# MICROFILM COPY

# Imaginations run wild at Camp Invention, A6

THURSDAY July 30, 2009

> Volume 54 Number 10

Hometown Weeklies

75 CENTS



# The vision of Main Street

# Economic struggles affect development's progress

with a severe downturn in the

**F**eviewers welcome

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⊇′Kwame′′

Following the critically-reclaimed success production wame A River: The Chronicles

NUTSHELL

of Detroit's Hip Hop Mayor," the new revue "Kwame A River 2: The Wrath of Convers" is a hilarious original satire that picks up and boldly goes where "Kwame A River" left off. Kwame is out of jail and in exile in Texas, and in his absence the unpredict-able Monica Conyers has become President of the City Council. "Kwame A River 2: The Wrath of Conyers" hilariously chronicles Monica's tenure as head of Council and comically displays everything that happened - from everything that happened - from raucous Council wars, Cobo con-tracts, and feuds with 8th graders - and everything that you didn't know happened, like Monica's secret therapy session with Dr. Phil, her unlikely and passionate affair with Ken Cockrel Jr, and her wacky plans to turn Metro Detroit into a tourism mecca. Reviewers are invited to

Reviewers are invited to attend the Second City's (upstairs from Andiamo, Grand River Avenue just east of Market Street) Opening Night of the highly-anticipated new revue "Kwame A River 2: The Wratn or Convers" on Thursday, August 6 at 8 p.m. Please RSVP by Friday, July 31, by Leanne Micallef, IMJ Communications, LLC, (246) 547-5576 office, jeanne@injcom-munications.com. Please specify if "Kwame A River 2: The Wrath of you are bringing a guest. This is a show especially for

metro Detroiters as dozens of local characters appear in the new show's sketches and songs, includ-ing Kwame and Carlita Kilpatrick, Dennis Archer, Coleman A. Young, Gov. Jennifer Granholm, George W. Bush, Jeff Daniels, Martha Reeves, Ken Cockrel Jr., Mel Farr Superstar, Kid Rock, Aretha Franklin, Geoffrey Feiger, Ted Nugent, The Temptations, Stevie Wonder, L. Brooks Patterson, The Sam Bernstein family, and the entire unpredict-able City Council.

"Kwame A River 2: The Wrath "Kwame A River 2: The Wrath of Conyers" is written and directed by Detroit native Marc Warzecha. Currently residing in Los Angeles, Warzecha has appeared on popular television comedies including "MAD TV" and "Reno 911." Warzecha has received many honors including two Joseph Jefferson nominations for "Best Director." for "Best Director." The cast includes Amise

Sharon Brooks, Jason Echols Jamaal Hines, Ava Rodgers and Renell White. Musical Director is Jennifer Gale and the Stage Manager is Ed Cosgriff.

BY NATHAN MUELLER STAFF WRITER

The vision for Main Street has been clear since the mid-1990s — to create a vibrant, downtown-type hub with a mixture of restaurants, retail businesses and residential uses.

And while the vision remains the same, staying true to it dur-ing an economic slide that has businesses closing and developers wary of starting projects is much harder.

"For sure we are now faced

which a severe towning in the economy and the prospect of reviving and bringing to fruition a pedestrian-type Main Street might be a stretch at this time," said long time resident and plan-ning commissioner Victor Cassis. "Hn wever, if we are to build a community that will stand the test of time we should be patient. resolute and insistent on the original concept of a safe, pedes trian-oriented Main Street." Cassis' concerns revolve around the recent preliminary approval by Novi City Council of 29 Park,

a new 10,000-square-foot night club. He said adding another drinking establishment to the several that are already there does not hold true to the vision for the future.

"A mixed-use development of commercial, restaurants, bou-tique shops and housing anchors to support commercial uses in an urban-like setting is now being outweighed by an image of a bar, nightlife, police-busy weekend eting venue," he said.

Please see MAIN STREET, A2



Managing the highs and lows of coaching Sports, B1



Novi's Main Street is known for its restaurants, like bd's Mongolian Barbeque. It is also known for its many bars and nightclubs like the Post Bar, Gus O'Connor's, Mixx, the Granevine and more.



Margarita Macy carries a package of phlox flowers during her visit to Novi's Tollgate Farm on July 18 during its garden tour. Plants and flowers were offered for sale to gardeners.



Michigan State University Tollgate Education Center Farm Manager Roy Prentice talks about the tamarix plant in front of him. The tamarix originally hails from the Mediterranean



Visitors to Novi's Tollgate Farm take in its Children's Garden – with its many plants to touch and smell.

Helping hands

Tollgate volunteers crucial part of farm's success

### BY NATHAN MUELLER STAFF WRITER

It's easy for people to forget they are still in Novi when they enter the grounds of the Michigan State University Tollgate Education Center.

Bright flowers and green grass as far as the eye can see greet them at the entrance. The loud sounds of the city have been replaced with the gentle chirping of birds. And

have been replaced with the gentle ching of birds. The the smell of an old contury setting permeates the air. The 160-acre farm, which is has been run by farm manager Roy Prentice since 1993, is a hidden gen in a community that has grown by leaps and bounds in the last 20 years. And while everything around the farm has changed, it still remains a place that many people visit borners it remains them of home because it reminds them of home.

because it reminds them of home. "It's a great place, a lovely place," said John MacInnis, a resident of Novi for 32 years. "It's a real respite in the city, especially in the fall with the changing of the colors." But for as beautiful as the Tollgate farm is, it would not be possible without the help of dedicated volunteers. MacInnis is one of the more than 150 volunteers who give their time to run programs, plant in the gardens and care

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# Police on lookout for driver who killed two

### BY NATHAN MUELLER STAFF WRITER

The Michigan State Police continue to search for the driver of a Chevrolet Silverado that struck the rear end of a car stopped near the exit ramp of Twelve Mile Road on southbound M-5, causing the car to burst into flames and killing the two passengers inside. Killed in the blaze that

.. 81

occurred around 17:20 p.m. on Friday were Anthony T. Fulton, 43, of Chicago, and Michelle A. Griffin, 42, of Dunlap, Ill. They were pronounced dead at the scene.

According to Novi Police Chief David Molloy, the car was stopped in the gore area, the area between the exit ramp and the roadway, when it was struck by the pick-up.

¥

Both cars were sent into M-5.

and the explosion started with the four-door sedan before traveling to the pick-up. "We had reports the (driver

of the pick-up) was driving erratically from Fourteen Mile Road," Molloy said.

After the explosion, the driver of the pick-up fled the scene on foot, according to witness reports. A K-9 track was conducted without success at the scene and the freeway was closed for about six hours as the investigation took place. Molloy said he believes the

Michigan State Police have identified a potential suspect, but they would not confirm that.

Anyone with information is asked to contact the Michigan State Police Metro North Post at (248) 584-5740.

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FINANCIAL

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A2 (NN) Hometown Weeklies | Thursday, July 30, 2009



Visitors to Novi's Tollgate Farms took in a tour of its main rose garden during the farm's garden tour event last Saturday



A bumblebee busies itself on the petals of a purple coneflower at Novi's



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LOCAL NEWS

PHOTOS BY JOHN HEIDERISTAFF PHOTOGRAPHEI visitor to Novi's Tollgate Farms takes a photo of its rose garden.

# GARDENS

egion and the state." On Monday, about 10 volum teers were on site cleaning rocks and putting soil and dirt into bags to get ready for the upcom for the property The majority of the volun ing Fall Fair on Sept. 19. The Fall Fair is one of several events held at the farm throughout the teers are part of the master rdener program through MSU, which requires them to year and run primarily by the have 40 hours of volunteer set

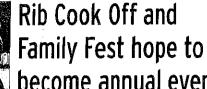
olunteers. Carolyn Volk has been driv vice to complete the program, but it often does not end there. ing to the farm from Royal Oak "Some put in their 40 hours and go back to their lives, but to Novi for the past four years occause she was attracted to many come out and really the beauty of the place and the naraderie of the people. adopt the site and continue to unteer here for many years, "I came out here once and fell in love with the place," she Prentice said.

The farm manager, who lives said. "It's like being in another on site with his family, can only world. Betsy Wilds, a Northville do so much to ensure that the 160 acres is kept in great shape, and that is where the volunteers resident, found her niche at the plant a row garden, and has come in to play. come a regular face at the

asset to the co

A vast array of gardens, 21 total, adorn the property, and all are maintained by volunteers. "It's a real social group and a lot of fun no matter what you Some of the gardens include a hosta garden with over 40 are doing," she said. Another fact about the farm that may be unknown to the hostas, a rose garden with over 200 roses, an enabling garden for people with special needs, a public is that it is open from 9 a.m. to 8 p.m. Monday through children's garden, a plant a row Saturday, New volunteers are garden which produces food always encouraged to join, and everyone on site is able to or the hungry, a xerascape for answer questions about the plants that require minimal vater and more For more information, gar-They are dedicated people fun to be around and I really den tours or to volunteer, call njoy my interactions with (248) 347-3860 ext. 251.

em," Prentice said. "They all want to see (Tollgate) be an nmueller@ganneti.com (248) 437-2011 ext. 255 mity, the



BY NATHAN MUELLER

STAFF WRITER

Rock Financial Showplace.

Currently 13 teams have

# become annual event

online at hometownlife.com

Barberue Network, and the grand prize winner gets \$1,500 and a trip to the "Memphis Barbecue aficionados are Barbecue Network n May Finals in 2010. Second place needed to heat up the inaugural will get \$750, third \$500 and fourth \$250. Those who finish West Oakland Rib Cook Off and Family Fest on Aug. 9 at the fifth through seventh will get' complementary admission to signed up to compete for the title of 'Best Ribs,' but Mary next year's West Oakland Rib, Cook Off.

Jane Scott, past president o Experience West Oakland, Cost to register a team is \$175 and it must bring its own smoker or grill. The team has to have seven slabs of ribs, four hopes they can get more. The majority of the teams are from Michigan and one is from for the blind judging and three Tennessee, but we would really for the finals. The winner will like to get some good, friendly, local competition going in be decided by a judging panel made up of 20 amateur and pro southeast Michigan," she said. fessional judges. Experience West Oakland, a Also taking place that same day are the Mustang Memories muittee of the Novi Chamber All-Ford Car Show, featuring more than 500 Mustangs, and the Your Whip Midwest Showdown, featuring about 200 high performance vehicles Admission to the Rib Cook Off and Family Fest, which runs from noon to 7 p.m., is \$5, chil-dren five and under free, and patrons also get half-off admis ion to the other two shows. For more information, visit www.experiencewo.com or to sign up a team call Scott at (248) annual affair. "It's a great sum

pen." About a year ago, it appeared

that plans were moving for-ward by Triangle Development

to develop the remaining 20 acres on Novi Road and Main

Street. The catalyst was going to be an 80,000-square-foot

development that another developer was going to build for Beaumont Hospitals, and

nbination of retail and residential. However, by September a hold was put

September a norw was put on capital expenditures by Beaumont and thus the project, thas stalled, said Pierce Nona. vice president of Triangle bevelopment. "The economy has take a beating on a which of triand

beating on any kind of real estate project, but we are still open to anything that comes

up," Nona said. "The vision

we went in with was a quasi-downtown, not calling it a

downtown but having a central core area with activity and life and an urban park, but with

this economy it's not the reality

the rest would have been a

The Rib Cook Off is sancnmueller@gannett.cor tioned by the Memphis (248) 437-2011 ext. 255

# MAIN STREET

mer event."

Brian Burke, owner of the Grapevine on Market Street and a member of city council, feels that 29 Park will bring a different crowd to Main Street that does not exist, and that the landlord of the building

would not allow a business tha was going to be a detriment to he area. He also said finding niche stores is tough because of the ocation. "It's difficult to attract those little shops when you are so close to a regional shopping center," he said "Being this close to Twelve Oaks (Mall) and the Novi Town Center that are set up for these commercial spaces makes it a bit of a chalenge." Since the development is privately owned by multiple developers, the city docs not have a lot of control over what

on the ground right now." nmueller@gannett.com (248) 437-2011 ext. 25

THE NOVI NEWS Published Each Thursday By The Novi News 101 Lafayette South Lyon, Michigan 48178

Periodical

In-County \$32 for one year. Out of County (in Michigan); \$47.60 for me year, Out of State; \$59.50 for one year. For delivery call 888-366-3742.

The Novi News is published by Federated Publications, Inc. a wholly

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online at hometownlife.com

Local artists call Picasso Cafe home

2000 after suffering some

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heart problems and retiring

BY NATHAN MUELLER Picasso Cafe welcomes a STAFF WRITER new artist every month, and a year-long waiting list has formed to get inside. Kathleen Rodak, who will Barbara Eko Murphy knows w difficult it is for artists to find places to display their display her watercolor pieces in August, has waited 18 So when the appropriately named Picasso Cafe opened months and plans to sign up again in hopes she will not in Novi nine years ago, the Northville resident and artist we to wait as long next time 'It's really a great opporimmediately approached the owners about letting local art-ists take the place of Picasso tunity," she said. "It's nice to have your art there for people to look at rather than having it stacked up at home. I wish and adorn the walls with their there were more places around here to do that." creations. Co-owner Allen Attee, an Murphy organized the artartist himself, didn't hesitate ists from the Farmington Art Club for the first year or so, but o comply. "I thought it would be nice for the community," he said. "If the (work) is not in galleries Attee is now drawing artists from all over the metro Detroit area to the business there aren't many places for Throughout July, Murphy had her life drawings on dis-play. She became an artist in the public to view it. "It has been super popular and helps reinvent the place

work.

and keep it changing all the

from a teaching job in Livonia She is now an award-winning artist who has been in more than 100 fine art shows. "I like the show and tell aspect of it and I love being a student," she said. "I don'i want to be a teacher again. I just want to keep on studying Like Rodak, she wishes artists had more places like Picasso Cafe to showcase their

JOHN HEIDERISTAFF PHOTOGRAPH

LOCAL NEWS

work. "Allen has been there for us from the beginning and very patient," she said. "It's a nice thing to go in there, plus he has good food." Picasso Cafe, which special-izes in breakfast and lunch, is located at 39915 Grand River Avenue. For more information

or to get on the artist waiting list. call (248) 427-0600. nmueller@gannett.com









\*III/

JULIO

Saturday, August 8th A Silly Safari Live Animal show combines the perfect blend of fact and fun. Silly Safaris keeps the entire audience involved with a non-stop parade of live animals on stage at the Novi

& 3pm

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(NN) **A3** 

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"Everybody wishes it was built out more but it's not to be Visitors to Tollgate Farms look at some of the plants and flowers offered for right now," said city manager Clay Pearson. "But it will hapsale during its open house last Saturday

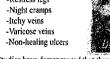
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### of Commerce that promotes the different services in the area, is running the event as a fundraiser for its organization. The Rib Cook Off is only a small portion of the day as the daylong Family Fest features live music from two bands, local res taurant lastings, a petting zoo, inflatables, a rock climbing wall and more. "I think we are going to have a lot of fun," Scott said of the event she hopes becomes an



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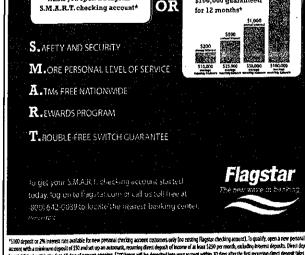
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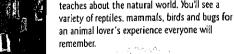
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### M (NN) Rometown Weeklies | Thursday, July 30, 2009

# **Discover world's largest** resource for ancestry

December 1954." The project involves scanning microfilm records into the online data Byron Bailey knows a lot about early 1900s American immigrants who arrived in the U.S., by way of Port Huron. base Bailey is president of the Anyone can join the worldwide project, he said. Information is available at Farmington Genealogical Society. The society has been www.ancestry.com/worldar compiling information for Ancestry.com, a subscriptio chivesproject. based Web site. It's part of a worldwide Ancestry.com proj-ect that will make the records more easily accessible for those researching family history. "So far I've indexed ab 1,000 records," said Bailey of his research for the project. 'People came from Europe, Mexico, all over the world Most came over to Canada

first and stayed awhile and then came to the U.S." The society's project is called "Michigan Passenger and Crew Lists, A3441, Manifests of Alien Arrivals at Port Huron. Michigan, February 1902

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Society of Novi, Redford

It's being presented by the Farmington Genealogical Society, Fox Run Genealogical Historical & Genealogical Society and the Northville

"What's good about this project is even though it's a subscription Web site, the indexes are going to be free to everybody in the world," Bailey People can learn more about Great Lakes immigration and Ancestry.com at an "Ancestry Day Seminar," from 9 a.m. to 3:30 p.m. Aug. 22 at the Fox Run Community in Novi.

speak on "A Practical Fleet: Great Lakes Ships from 1902 lo 1954." Bailey says Ancestry.com has become the world's biggest resource for family history. The cost of the seminar is \$8

including lunch. Registration forms are available at www. rootsweb.ancestry.com/ ~mifarmgs. For more information contact Byron Bailey at baileyb8@twmi.rr.com. By Susan Steinmueiler / Observer staff

resentatives for Allstate nationally to reach this level of achievement, based on sales for auto, Genealogical Society. Lisa Arnold, of Ancestry. property, commercial, power sports insurance and financial services in the country. com, will speak about "Getting the Most Out of Your Ancestry **NOVI IN THE SERVICE** Subscription," "Building a Tree on Ancestry," and "The Army Pvt. Jessica H. Ruiz Ancestry World Archives

has graduated from basic com bat training at Fort Jackson, Joel Stone, curator of the Detroit Historical Society, will Columbia, S.C. During the nine weeks of train ing, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marks-

**NEIGHBORS** 

performance

unship, armed and unarmed combat, map reading, field tactics military courtesy, military justice system, basic first aid, foot marches, and field training exercises. She is the daughter of Rebecca Ruiz of Elm Ave., Long Beach, Calif., and sister of Alicia Florez of Novi. The private is a 2005 gradu-

Beach.

