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Novi News

THURSDAY, JULY 12, 2007

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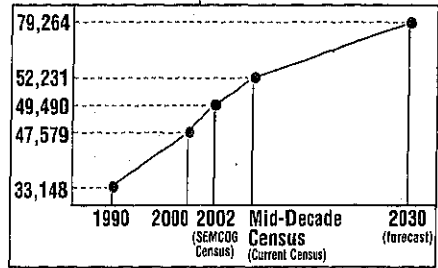


Photo by JOHN HEIDER/Novi News

Little Leapers

Daniel Kohut, 6, center, and other kids leap over soccer balls at Novi Community Sports Park last week during the Detroit Rocker Soccer Camp. The camp, which ran for a week, gave the kids a solid beginning in learning and playing the sport. In the exercise pictured, the campers were running a gauntlet as others were trying to hit them with the soccer balls - the object being to avoid getting hit.

Novi's population growth



SOURCE: City of Novi, U.S. Census, SEMCOG

Census done

Verdict still out on State funding

By Kelly Murad
NEWS STAFF WRITER

The results of the mid-decade census are in, totaling 52,231 people residing within the Novi city limits.

The special census was conducted to determine if the City is eligible to receive additional funding and liquor licenses from the state.

In order for Novi to qualify for additional money, the census must indicate a 10 percent increase from the previous census. Novi's growth was slightly more than 10 percent in comparison to 2000.

But the verdict is still out on whether Novi will receive additional funding from the State.



Maryanne Cornelius

"We qualify, but appropriations have not been made," said City of Novi's finance director, Kathy Smith-Roy. It is up to the State Legislature to decide how much, if any, additional funding Novi will receive.

"Once we qualify by the (state) election bureau, we are automatically considered for our proportionate share of any appropriations," she said.

At this time, the City is unsure how long the State Legislature will take to make the decision regarding appropriations.

The census results should also impact City liquor licenses.

Continued on 3A

Novi residents put fitness first for health, fun



Photo courtesy of Novi Parks, Recreation and Forestry Department

X-Tri Novi participants wade in Walled Lake. X-Tri was the first of five events of the Fit Novi Series.

By Kelly Murad
NEWS STAFF WRITER

The Novi Parks, Recreation and Forestry Department is partnering with the Greater Novi Chamber of Commerce and the race promotion company 3-Discipline to present a five-part race series called Fit Novi.

The series of events take place between June and November and are designed for males and females of all ages and fitness levels.

The goal of the series is to promote a healthy, active, communi-

ty, said Tracie Ringle, the Parks Department communications and resource development supervisor.

"That is one of our initiatives within the department," she said. "A lot of people are interested in getting started with something like this."

The series began with X-Tri, June 30 in Lakeshore Park and had more than 55 participants. The participants had the option of competing in a triathlon or duathlon, featuring swimming, running and mountain biking.

Participants can join any of the

Michigan Mountain Bike Association Race Registration

The Michigan Mountain Bike Association Race is July 15 at Lakeshore Park.

Pre-registration: www.teamtreefarm.com \$100 per team. Day-of registration: 8 a.m. at Lakeshore Park \$125 per team. Registration closes at 9 a.m. for advanced teams and 10 a.m. for sport teams.

Race begins at 10 a.m. for advanced teams and 11 a.m. for sport teams. Teams can be composed of men, women and children 13 and older as long as there is a parent or guardian present to sign a waiver.

For more information regarding the MMBA Race, sponsored by Team Tree Farm and Dark Horse Racing, visit www.teamtreefarm.com.

events individually, or as a family, and are not required to sign up for the entire series.

The next event is the Michigan Mountain Bike Association race,

Sunday at Lakeshore Park. The event, which is sponsored by Team Tree Farm and Dark Horse

Continued on 3A

NOVI WEEKEND PLANNER

FRIDAY

Curl up with Jason Voorhees, a hockey mask and a bowl of popcorn on this mid-summer Friday the 13th. Have a movie marathon with the classic 80s horror flicks and more recent variations. There's 11 to choose from and local Blockbuster Video stores can be reached at (248) 380-9880 for 22264 Novi Rd. and (248) 344-4365 for 47450 Grand River Ave. to check each film's availability.

SATURDAY

Visit the Border's Books Express in Twelve Oaks Mall at 2 p.m. to meet Denise Brennan-Nelson, author of the award-winning "Buzzy the Bumblebee." She will be signing copies of her seventh and latest children's book, "My Grandma Likes to Say," which features many colorful expressions and idioms grandmas, mothers and teachers use. The book is illustrated by Jane Monroe Donovan and costs \$16.95.

SUNDAY

Fans of anime and card games may want to check out the playoffs for the Shonen Jump Yu-Gi-Oh! TCG

Championship Tournament at Rock Financial Showplace's Hall C, 46100 Grand River Ave. Everyone is welcome to enter the contest from 8-10 a.m. Saturday and continuing on Sunday for a chance to win a new laptop computer, among other prizes. Playoffs begin at 9 a.m. Sunday and Regionals for both Yu-Gi-Oh! and World of Warcraft begin at 10 a.m. Visit <http://www.professional-events.com/index-UDE.htm> for more details.



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MY INDEX

| | | | |
|------------------|-----|----------------------|-----|
| Be Scene in Novi | 9A | Education | 10A |
| Bulletin Board | 14A | Food for Thought | 4B |
| Business | 4A | Public Safety | 7A |
| City Council | 7A | Regional Marketplace | 6B |
| Commentary | 13A | Senior Citizens | 8A |
| Community | 2A | Sports | 1B |



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MY NOVI COMMUNITY

Thursday, July 12, 2007
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The ins and outs of home construction projects

By Chris Jackett
NEWS STAFF WRITER

Homeowners may be looking to upgrade their homes this summer while the weather is nice, but being aware of city regulations should be at the top of all honey-do lists. City of Novi ordinances do exist, often requiring permits before work may begin.

Heading Outdoors

Summer projects such as a new deck, pool or tool shed may be the perfect piece for an ideal backyard.

To start, each outside construction project requires both a wood-land and wetland affidavit to ensure the structures will not cross over into these areas.

Also, approval is needed from the neighborhood's Homeowner's Association before construction is proposed to the city for a building permit. Getting the pre-construction fundamentals out of the way should take about 15 working days, said Novi Building Official John Hines.

"It depends, but the goal is within 15 working days," Hines said. "Typically, we get it done within a week. Commercial permits are a little more involved, but residential is usually \$950 and just need a condition for permit." This is where things get very, very specific. Many permits from the City of Novi require a blueprint of the construction plans on an eight-by-11-inch basis.

Deck Requirements

Restricting a deck's length to

Home Construction

To find out more details on your home project and what is required by the City of Novi, visit <http://cityofnovi.org/Services/CommDev/InfoSheets/ManualsAndPubs/OverviewInfoSheets/ManualsPubs.asp>.

18 feet from the house and requiring a perimeter guardrail for decks taller than 30 inches are some of the guidelines.

The guard rails must be at least 36 inches tall and a more few inches could restrict homeowner's from starting construction. For example, the balusters (bars) of a guard rail must be less than four inches apart.

"Studies show a small child's head could get through a four inch space, so it has to be like 3.99 inches or less," Hines said. "It used to be six inches. A good way to measure is to use a sphere. Like a ball."

Stairs are even more specific. Steps leading up to the deck must be a consistent length and height no more than 8 1/4 inches tall and no less than 9 inches deep.

Pool and Spa Requirements

If a pool or spa contains 24 inches, or two feet, or more of water at any point, approval from the local Homeowners Association or Architectural Control Committee is required.

Pools and spas must be at least 10 feet away from both the house and any overhead wires. They

Deck Installation Tips

1. Decks need to be able to handle sun, wind, rain, snow and discoloring from overexposure to the sun.
2. Make your expectations for the deck part of your plan. If you want it to be used for a certain purpose, make sure it's big enough and in the right location.
3. Check up on local ordinances which may restrict building plans.
4. When hiring a contractor to install a deck, check their references and even see if you can visit to look at their finished product.

SOURCE: <http://www.ezhomeservice.com>

also cannot be within 6 feet of the side or rear property line.

The only exception is a spa located within an approved deck area. Therefore, a pool with a 10-foot diameter would require at least a 58-square-foot backyard or larger if overhead wires run directly down the middle.

"Miss Dig" must also be notified at (800) 482-7171 prior to any excavation for an underground pool to stake out the location of all underground utility lines, according to the City of Novi.

Shed Requirements

When it comes to outside stor-

age, sheds and detached garages must be in the backyard, never the front or side yards.

In doing this, they cannot be closer than 6 feet to property lines or located in any easements, while also maintaining a 10-foot distance from the house.

Adding windows to a shed, garage or house requires the glass to be no more than 44 inches above the ground, with a minimum net clear opening of 5.7 feet, working between 24 inches tall and 20 inches wide.

Chris Jackett is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 122 or cjackett@gannett.com.



Photo by JOHN HEIDER/Novi News
City of Novi building official John Hines examines treated lumber at Novi's Timberlane Hardware on 10 Mile Road.

Local residents put fitness first for health, fun

Continued from front

Racing, is a 4-person relay race on a 10-mile trail in Lakeshore Park. Proceeds from the event go to the Michigan Mountain Bike Association to benefit and maintain the trails.

Each team is divided into either advanced or sport classes. For advanced, each rider is required to do two consecutive laps. For sport, each rider is required to do one lap.

"It's supposed to be a fun way to try out endurance racing," said Linda Racco, rider for the Dark Horse Racing team. "Probably the best preparation is to pre-ride the course."

It is the second year Team Tree Farm and Dark Horse Racing are hosting the race at Lakeshore Park, and they are expecting 20-25 teams.

This race, unlike the other four in the Fit Novi Series is not organized by 3-Discipline.

"It is part of our series, but this race is not produced by 3-D," Ringle said.

The Parks Department contracted 3-Discipline to help with the logistics and expertise of the routes, along with assisting with the marketing of the events.

Throughout the course of the series, each individual, and/or family, will earn points at the Candy Cane 5K and Santa Fun Run, Nov. 30, the man, woman and family with the most points will be recognized.

The biggest event of the series is going to be the Run Fest and Fit Novi Festival September 9. The Greater Novi Chamber of Commerce expects more than 5,000 visitors at the event which will feature a money mile, 5K, 10K or 15K run. The Fit Festival will also feature healthy foods, massage therapy and entertainment for the racers and their sup-

Fit Novi Series Events

- Michigan Mountain Bike Association Race**
July 15, Lakeshore Park. This annual event hosts 4-person relay teams throughout a ten mile course on the trail system at Lakeshore Park.
- Novi Sprint Triathlon and Duathlon**
September 8, Lakeshore Park. Racers will partake in swimming 800 meters, biking 15 miles and will finish with a 5K run, all in and around Lakeshore Park.
- Run Fest & Fit Novi Festival**
September 9, Town Center. This event has a run for everyone including a money mile, 5K, 10K or 15K. The Fit Festival will have entertainment and treats for athletes and their supporters.
- Candy Cane 5K and Santa Fun Run**
November 30, Main Street. As part of the annual Ringing in the Holidays event, these two races are a great opportunity for families to participate together and stay to enjoy the festive event. Santa himself will award the participants.

SOURCE: City of Novi

Botsford Center for Health Improvements Training Program

Botsford Center for Health Improvements is hosting an eight-week training program for individuals interested in preparing for the Run Fest, September 9.

The training program is designed for people of all ages and ability levels. Participants will meet Mondays at 7 p.m., beginning July 16, at Botsford Center for Health Improvements. For more information regarding the training program call Botsford Center for Health Improvements at (248) 473-3100.

For more information regarding the Fit Novi Series contact Tracie Ringle at (248) 735-5613.

meeting once a week as a group

In preparation for the event, Botsford Center for Health Improvements is beginning an eight-week training program on Monday.

"Each program will be tailored specifically to each individual," Noble said.

Kelly Murad is a staff writer for the Novi News. She can be reached at (248) 349-1700 ext. 103 or at kmurad@gannett.com.

My Novi, briefly

Roberto Cavalli at H&M

H&M clothing store in Twelve Oaks Mall announces it will open its doors to the exclusive world of Roberto Cavalli. The Italian designer will create a one-of-a-kind collection for women and men exclusively for H&M. The line will carry the vital touch and the intense sensuality typical of Roberto Cavalli, one of the world's most notable fashion designers.

