."

Mother cooks up idea for book of recipes made on kid-size ovens

By Sharon Dowell
DAILY OKLAHOMAN

Kristen Joyal of Wichita, Kansas, is a baking expert when it comes to "mini" recipes tailored to child-size ovens that use light bulbs to do the baking.

About a year ago, the mother of two was shocked to discover how much she'd have to spend to buy the boxed mixes designed for use in the Easy Bake Oven her daughter Ashlyn received for Christmas.

"I decided to try making recipes and mixes on my own," she said. "I was amazed at how well the small-portion recipes worked in Ashlyn's oven. Soon the idea for the 'Mommy and Me Cookbook: Recipes for Kid-Size Ovens' was born."

Joyal bought additional brands of the kiddie ovens, lined them up on her kitchen counter and got busy creating recipes. "I started developing the recipes on New Year's Day and had all the recipes ready by May," she said.

"I had a goal to create two recipes a day. I didn't always make it. Sometimes, I created recipes that failed."

Seventy recipes made it into the soft-cover, spiral-bound book that Joyal and her husband, Roger, published themselves.

Her worst disaster during the testing phase was a cookie recipe. The dough tasted wonderful, Joyal said, but the dough melted then hardened in the test ovens, creating major messes.

"Those three ovens were a permanent fixture on my kitchen cabinet during that time. And I felt pretty good when I put

them up for awhile to design the book," she said.

Another pitfall of testing all those recipes was that Joyal gained about five pounds. "I learned that testing on the kids was unreliable, because they loved everything I made up," Joyal said.

When it came time to do illustrations to accompany the recipes in the book, Joyal turned to her son's kindergarten teacher, asking if the children in his class could do the drawings. Ashlyn is on the cookbook's cover, decked out in chef's hat and monogrammed apron.

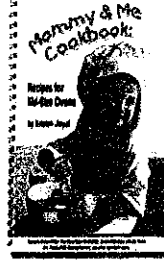
The couple placed an initial order for 1,000 copies of the cookbook, which was published in June. Then it was time to begin the marketing campaign. "I told my husband I can sell these. Just give me the chance."

In the meantime, they've ordered several thousand more copies of the cookbook as they continue to market it.

The book's selling point, Joyal says, is the set of stainless steel measuring spoons including teaspoon, 1-16 teaspoon and 1-32 teaspoon, all which are needed to make the recipes and mixes in the book.

"They're a good quality set of measuring spoons which I've seen selling for \$8 at a major retail chain," Joyal said.

The "Mommy and Me Cookbook: Recipes for Kid-Size Ovens" by Kristen Joyal is available from the Joyals home-based business, Straight Forward Technologies, Wichita, Kan., by going online at www.straightforwardtech.com or calling toll-free 877-766-8566. Cost is \$11.99 plus \$2 shipping and handling.



Home Improvement

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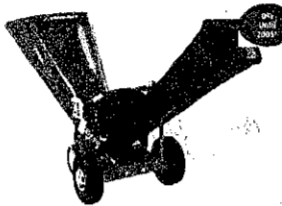
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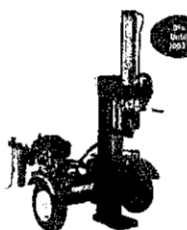
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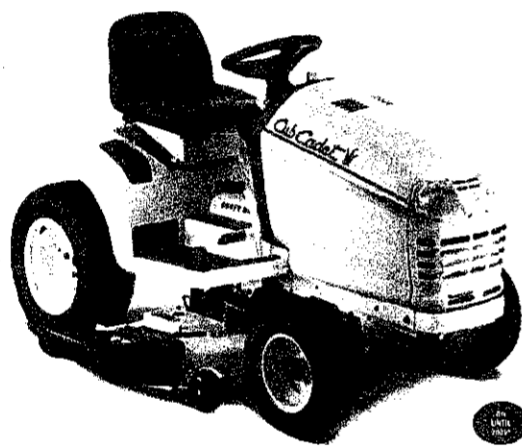
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Top Brass

Getting a handle on front-door hardware

By Clare Howard
Copley News Service

Once, polished brass was the industry standard. Today, front door hardware comes in as many styles and finishes as women's fashion.

There's even hardware that comes with keyless entry.

Styles run from ornate Victorian to arts and crafts, sleek contemporary and classic. There's antique nickel, oil-rubbed bronze, distressed oil-rubbed bronze, sand-cast bronze, wrought steel, forged iron, dark bronze, silver bronze, pewter, brushed chrome, rust patina and more.

The front door and door hardware projects the personality of the homeowners, designers say. Putting thought and planning into door and hardware selection helps create a positive first impression, said Annette Barrett, interior designer at Phillips Swager Associates in Peoria, Ill.

"If you turn the doorknob, walk in and hear a hollow sound, that projects a lack of confidence," said Barrett who works with business and residential clients.

