

# Imaginations run wild at Camp Invention, A6

THURSDAY  
July 30,  
2009

Hometown Weeklies  
Volume 54  
Number 10  
75 CENTS

# NOVI NEWS

online at [hometownlife.com](http://hometownlife.com)

MICROFILM COPY



Managing the highs and lows of coaching  
Sports, B1

NOVI PUBLIC LIBRARY 7/30/09

## NUTSHELL

### "Kwame" reviewers welcome

Following the critically-acclaimed success production *Kwame A River: The Chronicles of Detroit's Hip Hop Mayor*, the new revue *"Kwame A River 2: The Wrath of Conyers"* is a hilarious original satire that picks up and boldly goes where *"Kwame A River"* left off. Kwame is out of jail and in exile in Texas, and in his absence the unpredictable Monica Conyers has become President of the City Council. *"Kwame A River 2: The Wrath of Conyers"* hilariously chronicles Monica's tenure as head of Council and comically displays everything that happened - from raucous Council wars, Cobo contracts, and feuds with 8th graders - and everything that you didn't know happened, like Monica's secret therapy session with Dr. Phil, her unlikely and passionate affair with Ken Cockrel Jr, and her wacky plans to turn Metro Detroit into a tourism mecca.

Reviewers are invited to attend the Second City's (upstairs from Andiamo, Grand River Avenue just east of Market Street) Opening Night of the highly-anticipated new revue *"Kwame A River 2: The Wrath of Conyers"* on Thursday, August 6 at 8 p.m. Please RSVP by Friday, July 31 to Jeanne McAlleef, IMJ Communications, LLC, (248) 547-5576 office, [jeanne@imjcommunications.com](mailto:jeanne@imjcommunications.com). Please specify if you are bringing a guest.

This is a show especially for metro Detroiters as dozens of local characters appear in the new show's sketches and songs, including Kwame and Carlita Kilpatrick, Dennis Archer, Coleman A. Young, Gov. Jennifer Granholm, George W. Bush, Jeff Daniels, Martha Reeves, Ken Cockrel Jr., Mel Farr Superstar, Kid Rock, Aretha Franklin, Geoffrey Feiger, Ted Nugent, The Temptations, Stevie Wonder, L. Brooks Patterson, The Sam Bernstein family, and the entire unpredictable City Council.

*"Kwame A River 2: The Wrath of Conyers"* is written and directed by Detroit native Marc Warzecha. Currently residing in Los Angeles, Warzecha has appeared on popular television comedies including *"MAD TV"* and *"Reno 911."* Warzecha has received many honors including two Joseph Jefferson nominations for "Best Director."

The cast includes Amise, Sharon Brooks, Jason Echols, Jamaal Hines, Ava Rodgers and Renell White. Musical Director is Jennifer Gale and the Stage Manager is Ed Cosgriff.

## The vision of Main Street

Economic struggles affect development's progress

BY NATHAN MUELLER  
STAFF WRITER

The vision for Main Street has been clear since the mid-1990s - to create a vibrant, downtown-type hub with a mixture of restaurants, retail businesses and residential uses.

And while the vision remains the same, staying true to it during an economic slide that has businesses closing and developers wary of starting projects is much harder.

"For sure we are now faced

with a severe downturn in the economy and the prospect of reviving and bringing to fruition a pedestrian-type Main Street might be a stretch at this time," said long time resident and planning commissioner Victor Cassis. "However, if we are to build a community that will stand the test of time we should be patient, resolute and insist on the original concept of a safe, pedestrian-oriented Main Street."

Cassis' concerns revolve around the recent preliminary approval by Novi City Council of 29 Park,

a new 10,000-square-foot night club. He said adding another drinking establishment to the several that are already there does not hold true to the vision for the future.

"A mixed-use development of commercial, restaurants, boutique shops and housing anchors to support commercial uses in an urban-like setting is now being outweighed by an image of a bar, nightlife, police-busy weekend meeting venue," he said.

Please see **MAIN STREET, A2**



Novi's Main Street is known for its restaurants, like *bd's Mongolian Barbeque*. It is also known for its many bars and nightclubs like the *Post Bar*, *Gus O'Connor's*, *Mixx*, the *Grapevine* and more.



Margarita Macy carries a package of phlox flowers during her visit to Novi's Tollgate Farm on July 18 during its garden tour. Plants and flowers were offered for sale to gardeners.



Visitors to Novi's Tollgate Farm take in its Children's Garden - with its many plants to touch and smell.

## Helping hands

Tollgate volunteers crucial part of farm's success

BY NATHAN MUELLER  
STAFF WRITER

It's easy for people to forget they are still in Novi when they enter the grounds of the Michigan State University Tollgate Education Center.

Bright flowers and green grass as far as the eye can see greet them at the entrance. The loud sounds of the city have been replaced with the gentle chirping of birds. And the smell of an old country setting permeates the air.

The 160-acre farm, which is a hidden gem in a community that has grown by leaps and bounds in the last 20 years. And while everything around the farm has changed, it still remains a place that many people visit because it reminds them of home.

"It's a great place, a lovely place," said John MacInnis, a resident of Novi for 32 years. "It's a real respite in the city, especially in the fall with the changing of the colors."

But for as beautiful as the Tollgate farm is, it would not be possible without the help of dedicated volunteers. MacInnis is one of the more than 150 volunteers who give their time to run programs, plant in the gardens and care

Please see **GARDENS, A2**



Michigan State University Tollgate Education Center Farm Manager Roy Prentice talks about the tamarix plant in front of him. The tamarix originally hails from the Mediterranean.

## Contact Us

- Classified Advertising: (800) 579-7355
- Delivery: (888) 366-3742
- Fax: (248) 685-2892 / (248) 437-3742
- Mail: 101 N. Lafayette St., South Lyon, MI 48178

## Index

- APARTMENTS ..... C2
- AUTOMOTIVE ..... C5
- CALENDAR ..... A9
- CAREER BUILDER ..... C1
- CROSSWORD PUZZLE ..... C3
- NEIGHBORS ..... A4
- OBITUARIES ..... A6
- OPINION ..... A12
- REAL ESTATE ..... C1
- SERVICE GUIDE ..... C4
- SPORTS ..... B1
- STRICTLY BUSINESS ..... B5



## Police on lookout for driver who killed two

BY NATHAN MUELLER  
STAFF WRITER

The Michigan State Police continue to search for the driver of a Chevrolet Silverado that struck the rear end of a car stopped near the exit ramp of Twelve Mile Road on southbound M-5, causing the car to burst into flames and killing the two passengers inside.

Killed in the blaze that occurred around 11:20 p.m. on Friday were Anthony T. Fulton, 43, of Chicago, and Michelle A. Griffin, 42, of Dunlap, Ill. They were pronounced dead at the scene.

According to Novi Police Chief David Molloy, the car was stopped in the gore area, the area between the exit ramp and the roadway, when it was struck by the pick-up.

Both cars were sent into M-5,

and the explosion started with the four-door sedan before traveling to the pick-up.

"We had reports the (driver of the pick-up) was driving erratically from Fourteen Mile Road," Molloy said.

After the explosion, the driver of the pick-up fled the scene on foot, according to witness reports. A K-9 track was conducted without success at the scene and the freeway was closed for about six hours as the investigation took place.

Molloy said he believes the Michigan State Police have identified a potential suspect, but they would not confirm that.

Anyone with information is asked to contact the Michigan State Police Metro North Post at (248) 584-5740.

[nmueller@gannett.com](mailto:nmueller@gannett.com) (248) 437-2011 ext. 255

Finance your new car at **Community Financial** through the **Invest In America** Program and

we'll give you  
**\$50 cash!**  
Ask for Details.



Plymouth • Canton • Northville • Novi  
(734) 453-1200 • [www.cfcu.org](http://www.cfcu.org)



\* Loans subject to application and credit approval. Finance 500 (1) at loan closing on vehicle purchased through the Invest in America Program before 8/31/2009. All other vehicle purchases will receive \$500 in closing cash on loan amounts of \$22,000 or more. See sales in reference to vehicle. Community Financial loans. Cash paid will be reported as interest income on Form 1099-DI. Some restrictions may apply. © 2009 Community Financial. All rights reserved.



Visitors to Novi's Tollgate Farms took a tour of its main rose garden during the farm's garden tour event last Saturday.



A bumblebee busies itself on the petals of a purple coneflower at Novi's Tollgate Farms.



### GARDENS

On Monday, about 10 volunteers were on site cleaning rocks and putting soil and dirt into bags to get ready for the upcoming Fall Fair on Sept. 19. The Fall Fair is one of several events held at the farm throughout the year and run primarily by the volunteers.

Carolyn Volk has been driving to the farm from Royal Oak to Novi for the past four years because she was attracted to the beauty of the place and the camaraderie of the people. "I came out here once and fell in love with the place," she said. "It's like being in another world."

Betsy Wilds, a Northville resident, found her niche at the plant a row garden, and has become a regular face at the farm. "It's a real social group and a lot of fun no matter what you are doing," she said.

Another fact about the farm that may be unknown to the public is that it is open from 9 a.m. to 8 p.m. Monday through Saturday. New volunteers are always encouraged to join, and everyone on site is able to answer questions about the property.

For more information, garden tours or to volunteer, call (248) 347-3860 ext. 251. [noviellie@gannett.com](http://noviellie@gannett.com) (248) 437-2011 ext. 255

## Rib Cook Off and Family Fest hope to become annual event

BY NATHAN MUELLER STAFF WRITER

Barbecue aficionados are needed to heat up the inaugural West Oakland Rib Cook Off and Family Fest on Aug. 9 at the Rock Financial Showplace. Currently 13 teams have signed up to compete for the title of Best Ribs, but Mary Jane Scott, past president of Experience West Oakland, hopes they can get more.

The majority of the teams are from Michigan and one is from Tennessee, but we would really like to get some good, friendly, local competition going in southeast Michigan," she said. Experience West Oakland, a committee of the Novi Chamber of Commerce that promotes the different services in the area, is running the event as a fundraiser for its organization. The Rib Cook Off is only a small portion of the day as the day-long Family Fest features live music from two bands, local restaurant tastings, a petting zoo, inflatables, a rock climbing wall and more.

"I think we are going to have a lot of fun," Scott said of the event she hopes becomes an annual affair. "It's a great summer event."

The Rib Cook Off is sanctioned by the Memphis

### MAIN STREET

FROM PAGE A1

Brian Burke, owner of the Grapevine on Market Street and a member of city council, feels that 29 Park will bring a different crowd to Main Street that does not exist, and that the landlord of the building would not allow a business that was going to be a detriment to the area.

He also said finding niche stores is tough because of the location. "It's difficult to attract those little shops when you are so close to a regional shopping center," he said. "Being this close to Twelve Oaks (Mall) and the Novi Town Center that are set up for these commercial spaces makes it a bit of a challenge."

Since the development is privately owned by multiple developers, the city does not have a lot of control over what happens.

"Everybody wishes it was built out more but it's not to be built now," said city manager Clay Pearson. "But it will hap-



Picasso Cafe owner Allen Attee and artist Barbara Eko Murphy take a look at the drawing "Sari Lines" that's currently on display at the Grand River Avenue café. Murphy drew the figure using ends of twigs and walnut ink. A new art show will begin in a week at Picasso.

## Local artists call Picasso Cafe home

BY NATHAN MUELLER STAFF WRITER

Barbara Eko Murphy knows how difficult it is for artists to find places to display their work.

So when the appropriately named Picasso Cafe opened in Novi nine years ago, the Northville resident and artist immediately approached the owners about letting local artists take the place of Picasso and adorn the walls with their creations.

Co-owner Allen Attee, an artist himself, didn't hesitate to comply.

"I thought it would be nice for the community," he said. "If the (work) is not in galleries there aren't many places for the public to view it."

"It has been super popular and helps reinvent the place and keep it changing all the time."

Picasso Cafe welcomes a new artist every month, and a year-long waiting list has formed to get inside.

Kathleen Rodak, who will display her watercolor pieces in August, has waited 18 months and plans to sign up again in hopes she will not have to wait as long next time.

"It's really a great opportunity," she said. "It's nice to have your art there for people to look at rather than having it stacked up at home. I wish there were more places around here to do that."

Murphy organized the Artists Club for the first year or so, but Attee is now drawing artists from all over the metro Detroit area to the business.

Throughout July, Murphy had her life drawings on display. She became an artist in 2000 after suffering some heart problems and retiring

from a teaching job in Livonia. She is now an award-winning artist who has been in more than 100 fine art shows.

"I like the show and tell aspect of it and I love being a student," she said. "I don't want to be a teacher again. I just want to keep on studying art."

Like Rodak, she wishes artists had more places like Picasso Cafe to showcase their work. "Allen has been there for us from the beginning and very patient," she said. "It's a nice thing to go in there, plus he has good food."

Picasso Cafe, which specializes in breakfast and lunch, is located at 39915 Grand River Avenue. For more information or to get on the artist waiting list, call (248) 427-6000.

[noviellie@gannett.com](http://noviellie@gannett.com) (248) 437-2011 ext. 255

**\$5,000,000** Complete Pool Package **\$999** (was \$1,899) 24' Prima Complete pool package. Includes everything you need to get in the water. **CORNWELL POOL & SPA** See our huge selection at: 3500 Pontiac Trail • Ann Arbor, MI • 734.662.3117 674 West Ann Arbor Rd. • Plymouth, MI • 734.459.7410

Visitors to Tollgate Farms look at some of the plants and flowers offered for sale during its open house last Saturday. The image shows a variety of plants and flowers arranged on a table, with people looking at them.

