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# Clarkston News

's Award-Winning Newspaper Since 1929

Vol. 78 No. 34 Wed., May 16, 2007

3 Sections 68 pages 50¢

## Keep our cops

### Clarkston Police Committee comes down in favor of current system

BY LAURA COLVIN

Clarkston News Staff Writer

Let's keep the Clarkston Police, and let's keep them on duty 24-hours a day. But let's make significant changes to departmental operation and supervision policies—or lack thereof.

The Clarkston Police Services Committee delivered those recommendations in a long-anticipated, emotionally-charged city council meeting Monday.

In an oral and written report, the committee presented a five-point list of recommendations, then answered questions and responded to comments from the council and others.

In addition to retaining the police department and reclaiming the midnight shift from the Oakland County Sheriff's Office, the committee also advised council to conduct a "prompt and thorough" public search for a qualified police chief.

Interim Chief Jim Thompson, who served as the city's only full-time officer under the previous administration, was appointed to hold down the position after Ernest Combs was fired from the position March 5.

Several members of council expressed belief that Thompson is a viable candidate for a permanent chief's position.

The committee also asked council to follow city charter doctrine when supervising the police department.

Last, the group recommended establishment of a citizen's board to partner with the police chief and city manager to establish and monitor departmental standards, and review complaints made against the city's police force.

Such a board, explained committee member Tom Stone, would let officers and the department know the city's 962 residents are part of the police process.

"Comments (currently and previously) go to the chief and nothing is heard thereafter, good or bad," said Stone, noting such committees are not unusual in communities across the country. "We felt this would encourage officers to be more sensitive to the reality that they are serving the people on the street."

It would also add an additional and much needed step to due process of complaints, he said.

The committee also wanted to establish a citizen's board for record keeping purposes.

"What we envisioned was all complaints getting addressed that way," said Charles Inabnit, police committee chair. "Whether the chief acts on it, or it needs to go further, that way there's a record kept on all incidents."

Currently, he said, no such records exist.

"There's a lot of good that doesn't go reported," he said. "As a matter of fact, nothing goes reported. That was one of the key complaints (of residents), that nothing is showing up in the sheriff's log. Nothing."

Although some committee members previously expressed trepidation over a recommendation to retain the department, results of a survey indicated a majority

Please see Survey on page 14A



## Keeping the beat

Clarkston Elementary student Austin Smith takes part in "Drums Alive" during the school's Festival Day. Students had the opportunity to learn about exercise, dental hygiene, nutrition, and many other health and fitness topics. Photo by Laura Colvin

## Elected board members say district needs careful cutting

BY LAURA COLVIN

Clarkston News Staff Writer

Cheryl McGinnis struggled with the decision to spend \$400 on campaign signs during her bid for school board

In the end, she decided to go for it.

"My heart kept saying 'there's a price to pay for this, Cheryl,'" McGinnis said, noting people often rely on campaign signs to remember a school election. "I felt an obligation to the community, to the people who don't have kids in school and might not be paying attention to the issues in the paper."



McGinnis

The signs went up, and McGinnis emerged as the top vote-getter, with 1,526 votes, or 39.91 percent.

McGinnis, 48, who works as a payroll specialist for Contract Professionals, Inc., said she put out 45 of the 50 signs,

and asked a few friends to write letters to the local papers, but didn't do much campaigning otherwise.

"I felt if my name and the activities I've done in this community couldn't speak for me," she said, "than what could?"

McGinnis has been involved with the district's schools since her oldest daughter, a current Western Michigan University student who graduated from Clarkston High School in 2004, entered preschool. Her second oldest graduated in 2006 and is attending classes at Oak-

land University, and her son is a sophomore at CHS.

McGinnis is looking into certification courses with the Michigan Association of School Boards, and hopes to complete several of the nine required classes while her workload is lighter during summer.

Once she takes her seat on the board in July, McGinnis said she'll keep her eyes and ears open to gain knowledge and perspective on tough financial issues facing Clarkston schools.

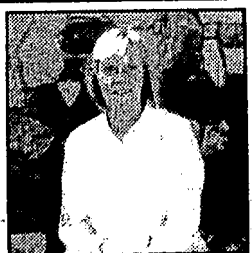
"I am cautious, yet I want to be very

Please see School Board on page 14A

### Millstream

Nancy Riddle makes time for the simple things in life

Page 1B



### Inside Features

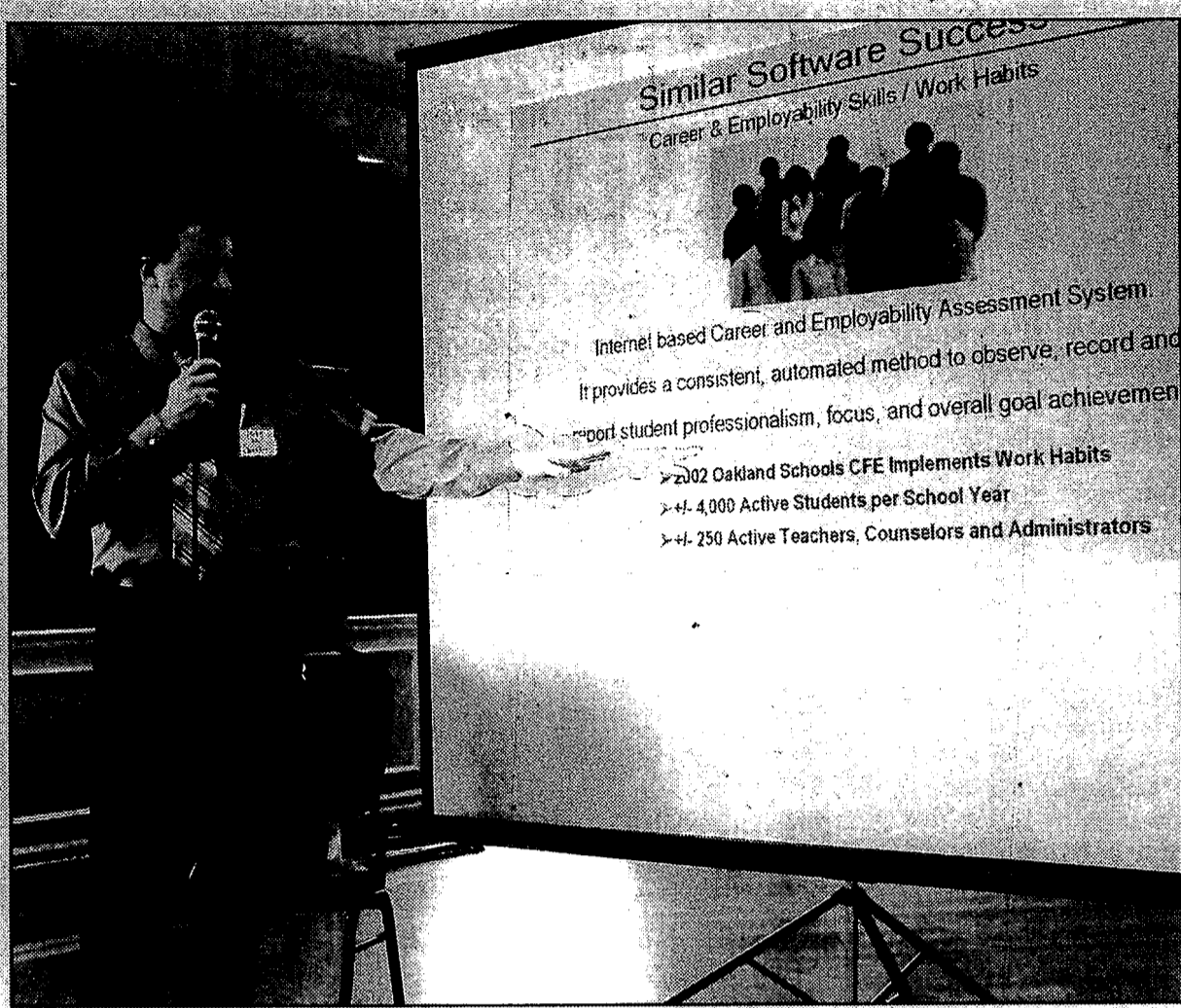
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### Sports

See how Clarkston ran at the OAA meet

Page A16



## Sharing opportunities

Mike Kelly of Opportunity Networks.net points out some features of his Web site to Clarkston Area Chamber of Commerce members.

Kelly was the guest speaker at the April 26 chamber mixer at Liberty Golf and Country Club.

The network connects students in the Oakland In-

termediate School District with local businesses for internships and summer jobs. The Chamber's luncheon mixers are once a month.

The next is tomorrow, May 17, at Boulder Pointe in Oxford.

Photo by Phil Custodio

## The Clarkston News

Celebrating over 75 years of Community Journalism

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Phone: 248-625-3370 • Fax: 248-625-0706

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### SPRING CLEAN-UP

#### HOUSEHOLD HAZARDOUS & ELECTRONICS COLLECTION DAY

May 19, 2007

#### Charter Township of Independence

6050 Flemings Lake Road

8:00 a.m. to 3:00 p.m.

Call DPW at 248-625-8222 for further details

NO COMMERCIAL VEHICLES WILL BE ALLOWED

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#### CLEAN-UP FEE SCHEDULE

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Auto with single axle trailer	15.00
Pickup truck or van	15.00
Pickup truck with single axle trailer	30.00
Flatbed single axle truck	30.00
FREON REMOVAL	20.00 per unit
TIRES (limit of 10)	\$2 - \$5 per tire
(rims must be removed from large tires)	

Clarkston Residents Included with this price list  
 (Springfield Residents have their own clean-up day)

#### WE DO NOT ACCEPT

garbage	grass
compost of any kind	leaves
fuel oil drums/barrels/tanks	bricks
concrete	large loads of shingles
automobiles	any type of vehicle
railroad ties with tar sealers	

Brush\* on this day if you bring brush there will be a \$10 charge  
 \*we do accept brush every Saturday 8-noon, April through  
 October (except for Holiday weekends)

#### ELECTRONICS & COMPUTER FEES (shredded & destroyed for recycling)

Computer CPU	\$ 5.00
Computer Monitor	\$ 5.00
Computer Printer	\$ 5.00
Computer Scanner	\$ 5.00

#### HAZARDOUS WASTE FEE SCHEDULE

Based on gallons, pounds or items

1-5	\$ 5
6-10	\$ 10
11-15	\$ 15
16-30	\$ 30
over 30	\$ 35
Clarkston Residents	flat rate \$35
Springfield Township	flat rate \$35 (voucher)

#### HAZARDOUS WASTE WE ACCEPT

acid	medications (remove from original packaging)
aerosol cans	mercury thermometers
ant & roach powder	metal polish
antifreeze	mineral spirits
asphalt tar	mineral spirits
brake fluid	mothballs
bug spray	nail polish
carpet cleaner	oil paint ONLY (no latex)
chlorine bleach	oven cleaner
cooking oil	oven cleaner
engine cleaners	photographic chemicals
fertilizer	primer
fiberglass epoxy	propane
floor care products	scouring powder
fluorescent tubes & ballast	spot/stainer remover
fly strips	swimming pool chemicals
furniture polish	toilet cleaner
gasoline	turpentine
glue/solvent based	upholstery cleaner
grout sealer/primer	varnish
herbicides	weed killer
insecticides	wood stain
kerosene	wood preservative
lighter fluid	

#### HAZARDOUS WASTE WE CANNOT ACCEPT

explosives	smoke detectors
ammunition	radioactive material
commercial or industrial wastes	latex paint

NO LATEX PAINT ACCEPTED

## Community Wide Garage Sale & Craft Show

Friday & Saturday  
May 18th & 19th

9:30 am to 3:30 pm

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Community Center

495 Broadway  
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# The Second Front

## Briefly

### New computers for library

Independence Township Library's computer lab is receiving an upgrade.

The Township Board approved the purchase of 16 new Dell computers at \$1,133.25 each on May 1. With a backup power unit costing \$989.10, total cost is \$19,121.10.

The machines will allow use of the latest Windows operating systems, programs, and thumb drives. They are smaller, allowing the 16 units to replace 12 older computers.

The library's technology plan budgets for new electronics every three years, so equipment is up-to-date and under warranty, said Julie Meredith, library director.

The older computers were purchased in 2001.

### Community Award breakfast next week

Clarkston Area Chamber of Commerce will recognize Community Awards winners 8-9:30 a.m., May 24, at Deer Lake Athletic Club Banquet Center, 6167 White Lake Road.

Admission is \$15 per person or \$250 to sponsor a table.

### Summer concert schedule set

Clarkston Concerts in the Park 2007 summer season is set to begin June 22. Kicking off its 28th season will be Legend The Band, '50s and '60s hits.

