

THURSDAY, JANUARY 17, 2008

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Photos by JOHN HEIDER/Novi News

RIGHT: A handcuffed and shackled Daniel Pittao is led into the Pontiac courtroom of Judge Michael Warren by an Oakland County Sheriff's deputy on Friday, Jan. 11. Pittao has been charged in the 1997 murder of his wife Tamara Pittao, who was found dead in her Novi home.

BELOW: Novi Police Detective Todd Anger sits in the Pontiac courtroom of Judge Michael Warren during a break in testimony of the murder trial for Daniel Pittao.





Testimony continues in Pittao murder trial

By Chris Jackett

Daniel Pittao's trial for the 1997 alleged murder of his estranged wife Tamara Pittao nears completion of its second week before judge and jury at the Oakland County Circuit Count in

The jury's verdict is expected as soon as tomorrow, according to assistant prosecutor Gregory Townsend.

Defense attorneys Richard Coventino and Neil Fink said the case is not about whether Pittao, 48, is a good person, but rather if there is evidence he was at

Novi Police Detective Todd Anger testified to the lack of evidence in Tamara's apartment, stating that does not mean Pittao was

never there.
"You don't know what you have 'till you've got in We pro-ceed on numerous cases when there is no scientific evidence.

doesn't mean they're not there," Anger said, relating the lack of Pittao's fingerprints and hair in the apartment. "We never found the apartment. "We never found the knife. She didn't commit suicide

A Highland Township resident,

Keeping the dream alive

Martin Luther King, Jr. Day Events

Unity in the Community

5-7:30 p.m. Novi High School Fuerst Auditorium Location:

24062 Taft Road Summary:

Features spoken word, songs, dance, drama and more. Call Korey Nuckolls or Nicole Carter at (248) 449-1500 for more information.

All Aboard the Freedom Train

Walled Lake Northern High School 6000 Bogie Lake Road, in Commerce Location:

Summary: 5-6 p.m. multicultural potluck dinner 5-6:30 p.m. viewing of student projects, 6:30-8 p.m. program in the Auditorium

featuring student choirs, "Friend of Diversity" awards and a storytelling performance by LaRon Williams and students. Free admission, bring a dish to share representing your cultural heritage. Call (248) 956-3432 for more information.

By Chris Jackett

Time:

Time:

Dr. Martin Luther King, Jr. Day is Monday and will provide the perfect backdrop for mem-bers of Students Promoting Unity and Diversity to get their message out loud and clear. Better known as SPUD, a club

at Novi High School, the group will host the second annual Unity in the Community event from 5:30-7 p.m. Monday at the high school's Fuerst Auditorium.

The Unity in the Community event will feature the spoken word, songs, dance, drama and more. It will be a dyn bration of the life and legacy of our American hero," SPUD

bratton of the lite and legacy of our American hero." SPUD sponsor and teacher Korey Nuckolls said.

SPUD president and junior Sara Snyder said the event will feature Novi singers, Boy Scouts, the middle school choir and much more. Their goal was to get as many student groups. to get as many student groups involved in the event as possible

"Awkward Pause theater group will be doing two pieces address-ing diversity," she said. "We real-ly tried to get the word out. I will"

continued on 6A

Will newspapers survive? Local authority sounds off

■ Detroit Free Press editor speaks at Novi Library

By Kelly Murad

Ever wonder what goes into creating a newspaper everyday or what is to come of print media in an Internet-driven world? Editor Ron Dzwonkowski, of the Detroit Free Press editorial

page, will be discussing "Newspapers in the New Millennium" 7 p.m. Tuesday at the Novi Public Library.

The Friends of the Library is

sponsoring an evening lecture series, beginning with Dzwonkowski, with programs scheduled through June. Each

monthly program is open to the public at no charge.

The Friends of the Library is a volunteer-based organization whose members support the work of the Novi Public Library through fundraising and program-

ming activities.
"I heard Ron Dzwonkowski speak on a similar topic last year and shared the audience's enthusiasm for his informative and enter-taining presentation," said Kathy Mutch, Friends of the Library member and coordinator of this year's series. "In this year of presidential politics, this program may be of special interest to anyone wondering where the newspa-

pers fit into the world of blogs, YouTube and 24/7 cable news." A Novi resident of more than 20 years, Dzwonkowski will not only

be speaking to his neighbors, but to the newspapers biggest fans. "Novi and Farmington Hills have the highest number of homes (that) subscribe to our newspaper," he said. "It's our heaviest

penetration."

Dzwonkowski is looking forward to bouncing ideas off the readers and getting feedback.

"What people find the most interesting is how it all comes together everyday," he said. "A perception is that newspapers are birsted in the process of explaining. biased, in the process of explaining how the paper comes together everyday. I hope I can address that.

"Maybe we can do some specu-lating about some things that will

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he changing in the next three to five years. I think you're going to see a Free Press that is more and more local."

Although the newspaper industry is facing new challenges daily, Dzwonkowski said depth and ponability are two things newspa-pers offer people that other media outlets don't.

"If you have a 1,400 word story, you have to read that ink on paper," he said. "People still like to roll-up a newspaper and throw it in their briefcase."

For more information regarding the topic of discussion, e-mail Ron Dzwonkowski at rdzwonkowski@freepress.com.

Novi News staff writer Kelly Murad can be reached at (248) 349-1700, ext 103.

KEND

Friends of the Novi Library **Program**



Ron Dzwonkowski, editorial page editor of the Detroit Free Press discussing newspapers in the new millennium

At the Novi Public Library in the meeting room 7 p.m. Tuesday, Jan. 22 ~ Free to the public ~

My Mort News

COCOO COSO ExementaCAP-RT LOTEC-COS DU PORLIC LIBRARY 48375-3014 Ð 10 MILE

• FRIDAY

Head into the 5th Avenue Ballroom, 25750 Novi Road, at 10 p.m. for a night of fun and music with The Vox Pop. a pop-rock band. Band mem bers Noreen Novrocki (vocals), Michael Kudreiko (guitar), John Cottos (bass)

and Dave Coughlin (drums) have been together since October 2006. Admission is \$5. Visit is \$5. vision Admission October 2000. Admission is \$5. Visit www.myspace.com/thevoxpop, www.fifthavenuebil-liatds.com/Novi_v2/noviGeneral.htm or call (248) 735-4011 for more information.

SATURDAY

Stop in at the Northville Art House, 215 W. Cady Street in Northville, from 1-5 p.m. for the final week-end of the second annual Members Exhibit. Dozens of local artists, including Novi artist Peggy Kerwan, will have work on display. The gallery is open from 1-5 p.m. Thursday through Sunday. Jan. 20 is the final day for this exhibit. Call (248) 344-0497 or e-mail info@northvillearts.org for more information.

SUNDAY

Engaged couples should head to Rock Financial

Showplace, 46100 Grand River Ave., from noon-5 p.m., for Bridal Expo 2008. As Michigan's largest bridal Expo for five years in a row, the event will feature thousands of doltars in prizes and giverways, thousands of

experts as well as three different fashion shows each day. The event's first day runs from noon-5 p.m. Saturday. Admission is \$8, park-ing costs \$5. Visit www.thebridalexpo.com



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Warming Homes and Hearts

For every new checking account opened in January 2008, Community Financial will contribute \$18,60 to 78,400

3

\$0.035 per copy \$0.25 per copy

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\$200

\$500

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\$10

\$125 per vehicle

MY FAITH & RELIGION

Oak Pointe Church members Bay Morro (left) and Ken Pollack, friend Cathy Wu, and

Churchgoers promote business in Chinese mission trip

When Ken Jones volunteered to go to China, he was following up on an idea from 15 years ago – an idea that included creating business and personal relationships between residents of the country

The 54-year-old senior vice president of consumer lending management at Citizens Bank of Flint oined Ray Morro, Tom Rivers, Ken Pollack and team leader Chris Dunlap in a mission trip through Oak Pointe Church in

India on mission trips before. The other four guys have been to Africa, some to the Middle East and one to Australia," said Jones. a Farmington Hills resident. "For me, personally, I had stopped in Hong Kong probably 15 years ago visiting mainland China would be

He received his chance when omeone suggested China as the next target area for a mission trip. The church, where Jones has been an active member for the past three years, already organizes annual mission trips to Africa and other locations

"China is kind of a natural because there's so many people over there. Christianity is small to this point," Jones said, "As a Christian, it was compelling to see people practicing faith that was not encouraged, and was sometimes

"Hopefully, it was very encouraging for them. I think we over-came the cultural and language

The group visited eight churches in six days last October, stop

Christian School presents Zamar in concert 7 p.m. Friday Jan. 25 at the church 40800 W. 13 Mile Rd. at the northwest corner of Michigan 5 and 13 Mile Road.

The professional jazz band will perform the concert to senefit the athletic fields at Franklin Road Christian School Tickets are \$20 before the event or \$25 at the door. Call (248) 668-7100 to

at: www.zamariop.com or



degree, it's relationship building,

Jones said, "We made a couple of

ly disadvantaged. It was a real eye

how good we have it in America economically. There's no place like the United States."

Jones said the group is already starting to plan a return trip, although not all five group mem-

ers may go.
"We're considering going over
there and doing English as a second language training. We're considering helping them with busi-

ness development and help them

bers may go.

"I'm very strongly reminded of

ping in the cities of Chengdu, Mianyang, Nanchong and Bazhong of the Sichuan Province. miles away," he said. "I've done a little research to find the Chinese churches in the local area and "It was really an initial factlearn Mandarin. We have a

Jones said his experience with Citizens Bank will help him guide the Chinese group as he works

ground of more than 25 years of business experience, I've had pretty good experience with run-ning a business. The thing about Citizens is the company considers tant," he said, "Our church is very Michigan, I'm glad to be part of a members Tom Rivers, Ken Jones and team leader Chris Dunlap get together for a church that's a bridge-building photo during an October trip to China. church. It's a strong, exciting

Novi News staff writer Chris Jackett can be reached at (248) 349-1760, est. 122 or cjackett@gannett.com.





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Massage businesses contesting increased fees

charges applied

By Kelly Murad

Sarah DeMar doesn't know if she can afford to pay the \$640 she owes the City of Novi by Jan, 31. DeMar, owner of Ivy Garden Therapeutic Massage, is contesting the 900 percent increase of the massage business renewal fee, the 100 percent increase of the massage therapist renewal fee and ess registration fee, and the additional fee of an applicant

background check,
The increase was approved by Novi's City Council and went into effect March 19, 2007.

the license renewal process. Fees also increased for busi-Distributor and Specially Designated Merchant liquor ision appeals: lot split; and similar demographics, proximity

and rate rees.

As Knots Kneading Massage completed its first year of business in Novi in December, owner Linda Dumbrigue received notice of the separate for increase.

"It spoke to me as a hostile City of Novi," she said. "Being an 349-1700, ext 103

Firearms training center

announce the opening of the audoor Firearms Training Center 4 b.m. Monday, Jan. 28, 26350 Delwal Drive. All community members are invited to a dedica-

Former mayor announces run for County Commission

Former Novi mayor, city offi-al and long-time Novi resident

u Csordas announced Friday he

running for Oakland County ornmissioner.

Current Oakland County Commissioner Hugh Crawford (R-Novi), whose fourth term

My Novi, briefly() This information is vital when trying to craft tax policy for the state of Michigan," Cassis said "Sometimes we have been forced to write legislation without access

to basic facts. That is not fair to

Finance Committee, modeled her bill on how the U.S. House Ways

"We are frequently in a position where Treasury officials have all the relevant information, and we good sense to have Treasury share this information with us." SB 1015 has been referred to the Senate Finance Committee for

Oakland County. The commission

one representative from thei

The goal is to attract a diverse

Anyone interested in applying

state representative once Craig Roche's (R-Novi) term expires. He began his Novi political career as a planning commissioner. He served as a city councilman and Representative needed to serve on Commission is elected as mayor in 2003. Csordas is the second Novi resnt to throw his name into the serve on the newly formed

Kim Capello recently announced will focus on various issues per his intentions to run for Oakland taining to women in Oakland County and specifically on county interests. The 25-member Oakland County Board of Commissioners will each appoint

Cassis bill to provide tax Information to lawmakers

Under legislation sponsored by State Sen: Nancy Cassis (R-Novi), the Michigan Department of Treasury would be required to County's population from stay-atdisclose the most accurate and up-lo-date tax information to help serve on the commis Anyone interested

develop and evaluate tax policy.

Senate Bill 1015 would require
the Michigan Department of Freakury to share confidential tax be completed immediately. For information with the chair of the Senate Finance Committee, the chair of the House Tax Policy 437-7597 or by e-mail at pot-Committee and the directors of terj@cakgov.com.

Commissioner Potter reprethe House and Senate fiscal agenthe House and Sental inserting agents. The Provides penalties to safe-guard against the confidential information shared with people prohibited from obtaining that information.

The Novi News is published by Federated Publications, Inc a wholly owned subsidiary of Gannett Co. Inc. Postmaster, send address changes to: The Novi News, 223 E. Grand River Ave., Howell, Mi 48944. POLICY STATEMENT, All advertising published in The Novi News is subject to the conditions stated in the applicable rate card, copies of which are available from the advertising department, The Novi News, 164 W. Main Street, Northville, Michigan 48157, (248-349-1700). The Novi News reserves the right not to accept an advertiser's order. The Novi News ad-takers have no authority to bind this newspaper and only publication of an advertisement shall constitute final acceptance of the advertiser's order.

Publication Number USPS 396290



licenses and permits each year. Between the clerk's office, ments, \$518.90 is the estimated

cost to the city.

Massage therapist business owners were previously paying \$1.10 annually to renew their The clerks office conducted the

costs incurred by city staff during survey in March to update license and permit fees, some of which Appalled by the increase, DeMar conducted a survey of her own including surrounding conand cost of living as Novi "Certainly, if I had known that

The city also established fees applicant background checks the yearly fees would be \$640, I date fees. would not have chosen Novi." said DeMar, who opened her Novi business in November 2003. "As a single female trying to run a busi ness, it's really hard that someone can flip a switch and take more "I was flabbergasted by the fee money from my bank account. It ncrease," Dumbrigue said, just doesn't sit right with me and 'Renewal is more than the initial ce to get the license." DeMar has contacted other

Although Dumbrigue may be salons effected by the increase in new to the Novi community as a hopes of gaining support to repeat business owner, she has been a council's decision.

business environment within the Murad can be reached at (248)



Sarah DeMar, owner of Novi's Ivy Garden Therapeutic Massage on Nine Mile Road, was hit with a huge city license fee increase.

Increased Fees Fees for Liquor License SDD and SDM, Business Registration, Freedom of Information, Land Division Appeal, Lot Spllt, Massage Business Renewal, Massage Therapist Renewal, Refuse Collector, Applicant Background Check and Late Fee CATEGORY **Business Registration** Freedom of Information Houar License SD/SDM Lot Split/Land Division Land Division Appeal Massage Business Renew Massage Therapist Applicant Background Check

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CANTON 42447 Ford Rd. (comer of Ford & Lilley Rds.; Canton Corners) 734-844-0481

Fairfane Mall (3rd fleor next 313-441-0168 DETROIT 14126 Woodwa (Model T Plaza) 313-869-7392

300 Renaissance Cen (level 1 between towers 200 & 300) 313-567-4055

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Testimony continues in Pittao murder

Pittao is changed with murdering

her Novi apartment.
Tamara, 30 at the time, was found with a slashed throat and evidence of head and neck trauma after she and their then-2-year-old daughter did not arrive at her parhouse in Illinois for Thanksgiving, Her parents called Novi Police to check up on her for them, which is when her body

Medical Examiner Dr. Kanu Virani said Tamara died three days earlier on the afternoon of Nov. 24, 1997, likely between 2-4 p.m. The Pittaos were in the room last Tuesday.

Deborah P'Simer said Pittao was not at work after 2 p.m. on Nov. 24, and Pittao could not account for his actions between then and 4:45 p.m. when he picked up his Davisburg before going home. Pittao, was a director of quality

at an autoparts manufacturer and at the time, left his employer Nov. 26, as was arranged weeks in advance, but kept in contact with P Simer after Tamara's death in regard to what questions law enforcement had been asking about him.

"I'm upset with the allegations and doing what I can. Let them bring the case to us," Pittao instructed P'Simer in a recorded phone conversation from December 1997, "The only thing I am really concerned about is truy Oakland County Deputy Chief daughter),"

Pittao, the lone suspect in the

daughter)."

Gpon recorded discussion of Tamara and her daughter, families for both Tamara and Daniel were case.

"Of the last six months, of all stands and both the court of the last six months and the stands and both the court of the last six months.

order against him.

Nov. 24, 1997

Friend and former co-worker \$180,000 in his wife's life insur- threatened to kill her if she ever ance in May 2006 and made state-ments that conflicted with prior count testimony while doing so. A law change allowing such posttrial statements to be used in court landed Pittao back in the hands of Airport upon return from a business trip to Texas.

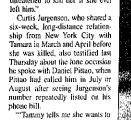
Pittao has a history of domestic violence from his first marriage. His ex-wife and 23-year-old son both testified against him last week.

Threatening words "Dan Pittao killed my friend Tammy," Wendy Smitter testified.

"She was an amazing person. To be her friend, you were privileged." Pittao angriy too cogs.

Smitter, who was Tamara's best the divorce is finalized and Jurgenson marries Tammy,

the times she called me frantic. Jackett can be reached at (248) and upset, this was the worst." 349-1700, ext. 122 Smitter said of Nov. 24. "He cjackett@gannett.com.



separate. Are you dating her? Do you have plans to get married? What's going on? I'm trying to figure out why she's leaving me," Jurgenson recalled Pittao saying, to which he responded, "The reason she's leaving you is not me. The reason is you." Pittao angrily told Jurgenson, if

Jurgenson is going to have a big problem to deal with.



Oakland County Assistant Prosecutor Gregory

Pittae Timeline and Victimology

Sept. 1983-Aug. 1987 Constance Fraser was punched, pushed down stairs, pushed through a glass table and threatcried by Daniel Pittao during three separate instances during their engagement and marriage, lead-

year-old son, Christopher Pittao, turned home from visitation with Putao erying and with a bruise above his right eye after being punched and kicked by Daniel for refusing to take out the garbage at Daniel's Davisburg Itome.