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"Eric is a respected member of the business community," said Thomas F. Clarkson, vice president of Allstate. "We are proud that our customers in this area are being serviced by an agency with such a fine reputation.

## MILESTONES

Bitell & Ceane

Ross & Godward

Farmington Hills, is the

High School in 2001 and

The groom-elect, of

Farmington Hills, is the son of

mas and Janet Godward

of Poland, Ohio. He graduated

from Poland Seminary High

School in 1998 and Kettering

senior engineer for Badenoch

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Lauren Elizabeth Bitell and Christopher J. Ceane are Amanda Mae Ross and engaged to be married Oct. 9 at Saints Peter & Paul Catholic Thomas Edward Godward Jr are engaged to be married Oct. Church, Detroit with a recep-24 in Farmington Hills. The bride-to-be, of tion in Livonia.

The bride-to-be is the daugh ter of Al and Linda Bitell of daughter of Spencer and Donna Ross of Westland. She Northville. She is a graduate of Northville High School and graduated from John Glenn carned a degree in fashion design and merchandising ellering University in 2005 from Wayne State University. She is a project engineer for Nissan Techincal Center North She is employed by Bartech Group for General Motors

Company. The groom-elect is the son of Janet Cavallaro and Chris Ceane of Novi. He is a Northville High School gradu ate and earned a degree in susiness and marketing from Western Michigan University He is employed by GMAC Financial Services.



# **Concours d'Elegance to feature local enthusiasts**

online at hometownlife.com

BY CHRIS JACKETT & CAL STONE CORRESPONDENT & EDITOR

The 30th Meadow Brook Concours d'Elegance will descend on Rochester this weekend and two of Northville's own will have their classical vehicles on display. The Concours is a display of some of the finest classic pre-World War II vehicles, taking place 10 a.m.-4 p.m. at the Meadow Brook Hall Grounds Sunday, Aug. 2. The annual event's

2009 theme is "The Best of Detroit. 54.000 miles on it. drawing in locally-owned classic "Detroit's 'Big Three' auto makers have been perennial supporters of the Meadow Brook Concours. As a ges-Coupe with its limited-edition tan padded top is in this year's Concours, about the 10th year he has par-ticipated. He's owned the vehicle for ture of gratitude for their long-standing support, the Concours is pleased to commemorate its 30th anniversary with a celebration of Detroit's about 15 years, since he bought it in notive heritage featuring the

Auburn, Ind. "They did not do very many padengineering and design excellence of ded tops," he said of his vehicle's most General Motors, Ford and Chrysler, said Matthew de Larcinese, execu-tive director for the Meadow Brook unique aspect. "It looks very much like a convertible, but it's padded." Concours d'Elegance, "The Concours Barthel has built quite the clasenjoyed record attendance in 2008 and, with a strong local theme, we sic car collection since he purchased his first, a 1936 Pierce Arrow, in the expect even more interest this year. Although Sunday's Concours d'Elegance is the focal point of the weekend, several other events will be taking place, including tours and a reception Friday; an automotive about a year ago. As a regular at the Concours

d'Elegance and a member of the pri-vate Classic Car Club, Barthel has built friendships with dozens of othe classic car enthusiasts throughout th nation. The Concours is a reason for many of them to get together. "I love seeing the people I may not have seen for two or three years,"

Barthel said. "You talk about the cars. travel, whose kids have kids now. It's a little bit like a Greek reunion, but display the car in groups and all you do is hope for good weather." Markey's navy blue and black 1929 with strangers too."

"I've owned the car since 1973. I'm

their garage. They just had it stored 1.17 100

1. Maintan 11



Larry Markey's 1929 Rolls-Royce Springfield Phantom I Brewster

LOCAL NEWS



Tom Celani's 1966 Ford Cobra.

## ferent economy. It's a lot of entertainment, \$25 per person to see millions of dollars in cars. It's a good bargain.

NOVI CARS

5.7

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Most people know him for his motorcycles, or rather his store -- Motor City Harley, But it's Tom Celani's love of cars that has him par-ticipating in this year's Meadowbrook "I've had some Ferraris over the years over there," he said. "This is the first time they called me and wanted

a special car." That would be his blue 1966 Ford that are worthy of any show -- like a 1970 Chrysler Challenger with a 426 Hemi and his favorite, an Enzo

Hametown Weekfies | Thursday, July 30, 2009

(NN) A5

Ferrari. "The street showstopper is the Enzo," he said. "It's a piece of art." He just put a new ZR1 Corvette, with 650 horsepower, in his garage

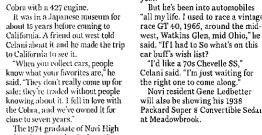
too. "It's unbelievable as far as technology and power, for the price." Celani is a very successful busi-nessman. In addition to his Harley shop, he is involved in real estate and the Celani Family Vineyard. "We've got a rose', a chardonnay, a merlot blend, a cabernet hlend and a cab -- Tenacious." He's also been in the gambling business for 25 years. He used o own part of the Motor City Casino and is working on buying

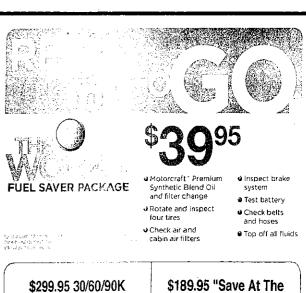
Greektown Casino out of bankruptcy, hopefully by the end of the year But he's been into automobiles

race GT 40, 1966, around the midwest, Watkins Glen, mid Ohio," he said. "If I had to So what's on this "I'd like a 70s Chevelle SS."

Chris Jackett is a freelance writer living in Redford Cal Stone is the editor of the Novi News and the Northville Record.

Pump" Special







mid-1970s. He has since purchased a 1932 Nash, 1940 Packard, 1941 Cadillac 60 Special, 1941 Cadillac 62 Series convertible, the 1935 Auburn on display at this year's Concours and, most recently acquired, a 1938 Bentley convertible he purchased

design forum, the RM Auctions' 5th annual auction display and a gala Saturday; and a Kelly Services Afterglow gathering following the Concours Sunday. Northville residents Larry Markey and Lee Barthel have both attended the "parade of excellence" for more than a decade, both as participants

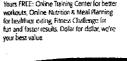
and spectator "It's a lot of fun. There's 200 cars," Markey said. "There's such a wide variety of cars, from modern cars to exotic cars and motorcycles. They

Markey and Barthel both plan to attend some of the social and educa-Rolls-Royce Springfield Phantom I Brewster will be one of about 12 tional events leading up to Sunday's Rolls-Royce Phantoms on display a the Concours as one of the featured odels at this year's event

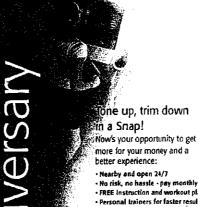
the second owner. Someone told me the original owner had the car in

J Š n a Snap!  $(\mathbf{I})$ 

Cet More For Your Money! Yours FREE: Online Training Center for better workouts, Online Nutrition & Meal Planning for healthure eating. Fitness Chadlenge for hear and intercorrular. Deline for deline transfor



Concours d'Elegance, as both have attended and enjoyed such events in the past. However, both look forward he actual Concours the most. "I really enjoy looking at other people's cars and enjoy other people looking at ours. It's kind of a two-way street," Barthel said. "We're in a dif-

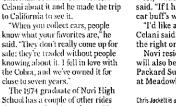


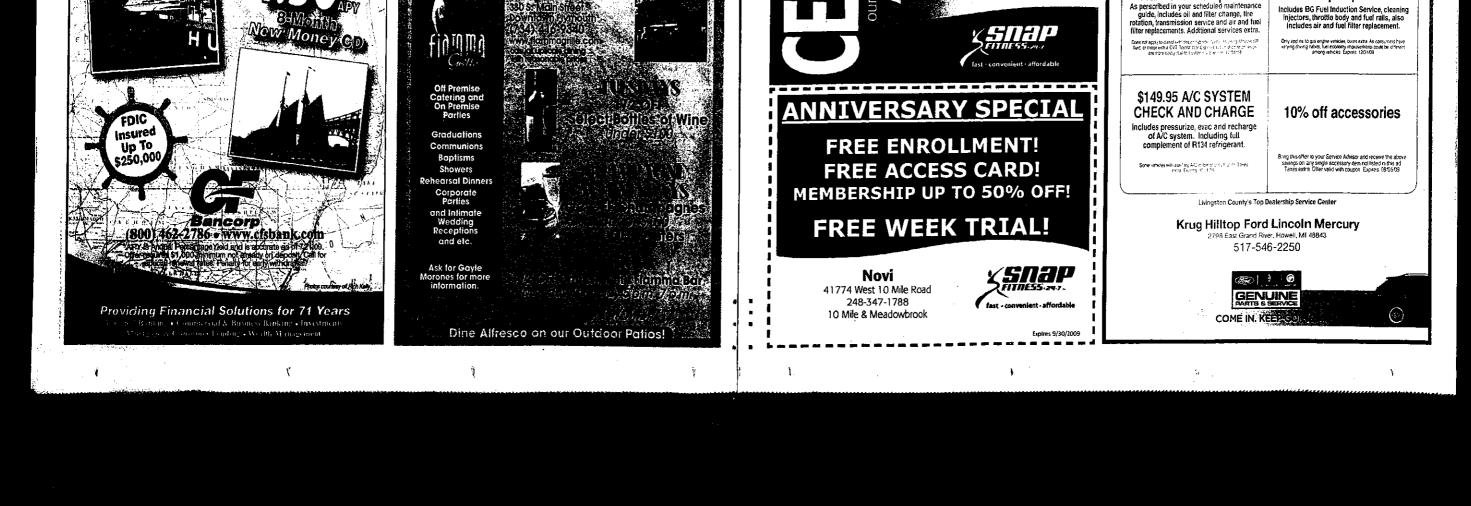
 FREE Instruction and workout plan Personal trainers for faster results Comfortable, friendly environmen



Maintenance Special







LOCAL NEWS

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LOCAL NEWS

### Hometown Weekijes | Thursday, July 30, 2009 (NRNN) **Å**

# Grand families: Resources for grandparents raising grandchildren

Dear Savvy Senior, Where can grandparents raising grandchildren find help? My two SAVVY SENIOR grandkids are about to move in begin to raise a grandchild, you'll be happy to know that help is available. Here are some tips and with me indefinitely, and I'm looking to find out what resources are available that can help us. resources along with supportive services to check into. Grappling Grandma Dear Grandma SUPPORT GROUPS You definitely have plenty of Even if it's not your thing, sup-port groups for grandparents raising grandchildren are fantastic company on this issue. Across the U.S., more than 2.4 million grandparents are raising their grandchiltools to connect you with other people who understand what dren, as the parents struggle with a variety of serious problems such as drug or alcohol addiction, financial it gives you a chance to learn and you're experiencing, not to mention hardship, mental illness, prison time, domestic violence, divorce share information and resources. To find local and online support groups, visit the AARP Foundation Grandparent Information Center and more. While there are many financial, legal and even emotional issues to think about when you

FINANCIAL ASSISTANCE Raising or taking care of grand-kids can be a major strain on the pocketbook, but financial assistance is available depending on your circumstances. For starters find out whether your grandchild or family qualifies for Social Security (www.ssa.gov/kids/parent5.htm), your state's Temporary Assistance for Needy Families program (www.acf.hhs.gov/programs/ofa) or food stamps (www. fins.usda.gov/fsp). Also visit www. benefitscheckup.org, a comprehen-sive Web resource that helps you search for additional government and private benefits you may be at www.giclocalsupport.org/where cligible for, such as supplemental

and more TAX BREAKS Grandparents who are raising children may also be eligible for tax credits like the Earned Income Tax Credit (EITC), which is available to those with low or moderate incomes. If you make too much money to qualify for the EFTC, you may be able to apply for the Child Tax Credit, And if you're raising three or more kids, you can try for the Additional Child Tax Credit, Also available is the Child

apply for free or low-cost health insurance (depending on your income level) through your state government. To learn more and find out if you're eligible go to www.insurekidsnow.gov, or call 877-543-7669. You also may be able to get help through Medicaid. Also visit the National Association in school (some states require it), or

> resource for grandparents raising grandchildren is AARP (www. aarp.org/family/grandparenting).

Senior, P.O. Box 5443, Norman, OK 73070, or visit www.savvysenior.org Jim Miller is a contributor to the NBC Today show and author.

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Camp Lakeshore counselor Jodi Stratton is surrounded by kids as she attempts to run the bases during a game of kickball. Camp Lakeshore is held at Novi's North Lakeshore Park on Walled Lake through the summer and features hiking, swimming, field games and crafts in one-week sessions.



VIRGINIA ROSEMARY (MCMAHON) FOWKES Gently past away Wednesday July 22. She was born May 6th 1922 in 122. She was born May 6th 1922 in Detroit Michigan which is where she met our lather James Charles Fowkes. The high school sweet-hearts married soon after graduation and remain sweethearts torreer. She is survived by her children, Joanne & Bob Melwin, Jim & Dianne Fowkes, Ron & Barb Fowkes, Mark & Linda Fowkes, Melissa & Tim Johnston, many drandchildren & oreal-grand-

j

family. The family will hold a Memorial Celebration at a later date.

JAMES "JIM" LEE JACKSON JAMES JIM LEE JACASON Age 74, of Highland Twp. July 25, 2009. Precedo in death by his son, Michael Lee. Survived by his beloved wife. Marie (nee Deckard): son, Larry (Karen): daughters, Vicki (John) Pilotti, Linda (Butch) Maxwell, grand-children, Sheila Maxwell, Nathan Pokowski, Rachel Jackson and Clayton Maxwell. Also survived by his brother, Ronald (Jahr); numerous nieces, nephews, extended family members and several dear fineds. 

 Age 74, of Highland fwp, July 28,
 biologeness Community Food Bartes
 Findand as President of the Fluid

 2009, Preceded in death by his son,
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 2009, Preceded in death by his son,
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 wire, Marie (nee Deckard); son, Larry
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 Wire, Marie (nee Deckard); son, Larry
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 President, Marie (nee Deckard); son, Larry
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 Clayton Maxwell, Also survived by
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 Preside and several dear friends, including his longime friends at height and findand
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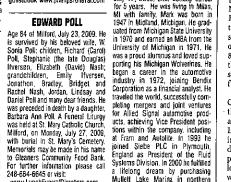
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 Sametria Lighten, Mark (Lyn) With di Franger
 Sametria Lighten, Mark (Lyn) With di Franger

 Systers, Milford on Thursday, years, A Fineral Service With Be held on
 Findand Markew, Lighten, Mark (Lyn) With di Franger, Caroline Weather, Lighten, Mark (Lyn) With di Franger, Caroline Weather, Lighten, Mark (Lyn) Weather, Ligh

JULIE MARIE PETTY Age 47, of Castle Rock, CO, former ly of South Lyon, passed away July 12, 2009. She was born on August 12, 1961, in Garden City, to James and Judith (Miller) Petty, Julie is survived by her parents James and Judith Petty, siblings: Wendy Petty, James Petty, grandmother Sitver Petty, Aunt Susan and Uncle Thomas Petty and many aunts, uncles & cousins, A funeral service

MARK WARNER SEMEYN

Age 52, of Roscommon, MI and Placida, FL, died peacefully Friday, July 17, 2009, after battling cancer Hon 6 dato Fowkes, Mark & Linda under a double. A futural service Fowkes, Meissa & Tim Johnston, was held on July 22 (20) at Philips many grandchildren & graat-grand. Funeral Home, South Lyon. Online children, brother Jerry MeMahon & guestbook www.phillipsfuneral.com EDWARD POLL



they were.