The "Roberto Cavalli at H&M" collection will be available in about 200 selected H&M stores worldwide for a limited period of time starting from November 8. The line will consist of iconic menswear and women's wear, including lingerie plus matching accessories.

Huntington Bank announces free ATMs

Huntington Bank is introducing a checking account that will allow customers to choose from one to five free options depending on their account. The new package of accounts, known as Huntington Select Checking (SM), will allow customers to choose from the following options: Use of a non-

deposit box, overdraft protection, check orders and check image statements. Customers will also enjoy more benefits and discounts on mortgages, loans, deposits and investments.

TOPZ Healthier Burger Grill opens at Twelve Oaks

Twelve Oaks is happy to announce that TOPZ Healthier Burger Grill has joined the Lifestyle Café Food Court, located in the lower level near JCPenney. The restaurant is the fourth of its kind in Michigan.

TOPZ provides customers with a variety of healthier alternatives to traditional fast food. A team of food scientists, nutrition-

ists and master chefs work together to come up with food without unnecessary fat, calories and cholesterol.

Best known for serving a healthier version of the American hamburger TOPZ gourmet lean burgers are served with 100 percent Black Angus beef and all of the traditional fixings. Other TOPZ menu selections include lean sandwiches, gourmet salads, chili, gourmet hot dogs, and air baked Aero fries. TOPZ doesn't have any deep-fryers and is a trans-fat free restaurant.

bd's Mongolian Grill Now Trans-fat Free

bd's Mongolian Grill announced every item on its menu is now trans-fat free. While most of the items at bd's have always been trans-fat free, the decision to make this change throughout the entire menu was made to stay ahead of the dining trends of bd's customers and their growing interest in more healthful menu options.

In addition to evolving into a trans-fat free restaurant, bd's has created an interactive way for guests to know exactly what they're eating at the restaurant - an online Create A Bowl program with a Nutritional Calculator.

Launched earlier this year on bd's Web site, bd.com/go, the program allows users to build a virtual bowl of stir-fry by choosing from bd's wide assortment of meats, fresh vegetables and sauces. While building the bowl, a nutritional calculator shows the total values of calories, protein, carbohydrates, dietary fiber, fat and saturated fat.

Verdict still out on State funding

Continued from front

"It should mean an additional two or three liquor licenses," city clerk Maryanne Cornelius said. According to Cornelius, the census will result in more Class C

liquor licenses because population affects the amount of licenses allotted to the City.

The state election bureau will determine if the City will receive two or three additional liquor licenses.

Novi began the mid-decade census in May 2006 when 50 enumerators were hired to go door-to-door throughout the community. The majority of the field work was done by August.

Kelly Murad is a staff writer for the Novi News. She can be reached at (248) 349-1700 ext. 103 or at kmurad@gannett.com.

City phone service provides quicker inspection results

By Chris Jackett
NEWS STAFF WRITER

The City of Novi is forming a new touch-tone phone service allowing a quick response for residential and commercial project inspections.

All Novi-completed construction projects must be inspected by the city.

The new service allows contractors and residents to call and dial a code to hear whether they passed the inspection or the reasons why they did not.

"It's going to give them a service to call when they want and free up our clerical staff for other tasks."

"We are one of the busiest cities in the state right now," said John Hines, city building official. Hines said the phone number is

being tested and the codes are being set, but it should be operational on Monday.

The codes will be as specific as possible, with 40-50 electrical, plumbing and mechanical codes for inspectors, and 20-25 for contractors.

"The inspector can leave the inspection history and a message for the contractor," Hines said. "It'll tell them what's wrong, within limitations. If there's 50 things wrong, it won't say them all. It'll say (the biggest) five or six."

Inspection Line

Check the City of Novi Web site at <http://www.cityofnovi.org> on July 16 for the release of the Inspection Line phone number.

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MY BUSINESS

Thursday, July 12, 2007
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New Michigan Business Tax Expo Controversy

By Chris Jackett
NEWS STAFF WRITER

More than 70 percent of Michigan businesses should see tax cuts as a result of the new Michigan Business Tax.

The recently passed law will take over when the Single Business Tax expires at the end of the year, after a 29-year run. "It's definitely an improvement. It gets rid of the penalty for creating jobs and giving health benefits to workers. It's not 100 percent perfect, but nothing is. It represents a compromise agreement," said Sen. Nancy Cassis (R-Nowi). "It's close to revenue neutral. We will look at it very closely over the next 12 months. We're trying to dot our I's and cross our T's."

Under the new tax, commercial businesses will see a 23 percent reduction in personal property taxes and manufacturers will see a 65 percent reduction. Various other options of the Michigan Business Tax will save money for small businesses and nonprofit organizations. "Novi has the largest amount of retail within one square mile in Michigan, from just south of Grand River Avenue to 12 Mile Road. The 23 percent reduction in personal property tax will really help," Cassis said.

Cassis said she hopes the changes will also encourage businesses to move into Michigan. "The Research and Development credit certainly will be a big incentive to carry on big world class developments in Michigan," Cassis said. "However, many small business owners are not sure what to expect. 'I don't know how it will affect us. The original Single Business Tax didn't affect us that strongly,' said Nancy Larson, jewelry professional and co-owner of Larson's Jewelry Design in Novi. "The state needs to figure out a much fairer way to tax businesses. It'd be fairer to make a tax with a broader base. 'I'm not sure if it's a great thing for our business. We need to keep (taxes) to a minimum,' said

Michigan Business Tax

Exact wording for the tax can be found by searching for Senate Bill 94 at <http://www.legislature.mi.gov>.

Imad Dakhalath, co-owner of Salon Belizera in Novi. "I know a lot of people are not really thrilled with it. If it will help the economy, I'm all for it. If it will bring in extra revenue, it could help." About 111,000 businesses should expect lower tax bills, while 34,000 see an increase, according to both Cassis and Gov. Jennifer Granholm's office. Of the 34,000 expected to see an increase, they include banks, real estate agents, out-of-state businesses and insurance companies, which will face a tax premium increase from 1.07 percent to 1.25 percent, which will still be the sixth best in the nation. "The Michigan Business Tax puts us back on the path to growth. It strengthens the backbone of our economy, the hard-working small- and medium-sized business taxpayers, while leaving more of our taxpayers' hard-earned dollars in their pockets," Cassis said. "We created the Michigan Entrepreneurial Exemption to help those businesses that need a jump-start to get going. They are the gatekeepers of the business world, and are being innovative. The purpose of all this is to support small businesses as the backbone of our economy and diversify the economy."

However, many small business owners are not sure what to expect. "I don't know how it will affect us. The original Single Business Tax didn't affect us that strongly," said Nancy Larson, jewelry professional and co-owner of Larson's Jewelry Design in Novi. "The state needs to figure out a much fairer way to tax businesses. It'd be fairer to make a tax with a broader base. 'I'm not sure if it's a great thing for our business. We need to keep (taxes) to a minimum,' said

problems with the new tax, the state is prepared to tweak the plan. "We need to see if it raises more than 5 percent more than the Single Business Tax. If it does, it will be returned to the taxpayers and put in the rainy day fund," Cassis said. "Chris Jackett is a staff writer for the Novi News. He can be reached at (248) 349-1700.

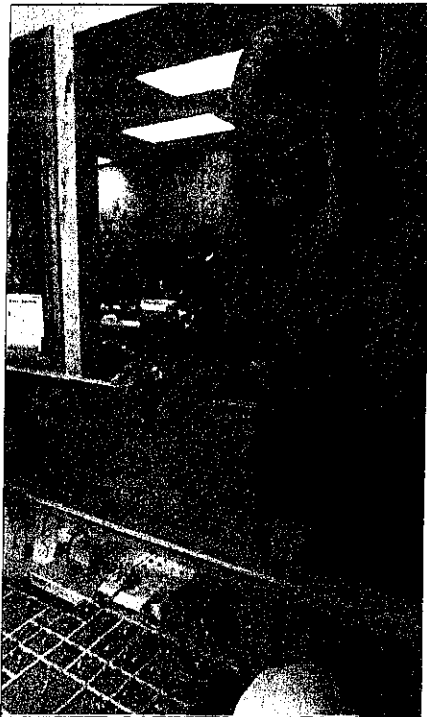


Photo by JOHN HEIDER/Novi News

Nancy Larson, co-owner of Novi Main Street's Larson's Jewelry Design, said the change in the state's Michigan Business Tax will not really impact her shop, but said she welcomes lower taxes however they happen.

the economy? I don't think so. They need to do something broader to bring down taxes." Cassis said small businesses will see potentially big benefits from the new tax. "I think it will help stimulate Michigan's economy and make it more competitive. It really provides small business relief, a total of \$120 million devoted to small business relief," Cassis said. She also said if there are any

By Kelly Murad and Victoria Mitchell
NEWS STAFF WRITERS

Kevin Adell, owner of the former Novi Expo Center, says a land deal executed with the City of Novi is sour.

Adell said the \$308,846.57 he was paid June 14 by Novi for a portion of Expo Center property totaling less than one acre is below fair market value, and he will take the city to court to get what he is due.

Adell estimates the property at the south-side of the former Expo Center is worth between \$800,000-\$1 million.

City officials said the amount paid was determined by a city commissioned independent appraisal.

Novi City Manager Clay Pearson said the property will be used to construct a roadway.

"(The city's) been in the process for seven to eight years, to acquire the land to extend Fonda Drive from Novi Road to Grand River to improve traffic flow and traffic safety," he said.

Pearson said the complaint to condemn was filed in September 1998, and looking at building the road has been going on since the mid 1990s. He said the original ring road study dates back to 1994.

"The City was granted the right to purchase the property in a 2005 Michigan Supreme Court decision. Adell accuses the city of wasting taxpayer dollars via legal fees

because he will take the city to court for proper compensation.

The back-and-forth between the two parties is not new. The City and Adell went to court this year opposing a sign he painted on the Novi Road and Interstate 96 building, advertising the business as the Novi Trade Center.

Adell said it is his plan to open the former Expo Center as a trade center similar to that in Taylor and Mt. Clemens.

The City said the sign was not within its ordinances and Adell was forced to remove the painted signage. City officials said Adell must come before planning commission for approval to open such a business. Adell said it is hogwash, stating the city is blocking him from developing his business because officials do not want the type of clientele in Novi associated with flea markets.

"They feel it's not as upscale... and that is what it comes down to," Adell said.

Adell said he will sue the city for blocking him from running a business if necessary.

The Novi businessman said he was going to give the city the property for the road in exchange for permits to develop a trade center.

"I was willing to give them the land," Adell said. "I don't see why I can't have a trade center... it's selective enforcement... in the end they are going to pay."

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MY NEIGHBORS

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SURPRISE: Look Who's Celebrating 30 Years at Twelve Oaks

By Chris Jackett
NEWS STAFF WRITER

It is unlikely that even the most fervent shoppers have spent as much time at the mall as Mary K. Devlin.

Devlin, 60, is celebrating her 30th year of service at Twelve Oaks Mall's former J. L. Hudson store. Transformed into Marshall Fields and currently labeled as Macy's, Devlin has seen the changes first hand since the store opened in 1977. A surprise recognition is coming in her honor.

A Fragrant Past

The bulk of Mary Kay's time has been spent working in the men's fragrances department.

"She went to get a job for Christmas to make some extra cash and has been there ever since," said husband Jim Devlin, 63, a commercial real estate salesman. "Her clientele base is probably more extensive than anyone out there."

Jim said it is common for Mary Kay to run into friends and clients anywhere from a local restaurant to a vacation spot states away.

"It doesn't matter where we are, Ohio, Illinois, Florida or wherever, Mary Kay will see someone she knows and stop to chat. This has become a running gag in our family," Jim said.

He credits both Mary Kay's personality and talents in her craft as reasons for the widespread notoriety.

"We'll be in a restaurant and she'll pick up a scent and tell me

what it is," Jim said. "She's extremely popular over there. She's so personable, ladies in other departments ask her about advice in store activity."

"She's bright, intellectual and tough."

