

THURSDAY  
February 19  
2009

Community Weeklies  
Volume 53  
Number 39  
50 CENTS

# NOVI PUBLIC LIBRARY NOVI NEWS

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## NOVI NUTSHELL

Share good news!

In these tough economic times, we are constantly reminded of what really matters — family. Your Novi News is here to help celebrate your family's milestones. We publish births, engagements, weddings and anniversaries of people in the communities we cover every Thursday. And now, it's easier than ever to submit your announcement. Best of all, it's free. Simply log onto [www.hometownlife.com](http://www.hometownlife.com), and click on "Customer Service." Under "Reader Services," you'll find complete instructions for our online submission process. Of course, we still accept submissions by mail. Send your announcements and photos to Neighbors, Novi News, 101 N. Lafayette, South Lyon, MI 48178.

## Library Friends

Participate in the creative side of public access television with award-winning producers Brian Golden and Katherine Georgas from SWOCC Studios. Learn how to take your ideas from inspiration to finished production 7-8:45 p.m. Tuesday, Feb. 24 at the Novi Public Library.

## Winter Break fun

Providence Park Hospital and Novi Community Education presents "The Amazing Clark Magic Impossible Show" 7 p.m. Friday at Novi Middle School, 49000 11 Mile Road. Clark promises an exciting and fast-paced stage show filled with hilarious comedy and incredible illusions. Tickets are \$5. For more information, call (248) 449-1206.



## Read our blogs

Click on [www.hometownlife.com](http://www.hometownlife.com) daily to read thought provoking and often humorous blogs by the Novi News staff. Topics covered range from important election issues to bad bananas to the best coffee shop in town. We are also blogging live while out and about town. If you see us out with our laptops, stop by and say hi.

# Millage proposal slated for May

BY KELLY MURAD  
STAFF WRITER



Terry Margolis

Novi City Council members unanimously approved Tuesday, the ballot language of a millage proposal voters can expect to see in a May special election.

The Charter amendment proposal suggests increasing the existing parks and recreation levy by .5 mill, which translates to about \$75 a year for a resident with a \$300,000 home.

Council was presented last week with conceptual plans for a 70-acre

Signature Park, at the southwest corner of 11 Mile and Beck roads. The park would potentially include a 66,000-square-foot indoor recreation facility for a theatre, gymnasium and multipurpose activity rooms; fields flexible for festivals and sports, such as soccer, cricket and football; and passive recreation opportunities with trails, pathways, woodlands and wetlands.

The initial investment, estimated at \$15 million, is expected to cover the costs of the recreation center, fields, infrastructure, site improvements, trails and other costs.

If voters approve the 25-year millage, City administration would be proposing a 10.87 millage, up from 10.54, which the city has maintained for the past 10 years. The funds collected in the first year would be used toward architectural designs and site work for the proposed Signature Park.

"I think this is an opportunity for the community to decide what they want,"

said councilwoman Terry Margolis.

The resolution states the half-mill will be used for the purposes of acquiring, developing, constructing, equipping, maintaining and operating parks and recreational programs and facilities in the city.

The city acquired, what is known as, the Bosco property as part of a land swap with the Novi Community School District, and if the proposal fails, the property will revert back to the schools.

A May 5 special election is planned, and is costing the city about \$30,000.



Artist Lynn Martin holds one of her polymer clay creations called "Mother and Child" in her Novi home.

## Novi neighbor inspired by nature

Reconnects with love of sculpting

BY KELLY MURAD  
STAFF WRITER

Artist Lynn Martin has reconnected with her first love since moving into her Novi apartment in December.

"I moved into an apartment that has amazing west light that is conducive to sculpting, and I've done nothing but sculptures ever since," said the former Southfield resident. "The space gives you tremendous creative energy."

In two months, Martin has designed eight or nine earth-related pieces in her Waterview Farms apartment. Work the senior-citizen-aged artist feels most proud of in her lifetime so far.

"The work is about nature and how you can integrate basic natural materials and make them completely abstract, yet very interesting," she said. "It's very earth-based. I'm working with actual rocks and oil paints, which are pigments of the earth."

The sculptures, which range in size, are created

Visit [www.hometownlife.com](http://www.hometownlife.com) to see a video of the artist at work



Artist Lynn Martin was inspired by this plant to create her recent polymer clay creations with imbedded river stones.

Please see SCULPTOR, A3

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**Index**

- APARTMENTS ... C1
- AUTOMOTIVE ... C3
- CAREER BUILDER ... C2
- CROSSWORD PUZZLE ... C3
- EDUCATION ... A5
- GREEN SHEET ... C1
- OBITUARIES ... A6
- OPINION ... A8
- PUBLIC SAFETY ... A2
- REAL ESTATE ... C1
- SENIOR GUIDE ... C5
- Sports ... B1

## Construction postponed at Novi Public Library

BY KELLY MURAD  
STAFF WRITER

Construction scheduled to begin Feb. 16 at the Novi Public Library has been postponed.

Library officials said the postponement is due to weather-related issues and the revised start date is still unknown.

It is not anticipated library services and programming will be affected once the construction begins, but patrons will be advised to alter regular parking and traffic routes.

The west lot will be closed for the duration of the project, due to the location of the new 57,000-square-foot facility. Alternate parking will be available in the north and east lots of the library, and the north lot of Novi High School.

Signs directing traffic will be posted throughout the construction process, which is slated for completion in the summer of 2010.

For regular updates or to watch the construction progress via Web cam, visit the Novi Public Library Web site at [www.novilibrary.org](http://www.novilibrary.org).

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# NEIGHBORS

## NOVI WEDDING

**Mr. and Mrs. Michalak**  
Heather Corinne Miles and Jeffrey Elliott Michalak were married on July 26, 2008 at Our Lady of Mount Carmel Roman Catholic Church in Wyandotte with Rev. Walter Ptak officiating.

Heather is the daughter of Stephen and Yvonne Miles of Novi. She graduated in 2001 from Novi High School and from Western Michigan University in 2007 with a Bachelor of Science in Elementary Education. She is presently employed as a pharmacy technician at Walgreen Drug Store in East Lansing.

Jeffrey is the son of David and Judy Michalak of Birmingham. He is a 2001 graduate of Grosse Ile High School and a 2008 graduate of Western Michigan University with a Bachelor of Science in Industrial Design. He is presently employed at RSI Logistics.

Heather was assisted by Erica Miles as maid of honor with Colleen E. "Kelly" Miles, Dara Labrum, Sheena Labrum Coles and Heather Gillrie as bridesmaids.

John Gorecki served as Jeffrey's best man and Tim Michalak, Nick DeClaudio, Jason Zurack, Steve Schweickart and Jason Halcsak as groomsmen and ushers.

A reception was held at the Dearborn Inn and the couple honeymooned at Paradisus Punta Cana, Dominican Republic. The couple resides in East Lansing.



Mr. and Mrs. Michalak

## NOVI BIRTH



Gavin Matthew Delaney

2008 at Huron Valley Hospital, Commerce.

Gavin's grandparents are Dennis and Virginia Suenkonis of Novi and Dan and Karen Delaney of Clawson.

**Lily Madeline Hardin**  
Candice and John Hardin of Milford are pleased to announce the birth of their daughter Lily Madeline Hardin. She was born on November 3, 2008 at Huron Valley-Sinai Hospital in Commerce Township.



Lily Madeline Hardin

# EDUCATION



PHOTO BY VICTORIA MITCHELL

Novi Middle School students Valerie Fraser, left, Micaela Dunbar and Cheyenne Abrego stop for a photo during the Addicted to Games... Not Drugs event held Monday at Lucky Strike Lanes.

## D.A.R.E. to have fun

### Novi breakers enjoy community event aimed at keeping kids off drugs

BY VICTORIA MITCHELL  
STAFF WRITER

Gordy Williams knows a great opportunity when he finds one.

The Novi Meadows students was one of about 350 attendees at the Addicted to Games...

Not Drugs event held Monday at Lucky Strike in Twelve Mile Crossing at Fountain Walk.

"The title is really awesome," Williams said. "It makes you think more about fun things than bad things like drugs and doing bad things to your body."

Novi children in fifth through

eighth grades were "D.A.R.E.d" to attend the 9 a.m. to noon Feb. 16 event sponsored by the Novi Police Department, Novi Youth Council, Novi Community School District and Lucky Strike.