Schedule performances also include:

Rick and Dayna Kieder, six-piece band, June 29;

Beth Stalker, jazz, blues, standards and country, July 6;

Last Man Standing, rock & roll, July 13;

Terri Lea & the Mustangs, country, July 20; and

Stardusters, swing music, July 27.

Concerts are 7-9 p.m. rain or shine, Depot Park, downtown Clarkston. Admission is free.

For more information, call Clarkston Area Chamber of Commerce, 248-625-8055.

**Got a story?**

Call us at 248-625-3370

## Preserving memories

*WWII vets, survivors share memories at junior high*

BY PHIL CUSTODIO  
Clarkston News Editor

Harry Gooch and Axel Girschner served on different sides during World War II. Gooch with the U.S. Marines and Girschner with the German Wehrmacht.

Now, both describe themselves the same way.

"I was one of the lucky ones," said Girschner, who was captured and held by the Soviet Red Army in Poland. "Out of 250 comrades in my unit, only about 15 to 20 made it out."

"I left a lot of good friends behind - I'm not a hero, just one of the lucky ones," said Gooch, a veteran of the Pacific island-hopping campaign.

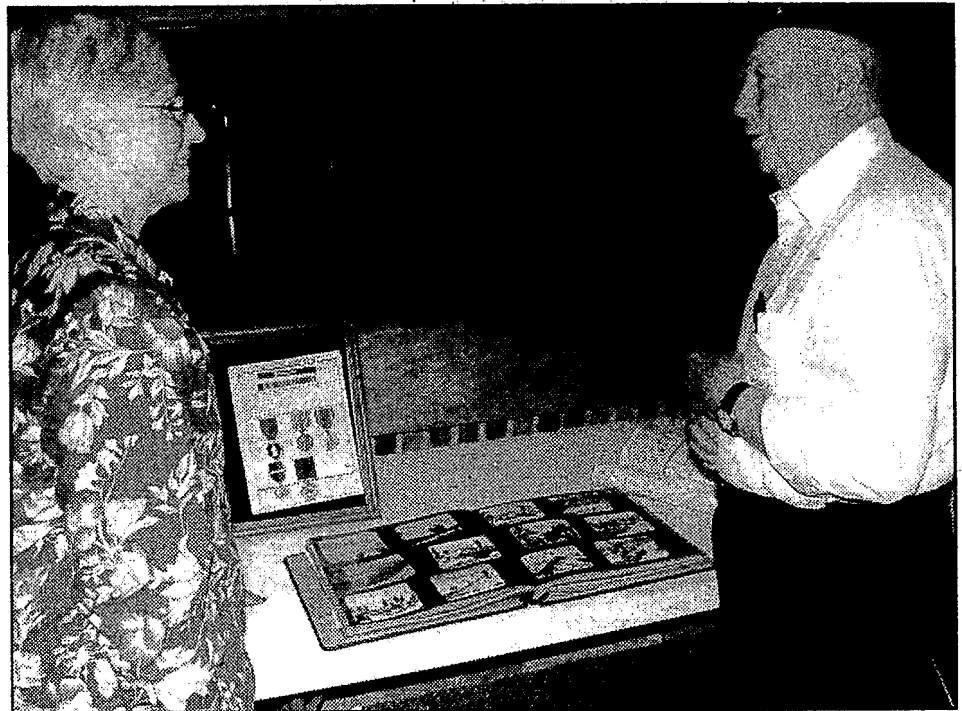
The two joined about a dozen others who experienced World War II, military and civilian, to speak to Clarkston Junior High School students May 8.

CJHS history teacher Brian Zezula worked with Independence Township Senior Center Coordinator Margaret Bartos to organize the panel discussions.

"It gives students some living examples and testimony of what we are studying in class," Zezula said.

"I think they're amazing," said ninth-grader Miranda Kock, who learned "that it actually happened, and people are alive today who were in the war."

Speakers also included Catherine Reeve, survivor of the Battle of Britain; Vito Cangemi, child in Sicily during the war; Jean Ketter, Army nurse in France; pilots Bob Wills and Leigh Bonner; George



Marine veteran Harry Gooch shares memories of World War II with Margaret Bartos, Independence Township Senior Center coordinator. Photos by Phil Custodio

Thompson, jungle fighter in the Philippines; John Thomas, Navy, North Africa; and Tom Lyman, Army occupation of Germany.

Ketter arrived in France on Utah Beach soon after the D-Day invasion.

"There was no fighting by then," she said. "But the water was rough - the channel is always rough."

During the Battle of the Bulge, her unit was so close enough to the fighting she had to organize an evacuation plan: women first, along with patients, doctors, and orderlies of Jewish descent.

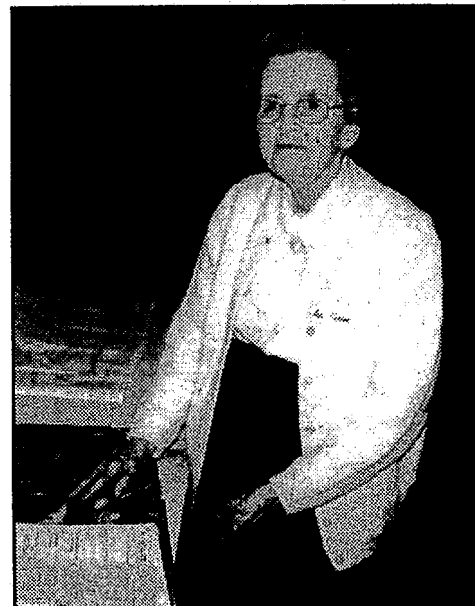
Other first-hand accounts:

- German prisoners, force marched for three weeks by the Soviets, dividing one piece of bread to feed 21 men - Girschner;

- Queen Mary of England meeting with British and American troops in their camps as they were preparing for D-Day - Ketter;

- An American observation plane destroyed in midair by naval gunfire called in by the pilot - Gooch.

"That's what happens in wartime -



Jean Ketter served as a nurse in France during the war.

be thankful for what you have," he said to the students.

School administrators, teachers, and parents helped host the event, which included lunch for their guests. This summer, Zezula plans to work with Bartos to interview veterans and survivors and record their first-hand accounts of World War II.

## Sashabaw improvement plan still afloat

BY PHIL CUSTODIO  
Clarkston News Editor

Improvement plans for the Sashabaw Road corridor are back on track, although cut by more than half.

In a second special meeting May 10 to decide the fate of the Sashabaw Corridor Improvement Authority plan, an abbreviated Township Board voted 3-1 in favor of the amended project and financing plan.

The comprehensive plan proposed in November included 11 projects totalling more than \$37 million. To overcome opposition from trustees and Oakland County partners, planning consultants whittled the plan to three:

- Sashabaw Road and bridge widening over I-75, \$20 million estimated; burying power lines, \$4 million; and landscaping, \$670,000.

The original financing plan would have

collected, or "captured," increased township and county tax revenues resulting from rising property values, expected to have been almost \$30 million over 20 years. The amended plan captures half of them over 14 years.

"I'm comfortable with this plan," said Trustee Charles Dunn, who voted for the plan with Supervisor David Wagner and Trustee Daniel Kelly. "This is a very positive step for the township."

Treasurer James Wenger, who voted against it, said designating funds for Sashabaw projects over other issues, such as the senior center, may not be the best choice.

"We need to balance wishes and needs," Wenger said.

The plan is set for second reading and final approval at a special meeting 7:30 p.m., Thursday, May 17, at Independence Township Library, 6495 Clarkston Road.

If approved, it would be sent to Oakland County and Oakland Community College, also stakeholders in the plan.

They would then have 60 days to reject it. If approved, they would designate some or all of their tax-revenue increases to the projects.

If the county votes to opt out of the plan, that should not be seen as a rejection, but as a counter offer, said Oakland County Commissioner Tom Middleton.

"We've been working pretty closely with planners, so we shouldn't have to opt out, but it's always an option," he said. "If that happens, don't panic - things could still work out."

Issue with the county included development of property south of Maybee Road - it would not fit with the county's job-creation priority.

Boundaries of the amended plan exclude property south of Maybee.



Karen DeLorge with her rescued dogs Twinkie and Frisbee. Photo submitted

## Pet adoption walk this weekend

Michigan Animal Rescue League hosts its 14th Annual "Tail-Wagger Two-Step" Walk For The Animals & Adoption Event 9 a.m.-1 p.m., Sunday, May 20, Independence Oaks Park, Twin Chimneys Picnic Site, 9501 Sashabaw Road.

New this year is "Pet Pavilion Adoption Event," with dozens of dogs, puppies, cats, and kittens. Participation is not required to attend the Adoption Event.

"My husband Richard and I and our two dogs Twinkie and Frisbee, both adopted from MARL, will be walking again this year to help raise some much needed money for the shelter, so they can keep saving pets just like they did for our two furry kids," said Karen DeLorge of Clarkston.

Twinkie is a 5-year-old female Corgi mix, and Frisbee is a 3-year-old male Papillon mix.

"Both dogs had very hard starts in life but that all changed when they both ended up at MARL, thank goodness," DeLorge said. "With the help of the staff always giving a lot of love, care and many hours of rehabilitation to Twinkie and Frisbee to get them to trust humans again, both Twinkie and Frisbee are now doing great and have a forever home with my husband and I in Clarkston."

Pledges can be mailed to Michigan Animal Rescue League, 790 Featherstone, Pontiac, MI, 48342, by May 31, Attn: Karen/Walk.

For more information, call 248-335-9290.

## Rummage, bake sale this weekend for Neighbors

"Treasures and Treats," spring fundraiser for Neighbor for Neighbor, is set 9:30 a.m.-3:30 p.m. May 18-19.

The all-volunteer, non-profit charitable organization provides food, clothing and financial assistance to families in crisis in Springfield, Holly, Groveland, Rose and parts of Independence and White Lake townships since 1983.

The semi-annual rummage and bake sale will be at the Neighbor for Neighbor food pantry and offices in

the Hart Community Center, Mill Pond Park in Downtown Davisburg.

All proceeds from the sale will be used by Neighbor for Neighbor to provide assistance to area families in need.

The Springfield Township Parks and Recreation Department holds its "Community Garage & Sidewalk Sale" at the same time, same place.

Call 248-634-0900 for more information or to donate items for this semi-annual fundraiser.

## CAYA Golf Outing June 18

Clarkston Area Youth Assistance's 14th Annual Golf Outing, sponsored by John Bowman Chevrolet, will be Monday, June 18, with an 8 a.m. shotgun start at Liberty Golf Club on Maybee Road.

Cost is \$120 per golfer if paid before May 12, or \$130 after May 12. It includes golf, cart, meals, door prizes and various hole contests. The hole-in-one sponsor is Chuck

Fortinberry, Clarkston Chrysler Jeep.

The mission of CAYA is to strengthen youth and families, and prevent and reduce delinquency, neglect, and abuse. Community referrals are increasing significantly, resulting in increased operating costs plus additional camp costs.

To register, call 248-625-9007 or visit [www.clarkstonya.org](http://www.clarkstonya.org).

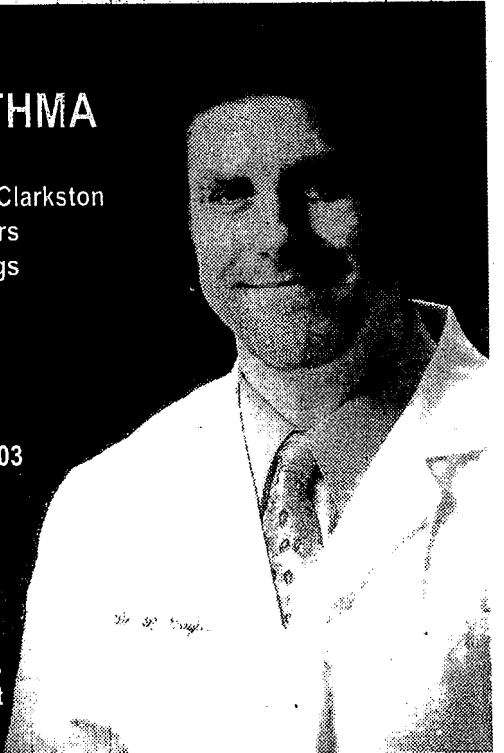
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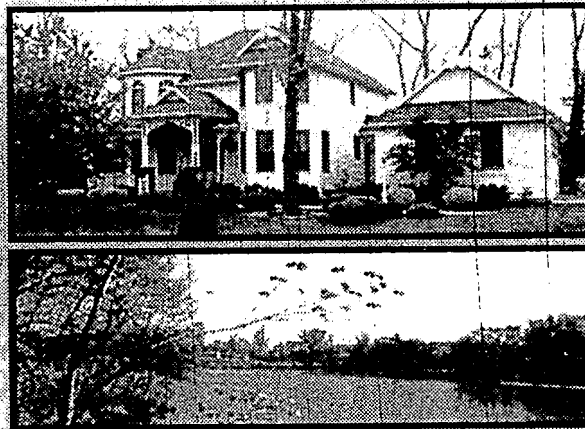
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Dr. Dawn Turner shows Elise Lowell, kindergartner, how to pack a bag of supplies for local homeless shelters.