**Healthy Legs, Healthy You!** "I thought it was normal for my legs to ache at the end of the day." You may have a medical condition covered by insurance known as Venous Insufficiency if you experience any of these leg symptoms: Pain/aching/throbbing, Heaviness or fatigue, Swelling of feet/ankles, Restless legs, Night cramps, Itchy veins, Varicose veins, Non-healing ulcers. **ADVANCED VEIN THERAPIES**

**In-home services for Seniors by SENIORS** Seniors Helping Seniors® in-home services provides loving, caring, compassionate seniors to help you maintain your independence in your own home. Services include: Cooking, Light housekeeping, Companionship, Personal grooming and dressing, Shopping, Yard work, Mobility assistance, Overnight stays (34-hour care), Doctor appointments, Pet care, House maintenance and small repairs. **SENIORS Helping SENIORS** 948-224-9477

**THE NOVI NEWS** Published Each Thursday By The Novi News 101 Lafayette South Lyon, Michigan 48178 Periodical At South Lyon, Michigan Mail Subscription Rates: In-County: \$32 for one year. Out of County (in Michigan): \$47.60 for one year. Out of State: \$59.50 for one year. Call 888-369-3742. The Novi News is published by Federated Publications, Inc., a wholly owned subsidiary of Gannett Co. Inc. Postmaster: send address changes to The Novi News, 41304 Concept Drive, Plymouth, MI 48170. POLICY STATEMENT: All advertising published in The Novi News is subject to the conditions stated in the applicable rate card, copies of which are available from the advertising department, The Novi News, 101 Lafayette, South Lyon, Michigan 48178. (248-349-1700). The Novi News reserves the right not to accept an advertiser's order. The Novi News and its owners have no authority to bind this newspaper and only publication of an advertisement shall constitute final acceptance of the advertiser's order. Publication Number USPS 398920

**WHAT DO YOU CALL CHECKING THAT GIVES YOU FREE ATMs, MORE PERSONAL SERVICE AND A BETTER REWARDS PROGRAM?** **S.M.A.R.T.** Now more than ever, you want to get more from your checking account. A Flagstar S.M.A.R.T. account may be just what you're looking for. **Get \$100** when you open a Flagstar S.M.A.R.T. checking account\* **OR** **Get 2% interest** on balances up to \$100,000 guaranteed for 12 months\* **S.A.FETY AND SECURITY** **M.O.RE PERSONAL LEVEL OF SERVICE** **A.T.M.s FREE NATIONWIDE** **R.EWARDS PROGRAM** **T.R.OUBLE-FREE SWITCH GUARANTEE** **Flagstar** The new way in banking. To get your S.M.A.R.T. checking account started today, log on to [flagstar.com](http://flagstar.com) or call toll-free at (800) 642-6939 to locate the nearest banking center.

**decks4less.com** Trex The Deck of a Lifetime from \$169 LFY. **Luon** Since 1975 • Plumbing • Heating • Cooling • Electrical • Free estimate • 82 Efficiency • Installed from \$999! • Free custom estimate. **ORVILLE LUMBER CO.** 615 E. Baseline Rd. in Northville Located across the street from the Northville City Hall. **Trex AZEK** ph 248.348.0220 fax 248.348.0222 [www.northvillelumbers.com](http://www.northvillelumbers.com)

**decks4less.com** Trex The Deck of a Lifetime from \$169 LFY. **Luon** Since 1975 • Plumbing • Heating • Cooling • Electrical • Free estimate • 82 Efficiency • Installed from \$999! • Free custom estimate. **ORVILLE LUMBER CO.** 615 E. Baseline Rd. in Northville Located across the street from the Northville City Hall. **Trex AZEK** ph 248.348.0220 fax 248.348.0222 [www.northvillelumbers.com](http://www.northvillelumbers.com)

**Good Food, Good Price, Good Service!** NOW SERVING BEER, WINE & COCKTAILS! **248.926.1700** **ALEX'S** 49000 Pontiac Trail, Wixom Across from Wixom City Hall **HOURS** M-TH 11 am - 11pm • FRI 11 am - 12 Midnight **SAT 2 pm - 12 Midnight** • SUN 1 pm - 10 pm

**DAILY DRINK SPECIALS 8 PM TO CLOSE** Sunday-\$4.00 Margaritas-\$3.00 Bloody Marys Monday-\$1.50 Pabst Blue Ribbon and Stroh's Tuesday-\$3.00 Well Drinks-\$4.00 Premium Drinks Wednesday-\$2.00 Any Domestic Beer-\$3.00 Imports Thursday-\$4.00 Long Island Iced Teas-\$3.00 Corona's **HAPPY HOUR 7 PM to 8 PM** \$10 Buckle & Bunwaiser 8 pm to Close 25% OFF Any Bottle of Wine

**PASTA FOR TWO** **\$3.00 OFF ANY TWO PASTA DINNERS** Must mention coupon when ordering. Delivery extra. Limited time offer.

**1 SMALL 12" PIZZA** **WITH 2 ITEMS, FULL RACK OF BBQ SALAD, ANTIPASTO RIBS \$29.99** Must mention coupon when ordering. Delivery extra. Limited time offer.

**FAMILY HOUR SPECIALS 4 pm-7 pm** **Sunday-Thursday Dine-In Only** **FAMILY OF FIVE** • Large 16" Pizza w/One Topping • Salad • Breadsticks • Pasta • Pitcher of Soda **\$24.99**

**2 PIZZAS W/2 ITEMS** **18" X-LARGE.....\$23.99** **16" LARGE.....\$20.99** **14" MEDIUM.....\$17.99** **12" SMALL.....\$14.99** Must mention coupon when ordering. Delivery extra. Limited time offer.

**FAMILY OF THREE** • Large 16" Pizza w/One Topping • Salad • Breadsticks • Pitcher of Soda **\$19.99** **WE DELIVER!** Catering & Party Platters for All Occasions! VISA

Spend a day with live snakes, birds and mammals... **SILLY SAFARIS DAY** at Novi Town Center! **3 FREE SHOWS** 11am, 1pm & 3pm **Join us for Free Live Animal Shows! Saturday, August 8th**

**Silly Safari Live Animal show** combines the perfect blend of fact and fun. Silly Safari keeps the entire audience involved with a non-stop parade of live animals on stage at the Novi Town Center outdoor pavilion. **Bring the whole family for this afternoon of fun and education!** Your host is Silly Safari Steve an expert Funologist who'll entertain and fascinate as he introduces each animal to you in these hour-long shows. **Special guests from the audience get to come on stage and join each animal for a game that teaches about the natural world.** You'll see a variety of reptiles, mammals, birds and bugs for an animal lover's experience everyone will remember.

**Join the fun for 3 free shows in the Novi Town Center parking lot pavilion, with seating, stage and special food tents set up for your enjoyment.**

**Enjoy Great Food from Novi Town Center Restaurants** Sample the best from Novi Town Center restaurants at the Silly Safaris food court set up by the Live animal show stage. From 11am to 3pm, restaurants will be serving all types of delicious food, offering free samples and passing out money-saving coupons.

**Novi Town Center** [www.novitowncenter.com](http://www.novitowncenter.com) 26132 Ingersol Drive | Novi, MI 48375

# Discover world's largest resource for ancestry

Byron Bailey knows a lot about early 1900s American immigrants who arrived in the U.S. by way of Port Huron. Bailey is president of the Farmington Genealogical Society. The society has been compiling information for Ancestry.com, a subscription-based Web site. It's part of a worldwide Ancestry.com project that will make the records more easily accessible for those researching family history.

"So far I've indexed about 1,000 records," said Bailey of his research for the project. "People came from Europe, Mexico, all over the world. Most came over to Canada first and stayed awhile and then came to the U.S."

The society's project is called "Michigan Passenger and Crew Lists, A3441, Manifests of Alien Arrivals at Port Huron, Michigan, February 1902 -

December 1954." The project involves scanning microfilm records into the online data base.

Anyone can join the worldwide project, he said. Information is available at [www.ancestry.com/worldarchivesproject](http://www.ancestry.com/worldarchivesproject).

"What's good about this project is even though it's a subscription Web site, the indexes are going to be free to everybody in the world," Bailey said.

People can learn more about Great Lakes immigration and Ancestry.com at an "Ancestry Day Seminar," from 9 a.m. to 3:30 p.m. Aug. 22 at the Fox Run Community in Novi.

It's being presented by the Farmington Genealogical Society, Fox Run Genealogical Society of Novi, Redford Historical & Genealogical Society and the Northville

Genealogical Society. Lisa Arnold, of Ancestry.com, will speak about "Getting the Most Out of Your Ancestry Subscription." "Building a Tree on Ancestry," and "The Ancestry World Archives Project."

Joel Stone, curator of the Detroit Historical Society, will speak on "A Practical Fleet: Great Lakes Ships from 1902 to 1954."

Bailey says Ancestry.com has become the world's biggest resource for family history. The cost of the seminar is \$8 including lunch. Registration forms are available at [www.rootswest.ancestry.com/~mifarms](http://www.rootswest.ancestry.com/~mifarms). For more information contact Byron Bailey at [baileyb@twi.mr.com](mailto:baileyb@twi.mr.com).

By Susan Steinmeier / Observer staff writer

### NOVI NEWSMAKERS

Allstate recognizes Novi entrepreneur for top performance. Allstate Insurance Company has recognized Allstate exclusive agency owner Eric Semer with the Chairman's Conference award for high standards in customer satisfaction, customer retention and profitable business growth.

The Semer Agency is one of only 5 percent of insurance agencies and personal financial representatives for Allstate nationally to reach this level of achievement, based on sales for auto, property, commercial, power sports insurance and financial services in the country.

With a team of dedicated employees, Semer is committed to helping customers meet their protection and retirement needs while managing a successful small business.

"It's a tremendous honor to earn Chairman's Conference recognition," said Semer. "My agency's commitment is to serve customers and the Novi community."

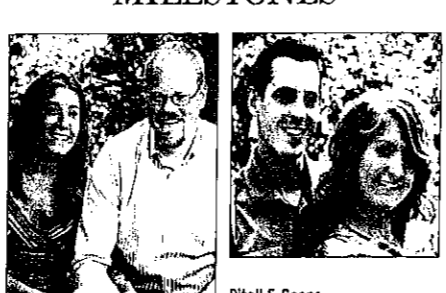
"Eric is a respected member of the business community," said Thomas F. Clarkson, vice president of Allstate. "We are proud that our customers in this area are being serviced by an agency with such a fine reputation."

### NOVI IN THE SERVICE

Army Pvt. Jessica H. Ruiz has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, boot marches, and field training exercises.

She is the daughter of Rebecca Ruiz of Elm Ave., Long Beach, Calif., and sister of Alicia Flores of Novi. The private is a 2005 graduate of Cabrillo High School, Long Beach.



**Bitell & Ceane**  
Lauren Elizabeth Bitell and Christopher J. Ceane are engaged to be married Oct. 9 at Saints Peter & Paul Catholic Church, Detroit with a reception in Livonia.

The bride-to-be is the daughter of Al and Linda Bitell of Northville. She is a graduate of Northville High School and earned a degree in fashion design and merchandising from Wayne State University. She is employed by Bartech Group for General Motors Company.

The groom-elect is the son of Janet Cavallaro and Chris Ceane of Novi. He is a Northville High School graduate and earned a degree in business and marketing from Western Michigan University. He is employed by GMAC Financial Services.

**Ross & Godward**  
Amanda Mae Ross and Thomas Edward Godward Jr. are engaged to be married Oct. 24 in Farmington Hills.

The bride-to-be, of Farmington Hills, is the daughter of Spencer and Donna Ross of Westland. She graduated from John Glenn High School in 2001 and Kettering University in 2005. She is a project engineer for Nissan Technical Center North America.

The groom-elect, of Farmington Hills, is the son of Thomas and Janet Godward of Poland, Ohio. He graduated from Poland Seminary High School in 1998 and Kettering University in 2003. He is a senior engineer for Badenoch LLC.

**Karson L. Carpenter D.D.S.**  
**Alma R. Nava D.D.S.**  
**DRAKESHIRE DENTAL CENTER**  
Graduates of the University of Michigan School of Dentistry

Our staff is fluent in Spanish!

Our office provides a variety of dental services including:  
bleaching and cosmetic dentistry • Fillings, crowns and bridges  
invisalign and traditional braces • Implants  
Air abrasion "Drillless" dentistry • Dentures and removable partial dentures  
Laser dentistry • Treatment of gums  
Cerec one-visit porcelain crowns

Ask us about our new dental spa!

Accepting new patients, both adults and children.

Conveniently located at the corner of Grand River and Drake Roads in the DrakeShire Plaza.

Evening and Saturday hours available.

Karson L. Carpenter D.D.S. & Alma R. Nava, D.D.S.  
Drakeshire Dental Center  
35223 Grand River • Farmington, MI 48335  
248-474-4600

Since 1975  
**Luon**

• Plumbing • Heating  
• Cooling • Electrical

**AC - Steal of the Month!**

• 13 SEER (efficiency)  
• Installed for \$1,399\*\*  
• Free custom estimate

Toll free: 800-437-8802  
**July Specials!**  
Don't wait CALL now!

**Set a Course for a Great CD Rate!**

**3.15% APY**  
22-Month New Money CD

**1.50% APY**  
8-Month New Money CD

**FDIC Insured Up To \$250,000**

**Barcorp**  
(800) 462-2786 • [www.cfbank.com](http://www.cfbank.com)

Providing Financial Solutions for 71 Years

**FREE WEIGHT LOSS PROGRAM**

**Keith J. Pierce, MD**  
Internal Medicine  
38525 Eight Mile Road  
Livonia, MI 48152  
248.321.6612  
Call for Directions!