For \$10, Lucky's provided attendees with an unlimited game card, free bowling, beverages and a snack buffet.

"They are a very responsible community partner," said Novi Police Chief David Molloy.

This is the first time the city partnered with Lucky's for a youth event, and city officials were pleased with the generosity of the Novi business and happy with the turnout.

City of Novi Community Relations Manager Sheryl Walsh said the winter break offering was an inaugural happening for children in this age group. All Novi public school students are off school through Feb. 23.

"It's a good thing to keep kids off drugs like the tobacco," Walsh said. Novi Middle School student Cheyenne Abrego.

The eighth-grader enjoyed playing video games with her friends, Micaela Dunbar and Valerie Fraser.

"It sounded really cool," Dunbar said.

And while some students came with their friends, others had a different idea.

"It seemed like a good opportunity to meet new friends and have fun while doing it," said Novi Meadows student Kendrick Scherer.

By the end of the evening, attendees had a great time playing games, shooting hoops, bowling and eating a lot of chicken tenders.

"It's great," said mother Wendy Hollman. "I think it's neat they created this for the kids."

## CLASS NOTES

### Catholic Central freezes tuition

The Detroit Catholic Central High School Board of Directors adopted the budget for the 2009-10 academic year. It has been the practice to raise tuition a small amount each year to keep up with inflation and to keep salaries competitive. However, in recognition of the extreme financial strains facing many of the school's families, there will be no tuition increase for next year, and further, all salaries are frozen at this year's level.

### Conference on Autism Spectrum Disorders

The public is invited to attend the first international conference on biomedical and other treatments that offer hope to individuals and families with Autism Spectrum Disorders (ASD), Feb. 20-23 in the Crowne Plaza in Novi. Autism Spectrum Disorders affect one in 150 children, and are present in many teens and adults. This is an opportunity to learn new treatment options for those diagnosed with autism, PDD, NOS, AD/HD, Asperger Syndrome, RAD, OCD and other developmental disorders.

### Mad Hatter Tea Party

The Providence Center for the Healing Arts presents its Seventh Annual Mad Hatter Tea Party, a showing of original network featuring a spectacle of playful and imaginative teapots created by a variety of local artists. All teapots were handmade, by patients, families, staff, volunteers and community members. In addition to the teapots that were created in the Providence Healing Arts' ceramics studio, the exhibit also features teapots made by Novi High School students. The Mad Hatter Tea Party has been an integral part of the ongoing partnership between Providence Park Hospital and the Novi Community School District for more than six years. The show will be on display Jan. 6-Feb. 28. The Nancy A. Fox Art Gallery is open 8 a.m. to 4 p.m. Monday-Friday.

### Save the date

The Novi Educational Foundation's Green Gala is March 21 at the Rock Financial Showplace.

professionals in ASD-related fields, Heidi Scheer, Mrs. Michigan United States, and a parent of an ASD child will be a guest speaker and will show her son's "Road To Recovery" film.

Registration for one, two or three days are available, with special pricing for all three days. Register online at [www.asdboards.com](http://www.asdboards.com).

### Blood drive

The Novi High School Blood Drive for the American Red Cross will be Friday, Feb. 27 in the performance gym. Student Council members will take the lead on recruiting and signing up volunteers.

### Save the date

The Novi Educational Foundation's Green Gala is March 21 at the Rock Financial Showplace.

announces the Dean's List for the Fall 2008 semester. Jonathan C. Ross of Novi qualified with a grade point average of 3.75-3.99.

## CLASS NOTES

### DEAN'S LIST

Northern Michigan University

announces the Dean's List for the Fall 2008 semester. Jonathan C. Ross of Novi qualified with a grade point average of 3.75-3.99.

**LET'S TALK** *Jewelry* WITH GARY S. WEINSTEIN

**A SENSE OF CLOSURE**

Jewelry clasps are a very important security component of necklaces and other pieces of jewelry. While some are primarily functional, others are incorporated as design elements into the jewelry's overall motif. Among the most conspicuous clasps is the spring ring clasp, which features a little lever that slides along a circular ring. Once the ring is open, a loop attached to the other side of the piece is inserted inside, and the spring shuts to close the ring. As secure as this clasp can be, it can sometimes be difficult to operate without help from someone else. With this in mind, lobster-claw clasps are often preferred. These clasps are easy to operate with one hand and are quite secure.

Periodically checking the settings and clasps of your fine jewelry is an important part of protecting your investment, as are cleanings and repairs. And if you need an appraisal for your fine jewelry for insurance purposes or an estate settlement, we suggest you trust the important matter to a professional jeweler with a reputation for fairness, knowledge, experience, and integrity. For all your jewelry needs, WEINSTEIN JEWELERS OF NOVI stands ready to serve you at 4190 Grand River Ave., #18, 248-347-0093. We are licensed by the city of Novi to offer loans on jewelry. Our regular business hours are Tues. 10 a.m.-6 p.m., Wed. 11 a.m.-6 p.m., Thurs. & Fri. 10 a.m.-7 p.m., Sat. 10 a.m.-4 p.m., Sun. & Mon. we are closed.

P.S. Box clasps with safety guards are another relatively secure form of jewelry clasp.

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**Look for a selection from these items at Rocky's of Northville:**

**Stuffed Atlantic Flounder** - Sherry Shrimp Sauce, Mushroom & Shrimp Stuffing, Basmati Rice

**Cracker Encrusted Ocean Perch** - Stone Ground Mustard Sauce, Wild Spinach, Mashed Redskin Potatoes

**Baked Stuffed Shrimp** - Sherry Shrimp Sauce, Crab & Shrimp Stuffing, Rice Pilaf

**Cherry Glazed Atlantic Seafood** - White Wine Sauce, King Crab Risotto, Asparagus

**Tempura of Sole & Gulf Shrimp Saute** - Sweet & Sour Sauce with Pineapples, Cashews, Scallions, Basmati Rice

**Gulf Shrimp Saute** - Chorizo Shrimp Sauce, Peppers, Leeks, Onions, Fettuccine

**Scalloped Clappan** - Little Neck Clams, Mussels, Shrimp, Salmon and Tomato-Fennel Broth with Pappardelle Pasta

**1 lb. Lobster** - Corn on the Cob, Mussels, Redskin Potatoes

**Panini Encrusted Cape Bay Scallops** - Black & Orange Tea Rice, Oriental Vegetables, Ginger Sauce

**Salmon Cakes** - Marinated Cucumbers, Sautéed Potatoes, Asparagus

**Braised Gulf Shrimp** - Tomatoes, Almonds, White Wine, Herbs, Rice Pilaf

**Call for availability. Specialty change daily.**

**Look for a selection from these items at Steve & Rocky's:**

**Corn Fritter Crusted Rack Steak "Corduroy"**  
Shredded Swiss Beefsteak, Shrooms, Mashed Potatoes

**Call Shrimp Diablo**  
Crab of Jonah Crab - Angel Hair Pasta, Artichokes, Capers and Vermouth

**Sautéed Salmon & Sweet Corn Cake** - Spicy Remoulade

**Baked Finnan Haddock** - King Crab Sauce and Warm Potato Salad

**Sautéed Spiced Haddock** - Pernod Sauce, Provençal Tomatoes, Mustard Mashed Potatoes

**Call Shrimp Tempura** - Ginger Sauce, Rice Cake, Asian Slaw

**Baked Lemon Sole** - Stuffed with Jonah Crab, Sherry Sauce, Julienne Vegetables

**Sea Scallops Saute Carbonara** - Potato Gnocchi with Prosciutto, Peas, Parmesan and Cream, Red Pepper Coulis

**West Coast Mahi Mahi "Fish & Chips"** - Warm Redskin Potato Salad

**Atlantic Salmon Spring Roll** - Asian Broth, Julienne Vegetables, Wasabi and Kimchi

**Remoulade of Norwegian Salmon** - Clams, Mussels and Shrimp

**Crab Cakes with Wild Mushroom** - Potato Crust with Coarse Grain Mustard Sauce

**Cracker Crusted Lake Perch** - Remoulade, Sautéed Rice, Vegetables

**Call for availability. Specialty change daily.**





Long Term Care Insurance: Tips to consider

Dear Savvy Senior, Is long-term care insurance worth the cost? My wife and I have some assets we'd like to protect but we don't want to broke doing it. What can you tell me?

Dear Louie, There's no doubt that long-term care (LTC) insurance is expensive and risky, but depending on your assets and health history, it's definitely something you need to consider.