Hank Grogan, left, and Miguel Millan, fourth-graders, work on a fleece blanket for children at Beaumont hospital.



First-grader Ashley Gozdor assists her mother, Suzanne Gozdor, in making toys for cats and dogs.

## Independence students serve neighbors

Spelling the word "socks" may be a good way to begin learning Spanish, but at Independence Elementary, S.O.C.K.S. means Serving Our Community Kid Style.

The annual school-wide event provides students with an opportunity to serve people in the Clarkston area and all over the world.

"It teaches children the value of giving back to the community," said Kim Viazanko, a parent volunteer who organized the event.

Activities were set up for each grade. Kindergartners assembled and decorated toiletry bags for area shelters.

First-grade kids made dog and cat toys for Michigan Humane Society, bird feeders for the nature center and collected donations for Paws with a Cause.

Second-grade students wrote letters and assembled about 500 care packages for troops overseas.

Third-graders packed treats and cards for Meals on Wheels and organized a food drive for Grace Centers of Hope.

Fourth-graders made blankets for children in Beaumont's pediatrics units.

Fifth-graders hosted breakfast for local seniors, interviewed them and sang a concert.

"They did a beautiful job," said Louis Vincent, fifth-graders' guest from American House in Pontiac.

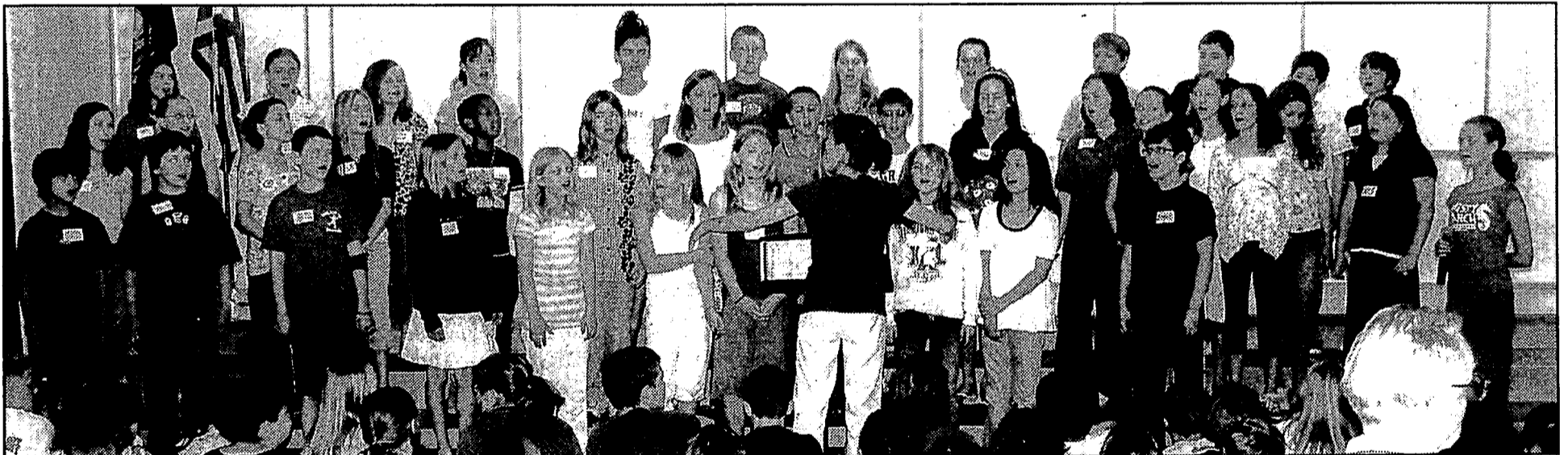
"They're a credit to the community and the schools."

Grade-level activities have remained the same since the start of the program four years ago, Viazanko said.

"They look forward to what's coming next year," she said.

"It's important to teach kids at any age that they're able to give back and make a difference."

It will cost about \$500 to ship the care packages. To donate and help defray the cost, call the school at 248-623-5500.



The Fifth Grade Chorus sings a number for their guests, invited from local senior centers. Photos by Phil Custodio

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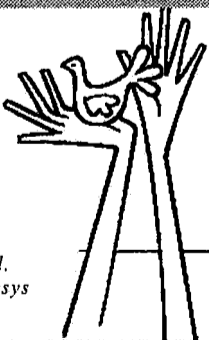
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# Opinion

## Where's the need?

Grab a latte to go with this doomsday theory. Numerous gas stations, banks, etc. fill our area at an increasing rate. One of the most ever-present and easily recognized of all retailers, Starbucks, seems to be the *last* thing to come to the Clarkston area. The coffee retailer has been known to infiltrate street corner after corner with their overpriced (yet delicious) caffeine rushes in larger areas. But in this area, where we've seen the recent explosion of the Sashabaw Road corridor, the mega giant brand had yet to leave a Clarkston footprint.

Will Starbucks fit in though?

Clarkstonites surely have developed their own coffee-drinking patterns long before Caribou Coffee set up shop. And now McDonald's is attempting to get into the act with their own line of specialty coffees.

I would figure they would cost less and you won't have to wade through a sea of smugness to get to the counter either. And when was the last time you saw a tip jar at McDonald's?

Aside from the prices and the long-established coffee purchasing patterns, the traffic has to be another reason to avoid Starbucks. That area of Dixie Highway is no picnic during daylight hours.

What I will say in Starbucks' defense, is that the new location will bring jobs. The destruction of the previous building and subsequent reconstruction also gave somebody work.

The sudden "need" for drug stores on every corner got my wheels spinning about Starbucks, which seemed like the only retailer Clarkston *didn't* have, is the emergence of drug stores.

As a child, we had Arbor (now CVS) and Perry (now Rite Aid). And then came Walgreens. Three drug stores within a half-mile of each other. Is that really needed? On Clarkston Road at Sashabaw, I see that all of the trees cleared out across the street from the "new" 7-Eleven is a Rite Aid. Across the intersection is more ongoing construction.

I don't know what it's slated to house, but I'm certain it won't be the first of anything to the area. And down at the other end of Sashabaw at Maybee, at the site of the former Clarkston Christian Association, a new building. I wonder what's going there?

Sure, competition is supposed to be a benefit for the consumer (right?), but aren't they all kind of the same? So what is the difference?

We surely haven't seen the last of the incoming retailers as "progress" continues north on Dixie Highway. That stretch is a happening spot and it seems that will continue until there are at least a couple drug stores in the area.

Shopping habits are routine based and I just wonder as these places come into play, how will they all survive? Someday, isn't one of them going to have to lose the competition, leaving us with an empty building?

Having five of any store at your disposal is cool now, but what about twenty years from now when there are barricaded buildings. Wouldn't it be a lot better to have those trees there? Likely there are several readers who would much prefer trees to blacktop parking lots, but the buildup continues. After the dust settles, when will the implosion begin?

### Going Home



Paul Kampe

## 'Dear Editor' (letters from our readers)

### Clarkston has well-trained police

Dear Editor:

It has been said that "Truth is what you believe," and, "If you say something often enough, it becomes 'truth'."

One Clarkston resident has consistently said that city residents would save money by contracting with Independence Township for policing services by the Oakland County Sheriff's Department. Also, he has implied that members of the Clarkston Police Department are "rent-a-cops" by comparison with the OCSD.

These points are simply not true.

For example, the only way city residents would save money by changing the source of policing services is if residents agreed to receive less comprehensive policing services, and settled for less control over how those services are delivered.

Also, the Clarkston police officers are as well trained as OCSD, and some officers even have more police ex-

perience; they are NOT "rent-a-cops."

It is true that there have been issues with the "performance" of some of the Clarkston police officers, including the former chief.

These issues are being addressed by the City Council, with the assistance of others, including a citizen's committee. A survey has been conducted, a public hearing held, and a report with recommendations has been made to the City Council.

Perhaps, if we residents do not get what we seem willing to pay for in terms of policing services, then we ought to revisit the question of who is to provide those services.

Until then, let's see if we can fix what we have before trading it in.

Tom Stone  
Clarkston

### School time changes hurt students

Dear Editor,

I have an elementary student who will be, like most children, adversely affected by the new start and end times at Clarkston Community Schools in the 2007-2008 school year.

I recently e-mailed each member of the school board with my concerns and received a reply from President Stephen Hyer.

In that e-mail, I indicated that while school was obviously of primary importance, students most certainly need to have time, just as adults, to decompress from a busy day outside the home and maintain vital social connections and participate in interests that will help complete our goals of active and well-rounded citizens.

In the response I received back, the school board continued to push the slogan of "doing what is best for our kids." However, that is clearly not the case in this issue.

For the five elementary schools with late start and end times, it represents approximately 2,000 children

who will simply only have time for school, homework, dinner and bedtime preparation.

In that short window between the time they arrive home from school, there is extremely limited time for family togetherness and after school activities, whether those be school-sponsored, social, music lessons, sports, errand running, a doctor's appointment, or any number of things that have to happen in a day.

We parents will be left to "parent on the run," which is never healthy for a child. This change in school start and end times is unfair to families, and the times need to be readjusted.

I wasn't aware that a petition, as your article reflected ("Concerns continue about schools' start/stop times," May 16 edition), was available.

Had I known, I would have made an effort to sign it. I urge all concerned parents to contact school board members and make your opinions known.

Krista Anderson  
Clarkston

### Thanks for supporting election workers

Dear Editor,

Thank you to the Clarkston State Bank for their generous support during our elections.

Since taking office, and before my time, Dawn Horner, president and CEO, has offered to provide

lunches to all our election workers.

They ascribe to our theory that a well nourished poll worker is a happy and productive poll worker.

Shelagh VanderVeen  
Clerk, Independence Township

### Slow down to save money on gasoline

Dear Editor,

I propose that everyone commit to driving just 5 mph slower on expressways and main roads. This reduction would improve gas mileage by 10 to 15 percent or, to look at it another way, reduce your cost of \$3.25 gas by 30 to 45 cents per gallon.

It will only lengthen the average commute by 2 to 4 minutes depending on traffic flow and the distance driven.

For example, drive 72 instead of 77 to 80 on free-

ways, 57 instead of 62 to 65 on regular highways, etc.

A major effort by many people will certainly send a message to the oil companies and our Washington politicians. Much better than ineffectual boycotts!

So lets all do our bit to reduce the rip-off we are suffering from Big Oil and the OPEC cartel.

Act now!

Jim Reed  
Clarkston

### Thanks for organizing, supporting All Star game

Dear Editor,

The Independence Township Senior Center would like to thank sports promoter and senior softball manager Harold Krueger, UM All Star team and Clarkston Schools faculty members for the great exhibition basketball game April 20 at the Clarkston Junior High School.

Thank you also to sponsor *The Clarkston News*; Elizabeth Hawthorne, Miss Michigan Teen; Clarkston High

School band; and Clarkston High School Madrigal Singers.

This first-time event was a fund-raiser for the senior center's athletic programs, including the six softball teams and the volleyball team. The center aims to provide a variety of health and exercise opportunities for older adults.

Margaret Bartos, coordinator,  
Independence Township Senior Center

## A Look Back

A peek back at those thrilling days of yester-year as reported in the pages of *The Clarkston News*

### 15 years ago - 1992

**"City-township talks begin - police coverage not discussed"** Independence Township and Clarkston Village officials met at a special meeting. They discussed joint fire protection, library services, Deer Lake Beach use, and building permit fees, but not police protection. Village and township officials were at odds regarding Clarkston cityhood, approved by voters earlier that year. The issue was still in court.

**"Once thriving dairy farm headed for subdivision"** The Vergin farm, kept in the family since 1856, was set for division into residential developments. The 130-year-old farm on Scott Road in Springfield Township could no longer support itself financially.

**"Her science project is home for birds"** Andrea Olenski, 10-year-old North Sashabaw Elementary student at the time, rescued a nest of sparrow chicks from a cat and raised them herself. She used what she learned completing a science project to care for the birds.

### 25 years ago - 1982

**"Million-dollar landmark destroyed"** A fire at the Old Mill destroyed the landmark restaurant at Andersonville and Dixie Highway, causing about \$1 million in damages. Fire officials were investigating.