Coworker Linda Qatsba, who has worked with Mary Kay in the men's fragrances department for the last five years, testifies to this claim. "No words can really describe how nice of a person she is," Qatsba said. "She took me in when I moved down to the fragrance counter (from men's clothing and bed and bath). We clicked right away and became very close."

"People look up to her and she'll get you out of a jam. You can call her at home, and she's always there."

As one of only two Macy's employees starting when the mall opened, the other being Ruthann Templeton of Detroit, Mary Kay is very close with many of the employees, especially those within her department.

"She's very caring. Anybody she knows, she's their best friend. I think she'd give the shirt off her

back if she could," said Mary "Sue" Deugless, who has worked at Macy's for 29 1/2 years, the past 13 in men's fragrances with Mary Kay. "She came to Chicago for my daughter's wedding and we've both been to all of each other's baby showers."

Mary Kay's husband said her kind and caring ways were bred from a humble and hard working beginning.

"She used to work in an office at a small manufacturing place that repaired lift trucks in Highland Park," Jim said. "We met at a house party in Royal Oak and got married at St. James Church in Ferndale, where she went to school for 12 years."

The Devlins celebrated their 39th wedding anniversary in April. They moved to Novi from Royal Oak after an ad in the paper for Lakewood Park Homes caught their attention.

"They take pride sending both of their daughters through Novi Community Schools and Michigan State University."

When Mary Kay isn't keeping busy at Macy's, she often helps



Mary K. Devlin displays a bottle of men's cologne at Macy's in Twelve Oaks Mall. Devlin is celebrating 30 years with the company.

baby-sit her five grandchildren in Ann Arbor and Aurora, Ill., just out-

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MY NOVI PEOPLE

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ENGAGEMENTS



Whitney Anne McCrellan and Calen David Stone are pleased to announce their engagement. She is the daughter of Keith and Sherry McCrellan of Highland and is the executive director of the Greater Novi Chamber of Commerce.



Tom and Chris Ringo of Salem Township are pleased to announce the engagement of their daughter Michelle to Brett Gawley. Michelle is a 1999 graduate of South Lyon High School. She graduated from Michigan State University with a bachelor's degree in advertising. He is employed as an associate creative director for the advertising firm JMWTeam Detroit.

ive for the advertising firm Campbell-Ewald. Brett is the son of Louis Gawley of Grosse Pointe Woods and the son of Diana Waldman and Allen Waldman of Malibu, Calif. Brett is a graduate of North Farmington High School and graduated from Michigan State University with a bachelor's degree in advertising. He is employed as an associate creative director for the advertising firm JMWTeam Detroit.



Celebrating Diversity Students represent Asia during Village Oaks Elementary School's Heritage Parade at the end of the school year. Ninety students marched in procession, then continent by continent and country by country they were introduced.

ANNIVERSARY



Donald and Beverly Shubel celebrated their 50th wedding anniversary with an open house at Country Place Club House, June 2. The couple was married June 8, 1957 at Pembroke Bible Chapel, Detroit. They met growing up in the same neighborhood. They have resided in Northville for 21 years.

Donald was born in Cass City. He is retired from Ford Motor Company. Beverly was born in Detroit. Her vocation has been homemaker. Their children are Linda and Jeff Powell of Detroit, Terry and Shaun Willoughby of Woodland Park, Colo. and Ellen Shubel of Canton. They have 2 grandchildren, Luke and Zach Willoughby.

BIRTHS

Talan Cash Skiver David and Jillian Skiver of Redford are proud to announce the birth of their son Talan Cash Skiver on April 9 at Providence Hospital, Southfield. His birth weight was 7 pounds, 3 ounces. He joins big brother Hayden Michael, who is 4.

Donald and Beverly Shubel celebrated their 50th wedding anniversary with an open house at Country Place Club House, June 2. The couple was married June 8, 1957 at Pembroke Bible Chapel, Detroit. They met growing up in the same neighborhood. They have resided in Northville for 21 years.

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MY PUBLIC SAFETY

Window-basher strikes three times, Ford Escape damaged

According to recent police reports, three different cars at three different locations had front windows broken out between 6 p.m. July 2 and 7 a.m. July 3. A black Ford Fusion was parked on Summer Lane, between Autumn Park Drive and Sunnybrook Lane, when the front driver-side window was broken out. There was a wallet with credit cards inside the car that the suspect(s) left at the end of the driveway without taking anything, reports said.

Nothing was stolen from the vehicle. According to the police report, the driver had red, watery eyes and smelled of intoxicants. The driver admitted to having three beers and a shot within three hours. Allegedly, he told the officer he was "sort-of the designated driver." The driver took a preliminary breath test and his blood alcohol concentration was .15 percent. The officer searched the man and found a small bag containing a leafy green substance, which appeared to be marijuana, in the right front pocket of his shorts, reports said. A small glass pipe with marijuana residue in the bowl of the pipe, and \$20 was found near the center console of the vehicle. The \$10 in one's and \$10 in five's was confiscated for forfeiture.

According to reports, a drug test proved positive for THC, confirming the substance was marijuana. The preliminary breath test registered the man's blood alcohol concentration at 11 percent. While conducting a vehicle search, the officers found an "NFL" cooler in the trunk that had a container with marijuana stems in it and a metal cigarette case that contained rolling papers, reports said. The substance, which tested positive as marijuana, weighed 1.3 grams.

TALK ABOUT IT: Join in discussing our stories online at novinews.com

MY CITY COUNCIL

Northwest Quadrant Ring Road study presented at meeting

A presentation was given by Anderson, Eckstein and Westrick Inc., the engineering company that was contracted to perform a scoping study for the northwest quadrant ring road, of Novi Road and Grand River Avenue. Although Novi had received a grant in the 1990s to construct a road connecting Novi Road to Grand River Avenue, the city lost the grant in 1999 for not acquiring the necessary right-of-way easements.

Currently, the city has the required right-of-way easements to do the project. Anderson, Eckstein and Westrick are proposing to replace the existing Fonda Drive with Crescent Boulevard and extend it to Grand River Avenue, along with creating an industrial spur. The proposed boulevard would be four lanes with five-foot side-walks on both sides and a 12-foot center median.

addressed the issue, claiming he has a problem with the owner selling other than those accepted in trade, and showcasing anything other than Hummer vehicles. Matthew Quinn, of Cooper, Shifman, Gabe, Quinn and Seymour, spoke on behalf of the Hummer dealership, claiming the SDO agreement does not state his client cannot sell other vehicles.

First reading of text amendment approved Council unanimously approved the first reading of the consideration to amend the text of the City of Novi Zoning Ordinance to allow I-1 light industrial uses to the existing EXPO, exposition district. Councilman Anderson Murck asked for the second reading to clarify which standards, such as height restrictions, would apply if light industrial use was added to existing EXPO district.

Hummer of Novi There was a unanimous vote among Council to refer the proposed second amendment to Special Development Option Agreement with Hummer of Novi, to the planning commission. The Hummer dealership, on the corner of Grand River Avenue and Meadowbrook Road, has been cited for displaying non-Hummer used vehicles on their property numerous times.

Board and Commission members appointed Council appointed six board and commission members at the meeting last Monday. Andrew Guzman and Wayne Wrobel were re-appointed to the planning commission. Wrobel was also appointed as the wrangling commission representative to the Zoning Board of Appeals per the Michigan Zoning Enabling Act.

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LOOKING FOR SOMETHING TO DO? Check out our senior community calendar page

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MY SENIOR LIFE



Thursday, July 12, 2007
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Reducing, Reusing and Recycling with age

By Tracy Mishler
NEWS SPECIAL WRITER

BJ Smith remembers her mother using the same wax paper to wrap her sandwiches for school to save money when she was young.

The 85-year-old Walled Lake resident tried recycling several years ago and continues to be passionate about keeping her world clean and clutter free.

As part of Walled Lake's efforts to recycle, Smith oversees the community's recycling center, by Abitibi, which is good for paper products.

"For six years, I've been hugging the directors to do something as far as recycling here," Smith said. "If we can save all these papers from going to the landfills, then we'll have more space and the fewer trees we'll have to cut down."

Smith said though Walled Lake has only been recycling paper for about six months, more people are becoming aware of the importance of the cause.

"Every month we stress bringing down papers to recycle. Just keep piling them up."

Like Smith, many Novi seniors believe recycling should be an important part of life and hope more people take part.

Residents at Fox Run also know the importance of recycling.

Like Walled Lake, Fox Run's resident community also takes part in the Abitibi recycling program. Each week residents donate their newspapers to the community's recycling effort, which generates revenue for the Havenwood Care Fund.

Abitibi-Cross-labeled is a global company in newsprint and commercial printing papers as well as a major producer of wood products, serving clients in over 70 countries from its 45 operating facilities.

Abitibi is a leading global forest products company.



Residents of Novi's Fox Run bring their knowledge of recycling to area elementary schools.

recyclers of newspapers and magazines in North America, diverting annually about 1.7 million tons of paper from landfills.

Stepping up recycling

Several of the ardent recyclers at Fox Run have taken steps to help educate others about the ecological value of recycling and recently took their cause to an area elementary school.

Marianne Mikkelsen, philanthropy coordinator at Fox Run and resident Gertrude Pinkney made the initial trip to visit the first graders at Lone Pine Elementary School in Bloomfield Hills.

prompted by Jean Ransoyer, PYP coordinator for Lone Pine, daughter of Fox Run resident, Isabel Ross.

"We try to educate the children on environmental concerns, even as first graders," Ransoyer said. "The inter-generational aspect of this project was an added benefit to working with the seniors who live at Fox Run."

After Mikkelsen and Pinkney's first visit, the first graders decided to collect papers to help Fox Run with their weekly efforts.

After several weeks of collections, Lone Pine invited Fox Run to pick-up the donated materials.

Several residents and staff trav-

eled to the school to once again meet the students and accept their donations.

"This was a rewarding program for the children and Fox Run alike," Mikkelsen said. "Recycling, as well as, the relationship-building between our community members and the children is a valuable lesson for all."

Keep recycling

Mike Csapo, general manager for The Resource Recovery and Recycling Authority of Southwest Oakland County (RRRASOC), said seniors are among the top group of recyclers across the coun-

Recycling where it counts

In 1999, recycling and composting activities prevented about 64 million tons of material from ending up in landfills and incinerators.

Today, the United States recycles 32 percent of its waste, a rate that almost doubled during the past 15 years.

Recycling of specific materials has grown: 50 percent of all paper, 34 percent of all plastic soft drink bottles, 45 percent of all aluminum beer and soft drink cans, 63 percent of all steel packaging and 67 percent of all major appliances are now recycled.

By 2005, almost 9,000 curbside programs had sprouted up across the nation. As of 2005, about 500 materials recovery facilities had been established to process the collected materials.

Source: U.S. Environmental Protection Agency

Walled Lake and Wixom.

Csapo said RRRASOC helps to arrange drop off locations for recycling, provide assistance for communities without curbside programs and also is responsible for the city's household hazardous waste program, coming up in September.

"Recycling is important, cutting down on pollution, global warming and saving landfill space," he said. "It's trying to get the message out that recycling has been shown to be a job creator as well."

Csapo said he can't make people recycle, but he can help them to understand how it can help the world in which we live.

"If everyone took all the paper and recyclables they have in their homes and got rid of them properly, we wouldn't have the problems in our environment we hear about everyday," said Clair McCartney, 68, of Novi. "We should all do something, not take advantage of this beautiful place we live."

McCartney said she does her part in recycling, constantly separating paper, plastic, metal and her household waste.

"Just the senior population alone can make a difference," she said. "I will continue to recycle as long as I can. It's not something that's hard to do."

"Being lazy isn't an option. I was taught as a kid to recycle. I taught my kids to recycle. And I will teach others the importance of it too."

Tracy Mishler is a freelance reporter for the Novi News.

OBITUARIES

OBITUARY POLICY

The first seven lines of an obituary are published free of charge. After that, there is a fee of \$3 a line. Pictures may be published for \$25.

Deadlines for obituaries is Tuesday at 10:00 a.m. for publication in Thursday's newspaper.

For more information, call 888-999-1288, or contact your funeral home. *Obituary deadlines are subject to change.