May 16, 1997 Sgt. Steven
Stowe and Officer Patrick

Stowe and Officer Patrick England of Blackman Township Public Safety respond to a dones-tic dispute on the shoulder of westbound Interstate-94 near the 141-mile marker outside Jackson where they found Pittao knocking on wife Tamara Pittao's driver side window and yelling at her. She was on her way to her parents' in Chicago with their 2 year old daughter.

Early June 1997 Tamara testified against Daniel in a domestic violence trial regarding the May 16 incident, Tamara met Fraser for the first time and the two became friends and spoke twice a week until Tamara's death. July 5, 1997 Tamara and her

daughter left Daniel and moved to anartment in Novi, while

tic violence trial against Christopher, Daniel dragged Tamara across the half by the hair scene, Tamara's body was found in her Novi apartment after her parents called Novi Police when and beat her when she tried to their daughter who did not arrive take her daughter. Tamara met Officer Craig Stout at a party store at 9:10 a.m. to get help to get back

the night before in Chicago for Thanksgiving. • 10:29-11:20 a.m. Molloy interviewed Davisburg resident iato her home to get her daughter. July 1997 - Daniel went to Daniel, who was in Novi and gave Tamara's apartment and banged on her focked door and windows inconsistent accounts of when h despite a personal protection was in town. Nov. 28, 1997 - Tamara's

autopsy reveals the cause of death is homicide. Fraser gave a state-ment to Novi Police Detective Victor Lauria about Daniel's Bost Erical Words Smittor met Tamara for lunch from noon-12:45 p.m. at On The Border in Novi foldomestic violence history Dec. 1997-Feb. 1999

lowing a phone argument with Daniel about taking their daughter to Chicago for Thanksgiving, Daniel did not want to give their Original investigations against Daniel for the alleged murder of Tamara. 2006 - Law change allowing daughter to Tamara until 7 p.m. Thanksgiving Eve.

1:52 p.m. Tamara left a voice mail for Smitter about post office hours because she had a major

imonies.

May 2006 – Daniel tries to collect more than \$180,000 in · 2-4 p.m. Medical examiners Tamara's life insurance place this afternoon as the time of Tamara's death from a slashed

Mar. 16, 2007 - Daniel goes to 52-1 District Court in Novi.

Jan. 4, 2008 – Daniel's trial begins at the Oakland County Circuit Court in Pontiae.

 4:10 p.m. Smitter returned home from running post-funch errands and returned Tamara's phone call, but was not able to get witnesses called by the prosecua hold of her then or during any other of the many attempts the tion in the Daniel Pittao trial. The defense maintains Pittao is inno-cent, citing he is a good father next few days.

Nov. 27, 1997 –

* 9 a.m. Then-Novi Police Sgt.

* 19 a.m. Then-Novi Police Sgt.

* 20 a.m. Then-Novi Police Sgt. David Molloy was called in to accused with h work to investigate a murder alleged murder

STORY CHAT: WHAT DO YOU THINK? TELL US AT WWW.NOVINEWS.COM

My father Melvin was 88 and had been man ried and independent all of his life. He had lived n the same comfortable house for 54 years. Dad was frail and had been diagnosed with Parkinson's Disease. After the death of my mother, he moved out of state with me, but after 60 days he missed his home and community. With a few small steps, I was able to help my dad stay at home with the aid of a wonderful home aide. She prepared meals, took him shopping, trips to the zoo, and on countless lunches. This allowed my father to regain a great deal of independence which would have been lost had I



put him in a nursing home. I was constantly amazed on how strong his desire was to return to ou ont porch and neighbors, and how this drove him to participate in life again

Never underestimate the power of motivation when you help older people in crisis consider their options. Too often families make hasty and drastic decisions in crisis situations

If you or a loved one feel the need for extra assistance that would allow you or them to stay a home, I highly recommend this creative approach.

Get Healthy. Get Happy.

Cory Jacobso

For a consultation please contact Toni Barchak at (248) 773-9373

With over 20 years of experience in working with the elderly, we can provide peace of mind to the family and offer an alternative to nursing homes. We can lend a hand for the daily activities they need to continue living in the comfort of

Greg K., Flat Rock, 185 lbs.

'At St. Mary Mercy Hospital, the Michigan

Bariatric Institute is just like a ray of

caring, and took top notch care of me:

sunshine. The staff is fantastic and



Get Started.

The experienced team at the

Michigan Bariatric Institute

at St. Mary Mercy Hospital is

led by Tailal Zeni, MD, who

has performed hundreds of

successful laparoscopic weight

loss surgeries. You've heard of

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Turbo-Charging Your MARRIAGE!

project due for work that day.

throat, suffocation and blunt

head/neck trauma at three points.

Three Marriage Seminars Dr. Sandra Pourcho

Sessions

begin at

7:00 p.m.

Refreshments

ollowing at

8:30 p.m.

January 16, 2008 God...a Feminist?

January 30, 2008 Tired of Being Benched?

February 13, 2008 Married and FREE Couples

Public Invited.

St. Paul Lutheran Church 201 Elm St., downtown Northville 248-349-3140



Dr. Sandy Pourch

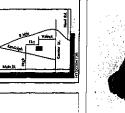


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Martin Luther King weekend special One free nite with 3-nite stay! (with this ad)







to register NOW!





SCHOOL BOARD MEETING: 7 p.m. Jan. 24 inside the Educational Services

(248) 349-1700, ext. 102

MY EDUCATION

Building on Taft Road

Thursday, January 17, 2008 fax: (248) 349-9832

Board recognized; students talk hockey

BOARD MEETING NOTEBOOK

acknowledged the Novi Board of Education as part of National School Board Recognition Month. The Novi Interschool Parent Teacher Organization Council rep-resentatives also presented the board members with certificates of gratitude and white windbreaker ponchos from The Cat Rack store

Student report

Vidhi Bamzai, a student council vioni manizat, a stocem con senior vice president at Novi High successes of the figure skating and field hockey teams upon returning from winter break. She also said the 2006-world-champion Frog Force 503 robotics team iosted 66 teams for a FIRST Robotics Challenge at the high school's Fuerst Auditorium. Bamzai said there will also be wo, free, one-act "Necessary Target" theater shows at 7 p.m. Jan. 23 and 24 at Novi High School, as well as a new student breakfast on Jan. 31. She also noted the current hard work of Students Promoting Unity and Diversity, a club that has collected month and is putting on a Martin Luther King, Jr. Day "Unity in the

Correspondence

Secretary Katie Racon reported one e-mail correspondence to the board that said, despite the elementary teachers was impor tant and even more helpful.

Reports to the board

· Novi High School teachers Amy Miller, Nick LeTarte. slideshow of photographs and told the board about their nine-day trip to France and Spain last June. The school teachers and four parents

on the cultural trip.

Novi Meadows Elementary co-principals David Ascher and Lisa Fenchel told the board about the reading and writing workshop fifth- and sixth-grade students at Meadows are participating in. The program gives students time to read a book of their choice that fits their reading level and then allows them to discuss and write about it with feedback from

J.

Consent agenda items

The board approved three items by a 7-0 vote. The Dec. 6, 2007 board meeting minutes, the 2006 07 financial audit report and the November 2008 eighth-grade trip to

Action items

. The board unanimously Vela's of Novi for use at Orchard Hills Elementary School for large group instruction and special

sembly programs.

- Assistant Superintendent of Human Resources Bob Schram presented, and the board approved 7-0, the hire of Patrick Defever to of Melina Hadzialijagic to Novi Meadows. The board also Kaplan, Nancy Rousseau and Kathlyn Wemette, and the salary adjustments of Julie Brehmer, Kimberly Osmonson, Thomas Peronis and Katherine Tolbert.

The board unanimously approved Novi High School debate team to travel to the Legislative Debate State Tournament in Grand Rapids from Feb. 8-9.

 Following the change of board member elections from August to November, the board needed to modify board bylaws and discuss moving the organizational meeting from early July to the first meeting from early July to the first meeting in January. Another suggestion was to split the organizational meeting between January and July, depending on the time-based needs of some agenda items. Dion will get more information on the exact wording and rules regarding the bylaws and report to the board at the log 2d meeting.

the Ian. 24 meeting.
Novi High School Athletic Director Curt Ellis requested the board to consider adding field hockey as a "participant-funded" high school fall sport. High school

guidance counselor and former University of Michigan field hockey player Amy Kilgore explained the sport to the board explained the sport to the board and said 53 girls have expressed interest at the high school. Kilgore, who also coached the sport at Ann Arbor Pioneer for eight years, said some students trained at two special clinics she organized through Community cation over mid-winter break Of the 18 schools with field hock-

 Peter Dion reminded board members the meeting was the first to be streamable online at cy teams in Michigan, 17 are with-in a 30-mile radius of Novi. Board www.novi.k12.mi.us/District/boa rdOfEducation/default aspx and was a member of the three-time afterward.

was a memory of the champion Northwestern University Wildcass team in his college days. The team would play on the grass practice fields at the bigh school. Several potential "The district sent out surveys" "The district sent out surveys to the proof of the Year by the Novi Information Network."

"The district sent out surveys to the proof of the Year by the Novi Information Network."

"The district sent out surveys to the proof of the Year by the Novi Information Network." on the grass practice fields at the high school. Several potential players and supporting parents and supporting parents and supporting parents and supporting parents are supported by the several potential players and supporting parents are supported by the supporting parents and planned to send out. Services Building, 25345 Tajt Road.

Board communication

Superintendent's report

Secretary Katie Racon said she

students this week.

• Dion noted the success of the

robotics competition, which drew 1,200 to the high school auditorium Novi Meadows was set to host

online surveys to the public and

a Shanghai Quartet on Jan. 15, creating a discussion on cultures and string instruments. · Dion said he spoke with

Village Oaks parent Tom Colaluca in regard to a dangerous area without a sidewalk that stuattended an Oakland County Schools meeting Jan. 9. dents use near the elementary school. Dion said he observed stu potential options. Trustee George Kortlandt supported looking at the

dangers of the area.

School board meeting notes were taken from the Thursday, Jan. 10 regular meeting of the Novi Community School Board, All board members

Wild About Science! Parkview Elementary School students Daniel Shao (left) and Freya Morales with parent volunteer Dori Daskalakis perform an experiment called Symphony of Siphons. The point of the task is to move liquid

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Keeping the dream alive

most likely end up emceering the

The club is in its second year at the high school after existing as a Diversity Committee for seven

years.
"Our group is inclusive not exclusive. Our focus is on raising awareness and appreciation of our similarities and our differences." Nuckolls vaid. "SPUD is not about black and white. SPUD is about green and white, the colors of Novi Bigh School. We are ded-

ethnicity, gender, class, orientation, ways of thinking and more The possibilities for knowledge and application are endless."

Nuckolls said the idea for the

Unity in the Community event started brewing six years ago after current Dean of Sudents Nicole Carter, himself and students attended United We Walk at West Bloomfield High School, After becoming a club last year, the group decided it was a good way o start a new chapter on the righ

"Our diversity group just became a club, so we thought it'd be a good way to step it up," Snyder said, "It was a lot more packed then anyone thought it would be for the first time."

Snyder said more than 300 peo-

ple came out to the show last year. Nuckolls said a winter storm kept some people away, but expects more than 500 people to fill the 800-seat. Fuerst Auditorium

"I have high expectations for this program," Snyder said. "The first one is always a trial year. We've done a really good job of getting the word out in the com-

Diverse body

Nuckolls and the students of SPUD agree Novi is becoming more and more diverse.

"I think (diversity) is getting better slowly. I moved to Novi from Orlando and it was an oppo-site culture shock because it was more diverse there." Snyder said. "I think the school's doing a great - frons

Emily Hall and Showcase chair work really well together and Melissa Ludke said cliques are dissolving.

Well together and don't really recognize it."

Snyder said she and Parkins

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NEW



Novi High School students Nate Parkins (top left), Emily Hall, Melissa Ludke (front right) and Sara Snyder represent the group Students Promoting Unity and Diversity.

school. It's hard to get away from," she said. SPUD vice president and junior

Nate Parkins, a varsity soccer player who talks with opponents at other schools, said other at other schools, said other Kensington Valley Conference schools view Novi as one of the most diverse schools

With a city-wide demographic that was 9 percent Asian, 2 percent black, 2 percent Hispanic and I percent multi-racial through the 2000 census, the city's white population dropped from 96 percent to 87 percent of the demographic from 1990 to 2000. "It's broadened, especially this

year," Suyder said, "Uthink people are really looking at Novi as a strong place to live." liight years later, the city con-

tinues to diversify as more residents move in and local businesses are finding cultural varia "It's ironic the president and

She said the 2007-08 year has vice prosident are both white brought a positive change to the high school.

Americans. We do have Indian and African-American members." SPUD's Speak Out chair Snyder said of SPUD, "We all

"I'm really happy how the were chosen for their positions chool's going," Ludke said, based on work ethic, not ethnicity. "Till featily happy how too sacked or work ethic, not ethnicity, ethnics are kind of melting away, but they're still there."
Hall attributes the groupings to the size of the student body.
"There are tons, just so many afforcing bound hore. There are



LUTHER KING, JR.

adult directly involved with SPUD. "She has walked the talk of diversity since day one," Nuckolls said, "My dream is that one day our staff will reflect the diversity of our student body. We should have more African American, Hispanic American, Asian American, Middle Eastern American and so forth on our

He said diversity also plays an important part in the class-

"Diversity is evident in reliforth," Nuckolls said, "Our teachers strive to have open, safe, secure learning environments. Students are encouraged to become independent, critical

Novi News stuff writer Chris Juckett eun be reached at (248) 349-1700, ext. 122 ar ciacken@gannen.com

Novi Community Schools, Carter is also an African American, and is the only other

gious tolerance (and) varying political viewpoints especially in social studies classrooms, (promoting) healthy debate and so

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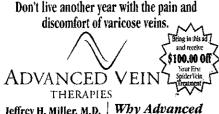
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Martin Luther King Jr. program

The community is invited to attend the ninth annual Dr. Martin Luther King, Jr. Day Celebration from 5-8 p.m. Monday, Jan. 21 at Walled Lake Northern High School, 6009 Bogie Lake Rd. in Commerce Township. The community event celebrates the message of peace, equality and unity that Dr. King NOTES

enjoy lunch and receive a souvenir tank top. The class fee is \$20. Additional family members advocated for all people. This year's theme is "All Aboard the Freedom Train." will receive a \$5 discount. Mid American Studio

wear's theme is "All Aboard the Freedom Train."

The celebration will include a multicultural potluck dinner from 5-6 p.m., viewing of Students reprojects from 5-6:30 p.m., a program from 6:30-8 p.m. in the school's auditorium featuring.

The class selection includes a multiple of the selection includes and the selection includes a multiple of the selection includes a multiple o performances by student choirs, performances by student choirs, poin, hip hop, ballet, jazz and the Walled Lake Schools "Friend" Zumba. of Diversity" awards and this year's main performance by pro-fessional storyteller LaRon Williams and Walled Lake stu-For more information or to

register please call (248) 477-5248 or visit midamericanstu-Admission is free and atten-dees are requested to bring a dish Novi High School Carriculum Night to share representing their cultur-

ion, call Alec Bender at (248) High School will hold its Curriculum Night/Open House for all parents and guardians

Novi students can enjoy their day off tomorrow by attending a "High School Musical" inspired song and dance party at Mid American Studio in Farmington Hills. The clinic will take place from 2.5 p.m. and registration is currently taking place.

The clinic is for students in information such as grading, cur-

Song and dance party at

Mid American Studio

al heritage. For more informa-

first through tifth grades. Mid riculum, attendance and general American certified dance instruc-tors will conduct the two-hour event, which will consist of learning a dance routine to a 7-7:15 p.m. Welcome, learning a dance routine to a "17-7:15 p "High School Musical" song mix, participate in a sing-a-long. Auditorium, N

Fuerst Auditorium, Pall Passing

The schedule for Curriculum

7:10 7:30 p.m. First Block 7:30-7:55 p.m. Hall Passing 7:35-7:50 p.m. Second Block 7:50-7:55 p.m. Hall Passing 7:55-8:10 p.m. Third Block 8:10-8:15 p.m. Hall Passing 8:15-8:30p.m. Fourth Block 8:30-8:35 p.m. Hall Passing 9:35-8:35 p.m. Seminar

8:35-8:45 p.m. Seminar

Parenting fair
The 16th annual Walled Lake Schools Parenting Education Fair will be 8:30 a.m.-2:30 p.m. March 8 at Walled Lake Northern High School. Parents and com-munity members from throughmunity members from through-out the Detroit area are invited to attend. This year's keynote

Walled Lake High School

students

speaker will be the renowned

pareming expert and best-selling

Now through April the Lakes Area Rotary Club is accepting scholarship applications from Walled Lake High School stu-On Wednesday, Jan. 30. Novi wishing to meet teachers and see Oakland Technical the classrooms their students will be learning and growing in throughout the second semester of the 2007-08 school year. The Wixom Campus, Three \$1,000 dollar scholarships will be award-ed. Eligible students will have maintained a "B" or 3.0 average. evening is designed to allow parents to go through the entire class schedule for their child, and to be be in good standing with the school and have actively partie teachers regarding the curricuapplication deadline is April 1. Applications can be secured through the school counselors of by contacting Rotarian Lorri McVey at (248) 390-8572.

Hope College

named to the Dean's List at Hope

For breaking news on the Web: www.novinews.com



SAT/ACT : English Writing SAT/ACT : Math

Weekend times

SAT/ACT Preparatory Classes 10:40 a.m. – 12:40 p.m. 12:50 p.m. – 2:50 p.m.

3:00 p.m. - 5:00 p.m.

Math and English Enhancement Classes - \$160/Class Enhanced Maih 3: (3-4 graders) 9:00 a.m. - 10:30 a.m. Enhanced Maih 7: (7-8 graders) 1:00 a.m. - 2:30 p.m. Enhanced Maih 4: (4-5 graders) 9:00 a.m. - 10:30 a.m. Enhanced Maih 8: (7-9 graders) 11:00 a.m. - 12:30 p.m.