**NEW PATIENTS**

**Fianna**  
OH Premise Catering and On Premise Parties

Graduations  
Communion  
Baptisms  
Showers  
Rehearsal Dinners  
Corporate Parties  
and Intimate Wedding Receptions and etc.

Ask for Gayle Morones for more information.

**Wine**  
Select bottles of Wine Under \$30

**Dine Alfresco on our Outdoor Patios!**

# Concours d'Elegance to feature local enthusiasts

BY CHRIS JACKETT & CAL STONE  
CORRESPONDENT & EDITOR

The 20th Meadow Brook Concours d'Elegance will descend on Rochester this weekend and two of Northville's own will have their classical vehicles on display.

The Concours is a display of some of the finest classic pre-World War II vehicles, taking place 10 a.m.-4 p.m. at the Meadow Brook Hall Grounds Sunday, Aug. 2. The annual event's 2009 theme is "The Best of Detroit," drawing in locally-owned classic automobiles.

Detroit's "Big Three" auto makers have been perennial supporters of the Meadow Brook Concours. As a gesture of gratitude for their long-standing support, the Concours is pleased to commemorate its 30th anniversary with a celebration of Detroit's automotive heritage featuring the engineering and design excellence of General Motors, Ford and Chrysler, said Matthew de Latrecie, executive director for the Meadow Brook Concours d'Elegance. "The Concours enjoyed record attendance in 2008 and, with a strong local theme, we expect even more interest this year."

Although Sunday's Concours d'Elegance is the focal point of the weekend, several other events will be taking place, including tours and a reception Friday, an automotive design forum, the RM Auctions' 15th annual auction display and a gala Saturday, and a Kelly Services Afterglow gathering following the Concours Sunday.

Northville residents Larry Markey and Lee Barthel have both attended the "parade of excellence" for more than a decade, both as participants and spectators.

"It's a lot of fun. There's 200 cars," Markey said. "There's such a wide variety of cars, from modern cars to exotic cars and motorcycles. They display the car in groups and all you do is hope for good weather."

Markey's navy blue and black 1929 Rolls-Royce Springfield Phantom I Brewster will be one of about 12 Rolls-Royce Phantoms on display at the Concours as one of the featured models at this year's event.

"I've owned the car since 1973. I'm the second owner. Someone told me the original owner had the car in their garage. They just had it stored

for 30 years in the family garage," said Markey, who bought the vehicle from the son of owner J.E. Thompson in Duxbury, Mass. when Markey was 27. "I really own the car because I really like it. I like the engineering and quality of the car. The engineering was very advanced."

The Phantom was one of about 300 made per year in the vehicle's short production span. It cost \$21,000 in 1929 when a Ford Model A cost \$500. Markey bought it for \$2,500 with 54,000 miles on it.

For Barthel, the inclusion one of his vehicles in the Concours d'Elegance has become almost an annual event. His burgundy 1935 Auburn 851 Coupe with its limited-edition tan padded top is in this year's Concours, about the 10th year he has participated. He's owned the vehicle for about 15 years, since he bought it in Auburn, Ind.

"They did not do very many padded tops," he said of his vehicle's most unique aspect. "It looks very much like a convertible, but it's padded."

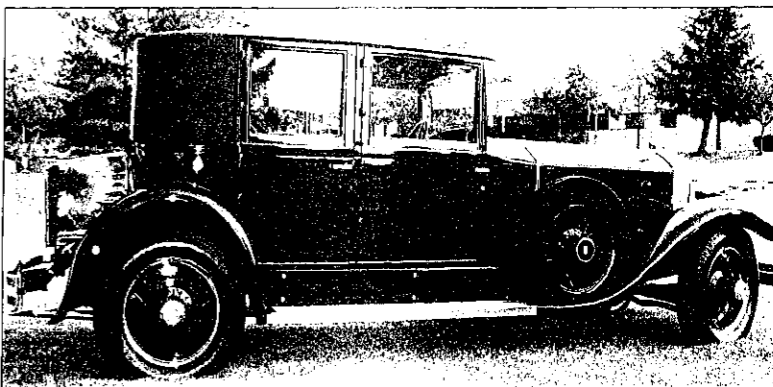
Barthel has built quite the classic car collection since he purchased his first, a 1936 Pierce Arrow, in the mid-1970s. He has since purchased a 1932 Nash, 1940 Packard, 1941 Cadillac 60 Special, 1941 Cadillac 62 Series convertible, the 1936 Auburn on display at this year's Concours and, most recently acquired, a 1938 Bentley convertible he purchased about a year ago.

As a regular at the Concours d'Elegance and a member of the private Classic Car Club, Barthel has built friendships with dozens of other classic car enthusiasts throughout the nation. The Concours is a reason for many of them to get together.

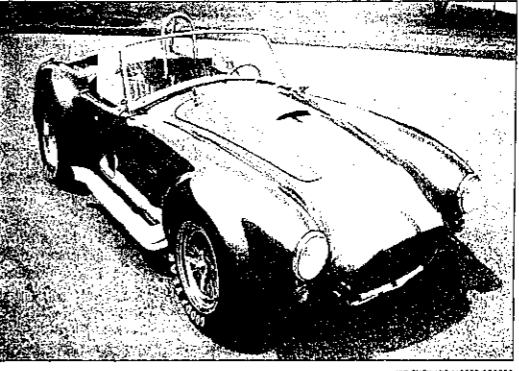
"I love seeing the people I may not have seen for two or three years," Barthel said. "You talk about the cars, travel... whose kids have kids now. It's a little bit like a Greek reunion, but with strangers too."

Markey and Barthel both plan to attend some of the social and educational events leading up to Sunday's Concours d'Elegance, as both have attended and enjoyed such events in the past. However, both look forward to the actual Concours the most.

"I really enjoy looking at other people's cars and enjoy other people looking at ours. It's kind of a two-way street," Barthel said. "We're in a dif-



Larry Markey's 1929 Rolls-Royce Springfield Phantom I Brewster



Tom Celani's 1966 Ford Cobra.

ferent economy. It's a lot of entertainment, \$25 per person to see millions of dollars in cars. It's a good bargain."

**NOVI CARS**  
Most people know him for his motorcycles, or rather his store - Motor City Harley. But it's Tom Celani's love of cars that has him participating in this year's Meadowbrook show.

"I've had some Ferraris over the years over there," he said. "This is the first time they called me and wanted a special car."

That would be his blue 1966 Ford

Cobra with a 427 engine.

It was in a Japanese museum for about 15 years before coming to California. A friend out west told Celani about it and he made the trip to California to see it.

"When you collect cars, people know what your favorites are," he said. "They don't really come up for sale; they're traded without people knowing about it. I fell in love with the Cobra, and we've owned it far closer to seven years."

The 1974 graduate of Novi High School has a couple of other rides that are worthy of any show - like a 1970 Chrysler Challenger with a

426 Hemi and his favorite, an Enzo Ferrari.

"The street showstopper is the Enzo," he said. "It's a piece of art."

He just put a new ZR1 Corvette with 650 horsepower, in his garage too.

"It's unbelievable as far as technology and power, for the price," Celani is a very successful businessman. In addition to his Harley shop, he is involved in real estate and the Celani Family Vineyard.

"We've got a rose, a chardonnay, a merlot blend, a cabernet blend and a cab - 'Tenacious'."

He's also been in the gambling business for 25 years. He used to own part of the Motor City Casino and is working on buying Greentown Casino out of bankruptcy, hopefully by the end of the year.

But he's been into automobiles "all my life. I used to race a vintage race GT 40, 1966, around the mid-west, Watkins Glen, mid Ohio," he said. "If I had to do what's on this car buff's wish list?"

"I'd like a 70s Chevelle SS," Celani said. "I'm just waiting for the right one to come along."

Novi resident Gene Ledbetter will also be showing his 1938 Packard Super 8 Convertible Sedan at Meadowbrook.

Chris Jackett is a freelance writer living in Redford. Cal Stone is the editor of the Novi News and the Northville Record.

**CELEBRATE** our Anniversary

Come up, trim down in a Snap!

Now's your opportunity to get more for your money and a better experience:

- Nearby and open 24/7
- No risk, no hassle - pay monthly
- FREE instruction and workout plan
- Personal trainers for faster results
- Comfortable, friendly environment

Get More For Your Money!  
Your FREE Online Training Center for better workouts. Online Nutrition & Meal Planning for healthier eating. Fitness Challenge for fun and faster results. Dollar for dollar, we're your best value.

**SNAP FITNESS**  
fast • convenient • affordable

**ANNIVERSARY SPECIAL**

**FREE ENROLLMENT!**  
**FREE ACCESS CARD!**  
**MEMBERSHIP UP TO 50% OFF!**  
**FREE WEEK TRIAL!**

**Novi**  
41774 West 10 Mile Road  
248-347-1788  
10 Mile & Meadowbrook

**SNAP FITNESS**  
fast • convenient • affordable

Expires 9/30/2009

**WHEEL GO**

**FUEL SAVER PACKAGE \$39.95**

- Motorcraft® Premium Synthetic Blend Oil and filter change
- Rotate and inspect four tires
- Check air and cabin air filters
- Inspect brake system
- Test battery
- Check belts and hoses
- Top off all fluids

**\$299.95 30/60/90K Maintenance Special**  
As prescribed in your scheduled maintenance guide, includes oil and filter change, lubrication, transmission service and air and fuel filter replacements. Additional services extra.

**\$189.95 "Save At The Pump" Special**  
Includes BG Fuel Induction Service, cleaning injectors, throttle body and fuel rails, also includes air and fuel filter replacement.

**\$149.95 A/C SYSTEM CHECK AND CHARGE**  
Includes pressurize, evac and recharge of A/C system, including full complement of R134a refrigerant.

**10% off accessories**

Bring this offer to your Service Advisor and receive the above savings on any single accessory item listed in this ad. Taxes extra. Offer valid with coupon. Expires 9/30/09.

Livingston County's Top Dealership Service Center

**Krug Hilltop Ford Lincoln Mercury**  
2708 East Grand River, Howell, MI 48843  
517-546-2250

**GENUINE PARTS & SERVICE**  
COME IN, KEEP IT!



NOVI CAMPUS

University of Findlay

The Dean's list for spring semester at The University of Findlay includes Wikom's Justice O'Malley, majoring in pre-veterinary medicine.

Ohio Northern University

Matthew A. Sims of Novi, has enrolled in the College of Pharmacy at Ohio Northern University for the 2009-10 school year.

Merit Scholarship

An additional 2,000 winners of National Merit Scholarships financed by colleges and universities have been announced by National Merit Scholarship Corporation (NMSC).

Included in the list is Novi's Goutham Kondapi and Nayya Talluri, both studying medicine at Wayne State University, and Nayya Talluri.

Northwood University

Novi's Lance W. Suttie received a bachelor of business administration degree, graduating with the spring 2009 class.

DePaul University

The following students from Novi graduated in June: Samantha Perry, magna cum laude with a bachelor of fine arts degree from The Theatre School; Charles Adams, cum laude with a bachelor of arts degree from the College of Liberal Arts Sciences.

The College of Wooster

Scott Smith, a graduate of Novi High School, has been named to the Dean's List for the spring semester at the College of Wooster, Smith, a junior philosophy major from Novi, achieved a grade point average of 3.65 or above.



The presenters will be (l to r) Dr. Judith Margerum, Jennifer Harvey, Eudora Adolph, Yudit Mesfin Johnson.

The Wealth of Women

ABWA program offers success tips

One meeting, four voices, and great tips for personal and professional success. That's what Eudora Adolph and three top professionals will bring with their incredible program called, "The Wealth of Women" on August 12.

EVENT DETAILS

The August 12 session of "The Wealth of Women" will be held in Novi at the Doubletree Hotel (4200 Crescent Blvd., southeast of I-96 @ Novi Road, near Bally's).

99 WAYS TO SHOP 'TIL YOU DROP!

Join ABWA on Wednesday, Sept 9 from 6:09-9:09 p.m., for "99 Ways to Shop 'Til You Drop!" Admission is only 99¢ at the door!

CALENDAR

For a complete listing of local and regional events, see the Novi Calendar online at www.hometownlife.com.

Local events

LIVE BLUES & JAZZ @ THE GRAPEVINE
TIME/DATE: 7 p.m. Thursdays, 9 p.m. Fridays and Saturdays
LOCATION: The Grapevine of Novi, 4315 Market Street

JAVA AND JAZZ JAM

TIME/DATE: 9-11 p.m. July 30, Aug. 27
LOCATION: Biggby Coffee, 4346 Grand River at the corner of Grand River Avenue and Novi Road

SUMMER MUSIC SERIES

TIME/DATE: 4-7 p.m. Saturdays
LOCATION: 12 Mile Cross at Fountainwalk, 4475 W. Twelve Mile Road, Novi

ROCK FINANCIAL SHOWPLACE

LOCATION: 4600 Grand River Avenue, Novi
CONTACT: (248) 348-5600
Novi Rubber Stamp and Paper Arts Festival

NOVI CHAMBER OF COMMERCE

The Novi Chamber of Commerce is an active, progressive chamber offering a variety of events, educational programs, an enhanced website, and involvement with local charities.



The Number Six Percussion Ensemble plays outside the newly-opened "Zoup" restaurant on Grand River last Saturday afternoon.

NOVI ROTARY CLUB

LOCATION: Novi Methodist Church, 41671 W. 10 Mile Road
DETAILS: Lunch is \$10 at meeting. Visitors welcome. Check Web site for speaker information: novirovaryl.org.

NOVI PUBLIC LIBRARY LINES

LOCATION: 45245 W. Ten Mile Road
SUMMER HOURS: Monday-Thursdays, 10 a.m.-9 p.m.; Friday-Saturday, 10 a.m.-5 p.m.