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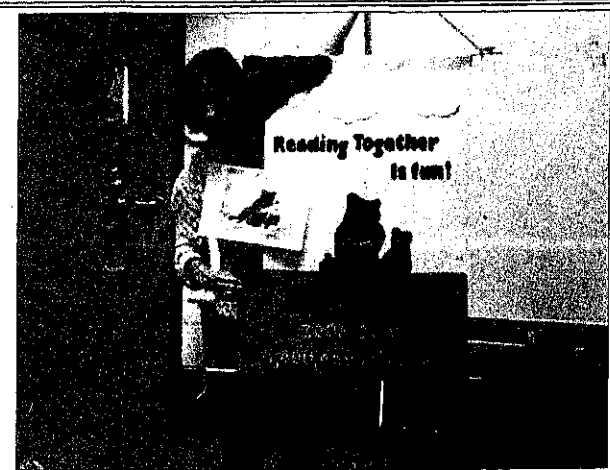
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BE SCENE IN NOVI

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Second graders at Parkview Elementary celebrate the school's annual Book Bash event.



Parkview Elementary School Principal Jenifer Michos presents this year's winning B.E.A.R. Club banner. First grader Maya Harris created the winning design.



First grade teacher David Ascher presents a book to one of his students at Parkview Elementary. Telcom Credit Union partners with the Novi school in its quest for literacy.



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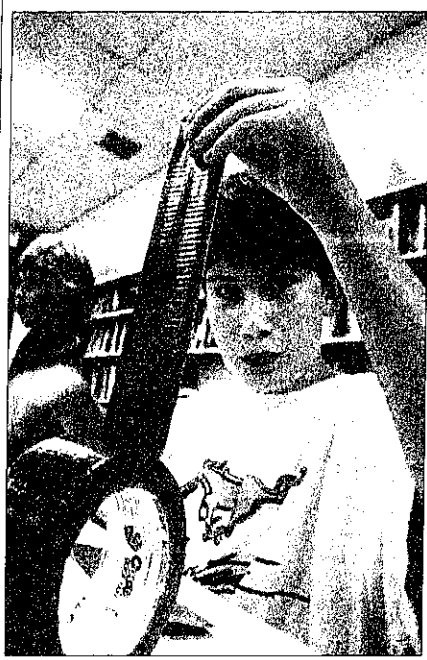
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MY EDUCATION

Thursday, July 12, 2007
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Sticky Business
Tearing off a long piece of tape, Gabriel Yamina was one of many kids who showed up to the Novi Public Library Monday to learn how to make duct off of duct tape. A workshop, led by Midland's "Duct Tape Guy" William Beacon, taught kids how to make duct tape book marks, wallets and flowers.

On Campus

Northern Michigan University

Jolie L. Vitale of Novi graduated Magna Cum Laude with a bachelor of science degree in Marketing in May.

Denison University

Jaime Marie Wrananowicz, daughter of Dr. Mark and Candice Wrananowicz of Novi and a 2004 graduate of Novi High School, was named to the Dean's List for spring semester at Denison University, Wrananowicz is a senior pursuing a double major in environmental studies and Spanish.

Class NOTES

Novi Wildcats Destination Imagination Presentation

Novi Community Schools sent three teams to Destination Imagination Global Finals at the University of Tennessee, Knoxville, Tenn. on May 23-26. The students competed against teams from the United Kingdom, Turkey, Brazil, Poland, China, Mexico, Guatemala and the United States. There were a total of 991 teams from 13 countries; 18,000 participants.

Novi band director honored

Mark Hourigan, band Director at Novi High School, was elected to membership in the American School Band Directors' Association (ASBDA) at the National Convention held last week in Dearborn. The ASBDA is a national organization composed of professional trained, experienced directors and teachers of school bands whose purpose is to advance and improve music education. Directors are selected on the basis of their teaching experience, the success of their music program and the recommendation of members of the organization.

Novi girls soccer honored

The Novi High School Girls Soccer Team was honored recently by Oakland County Vice Chairman Hugh D. Crawford for winning three consecutive soccer championships. During an evening meeting, the Commissioner presented a proclamation to the team.

Fuerst scholarship recipients

In the spring of 1996 the Board of Education entrusted the Novi Educational Foundation with the management of funds provided to the school district by the Estate of Ruby Fuerst. Her will provided the district use the funds from her estate to provide scholarships based primarily on need to residents planning to continue their post secondary education.

The board directed the foundation to provide scholarships each year in an amount totaling up to \$20,000. The recipients are: Amber Aschwarden, Daniel Fryatt, Leah Rice, Albert Veltanovsk, Corlan White, Geoffrey Atia-Ahrens and Josh Graham.

Novi High School Marching Band Car wash

The Novi High School Marching Band is having a car wash fundraiser 8 a.m.-2 p.m. Saturday at the Novi United Methodist Church, on 13 Mile and Meadowbrook roads. For more information, call (248) 504-0728.

Student mini band camp

Incoming students may learn the basics of marching and proper formation, while learning to carry and play their instruments, at an upcoming student mini band camp. Camp is at the high school 1:30-4:30 p.m., July 17-19. Contact Mr. Mark Hourigan (248) 449-1520 or mhourigan@novi.k12.mi.us.

Marching band camp

Marching band camp this year will entail six days of intensive preparation in learning the fall show, titled "Immortal Beloved," featuring the music of Beethoven. This takes place July 30-Aug. 4. The band will play the show for parents Saturday evening in the stadium.



Feet First
A pair of William "Duct Tape Guy" Beacon's high-top duct tape sneakers are shown off during the Novi Library's summer program.

Novi High is marching 210 students this year, one of the largest marching bands in the state.

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MY EDUCATION



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Novi Franklin Road Christian School builds sports complex

As the school year ended, excitement filled the atmosphere as major announcements were made concerning the Novi Franklin Road Christian School athletic program.

Plans were unveiled describing the new athletic field complex, the introduction of a new athletic director and the establishment of a newly created Athletic Advisory Board.

The state-of-the-art athletic complex will be built on the property of the current Christian school campus, located on the northwest corner of 13 Mile Road and Michigan 5, a site shared with Brightnoor Christian Church.

The new sports complex will house two baseball diamonds, and a multi-use soccer field, for the middle and upper-school sports teams.

"At FRCS we are committed to doing everything with excellence," said school Superintendent Pastor Tim Gambino. "We have excelled at developing our students spiritually, academically, and artistically. Now we are expanding our focus to include excellence in athletics."

Currently, Franklin Road has no fields to play home games and has no fields to practice. "The new sports complex will solve both of these issues," said Pastor Gambino.

As with all projects associated with the school, Franklin Road Christian School operates on a pay-as-you-go basis in order to not incur debt. And that cornerstone

belief applies to the new sports complex as well. "We are actively raising the funds to pay for the sports complex," Gambino said.

Our goal of reaching the \$750,000 required to complete the project is within reach now that one of the members of Brightnoor church and the grandparent of several graduates of Franklin Road Christian School have donated \$250,000 of matching funds.

In keeping with the commitment to taking the school's sports programs to higher levels, two other key announcements were made at the State of the School address.

First, it was announced that Franklin Road Christian School has hired a new athletic director.

The new athletic director is former Seattle SuperSonics player, Glyn Blackwell.

"Glyn comes to FRCS with an understanding of what it takes to make it to the highest level in a sport. He knows the value of teamwork, and he knows how to win," Gambino said. "Furthermore, he is a man of great faith and great integrity."

"We are thrilled to have Glyn joining our staff. He will play a pivotal role in developing our athletics program to a higher level of excellence."

Another exciting announcement is the creation of an Athletic Advisory Board.

Franklin Road Christian School

Anyone interested in more information on Franklin Road Christian School, please contact school superintendent Pastor Tim Gambino at (248) 705-0105.

To make a tax deductible donation to help build the new sports complex, send a check made payable to FRCS, to Franklin Road Christian School, 40800 W. 13 Mile Rd., Novi, MI 48377.

Establishing the Athletic Advisory Board is to tap into the wealth of experience and knowledge of individuals within the Franklin Road Christian School and Brightnoor communities, that could help build the future of the athletics program.

Included on the list of individuals stepping-up to serve on the advisory board are: retired Detroit Lion, Robert Porcher; former Detroit Red Wing, Joe Kocer; former Seattle SuperSonics and new Athletic Director, Glyn Blackwell; long-time head wrestling coach at University of North Carolina, Bill Lane; college basketball recruiter, David Williams; as well as five other dedicated and successful executives and professionals, all of whom care deeply about the school's students.

- Submitted to the Novi News.

On Campus

Albion College

Albion College awarded merit scholarships to several local students in recognition of their superior academic achievements and their potential for collegiate excellence. The students are all graduates of Novi High School.

Carl A. Gerstaecker Liberal Arts Program in Professional Management

She is the daughter of William and Karen Crocker of Novi. Mason Irvin received a Webster Scholarship and will be a freshman majoring in mathematics. He is the son of Charles and Martha Irvin of Novi.

David and Julie Landry of Novi

Landry received a Presidential Scholarship and will be a freshman majoring in biology. She is the daughter of Robert and Kristine Peterson of Novi. Elizabeth Schulte received a Presidential Scholarship and will be a freshman participating in the Carl A. Gerstaecker Liberal Arts Program.

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Victoria Mitchell, editor
(248) 349-1700, ext. 102
vemitchell@gannett.com

MY OPINION

Thursday, July 12, 2007
www.novineews.com
fax: (248) 349-9832

Novi News

Victoria Mitchell
EDITOR
Richard Perleberg
EXECUTIVE EDITOR
Grace Perez Perry
GENERAL MANAGER

Our fundamental purposes are to enhance the lives of our readers, nurture the home towns we serve and contribute to the business success of our customers.

In our opinion: Get moving

The Novi Parks, Recreation and Forestry Department, in conjunction with the Greater Novi Chamber of Commerce and race promotion company 3-Discipline, is hosting Fit Novi for area residents. Fit Novi consists of a five-part race series taking place between June and November for males and females of all ages and fitness levels.

LETTER

Reduce foreign oil imports

Petroleum is necessary for food, fuel and fiber, regardless of high cost subsidized alternate fuels. Americans (who consume 25 percent of world's daily oil supply) purchased less efficient vehicles after oil prices fell from 30 to 10 dollars per barrel in the 1980s.

Thomas Mall
Director, Michigan Oil and Gas Producers Education Foundation

Make the most of Great Lakes

I've just returned from a week at my cabin on the south shore of Lake Superior. And as usual, I've come away bowled over at how extraordinarily fortunate we are to have the remarkable natural resources we do in this beautiful state.



About Phil Power

Phil Power is a longtime observer of politics, economics and education issues in Michigan, and was a regent of the University of Michigan from 1967 to 1999. He is also president and founder of The Center for Michigan, a moderate think-and-do tank.

we develop, and must be seen as essential to the firm foundation we must construct to create Michigan's future prosperity.

I doubt there will be instant agreement on what the House Democrats are proposing, but they're stirring the pot in a useful way.

"We're initiating legal action today because invasive species are killing the Great Lakes," says Andy Bochtbaum, the director of the wildlife federation's Ann Arbor office.

But in Michigan, we've got the Great Lakes representing more than 90 percent of all the drinkable fresh water in this nation miles and miles of coastline, thousands of pristine inland lakes, countless miles of sparkling rivers and who knows how many acres of deep green forests.

They're all within easy driving distance for everybody, no matter where you live. And they're still within the means of most.

They will demand compliance with the Clean Water Act. The lawsuit is aimed at stopping the invasion of aquatic invasive species such as the zebra mussel, the lamprey eel, and a score of others that enter our lakes when ocean-going ships dump their ballast water in our harbors.

JOIN IN: Discuss our stories online via Story Chat at novineews.com

Victoria Mitchell, editor
(248) 349-1700, ext. 102
vemitchell@gannett.com

COMMENTARY

Thursday, July 12, 2007
www.novineews.com
fax: (248) 349-9832

"Mighty Mac" turns 50

Built with 71 tons of structural steel, 41,000 miles of cable wire, more than four million steel rivets, one million bolts, 350 engineers and a record construction cost of \$70.3 million, the Mackinac Bridge turns 50 this year.



About Tom Watkins

Tom Watkins is a business and education consultant. He served as state superintendent of schools from 2001-2006. Read his internationally recognized report: The New Education (Revolution at www.nacel.org. He can be reached at twatkins@aol.com.