**"Past Old Mill owner recalls history"** Former owner Dorothy White shared memories of the Old Mill, which was built by her father Louis Dorman Sr., in 1923. They lived in the Waterford Hotel at Dixie and Andersonville when it was built, then moved into the Old Mill in 1924.

**"School boards react to district switch plan"** Clarkston and Orion school districts met with Oakland Board of Education to discuss a request by Thendara Park residents to switch from Orion to Clarkston districts. Clarkston supported the switch, which would mean 37 more students, while Orion opposed it.

### 50 years ago - 1957

**"Two board talk school finance"** Township and school officials met at the new Pine Knob Elementary to discuss mutual budget problems.

**"The better to see you"** The Air Force was expected to soon provide Clarkston sky watchers with binoculars. Volunteers manned a Ground Observation Corps post on Waldon Road, to help keep watch for enemy attack.

**"Cancer crusade grand success"** The American Cancer Society's Neighbor to Neighbor Crusade in Clarkston collected \$1,100.

### Got something to say? Write a letter to the editor!

Drop them off or mail them to 5 S. Main Street, Clarkston, MI 48346; fax 248-625-0706; or e-mail [shermanpub@aol.com](mailto:shermanpub@aol.com), attn: *Clarkston News*.

## No stickin' it to the man

You know and I know gas prices in these parts are, well, in a word sucky.

According to AAA.com, the statewide average cost for a Michigan gallon of gas in January 2007 was \$2.11 (ah, the good ol' days). By the end of February the cost had crept up to \$2.307 per gallon (still palatable). The end of March showed prices were \$2.514 a gallon, and by April, \$2.81.

When I drove into work this morning the price was \$3 and 32 cents a smackin' frackin' gallon. I feel warm and fuzzy when I read \$3.32 a gallon. I feel like running naked in a field of poppies, wind flowing through my fast graying locks. I feel simply fantastic that gas prices, since January, have gone up 57 percent.

I feel all sorts of happy things (evil, vile and despicable) yet, ever the good little trooper, I get in line and buy my three gallons and pay with a smile.

Gas station attendant Wendy recently bent my ear while I was paying for gas. "Can you tell people to stop pumping gas and then driving off? Every time that happens, it comes out of my paycheck."

I guess all of you are not following my lead. How can I be your leader, if you don't follow?

Folks, every time you pump and dash, you are not hurting the big, bad oil companies or even the gas station owner. The only person you're hurting is the person unlucky enough to be behind the counter when you perpetrate your dastardly deed.

You ain't stickin' it to the man. You're sticking it to the person who probably makes nine bucks an hour.

Another point: owners of gas stations are not the ones raking in the doe-ray-me, either. Gas station owners bank their profits not on you buying gas at their joint, rather that you'll also by a bag of chips, or a pop or something from their convenience store. Bottom line, their profit is not from the gallons of gas sold (as a matter of fact, whenever somebody pays for gas with a credit card their very small profit shrinks due to credit card finance charges).

And, while I am at it, May 15 was to be the big gas

out -- and I am not talking about gaseous emanations from the body. May 15 was a day when a good, old-fashioned American grass-roots movement was to show the Mobils, Exxons, et al, what we really think. It was a day we were not supposed to fill up.

For all the hype, the e-mail chain letters and hope, it's my strong belief this doesn't and won't work. Hate to be the party-pooper and rain on your parade, but, the Mobils and Exxon's, et al, can wait you out -- especially because they know it's coming. For all I know, they artificially pumped up the prices the week before to "brace" for the big gas out.

They may be rich, but they ain't stupid. They know if you don't fill up today, you will tomorrow or the next.

Like I said, there is no sticking it to the man.

You can call me a leftist leaning, European socialist with tree-hugging, Al Gore supporting tendencies (and you'd be off on your characterizations), but the way I see it, until folks don't feel the need to showcase their wealth by driving Lincoln Navigators, Cadillac Escalades, GM Hummers and big honkin' trucks with Hemi engines that can pull down the Empire State Building, gas prices are gonna' stay up.

It's a simple capitalistic premise based in Economics 101. The laws of supply and demand say, if there is a big demand and low supply, costs go up. The opposite is also true. Demand has changed and that has effected supply. We have more folks driving AND so do the Chinese and Indians -- we all need the supply, when before it was only us. Quite literally, the man has us over the barrel.

In theory, our buying patterns will dictate the market. If we demand (purchase) more fuel efficient vehicles, the auto companies will produce them (unless, of course, you're GM, Ford and Chrysler -- in that case you'll continue to produce and promote monster trucks and let the Japanese beat you).

I guess it is a lot more complicated than the oil companies making obscene, record-setting profits on the backs of average Americans. And, while I would like to see the gas outs work, I won't hold my breath.

But, back to the original point: Stealing gas will not stick it to the man, just your neighbor.

E-mail comments to: [dontrushmedon@charter.net](mailto:dontrushmedon@charter.net)



Don't Rush Me By Don Rush

## Jeff Foxworthy's view of Michigan

I've seen Jeff Foxworthy on stage, in movies and on tv with three other stand-uppers. I've even read his book "You Might Be A Redneck, If..."

He doesn't call it that, but he has some *You Might Be A Michigander, If's*.

If you consider it a sport to gather your food by drilling through 18 inches of ice and sitting there all day hoping that the food will swim by, you might live in Michigan.

### Jim's Jottings



Jim Sherman

If you're proud that your region makes the national news 96 nights each year because Pellston is the coldest spot in the nation, you might live in Michigan.

If your local Dairy Queen is closed from November through March, you might live in Michigan.

If you instinctively walk like a penguin for five months of the year, you might live in Michigan.

If someone in a store offers you assistance, and they don't work there, you might live in Michigan.

If your dad's suntan stops at a line curving around the middle of his forehead, you might live in Michigan.

If you have worn shorts and coats at the same time, you might live in Michigan.

If your town has an equal number of bars and churches, you might live in Michigan.

If you have had a lengthy telephone conversation with someone who dialed the wrong number, you might live in Michigan.

And, you're a true Michigander if...

"Vacation" means going up north on I-75.

You measure your distance in hours.

You know several people who have hit a deer more than once.

You often switch from "heat" to "A/C" in the same day.

You can drive 65 mph through two feet of snow during a raging blizzard, without flinching.

You see people wearing camouflage at social events (including weddings).

You install security lights on your house and garage and leave both unlocked.

You carry jumper cables in your car and your girlfriend knows how to use them.

You design your kid's Halloween costume to fit over a snowsuit.

You know all four seasons: Almost winter, winter, still winter and road construction.

Driving is better in winter because all the potholes are filled with snow.

You can identify a southern or eastern accent.

Your idea of creative landscaping is a statue of a deer next to your blue spruce.

You are unaware there is a legal drinking age.

Down south to you means Ohio.

A brat is something you eat.

Your neighbor throws a party to celebrate his new pole barn.

You go out to a fish fry every Friday.

Your Fourth of July picnic was moved indoors due to frost.

You have more miles on your snowblower than your car.

You find "0" degrees a "little chilly."

You drink pop and bake with soda.

Your doctor tells you to drink Vernors and you know it's not medicine.

You know what a Yooper is.

You think owning a Honda is un-American.

You know UP is a place, not a direction.

You know it's possible to live in a thumb.

You understand when visiting Detroit, the best thing to wear is a Kevlar vest.

You actually understand these jokes, and you share them with all your Michigan friends.

This column originally ran May 10, 2006.

# Alpacas in the spotlight in Springfield



Sue Gamble (l) and Nancy McCreery of Trickle Creek Alpaca Ranch in Tustin, Mich., can't take their hands off this cuddly alpaca.



Alpacas are described as friendly...and photogenic.

Breeders from Michigan, Ohio, Indiana and Wisconsin packed Springfield Oaks County Park May 5-6 for the Michigan Alpaca Breeders Show and Fiber Fair. About 200 of the furry creatures were on display for visitors and many of the animals competed in the alpaca judging.

Demonstrators showed their guests the fine art of shearing, spinning, weaving, felting and alpaca sock making.

*Photos by Paul Kampe*



Time for a haircut already? Alpaca hair stylists get this guy ready for the judges.



Gayleen Rollins and John Rizzo from Plainweel, Mich. raise their own alpacas.



Les . . . Mitchell, of Kent City, Mich. shows off 7-month-old . . .



Anna Thomas (l) and Lyndsay Ruhf from St. John, Mich. show off Queenster.



# Police and Fire

## Independence Township

**Tues., May 1** A deputy spent several hours driving to various Independence Township group homes before locating the caregiver of a 36-year-old mentally handicapped male who wandered away from home. A caller reported a man who looked lost walking near Bitterbush and Reese roads.

**Wed., May 2** A Clarkston High School sophomore reported someone took \$260 from her purse, which was left unattended in an unlocked room while she performed in an April 27 concert.

A 61-year-old man living in the 7500 block of Green Haven called police after arriving home to find doors open and a safe missing.

A 38-year-old man was arrested and jailed on domestic assault charges after slapping his 18-year-old daughter in the mouth.

Two brothers, ages 26 and 27, were arrested and transported separately to Oakland County Jail after an argument. The nitpicking and name-calling and turned into a physical altercation in their mother's car as she drove one of the men to a drug test required by his probation. The squabble occurred in the parking lot of the Independence Township station. One brother kicked the mirror off his mother's car; the other complained

his brand-new shirt was ripped.

**Thurs., May 3** A 41-year-old man called police after his son threatened him with physical violence over a family matter.

**Fri., May 4** A 28-year-old Auburn Hills man was arrested and jailed on a Friend of the Court warrant after he was pulled over on a traffic violation near Clarkston and North Eston roads.

A 65-year-old man living in the 5800 block of Deerwood Drive was arrested and jailed on domestic assault charges after kicking his 56-year-old female companion. Police, concerned about the welfare of the woman's disabled daughter, filed a report with the Family Independence Agency, citing garbage on the floors, bugs on the counter and the smell of urine in the home.

A representative from T-Mobile filed a report stating a generator valued at \$20,000 was stolen from a cellular tower near Sashabaw and Waldon roads after a chain on the fence was cut.

**Sat., May 5** An 18-year-old Davisburg man pulled over for a traffic violation in Independence Township was cited for possession of marijuana.

**Sun., May 6** A homeowner in the 5600 block of Adderstone called police after an unknown person drove across his lawn overnight causing an estimated \$1,000 in damage. Pieces of plastic gray and black auto trim were left at the scene.

The attendant at a gas station on Sashabaw Road called police after a man pumped \$38.40 in gas and drove off with-

out paying.

A resident in the 4900 block of Landcaster Hills called police after a 5-foot-tall wooden sculpture of a sailor in a blue coat turned up missing.

**Mon., May 7** A 29-year-old man was arrested and jailed after an argument with his wife became physical. Police sent a report to the Family Independence agency after finding that the couple's four children were in the home at the time of the altercation.

Deputies issued a warrant after a woman called police when her 23-year-old intoxicated husband began making derogatory remarks and hitting her after she arrived home from work.

**Tues., May 8** Employees at a medical office on South Ortonville Road called police after arriving at work to find the rear door of the building pried open, and a drug cabinet inside ransacked. The employees told police they believed the person who entered the office was probably looking for narcotics, which are not kept inside. Nothing was missing.

**Wed., May 9** A 53-year-old man living in the 6900 block of Tuson was arrested and jailed after an argument with his 41-year-old female companion became physical. Both had been drinking heavily.

A Clarkston High School student reported someone had stolen the license plate from his vehicle during the day.

**Thurs., May 10** A 34-year-old man reported a Sirius Satellite Radio receiver stolen after the plastic windows in his

Jeep were cut overnight.

A 22-year-old man reported a bowling bag, ball and shoes stolen out of his vehicle overnight. A wristwatch and bottle of cologne were also missing.

A 31-year-old man reported a Bluetooth earpiece missing after someone entered his vehicle overnight.

A 46-year-old Clinton Township man was arrested and jailed for operating a vehicle while intoxicated after employees of a fast food restaurant called police when the man's inebriated state became obvious as he attempted to place an order in the drive-thru.

A 52-year-old Pontiac man was banned from an Independence Township medical office after he showed up with a severe headache and began to shout and swear when his demands to be seen immediately went unmet. Police informed the man he was no longer welcome in the office.

## Springfield Township

**Fri., May 4** A 38-year-old woman living in the 9300 Block of Rattalee Lake Road arrived home to find her front door damaged and a dresser in her bedroom ransacked. A box of costume jewelry was the only thing missing from the home.