"Impressions are not just what you say but what you do and project. Every guest in your home uses the hardware on your front door. It should send a message of quality and security."

Barrett works with new construction as well as renovations. Door hardware is often overlooked but vitally important, she said.

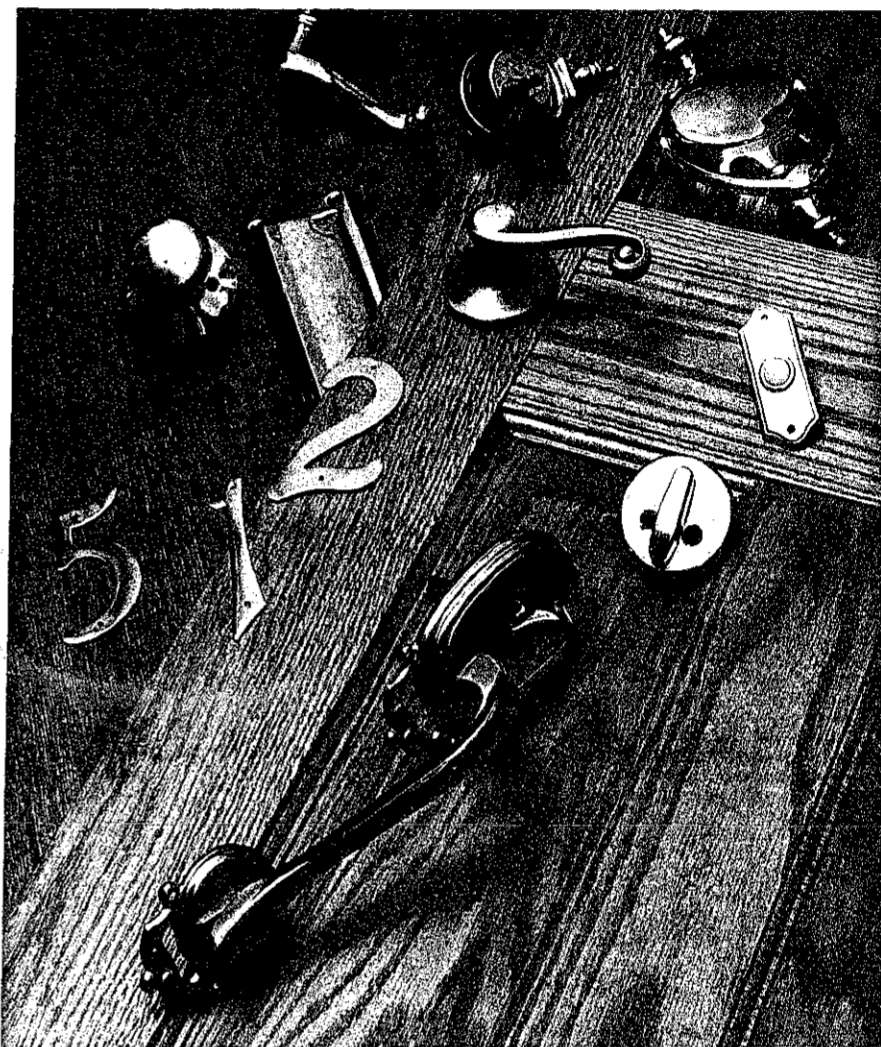
"It's the necktie to your home. What is the suit without the necktie? Use it to project your personality and creativity."

"Door hardware can be pricey. You want to see and touch the material before you make your selection," she said.

Carrying the analogy between front door hardware and women's fashion one step further is Lois Ritt, showroom manager at Carver Lumber in Peoria.

"It's like women's hemlines. We're always moving from one style to another," Ritt said. "The old hardware of yore was polished brass or polished brass with a lifetime finish. Today there are many more choices."

Cost, according to Ritt, can run from \$50 to more than \$500 for front door hardware.



The front door and door hardware projects the personality of the homeowners, designers say. Putting thought and planning into door and hardware selection helps create a positive first impression.

She said people usually want to match the color and finish of lock sets and knobs with complementary hinges.

Carver carries standard names in door hardware including Kwikset Titan, Schlage and Baldwin. Recently, Ritt picked up two new lines. LaForge makes black and pewter hardware with traditional forging methods.

Her newest line is from California-based Emtek Products. Emtek was founded in 1981, making specialty hardware in solid brass for dealers in Los Angeles. It has since expanded to all 50 states and has classic and contemporary designs in a wide range of finishes from rusted patina to distressed sand-cast bronze and polished brass.

"When I built my home in the 1970s, there were pretty much two finishes for

door hardware, polished brass and antique brass," said Jim Haynes, partner in S & S Builders Hardware Co. in Peoria, another leading dealer in front-door hardware.

