



## uncil: Beck is road to the future

#### Council signs off on STAFF WRITER CHEVY (eisties show

## JAN. 12-15

🖱 Outfitters Expo 🗅

**Ultimate Fishing Show** Catch it! For details, Page 13A

#### **OBITUARIES**

Kelli Nichols, 33 Mary C. Miller, 101

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Postal

A 4. 4

plan to fix local intersections, pavement By Greg Migliore

The future of Beck Road is becoming clear-

In the short term, city officials want to fix the pavement and improve intersections from Eight Mile Road to Grand River Avenue, pos-

sibly starting in the next year. Those plans could be expanded within 15-25 years to include widening the road to a

four-lane boulevard or five lanes The total project could cost \$14.2 million, if all of the improvements are made, according to a Novi News analysis of a report by engi-neering firm Fishbeck, Thompson, Carr &

Huber. Short-term plans could cost \$2.54 million, and long-term fixes are estimated at \$11.6 million

City Manager Clay Pearson said the improvements are a solid investment, and noted they would likely consist of a series of projects, rather than a single, expensive undertaking. He said fixing the road is a priority. "It's definitely something that's high on our list," Pearson said.

Officials plan to work with regional and fed-

Officials plan to work with regional and rea-eral authorities to angle for funding. A study that outlines the improvements was approved by City Council Monday. "There's to sense in waiting on these things," Pearson said, "I think it !! benefit all of us if we can make some of these short-term improvements." Fixing Beck Road was a flashpoint last fall

as residents expressed concerns about increas-

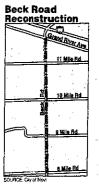
ing traffic in neighborhoods near the road. City officials ultimately decided on a stag-gered approach that soothed residents, while

0

planning for Novi's future growth. City officials also plan to coordinate con-struction with neighboring communities that rely on Beck, such as Northville and Plymouth Township. The road is one of the most-trav-eled connectors between Interstate 96 and Miectors between Interstate 96 and M-

14. "People use it as a thoroughfare," Novi Mayor David Landry said. "I don't think there is a long-term alternative to widening it." Council members were receptive to using boulevards, which if set up properly, can increase safety and add an aesthetically pleasing element to neighborhoods.

Greg Migliore is a staff writer for the Navi News. He can be reached at (248) 349-1700, ext. 107 or gmigliore@gannett.com



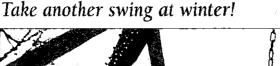




Photo by JOHN HEIDEF



Amid winter sunshine and temperatures in the mid-40s, Rachel Gremel enjoys a swing at the Novi Community Sports Park last week.

## **Ready for the pitch**

#### Library bond proposal heads to City Council

#### By Victoria Mitchell STAFF WRITER

The library board is expected to ask City Council on Jan. 22 to place a \$16 million bond on the November ballot for a sizable addition and renovations.

Members of the city council must approve the millage proposal before a campaign gets under way.

CRASHEN TO

City of Novi Library Board President Bob Cutler said if approved by voters the bond would request an addition to increase the library to 60,000 square feet along with the infrastructure for another 30,000 square feet if needed in the future.

Other library requests expected to be unveiled at the January city council meet-ing include more computer terminals, big-ger meeting rooms, a larger children's area and more shelving.

Cutler said members of the Board will make their formal presentation to council members along with presentations from financial and architectural representatives mer director of the Farmington Community Library.

Library officials said the formal city presentation wraps up several years of research including organized community task forces, expert consultations and architectural designs. Cutler said he believes now is the time to

come forward and let the public decide, "All the people I know have asked me

"When are you going to expand the library?" he said. Library officials said they are simply out

of space.

As proposed, the owner of a \$220,000

home would pay about \$30 annually. Nome would pay about \$30 annually. The 30-year-oid, 23,000-square-foot library currently has 55 employees and located on 10 Mile Road near the city's Victoria Mitchell can be reached at (248, 349-1700, ext. 122 or vernitchell@gan-located on 10 Mile Road near the city's



governmental and police headquarters Voters rejected a \$20 million bond request for an 80,000 square foot facility in the 2001 general election.

Victoria Mitchell can be reached at (248)

a9251 Crand River + Nuv 1 800-240-8436

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#### MCROFTIN COPY

## Survey says: **Traffic is** No. 1 Novi concern

#### Growth and economic issues also prominent

"I think this is a wealth o

Lower home heating costs

gy choices that will pay off over

the long term."

it is empty.

information, and I found it really

would continue to rise. That's why PERC and other

energy experts are urging home-owners to scratinize their heat-ing and energy choices to keep their homes comfortable and

"Americans are not powerless when it comes to their energy choices," said Scott Morgan, host of HGTV's "Dream Builders" show, "Homeowners

can see a big difference by mak-ing a few small changes in the home, developing an energy

plan and taking advantage of new tax credits. And families building new homes have a huge

opportunity to make smart ener-

BOTSFORD

If You Think Exercise is a Pain,

their wallets fuller.

#### By Greg Migliore STAFE WRITER

fascinating," council member Terry Margolis said. City Manager Clay Pearson The results of Novi's community survey are in. And the No. 1 issue confronting Novi isn't a said the results will be used to fig-ure out future spending, and he stonner. As one respondent said, it's wants to do the survey at least "Traffic congestion. Traffic con-gestion. Traffic congestion." every other year. Traffic, read improvements and transportation issues were cited by 59 percent of the survey's respondents, easily making it the drive our priorities in the budget," he said will be to flesh out some of the top concern. data, and Pearson said he hopes to convene focus groups to add per-spective to the study. Concerns aside, the survey Novi's rapid erowth named by 46 percent of respondents, and the local economy (33 percent) were also chief issues. revealed many residents are satis-

State Pointe Media SPECIAL TO THE NOVI NEWS

With lower temperatures

come higher heating costs. And

with Americans already spending more than \$160 billion a

year to heat, cool and light their homes, cost-consciousness is more important than ever.

According to recent research

from the Propage Education &

Research Council (PERC), 57 percent of homeowners who recently remodeled or pur-

chased a new custom-built

home saw increased household energy costs, and virtually all

ndents anticipated costs

Photo by JOHN HEIDER/Nov According to results from a recent survey of Novi residents, local traffic congestion is a growing concern, including on Novi Road near Grand River Avenu

Issue

money.

fied with day-to-day life in Novi. itive feedback Sixty-one percent rated the over-all quality of life as "good," and another 27 percent characterized it as "excellent." The city drew a The 36-question survey was mailed in October and November and 419 residents responded. It was the first community survey in "We're going to use it to help "fair" rating from 12 percent and Novi in recent history. It cost none called life in Novi "poor." "We've got a strong foundation to keep building up." Pearson \$14,000 and bad a margin of error The next step for city officials Greg Migliore is a staff writer said.

Novi's shopping gamered high for the Novi News. He can be it among the best in the country. *or gnighter (@ gninett.com.* City services also got mostly pos

the long term." Othering a tax creation of op-As such, PERC is encourage ing homeowners to save on energy costs by creating a three-step energy plan: Sector 2006 and 2007 calendar years. Credits are available for energy base inpursements

• The federal government is offering a tax credit of up to

· Wrap your water heater in

Affordable Housing/ Downlown Center 4433%

% of Resp

59%

The Top 3 Issues Facing Novi

A recent survey asked residents for their chief concerns

facing Novi in the next five years. They are:

1. Traffic/ Infrastructure Improvements/

Over Population/ Planning and Zoning."

3. Economic Developement/ Cost of Living/?

Alternative Transportation

2. Growth/ Over Development/

experts like HGTV's Morgan, PERC is offering these easy tips to help consumers lower their energy bills: • Inspect and tune-up your residential heating system that runs well is more efficient and saves money. an insulating blanket. Increase your water heater's efficiency by draining it every six months to remove minera deposits and sediment · Vacuum dust off refrigerato

coils every three months. It takes less energy to cool that · Change your furnace filter way. Check the gaskets around regularly. Clean filters will increase efficiency. • Consider switching to a the door and make sure it shuts Clean filters will

energy plan: the 2006 and 2007 calendar years. Credits are available for annual costs by creating a three-years. Credits are available for annual costs over many months, balancing the costs of seasonal-ly higher bills. thy gou use a fuel that requires delivery, such as propane, set up a regular deliv-ery schedule with your retailer. Consider switching to annual costs over many months, balancing the costs of seasonal-ly higher bills. thy sour use a fuel that requires delivery, such as propane, set up a regular deliv-ery schedule with your retailer. Consider filling your tank before the start of the heating season rather than waiting uniti it is compty.



If you have a car or truck financed at another financial institution, we will pay you \$60 to bring your auto loan\* to Telcom Credit Union. We may be able to lower your payment, and you could skip one or two monthly car loan payments. Couldn't you use some extra money for post-holiday bills?

#### Customers walk on work of art By Pam Fleming finding this unique artistic niche. In fact, he said much of his inspiration comes from his former cre-

High Wire Girls store features

unique flooring by local artist

Lou DeCillis could be called ations with food the "Versace of Epoxy" or the DeCillis said his adventures in "Picasso of Concrete, concrete began 11 years ago when he did the floor of his wife, The West Bloomfield artist has urned concrete floors into works Diane's business, the Print Gallery, in Southfield. His background is in sculpture, and he used to own an ice sculptof art for more than a decade. Locally, his artistic floors can be viewed at the High Wire Girls store at 25875 Novi Road, Suite 115, in the City Center Plaza ing business in Manhattan. He never envisioned a career in creative flooring. But so many people wanted to have a floor like south of Grand River Avenue, and at the Swearingen Visions Gallery at 118 W. Main Street in downthe one at his wife's gallery that town Northville. he ended up studying polymer There's probably nothing more science enticing to DeCillis than a plain concrete floor, which most would As they say, the rest is history. "I like science and tinkering with formulas," DeCillis said. cover with tile or carpeting. But to him, a concrete floor is a starting point for some of the most inno-vative and creative designs in Metro Detroit homes and busi-Showroom in Bloomfield Hills He now has a 3,500-square-foot

DeCillis also created the drashowroom and studio at 445 Enterprise Court, Suite B, in Bloomfield Hills. He also has a matic floor design spanning almost the entire Holocaust Memorial Center on Orchard Web site, www.artisticfloor-Lake Road in Farmington Hills and the basement floor of Novi artist Darci Deneau. ingsystems.com

Her basement took first place in the 2004 Better Homes and Gardens National Search for the Best Indoor Entertainment Space.

te of America in Hyde Park "cheffed for many years before

He works with a lot of earth tones, but he can offer custom designs in more than 30 colors, DeCillis can create his own design or use one suggested by a client. His work lends itself to areas around pools, auto dealerships, restaurants and entertainment centers, galleries and hair salons. Lisa Masters and Kara Laramic, owners of the High Win Girls stores in Novi and Royal Oak, which offer fun and fashion-able items for girls of all ages, asked DeCillis to do the floor in the Novi store after Masters saw one of his floors at a Berkeley Mich., salon. "Lou's a lot of fun and is great to work with," Masters said, "And he does great work." She said both men and women are intrigued by the artistic flooring in the Novi

Pam Fleming is a staff writer far the Novi News, She can be reached at (248) 349-1700, est.

105, or by e-mail

pfleming @ gannett.com

store.

Photo by JOHN HEIDER/Novi Chemist Lou DeCillis kneels on the concrete floor he created for Novi's High Wire Girls shop. The gold and green-glitt ry floor con tains bits of glass and metal for its shine.

"Lou is awesome, creative and very passionate about what he does," Deneau said. "Everyone who walks in wants to know who did our countertops and floors." She said her family has used the space for many parties, and DeCillis' floor has held up beauti-

A graduate of the Culinary N.Y., DeCillis said he

#### NOVI PEOPLE

Hugh D. Crawford Hugh D. Crawford (R-Novi Nori-Jownship and Northville). Narbeen frommated to serve as the Oaklandsey County F. Board a af Commissipages Vice Chairman. He was swom in for the 2007-08 cortica Ling A at the Ockland

session Jan. 4 at the Oakland County Board of Commissioners augural Swearing-In Ceremon Dr. Nicholas Doinidis Dr. Nicholas Doinidis of Nov recently attended a program on "Wellness in Practice." Canadian

chiropractor Dr. James Chestnut director of the International Chiropractor's Association's wellness programs, expanded on his slogan "Eat well, move well and think well." Topics included diet, int movement, loving your fam-y and learning to forgive.



Hope College

Nicole Nordstrom of Novi has been named to the Dean's List at Hope College for the first semes-ter of 2006-07. A student must achieve a 3.5 minimum grade

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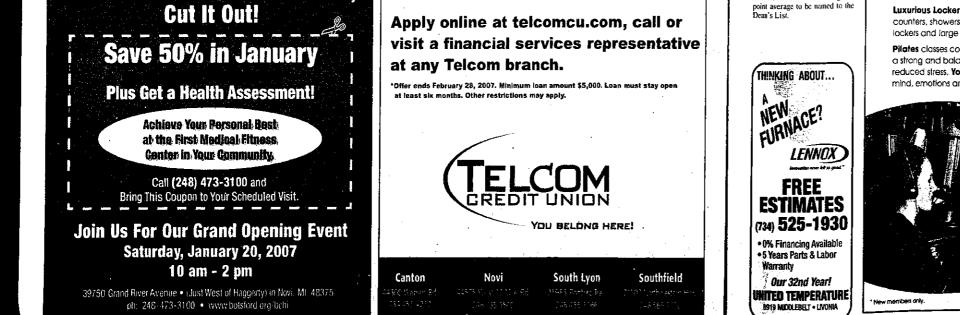
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## WhirlyBall arrives in Novi

■ Welcome, WhirlyBall WhirlyBall Novi is local to at 41540 Grand River Avertia

ust west of Meadow

Road in the same buildlin

www.whiriyballmichlgan.co

on the court at one time liach player has a jai alai-

The ball that's tossed around

with a buzzer to notify the refer

rules and then assists players

WhirlyBall court rentals

includes use of a private party oom during the rental time. When not watching the action

from the room, players can use

one of the two full-service bars,

WhirlyBall lends itself to corahs, birthday parties, gradua-

throughout the game.

room

**Rental includes party** 

#### Full-service restaurant, bar available

By Pam Fleming

Soccer Zona, Hours are 10 a.m.-2 a.m. seven days as week. Costs are \$200 an it for court time, which include Carrie Grosser invites area residents to consider a different type of get-together this year. What about a WhirlyBall use of a private party roo and \$100 an hour to re the room before or after p party? Known as the world's only For more information; call, c (248) 788-8900 or visit

totally mechanized team sport. WhirtyBall is a combination of basketball, bockey and jai-alai played while riding an electri-cally-powered machine, similar to a bumper car, called a and the ultimate group activity. The playing court is about 4,000 square feet, with 10 WhirlyBugs

WhirlyBug. Grosser, general manager of the new WhirlyBall Novi, said the taeility is now open and ready for parties. The new sports establishment, which style plastic scoop in one hand and a steering crank in the pened its doors Nov. 10, was inother. A st Bloomfield for 16 years. Owners closed that facility at is a softball-sized whiffle ball the end of Jamuary and have At each end of the court are ver been working on constructing tically-hung backboards with a 15-inch hole in the center. Behind the hole is a swing gate the new Novi facility, which has replaced the West Bloomfield location WhirlyBall as a team sport – ee when someone scores. The referee calls the play-by-play during the game, keeps score and assesses penalties. Before players go out on the court, the referee reviews the

"WhirlyBall is popular because its an atypical activity. It's not something people do all the time, so it always seems like a new adventure."

a gaming midway and new 5,000-square-foot lounge with pool tables, flat panel TV's. **Garrie Grosser** leather sofas and full restaurant. General Manager, Whithy Ball Novi



A group of Ford engineers from Dearborn enjoy an outing at Novi's whirlyball location, off Grand River Avenue.

tion open houses, sports team banquets, couples showers, block parties, yoult group out-ings or just a night out with triends. WhirlyBall Novi can feet, with the new Novi facility offering 20,000 square feet, "WhirtyBall is popular hecause its an atypical activity." "It's kind of a sports bar Grosser said. "It's not some-thing people do all the time, so it always seems like a new atmosphere," Grosser said. The kitchen is open until 11 adventure p.m. seven days a week. Menu selections include a variety of appetizers, pizza, pasta, fajitas, She said it's an activity adults and children can participate in together and men and women burgers and sandwiches can play as equals. A variety of party platters may be ordered. Normally, the area is reserved about an hour Parties can be scheduled any time during the day, and Grosser said weekend spots are

for every 10-15 players. "Many companies have been anticipating our grand opening, and our new lounge area is per-tion for any corporate activity." We look forward to showing Grosser said. "We just didn't have the room hefore." we took forward to showing off our new facility to the Novi area and also catering to every-The previous space in West one's party needs." Gro.

reached at (248) 349-1700, ext. Pain Fleming is a staff writer 105, or by e-mail at pflemfor the Novi News, She can be ing@gannett.com.