WHO SHOULD BUY? With the rising cost of nursing home care, now averaging more than \$7,000 a year for a private room, LTC insurance (see www.longtermcare.gov), which covers nursing home care, assisted living and in-home care, can be a smart option for many people. But is it right for you? Here are some key points to help you decide:

\* Your finances: LTC insurance makes the most sense for those who can afford the monthly premiums, with assets of at least \$150,000 - not including the car and house. People who can't afford it, or who don't have many assets to protect can fall back on Medicaid. Remember that Medicare and Medicare supplemental (Medigap) policies do not pay LTC expenses.

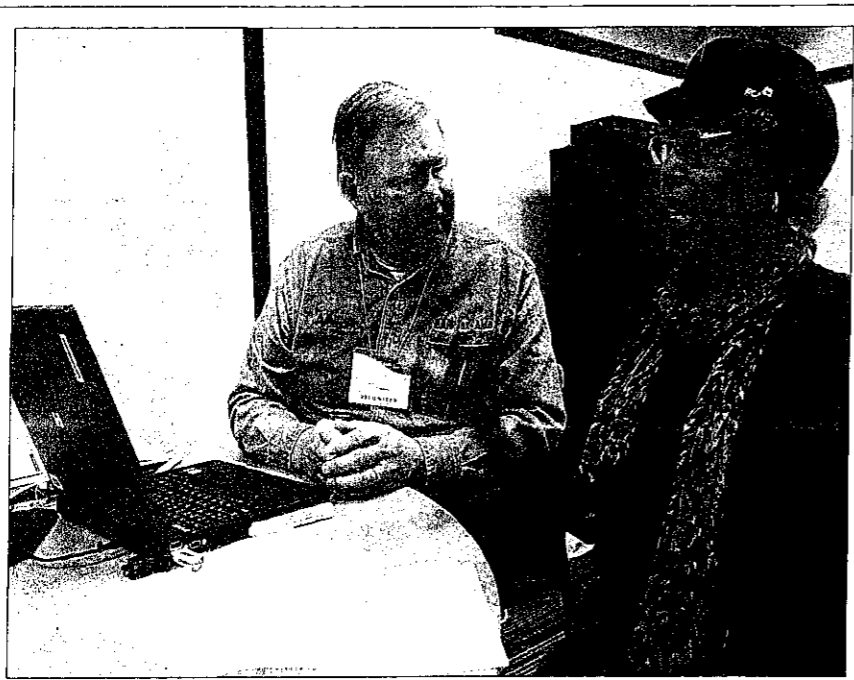


PHOTO BY JOHN MEGER/NORTHVILLE RECORD

A helping hand

Northville resident Inez Johnson gets some 2008 tax filing assistance from Art Bakewell at the Northville Senior Community Center on a recent Thursday afternoon. AARP is offering tax assistance every Thursday at the center until April 15th. To register, call (248) 349-4140.

What's your family history of disease?

\* Your risks: About 70 percent of all Americans over age 65 will need some type of LTC at some point in their lives, and women are at a higher risk than men, because they tend to live longer.

COST EFFECTIVE

If you're leaning towards buying a LTC policy, be sure to do your homework first.

The cost of premiums depends on the insurer, as well as the policy's provisions. Here are some different areas that impact your costs and some tips to help you choose the right policy:

\* Age: You can reduce your premiums by buying at a younger age. For example, a LTC policy that costs a \$5-year-old \$1,200 a year in premiums, that same policy could cost a 65-year-old around \$2,400. Typically, you can't get a LTC policy after age 79.

Policy Shopping

Be sure to choose a flexible policy that covers all kinds of care (in-home, assisted living, nursing home, etc.). It's also wise to go with a company that has sold LTC insurance for years. The major players in the industry include MetLife, Genworth, MassMutual, New York Life, Allianz, Mutual of Omaha, John Hancock, Northwestern and Prudential.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org.

Jim Miller is a contributor to the NBC Today show and author of "The Savvy Senior" book.

policies have waiting periods (30, 60, 90 days, or more) that require you to pay out-of-pocket before the policy kicks in. The longer you wait the lower your premium, but extending the waiting period means you'll have to pay the bill on your own for a longer time.

\* Health: If you're in good health, you can get a discount. If not, you may not be able to get long-term care insurance at all. Also, some policies offer complex discounts.

\* Inflation protection: Many policies have 5 percent per year inflation protection built in to keep up with rising LTC costs, but these policies cost about twice as much as ones without it. Policies that offer inflation protection linked to the consumer price index are about 20 to 40 percent cheaper.

Policy Shopping

Be sure to choose a flexible policy that covers all kinds of care (in-home, assisted living, nursing home, etc.). It's also wise to go with a company that has sold LTC insurance for years. The major players in the industry include MetLife, Genworth, MassMutual, New York Life, Allianz, Mutual of Omaha, John Hancock, Northwestern and Prudential.

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Community Home Finder advertisement with logo and contact information: 800.579.7355, ceads@hometownlife.com

Real estate listings grid with various property details and contact numbers for different areas like Birmingham, Westland, and Farmington Hills.

Large advertisement for 'A penny earned, is a penny saved.' featuring a 'Find it here!' logo and contact information for classified ads: 1-800-579-SELL

ROCK FINANCIAL SHOWPLACE 4600 Grand River Ave. CONTACT: Call (248) 348-5600 or visit http://rockfinancialshowplace.com/ for more information.

Great Lakes Art Fair TIME/DATE: 10 a.m.-6 p.m. Friday, April 17; 10 a.m.-6 p.m. Saturday and Sunday, April 18-19.

Outdoors TIME/DATE: 2-9:30 p.m. Thursday and Friday, 10 a.m.-9 p.m. Saturday, and 10 a.m.-5 p.m. Sunday, Feb. 26 to Mar. 1.

HEALTH

St. John Providence Hospital LOCATION: 4760 Grand River Ave., corner of Beck Road, use Beck Road entrance

Prudential Center for the Healing Arts info@stjohn.org/PrudentialCenter LOCATION: Assarian Cancer Center, 4760 Grand River Ave. CONTACT: (248) 465-9455 or e-mail James.Kesler@stjohn.org



PHOTO BY JOHN MEGER/NORTHVILLE RECORD

A group of Novi Meadows students study animal tracks inside the Walled Lake Outdoor Education Center.

Backs; 1:30-1:50 p.m. Wednesday-Meditation; 6:45-7:45 p.m. Wednesday-Teen Yoga; 8:30-9:30 a.m. Thursday-Vinyasa; 12:30-1:30 p.m. Thursday-Yoga for Backs; 6:45-7:45 p.m. Thursday-Yoga for Backs; 5:30-6:30 p.m. Thursday-Slow Flow with Prenatal; 6:45-7:45 p.m. Thursday-Yoga for Backs; 8:30-9 a.m. Friday-Ashtanga; 12:30-1:30 p.m. Friday-Yoga for Backs; 1:30-2 a.m. Friday-Meditation; 9:30-10:30 a.m. Saturday-Level II; 10:45-11:45 a.m. Saturday-Yoga for Backs; 11:5-2 p.m. Saturday-Kid's Yoga II; 2:15-3 p.m. Saturday-Kid's Yoga I; 2:15-3 p.m. Saturday-Kid's Yoga II

Massage Therapy TIME/DATE: By appointment DETAILS: Therapeutic massage is effective for stress and tension, chronic fatigue, pain and headaches. Everyone welcome. Patients undergoing treatment should bring a physician's referral. \$50 for one hour session. Create with Janis TIME/DATE: 10 a.m.-noon each Monday DETAILS: Express yourself artistically in our peaceful and inspirational creative arts studio. Janis provides guidance in a variety of techniques and projects. \$5 suggested per session. Explore Art and Color with Darcy TIME/DATE: 1:3 p.m. the fourth Thursday of every month DETAILS: Join volunteer artist Darcel

as she guides you in transforming an ordinary block of wood into a multi-dimensional work of art. Cost is \$5 per session. Know Before You Go CONTACT: Call (248) 465-4488 for a recording of the latest in class changes. Polymer Clay Class. TIME/DATE: 6:30-8:30 p.m., Tuesday evenings DETAILS: Make an original decorative accessory for your home, salt and pepper shakers, barrettes and more with FIMO clay. \$5 per class. Walk-ins welcomed. Scrapbooking with Sandra. TIME/DATE: 10 a.m.-noon, Thursday mornings DETAILS: Bring 6-10 photos and we'll supply the rest. Sandra shows you how to preserve life's moments in

creative ways. \$5 per class. Walk-ins welcomed. Photography Visitors Group. TIME/DATE: 6:30-8:30 p.m., Tuesday evening of each month. DETAILS: Discuss and learn the art of capturing an image, cropping, editing, refinement with software and more. Call for details Muscle Conditioning with Sue. TIME/DATE: 5:30-8:30 p.m., Wednesday evenings DETAILS: Using therabands and other exercises, Sue guides you through techniques you can use at home to condition and tone your body. \$5 suggested donation. Walk-ins welcomed. Dinner with a Doctor TIME/DATE: 6:30-8:30 p.m., Wednesday, Feb. 25 and Thursday, Mar. 26