Enhanced Math 5: (5-6 graders) 10:45 a.m. - 12:15 p.m. (H.S. Aigebra f or If test-out Enhanced Math 6: (6-7 graders) 1:00 p.m. - 2:30 p.m. English Writing 1: (6-8 grader) 3:00 p.m. - 5:00 p.m. (\$200/class

2/2; 2/9; 3/1; 3/8; 3/15; 3/29; 4/5; 4/12; 4/19; 4/26 Location: Eastern Michigan University Livonia Campus, 38777 6 Mile Road, Livonia, MI 48152

Online Registration: www.nccae.org_today till February 9, 2008. Enquiry and Contacts: John Han (SJohnHan@yahoo.com) Tel.: (248)-489-9063

David Huang (xhuang50@hotmail.com) Tel.: (734)-667-2121 For more information, please visit NCCAE website at: www.nccae.org

Winter Open House Celebration

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Suspect of stolen antenna on the loose

cellular phone antenna from a velu-cle in the parking lot of Twelvo Oaks Mall Jan. 8, reports said. At about 2:45 p.m., the witness was sitting in her car talking on her cellular phone when she observed a man with long gray hair, wearing a camouflage shirt, black boots and a black belt walk-

up truck and exited toward 12 Mile Road, while the witness

called 911.

ing around the lot, reports said.

The witness saw the man use a screwdriver to remove the cellular older man with long gray hair

screwdriver to remove the cellular phone antenna from the side window of a white Chevy Trailblazer, reports said.

According to the report, the report, the research of the control of the

Hey! Leggo my Uggo's

According to recent police reports, a pair of Uggo boots were Drive between 8-8:45 p.m. Jan. 8.
The Uggo's, which were purbags through the area, which could have been used to conceal

in a hallway while her daughter attended dance lessons, reports said. The hallway is between a main

passage and the dance studio, which is on the main floor. According to police, there are no suspects at this time because there is easy access to the room where the boots were last seen and numerous people carry duffle

Driving while suspended

o.m. Jan. 3, reports said. According to the report, an offi-

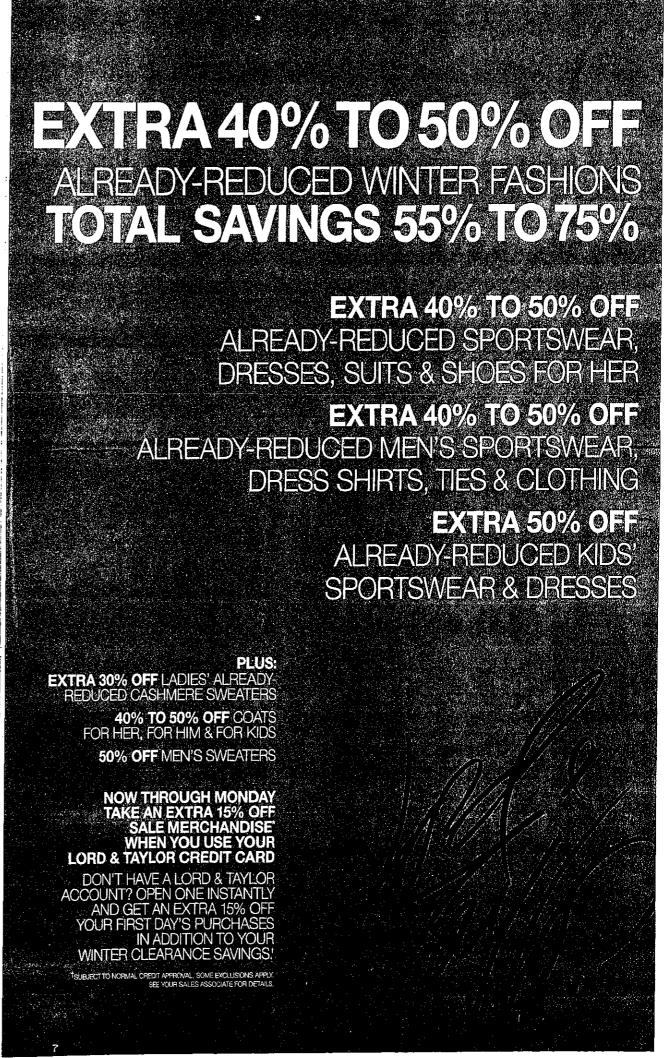
Route 5, when he observed a blue 95 Saturn with only one functioning headlight.

The Saturn was heading westbound on 14 Mile Road and the officer initiated the traffic stop at 14 Mile and Novi roads, reports said. The driver immediately notified

the officer his license was suspended and the officer arrested him and the Christmas lights unplugged transferred him to the Novi Police and the light post missing, reports

cer was clearing a traffic stop at on Ravello Court, near Beel 14 Mile Road and Michigan Nine Mile roads, was stolen. The victim last remembers see

out, reports said. At about 5 p.m. Jan. 5, he noticed the Christmas lights were not illuminated and went outside



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Thursday, January 17, 2008

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"I've always served on non-profit boards and to me it's (the Women's Commission) just an

Overall, Margolis said the pur-pose of the commission is to study the status of women in the county

in very broad terms and then

Oakland County Board of

example of women's leadership,

she said. "I think there's going to be a huge diversity of women with a diversity of interests."

According to the resolution of

the Women's Commission for

Oakland County, each of the 25 members will serve a one-year term, expiring Dec. 31, 2008.

Oakland County Commissioner

Christine Long (R) and Helaine Zack (D) will serve as ex-officio members to the Women's

The first meeting will be Jan

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30 and the commi

"The whole commission is an

extension of that."

MY NOVI COMMUNITY

MY BUSINESS

Thursday, January 17, 2008 fax: (248) 349-9832 Victoria Mitchell, editor

(248) 349-1700, ext. 102

vernitchell@gannett.com

As a volunteer of numerous boards and organizations, coun-cilwoman Terry Margolis recently

added another one to her already

long list.
Oakland County Board of
Commissioners' Vice Chairman
Hugh Crawford (R-Novi) appointed Margolis to serve on the

Oakland County.
Each of the county's 25 com-

"There is no budget, or authority

to make decisions. It is intended

Government Committee, Michigan has the eighth largest female population in the United

with 50.8 percent of

Commission for

Greater Novi Chamber welcomes new members

■ Board set for 2008

By Kelly Murad

As the Greater Novi Chamber of Commerce approaches its two-year anniversary in May, execu-tive director Whitney McClellan Stone feels confident with the 13member board guiding its success

"I've had great lack with having a board that is good to me and really involved," McCleffan Stone said. "The new directors I'm real-ly excited about. I think it's a good mix of people that are going to take this chamber to the next

At last Wednesday's luncheon, four new members were elected to the board of directors and for-

Kuhn, who has been a member of the Greater Novi Chamber since its inception, is branch manager of Countrywide Bank, at 14. Mile and Novi roads. directors meetings and guide the chamber in its direction through

the upcoming year."

The four new members are Carolyn Chaben Klinger, principal of Boerema Chaben & Co.; Mary Jane Scott, director of sales at Rock Financial Showplace; Keith Tappan, asso-ciate at Pre-Paid Legal Services Inc.; and Michelle Winn, Michigan sales manager of Hooter's Restaurants. "I think they (new board

members) will give the board a little more diversity." Kuhn said. "I think everybody will have a different opinion, and I think you need a good base of different ideas to be success-

The Greater Novi Chamber is currently at about 170 members and McClellan Stone is personalmer director Keith Kuhn was ly hoping to reach 200 members elected chair. ly hoping to reach 200 members by the chamber's two-year

working relationship with the community," Kuhn said. "We

tion gap between businesses and

the city.
"We believe we're going to keep a real strong direction of what (former chair) J. R. Atiyeh had done." Atiyeh is the owner of Planning and

Investments Inc.
Kuhn said the most significant benefit of the Greater Nov Chamber is the business-network-

ing opportunities.
"Networking is our most important thing, but it's network-ing that is never boring," ing that is never McClellan Stone said. Aside from increasing member-ship, McClellan Stone said the

current focus of the chamber is to John Cain get the Web site up and running "I think it will be a great asset The first official board meeting with the new members will be

Feb. 12. Murad can be reached at (248) 349-1700. ext 103



Whitney Stone













Names in the News

Chaalan-Baks is named registrar

The Art Institute of Michigan, a Novi school offering academic programs in design, fashion and culinary arts, named Gaby Chaalan-Bakr as registrar. In this



credits, and assisting factilty with the day-to-day operations of student

registration.
Prior to joining The Art
Institute of Michigan, Chaalan-Bakr served as customer service Davenport University where she responsible for providing assis-tance to students and faculty regarding student enrollment status, financial aid and transfer

Chaalan-Bakr graduated from

bachelor's degree in busistrategic management in

Chaafan-Bakr currently resides in Dearborn Heights:

Dixon is named assistant director of financial aid The Art Institute of Michigan

in Novi named Tenisha Dixon as assistant director of financial aid. In this position, Dixon will be responsible for managing student responsible for managing student financial plans, certifying loan applications, training all finan-cial aid officers and working closely with the president to ensure reporting accuracy.

Dixon has more than 10 years of experience in financial aid management, including positions held as director of financial aid at Lewis College of Business, sen-

PERSONA

Ten 9's

Ten account form

ness administration in 2005

Oakland University and lead and a master's degree in financial aid representative at the National Institute of Technology Dixon graduated from the of Phoenix with a bachelor's degree in business

> 2001 and a degree business administra-

Tenisha Dixon Student

tion in 2006 the Michigan

information

systems in

Novi Town Center recently look forward to working with

General Growth Properties owns and/or manages 12 centers in Michigan including Birchwood Mall in Port Huron, Lakeside Mall in Sterling Heights and Southland Center in Taylor.

ownership to add new retailers that will meet the needs of the growing and affluent trade area and complement the well-estab-

General Growth currently has

ownership interest and management responsibility for a portfolio of 210 regional shopping malls in 44 states, as well as ownership in planned community developments and commercial office

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find the next thing that helps."

Kilenski said, though she doesn't enjoy the game, she keeps playing it, and has ever since she or contact your funeral frome,
"Hotiday deadlines are adhject to change.

> nt it's life.
>
> "Ever since I had my first child,
> Fibe FBCx do not need to be on a I've struggled with 20 or 30 diet because the body believe it's

weight

adolescents have a 70 percent chance of becoming overweight

adults.
*Doctors Catherine Jen, of Megan Kilenski wishes-she Wayne State University and president of Artjen Complexus Holdings, and colleague Joseph Novi resident said she is not that Artiss, have been working for sev

Councilwoman makes

"In my mind, my job will be to lis-ten to women and kind of

advocate for

Margolis, who

will be repre-

missioners appointed a representative from his or her district to serve
on the newly formed commission.

"It's a commission intended to
look into women's issues in
Oakland County." Crawford said.

City Council.

Can be destructed to serving her first term on Novi's
City Council.

According to statistics presented to the Oakland County Board - person to put in that position," of Commissioners by the General Crawford said.

Oakland County history

think it really is to be a sounding

"The way she presents herself on council, her thought process

and activities throughout the com-

As director of the professional

development division at Wayne State University's School of Business Administration, Margolis' business background and leader-

eral years on a diet pill to help in the weight loss battle.

The pill, known as Alpha-Fibe FBCx is an all-natural, non-genet-ically modified fiber that binds to

dietary fat taken in by food.
"It has a very unique capabili-

"Most people struggle...with their weight," she said. "I hate it, but it's life.

on a diet with the use of the pill. "After a week, you will elimi-nate 3,500 calories, which is the equivalent to 1-1.5 pounds of body weight," she said. "We don't

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 Hair Loss
 Much More

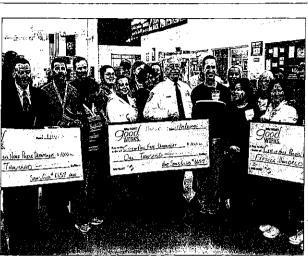
Lewis Medical Office Centre, 39475 Lewis Drive, Suite 150, Novi, Michigan 48377

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and help you select the one that's best for you. If you'd like to roll it over into an Edward Jones IRA, we can help you do it without paying taxes or penalties. So you can feel confident someone is looking out for you and your 401(k).



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Community Pride!

school that was doing research on to have this status," Jen said, "I

Novi Police Chief David Molloy and Novi Fire Chief Frank Smith Join Sam's Club staff and other Novi personnel in accepting checks totaling \$3,500 from the retailer at Grand River Avenue and Wixom Road. The police department will use the money to help in disaster preparedness and D.A.R.E. programs, and the fire department will use the money to purchase fire fighting training videos. Since Sam's Club has relocated from its Haggerty Road location about one year ago, they have donated more than \$27,000 to various non-profit organizations

for financial aid advisor at Town Center under new management Battle weight loss with fat-fighting pill previewed in Novi

announced it is now managed by General Growth Properties, Inc. Chicago-based General Growth

Association of Student Financial Aid Administrators.

Properties is the country's second largest shopping center owner, developer and manager.

The company will provide development, leasing, management and marketing services for the center.

have the opportunity to contribute to the continued success of Novi Town Center," said Kate Sheehy. senior vice president of partner relations and client services for General Growth Properties. "We

lished and productive collection of merchants already at Novi General Growth Properties, Inc

is the second largest U.S.-based publicly traded Real Estate Investment Trust (REIT).

For more information, please visit the Company Web site at www.generalgrowth.com. **■** Obituaries **■**

could cat anything she wanted and not gain a pound. Unfortunately, the 28-year-old

lucky.

"I've tried everything from diet pills and shakes to a membership at every gym from here to my par-ent's house in Port Huron." Kilenski said. "It's something 1 live with. It's a game trying to find the next thing that helps."

By Tracy Estes-Mishler

ounds going up and down."

Like Kilenski, many people According to the American Heart Association, more than nine mil-

want people to feel this is a license to overeat. It's not a magic

GARY S. WEINSTEIN

DIAMONDS IN THE ROUGH

One of the hottest new trends in diamonds, without question, rough, diamonds. Without question, rough, diamonds, without question, rough, diamonds, which are cut and polished in a 41990 Grand River Ave. manner designed to bring out the most fire, luster, and brilliance. Rough-diamond are licensed by the city jewelry retains an organic look that is very of Novi to offer loans appealing in its own right. Attention tends to center on natural colors and shapes. In Tucs. 10 a.m.-6 p.m., addition, because rough diamonds are scarcedy as expensive as faceled diamonds, jewelry designers have the opportunity to p.m., Fin., 10 a.m.-7 p.m., Sat. 10 a.m.-4 p.m., PH: 248-347-0303.

jewelry designers have the opportunity of present them in multiples. As a result, instead of having a diamond opendant that displays one beautiful, cut diamond, one can have a string of diamonds that commands the same attention with their natural beauty.

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NEW EXERCISE RECOMMENDATIONS

M. Physical Therapy

Rehabilitation Update

by Julie Rickett, P.T.

working with the fibers used in Alpha-Fibe FBCx since the 1980s She said, after a seminar at the University of Michigan in 2001 regarding diabetes, Artiss came

According to Jen, Alpha-Fibe FBCx, which has been sold online for the past two years, has been patented in the United States and five other countries, including How it all started

Singapore, Russia, South Africa, Korea and Morocco.

She said the pill is not consid-

amazing results."

have allowance to sell it by the Food and Drug Adminis

"According to U.S. law, every-

animals for obesity and diabetes.

"He was pointed in my direc-tion because I am a nutrition pro-fessor and been doing obesity and

diabetes research for the past 30

years." Jen said, "Now, with all

our research and clinical studies, on humans, we have found this

product to work and provide

dreams," she said. "After all, I'm a Better Health Market in Novi. The free seminar will focus on obesity and how Jen and Artiss' new product can help. Jen said the biggest dilemma

Together, Jen and Artiss are hosting a seminar about Alpha-Fibe FBCx 1 p.m. Saturday at the

currently faced is helping people understand Alpha-Fibe FBCx is "We're

Where to find it

professor. I never thought some-thing from pure academic impact in the health of the gener "We're looking to help those in

not distribited diet pill.

"We've done clinical trials and results have been amazing."

Fibe FBCx help with weight loss,

but also with lowering blood pressure and cholesterol.

"This is beyond our wildest

TAX PROBLEMS?

myself have taken it and we've had dozens of reviews from people across the country."

Metabolism)," she said we said with pure academic research and had nothing of commercial value in mind.

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only, Offer cannot be used in conjunction with any other offers and/or discounts and is subject to union and space availability. See Center Director for additional details. Offer expires March 31, 2008.



NEW EXERCISE RECOMMENDATIONS

The American College of Sports and Medicine (ACSM) and the American Heart Association (AHA) have recently updated recommendations for exercise.

These prescribe minimum levels of sports of the prescribe minimum levels of sports. These prescribe minimum levels of sports of the prescribe minimum levels of sports of the prescribe minimum levels of sports. The sports of the prescribe minimum levels of sports of the sports of the prescribe minimum levels of sports of the sport www.northrillenhvsicalrei

Jen said Artiss, a clinical chemist at Wayne State, had been ered a drug, but the doctors do Recognized as Safe). **GREAT LAKES DERMATOLOGY**

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Victoria Mitchell, editor (248) 349-1700, ext. 102 vernitche Histoannett.com

Novi News

Richard Peribera EXECUTIVE EDITOR
Grace Perez Perry

In our opinion: Keeping the vote alive

to prevent "glast stations," so-called locations that produce unexpected votes, and cries of

expected vol.
lection rigging rang row.
clear, Pakistan's election is
expected to come in February,
following the slaying of Prine
(Minister Hearai Bhutus.)
The first week of the new
year the death toll in Kenya's
disconnection. Although, he wasn't
there anyway. McCain had
already left the state to rally
South Carolina voters.

There is the state to rally
South Carolina voters.

There is the state to rally
South Carolina voters.

There is the state to rally
South Carolina voters. claimed a narrow victory, but has hovered around 20 percent observers say fraud tainted the election. It reached nearly 50 per-

timech less revered. Maybe a result of pulling on those hats and mittens made us forget what a decording to unofficial toesday results. 27 percent of

at some Detroit precincts, was a Republican community direct result of the Democratic party ballot debacle. After all, in the City of Novi was Romney nless you're a Hillary supporter, why take the time, right

take the win with 55 percent of the state's vote despite TV and radio campaigns to vote uncommitted to send a message of sup-port for Barack Obama or John of the vote.

in a close second with 40 percent favorable turnout. But the big winner of the

inght was Mit Romney. A for Romney really matters.

Michigan native, some political pondits accuse of riding his father's contaits into the asting a ballot in November Michigan victory. A win, most

In Pakistan, the nation's Election Commission refused to publish a list of polling stations mism over Washington-style pessimism, he cried out in his

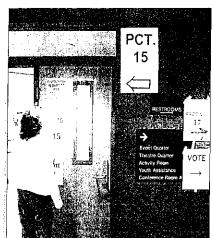
clection. The Michigan Primary elec-cent in the turbulent 70s. So, actually, the City of Novi

our country has offered to us as registered city voters grabbed a democratic gift.