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Publication Number USPS 396290



#### ABWA officer uses local firm's newsletter to promote her club

By Pam Fleming STAFF WRITER Pamela Burns knows there's And she knows how to use her

WEDDINGS

Eve Elizabeth Costlow and

Eve Elizabeth Costlow and Jeffrey Alfen Danwell were married July 22, 2006 at Meadowbrook Congregational Church, Novi, Mich. Mark McGilvrey officiated the cere-mony A recention was held at

mony. A reception was held at Fox Hills, Plymouth. The bride is the daughter of Dan and Diane Costlow of Novi.

She is a graduate of Eastern Michigan University, with a Bachelor's of Science in Elementary Education, employed at Garden City Public

The groom is the son of Richard and Patricia Dunwell of Brighton. He is a graduate of the

University of Michigan, with a

Bachelor's of Science Degree in Bio-Psychology, and currently enrolled in the University of Michigan Dental School.

Serving as Maid of Honor was Leigh Anne Costlow, along with bridesmaids. Melissa Burch, Lindsey Cook and Jaime Reaurie. Madeline Lewis was

Serving as Best Man was Justin Bagdady, along with groomsmen Pete Kobylarek, Vince Slovan and Brian Switt.

Chase Sparling was the ring earer. The bride wore a strapless

beaded, satin gown designed by

SOUTH LYON THEATER

starts Fri, Jan.12" Night

at the

8en Süller • Kobin Williams

Museum -

Rated PG 108 Min

Matthew Christopher. The couple honeymooned or a cruise of the Hawaiian Islands

Schools.

the flower girl.

Jeffrey Allen Dunweli

newsletter committee members approved it for the November 2006 issue, the initial publication. asiness connections. The Novi resident serves as vice president of the Novi Oaks Charter Chapter of the American "I had a few eyes viewing the copy to make sure that it gave a message consistent with the firm's mission," Burns soid. She said the new Deloitte pub-Business Women's Association. An employee in the Detroit practice of Deloitte & Touche, an audit, tax, consulting and finan-cial advisory firm, she was arou, GA, consulting and linan-cial advisory firm, she was allowed to use one of the company, not just women. Women's fultiative supports all works as a manager in rewsfetter, to explain ABWA's mission and promote upenning events. The WIN Newsletter is a new The WIN Newsletter is a new

17.99 ENTIRE STOCK of biras by Ball, Vanity Fair and Barely There, Orig. 25.00-30.00: INVITUATE APPAREL

communication tool for Deloitte, and Burns leads the newsletter joined the organization," Burns said. At least one Deloitte employee has joined. Burns said Deloitte & Touche is onimittee. After reviewing Burns' onepage submission about ABWA, recognized as a leader in advanc-

decided to join," she said.

Novi High Source and as an employ-choice. Twelve years ago, the firm launched the lotitative for the Retention and Advancement of Women. And in 2006, the compa-was named by Working and so on of the Comparison of the Comparison

SEMIAN

1 All

**Spanie** 

She learned about ABWA at the Michigan Women's Expo at the former Novi Expo Center. "I talked to some women there and

She said being a member is more than just making local con-nections in the business world. and make them feel welcome, Burns said. However, a lot of women don' "There are opportunities to meet other ABWA members know about ABWA, according to while traveling to national con-ventions and learning seminars," Burns, And other women are intimidated because it has the word "business" in its name, Burns said. The conventions are

usually two-three days and at sev-Burns said. eral locations across the country. "But really it's an organization for all working women," she said. In fact, members' occupations "The conventions are jam-packed with programs, such as

5 for \$25 ENTIRE STOCK of panties by Hue, Vanily Fair, Barely There and updated missy. Orig: 7.50-9.00. WINTERATE 14.99 & 19.99 ENTIRE STOCK OF SNUGGLE S



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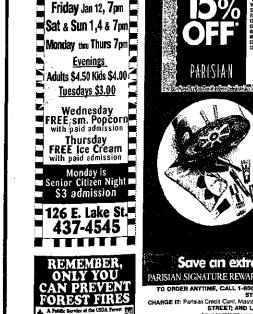
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ail sale and clearance purchases

get acquainted to their new city





6A NOVI NEWS-Thursday, January 11, 200

#### Local business hosts annual wacky label contest

Sober waraing

the label.

#### By Maureen Johnston GANNETT NEWS SERVICE

Bob Wilkinson said most nee ple don't notice his wacky label. Those who do laugh when they read the warning, said the owner of Highland Lakes Laundromat in Northville. The tiny placard emblazoned on Wilkinson's row of oversized commercial washing

machines says, "Do not put any person in this washer," Now, he gets to haigh his way to the bank with a \$500 prize in awful headache." Last week, the Northville resi-

dent carned the cash and accom-panying national fame as winner of Michigan Lawsuit Abuse Watch's 10th annual Wacky

Warning Label Contest, "It's kind of funny," Wilkinson said, "It's unexpected, the dryer, but no one's going to turn the dang thing on," he said, "It's kind of a lark

lics.

"I've had little kids crawl into

tique of the Michigan football Rose Bowl game. His Southfield accountant called with the news.

"Evelistened to Dick Purtan for

years," he said, "You drive off the side of the road, it's so funny," So, Wilkinson was thrilled

when the long-time radio person-

#### In the spotlight

Not so funny Last week, Wilkinson's usual Wilkinson, 68, said he met the routine chatting with laundromat customers was interrupted by contest creator and fellow Northville resident, Bob Dorigo Jones, two months ago at his laun-dromat. At that time, the business calls from Associated Press and WDIV-TV4 news agencies. On Jan. 2, the winning labels owner showed Jones, president of were selected from a list of finalthe Novi-based con unter watchists by listeners of the Dick Purtan dog group, his washer label, never anticipating the contest outcome. show on Detroit radio station WOMC-FM. "(Jones) told me a month ago I The two men chatted about was in the top five finalists." Wilkinson said. "My wife got excited I said. 'Don't get excited.

society's increasing tendency toward filing lawsuits, Wilkinson said, Jones told hum about the contest Michigan Lawsuit Abusewe never win anything." A loyal Portan Tan, Wilkinson Watch, M-LAW for short, created said he briefly switched from his regular radio station the morning the winner was announced 1997 Since then, the company has

learned product makers live inconstant fear of what will happen - because he wanted to hear a cri if someone gets hurt while using their product and then sues." Jones said. "Why? Because in America's unpredictable legal system, many judges allow per-sonal injury lawyers to file law-suits on almost any theory -- no matter how ridiculous." which the imperime ratio personal val-Wilkinson sid his personal val-ues line up with Jones' objective, congratulate him in person. He cifing a past experience suffering said he autographed a copy of where's my 10 percent? ues line up with Jones' objective, citing a past experience suffering

aid. "We're in a sue-happy counry and it's wrone I've got to look in the murror very morning."



Photo by JOHN HEIDER/Nevi New ABOVE: Northville resident Bob Wilkinson, left, won \$500 from the Michigan Lawsuit Abuse Watch group for noticing the warning on this washing machine: "Do not put any per-son in this washer." Wilkinson is joined WOMC-FM radio host Dick Purtan, who highlights some of the silly warning labels on his show

OBITUARY POLICY e first seven lines of an obituary are pub-ted iree of charge. After that, there is a of \$3 a line. Pictures may be published beedline for obituaries is Tuesday a CO a.m. for publication in Thursday'

Methodist Church, P.O. New Hudson, MI 48165.

- OBITUARIES -**KELLI K. NICHOLS** 

Age 33, passed away Dec. 31, 2006. Adored mother of Kyle, Beloved

Addrea monter of kyle betoved daughter of Russ (Gay) and Judy. Dear sister of Heather. Loving granddaughter of iris Shoner. Services were held last Friday at the 1st Baptist Church of Northville.

MARY C. MILLER

Age 101, died January 7, 2007. Beloved wife of the late Leo. Loving mother of Mary Ann (Patrick) Mitchell and the late Robert (Carlene). Dear Grandmother of 4

and Great Grandmother of 10.

and Great Grandmother of 10. Funeral service Thursday at 11:00 at the O'Brien/Sullivan Funeral Home, 41555 Grand River Ave, Novi, 248-348-1800. Memorial donations may be made to the New Hudson United Methodist Church, P.O. Box 803, New Winders MI 49:45

Online condolences:

www.obriensuilivanfuneralhome.com

For more information, call 888-999-1288

or contact your funeral home. \*Holiday deadlines are subject to change.

Arrangements entrusted Casterline Funeral Home, Inc.

Photo by JOHN HEIDER/Novi News LEFT: Wilkinson noticed this label on a clothes washer in a orthville laundromat.

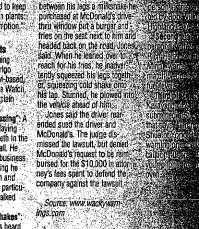
**#96 Warning Label** The Highland Lakes • A warning on an electric drill made for camenters cautions: Laundromat warning label, "Do This product not intended for not put any person in this washuse as a dental drill." A warning on a bottle of dried bobcat urine used to keep pests away from garden plants er" earned the business a page in Bob Dorigo Jones recently published book, "Remove Child

Before Folding: The 101 Stupidest, Silliest, and Wackiest Warning Labels Ever." Examples of lawsuits Jones compiled entries from Why are wacky warning labels needed? Bob Dorigo the contest his Novi company, Michigan Lawsuit Abuse Watch, has hosted the past 10 years. A Mich sampling of the past winners

 A label on a baby stroller warns: "Remove child" before folding. · A four-inch-long brass fishing fure with a three-pronged

hook on the end warns: "Harmful if swallowed. A popular scooter for children warns: "This product larly well together. He walked away with \$50,000. moves when used." · A toilet brush warns: "Do

not use for personal hygiene.



about the spilled coffee lawsuit.

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to keep up with my family, instead of just watching on the sidelines. Now I can join in and do everything with them!"

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> > before at 220 lbs.



## **PICTURE PER**

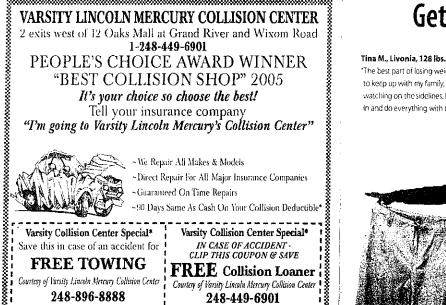


Novi Historical Road between Ten Mile and The Commission announced the winners of its first annual "My Grand River roads. "Things are changing so quickly in Novi," Adler said. "As a photographer, Hometown Novi" photo compe-tition at the opening reception for an exhibit of entrics received in the year-long contest Jan. 6. I try to capture such change, documenting it for myself and posterity. It is wonderful to have the opportunity to participate in Three awards with eash prizes and an honorary People's competition that has communi-Choice award were presented by Kathleen Mutch, chair of the Novi Historical Commission Commission Commission Angle Angl ty as its focus." The three winners were selected independently, but unanimously, by judges Marsha Commissioners Gary Gudes, Betty Nick and Roy Prentice. The competition was co-sponsored by the Novi News. Valenti, a professional photogra-pher with more than 20 years of per with more than 20 years of p-sponsored by the Novi News. Margaret Schmidt won the graphic experience, and Phil rst place award and \$100 for a Irst place award and \$100 for a Jerome, for photograph of her husband Novi News. Larry Schmidt making maple Before Before the awards were



Thursday, January 11, 2007-NOVI NEWS 7A

"Of 101 comestants, we were just lucky," Wilkinson said. adjustment. "You know the first thing everybody said? Sue him." he Maureen Johnston can he reached at (248) 349-1700, ext. 107, or via e-mail at mjohuмот@ даписи.com.



against McDonald's, Jones said, but not a separate lawsuit relat; ed to a milksnake. A motorist who wedged between his legs a mirkshake he Not for human consumption."

Jones: president of Novi-based igan Lawsuit Abuse Wafcii cites two lawsuits to explain • "Do not use for flossing": A

few years ago, a man playing basketball caught his teeth in the net while dunking the ball. He sued the family-owned business that made the net claiming he wasn't warned that teeth and basketball nets don't go particu-

• "A case of the McShakes": Everyone in America has heard





their farm against the announced, those afte backtoro pot the large-scale opening reception were able to homes of the lstand Lake subdi-vision, which surrounds their ballot for a "People's Choice" ballot for a "People's Choice" award. The winner of this hon-orary designation was Mark Adler for the photograph that five-acre property on Wixom Loss non Loss non this is only the second competi-thrill to win," Schmidt said Lois M. Christeller, a resident of Fox Run, earned second phore ud S50 for t ety of entries submitted adding, "We hope to be even more suc-cessful next year with more of Fox Run, enred second place and S50 for her photograph of quits hanging on a line with one of the distinctive green barns of the Michigan State University Tollgate Education Center in the entrants and more entries." Fellow Commissioner Betty Nick encourages everyone to visit the exhibit, "Come see what fellow residents submitted background and colorful wild-flowers in the foreground. She is a member of the Photographic Guild and the Novi Camera this year and enter your own vision of Novi in the 2007 photo competition." "The contest showed me that Club Although she is a veteran of there are a lot of interesting things to see and shoot in Novi photo competitions, she encour-aged others who share her intersaid Commissioner Gary Gudes. The exhibit of this year's entries can be viewed at the Civic Center during normal est in photography to enter this year, pointing out, "You do not have to be an advanced amateur business hours through the month of January. Information Mark Adler received the third place award and \$25 for his entry featuring a barn and rust-ing antique fire truck which can be seen by those traveling Beck husiness hours through the



BA NOVI NEWS-Thursday, January 11, 2007

#### SAVVY SENIOR

## Macular Degeneration: What you should know

Dry AMD Treatments

#### Dear Savvy

Senior, What can you tell me about

age-related macular degenera-tion? My mother had it before she died, and now at age 63, 1 m. worried I may get it too.

Nearsighted Nancy Dear Nancy,

Age-related macular degener-ation (AMD) is the leading cause of vision loss in older

Americans affecting nearly 2 million people - but the good news is new treatments are now available. Here's what you should know.

#### AMD.

AMD is a progressive eye disease that gradually diminishes. the central (not peripheral) vision you need for straight-ahead activities like reading, driving or watching television. It does not cause total blind-

SS. There are two forms of AMD – wet and dry. Approximately 85 percent of all people that. have it have the dry form, while about 15 percent have wet about 15 percent have wet that taking a communition of AMD. As the name suggests, vitamin supplements each day age-related macular degenera-tion is most common in people of AMD. The AREDS formula of AMD. The AREDS formula that can increase the risk units (U) beta carotene (only include smoking, high blood recommended for nonsmokers). biotection and a series of the greater chance of getting AMD, and health food stores self this as well as people with lighter-colored eyes.

Get Tested

#### If you're over the age of 50. Other Tips

it's a smart idea to get on edge on soci it's a smart idea to get your eyes examined by an ophthalmolo-gist every two years. They can spot early signs of AMD before torison loss occurs. Early symp-toms however may include block one between them on the There's also a variety o htestyle changes that can belp prevent or delay wet and dry AMD, especially if you're high risk, including: blank, gray, hazy or blurry spot in your central vision making it difficult to read especially in low lighting. For wet AMD the space of the space of the space of the space of the space call activity can help fend off wet AMD. classic carly symptom is that straight lines appear wavy. A good tool to check your eyes for AMD is the Amsler Grid at · Controlling your blood pres sure: iCs not just a good idea for your heart, iCs good for your www.preventblindness.org

eyes, 100. Protecting your eyes: Wear sunglasses that block 99 to 100 percent of UVA and UVB rays. click on "test your eyes."