LOCATION: Dinners are held in conference rooms A, B and C on the Providence Park campus. DETAILS: Dinner, health presentation and Q&A. There is no charge to attend. This month's presentation centers around the latest thinking regarding Heart Disease Causes and Treatment. Dr. Chris Liakonis, a thoracic surgeon with Providence and Providence Park Hospital will be presenting in Feb. and in Mar. Dr. Sarah Davis, Family Medicine "Reading Food Labels and Eating Well" CONTACT: To sign up, call (888) 440-7325

Betsford Center for Health Improvement LOCATION: 39750 Grand River Ave. CONTACT: (248) 473-3100

Aqua Boot Camp TIME/DATE: 4-5 p.m., every Friday DETAILS: Get fit with a combo of strength and cardio in the lap pool. Pool is four feet deep providing excellent water resistance while still being able to touch. Free for BCHI Members. Non-members may purchase a \$75 10-visit punch card. For information or to register, call (248) 473-3100.

Yoga Balance Basics TIME/DATE: 11:15 a.m.-noon every Tuesday DETAILS: Create harmony and balance in your life while becoming stronger, more flexible and balanced. A chair or ballet bar is provided for assistance. Free for BCHI Members. Non-members may purchase a \$75 10-visit punch card. For information or to register, call (248) 473-3100.

Oakland Physical Therapy Classes LOCATION: 26650 Providence Parkway, Suite 365, Novi CONTACT: (248) 303-3550 Classes are free of charge

Yoga Classes TIME/DATE: 7:15 p.m., Mondays; 10:15 a.m. and 6 p.m., Wednesdays LOCATION: Pure Barre Fitness Studio, 133 N. Main St., Northville DETAILS: Classes feature "Pure Yoga" to increase one's awareness of breath and body while building a strong, flexible back and core. CONTACT: (248) 305-8414

Flagstar advertisement for high-definition earnings and an HDTV. Features a 2.50% APY\* with Loyalty Checking and Get an HDTV FREE\* offer. Includes contact information and a small image of a TV.

Seghi Renovations advertisement for Kitchen & Bath Showroom. Offers FREE Design Service and contact information: 440 N. Lafayette • South Lyon • 248.437.2454

Advertisement for 'Get a new kitchen, Get Cash Back.' Promotes cash back rebates on quality, high value Showplace cabinetry. Includes contact information: 29750 Anthony Drive, Wixom, MI 48393

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# Cottage & Lakefront Living show opens next week in Novi

The Cottage & Lakefront Living Show opens next Thursday at the Rock Financial Showplace in Novi with information, experts and exhibits for owners as well as those in the market to buy, build or rent.

"It's the pre-season event that will help you find everything you need for your cottage and lakefront needs," said Mike Wilbraham, show producer of ShowSpan, Inc. "Information to build the Green cottage, reduce your environmental impact, keep the cottage in the family or find the perfect cottage accessory will be available at our second annual show."

Sand pirate Janet Schrader of Fairy Godmother Services in Lakeside will build a giant medieval sandcastle, teach the art of sand sculpture from towers and stairs to doors and windows and host a sandcastle contest. Showgoers will have the opportunity to turn a pile of sand into sandcastles at The Beach, a giant sandbox complete with sand and carving tools.

An actual full-size cottage home with a loft will be built on the exhibit floor by Distinct Discovery Homes of Greenville



Attendees of the Cottage & Lakefront Living Show coming to Novi next week will have the opportunity to turn a pile of sand into sandcastles at The Beach, a giant sandbox complete with sand and carving tools.

and will be fully decorated with custom cabinetry, appliances and furnishings.

Michigan artists in the Whisper in the Woods fine art show are displaying nature,

wildlife, Great Lakes landscape and lighthouse photography; woodcarvings; fine woodwork using Michigan hardwoods; three-dimensional topographical wood presentations

of lakes; layered mixed media; wildlife paintings; aerial photography of Michigan lakes, islands, cities, bays and marinas; pencil and ink nature art; angling and sporting watercol-

ors; and oil paintings for sale.

"Kayaking Adventures in Michigan" will be presented by travel writer and book author Jim DuFresne on the Cottage Living Stage highlighting trips for veterans who own their kayak or first timers who need guides, lessons and rental information. Cottage succession planning seminar will cover "Keeping the Family in the Family Cottage" by using trusts or corporations if families keep their cottage for several generations and avoiding increased property taxes upon transfers.

Architect Michael Klement of Architectural Resource, LLC in Ann Arbor will also address Green building, remodeling and home design for cottages and how energy and water usage, sustainable building techniques and indoor air quality can create a green cottage that performs significantly better than conventional homes.

Other seminars will cover natural vegetative shorelines, environmentally sensitive lake practices with phosphorus-free fertilizers, alternatives to pesticides and natural cleaning agents, Great Lakes fur trade era historical reenactment,

bird watching, nature photography and other ways to enjoy your cottage more.

Homeowners can consult with specialists in lake and pond management to identify the plant species around docks and beaches, take care of weeds and algae from small backyard ponds to large lakes, provide healthy environments for fish and plants, see muck and silt moving equipment and install decorative fountains or aerators to circulate water.

Rock Financial Showplace is located on Grand River Avenue between Novi and Beck Road in Novi. Show hours are from 2-9:30 p.m. Thursday and Friday; 10 a.m.-9 p.m. Saturday and 10 a.m.-5 p.m. Sunday. Admission is \$10; \$4 for children 6-14 and children 5 and younger are admitted free.

Internet Express Tickets are offered online and come with a free pair of flip-flops. Free crossover admission from the Cottage & Lakefront Living Show to Outdoorama.

On-site parking is available for a fee. For more information, visit [www.CottageAndLakefrontLiving.com](http://www.CottageAndLakefrontLiving.com) or call (800) 328-6550.

## NOVI AREA CHURCH EVENTS

### ST. JAMES CATHOLIC

LOCATION: 46325 10 Mile Road, Novi  
CONTACT: (248) 347-7778  
Mass Schedule  
TIME/DATE: 8, 9:30 and 11:30 a.m. Sunday; 9 a.m. Monday-Tuesday; 7 p.m. Wednesday; 5 p.m. Saturday  
Mothers Group  
TIME/DATE: 9:30-11 a.m. first and third Wednesday every month, through May 20  
DETAILS: Providing fellowship, support and opportunities to grow faith. Childcare available. Suggested donation \$20. Don't have to be a parishioner to join.  
CONTACT: Becky at (248) 305-5924 or Jeanne at (248) 380-6361

### OAK POINTE CHURCH

LOCATION: 50200 W. 10 Mile Road  
CONTACT: (248) 912-0043 or visit oakpointe.org  
Worship Services  
TIME: 5:15 p.m. Saturday; 9:15 and 11:15 a.m. Sunday

### Renew Life Ministries

TIME/DATE: 7:15-9 p.m. every Monday  
DETAILS: Ongoing Life Groups that support and facilitate personal growth, healing, learning and change from a Christian perspective.  
CONTACT: For more information or to register call (248) 912-0043 or visit oakpointe.org.  
Charmed Influence  
TIME/DATE: 9:30 a.m. every Wednesday  
DETAILS: Studying the book "Surviving a Spiritual Mismatch in Marriage".  
CONTACT: Joy Ruby at joy@oakpointe.org or call the church.