Furlow.

blows your mind."

recycled materials and turn

it into their own invention

The students also were paid a visit by volunteers from Ford Motor Company, who spoke to the students about their respective jobs. Furlow said the camp is tailored toward kids who are "attracted to being creative and thinking outside the box," and their inventions showed just that. One student. Abbey Brucker, 9, created a device from an apple juice container and VCR components that protected her from strangers. "If they try to take me I turn it on and it shocks them," she said. Ross Kelly, 10, had a hard ime picking his favorite part of the camp saying "I like everything," but highlighted building a boat during the Viking Treasure Trek class as one of the best parts. Emily Barnes, 9, also didn't have a singular favorite, but enjoyed creating the super-heroes Golden Butterfly and her sidekick Baby Bug during OBITUARY POLICY the comic book class. e-mail your obit to: <u>HTWObits@hometownlife.co</u> On the last day of camp, the kids got to show their Or fax to: 313-496-4968 finished products off to their Atta: HTWObits parents. But when asked if they were allowed to take But when asked if apart things at home and create new inventions, Emily said "I try to but mom won't let me." For more information about Camp Invention, visit www.invent.org/camp. 14, 14. ( Jan 18: ....

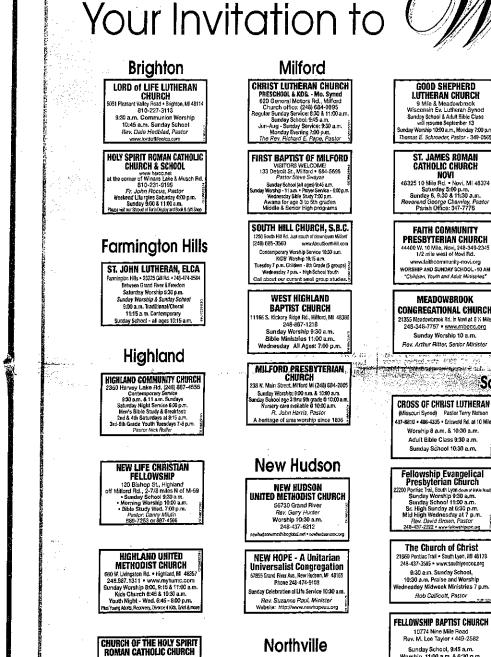


Students at Camp Invention created objects out of emoty eop crates and paper towel rolls that reached more than

Imaginations run wild

six feet. It was one of the engineering challenges issued to them during their week at Novi Middle School.





Lake Rd., Highland (248) 88 Leo T. Lulko, Pastor Schedule: Saturday 5 p.m. a.m. & 11 a.m.; M-T-W-F 9

Sunday, 9 a.m. e. r. sources loly Day, 9 a.m. & 7 p.m.; First Saturday 9 a constructions - Saturdays 11 a.m. & 6:15 p.

you can do a search by city or zip code. income, lower energy bills, dis-counts on prescription medicat counts on prescription medications LEGAL STATUS Ask a family law attorney to

help you determine whether or not it would be beneficial for you to become your grandchild's lega guardian. This status will allow ou to make important decisions for the child such as enrolling them giving a doctor permission to treat them. For help finding legal advice or locating an attorney visit www. findlegalhelp.org, a consumers guide created by the American Bar Association that can also help you and Dependent Care Tax Credit to families who incur child care

locate free legal services depending on your income. HEALTH INSURANCE expenditures in order to work. Visit www.irs.gov or call the IRS helpline at 800-829-1040.

If you need health insurance for your grandchildren, you can

of Insurance Commissioners Web site at www.insureuonline.org. SavyyTin: The best overall

Send your senior questions to: Sayy

Novi NOVI UNITED METHODIST CHURCH Rev. June M. Smith, Pastor 248-349-2652

CHURCH OF THE HOLY FAMILY

24300 Meadowbrook Rd., Novi, Mi 43375 Weekend Hours Saturday: 5 pm, (English) 8 6,30 pm, (Spanish Sunday: 7:30 am, 9 am, 10:30 am, 8 1215 pm Fr. Timothy Hogan, Pastor Rov. Henry Sands, Associate Pastor Parish Office: 349-8411 • www.holyfamilynevi.org HOLY CROSS EPISCOPAL

Sundays 7:45 a.m. and 10 a.m. Holy Eucharist • Sunday School & Nursery 10 a.m. Rev. Dr. Ray Babin, Interim Rector www.churchoftheholycross.com

OAK POINTE CHURCH Saturday Worship 5:15 pm., unday 9:15 a.m. and 11:15 a.m. Casual cor Phone (248) 912-0043 www.cakpointe.org

### South Lyon FIRST BAPTIST CHURCH OF. South Lyon 50820 Marjorie Ana St., South Lyon Phone: 248-437-2983 anday School 9:45 a.m. • Worship Service 11:00 region Service 6:00 p.m. Wergesday Evening 7:00



Church Strike Store Freinis C CHURCH 8900 Pontias Trail (kross from Erwin's C Sunday Service 9:30 a.m. Family Service 11:00 a.m. Contemporary Worship - Relev Bible Based Messages (248) 486-0400 • www.ecrossroads.nd FIRST UNITED METHODIST

CHURCH 640 S. Lafayette (248) 437-0760 nday Worship: 6:15 a.m. and 10:00 a. Nursery Provided Reverend Sondra Willobee

FAMILY LIFE COMMUNITY FAMILY LIFE GUINIMOR CHURCH A/G 245% & Mile Baad 437-1472 + www.fam Sr. Pastor Joseph R. Tabb Sunday Christian Education 94 Sunday Worship 10:45 s.r. Wednesday Christian Educati 9:00 Family Nite 7:00 p.m.

SOLID ROCK BIBLE CHURCH 10 a.m. Sunday Celeb

LynchFAMILYFuneralDirectors.com **RUTH M. (DAWSON) WOLF RUTH M. (DAWSON) WOLF** Age 89 and a lifelong resident of Milford, died July 23, 2009. Preceded in death by her husband Gilbert Wolf. Survived by her chil-mesia Wolf of Milford, five grand-Thesia Wolf of Milford, five grand-Thesia Wolf of Milford, five grand-Childers and three great-grandchil-dren, Services will be held privately. 11454, Alexandria, VA Z2312. Milford, VA 22312. Milford, V www.LynchFuneralDirectors.com **RONALD JAMES "JIM"** OPITECK Age 74, passed away July 21, 2009. A Funeral Mass was held on July 25, Saturday at St. Joseph Catholic Church, South Lyon, Arrangements by PHILLIPS FUNERAL HOME, Swith Lyon, Online Querthook Memoriais are appreciated to Western Oakland Meals on Wheels, 9525 E. Highland Rd., Howell, MI 48843, please write Memor. Ruth Wolf. For further information con-tact Lynch & Sons Funeral Directors, South Lyon. Online guestbook www.phillipsfuneral.com Paying Milford at 248-684-6645 or visit www.LynchFuneralDirectors.com Tribute to the Ŵ Life of A. Your Loved One Obituaries received after these deadlin will be placed in the next available issue

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nmueller@gannett.com (248) 437-2011 ext. 255

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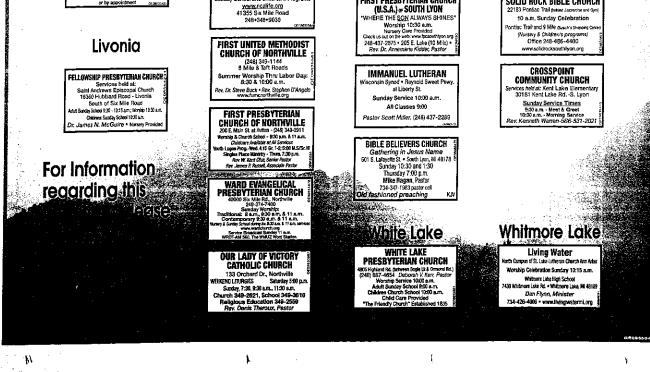
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Camp Invention kids reach into a box of cable for supplies as they begin to build a contraption for one of the many engineering challenges that were posed that week.

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**NORTHVILLE CHRISTIAN** 

Experience Life Each Week ay Worship - 9:00 am & 10:15 a

Sunday School, 9:45 a.m. Worship, 11:00 a.m. & 6:30 p.m. Wednesday Evening, 7:00 p.m.

FIRST PRESBYTERIAN CHURCH

**A8** (NN) Homelown Weeklies | Thursday, July 30, 2009

NOVI ON CAMPUS

### University of Findlay

The Dean's list for spring semester at The Iniversity of Findlay includes Wixom's Justine O'Malley, majoring in pre-veterinary medicine. Students must earn a grade point average of at least 3.5 on a 4.0 scale.

### Ohio Northern University

Matthew A. Sims of Novi, has enrolled in the College of Pharmacy at Ohio Northern University for the 2009-10 school year. He will be majoring in pharmacy. A graduate of Northville High School, Sims was active in National Honor Society, soccer and basket-

## Merit Scholarship

An additional 2,000 winners of National Merit Scholarships financed by colleges and universities have been announced by National Corporation (NMSC). These Merit Scholar

designees join over 2,800 other college-spon sored award recipients who were announced in late May.



### Consider a New Caree nchise Busines

In the current economic climate many unemployed corporate executives may find it difficult to obtain comparable corporate positions. These individuals should consider a franchise business as an alternative.

A national study conducted in 1998 for the International chise Association by The Gallup Organization found that more than 90% of franchise owners considered their franchise to be successful, that on average their annual gross income was \$91,630, and that nearly twothirds would purchase the same franchise business again. Further statistics are readily available on the Internet or in a bookstore or

Franchise opportunities are available in all industries, including hotels and motels, restaurants, advertising, auto repair, health care, janitorial services, maintenance and repair services. payroll services and more It is important to find a good

Many resources are available to help you shop for a franchise. A great deal of information is available on line, such as the website. A bookstore or library will also have much information, both on franchises and franchising in general, and on particular franci

available to help you. You should be aware, however, that consultant often represent a select group of

opportunities not represented by he consultants Once you have narrowed your search, you may request an application from the franchisor, he franchisor will typically require you to submit an application, to confirm you have sufficient experience and financial resources to he a viable candidate. Once yo mplete the initial application and have passed the initial screening process the franchisor will senr

e fees, an

Included in the list is Novi's Goutham Kondapi and Navya Talluri, both studying medicine at Wayne State University; and Navya Talluri,

LOCAL NEWS

Northwood University Novi's Lance W. Suttle received a bachelor of business administration degree, graduating with the spring 2009 class. DePaul University

### The following students from Novi graduated in June: Samantha Perry, magna cum laude with a bachelor of fine arts degree from The Theatre School; Charles Adams, cum

laude with a bachelor of arts degree from the

College of Liberal Arts Sciences The College of Wooster Scott Smith, a graduate of Novi High School, has been named to the Dean's List for the spring semester at The College of

Wooster. Smith, a junior philosophy major from Novi, achieved a grade point average of 3.65 or above.



### NOTICE PETITION FILING DEADLINE Novi Community Schools Northville Public Sch South Lyon Community Schools

petitions for Novi Community Schools, Northville Public ools and South Lyon Community Schools Member of the Board Iducation are available at the office of the City Clerk at 45175



SUBMIT FU

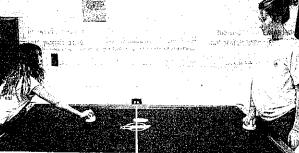
he presenters will be (I to r) Dr. Judith Margerum, Jennifer Harvey, Eudora Adodloh, Yodit Mesfin Johnson

# The Wealth of Women

ABWA program offers success tips

 to organizing yours and your family's documents. This highly acclaimed program One meeting, four voices and great tips for personal and professional success. That's what Eudora Adolph and three is offered at a reasonable top professionals will bring rate with dinner included. with their incredible pro-To participate, you will need to pre-register by August 7 (details follow). These experts gram called, "The Wealth of Women™" on August 12. approach the topic of money from all avenues that affect us, Eudora saw a need for ien to take more control of their lives, especially where answering such questions as, it concerns their families and "Why do I relate in this way to their wallets. "The Wealth of ?" and "How do I handle Vomen" developers -- Adolph this legally?' "Our mission is to enable who is a financial growth engineer with AverTrust Advisors LLC; psychologist and author women to be more successful in their daily lives. The statis-Dr. Judith Margerum; attorney Jennifer Harvey; and Yodit Mesfin Johnson, a business consultant with YMJ and Associates -- helping individu-als, nonprofits and companies succeed. These four women owed the Novi Oaks Charter Chapter of ABWA (American Business Women's Association) n May with their keen and sometimes humorous insights into how women handle their nancial lives Gain practical tips on get-







online at hometownlife.com

For a complete listing of local and regional events,

see the Novi Calendar onlin

at www.hometownlife. com. Send calendar submis-

sions via e-mail to estonea gannett.com; by fax to (248) 349-9832; or by mail to Novi

News, 101 N. Lafauctic South

Lyon, MI 48178. Items must be

received by noon on Monday

LIVE BLUES & JAZZ @ THE

GRAPEVINE

n m. Fridavs and Saturdays

43155 Market Street

to be included in Thursday?

newspaper.

Local events

# Police catch drunk after he bumps into

another vehicle A 23-year-old Portage man was arrested at 5:03 a.m. on July 25 for operating while intox-icated after bumping into a car on Grand River Avenue east of Novi Road. According to the police report, the officer

nvestigate a possible property damage acci-The man told the officer he was at a house harty in Novi and was heading back to his nome in Pontiac. He said he was looking at stopped. The officer then asked the man to perform

field sobricty tests and a preliminary breath test registered a blood alcohol content of 13 percent. The driver was arrested and transported to the Novi Police Department where he was held

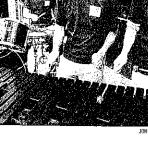
until sober and available to be released after posting bond. Unknown suspect breaks into Novi

The owner of a home on Mandalay Circle Lhad his home broken into while he was gone between July 18 and July 26 According to the report, a large rock was thrown through the basement entry window, which allowed the suspect access to the house

age to the window is estimated at \$400. Police have no suspects at this time. Several items stolen from parked car

case and a set of golf clubs were stolen between DETAILS: Unless noted below all 8:30 p.m. July 24 and 6:30 p.m. July 26 from a programs take place at the library. ae Firebird parked in the lot near the Post Bar on Grand River Avenue.





CALENDAR

The Number Six Percussion Ensemble plays outside the newly-opened "Zoup" restaurant on Grand River last Saturday afternoon, Number Six, a non-profit group that competes in percussion gatherings, teamed up with Zoup so that they could share in a percentage of the restaurant's sales for the day. From left are Adam Burkhardt, Matt Ownby, and Patrick Kochyan

CONTACT: (248) 344-4044 attend to share ideas, showcase their vehicles and network the best products and services avail able. Along with the exhibition of vehicles, the show will highlight a motorcycle display, concert, trophies, cash awards, marketplace and childrens craft area. Tickets are \$11 in advance; \$15 day of show Advance registration of vehicles is \$35. Advance VIP tickets are \$22 (\$27 day of show). Registered vehicles VIP is \$45. Parking is \$5. CONTACT: Sean Street at (313) 995 8477 or visit www.yourwhip.com Gun & Kolfe Show TIME/DATE: 9 a.m. 5 p.m., Aug. 15; 10-3 Aug. 16 DETAILS: Admission is \$6. Anyone under 18 years must be with a

show. Parking is \$5.