As you gaze at its grandeur, imagine the literal blood (few men died during the construction), sweat and tears that were soaked into something so incredibly beautiful. Yet, the concept, imagination and vision of the bridge is as much of its majesty as the magnificent structure itself.

come easy and there have been many detours along the way. Yet, as you approach the Mighty Mac from St. Ignace or Mackinac City, its expense beckons and inspires it into the sky like the spirals of a cathedral calling out for a moment of silence as its majestic vistas capture your mind and soul.

More than 3,500 workers were employed at the bridge site, working to forge two peninsulas and connect a state. These fearless men worked tirelessly, without safety nets or harnesses, to turn a vision into a reality.

These are tough times we are living through today in Michigan. As we celebrate the 50th anniversary of the building of the grand expanse connecting Michigan, all of us should use it as an inspiration to think big, dream the impossible and begin the hard work necessary to make a new dream a reality.

Governor G. Mennen "Soapy" Williams was a moving force in seeing the dream of connecting the two Michigan peninsulas become a reality. Governor Williams once proclaimed, "The bridge across the Straits of Mackinac ranks with the pyramids, the great hydroelectric dams, the skyscrapers in Manhattan and the Panama and Suez canals as one of the wondrous works of the hands and brain of man."

Today we need visionaries that can "walk the talk" and inspire our fellow Michiganders to take the same path. Today we need visionaries that can "walk the talk" and inspire our fellow Michiganders to take the same path.

For breaking news in Novi, click www.novineews.com

NOVI NEWS STAFF
Barb Dmoch - Advertising
Grace Perry - General Manager
Victoria Mitchell - Editor
Jeff Theisen - Sports Writer
Margery Taurainen - Office Asst.
Lisa Dranginis - Ad Manager
Nicole Stone - R.E. Asst.
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Physical Therapy Rehabilitation Update
by Dennis Engerer, P.T.
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Presented by Michael S. Rowe, M.D., F.A.C.P., C.P.I.
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What do you think?
We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We ask your letters be 400 words or less. We may edit for clarity, space and content.

Senate passes retirement reforms



The Senate recently passed landmark legislation aimed at setting school districts money on the cost of school employee retirement health care coverage through a series of structural reforms.

Currently, only students who graduate from a Michigan high school are eligible, which makes the scholarship out of reach for students who reside in Michigan but attend parochial or other non-public high schools just across the state line.

employee retirement health care coverage through a series of structural reforms. It is time to reform the system and make school employee retirement benefits the same as the benefits of most private-sector and many public-sector employees.

Michigan Promise Grant legislation moves forward in Senate
Legislation approved by the Senate aims at helping more students receive the Michigan Promise Grant scholarship by removing the requirement that state residents must graduate from a high school in Michigan to receive the scholarship.

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THE ALL-AREA SOFTBALL TEAM

PAGE 2B

My Novi Sports

The 2007 All-Area girls lacrosse team

SPORTS, 2B

THURSDAY, JULY 12, 2007 • WWW.NOVINNEWS.COM • SPORTS SUBMISSIONS: JTHEISEN@GANNETT.COM • PAGE 1B

SPORTS SPOTLIGHT: ALL-AREA SOCCER

STORY CHAT: WHAT DO YOU THINK? TELL US AT WWW.NOVINNEWS.COM

Ms. Soccer caps star-studded field

Novi's Esbrook is All-Area Soccer Player of the Year

By Jeff Theisen NEWS SPORTS WRITER

The final week of Emily Esbrook's Novi career had to be a dream ending. The Wildcats capped off a string of three straight Division I state titles.

But for Esbrook, it was even sweeter when she was voted Michigan's Ms. Soccer.

"It was a nice compliment more than anything," Esbrook said.

Esbrook was one of five Novi seniors to end her career with three straight Division I state titles. The Wildcats knocked off previously unbeaten and No. 1 ranked Rochester 2-1 in the finals.

"It was perfect," she said. "Winning it with so many people doubting that we were going to be able to do it. Proving everyone else wrong... made it that much sweeter."

The Wildcat midfielder tallied 13 goals and 16 assists in her final high school year. For her career, she scored 37 goals and handed out 50 assists.

"Of all the players I have seen in my 15 years of coaching high school soccer, boy or girl, she has the most influence on the game," Novi head coach Brian O'Leary said. "Her ability to control the ball, possess it and distribute it sets her apart from all others."

Esbrook appreciated the work of her coach throughout her years with the Wildcats. "Mr. O'Leary has done a lot to turn the program around," Esbrook said. "Really good sportsmanship is a good way to describe our team. If you lose, keep your head up, and if you win, don't go around boasting."

Esbrook also earned a 3.3 grade point average and will continue to play soccer at Ohio State.



Photo by JOHN HEIDER/Novi News

Emily Esbrook, right, gets a hug from Stephanie Crawford after the first goal of the state finals.

First Team

Novi places six more girls on the All-Area First Team: Seniors Stephanie Crawford, Jessica Barndt, Kristine Chaklos and Stephanie Janssens; junior Katie Chaklos; and sophomore Erin Zerio.

Crawford led the team in goals with 27. She also had eight assists to help land her on the All-State Dream Team.

She has amassed 130 goals and 48 assists in her Wildcat career to go with a 3.75 grade point average. She will continue to play at the University of Michigan.

"She is as pure a forward as there is in Michigan," O'Leary said. "She has speed, power, relentlessness and the ability to score in big games."

"This year she had a goal and an assist in the state finals, which we won 2-1, and last year she had a hat trick in the state finals, which we won 3-1."

Junior midfielder Katie Chaklos made the All-State Second Team after racking up 16 goals and 18 assists.

Already committed to Michigan State, she carries a 3.9 GPA.

"She provides an energy to every game."

See SOCCER, 2B

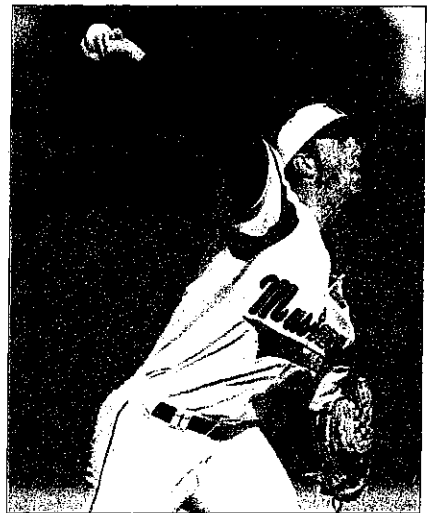


Photo by JOHN HEIDER/Northville Record

Right-hander Bryce Jenney fires to homeplate during a Mustang home game in mid-April.

Diamond king

Jenney leads strong field

All Area Baseball

By Jeff Theisen NEWS SPORTS WRITER

Player of the Year Bryce Jenney, Northville sr.

Northville baseball coach John Kostrzewa rarely had to worry about his pitching staff, and senior Bryce Jenney was a major reason why.

Jenney suffered a couple of losses early in the year, but rebounded strongly and helped the Mustangs (29-5) off to an amazing 27-game winning streak before losing in the district finals.

"His best pitch was his ability to throw a fastball," Kostrzewa said. "The secondary pitches only compliment someone if they can establish and locate a fastball."

He finished 7-3 with three saves and a 1.77 ERA. Jenney struck out 69 batters while allowing 39 hits and 25 walks in 51 1/3 innings. He was equally as strong at the plate, leading the Mustangs with a .382 batting average (34-for-89), five home runs, 30 runs batted in and 22 walks.

"More than anything, it's his passion for the game," Kostrzewa said. "He really works hard at becoming the best he can be positionally, offensively and pitching wise. He really is a student of the game."

Jenney committed to Western Kentucky University before his senior season.

"Just being able to see him improve and his personality change over time was great," Kostrzewa said. "That's what coaching is all about — not just developing players but people."

"Year by year he became not only a better player, a better leader and was just an all-around great kid to have on the team."

First Team

Novi lands a pair of players on the All-Area First Team: Pat Schlenke and Brett Glover.

Schlenke led the Wildcats with a thumping .383 average (41-for-107). He also led the

team with 31 runs and 21 walks. "He was very consistent and a good team leader," Novi head coach Rick Green said. "He was just a hard worker."

Second Team

Gerard Powell, Northville sr. Mike Deluca, Northville sr. Nick Balow, Northville senior Doug Raymond, CC senior Jake Hansen, CC junior Brandon Schwanz, Novi sr Mark Heard, Novi junior Mike Stack, Novi senior Cody Leavenworth, L'kind sr

Honorable Mention

Cory Amble, CC junior Tony Thomas, CC sophomore Steve Anderson, Northville jr. Ross Riehl, Northville junior Danny Kilger, Novi so. Tyler Scott, Novi junior Dan Gretebeck, South Lyon jr. Nolan Nunez, South Lyon jr. Austin Darket, South Lyon jr. Jake Smith, South Lyon jr. Josh Norris, Lakeland senior

Glover also swung a mean stick, hitting .379 (36-for-95). He led the team with 26 runs batted in and a .674 slugging percentage.

"He always came up with the big hits for us," Green said. "He

See BASEBALL, 2B

All-Area Soccer list of players and coaches from various schools.

What is SPORTS SPOTLIGHT? It's a weekly feature where we highlight Novi athletes. Write to Jeff Theisen at jtheisen@novi.com

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RECORD BREAKER

Memmer records 44 wins in season

By Patrick Plinter and Jeff Theisen
GANNETT SPORTS WRITERS

Even though Lakeland senior Lauren Memmer didn't come away with a state championship during her four years as an Eagles softball player, she has nothing to regret.

The star pitcher will always be remembered as a true champion by her coaches and teammates. Coming to each game and competing to her fullest, along with the piles of success and honors she had, are what makes her the 2007 All-Area Softball Player of the Year.

"She has done it all. She had just an incredible career," said Lakeland head coach Joe Alsop. "She was consistently one of our best hitters. The way she pitched and got on base was contagious. It really helped spark our team."

Memmer was a starter for four years at Lakeland and was All-KVC, All-District and All-Region for four years. During her time at Lakeland, she set the state record for wins in a season with 44 and in a career with 147.

At the plate she had just as much success. She finished with a career batting average of .423 and was an All-State selection three years in a row, along with being selected as the 2007 Miss Softball winner.

"Getting the career win record was something very special to me. It was something I was working toward during the last two seasons," said Memmer. "I was feeling extremely excited after I got it. It was a great experience."

Memmer will continue her softball career next season as a member of the University of Detroit Mercy softball team while on an athletic scholarship.



Photo by Hal Gould

Lakeland's Lauren Memmer is voted the All-Area softball Player of the Year.

All-Area Softball

Player of the Year
Lauren Memmer, Lakeland senior

First Team
Brooke Ward, Lakeland senior
Krysia Schlack, Lakeland senior
Lisa Maxwell, Lakeland junior
Katie Burdick, Milford junior
Lindsay Quiroz, South Lyon Jr.
Sarah Rounsifer, Northville Sr.
Jenna Dumbarton, Northville Jr.
Allison Holmes, Northville junior
Amanda DiCono, Novi senior
Brittany Luka, Novi senior

Second Team
Lauren Shalar, Novi sophomore
Cayla Meek, Lakeland junior
Carlee Meek, Lakeland freshman
Andie Dawson, Lakeland Sr.
Emily Pesci, South Lyon junior
Jessica Pawloske, Milford senior
Emma Wise, Northville senior
Kirstyn Wilkey, Northville senior
Brittany Birdsall, Northville junior

Honorable Mention
Aubrey Quinley, Novi sophomore
Nicole Vess, South Lyon senior
Danielle Pizzo, South Lyon senior
Kelsey Lewis, Northville junior

on. "Her record is misleading," he said. "She was our best pitcher and is definitely going to be missed."

The rest of the First Team includes Northville's Jenna Dumbarton, Allison Holmes, and Sarah Rounsifer; Lakeland's Brooke Ward, Krysia Schlack, and Lisa Maxwell; Milford's Katie Burdick; and Lindsay Quiroz of South Lyon.

Second Team

Also on the Second Team are Lauren Shalar of Novi; Northville's Emma Wise, Brittany Birdsall and Kirstyn Wilkey; and Northville placed three more on.

The All-Area Second Team: Emma Wise, Brittany Birdsall and Kirstyn Wilkey; Lakeland's Cayla Meek, Carlee Meek and Andie Dawson; Emily Pesci of South Lyon; and Milford's Jessica Pawloske.