Or maybe the low voter turnout reaching only 15 percent response from a primarily And the overwhelming victor

And Sen. Hillary Clinton did grabbing 26 percent of the vote. Clinton came in with the win in second, grabbing 36 percent

So what now? Well we'll keen Rudy Giuliani will throw in the towel and see if a Michigan win



Voters in the 15th and 17th precincts voted in turnout for the City of Novi was 27 percent.

OK Novi, let your opinion be heard

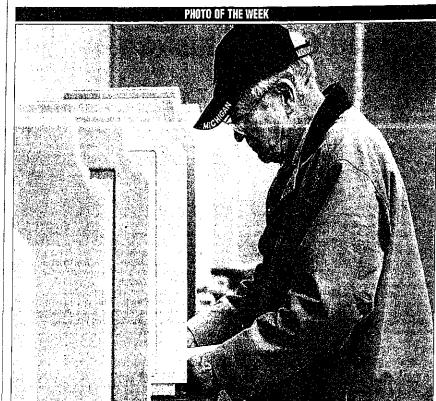
It's your community. It's about you. Have a voice. Take a



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■ E-mail: vemitchell@gannett.com ■ Deadline: Letters must be received by 5 p.m. Monday to be published in the Thursday edition.

MY OPINION



Primary Decision

Donald McGregor votes Tuesday around noon in Novi's 15th precinct.

几 E T T E R Why Most

Powerful?

ship, I will not refer to presidential candidates by name nor label. During the debates and various commercials, a few candidates insist that the United States be or remain the "most powerful nation

Tom Watkins:

advocating militarily, economically most powerful? Who says of the fact that mankind's existing of the above?

But most powerful? Who says of the fact that mankind's existing of the fact that mankind's existence is but a speck – less than an

nation? So it might bully-coerce- destiny."

My should a nation with a neer 4.6 percent of the world appear arrogant and even heligeren. It smells like "manifest interns of time and space should provoke us toward coopling to the most powerful appear arrogant and even heligeren. It smells like "manifest interns of time and space should provoke us toward coopling to the most powerful appear arrogant and even heligeren. It smells like "manifest interns of time and space should provoke us toward coopling to the most powerful appear arrogant and even heligeren. It smells like "manifest interns of time and space should provoke us toward coopling to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant and even heliging to the most powerful appear arrogant arrogant arrogant arrogant arrogant arrogant arrogant arrowance are also appear arrogant arrogant arrowance are also arrow arrows arrow arrows are also arrows are also arrows arrows arrow are also arrows arrows are also arrows arrows are also arrows are also arrows arrows are also arrows arrows are also arrows are

Having recently read Bill control?

Most prosperous? Why not if Byson's "A Brief History of mankind should be tultimate ve carn it.

Most humanitarian? Fantastic.

Most humanitarian? Fantastic read. I am convinced more than be cherished.

Most democratic? A dream to be cherished. must one conclude? Are they goal! Most progressive? What a tional cooperation and the survival of mankind.

vival and advancement o

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COMMENTAR

PHIL POWER:

About Phil Power

State's water resources must be protected

The Great Lakes are the largest freshwater system on the globe, and Michigan alone almost completely surrounded by them. Besides their amazing beauty, they account for about 20 supply of drinkable fresh

But there is reason to worry, big-time.
Ponder these disturbing

signed.

water.

National

and encouraging.

Nature Conservancy,

But there were also

and the Ford Motor Co.,

our environment.

facts about the lakes: · Water levels everywhere are very low. Experts think lakes Michigan and Huron record lows, set back in September was 1.6 inches lower than it was in the same month as its previously lowest record.

Something's going on, big enough to take tril-lions of gallons out of our Clearly, global warming is involved in various wavs.

· A new species of invasive, non-native critters (think Zebra Mussels o the fish-killing virus VHS) invade every six months or so. David Lodge, a researcher at Notre Dame University, says some come from discharged untreated ballast water of

ocean-going ships.
Another, possibly even more important source: ship's hulls.

 Vern Ehlers, a scientist who is also a Republican congressman from Grand Rapids, is circulating a pledge asking presidential candidates to fund a Great Lakes restoration strate-

A recent Brookings Institution study found restoring the Great Lakes \$20 billion effort) would result in \$80 billion in economic benefits. Clinton of New York and

Barack Obama of Illinois that reflects the actual ple who live here.

— the two from Great costs of the resource. Lakes states — have Those intent on imp The Detroit Free Press asked the top eight presi-dential candidates about a variety of environmental issues, from diverting Great Lakes water to dry states to supporting a \$20 Las Vegas.) billion program to restore the Lakes, to ways to cope

with global warming.
As of last Friday, only That would make our natural resource a commodione had answered: former Massachusetts Gov. Mitt ty like anything else for sale. The moment we put Romney, who grew up in a price on our Great Lakes Michigan and presumably water, somebody will be willing to pay it — and slurp — there goes our knows something about the Great Lakes and their

Last week, I sat in on a The sort of summit conference of folks interested in Michigan's environment. Michigan's environment.

It was both fascinating course, there were the heavyweight environmenorganizations: The Wildlife Federation and the Michigan Environmental

folks from the Council of Great Lakes Industries

What emerged from the sensus that our natural collaborate. Perhaps they resources — whether Great Lakes, streams, forests, shorelines - are magnificent. uniquely mous competitive and circles, that there should viding a great, and affordbe a price set on water able, quality of life for peo-

Those intent on improving our resource policies had a great deal of trouble say establishing a price getting a handle on how to system would reveal lots of hidden and expensive subsidies (for farmers in California, for instance, or folks with green lawns in

Phil Power is a longtime observer of politics, economics and education issues In Michigan, and was a regent of the University of Michigan from 1987 to 1999. He is also president and founder of The Center for Michigan, a moderate think-

and-do tank. These opinions and others expressed in his columns are his own and do not in any way represent official policy positions of The Center for

Michigan. Phil would be pleased to hear from readers at ppower@hcnnet.com.

the environmentalists.

rounding invasive species in the Great Lakes make the shipping industry look stilly, if not criminally irresponsible. Best evidence is that the state gets some \$50 million in economic benefit from ocean-going shipping. But the annual cost to local governments Mussels (which originated in ocean-going ships' bal-last water) is around \$5

Doesn't it seem that somebody oughta sue the dous throw weight to be

as well as from the University of Michigan and Brookings. Taken together, the group was about as knowledgeable as you'll ever find about There were plenty of insights. First, take the They constitute an enoridea, very fashionable in economics and business economic resource in pro-

Overall verdict: Not

billion.

But for decades wellintentioned people have preserve, protect and defend our resources, especially the Great Lakes. Seven states border the Lakes, each with its own parochial interests

"Not so fast," counter and political posturings. Add to that mix Ontario a province of Canada, and vou've added an internathe fact that we don't real ly know much about prop erly managing — let alone restoring — a complex. enormous ecosystem.

> casy.
> Conclusion: "We're not getting much traction." Yet it was equally clear we

At the end of the meeting, there was a fair amount of agreement that each of the interests represented at the table environmentalists, econess, universities, policy think tanks - might indi-

The group is going to get

together again in a little while. It could be the start

of something very, very

bastards.

vidually But think of the tremen

work together to identify FUNERALS, CREMATIONS, PREARRANGEMENTS 41555 Grand River Avenue could then even take a few Novi, Michigan 48375-1822 baby steps toward a big consolidating organiza-

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lds in the United States include a cat





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Passageways



We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We ask your letters be 400 words or less. We may edit for clarity, space and

■ Mail: Novi News, Letters to the Editor, 104 W. Main



Photo by JOHN HEIDER/Novi News Decisions

You've read the paper, now go to novinews.com and weigh





comptroller general of the limiting benefits, or a United States and head of combination of both. the U.S. Government The Concord Coalition Accountability Office is is a nationwide, nonparpreaching across the tisan, grassroots organi-country. As well he zation advocating generashould.

Walker is not Don
Quixote on a quest to tilt at

Walker is not Don
Quixote on a quest to tilt at

Walker is not Don
Quixote on a quest to tilt at

Way: Our government

Way: Our government

Way: Our government

Way: Social Security, tional, responsible fiscal windmills. For the past two years, he has been visiting currently borrows huncities with dreds of billions of dollars leagues from the left and today's Brookings al savings to take a back

Institution, the conservaseat to benefits for midand the nonpartisan citizens; for special inter-fund these programs at Concord Coalition. They ests. As a nation, we are the current level without bring a Paul Revere-type put our nation's fiscal house in order. His meshouse in order. His message is not the typical politand Medicaid face a \$50 house in order. His message is not the typical politand Medicaid face a \$50 house in order. His message is not the typical politand Medicaid face a \$50 house in order. His message is not the typical politand Medicaid face a \$50 house in order. His message is not the typical politand Medicaid face a \$50 house in order.

could send our country current 3:1 to 2:1 in in U.S. Treasury securi- are daunting. Leadership begin to take action now.

To summarize the problem: Current spending of Social Security, level a few years back. We Medicaid and Medicare spending of Social Security.



health director from 1986-1990. He can be reached at tdwatkins@aol.com. tiable appetite of out-of- votes. But reality it is!

About Tom Watkins

Tom Watkins is a business and education

of schools from 2001-2005 and state mental

nsultant. He served as state superintendent

cies at the state and national level are not sussolving is problem identifipensions, Social Security, Medicare and Medicaid annually to pay for today's consumption, forcing productive nation-forcing productive nationto pay.

We are living in a make-

spending and borrowing increasing taxes. It is simaway our future.

According to Walker,

There is no such thing as only choices we have to sage is not the typical pointical blather you get from
trillion funding gap due to
the right or left to curry
the right or left to curry
the alth care costs and
the costs and continued and creating a debt that
the charges As To simplify, as a counfantasy are no longer demographic changes. As children may not be able about the Fiscal Wake Up

This message of fiscal soon, perhaps they could Medicaid and Medicare are spending at an unsus-for the Baby Boomers who tainable rate and our start retiring this year will future revenue will not taxpayers or with pander-ing politicians seeking sis. reality does not sit well tell our children what with special interests, they are going to do to taxpayers or with pander- address this looming cri-

control government And we must face it; the spending. Our fiscal poli-sooner the better. The first and often the

cation. We know the problem. Now we will see if our elected leaders at the state and national level have believe world if we think future. We know the medtive Heritage Foundation, dle-income and wealthy that somehow we can icine is going to be bittereither increased taxes, cuts in benefits, or a combination of both. In the only choices we have to address this crists.

options.

For more information ing." He is telling America the Baby Boomers retire, to pay off. China and the Tour go to www.gao.gov or to WAKE UP! - we are facing a fiscal crisis that the ratio of retirees to workers will drop from the workers will drop from the hold hundreds of billions to www.gao.gov or the ratio of retirees to oil producing countries www.concordcoalition.org.

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Victoria Mitchell, editor (248) 349-1700, ext. 102 MY BULLETIN BOARD

Thursday, January 17, 2008 fax: (248) 349-9832

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to be published in the

additional information.

Thursday edition

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EVENTS

The Importance of Green

live auctions with WNIC's Lisa The City of Novi host these sessions regarding making your items include sports tickets, business or residence more enervacation gelaways, spa packages jewelry, restaurant gift cards and Neighborhood Academy other exclusive items: tickets are

TIME/DATE: 6:30 p.m. Thursday, Jan. 31 LOCATION: Novi Civic Center

DETAILS: This is for residential members of the Novi community CONTACT: (248) 347-0437

Art Van Community Events Art Van Furniture Store, 2777: Sesame Street Live! Ticket

DATE: Through Saturday DETAILS: The Sesame Street Live! Show - Elmo Makes Music is coming to the Fox Theatre lan 25-Feb. 10. Art Van guests can register to win a family four pack of tickets to the Jan. 25 show including a meet and greet seswinner per store. Sponsored by Art Van and WJBK FOX TV2:

Scrap the Night Away TIME/DATE: 3-11 p.m. Friday,

Jan. 25 DETAILS: Help monitor the DETAILS: Novi High School health of the Rouge River by lis-Senior All Night Party Fundraiser: tening for frops and toads in you \$25 per person includes pizza, neighborhood. Attend one train snacks, beverage and door ing workshop where you will get prizes; registration required; visit www.novi.k12.mi.us/parvey. Pre-registration is required entscomm/orgs/Web Pages/Segio for this free workshop rParty.aspx for information or to CONTACT: Call (313) 792-9621 register. or e-mail piccoordinator@ther

ouge.org.

Silent Hands 3rd Annual Valentine Dinner Dance TIME/DATE: 6 p.m.-12 a.m

Saturday, Jan. 26 LOCATION: Baker's of Milford DETAILS: Silent Hands charity provides short-term assistance to those affected by adversity: advanced tickets are \$50 or \$60 at the door; ratfle tickets are \$20 each for a chance to win a trip for two to Las Vegas including seven nights, air fare and \$1,000 cash. contact (248) 684-3338

Winter Stonefly Search TIME/DATE: 9 a.m. -3 p.m. Saturday, Jan. 26; Registration

deadline is Friday, Jan. 18 by callncordinator@therouge.org LOCATION: Environmenta pretive Center, University of

Misnigan-Dearborn, 4901 Evergreen Road, Dearborn DETAILS: Friends of the Rogue is looking for volunteers to search for winter Stoneffies: their good water quality and good fishteams, led by a trained volunteer. and travel to the headwaters of the Rouge River Watershed to sort through samples collected from the stream by team leaders no experience necessary, children one adult per child. Dress for the

Community Emergency TIME/DATE: 7 n.m. Monday

Department Training Center DETAILS: CERT members complete a 24-hour training program that provides critical skills necessary for emergency preparedness and response. City of Novi will begin an 8-week training session in May. Novi residents 18 years of age and olde Tuesday

apply. CONTACT: For more informawelcome to come and join this tion or to register for the inforenergetic group and be a liaison for the GNCC; RSVP please. mational meeting call Novi Police Sales Leads Group TIME/DATE: 8:30-9:30 a.m. 7100 or e-mail krhea@city-Thursday Jan. 24

Mardi Gras Cabaret Fundraiser for the Friends of the Novi Theatres

happens on a bi-weekly basis; TIME/DATE: 6:30 p.m. Friday, LOCATION: Lyon Oaks, 52221 Pontiac Trail, Wixom

TIME/DATE: 11:30 a.m. Thursday Jan 24 LOCATION: Rock Financial Showplace, 46100 Grand River DETAILS: Caharet includes DETAILS: \$25 per person, buffet dinner, beer, wine, special please RSVP by Jan. 16 with v cocktails and entertainment eaturing a Broadway-style revue

Friday, Jan. 25

by quest performers from the

and dancing with the Tony

Michigan Opera Theatre, music

ry as the Emcee; auction

0 per person, \$75 per couple

and \$375 for a table of ten and

www.novilheatres.com or from

Office; attire for this adult evening

CONTACT: (248) 347-0400

FIME/DATE: 9 a.m. Sunday,

LOCATION: Novi Town Center

DETAILS: Cost for pre-registra-

tion is \$24, \$29 on race day; for

more information or to pre-regis-

www.runsuperbowl.com or call

LOCATION: Novi Civic Center

Frog and Toad Survey

Training Workshops

the Novi Civic Center Parks

Super 5K Run

(734) 929-9027

LOCATION: Dirty Martini (above Andiamo) DETAILS: Admission is \$20. Become an ArtsNovi member for \$30 and get in free. Includes 1 Artini Martini, door prize entry, hors d'oeuvres, five entertain ment and the work of local

Meadowbrook Urgent Care Open House TIME/DATE: 5:30-9 p.m. Saturday, Jan. 26 LOCATION: 25500 Meadowbrook Road

DETAILS: Come to this new facility for strolling dinner, drinks and a free flu package for the first 500 visitors; ribbon cutting at 6:30 p.m.

Business Accelerator Luncheon TIME/DATE: 11:30 a.m.

Wednesday, Feb. 6 LOCATION: Crown Plaza Hotel DETAILS: Speaker is John Kelley of Google in Ann Arbor: cost is \$25 for members and \$30 for non-members: RSVP by

TIME/DATE: 7-9 p.m. Tuesday, Novi Chamber of Commerce

The chamber is celebrating 40 years of business, representing over 500 members. Our mission is to be a responsible, proactive advocate of business interests in the greater Novi area. We are business and professional people working together to enhance the life of nesses in it. For more informawww.novichamber.com or con-

SCI-Novi Chapter Annual Fundraiser Banquet

TIME/DATE: Doors open 4 Lakes Area Chamber of p.m., dinner 7 p.m. Saturday, Commerce Since 1963, the Lakes Area LOCATION: Laurel Manor.

Chamber of Commerce has 39000 Schoolcraft Road, Livonia proudly served as West Oakland's DETAILS: Featured Items Regional Chamber, servicing the include hunting and fishing unities of Commerc adventures all over the world, Township, Union Lake, Walled iewelry, artwork, home decorat-Lake Waterford, Wixen ing goods, vacations and sport Wolverine Lake and White Lake. memorabilia: also numerous raf-Our purpose is to improve the ing \$25 in free raffle tickets. residents in the Lakes area. We en purchased by Jan. 31; and act as a unified voice on behalf of \$75 each after Jan. 31 with no the business community, provide free raffle tickets. Special table a forum to discuss and review purchase programs also availtopics of interest, serve as a able. Purchase tickets by visiting source of information and develwww.scinovi.com or calling op programs that are responsive Wendy at (248) 620-0161. to the needs of the communities we serve. For more information 1000 tickets sold. visit www.lakesareachamber.com

CHAMBERS OF **COMMERCE**

Greater Novi Chamber of Commerce

We're about business. We're about networking. We're about creating excitement in business and networking! Everyone is welcome to attend any of our events. For more information call Whitney, executive director at (248) 347 4622 or wmgncc@vahoo.com. Also visit www.greater novichamber.com

DETAILS: All members are

LOCATION: Hooter's of Novi

DETAILS: Serious networking

Novi State of the City Address

305 N. Pontiac Trail, Ste. B, Financial Round Table TIME/DATE: 7:30-9 a.m. Walled Lake DETAILS: Discussion topic Show Me the Money," includes lunch, \$10 per person; pre-regis-

LOCATION: Panera (Novi Road and Grand River)
DETAILS: Come join the dis-Spatlight Lunch cussion about financial business:

Tuesday, Feb. 5 LOCATION: Senate Coney Ambassador Committee Island, 36950 W. 14 Mile at TIME/DATE: Noon-1:30 p.m. Haggerty Road LOCATION: Bamboo Club

BUSINESS

Novi Rotary Club TIME/DATÉ: Noon every

LOCATION: Novi Methodist Church, 41671 W. 10 Mile Boad DETAILS: Lunch is \$10 at meeting visitors weicome check website for speaker information. www.novirotary.org.