TIME/DATE: 7 p.m. Thursdays; 9 LOCATION: The Grapevine of Novi DETAILS: Live music on the patio on Thursdays, inside on weekends: no cover. Schedule includes Trio Organic, July 30; Diego Rivera, July Automotive and bike enthusiasts from across the county will TIME/DATE: Noon every Thursday

JAVA AND JAZZ JAM TIME/DATE: 9-11 p.m. July 30, Aug. 27 LOCATION: Biggby Coffee, 43346 Grand River at the corner of Grand River Avenue and Novi Road DETAILS: Jazz has found a home once a month at Biggby Coffee. Since the New's Years Eve celobtation the Tony Lannen Jazz Quartet has entertained a growing crowd of jazz lovers on the last Thursday of every month Owner Mike Waltersdorf has committed to continuing the jazz jam through the summer months \$5 music donation. Musicians - bring your instruments and join the jam. Sign ip sheet at the door. CONTACT: (248) 596-0100 SUMMER MUSIC SERIES TIME/DATE: 4-7 p.m. Saturdays

responsible adult to attend this CONTACT: Doug Carl at (517) 676-4160 or visit www.migunshows.com

**NOVI POLICE BRIEFS** 

Citv

of Novi

observed two vehicles stopping on Grand River Avenue when the second vehicle rolled into the ear end of the first car. The officer stopped to

dent, but after noticing no damage to either cat and after talking to the second driver, he found the driver to have been drinking and driving. GPS and did not notice the car in front of him

The driver of the vehicle said he did not lock the doors of the car when he got out on Friday and there was no evidence at the scene of a break in Police have no suspects at this time

Witness helps police catch drunk driver

**4** A driver on M-5 called police about a possi-ble drunk driver after observing a Chevrolet Trailblazer crash into an exit sign and hit a couple construction barrels around 10:53 p.m. on July 26. The woman continued to follow the vehicle,

which had a flat tire, to the parking lot of Twelve Mile Crossing at Fountain Walk before heading to her Walled Lake home and calling the Novi Police Department.

When the officer arrived, he found the vehicle with the driver still inside. The driver said he was coming from Ann Arbor and was heading home to Detroit, and he was waiting for his wife to pick him up because he had a flat tire. The officer asked the man about the damage

n the car and he said it happened while he was driving on the highway. He also said he had not been drinking. The driver failed field sobriety tests and a PBT registered a BAC of .20 percent. The man

was arrested for operating while intoxicated and transported to the Novi Police Department where he was held until sober.











LOCAL NEWS

NOVI ROTARY CLUB

LOCATION; Novi Methodist Church.

41671 W. 10 Mile Road

SUMMER HOURS: Monday-

Saturday, 10 a.m.-5 p.m.;

CONTACT: (248) 349-0720

WEBSITE: www.nevilibrary.org

Story Times: Please see the library

website or story time brochure for

Labor Day

details.

Thursday, 10 a.m.-9 p.m.; Friday-

Standard hours resume after

tary.org

in the community that would like

vww.abwa-novi.org to download

a mail-in registration form or to

register using PayPal (\$17), or to

contact ABWA. ABWA is an oroa

nization for all women: working,

relired, returning to work, or just

starting a career. The Novi chap-

ter meets on the 2nd Wednesday

of every month. All women are

welcome to come and check us

99 WAYS TO SHOP 'TIL YOU

Join ABWA on Wednesday, Sept

9 from 6:09-9:09 p.m., for "99

Ways to Shop 'til You Drop!"

Admission is only 99¢ at the

door! Grab your friends for a

adies' night out and enjoy shop

ning with our vendors, meeting

vomen, eating hors d' oeuvre:

(while they last), and a cash bar

and networking with other

DROP!

to attend the program to visit

A10 (NN) Homelown Weeklies | Thursday, July 30, 2009 LOCAL NEWS

online at hometownlife.com

# **City of Novi invests** to keep city trees healthy and maintained

Novi was one of the first communities in Oakland County to acknowledge the spread of development and the increasing demands this placed upon natural resources. These natural resources are desired to be preserved and maintained because they constitute important physical, aesthetic, recreational, and economic assets to the community and its residents. In 2006, the City of Novi commissioned Davey Resource

Group (DRG), through a contract partially funded by a \$20,000 Michigan Department of Natural Resources Grant, to inventory and evaluate Novi's subdivision street tree population. The purpose of this project was to develop a comprehensive urban forest management program; including an inventory of Novi's subdivi-sion street trees, a detailed tree management plan, and provide tree management software. DRG inventoried a total of 19,826 trees, planting sites, and stumps in subdivisions throughout Novi, estimating the asset at a legal total value of \$9.7 million dollars.

Since completion of the inventory, City of Novi staff has been actively utilizing the Tree Keeper Management software and plan resulting in improved customer service, reduced liability from hazardous trees and more efficient use of staff and equip-ment resources. The Tree Keeper Management software system enables staff to access information on individual trees adjacent to resident's homes and the entire inventoried urban forest. Ongoing updates are necessary to reflect new plantings, trees removed, current tree health, and other performed maintenance

(deep root fertilization, pruning and staking). Recognizing the benefit of the 2006 subdivision street tree inventory, the City of Novi applied for and received another 820,000 grant from the Michigan Department of Natural Resources in 2008 to inventory approximately 14,000 park and major road trees vin Global Positioning System (GPS) technology The balance for the inventory (\$20,000) was funded by the City? tree fund

The 2009 data has been collected by certified arborists including a board certified Master Arborist using GPS technology and imported into the City's existing tree management software. (See attached example) Upon data overlay, the 2009 inventoried trees will be viewable within the City's ArcGIS program, making it more efficient for staff to locate exact trees for routine maintenance and identify and remediate potential hazards.

For more information on Novi's preservation of natural fea-tures, visit cityofnovi.org.

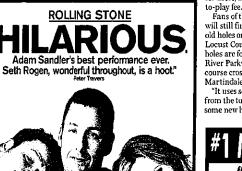


Tony Mancuso Jaunches a drive off the front tee box of the first hole at Kensington Metropark's new Black Forest disc golf course, which opened last week, as Cord Collins Jooks on.

Kensington opens new disc golf course

Check us out on the Web every day at hometownlife.com





Semion, chief communications STAFF WRITER officer for the metroparks. "Some of the holes are longer now, too. You don't have to Goodbye Tunnel, hello Black cross the street for any of the Locust. Disc golf aficionados holes. When the original disc have a new course to play at Kensington Metropark golf course opened in 1996, metropark officials never envi Officials opened the Discraft-designed Black Locust course sioned how popular the course would become. Had they known, Semion said the course at the metropark last week, replacing the old Tunnel ourse, known as one of the would have been designed difbetter disc courses in the state. ferently.

The changes add more holes for users, as well as a new pay-Some of those holes were in sensitive areas we would rather have them not be with so much Fans of the Tunnel course will still find some of the foot traffic," she said. Another benefit of the new course is that the disc golf and equestrian trails no longer old holes on the new Black Locust Course. Now, all the holes arc found cast of Huron cross, which increases safety for both metropark users, River Parkway. The old course crossed the road near Martindale Beach. Semion added. There's a new parking area for disc golf players located across the street from the "It uses some of the holes from the tunnel, and it uses some new holes," said Denise Martindale Beach parking lot.

"NON-STOP WALL-TO-WALL

MADCAP ACTION!" 🕮 🛯

There, users will find a manned. \$30. Those bag tags give the user unlimited play at toll booth and two practice baskets to warm up before the three metropark courses round starts. The course is set Kensington, Hudson Mills and Stony Creek. Hudson Mills has up with 18 holes north of the parking lot, which includes several of the old Tunnel hole and the final nine holes to the cards, which include the

"We are excited to offer new challenges to our disc golf-ers, many of whom have been playing here since the original course opened in 1996," said Kimberly Jarvis, Kensington Metropark superintendent. Disc golf players will find daily wristbands to play the course cost \$2. Annual bag tags are available for

\$50.

pallmen@gannett.com Senior/iunior rates are (248) 685-1507, Ext. 226

Check us out on the Web every day

## online at hometownlife.com

Auto show not coming to Novi

The Detroit City Council refused to vote The Detroit City Council refused to vote against legislation to expand Cobo Center on Tuesday, thus paving the way for a regional authority to run Cobo Hall and manage the \$288-million expansion to the facility. Council was given an Aug. 1 deadline to reject the legislation with the Rock Financia Showplace in Novi being the back-up plan if council chose that route. The new plan will allow the North American International Auto Show to stay in Detroit in 2011.

### Diabetes support group

Are you looking for support to help manage your diabetes? You are not alone. Everyon needs some encouragement and a helping hand. Botsford Hospital's diabetes support group offers hope, camaraderie, as well as a valuable earning experience for those with a chronic disease.

The new support group meets the first Thursday of every other month from 7 to 8 p.m. starting August 6. The free sessions are held at the Botsford Wellness Complex located at 20200 Complex located at 39830 Grand River Ave. in Novi. Kay Sweeney, Diabetes Educator at Botsford

Hospital, says, "Diabetes is a chronic disease that has to be monitored daily. Managing dia-betes can be difficult and getting encouragement from others going through the same situa-tion is extremely beneficial." Community members faced with diabetes are

encouraged to attend this support group. For more information, please call (248) 477-6100. Sizzling BBQ, Hot Rods and Cool Mustangs!

### National Night Out 2009

As part of the ongoing support Target pro-vides to local communities throughout the country, Novi Target Store T1465, located at 27100 Wixom Road, Novi, Michigan, is hosting the 26th Annual National Night Out in partnership with the National Association of Town

In 2008, more than 37 million people across the nation participated in National Night Out by attending their neighborhood block party. Highlights of this year's National Night Out

2009 Block Party, at the Novi Target, include: - Midwest Medflight BK-117 helicopter from St. Joseph Mercy Hospital \* Police and Fire Departments

\* Free food and prizes \* Free Child ID Kits, including fingerprinting and DNA Child safety seat demonstrations and safety

checks \* Child safety information \* Free raffles, including two children's bicycles and other prizes \* Inflatable Bouncy House for the kids

**BBO** Rib Contest

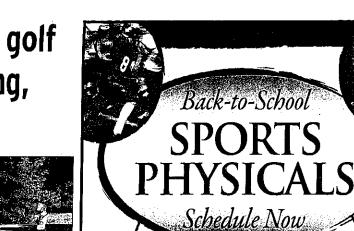
**Tip-top Kensington golf** course is challenging, but 'forgiving'

CONTRIBUTOR Mark Nimer of Novi likes to call Kensington Metropark his home away from home. It's easy to see fly. "We're probably out here three times a week," said Nimer, who regularly walks the trails or tours the eight mile bike path with his

vife. Marie However the biggest part of that time is spent playing the 6,345

Jillian Draheim , Kathleen Kennedy and Corrin Hepburn at Kensington ard, par 71 golf course around twice a week. letropark golf course. "The fairways are unbelievable

highway and finally wanted to try it out," said Larry Wood, starter for they're awesome. The greens are like putting on a carpet, a fast the Metropark golf course. They carnet." he remarked. "The cours just so pretty now that they have also enjoy the wildlife that occathe new irrigation system. sionally shows up during a round.



Drs. George Nicoloff and Elizabeth Morelli have early-morning and evening hours at their new, well-equipped office to make sports physicals fast and convenient.

Homelown Weekties | Thursday, July 30, 2009 (NN) All



Incoming members of the Novi High School marching band work on getting their footwork correct as they practice on July 23.

NOVI COMMUNITY BRIEFS

Hot and tasty summer family fun is on the enu for the first annual West Oakland Rib Cook Off and Family Fest, Sunday, Aug. 9 at the Rock Financial Showplace, 46100 Grand River Ave in Novi. Presented in part by Labatt beer and Young Country WYCD 99.9 FM, the all day event will feature as many as twenty BBQ Rib Teams, live music, local restaurant tastings, mechanical bull, rock climbing wall and family activities including a furry creature petting zoo. "Over the past month, interest in the com-petition has really picked up," says Mary Jane Scott, Director of Sales for the Rock Financial County are invited to participate in the fun by offering samples of their most popular dishes. Exhibitors featuring cooking and barbeque related products are also welcome. Showplace. "In the world of BBQ, \$1500 plus prizes is a sizable first place purse, and contes-

tants are really fired up about it. We are also getting a lot of interest from area restaurateur who are eager for the bragging rights, as well as first-time local competitors who want to test their skills against seasoned teams. It's going to be great fun for all!' "Experience West Oakland", a committee of her

the Novi Chamber of Commerce, was granted a

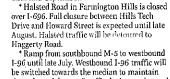
sanction from the Memphis Barbeque Network Schoenheide-Phares at (248) 486-3424 or for this inaugural event. A panel of twenty proshow@cablespeed.e fessional and amateur judges will determine Road work update the contest results. The Grand Prize Winner The Meadowbrook Road bridge over I-96 will be closed for rehabilitation until mid-August. will be invited to compete in the "Memphis in May" Barbeque Network Finals, May 2010.

More information on the sanctioning body can Continuing local construction includes: \* Northbound and southbound Novi Road be found at www.MBNBBQ.com Registration information for interested contesentrance ramps to eastbound I-96 are closed tants can be found at www.experiencewo.com until mid-September Restaurants located in Western Oakland

Haggerty Road.

three through lanes of traffic during peak travel

For more information, please contact Nancy



periods on westbound I-96 from the in changes with I-275/M-5 to Beck Road.

Also on Sunday August 9, the Rock Financial Showplace welcomes the Mustang Memories All-Ford Car Show, featuring more than 500 Mustangs, and the Your Whip Midwest Showdown, a high performance automotive show offering 150,000 square feet of hot-rod

In addition, the doctors provide medical care for the entire family, including

south. The layout makes it convenient for players want ing to play nine. 18 or 27 holes. course layout, can be picked up at the booth. About half of the holes offer two tee boxes.

two 24-hole course and Stoney Creek has one 24-hole course Willow Metropark's disc golf course has no charge. "We started charging at Hudson Mills a few years ago," Semion said. "People understand the maintenance of the course and that pay-to-play is here to stay." Daily fees can be paid at the toll booth. Both the daily

is required to enter any metropark. Daily fees are \$4 and \$20 annually. Find the metroparks online at www. metroparks.com.

and annual fees can be paid at Kensington's main office. A vehicle entry permit





However, he notes that atten-

dance at the Metropark is up

"A little over 36,000 more

vehicles came through the park

significantly.



# **OUR VIEWS** National health care plan calls for one more opinion – yours

Is there a groundswell of support for overhauling our country's health care system? And is the federal government the best for the

Feeling a bit queasy? Nationalizing health care is tops on President

Barack Obama's agenda. But is it on yours? Based on comments from people out and about in Novi recently, yes.

For the most part, when we've asked people if they are in favor of a national health care program, they are answering with a resounding 'yes. Were not denying that there is a faction of people eagerly opposed to a government-controlled – and perhaps mandated – health care plan. But from what we are hearing, most people want a plan even if it would pile a trillion or more dollars on the shoulders of the employed, and those who employ them. They want health care out of the free market and into the hands of Washington, D.C. Some ask, "Just what is fueling this (push for a

national health care program)?" Good question.

Let's build on that. If we want medicine to become easily available to every man, woman and child in this country, are we doing anything about it? Are we making our wants known to those whose job it is to set policy and enact laws and spend our ax dollars?

Or are we waiting for the other guy to do it? Are we contacting those who have been elected to Congress, or do we consider it an exercise in futility? Are we surrendering to cynicism, apathy, lazi-

We urge you to at least make the attempt of having your voice heard - beyond your back yard or front porch, beyond the office water cooler or local vatering hole.

We can't promise it's going to make a difference. But at least for now, we trust that a phone call or e-mail to Congress is worth the effort. Do nothing, and reform of health care might not

For Novi area residents, contact U.S. Rep. Thaddeus McCotter, R, at (248) 685-9495, mccotter.house.gov. Sen. Debbie Stabenow, D. at (202) 224-4842, stabenow.senate.gov, or Sen. Carl Levin, D, at (202) 224-6221, levin.senate.gov.

(ONHAINNES) VOICES & VIEWS The following are excerpts from readers participating in our online forum for discussing issues, in Your Voice, on the Web Residents weigh in on uses for 'Landings Property'

The city cannot afford to add infrastructure at this point. When surveys are sent out by the city regarding issues such as Signature park and now the landings property. I wish they would add at the end "are you willing to pay for it". This would give pause to a lot of taxpayers. 2fartodrive

As I said in another thread, to make this



Do you favor a national health care program like the Obama administration is proposing?



Absolutely. I'm a senior Yes. I've known a lot of citizen, and I have insurance, but members of my family don't. We're just able to get insurance. holding our breath. Mary Cleary

I'm not against it. By people, in my family and law, we have to have car otherwise, who haven't been

insurnace. Why shouldn't we also have to have medical Tim Russelí insurance? The best thing would be if insurance companies came out with

affordable health care.