### NOVI UNITED METHODIST

LOCATION: 41671 W. 10 Mile Road  
CONTACT: (248) 349-2652 or visit umcnovi.com  
Sunday Worship  
TIME: 9:45 a.m.  
Healing Service and Holy Communion  
TIME/DATE: 9:45 a.m. first Sunday of every month  
Peace Vigil  
TIME/DATE: Noon, first Sunday of every month

### CHURCH OF THE HOLY FAMILY

LOCATION: 24505 Meadowbrook Road  
CONTACT: (248) 349-8847 or visit holyfamily-novi.org  
Mass Schedule  
TIME/DATE: 7:30, 9, 10:30 a.m. and 12:15 p.m. Sunday; 9 a.m. Monday, Wednesday, Thursday, Friday; 6:30 a.m. Tuesday, Wednesday, Thursday; 7 p.m. Tuesday; 5 p.m. (English), 6:30 p.m. (Spanish) Saturday  
Holy Days: 9 a.m., 5:30 and 7:30 p.m.  
Reconciliation: beginning 9 a.m. Saturdays or by appointment  
Adoptive Parent Networking Meeting  
TIME/DATE: 10-11 a.m. last Wednesday of each month

LOCATION: In front of the church  
DETAILS: Members of the congregation and the community will stand united in prayer for peace.  
Advent Service  
TIME/DATE: 9:45 a.m. Sunday

### FAITH COMMUNITY PRESBYTERIAN

LOCATION: 44400 W. 10 Mile Road  
CONTACT: (248) 349-2345 or visit faithcommunity-novi.org  
Sunday Worship: 10 a.m.  
LOGOS  
TIME/DATE: 4:30 p.m. every Wednesday  
DETAILS: For children in kindergarten to 6th grade. Enjoy recreation, Bible study, music and dinner.

### ST. PAUL'S LUTHERAN CHURCH

LOCATION: 201 Elm St., Northville  
CONTACT: (248) 349-3140  
Sunday Worship: 8:30 a.m. Blended; 11 a.m. Contemporary; 11:30 a.m. Traditional

### MEADOWBROOK CONGREGATIONAL

LOCATION: 21355 Meadowbrook Road,

between Eight and Nine Mile roads  
CONTACT: Rev. Arthur P. Ritter, Senior Minister (248) 348-7757, visit mbccc.org or e-mail to office@mbccc.org.  
Sunday Worship: 10 a.m.  
YogaFit Classes  
TIME/DATE: 7:30 p.m. every Monday  
DETAILS: Eight weeks, \$55 continuous or \$8 per drop in session.

Merry Widows Luncheon  
TIME/DATE: 11:30 a.m. fourth Thursday of each month

Spiritual Journey's  
TIME/DATE: 11:30 a.m. every Sunday

Ash Wednesday Dinner and Worship  
TIME/DATE: 6:15 p.m., Wednesday, Feb. 25  
DETAILS: service of worship will follow at approximately 7:15 p.m.

Scrap book event  
TIME/DATE: 6-11 p.m., Feb. 27; 9 a.m.-5 p.m., Feb. 28

DETAILS: \$25 on Friday, \$35 on Saturday, \$50 both days.

**This Week ONLY!**  
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Novi native to compete in soccer games in Israel

Page B3

## Novi survives Northville, runs past Salem



Novi's Nick Brockman brings down an offensive rebound at Northville.

### Bellamy held to three vs. Stangs, scores 31 points against Rocks

BY JEFF THEISEN  
SPORTS WRITER

Novi survived a major scare against rival Northville before pouncing on Salem for a pair of wins to keep KLAAC Central title hopes alive.

The Mustangs gave Novi everything it wanted and more in a 40-38 Wildcat victory Feb. 10.

"I was extremely impressed with our ability to compose ourselves and crawl back into this game one play at a time," Novi head coach Cory Heitsch said. "Northville had an excellent game plan and really controlled the tempo.

After being tied at seven after the first quarter, Northville ran out to a 20-10 halftime lead.

With the offense in flux, the Wildcats had to rely on their defense to help get them back



Novi's Brandon Bryant begins his drive for the basket with Northville's Bryce Groshek guarding.

PHOTOS BY JOHN HEIDER/NORTHVILLE RECORD/NOVI NEWS

in the game. Novi chipped the deficit to 32-27 entering the fourth. The Wildcats took their first lead with around 2:00 remaining when Brandon Rydzewski connected on a three-pointer (his only basket) for a 36-35 advantage. Novi

fending off its game rivals the rest of the way.

Northville limited high-scoring Chris Bellamy to three points total and none in the second half.

Coming to the rescue was sophomore Samer Ozeir with all 12 of his points in the final

two quarters. He also snagged 10 rebounds for a double-double.

Jeremy Mims was next with nine points, followed by Brandon Bryant with seven.

"For us to have individuals like Brandon Rydzewski, Samer Ozeir and Jeremy

Mims step up and contribute in the fashion they did says a lot about them and about this group," Heitsch said. "This style of game was important for us to prove to ourselves we could win under those circum-

Please see **HOOPS**, B3

## GAME WRAPS

### CC wrestling wins Catholic League title

The Shamrocks won the CHSL title Feb. 7 by placing wrestlers in the top three in every weight class.

Winning titles were Alec Mooradian at 112 pounds, Nick Mason at 119, Doug Eldridge at 135 and Mike Kinville at 189.

Second-place finishers were Mike Perales at 130, Gerid Gee at 145, Addison Kelly at 152 and Steve Schikora at 171.

Claiming third place were Andrew Thompson at 103, Jake Buck at 125, Tim Urso at 140, Miles Trealout at 160 and Nate Wilkins at heavy-weight.

### NOVI CHEER FINISHES THIRD IN CONFERENCE

The Novi cheer team placed third at the Kensington Conference meet on Valentine's Day.

The Wildcats were fourth after the first round with 198.7. A solid second-round score of 211.866 left Novi in second place after two rounds.

The Wildcats scored 270.9 in the final round as Northville snuck by for second.

Churchill won the meet with 717.5, followed by Northville with 690.5 and Novi with 681.5.

Novi will compete at the district meet 10 a.m. Saturday at Northville.

### NOVI HOCKEY 3, ST. CLAIR SHORES 0

Novi goalkeeper Michael Pesendorfer turned aside 15 shots as the Wildcats shut out St. Clair Shores last Thursday.

Nolan Anderson scored the eventual game-winner in the first with Kyle Masarczyk and Erik Aepelbacher earned assists.

The final two goals came in the third. Zach Mohr scored from Nolan Valleau and Anthony Gasparotto, and Alec Latin finished off the scoring.

"The guys are playing very unselfish and making sure we play excellent team defense," Novi head coach Todd Krygier said. "We have been doing an excellent job blocking shots and the shots that do get through have been stopped by Pez, who is having an excellent season but knows what really matters is the playoffs."

### ROCHESTER UNITED 3, NOVI 1

On Saturday, the Wildcat offense had trouble solving the Rochester defense. The Wildcats fell to 11-6-4.

### SHAMROCKS KNOCK OFF U-D, RICE

On Feb. 10, Catholic Central came out on top 66-59 against U-D Jesuit.

Steve Harding poured in 21 points to lead four Shamrocks in double digits. Brett Smith wasn't far behind with 17 points, followed by Tim Dezeliski with 12 and Chris Barnas with 10.

Tim Schearer led U-D with 18 points.

### CC 58, BROTHER RICE 44

The Shamrocks knocked off Brother Rice for the second time with a 14-point win Friday.

The teams were tied at 14 after the first quarter, but CC nudged ahead 27-24 by halftime. A 21-7 CC third-quarter blowout put the game out of reach for Brother Rice.

Smith scored a game-high 21 points to lead CC. Dezeliski pitched in 13 points.

Austin Fowler led Brother Rice with 15.

Individual Wrestling Districts Saturday

Novi and Catholic Central will compete at the individual districts Saturday at Stevenson.

## Loss to Salem leaves Novi needing help in Central

BY JEFF THEISEN  
SPORTS WRITER

The Wildcats had little trouble getting past rival Northville before having nothing but trouble with their offense against Salem.

Friday's 44-34 loss to the Rocks leaves the Cats one game back in the race for the Central title.

### NOVI 55, NORTHVILLE 37

On Feb. 10, the Wildcats used a big second and third quarter to blow the game open.

Novi led 12-10 at the end of the first but managed to push the lead to 30-16 by halftime and 45-22 heading into the fourth.

Kelsey Masserant scored a game-high 21 points for Novi (11-5). Morgan Haffey was next with nine, followed by Caroline Johnson with eight.