#### Wet AMD Treatments

The treatment of AMD has changed rapidly over the past few years, and new potential Resources For more information on AMD visit the National Eye treatments continue to be tested and developed. For wet AMD, the most affective treatment is a finatitude at www.nei.nih.gov. new drug called Lucentis Also see www.maculat.org or (www.lucentis.com), which www.amd.org. If you already

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A Gold Mine in Bedroom Drawers

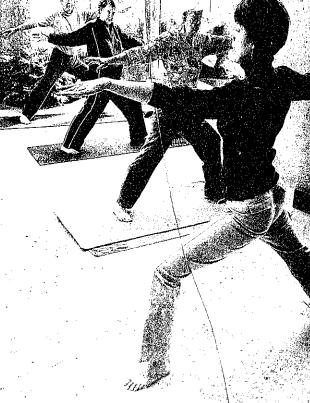
stops vision loss and may even restore it. The downside howev-er is it costs more than \$1,000 per shot but Medicare typically covers 80 percent. Awastin, a nucle cheaper drug (about 550 res shot burrently approved for res shot burrently approved for per shot) currently approved for colorectal cancer, is being used Send your senior question.

by many doctors and may work to Sovey Sentor, P.O. Box 5443, just as well as Lucentis. The view savey sentor, proceeding of the view savey sentor, proceeding o is many declaration and any sour to any form, provided in the second sec course of many months. Other NBC Today show and author of treatment options include the "The Sarvy Senior" books, drug Macugen, laser surgery and photodynamic therapy.

Photo by JOHN HEIDER/Nevi News

While there's currently no cure for dry AMD (several treat-ments are currently being tested **Healthy** in clinical trials), there are some things you can do to slow down approach! Geanne Geraghty, right, and possibly prevent its proteaches a yoga class at gression, including: • Eating healthy: Studies sug-gest that eating antioxidant-rich foods such as fresh fruits, dark Novi's Providence Hospita Assarian Cancer Center. Classes are \$10 per seseron such as the rest rules and at green leavy vegetables and at leave one serving of fish a week may delay or reduce the severi-ty. • Taking vitamins: The sion and held 12:30-1:30 p.m. Monday and Friday. For more information, call (248) 465-5455.

AREDS study done by the National Eye Institute form that taking a combination of be slowed by taking lutein and omega-3 fatty acid supplements.





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## Polish pride

#### Super Saturdays kicks off with Polish Day

Polish Day, part of the Novi Senior Center's Super Saturday events, is sold out for the third

By Tracy Mishler

straight year. Lillian Greka enjoys satisfying her palate with Zagaroli, senior services manager. "But there is not much to do on the weekends, especially in the all her Polish favorites. The 76-year-old Meadowbrook Commons resi dent said she and her husband, Lou, are Polish through and through and would never miss a dreary months of winter." chance to sit down to a meal representing their

heritage. The couple is anticipating the third annual Polish Day eclebration at the Novi Senior Center, and they can't wait to feast on all their favorite dishes. usics. "I used to make all the Polish favorites," Greka said. "Both (Lou and I) have been exposed to Polish food all our lives, and this way we can look

back and remember everything we loved." With dancing and singing, good food and friends, Greka said she hasn't missed a single Polish Day celebration yet. "For me, it's just about fun times," she said. "And with Polish Day being on a Saturday, my husband doesn't have to work and can join me."

tinue with other events, including a spaghetti din-ner in February and a pizza party in March. But Zagaroli said Polish Day is one of their

Let the fun begin

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FAITH COMMUNITY FIRST UNITED METHODIST CHURCH OF NORTHVILLE PRESBYTERIAN CHURC 349-1144 ô Male & Toft Roads ay Washib Services. 8 00 am, 9:15 an 11:00 am & 5:00 pm (new service) Rox John Mice Rox Lisa Cook 44400 W. 10 Mila, Novi, 248-349-234 1/2 mile west of Novi Rd. Sunday 9:00 a.m. & 10:30 a.m. Setvi Dr. Richard J. Henderson, Pastor ST. JAMES ROMAN CATHOLIC CHURCH NOVI 4532 10 Mis Rd. Novi M 48374 Solinday 500 p.m. Sunday 89 39 8 11 30 a.m. Sunday 89 39 8 11 30 a.m. OAK POINTE CHURCH Not Sunday 9:15 c.m. and 11:15 c.m. Casual, contemporary, live band (248) 912-0043

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lurgy 10:00 r

Ad

#### "For me, it's just about fun times. And with Polish Dav being on a Saturday, my husband doesn't have to work and can join me."

Lillian Greka

"The weekdays are always busy," said Rachel more popular events, and more than 120 people will enjoy sauerkraat and kielbasa and the sounds of the Kielbasa Kings, a Dearborn-based polka band who entertain crowds in both Polish and

For only 36 per person, per event, both Novi residents and non-residents can spead their. Saturday evenings with friends, being entertained and enjoying a home-cooked meal. English. "There isn't a single nerson who hasn't gone to "Having Super Saturdays on the weckend, we can reach our seniors who are still working," Zagaroli said. "It's a good way to get out of the winter doldruns, especially after the hustle and bustle of the holidays."

a wedding and not done the polka," Zagaroli said. "We've all got a fittle Polish in us." Greka said she and her husband will definitely be up dancing, "We used to love to do the polka," Greka said.

"We do very little dancing now, but we try.

#### The Novi Senior Center's Super Saturdays kicks More to come off with Polish Day 4 p.m. Saturday and will con-

Zagaroli said she'd like to add more events to the Super Saturday roster in the future. "As time goes by and the demand grows, more

Anyone interested in after Saturday event at the Novi Se Resident Novi register in advance. No ticke chased at the door. For more information: conta Center at (248) 347-0414.

vents will be nlanned," she said, "It's like Saturday night date.

"And we definitely need to expand the program for our baby boomers and find out what they are and the start and the out what they are interested in." Zagaroli said the idea of Super Saturdays is get-ting out of the house to come and enjoy the fun

Super Saturday fun

Spaghetti Dinner
 Date/time: 4 p.m. Saturday

Date/time: 4 p.m. Satu

Price: \$6

Price; \$6 • Pizza Party

Price: \$6

• Polish Day Date/time: 4 p.m. Saturday, Jan 20

with friends. "The special tie is coming together," she said. "(The seniors) know they're in a safe and secure

environment. "It's almost like being with family."

Tracy Mishler is a freelance reporter for the Novi



WESTLAND

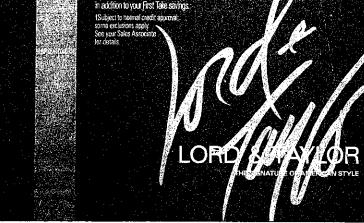


swire: People are selling their old — They accept broken and outdated item. scrap gold that is gathering dust for its - like chains, charms, rings and more cash value because gold prices are "Everyone has bits of gold just lying so high. With the price of gold at around which can be turned into 25 year high, it makes sense to cash" says Richard Zakroff, Founder ecycle unwanted items for eash. "Even old dental gold has value, SerapGold.com, a large gold recycler. ScrapGold.com has been in busines offers free insured recycle kits so for over 16 years and has served ow ecople may cash in their scrap with 24 800,000 clients. Request a FREE GoldKi hour service and guarantee satisfaction. at 800-283-4700 or ScrapGold.com.

#### **CITY OF NOVI** NOTICE OF PROVISION OF THE SNOW EMERGENCY ORDINANCE

NOTICE IS HEREBY GIVEN that in accordance with Chapter 33, Article III, Division 5, of the Code of Ordinances, City of Novi, Michigan, a snow emergency shall be deemed to exist whenever: (1) freezing rain, sleet or four (4) or more inches of snow has been forecast for the area by newspaper circulated in the city, or by a radio or television sta a newspaper circulated in the city, or by a radio or television station with a normal operating range covering the city; or (2) freezing rains or sleet has failen or four (4) or more inches of show have accumulated in the city. Whenever any vehicle without an operator is found parked or left in violation of any provision of this division, the Director of the Department of Public Services, or his designee, or the Police Department may imme-diately remove the vehicle or cause the vehicle to be removed to a place of safekeeping at the expenses of the registered owner of the vehicle. Failure to comply with the requirements set forth in Chapter 33, Article III, Division 5, of the Code of Ordinance, City of Novi, Michigan, may also result in the prosecution for same, and liability to the extent of the penalty therein provided. BENNY MCCUSKER, DIRECTOR

BENNY MCCUSKER, DIRECTOR DEPARTMENT OF PUBLIC WORKS (1-11-07 NN 330924)



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Ontan & Tissue

## **OPINION & LETTERS**

#### Novi News

David Agullar

Grace Perez Perry GENERAL MANAGER

Richard Perlberg EXECUTIVE EDITO **Richard Ramhof** 

PRESIDENT AND PUBLISHEP

Our fundamental purposes are to enhance the lives of our readers, nurture the home towns we serve and contribute to the business success of our customer

#### W. ON AN ANTALINA

## Use The Survey Results Wisely

We finally have the much anticipated results of Novi's com munity survey

There's a lot of facts and figures, supported by a pile of documents. What it all boils down to is simple: Traffic is the No. concern -- by far. And for the most part, people like living here. Stop the presses.

This isn't exactly earth-shattering information. Novi has long been considered one of the most livable, comfortable places in Metro Detroit. And traffic is one of the top concerns in nearly

every community across the country. The real questions are: What does all of this mean, and what do city officials do next?

The first step is determining what the results actually say about Novi. For example, City Manager Clay Pearson is considering convening resident-driven focus groups to get a better sense of where and how traffic is a problem, as well as getting inside the

other concerns the survey raised. Next, and most critical, is plotting a strategy and implementing it. Pearson is on the right track when he said city officials will use the results to determine priorities for the next budget session. Using citizen feedback to influence the power of the purse is a

smart move. But as with any data collection, it often raises as many questrons as it provide answers.

Novi officials should not view the survey results as not an end of the project. Rather, this is the beginning of truly getting in touch with the wants and needs of a growing, nomadic popula

tion that is getting more diverse every day. Do this survey again. Maybe try it in 2008 when plenty of new residents will have moved in. Or perhaps, look at focus groups ( conduct in-depth interviews.

The bottom line: Stay connected, Use the data wisely, And most importantly, make solid decisions that will continue to char a path of progress for Novi-

As Pearson put it, "We've got some follow-up work,"

#### **News Sources**

#### What's your story, Novi?

months, have you moved into

Do you spend more than

• Are you a single parent?

Has your home been for

Is there something specific

sale for more than one year?

about Novi you would change,

s there

a newly constructed home?

\$100 per week on pasoline?

We're looking for you! The Novi News is currently looking to interview local residents regarding the following topics: • Are you a high school student who receives an allowance from your parents? Are you a high school student who has an interesting ioh? · Are you a Novi senior citi-

update or eliminate? Are you planning a unique parly or family get-together? zen with an interesting job or



Changes are in store for Foutain Walk tenants such as Dick's Sporting Goods on the mall's north side

#### 🗰 What do you think?

We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We ask your letters be 400 words or less. We may edit for clarity, space and content, Letters to the Editor, David Aguilar, Novi News, 104 W. Main St., Northville, MI 48167. Fax: (248) 349-9832. E-mail: daguilar@gannett.com. Letters submission dead!Ine is 5 p.m.

and show on the second second

## China's 'Great Leap Forward' - Buying Chrysler?

News was made when the long ship of cars was not even permitted until Corporation's (CNOOC) bid to buy to umored alliance between Daimler-1990s Chrysler was inked with Chery Automotive Company of China to pro-duce a new small car that would be Now, the Rest of the Story made in China and marketed around the world. The deal still must be approved

**GUEST COLUMN: TOM WATKINS** 

DICK'S

1

by the Chinese government and the supervisory board of Chrysler, If the deal is approved by both sides, it would be another "Great Leap Forward" for the Chinese

ble isn't? ainly Chrysler's rapidly plung-ing losses of billions of dollars in the North American market over the

buy an American Oil Company, UNO-CAL Corporation, did in 2005? Clearly, with the Democrats taking over the reigns of Congress and the

· Create a distribution system through the Chrysler Dealerships which would help struggling dealers, many that may go under without new product to distrib-

· Provide the Chinese with much past year and the excess



-First Amendment to the U.S. Constitution



ACHORN MADON

38703 7 Mile Road • 734,838,660 l harlev's

penetrate the developed markets on a global stage. Compared to the "Big Fish" — the established automakers - Chery Automotive is a guppy. Based in Wuhu, China, was formed in 1997 and is

What if the real story is not that Chrysler is buying a new subcompact they say they cannot make profitably in the U.S., but the beginning of a Chinese Auto Company process to acquire a or U.S. auto manufac turer? What if the impossi-The home company of Daimler-Chrysler is cernervous about

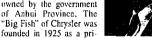
growing apprehension of China's economic surge, it would raise the nation's collective evebrows. However, such a purchase could: Provide China with a world-wide recognizable brand, something they do not have in any major sector today: · Create an instant Chinese presence in the United States;

ute;

Monday.

 Are you a woman who has street who needs a helping recently returned to work? hand? Are you a Novi resident Contact Novi News editor interested in sharing a story David Aguilar at (248) 349-1700, ext. 102, or via e-mail at about how your religious faith has carried you through tough daguilar@gannett.com · During the past six





world.

1980.

vate company in Detroit. Tom Watkins Today, Daimler-Chrysler is one of the world's leading

automotive companies and employs nore than 100,000 people around the Daimler-Chrysler mothership. Bodo Uébber, Daimler-Chrysler's CFO, exac-

erbated speculation when he told Wall Street analysts in 2006, "I am not ruling Guppies grow up. Chery Automotive has the capacity to produce 350,000 vehicles a year (up from a modest anything out" in response to question about unloading Chrysler. Chrysler is 189.158 vehicles in 2005) and expects disproportionately dependent on the North American market where it sells that number to increase to 600,000 by 2008. It has exported more than 25,000 90 percent of its cars and it is dragging cars this year to 30 mostly-developing nations and is looking to expand its down Daimler-Chrysler's value.

global reach. The rise of the Chinese auto industry Could Chrysler Be Chery Picked? The Chinese have been on a global has paralleled the double-digit econombuying spree and will continue to seek c growth of the nation since Deng Xiaoping, China's leader during the opportunities to invest the trillion dolpened the country to the world. lars it has accumulated in trade imbal-When I first traveled to China in 1989, ances. China's economy is growing at a

he dominant means of transportation for the 1.3 billion people was the "you can have any color, as long as it is in their pocket while they look for a superintendent of schools from 2001-05. He has a long standing interest in China is the world's third largest auto Would such a move set off the same and has traveled there many times. He

inventory building up on dealer's lots and spilling

nology; • Provide the management expertise over into parking lots at the metro airport. There is so the Chinese can navigate the costly and tough process of meeting safety and fear and speculation in emissions standards in the U.S. Germany that Chrysler's

· Provide a way for Daimler-Chrysler problems could sink the to dump Chrysler at a good return to its shareholders; and

 Perhaps preserve much needed high paying auto jobs for more than 100,000 American workers.

Certainly, the top brass at Daimler-Chrysler in both Auburn Hills, Michigan and Stuttgart, Germany will vehemently deny any such talk. However, they dismissed speculation that they were planning to import a Chinese car to the U.S. market, a "spec-

ulation" that appears to be a reality today. In the "world is flat" global competi-

tive auto market, is the unthinkable not possible? Gulp!

rate in excess of three times the U.S. Tom Watkins is a business and educaeconomy and the cash is burning a hole tion consultant. He served as state

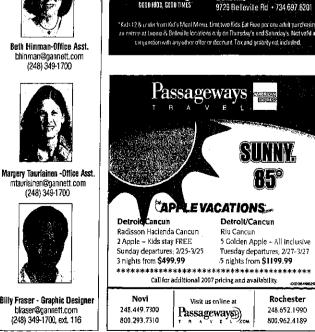
market. This is an amazing accomplish-bipartisan maelstrom as China's state-ment when you consider private owner-owned China National Oil Company can be reached at tdwatkins@aol.com.