Wade Smith

**GANNETT** 

Our fundamental purposes are to enhance the lives of our readers,

nurture the hometowns we serve

Yes, if it doesn't limit our

proposal is terrible. It's

very broad.

current options. The present

Steve Myers

and contribute to the business

success of our customers.

# LETTERS

# Senior party thanks On behalf of the Novi High School Class

of 2009 students and parents, we wish to gratefully acknowledge all those who generously contributed to making this a norable Senior All-Night Party. Witho their tremendous support, this event would not have been possible. Once again the unity of Novi has shown business con that they are second to none in giving back

to the local community. Advanced Vein Therapies, P.L.L.C., Ajishin, Andiamo, Applebee's, Apsley Family, Arbonne International, Athenian Coney Island, Baby Greek's Restaurant, to's Pizza Cafe, Best Buy, Better Health, BimBimBab, Big Boy, Biggby Coffee, Bonefish Grill, Border Canting Boseo Family, Buffalo Wild Wings, Buscher Family, Burger King, Busch's Market, California Pizza Kitchen, Capital Growth Madison Marquette, Carrabba's Italian Grill, Caruso Family, Cheryl Barcomb, China Cafe, Church of the Holy Family City of Novi Employees, Coca-Cola Company, Community Dental, Cottage Jan Pizza, Links of Novi, Dairy Queen, Dan Wood Plumbing & Heating, Diamond Jim Brady's Bistro, Domino's Pizza, Don Daniels, Dunkin' Donuls, Emagine Theater, Endurance Coating, Faber Agency, Inc., Famous Dave's, Fanning Howey, FedEx Kinko's, Feight Family, Fitness Together, Gatsby's, Gaucho Brazilian Steak House, Giampa Family, Gina Agosta, Glass & Mirror Craft, Gone To The Dogs, Grabowski Family, Greko Printing & Imaging, Guido's Premium Pizza of Novi, Hagopian World of Rugs, Higgins Family, Hiller's Market, Home Depot, HoMedics, Hooters, Huntington Bank, Identity Salon & Spa, James C. Ross, D.D.S., Jet's Pizza, Jimmie John's, Johnson Family, Lapari Foods, Kim's Garden, Kohl's, Kowalczyk Foods, Khins Garuen, Kohris, Kowaczyh Family, Krispy Kreme Donuts, Kroger, La Fuente II, Larson Jewelry Design, Leo's Coney Island, Library Sports Pub & Grill, Lovatt Family, Maisano's Italiar Restaurant, Marcus Family, Maries



Save a blogger. Subscribe to your community newspaper.

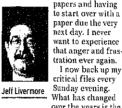
Remember your roots As I read Kathy Crawford's letter last week, I realized many of us felt the same. We have had some difficult days with the passing of so many long-term Novi residents who were our teachers, neighbors and friends. These individuals and those we have lost before them gave to their community in service and taught us to do the same I would add to Kathy's list the Fuerst Sisters, Carol Mason and Shirley Cash.There are also those still giving like Chief Lee Begole. What Kathy said is true -- our va

online at hometownlife.com

TAKIN' CARE OF BUSINESS

# How do you backup your important documents?

am an old school computer guy that remembers the days of com-puters that would frequently crash and floppy disk that would took more than 17 CDs to back up I knew that I had to find anoth solution. The answer came to me while I was going through an adver-tisement from a local office supply superstore. This store was selling fail or get lost. I learned the impor tance of backing up my work from a series of painful and costly losses. a 500 gigabyte external hard drive for \$69. I bought it and connected The worst incident was losing a week's worth of work on school it to my computer that afternoon. I clicked on "My Documents" and



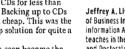
over the years is the media I use to back my files up on. As computer technology has evolved, so has my backup method. I originally baked up to floppy disks. I stored the floppy disks in a giant Rubbermaid tub in my base-

This was expensive, time consuming and took up a lot space. I upgraded the process and installed a tape drive in my old desktop com-puter. Every Sunday I would insert an expensive tape and let the comcable. The hardest part will be putting the backup software CD in your computer and deciding how often you want the automatic back With the advent of CD technology, ups to occur. If you buy a backup I began backing up to CD. I could back up my flash drive to a CD and then back up most of the documents to anther CD. The price of CDs fell rapidly to the point where I could

a nickel a CD. Backing up to CDs was quick and cheap. This was the perfect backup solution for quite a The problem soon became the amount of files that I needed

to back up. I became hooked on iTunes and my library grew to 36

drive that is at least as big as you computer's primary hard drive, you can backup the entire drive and just let the backup software run once a



information Assurance at Walsh College, He teaches in the BIT, information Assurance and Doctorate of Management in Executive Leadership programs and is currently

researching the ethics of teaching informa

Successful jobseekers have measurable skills, qualities

hat makes a jobseeker success-ful? Is it luck? Being in the right place at the right time? Having good connections? Being the best

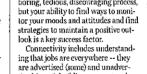
qualified? While all of those things can give someone an edge, there are some measurable skills and qualities that successful jobseekers have. These were identified and categorized by Howard E. Figler and explained

ADVICE



Self Assessment, Connectivity, Communication, Selling Yourself, and Interviewing. Most jobseckers focus on the last three areas and ignore or slight the first two. Unfortunately you cannot excel in the last three areas without spending quality time developing your foundation in the first two areas. Self Assessment includes understanding your values, objectively assessing your financial situation and needs, trusting your intuition as you make decisions, understanding your

set goals and overcome roadblocks, being able to reality test your ideas, and developing self-reliance to keep your job search moving forward with confidence in yourself. During a job search, your self-confidence and selfesteem may suffer because it can be a boring, tedious, discouraging process but your ability to find ways to more tor your moods and attitudes and find



tised (most), building your network

Communication, Selling Yourself, and Interviewing, Most jobseekers focus on the last three areas and ignore or slight the first two. Unfortunately, you cannot excel in the last three areas without spending quality time developing your foundation in the

first two areas. and relationships is key to finding opportunities, developing informa-tion interviewing techniques and

skills, understanding how to avoid networking mistakes, be willing to directly approach a decision-maker an employer that you have determined would be interested in your skills. be open to accepting interim jobs to develop knowledge, skills and abilities or to keep you afloat financially until you find the right work, and learning how to do effective research in the library or on the internet. If you can view your job search as fun and interesting (I know this is a chal

lenge!) and look at it as an exploration of possibilities instead of a hunt for an clusive prize, your energy and enthu-siasm can kick in to keep you going. Practicing your networking conversations and questions with close associates will help you hone these skills Communication includes developing skills in listening, questioning, initialing -- being proactive, writing and public speaking. All of these may skillset, using your imagination to be self-evident except initiating. In



nitiate meetings and conversation and being persuasive in getting your contacts to be willing to talk with you This is the skill that often takes the most practice, so try it out in practice

sessions with people you trust and build your skill and confidence before taking it out to your broader network. Selling Yourself includes dem-

onstrating confidence and dignity, learning how to ask for opportunities without pushing, learning how to make offers come to you, and selling yourself long distance if you are seek

The skills fall into five areas: YOUR NEXT JOB Self Assessment, Connectivity, ing work outside your home territory. prisingly, selling yourself with con

fidence and dignity is tough for many people because they either aren't aware of their strengths or are hesi tant to talk about them. If you work through the self-assessments of your skills and accomplishments, you simply need to be able to talk about them ising real stories. That's not bragging that's telling the truth.

Hometown Weeklies | Thursday, July 30, 2009

Finally, Interviewing includes telling employers reasons that they should want you because you can solve problems for them, demonstrat ing your skills, abilities, knowledge and qualities through real life stories and examples, knowing how to pick up on signals and factors that help you demonstrate that you'll be a good fit, understanding and countering the ways in which you are undermin yourself, and meeting the objectives o interviewers. Again, self-assessment and practice is a key to mastering these skills. Role play with trustee advisors, get feedback, adjust, and

(NRNN) **A13** 

practice again. A jobseeker is developing a sales campaign to sell herself. A good sales-person knows every detail about what she is selling, seeks to understand her customer's needs, and is able o explain to the customer how her product or service meets those needs. If you take the time to plan a strong campaign and use these skills you'll improve your success rate tre-mendously.

Martha D. Adamson is a consulting professional with a diverse background in Human Resource Management and Career Development. She is a Certified Caree Development Facilitator, a Certified Career & Job Search Coach, and a Certified Professiona Resume Writer. She is the co-author of Job Search Navigator, a workbook-style quide to assessing yourself and managing your job search (www.jobsearchnavigator.com) which was first published in 1999 by Prentice Hall and revised and republished by Success Press in 2005. From 1993 to 1996, she authored a monthly column "Your Job Search" in the Saratoga Springs, N.Y. newspaper - The Saratogian

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contouring procedures such as abdominoplasty and ilposuction and procedures to rejuvenate and enhance facial appearance.

Kelly Burke, M.D. Obstetrics & Gynecology 26850 Providence Pkwy

Jeffrey A. Livermore, PhD is the Chair of Business Information Technology and tion security. He can be reached at jliver gigabytes. Once my iTunes library more@waishcollege.edu.

laptop, and a secondary backup for my home computer. This \$69 solution has brought me a great deal of piece of mind. The drive is extremely portable since it connects via a USB cable and has more than enough capacity to back up the "My Documents" folder from all of my machines. Every computer user should back up their files. Backing up is cheap and easy. I recommend that you buy

did a cut and paste backup of all my personal files to the external hard

I liked this solution so much that

l later bought a one terabyte exter-

price tag. I use that drive to backup

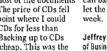
my desktop computer at work, my

nal drive on sale for the same \$69

an external hard drive with backup software. Installation is simple all you do I plug in the power cable and connect the new drive to your computer by plugging in the USB

uter chug away for an hour or two acking up my hard drive to tape. This mechanism was slow and time consuming but I had a nice backup of all my software and data files.

buy a spool of CDs for less than



and usable, you need to add parking facilities and restrooms at a minimum. It would make a nice picnic area, but I don't know as the cit can really afford to add infrastructure with th current economy.

GoatsFarm

The super majority of those in attendance did not want to see any buildings put on that property and just leave it as is or add some benches, etc so that people have a view of the

2fartodriv



Cal Stone | Susan Rosiek Susan Rosiek Grace Perry Executive Editor Director of Community Editor

Italian Bakery, Mark Hourigan, Marty Feldman Chevrolet, Max & Erma's Restaurant, McDonald's, Meadors Family, Michigan CAT, Michigan Paralyzed Veterans of America, Mother's Pizzeria. Mr. Pita, NCSD: Novi Educational Foundation, No. VI Chop House & Lobster Bar, Novi Bowl, NCSD Transportation Department, Novi High School Athletic Boosters, NHS Student Council, Novi Ice Arena, Novi School District Staff, Novi Youth Assistance, Number Six Salon, Oak Pointe Church, Oakland Community College, Oakland Community College Culinary Arts Institute, Oakland County Parks, O'Brien/Sullivan Funeral Home, Oishi, Olga's Kitchen, Olive Garden, Or the Border Mexican Cafe, O'Toole's of Novi, Outback Steakhouse, P.F. Chang's. Paint by Numbers, L.L.C., Palmer Fai ela's Salon, Papa Romano's, Paradise Island Tan Spa, Parent Family, Party Patrol, Patisserie Parmentier, Pei Wei activism and generosity of this wonder ful community, our graduating seniors had an outstanding celebration with food, Asian Diner, Penn Station East Coast Subs, Picasso Cafe, Pizza Hut, Pizza fun and friends ... a time they will always Marvelous, Planet Beach Contempo Spa, Potbelly, PPG Architectural Finishes, Inc., Primo's Pizza, Quiznos, R. Peter

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Michelle Sankovic & Gerry Quinn

2009 students

All SANP Committee Chairs and Class of

Bistro, Romano's Macaroni Grill, Dr. Aaron Ruskin & Dr William Ruskin,

Sam's Club, Sav-On Drugs, Scond City, Shiro, Siam Spicy, Sionkowski Family, Sorella's Homemade Baked Goods, Sports Club of Novi, St. John Health System-

were shaped by the community people we lived and worked with. So many times you hear some say "that was then and this is now", but some things should never change. Valuing those who came and gave so much before us is one of those things. I will always remember many wonderful years of service in a local organization chosen me by Leo Harrawood and Shirley Cash. What a pleasure it is to remember those who started the organization that I had the oppor-tunity to learn from. Individuals I met as a young person and served when they became ors. At senior citizen events, we all took great pleasure in seeing the smiles of our eniors but the greatest pleasure for me was looking around the room and remembering many of them for the impact they had on my life. They weren't perfect. Some were eve

rough around the edges but they all had a heart of gold and shared it with us. In this new generation, there was no longer room for me to serve in the same place. But I know they would be proud to see my con-temporaries, and I continue to follow their example and share our time and talents with our community wherever we can. Thank you, Kathy, for taking the time to write your letter. I haven't forgotten those who got us here! Co-Chairs SANP

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NORTHVILLE / NOVI CHURCH EVENTS GOOD SMEPHERS LUTHERAK CHURCH TIME/DATE: 4 p.m. first Monday of every LOCATION: 41415 Nine Mile Road, come caonth f Meadowbrook Road, Novi Radical Joy CONTACT: (248) 349-0565 TIME/DATE: 6-8 p.m. first and third Sunday Schedule ursday of every month. TIME: 8:45 a.m. Sunday School and Bible DETAILS: All women seeking to strengthen their faith and connect with Study; tO am. Worship other women are invited to attend, irre-FIRST PRESBYTERIAN CHURCH OF MORTHVILLE spective of church affiliation. LOCATION: 200 E. Main St Crafters and Vendors are needed CONTACT: (248) 349-0911 or visit first-TIME/DATE: 9 a.m.-4 p.m., Saturday, restiville.org 0c1.24 Sunday Worship **DETAILS:** The annual Community Bizarre TIME: 9:30, 11 a.m Bazaar to benefit Village Banking at Walking in the Park First United Methodist Church Northville. TIME/DATE: 10-II a.m. every Saturday This is a great opportunity to showcase LOCATION: Meet at the Visitor's Center talent or business to hundreds of local of Heritage Park (Farmington Road customers. As cost is nominal, booth between 10 and 11 Mile roads) space is filling up fast. DETAILS: Group meets for lunch after CONTACT: for details and reserve a space email Pat Breslin at: CONTACT: Sue (734) 459-0016 BizarreBazaar@care2.com. For more Single Place Ministries TIME/DATE: 7:30 p.m. social time; 7:45 information regarding Village Banking: www.villagebanking.org. p.m. opening; 8-9 p.m. program, every NOVI UNITED METHODIST hursday. DETAILS: Informative and entertain-LOCATION: 41671 W. 10 Mile Road ing programs of interest to singles; \$5 CONTACT: (248) 349-2652 or visit um per person. Check Web site for details novi.com ngleplace.org. Sunday Worship TIME: 9:45 a.m. GAK POINTE CHURCH Healing Service and Holy Communica LOCATION: 50200 W. 10 Mile Road TIME/DATE: 9:45 a.m. first Sunday of CONTACT: (248) 912-0043 or visit oak every month pointe.org Peace Vigil Worship Services TIME/DATE: Noon, first Sunday of every 7IME: 5:15 p.m. Saturday; 9:15 and 11:15 month a.m. Sunday LOCATION: In front of the church ReNew Life Ministries DETAILS: Members of the congregation TIME/DATE: 7:15-9 p.m. every Monday and the community will stand united in DETAILS: Ongoing Life Groups that prayer for peace support and facilitate personal growth Advent Service healing, learning and change from a TIME/DATE: 9:45 a.m. Sunday Christian perspective. WARD EVANGELICAL PRESBYTERIAN CHURCH CONTACT: For more information or to LOCATION: 40000 Six Mile Road CONTACT: (248) 374-7400 or (248) 374register call (248) 912-0043 of visit oakpointe.org. Charmed Influence TIME/DATE: 9:30 a.m. every Wednesday Sunday Worship DETAILS: Studying the book "Surviving a Spiritual Mismatch in Marriage". TIME: Blaim., 9:30 a.m. and It:0 a.m. Traditional; 9:30 a.m. Contemporary. Nursery and Sunday School during the CONTACT: Joy Ruby at joy@oakpointe. 9:30 a.m. and II a.m. services. org of call the church. Service Broadcast FIRST WINFTED METHODIST OF NONTHVILLE

A Stephen Ministry church LOCATION: 777 W. Eight Mile Road CONTACT: (248) 349-1144 or fumchorthville.org Sunday Worship TIME: 8:30 and 10 a.m. through Labor DETAILS: Pastors Rev. Dr. Steve Buck and Rev. Steve D'Angelo Coffee hour at 10:15 a.m.