Please see Police on page 15A

## Business Slow?

Zzzzz



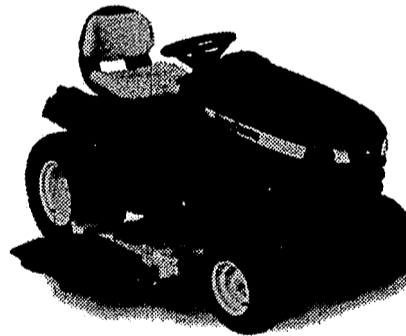
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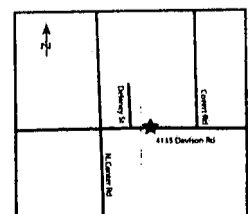
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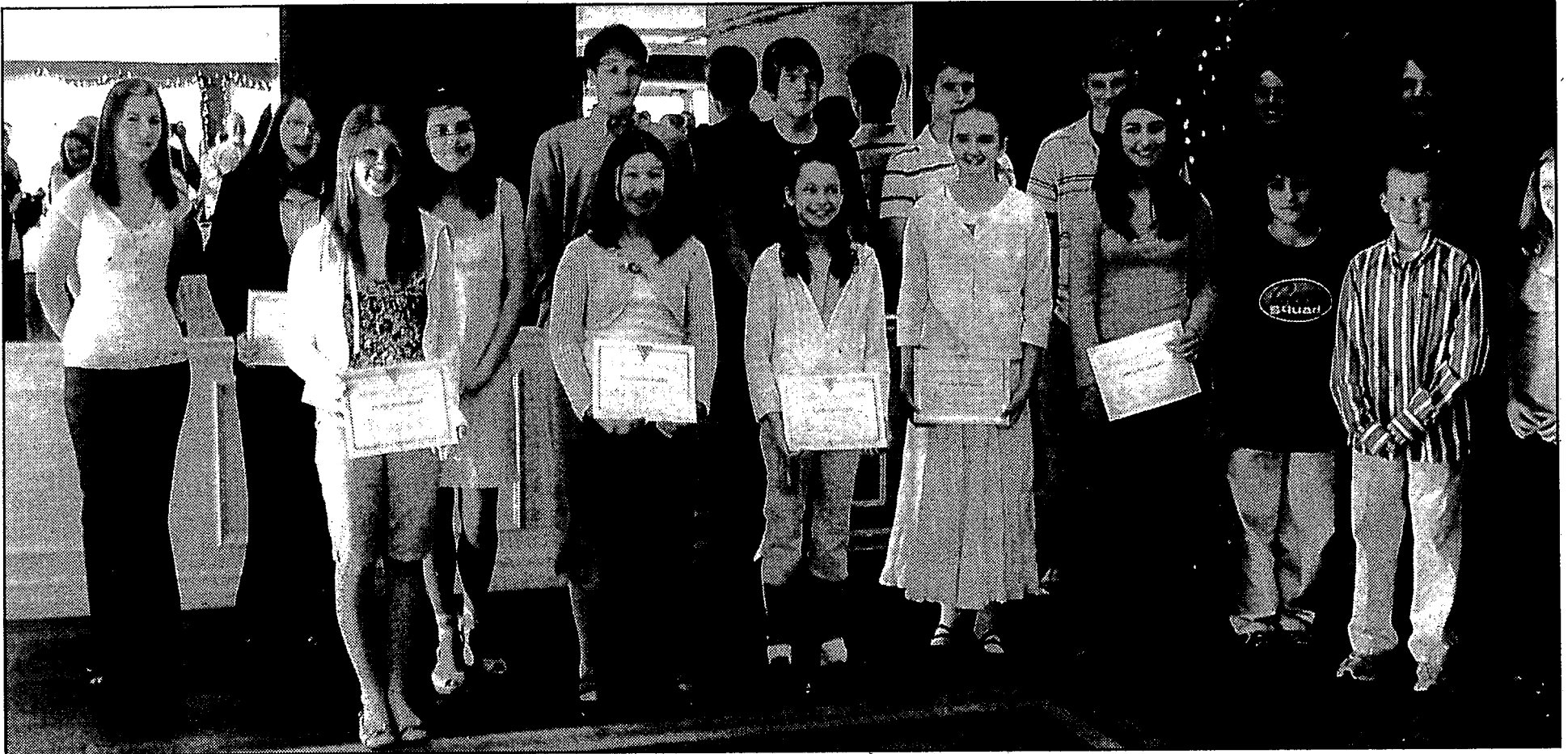
Dean Weingust



Dick & Susan Howard



Laura Vachon



## Clarkston students honored for math, science

Clarkston Foundation recognized students for exceptional achievement in mathematics and science April 24 at Liberty Banquet Center.

Sherrie Vanderveen, president, and Linda Judd, member of the Board of Directors, honored the students at the Student Recognition Breakfast.

Sashabaw Middle School: Mathematics – Brooke

Huisman, Steven Moltmaker, Rebecca Mak, Andrew Salada; Science – Katheryn Gipe, Samantha Tonks, Gabriella Spindler, Matthew Wright.

Clarkston Junior High School: Mathematics – Nikki Gregor, Drew Hopper, David Cannons, Katie Chasms; Science – Mark Halley, Hollie Wendland, Samantha Irwin, Matt Rolka.

Clarkston High School: Mathematics – Eric Leichtnam, Jena Manilla, Erik Ejups, Kristin Mallison, Chris Kilgore, Megan Salada; Science – Evan Brown, Lena Manilla, Saran Kim, Cassandra Vernier, Sarah Canniff, Bryan Sharkey.

– Photo submitted

## Riders to build new school

The Mamon Ride for Special Needs Children, in town this past October for its Halloween Ride, goes north this weekend to build a new school.

The organization, led by Kaz Mamon, invites everyone to join in, motorcycle optional.

Registration is 9-11:45 a.m. at The Post, a bar on M-24 across from The Palace of Auburn Hills. The ride starts at noon, and will reach Camp Fowler in Mayville at about 1 p.m.

There, volunteers will construct a new school/nature center. The event will also feature lunch, entertainment, vendors, and raffle.

The Flint Labor and Construction Union is donating labor, and most supplies and materials have been donated, Mamon said.

"I invite all families to come out to the camp," he said. "There'll be lots of things to do."

Planned is an "Extreme Makeover" style reveal, featuring a giant motorcycle built by Ron Finch in place of the usual bus.

"It'll be 'move that motorcycle,'" Mamon said. Admission is a \$10 donation for those older than 14 and 14 and under are free. Participation in the police-escorted ride is a \$20 donation.

To make a donation, send checks to P.O. box 443, Clarkston, MI 48347. Make all checks payable to Fowler Camp, "Building of School House" in memo line.

For more information, check [www.mamonride.com](http://www.mamonride.com).

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Patient Bob Graye checks for his new pair of specs with Ophthalmic Dispenser Stephanie Cutean of Advanced Eye Care.

## New name, same service for eye docs

BY PAUL KAMPE  
Clarkston News Staff Writer

Even with a name change, Drs. Todd Staniszewski and Nora Clancy want to assure their patients they will still get the same service they've come to expect.

Optometrists Staniszewski and Clancy's office, will now be known as Advanced Eye Care of Michigan.

"It's important our patients are aware that we still offer the same great services and doctors as well as the same great staff. The name change doesn't reflect a change in personnel," Staniszewski said.

The former Henry Ford Optimeyes has been in the same location for the last five years and in business for 13 years, offering patients complete eye care. Advanced Eye Care offers eye exams for children and adults, contact lens fitting specialists, medical eye treatment, a frame inventory, on-site lab and one-hour service on most prescriptions.

"Part of the reason we're changing our name is because we've experienced huge growth and the change allows us more flexibility in the services we offer to our patients and the different products we can deliver," Staniszewski said.

"It gives us new freedoms in what we can do and the services we can offer.

"We're listening to that and we're designing our office around the wants and needs of our patients, not that of the doctors, insurance companies or the staff."

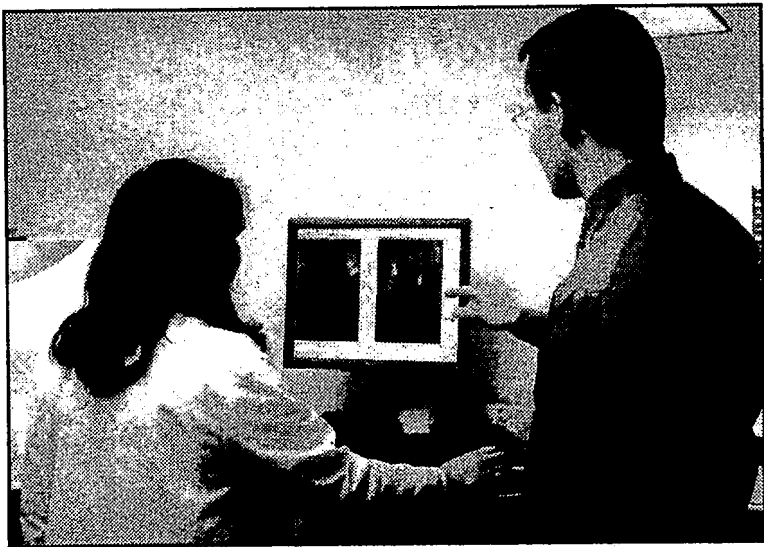
After surveying patients,

Staniszewski said the doctors found patients wanted simplified office visits. Changes in staff training, new programs set up for the flow of the office and new technology is helping Advanced Eye Care stay efficient.

A retinal scanner helps the doctors by performing diagnostic tests on patients, giving them a better view of the eyes.

"We don't have to do as many dilations, but yet we're not compromising any clinical care," Staniszewski said.

"It helps us in many cases because we won't have to dilate the eyes, but the patient is still getting a very thor-



Dr. Todd Staniszewski examines retinal images at Advanced Eye Care.

ough exam in less time without the inconvenience of dilation.

"It's really cutting-edge technology."

With auto-refractor and visual field equipment, Advanced Eye Care can stay in touch with patients. The technology allows a doctor's assistant the to perform cutting-edge tests and the doctor more time for analysis and discussion with patients.

"We make sure we're answering their questions and it allows us not to spend as much time doing manual tests," Staniszewski said.

Advanced Eye Care of Michigan, 7117 Dixie Highway, can be reached at 248-620-1100.

## Garden club to host plant exchange Saturday, May 26

The Clarkston Farm and Garden Club will host a plant exchange Saturday, May 26, 8:30 a.m.-10:30 a.m. at Washington and Main Street.

Local gardeners are invited to bring divisions and thinnings from their own flowerbeds, and take

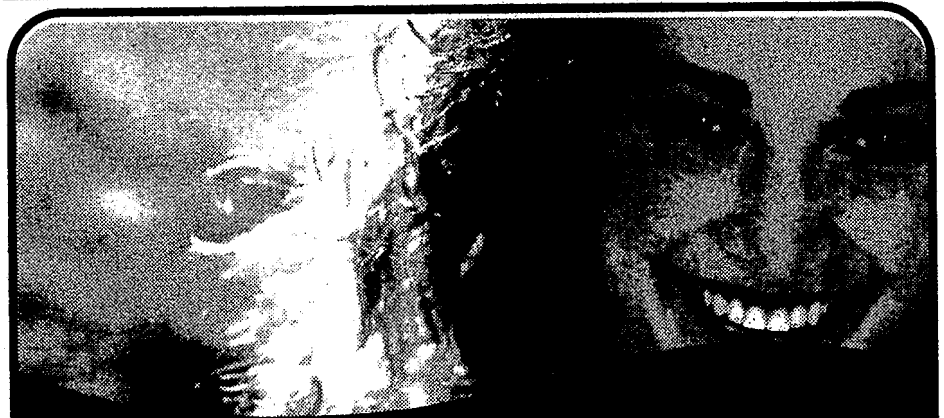
home something new—it's a great way to add new color and variety to any landscape this summer.

Participants are asked to pot or bag all plants, and make sure each is labeled clearly.

For more information call Gini Schultz at 248-625-3122.