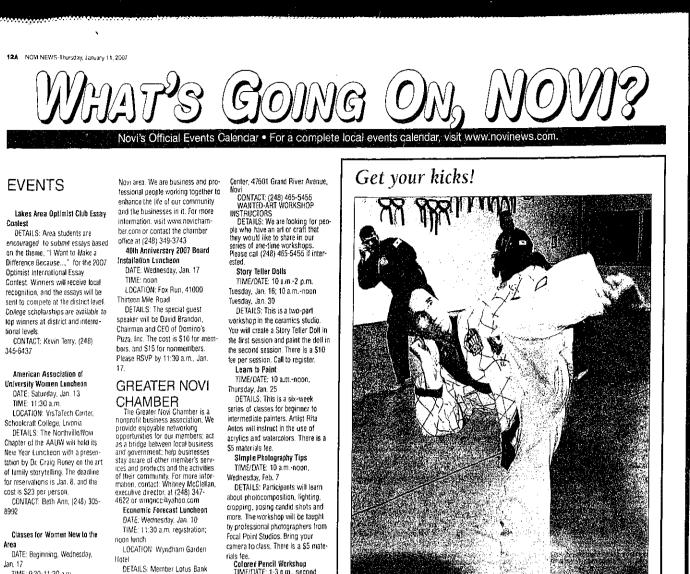


#### W Letters to the Editor

We welcome your comments regarding editorials, columns and other topics discussed in the Navi News. Only submissions arriving by 5 p.m. Monday and including the author's full name, address and day and evening phone numbers — for verification by the Navi News — will be considered for publica-

Letters to the editor of 400 or fewer words have the best chance of being published. All submissions Lenters to be control of 400 on tever works have are best chance of being produstide. At submissions and a submission with a submission wi 248) 349-9832, E-mail: daguilar@gannett.com.





TIME/DATE: 1-3 p.m., second Tuesday of every month DETAILS: The cost is 52. Beginners are veloome. Ceramics Class TIME/DATE: 10 a.m.-3 p.m. Tuesday, Thursday, and Friday; 1-5 p.m. Wednesday, and Friday; 1-5 p.m. Wednesday, and Friday; 1-5 p.m. Wednesday. DETAILS: There is a \$10 materi-als fee. will be hosting and has invited a special speaker to discuss the econ omy. RSVP requested. **B2B Breakfast** DATE Thursday, Jan. 18 TIME: 7:45 a.m. sign-in; 8:15 8reakfast LOCATION: Rock Financial Knittin' Yams Showalace DETAILS: Guests will be from the Detroit Metro Convention and Visitors Bureau to discuss what they can do to assist in bringing more

COMMERCE

Morning Connection

TIME: 7 p.m. LOCATION: Northville Library The cost is \$5 for members, and DETAILS. This seminar can pro S10 for nonmembers. RSVP by Jan. vide answers to all of your questions about the home buying process, Save-lhe-Dates ncluding financing, efficient house Feb. 7: Business Accelerator ling, negotiating and closing. Luncheon and Member Thank-You Please call to register. CONTACT: (800) 774-4377, or ( Shared Center Feb. 22: Business Accelerator mail brettphillips.com After Hours

Contest

tional levels

345-6437

8992

Jan. 17

TIME: 9:30-11:30 a m.

50200 W. 10 Mile Road

LOCATION: Oak Pointe Church.

OFTAILS: The class will be study

ing "After the Boxes are Unpacked,"

Child care is available for a small

charge, and material costs for the

CONTACT: Gail Paulus. (248) 912-

0043 or e-mail to gail eloakpointe.org

Free Homebuyers Workshop

DATE: Wednesday, Jan. 17

book and workbook are \$25.

#### SCHOOL & Luncheon with Dennis Archer GOVERNMENT LAKES AREA

Preschool Fair DATE: Salurday, Jan. 20 TIME: 10 a.m. 1 p.m. LOCATION: Novi Civic Center Alrium DETAILS: All adults and children of the community welcome Familiarize yourself with all of the early childhood programs offered

Preschool Open House DATE: Saturday, Jan. 27 TIME: 10 a.m.-noon LOCATION: Novi Corop Preschool. located at Novi Linited MethodistChurch, 41671 W. 10 Mile

DETAILS: The preschool is cur rently enrolling 2, 3, and 4 year old children for the 2007/2008 school year. Teachers will be available to swer questions and children are

24 welcome CONTACT: (248) 349-3223 or visit LOCATION: IB Therapuetic & www.NoviPreschool.com Sports Massage, and Gordon P Smith DDs. 3255 W. Maple Road.

Maul Cills Co.

rials fee. Colored Pencil Workshop TIME/DATE: 1-3 p.m., second

TIME/DATE: 1-3 n.m. Wednesdar DETAILS: Join others and create hals and shawls for those in need. als and snaws for mose in ne Tai Chi Class TIME/DATE: 10:15-11 a.m. visitors and conventions to our area. DETAILS: This is an ancient Chinese exercise used to improve llexibility, balance and strength. No experience is necessary. The cost is

S5 Yoga Classes TIME/DATE: 12:30-1:15 p.m. TIME/DATE: 12:30-1:15 p.m. Tuesday (for backs); 5:30-5:30 p.m. Tuesday (for strength & endurance); 11:15 a.m. -12:15 p.m. Priday (for backs): 12:30-1:30 p.m. Priday (f Feb. 14: Breakfast at Suburban Mar. 8: Business Accelerator

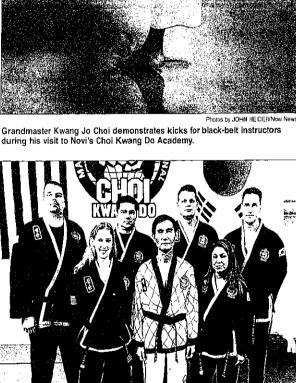
sion, Preregisses Massage TIME/DATE: Various times, CHAMBER OF

TIME/DATE: Various times, Monday and Thursday DETAILS. Therapeutic massage is shown to be effective for stress and tension, chronic fatigue, pain and headaches. Everyone is welcome. Pailents undergoing treatment should bring a physician's referat. Call for an appointment. The cost is \$50 for a 50-minute session. Since 1963. The Lakes Area Chamber of Commerce has proudly served as West Oakland's Regional Chamber, servicing the communities of Commerce Township, Union Lake, Walled Lake, Waterford Line Dancing DATE: Monday and Friday, ongo-Wixom, Wolverine Lake and White Lake. Our purpose is to improve the TIME: 6:30-7:30 p.m., beginners; quality of life for businesses and residents in the Lakes area. We act 7:30-9:30 p.m., intermediate LOCATION: Novi Civic Center, as a unified voice on behalf of the

45175 W. 10 Mile Road business community, provide a DETAILS: No partner needed for forum to discuss and review topics lessons in this pay-as-you-go pro-gram. Cost is \$5 for Novi residents and for those ages 55 and up; \$6 for non-residents. of interest, serve as a source of information and develop programs that are responsive to the needs of the communities we serve. CONTACT: (248) 628-2826 LIBRARY

T/ME/DATE: 8:30-9:30 a.m., Jan LINES

Novi Public Library LOCATION: 45245 W. 10 Mile Road HOURS: 10 a.m. -9 p.m. Monday-Thursday: 10 a.m. -5 p.m. Friday and Salurday: 15 p.m. Sunday DETA/LS: Unless noted below, all programs take place at the library.



Grandmaster Kwang Jo Choi, center, visits Novi's Chol Kwang Do Academy last week to teach elite instructors martial arts. Back row, from left: Anthony DiCarlo, Michael Ayerst and Gary Collins (all first degree black belts), and Scott Gseca, fifth degree black belt. Front row: Erin Herman, fourth degree, Master Choi, and Valerie Collins, first degree.

TIME: 7 p.m. 10 a.m.: Asian Pacilio TIME: 6:30-8 p.m. 10-noon: Spinal Health Screening, DETAILS: This is an informal knit-DETAILS: This 90-minute program Kintz ling group that meets will focus on the golden age of radio.

## Ultimate cover shot WHAT'S GOING ON? (CONT'D)

🔳 Meet Kim Striker

details, go to www.Uiti call 800-328-6550 ()

beginning in January, 2008.

nillion in tournament carnings.

the waters well.

com

shown

#### Novi resident now a fishing poster child

It's official. Kim Stricker, professional bass angler and owner of Stricker Paints in Novi, landed a cover shot on the event poster for Michigan's biggest pure lishing show. The Ultimate Fishing Show – Detroit opens Friday at Rock Financial Showplace and runs through Monday,



his favorite species. At the Ultimat Fishing Show JAN. 12-15 the expert give dail multi-media daily 🖉 Outfitters Expo 🗅 seminars using

footage from his new DVD 'Smallmouth

Neighborhood," as well as footage from an upcoming TV show called "Hook 'N Look." We look at the underwater world through the fish's

eye," Stricker said, who is a videographer and certified scuba diver. "We cover forage, structure, temperature and thermoclines in our goal of educating the public to be better forward." TV show.

This article was submitted by Tom Huggler, publicist for the Ultimate Fishing Show – Detroit. be better fishermen

Sciatica? Suburban Detroit - A new free report has recently been released that reveals an amazing new medical breakthrough that has proven 86% successful treating debilitating back pain Even with multiple herniated discs. Find out how space travel solved astronauts back pain treatment today. For your free report entitled "How Space Age Technology Is Solving Back Pain Without Drugs Or Surgery!" call 1-800-469-3618 and listen to the toll-free 24 hr. recorded message for all the details. If phone lines are busy, visit: www.midischerniation.com

jensung/leming@yahoo.com

ntinued from 12A

Mine of Line Schler Kim Striker professionalbase and a owner of Striker Painstin Vola 2014 The Ultimate Fishing Stow Dario, and an Friday at Rock Fishing Stow Dario, and an through Monday and 15 Striker and the inars 5 p.m. Friday 1 pm Salters Sunday and 1 p.m. Monday For the full Seminar School and emersion details, po to www.Ultimate/Shire/Stow and entropy Sector SUPPORT GROUPS **Adoptive Parent Networking** eeting DATE: Last Wednesday of each Drift, basis trouverse month, engoing TIME: 10-11 a.m. LOCATION: Holy Family Catholic Church, 24505 Meadewbrook Road DETAILS: This informational meeting is open to all adoptive famil-lies in Oakland County. There is no charge. Child care is available. Redistration is required. The Howell native said his new show will air on th Versus Network (formerly the Outdoor Life Network)

Registration is required. CONTACT: Lisa Molloy, (248) 334-3595 Stricker, 54, fishes about 150 days annually and this year will compete in two tournament circuits - the Wal-Mart FLW Tour and the FLW Series. The tournaments Neighborhood Baby-sitting Co-op DETALS: Using the co-op, you and your children can make friends and get what you need accom-plished without the little ones in tow. Also enjoy a morm's night out and other social events Women's Prayer Support will be held on huge lakes and reservoirs in Texas, Tennessee, North Carolina, Arkansas, Florida, New York, Alabama and the Detroit River/Lake St. Clair. After 20 years of competing, Stricker knows many of Women's Prayer Support DATE: Saturday, engoing TIME: 9-10:30 a.m. LOCATION: Harvest Fellowship Church, 49229 Pontiao Trail, Wixorn DETAILS: Come for encourage-ment, help, hope and prayer. Drop in for five minutes or longer. CONTACT: Nancy or Susan, (248) 926-8332 or harvestiellowship@comcast.net He's also closing in on \$400,000 in lifetime earning other social events. CONTACT: Sue Tracz, (248) 380-0998. Last August, he placed 12th out of 48 top huss anglers invited to compete for the national championship or Logan Martin Reservoir in Alahama.

Friendship Circle DATE: Second Thursday of each At the Ultimate Fishing Show at Rock Financia Showplace, Stricker will join 30 other experts, including Kalamazoo's Kevin Van Dam, winner of more than S nonth TIME: 1 p.m. LOCATION: St. James Catholic Church, 46325 10 Mile Road, between Taft and Beck Road DETAILS: Social group for all wid-More than 100 fishing seminars - all free with admis sion - will occur on five stages at the Novi event, includ ing Lake Ultimate, an indoor lake that holds 110,000 ows and widowers. CONTACT: Norbert Monson, (248) 851-6730, Florence Voight, (248) 477-3032 or Joy Jovaldi, (248) 348gallons of water. So, who's minding Stricker Paints, which celebrates

50 years of business in 2007, while Stricker is out fishing and giving seminars? "My 25-year-old son, Danny," Stricker said. "That is 138, joyiovaldi@ MOMS Club of Novi DATE: First Thursday of each when he isn't helping me dive and get footage for the

Benjamin

**Branklin** 

THE PUNCTUAL PLUMBER,

866-867-5309

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LOCATION: Providence Park ionth TIME: 10 a.m. LOCATION: Novi Civic Center DETAILS: Moms Offering Moms Hospital and Medical Center TIME: 7-9 p.m.

upport (MOMS) is a non-profit southeast entrance. Meeting in support group for mothers who choose to stay at home with their children or work out of their homes. CONTACT: Conference Room A, immediately to the left. CONTACT: For more information call Al Biggs (313) 805-7605, or Crohn's & Colitis Foundation of Kensington Valley Mothers of America, (888) 737-2322.

Thursday, January 11, 2007-NOVI NEWS 13A

Multiples DATES: Second Thursday of each DALES: Second Inursoay or each month LOCATION: Witch's Hat Depot, 300 Dorothy St, South Lyon, DETAILS: This group provides information, support and social activities for mothers of multiple birth children and their families. Mothers of multiples fiving in and around the Kensington Valley school Conference are all welcome. CONTACT: For more information, (248) 437-5495. Novi Toastmasters DATE: First and third Tuesday of each month LOCATION: Novi Civic Center Activities Room, 45175 W. 10 Mile Road TIME: 7-8:45 p.m. DETAILS: Toastmasters will help you improve your communication skills, voice your communication skills, voice your opinion, polish your presentations and practice lead-ership.