Females in the Family Business Affinity Group

TIME/DATE: 8-9-30 a m Third Thursday of every LOCATION: Walsh College

TIME/DATE: 5:30-9 p.m.

Troy Campus DETAILS: Walsh Business Leadership Institute invites women who own, are partners in, or work for family busibe common issues, and women can share solutions in a nonthreatening, noncompetitive non-sales roundtable Registration is required, CONTACT: Jan Hubbard. jhubbard@walshcollege.edu

CLASSES

Providence Center for the Healing Arts LOCATION: Assarian Cancer Center, 47601 Grand River CONTACT: (248) 465-5455

Wanted: One-time Art Workshop Instructors DETAILS: We are looking for people who have an art or craft that they would like to share in our series of one-time work-

Colored Pencil Warkshop TIME/DATE: 1-3 p.m., second Tuesday of every month DETAILS: Beginners wel-

Ceramics Class TIME/DATE: 10 a.m.~3 p.m. Tuesday, Wednesday and Thursday; Friday by appoint-DETAILS: \$10 materials fee.

DETAILS: Join others and reate hats and shawls for those in need Meditation TIME/DATE: Meditation for tact the chamber office at (248)

TIME/DATE: 1-3 n m

individuals or groups by DETAILS: Learn prope breathing techniques that can be used at home or on the job to help reduce stress; class held in reflection space.

Therapeutic Yoga TIME/DATE: 6-7 p.m. (for backs) Monday; 11 a.m.-noor (mixed level) Tuesday: 12:15-1:15 p.m. (gentle yoga for can-cer) and 5:30-6:30 p.m. (mixed level) Wednesday; 12:30-1:30 p.m. (for backs) and 6:45-7:45 (prenatal) Thursday: 9:30 10:30 a.m. (beginner/intermediate) Friday: 10:45-11:45 a m

(intermediate/advanced) Saturda DETAILS: \$10/walk-in: \$80/10class card; \$45/5-class card; Lunch and Learn Yoga 7-week session is \$60; registration required. Classes also held at rovidence Hospital, Southfield call for details.

or (248) 624-2826. Make 2008 Your Best Year Massage Therapy Ever" Personal Advice for TIME/DATE: By appointment

Business Owners DETAILS: Therapeutic mas-TIME/DATE: 5:30-8:30 p.m. sage is effective for stress and tension, chronic fatique, pain ŁOCATION: Walled Lake and headaches, Everyone is welcome. Patients undergoing 1600 Oakley Park Boad reatment should bring phys DETAILS: Presentation by cian's referral; \$50/50-minauthor and international speaker Michael Angelo Caruso; recep-

Gentle Tai Chi tion, networking, hors d'oeuvres TIME/DATE: 10:15-11 a.m. and soft drinks; \$35 per person; DETAILS: This ancient inese exercise promotes flexibility, balance and

call Chamber to register Home-hased Rusiness TIME/DATE: 11:30 a.m.-1 p.m. Wednesday LOCATION: Chamber Office, to Tai Chi and for everyone: \$5

Line Dancing DATE: Monday and Friday TIME: 6:30-7:30 p.m. begin ners; 7:30-9:30 p.m. in LOCATION: Novi Civic Center. TIME/DATE: 11:30 a.m.-1 p.m. 45175 W. 10 Mile Road DETAILS: No partner needed; pay-as-you-go; Novi residents \$5, non-residents \$6.

SCHOOL & GOVERNMENT

District Board of Education

Meeting TIME/DATE: 7 p.m. Thursday, LOCATION: Educational Services Building, 25345 Taft Road CONTACT: (248) 449-1204

Novi City Council Meeting TIME/DATE: 7 p.m. first and third Monday of month LOCATION: Novi Civic Center.

List your event in our calendar!

To be included in My Bulletin Board, please send event name, date, time, loca tion, details and contact. Bulletin Board, 104 W. Main

Street, Suite 101, Northville, MI 48167. ■ Fax: (248) 349-9832 ■ E-mail: vemitchell@ gannett.com

45175 W. 10 Mile Road and building activities for grades CONTACT: (248) 347-0470

TIME/DATE: 5-5:45 p.m. Novi Youth Assistance Wednesday, Jan. 30 General Citizens Meetin DETAILS: Bi-monthly book TIME/DATE: 6 p.m. Tuesday club for grades 3-4; book discussion, games and snacks. LOCATION: Novi Civic Center, Scarf Making for the Clothes 45175 W. 10 Mile Road CONTACT: (248) 347-0410 Closet

TIME/DATE: 5:30-6:30 p.m. Thursday, Jan. 31 LIBRARY DETAILS: Make fleece scarves for the Clothes Closet at Holy <u>LINES</u>

Novi Public Library LOCATION: 45245 W. 10 Mile

HOURS: 10 a.m.+9 n.m Monday-Thursday; 10 a.m.-5 p.m. Friday and Saturday; 1-5 CONTACT: (248) 349-0720

grams take place at the library Library Closed Monday In recognition of Martin Luther

DETAILS: Please visit library ebsite or Story Time brochure Reading Buddles TIME/DATE: 5-5:30 p.n Wednesday, Jan. 23 and 30 DETAILS: Join us as we pai Little Buddies (grades K-3) with Big Buddies (grades 5-12) for 30 minutes of reading, word games

and sharing. Knitters and Knotlers TIME/DATE: 6:30-8 p.m. secand fourth Monday of each DETAILS: Drop in for informal

needlework group in Youth Area; DETAILS: Stories, crafts and all levels welcome music for the independent listen er, ages 3-5; drop-in, registration TIME/DATE: Noon-1:30 p.m. cond Thursday of each month DETAILS: Book discussion TIME/DAY: 6:30 every oup for older adults facilitated Thursday

by librarian; please call to join. English Conversation Groun TIME/DATE: 11 a.m.-noon every Tuesday in Jan. DETAILS: For ages 18 and older; practice your English while

Friday of every month Storytellers Connection DETAILS: This is an Internet Using the Internet for Job erational program designed to connect adult storyteiling volum TIME/DATE; 7-8 p.m. tonight like to be a storyteller or learn. DETAILS: Learn where to find job leads and to uncover unadvertised openings using the nternet. Please register. m Newspaners in the New

more about this program, contact the library. What You Need to Know About Self-Employment TIME/DATE: 7 p.m. Tuesday, TIME/DATE: 7-8:45 p.m. DETAILS: Ron Dzwonkowski

DETAILS: Workshop conduct ed by a tax professional for those thinking of opening their own business; free but seating is lim industry. Sponsored by Friends of the Novi Public Library. Please ited; call or e-mail the library to ReferenceUSA Business

Wixom Public Library TIME/DATE: 7-8 n.m. LOCATION: 49015 Pontiac DETAILS: Learn how to look HOURS: 10-a.m.-8 p.m. up information on public or pri-Monday-Thursday; 10 a.m.-5 vate businesses; registration p.m. Friday-Saturday; 1-5 p.m. Ancestry Database Training TIME/DATE: 7-8:45 p.m. CONTACT: (248) 624-2512

ESL Cafe TIME/DATE: 3:30 p.m. every Thursday, Jan. 24 DETAILS: Discover how to DETAILS: Coffee and converlearning how to find family trees. sation-Improve your English speaking skills by speaking with and view actual census records people from other countries try Please register. ie for High Schoolers ing to improve their English; no TIME/DATE: 2:30-4 p.m. lests: instructor help: free.

Thursday, Jan. 24 DETAILS: Movie and snacks CONTACT: Karin at the nformation Desk. Book Discussion Groups TIME/DATE: 2-3 p.m. high schoolers will love. Novi Writers' Group 10 a.m.-noon Saturday, Jan DETAILS: "Killing Floor" by Lee DETAILS: This group, facilitat-

ed by local writer Kathy Mutch, Saturday Specials provides environment for writers TIME/DATE: 10:30 a.m. Saturday DETAILS: R.E.P.T.I.L.E.S., for to collaborate, critique and create with other writers; ages 18 and over; please register. ages 2-99. Special guest is Michael Bronhy, Registration TIME/DATE: 6-7 p.m. Monday, benins Jan. 7 Friends Mini Used Book Sale

TIME/DATE: 10 a.m.-8 p.m.

DETAILS: Lego show-and-tell

NOVI **SENIORS**

Navi Senior Activities

LOCATION: Library Meeting

and paperbacks 50 cents.

LOCATION: Located in the Meadowbrook Commons Senior Complex, 25075 Meadowbrook CONTACT: (248) 347-0414

Massage by appointment: 12:30-4 p.m. Monday-Friday and a.m.-noon Saturday Thursday 9 a.m.: Line Dance-Int. 11:15 a.m.: Line Dance-Beg. Noon: Lunch 12:15 p.m.: Contract Bridge

1 p.m.: Computer Lab

2:30 p.m.: Line Dance: Alzheimer's Caregiver Support Friday a m.: Stretch and Strength 10 a.m.: Body Recall Noon: Lunch 12:30 p.m. Dupl. Bridg

1 p.m.: Bingo Closed 8:30 a m · Panera Bread 9 a.m.: Line Dance-Int.; Hearing Ald Cleaning 10 a.m.: Asian Pacific

11 a.m.: "Soups On Noon: Lunch 1 p.m.: Bingo; Dance, \$6 Wednesday 9 a.m.: Stretch and Strength 10 a.m.: Body Recall: Quilting 11 a.m.: TOPS: Blood Pressure 11:30 a.m.: Clogging-Beg. 12:30 p.m.: Clogging-Club 2 n m : "Communit

6:15: Tai Chi 6:30 p.m.: Clogging-Ben/Easy/Int 7:30 p.m.; Clogging-Club

Waltenwood at Twelve Oaks

Independent Living Residence TIME/DATE: 12:30 p.m. third Licensed Assisted Living, DETAILS: Drop in for informa Licensed Memory Care discussion; bring a bag lunch; (adjacent to Twelve Oaks Malf) check library for current bool Evening Pre-school Story OpensHouse and TIME/DATE: 10 a.m.-6 p.m.::mer mont TIME/DATE: 6:30-7:30 p.m.

daily or by appointment. SUPPORT **GROUPS**

Adoptive Parent Networking Meeting DATE: Last Wednesday of

each month TIME: 10-11 a m LOCATION: Holy Family Catholic Church, 24505 DETAILS: This Informationa families in Oakland County. There is no charge. Child care is available; registration

required CONTACT: Lisa Molloy (248) 334-3595 no required; for information call Bereavement Support Group

DATE: Third Tuesday of each TIME: 7:30-9 p.m 45175 W. 10 Mile Boad vides the opportunity for those in grief to share their story and to learn about the phases and tasks of grief. All are welcome;

CONTACT: Michael M. Mever.

Doctorate of Ministry Angela Hospice Groups DETAILS: Grief support groups include general grief, parents who have lost a child group. All groups are led by pereavement professionals and rained volunteers. LOCATION: Angela Hospice

CONTACT: Sue Tracz (248) 380-0998. Care Center, 14100 Newburgh Road, Livonia Friendship Circle CONTACT: Joan Lee (734) TIME/DATE: 1 p.m. second 953-6012 Thursday of each month General Grief Support LOCATION: St. James Catholic Church, 46325 10 Mile TIME/DATE: 1 p.m. and 6:30

Road, between Taft and Beck m, second and fourth Tuesday DETAILS: Social group for all **DETAILS:** Open to all losses widows and widowers. CONTACT: Norbert Monson Loss of Spouse/Significant her Support Group Time/DATE: 6:30-8 p.m. first (248) 851-6730. Florence Voight (248) 477-3032. Joy lovaldi (248) 348-9138 or iovin-

TIME/DATE: 6:30-8 p.m. fourth Monday of month Suicide Loss Support

DETAILS: Hardcovers sold for DETAILS: Individual and family services offered free for those who have lost a loved one through suicide; call (734) 464-7810 for more information Hearlstrings: Parents Who

TIME/DATE: 7-8:30 p.m. first Thursday of mont Grief Support Quilter's Groun TIME/DATE: 1-3 p.m. first and third Wednesday of month DETAILS: Register by calling (734) 953-6012

DMC Huron Valley-Sinal Hospital Support Groups LOCATION: 1 William Carls Drive, Commerce TIME/DATE: 10 a.m. every

DETAILS: Al-Anon is similar to Alcoholics Anonymous; intended for the family and friends of someone with an lcohol problem, helping them to recover from the effects of CONTACT: (248) 706-1020 Alcoholics Anonymous Support Group

TIME/DATE: 10 a.m. every Sunday DETAILS: Support group to attain and maintain sobriety. CONTACT: (248) 937-3314 Journeys Cancer Support

Group TIME/DATE: 7-8:30 p.m., the first and third Monday of each LOCATION: Lobby of the

Charach Cancer Treatment Center, off the hospital's South Garden Entrance DETAILS: The Charach Cancer Treatment Center hosts a support group for anyone dealing with a cancer experience or who know someone living with cancer. CONTACT: (248) 937-5163

Alzheimer's Caregiver Support Group TIME/DATE: 2-3:30 n.m. the fourth Monday of each month LOCATION: Krieger Center (South Garden Entrance) DETAILS: Designed to allow

tions or directions call (248) 937 New Parents Sugnort Group TIME/DATE: 10 a.m. second and fourth Wednesday of each

support to each other; for gues-

LOCATION: Hospital for more information Conference Center DETAILS: A supportive environment for families to share their struggles, learn how resolve issues after the birth of a child; discuss concerns sucl as sleep deprivation and coping with the emotions of parentic

CONTACT: (248) 858-7766 TIME: 10-11:30 a.m. Support for Smakers Groun DETAILS: No registration IME/DATE: 7 p.m. first and third Tuesday of each mosth and support to quit smoking; no

fee and no pre-registration required. CONTACT: (248) 937-3314 Breather's Club Support Group
TIME/DATE: Noon the third Wednesday of the month DETAILS: Free year-round pro gram for persons afflicted with lung disease; provides support

and information; pre-registration

(248) 937-3314.

Psychotherapy &

Counseling Services

night out and other social

737-2322. Reartland Rosnice Volunteers Needed LOCATION: 28588

Wednesday of each month Southfield DETAILS: Call (734) 420-8175 Neighborhood Baby-sitting Co-op DETAILS: Using the co-op, you and your children can make in the Tri-County area. Office support is also needed. friends and get what you need ones in tow. Also enjoy a mom's

> **Novi Toastmasters** and third Tuesday of each. LOCATION: Novi Civic Center Activities Room, 45175 W. 10

DETAILS: Toastmasters will help you improve your commu nication skills, voice your opin on, polish your presentation: and practice leadership. CONTACT: Amy (248) 752-

(TOPS) Chapter



Lake St. Clair fishing guide Brian Maszaros ties a fly during last week's Ultimate Fishing Show at the Rock Financial Showplace. Guides like Maszaros were on hand to show their knowledge of fishing the Great Lakes and provide hands-on demonstrations of casting techniques.

Registration is required.

334-3595

er001@aol.com

A Catholic Undate

CONTACT: Lisa Molloy (248)

Interested in the Catholic

CONTACT: Call Maria at

(248)349-8847 or spiritwalk

TIME/DATE: 7-8:30 p.m.

LOCATION: Family Center

from Our Lady of Victory will

present "Lent Preparation.

Everyone is welcome.

Oak Pointe Church

Road, Novi

DETAILS: Fr. Denis Theroux

LOCATION: 50200 W, 10 Mile

CONTACT: (248) 912-0043 or

MOMS Club of Novi

TIME/DATE: 10 a.m. first LOCATION: Novi Civic Center **DETAILS: Moms Offering** Moms Support (MOMS) is a non-profit support group for mothers who choose to stay at home with their children or work out of their homes. CONTACT: ensungfleming@yahoo.com

Kensington Valley Mothers of Multiples

TIME/DATE: 7 p.m. second LOCATION: Witch's Hat Depot, 300 Dorothy St., South DETAILS: This group provides information, support and social

activities for mothers of multiple rth children and their families, Mothers of multiples living in Valley school conference are all CONTACT: (248) 437-5496

Breast Cancer Support

Group

DATES: Second and fourth LOCATION: Huron Valley-Sinai Hospital (Classroom C)

CONTACT: (248) 937-5017 Crohn's & Colitis Support

Group
TIME/DATE: 7-9 p.m. first and third Wednesday of each month LOCATION: Providence Park Hospital and Medical Center DETAILS: Enter facility through southeast entrance. Meeting in Conference Room A immediately to the left. CONTACT: Al Biggs (313) 805-7605 or Crohn's & Colitis Foundation of America (888)

TIME/DATE: Day and evening

Northwestern Hwy., Suite 475, DETAILS: Caring and compassionate individuals needed to register for Heartland Hospice Volunteer Training. We serve during their end of life journey CONTACT: Mary at (800) 770-

TIME/DATE: 7-8:45 p.m. first

Take Off Pounds Sensible

TIME/DATE: 11 a.m. weigh-in TIME/DAY: 7:30, 8:45,10:30 and 11:30 a.m. meeting every a.m. and 12:15 p.m. Sunday; 7 Wednesday p.m. Tuesday: 9 a.m. LOCATION: Meadowbrook Saturday

Commons, 25075 Meadowbrook Road, Novi DETAILS: \$24 per annual nembership, includes hand book: \$1 per meeting. New members welcome CONTACT: Rebecca Boyke (248) 305-8646

Visiting Nurse Association Hospice Volunteers Needed Saturday, Feb. 9, 16 and 23

Association of Southeast Michigan, 25900 Greenfield Road, Suite 600, Southfield DETAILS: Looking for kind compassionate hospice volunteers two to four hours per week in the tri-county area; volunteers needed Monday through Friday great need for male volunteers to an interview and attendance at a three training sessions is ext. 8361, (248) 967-8361 or

www.mbccc.org or

Sunday Worship

TIME: 10 a.m.

mccc@arounddetroit.biz

First Baptist Church of Novi

www.firstbaptistchurchofnovi.

Family Bible Hour: 9:45 a.m.