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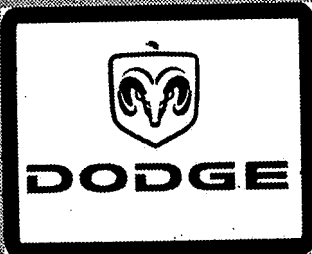
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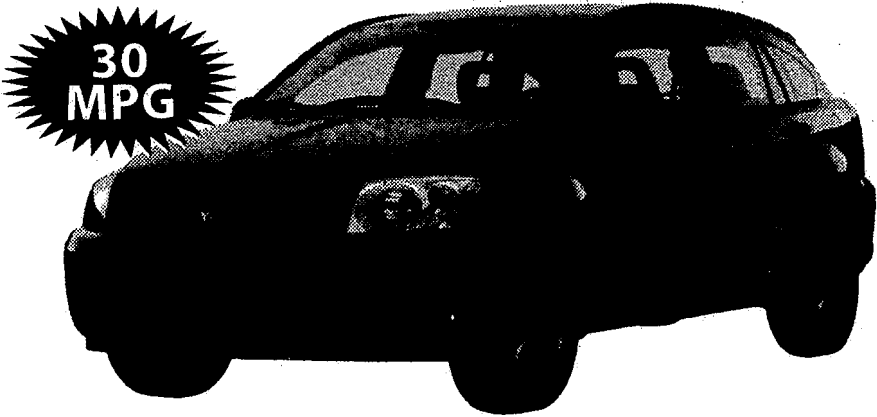


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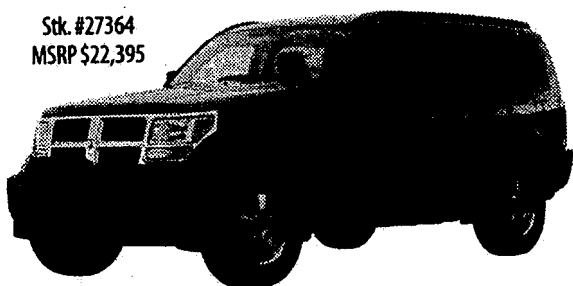
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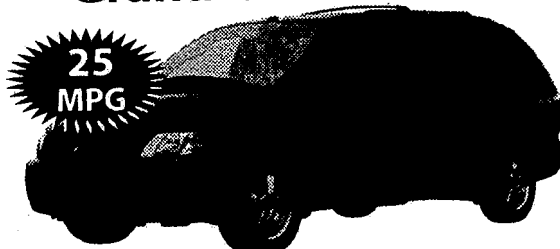
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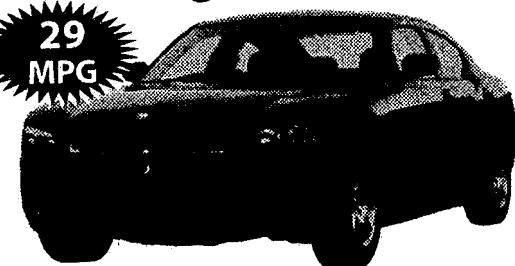


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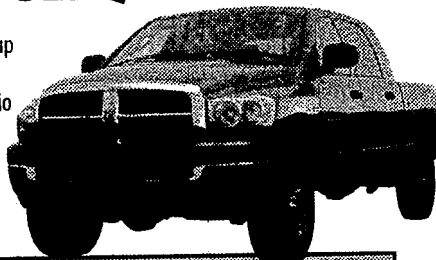
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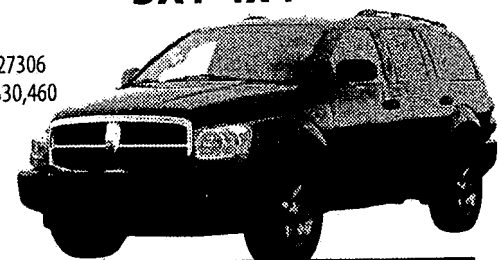


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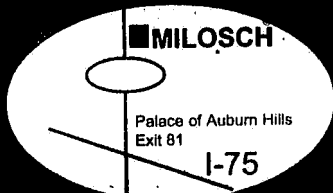
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## A prize for mom

Drs. Charles F. Munk, left, and Charles W. Munk present contest winner Gaylene Portella with her \$150 Belle Visage prize package. Patients entered their moms in the contest in honor of Mother's Day. Photo by Phil Custodio

## Elected school board members to take on local, state issues

Continued from page 1A

educated and open minded in hearing possibilities for spending the money we have," she said. "Carefulness in spending our money is going to be so crucial."

But, McGinnis said she believes the current board is already working hard to perform with a shrinking budget, especially in light of recent complaints over later start times for five of the district's seven elementary schools.

Much of the district's youngest population will begin the school day at 9:10 a.m. starting in the fall, with the final bell ringing at 4:20 p.m.

The changes are a direct result of bus driver lay-offs and new busing policies board members say will save the district \$150,000.

"I haven't seen the numbers," McGinnis said, "but I believe the board is doing the best they can with what they have."

It would be helpful, she continued, for parents to take concerns to their legislator.

"Education is the whip horse of the state," she said. "The (state's) general fund doesn't have the money it needs, so education is getting cut. It would be nice to see everybody sharing the burden, not just education."

Incumbent Barry Bomier, who retained his seat on the school board with 1,194 votes, or 31.22 percent, agreed with McGinnis.

"(The later start times are) an excellent example of the trickle-down impact

of cuts in student funding out of Lansing as a result of the budget deficit," he said, noting more change could be imminent as the board looks for ways to balance the budget.

The district, he said, will likely face further cuts into the operational budget, looking first at unmandated costs and those that can be reduced while allowing the district to remain operationally sound.

"We've got some core programs that make Clarkston a district of excellence," said Bomier, 56, a program manager for Michelin North America. "We have to ask ourselves 'how are we going to keep those?' and 'where do we place the most value?'"

Budget issues, Bomier said, will occupy "an awful lot" of agenda time in the 2007-2008 school year.

But while financial problems weigh heavily, Bomier was confident about the role McGinnis will play over the next four years.

"Cheryl has the extensive knowledge and ability that it takes to be a member of the school board," he said. "I think we can accelerate her integration into the board discussions at a level that we couldn't have done with someone else."

McGinnis and Bomier beat out school board candidates Joe Wauldron, 65, a retired auditor, and Edward Pierz, 18, a high school senior at Orchard Lake St. Mary's. Wauldron came away from the election with 762 votes, or 19.93 percent, while Pierz captured 339 votes, or 8.87 percent.

## Survey: continue current coverage


Continued from page 1A

of residents—about 65 percent, according to the report—favored continuing with coverage by the Clarkson Police during the day, and the OCSO on the 11 p.m.-7 a.m. shift.

Of those respondents, about 50 percent said returning the midnight shift to Clarkston's own police would be even better.

About 25 percent of respondents who returned surveys to the committee favored policing by the OSCO, while another 10 percent were undecided, the report said.

Although a written report provided to the council stated, "the current status and performance of the CPD is NOT acceptable" no specifics were provided by the committee, nor were specifics requested by the council.



### Special Financial Focus

Presented by: Scott R. Hazellon  
11 S. Main Street • Clarkston

#### Can You Benefit from Municipal Bonds?

You've made it through another tax season. If you got a refund, you might be pretty satisfied with how things turned out. But if you'd like to see a somewhat different outcome in 2008, you may want to review all areas of your tax return, including your investment-related taxes. As you may know, some investments are more "tax-friendly" than others are - and municipal bonds might be some of the friendliest ones of all.

If you aren't that familiar with municipal bonds, here are the basics: Municipal bonds, or "munis," are issued in two main categories: general obligation bonds and revenue bonds. General obligation bonds finance the activities of state and local governments, while revenue bonds pay for specific projects, such as airports, hospitals and other civic institutions.

So, when you purchase a muni, you're supporting a project or service, possibly in your state or community. And you will be rewarded for your civic-mindedness - through tax breaks. Specifically, your interest payments will be free from federal taxes; if the municipality that issues the bond is in your state, your interest payments also may be exempt from state and local taxes.

Municipal bond interest is free from federal taxes, but some munis - particularly airport and housing bonds - might be subject to the alternative minimum tax (AMT). If you think you may have to pay the AMT - and a lot more people are subject to this tax now than in years past - you might want to avoid these types of bonds. Conversely, if you know you won't be assessed the AMT even if you bought some AMT-subject munis, you might be especially interested in these bonds, because their yields are typically higher than the yields on regular municipal bonds.

In any case, municipal bonds offer some benefits beyond tax-free interest. For one thing, munis can help you diversify a portfolio heavily weighted with stocks. Municipal bonds may not be affected by many of the factors - such as poor corporate earnings reports - that cause volatility in the price of stocks. So municipal bond prices generally do not move together with stock prices.


Furthermore, municipal bonds are among the most secure investments you can own. The default rate on munis - especially general obligation bonds - is typically quite low.

Which types of municipal bonds are right for you? Your choice depends, to a great extent, on your goals and investment personality. For example, longer-term munis - those bonds that mature in 10 years or more - will generally pay a higher interest rate than shorter-term bonds. Yet, prices of the longer-term offerings also may fluctuate more.

You may want to consider owning a variety of short-, intermediate- and long-term munis. This type of portfolio - known as a bond "ladder" - can help you in all types of interest rate environments. When market rates are down, you'll benefit by owning long-term bonds, which generally pay higher rates than short-term bonds. But if market rates are up, you can use the proceeds of your maturing short-term bonds to reinvest in issues with higher rates.

Finally, when you're shopping for municipal bonds, look for quality - those bonds that are rated at least "A" or higher by the major rating agencies.

Municipal bonds occupy their own special niche in the investment world - and it's a niche that you may want to explore further.


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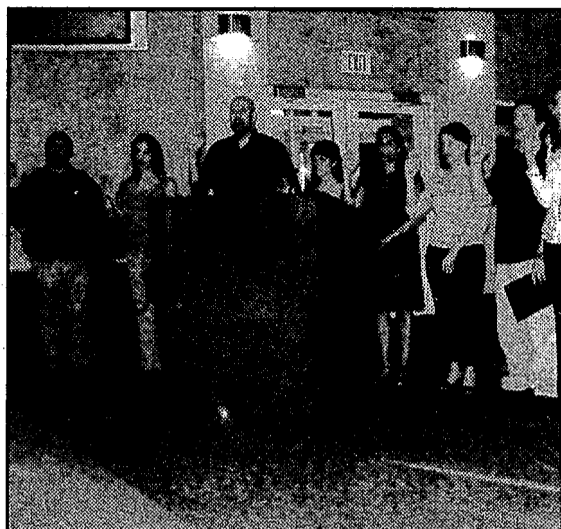
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## Board of Education grants tenure to 19 Clarkston teachers

Clarkston Board of Education granted tenure May 7 to 19 Clarkston teachers.

Andersonville Elementary: **Mary Ditito**, first grade; **Katie Jordon**, second grade.

Bailey Lake Elementary: **Daniel Minot**, fifth grade; **Sarah Wilson**, first grade.

Independence Elementary: **Erin Hill**, second grade; **Kara Lamofov**, third grade.

Springfield Plains Elementary: **Matthew Gifford**, fourth grade; **Laura Khoury**, first grade; **Angela Townsend**, fourth grade.

Sashabaw Middle School: **Edward Lipke**, language arts; **Monica Phillips**,

language arts.

Clarkston Junior High School: **Jennifer Berman**, science; **Heather Brinkman**, language arts.

Clarkston High School: **Joseph DeGain**, physical education; **Aaron Dobson**, language arts; **Amy Hohlbein**, Spanish; **Kyle Hughes**, OSMTech, math; **Su-**

**san Mohr**, French; **Michael Olsen**, OSMTech, science.

Teachers are evaluated by building principals and recommended for tenure. They take a Teachers Oath, swearing adherence to service, respect, equity, diversity, and honesty.

Photos by Phil Custodio

## Police

Continued from page 9A

**Sat., May 5** An 18-year-old Davisburg man living in the 7000 block of Eagle was arrested and jailed on domestic assault charges after an argument with his father became physical.

**Sun., May 6** Springfield deputies were dispatched to assist Michigan State Police with reports of a car fire on I-75 near East Holly Road. Upon arrival, it was discovered a car/deer accident had caused a vehicle to catch fire.

Deputies were dispatched to the area of 3400 Bird Road in Groveland Township to assist Michigan State Police with an injury accident.

**Mon., May 7** A 41-year-old woman walked into the substation to make a report of a lost or stolen cell phone.

**Tues., May 8** A 49-year-old woman living in the 9700 block of Norman Street called police after discovering three 'no trespassing' signs missing from her property. The woman told deputies it was not the first time signs were stolen, and she suspected her neighbor of the deed.

Deputies were dispatched to assist on a medical call after a plow-equipped four-wheeler rolled over and landed on top of the 55-year-old man who was using it to move dirt. A neighbor heard the man yelling for help and was able to move the machine and call 911.