DETAILS: 11 a.m. every Sunday on WRD1-AM 560. The WMUZ Word Station. Single Point Ministries - 45 and older TIME/DATE: 11 a.m. Sunday for fellowship and Bible study. Single Focus Ministries - 35-50 years TIME/DATE: 9:30 a.m. Sunday to deepen your personal relationship with Christ Single Purpose ConneXions - 20-30



LOCAL NEWS

TIME/DATE: II a.m. Sunday in the Chapel CONTACT: Sign up at Ward Church, for sinong, Bible study, and fellowship, DETAILS: For single adults. Active minis 374-5920. try offering various flible study classes volleyball, bicycling group, tennis group, support groups, support group for widowed over age 50, fellowship, friendfamilynovi.org ships and more. Contact the number Mass Schedule below for more information. CONTACT: (248) 374-5920 Bible Studies and Prayer Nights Learner's Bible Study TIME/DATE: 7 p.m. Mondays Room AIOI Men's Bible Study Saturday TIME/DATE: 6:30 a.m. Wednesday Single Adult Ministries office Single's Bible Study TIME/DATE: 7 p.m. second and fourth Mondays, Room C309 Softball League Sign-up. ach month TEME/DATE: 6:15-7:30 p.m., Thursday evenings through August 6 DETAILS For single guys and gals; all



Do you have a special garden or know someone who does? The Country Garden Club of Northville's garden seekers, Ronnie Cambra and Beth Russo are now scouling for the elite spaces that belong on the 17th Annual Original Northville Garden Walk. Please call Ronnie at (248) 348-6098 or contact them through the Website www.cgcnv.org.

DETROIT FIRST 40000 Six Mile Road, Norlhville (248) LOCATION: 2126 of Eight Mile Roa CHURCH OF THE HOLY FAMILY CONTACT: (248) LOCATION: 24505 Meadowbrook Road nazarene.org CONTACT: (248) 349-8847 or visit holy Sunday Schedul vice with Praise I School and Adult TIME/DAY: 7:30, 9, 10:30 a.m. and 12:15 a.m. Fellowship a p.m. Sunday; 9 a.m. Monday, Wednesday, Traditional wors Thursday, Friday; 6:30 a.m. Tuesday, Church, Youth Su Wednesday, Thursday: 7 p.m. Tuesday; Bible Fellowship; 5 p.m. (English), 6:30 p.m. (Spanish) Children's progra Service Holy Days: 9 a.m., 5:30 and 7:30 p.m. Tuesday Schedu Reconciliation: beginning 9 a.m. a.m. Women of t Saturdays or by appointment childcare availab Adoptive Parent Networking Meeting 6:45 p.m. Ladies E TIME/DATE: 10-11 a.m. last Wednesday of p.m. Men's Evenin Nednesdav Sche DETAILS: Free, informational meet-Meal, \$4 per pers ng open to all adoptive families in p.m. Children's Ca Oakland County. Child care is available. Study, Quilting, Ar Registration is required. skill levels welcome. \$30 due at sign up. Blast

CHURCH OF THE NAZAREME	Thursday Schedule: 6 a.m. Men of
O Haggerty Road, north	Purpose Prayer Group; 7 p.m. Tae Kwon Do
id 348-7600 or visit dfc-	ST. JANES CATHOLIC
	LOCATION: 46325 10 Mile Road, Novi
	CONTACT: (248) 347-7778
le: 9:15 a.m. Worship ser-	Mass Schedule
Band, children's Sunday	TIME/DAY: 8, 9:30 and 11:30 a.m. Sunday; 9
t Bible Fellowship; 10:15	a.m. Monday-Tuesday; 7 p.m. Wednesday; 5
and refreshments; 11 a.m.	p.m. Saturday
hip service, Children's	
inday School and Adult	FIRST BAPTIST CHURCH OF NORTHVILLE
6 p.m. Evening Service,	LOCATION: 217 N. Wing
am, Youth Worship	CONTACT: (248) 348-1020
	Sunday Worship: 10:45 a.m. and 5:45 p.m.
ile: Tuesday 9:30-11:15	Sunday School: 9:30 a.m.
ne Word Bible Sludy with	Ladies Bible Study: 9:30 a.m. and 7 p.m.
le for through age 5;	Tuesdays
Evening Bible Study; 7	Men's Bible Study: 9 a.m. first Salurday
ng Bible Study	of every month
edule: 5:30 p.m. Family	FAITH COMMUNITY PRESBYTEMENT
on, \$12 per family; 7	LOCATION: 44400 W. 10 Mile Road
aravan, Club 56, Bible	
dult Classes, Youth	CONTACT: (248) 349-2345 or visit faith-
	community-novi.org
	Sunday Worship: 10 a.m.

online at hometownlife.com

Northville's Tipping Point Theatre will open its 2009-2010

mnia, "A Sleeping Country."

Preview performances, which

with the director and cast are at

season with a comedy about

The opening performance for the Michigan premiere of Melanie Marnich's work will be

include a post-show discussion

at 8 p.m. on Aug. 22.

8 p.m. Aug. 20 and 21.

347-0003.

Sept. 27.

Ticket sales began on

Tuesday. Prices range from

\$18-\$27 and are available by

p.m. Tuesday-Friday, noon-5 p.m. Saturday and 90 minutes

prior to all performances.

The play, directed by Julia Glander, who was part of the

theatre's production of "The

Dinner Party," will run through

Performances will be at 8

p.m. Thursdays, Fridays and

Saturdays; 3 p.m. Saturdays

(with the exception of August 22) and 2 p.m. Sundays. "A Sleeping Country" follows Julia, a New Yorker who is cer-

in the world. In search of a solu-

tion to her problem, she-travels

o Venice to chase down a fabu

countess who might be a distant

Will her journey bring her the

resolution she dreams of or lead

The conclusion confronts the

issue of facing one's fears - and

knowing the difference between

"A Sleeping Country" made

not sleeping and being truly

its world premiere in 2008 at the Cincinnati Playhouse in

the Park, where it was cho-

sen for the Mickey Kaplan

New American Play Prize.

Marnich's work has also been

presented twice at the presti-

gious Humana Festival of New

American Plays in Louisville,

Ky. She is currently a writer for

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deadline for a column dealing

the HBO series "Big Love."

to more sleepless nights?

relative and have a remedy for

lous, beautiful and sleepless

her sleeplessness.

awake.

tain she has the worst inso

# LOCAL NEWS

'A Sleeping Country' to open

Comedy focuses on insomnia with a new kind of heartbreak - her own. As she shares her

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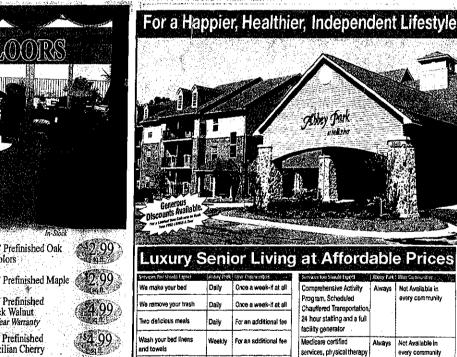
Hometown Weeklies | Thursday, July 30, 2009

(NRNN) **Å15** 

struggles to complete the col-umn, we learn much about the Glander, who has appeared wise, funny and no-nonsense on the Tipping Point stage, makes her Tipping Point direc-torial debut with "A Sleeping woman whose daily dialogue helped shape the social land-scape of the last half-century. A Country." Michigan premiere. "The Smell of the Kill." writ-Comprising the play's ensemble cast are Sarab Kamoo ten by Michele Lowe, March of Lathrup Village, Aaron 18-April 18, 2010. Take three T. Moore of St. Clair Shores delicious, malicious wives, add Andrea Boswell-Burns of Ann three miserable, unloving hus-Arbor and Connie Cowper of bands, and chill. Nicky, Debra and Molly have tolerated one another Rochester Hills. Crew members include Charlie Gaidica, scenic designduring once-a-month dinners for years. While their unseen er; Tod Barker, costume design- b) 5-5-27 altic are available by c) 100 Barker, costume designer; c) alling the box office at (248)
c) and properties designer; Rita 347-0003.
c) ann. 5
c spouses play golf in the dining room, the women exchange confidences for the first time revealing that all three marriages are on the brink of disas 2009-2010 SEASON LINEUP When the men mistakenly Other productions in theatre's lock themselves in a basement meal locker, the women are 2009-2010 season, titled faced with a life-or-death deci "LAUGH," include: "Every Christmas Story Ever sion: Should they leave the mer Told (And then Some!)," writ-ten by Michael Carleton, James out in the cold — permanently — or let them thaw? A co-production with Williamston FitzGerald and John K. Alvarez, Nov. 5-Dec. 20, Three quick-witted actors put Theatre. "Southern Comforts," written by Kathleen Clark, May 13the audience to the test as they portray as many holiday tradi-tions and stories as they can June 13, 2010. When longtime widow Amanda Cross visits remember. a small northern New Jersey Say bah! to traditional Tiny town, she isn't prepared to have her peaceful life turned upside n (there's always next year) and ha! to a show that takes down Christmas traditions to the Then she meets Gus Klingman, a cantankerous wid-ower. Beautiful and deliciously extreme. The Grinch, Frosty, Linus, Rudolph, Marley and more...in only 90 minutes! If you liked "The Complete Southern, Amanda peels away the rough layers of Gus' unhap py heart to reveal his silenced Works of William Shakespeare (Abridged),' you'll love this Filled with sweet surprise, madcap romp through our beloved holiday season classics. cozy charm and unpredict-able tribulation, "Southern "The Lady with all the Comforts" proves that it's never too late in life to mend the Answers," written by David Rambo, Jan. 28-Feb. 28, 2010. holes in your heart. For decades, advice columnist This season marks the first Ann Landers answered counttime that Tipping Point Theatre has included five productions less letters from lovelorn teens. confused couples and a multitude of others in need of advice. in their regular season. No topic was off limits. The Tipping Point Theatre is located at 361 E. Cady Street off of S. Main St. in downtown On a late night in 1975, in her Chicago apartment, an ironic twist of events con-Northville. fronts Landers with a loomi For more information, go to

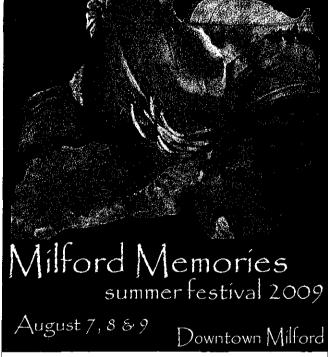
www.tippingpointtheatre.com











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MORE	Warm and fuzzy staff	Always	Every once in a while	Weekly entertainment, complimentary Happy Hour, free ice cream	Always	Not Available in every community
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# **Coaching: Managing the highs and lows**

### BY JEFF THEISEN SPORTS WRITER

Coaching any high school sport could easily compared to a roller coaster ride. Kids get aboard with great

expectations, and they will traverse through a season filled with highs and lows.

All the while, a coach or man-ager is the one instilled with the controls for what could be a great ride, or one filled with breakdowns and need of repair. Either way, one guy or woman stands out as the face of a program.

Conching is more of a lifestyle rather than just something somebody halfheartedly decid-

ing to do it for extra cash. After sending out a question-naire to several coaches from various sports and seasons, the average time a coach said they spent about 25 hours on their particular sport during the sea-son. And that's on top of a full-time job for most and doesn't include offseason work with camps and planning. High school coaches come

In all shapes and sizes, but one thing they have in common is a passion for the sport and for dealing with kids. Some coaches are clearly more successful than others, but

that doesn't mean the struggling coach doesn't know what he or she is doing. Take the South Lyon and

South Lyon East situation for example. The best coach in the world would've struggled at South Lyon East, no matter what. A brand new school with no seniors hardly stood a chance to succeed, but don't blame that on the coaches. They were right there with their kids, through all the poundings, just waiting and hoping for the chance to celebrate the few but even more welcome victories. Things should only get better

for the Cougars as the school finally welcomes seniors walk-ing through its halls.

On the other side are power houses like Lakeland softball, with five straight district and regional championships. It didn't happen overnight. Good programs start with good feeder systems, and that comes by a coach surrounding him or her-self with other talented coaches

from the ground up. That certainly doesn't mean Alsup is just a coach enjoying the successes of others, but it allows him to coach kids that come in at a higher level to var sity play than most schools. He is good at molding the already solid foundation into a machine that spits out wins during the hardest time of the year to do so. But while coaching on the

coach out of town accomplishes field is what most people see, it's basically the portion of the ice berg seen above the water. very little. It might seem like a good idea in the short term, but what coach would want the job if they know the parents will try to run them out if they aren't Before the season starts, there could be a camp or individual instruction, a tryout period that doing what the parents want most coaches despise but have to have and several practices A coach has to be trusted by all involved in the program to leading up to and throughout properly succeed. Now that doesn't absolve the season Families of coaches know them from criticism, but under what its like to have a breakfast stand a coach never intentionand dinner parent - and that's on nights without evening ally does something to lose a game. A loss usually sits harde on a coach than it does for the games. Several coaches either let it players.



Wildcat coach Julie Fisette leaves the huddle before a match against Plymouth. Fisette is one of a few coaches that have been with a program for more than 10 years.



Novi High football coach Tab Kellepourey shakes the hand of running back Arshaun Hall who signed a letter of intent with Ferris State. Several coaches polled said one of the top moments of being a coach is seeing players from their program go on to the next level.

rifice to family time is too great. Others make sure to pour out their souls at banquets and after-season parties to their loved ones for all the sacrifices they've had to make and endure during the season. And it's

totally justified. Coaches are often the target of overly ambitious parents and others who feel free to take a shot at them for whatever rea-son, whether through conversation, through an e-mail or right

at a game. Coaches aren't perfect, and they'll be the first to tell anyone. But much like a kid starting the game, they try to learn from mistakes. Having a parent or someone else trying to run a

CC head football coach Tom Mach takes his team through a preseason practice. not a money-maker when all the time and sacrifices made are

put into consideration. A survey of several questions were sent out to area schools. The following is some of the

### replies JULIE FISETTE Novi volleyball (20 years, 17 at Novi)

Most rewarding aspects of being a coach: Watching your team accomplish a goal, the smiles on the faces of athletes that succeed and a letter of thanks from the former athlete that remembers you and what you have done for them.

Most important character-istics it takes to be a successful coach: Patience, love of the

game and ability to work with others Biggest negatives of coaching: Being away from my family is becoming more of an issue because my kids are starting to play and not being able to watch them because of my own coach-ing responsibilities is hard. Tryouts and team selection - it always causes pain and anguish for all involved.

Advice for someone thinking about becoming a coach: Don't give up too soon. Taking over a program will take years to get acquainted and feel the rewards and desired responses. It will come, take care of your athletes and the rest will take care of itself.

ernotional bank, this will allow for withdraws that won't send negative feelings. BILL DYER CC basketball (19 years) Most rewarding aspects of being a coach: The pride from being part of a winning team, building something from

FILE PHOTO

scratch and helping someone achieve their academic or personal goals is really something you can't put into words. You will also experience the joys of seeing your kids mature into great young men/women. My best moments honestly come when I get thank you cards saying how great it was playing for you or thanks for the great

experience. Most important character-istics it takes to be a successful coach: First and foremost you have to be knowledgeable about the game. You won't be able to

fake that. Biggest negatives of coach-ing: I've missed my kids a lot. They're 12 and 11 and I've really missed a lot and I'm sorry for that. I do the best I can to spend time with them and they've been great. I've got them brain-washed to think this is normal.

My son enjoys all the people he's met and the experiences he's had in front of thousands of



Novi's Wes Smith swims at EMU during the MHSAA state finals meet

# **KLAA** winter season gets high marks from coaches

## **BY JEFF THEISEN** Sports Writer

The first season of the KLAA winter season brought many great battles and competitions throughout the league. The basketball season had one of the best KLAA Association games from any sport as Hartland knocked off

South Lyon with a buzzer-beater.

South Eyon with a buzzer-beater. Livonia Franklin girls basketball made arun to the finals. In bowling, Wayne finishing runner-up for the boys and Walled Lake Central finished in the final four in girls competition

AA Hockey also flexed its muscles during the playoffs

with Howell finishing runner-up in Division 1 and Novi placing in the final four of Division 2. Hartland finished in the final four in wrestling team com-petition, and several wrestlers made it to the podium indi-

vidually at the State finals. The inaugural season for the four-division mega-confer-ence had plenty of highlights, but it's also a league that is

new and will need some improvements. For South Lyon East, it was a bunch of firsts along the way as a school new to varsity sports.