"Now the choices are endless. People can usually order something from \$100 on up to whatever they want to spend."

"People spend a lot of time on hardware. One man from Roanoke came back four times to look at options before he finally decided," Haynes said.

Larry Howard, sales manager at S & S, said the Americans With Disabilities Act influenced door hardware with the spread of levers rather than knobs. Levers are easier to operate, he said.

"If you have arthritis or a gripping problem or your arms are full of groceries, you

hit the lever and push open the door," he said. "The varieties of styles and colors of door hardware have expanded exponentially."

"Deadbolts were not part of Victorian life, so you have to do a little compromising on hardware," said Dan Phillips, owner of Illinois Antique Center in Peoria.

However, companies making new hardware in old styles are more plentiful today than years ago, Phillips said. In addition, there are companies that will take an existing piece of hardware and make a casting of it to duplicate the piece.

"It's important to spend time on the hardware to match the design with the design of the door," he said. "Door hardware is not something to overlook."

Cabinet Appointment

Counters, cupboards bear special attention

By Pat Stein
Corley News Service

There's nothing that adds flavor to a kitchen like new or refurbished cabinetry, according to award-winning kitchen designer Wendy Grumet of Denver.

"Cabinetry defines the style of a kitchen," says Grumet, noting that the kitchen is the heart of the home.

Cabinets are available in styles that fit in with any type of home decor — ranging from sleek contemporary Euro-style to Arts and Crafts, Victorian, Shaker and cozy Colonial.

Depending on your budget, you can choose semi-custom cabinets or custom-made cabinets, refinish existing cabinetry or just add new hardware.

Whatever you spend on kitchen cabinets is a good investment because, Grumet says, a spiffy, up-to-date kitchen is one of the best selling points in a home.

While the dream goal in remodeling a kitchen might be to reinvent it as a kind of great room that serves as a family gathering place and center for entertaining, sometimes it's not possible to add or borrow space to enlarge the kitchen. In which case clever cabinetry that maximizes use of space is the answer, according to Grumet.

She recently worked with the owners of a modest California beach bungalow built in 1949 who wanted to bring their small kitchen up to 21st century standards while maintaining the charm and integrity of the craftsman style of the house. Their budget would not permit adding space or moving major walls, so designer Grumet maximized the use of every available inch with the installation of efficient cabinetry. The new cabinets take advantage of space that might otherwise have gone to waste, such as a shallow nook above the oven which is ideally suited for storing large platters and baking sheets.

With an efficient new pull-out pantry in place, the former food-storage cabinet now serves as a broom closet large enough for storing the vacuum cleaner. What was once a cupboard for a pull-down ironing board now holds tools, light bulbs and other household essentials.

The simple, white wood Shaker-style cabinets feature innovative insets of obscure ribbed glass similar to what is used in shower doors to further lighten and brighten the kitchen while maintaining a vintage appearance. Earthquake-

proof cabinet latches and drawer pulls are made of brushed stainless steel.

In another kitchen remodel, existing dark oak cabinets were removed and replaced by white maple cabinets with a blond finish. Nickel knobs on the cabinets and drawers echo the tone of the stainless steel sink, stove hood and appliances, while glass doors on lighted cabinets where glasses are stored add brightness. Other special cabinetry features include plate racks, pan drawers, carousels in the corners and a built-in trash receptacle.

A once darkish, dated kitchen now features sparkling white cabinetry made of high-gloss polyester material that's easily maintained with ordinary glass cleaner. Designed to the exact household needs of the homeowner, the custom cabinets contain pull-out shelves, a large compartmentalized spice drawer, a pull-out pantry with adjustable shelves and extra pull-out work surfaces. The built-in desk is an ideal spot for paying bills or perusing cookbooks. The cooking island is large enough to accommodate the Dacor stove and food preparation as

well as serving as a buffet counter or casual dining area.

In some cases new cabinetry can return a vintage kitchen to its original charm and style while updating it for contemporary living. One home built in 1917 had undergone a number of remodels, which had made it a hodgepodge of styles. The metal cabinetry and stainless-steel counters from a 1950s remodel of the spacious kitchen were replaced by wood cabinets with a flat front panel inspired by woodwork in the original house. Moldings, baseboards, windows, casings and doors were replaced to match the existing original house.

Special cabinet features include adjustable shelving, file drawers, appliance "garages," space for a television set, stereo speakers, a wine cooler, pull-out tables and working surfaces and a special silverware drawer with non-tarnishing lining.

In another remodel the dark brown cabinets of a 20-year-old home's original kitchen gave way to custom-made maple cabinets with a light acrylic finish. Wide drawers accommodate appliances and cookware; recycling and trash bins are built in and a Lazy Susan that both turns and pulls out maximizes under-counter corner space. Appliances built into the cabinetry include an extra-wide double oven, Dacor cooktop, refrigerator/freezer and dishwasher with built-in garbage disposal. A bar between the kitchen and dining area provides under-counter storage and an ideal spot for morning coffee.