Katherine Johnson led Northville (7-8) with nine points.

### SALEM 44, NOVI 34

Salem used a height advantage to its fullest to get several second-, third- and sometimes fourth-chance points during the 10-point win for the Rocks on Friday.

"We lost the game because we couldn't box out on free throws," Novi head coach Bill Kelp said. "When we play bigger teams and they can neutralize our post, we struggle to score. That's the biggest thing we've got to improve upon."

The Wildcats never led, but were never really out of it until the final moments either.

The only tie came at 6-6, but the Rocks close out the quar-



Novi's Alyssa Armiak dribbles around a Salem High defender.



Novi's Caroline Johnson and Morgan Haffey put some pressure on a Salem High player.

ter with a 6-2 run for a 12-8 lead after the first quarter.

In the opening moments of a second and with Salem up 14-9, the Rocks had five straight offensive attempts thanks to rebounded shots and missed free throws. It only resulted in a 17-9 lead, but the message was sent.

Salem went on to lead 21-14 at the half.

A strong defensive effort in the second half was cancelled out by almost anemic shooting by the Wildcats.

To open the second half, Novi hit just one of its first 16 shots, spanning the third and

fourth quarters. Novi finished 9-for-32 shooting on the night.

"They can't beat anybody on any night, but you've got to come to play," Kelp said. "In the first quarter, mentally, we made a lot of mistakes. We got beat on the boards. That's the bottom line, but we killed ourselves in a lot of ways mentally."

The Salem lead grew to 31-21 entering the fourth, and the game was put away, ironically, at the line for Salem.

Entering the fourth, the Rocks had connected on just 1 of 7 freebies. In the fourth, they went 7-for-10 at the line.

Caroline Johnson led the Cats with 12 points, but it came on 3-for-13 shooting. She did hit all four of her charity shots.

Masserant was next with 10, but nobody else scored more than four.

Salem put three in double digits, with Chelsea Davis leading the way with 12. Tracey Whalen and Victoria Brotz were next with 11 points each.

"To win the division, we've got to win out," Kelp said.

"Friday is going to be an emotional game because it's going to be senior night."

Salem is one game up on South Lyon and Novi after Friday's game.

Salem played the Lions on Tuesday. If Salem won, they clinch the Central. If the Lions won, it sets up a possible three-way tie for first against Novi on Friday.

jtheisen@gannett.com  
(248) 349-1700, ext. 228

## Understanding resistance training

BY BENITO OLMS

Resistance training programs have found great repercussions in the last three decades as a method of conditioning, physical fitness and health promotion. One of the main results of this recognition resides in the proliferation of gyms and health clubs, and in many cases, the different kinds of resistance training have been misinterpreted causing their misuse.

In my opinion, this confusion is due to the lack of theoretical division in the different types of resistance training. This situation generates a mixture of theories that do not always accurately define their target audience, creating the possibility of erroneous interpretations in their use.

Basically, we can divide the activities with weights in two basic groups:

- Resistance Training for Health and Fitness
- Resistance Training Applied to Sports and Performance

Individuals that do not seek any performance improvements compose the public in the health and fitness group. Their main concern is health maintenance and promotion combined with aesthetics improvements through weight loss. The weight training programs for these individuals should be aligned to their goals and capacities generating different training protocols than the ones applied to the Sports and Performance group.

In the Sports and Performance group the goal is the maximization of a specific performance and the audience comprised mostly by athletes. Training protocols are tailored to the needs of physical performance of different sports. In recent decades there have become very rare sports where specific weight training programs are not used in their general conditioning. We must always keep in mind the different types of weight training to not make the mistake of implementing training protocols that are not compatible to the audience goals and capacities.

Very often we find individuals whose main goal is health and fitness following training protocols that are created for

athletes whose main goal is health and fitness following training protocols that are created for athletes like bodybuilders or power lifters. In these cases, the risk lies in the training protocols that are calculated and tailored for athletes that are being applied to general population causing stress as well unnecessary injuries.

athletes like bodybuilders or power lifters. In these cases, the risk lies in the training protocols that are calculated and tailored for athletes that are being applied to general population causing stress as well unnecessary injuries.

Athletes live in a universe where their career depends on their performance in order to be successful. To achieve this goal, they expose their bodies to very intense training routines that normally possess a greater risk of injury, but if they do not follow these routines, they may not achieve their desired performance. The public, who look for general health and fitness, does not need any sports performance, and unnecessary exposure to such risks will not have any major rewards.

Clearly, the hesitation that many people feel towards resistance training is related to a distorted view of this activity, as they were victims of weight training programs incompatible with its realities. Perhaps these ambiguities are the cause of many myths about weight training, confusing its use and objectives and not helping more people to enjoy the benefits of this noble activity.

Have a safe and good work out.

**Benito Olms is the General Manager at the Northville Planet Fitness. Benito is a Certified Personal Training and Nutrition Coach by APEX. He holds a Bachelor's degree in Physical Education and he is a published author and well-known health and fitness expert in Brazil. For more information please call 248-449-7634 or go to www.planetfitness.com.**



PHOTO SUBMITTED

### Second in State

The Novi varsity pom team came in second place in Division I at the State Competition at EMU on Feb. 15. Team members include Kelsey Auterson, Taylor Boron, Alexa Boron, Julie Comilla, Melanie Carlin, Jessica DiPaola, Kaitlin Hogan, Paige Jurzwik, Jillian Kaminski, Kayla Koch, Nicole Kozinski, Rachel Soszynski, Nicole Lang, Lauren McEachran, Brooke McKnight, Julianna Parks, Kimberley Powers, Nicole Ridgion, Macalia Schlaff, Macaire Schlaff, Betsy Scirba, Emily Scirba, Megan Sticker and Ashley Wojtyla. The Wildcats are coached by Kristy Higgs.



Novi recently celebrated Senior Night for Jillian Harold, Laura Tollis and Kelsey Collins.



PHOTO PRINTED WITH PERMISSION BY WWW.MELLECOFF-DUNN.COM

### Senior's Night

Novi's (from left) Evan Cosick, Tyler Vincent, Alex Zabinksi and Evan Hartland were honored during Senior Night on Feb. 12 against John Glenn.

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PHOTO BY JOHN HEDER/NORTHVILLE RECORD/NOVI NEWS

Novi's Tyler Wenson rips down an offensive board during an away game at Northville.

### KLAA KENSINGTON CONFERENCE WRESTLING

The Wildcats secured 79.5 points to tie Churchill for ninth at the Kensington Conference tournament Saturday at Salem. Connor Caldwell led the Wildcats with a fourth-place finish at 112 pounds. Fifth-place finishes went to Claton Caldwell at 130, Glen Malear at 140, Martin Bunney at 145 and Adam Paul at 171. John Glenn ran away with the title with 256.5 points. Canton was second at 227, followed by Northville with 204.5.

**FINAL STANDINGS:** 1. Westland, John Glenn, 256.5; 2. Canton, 227; 3. Northville, 204.5; 4. Salem, 193.5; 5. Livonia Franklin, 189; 6. Livonia Stevenson, 147; 7. Plymouth, 102; 8. South Lyon, 86.5; 9. (tie) Livonia Churchill and Novi, 75.5; 10. Wayne Memorial, 74; 11. South Lyon East, 24.