Family Worship; 11 a.m.

Family Movie Night: 5:30

CONTACT: (248) 427-1175 or

www.churchoftheholycross.com

TIME: 9 a.m. Adult Bible

Study: 10 a.m. Worship Center

for ages 3-7; 10 a.m. Ali ages

TIME/DATE: 7 p.m. second

DETAILS: All youth welcome

Alzheimer's Support Group

TIME/DATE: 10 a.m. second

DETAILS: Offering support

those dealing with Alzheimer's

disease and refated dementia

Church of the Holy Family

visit www.holvfamilynovi.org

CONTACT: (248) 349-8847 or

LOCATION: 24505

Meadowbrook Road

and open discussion for all

and fourth Sunday of every

Sunday Worship

Sunday School

Youth Worship

Saturday of month

p.m., fourth Sunday of every

Bible Study: 6 p.m.

Holy Cross

visit www.oakpointe.org Sunday Worship FAITH TIME: 9:15 and 11:15 a.m. Jill Jack Open Door Concert Meadpwbrool TIME/DATE: 7 p.m. Friday Congregational LOCATION: 21355 DETAILS: Jill has dominated Meadowbrook Road decade; tickets \$7 per person visit the church web site o www.jilfjack.com for more infor-Ritter, Senior Minister (248)

ReNew Life Ministries TIME/DATE: 7:15-9 p.m. DETAILS: Ongoing Life Groups

that support and facilitate person al growth, healing, learning and change from a Christian perspec-LOCATION: 45301 W. 11 Mile tive. The groups are: GriefShare (for those grieving a loved one's CONTACT: (248) 349-3647 or death); DivorceCare (for those experiencing separation or divorce); Anger Management Dealing with Struggling Teens (for parents); YourSp high school students); Every Man's Rattle (for men seeking recovery from lust, pornography, and sexual addiction); Betraveo bands struggle with pernography. sexual addiction, same-sex attraction or adultery); Changes that Heal (for those experiencing LOCATION: 40700 W. 10 Mile emotional or relational pain); and

CrossCurrent (for men who expe-CONTACT: For more information or to register call (248) 912-0043 or visit www.nakpointe.org. **Bible Family Event**

TfME/DATE: 7-9:30 p.m. Friday, Feb. 8 and 9 a.m.-noon Saturday, Feb. 9 DETAILS: One seminar for adults, another for kids (grades (-5) so bring the whole family; learn about the Old Testament ickets \$20 per person with regis tration at the door. CONTACT: Joe Snyder at (248) 912-0043 or visit the church Web

St. James Catholic LOCATION: 46325 10 Mile CONTACT: (248) 347-7778

TIME/DAY: 8, 9:30 and 11:30

Mass Schedule

a.m. Sunday: 9 a.m. Monday-Tuesday; 7 p.m. Wednesday: 5 o.m. Saturday

Adoptive Parent Networking Novi United Methodist LOCATION: 41671 W. 10 Mile TIME/DATE: 10-11 a.m. fast CONTACT: (248) 349-2652 or Wednesday of each month visit www.umcnovi.com DETAILS: This free informa tional meeting is open to all TIME: 9:45 a.m. adoptive families in Oakland Healing Service and Holy

> TIME/DATE: 9:45 a.m. first Sunday of every month Peace Vigi TIME/DATE: Noon, first Sunday of every month LOCATION: In front of the

DETAILS: Members of the congregation and the community will sland united in prayer for peace; Artists and Crafters Wanted DETAILS: The church is host ing an arts and craft show Saturday, June 21. Vendor space will be available indoors and out. CONTACT: Parn Davis.

First United Methodist of

LOCATION: 777 W. Eight Mile CONTACT: (248) 349-1144 or Sunday Worship DETAILS: 8, 9:15 and 11 a.m. TIME/DATE: 4 p.m. first Men's Bible Study TIME/DATE: 6:30-7:30 a.m.

every Wednesday LOCATION: Room 10 Sharing Hearts Women's Bible Study TIME/DATE: 12:45-2:30 p.m. every Tuesday

DETAILS: Child care available; cost is \$11 for materials Disciple One Bible Study TIME/DATE: 6-8 nm. ever Sunday; or 9:30-11:30 a.m. every DETAILS: Course lasts 34 weeks; covers 70 percent of the

LOCATION: Chapel upstairs

Disciple Three Bible Study: Remember Who You Are TIME/DATE: 9:30-11:30 a.m. every Wednesday Disciple Bible Study: Jesus and the Gospels

TIME/DATE: 3-5 p.m. every The Faith Club TIME/DATE: 9:30 a.m. every other Thursday DETAILS: This interfaith group will be reading "The Faith Club" register at (248) 344-4248.

Radical Joy

TIME/DATE: 6-8 p.m. first and

third Thursday of each month LOCATION: Chapel Lounge DETAILS: For women tooking to connect more closely with women, Registration required. Spicide Loss Support Group TIME/DATE: 7 p.m. second Thursday and fourth Monday of

DETAILS: New Hone Center for port group to those who have lost CONTACT: New Hope Center for Grief Support (248) 348-0115 or www.newhopecenter.net



50 PEOPLE

"Revolutionary Hearing Devices that Combine Comfort and Clarity"

DON'T MISS THIS OPPORTUNI

50 PEOPLE WANTED WHO ARE EXPERIENCING ONE OR MORE OF THESE PROBLEMS:

· Hear words but can't understand what they are. · Complain that your TV or radio are too loud. • Difficulty hearing in restaurants or group settings • Your spouse, family or friends complain you are not hearing what they say. • People seem to mumble and you are always asking them to speak up or repeat themselves.

Remember Hearing loss does not discriminate, if you feel that you or a loved one has one or more of these problems come into Fluke Hearing for a FREE HEARING EVALUATION

Fluke Hearing Instruments will perform a comprehensive hearing evaluation at NO CHARGE for the first 50 callers to determine if you a candidate for this "RISK FREE" program. Applicants selected will be asked to evaluate the latest in Hearing Aid technology.

EXCEPTIONAL SAVINGS FOR THOSE WHO QUALIFY.

Fluke Hearing Instruments is a family owned, multi line hearing aid distributor including: NU Ear, Starkey, GN ReSound, Seimens, Phonak, Audina, Electone, Magnatone, Widex, Interton and Vivatone. Why limit yourself to just one product choice!

Sanderenallerodine

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TIMF/DATE: 5:15-8:15 p.m DETAILS: Program includes

music: grades 4-12. Men's Club

TIME/DATE: 8-9 a.m. Saturday DETAILS: People, pancakes and praise in the Fellowship Hall.

CONTACT: (248) 427-2700, 9 a.m.-2 p.m. or visit www.crossnintemeadows.org

TIME: 9 and 10:30 a.m.

Crosspointe Meadows

Flementary School, 29200

LOCATION: Meadowbrook

Ward Evangelical Church Road, Northville

CONTACT: (248) 374-5978 Sunday Worship TIME: 9 a.m. and 10:20 a.m. Traditional, 9 a.m. Contemporary Single Point Ministries For single adults 40 years and

CONTACT: (248) 374-5920 Every Sunday: 11:30 a.m. ellowship and refreshments

St. Paul Lutheran LOCATION: 201 Elm St.,

CONTACT: (248) 349-3140 TIME: 8:30, 11 and 11:30 a.m.

The Baha'i Faith TIME/DATE: 11 a.m. last Saturday of every month LOCATION: 23803 Ripple

DETAILS: This Devotional Gathering is focused on prayers for peace. People of all faiths welcome.
CONTACT: (248) 473-0355 or visit www.us.bahai.org

First Presbyterian Church of

LOCATION: 200 E. Main St. CONTACT: (248) 349-0911 or Sunday Worship

Single Place Ministries DETAILS; Thursday evenings; 7:30 p.m. social time; 7:45 p.m. ning; 8-9 p.m. informati and entertaining programs of interest to singles, \$5. Check website for details www.single-

Walking in the Park TIME/DATE: 10-11 a.m. every

LOCATION: Meet at the Visitor's Center of Heritage Park (Farmington Road between 10 and 11 Mile Roads, Farmington

DETAILS: Group meets for CONTACT: Sue (734) 459Divorce Recovery Workshop TIME/DATE: 7:30-9 p.m.

David Jerome; Church & Divorce

Spiritual Help & Forgiveness pre-

sented by Pastor Russell; Helpini

sented by Sharon Beroman, MA

LLP; and Relationships Old and

New presented by Ms. Bolos,

Pictionary Night & Hors

Cost is \$35 per person

g,oenvies

Children Through Divorce pre-

through Feb. 21 LOCATION: Emeritus Room DETAILS: Workshop topics and speakers include: Networking, Mid-life Crisis pre-sented by Pastor Russell; Stages

of Grief presented by J. Harold Ellens, Ph.D.; Putting Your "Ex" in Focus presented Dell Deaton Pot Luck Dinner and Legal Aspect of Divorce presented by

Meadowbrook Road (south of 13

DETAILS: Men vs. women as ve play this interactive game in honor of Louise Towalski, CO hosted and led by Darleen Psychology of an Election

> DATE: Jan. 24 DETAILS: Harold Ellens, Ph. D. eads a serious yet fun discussion. Come share your thoughts. Tacco Night, Light & Lively

DATE: 7 p.m. Jan. 31 DETAILS: Tocco's, refreshments and Northville's world-

famous ice cream and cookies served: \$10 donation requested for those having dinner, \$5 donation for presents only. Enjoy the 60s-80s folk and country performance of John Leabu.

Opportunity
TIME/DATE: 7-8:30 p.m. Sunday, Jan. 13 - Feb. 24 DETAILS: This Adam Hamilton Series "Making Love Last a inspiring biblical insights and

Spiritual Development

ective on love and marriage **Faith Community** Presbyterian

Doctor's Visits LOCATION: 44400 W. 10 Mile DETAILS: Jan. 31; Dr. Robert Brateman, CONTACT: (248) 349-2345 or You "Heart" What You Eat visit www.faithcommunity-DETAILS: Feb. 28; presentatio

by cardiologist, Dr. Zarghami fol-Sunday Worship TIME: 9, 10:30 a.m. lowed by strolling dinner featur ing heart healthy food; recipes "Discovering The Bible" Kerygma class TIME/DATE: 7 p.m. every Total Knee Replacement DETAILS: March 27; presenta

द्वाराज्याम् GracePointe Presbyterian

Tuesday

CONTACT; Rev. Brian C. Sleeth, Pastor (248) 497-3178 or www.gracepointepca.org

Grand Opening TIME/DATE: Palm Sunday, DETAILS: More Information can be found at the website.

Orchard Hills Baptist Church LOCATION: 23455 Novi Road CONTACT: Pastor Jon Hix



Gavin Schonfeld Wyandotte Hospita Bryce & Angela

Babies born in 2007 will be presented March 6, 2008. Submit your baby's photo today!

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Uncles, Brothers & Sisters! Don't miss your

chance to be a part of 2007 "Oh Baby!"

Mardi Gras Cabaret

Tickets are selling fast for the Feb. I Mardi Gras Cabaret, a fund-raising event sponsored by The Friends of the Novi

TIME/DATE: 7-8:15 p.m. every

/ednesday DETAILS: For ages three to six;

register: all are welcome.

Oakland Physical Therapy LOCATION: 47601 Grand River Ave., Suite B124, Providence

Park Medical Center CONTACT: 248-380-3550

DMC Huron Valley-Sinai

LOCATION: 1 William Carls Dr.

CONTACT: (248) 937-3314

DETAILS: No pre-registration

Alcoholics Anonymous

Support Group TIME/DATE: 10 a.m. every

required. For information, call (248) 937-3314.

Al-Anon Support Group

Sunday DETAILS: For family and

TIME/DATE: 10 a.m. every

friends of someone with an alco

hol problem. No preregistration

required. For information, call

(248) 706-1020.

call (248) 706-1020.

Dinner with a Doctor

TIME: 6:30-8:30 p.m.

Road entrance), Conference

tion by orthopedic surgeon Dr. David Market

BORDERS

MUSIC

Jan. 28

BOOKS AND

43075 Crescent Blvd., Nov.

CONTACT: (248) 347-0780

Author John Gray TIME/DATE: 7 p.m. Monday

DETAILS: John Gray will be at

Borders with his new book "Why

Mars and Venus Collide:

(888) 440-7325

LOCATION: St. John

HEALTH



Manli Gras Cabaret! Lyon Oaks in Wixom is the

site for this festive evening of dinner, drinks and entertainment revue by guest performers from Michigan Opera Theatre, music and dancing with the Tony Lanner

"Everyone's excited about the silent and live auctions, especially with WNIC's Lisa Barry as the encee of the evening," said Friend's treasurer Kelly Adams.

Board Member Elaine Maylen is pleased with the wide variety of auction items that have been donat-

"My father-in-law really wants to win the weekend in Leelanau with a winery tour," she said

"As for me, I'm going for the deluxe party package at Lucky Strike."

Auction items include: Al Kaline autographed baseball bat, a three-month membership at the Sports

Club, several spa packages, jewelry, professional photography, University of Michigan Football tickets, Red Wings tickets and an exclusive art piece from a local artist.
Individuals or businesses interested in making a tax-deductible donation may contact Gwen Markham

Tickets for the Mardi Gras Cabaret are available on-line at www.novitheatres.com or from the Novi Civic Center Parks Office, 45175 W. 10 Mile (between Novi and Taft Roads).

Tickets are \$40 per person, \$75 per couple and \$375 for a table of 10. Attire for the evening is festive and fun.

Article for the eventual is resure and thin.

For information, call (248) 347-0400.

The Friends of the Novi Theatres is a non-profit organization that provides volunteer and financial

support for The Novi Theatres' shows and educational programs.

For more than 16 years, the Novi Theatres has offered performing arts opportunities for residents of Novi and the surrounding communities

Women Cope Differently with Stress," on sale Monday.

TIME/DATE: 10 a.m. every ROCK Sunday DETAILS: Intended for teens **FINANCIAL** dealing with someone with an alcohol problem. No preregistra SHOWPLACE tion required. For information

46100 Grand River Ave. Call www.rockfinancialshowplace.com DATE: Last Thursday of month Bridal Expo 2008

TIME/DATE: Noon-5 p.m. Saturday-Sunday Providence Park Hospital, Grand River and Beck roads (use Beck DETAILS: Largest bridal show with thousands of dollars in prizes, gift coupons and give-aways, three different fashion CONTACT: Free registration to lecture and dinner by calling shows each day, hundreds of experts and plenty of fun. Parking

How to Make the Most of You Home Improvement Show TIME/DATE: Noon-9 p.m. Friday, Jan. 25: 10 a.m.-9 p.m. Saturday, Jan. 26; 10 a.m.-6 p.m.

Sunday, Jan. 27 DETAILS: This show features hundreds of exhibitors including the latest technology, products and services for kitchens, baths, doors, windows, remodeling heating and cooling. Arts and crafts show inside. Admission is REGIONAL

Annual Full Moon Owl Hike TIME/DATE: 5:30 p.m. Saturday LOCATION: 6277 Cowell Road,

Brighton DETAILS: Join the Crossroads Group of the Sierra Club for this free outing; potluck and introduction to owls, then hiking in

Brighton State Recreation Area to call for owls; open to members and non-members; bring a dish or snacks to share, a flashlight tion, call (810) 231-9045.

DATE: Friday, Jan. 25-Sunday,

LOCATION: Kellogg Park, Downtown Plymouth DETAILS: This fun-filled family event is free and open all weekend; ice carving during daytime

hours. CONTACT: For more information, contact (734) 453-1540 or visit www.plymouthice.com

TIME/DATE: Noon registration, gaming 1:30 p.m. Sunday, Jan. 27

Texas Hold'em

Services Programs, 49045 Pontiac Trail, Wixom, (248) 624-Moms Day Valentines TIME/DATE: 9:30-11:30 a.m.

LOCATION: 700 Bowl, 700 N.

Lafayette, South Lyon DETAILS: Entrance fee is \$60.

Last player standing receives a \$777 prize. Forty participants will

Initiate a 2nd (\$300) and 3rd

CONTACT: Community

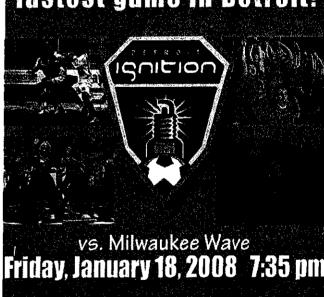
(\$150) place pay off.

Saturday, Feb. 2 DETAILS: Moms and kids. come make Valentines for your family and friends; will make 15 unique cards; cost is \$22 per couple; pre-register by 3 p.m. on

Daddy/Daughter Dance TIME/DATE: 6-8 p.m. Thursday, Feb. 7 DETAILS: Enjoy a night of dancing, includes a pizza dinner; \$25 per couple, \$5 each additional girl; pre-register by 3 p.m. on

Send your calendar items to Novi News, 104 W. Main Street, Suite 101, Northville, MI 48167; fax to (248) 349-9832; or e-mail

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Joe's Weekly

Farmers Best Washington **Red Peppers** Bartlett Pears 91b packaged

Fresh California Romaine Lettuce $m{99}^{arphi}_{l}$

California avel Oranges 6|\$2.00

Driscoll's Blueberries

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Organic Yellow or Red Onions

Amy's Organic Soups

Frantola Organic Extra Z Virgin Olive Oil < Organic Russet Potatoes 51b bag

and Bosc Pears

2/\$4.00 All Varieties

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Boarshead \$7.99 lb.

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\$5.99

Dietz & Watson \$6.99 lb Oven Classic Turkey \$5.99 u 4.99

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Boarshead Oven Roasted Turkey \$6.99 lb. **\$5.99** њ. \$6.99 lb. Lemon Pepper Chicke Breast 5.99 lb. \$5.99 16 ASmokehouse Ham '5.99

Check out our specialty cheese counter! Manchego & Mahon cheese would be delicious with these wines. Codice Tinto 2004 **\$8.99**

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Stuffed Turkey Tenders 3.89 lb.

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Hilar to post

Randall Patterson

Novi boys help U-13 soccer team win winter tourney, P. 2B



SPORTS GALLERY: CC SPORTS

PAGE 3B

My Novi Sports

Novi, Catholic Central sport schedules SPORTS, 28

THURSDAY, JANUARY 17, 2008 • WWW.NOVINEWS.COM • SPORTS SUBMISSIONS: JTHEISEN@GANNETT.COM • PAGE 1B

SPORTS SPOTLIGHT: BOYS BASKETBALL

TWIN TOWE **DE-ACTIVATED**



Tyler Hoover, cut out of the photo, graduated early, leaving Caleb Dean as the ione true post player on the team.