Custom cabinetry is more expensive than the semi-custom cabinetry available through Home Depot and other home improvement stores, but it has the added advantage of maximizing the use of space and being tailored to your exact needs, according to San Diego-based interior designer Dawn Sullivan who designed a new kitchen for a family of dog-lovers that featured cabinets with special bins for dog food and dog treats.

But if custom cabinets are not in your budget, most home improvement stores offer kitchen-cabinet design consulting services for as little as \$100. Bring in measurements and a list of your needs and the store's design consultants will map out a computerized layout. You can then choose from the semi-custom cabinets that the store has to offer or take the basic concept to a cabinetmaker.

The least expensive option is refinishing existing cabinets and adding new hardware, according to Sullivan.



Photo courtesy of Kraftmaid Cabinetry

This kitchen features cabinets with recessed panel doors and white laminate, for easy clean-ups. The efficient new cabinetry takes advantage of the small space and a wine cooler adds panache.

Safety Tips

By Bob Grimson

Home improvement can sometimes prove to be a risky proposition. Accidents can (and sometimes do) happen whenever you're working with power tools, electricity or bulky or toxic materials. And you may be doing all of this at once if you have more than one project going! Following a few safety tips can reduce your risk and cut your chance of injury.

Here are some ideas for staying safe. If you don't feel comfortable doing the job, don't do it! If you're uncomfortable working on the roof because of the height, hire a professional to do what needs to be done. You should also pass up any job requiring specialized tools.

Keep your work area neat. Picking up and storing tools and other sharp objects keeps them from getting underfoot. Keep power cords and extension cords unangled and be sure to remove old nails or screws from any used lumber. Keep all tools and supplies away from small children.

Be sure all power tools function properly and are equipped with safety guards. Always unplug tools before adjusting them or when

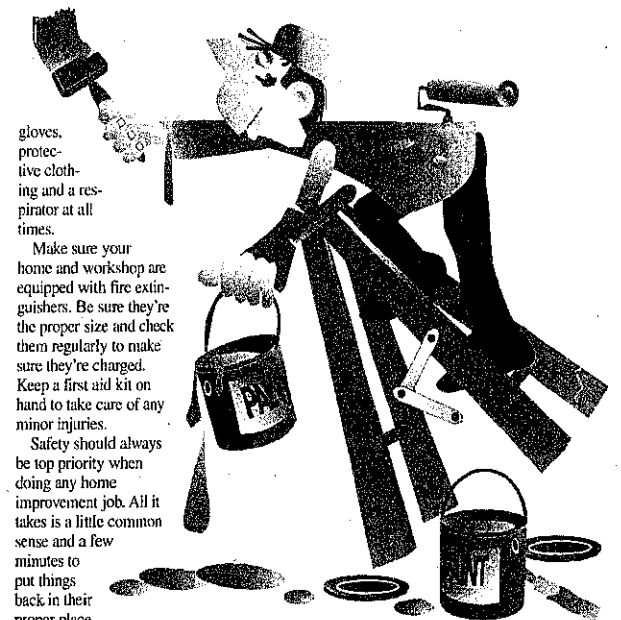
you're finished with the job. Read and follow the safety guidelines in the owner's manual.

Dress for the job. Sturdy clothes, boots and work gloves are a necessity...and don't forget the safety glasses! Wear a dust mask whenever you sand wood or wallboard.

Electrical work can be a shocking experience if you don't know what you're doing! Be sure to shut off power before starting a project and never work on a live fixture, circuit, outlet or switch.

If you need to use a ladder, always place it on a flat, firm surface and keep your weight centered as you climb. Don't lean out to one side and never stand on the top two rungs. Many products, such as varnishes, solvents and adhesives, contain hazardous chemicals or give off toxic vapors. Read all warning labels and make sure there's adequate ventilation, or use a respirator.

Test surfaces for lead-based paint before you sand or strip them. Lead test kits are available at most home improvement centers. Even a small amount of lead paint can be hazardous. Use plastic sheeting and duct tape to seal off work areas and make sure pregnant women and children stay away from the site until the dust has been removed. Use



gloves, protective clothing and a respirator at all times.

Make sure your home and workshop are equipped with fire extinguishers. Be sure they're the proper size and check them regularly to make sure they're charged. Keep a first aid kit on hand to take care of any minor injuries.

Safety should always be top priority when doing any home improvement job. All it takes is a little common sense and a few minutes to put things back in their proper place to prevent accidents from happening.