**INDIVIDUAL RESULTS**  
 103 pounds: 1st-place Wildcat Steve Welford (C) d. Jonathon Paul Hamel (L), 8-5; 2nd: Nick Kim (S) d. Daniel Filippelli (C), 8-2; 3rd: Mike Toussie (P) won by forfeit over Tyler Fore (S).  
 112: 1st: (tie) Wildcat (C) d. Brooks O'Brien (S), 6-3; 2nd: Steve Livo (F) d. Connor Caldwell (N), 14-7; 3rd: Ian Phillips (S) d. Omar Mostafa (L), 8-0.  
 119-125: Josh Austin (C) d. Call Lucke (C), 8-5; 2nd: Greg Lorrain (N) won by major d. over Erik Czech (L), 14-2; 3rd: Matt Heisch (L) won by injury d. over Rich Symes (S), 12-5; 4th: Mark Thompson (L) d. Joe Anderson (C), 6-4; 3rd:

145: Mitch Wolch (C) won by major d. over John Bills (S), 10-2; 3rd: Jordan McGuire (L) d. Kane Kanowe (C), 9-4.  
 150: 1st: Jeremy Krupp (C) pinned Jimmy Powers (L) in 59 seconds; 2nd: Justin Robinson (S) d. James Middlebroich (S), 6-0; 3rd: Clayton Caldwell (N) pinned Jay Bishop (L) in 4:04.  
 155: 1st: Duane Williams (C) won by major d. over Jared Stephens (L), 14-2; 2nd: Tevin Hines (N) d. Josh Wright (N), 8-5; 3rd: Johannes Brind (S) pinned Bryan Formey (L) in 2:04.  
 160: 1st: Jimmy Moore (L) d. Rob Martens (L), 10-5; 2nd: Justin Giacobi (S) pinned Harry Eichholtz (N), 14-1; 3rd: Glen Malear (N) d. Ryan Terrel (C), 5-2.  
 145: 1st: Brett Minicoff (C) won by tech. fall over Jon Nelson (N), 18-3; 2nd: Robert Schultz (S) pinned Josh Mills (N) in 49 seconds; 3rd: Martin Barney (N) d. Dusti Passon (L), 5-4.  
 152: 1st: Matt Haugen (N) d. Jeff Adkins (N), 8-4; 2nd: Brandon Ballou (L) won by major d. over Anthony Azzo (C), 14-5; 3rd: Josh Scullion (L) pinned Chris Sweet (S) in 3:25.  
 160: 1st: Zaid Ammar (L) d. Joe Powell (L), 9-8; 2nd: Matt Ross (L) d. Derrick Gavey (P), 9-7; 3rd: Kevin Marley (N) d. Collin Voss (S), 5-2.  
 175: 1st: Nick Weiger (N) d. Keith Zech (C), 8-4; 2nd: John Burns (L) d. Vince Pizzo (P), 8-3; 3rd: Adam Paul (N) d. Zach Leppendorfer, 19-14.  
 189: 1st: Garrett Hay (F) d. Austin Root (S), 3-2; 2nd: Colin Marsh (N) d. Andrew Schramm (L), 5-2; 3rd: Alex Wini (P) won by tech. fall over Katherine Jones (N), 16-2.  
 215: 1st: Sam Tapper (S) d. Cody Hay (L), 9-5; 2nd: Bobby LaHuff (N) pinned Gerald Powell (L) in 2:24; 3rd: Dylan Korzeki (N) pinned Brian Chandler (P) in 2:52.  
 285: 1st: Dustin Caporaso (L) d. Mike Modes (L), 5-3; 2nd: Steve Wiersch (N) pinned Rich Skyle (L) in 3:27; 3rd: Blake Abbey (S) won by injury d. over Jeff Wolf (P).  
 150: 1st: Jeremy Krupp (C) pinned Jimmy Powers (L) in 59 seconds; 2nd: Justin Robinson (S) d. James Middlebroich (S), 6-0; 3rd: Clayton Caldwell (N) pinned Jay Bishop (L) in 4:04.

## Crawford to be part of 2009 Maccabiah Soccer Games

STORY SUBMITTED

Novi's Stephanie Crawford went to Plantation, Fla., this past December to try out for the 2009 Maccabiah Soccer Games.

She was one of 18 women chosen from around the United States to compete in these upcoming soccer games in Israel — sometimes referred to as the Jewish Olympics.

These Games are held every four years in Israel attracting the most outstanding Jewish athletes from around the world. The 18th Maccabiah games will be held for three weeks in July 2009 in Israel. "I'm very excited about this new experience. I've never been to Israel and am looking forward to meeting new people and playing very competitive soccer," Crawford said. "I'm also proud to represent the United States."

As one of the largest elite competitions, the Maccabiah drew more than 7,000 athletes from more than 50 countries, making it the third largest sports event in the world.



Former Novi soccer standout and current U-M player Stephanie Crawford will participate in the 2009 Maccabiah Soccer Games in Israel.

### HOOPS FROM PAGE B1

stances, especially without Chris putting up a huge number." Tim Hassel led the Mustangs with 11 points, followed by Scott Wagner with nine.

#### NOVI 78, SALEM 63

Things went much more to plan for Novi against Salem. The offense was clicking, especially for Bellamy. He

poured in a game-high 31, including five three-pointers. The Wildcats led 17-12 after one and 40-26 by the half. The second half was pretty much a wash as the Novi extended the lead by one through the final two quarters.

"I was very pleased with our effort over the course of the 32 minutes," Heisch said. "Our depth and defensive pressure allowed us to extend a seven-point lead with 50 seconds to go in the half to a 14-point lead going into the break."

Bellamy's big game was supported by Bryant with 13 points, Mims with 10 and Tyler Wenson with eight.

The Wildcats improve to 12-1, 7-1 with a big showdown Friday at South Lyon. If the Wildcats beat Stevenson Feb. 17, The Cats and Lions will be headed for a first-place collision. South Lyon (8-0 in Central) won the earlier matchup, which was Novi's lone loss in the Central.

jfliesier@novi.net  
 (248) 549-1700, ext. 228

### SPORTS SHORTS

#### GREEN AND WHITE GAME

The Novi Middle School "Green and White" Game is 7-9 p.m. March 27 at the Novi Ice Arena. There will be one practice from 7:30-8:30 p.m. March 25.

If interested in playing, contact Paul Flavin at (248) 380-5142 or by email at novivld@yahoo.com. Must be a Novi Middle School student to participate.

#### 2009 NOVI WILD SPRING TEAM TRYOUTS

The Novi Wild prep hockey team will be holding tryouts

for the 2009 Novi Wild spring team 6-7:30 p.m. March 20 at Computare Ice Arena and from 8-9:30 p.m. March 29 at the Novi Ice Arena. You must attend Novi Schools to participate. Goalties are encouraged to attend. Contact Paul Flavin at (248) 380-5142 or email at novivld@yahoo.com with any questions.

#### CITY OF NOVI NOTICE OF MEETING OF BOARD OF REVIEW

Notice is hereby given that the Board of Review shall convene in its first session at 9:00 a.m., EST, Tuesday, March 24, 2009 in the Novi Assessing Department at 45175 W. Ten Mile Road for the purpose of reviewing and certifying the assessment roll.

Notice is further given that the second session of the Board of Review will meet for the purpose of hearing and considering assessment appeals in the Novi City Council Chambers at 45175 W. Ten Mile Road on March 9, 10 & 11, 2009. All appearances before the Board will be by appointment only. If you or your representative want to appear in person, the appointment must be made on or before 5:00 p.m. EST, Friday, March 6, 2009. Appearances before the Board of Review are limited to five (5) minutes or less. Petitions are available at the Assessor's Office or at www.cityofnovi.org. NO APPOINTMENTS WILL BE GIVEN UNTIL A PETITION IS RECEIVED BY THE ASSESSING DEPARTMENT.

Letters of protest will be accepted on or before 5:00 p.m. EST, Tuesday, March 10, 2009. Postmarks will not be considered. When submitting a letter of protest for the Board of Review consideration, you must attach a completed petition along with any supporting information.

All agents protesting values on property, other than their own, MUST HAVE written authorization from each property owner they are representing.

Persons on fixed or limited income may be eligible for a reduction in property taxes due to poverty. Applications are available at the Assessing Department, or at www.cityofnovi.org

**BOARD OF REVIEW SCHEDULE**  
 Monday, March 9, 2009 - 9:00 a.m. to 5:00 p.m.  
 Tuesday, March 10, 2009 - 1:00 p.m. to 5:00 p.m.  
 Wednesday, March 11, 2009 - 9:00 a.m. to 5:00 p.m.

Any questions should be directed to the Assessing Department at (248) 347-3465.