The Cougars suffered their share of humps along the way, especially as a school without a senior class. The East coach-es are hoping the first senior class with bring much needed

stability and leadership to the young programs. The following coaches responded to a questionnaire about the first year of the KLAA Winter season.

Mike Tomczyk South Lyon East boys basketball

Expectations: We were in the new league last year and was tough to take a class B school and play against very good class A competition. Expectations were not real high

and they played out as expected. We competed well in some games and not so good in others. How will seniors help the program: Having veteran or senior leaders on the floor is a huge factor, especially when it comes to end game situations. It is hard for players on the floor to hear instruction from the coach in intense situations so having someone that can instruct from the floor will give us an advantage. Seniors are also bigger, stronger and faster than they were the year before, and in a sport like basketball, that is important.

What is biggest need for improvement: Some wins will give our school some confidence and at this age, confidence

Biggest structures and a character and the rost of the community were certainly a pleasant surprise. Suggestion for changes: Not really to much that can be done playing in the KLAA.

### **ROB LEADLEY**

South Lyon East girls basketball Expectations: There was no doubt in my mind that we were going to face tough competition in the new league How will seniors help the program: Our seniors have



go or take a long time off when they have kids, because the sac-

Coaches do make money for their actions, but it's certainly

Always remember that in order to coach an athlete you must make "deposits" into their

people. My family celebrates in the wins and we don't dwell on the losses. They share in all the good things

Advice for someone thinking

Please see COACHING, B2

never had a class ahead of them at East, so they never had the opportunity to learn from upperclassmen. On the other hand, this will be the third year that they have been leading the way at East and that should help in terms of leadership. This will be special year for the first seniors at East and I



# NTED LARCEL

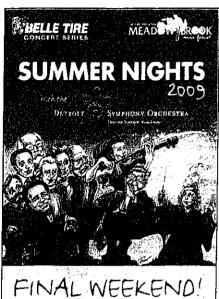
82 (NN) Hometown Weeklies | Thursday, July 30, 2009

losing. Everybody loses. Worry

about getting better every day.

# COACHING

CORY HEITSCH about becoming a coach: First Novi boys basketball (2 years) Most rewarding aspects of being a coach: Just being able to get in the gym and work with start by clearing out the walls around your stairs going down to your basement. Fill the walls young men is very rewarding up with pictures of your teams. When the wall is almost full you and it is a privilege to have that opportunity and responsibility. will have a lifetime of memories. Second, if you want to get into Most important charactercoaching, you probably think you're going to have to give a lot istics it takes to be a successful coach: Know and trust yourself of yourself, but you'll find you're but also with an understanding oing to get a lot more in return. that you need to flexible with Don't worry about winning and what you are attempting to do







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to make sure it works with your TODD SANDER personnel. Even more impor-Northville boys basketball (9 years, 2 with Northville varsity ant is you have to have a love Most rewarding aspects of eing a coach: Unbelievable and a passion for the sport you are coaching. Advice for someone thinkhighs that only players and feling about becoming a coach: low coaches can understand or I would encourage people to relate to. We played in one of e-mail or contact coaches in an the most exciting games that 1 attempt to become a volunteer will probably ever be a part of in my whole career - a tri coach or scout and go from there. overtime victory against Salem Most important character-

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ROBERT SMITH Novi cross country (28 years) Most rewarding aspects of being a coach: When athletes

offile

it's something you enjoy. Advice for someone thinkbecome adults and become ing about becoming a coach: friends. Just recently I received Surround yourself with a great staff at all levels and be com-fortable with yourself. Whether a phone call and an c-mail from wo of "my guys." There is a feeling of trust that extends far game strategy or enforcing team policies, you are going to eyond the practice field. There is a relationship for life. be second-guessed and cannot Most important characterplease everyone. You have to do istics it takes to be a successful

istics it takes to be a successful

coach: Passion, it's not work if

coach: Having a passion for JOE ALSUP what you do. Coaching is not land softball (30 years) a job. It certainly isn't a way to Most rewarding aspects of nake money. Coaching is a way being a coach: Seeing young

yers develop from Biggest negatives of coaching: kids to adults that will give Some of the biggest negatives with coaching are dealing with back to their communities things that are not right but and families some of the lesthat I cannot correct. It is about sons they learn in playing restrictions, rules, regulations and red tape. I am happiest organized sports. Instilling confidence and self-ester when I am simply out there in players that they will use with the athletes. I feel bogged their whole life. Having forme down with jumping through the hoops that have seemed to players comeback with their kids and hear some of their e growing exponentially in the eaching and coaching profesrecollections. See the smile of success and intensity of effort on a player's face.

Most important characteris-tics it takes to be a successful Advice for someone thinking about becoming a coach: coach: Working well with par-If you are going to coach, give 110 percent and you will get 110 ents of players on your team ercent from your athletes and or program is right at the top. parents. Be willing to change The coach is someone that can help parents understand what und willing to listen. it takes to guide there child BILL KELP to success. Maybe the most Novi girls basketball (6 vears) important is the coach has to Most rewarding aspects of loving working with and guidbeing a coach: When a player ing student at blete. improves - you see them do something that you have tried to Biggest negatives of coaching: Biggest negative that instill in them. The same prinsometimes you are unable to ciple goes for the team. Most important character have the desired influence and feel you have let a kid down. istics it takes to be a successful Probably most difficult when a player really needed your influence because they had coach: Just to be honest with your players.

A top coaching memory troubles at home or in school Driving in to catch a bus for dis-trict final against Canton and Also, when you have worked hard with a player and they let l got a text from Kris Chaklos you down by not working hard getting good grades. hat said - we're going to win Advice for someone thinking this game for you coach, some about becoming a coach: Be



ithelsen@gannett.com



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why there kids are not playing. to learn competency in you coaching. Enjoy it or do not do Advice for someone thinking about becoming a coach: It is much harder then I thought it it. Remember there will be up and down times, so look long term and not short term. would be. When I decided this s what I wanted to do in high school I thought it was a lot eas-KATIE DUNCAN South Lyon East softball (Finished 1st year) ier, but now I know that if you want it done right it takes a lot more then a couple hours a day. Most rewarding aspects o being a coach: To watch the girls learn the game and really There are a lot of behind the scene things that I never knew about, and I would always do mprove on their skills, Not all of them will go on to play ball in college, but the work research before taking a coach ing position on what the policies and procedures are. they put into to practicing for 2-3 hours, six days a week GREG DURHAM really shows at the end of the Northville Lacrosse season. It is great to see them progress and mature over only (13 years in coaching) Most rewarding aspects of being a coach: The most a 4 month period. And for the ones that do play in college, it feels just as great to us know rewarding aspect of coaching isn't during the season of a player, but where they end up ing that we were a part of them getting there. Most important characteris-tics it takes to be a successful after. I try to keep in contact with guys that have graduated every so often to see how they coach: Dedication - not only to your players, but to the par ents and the administration, are doing. One practice this past season, I was running late and pulled in and saw 40-50 humility to admit when you are wrong at times and hon esty and truthfulness. players on the field. When I stepped into practice, 10-15 former alumni were suited Biggest negatives of coach Working out of the school up and got into the drills and ing: Working out of the scale district and commuting an even played in the team scrimhour and trying to get to mage. It is great to see my foreverything on time and being away from my husband so mer players come back to visit and take interest in the team. It shows the younger guys that family-type of program that we run and that they are welcome anytime. I believe that it really helps build the program. Most important characteris tics it takes to be a successful coach: Honesty and integrity. I am brutally honest with every player on my team. It may not be what they want to hear sometimes, but they know from my family.



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HEALTH |

# Don't let confusion stop you from getting back in the workout game

y wife and I are starting a workout proy wile and I are starting a workout pro-gram after a long layoff and have been reading so much information we are confused. Do you do cardio or weight train-ing first? Do we need to take two days a week to rest our bodies? If we work ou every day (sometimes two times a day), are we doing ourselves any harm? The confusion you speak of is not uncom-mon. I believe it is one of the top reasons so many of us (some 80 percent of adults) do not exercise regularly or even begin an exer cise routine. So many of us, based on what

we read and see on TV tend to over think and complicate this exercise process. I had one client that complained he was quitting his treadmill workout because he couldn't continue doing it first thing in the morning on an empty stomach. He thought that was the way to burn fat. Many of our women cli ents will not touch a weight in fear of geting, walking, swimming, etc. It doe

ting bulky. These and so many other myths are prevalent in the world of exercise and if you let them, they will be another barrier to add to the usual long list of barriers keeping you from exercising. As with every workout program

depends on your goals. If you are training for a sport or event, then the parameters ar ific and distinct. I will assume that you are like most adults and are attempting to burn calories, lose weight, maybe tone you body, and just have more energy. Also, by guidelines to get you started. First, get a doctor's clearance; this is a great time for the annual physical that you have been putting off. Start slow - with any cardio movement you would like, e.g. bik-

ter when you do it or which you do first. It doesn't matter if you do 30 minutes or three sessions of 10. As the old advertising goes, "Just Do It." Shoot for three times a week, 30 minutes a day total. Meet with a certified trainer (at least once)

to set you up on a simple and basic full body resistance training and stretching program Most gyms will do this as part of a member workout at least once a week

requires this two days off. If you are simply going to the gym to move around and add a little resistance to your movements and only

ing from no exercise, so anything will be a step in the right direction. As you progress CON

TEE TIME @ Are you dreaming of a perfect golf course? Online Poll: Which public course on the U.S. Open relation would you most like to play?

Hare's jow our readers responded to our calline four-week peti: Pebble Beach in Monteray, CA 0% Pinehurst #2 in Pinehurs Beth Page in Long Island, NY 100% Other 0% Pinehurst #2 in Pinehurst, NC 0%

# My favorite courses in Michigan

esn't mat-

not come close to playing all of the fantastic courses in this state. We are so fortunate to have so many great options. Also, I believe there is a bit of a halo effect on ones likability assessment based on how well one plays and scores at a particular course. I suspect that influence has

٦.

City: \_\_\_

courses on everybody's list, it probably is not your list. It does include both private and public acilities Dave's Faves in • Areadia Bluffs - spectacular links style course along Lake Michigan. As the wind blows, so will one's score. No. 17 is an awesome par 3 when played with a breeze in your face it can be particularly difficult to score. · Belvedere - Tom Watson spen his summers on this gem in Charlevoix. No. 16 is a shorter par 4 with the green wedged into the side of a hill. Great fun particularly if the hole location is on the right side of the green. Beware of an overly

that has a raised green with se for any wayward shots. approach shot if at all possible

Mackenzie design with support from Perry Maxwell recognized as one of the finest courses in America. No. 10 is a great par 4 that demands an and you'll have a great time • The Heathers at Boyne Highlands - Robert Trent Jones sign, no. 18 is a great risk reward approach shot kept below the hole. It hole that requires an approach shot not, 50/50 chances you may putt off the green. • Eagle Eye - Newer course with t a birdie finish a lot of great holes including an exact replica of the 17th at the TPC at Sawgrass (Island Green). One of my favorites is no. 15 which is a par 4 slopes around with collection areas · Franklin Hills -- A great Donald Ross design. No. 2 is a superb par 4 with a severely slanted green... do not be above the hole on your . The Gailes - One of three courses at Lakewood Shores Resort, it is a very challenging links layout with hidden fairway pot bunkers

with a severely sloped green. Hands of a suggeon instead of a blacksmith will serve one well. • Oakland Hills South --Spectacular host course to countless major championships as well as the Ryder Cup. No. 17 is a really cool par 3 uphill to a green surrounded by leep bunkers and equally challenging rough. A par on this hole is a great achievemen

The above is a sampling of the great courses in Michigan. If a friend should extend an invite to play any of the above, don't hesitate to accept and keep me in mind if you need meone to fill out your group.

David Graham is the Executive Director of the Golf Association of Michigan. Check for his Tee Time column every Thursday through September:



impacted my selections. So this aggressive putt. • Crystal Downs – Alistair assessment is very subjective, and Call Now for 2010 Early Bird League Specials Sign up your 2010 Colf league now and qualify for limited time incentives.

CALL TODAYA IRONWOOD (111) (111) (2002 E. Mighlend Road, Novoll, NI 48842 Golf Club



\_\_\_\_Zlp: \_\_\_\_\_

### over the lake for any realistic chance Indianwood Old – My home course, it plays different each day depending on the wind. No. 18 is a green. Putting over and around some of the buried elephants can be a challenge! Kingsley Club – Newer course receiving excellent national exposure. No. 9 is a modest par 3 til you get to the green. Unless you are below the cup you may have some interesting challenges. If chipping or pitching on from behind the green, good luck! • Meadowbrook – Great set of green complexes throughout the throughout. Bring your "A" game course. No. 9 is a great shorter par 4



# your own admission you have not done any exercise in a long while. Based on this info mation, here are the some basic and simple

ship. Start slow and complete a full body Most new exercising adults don't workout with nearly the intensity and frequency that

for short periods (less than an hour a ses-sion), you are okay. Keep it simple and just start. You are com-

of energy

tion, call (248) 449-7634 or go to www.planetfitness.

your body will generally tell you when you

are doing too much, some people may not know (or listen to) the signs of overtraining. Overtraining is difficult to measure, but

nere are a few signs to look for: · Persistent leg soreness, general achiness or pain in muscles and joints · Washed-out feeling, tired, drained, lack

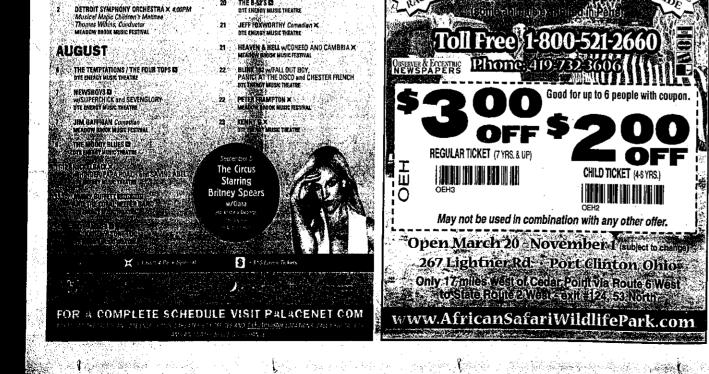
 Insomnia Headaches, insatiable thirst or signs of

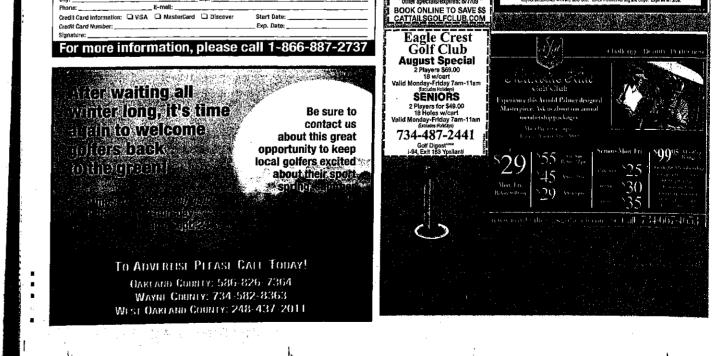
· Inability to relax, twitchy, fidgety

This column was written by fitness expert Chris Klebba. Chris owns and operates Planet Fitness in Northville and Waterford, and is a regular columnist and public speaker. For fitness questions, e-mail planet-litness@sbcglobal.net and for more informa

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was nice to have conference crossover opponent Livonia Franklin play in the state title

game. You want to see teams

you know and players you know

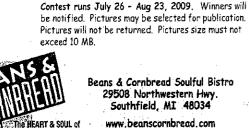
our league well in the state tour-

e success. They represented

R4 (NN) Pometown Weeklies | Thursday, July 30, 2009

that to heart in everything classroom. Family Fun Contest Show us how your family spends fun family times together and you could win a \$60 gift certificate ak ka from Beans & Cornbread Soulful Bistro in Southfield, MI. Simply take a photo of your family fun along with a brief caption explaining the family activity. As a bonus, if you include the Observer & Eccentric Newspaper, Hometown until the final buzzer. Newspaper, or Beans & Cornbread Soulful Bistro in the photo, you're entered for a chance to win movie passes.