Honorable Mention
Making the All-Area Honorable Mention team are Aubrey Quinley of Novi; Northville's Kelsey Lewis; and South Lyon's Nicole Vess and Danielle Pizzo.

Patrick Plinter writes for the South Lyon Herald and Milford Times. Jeff Theisen writes for the Novi News and Northville Record.

Kaminsky leads Lions to lax regional finale

By Patrick Plinter
SPORTS WRITER

For Kelsey Kaminsky and the South Lyon girls lacrosse team the 2007 season was one giant step forward. The South Lyon junior and her team advanced to the regional final with a 9-8 win over the defending Division I state champs, Grosse Pointe South.

"Last season was a dramatic change from the year before," said Kaminsky. "We lost one of our best defenses so we didn't really know what was going to happen. Hopefully we can come back and work hard and go even further than we did this year."

Kaminsky scored six goals in that game. The win was a landmark for a program that was struggling to find postseason success and a coming out party for player that is heading for special things.

"We definitely wanted that game more," said Kaminsky. "They came in and thought they could walk out with a easy win. We were more focused and we knew we could win."

An All-State Honorable Mention selection, Kaminsky led the Lions in goals with 47 and points with 49. She also provided the team with solid defense while causing 19 turnovers, the second most on the team. Kaminsky's goal scoring prowess and her ability to create offense are what make her the 2007 All-Area Girls Lacrosse Player of the Year.

"As a player last season was satisfying. I felt like I could have done better," said Kaminsky. "I know I have some things I can work on over the summer."

Players earning All-Area First Team honors include Tarrah DeBord, South Lyon junior; Rachel Iturralde, South Lyon junior; Rachel Curmi, South Lyon junior; Briana Smotherman, Huron Valley (Milford) freshman and Brittany Pobur, Huron Valley (Milford) sophomore.

The Lions and was a All-KVC First Team selection. She was second on the team in shots with 62 and picked up three assists to go along with her 23 goals.

Pobur was one of Huron Valley's most consistent players. She had a team-high 59 ground balls and completed 92 percent of her passes. She also had a shooting percentage near 60. Smotherman scored 19 goals this year for the Huron Valley team and had the second highest number of shots on goal with 76 percent going on net.

Area players collecting All-Area Second Team honors were Samantha Szegedi, South Lyon junior; Shannon Kennedy, South Lyon sophomore; Kim Fix,



Photo by Hal Gould

South Lyon's Kelsey Kaminsky earns All-Area Player of the Year honors.

All-Area Girls Lacrosse

(Milford) senior

Second Team
Samantha Szegedi, South Lyon junior
Shannon Kennedy, South Lyon sophomore
Kim Fix, South Lyon junior
Hannah Gorman, South Lyon freshman
Courtney Smith, South Lyon junior
Sarah Kilbourn, Huron Valley (Lakeland) sophomore

Patrick Plinter is a sports reporter for the Milford Times and the South Lyon Herald. He can be reached by phone at (248) 437-2011 ext. 263 or by e-mail at pplinter@gannett.com.



Submitted photo

Title Winners

The Novi Green soccer team recently took the WSSL title. Novi Green, coached by Ivan Wicks, is a Girls U10 Parks and Rec Travel Team. These girls represented Novi, competing against such communities as Plymouth, Northville, Garden City and Wixom. Not only were they the Western Suburban Soccer League champions for both fall 2006 and spring 2007, but they earned this distinction with a perfect record (8-0).



Submitted photo

Former Novi boys basketball coach Pat Schluter is leasing up with South Lyon head coach Daren Clayton to run the All-Area 4-Star Basketball Camp at Livonia Stevenson High School.

The camp is for grades 5-8 from 8:30-noon and grades 9-12 from 1-4:30 p.m. July 16-20. Each camp cost \$165 and is aimed at improving the serious basketball player. Space is limited to 100 campers per session. Visit www.allareabasketballcamp.com for more information.

Former Novi boys basketball coach Pat Schluter is hosting three summer basketball camps.

The Boys basketball camp for grades 2-5 will run 8:30 a.m.-noon and grades 6-9 will be 1-4:30 p.m. July 18-22 at Novi Middle School. Cost of the camp is \$140 and will include all aspects of basketball and player development. Participants will also receive a T-shirt and outdoor basketball. The boys and girls shooting camp for grades 2-5 will run 12:30-2 p.m. and for grades 6-9 2:15-3:45 p.m. July 23-27 at Novi Middle School. The cost is \$68 for each class and will teach the basic skills of basketball.

Gym clothes and gym shoes are required for all camps. Registration begins April 16 by calling Novi Community Education at (248) 449-1206.

Please send submissions for sports shorts to sports writer Jeff Theisen at jtheisen@gannett.com or at (248) 349-1700, ext. 104.

Sport Shorts

3-on-3 Micro-Soccer Shootout

The University of Michigan Athletic Department will hold its 16th annual 3-on-3 Micro-Soccer Shootout at U-M's Mitchell Fields on July 21. A \$90 fee per team guarantees at least four games. Age groups from 7-adult for boys and girls will also include recreational and competitive divisions.

Registration forms can be found at www.umsooccer.com. For further information, call (734) 647-1201 or e-mail kduke@umich.edu. Forms must be postmarked by July 12. All proceeds benefit Michigan Men's soccer.

Tryouts and hitting camps

Coast to Coast baseball is holding open tryouts for kids ages 11-12, 13-15 and 16-18 to represent USA in international competition. Tryouts will be at the following locations: Premier Training Center in Macomb at 2 p.m. July 26; Michigan State University (M West Building) at noon July 28; and at Central Michigan University (IAC Building) at noon July 29. Along with tryouts, a three-hour hitting camp will be held at each site. Interested players can visit www.coasttocoastathletics.com or call (740) 373-4455 for more information.

The Summer Basketball Academy

Area players will receive the best individual instruction available in a camp setting at The Summer Basketball Academy. These weeks to choose from: July 16-19, July 23-26 and July 30-Aug. 2. The Academy will involve players in three hours of highly intensive skill development training per day. Limited enrollment guarantees players ages 10-18, will rapidly and dramatically improve all phases of the game. Basketball teaching professional, Coach Paul Tripp, will personally evaluate and instruct each player in shooting, footwork, offensive moves and defensive instruction. He has trained some of the top players in the area from middle school to college level. The camp fee is \$135.

Contact Coach Paul at coachpaul@basketballworkshop.com or call (248) 563-0858 for registration information.

4-Star Basketball Camp

Former Novi basketball coach Pat Schluter is leasing up with South Lyon head coach Daren Clayton to run the All-Area 4-Star Basketball Camp at Livonia Stevenson High School. The camp is for grades 5-8 from 8:30-noon and grades 9-12 from 1-4:30 p.m. July 16-20. Each camp cost \$165 and is aimed at improving the serious basketball player. Space is limited to 100 campers per session. Visit www.allareabasketballcamp.com for more information.

Wildcat basketball camps

Former Novi boys basketball coach Pat Schluter is hosting three summer basketball camps.

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Please send submissions for sports shorts to sports writer Jeff Theisen at jtheisen@gannett.com or at (248) 349-1700, ext. 104.

Sports Submissions
Bringing the camera to the game? Did you see something special? Send your photos or comments to: jtheisen@gannett.com

SOCCER: Novi seniors lead All-Area First Team



Photo by JOHN HEIDNER/NOVI NEWS

The five Novi seniors stand together with their third straight state title trophy.

O'Leary said. "Her ability and athleticism are a lethal combination and allow us to play the style that we do, switching the fields a lot and using our outside mids as forwards and defenders in different situations."

Senior defenders Barni and Kristina Chalkos were the anchors of the defense.

Barni was voted to the All-State Second Team, while Chalkos earned Honorable Mention.

Barni was a co-captain and carried a 3.9 GPA and will play at James Madison University.

"Above all else, she does a great job of organizing the defense," O'Leary said of Barni. "We only gave up eight goals this year. Last year 10, and the year before 11. These were the three years she started on defense."

Chalkos, who will attend Vanderbilt, was also a co-captain and carried a 3.75 GPA.

"In my opinion she is the most underrated defender in the state of Michigan," O'Leary said. "Everyday in practice we do some type of scrimmaging, and we keep score. I tally up the results every week and for the year. She finished in first place for the year."

"She also has the individual skill, as a defender, to shut down the best forwards in Michigan."

BASEBALL: Schlenk, Glover lead Wildcats

continued from front

Schwanz came up big at the plate, hitting .347. He went a perfect 4-0 on the mound, and Slack hit .333.

Catholic Central's Billy Hardin also makes the First Team.

"He definitely was our most valuable player," Catholic Central head coach Kevin Walters said. "He could beat you with the bat, he could beat you with the glove, and he could beat you pitching."

The rest of the All-Area First Team includes Northville's Bret Spencer, Dominic Bernavides and Joe Mitchell; Lakeland's Ricky Samuel and Luke Heisman; Brandt Mills from Milford and Nate Sarkisian and Dan Vess of South Lyon.

Honorable Mention
The All-Area Honorable Mention team includes Novi's Danny Kiger and Tyler Scott; Northville's Steve Anderson, and Ross Rich; Cory Ambler and Tony Thomas from Catholic Central; South Lyon's Dan Grebeck, Nolan Nunez, Austin Dazek and Jake Smith and Josh Norris of Lakeland.

Jeff Theisen can be reached at jtheisen@gannett.com or at (248) 349-1700, ext. 104.

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Undefeated!

The Lookouts celebrate their undefeated season and first-place finish in the NBA Girls Primary League tournament after a 14-10 championship victory over the Lugnuts.

Front row, from left, Alison Iafraite, Arielle Iafraite, Maggie Wasvary, Catherine LoSchavo, Alison Hige and Jordan Schmidt. Second row, from left, Isabella Corsi, Emilia Hilliard, Kelsey Clay, Emma DeClue, Molly DeDoni, Halle Bins, Megan Sebest and Rachel Gool. Back row: Assistant coach Ken Clay, assistant coach Chip DeClue, head coach Jim Iafraite and assistant coach Don Sebest.

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Victoria Mitchell
(248) 349-1700, ext. 102
vmitchell@gannett.com

FOOD FOR THOUGHT

Thursday, July 12, 2007
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DO SOMETHING Sweet

Help End
Childhood
Hunger in
America With
a Bake Sale

FAMILY FEATURES

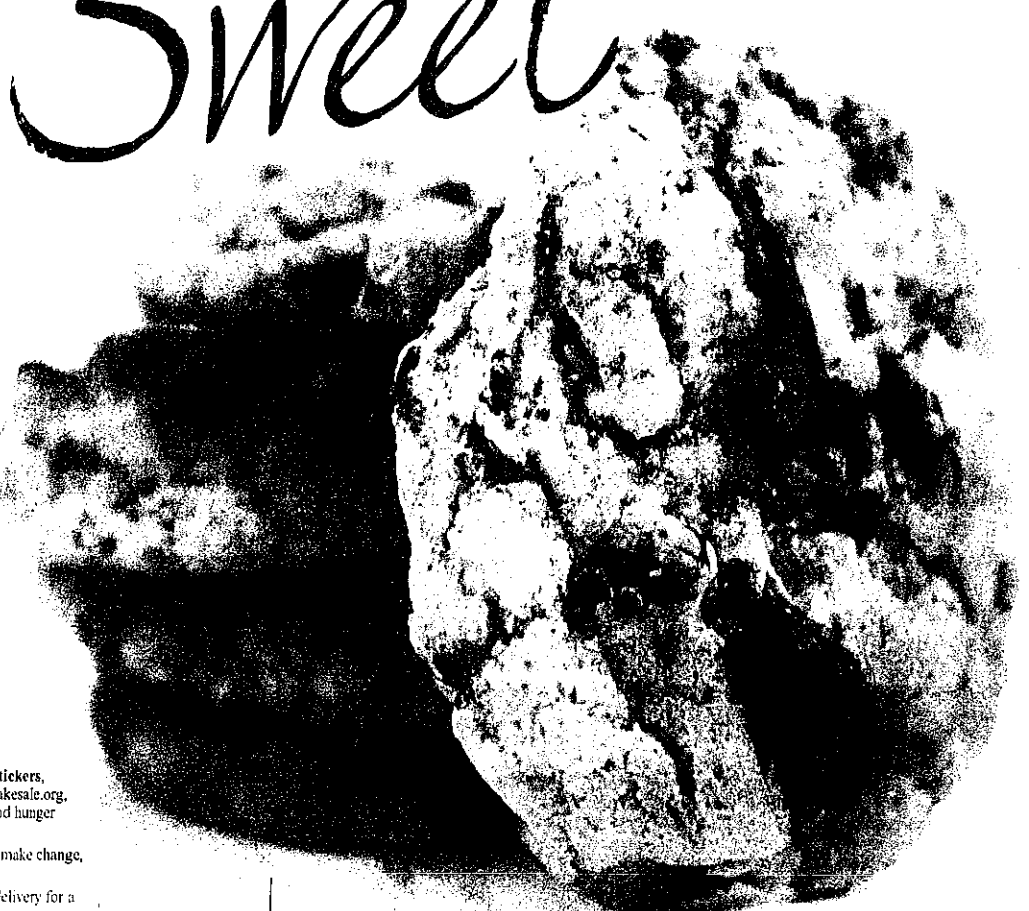
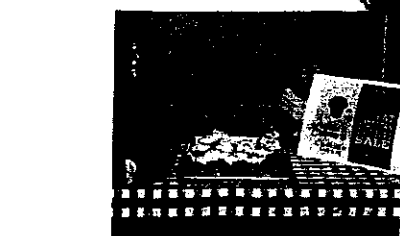
Fight childhood hunger by baking something healthy and sweet. Join Share Our Strength's fourth annual Great American Bake Sale, raising dough from your kitchen for programs that take a bite out of childhood hunger in America.