MARYANNE CORNELIUS  
 CITY CLERK

Published: February 12, 18, 25 and March 5, 2009

KNOW THE SCORE  
 check out the numbers in today's Sports section

Visit us online at hometownlife.com

### THE FIRST FEEL-GREAT FILM OF THE YEAR. 'Confessions' is laugh-out-loud funny!

From 1st MIKE ELLIOTT

"Like that perfect outfit... Fits your mood, fits you, you feel fabulous." *Daily Features, L.A. ANGELS TIMES*

"Hilarious! 'Confessions' is a nonstop laughing spree!" *Don't Forget, HOLLYWOOD.COM*

"It's funny... Isla Fisher is a joy!" *Daily Features, CHICAGO SUN-TIMES*



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# Strictly Business

## BUSINESS MILESTONES

### RELOCATION

**Novi Internal Medicine and Pediatrics**  
Northern Equities Group, recently announced a long-term lease of 5,400 square feet in the Lewis Medical Office Centre (LMOC) to Novi Internal Medicine and Pediatrics, P.L.L.C. A specialist of preventative medicine and health care services for all ages, Novi Internal Medicine and Pediatrics offers: X-ray services, bone density testing, EKG, school/sports physicals, well child care, immunizations, in-house laboratory, and other diagnostic testing for the entire family. The practice will move its offices to the LMOC, located at 3975 Lewis Drive, near the 12 Mile and Haggerty roads intersection in June. Novi Internal Medicine and Pediatrics is currently located at 42450 W. 12 Mile Road, Suite 105 in Novi.  
**Laser Mechanisms**  
Laser Mechanisms Inc. recently announced the move of its corporate headquarters from Farmington

Hills to Novi. The 22,000-square-foot facility houses corporate offices, sales and engineering. In addition, an adjacent 28,000-square-foot building is being completed for manufacturing and warehousing operations. The two facilities together will nearly double Laser Mechanisms' previous square footage. The relocation is in direct response to sustained sales growth and will enable Laser Mechanisms to more effectively serve its expanding customer base. Laser Mechanisms' new address is 25325 Regency Drive. For more information, visit [www.lasermech.com](http://www.lasermech.com).

### SPECIAL HAPPENINGS

**Novi Bowl**  
Goodwill Industries of Greater Detroit announces its Bowling for Jobs program through the month of March. The event will not only raise money for Goodwill to help put people to work, but it's also a great value for families looking for

something to do together. The cost to bowl for jobs is \$10 and bowlers will receive five games of bowling at Novi Bowl. Bowlers must call ahead to confirm open-bowling times, and shoe rental is not included. Novi Bowl may be reached at (248) 348-9120. Interested bowlers may also visit [www.bowlingforjobs.org](http://www.bowlingforjobs.org) for more information.

**Providence Park Hospital**  
Each month, Providence Park Hospital hosts a free dinner about a current topic in health care. The public is welcome to attend the casual dinner, health presentation and Q & A. Dinners are held in conference rooms A, B & C on campus at Grand River Avenue and Beck Road in Novi. The next program is "Heart Disease: Causes and Treatment" Wednesday, Feb. 25 with guest speaker Dr. Chris Liakonis, thoracic surgeon. Dinner starts at 6:30 p.m. and the presentation runs from 7-8 p.m. with questions and answers immediately following. To register for the dinner, call 1-866-501-DOCS.

### CLASSES

**Walsh College**  
Walsh College is hosting an informational session on its Doctor of Management in Executive Leadership Program. The program is geared toward executives who already have completed a Master's Degree and are looking to take the next step and explore a Doctor of Management Degree. The free, informational sessions will be offered 6-8 p.m. on Thursday, Feb. 26 at the Novi Campus, 41500 Gardenbrook Road.

### OPENINGS

**Fusion Fitness Club**  
44125 W. 12 Mile Road  
Twelve Mile Crossing at Fountain Walk  
**Optimum Hearing Care**  
44150 12 Mile Road  
Inside the Anti-Aging and Wellness Center  
(248) 305-3355



**Mirchi**  
Indian Restaurant  
43317 Grand River Ave.

**La Fuente**  
Authentic Mexican Restaurant  
(248) 465-6520  
27250 Novi Road

## IT'S YOUR BUSINESS Q&A



From left, Roz Leiser, audiologist and Optimum Hearing Care owner; Joan, receptionist; and Kim, hearing instrument specialist.

## New Novi office offers hearing care solutions

**Q. Who is behind Optimum Hearing Care?**  
A. Roz Leiser, owner and audiologist  
**Q. Your hometown?**  
A. Royal Oak  
**Q. When did this location open?**  
A. Feb. 9, 2009  
**Q. How many employees do you have?**  
A. 6  
**Q. What is your business specialty?**  
A. HearingCare, including audiology and open ear canal fittings  
**Q. Tell us about your business, including the types of services and/or products you feature.**  
A. Services provided at Optimum Hearing Care include: Comprehensive hearing tests for all ages; hearing aid prescription and fitting; counseling of hearing loss and hearing aid use; full range of hearing aids including digital, programmable and completely-in-the-canal; in-house service and repair of hearing aids by most manufacturers; custom swim molds, noise and musician earplugs; and assistive listening devices (ALDs).  
**Q. What makes your business unique?**  
A. Optimum Hearing Care

### OPTIMUM HEARING CARE

Business address: 44150 West 12 Mile Road, Suite 200, Novi  
Hours: 9 a.m.-5 p.m. Monday-Friday, nights and weekends by appointment  
Business phone: (248) 305-3355  
Web site: [www.optimumhearing-care.com](http://www.optimumhearing-care.com)

has a unique affiliation with the Anti-Aging and Wellness Center operated by Dr. Mark Hertzberg, a board certified anti-aging physician. We are able to offer patients hearing care solutions that are part of a comprehensive approach to overall wellness. And with 30 years of experience as an audiologist, I hope to bring an experience and personal concern to every patient I see.  
**Q. How did you first decide to open your own business?**  
A. Opening my first practice in Waterford 15 years ago was a natural continuation of my first 15 years working for other providers. Having watched and learned how other business owners operated and how

patients were treated, I realized it was time to move out into the business world and open my first practice in Waterford.  
**Q. How did you decide to locate in the Novi community?**  
A. Again, it was a part of the natural continuation of growing within the industry. The opportunity to join with a specialist in anti-aging, one who recognized that hearing care played an important role in quality of life, was impossible to pass up, especially realizing the vibrancy of Novi as a growing community.  
**Q. Do you have a funny tidbit or story to share with our readers about your experience so far as a small business owner?**  
A. After 30 years working with some great patients I have lots of stories and as many lessons to share. It is just best to suggest that new owners get out and meet as many great people networking as possible. I had two patients who came to my practice in Waterford. They told me about Dr. Hertzberg in Novi and the concept of wellness. I met with him and the rest is history. Networking with patients and other business owners brought me to Novi.

## BUSINESS NEWSMAKERS

### Holly Eklund

Big George's Home Appliance Mart announces that it recently hired Holly Eklund to exclusively serve institutional appliance customers in southeast Michigan. Expertise acquired from 10 years in the industry and particularly in commercial appliance sales and service, along with extensive product knowledge, and demonstrated. Wise among daunting clients earned her the position. Eklund came to Home

Appliance Mart with experience acquired at one of the nation's largest appliance manufacturers. That work led to appliance marketing and kitchen design work at a prominent dealer in Manhattan. She comes from Walled Lake, where she graduated from Walled Lake Western High School. Eklund went to Tennessee to earn a B.A. in Communications from Lee University, then to New York.



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Novi, MI  
(Next to 5th Avenue Bar)  
**248-465-6520**  
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*Some owners as La Fuente Restaurant in Ypsilanti*

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Wayne County: 734-582-8363  
West Oakland County: 248-437-2011

## CHAMBER CHAT

■ **Membership Luncheon**  
Wednesday, March 4. Join us for a unique luncheon at the Novi Civic Center, 45175 W. 10 Mile Road. Registration is at 11:30 a.m. with lunch at noon provided by Cherry Blossom. Tour the acclaimed "Budo" (the spirit of martial arts) Exhibition traveling North America from Japan and learn lessons on business practices from a 5th degree master of SK martial art. Advance registration is \$20. Day-of and at the door registration is \$30.

■ **Join members of the Men's Round Table** in a suite 7:30 p.m. March 9 as the Detroit Pistons take on Orlando. The cost is \$85 per person and includes refreshments, but not dinner. Contact J.R. Atiyeh for tickets and car pooling information, (248) 380-6669.  
■ **The Business to Business and New Member Reception** is 8-9 a.m. March 11 hosted by Network Source One, 39625 Lewis Dr., Suite 900 in Novi. Join us for networking and refreshments. The \$5 event fee

is payable at the door.  
■ **Committees and Round Tables:**  
• Feb. 25 - Financial Round Table 8:30 a.m. Picasso Café  
■ **The Novi Chamber of Commerce** is an active, progressive chamber offering a variety of events, educational programs, an enhanced Web site, and involvement with local charities. For membership information, visit our Web site at [www.novichamber.com](http://www.novichamber.com) or call (248) 349-3743.