NOVI CHAMBER OF COMMERCE

22nd Annual Novi Chamber of Commerce Golf Outing
TIME/DATE: 8:30 a.m. registration; 9 a.m. shotgun start on Aug. 18
LOCATION: Tanglewood Golf Course

NOVI POLICE BRIEFS

Police catch drunk after he bumps into another vehicle

A 23-year-old Pontiac man was arrested at 6:03 a.m. on July 26 for operating while intoxicated after bumping into a car on Grand River Avenue east of Novi Road.

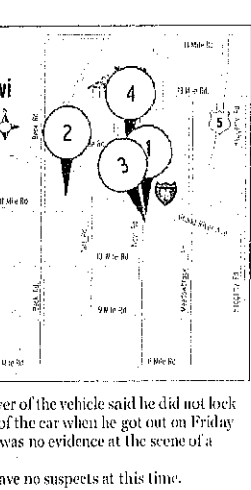
Unknown suspect breaks into Novi home

The owner of a home on Mandalay Circle had his home broken into while he was gone between July 18 and July 26.

Several items stolen from parked car

A total of nine air monitoring pumps from Testing Engineers and Consultants, a briefcase and a set of golf clubs were stolen between 8:30 p.m. July 24 and 6:30 p.m. July 26 from a Pontiac Firebird parked in the lot near the Post Box on Grand River Avenue.

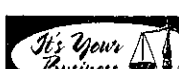
City of Novi



Witness helps police catch drunk driver

A driver on M-5 called police about a possible drunk driver after observing a Chevrolet Trailblazer crash into an exit sign and hit a couple construction barrels around 10:55 p.m. on July 28.

Check us out on the Web every day at hometownlife.com



Consider a New Career in a Franchise Business

In the current economic climate, many unemployed corporate executives may find it difficult to obtain comparable corporate positions. These individuals should consider a franchise business as an alternative.

'Harpeat'

Donna Novack and her "Harpeat" visited the Novi Civic Center on July 22 as part of the Novi Public Library summer reading program.



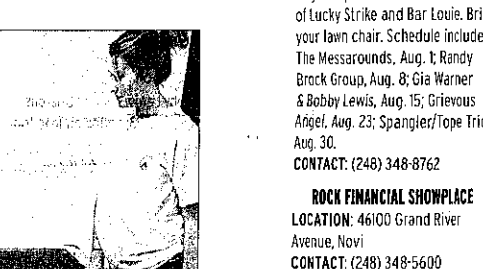
Donna Novack and her "Harpeat" visited the Novi Civic Center on July 22 as part of the Novi Public Library summer reading program.



Novi Teen Center attendee Sarah Rothstein, 12, plays hockey with center supervisor Kendall Ziegler.

Novi Teen Center attendees

Novi Teen Center attendee Sarah Rothstein, 12, plays hockey with center supervisor Kendall Ziegler. The Novi Teen Center, located inside the high school cafeteria, is open Mon-Thurs. 12-5:30 p.m. through early August.



Rachel Hanson, 14, left, and Megan Cox, 13, try out their skills on the Dance Dance Revolution video game at the Novi Teen Center on July 15.

Novi Teen Center attendees

Victor D'Uva, 11, left, and Joshua Brainerd, 11, were the only two attendees of the Novi Teen Center on July 15 who got into the theme of the day: 80s dress - which for them meant tie-dye t-shirts and afro wigs.

CITY OF NOVI NOTICE PETITION FILING DEADLINE Member of the Board of Education for Novi Community Schools Northville Public Schools South Lyon Community Schools

Proud to be a part of this great community O'BRIEN SULLIVAN FUNERALS, CREMATIONS, PREARRANGEMENTS 41555 Grand River Avenue Novi, Michigan 48375-1822 (248)348-1800

West Oakland Rib Cook Off & Family Fest TIME/DATE: noon-7 p.m., Aug. 9

Novi Teen Center staff and attendees check in at the start of a fun afternoon of activities at Novi High School.

VISIT OUR DESIGN CENTER 440 N. Lafayette, South Lyon SALES ~ DESIGN ~ INSTALLATION Cabins, Kitchens, Carpentry, Counter Tops, Bathrooms, Plumbing, Hardware, Laundry Rooms, Electrical, Plumbing, Offices, Masonry, Tile, Wet Bars, Roofing, Carpet, Basements, Insurance Repair, Hardwood Floors, Garages, Additions, Siding, Barriers Free, Windows, Roofing

Bruce W. Hatley is a member of the International Franchise Association and has represented franchisors and franchisees for nearly 30 years.

SEGGHI RENOVATIONS Design - Sales - Installation 248-437-2454 Don't relocate ... RENOVATE! \$500 OFF On your next remodeling project over \$5000.00

# City of Novi invests to keep city trees healthy and maintained

Novi was one of the first communities in Oakland County to acknowledge the spread of development and the increasing demands this placed upon natural resources. These natural resources are desired to be preserved and maintained because they constitute important physical, aesthetic, recreational, and economic assets to the community and its residents.

In 2006, the City of Novi commissioned Davey Resource Group (DRG), through a contract partially funded by a \$20,000 Michigan Department of Natural Resources Grant, to inventory and evaluate Novi's subdivision street tree population. The purpose of this project was to develop a comprehensive urban forest management program, including an inventory of Novi's subdivision street trees, a detailed tree management plan, and provide tree management software. DRG inventoried a total of 19,826 trees, planting sites, and stumps in subdivisions throughout Novi, estimating the asset at a legal total value of \$9.7 million dollars.

Since completion of the inventory, City of Novi staff has been actively utilizing the Tree Keeper Management software and plan resulting in improved customer service, reduced liability from hazardous trees and more efficient use of staff and equipment resources. The Tree Keeper Management software system enables staff to access information on individual trees adjacent to resident's homes and the entire inventoried urban forest. Ongoing updates are necessary to reflect new plantings, trees removed, current tree health, and other performed maintenance (deep root fertilization, pruning and staking).

Recognizing the benefit of the 2006 subdivision street tree inventory, the City of Novi applied for and received another \$20,000 grant from the Michigan Department of Natural Resources in 2008 to inventory approximately 14,000 park and major road trees via Global Positioning System (GPS) technology. The balance for the inventory (\$20,000) was funded by the City's tree fund.

The 2009 data has been collected by certified arborists including a board certified Master Arborist using GPS technology and imported into the City's existing tree management software. (See attached example) Upon data overlay, the 2009 inventoried trees will be viewable within the City's ArcGIS program, making it more efficient for staff to locate exact trees for routine maintenance and identify and remediate potential hazards.

For more information on Novi's preservation of natural features, visit cityofnovi.org.



Tony Mancuso launches a drive off the front tee box of the first hole at Kensington Metropark's new Black Forest disc golf course, which opened last week, as Cord Collins looks on.

## Kensington opens new disc golf course

BY PHILIP ALLEN  
STAFF WRITER

Goodbye Tunnel, hello Black Locust.

Disc golf aficionados have a new course to play at Kensington Metropark. Officials opened the Discraft-designed Black Locust course at the metropark last week, replacing the old Tunnel course, known as one of the better disc courses in the state.

The changes add more holes for users, as well as a new pay-to-play fee.

Fans of the Tunnel course will still find some of the old holes on the new Black Locust Course. Now, all the holes are found east of Huron River Parkway. The old course crossed the road near Martindale Beach.

There's a new parking area for disc golf players located across the street from the Martindale Beach parking lot.

Senion, chief communications officer for the metroparks. "Some of the holes are longer now, too. You don't have to cross the street for any of the holes."

When the original disc golf course opened in 1996, metropark officials never envisioned how popular the course would become. Had they known, Senion said the course would have been designed differently.

"Some of these holes were in sensitive areas we would rather have them not be with so much foot traffic," she said.

Another benefit of the new course is that the disc golf and equestrian trails no longer cross, which increases safety for both metropark users, Senion added.

There's a new parking area for disc golf players located across the street from the Martindale Beach parking lot.

There, users will find a manned toll booth and two practice baskets to warm up before the round starts. The course is set up with 18 holes north of the parking lot, which includes several of the old Tunnel holes, and the final nine holes to the south. The layout makes it convenient for players wanting to play nine, 18 or 27 holes. Score cards, which include the course layout, can be picked up at the booth.

About half of the holes offer two tee boxes.

"We are excited to offer new challenges to our disc golfers, many of whom have been playing here since the original course opened in 1996," said Kimberly Jarvis, Kensington Metropark superintendent.

Disc golf players will find daily wristbands to play the course cost \$2. Annual bag tags are available for \$50. Senior/junior rates are

\$30. Those bag tags give the user unlimited play at three metropark courses — Kensington, Hudson Mills and Stony Creek. Hudson Mills has two 24-hole courses and Stony Creek has one 24-hole course. Willow Metropark's disc golf course has no charge.

"We started charging at Hudson Mills a few years ago," Senion said. "People understand the maintenance of the course and that pay-to-play is here to stay."

Daily fees can be paid at the toll booth. Both the daily and annual fees can be paid at Kensington's main office.

A vehicle entry permit is required to enter any metropark. Daily fees are \$4 and \$20 annually. Find the metroparks online at [www.metroparks.com](http://www.metroparks.com).

[pallen@ghenell.net](mailto:pallen@ghenell.net)  
(248) 685-1501, Ext. 226

### Auto show not coming to Novi

The Detroit City Council refused to vote against legislation to expand Cobo Center on Tuesday, thus paving the way for a regional authority to run Cobo Hall and manage the \$288-million expansion to the facility.

Council was given an Aug. 1 deadline to reject the legislation with the Rock Financial Showplace in Novi being the back-up plan if council chose that route. The new plan will allow the North American International Auto Show to stay in Detroit in 2011.

### Diabetes support group

Are you looking for support to help manage your diabetes? You are not alone. Everyone needs some encouragement and a helping hand. Botsford Hospital's diabetes support group offers hope, camaraderie, as well as a valuable learning experience for those with a chronic disease.

The new support group meets the first Thursday of every other month from 7 to 8 p.m. starting August 6. The free sessions are held at the Botsford Wellness Complex located at 39830 Grand River Ave. in Novi.

Kay Sweeney, Diabetes Educator at Botsford Hospital, says, "Diabetes is a chronic disease that has to be monitored daily. Managing diabetes can be difficult and getting encouragement from others going through the same situation is extremely beneficial."

Community members faced with diabetes are encouraged to attend this support group. For more information, please call (248) 477-6100. Sizzling BBQ, Hot Rods and Cool Mustangs!

### National Night Out 2009

As part of the ongoing support Target provides to local communities throughout the country, Novi Target Store T1465, located at 27100 Wixom Road, Novi, Michigan, is hosting the 26th Annual National Night Out in partnership with the National Association of Town Watch.

In 2008, more than 37 million people across the nation participated in National Night Out by attending their neighborhood block party. Highlights of this year's National Night Out 2009 Block Party at the Novi Target, include:

- Midwest Medflight BK-117 helicopter from St. Joseph Mercy Hospital
- Police and Fire Departments
- Free food and prizes
- Free Child ID Kits, including fingerprinting and DNA
- Child safety seat demonstrations and safety checks
- Free raffles, including two children's bicycles and other prizes
- Inflatable Bouncy House for the kids

### BBO Rib Contest

Hot and tasty summer family fun is on the menu for the first annual West Oakland Rib Cook Off and Family Fest, Sunday, Aug. 9 at the Rock Financial Showplace, 46100 Grand River Ave. in Novi. Presented in part by Labatt beer and Young Country WYCD 99.9 FM, the all day event will feature as many as twenty BBQ Rib Teams, live music, local restaurant tastings, mechanical bull, rock climbing wall and family activities including a furry creature petting zoo.

"Over the past month, interest in the competition has really picked up," says Mary Jane Scott, Director of Sales for the Rock Financial Showplace. "In the world of BBQ, \$1500 plus prizes is a sizable first place purse, and contestants are really fired up about it. We are also getting a lot of interest from area restaurateurs who are eager for the bragging rights, as well as first-time local competitors who want to test their skills against seasoned teams. It's going to be great fun for all!"

"Experience West Oakland", a committee of the Novi Chamber of Commerce, was granted a



Incoming members of the Novi High School marching band work on getting their footwork correct as they practice on July 23.

Hot and tasty summer family fun is on the menu for the first annual West Oakland Rib Cook Off and Family Fest, Sunday, Aug. 9 at the Rock Financial Showplace, 46100 Grand River Ave. in Novi. Presented in part by Labatt beer and Young Country WYCD 99.9 FM, the all day event will feature as many as twenty BBQ Rib Teams, live music, local restaurant tastings, mechanical bull, rock climbing wall and family activities including a furry creature petting zoo.

"Over the past month, interest in the competition has really picked up," says Mary Jane Scott, Director of Sales for the Rock Financial Showplace. "In the world of BBQ, \$1500 plus prizes is a sizable first place purse, and contestants are really fired up about it. We are also getting a lot of interest from area restaurateurs who are eager for the bragging rights, as well as first-time local competitors who want to test their skills against seasoned teams. It's going to be great fun for all!"

"Experience West Oakland", a committee of the Novi Chamber of Commerce, was granted a

sanction from the Memphis Barbeque Network for this inaugural event. A panel of twenty professional and amateur judges will determine the contest results. The Grand Prize Winner will be invited to compete in the "Memphis in May" Barbeque Network Finals, May 2010. More information on the sanctioning body can be found at [www.MBNBBQ.com](http://www.MBNBBQ.com).

Registration information for interested contestants can be found at [www.experiencecvo.com](http://www.experiencecvo.com).