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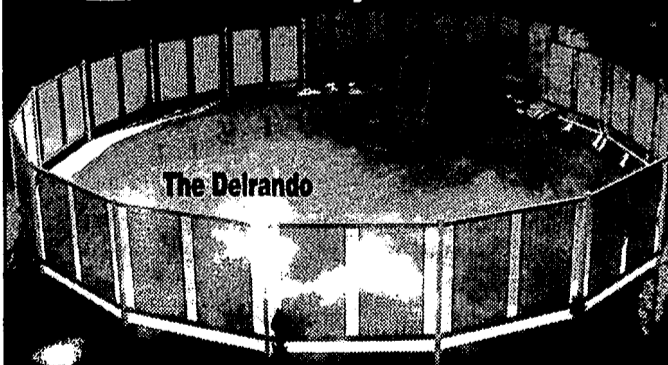
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# Clarkston News Sports

## Wolves place middle of pack at OAA tourney

BY PAUL KAMPE  
Clarkston News Staff Writer

A 3-2 regular season record gave Clarkston's girls track team a tie for second place in Oakland Activities Association division I with Rochester. Additionally, the Wolves were in position to jump up and tie Troy for the OAA I championship with a win at the league meet Friday at Lake Orion High School.

The comeback was not to be as the sun faded and the wind continued to blow over a chilly track and Clarkston took third-place at the league meet. The Wolves (79.5) finished behind West Bloomfield (94) and Troy (85), earning a second place finish overall in the league.

"We had a rough day in the long jump and we could have won it if we had performed like normal in (field) events. A lot of teams could feel the same about their day. Our league is so close, a lot of these teams could beat anyone on any given day," Clarkston coach John Yorke said.

Autumn Touchstone (46.84) was first in the 300-meter hurdles. Lauren Frank (34-feet 7.5-inches) won the shot put, Stephanie Carlson (113-feet, 9-inches) won the discus and Stephanie Carlson (5-feet, 2-inches) was first in the high jump. Kristen Smith (5:12.8) finished third in the 1600-meter run, 0.3 seconds out of sec-

ond place. Smith also took fifth in the 3200-meter run with a time of 11:33.2.

"(Smith) had a tough day Tuesday in the mile (1600-meter run), but she really came back today. She ran a personal best and came back and ran a really good two-mile run (3200-meter run). Overall she had a great day," Yorke said.

Clarkston's boys finished last in the seven-team field, but showed impressive personal performances. The Wolves' 3200-relay (8:23.9) of Phil Voorheis, Matt Alexander, Nick LaMora and Jeff Kuhl placed third. LaMora (2:03.1) and Alexander (2:03.3) placed first and second in the 800-meter run.

"The competition is very, very tough, but if you want to hang with the big dogs, you've got to compete," Clarkston boys coach Walt Wynnemko said.

"We know we're young and there's talent there. Everybody goes in cycles, we've got to be patient, that's the main thing."

The girls can redeem themselves Friday at home while hosting the regional playoffs, an event the girls have won three out of the last four years. Yorke is anticipating a very even competition from five teams at the regional, including OAA foe Rochester Adams.

Wynnemko said there are multiple po-



Kristen Smith, third from left, gets bunched up with the field during the 3200-meter relay at the OAA meet at Lake Orion Friday. Photo by Paul Kampe

tential state qualifiers for the boys team. The Wolves are hoping to qualify both the 1600- and 3200-meter relay teams and LaMora and Kuhl each have a shot at qualifying for the 800-meter run. Pole-vaulter Dan Moore has the potential to make the cut as well, he said.

"There's a lot of people in our camp we think could do pretty good. They've got to put it together."

Clarkston's girls had a chance to take down the Colts head to head May 8, but a slow start doomed the Wolves' chances in a 66-62 loss.

"We had some really outstanding individual performances and some that were not their best," Yorke said.

"We had some key events where we haven't done what we had in the past."

The Wolves' field competitors did not fade, providing more than half of the team's points (35) while nearly sweeping all four events. The Wolves took top honors in the shot put, discus and high

jump. In the long jump, Troy's Staci Cox (14-feet, 11-inches) earned third place, but couldn't come close to first-place finisher Thorstad (17-feet, 2-inches) or runner up Touchstone (16-feet, 3-inches) of Clarkston.

"Our field events have more than carried us this year," Yorke said.

The boys team fell to the Colts 90-38. Kuhl took first in the 1600- and 3200-meter runs and Kyle Rivenburgh (42.5) was first in the 300-meter hurdles. Kamil Dechnik (19-feet 0.5-inches) was the top finisher in the long jump.

Most of the Wolves' performances were better than in meets past, Wynnemko said.

"When you look at the (score) sheets, it says we got beat, but our times aren't all that bad."

The regional playoffs at Clarkston High School are scheduled to begin at 1:30 p.m. Friday.

## Athletes of the week Riverdaws earn World Series berth

At the 13th Annual Clarkston Classic Baseball Tournament at Clintonwood Park April 27-29, the 13U-Clarkston Riverdaws team won four straight games to clinch first place and a berth in the USSSA World Series.

In their final game against the Anchor Bay Angels, the Riverdaws broke the 4-4 tie in the bottom of the 7th inning on a run scored by Luke Rodgers on a sacrifice bunt made by Trent Taylor. Rodgers went 3/3 at the plate and Taylor turned an unassisted double play as shortstop on an infield fly.

Starting pitcher Drew Fairse allowed only one run during the first five innings of play. Tyler Vaughan, the winning pitcher, took the hill during the final two innings. Austin Morse hit a pair of doubles and catcher Trevor Potter threw out two runners and produced an RBI. Phillip Sims went 3/3 at the plate, collecting two RBIs. Jack Margavitch brought a run home with a sacrifice bunt with a runner on third. Jake Forsten led the defense in centerfield by catching four fly balls during the game while Joey Goss aided the team as auxiliary hitter.

"This team played hard and never gave up," head coach Steve Potter said.

The Riverdaws advanced to the final game of the Clarkston Classic by beating the Orion Chargers

7-3, the Michigan Pirates 9-0, and the Rochester Rockies 9-3.

Other Riverdaws teams came close to winning their respective pools. The 10U Riverdaws beat the Clarkston Cubs 7-5 and the Rochester Pirates 13-3, but lost to the Lakes Area Dodgers in the bottom of the 6th inning, 8-7.

The 14U Riverdaws beat the Western Ontario Bulls 6-0, and the Rochester Rockies 11-1, but lost to the Novi Heat 8-0.

The five Riverdaws teams produced a combined record of 10-6-0 for the tournament.

Clarkston Riverdaws travel baseball teams compete in the North Oakland Baseball Federation through the Clarkston Youth Baseball Organization.

For additional information about all the Riverdaws teams, visit [www.riverdaws.org](http://www.riverdaws.org).



The 2007 Clarkston Riverdaws 13U team is (front row left to right): Luke Rodgers, Tyler Vaughan, Jake Forsten, Jack Margavitch, and Trent Taylor. Second row left to right: Joey Goss, Drew Fairse, Trevor Potter, Austin Morse, Phillip Sims, head coach Steve Potter and Chip Vaughan. Scott Goss is not pictured. Photo submitted



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# Everyone needs a little change

## Hall adds new pitch, Wolves sink Avondale 10-1

BY PAUL KAMPE

Clarkston News Staff Writer

Looking to change his fortunes from the mound this season, Clarkston pitcher Josh Hall did just that. The right-hander threw 11 strikeouts in a complete game for the Wolves (7-11), who took a 10-1 win against Auburn Hills Avondale Thursday, after adding a changeup to his pitching lineup.

"I started using a changeup more often than I usually do and that helped me out a lot," Hall said.

"All I had was two pitches and they knew right away that it was a curveball if it was off-speed. So I had to change it up."

Clarkston tagged Yellow Jackets (13-6) starter Marc Moffitt for five runs in the second inning and earned two more in each of the third and fourth innings.

"It all starts with Josh Hall. When you've got a pitcher who's always throwing strikes and not walking people, it's easier to play defense behind him," Clarkston coach Phil Price said.

"We made some nice plays defensively. When you make plays, you gain confidence. Baseball is a game where if things are going well, everything snowballs."

The lopsided win came on the heels of a 15-0 home loss to Troy May 7.

"We really needed a win. It was good for us," Price said.

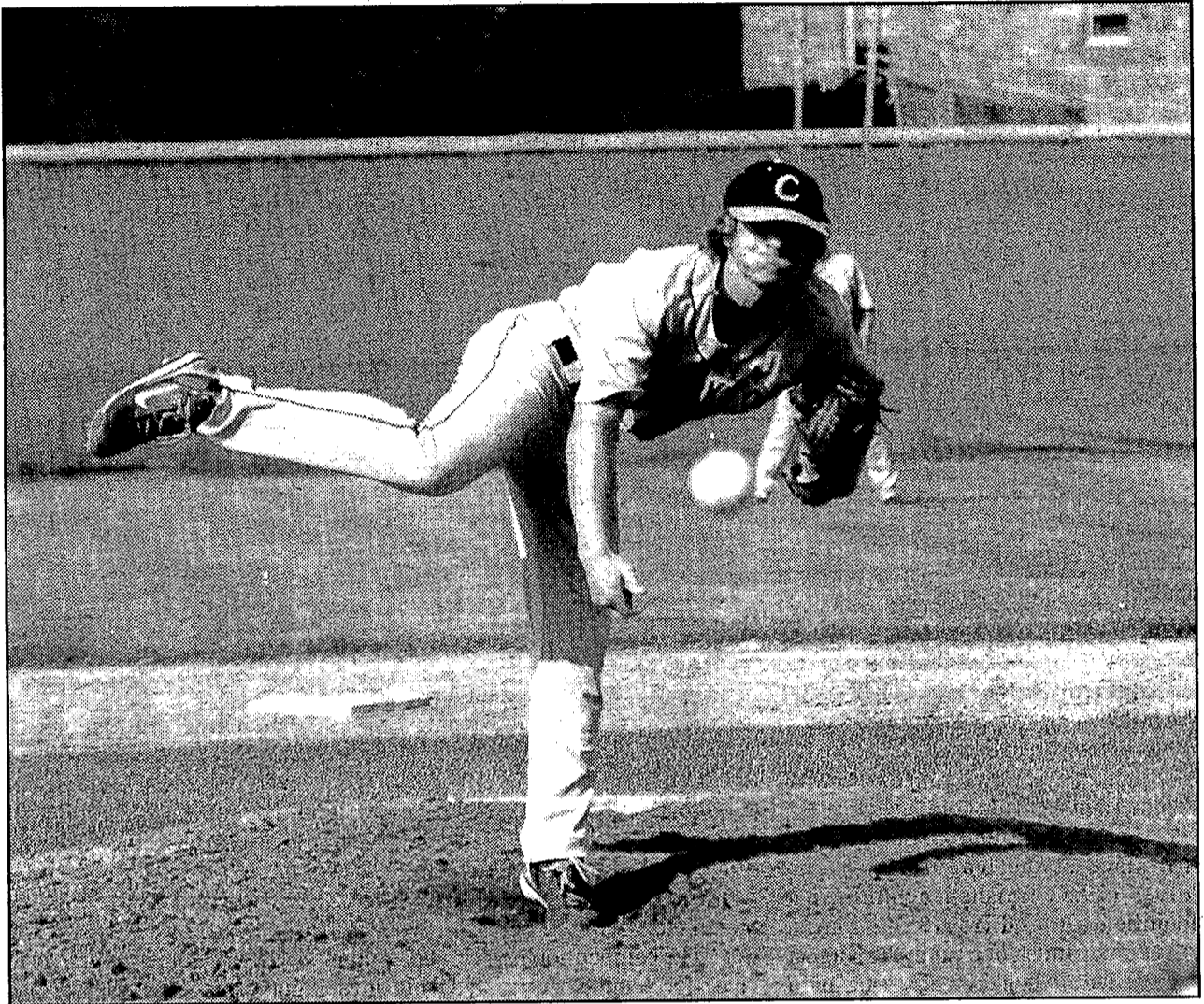
"It was really nice that we came out and played a really good, fundamental baseball game and we did the right things. Our kids wanted to send the message since we're hosting districts and Avondale is going to be there. We wanted to come out and play well and we did."

Avondale coach Tom Kurczewski said the Yellow Jackets' lack of persistence doomed the team.

"We really didn't put any pressure on them, once they got that lead, the game was theirs. We didn't put up much of a fight. Our starter had some trouble throwing strikes in the second inning and it exploded in his face," Kurczewski said.

"They weren't pounding the ball all over the field on him, but at the same time, a pitcher has to do all the little things to win and (Moffitt) didn't do that."

Kurczewski said his team's play has resulted in one of two extremes this season.



Josh Hall pitched a complete game, striking out 11 batters in the Wolves' 10-1 win over Auburn Hills Avondale May 10. Photo submitted

"We haven't been behind in many games and the games we've lost were 9-1, 8-2. We have won one game this year when we didn't score 10 runs or more," he said.

"Either we score a lot or we don't score any."