All and the second states of the



Ties made picking who got into

the top bracket go to top many

Surprises last year: It

silly tiebreakers.

competitions. I believe being able to compete with the larger

schools, which are among some of the best in the state, gives us

a great opport unity to raise on

level of wrestling.



upcoming basketball season in the Central Division from top to bottom.

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800-579-7355 **Classified Preview...** www.hometownlife.com -Real Estate, Apartments, Merchandise, Auto, etc. For even more classified ads, see our expanded Classified Section in today's paper! Garage Sales (711) Garage Sales (711) Garage Sales (711) Garage Sales (711) Heving Sales (713) 7000-7780 (130) WAYNE Multi-Family Garage Sale - 4111 Filbert St. July 30, LIVONIA MULTI-FAMILY MDVING/ YARD SALE 31460 Myina, Mertiman N of 5 Mile: Furniture, women/grt3 cfothes, baby, household, bikes, books. mptel 7/31-8/2, Fri-Sun, 9-4pm. ROCHESTER Fri, July 31, 7am-4pm, 111 North Helen 48307 (Livernois & University), Furniture, adult & children's clothing, toys, antiques. CANTON: Multi-lamity. Household, NEW scrapbook upplies, collectibles, DEPT 6, Charmong Tails, Cherish leddes, & SD MUCH MORE! July 3D - Aug. 1, 10-4, 39552 Peters D1, 1273/Joy. Holiday Park Sub. GARDEN CITY- 31523 Kathrys St. N of Cherry Hill, W o Merriman Thars July 30, 11 4; Fri-Sat G-4pm, Preciou: PLYMOUTH-2 FAMILY SALE 1)-Sat. July 30-31, 9-7 9999 圓 July 31st and August 1st. Bom to 4pm Tools, toys and household stuff. Egi-Sat, July 30-31, 9-7 9995 Fellows Hill CL, Country Club Village, off Ann Arbor Rd, Wio Ridge: Quality slems, no junk ard, no pets. \$585/mo. plus ecurity 734-261-1812 household stuff. WESTLAND 35534 Tharmes, Avondate 8 Wayne Rd, Fri & San, July 31st 8 Aug. 1st, Sam-tom. Hunling & Fishungs, book case, solution & Arshand Study P256 Super Burly 4 wheel drive truck with plots (56000/best) au plow separately \$14000 best, clothing (X-lange) and lots of household items. domenis, tools, kid s cluthes oys & more! REDFORD ENORMOUS YARD SALE. 'One Day Only' Sal, Aug 1, 8-5, Clothes, house-hold items. Longaberger & lots more. 25000 W. Chicago LIVONIA-GARAGE SALE July 31 August 1, 10am-5pm, 9123 Idaho, N. et Joy Ré, W. ef Merriman, LOT OF ITEMS!!! LIVONIA 29869 LINDA -Muti-Family Sale - Furniture, kid's clothes and toys, house-hold dems. July 30, 31 & Aug. 1, 9am-4pm. n, Gardening nlenance Service (1230) Homes For Reat (050) Antiques/Collectibles 7020 ARMINGTON HILLS Bride fills Subdivision Sale · S. of O Mile, W pf Inkster, July 11st, Friday, 9am-5pm & wpust 1st, 9am-2pm, Lots of HAVANESE PUPPIES, AKC hols, wormed, non-she ding, parents on sight, (586) 218-7057 ANTIQUES, furniture (all rooms), rugs, crystal, dishes, appliances, etc. Appointment only, Emall inquiry & phone to JasperHindrik@gmail.com. LAWN MOWING, SPRING I FALL CLEANUPS, Quality wor for good price. Call for fre quotes Evan: (734) 329-477. NORTHVILLE, Toys, houseupust 1st, 9am-2p tems, ali must go!

WINTER

listricts.

FRED VERA

couple of the schools.

as a team we have to fill all the

Biggest surprises last year:

Although we are in a very competitive conference with

large schools we still compete

with the same size schools

as ourselves when it comes to team and individual state

weight classes.

anticipate that they will take

they do on the court and in the

## online at hometownlife.com



### IT'S YOUR NOVI BUSINESS - QEA WITH BIGGBY COFFEE

### Tell us about your business, including types of services and/or products you feature, DETAILS We offer a variety of gourmet brewed coffees,

six choices every day, ranging from medium to dark roast. Our flavored, varietal, and decaf coffees are on a set schedule which is posted so the customers know when they can get their favorite flavors. We also offer specialty espresso drinks served hot, over ice, and frozen. Our non-coffee drinks include hot chocolates, fruit othies, freezes, brewed iced tea, lemonade, and flavored milks.

How did you first decide to open your business? In 2006 a friend in Billings, Montana told me about a new coffee franchise that was doing well and were offering franchises. It was a portable shop that you would park (ideally) in a busy shopping area and do business from. I though the idea was kind of cool and mentioned it to my dad. He immediately said, "What about BIGGBY?" He told me he had been looking into a BIGGBY franchise since about 2001. He had retired in 2005 and was looking to start a business and wanted me to be his partner. We found our current spot in May 2007. As soon as we signed our contract my dad was diagnosed with terminal brain cancer. A decision was made continue with the opening because, as I found out in a recent conversation with my morn, she said, "It gave him a goal to achieve while dealing with his situation. Not continuing with the store

would have been devastating to him." He was able to see it open and visited once a week until passed on July 4, 2008. Why did you choose Novi? We wanted a spot in a nice town that wasn't too far for my dad to drive to. We probably

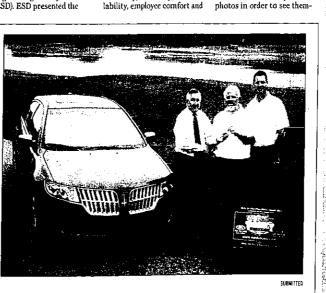
looked in 10 cities and about 50 sites until we decided on Novi. The Novi Towne Center was developing the corner site at Novi and Grand River and we jumped as soon as we heard about it. The entire search time was about 14 months. What makes your business unique? The experience. BIGGBY holds to a specific philosophy that the customer's experience should

Relocating

make the experience that much better. Our

35th annual award to ITC at It was five years ago that Fitness Together opened a stu-dio in the Briar Pointe Plaza at its awards dinner at the Henry ord Museum last mo ESD selected ITC's 188,000 square-foot facility for its 47210 Ten Mile Road in Novi and began helping hundreds of slients reach their health and verall design and construction quality, sustainability, fitness goals. Boo Sadikot, the social/economic significance business owner, said he's excit-ed to build a brand new studio unique engineering and efficient teamwork among all while continuing to offer the involved. ITC teamed up with best in one-on-one personal MA Engineering and Gillett & Associates on the building's training. "We will continue the design and Cunningham-Lim Fitness Together tradition, but will be doing so in a brand new led the construction. ITC's design and engineerstudio located in the Vantage Pointe Center at 24276 Novi ing teams developed the adquarters with the envi-Road on the northeast corner ronment in mind, building up of 10 Mile and Novi Road rather than out, to decrease just a few blocks down the the building's footprint on the street," said Sadikot. lush, 85-acre property. The anticipated grand The design mandate called for creating a leading edge, energy efficient facility that would not only provide the imagery for the new com-pany but also provide for our eopening date is set for Sept. Sadikot is also the owner

of Elements Therapeutic Massage which will stay at its current location in the Briar needs through the future, Point Plaza. said Joseph L. Welch, chair man, president and CEO of ITC earns award ITC. "Security was an over-ITC Holdings Corp.'s new riding concern, but our desig headquarters in Novi recently and construction teams did received a Construction and an impeccable job balancing that critical requirement with flexibility, durability, control-Design Award from The Engineering Society of Detroit (ESD). ESD presented the lability, employee comfort and



Business Name: BIGGBY Coffee Address: 43346 Grand River, Novi MI 48375 Your Name/Title: Mike Waltersdorf / owner Your Hometown: Lansing Business Onened When: May 4, 2008 Number of Employees: 10 Hours of Operation: 6 a.m. 9 p.m. Monday

Thursday; 6-10 Friday and Saturday; 7-9 Sunday

be one where the customer leaves in a better

mood than when they arrived. All BIGGBYS

have a trivia question for fun. But at our shop

offer a stamp for each trivia question answere

correctly, and after 12 correct answers you get a free drink. So after 12 visits you could receiv

free free drinks. Not bad in this economy. Also

if you're going to hang out and enjoy your drink at the coffee shop, we offer ceramic mugs to use. Add that with free WiFi, it's a winning

The CEO, Bob Fish, founded BIGGBY in

BOB," he has his own blog and is known as a bit of a Twitter Bug. He makes himself available

1995 in East Lansing, Known as "BIGGBY

to the customers via Twitter and by visiting

would like to see offered at BIGGBY.

How has it changed since you opened?

stores every day and chatting with them about anything from their favorite drink to what they

BIGGBY is always analyzing what works and what could be better. Slight changes to our

food menu and the addition of new seasonal

drinks are the norm. I have made personal

improvements to our store based on customer

YearbookYourself

Taubman Centers, Inc.'s

returns for a second year in

time for back-to-school shop

ping at all four Detroit-area Taubman Centers, including

Novi's Twelve Oaks Mall. Those wondering about how they might have looked as

high school prom queens, chess club champs, or a vari

ety of other personas, while

sporting various fashions and hairdos through the ages, can visit YearbookYourself.com

This year, the Web site,

www.YearbookYourself.

com, offers numerous fun

enhancements including a

Facebook integration that

addition, users also can

access information about

Developed and pro-duced with the help of

sales at Twelve Oaks Mall.

Minneapolis-based ad agency Colle+McVoy, the "Yearbook

Yourself" campaign launched last fall. More than 15 million

visitors to the site uploaded

allows you to post your photo directly to your profile. In

and see themselves.

recommendations and my own ideas just to

and specialty drinks

combination.

Phone: (248) 596-0100

Website: BiggbyCoffee.com

Your Business Specialty: Drinks gourment coffee



Mike Waltersdorf and Kristin Olinik are welcoming coffee and baked goods afficionados to the Novi Town Cente BIGGBY Coffee, at the northwest corner of Novi Road and Grand River.

### hilosophy stays the same. Great product plus great service equals happy returning mets. Do you have a furny tidbit or story about your experience as a small business owner to share with our readers?

Don't mess with a customer's trivia stamps! Once I started giving out stamps for answering the trivia correctly customers take it very seriously. Some will wait until they see you stamp their card, and I've even had customers call me with the correct answer. They keep track of those babys. That's cool; what makes them happy makes me happy. I like the passi How has the recent economy affected your business? Oy! Its tough. We knew we were getting into this business during rough economic times, but

future growth requirements." selves in vintage hairdos and outfits spanning more than five decades. Once "Yearbooked," they sent their award-winning online cam-paign, YearbookYourself, otos across the Internet,

inspiring a contagious chain

**NOVI BUSINESS BRIEFS** 

recently won the coveted the leading international award program honoring



What kind of community do you want to live in? How we spend our money makes a difference in the

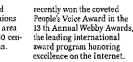
### always happy for one more. Calling all BIGGBY fanatics Any advice for business owners? The same advice I've been given: Hang in there if you can. What are you doing to stand out from the competition? Be thankful for what you have. What's in store for the future of your business? Right now, it's one day at a time. Our goal was three stores, which isn't out the question yet. We're going to focus on getting this one into the black for now.

its been a real eye opener. I am grateful we have been able to stay afloat this long. I just love

doing what I can to make it unique and fun for our customers. We have a lot of loyal customers

here and for them, I am grateful. But we're

of fun that also sparked interest in current fashions featured at the Detroit area centers as well as the 20 cen ters outside of Michigan "Yearbook Yourself



wellness of our residents and the

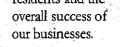


(NN) 85 Thursday, July 30, 2009



# Hole-in-one prize

Robert Linger won a three-year lease on a Lincoln MK2 from Yarsity Lincoln-Mercury after hitting a hole-in-one July 18 at Walnut Creek. It was his first-ever, a 165-yard shot on the #3 par-three south course. Shown with Linger (center) are Yarsity's Mark Ambroziak (left) and John Lindeman, golf pro at Walnut Creek.



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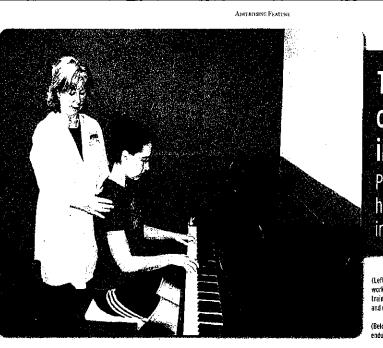
# Regional Marketplace



ocal news that fits your life

Get to know people, places & things to do in your community & more.

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# Taking care of your other instrument Physical therapist helps musician's injury

PHOTOS BY ALISON BERGSIEKER

(Left) Kristie Sherman Kava, PT, MS, DSCPT, OMPT works with music student Sarah Slonim on postural training to strengthen Sarah's large trunk muscles and relieve tension in her forearms, neck and back.

(Below) Kava assists S(onim in a side plank to build endurance, strength and stability.

> to use her larger abdominal and back muscles to support her arms thereby reducing the workload and symptoms in her arms.

> While Sarah is still improving, she is seeing dramatic differences in her ability to perform.

"I've come a long way since we started," Sarah said. "I can now play for longer periods of time without pain."

And when she returns to school in the fall, she'll have access to MSU's Wellness Team to continue her efforts.

"Young musicians are such an important population because they can have chronic injuries that

can change their whole career," Dr. Kava said. "It's a very prominent problem in musicians that's just beginning to come to light. Repetitive stress injuries occur within people of all ages and activities. Musicians need to develop healthy practicing techniques and become more aware of their body positions and posture while playing their instrument and while performing functional activities."

### About Oakland Physical Therapy

Oakland Physical Therapy specializes in orthopedic manual PT and stabilization exercises using the Stott Pilates method. These treatment and injury prevention

and injury prevention methods are effective and valuable for all types of patients. Pilates training is available at Oakland Physical Therapy, P.C. with individual and group sessions.

Visit www.oaklandphysicaltherapy.com or call 248-380-3550 for more information.

### BY ALISON BERGSIEKER Advertorial coordinator

Students enrolled in Michigan State University's College of Music challenge themselves daily with private practice, workshops, classes and concerts.

Sarah Slonim, a senior jazz piano student at MSU, practices two to three hours each day on top of her normal class schedule.

Just before the end of her junior year in April, she decided to double her playing speed on technical exercises to improve her overall performance.

"I was working a lot harder and started to feel soreness in the top of my forearm that would reoccur and go away every five minutes," Sarah said. "It got to the point where the pain was in both arms all the way up to my elbows. I was supposed to write a 9-page paper but I couldn't type or write, and I had to pass up an internship this summer to allow time to recover from the injury. By finals week in May, I couldn't drive and I couldn't pack my clothes."

Sarah, originally from Seattle, Wash., decided to stay in Michigan with relatives this summer and began therapy at Oakland Physical Therapy, P.C. in Novi with Kristie Sherman Kava, PT, DScPT in hopes to go back to school in the fall with the ability to continue her rigorous school and practice schedule.

### Performing Arts Physical Therapy

Dr. Kava, co-owner of Oakland Physical Therapy, P.C., is an orthopedic manual physical therapist who has worked with musicians for many years. She is a certified Stott Pilates instructor and has performed doctoral degree research involving musicians' inju-



Wellness Team at MSU's College of Music, she was eager to help Sarah improve her injury symptoms and prevent it from happening in the future.

"Musicians work very hard to perform beautiful music regardless of what instrument they master," Dr. Kava said. "Sarah works hard at her music and is one of the most motivated and compliant patients that I have ever treated."

Dr. Kava began treatment by evaluating Sarah while playing the piano to develop more efficient body positioning and to ensure that Sarah was using the appropriate muscles. Further treatment included deep tissue massage, flexibility

exercises and joint mobilization and range of motion for shoulders, upper back and ribs. Dr. Kava developed a program to strengthen Sarah's weaker trunk muscle (known as the core stabilization) by using a Pilates mat and reformer program to increase flexibility,

I had tension in my shoulders and neck," Sarah said. "We started doing a lot of work to strengthen my core and that takes a lot of pressure off of my shoulders, neck, back and forearms."

Core strength

ry prevention and treatment. Also a member of The Musicians

strength and endurance. "Before doing the rehabilitation, -----

The core training forced Sarah



Frank Kava, PT, MS, OCS, OMPT Kristie S. Kava, PT, MS, DSCPT, OMPT Specializing in Orthopedic, Sports and Performing Arts Physical Therapy

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