Restaurants located in Western Oakland County are invited to participate in the fun by offering samples of their most popular dishes. Exhibitors featuring cooking and barbeque related products are also welcome.

Also on Sunday August 9, the Rock Financial Showplace welcomes the Mustang Memories All-Terrain Car Show, featuring more than 500 Mustangs, and the Your Whip Midwest Showdown, a high performance automotive show offering 150,000 square feet of hot-rod heaven.

For more information, please contact Nancy

Schoenheide-Phares at (248) 486-3424 or [nsnow@cablespeed.com](mailto:nsnow@cablespeed.com).

### Road work update

The Meadowbrook Road bridge over I-96 will be closed for rehabilitation until mid-August. Continuing local construction includes:

- Northbound and southbound Novi Road entrance ramps to eastbound I-96 are closed until mid-September.
- Halsted Road in Farmington Hills is closed on I-696. Full closure between Hills Tech Drive and Howard Street is expected until late August. Halsted traffic will be detoured to Hungerty Road.
- Ramp from southbound M-5 to westbound I-96 until late July. Westbound I-96 traffic will be switched towards the median to maintain three through lanes of traffic during peak travel periods on westbound I-96 from the interchanges with I-275/M-5 to Beck Road.

Check us out on the Web every day at hometownlife.com

THINKING ABOUT...  
**CENTRAL AIR CONDITIONING**  
LENNEX  
Free Estimates  
Our 25th Year!  
**UNITED TEMPERATURE**  
8919 MIDDLEBELT • LIVONIA  
734-425-1930  
[www.unitedtemp.com](http://www.unitedtemp.com)

KNOW THE SCORE  
check out the numbers in today's Sports section

ROLLING STONE  
**"HILARIOUS"**  
Adam Sandler's best performance ever.  
Seth Rogen, wonderful throughout, is a hoot!  
Peter Travers

Adam Sandler  
Seth Rogen  
Leslie Mann

**FUNNY PEOPLE**

UNIVERSAL PICTURES PRESENTS  
"HILARIOUS!"  
"FUNNY!"  
"NON-STOP WALL-TO-WALL MADCAP ACTION!"  
"HILARIOUS!"  
"FUNNY!"  
"NON-STOP WALL-TO-WALL MADCAP ACTION!"

WALT DISNEY PICTURES  
**G-FORCE**  
GADGETS. GIZMOS. GUINEA PIGS. IN 3-D

Now Playing in Disney Digital 3D  
AND AT THEATRES EVERYWHERE  
Check Local Listings or Text GFORCE with your zip code to 43HX (43649)

STARTS FRIDAY, JULY 31

#1 MOVIE IN AMERICA!  
"NON-STOP WALL-TO-WALL MADCAP ACTION!"  
"HILARIOUS!"  
"FUNNY!"  
"NON-STOP WALL-TO-WALL MADCAP ACTION!"  
"HILARIOUS!"  
"FUNNY!"  
"NON-STOP WALL-TO-WALL MADCAP ACTION!"

WALT DISNEY PICTURES  
**G-FORCE**  
GADGETS. GIZMOS. GUINEA PIGS. IN 3-D

Now Playing in Disney Digital 3D  
AND AT THEATRES EVERYWHERE  
Check Local Listings or Text GFORCE with your zip code to 43HX (43649)

Check us out on the Web every day at hometownlife.com

Host an Exchange Student Today!

Make a lifelong friend from abroad.

Each year, thousands of students from other countries come to the U.S. to study and live with American families. Contact us for more information or to select your student today.

Please call Jose at 734-552-5273 or Amy at 1-800-677-2773 (Toll Free) [www.assc.com/host](http://www.assc.com/host)

Assc International Student Exchange Program is a 501(c)(3) Non-Profit, Public Benefit Organization.

## Tip-top Kensington golf course is challenging, but 'forgiving'

BY ANNETTE JANOSKI  
CONTRIBUTOR

Mark Nimer of Novi likes to call Kensington Metropark his home away from home. It's easy to see why.

"We're probably out here three times a week," said Nimer, who regularly walks the trails or tours the eight-mile bike path with his wife, Marie.

However, the biggest part of that time is spent playing the 6,345 yard, par 71 golf course around twice a week.

"The fairways are unbelievable, they're awesome. The greens are like putting on a carpet, a fast carpet," he remarked. "The course is just so pretty now that they have the new irrigation system."

Along with the incredible natural beauty, Nimer says the staff is friendly and accommodating.

"Part of the reason I come here is the workers are so nice. People here are very accommodating. I'm out here to golf and they get me out on the course even as a single, which is unusual for a course."

Go! Course Manager Ken Dean says Kensington is a very "forgiving" course.

"There are only a few holes out there that you might lose a ball on, hit it over a fence or out of bounds." A new irrigation system and groundskeeper Paul DuShane have the course in tip-top shape, according to Dean.

"This morning I had a guy who's played this course since 1965 and said he's never seen the course in such good shape," he said.

The natural beauty of Kensington Metropark is one of the main reasons for the course's popularity. The green slopes and undulating hills are eye-catching and noticeable from I-96. It has a loyal following with many leagues and contract golfers.

"A lot of people come down here and say they've seen from the



Jillian Draheim, Kathleen Kennedy and Corrin Hepburn at Kensington Metropark golf course.

highway and finally wanted to try it out," said Larry Wood, starter for the Metropark golf course. They also enjoy the wildlife that occasionally shows up during a round.

"In the evening you see a lot of deer, and on hole number eight with the water there are swans and osprey," observed Wood.

Number eight is one of his favorites as the only water hole on the course. It's a par three that requires a shot to clear the water and reach the green. Another favorite hole is number five, which is a challenging par five. Woods says the course is user friendly with four sets of tees, blue, white, gold and red and starting tees can be selected to adapt to the golfer's level of skill. The course slope is 115, with a handicap of 71.6 from the blue tees.

Larry Saue of Garden City takes advantage of the Friday afternoon round of golf.

"I've been golfing out here for years. They keep it up real nice and the rates are reasonable, especially for us retirees," said Saue.

Business is steady, said Dean, a little down earlier in the year perhaps due to economy and the bridge construction that closed the exit 151 at Kensington Road.

However, he notes that attendance at the Metropark is up significantly.

"A little over 36,000 more vehicles came through the park this year over last year's count," he added.

The course is open to the public and also features some "family friendly" times. Current specials include a \$5 rate for juniors age 17 and under when accompanied by an adult paying full price on weekends after 3 p.m.

Other specials include \$5 off 18 holes from 1 to 4 p.m. Monday through Friday and \$5 off 18 holes and \$3 off 9 holes for ladies all day Monday through Friday.

Couples nights are a popular event at the course, according to Wood. Twice a year the group finishes off their round of golf with dinner catered by Crank's Catering on the course. Crank's also provides snacks, drinks and sandwiches in the clubhouse.

Tournaments are regular events at the course and the most popular is the parent/child tournament scheduled for Saturday, Aug. 15. The Junior Golf tournament was recently held on July 13 and Men's tournament was held on July 20. For more information or to register for a tournament call (248) 685-9332.

Back-to-School  
**SPORTS PHYSICALS**  
Schedule Now

Drs. George Nicoloff and Elizabeth Morelli have early-morning and evening hours at their new, well-equipped office to make sports physicals fast and convenient.

In addition, the doctors provide medical care for the entire family, including:

- Sports medicine focusing on physicals, casting, splinting and injury care
- Child wellness checkups, sick visits and immunizations
- Women's health and wellness
- Preventive care and chronic disease management

George Nicoloff, M.D.  
Elizabeth Morelli, M.D.  
Board Certified Family Physicians

Call (248) 615-3564 to make an appointment for a sports physical today.

24230 Karim Blvd., Suite 120  
Novi, MI 48375

Beaumont



NORTHVILLE / NOVI CHURCH EVENTS

GOOD SHEPHERD LUTHERAN CHURCH
LOCATION: 4145 Nine Mile Road, corner of Meadowbrook Road, Novi
CONTACT: (248) 349-0565
Sunday Schedule
TIME: 8:45 a.m. Sunday School and Bible Study, 10 a.m. Worship
FIRST PRESBYTERIAN CHURCH OF NORTHVILLE
LOCATION: 200 E. Main St.
CONTACT: (248) 349-0911 or visit: first-presby.org
Sunday Worship
TIME: 9:30, 11 a.m.
Walking in the Park
TIME/DATE: 10-11 a.m. every Saturday
LOCATION: Meet at the Visitor's Center of Heritage Park (Farmington Road between 10 and 11 Mile roads)
DETAILS: Group meets for lunch afterwards.
CONTACT: Sue (734) 459-0016
Single Place Ministries
TIME/DATE: 7:30 p.m. social time, 7:45 p.m. opening, 8-9 p.m. program, every Thursday
DETAILS: Informative and entertaining programs of interest to singles, \$5 per person. Check Website for details: singleplace.org
OAK POINTE CHURCH
LOCATION: 50200 W. 10 Mile Road
CONTACT: (248) 912-0043 or visit oakpointe.org
Worship Services
TIME: 9:15 p.m. Saturday, 9:15 and 11:15 a.m. Sunday
ReNew Life Ministries
TIME/DATE: 7:15-9 p.m. every Monday
DETAILS: Drop-in Life Groups that support and facilitate personal growth, healing, learning and change from a Christian perspective
CONTACT: For more information or to register call (248) 912-0043 or visit oakpointe.org or call the church.
FIRST UNITED METHODIST OF NORTHVILLE
A Stephen Ministry church
LOCATION: 777 W. Eight Mile Road
CONTACT: (248) 349-1144 or fumnorthville.org
Sunday Worship
TIME: 8:30 and 10 a.m. through Labor Day
DETAILS: Pastors Rev. Dr. Steve Buck and Rev. Steve D'Angelo
Coffee hour at 10:15 a.m.
Healing Service



Gardens sought
Do you have a special garden or know someone who does? The Country Garden Club of Northville's garden seekers, Ronnie Cambra and Beth Russo are now scouting for the elite spaces that belong on the 17th Annual Original Northville Garden Walk. Please call Ronnie at (248) 348-6098 or contact them through the Website www.cgcnc.org.

TIME/DATE: 11 a.m. Sunday in the Chapel for singing, Bible study, and fellowship.
DETAILS: For single adults. Active ministry offering various Bible study classes, volleyball, bicycling group, tennis group, support groups, support group for widowed over age 50, fellowship, friendships and more. Contact the number below for more information.
CONTACT: (248) 374-5920
Bible Study and Prayer: Nights
Learn's Bible Study
TIME/DATE: 7 p.m. Mondays Room A101
Men's Bible Study
TIME/DATE: 6:30 a.m. Wednesday Single Adult Ministries office
Single's Bible Study
TIME/DATE: 7 p.m. second and fourth Mondays, Room C309
Softball League Sign-up
TIME/DATE: 6:15-7:30 p.m., Thursday evenings, through August 6
DETAILS: For single guys and gals; all skill levels welcome. \$30 due at sign-up.
CONTACT: Sign up at Ward Church, 40000 Six Mile Road, Northville (248) 374-5920.
CHURCH OF THE HOLY FAMILY
LOCATION: 24505 Meadowbrook Road
CONTACT: (248) 349-8847 or visit holyfamily.org
Mass Schedule
TIME/DAY: 7:30, 9, 10:30 a.m. and 12:15 p.m. Sunday; 9 a.m. Monday, Wednesday, Thursday, Friday, 6:30 a.m. Tuesday, Wednesday, Thursday; 7 p.m. Tuesday, 5 p.m. (English), 6:30 p.m. (Spanish) Saturday
Holy Days: 9 a.m., 5:30 and 7:30 p.m.
Reconciliation: beginning 9 a.m. Saturdays or by appointment
Adoptive Parent Networking Meeting
TIME/DATE: 10-11 a.m. last Wednesday of each month
DETAILS: Free, informational meeting open to all adoptive families in Oakland County. Child care is available. Registration is required.
DETROIT FIRST CHURCH OF THE NAZARENE
LOCATION: 21260 Haggerty Road, north of Eight Mile Road
CONTACT: (248) 348-1600 or visit dfr-family.org
Sunday Schedule: 9:15 a.m. Worship service with Praise Band, children's Sunday School and Adult Bible Fellowship; 10:15 a.m. Fellowship and refreshments; 11 a.m. Traditional worship service, Children's Church, Youth Sunday School and Adult Bible Fellowship; 6 p.m. Evening Service, Children's program, Youth Worship Service
Tuesday Schedule: Tuesday 9:30-11:15 a.m. Women of the Word Bible Study with childcare available for through age 5; 6:45 p.m. Ladies Evening Bible Study; 7 p.m. Men's Evening Bible Study
Wednesday Schedule: 5:30 p.m. Family Meal, \$4 per family, \$12 per family; 7 p.m. Children's Caravan, Club 56, Bible Study, Quilting, Adult Classes, Youth Blast
Thursday Schedule: 6 a.m. Men of Purpose Prayer Group; 7 p.m. Tae Kwon Do
ST. JAMES CATHOLIC
LOCATION: 46325 10 Mile Road, Novi
CONTACT: (248) 347-7178
Mass Schedule
TIME/DAY: 8, 9:30 and 11:30 a.m. Sunday; 9 a.m. Monday-Tuesday; 7 p.m. Wednesday; 5 p.m. Saturday
FIRST BAPTIST CHURCH OF NORTHVILLE
LOCATION: 221 N. Wing
CONTACT: (248) 348-9029
Sunday Worship: 10:45 a.m. and 5:45 p.m.
Ladies Bible Study: 9:30 a.m. and 7 p.m. Tuesdays
Men's Bible Study: 9 a.m. first Saturday of every month
FOUR COMMUNITY PRESBYTERIAN
LOCATION: 44400 W. 10 Mile Road
CONTACT: (248) 349-2345 or visit talkcommunity-novi.org
Sunday Worship 10 a.m.