CONTACT: Colleen, (248) 685-9226

New Take Off Pounds Sensibly (TOPS) Chapler TIME/DAYS: Wednesdays, 11 a.m., weigh-in; 11:30 a.m. meeting LOCATION: Meadowbrook Commons, 25075 Meadowbrook Road, Novi a.m. DETAILS: \$24 per annual membership includes handbook; \$1 per meeting. New members welcome. CONTACT: Rebecca 8oyke,(248) 305-8646

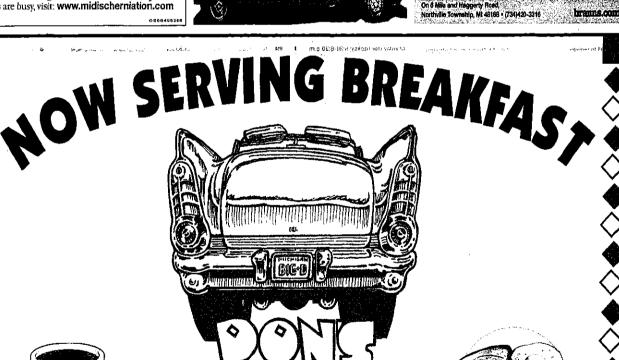
FAITH Meadowbrook Congregational LOCATION: 21355 Meadowbrook

Breast Cancer Support Group DATES: Second and fourth Tuesday of each month LOCATION: Huron Velley-Sinai Hospital, Commerce, Classroom C TIME: 10-11:30 a.m. DETAILS: No registration needed. CONTACT: (248) 937-5017 Hoad CONTACT: Rev. Ed Willingham, Interim Minister, (248) 348-7757, or Visit www.mbcce.org or gmccc@arounddetroit.biz Crohn's & Colills Support Group DATES: First and third Sunday Worship TIME: 10 a.m. Wednesdays of each month

continued on 14A

DETAILS: Enter facility through





TIME: 9 a.m. LOCATION: Novi Civic Center, 45175 W. 10 Mile Road CONTACT: (248) 347-0470 City of Novi State of the City Address DATE: Thursday, Jan. 25 TIME: 11:30 a.m. DETAILS: Cost is \$20 per person. R.S.VP. by Jan. 19. CONTACT: (248) 347-0445 Novi Youth Assistance General Citizens Meeting DATE: Tuesday, Feb. 6	DETAILS: Meet for this early net- working opportunity. Call the Chamber office to register. Evening Connection TIME/DATE: 5-7, pm. Feb. 1 LOCATION: Tribule at Wixom Village Center. 148 Center Blvd., Wixom DETAILS: Stop by after work and enjoy this free event. BUSINESS Females in the Family Business Affinity Group TIME/DATE: 8-9:30 a,m. Third	Salurday: 1-5 p.m. S DETAILS: Unless programs take place Note: The Library Jan. 15 for Martin L Day, CONTACT: (248) 3 Story Times, Jan. 3- Berchures available i further information. Startight Story Tim DATE: Tuesday, Ja TIME: 7-7:30 p.m. DETAILS: Pre-sch
TIME: 6 p.m. <sup>2</sup> LOCATION: Novi Civic Center, 45175 W. 10 Mile Road CONTACT: (248) 347-0410 Novi School Board Meeling DATE: Tonight TIME: 7:30 p.m. LOCATION: Deerfield Elementary	Thursday of every month LOCATION: Walsh College, Troy Campus DETAILS: Walsh Business Leadership Institute invites women who own, are partners in, or work for family businesses, Items dis- cussed will be common issues, and women can share solutions in a nonthreatening, noncompetitive,	families are invited to stories. No registratio Pagetumers DATE: Wednesday, TIME: 4:30-5:15 p. DETAILS: The bool group for fifth-and-sib enjoy popcorn and a r istration required.
NOVI CHAMBER OF COMMERCE The chamber is celebrating 40 years of business, representing over 500 members. Our mission is to be a responsible, proactive advocate of thesiness interests in the greater	non-sales roundtable. Registration is required. CONTACT: Jan Hubbard, e-mail jhubbard@walshcollege.edu CLASSES Providence Center for the Healing Arts LOCATION: Assarian Cancer	Library Board Med DATE: Wednseday, TIME: 7 p.m. LOCATION: Novi Ci Council Chambers Novi Knätters DATE: Monday, Jau

area of the library most second and Free CD's and MP3 discs with old fourth Mondays of the month. time radio programs will be available. Children, teens, and adults of all The event is free and open to the knitting levels are welcome. public, but seating is limited he Library will be closed Martin Luther King, Jr. Woolgatherers Knitting Guild mem-Registration is necessary by calling ber will be in attendance at most the library. CT: (248) 349-0720 sessions to answer knitting ques Session 3 Preschool NOVI Snack Tales s, Jan. 8-Feb.9. DATE: Wednesday, Jan. 24 **SENIOR** available in the library for TIME: 7-7:45 p.m. CENTER l Story Time DETAILS: Stories and cooking projects for children in Kindergarten Located in the Meadowbrook Commons Senior Complex, 25075 Meadowbrook Road uesday, Jan. 16 -7:30 p.m. S: Pre-schoolers and their throuth third grade. Please call to invited to enjoy bedtime Lego Club Friday 9 a.m.: Stretch & Strength registration required. DATE: Monday, Jan. 29 TIME: 6-7 p.m. 10 a.m.: Body Recall dnesday, Jan. 17 DETAILS: This is the once-anoon: Lunch month Lego show-and-tell, building :30-5:15 p.m. 12:30 p.m. \*Duplicate Bridge The book discussion activities, and swap time for children 12:45 p.m.: Bingo in Kindergarten through fourth grade ith-and-sixth graders will 2-2:30 p.m.: Massage by orn and a movie. No reg-The Library supplies the Legos. appointment egistration is not required. Monday Board Meeting Martin Luther King, Jr. Day Senior Center & Transportation Walled Lake City Library ednseday, Jan. 17 LOCATION: 1499 E. West Maple Ciosed Tuesday N: Novi Civic Center, City Road, Walled Lake 8:30 a.m.: Panera Bread CONTACT: (248) 624-3772 Old Time Radio Revisited 9-11 a.m.: \*Line Dance-Intermediate DATE: Tuesday, Jan. 23 londay, Jan. 22

noon: Lunch 1 p.m.: Bingo 2-2:30 p.m.: Massage by Wednesday 9 a.m.: Stretch and Strength 10 a.m.: Body Recall 11 a.m.: Blood Pressure 11 a.m.:Taking Off Pounds Sensibly class 11:30 a.m.: \*Clogging noon: Lunch 1-3 p.m.: Game Dav 1:30-3 p.m.: Writers Workshop 2-2:30 p.m.: Massage by appointment 6:30 p.m.: "Clogging (Beg./Easy/Int.) 7:30 p.m.: \*Clogging Club Thursday 9:30 a.m.: Travel Meeting 11:15 a.m.-12:15 p.m.: \*Line Dance (Beginning) neon: Lunch 12:15 p.m.: Contract Bridge 2 and 2:30 p.m.: Massage by appointment 2:30-3:30 p.m.: Line Dance \* Activities will be held at the Novi Civic Center, 45175 W. 10 Mile Road. Phone (248) 347-0414. continued on 13A





## FREE COFFEE OR HASHBROWN

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144 NOVI NEWS-Thursday, January 11, 2007

#### What's Going On? (cont'd)

aver, sharing, and discussion of

e Sunday scripture readings. CONTACT: Maria. (248) 349-

Adoptive Parent Networking

Meeting DATE: Last Wednesday of each

month, engoing FiME: 10-11 a.m. DETAILS: This free informational

meeting is open to all adoptive fami-lies in Gakland County. Child care is

available. Registration is required. CONTACT: Lisa Molloy. (248)

Catholic Update: Annulments

TIME/DATE: 7-8:30 p.m. Monday,

LOCATION: In the Family Center

Oak Pointe LOCATION: 50200 W. 10 Mile

SI. James Catholic LOCATION: 46325 10 Mile Road CONTACT: (248) 347-7778

Novi United Methodist LOCATION: 41671 W. 10 Mile CONTACT: (248) 349-2652

Sunday Worship

TIME: 9:45 a.m.

First United Methodist o

orthville LOCATION: 777 W. Eight Mile

contact: (248) 349-1144 or visit

liville.org

www.oakpointe.org Sunday Worship TIME: 9:15 and 11:15 a.m.

8847, or e-mail at

334-3595

Jan. 15

tion on annulments.

spiritwalker001@apl.com

continued from 13A First Baptist Church of Novi LOCATION: 45301 W. 11 Mile Road CONTACT: (248) 349-3647 or www.lirstbaptistchurchofnovi.org Sunday Schedule Family Bible Hour: 9:45 a m Family Worship: 11 a.m. Bible Study: 6 p.m. Family Move Night: 5:30 p.m.,

the fourth Sunday of every month. Episcopal Church of the Holy

Cross LOCATION: 40700 W. 10 Mile Road CONTACT: (248) 427-1175 or DETAILS: Monsignor Bass, cur-sent pastor at Prince of Peace and tormer moderator of the Marriage Tribunal, will hold this information session to clarify the Catholic posi-

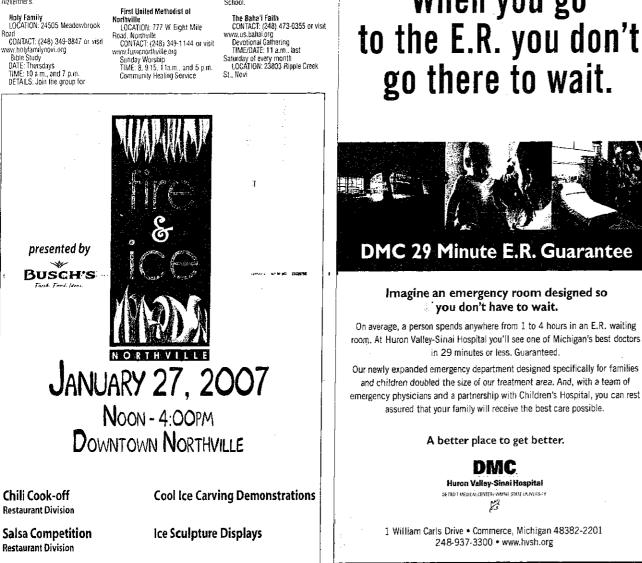
Sunday School TIME: 9 a.m. Adult Bible Study; 10 a.m. Worship Center for ages 3-7, 10 a.m. All ages Lunch Hour Worship TIME/DAY: 12:10-12:50 p.m., Windowchw organip HMEDIAT: I.C. 1017 CLOUPERING, Wednesday, ongoing DETALLS: The service will include scripture and Holy Communion. Youth Worship TIME/DATE: 7 p.m., second and fourth Sunday of every month DETAILS: All youth welcome. Althemark Sunnont Group Road CONTACT: (248) 912-0043 or visit

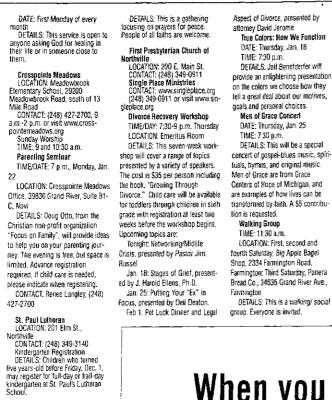
Alzheimer's Support Group DATE Saturdays TIME: 10 n.m. DETAILS. This group will meet on

the second Saturday of each month. offering support and open discussion for all those dealing with Alzheimer's

Holy Family LOCATION: 24505 Meadowbrook CONTACT: (248) 349-8847 or visit CUNTACT: (248) 349-3847 C aww.holyfamilynovi.org Bible Study DATE: Thursdays TIME: 10 a m., and 7 p.m. DETAILS: Join the group for

Hot Entertainment





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go there to wait.

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you don't have to wait.

in 29 minutes or less, Guaranteed.

assured that your family will receive the best care possible.

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DMC

Huron Valley-Sinai Hospita

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B

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248-937-3300 • www.hvsh.org

AT COMMERCE AND COMMERCE IN COMMERCE.

DATE: First Monday of every

a.m. 2 p.m. or visit www.cross

Sunday Worship TIME: 9 and 10:30 a.m.

Christian non-profit organization

limited. Advance registration

St. Paul Lulheran LOCATION: 201 Elm St.,

required. If child care is needed.

Pareniing Seminar

C, Novi

427-2700

St. John Lulheran LOCATION: 23225 Gill Road, Farmington Hills CONTACT: (248) 474-0584 or visit www.stjohn-lutheran.com ww.stjohn-lutneraru Saturday Worship TIME: 5:30 p.m. Sunday Worship TIME: 9, 11:15 a.m. Sunday School TIME: 10:15 a.m. Faith Community Presbyterian LOCATION: 44400 W. 10 Mile CONTACT: (248) 349-2345 or visit www.faithcommunity-novi.org Sunday Worship TIME: 9, 10:30 a.m. Grace Pointe Presbyterian Worship and the Arts Ministry CONTACT: (248) 497-3178 or e mail: gracepointe@mac.com TIME: 6:30-8 p.m. DATES: Monday LOCATION: Panera Bread, Novi Road and Grand River Avenue **DETAILS:** This is a biblically based forum for those interested in the arts in the Novi area. continued on 16A



# Dedicated to Children

CHILDREN'S HOSPITAL OF MICHIGAN AFTER-HOURS **LIRGENT CARE** NOVI

Thursday, January 11, 2007-NOVI NEWS 18A

#### School Board Recognition Month

CLASS NOTES

The Michigan Association of School Boards and Governor Granholm have designated January as School Board Recognition Month. School board members face challenges every day in making tough decisions regarding budgets, personnel, curriculum and other matters to help students achieve. Proclaiming January as School Board Recognition Month is to acknowledge and recognize their dedi-cation and countless hours of their personal time that school board members give to our schools.

#### Nevi Woods Elementary

Candid photos for the Novi Woods Elementary yearbook are wanted. Photographs for possible inclusion in the 2006-07 book may be submitted by sending high quality prints, labeled with student's name, teacher's name, grade and activity, in an enve-berg worked "Wardhow" to the acheed office. Since 1 lope marked "Yearbook" to the school office. You may also send a high resolution file on compact disc or e-mail photos as a high resolution file attachment to noviwoodsyearbook@yahoo.com. Please include your name, phone number and e-mail address for all submissions. All photo submissions will be accepted through mid-January. Call Marie Malecki, (248) 348-1460, or e-mail oviwoodsyearbook@yahoo.com, with questions.

Early Childhood Center Curriculum Night

Applications must be submitted no later than Feb. 1. Ten finalists will be selected to be interviewed on March 25, and the final awards will be made at a cer-The Northville Public Schools Early Childhood Center will hold its first Carriculum Night 6:30 p.m. Tuesday, Feb. 6, at the Northville Senior Community emony on Sunday, April 22. To obtain an application, call (248) 355-3300, ext. 0. Center. The evening is planned to provide parents with information on the Early Childhood Center's



rograms, curriculum, and enrollemnt proc

Childcare will be available at the licensed 501 W.

Main St., Room 207, location. Children must be at

least 2 1/2 and be toilet trained. Please call (248) 344-8465 to register by Feb. 1. For more information

on the programs offered for the 2007-08 school year, or 2007 summer programs, visit

The National Council of Jewish Women, Greater

Detroit will be honoring exceptional high school jun-iors and seniors through its Jewish Youth Awards,

The program recognizes students that demonstrate

academic success and leadership in the Jewish com-

To be eligible for the award, a student must be a

junior or senior, have a formal Jewish education, be actively involved in the Jewish community, have a

sched letter of recommendation from a person in authority at the sponsoring organization, temple or synagogue, and be available to be interviewed by a panel of judges Sunday, March 25, A completed application form must be submitted including a one-

appendix of the start of the solution of the s

Jewish community, what actions can we take to diminish this trend?

or 2007 summer programs, www.northville.k12.mi.us/earlychildhood.

Jewish Youth Award Applications

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Your children can get urgent care in a single location. After-Hours Urgent Care - Novi, is exclusively dedicated to children. Doctors from Children's Hospital of Michigan are available to help your children on a speedy path to recovery.

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#### Are you an organ & tissue donor?

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#### What's Going On? (cont'd)

Terres and the second second

Show

2

28

Parking is \$5.

Metro Mid-Winter Classic Dog

DETAILS: The United Kennel Club

presents this all breed dop show.

Admission is \$10 for adults. \$7 for

seniors and children 11 and under,

CONTACT: (248) 343-9020

Home Improvement Show

Jan. 26; 10 a.m.-9 p.m. Saturday

SCHEDULE: noon-9 pm. Friday,

Jan. 27: 10 a.m.-6 p.m. Sunday, Jan.

DETAILS: The 15th Annual Novi

Home Improvement Show features

over 300 exhibitors including the lat-

est technology, products, and servic-es for all parts of the home.

Admission is \$10 for adults, \$9 for

CONTACT: (248) 737-4477

under, Parking is \$5

seniors, and free for children 12 and

and a family pass is available for \$25.

#### continued from 14A

#### HEALTH

Providence Dinner with a Doctor DATE; Tuesday, Jan. 23 TIME: 6:30 p.m.

LOCATION: Providence Park Conference Rooms A,B, and C DETAil S: The featured tonic will "Diets, Nutrition and Exercise-A Realistic View of the New Year's Resolutions" presented by Dr. Michael Montico. The evening includes a casual dinner, presentation and question and answer session. There is no charge, but reservations are reque

CONTACT: (888) 440-7325

St. John Providence Park Hospital-Novi Classes LOCATION: 47601 Grand River

Ave. CONTACT: (888) 440-7325, 8 a.m.-5 p.m., Monday-Friday Childbirth Education DETAILS: Evening or Weekend series helping you and your partner get ready for the birth of your baby. Childbirth Refresher DETAILS: A one-time class to review important Information for birth of your baby.

f your baby. Breast-feeding Preparation DETAILS: A one-time class for

mom and her partner helping to pro-vide tips for successful breast-feed-

g. Baby Care Basics DETAILS: A one-time class with practical information about how to adapt to life with a baby.