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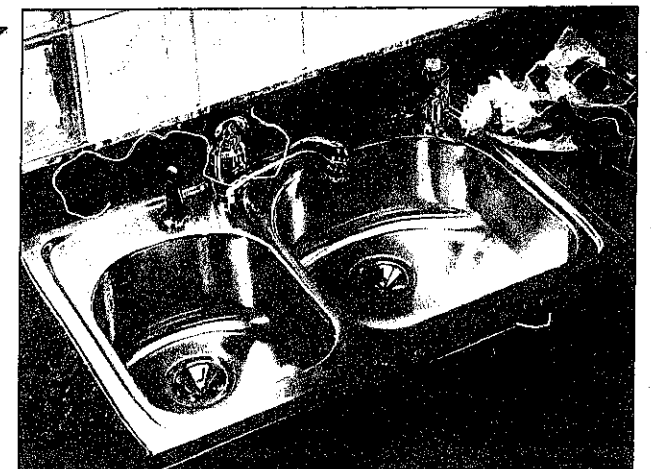
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Pet Project

Letting your decor go to the dogs

By Chandra Orr
Courtesy: News Service

Modern minimalist. Simple chic. Sparse elegance. Call it what you will — muted furniture, clean lines and understated accessories dynamically displayed against splashes of color is still the in look. But what's stylish for humans is also fun and functional for our furry companions.

Julia Szabo, author of "Animal House Style: Designing a Home to Share with Your Pets" and pet columnist for the New York Post, has gathered numerous tips and tricks for creating the perfect abode for those with pets.

Simple white slipcovers, must-have sisal rugs, pared-down furnishings and artsy pet provisions set against colorful walls make a grand design statement and transform any living space into a comfortable, easy-to-clean environment for a family with four-pawed members. The best part? This living room redo

can be completed in a weekend. The look starts with white slipcovers — yes, white.

"Conventional wisdom says that you should have patterns and darker colors," Szabo said. "But that will be less forgiving to smudges left behind."

"Many pet guardians have white slipcovers, believe it or not. If you have really dark slipcovers you might put off washing them because you don't notice the dirt as much, whereas with white you see what went wrong," Szabo said.

Preferably, pet people should have two sets of white slipcovers — one to use while the other is in the wash with bleach, leaving them perfectly clean after each muddy paw print, drool disaster or accident.

"White slipcovers help maintain a higher standard of cleanliness — and it's really fashionably stark," Szabo said.



This pet-friendly room features hardwood floors, an easy-cleaning rug and washable slipcovers. Photo courtesy of Sara Fik

Continued on 7

Pet Project

Continued from 6

Need more proof? White slipcovers pull together a room full of mismatched, even damaged furniture, and can be dressed up with splashy, colorful pillows to keep up with changing design trends. Pottery Barn, Crate & Barrel, Ikea and Ethan Allen all offer simple, stylish slipcovers in cotton, canvas, denim, twill and even chenille. Once the slipcovers are chosen, the floor is the next area to tackle.

"Animals spend a lot of their time there and a lot of accidents happen there," Szabo said. "If you're going to have a rug you better be prepared to wash it more frequently. It's preferable to have bare wood or tile floors." Wood, tile or cement floors are ideal — they don't trap hair, dust or odors, and they help keep pets cool when warm weather strikes.

However, Szabo knows some people may want a little cushioning under foot. For those homeowners who simply must have rugs, sisal and sea grass rugs are the answer.

"Sisal and sea grass are brilliant because they warm up floors and are really durable. You can hose out acci-

dents, cats can scratch at them, and dogs' nails don't wreck it. Plus, the natural fiber smells really good," she said.

"They are really, really chic. Decorators use them all the time," she continued. "It looks good with any style of furniture."

Sisal and sea grass rugs are relatively inexpensive, and because they are so popular with designers at the moment, they are readily available from stores like Crate & Barrel, Ikea and Restoration Hardware.

Homeowners hesitant to rip up the carpeting for the sake of easy cleanup should seek out rugs with rubber backing, which will prevent any liquids from seeping through to the carpet. Szabo said. Be sure to choose something inexpensive in case stubborn stains refuse to come out. To offset the white slipcovers and natural rugs, Szabo suggests infusing the room with color. Not only will a new coat of paint make a dramatic statement, but colored walls are more resistant to the wear and tear animals dish out.

"If you have pets you really have to use satin or eggshell finish," she said. "Flat paint is a no-no because it's really hard to clean and you have to be able to wipe the walls — drool gets slung, cats scratch, dogs lift their legs on the wall, birds fling their food."

"You don't want white walls even if you are using wipeable paint. It's more forgiving to have color on the walls

rather than white," Szabo said. "Plus, white slipcovers look dynamite against a colorful wall, even if it's a pale color."

Once the floors, furniture and four walls are finished, the only thing left to do to create a pet-perfect room is add accessories.

"When you have pets you really ought to provide them with their own beds, even if they sleep in your bed," Szabo said.