'A Sleeping Country' to open
Comedy focuses on insomnia

Northville's Tipping Point Theatre will open its 2009-2010 season with a comedy about insomnia, 'A Sleeping Country.'
The opening performance for the Michigan premiere of Melanie Maruch's work will be at 8 p.m. on Aug. 22.
Preview performances, which include a post-show discussion with the director and cast are at 8 p.m. Aug. 20 and 21.
Ticket sales began on Tuesday. Prices range from \$18-\$27 and are available by calling the box office at (248) 347-0003.
Box office hours are 10 a.m.-5 p.m. Tuesday-Friday, noon-5 p.m. Saturday and 90 minutes prior to all performances.
The play, directed by Julia Glander, who has appeared on the Tipping Point stage, makes her Tipping Point directorial debut with 'A Sleeping Country.'
Comprising the play's ensemble cast are Sarah Knomo of Lathrup Village, Aaron T. Moore of St. Clair Shores, Andrea Boswell-Burns of Ann Arbor and Connie Cowper of Rochester Hills.
Crew members include Charlie Gaidica, scenic designer; Tod Barker, costume designer and properties designer; Rita Ghirali, lighting designer; Chad Keilman, sound designer; and Tracy L. Spada, stage manager.
2009-2010 SEASON LINEUP
Other productions in theatre's 2009-2010 season, titled "LAUGH," include:
"Every Christmas Story Ever Told (And then Some)," written by Michael Carleton, James FitzGerald and John K. Alvarez, Nov. 5-Dec. 20.
Three quick-witted actors put the audience to the test as they portray as many holiday traditions and stories as they can remember.
Stay faithful to traditional Tiny Tim (there's always next year) and hat to a show that takes Christmas traditions to the extreme. The Grinch, Frosty, Linus, Rudolph, Marley and more...in only 90 minutes!
If you liked "The Complete Works of William Shakespeare (Abridged)," you'll love this madcap romp through our beloved holiday season classics.
"The Lady with all the Answers," written by David Ramba, Jan. 28-Feb. 28, 2010. For decades, advice columnist Ann Landers answered countless letters from lovelorn teens, confused couples and a multitude of others in need of advice. No topic was off limits.
On a late night in 1975, in her Chicago apartment, an ironic twist of events confronts Landers with a looming deadline for a column dealing

Invisible Fence
Coming to a yard near you!

You may have recently seen one of our in your neighborhood, and a sign in a nearby yard.
That's because your neighbor chose a professionally installed Invisible Fence solution to keep their pet safe. Over the next few weeks, an Invisible Fence® Brand pet will train your neighbor's to stay within his new boundaries, which are temporarily marked with.
Soon, one more will have the freedom to run and play, safe at home, thanks to Invisible Fence.
Do you have a pet? Call us today for a FREE consultation!
1-888-271-2775 · InvisibleFence.com

Easy Financing & 1 Year Same As Cash
\$150 OFF or \$250 of upgrades/add ons
Offer Code: NI09. Present this coupon at time of purchase. Valid on Premium Outdoor Containment Solutions only. Not combinable with other discounts, offers or promotions. Not valid on previous purchases or redeemable for cash. Financing subject to approval. Invisible Fence of Tri-County customers only. Expires 8/31/09.

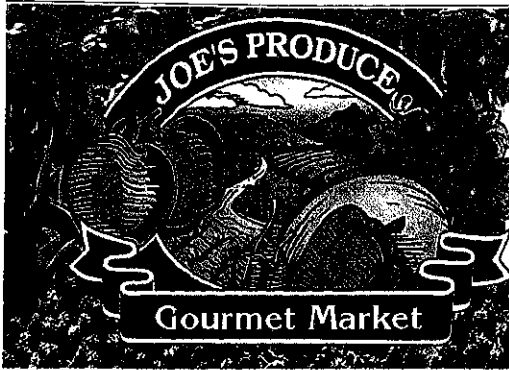
Announcing Our New Location in South Lyon!
PERSONALIZED HEARING CARE
is excited to announce the opening of our new office in South Lyon!
NOW THE SAME EXPERT CLINICAL EXPERIENCE AND PERSONALIZED PATIENT CARE IS AVAILABLE IN TWO LOCATIONS:
South Lyon & Westland
321 Pettibone Ave., Suite 105 & 35337 West Warren Rd.
248-437-5505 & 734-467-5100
Specializing In: Comprehensive hearing tests & hearing aids for over 18 years
We provide a complete line of hearing aids for every lifestyle & budget
Mention this special offer and receive a complimentary consultation or a FREE clean & check on your current hearing aids
NOW Accepting New Patients
PERSONALIZED HEARING CARE, Inc.
Audiology and Hearing Aids
321 Pettibone Avenue, Suite 105 • South Lyon, MI 48187

Milford Memories summer festival 2009
August 7, 8 & 9 Downtown Milford
ART ~ MUSIC ~ FOOD
Over 250 Artists ~ Live Music ~ Beer Tent
5K & 10K Run - on NEW COURSE ~ Civil War Encampment
Kids Area - Fishing Tournament & Ice Cream Eating Contest
Cold Butt Euchre Tournament ~ Blind Canoe Race
Fun for the whole family!
ADDITIONAL EVENT INFORMATION:
248-685-7129 or www.milfordmemories.com
or become our friend on Facebook
Don't forget to VOTE for Milford Memories on Click on Detroit's Vote 4 the Best!

PERFECT FLOORS
Carpet Installation Only \$139
FREE Credit
NO PAYMENTS NO INTEREST
We Pay Your Sales Tax!
Carpet & Hardwood Sale
Next Day Installation
Available On In-Stock Specials
While Quantities Last.
3/4" Prefinished Oak 2 Colors \$2.99
3/4" Prefinished Maple \$2.99
3/4" Prefinished Black Walnut 25 Year Warranty \$4.00
3/4" Prefinished Brazilian Cherry \$2.99
CARPET SALE In-stock
Dense, Durable Plushes, Heavy Twist, Berbers, and MORE...
Starting as low as \$9.99/sq. foot!
Remnants up to 70% off!
SUPPORT YOUR LOCALECONOMY
We are a Family-owned business, serving the local community since 2003. We are your neighbors - All of our employees live, work, and shop in the local community area. We will be here when you need us.
DONT GET LOST IN A "DO IT YOURSELF" WAREHOUSE
Our employees average over 20 years experience each in the flooring industry. Floor coverings are all we do and we do it right! We are service oriented and we GUARANTEE our work!
LOW, LOW PRICES!
We will match or beat any competitor's offer.
FREE IN-HOME ESTIMATES!
Visit us in our fully stocked showroom or let us come to you!

For a Happier, Healthier, Independent Lifestyle
Luxury Senior Living at Affordable Prices
We make your bed Daily Once a week-if at all
We remove your trash Daily Once a week-if at all
Two delicious meals Daily For an additional fee
Wash your bed linens and towels Weekly For an additional fee
Full cleaning service Weekly For an additional fee
Warm and fuzzy staff Always Every once in a while
Unlimited access to fitness center, theater with free movies and popcorn Always For an additional fee
Comprehensive Activity Program, Scheduled Chauffeur Transportation, 24 hour staffing and a full facility generator Always Not Available in every community
Medicare certified services, physical therapy and podiatry available within the community Always Not Available in every community
Weekly entertainment, complimentary Happy Hour, free ice cream socials Always Not Available in every community
Affordable Prices Always Once a year - special rates
Abbey Park - live a Life of luxury at our extremely affordable rates.
For more information call.
Grand Blanc
At Genesis Health Park
3221 E. Baldwin Rd.
Grand Blanc, MI
(810) 606-1110
Off Milford Rd.
Across from Coyote Golf Course
28413 Abbey Lane
New Hudson, MI
(248) 437-6550
www.abbeypark.com





**Jumbo Washington Cherries**  
**\$1.99** lb. **SAVE \$1.00 a lb**

33152 W. SEVEN MILE RD • LIVONIA, MI 248.477.4333 HOURS: MONDAY-SATURDAY 9-8 SUNDAY 9-6

## PRODUCE

Michigan Pascal Celery	Michigan Naturipe Blueberries	California Red Raspberries	Michigan Romaine Lettuce	Michigan Zucchini & Yellow Squash
<b>79¢</b> each	<b>2/\$4</b>	<b>2/\$4</b>	<b>99¢</b> lb.	<b>79¢</b> a lb. packaged

## DELI

<b>Boarshead Honey Maple Ham</b> <b>\$6.99</b> lb. <small>\$2.00 Off</small>	<b>Sara Lee BBQ Chicken, Smoked Turkey &amp; Honey Turkey</b> <b>\$5.99</b> lb. <small>All</small>	<b>Dearborn Brown Sugar Ham</b> <b>\$3.99</b> lb. <small>\$3.00 Off</small>	<b>Oldtyme Turkey Pastrami &amp; Hard Salami</b> <b>\$3.99</b> lb. <small>\$2.00 Off</small>	<b>Oldtyme Provolone &amp; Extra Sharp Cheddar</b> <b>\$2.99</b> lb. <small>\$2.00 Off</small>
<b>Boarshead All American BBQ Chicken</b> <b>\$5.99</b> lb. <small>\$4.00 Off</small>	<b>Our New Mediterranean Case Special! Tabbouleh</b> <b>\$5.99</b> lb.	<b>Lipari Oven Roasted Turkey</b> <b>\$3.99</b> lb.	<b>Jarlsberg Norway Cheese</b> <b>\$6.99</b> lb. <small>\$6.00 Off</small>	

**Patio Grill Open Fri-Sun 11a.m. - 4p.m. Burgers, Hotdogs, Corn & Ice Cream**

## BAKERY

**ALL MADE IN MICHIGAN!**  
**Bareman's Gallon Milk**

**\$1.99**

Limit 2 • All Varieties

**Bettermade 11 oz Potato Chips**

**2/\$6.00**

**Aunt Mids Dressings**

**2/\$6.00**

Mix or Match

**Joe's Zucchini Pineapple Bread**

**\$3.99** Save \$1.00

**Blueberry Muffins**

**\$4.99** Save \$1.00

**"New" Blueberry Crumb Coffee Cake**

**\$4.99** each

**"New" Blueberry Cheesecake Bars**

**\$1.99** each

**Joe's House Made Fudge Turtle, Fudge w/Walnuts & Fudge**

**\$4.99** Save \$2.00 a lb. lb.

**Joe's Fresh Roasted Cinnamon Almonds**

**\$4.99** Save \$2.00 a lb. lb.

**Joe's In-Store Fresh Roasted Coffee**

Flavor of the Week:

**Hazelnut \$5.99** Save \$2.00 a lb. lb.

### Everyday GOURMET

**Joe's BBQ St. Louis Ribs**  
**\$8.99** lb.

**Joe's BBQ Spare Ribs**  
**\$6.99** lb.

**Grilled Asparagus**  
**\$4.99** lb.

**Cherry Pecan Chicken Salad**  
**\$5.99** lb.

**Michigan Corn & Zucchini**  
**99¢** ea.

### Joe's Gourmet Catering & Events

**Catering for all occasions!**

Rehearsal Dinners, Showers, Corporate Picnics, Family Reunions and of course Beautiful Weddings!!

We can make it all happen!! Whether you are planning an elaborate gala, family gathering at your home, or you need breakfast for that early morning meeting, we can meet every budget!

Call our Event Planner  
**248.477.4333** x226

### WINE CELLAR

**"Made In Michigan"**

B. Nektar Meads

All Types

**\$15.99**

Victoria Creek Vineyards  
 Wooden Boat Red

Leelanau Peninsula

**\$19.99**

Shady Lane Cellars  
 Coop De Blanc Vignole

Leelanau Peninsula

**\$13.99**

Black Star Farms  
 Red House Rose  
 Suttons Bay

**\$12.99**



Prices good through August 2, 2009

THURSDAY  
July 30,  
2009

SECTION B  
(NN)

Jeff Theisen, editor, (248) 437-2011  
E-mail: jtheisen@hometownlife.com

NOVI PUBLIC LIBRARY

# LOCAL SPORTS

online at hometownlife.com

MICROFILM COPY



Q&A with  
Biggy  
Coffee  
Strictly Business, B5

## Coaching: Managing the highs and lows

BY JEFF THEISEN  
SPORTS WRITER

Coaching any high school sport could easily be compared to a roller coaster ride.

Kids get aboard with great expectations, and they will traverse through a season filled with highs and lows.

All the while, a coach or manager is the one instilled with the controls for what could be a great ride, or one filled with breakdowns and need of repair. Either way, one guy or woman stands out as the face of a program.

Coaching is more of a lifestyle rather than just something somebody halfheartedly deciding to do it for extra cash.

After sending out a questionnaire to several coaches from various sports and seasons, the average time a coach said they spent about 25 hours on their particular sport during the season. And that's on top of a full-time job for most and doesn't include offseason work with camps and planning.

High school coaches come in all shapes and sizes, but one thing they have in common is a passion for the sport and for dealing with kids.

Some coaches are clearly more successful than others, but that doesn't mean the struggling coach doesn't know what he or she is doing.

Take the South Lyon and South Lyon East situation for example. The best coach in the world would've struggled at South Lyon East, no matter what. A brand new school with no seniors hardly stood a chance to succeed, but don't blame that on the coaches. They were right there with their kids, through all the poundings, just waiting and hoping for the chance to celebrate the few but even more welcome victories.

Things should only get better for the Cougars as the school finally welcomes seniors walking through its halls.