Infant Massage DETALS: This two-session class teaches parents how to olfer their infant the comfort ol massage.

Boost Camp Day DATE: Friday, Jan. 26

TIME: 9 a.m.-3:30 p.m. LOCATION: Providence Park

Medical Building DETAILS: This is a day of enrichment and personal exploration designed to provide valuable tools and information on healthier living. The cost is \$50, including lunch and materials. Registration is required. CONTACT: (248) 465-5455

Oakland Physical Therapy

Classes LOCATION: 47601 Grand River Ave., Suite B124

CONTACT: (348) 380-3550 There is no charge for the follow-ing classes, but advance registration

is required. Your Career as a Physical

Therapist TIME/DATE: 7 p.m., Jan. 18

DETAILS: This class is an opportunity for both high school and college students, and their parents, to meet and talk with experienced physical therapists and learn about this challenging and rewarding career possi-

#### Fit After Fifty

TIME/DATE: 7 p.m., Jan. 24 DETAILS: Current concepts will be sented in a lecture/participation format in safe, effective excercise for overall strengthening and cardiovascular fitness.

#### Get Ready to Run

TIME/DATE: 7 p.m., Feb. 8 DETAILS: A lecture/demonstration and group participation class for those interested in running, Emphasis will be on common running injuries and their prevention as well as footwear selection. Please dress comfortably

#### ONGOING

SWOCC Studio Teurs LOCATION: 33300 Nine Mile Road, DETAILS: Come in for an up-close look at the Southwest Oakland Cable Commission Studios local communi-ty felevision studio. CONTACT: Melissa Cohn, (248) 472-0240

473-2840

#### REGIONAL

SCHEDULE: 10 a.m-5 p.m. Friday, Mantor Volunteers Jan. 19; 10 a.m.-5 p.m. Saturday, TIME/DATE: 9 a.m., Saturday, Jan. Jan. 20; 10 a.m.-5 p.m. Sunday, Jan 13

LOCATION: Oakland County Courthouse, 1200 N. Telegraph Road, Pontiac

DETAILS: The Oakland County Youth Assistance is looking for volunteers for its Mentor Plus program to be a positive role model for someone vears old. 5-1P CONTACT: (248) 858-0041

#### BeckRidge Chorale Auditions TIME/DATES: 7 p.m. Jan. 16, 23,

& 30 LOCATION: First United Methodist Church, 45201 N. Territorial Road, Plymouth

DETAILS: The Chorale is inviting the public to open auditions for the spring concert titled "Sing for the Cure." All proceeds from this concert will go to the Barbara Karmanos Cancer Institute.

CONTACT: (734) 416-9885

#### BeckRidge Chorale's Village **Volces Concert** DATE: Friday, Jan. 19 TIME: 8 p.m.

LOCATION: Village Theater of Canton, 50400 Cherry Hill Road, Canton DETAILS: The BeckRidge Chorale

presents it's ensemble, the Village Voices, in their first concert of 2007. The program will feature the music of Fred Waring, regarded by many as the world's finest interpreter of choral music. Tickets are \$12 for general seating, and can be purchased by phone Monday-Friday, 8 a.m.-7 p.m. or Saturday, 9 a.m.-5 p.m., or by going to the web site and printing an

der form to mail in. CONTACT: (866) 924-4276 or vw.Plycommunitychorus.org

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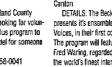
eceive an offering or if you are ed in attending a itation, please urne or Tony Beggio 735-1000.

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Novi Concert Band Rehearsals TIME/DATE: 7:30-9:30 p.m., Tuesday LOCATION: Novi High School, Taft Road DETAILS: Open to all wind and percussion players. CONTACT: Diran Kochyan, (248) 348-5135 ١.

#### ROCK **FINANCIAL** SHOWPLACE

46100 Grand River Ave. Call (248) 348-5600 or visit http://rockfinancial-showplace.com/for more information.

**Ultimate Fishing Show** SCHEDULE: 2-9:30 p.m. Friday, Jan. 12: 10 a.m.-9 p.m. Saturday Jan. 13; 10 a.m.-6 p.m. Sunday, Jan. 14; 10 a.m.-5 p.m. Monday, Jan. 15 DETAILS: This is the show for everyone who loves to fish. Fishing tackle, trips, boats, charters, seminars and much more will be available. Admission is \$9 for adults, \$4 for children six-11, and free for five and under. There is a \$5 parking charge CONTACT: (800) 328-6550 or go to www.ultimatefishinoshow.com

Si ime 15 limitedi To barelgible for this new planyou? Received a buyour fotice from an auto company Archael the option to choose HAP (HIVO through a Han the option to choose HAP RMD throad Votreing Over a The root Medicate Bioloby Not Motion for any employee stops of a Hanily of society expensive COBIAC Hanily of the color of the COBIAC Hanily of the color of the COBIAC Store Conversion and All and Al τ. No.



Dean paces all scorers with 20 against Milford in 50-37 win to start KVC

#### By Jeff Theisen

Milford played the role of the pest, but the Mavericks couldn't overcome a strong Novi first and fourth quarter. The Wildcats (5-2, 1-0) opened KVC play with a 50-37 win Friday at home. Novi also beat Walled Lake Central

to open the new year. to open the new year. Junior forward/center Caleb Dean struggled through much of the first three quarters with foul trouble but still managed to get 20 points, thanks to a 10-point fourth quarter. Dean also grabbed 10 rebounds.

and we won.

to win, Novi came out red hot. take it."

hitting their first seven shots and jumping out to a 16-6 lead. The Wildcats would hold a 19-9 lead by

knew that if they got the lead they were going to hold the haff

"We got really aggressive early. We came out fired up." Mike Longo tailied seven points in the opening stanza, and Dean had five.

Dean picked up his second foul early in the second and sat most of the quarter. The Novi offense went into a funk, but the Wildcats still maintained a 24-18 lead at the break

Both offenses struggled through the third quarter, but Novi stretched the lead by a point to 32-25 heading into the fourth

kept them close for a while, but Novi pulled away late. Milford senior Steve Wykes led his team with 11 points, and Mike Pertucci scored 10. Longo scored 11 for the 'Cats, and Brandon Bradford

added nine

Dean led the way with 23 points, and Bradford pitched

in 17 points "We're young, but 5-2 at this point and 1-0 in the KVC, I'll take it," Schluter said, "We're getting better. During

score, but that's because we're young



Photo by JOHN HEIDER/Novi News Feeling the Plymouth Wildcats pressure, Novi Wildcat Tyler Hoover goes hard to the hoop.

#### Depleted 'Cats eighth at invite

By Jeff Theisen NOVI NEWS

The Novi wrestling team stayed hard at work on the mats during the holiday break and competed at the Salem Invite on Dec. 28. The place at 10.3 pounds. He won by pin in his first match and won a 9-3 decision in the second to make the finals. Gamal Yahia of Melvindale won the title with a

10-4 decision. Robbie Yusko placed fifth at 26, falling to 2-3, 0-2.

#### Novi JV basketball

The Novi junior varsity basketball team picked up a pair of wins in the past week. The Wildcats beat Walled Lake Central 47-31 on Jan. 3 and Milford 40-38 on Jan. 5.

travels to U.P.

Once again, the Novi-Varsity Hockey team embarked on it's annual trek to the far reaches of Michigan's Keewanaw Michigan's Keewanaw Peninsula this past weekend to face perennial hockey power-houses, the Calainet Copper Kings and the Houghton Gremlins. This year marks the wildcats have made the 1000-plus mile round trip to face these Copper Country tivals. The Wildcats dropped a pair

to the Upper Peninsula schools, but the trip was more than just playing two games.

playing two games. After a long nine hour bus trip last Thursday morning, the Wildcats arrived in historic downtown Houghton to begin what for many players would be one of the highlights of their high orshood backage arcsect high school hockey careers. Upon their arrival, the team checked into their rooms and headed off for a team dinner and a fun bowling event arranged by the varsity coach-

ing staff. Friday morning the Wildcats headed off to the Calumet Armory to see what for some, would be their first look at this "Old School" hockey facility. Located just outside downtown Calumet, the "Armory" once served as the area's military armory for many decades. It has also served a duel purpose as both a military armory as well as the towns only indoor ice arona for the past 40+ years. Recently purchased from the

Calumet as it's ice arena. The Wildcats were able to hold a game day practice in this old building hoping to loosen their lose from the load buy ride their legs from the long bus ride

the day before. Friday night's game between the Wildcats and the Copper Kings brought out most of the residents of this small town in an effort to watch another exciting high school hockey game. The old wooden bleachers that surround this ice surface were once again packed to the rafters with local fans along with the die hard Wildcat fans who braved the long ride up to the upper peninsula. As always, the local radio station was on hand to broadcast this game live for those who were unfortunate to not be there in person. A traditional skating "Color Guard" began the game by skating around the ice surface in full military dress uniforms and carrying the stars and stripes. The entire Calumet high school band was on band for the playing of the national anthem, as well.

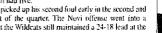
The Wildcats played to a 0-0 tic after the first period with both teams having some quality

both teams naving some sering chances. The Copper Kings opened up the seering early in the second period with two quick goals incluten seconds apart. The ats, battled by quick goal to make the score 2-1. Scoring for the Wildcats was senior Jeff Donohue with assists going to both senior Ryan Richardson and junior Andrew Haggerty. Shortly after closing the gap to just one goal, the Copper Kings took advantage of a Novi penalty and scored on the ensuing power play to make it a 3-1 game.

10 rebounds. "T red/y don't look at it as an individual." Dean said. "I look at it as a team but 5-2 at this "We're young, "N | get zero points and 20 rebounds, 1'll do that, Shoot, 1'll do anything just the KVC, 1'll Pat Schluter

Varsity Basketball Coach, Novi

the end of the first quarter. "I told the guys we had to get a lead," Novi head coach Pat Schluter said, "We



Dean took over in the fourth, mostly at the free throw

The Novi JV also recorded a win against Milford, 40-

38. On Dec. 3, the Wildcats escaped a scare by Walled Lake Central, 51-45.

the game we go through lapses on offense where we just

Jeff Theisen can be reached at jtheisen@gannett.com or at (248) 349-1700, ext. 104.





Novi's Steve DeBono, top, battles with Northville's Evan Bentley

teams, despite missing several regular starters. Justin Pullin highlighted the

meet for Novi, capturing the title at 112 pounds with four wins. He earned two wins by pin and won an 8-4 decision to make it to the finals

Pullin won a tight 8-7 decision against Justin Fleeson of Belleville to win the title. Jon Lichorbiec took second

125 pounds, winning three match-es and losing two. Aditya Sathi captured sixth place at 119 pounds, winning two matches by technical fall'and los-ing two by decision.

Catholic Central basketball

Catholic Central struggled against one of the state's best teams, Orchard Lake St. Mary's (4-1, 3-0). The Shamrocks fell 65-

#### Novi freshman basketball

The Wildcat freshman basketball team split a pair of games with Walled Lake Central and Milford.

Central topped Novi 33-24 on n. 3. Zach Wilson led the Jan. 3. Zach Continued on B2

Continued on B2



#### **NOVI NEWS** Athlete of the Week

#### Novi junior Caleb Dean, Basketball

Dean averaged 21.5 points in the first two pames of 2007. Dean scored 23 points in a 51-45 win against Walled Lake Central. He scored 20 more and grabbed 10 rebounds in a 50-42 win against Milford.

)



28 NOVENEWS-Thursday, January 11, 2007



The Novi Wildcats practice two-on-two drills at the Novi Ice Arena.

#### HOCKEY: Wildcats make annual trek to Upper Peninsula

The Wildea's worked hard throughout the remainder of the game but couldn't find the scoring forch that earned them a 6-1 win over South Lyon just before the holiday break. The final score: Calumet 6, Novi 1.

#### Houghton 3, Novi 2

Saturday afternoon's game was against the Houghton Greatins. The Gremfins home arena is the historic "Dee Stadium" located or the banks of Portage Lake. Dee Stadium is the home of the first professional hockey game played in North America way back in 1904. With an actual hockey museum located inside the lobby. this historic ice arena is a nust see for any hockey fan. One thing hockey fans can be certain of is took full advantage of each of tage of another Grentlin penalty,

REDI

#### Photo by JOHN HEIDER/Novi New The Novi Wildcats hit the ice, sprinting around the rink during practice.

hockey has can be certain of is hat whatever the temperature is that whatever the temperature is the word windows in the foce, sprinting around the rink during practice. The Wildcats brief and pay facet and pay haved a much more, insplied and pay facet game against. Houghton on Saturday afternoon, but fell herind 3-0 on a couple of deter-sich liceup e of deter-breakways along with a couple of old man riske. The time intering on all cylinders in the the detering on all cylinders in the time hering taken terms of the the intering of the time intering on all cylinders in the time hering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering taken terms of the time intering on all cylinders in the time hering taken terms of the time intering taken terms of the time intering taken terms of the time intering taken terms the time terms taken terms the time terms t after not play were a not now years for almost three weeks." Krygier said following the Houghton game. "I hought our boys ceally took it to Houghton to host set ally took it to Houghton to may the area with a how this available of each of the 20 the of another Otermin penalty, annos mee weeks. Kryger safe for a large of another Otermin penalty, annos mee weeks. Kryger safe for a large of another Otermin penalty, annos mee weeks. Kryger safe for a large of another Otermin penalty, annos mee weeks. Kryger safe for a large of another Otermin penalty, annos mee weeks. Kryger safe for a large of another Otermin penalty, and we could fail throughout the first period, but minute left on the game clock, in an effort to even things up. After a

Submitted to the Novi News.

#### **Sports Shorts**

Pistons clinic coming Jan. 27

Pistons clinic coming Jan. 27 The Detroit Pistons Youth Baskethall Clinic is coming to Ward Evangelical Presbyterian Church in Northville on Satarday, Jan. 27. Coach Steve Moreland will conduct his clinic for boys and girls, grades 1-3 from noon-2:30 pm, and grades 4-6 from 2:00-4:30 pm, Each participant will receive a "Piston Basketball" T-Shirt free. Parents will be able to purchase Piston tickets at a discount and he invited to attend with their children the popular pre-game shout around at courtside. Refreshments are provided. Bring your basket-ball and emoty. Cost is 515 per child. Pro-registration is necessary ball and camera. Cost is \$15 per child. Pre-registration is necessary at (248) 374-5932.

#### Cash scores 16 against Tri-State

ANGOLA, Ind. (Jan. 6, 2007) - Albion College swingman Jim Cash (Nonhville/Detreit Catholic Centrel) matched his career scor-ing high of 16 points in the Britons' 74-66 loss to Michigan Intercollegiate Athletic Association rival Tri-State University, Cash was 5-of-11 from the field in the game, including 4-of-7 from 3-point

range. He also sank hoth of his free throw attempts. Cash grabbed four rebounds and dished out an assist in 23 minutes of action. Cash is Albion's fourth-leading scorer with an average of 6.8

points per game.

#### ROUNDUP: Novi takes eighth

'Cats with 14 points and seven rebounds. Wilson added 10 Continued from Bl Wildcats with eight points and points.

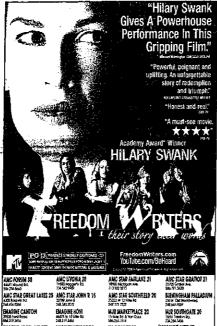
five robounds. Novi (4-3) robounded with a Jeff Theisen can be reached at 55-42 win against Milford on Jiheisen@gament.com or at Jan. 5. Michell Patton paced the (248) 349-1700, ext. 104.

## Fandemonium

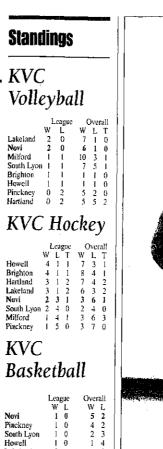
The Northville Record and Novi News are launching a new idea, giving local fans a forum to write about their favorite sports teams once a month.