The problem is that beds made specifically for pets tend to be kitschy — sometimes downright ugly. Instead of a perusing pillows decorated in bones, paw prints and other patterns that look out of place in a typical home, she suggests finding floor pillows or cushions in fashionable fabrics. Pottery Barn's square floor cushion, Martha Stewart's tufted cat cushion and Easy Bean's elegant brushed-cotton and Ultrawedge beanbags make handsome alternatives to the typical dog and cat beds.

Pets also need their own storage. Instead of just piling a pet's playthings in a corner, Szabo suggests searching out storage solutions that pull double-duty, like Target's Starck Reality stool that opens for storage.

"It's not just eating up space and looking ugly. You can actually use it, or a cat can sit on it," she said.

But what about toys that can't be put away?

"Pet stores have cat scratching posts, but they are not something you want to

display in your house," Szabo said, referring to the traditional carpet-covered posts that don't match today's refined interiors. Instead of searching for an eye-pleasing scratcher, Szabo recommends making your own.

"Wrap banisters and any exposed pipes with untreated sisal twine from a hardware store," she said. "It's an automatic cat scratcher. It gives them a sanctioned place to scratch, and they aren't going to be tempted to go on the furniture to flex their claws."

Cats also love to climb. Keep them busy with a handful of semi-circular wall sconces or small wall shelves that form a feline playground, Szabo suggests. "Cats can jump up there — it's a way for them to enjoy themselves, but it can look good and provides architectural interest," she said.

For relaxing, butterfly chairs with metal frames and fabric seats make great hammock-like hangouts for pets and people alike. Crate & Barrel offers a steel and cotton butterfly seat in a range of colors for under \$50.

From fish to feathered friends, every pet should be made a part of the family, and, according to Szabo, there is no better way to do that than by incorporating them into our living areas — without sacrificing style.

"I'm anti-segregating the animals," she said. "If we share everything, then the incentive is there to have it look good."

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Designer Plungers?

Plunger — just the word tends to make people cringe, but the sight of this useful, but unattractive, orange rubber tool in a guest bathroom is worse, conjuring up mental images of why it might be necessary.

Cringe no more. Several companies have taken the tackiness out of the plunger by making them in an array of colors, styles and whimsical designs — yes, whimsical plungers.

Plungees offers out-of-sight plungers in a box with a lid that opens when the plunger is pulled out and springs shuts automatically

when put back. The square boxes come in high gloss, wood and tumbled marble. The novelty plungers are cow (black and white), dog (with a bone-shaped handle), leopard print, baseball (with a ball and bat-shaped handle), and golf (with a golf ball and flag-shaped handle). Prices range from \$34 to \$125. Order at www.plungees.com or call (888) 788-0483.

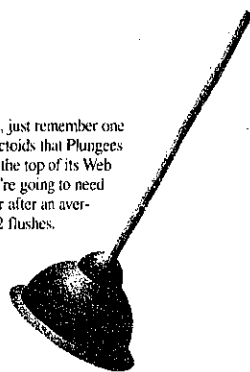
Not quite as creative, but equally useful, is the Discreet Toilet Plunger from Hammer Schlemmer. The plastic-handled plunger rests in a plastic clam-shell container that also

opens and shuts. Any moisture carried into the canister by the plunger evaporates, thanks to the vented bottom. Cost is about \$19.95. See www.hammer.com or call (800) 321-1484.

The least expensive of the lot is PlungerPot, which looks a little like a small plastic diaper pail. It comes in white, catmeal, dark gray and frosted, and has air holes and a pour spout to get rid of moisture. You supply the plunger. It costs around \$15. (See www.plungerpot.com.)

When scuffling at the notion of designer

plungers, just remember one of the factsoids that Plungees offers at the top of its Web site: You're going to need a plunger after an average of 42 flushes.



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Map showing location: Center Rd, Johnston Farm, Center Rd, M-59.

Decisions Decisions

Deciding which home improvement project should be done first

By Bob Grimson

There can be several major repair projects all competing for your attention and money at the same time. This can be an overwhelming experience. Deciding what to tackle first will more than likely depend upon your skills and your budget, but here are a few more things to keep in mind.

Any repairs that will prevent water from getting into your home are more important than cosmetic projects. Check the roof to see if there are any repairs that need done and take care of those immediately. Seal any cracks in the foundation right away, too.

The safety of your family and friends is always an important consideration. Be sure to keep exterior and interior steps in good condition. Make needed repairs to porches and decks. Make sure all outdoor lighting is in good working order.

Major systems such as plumbing, heating/cooling and electrical keep your home safe and comfortable. At the first sign of trouble any repairs to these systems should be made as soon as possible. Any major repairs, such as faulty pipes or wiring, should be done by a professional.

The faster you improve your home's insulation, the sooner you'll see lower heating and cooling costs. These types of projects include tightening window frames, weather-stripping doors and windows, and patching holes.