Enjoy the fun and make your bake sale a success:

- Publicize everywhere: get the kids to make attractive fliers, announce it in newsletters and community listings in the newspaper and on local radio.
- Wrap goodies for sale with hunger stickers, downloadable at www.greatamericanbakesale.org, which provide information on childhood hunger in America.
- Price in round figures so it is easy to make change, or, offer baker's dozen deals.
- Take orders ahead of time and offer delivery for a small charge.
- Wrap singles or double cookies or bars for immediate, eat-now impulse purchases.
- Contact a local shelter or charity as potential recipient for any leftover baked goods.
- Happy accept cash donations to fight childhood hunger through education.

More than 12 million children in the United States are at risk of hunger. Share Our Strength's programs address this crisis. Proceeds from this year's Great American Bake Sale will support summer and after school feeding programs and nutrition education for low-income families. Follow suit by baking healthy goodies that not only taste good, but are good for you, too. Bake your favorite healthy goodies or try these yummy made-over treats from Food Network.

To register for Share Our Strength's Great American Bake Sale, visit www.greatamericanbakesale.org. Pre-heat your oven and do something sweet for a hungry child.



Made-Over Chocolate Chip Cookies

Makes: 26 cookies

- 3/4 cup packed dark brown sugar
- 2 large eggs
- 1/2 cup canola oil
- 1 teaspoon pure vanilla extract
- 1 cup all-purpose flour
- 1 cup whole wheat pastry flour
- 3/4 teaspoon baking soda
- 1 teaspoon fine salt
- 6 ounces semisweet chocolate chips or chunks
- 4 ounces dried cranberries or dried cherries

1. Evenly position 2 racks in middle of oven and preheat to 375°F. Line 2 baking sheets with parchment paper or silicon sheets. (If you only have 1 baking sheet, let it cool completely between batches.)

- Whisk sugars, eggs, oil and vanilla in large bowl until smooth.
- Whisk flour, baking soda, and salt in another bowl. Stir dry ingredients into wet ingredients with a wooden spoon; take care not to over mix. Stir in chocolate and dried fruit.
- Scoop heaping tablespoons of dough onto prepared pans. Wet hands slightly and roll dough into balls. Space cookies about 2 inches apart on pans. Bake about 12 to 15 minutes, until golden but still soft in the center. Transfer hot cookies to cooling rack. Serve.

Cook's Notes: Store cookies in a tightly sealed container up to 3 days.
Nutrients per serving: 146 calories, 6g total fat, 1.4g saturated fat, 23g carbohydrates, 1g fiber, 1.7g protein
Courtesy: Food Network Kitchens

Made-Over Deep Dish Brownies

Makes: 16 (2-inch) square brownies

- 3 tablespoons unsalted butter
- 2 tablespoons canola or other neutral-tasting oil
- 4 ounces semisweet chocolate, coarsely chopped
- 3/4 cup packed dark brown sugar
- 1/4 cup white sugar
- 2 teaspoons pure vanilla extract
- 1/2 teaspoon fine salt
- 2 large eggs, cold
- 1 tablespoon cold brewed coffee
- 1/4 cup cocoa powder
- 3/4 cup all-purpose flour
- 1/4 teaspoon baking soda

- Position rack in lower third of oven and heat oven to 325°F. Use an 8- by 8-inch silicon baking pan or line a similar-sized metal or glass baking dish with foil or parchment paper so it hangs over the edges about 1 inch. Spray prepared pan.
- Put butter, oil and chocolate in microwave-safe bowl and heat 2 minutes at 75 percent power. Stir; microwave again until completely melted, about 2 minutes more. (Or, put chocolate and butter in heatproof bowl. Bring a saucepan filled with 1 inch or so of water to a very slow simmer; set bowl over water, not touching, and stir occasionally until mixture is melted and smooth.)
- Stir sugars, vanilla and salt into chocolate mixture with a wooden spoon. Add eggs and coffee and beat vigorously until fully incorporated and batter is thick and glossy. Add cocoa, flour and baking soda and stir just until they disappear.
- Pour batter into pan; bake about 30 minutes (40 minutes if not using silicon), until top is crispy and toothpick inserted into center comes out clean.
- Cool brownies in pan. Lift out using foil liner, if needed. Peel off foil and cut into 2-inch squares. Serve. Store extra brownies in a tightly sealed container at room temperature up to 3 days.

Cook's Notes: These brownies were made healthier by cutting out more than half the butter. To keep the fudgy quality, canola oil was added. Then the eggs and sugar were reduced by half. To keep the richness and liquid, a combination of semisweet chocolate and cocoa powder was used instead of unsweetened chocolate. The flour was reduced, and coffee and more vanilla extract were added for rich flavor. To make up for the missing texture of the eggs, a little baking soda was added to get a better rise. Also, a silicon baking pan was used instead of a lined and buttered baking pan. The result? A brownie that is still rich and fudgy with a gorgeous crackle top — and one you can feel much better about eating.
Nutrients per serving: 155 calories, 6.5g total fat, 3g saturated fat, 23g carbohydrates, 2g protein, 1g fiber, 105mg sodium
Courtesy: Food Network Kitchens

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Victoria Mitchell
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FOOD FOR THOUGHT

Thursday, July 12, 2007
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FAMILY FEATURES

More is better when it comes to health-boosting produce. Yep, mom was right when she told you to eat your vegetables — to the tune of two and a half cups a day. You also need to down two cups of fruit each day.

Ready to up the ante on your veggie consumption? The great news is all forms count — fresh, frozen, canned, dried, and 100 percent juice. Fresh, frozen, canned and dried veggies can be easily incorporated into main dishes like Italian-inspired Chicken Vegetable Rollatini. This recipe uses fresh bell peppers, frozen spinach and a package of rice mix made with two full servings of vegetables, including broccoli and carrots. Moreover, Greek Chicken With Rice is a recipe that also calls for fresh vegetables and a package of rice mix made with two servings of veggies for convenience and added flavor. A simple Asian Noodle Salad is a tasty choice for a nutritious part of a lunch or light dinner. Serve these dishes enhanced with the convenient dried vegetable mix and make a habit of adding appropriate portions of fresh veggies and sliced fruit to your lunch or dinner table. Before you know it, you'll be well on your way to creating your own veggie and fruit dynasty.

*Based on 2005 USDA Dietary Guidelines for a 2,000 kcal pattern.

Asian Noodle Salad

6 servings
Prep Time: 20 minutes / Cook Time: 10 minutes

- 1 package Knorr Sides Plus Veggies — Teriyaki Noodles with Asian Style Vegetables
- 1/4 cup rice wine vinegar
- 1 tablespoon Skippy Natural Creamy Peanut Butter Spread
- 1 teaspoon vegetable oil (optional)
- 3 cups coleslaw mix
- 1 cup thinly sliced red bell pepper
- 1 cup thinly sliced cooked chicken or pork
- 1 small cucumber, peeled, seeded and sliced
- 1/4 cup thinly sliced red onion

Prepare packaged side according to directions; cool. Stir in vinegar, peanut butter and oil. Stir in remaining ingredients.

Chill about 1 hour before serving.
Nutrition information per serving: Calories 350, Calories From Fat 90, Saturated Fat 1.5g, Total Fat 10g, Cholesterol 50mg, Sodium 420mg, Total Carbohydrate 40g, Sugars 11g, Dietary Fiber 5g, Protein 25g

Greek Chicken With Rice

4 servings
Prep Time: 15 minutes / Cook Time: 25 minutes

- 2 tablespoons Bertolli Olive Oil
- 1-1/4 pounds boneless, skinless chicken breasts, cut into 1-inch pieces
- 1 small onion, chopped
- 1 medium red bell pepper, chopped
- 1/2 teaspoon dried oregano leaves, crushed
- 1 clove garlic, finely chopped
- 1 bag (10 ounces) baby spinach leaves
- 2-1/4 cups water
- 1 package Knorr Sides Plus Veggies — Roasted Chicken Rice with Harvest Vegetables
- 2 tablespoons lemon juice
- 1/4 cup crumbled reduced fat feta cheese (optional)

Heat 1 tablespoon olive oil in a large nonstick skillet over medium-high heat and cook chicken about 5 minutes, until chicken is thoroughly cooked, stirring occasionally. Remove chicken and keep warm. Add remaining olive oil to skillet and cook onion, red pepper and oregano over medium heat about 4 minutes, until vegetables are tender, stirring occasionally. Add garlic and cook 1 minute. Add spinach; toss to coat. Cover and cook about 2 minutes, until spinach is partially wilted, stirring occasionally.

Stir in water and packaged side. Bring to a boil. Reduce heat and cook covered about 10 minutes, until rice is tender. Stir in chicken and lemon juice. Sprinkle with cheese.

Nutrition information per serving: Calories 430, Calories From Fat 110, Saturated Fat 3g, Total Fat 12g, Cholesterol 95mg, Sodium 310mg, Total Carbohydrate 41g, Sugars 6g, Dietary Fiber 6g, Protein 40g

These recipes meet Produce for Better Health Foundation (PBH) and Centers for Disease Control and Prevention (CDC) nutrition standards that maintain fruits and vegetables as healthy foods as well as Unilever's Eat Smart Drink Smart recipe program which helps consumers identify better-for-you recipes using products from Unilever. For information on Unilever's Choices Program, visit www.unileverusa.com.

For more tasty recipes starring vegetables, visit www.knorr.com.



Chicken Vegetable Rollatini

5 servings
Prep Time: 30 minutes / Cook Time: 35 minutes

- 1 package Knorr Sides Plus Veggies — Cheddar Rice with Broccoli and Carrots
- 2 large red bell peppers, chopped
- 5 boneless, skinless chicken breast halves, pounded 1/4 inch thick (about 1-1/2 pounds)
- 1/4 cup Japanese-style panko bread crumbs
- 2 tablespoons grated Parmesan cheese
- 1 tablespoon Bertolli Olive Oil
- 1 small yellow onion, chopped
- 1 clove garlic, chopped
- 1 box (10 ounces) frozen chopped spinach, thawed and squeezed dry

Preheat oven to 375°F. Prepare packaged side according to directions, omitting spread. Stir in 1 chopped red pepper; let cool 10 minutes. Top each chicken breast with about 1/4 cup rice; reserve remaining rice and set aside. Roll chicken and secure with wooden toothpicks. Combine bread crumbs with cheese in shallow dish, then coat chicken. Heat olive oil in large nonstick skillet over medium-high heat and brown chicken. Arrange chicken in 11 x 7-inch glass baking dish. Bake 20 minutes until chicken is thoroughly cooked.