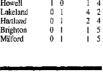
Did you see something special at a game? Got a compliment you would like to see in the paper? Send your comments to Jeff Theisen at

ilheisen@gannett.com. All submissions should be less than 75 words and will require a name, age or year in school and city of residence. For verifica-tion purposes, a daytime phone number is required. Please keep comments respectful and concentrated on the local sports scene.









#### schedules



**Basketball** 1/12 at Pinckney, 7 p.m.

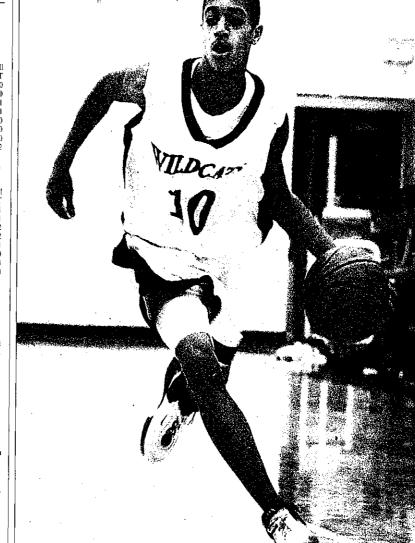
Hackey 1/12 Hariland, 6:30 n.m. 1/16 at Pinckney, 6 p.m. Volleyball

(JV start time, varsity follows) 1/11 at Howell, 5:30 p.m. Wrestling I/13 at Brighton, 10 a.m.

**Boys Swim and Dive** 1/11 Pinckney, 6 p.m. 1/16 at WL Western, 7 p.m.

Cheer 1/13 Novi Invite, 9 a.m. 1/15 at Milford, 6 p.m.-1/17 Howell, 6 p.m.

> Bowling 1/13 Lakeland, Noon 1/13 South Lyon, 2:30 p.m. 1/17 South Lyon, 3:30 p.m.



Looking to Dish! Novi's Chris Bellamy brings the ball up the court.



#### **Sports Medicine** Get fit without getting

ursday, January 11, 2007-NOVI NEWS 38

injured i's that time of year agair when the gym is uncharac-teristically busy, filled with new yet determined faces. New Year's specials are all over the airwaves touting area health clubs to take advantage of all



muscle they never knew exist-Shoulder injuries are among the most common for the gym novice. The rotator cuff is a series of four small muscles surrounding the shoulder that strengthens at a much slower pace than the large muscles of the shoulder. Typically, within three to four weeks the large muscles are getting stronger and at this point can start to overpower the rotator cuff, usually causing a tendonitis. Every year, we always see a handful of people who lift too heavy, too soon and the shoulder can't handle the weight. Because the shoulder relies so heavily on its muscles for stability, when they give way, it often results in significant ligament damage to the mincan figament damage to the shoulder, usually during a shoulder or chest press exer-cise. While important with all joints, it's especially vital to warm up and learn how to prop-erly tune the fine muscles of the shoulder when beginning an exercise program.

exercise program, In our practice, it's not the New Year until you've seen four or five new back injuries by 10 AM. Similar to the shoulder, the back muscles often strengthen more slowly than other muscles in the body, leaving it vulnerable to strains. Two simple points can help avoid this common problem: 1) Stretch, stretch, stretch. While important for all muscle, it's particularly valuable in back injury prevention. 2) Strengthen the abs. These muscles complement the spinal muscles as the other 'trunk stabilizing' mus-cles and, unlike the back, are less prone to injury and respond

Photo by JOHN HEIDER/Novi News

Motivation!

Wildcats' head

coach Pat

Schluter yells

instructions to

his troops during

a battle against

Plymouth High.

Assistant coach-

and Josh Tropea

es Kevin Etue

quickly to strengthening exercises. Running injuries are also uncannily common in January and February. These range from an ankle sprain due to a fall off a treadmill to the more typical knee, ankle and foot tendonitis. Treadmills and stairclimbers ore the neurol suspects when it are the usual suspects when it comes to these nagging injuries. These are usually a result of increasing one's train-ing too fast rather than a gradual progression in intensity and length of workout. As a general rule of thumb, a month is an appropriate length of time for building to a distance or time goal in cardiovascular training Additionally, while the stair-climbers and treadmills are excellent from a cardiovascular standpoint, cycling and ellipti-cal machines are easier in the

knee. The most practical piece of advice is this: Take advantage by most gyms. This perk is especially common as part of a beginner's New Year's resolution package. Most personal trainers I've encountered are very knowledgeable when it comes to starting people prop-erly on an exercise routine. erly on an exercise routine. They tend to have a good feel for who needs to take it slow and who can ramp up their activities a little more quickly. In spite of all the pitfalls and potential injuries, the benefits of exercise and getting in shape far outweigh the small chance of injuries which, with the proper instruction, can often be reduced to almost nothing.



"IT IS 'BLADE RUNNER' FOR THE 21ST CENTURY. tade with palpable energy, intensity and excite



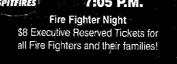


of a group of teens in freefail!

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Call 248-645-6666

Hockey

Wrestling

Swim and Dive

#### Basketball

1/12 at Divine Child, 7:30 p.m. 1/16 at DeLaSalle, 7:30 p.m. Tourney Title! The fifth grade Novl Cats basketball team won the Tri-county Baskeball 1/13. Trenton at Compuware, 1 ent held at p.m. 1/17 Grosse Pointe N. at Mt. South Lyon High School in mid-December. The Clemens Ice Arena, 7:45 p.m. Cats went 5-0 in the tournament. Top row: (left to right) Jim Cox, Mike Zugaro, Todd, Beyer; middle row 1/13 CC Invite. 10 a.m. Jay Kim, Kyle Garcia, Alex Warner; first row: 1/11 Grosse Pointe S., 7 p.m. Samuel Li, Austin Beyer, 1/13 at Cranbrook Acad., TBA Nick Zugaro, Nicky Cox and Grant Cox.

Submitted photo

1/11 Pinckney at Mt. Brighton, 4:30 p.m. 1/16 Okemos at Mt. Brighton.



Dr. Sean Bak is a Novi resident and an orthopedic surgeon who specializes in shoulder reconstruction and sports medi-cine. Bak takes care of the athletes of Oakland University and several area high schools. His practice, Performance Orthopedic, is based out of Beaumont Hospital.

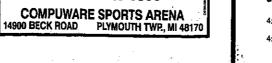


1/13 Crestwood Tourney at Cherry Hill, 10 a.m.

Bowling

Ski Team

4:30 p.m.



Home Safe Home

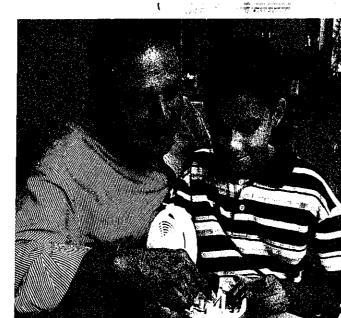
lone

FAMILY FEATURES

dopting simple habits can make a huge impact in saving lives. Help A keep your friends and family safe encouraging them to take easy safety mea sures, such as remembering to replace smoke alarm batteries at least once a year. Reducing the number of home fire fatalities is the goal that Energizer and the International Association of Fire Chiefs set out to accomplish when the Change Your Clock *Change Your Battery* campaign was created 19 years ago. Today, both organizations, along with thousands of fire departments nationwide, spend countless hours spreading the message of fire safety in communities. First and foremost, remember to change the batteries in your smoke alarms each year when you adjust your clocks from daylightsaving time. It is a simple step that many people take for granted.

#### What Is **Daylight-Saving Time?**

The original idea for daylight-saving lime came in 1784 from Benjamin Franklin, a founding founder of the United States and one of America's most famous inventors. The main purpose of daylight-saving time was to make better use of daylight. Clocks are changed during summer months to move an hour of daylight from the morning to the evening and are changed back in the fall. Atizona and Hawaii are the only two U.S. states that do not partici-pate in daylight-saving time.



Make a disaster relief supply kit of your

ma ila mo

#### OWN.

Some important items to include are: First aid kit Blankets and/or sleeping bags At least a three-day supply of water. (store three gallons of water for each person per day)



Lifestyle

our computer mouse just became your scenet weapon for healthy shopping. Before setting foot in the often-confusing grocery store aisles, save time hy anning yourself with a list of tasty, heart-healthy foods. It's a great first step in creating a sensible eating plan for the our formit

for you and your family. Who knew grocery shopping would become so challenging? From the many health claims on labels to the sheer volume of products on shelves, making wise food selections can be over whelming. To help you make informed choices quickly and reliably, look for the American Heart Association's red heart with a white check mark ton food packages. This distinctive mark is your assurance that the product

meets American Heart Association certification criteria for being low in saturated fat and cholesterol for healthy people over age 2. Products containing whole grains may also meet the Association's standard for being high in whole grains and fiber, as well as being low in saturated fat and chold This simple icon takes the guesswork out of heart-healthy shopping. "With all the messages in grocery

stores, consumers are bombarded with information," said Penny Kris-Etherton, R.D., Ph.D. and professor of nutrition at Pennsylvania State University. "The heart-check mark makes it easy to cut through the clutter and reliably

find the nutritious foods consumers are looking for." American You can save even more valuable Heart time by first visiting heartcheckmark.org to use the free grocery list builder tool. Click on the "grocery list" link and Association

browse through approximately 800 products certified by the American Products displaying the heart-chack mark meel American Heart Association lood criteria for saturated fail and cholesterol for healthy people over age 2. Heart Association. Products are organized by food manufacturers and by categories such as breads, dairy case, frozen foods, fruits and

vegetables, meats, snacks and more. A category called "My Items" www.heartcheckmark.org allows you to easily type in othe products for your list, such as spices or bottled water

Finished? Just print the list and head to the store. Refer to your list to help you select the foods you want, which are con veniently identified by the recognizable heart-check mark on

food packages. "The online grocery list builder is a quick and easy tool," Kris-Etheron adds, "Shoppers save time, plus they have the peace of mind that the foods they are buying are part of a heart healther dial." neart-healthy diet."

Heart-healthy grocery shopping is just a click away. For more information about the grocery list builder, visit heartcheckmark.org. To learn more about reducing risk of heart disease and stroke through healthy lifestyle changes, visit attericanteart.org, or call 1-800-AHA-USA1 for a free copy of the "Shop Smart with Heart" brochure.





Shop smart. Live well. Look for the heart-check mark! Products bearing the heart-check mark meet the American Heart Association's nutrition criteria per standard serving size to be Low in fat (less than or equal to Contain at least 10 percent of the 3 grams), Daily Value of one or more of these naturally occurring nutrients: Low in saturated fat (less than or protein, vitamin A, vitamin C, equal to 1 gram), calcium, iron or dietary liber Low in cholesterol (less than or equal to 20 milligrams). Requirements for seafood, game Moderate in sodium, with less meat, meat and poulity, as well as whole-grain products, main dishes than or equal to 480 milligrams for individual foods and and meals have different values.

#### Did You Knew?

- A working smoke alarm more than doubles your chances of surviving a home fire.
- On average, 1,000 children die every year in home fires.
- Children and senior citizens are twice as likely to die in a home fire.
- Nineteen million homes are at needless risk for home fire fatalities.
- The peak time for home fire fatalities is between 10 p.m. and 6 a.m. when most people are sleeping and the house is dark.
- The smell of smoke will not wake you up during a fire. Candle fires accounted for an estimated
- percent of all reported home fires.
- Revond regularly changing smoke alarm Heyond regularly changing smoke alarn batterise, there are other easy precatulons you can take to keep yourself and your family safe. Prepare ahead of time for the possibility of natural disasters such as hurricanes, floods and power outages.

#### Do's and Don'ts to Help Keep You and Your Family Safe

#### Don't: Remove smoke alarm batteries without

replacing them with fresh ones. This

acreases the risk of needless fire fatalities

Rely on your sense of smell to alert you that

you are in danger of being trapped during a fire or poisoned by carbon monoxide.

Ignore the chirping sound your smoke alarm

makes when maintenance is required.

Use your oven to heat your

space heaters near

combustible mater-

ials or leave heater

1

unattended.

burning unattended.

home.

Do: Remember: Change Your Clock Change Your Battery. It is a good reminder to put fresh Energizer batteries in your smoke alarms when changing your clocks back from daylight-saving time. Have at least one working smoke alarm on each level of your home

 Make sure your family has a planned fire escape route. Install carbon monoxide detectors outside

each sleeping area. Place portable or fixed Test smoke alarms and carbon monoxide detectors monthly to make sure they work. Maintain carbon monoxide detectors as you do smoke alarms by regularly installing fresh Leave candles

batteries. Use flashlights rather than candles to light

your home during power outages. A flash-light such as an Energizer Weather Ready 8-LED lantern runs for more than 245 hours on a single set of batteries.

Keep a battery-powered radio available for power outages.

 Keep extra Energizer Max batteries on hand in various sizes for radios, flashlights and smoke detectors.

 A minimum three-day supply of nonperishable foods Personal care items

Medications

 Flashlights and extra Energizer Max brand batteries

Battery-powered radio and spare batterje

 Extra batteries for necessary medical devices

 Plastic garbage bags and ties Tools

 Copies of important documents (kept in waterproof contained

For more information please visit energizer.com

#### Breakfast Tortilla Wrap

This hearty breakfast sandwich combines fluffy scrambled eggs, Canadian bacon, hash browns, red bell pepper for color and a bit of cheese for flair. It makes an easy meal for busy people on the go. Serves: 4

Vegetable oil spray Egg substitute equivalent to 2 eggs, or 2 eggs 1/4 teaspoon pepper, divided 4 6-inch corn tortillas 1 cup frozen fat-free shredded potatoes (about 3 ounces) 1/2 medium red bell pepper, diced

1 . .

Heat oven to 350°F Heat small nonstick skillet over Heat over to 550 P. Beat small honsite safet over medium-low heat. Remove the skillet from heat; lightly spray with vegetable oil spray (being careful not to spray near a gas flame). Return skillet to heat, cook egg substitute and 1/8 teaspoon peper 3 to 4 minutes until eggs are cooked through, stirring occasionally. Set aside, Wrap tortillas in foil. Warm in oven for 5 minutes. Meanwhile, in a medium bowl, stir together the potatoes. peppers, haccon, and remaining peppers. Heat a medium nonstick skillet over medium-high heat. Remove skillet from heat, lightly spray with vegetable oil spray. Spread potato mixture evenly over bottom of skillet. Return skillet to heat, cook 6 to 7 minutes on one side, until potatoes are light golden-brown. Using spatula, turn potato mixture, cook 5 to 6 more minutes. To assemble, layer ingredients horizontally across middle of torilla as follows: 1/4 scrambled eggs,

1/4 notato mixture, 1/4 cheese. Roll like a jelly roll, starting at the bottom. Secure each wrap with a toothpick. if desired. Repeat with the remaining tortillas, Serve immediately.

Keep breakfast tortillas in an airtight container, or store individually in plastic ways. To reheat, place one or two wraps on a microwave-safe plate. Microwave on high 1 to 1 1/2 minutes.

Nutrients per serving: 92 calories: 0.5g fat (0.0g satu rated fat, 0.0g polyunsaturated fat, 0.5g monounsaturated fat); 4mg cholesterol; 221mg sodium; 14g carbohydrates; 2g fiber; 8g protein

This recipe is reprinted with permission from the "American Heart Association Low-Fut, Low-Cholesterol Cookbook, Third Edition," Copyright 2005 by the American Heart Association, Published by Clarkson Potter/Publishers, a division of Random House. Inc. Available from booksellers everywhere

1/4 cup chopped Canadian bacon (about 1 ounce) 1 ounce fat-free or reduced-fat Cheddar cheese, shredded

NOVI NEWS-Thursday, January 11, 200

## Parenting

Welcoming

#### Tick, Tick, Tick .... One American at a Time

ccording to demographers closely following the U.S. Census Population Clock, the U.S. population reached 300 million people in October 2006. At this milestone, one might reflect on how the life of today's babies differs from those born nearly 40 years ago in 1967, when the U.S. population crested at 200 million. Technology, mobility and science are making lifestyles radically different today than a couple of generations ago. In honor of the 300 millionth American, Johnson's Baby, the trusted experts in baby skin care, commissioned a survey in conjunction with BabyCenter, LLC (www.BabyCenter.com), the leading online destination for new and expectant parents, and novaQuant. Inc. (www.novaquant.com), a marketing and business research firm in Oakland, Calif., that looked at moms today and those who gave

birth in the late '60s. Jenerations of Moms

## the 300 Millionth American

Mothers' Helpers -

magazines and books for support.

and books. Jessica Lilic, director of market

centuries -- communicate, network and

share resources with other moms. "The

Interact with one another to help nuture theract with one another to help nuture themselves and their families," Lilie

said. "The power of exchanging infor-

mation and sharing feelings, on or offline, has always been and continues to play a critical role in helping monts

along their journey of motherhood."