Any cosmetic repairs, either inside or outside your home, are good projects for winter or rainy weather. These, however, should be put off until all repairs that affect your home and family's safety are done. Cosmetic repairs will make your home look better and help you feel better, but they can be done at any time and won't seriously affect your safety or comfort. Remember, your first concern is your family's safety. Then it is OK to start worrying about how dingy the white window trim is.

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In A Fix

Mystery writer uses home repair as plotline

By Cathy Lubenski
Copley News Service

"Taking a whack at it" probably isn't in any carpenter's official handbook, but it works for Sarah Graves.

Graves is the author of a series of fun and gripping murder mysteries centered on Jacobia "Jake" Tiptree, a former New York City financial manager living in a falling-down, 176-year-old house on an island off the Maine coast.

Novice carpenter Jake takes a whack at the house's myriad problems in between finding the culprit in Eastport's latest murder. Sarah Graves takes a whack at fixing up her own 1823 home located on — *gasp!* — quite a coincidence! — an island off the coast of Maine.

"The house in the books is a fictionalized version of my house," Graves said by phone from her Eastport home.

"We found the house at about the same time I came up with the idea for a series set in Eastport; they developed simultaneously," Graves said. Graves was so taken with the idea of dual fixer-uppers that the subtitle of her books is "A Home Repair is Homicide Mystery." Many of the titles also involve home repair puns: "Wicked Fix," "Repair to Her Grave," and her latest, "Wreck the Halls."

Many of Graves' and other Eastporters' home repair experiences end up as fictional fodder. In "Wreck the Halls" (Bantam, \$21.95), Jake plans to replace a broken basement window by first warming the metal window frame with a blowtorch. The instructions for the glazing compound ("the goo that you use to stick a window pane into a window sash," according to Jake) says not to use it outdoors in freezing weather. Jake reasons that a blowtorch will warm things up.

Her son, Sam, points out, "Don't you remember what's around that window frame on the inside? ... Wood. Old, dry, extremely flammable wood," and takes the blowtorch out of her eager grasp before the fire department and insurance company visit.

"Someone in Eastport actually used a blowtorch and set their whole roof on fire," Graves said. "Old houses and blowtorches don't mix; it's not a good idea, but that's where that part of the book came from."

Jake Tiptree is usually one project behind whatever Graves is working on in her house. "I might discover something while I'm working on a real project and I want to have it mentally digested before I have her tackle it."

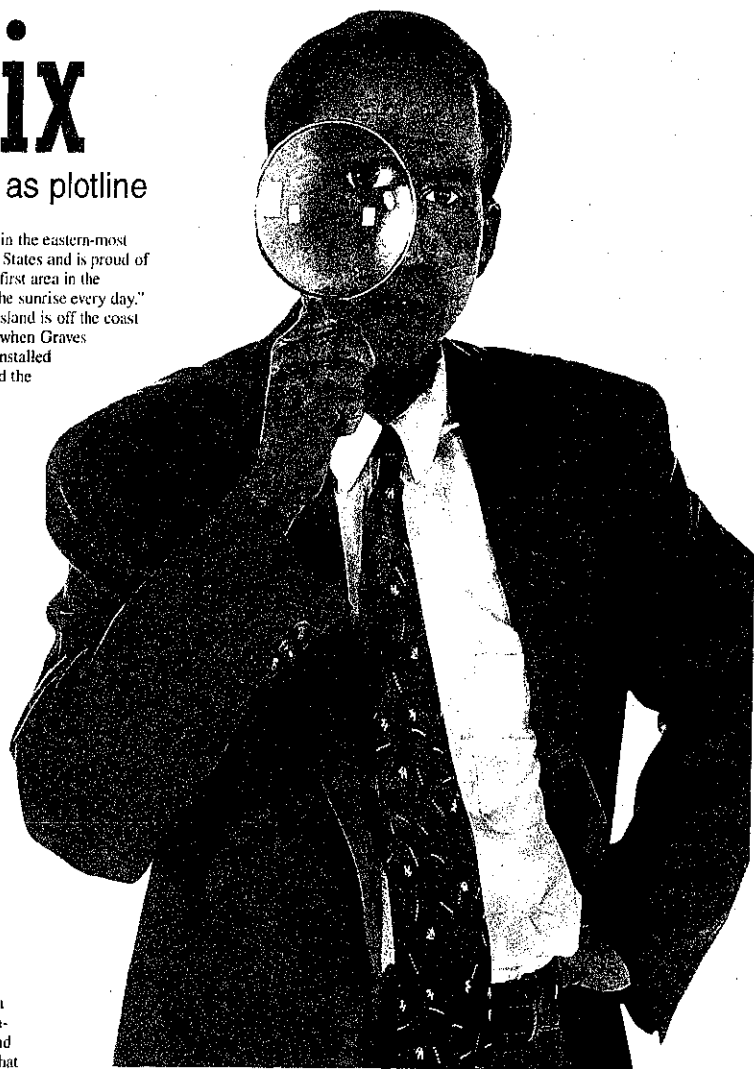
Eastport is located in the eastern-most portion of the United States and is proud of its reputation as "the first area in the United States to see the sunrise every day." Graves' (and Jake's) island is off the coast and is so remote that when Graves finally got cable TV installed and her husband asked the cable guy where the remote was, the man replied, "You're in Eastport, that's remote enough."