Meanwhile, in same skillet, cook remaining red pepper and onion with 2 tablespoons water, covered, over medium heat 5 minutes, until tender, stirring occasionally. Add garlic and cook 30 seconds, stirring. Stir in spinach and reserved rice and cook 3 minutes, until spinach is heated through, stirring frequently. Remove toothpicks and serve sliced chicken over spinach mixture.

Nutrition information per serving: Calories 340, Calories From Fat 60, Saturated Fat 1.5g, Total Fat 7g, Cholesterol 80mg, Sodium 490mg, Total Carbohydrate 32g, Sugars 6g, Dietary Fiber 5g, Protein 39g



REGIONAL MARKETPLACE

Page 6B

Thursday, July 12, 2007

Home Owners... Do You Know Proper Swimming Pool Safety?

Always be aware of any issues such as gates not closing properly, safety equipment in the proper place, proper operations of filter and heating systems, and safety rules and issues for use of swimming pools for your family protection.

IT'S SAFETY FIRST AT THE POOL THIS SUMMER

It's summertime, and that means pool season is here. While it's fun to take a refreshing dip, swim a few laps, or just watch the kids splash around, homeowners need to take extra precautions around their backyard pool. Unfortunately, drownings and pool-related injuries occur each year, affecting thousands of families. Prevention starts with some practical ideas for protecting pool users:

- Anyone using the pool should now know how to swim. An experienced swimmer should always be present if anyone is still learning to swim.
- The pool should be enclosed on all sides with a fence that is a minimum of 4' high. Gates should be self-closing and self-latching, with the latch inaccessible to small children. However, homeowners should check to see if their municipality has stricter requirements for pool enclosures.
- An adult must always be present when children are in or around the pool. For younger children, the adult should be at the poolside. It is not enough to simply look out a window or door to check on them.
- Diving should be limited only to in-ground pools with a diving board that has sufficient water depth beneath it. Always dive hands-first, and jump feet-first. Water-depth markings inside the pool let users know what to expect or where to stay away from.
- To avoid possible injury, children should be kept away from pool filters. Keep pool surrounds (decking, etc.) free of toys and other objects that could be stepped on. And walk, don't run, around the pool.



Randall Patterson

Pool covers should be used whenever the pool is not in use. Underwater pool alarms are now available that can be used with or without pool covers.

Rescue equipment should be kept nearby and easily accessible. Homeowners should consider having family members learn CPR skills.

Homeowners should have their swimming pools checked for safety issues and efficient operations of the heating and filter systems. (and budget) for their new home, not the one they are about to sell, but implementing some of the steps above can increase the appeal to prospective buyers without a huge investment of time or money.

Call us to have your home checked for unknown issues and for your swimming pool safety and operations.



Randall Patterson
Certified Pillar To Post®
NAHI-CRI Home Inspector
(248) 755-3422

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For additional information please visit our web site at www.pillarpost.com/us/stockandinsp.htm

We also provide home owners with the following Environmental Testing Services to ensure your home does not have elevated levels of Radon, or Mold. We use Nationally Certified Labs to provide the test results to our clients. Call us today to schedule a home check up and ensure your family has a healthy and safe living environment.

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- Well & Septic Inspections
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- Environmental Data Reports for Local Area

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Shop fresh and natural in South Lyon Lyon's Marketplace caters to healthy eating habits

By John R. Hall
SPECIAL WRITER

"Uniqueness" is a word best used to describe Lyon's Marketplace. The customer-friendly market contains good, healthy food products. It combines the concept of an old-fashioned meat market with a new-fangled deli.

Cami and Byron Muonio have spent many years understanding and perfecting the art of selling the finest, freshest and healthiest foods available. They know that many people in the South Lyon community are becoming more health-conscious and want choices when it comes to nutritious, natural, good-tasting food along with the small-town hospitality that makes South Lyon a breath of fresh air.

The market is filled with the best nature can provide — from bright fruits and vegetables, to fresh meats, breads, cheeses, groceries, sandwiches, soup and hot dinners.

"We buy the best products available," said Byron Muonio who owns and operates the specialty market with his wife Cami and their five children. "But we're interested in the quality, not the labels."

Lyon's Marketplace features 32 feet of hormone-free meat products, poultry and fish; a full-service deli with dine-in seating; 60 feet of service counter; breads delivered daily from Cantoro's Italian Bakery; a hot prepared-foods case, a panini grill; and a gourmet coffee and bakery counter operated by Mark Taylor, formerly of the Coffee Bean; a salad bar comprised of its own natural meats, fresh vegetables, fruit salad, Guemsey eggs and homemade croutons; a produce department maintained by Gelardi Produce; and many lines of international and organic groceries.

Summer's in full swing and the award-winning market is quickly filling up its full-service catering calendar, but is always ready to add something special at your table. Come on by and check out the many options for adding excellence to your event. Ask for help with your menu planning; they love to be asked!

ALL NATURAL MEATS

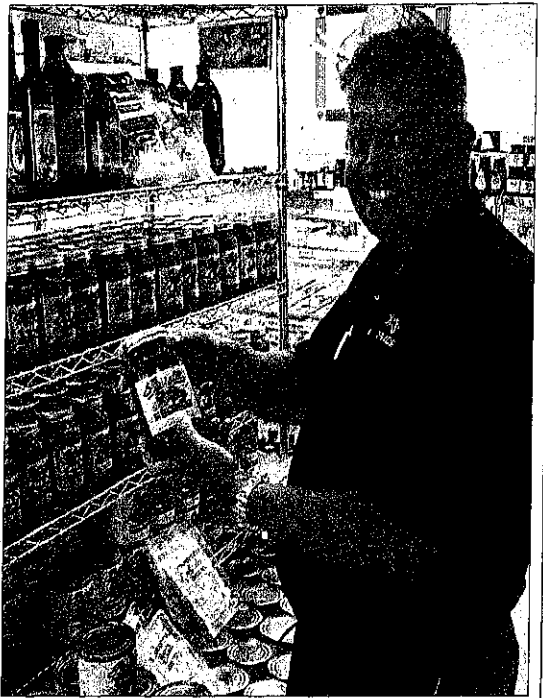
At Lyon's Marketplace the meat is all-natural.

The delicious meats are actually healthier because the cows, chickens and turkeys are raised naturally, on farms, not factories. They eat grass, corn and an all-vegetarian

LYON'S MARKETPLACE
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directly across from the historic
buildings at McHattie Park,
in South Lyon

Phone
(248) 446-1822

Hours
7 a.m. to 7 p.m.
Monday through Saturday



Photos by JOHN R. HALL

Byron Muonio is happy to show off many of the healthy food products available at Lyon's Marketplace.

diet, not animal by-products. It's a matter of common sense that animals raised in a healthy way, like nature intended, will provide the nourishment humans need, without the chemicals, hormones and antibiotics that aren't needed.

"The chicken we sell comes from chickens that are raised over a full 48 weeks, not the 12 weeks that frozen food specialists sell," Byron said. "Chickens raised in 12 weeks are given a lot of chemicals and antibiotics to speed up the process. It's the same with the fish we sell. They are ocean-farmed and there are no growth hormones used to treat the fish."

Lyon's Marketplace also carries 75 varieties of Diez & Watson premium deli products and Dearborn Sausage Company's hams and hot dogs. They make their own chicken sausage three different ways. Oven-ready entrees are made daily for busy customers who want to take home meals of city chicken, pasties, stuffed peppers, egg rolls, pasta dishes, pierogis and much more.

And speaking of oven-ready entrees, meat cutter Don Feldpausch is happy to create any custom order. "I can cut anything a customer wants, from sirloin tips to a pork roast," he added.

An experienced butcher, Byron still cuts meat himself, along with several other cutters. The professional, cutting means that customers will get a great cut of beef that is lean but juicy. The cutters make lean ground beef and hand-shaped burgers.

The 24-foot cheese case holds dozens of cheeses with dips and salsa. A 12-foot case is filled with a variety of homemade salads, baked beans, and other delicious dishes. The

wall behind it is lined with racks of fresh baked bread stocked daily by Cantoro's Italian Bakery.

The market also features foreign cuisine with liverwurst from Germany, feta from France, wine gums from Great Britain, licorice from Finland and fresh ricotta from Michigan's only Italian cheese maker.

FAMILY-STYLE PRICES

As parents of five children, Byron and Cami know that it is challenging for families

to afford the cost of buying healthy food. Junk food is usually cheaper.

So Lyon's Marketplace is committed to making healthy food more affordable. They don't inflate prices just because the meat is all natural or the fruit is hand-selected.

The Muonios work hard to get high quality foods at reasonable prices so they can sell them at prices people can afford. The small size of the market allows the owners to go through every shipment of meat and produce, to make sure it is right, instead of paying a private label to make the selections.

"When you walk into our store, I want you to be able to pick up your staples for a low price every day," said Byron. "They are things everyone needs all the time, so I'm not going to jack up the prices."

A HEALTHY DELI

With good prices, and healthy food, customers come in droves to Lyon's Marketplace, even driving from out of town, and sometimes across the state. Many stop in three times a week for fresh produce and meat. The Muonios note a growing customer base of people originally from the U.K. "They tell us we're what they're used to, much more so than the large chains — fresh meat, fresh bread, fresh produce daily."

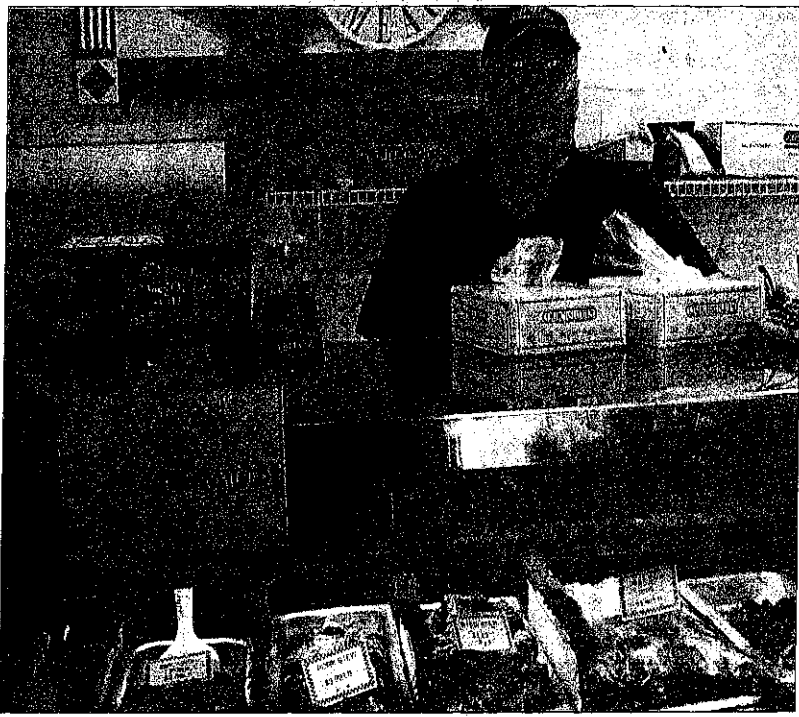
Those who want to make sandwiches at home can select from dozens of cheeses and deli products, which contain no MSG and are gluten-free. They're top-quality deli meats that make any sandwich nutritious.

The deli also prepares lunch and dinner items, which can be eaten in the deli, or taken home for the family. Hot meals that are made by the staff at Lyon's Marketplace are as good as a home-cooked meal. Pot roast, corn beef brisket or roast chicken are perfect to pick-up on the way home on a busy evening.

Customers also stop by to see what fresh products baker and coffee maker Mark Taylor is creating each day.

"South Lyon is a growing community, but it still is a small town at heart. We want to keep that hometown feeling alive," said Cami. "We've become attached to many of our customers and have gotten to know them personally."

Lyon's Marketplace is located at 601 S. Lafayette, between Nine and Ten Mile Roads in South Lyon, directly across from the historic buildings at McHattie Park.



Meat cutter Don Feldpausch is ready to prepare any fresh meat, produce, or fish order for Lyon's Marketplace customers.

LYON'S MARKETPLACE

Fresh Meat & Deli

Home of South Lyon's Award Winning Sandwiches

- Specialty Meats & Dine-In Deli
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- Diez & Watson's No MSG Sausages
- Sausage & Hot Dog
- Organic

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