On the other side are powerhouses like Lakeland softball, with five straight district and regional championships. It didn't happen overnight. Good programs start with good feeder systems, and that comes by a coach surrounding him or herself with other talented coaches from the ground up.

That certainly doesn't mean Alsip is just a coach enjoying the successes of others, but it allows him to coach kids that come in at a higher level to varsity play than most schools. He is good at molding the already solid foundation into a machine that spits out wins during the hardest time of the year to do so.

But while coaching on the field is what most people see, it's basically the portion of the iceberg seen above the water. Before the season starts, there could be a camp or individual instruction, a tryout period that most coaches despise but have to have and several practices leading up to and throughout the season.

Families of coaches know what it's like to have a breakfast and dinner parent - and that's on nights without evening games.

Several coaches either let it go or take a long time off when they have kids, because the sac-



Wildcat coach Julie Fisette leaves the huddle before a match against Plymouth. Fisette is one of a few coaches that have been with a program for more than 10 years.



Novi High football coach Tab Kellepoirey shakes the hand of running back Arshaun Hall who signed a letter of intent with Ferris State. Several coaches polled said one of the top moments of being a coach is seeing players from their program go on to the next level.

Novi High football coach Tab Kellepoirey shakes the hand of running back Arshaun Hall who signed a letter of intent with Ferris State. Several coaches polled said one of the top moments of being a coach is seeing players from their program go on to the next level.

Others make sure to pour out their souls at banquets and after-season parties to their loved ones for all the sacrifices they've had to make and endure during the season. And it's totally justified.

Coaches are often the target of overly ambitious parents and others who feel free to take a shot at them for whatever reason, through an e-mail or right at a game.

Coaches aren't perfect, and they'll be the first to tell anyone. But much like a kid starting the game, they try to learn from mistakes. Having a parent or someone else trying to run a coach out of town accomplishes very little. It might seem like a good idea in the short term, but what coach would want the job if they know the parents will try to run them out if they aren't doing what the parents want.

A coach has to be trusted by all involved in the program to properly succeed.

Now that doesn't absolve them from criticism, but understand a coach never intentionally does something to lose a game. A loss usually sits harder on a coach than it does for the players.

Coaches do make money for their actions, but it's certainly



CC head football coach Tom Mach takes his team through a preseason practice.

not a money-maker when all the time and sacrifices made are put into consideration.

A survey of several questions were sent out to area schools. The following is some of the replies.

**JULIE FISETTE**  
Novi volleyball  
(20 years, 17 at Novi)

Most rewarding aspects of being a coach: Watching your team accomplish a goal, the smiles on the faces of athletes that succeed and a letter of thanks from the former athlete that remembers you and what you have done for them.

Most important characteristics it takes to be a successful coach: Patience, love of the game and ability to work with others.

Biggest negatives of coaching: Being away from my family is becoming more of an issue because my kids are starting to play and not being able to watch them because of my own coaching responsibilities is hard. Tryouts and team selection - it always causes pain and anguish for all involved.

Advice for someone thinking about becoming a coach: Don't give up too soon. Taking over a program will take years to get acquainted and feel the rewards and desired responses. It will come, take care of your athletes and the rest will take care of itself.

Always remember that in order to coach an athlete you must make "deposits" into their

emotional bank, this will allow for withdrawals that won't send negative feelings.

**BILL DYER**  
CC basketball (19 years)

Most rewarding aspects of being a coach: The pride from being part of a winning team, building something from scratch and helping someone achieve their academic or personal goals is really something you can't put into words. You will also experience the joys of seeing your kids mature into great young men/women. My best moments honestly came when I get thank you cards saying how great it was playing for you or thanks for the great experience.

Most important characteristics it takes to be a successful coach: First and foremost you have to be knowledgeable about the game. You won't be able to fake that.

Biggest negatives of coaching: I've missed my kids a lot. They're 12 and 11 and I've really missed a lot and I'm sorry for that. I do the best I can to spend time with them and they've been great. I've got them brainwashed to think this is normal. My son enjoys all the people he's met and the experiences he's had in front of thousands of people. My family celebrates in the wins and we don't dwell on the losses. They share in all the good things.

Advice for someone thinking

Please see COACHING, B2



Novi's Wes Smith swims at EMU during the MHSAA state finals meet.

## KLAA winter season gets high marks from coaches

BY JEFF THEISEN  
SPORTS WRITER

The first season of the KLAA winter season brought many great battles and competitions throughout the league. The basketball season had one of the best KLAA Association games from any sport as Hartland knocked off South Lyon with a buzzer-beater.

Livonia Franklin girls basketball made a run to the finals. In bowling, Wayne finishing runner-up for the boys and Walled Lake Central finished in the final four in girls competition.

KLAA Hockey also flexed its muscles during the playoffs with Howell finishing runner-up in Division 1 and Novi placing in the final four of Division 2.

Hartland finished in the final four in wrestling team competition, and several wrestlers made it to the podium individually at the State finals.

The inaugural season for the four-division mega-conference had plenty of highlights, but it's also a league that is new and will need some improvements.

For South Lyon East, it was a bunch of firsts along the way as a school new to varsity sports.

The Cougars suffered their share of lumps along the way, especially as a school without a senior class. The East coaches are hoping the first senior class will bring much needed stability and leadership to the young programs.

The following coaches responded to a questionnaire about the first year of the KLAA Winter season.

**Mike Tomczyk**  
South Lyon East boys basketball

Expectations: We were in the new league last year and it was tough to take a class B school and play against very good class A competition. Expectations were not real high and they played out as expected. We competed well in some games and not so good in others.

How will seniors help the program: Having veteran or senior leaders on the floor is a huge factor, especially when it comes to end game situations. It is hard for players on the floor to hear instruction from the coach in intense situations so having someone that can instruct from the floor will give us an advantage. Seniors are also bigger, stronger and faster than they were the year before, and in a sport like basketball, that is important.

What is biggest need for improvement: Some wins will give our school some confidence and at this age, confidence goes a long way.

Biggest surprises last year: The support of the parents and the rest of the community were certainly a pleasant surprise.

Suggestion for changes: Not really to much that can be done playing in the KLAA.

**ROB LEADLEY**  
South Lyon East girls basketball

Expectations: There was no doubt in my mind that we were going to face tough competition in the new league.

How will seniors help the program: Our seniors have never had a class ahead of them at East, so they never had the opportunity to learn from upperclassmen. On the other hand, this will be the third year that they have been leading the way at East and that should help in terms of leadership. This will be special year for the first seniors at East and I

Featuring:  
Karastan, Stainmaster, Stanton, Masland, Shaw,  
Fabrica, SmartStrand, Mohawk and more!

### Newly Expanded! Now Rugs and Carpet too!

Bring in this ad and receive \$100 off\* your first flooring purchase!  
Plus, No interest! • No Payments 12 months

Competitive Pricing • Financing Available • FREE In-Home Measures  
Eco-friendly Choices • Wood, Cork & Bamboo • Expert Installation

The Original Since 1939 70 Years New!  
**HAGOPIAN**  
WORLD OF RUGS • CLEANING SERVICES  
NOVI SHOWROOM 43223 Twelve Mile Road  
(248) 449-RUGS www.originhagopian.com  
\*Expires 8/31/09

### COACHING

**FROM PAGE B1**  
about becoming a coach. First, start by clearing out the walls around your stairs going down to your basement. Fill the walls up with pictures of your teams. When the wall is almost full you will have a lifetime of memories. Second, if you want to get into coaching, you probably think you're going to have to give a lot of yourself, but you'll find you're going to get a lot more in return. Don't worry about winning and

losing. Everybody loses. Worry about getting better every day.  
**CORY HEITSCH**  
Novi boys basketball (2 years)  
Most rewarding aspects of being a coach: Just being able to get in the gym and work with young men is very rewarding and it is a privilege to have that opportunity and responsibility. Most important characteristics it takes to be a successful coach: Know and trust yourself but also with an understanding that you need to be flexible with what you are attempting to do

to make sure it works with your personnel. Even more important is you have to have a love and a passion for the sport you are coaching.  
Advice for someone thinking about becoming a coach: I would encourage people to e-mail or contact coaches in an attempt to become a volunteer coach or scout and go from there.  
**ROBERT SMITH**  
Novi cross country (23 years)  
Most rewarding aspects of being a coach: When athletes become adults and become friends. Just recently I received a phone call and an e-mail from two of my guys. There is a feeling of trust that extends far beyond the practice field. There is a relationship for life.  
Most important characteristics it takes to be a successful coach: Having a passion for what you do. Coaching is not a job. It certainly isn't a way to make money. Coaching is a way of life.  
Biggest negatives of coaching: Some of the biggest negatives with coaching are dealing with things that are not right but that I cannot correct. It is about restrictions, rules, regulations and red tape. I am happiest when I am simply out there with the athletes. I feel bogged down with jumping through the hoops that have seemed to be growing exponentially in the teaching and coaching profession.  
Advice for someone thinking about becoming a coach: If you are going to coach, give 110 percent and you will get 110 percent from your athletes and parents. Be willing to change and willing to listen.

**TODD SANDER**  
Northville boys basketball (9 years, 2 with Northville varsity)  
Most rewarding aspects of being a coach: Unbelievable highs that only players and fellow coaches can understand or relate to. We played in one of the most exciting games that I will probably ever be a part of in my whole career — a triple-overtime victory against Salem.  
Most important characteristics it takes to be a successful coach: Passion, it's not work if it's something you enjoy.  
Advice for someone thinking about becoming a coach: Surround yourself with a great staff at all levels and be comfortable with yourself. Whether game strategy or enforcing team policies, you are going to be second-guessed and cannot please everyone. You have to do it your way.

to learn competency in you coaching. Enjoy it or do not do it. Remember there will be up and down times, so look long term and not short term.  
**KATIE DUNCAN**  
South Lyon East softball (Finished 1st year)  
Most rewarding aspects of being a coach: To watch the girls learn the game and really improve on their skills. Not all of them will go on to play ball in college, but the work they put into practicing for 2-3 hours, six days a week really shows at the end of the season. It is great to see them progress and mature over only a 4-month period. And for the ones that do play in college, it feels just as great to us knowing that we were a part of them getting there.  
Most important characteristics it takes to be a successful coach: Dedication — not only to your players, but to the parents and the administration, humility to admit when you are wrong at times and honesty and truthfulness.  
Biggest negatives of coaching: Working out of the school district and commuting an hour and trying to get to everything on time and being away from my husband so much. It takes a toll on both of us from January to June, being still somewhat new to the sport.  
Advice for someone thinking about becoming a coach: Keep the goals and expectations within limits for themselves and for the team. Really get to know your players and what they want to get out of the season and out of high school athletics. Also, discuss their expectations and goals with the team so the girls/boys know what is expected of them.

**GREG DURHAM**  
Northville Lacrosse (13 years in coaching)  
Most rewarding aspects of being a coach: The most rewarding aspect of coaching isn't during the season of a player, but where they end up after. I try to keep in contact with guys that have graduated every so often to see how they are doing. One practice this past season, I was running late and pulled in and saw 40-50 players on the field. When I stepped into practice, 10-15 former alumni were suited up and got into the drills and even played in the team scrimmage. It is great to see my former players come back to visit and take interest in the team. It shows the younger guys that family-type of program that we run and that they are welcome anytime. I believe that it really helps build the program.  
Most important characteristics it takes to be a successful coach: Honesty and integrity. I am brutally honest with every player on my team. It may not be what they want to hear sometimes, but they know before hand what to expect from me as a coach.  
Biggest negatives of coaching: Definitely being away from my family.  
Advice for someone thinking about becoming a coach: You are only as successful as your assistants. I have a great staff that I am very proud of — family men, who can role model for the boys. The other thing is make sure that you have a nice packet to give to every parent organizing your policies for your team. Finally, be consistent in your decisions. It will help you in the long run when building your program.  
jlduncan@gmail.com  
(248) 349-9700, ext. 228

why these kids are not playing. Advice for someone thinking about becoming a coach: It is much harder than I thought it would be. When I decided this is what I wanted to do in high school I thought it was a lot easier, but now I know that if you want to do it right it takes a lot more than a couple hours a day. There are a lot of behind the scenes things that I never knew about, and I would always do research before taking a coaching position on what the policies and procedures are.  
**BRETT VAUGHN**  
Milford baseball coach (2 years experience)  
Most rewarding aspects of being a coach: Being able to see growth through an extended amount of time.  
Most important characteristics it takes to be a successful coach: Patience, dedication, hard work and being a good oriented.  
Biggest negatives of coaching: Spending time away from my family is a big negative, but I would say the biggest negative is dealing with angry parents and

while it will include some obvious courses on everybody's list, it probably is not your list. It does include both private and public facilities.  
**Dave's Faves in alphabetical order:**  
• **Aranda Bluffs** — spectacular links style course along Lake Michigan. As the wind blows, so will one's score. No. 17 is an awesome par 3 when played with a breeze in your face it can be particularly difficult to score.  
• **Bethelwood** — Tom Watson spent his summers on this gem in Charlevoix. No. 16 is a shorter par 4 with the green wedged into the side of a hill. Great fun particularly if the hole location is on the right side of the green. Beware of an overly aggressive put.  
• **Crystal Downs** — Alstair

Mackenzie design with support from Perry Maxwell recognized as one of the finest courses in America. No. 10 is a great par 4 that demands an approach shot kept below the hole. If not, 50/50 chances you may put off the green.  
• **Eagle Eye** — Newer course with a lot of great holes including an exact replica of the 7th at the TPC at Sawgrass (Island Green). One of my favorites is no. 15 which is a par 4 that has a raised green with severe slopes around with collection areas for any wayward shots.  
• **Franklin Hills** — A great Donald Ross design. No. 2 is a superb par 4 with a severely slanted green... do not be above the hole on your approach shot if at all possible.  
• **The Galles** — One of three courses at Lakewood Shores Resort. It is a very challenging links layout with hidden fairway put bunkers throughout. Bring your "A" game

and you'll have a great time.  
• **The Heathers at Boyne Highlands** — Robert Trent Jones design, no. 18 is a great risk reward hole that requires an approach shot over the lake for any realistic chance at a birdie finish.  
• **Indianwood Old** — My home course, it plays different each day depending on the wind. No. 18 is a great finishing hole with a huge green. Putting over and around some of the buried elephants can be a challenge!  
• **Kingstley Club** — Newer course receiving excellent national exposure. No. 9 is a modest par 3 until you get to the green. Unless you are below the cup you may have some interesting challenges. If chipping or pitching on from behind the green, good luck!  
• **Meadowbrook** — Great set of green complexes throughout the course. No. 9 is a great shorter par 4

your body will generally tell you when you are doing too much, some people may not know (or listen to) the signs of overtraining. Overtraining is difficult to measure, but here are a few signs to look for:  
• Persistent leg soreness, general aches or pain in muscles and joints  
• Washed-out feeling, tired, drained, lack of energy  
• Insomnia  
• Headaches, insatiable thirst or signs of dehydration  
• Inability to relax, twitchy, fidgety

This column was written by fitness expert Chris Klebba. Chris owns and operates Planet Fitness in Northville and Waterford, and is a regular columnist and public speaker. For fitness questions, e-mail planet.fitness@cityjournal.net and for more information, call (248) 449-7634 or go to [www.planetfitness.com](http://www.planetfitness.com).