When it comes to dads, there was

Interestingly, moms in the 1960s were less likely to trust parenting magazines

Trust Your Instincts. Mom Still Knows Best! Both groups of moms overwhelmingly Some things don't change. Both gene-ration groups acknowledged their own mothers and medical professionals as agreed that they trust their own par enting instincts, even if it's not what other moms are doing.

#### their top sources for advice and infor mation on child rearing. Today's mons are more likely than yesterday's to consult the Internet, friends, spouses, Be a Perfect Mom for Your Child.

yesterday's mons said that they would have wanted to work or have other activities in their free time. While a mom's intuition is an invaluable resource, both groups of mons agreed that parents should discipline their children, explaining to them why there are certain household rules and what behavior is acceptable. Ironically, each group of moms thought the other group research at BabyCenter, agrees that moms are embracing technology to do what they have naturally been doing for was not strict enough.

Happy to Be Me.

Every Mother Is

a Working Mom!

While both groups of moms would

## Happily, the majority of both groups would not switch places with the other However, one-quarter of the younger generation reported wishing they could switch. Both groups agreed that they have it easier than their own mothers did.

So who will the mothers of futur generations run to for baby advice? With technology rapidly changing, no one knows what the future will hold. prefer to stay at home while raising kids, today's moms are more likely to want to stay at home full time, whereas Perhaps we will have to wait for another 100 million births before we can answer that question.

Participants in the Johnson's Baby "Motherhood Now and Then" survey were U.S. citizens at least 18 years old and one of two groups: Younger mons that had a child four years old or younger, or older monis that had at least one child born between 1965 and 1969. The online survey included 800 participants and was conducted from April 20 to 24, 2006.

#### For more information visit www.baby.com/300million or www.babycenter.com/prkit/pressrclcases

## **REGIONAL MARKETPLACE**

#### RECYCLE

The

j5

counting on you

Your hands have done so much in life.

They can do

Plan and practice

escape routes!

USFA recommends knowing

escape plans and planning

from every room and be sure you know how to ope your windows.

Windows and doors with security bars must have quick release devices to allow them to be opened

umediately in an emergene

l'm controlling

my diabetes

apes around capabilitie aw at least two exits

so much more for life

Hidden Spring Veterinary Clinic keeps pets healthy

#### earth By Kate Phillips PECIAL WRITER

Curling up with a good book and two cats. Taking a walk, or playing fetch with a dog. Putting a funny bat on the family pet. There isn't anything better than pets. They share the happiest memories of life, and are still there with unconditional love even when times aren't so fan Hidden Spring Veterinary Clinie in Northville provides the same caring, person-

al treatment for family pets today as it has done for more than 30 years.

#### LIKE FAMILY

The staff at Hidden Spring have hearts large enough to include all of their clients --humans and animals. "We treat our clients and their pets like they are a part of our family," said Carol Geake, DVM, owner of Hidden Spring, "I am proud of the entire staff, because

they make a serious difference in the lives of so many pets and their owners," said Janet Talbot, practice manager. "We get so attached to the pets we treat and feel the heartbreak whenever a pet dies."

Some vet practices send sympathy cards to clients who have lost a pet, but the people at Hidden Spring go one step beyond that gesture.

"We make a paw print of the deceased pet in clay as a personal memento for clients to remember their pets and give it to them in addition to a sympathy card," Talbot said. "I think it means a lot to them,"

#### TWICE A YEAR

Hidden Spring Veterinary Clinic initiated a "twice a year for life" care plan to help increase the lifespan of pets. The practice has found that increasing examinations from once a year to twice a year helps educate owners and keeps pets healthier.

The practice first piloted the program with senior animals and noticed astounding results. The pets were healthier and received more preventive treatments and the owners were happier with the level of care.

The program was extended to animals of all ages, because while aging pets need increased monitoring, young pets also need thorough care for health and behavior issues. Talbot said that families sometimes decide to give away a pet due to problems with house training, tecthing, scratching and other behavior issues. The veterinarians can work

on behavior training with families so that PREVENT FIRE Save Lives. problems don't get to the point where the pet is no longer welcome in the home. Pets age much faster than humans, generally seven years to one, so it's important for pets to see the doctor more often. Bi-annual United States Fire Administration deral Coevency Management Agenu exams allow the vet to catch problems carli-er so solutions are simpler and more effec-

HEALTHY TEETH

al issues in pets.

mulated for digesting, unlike regular tooth-paste. It's easiest on the animals to start when they are young. But mature animals can learn to tolerate the cleaning if it starts During dental health month, Hidden Spring is trying to increase awareness of den-For example, hard pet food keeps an ani-

1

very gradually. Hidden Spring Veterinary Clinic uses mal's mouth healthier than soft "people

and helps prevent gurn disease.

or a pet toothbrush every day, but even a weekly cleaning is helpful. It's important to use toothpaste made for pets since it is for-



# Wag those tails

With some assistance, Veterinarian Dr. Barbara Scheffler, left, examines an English Springer Spaniel at Northville Township's Hidden Spring Veterinary Clinic.

food." Biting into hard food cleans the teeth state-of-the-art equipment for pet dental nd helps prevent gum disease. treatments. Some pets need yearly teeth Pet owners should clean teeth with gauze cleaning while others need it only once or twice in a lifetime. "A lot of pets will stop eating if they are suffering pain from plaque build-up on

HELPING OTHERS

48525 W. Eight Mile Road Just west of Beck Road In Northvill (248) 349-2598 decaying teeth, or gum disease," said Talbot. "Or the dental problems could cause heart www.hiddenspringvet.com problems or other significant issues."

ity onened seven years ago at the same rural

IIDDEN SPRING

**VETERINARY CLINIC** 

yet convenient, location. With open fields, and horses grazing or ily continues to

#### Is Motherhood Changing?

This in-depth survey examined the evolution of motherhood, including the sources where moms get trusted advice, their viewpoints on childcare and rearing and their sense of satisfaction in life. It also exampled concerns for the health and safety of their children, whether moms work outside the home, what type of support systems they depend on and what they do with their

free time. "Johnson's has been valued and trusted as a partner for more than 100 years. We help parents navigate the most challenging transition in life. We reassure. We help parents relax into the hitle moments of touch, of nuzzling, of bonding that create a lifetime of close-ness. This is why Johnson's is so excited and proud to celebrate the birth of the 300 millionth American," said Bridgette Heller, global president for Johnson's Baby. "The survey findings contribute to our always-evolving understanding of parents - their concerns, their joys, their wants and needs relative to their babies. Ultimately, this work will help us better deliver on the needs of parents today."

The survey found that twice as many dads are involved today than were involved in the 1960s. In fact, 52 percent of today's dads are involved in baby's bath time routine, and 67 per-cent are involved at bedtime, according to 2005 U.S. Moms Report. According to BabyCenter, dads today are involved from the start. Across the different age groups, dads are active and engaged. From attending most doctors' appointments, to decorating the nursery and pampering mom with a massage, they are taking their role as a parent

#### Take Time for Yourself!

Today's moms are more likely to say they need activities besides being a mom, while '60s moms were more likely to make time to care for the eives. Reading and watching television

ranked as top free time activities amongst both groups. Moms today are more likely to use the Internet and exercise, while moms in the 1960s were more likely to bake, garden and knit.



- (

## **REGIONAL MARKETPLACE**

#### Home Owners Did you know that January 2007 is National Radon Awareness Month?

s important information for you review in regard to Radon. This article is intended for your understanding and the general concerns for Radon in the general concerns for Radon in regards to you family's health and pro-tection. The IEA recommends that you have your home tested for Radon to help prevent hung cancer from develop-ing due to exposure of elevated levels of Radon in write home. Radon in your home

You Can Not Sec. Smell, or Taste

 Radom is a coforless, odorless, radioactive gas that may threaten the health of individuals Radon is the second leading cause of lung cancer in the U.S. (Smoking being the 1st)

 Elevated levels of Radon is found in 1 of every 15 homes across the U.S. 4 Any home can have elevated levels of rador (even if other homes in the area do not have high levels of rador)

Testing for radon is simple and expensive

Bomes with elevated radon measure means can be easily fixed.

7. The U.S. Environmental Protection Agency is supporting efforts to encour age Americans to test likely houses for radom. If your house hose leavastel level of radom, it can be reduced, in addition new houses can be built with radom reduction systems installed.



If your home has clevated levels of Radon, it can be reduced to a safe level for your family!

Information on Radon is available from the following website: http://www.epa.gov/radon

Radon in your home:

More than 20.000 deaths annually have been contributed to Radon Gas

Radon is not caused by the age of the home, materials in the home, or style of house. It comes from a radioactive deeay of acanium in the soil. Typically Radon Gas cuters the home through the foundation, around floor drains, sumpptimps, wall cracks, etc. The process to measure for Radon Gas in your home is simple

A Communous Radon Monitor is place in the lowest livable level of the home. A test requires a minimum of 48 hours We typically test for 60 – 72 hours duration. You can live in the home during the measurement process. The extetior windows and doors must remain closed. Normal entry/exit is line. Normal use of the Heat & Cooling is recommended.

If your home has elevated levels of Radon Gas it is a simple fix. A ventilation stack with a fan that runs 24 hours a day is installed. This will pull the Radon gas from the soil, under your foundation, and safely vent it to the exterior where the wind blows it away. It is also recommended that cracks in the foundation floor, walls, and slabs be scaled

The system is typically installed using your samp crock which also has the enver sealed. Professional Radon Mitigation Companies provide a guarantee that the levels of Radon will be ed to a level in accordance with

#### ADVERTISEMENT Perfect clothing comes from a perfect fit

Alexander's Custom Clothiers provides fine suits, expert tailoring

By Kate Phillips SPECIAL WRITER

he key to a smart suit is a great fit. At a great fit. At Alexander's Custom Clothiers in Northville, Alexander Hamka is part tailor — part artist. "My job is to make sure you

get a perfect fit," said Alexander.

#### **FITTING A SUIT**

A beautiful suit looks terrible if it is ill-fitting. And it can look even worse with sloppy tailoring. "I make sure that made-to-measure suits fit like a custom

said Alexander, whose careful tailoring is in demand throughout the area. The Northville tailor looks at

the current trends and makes sure that clients get the fit that looks right on them, and keeps them looking updated. Alexander was recently invit-

ed to be on the cutting team for a line of suits carried in his store. He'll soon be traveling to Montreal to provide input on the new designs

The tailor suggests clients wear a suit that fits well when they come in for a suit fitting. It helps him take accurate measure ments, and get an idea of what the client is looking for, or wants

to avoid. "I ask people about the clothes "What they like or dislike about their wardrobe can help me introduce them to clothing they will love.'

#### HOW SHOULD IT FIT?

📕 Collar

The collar should fit comfortably around the neck and lay smooth all around so the jacket doesn't bubble up in the back.

Sleeve length The sleeve should cover the entire wrist plus show one-quar-

ter inch of dress shirt sleeve. III Jacket length

The jacket length shouldn't exceed more than three-quarters of an inch below your thumb, when your hands are at your side.

Trousers Trouser length should fall onequarter inch above the heel of shoe.

📕 Lapel All lapels should lay smooth

ALEXANDER'S **CUSTOM CLOTHIERS** 124 W. Main St. Downtown Northville (248) 349-6080 www.alexandersclothiers.com Hours: Tuesday through Friday 10 a.m. to 7 p.m., Saturday 11 a.m. to 5 p.m., Sunday and Monday by apppointment

with a natural roll when jacket is huttoned - not flat.

#### **CHOOSING WELL**

Not just any suit will do.

A black suit just isn't quite right for an everyday business suit or important interviews. It looks better at more social occa-sions, such as weddings, Alex

"Then accentuate your wardrobe with a suit in an earth-tone," said Alex. "Earthtones make you feel good and add character and zeal to your wardrobe."

Part of Alexander's job is to make sure that customers get what they want and need. He asks customers questions about their preferences, lifestyle and the type of work they do whether they sit at a desk, are in front of a group or drive to client sites throughout the day. A durable wool will look good

even when getting in and out of the car a dozen times a day. Alex said. If the suit is for an interview or important presentation, per-haps a fine, soft cloth would make a big impression. A beauti-ful suit with luster and heavy draping could be perfect for social occasions

#### DRESSING TO ACHIEVE

During hard economic lines, Alex believes it is crucial tobress well at work.

Those who wear fine suits that compliment their body type are perceived as more professional, capable and hard working, and leave clients with a good impression of the company. Clients coworkers and management will see a well-dressed employee or business owner in a different light. It could make a difference

in keeping a job, getting promot-ed, or winning a big client account.

in key positions who can produce volume, and have good customer service, and the way you look says a lot about you."

Alexander offers wardrobe and image consulting at his store or at client's home. He drives to clients home or office with hundreds of swatches and photo-graphs to create just the right clothing. Alexander steps into a crowded closet and helps weed out outdated clothing, replacing it with new clothing that coordi-nates with the remaining pieces.

#### NOT ORDINARY CLOTHING

Alexander's Custom Clothiers Alexander's Custom Clothiers can partner with those who are starting a new funess routine. The right suit will help a client look like they've already-lost weight, then the clothing will look even better once weight is

lost. Alex helps create custom suits that complement the body shape of each client. Practically every piece of the suit is hand stitched to create a one-of-a-kind masterpiece. Custom dress shirts made of fine materials add just the right touch and are extremely

high quality made-to-measure suits ranging from \$495 to \$1,500. The store has many styles and colors in stock to fit every size and build.

The store carries fine clothing that isn't found elsewhere, like full canvas suits with functional sleeve buttonholes by Jhane Barnes.

Alex can help clients find ties they love, that look good on them too, from a colorful collection by Peter Carl Faberge. The early 20th century German was the imperial jeweler to the Czar of Russia and world-famous artisan of Easter eggs and other objects

Alexander's Custom Clothiers stocks a full-line of Italian garments like jackets, slacks, dress shirts, sports wear, sleep wear, shoes and accessories.

#### MANY THANKS

Alexander's recently celebrated its one-year anniversary of business in Northville. Since the store opened in the fall of 2005. the community has embraced the downtown store. "I'd like to thank all of my

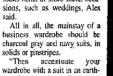
customers who have supported

"If you are trying to move up into a managerial position. dress for that job, so people will start to notice you, and realize that you belong in that position," said

Alexander's Custom Clothiers in downtown Northville. Alex. "Companies need people







EPA safe guidelines, (2 pCi/L or below)

Elevated levels of radon can be fixed. Don't allow levels of radon to be a health concern for your family.

Call us to have your home tested for elevated levels of Radon to ensu your family's health and protection.

Rondall Patterson Certified Pillar To Post\* NAJII-CRI Home Inspecto Member AARST (248) 755-3422 Toll Free: 877-787-3800

Randall Patterson is a Certified Home tor with Pillar To Post® and a NAHI-CRI serving Western Oakland and Livingston Counties.

For additional information please visit our web site at www.ptphome.com/westoaklandlivingston

We provide professional home inspec-tions and home environmental testing ervices for Radon, Mold, Pest, Well & Septic, Air & Water Quality testing,

ADVERTISEMENT

Alexander Hamka says dressing for success is vital in today's job market.

me for this outstanding year," said Alex. "It's been wonderful." comfortable for all-day wear. The men's clothier also offers

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