Hoover graduates early, another dismissed

By Jeff Theisen

When Cory Heitsch took over the Novi basketball program, his first season seemed to have a simple approach — get the ball to

one of the big guys.
With 6-9 Caleb Dean and 6-7 Tyler Hoover down low, the Wildcats were going to have a size advantage on just about every team they played against.

But things took a wild left turn during the

Hoover graduated early to take classes at Michigan State so he could be eligible to take part in spring football practices. It's a move commonly used by players that want to get a jump on learning the playbook in an effort for early playing time.

See CHANGES, 2B





Caleb Dean shoots over a defender Friday against

Wildcats crawl back over .500

Two wins to start new year leaves Novi sitting at 5-4

By Jeff Theisen

The Novi boys basketball

team turned in a pair of strong performances to start the new

year 2-0, improving to 5-4, 3-1.
The Wildcats hammered
Howell 57-36 Jan. 8 and
Lakeland 66-57 Friday for a pair

Double trouble

Against Lakeland, both teams took turns playing follow the leader until Novi left the Eagles in the dust during a 15-7 fourth-quarter run to finish the game.

Novi used an outside-to-inside approach for the win. Nick Prokop kept the Wildcats in the game early, hitting three

first half 3-pointers on his way to a 5-for-6 night from outside the arc and a team-high 17 points. "I got hot," Prokop said. "I had

a little cold streak going on. Now I'm shooting the ball well like I was in the beginning of the sea-son, and it feels good." Wildcat center Caleb Dean

caught fire in the fourth quarter, scoring 10 of his 14 points and sending the home crowd into a frenzy with a pair of dunks down the stretch.

"I think it was a team effort,"
Dean said. "I was open and my
teammates were hitting me.
"In the first half, I'm starting

out really slow. But I think that speaks big because every game

See HOOPS, 2B

Novi wins 3 titles at tourney

By Jeff Theisen

The Wildcats wrestlers placed fifth at the Brighton Invite on

Claiming titles were Robbie Yusko at 119 pounds, Ryan Thomas at 152 and Ryan Ridenour at 189, Jon Lichorobiec was second at 112, Aditya Sathi was fourth at 125 and Tom Szczygiel took fourth at 130.
Novi also beat South Lyon 42-

Winning for Novi were Lichorobiec (pin), Sathi (17-2), Yusko (5-1), Szczygiei (pin), Clayton Caldwell (9-4), Thomas (pin) and Ben Farley and Ryan

Ridenour won by void

Novi Girls Basketball Novi lost its first KVC game,

47-39 to Lakeland on Friday Caroline Johnson led the Wildcats (8-2, 3-1) with 10 points, and Melissa Gasiorek pitched in seven points and five rebounds.

Movi Cheer

The Novi Varsity Competitive Cheer Team put together three solid rounds outscoring the Pinckney Pirates 679.98 to 520.36 for the Wildcats' first KVC win of

clusion of Round 1. In Round 2. Novi put another 201.48 points on the board compared to Pinckney's 142.87. Novi finished the even with 277.50 points in Round 3

while Pinckney tallied 217.00.
At the home invite, the Wildcats placed third of 11 teams

Saturday. Kentwood won with 725.8, followed by Roosevelt with 674.36 and Novi with 672.38.

Navi Hockey

The Wildcat hockey team lost

See ROUNUP, 2B



Photo by JOHN HEIDER

Novi's Aditya Sathi in action during a recent meet.

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Health

Use smarts with snow

ur first heavy snow of the season, my first snow-blower. Not quite sure how it works, all I know is it was one of the bigger models at Home Depot, so it must be good. As my hand inched toward the jammed blades, a voice in the back of my head whispered. "Are you freakin' crazy?" and I stopped in disbelief. I was doing just what I'd swore I'd never do. the same story countless patients I've treated in the ER have told as I'm sewing up their fingers. At that moment, one of my life's unanswered question was answered — What on earth would possess someone to stick their hand into the blades of a snowblower? Answer: it seems so easy, especially if you can just do it real quick. What made my transgression even worse was the snow removal tool (which most models now come equipped with) was sitting right in front of my face.

Hand surgeons typically mark the first snow of the year by the countless finger injuries that whitewash the ER much in the same way back surgeons can mark the beginning of hunting season by the treestand falls that flood area hospitals. Snowblowers are the leading household cause of finger amputations and every year thousand of snowblower injuries flow through U.S. emergency rooms but common sense can keep your hands injury-free.

Follow the assembly manual

for your snowblower to a tee and then leave it be. Avoid aftermarket tinkering for you Mustang.

Always snowblow sober avoid the temptation to use up the leftover supply of drinks from your holiday party you're trying to keep cold in the garage, usually conveniently located right next to the snowblower. Not only will this help avoid poor judgment but as an added bonus it will keep your core body temperature from drop-ping (well known effect of alco-hol). Never, never, never put your hand anywhere near the auger even with the machine off once snow is removed some blades have a brief but nasty ten dency to recoil as they're freed up. If your model does not have he removal tool, use a stick of handle of your snow shovel to remove clogged snow.

Lastly, never run the machine inside the garage and always make sure to turn it off when walking away from it, especial-ly when young children are

Likewise, the first heavy snow of the year often coincides with increased activity in the chest pain unit of ER's attributed to snow shoveling. Personally, I feel if done in a safe manne snow shoveling can be great exercise. Cold temperatures put additional strain on the heart and most people underestimate the that shoveling presents eveling a heavy snow is grueling and the exertion it der can sneak up on you quickly Those who need to be particular lisease. Take regula breaks, don't try to get the entire walk done in 15 minutes. Stay hydrated, this is hard work and the heavy breathing in the cold can leave you as fluid depleted as a five-mile run in 95 degree weather. Warm up first with a brisk walk (or just up and down your driveway if there's a foot of snow) or stretching session. Use a smaller shovel — it's actually easier on your heart to lift more frequently with less strain than to lift a few times with a large load of snow (not to mention it's easier on your back as well). Avoid caffeine, energy drinks and alcohol before starting as these can put additional strain or

Or just save yourself the trouble and go out to Home Depot and buy yourself the biggest snowblower they have.

Dr. Sean Bak is a Novi resi-dent and an orthopaedic sur-geon who specializes in shoul-der reconstruction and sports nedicine. Dr. Bak takes care of the athletes of several area universities and high schools. His practice, Porretta Center for Orthopedic Surgery, is based out of Providence Hospital.



Cruise control

Wildcat Dan Meister swims the backstroke during practice.

■ HOOPS: Novi starts new year with two victories

continued from front

e've played we've been in it during the first half. If I'm not an offensive threat in the first half but kids in the county. They're starting to but kids in the county. They're and we're still in the game, it says something."

Heitsch said. "They're starting to believe in themselves a little believe in themselves a little we made it too easy on them in the made it too easy on them in the statek the rim, and it's OK to shoot. omething." made it to The teams were deadlocked at first half."

12 after the first quarter, but Lakeland pulled ahead 31-28 by

halftime.

Eagle guard Blake Heimunn (13 first-half points, 19 overall) fourth.

and Mike Fugate (nine first-half points, game-high 20 overall) severe trouble throughout the game for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi. For Heitsch, the game changed when the Novi defense all times throughout the fourth for Novi had little trouble with Howell, winning 57-36.

Howell blowaut

"We started guarding," he said.

"Pugate, and Heimann, I put them
up not just with kids in the league.

"Heitsch said. "They're starting to

Novi fell behind 42-35 before player, that's why you're on the

finishing the third quarter on a 9-1 run to reclaim a one-point lead (44-43) heading into the

quarter until Dean caught fire and

make plays - be a basketball

CHANGES: Wildcats dealing with players gone

continued from front

The move left Heitsch and the Wildcats without one of their starting centers, forcing the offense to go in another direction

"It allows the perimeter kids to buy more into what we are trying to do offensively," Heitsch said. "With our big kids, you feel guilty almost when you shoot a three or when you look to penetrate on your own. We had something else that nobody else in this area had and probably everybody would want. I think it frees things up. "It is what it is. As I told them,

Tyler left and now nobody thinks you're good again. Just commit

No more twin towers

Dean said, "With (Hoover) gone, I have to get more rebounds. He took a lot of pressure off of me.

playing without a true post player.

Toward the beginning of the season, I got into foul trouble and had to sit most of the first half," he

said. "It got me a little bit frustrated.
"It's really important for me not
to get into foul trouble." Since Hoover's departure, the Wildcats have gone 2-0 and have wildcats have gone 2-0 and have climbed back above 500 at 5-4, 5-1 in the KVC. Novi thumped flowelt 57-36 Jan. 8 and beat Lakeland 66-57 Friday. "You get a shot in the arm when the short of the control of the contr

"Those two games have got us believing that we can do this and believing that we can do this and leaves and another kid is disauything is possible," Dean said. "We've got to come together as a team to do this and win the league."

"It's different, but I've been in sit's the new dedication on non-situations where I'm used to it," game days making the real differ-

game days making the real differ-ence.
"We win Monday, Wednesdays, took a let of pressure off of me.

Dean also knows if he gets in foul trouble, it forces the Wildens and University of the playing without a long and the p committed to giving everything they have in practice. That has made a big change."

Another loss

But Hoover wasn't the only change with the team. Former forward Aaron Pugh was dismissed from the team after failing to show up to several practices. Pugh, listed at 6-2, added depth

turned on brighter and reality his that 'Oh no, it's my turn now, and Now, Novi is forced to rely on its guard play, while making Dean the only true low-post player.

Heitsch said kids stepping up in I have to take advantage of it. "And they have, and I couldn't be prouder of them."



Champs The Waza FC U13 Boys soccer team won the Under 13 Top Division of the Total Soccer Winter Tournament Series held December 8-9. The tournament was played at the Total Soccer facility in Wixom. Led by Trevor Nessel's three goals and Matt Wilson's goal and three assists, Waza FC beat the Novi Jaguars, Ann Arbor United and Sylvania Ohio Pacesetters in the preliminary round and then beat the Michigan

Wolves in the finals on a penalty kick shootout. Front row, from left: Tommy O'Connor, Nick Yang, Brent Winkler, Aaron Krupa, Matt Wilson (Novi), Colin Warner and Aleksander Isaevski. Back row: Donald Payne, Rickie Carter, Alex Arlin, Connaugh McLaughlin, Ronnie Basin, Matt McAuliffe, Trevor Nessel (Novi) and Coach Dan Diac.

Livonia Churchill won the Novi

The Wildcat cheer team performs at the Novi invite.

■ WILDCAT ROUNDUP

lost 739.972-682.81 to Hartland on Jan. 7, competed at Pinckney despite the Pirates not having a JV team and placed sixth of 12 teams at the home invite

Wednesday. Novi JV Cheer

The Wildcats JV cheer team

Sport Shorts

Super 5K Run

The Super 5-kilometer Run will take place 9 a.m. Feb. 3 at the Novi Town Center. Pre-registration is \$24 and \$29 on race day. For more information or to pre-register online, go to www.runsu-perbowl.com or call (734) 929-9027.

Soccer Shootout

The University of Michigan mens soccer team is hosting the sixth

annual three-on-three Micro-Soccer Shootout Camp on Feb. 9-10 at the Oosterbaan Fieldhouse.

The fee of \$100 includes a four-game guarantee for each team.

Ages range from 7 to adult with recreational and competitive divisions available for boys and girls.

Registration forms can be found at www.umsoccer.com. Further information is available by calling (734) 647-1201 or by e-mailing ldurkee@umich.edu, Registration forms must be postmarked by Feb. 1 or dropped off by Feb. 4.

Pistons Basketball Clinic

The Detroit Pistons Youth Basketball Clinic is coming to Ward Evangelical Presbyterian Church in Northville on Saturday, Jan. 26. Coach Steve Moreland will conduct his clinic for boys and girls, grades first-third from noon-2:30 p.tt., and grades fourth-sixth from 2-4:20 p.m.

Each participant will receive an authentic "Piston Basketball" Tshirt. Parents will also be able to purchase Piston tickets at a disshut. Parents will also be able to purchase Piston tickets at a discount and be invited to attend with their children the popular pregame shoot around at courtside at the Palace of Auburn Hills. Refreshments for all provided at the clinic. Bring your basketball and camera. Cost is \$20 per child and pre-registration is required by contacting Margy Burkhart at margy.burkhart@wardchurch.org or (248) 374-5932.

Cheer Boot Camp

The Northville competitive cheer team is hosting a Cheer Boot Camp for kids entering grades sixth-eighth from 6-9 p.m. Feb. 5 in the high school cafeteria

the high school cafeteria.

The cost of the camp is \$40, which includes a T-shirt, instruction from the Northville High School competitive cheerleaders; certificate of participation and a voucher for free admittance to the WLAA Competitive cheer conference finals.

The allies is desirable to seek these being along with flowly like. The clinic is designed to teach cheer basics along with flexibility,

The clinic is designed to teach offect basic along with rectionary, tumbling, jumping and precision skills.

Attendees should dress in loose gym clothes with athletic shoes.

E-mail Coach Gentz at gentzme@northville.k12.mi.us or Coach Parker at parkermi@northville.k12.mi.us with any questions.

Advanced registration is required and must be received no later

Mens ball hockey leagues are forming at the TotalSports Complex in Wixom for the winter season.

Teams will play on Saturday nights in the roller rink at TotalSports. Ball hockey is similar to ice hockey, except it's played on a plastic floor by players wearing sneakers. Instead of a puck, players use an orange plastic ball. Cost to register is \$850 per team or \$80 per player. Teams play 10 games a year plus playoffs. Each came consists of three 14-minute

The league is open for men aged 16 and older. Anyone under the age of 18 is required to where a helmet. For more information, e-mail

Sport Short submissions should be sent to sports writer Jeff Theisen at jtheisen@gannett.com.

Novi schedules

Novi

Boys Basketball 1/18 at South Lyon, 7 p.m 1/22 vs. Hartland, 7 n.m.

Girls Basketbatl 1/18 vs. South Lyon, 7 p.m. 1/22 at Hartland, 7 p.m.

1/23 vs. Howell, 6:30 p.m.

Boys Swim and Dive

1/17 vs. Lakeland, 6 p.m. 1/22 vs. Northivlle, 6 p.m.

Bowling 1/18 at Hartland, 4:30 p.m. 1/19 at Oak. County, TBA

1/23 vs. Howell, 7 p.m.

Skiling 1/17 vs. WLW, Hartland, 4 p.m.

1/18 at Brighton, 5:30 p.m.

1/19 Regionals at Churchill, TBA

Figure Skating 1/19 Ind. Dist. at D.I.S.C., 8 a.m. 1/21 at Farmington, 4 p.m.

Catholic Central

Basketbali 1/18 vs. OL St. Marys, 7:30 p.m. 1/22 vs. De La Salle,

Hockey 1/19 vs. Cranbrook, 7 p.m. Wrestling 1/19 Home super duals,

10 a.m. **Bowling** 1/18 vs. De La Salle at

1/19 Oak. County at Century, TBA 1/23 vs. Brother Rice at Cherry Hill, 3:30 p.m.

SHAMROCK ATHLETICS



Doug Eldridge slams his opponent to the mat during the Catholic Central Invite

Doug Eldridge works on securing a pin during the Catholic Central invite

Against Divine Child and beating U-D 41-34.

Against Divine Child, the Shamrocks held a 12-10 lead heading into the second quarter when the wheels fell off the offense.

Divine Child outscored the Shamrocks 13-4 in the second quarter for a 23-16 halftime lead. The lead grew to 41-31 after three quarters of

By Jeff Theisen

olay. Steve Harding led the Shamrocks with 15 points. Brett Smith was just The defense took over against U-D. The game was tied at 28 entering the fourth quarter, and Catholic Central outscored U-D 13-6 in the final

CC basketball

splits games

The Catholic Central basketball team split a pair of games, losing 56-

parter for the win. Jamie Morris led the Shamrocks with 15 points

CC Wrestling The Catholic Central wrestling team finished 11th of 15 teams at a

home invite Saturday.

Doug Eldridge led the Shamrocks with a third-place finish at 119 ounds. Treyor O'Conner placed fifth at 140. Brendan Cox was sixth at 152 and Niko Palazeti was sixth at 215.

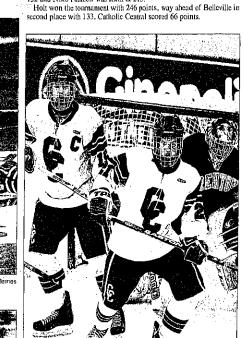
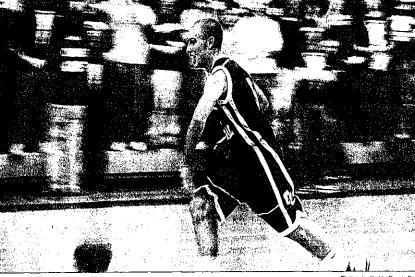


Photo submitted by Michael Ross Shamrock junior forward Louis Lemak, left, and senior

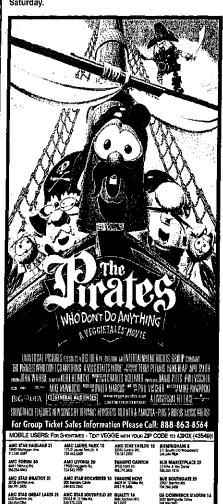




Niko Palazeti works a headlock during the Catholic



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Healthy Breakfast **Jump-Starts Your Day**

healthy breakfast is essential for weight management," stresses Bob Greene, the personal trainer best known for helping Oprah achieve her dramatic weight loss. In his book "The Best Life Diet," Greene insists on making this important meal a daily habit. "Breakfast may elp control hunger and helps start your day right," says Greene. Unckily, a breakfast habit can be both nutritious and delicious with foods that have been awarded the Best Life seal of approval from Greene and his fearn of nurritionists. Some of these foods—from soynnik to frozen vegetables to yogart— are versatile within these Best Life-approved recipes.

For additional Best Life recipes, visit www.eathetteramerica.com/bestlife.