**BELLE TIRE CONCERT SERIES**

**MEADOW BROOK**

**SUMMER NIGHTS 2009**

DETROIT SYMPHONY ORCHESTRA

**FINAL WEEKEND!**

Friday, July 31 • 8 pm *Big Band Bash*  
CELEBRATING 60 YEARS OF BENOY GOODMAN

Saturday, August 1 • 8 pm *All Beethoven*

Sunday, August 2 • 4 pm *Musical Magic*  
CHILDREN'S MATINEE

Love a pack for only 1.00. Pavilion a pack for 1.00!

TICKETS AVAILABLE AT [PALLACENET.COM](http://PALLACENET.COM)  
145 HAZEL AND MEADOW BROOK MUSIC FESTIVAL  
BOX OFFICES AND 1-800-228-2843

**BELLE TIRE CONCERT SERIES**

**DTE Energy**

**MEADOW BROOK**

**TOMORROW**  
ANITA BAKER CD 8:00PM  
DTE ENERGY MUSIC THEATRE

**THIS SATURDAY**  
TRAVIS TRITT X 7:30PM  
W/RANDY HUISER  
DTE ENERGY MUSIC THEATRE

**THIS SUNDAY**  
MARILYN MANSON / SLAYER X 2:30PM  
W/KILLSWITCH ENGAGE, MUSHROOMHEAD,  
TRIVUUM, OVIWAH, COMPSE and MORE  
ROCKSTAR ENERGY DRINK MATRIX FESTIVAL  
DTE ENERGY MUSIC THEATRE

**AUGUST**

THE TEMPTATIONS / THE FOUR TOPS X  
DTE ENERGY MUSIC THEATRE

NEWSBOIS X  
W/SUPERBLICK and SEVENLORY  
DTE ENERGY MUSIC THEATRE

JIRA BATHMAN  
MEADOW BROOK MUSIC FESTIVAL

THE MOJO BLUES X  
DTE ENERGY MUSIC THEATRE

September 5  
The Circus  
Starring  
Britney Spears  
w/Clay Aiken and Kuba  
DTE ENERGY MUSIC THEATRE

**FOR A COMPLETE SCHEDULE VISIT PALLACENET.COM**

**Are you dreaming of a perfect golf course?**  
Online Poll: Which public course on the U.S. Open rotation would you most like to play?  
Here's how our readers responded to our online four-week poll:  
Pebbles Beach in Monterey, CA 0%  
Botha Park in Long Island, NY 100%  
Pinehurst #2 in Pinehurst, NC 0%  
Other 0%

**TEE TIME** Your local golf guide

**My favorite courses in Michigan**

By David Graham

In my position as Executive Director of the Golf Association of Michigan, it is probably a politically incorrect position to express what golf courses make my personal list of favorites for various reasons. But like you, I do have favorites around the state of Michigan and I am willing to provide my two cents on the topic. This list is courses that if invited, I would make time in my schedule to play in a heartbeat. I must state up front that I have not come close to playing all of the fantastic courses in this state. We are so fortunate to have so many great options. Also, I believe there is a bit of a halo effect on one's likability assessment based on how well one plays and scores at a particular course. I suspect that influence has impacted my selections. So this assessment is very subjective, and

**Call Now for 2010 Early Bird League Specials**

Sign up your 2010 Golf League now and qualify for limited time incentives!

**CALL TODAY!**

**IRONWOOD Golf Club** 517-546-3211  
6902 E. Highland Road, Howell, MI 48846

**Enjoy the REWARDS of Subscribing Today!**

Save with special offers from the following sponsors:

- Applebee's
- Busch's Supermarket
- Dairy Queen
- Emergence Theatres
- Antastico Shaw's
- Hungry Howie's Pizza
- Subway
- Powerhouse Gym
- Tandemwood Restaurant

**Mail to: Hometown Weeklies, 41304 Concept Dr., Plymouth, MI 48170**

Name:  \$22.40 (for 12 months) PAYMENT ENCLOSED  BILL ME  ENROLL ME IN THE E-Z PAY PROGRAM

City:  State:  Zip:

Phone:  E-mail:

Credit Card Information:  VISA  MasterCard  Discover Start Date:

Credit Card Number:  Exp. Date:

Signature:

**For more information, please call 1-866-887-2737**

**A Family Adventure!!!**

**African Safari Wildlife Park** Fun for All Ages

**FEED THE ANIMALS** Open Rain or Shine!

**Pay ONE Price**

**Free Animal Food** **PONY RIDE**

**Jungle Junction Playground**

**Entertaining & Educational Animal Programs**

**Free Haircuts** **CAMEL RIDE**

**Toll Free 1-800-521-2660**

**Phone: 419-732-3606**

**\$300 OFF \$200 OFF**

REGULAR TICKET (7 YRS. & UP) CHILD TICKET (4-6 YRS.)

Good for up to 6 people with coupon.

May not be used in combination with any other offer.

**Open March 20 - November 1** (subject to change)

267 Lightner Rd., Port Clinton, Ohio

Only 17 miles west of Cedar Point via Route 6 West to State Route 267 West exit #24, 53 North

**www.AfricanSafariWildlifePark.com**

**Eagle Crest Golf Club August Special**

Seniors 2 Players for \$48.00  
18 Holes w/cart  
Valid Monday-Friday 7am-11am  
(Excludes Holidays)  
**734-487-2441**

After waiting all winter long, it's time again to welcome golfers back to the greens!

Be sure to contact us about this great opportunity to keep local golfers excited about their sport.

**To ADVERTISE PLEASE CALL TODAY!**  
OAKLAND COUNTY: 536-826-7363  
WARWICK COUNTY: 734-582-8363  
W. ST. OAKLAND COUNTY: 248-437-2011

**PUBLIC COURSES**

**August Golf Specials** Great golf at an excellent price.

**\$25 GREEN FEE & FREE LUNCH**  
W/CART, MONDAY - FRIDAY 12PM-2PM

**\$29 SENIOR GREEN FEE**  
W/CART, WEEKENDS ANYTIME

**\$39 GREEN FEE**  
W/CART, WEEKENDS ANYTIME

734.729.4477 39670 Ecorse Road, Wayne  
**WWW.THEWOODLANDS.COM**

STONEBRIDGE Golf Club  
Supersaver Coupon  
Before 8:00am... M-F 125 Sat & Sun 125  
3:30am-1pm... M-F 125 Sat & Sun 140  
1pm-4pm... M-F 125 Sat & Sun 150  
Week Special: M-F after 4:00pm 75 Sat & Sun after 4:00pm  
Seniors: M-F all day Sat & Sun after 1pm 24.00

**GATEWAY GOLF CLUB**  
248-486-8777  
Senior 18 w/cart \$23.00 cash only  
55+ yrs/Mon-Fri before 2pm  
Mon or Tue 18 w/cart \$25.00 cash only  
Mon-Tue before 6pm must bring coupon and valid for a pay/other payment form will be charged reg. rates not valid: leagues, outings or other specials/requires 9/7/08  
**BOOK ONLINE TO SAVE \$\$**  
CATTAILS GOLF CLUB

**Eagle Crest Golf Club August Special**  
Seniors 2 Players for \$48.00  
18 Holes w/cart  
Valid Monday-Friday 7am-11am  
(Excludes Holidays)  
**734-487-2441**  
Golf Digest 104, Fall 185, 186, 187

29	35	45	55	65	75	85	95	105
Mon-Fri Before 6pm	Mon-Fri 6pm-11pm	Mon-Fri All day	Mon-Fri After 4pm	Sat & Sun All day	Sat & Sun After 4pm	Seniors M-F	Seniors Mon-Fri	Seniors Mon-Fri



# Regional Marketplace

Local news that fits your life

Call (888) 366-3742 to start your subscription today!

Get to know people, places & things to do in your community & more.

ADVERTISING FEATURE



**Taking care of your other instrument**  
Physical therapist helps musician's injury

PHOTOS BY ALISON BERGSIKER

(Left) Kristie Sherman Kava, PT, MS, DScPT, OMPT works with music student Sarah Slonim on postural training to strengthen Sarah's large trunk muscles and relieve tension in her forearms, neck and back.

(Below) Kava assists Slonim in a side plank to build endurance, strength and stability.

BY ALISON BERGSIKER  
ADVERTORIAL COORDINATOR

Students enrolled in Michigan State University's College of Music challenge themselves daily with private practice, workshops, classes and concerts.

Sarah Slonim, a senior jazz piano student at MSU, practices two to three hours each day on top of her normal class schedule.

Just before the end of her junior year in April, she decided to double her playing speed on technical exercises to improve her overall performance.

"I was working a lot harder and started to feel soreness in the top of my forearm that would reoccur and go away every five minutes," Sarah said. "It got to the point where the pain was in both arms all the way up to my elbows. I was supposed to write a 9-page paper but I couldn't type or write, and I had to pass up an internship this summer to allow time to recover from the injury. By finals week in May, I couldn't drive and I couldn't pack my clothes."

Sarah, originally from Seattle, Wash., decided to stay in Michigan with relatives this summer and began therapy at Oakland Physical Therapy, P.C. in Novi with Kristie Sherman Kava, PT, DScPT in hopes to go back to school in the fall with the ability to continue her rigorous school and practice schedule.

### Performing Arts Physical Therapy

Dr. Kava, co-owner of Oakland Physical Therapy, P.C., is an orthopedic manual physical therapist who has worked with musicians for many years. She is a certified Stott Pilates instructor and has performed doctoral degree research involving musicians' injury prevention and treatment.

Also a member of The Musicians

Wellness Team at MSU's College of Music, she was eager to help Sarah improve her injury symptoms and prevent it from happening in the future.

"Musicians work very hard to perform beautiful music regardless of what instrument they master," Dr. Kava said. "Sarah works hard at her music and is one of the most motivated and compliant patients that I have ever treated."

Dr. Kava began treatment by evaluating Sarah while playing the piano to develop more efficient body positioning and to ensure that Sarah was using the appropriate muscles. Further treatment included deep tissue massage, flexibility exercises and joint mobilization and range of motion for shoulders, upper back and ribs. Dr. Kava developed a program to strengthen Sarah's weaker trunk muscle (known as the core stabilization) by using a Pilates mat and reformer program to increase flexibility, strength and endurance.

"Before doing the rehabilitation,



to use her larger abdominal and back muscles to support her arms thereby reducing the workload and symptoms in her arms.

While Sarah is still improving, she is seeing dramatic differences in her ability to perform.

"I've come a long way since we started," Sarah said. "I can now play for longer periods of time without pain."

And when she returns to school in the fall, she'll have access to MSU's Wellness Team to continue her efforts.

"Young musicians are such an important population because they can have chronic injuries that can change their whole career," Dr. Kava said. "It's a very prominent problem in musicians that's just beginning to come to light. Repetitive stress injuries occur within people of all ages and activities. Musicians need to develop healthy practicing techniques and become more aware of their body positions and posture while playing their instrument and while performing functional activities."

### About Oakland Physical Therapy

Oakland Physical Therapy specializes in orthopedic manual PT and stabilization exercises using the Stott Pilates method. These treatment and injury prevention

methods are effective and valuable for all types of patients. Pilates training is available at Oakland Physical Therapy, P.C. with individual and group sessions.

Visit [www.oaklandphysicaltherapy.com](http://www.oaklandphysicaltherapy.com) or call 248-380-3550 for more information.



I had tension in my shoulders and neck," Sarah said. "We started doing a lot of work to strengthen my core and that takes a lot of pressure off of my shoulders, neck, back and forearms."

### Core strength

The core training forced Sarah

**Oakland PHYSICAL THERAPY, P.C.**

Frank Kava, PT, MS, OCS, OMPT  
Kristie S. Kava, PT, MS, DScPT, OMPT

Specializing in Orthopedic, Sports and Performing Arts Physical Therapy

(248) 380-3550

Pilates Classes Available for Individual and Group Sessions  
Now offering Massage Therapy, please call the office for more details.

**NOW SIGNING UP FOR FALL CLASSES**

Oakland Physical Therapy, P.C. 26850 Providence Parkway / Suite 365 / Novi, MI 48374