Graves' house is a 14-room, three-story home designed by a local architect, Daniel Lowe, for a shipowner, Joseph Livermore. "He built it as his family home," Graves said, "and his descendants lived in it for 175 years. Except for a few breaks, it's been inhabited the entire time."

Graves and her husband, a guitar maker, have been working on the house almost the entire five years they've lived there. Before Jake Tiptree and her adventures were born, Graves, a Wisconsin native, was a free-lancer, writing catalog copy, newsletters and a book for a company that produces educational material.

"There didn't seem to be a lot of real career paths laying themselves out very neatly for me," she said. "I thought I was going to be either a classical guitarist or a waitress in a diner."

But Jake — and both the fictional house and the real house — soon overtook her life. The current real-house project is redoing the front hall: "We'll take down all the old wallpaper, get it down to the plaster, strip all the paint off the painted areas, the door and the trim, and strip a zillion coats of old varnish off the floor." And, since Jake follows in Sarah Graves' home repair footsteps, that project may end up in Graves' next book, "Unhinged," which she's already working on.



But home repair sometimes comes first, regardless of deadlines, since, as Graves said, "We can't stand to live with one project for very long. We set a start date and work straight through until it's finished. We do one big project a year and a ceiling (you can do a ceiling without stepping your entire life)," Graves said.

Graves has her own tool belt, a little red toolbox and her own sander. "I've discovered that big machinery is really useful," she said. "There's nothing like a great big old belt sander."

She's never taken any classes, preferring her "hands-on education. You have to be stubborn and keep at it," she said. "That's how many old houses get fixed

up — you run into a problem and you learn how to fix it. If it works, you must have done it right."

"The basic thing to remember is that you don't have to have permission to get into something like this and you don't have to be an expert. If you do something different than it says in the books, it's all right as long as it works!"

"I don't think we'll ever be finished with the house," she said, "because the house wants to fall down a little faster than we can fix it up."

And, since her Jake Tiptree, "Home Repair is Homicide" series is based on her house, she added, "This series of books could go on forever."

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Are gutters asking for Gutter Helmet?

Are your gutters talking to you? Here's how you can tell.

Customers often ask how they know if they really need the Gutter Helmet. Father and son, David and Darian Bobby, owners of Atlas Gutter Helmet, answer that the homeowners' own gutters are talking to them right now. All they have to do is open their eyes and listen.

First of all, any home with mature trees or pines and rain gutters needs the Gutter Helmet. But don't take our word for it. If you want further proof look to your own gutter system to tell you.

No. 1: Look at the face of your gutters. If you notice dirt buildup and dark vertical lines on the gutter faces, it means that the downspouts are blocked up. Rainwater, having nowhere to go, just sits in your gutters. The standing water leeches the tannins and tannic acids from the leaves and pine needles trapped in the gutters.

The next time it rains this nasty brew will wash over your gutters, making them look dirty — which they are. But you have a bigger problem going on here than just appearance. As this process occurs again and again the dirt marks and vertical dark lines get bigger and darker. The natural acids are chemically etching the factory finish on your gutters. Permanent damage can be done to the baked enamel paint finish and no amount of scrubbing will restore it.

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No. 2: Loose or missing gutter spikes or

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- Enjoy the benefits of free-flowing gutters forever
- Enjoy the peace of mind that a Gutter Helmet system provides
- Protect your fascia boards from rot and water damage
- Protect water damage to your foundation and plantings

gutters pulling away from the fascia board are signs that the weight and stress of ice, water and snow are damaging your gutters. Your gutters can be knocked completely off the house.

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For a free brochure, VHS video, estimate or demonstration of the Gutter Helmet please call Kellie, the office manager at Atlas Gutter at (810) 227-9164 or (734) 954-9033.



Photos by LINDA NEFF



Above, Atlas Gutter Helmet Installer Doug Bennett prepares sections of the Gutter Helmet for installation. Then, at left, Dave Calvin fits the Gutter Helmet to the roof of a home.



From left, front row, Bradley McDonough, Darian Bobby, Kevin Fritz and back row, Mike Minicelli, Mike Barnaby, Doug Bennett, Nick Voltz, Dave Calvin and David Bobby install the Gutter Helmet, the number one gutter-protection system in the world.