Spinach Frittata with Tomato-Basil Salsa

Prep June: 20 Manutes Start to Finish: 20 Minutes

- 2 plum (Roma) tomatoes, chopped
- 4 cup shretherd fresh basil 2 tablespoons sliced ripe olives 1 teastroon office oil
- 2 teasonns olive oil box (9 oz) Green Giant' frozen spinach,
- thawed, drained 8 eggs or 1 container (16 oz) fat-free
- egg product (2 cnps)

 2 tablespoons shredded Parmesan cheese, if desired
- 1/8 teaspoon salt E/8 teaspoon pepper
- I to small bowl, mix salsa ingredients until
- blended. Set aside 2. In 10-inch noustick skillet, heat 2 teaspoons oil over medium heat. Add spinach; cook 2 to 4 minutes, stirring constantly, until spinach is thoroughly heated,
- In medium bowl, beat eggs, cheese, salt and pepper with wire whisk until blended. Pour over spinach. Cover; cook over medium-low heat 5 to 7 minutes or until eggs are set and light golden brown on bottom. Cut into 4 wedges. Top each serving with salsa mixture.

High Altitude (3500 to 6500 ft): No change. 1 Serving: Calories 210 (Calories from

fotal Carbohydrate 5g (Dietary Fiber 2g); Protein 15g % Daily Value: Vitamin A 120%; Vitamin C

Fat 130); Total Fat 15g (Samrated Fat 4g);

Cholesterol 425mg; Sodium 280mg

4%; Calcium 15%; Iron 15% Exchanges: 1 Vegetable, 2 Medium-Fat Carbohydrate Choices: 1/2

Tropical Smoothies

Prep Time: 5 Minutes Start to Finish: 5 Minutes

- 1 container (6 oz) Yoplait' Original
- French vanilla yogurt

 1 cup mango or peach chunks
 1 1/4 cups 8th Continent original
- 1/4 cup pincapple juice
- In blender or food processor, place all ingredients. Cover: blend on high speed
- about 30 seconds or until smooth
- 2. Pour into 2 glasses, Serve immediately. 2 servings (1 1/2 cups each) High Altitude (3500 to 6500 ft): No change.
- I Serving: Calories 210 (Calories from Fat 25); Total Fat 3g (Saturated Fat 1g); Cholesterol 5mg; Sodium 140mg; Total Carbohydrate 39g (Dietary Fiber 1g); Protein 7g % Dally Value: Vitamin A 25%: Vitamin C
- Exchanges: 1 Fruit, 1 Other Carbohydrate, Carbohydrate Choices: 2 1/2 Voplan is a registered traiemark of VOPLAIT Marques Internationales SAS (France) used under license. RM Continent is a registered trademark of 8th Continent, LLC 2008 C and 3-74 of General Mills



Tropical Smooth

Yogurt-Bran Muffins Prep Time: 10 Minutes Start to Finish: 30 Minutes

- I cup Fiber One' original bran cereal
- 1/4 cup vegetable oil 2 containers (6 oz each) Yoplait' Original
- French vanilla yogurt
- 1 1/2 cups all-purpose flour
 1/3 cup packed brown suga
- 1 1/4 teaspoons baking soda
- 1/2 cup fresh blueberries or raspberries
- 1. Heat oven to 400°F. Place paper baking cup in each of 12 regular-size muffin cups, or grease bottom of each muffin cup with shortening. Place cereal in rescalable food-storage plastic bag; seal
- bag and crush with rolling pin or mest mallet (or crush in food processor).

 2. In medium bowl, stir together egg whites, oil and yogurt. Add crushed cereal, flour, brown sugar, baking soda and salt; slir just until dry ingredients are moistened. Gently slir in berries. Divide batter evenly among muffin cups, filling each 3/4 full.
- Bake 18 to 20 minutes or until golden brown.

12 muffins High Altitude (3500 to 6500 ft); Heat oven to 425°F.

Decrease baking soda to 3/4 teaspoon. 1 Muffin: Calories 170 (Calories from Fat 45); Total Fat 5g (Saturated Fat 0.5g); Cholesterol Ong; Sodium 280mg; Total Carbohydrate 28g (Dietary Fiber 3g); Protein 4g *Daily Value: Vitamin A 2%; Vitamin C 2%;

Calcium 6%: Iron 10% Exchanges: 1 Starch, 1/2 Other Carbohydrate, 1 Fat

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Short on Time? That's no reason to miss breakfast.

Choose a cereal that is an excellent source of whole grain and flavor it with 8th Continent

- ing soymilk for cow's milk is a d way to map soy's heart-Pair a low-fat yogurt with fruit
- Yoplait yogurt keeps the combi-nation interesting: Create your own omelet with low-fat cheese and veggles to get a head start on daily vege-table intake goals. Keeping canned or frozen Green Giant

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vernitchell@gannett.com

MY FOOD FOR THOUGHT

Nutrition for Eat Smart to

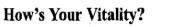
ave you ever tried eating smart? It's not just about making savvy nutrition choices like opting for whole grain over white, steamed over fried, or baked over sautéed. It's about boosting your eating knowledge to reap rewards that go beyond losing weight or reducing health risks. Think of the really big picture ... a better overall quality of life and a higher level of vitality.

Boost Vitality

The good news is, eating right doesn't have to be hard. More and more food companies are creating ever healthier products with reduced levels of trans fats, saturated fats, sodium and added sugars. Unileyer manufacturer of brands such as Lipton, Skrippy, Slim-Fast, Bertolli, Ragu, Hellmann's and Promise — has slashed percentages of these four "nutrients of concern" in addition to cholesterol — in its products as part of a new front-of-pack logo and recipe program called Eat Smart/Drink Smart, which helps consumers make smarter food selections and better decisions in mea)

preparation.
"With a nutritional stamp, such as Eat Smart/Drink Smart, families benefit from easily being able to make better food choices, which help them shop, cook and cat smart." says Jenna Bell-Wilson, PhD, RD, CSSD, Registered Dietitian in Massachusetts. Opting for more nutritious products, and preparing

simple yet delicious recipes with a focus on proper nutrition will help boost your food intellect — and



A recent study conducted by Unilever found vitality to be directly linked to good health, and good eating choices, in particular. Put simply, choosing to eat well and live a healthy lifestyle yields long-term. far-reaching benefits. The research uncovered some interesting facts about America's sense of vitality:

- 63 percent said their level of vitality depends on how well they take care of themselves. ■ Four of the top six physical drivers of vitality were
- 61 percent of those surveyed found that vitality was

extremely important to them, yet 75 percent said they weren't satisfied with their own vitality levels. To help Americans determine and improve their own levels of vitality, Unilever has created My Vitality Index

(www.myvitalityindex.com), an easy-to-use, online resource that provides valuable infortnation for enhancing health and welkness. The Web site includes a customadvice for achieving more vitality; better-for-you recipes distinguished by ingredient, nutrient, and In 12-inch nonstick skillet, heat olive oil over medium heat and cook carrots; recipe category; and more Eat Smart. Recipes meet Unilever-established onion and celery, stirring frequently, 5 minutes or until tender. Add turkey criteria, which help con-sumers stay in line with U.S. Dietary Guidelines and cook, breaking up with spoon, until turkey is thoroughly cooked. Stir in wine. Bring to a boil over high heat. Reduce heat to low and simmer for trans fats, saturated fats neat. Reduce neat to the and strunter uncovered for 3 minutes. Stir in pasta sauce and parsley. Simmer, stirring occasionally, 5 minutes. Season, if desired, with salt and pepper. Serve over hot fettuccine. sugars, sodium (salt), and cholesterol. All of these dishes are Unilever Eat

over not retucers.

Nutrition Information per serving:
Calories 490, Calories From Fat 50,
Saturated Fat 1g, Trans Fat 0g, Total
Fat 6g, Cholesterol 45mg, Sodium
680mg, Total Carbohydrate 70g,
Sugars 11g, Dietary Fiber 6g, Protein
41g, Vitamin A 80%, Vitamin C 10%,
Calcium 6%, Iron 25%

Oven-Baked Harvest Apples

4 servings

- 4 large McIntosh or golder
- delicious apples, cored 3 tablespoons firmly packed light brown sugar
- 4 teaspoons Promise Butter

2/3 cup water Preheat oven to 350°F. Peel top third of

apples. In 8-inch baking dish, arrange apples peeled-side up; set aside. In small bowl, combine sugar, cinnamon, cranberries, pecans and cinnamon; evenly spoon into center of apples, then evenly top each with Bake uncovered, basting occas
I hour or until tender.

Microwave Directions: Peel apples as above. In microwave-safe pie plate, arrange apples. Cover with waxed paper. Microwave at HIGH 2 minutes. Meanwhile, combine sugar mixture as apples are tender. Let stand 5 minutes Nutrition Information per serving: Calories 200, Calories From Fat 40, Catories 200, Catories From Fat 40, Saturated Fat 0.5g, Trans Fat 0g, Total Fat 4.5g, Cholesterol Omg, Sodium 35mg, Total Carbohydrate 43g, Sugars 34g, Dietary Fiber 6g, Protein 1g, Vitamin A 6%, Vitamin C 16%,

Fettuccine With Turkey **Gremolata-Crusted Bolognese Sauce**

Prep Time: 20 minutes Cook Time: 20 minutes

- Prep Time: 10 minutes Cook Time: 15 minutes
- 1 teaspoon Bertolli Olive Oil
 2 carrots, chopped
 1 small onion, chopped
 1 rib celery, chopped
 1 to 1-1/2 pounds ground
- parsley
 1 clove garlic, finely chopped 1/2 teaspoon fixely grated lemon peel 1 to 1-1/2 pounds ground
 turkey
 1/4 cup dry red wine or
 chicken broth
 1 jar (1 pound 10 ounces)
 Ragu Old World Style
 Pasta Sauce
 2 tablespoons chopped
 fresh parsley 1/8 teaspeon ground black
 - pepper 1/4 cup Hellmann's or Best Foods Real Mayonnaise 6 tilapia fillets (about 1-1/2
- pounds)

 1 teaspoon lemon juice fresh parsley

 1 box (16 ounces) fettuccin
 cooked and drained Preheat oven to 425°F.

Preheat oven to 425°F.

In food processor, process bread until small crumbs form, remove and set aside. Into processor, add parsley, gartic, lemon peel and pepper; process until blended. Add mayonnaise and process just until blended.

On baking sheets or broiler pan, arrange fillets. Evenly sprinkle with lemon juice, then evenly top with mayonnaise mixture, then bread

1 slice whole grain bread 1/4 cup loosely packed flat-leaf

mayonnaise mixture, then bread crumbs. Bake 15 minutes or until fish flakes with fork. *This recipe is "Best Life" approved Best Life is a trademark owned by

Best Life Corp. Learn more about the Best Life program at www.thebestlife.com

www.mebestife.com
Nutrition Information per serving:
Calories 150, Calories From Fat 45,
Saturated Fat 1g, Trans Fat 0g, Total
Fat 5g, Cholesterol 60mg, Sodium
150mg, Total Carbohydrate 3g, Sugars
0g, Dietary Fiber 0g, Protein 24g,
Vitamia A 4%, Vitamia C 4%,
Calcium 2%, Iron 4%

Mandarin Chicken Salad

4 servings

1/2 cup Wish-Bone Ranch Dressing 1/4 cup orange marmalade 1-1/4 pounds boneless, skinless

chicken breasts, cooked and cliced (about 3 cons 1/4 small red onion, thinly sli (about 1/4 cup)
1 package (10 to 12 ounces)

mixed salad greens (about 4 cups)

1 can (11 ounces) mandarin oranges, drained 1/2 cup seasoned croutons In large bowl, blend dressing and marmalade. Add chicken, red only

and salad greens; toss to coat. Gently fold in oranges and croutons. Nutrition Information per serving: Calories 400, Calories From Fat 140, Calones 400, Calones From Fat 149, Saturated Fat 2.5g, Trans Fat 0g, Total Fat 15g, Cholesterol 90mg, Sodium 430mg, Total Carbohydrate 30g, Sugars 21g, Dietary Fiber 3g, Protein 36g, Vitamin A 60%, Vitamin C 70%, Calcium 10%, Iron 15%



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Mandell helps ease emotional, financial stress of divorce

Family law attorney takes a holistic approach to law By Kate Phillips

Mark Mandell is a well-respected attorney who many in the community trust to handle legal matters that are of the utmost importance. The family-law attorney helps case clients through divorces with a little financial and emotional stress as pos-

Mandell has spent the last eight years working with clients who have substantial assets that they wish to preserve, even

After spending a number of years at Fausone Bohn, LLP, he has just been made partner. Mandell is now more com-mitted than ever to providing quality legal representation in divorce matters that need careful attention.

PRESERVING BUSINESS ASSETS

Business owners face a particularly daunting situation during a divorce, because a divorcing spouse is often enti-tled to half of the value of the business. If the business is not valued fairly, substantial losses can occur.

After providing representation for a number of well-known business owners and CEOs of major corporations, Mandell is familiar with the process of correctly valuing business assets. He is someone who understands the process and can make sure that business assets are dealt

with fairly.

Recently Mandell represented Roderick
Rickman, CEO of MPS Environmental, the sixth largest minority-owned business in Michigan with gross revenues in excess of \$400 million a year.

Mandel teams up with highly respected professionals who work together to minimize the professional of the professional who work together to minimize love of the professional of

mize loss of assets during a divorce. He works with CPAs and financial profes-sionals who have experience and credibility in valuing businesses and presenting the information to the court.

"I choose professionals that are credible and are respected by the judges," said Mandell. "That makes a big difference.

'Some attorneys don't understand the difference between the revenue and the value of a business. Or they have a 'smok-ing gun' witness who provides an expert opinion that is way off base. The judges can tell where the truth lies.

"I know that using credible professionals is going to stand up to the scrutiny of a judge and go further than those who try to stretch the truth."

GOOD JUDGMENT, SOLID EXPERIENCE

Experience and good judgment make Mark Mandell an asset to all of his clients.

He makes realistic requests of the court that he believes have a good chance of being granted. He's not a show-boat lawyer who makes wild demands on the other party that are sure to be denied by

And he favors resolving differences amicably rather than fighting over small details. It's usually the best thing for both parties, and makes a favorable impression

on the court.
"I don't argue, I advocate for my
clients," said Mandell. "I use logic and
common sense to advocate and to get a
good resolution."
But when amicable discussions aren't



Mandell teams up with highly respected professionals who work together to minimize loss of assets dur-ing a divorce. He works with CPAs and financial professionals who have experience and credibility in valuing businesses and presenting the information to the court.

MARK J. MANDELL

Fausone Bohn, LLP

Attorneys at Law 41820 W. Six Mile Road, Suite 103 at Winchester Road, in Northville

(248) 380-0000

fruitful, Mandell is not afraid to try a case

He's an experienced trial lawyer in both civil and criminal law, Mandell was a township prosecutor in the past. He carned awards for trial advocacy during his time at the Thomas Cooley School of Law and later became an adjunct professor in trial workshop.
In addition, the firm of Fausone Bohn

LLP can help clients with their overall legal needs. Mandell also provides repre-sentation for cases of drunk driving. His partners and associates can take care of other types of legal matters such as pro-bate and corporate law, plus business and estate planning.

RESPECTED COMMUNITY LEADER

Mark Mandell is respected in both the

Mark Mandoll is respected in both the legal field and the community at large. He grew up in a well-known Northville family who lived just around the corner from where his offices are today. Mandell spent his childhood on the sidelines of the Northville High School football team with his dad, Dr. Robert Mandell, who was the team physician for 30 years and also served on the school hoard.

After playing football at Springfield College and graduating from James Madison College at Michigan State University, Mandell has turned around to

Oniversity, Mainer has utined around of whelp support the Northville football program. He is currently a football coach at Northville High School.

Last year Mandell was credited with starting the Steve Juday Coach's Clinic in honor of the legendary Northville High School and MSU player. As a result, Mandell brought MSU head football coach Mark Dantanio to speak at the

"Going through a divorce is very stressful. I talk to my

clients about seeking the help they need from counselors

and doctors, plus taking care of themselves by eating

well and exercising. It's all an important part of getting

through the divorce and piecing your life back together."

www.fb-firm.com mmandell@fb-firm.com

of the 13th Republican Congressional
Committee so he has experience working
closely with elected officials at the local,
state and national level.

Mandell still lives in his hometown of Northville with his wife, Vanessa, and his sons, Jack and Tom.

MAKING DIVORCE LESS PAINFUL

Mandell is just as committed to the total welfare of his clients. He operates according to a holistic philosophy, taking care that his clients are served legally and financially, but also that he provides referrats for their physical and mental health.

"Going through a divorce is very stress-ful," he said. "I talk to my clients about seeking the help they need from coun-selors and doctors, plus taking care of themselves by eating well and exercising. It's all an important part of getting through the divorce and piccing your life back together."

The experienced attorney tries to make the unpredictable divorce process more predictable. He explains important concepts early on, so that clients can begin to accept the realities of the legal system and not feel disappointed with outcomes.

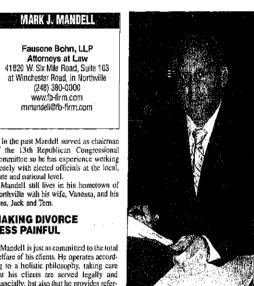
and reer unsappointed with outcomes.

It can help clients work toward healing when they understand and feel satisfied with money and custody judgments.

Mandell has seen that there is nothing worse than course histories about contractions. worse than couples bickering about every worse than couples bickering about every detail or fighling out unrealistic positions, sometimes for the sake of revenge. He helps clients to see the divorce from the perspective of resolving conflicts, nor starting conflicts that can make things worse for a family.

"I ask my clients to take the time to think about how their actions affect the lives of their children." said Mandell. "We have a duty to think about what is best for

have a duty to think about what is best for



Mark Mandell is respected in both the legal field and the community at large

REDUCING ATTORNEY FEES

During a divorce, high attorney fees can only exasperate financial stress. Mandell specifically works with clients on keeping

his fees low. He encourages clients to go through personal types of paperwork on their own, if possible, instead of charging to prepare it as other attorneys commonly do. He also gives couples an opportunity to decide what belongings each person will take from the home, instead of accumulat-

ing fees by disputing it.
"It's not worth it to spend \$500 in fees arguing about \$25 pots and pans," he explained. "It's best for everyone to resolve things amicably

Many clients over the last decade have found that Mark Mandell charges reasonable fees as he helps resolve a divorce with the least amount of financial and emotional stress possible.

We turn the legal process into your problem solving tool

Contact us:

Northville 248,380,0000

Brighton 810.225.4840

www.fb-firm.com

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