Clarkston hosts West Bloomfield Wednesday and they head to the Chuck Jones Tournament in Royal

Oak Saturday. The Wolves host rival Lake Orion Monday at 4 p.m. The Dragons defeated Clarkston 7-1 two weeks ago.

Visit [www.clarkstonnews.com](http://www.clarkstonnews.com) for your Clarkston results

# Wolves split softball doubleheader

BY PAUL KAMPE  
Staff Writer

Doing the splits is tricky and sometimes painful. But on their home softball diamond, Clarkston did it against Waterford Kettering Thursday, taking the first contest of a doubleheader 4-0 and dropping 4-3 in the finale.

Kettering moved to 12-0-5 and 6-3 in the Oakland Activities Association while Clarkston failed to pull to .500. The split makes the Wolves 11-13 and 1-5 in OAA play.

Freshman Bailee Braunreuther pitched a complete game shutout in the first game and then took over for Megan Moehlig in the second after the starter pitched into a predicament.

In the sixth inning, the Captains loaded the bases. Moehlig struck out Kettering's Taylor Styke and then was pulled in favor of Braunreuther. The Captains scored the

ahead run before she got a strikeout and a pop up to close the inning.

"Obviously you'd like to get as many (runs) as you can with the bases loaded, but if you can squeak out one and come back with pitching and strong defense, you're in pretty good shape," Waterford Kettering coach Jamie Miller said.

"Unfortunately in fast pitch, it comes down to one run, you can't get too greedy."

Clarkston coach Don Peters made the move to get some experience for Braunreuther in a tough situation. He was impressed by her reaction in the jam and her work throughout the first game.

"She had nice movement on the ball and nice control. The defense made the plays behind her and we got a few timely hits," Peters said.

"She's growing and she's getting better. She

hadn't pitched for a while, so her learning curve has to be accelerated because she didn't throw all winter.

"She's doing a nice job."

At bat and trailing 3-2 in the sixth inning, Caitlin

Morris scored from first base on a double hit by Shantel Uballe to erase a Kettering lead earned just one inning earlier.

Miller liked the way her Captains responded after losing the first game.

"We've been working

on playing from behind a bit since last week. Things don't come easy and you have to work for it. Losing that first game, it was a wakeup call that they were going to have to work for it," she said.

"They dug down a

little for the second game and fought a little bit harder to pull out the win."

Peters was optimistic about the remainder of the Wolves' season with the district playoffs drawing near. Clarkston begins the second season May 29.



Bailee Braunreuther worked a complete game shutout in game one of a doubleheader against Waterford Kettering last week. Photo by Paul Kampe

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# Wolves focus on regional tennis playoffs

BY PAUL KAMPE  
Clarkston News Staff Writer

Clarkston has kept a fairly even keel regular season in OAA II play (2-1-2). Their final week of the regular season exemplified that perfectly, as the Wolves closed out the campaign 1-1-1.

Saturday played out much like the match-play season, when the Wolves took third place in the six-team conference tournament at Troy Athens. The hosting Redhawks took off with the competition, finishing with 41 points, followed by Rochester (29) and the Wolves (28).

Clarkston's placing at the tournament determined a second-place tie with Rochester in the final division standings.

Brett McMillen took second place at No. 3 singles and Erik Ejups rode a three-game winning streak to a first place finish at No. 4 singles for Clarkston. Clarkston's No. 2 doubles team of Derek Boatman and Jason Dutcher went 2-1 on the day for a sec-

ond-place finish.

Clarkston heads into its regional playoff at Utica Eisenhower Thursday through Saturday. The field includes notable competition such as West Bloomfield, Birmingham Brother Rice, Eisenhower, Rochester and Lake Orion. Clarkston has seen three of its main competitors this season, going 2-1. At the 2006 regional playoff, the Wolves came within a point of keeping Eisenhower from the state finals.

Clarkston coach Chaz Claus said West Bloomfield is the likely favorite for first place, but the field is wide open afterward. Last year's field fought tooth and nail for the second-place spot and a chance at the state finals, leaving no one with enough points to qualify for the finals based on points.

"There's so many teams vying for that second spot, we beat each other up at every flight," Claus said.

Claus expects a similar struggle from this year's field. Each flight on the Wolves' roster will be called on to produce at the tournament.

"Everyone needs to step up. You can't do well when players are getting zeroes. Every single flight needs to score points," Claus said.

Against Eisenhower May 7, the Wolves came up short, 5-3. McMillen, Ejups, Boatman and Dutcher were all winners at their flights.

"We hung with them and we could have tied or beaten them," Claus said.

"We played alright, but there were a few flights we could have won, but we didn't."

The Wolves tied visiting Rochester Hills Stoney Creek May 8, 4-4. No. 1 singles Chris Graczyk lost to Jon Schoenhals, a top competitor in OAA II, 6-2, 6-2.

"(Schoenhals) is consistent and able to turn your best shots to his advantage. Chris played a tough match and hit some good shots even though the score doesn't necessarily indicate it," Claus said.

"(Stoney Creek) is really strong at the top and we would have had to win five of the next six flights. We made a good run of it, but we couldn't put it together."



Andrew Schram and the Wolves are getting set for the state playoffs. Photo by Paul Kampe

## Lacrossers ready for playoff push

BY PAUL KAMPE  
Clarkston News Staff Writer

In playoffs of any sport, depth can become key to the outcome of a game. Clarkston's boys lacrosse is headed in the right direction after illness and injuries forced coach Brian Kaminkas to utilize his reserves in the final contests of the season.

Clarkston (9-8) is scheduled to begin its playoff push next Wednesday against Grand Blanc at home.

Kaminkas expects the first two rounds of the playoffs to be similar to competition the Wolves have seen this season.

"We anticipated harder competition later on, that's why we played teams like Warren de la Salle early on," Kaminkas said.

The Pilots could easily be a final-four team, he said.

"We wanted to expose our guys to that type of competition and talent level."

Clarkston should be ready for the opening rounds of the regional, which would have Clarkston playing the winner between The University of Detroit Jesuit and Walled Lake Northern in round two.

"The first two rounds should be pretty well matched. We've been scouting and we should be pretty well prepared. With hard work and hustle, we could see ourselves at least in the finals," Kaminkas said.

The Wolves rode a 5-2 halftime lead to a 7-5 victory at Waterford May 8. Andrew Schram had two goals and Chris Salo scored one for Clarkston.

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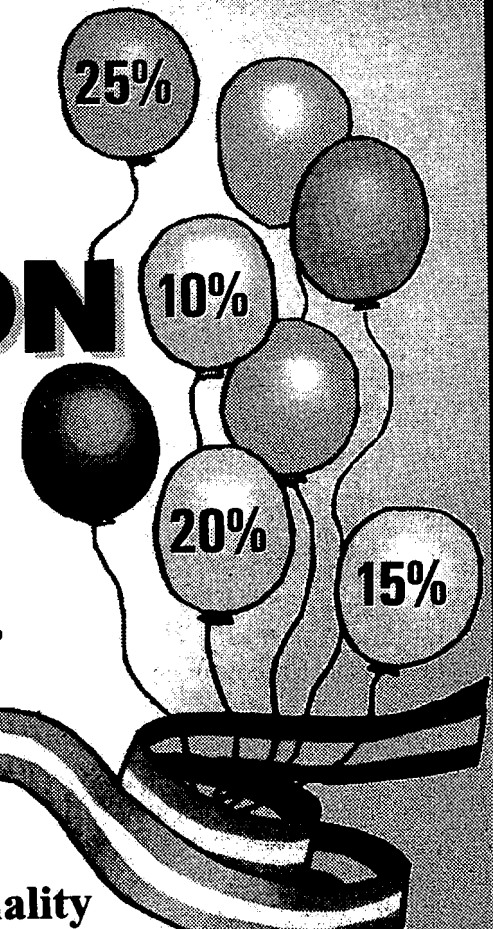
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# Clarkston's Chiappelli helping settle great hockey debate this week

BY PAUL KAMPE  
Clarkston News Staff Writer

For years, fans have debated who's better, Michigan or Minnesota hockey prospects. This weekend, those groups will have at least one legitimate measuring stick. The premier of the Michigan/Minnesota Showcase finds its way to Detroit City Arena Friday through Sunday.

Clarkston High School senior Dominic Chiappelli, 18, will play for one of the two Michigan teams in the '89-'90 division. The tournament will also showcase talents of high school-aged players in two other divisions, '91-'92 and '93, fielding two teams for each side.

"It's going to be the best amateur hockey in the country," said Matt Romaniski, organizer and director of Team Michigan's exposure program.

Although Minnesota churns out a great number of minor league hockey players, Michigan recruits have yet to see the same attention as their colleagues.

"Michigan kids are just as good, but haven't gotten the press," Romaniski said.

"It's a great chance for Michigan kids to step up and even beat Minnesota teams."

The three-day tournament, which will have rosters full of triple-A players, has been in the works for a couple years. At the oldest age group, the play should be at a collegiate pace, Romaniski said.

Troy Barron, a fellow organizer and

partner of Romaniski, said the recruiting potential of such an event is exceptional.

"We're trying to showcase the top kids in each state and scouts are loving it," he said.

A former coach and collegiate player, Barron began promoting hockey prospects in Michigan three years ago.

"We said, 'hey, let's start promoting these kids,'" Barron said.

"If you can't play at the top level, why not try to help kids get more exposure."

Team Minnesota coach Mark Melnychuck said the discussion regarding an inter-state competition came about after talking with Barron and Romaniski about the excess number of teams at various hockey tournaments.

Teams from both states will need to make adjustments on the fly to keep up, because players from both sides are known to put a different emphasis on their skills, Melnychuck said.

"The series is going to be wonderful. Everyone has to get used to the way the other plays," he said.

"We're looking forward to the competition level. Our goal is to develop this into a top exposure outlet for talent."

Chiappelli, a member of Detroit Compuware, a midget majors triple-A team last season, is eager to play against opposition he has seen and heard about throughout his career.

"I'm excited because everyone talks



Clarkston High School senior Dominic Chiappelli and Team Michigan will battle the finest players Minnesota has to offer. Photo submitted.

about how big Minnesota is in hockey and I want to show them how good Michigan is," Chiappelli said.

"It's going to be very hard competi-

tion, so it's going to be a challenge."

Seeing his opponents' moves for the first time can help Chiappelli add to his range, he said.

## Highlanders win rest fest



Clarkston's Mary Swantek battles for the ball against Rochester Adams. The Wolves fell 7-1 to the Highlanders. Photo by Paul Kampe

BY PAUL KAMPE  
Clarkston News Staff Writer

When Clarkston took the soccer field against Rochester Adams May 7, Highlanders coach Juan Delgado was trying give his girls a rest leading up to the playoffs. Down the sidelines from Adams, Wolves coach Sarah Smith rested four starters because of injury.

Clarkston, minus offensive threats Courtney Meharg and Laura Gabriel, suffered through a 7-1 loss in an Oakland Activities Association crossover meeting.

"As we get toward the end of the year, anybody with a scratch is going to sit because we want everyone 100 percent when we get to the playoffs. That's always our goal. It's tough to do playing in our league because every game is a battle," Delgado said.

"It's tough to stay healthy, you have to be very careful about how you go about your season."

The Highlanders (6-3-3) took a 3-0 lead into half-time and added three more goals in the first eight minutes of the second half. Kelsi Blauvelt added the lone

Clarkston (3-7-1) goal with 19 minutes left in the second half, taking a lead pass from Kate Przybicien and beating Adams keeper Kristine Gasparovic in the top left of the net.

Adams, a state final-four team two of the past three seasons, is looking to up as the state playoffs inch closer.

"Right now we're keying on trying to get better as a team so we can peak at the end of the year. We're fixing the little things we can improve on. We've been playing pretty well all year and now we want to peak toward the end," Delgado said.

"Adams is tough. I can't complain about my girls' effort," Smith said.

"I always expect them to come out tough and for the most part we did pretty well.

"I feel like we're just constantly battling injuries.

"It's been tough, but hopefully we'll have everyone back when the tournament comes."

A different playing mindset could help the Wolves push their opponents back on their heels.

"We go into the games very defensive-minded. I'd like to see my girls play more off the ball and make more offensive runs," Smith said.

"It's a matter of getting our confidence up and getting to know our teammates."

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Kara Lomazov, third-grade teacher at Independence Elementary, will be camp director. Dennis Klenow, fifth-grade teacher at Independence, will be assistant director. Local certified teachers will lead the five modules and curricula each day. Enthusiastic high school and college students will serve as counselors.

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For more information, visit [www.campinvention.org](http://www.campinvention.org) or contact Kara Lomazov at: lomazokl@clarkston.k12.mi.us.

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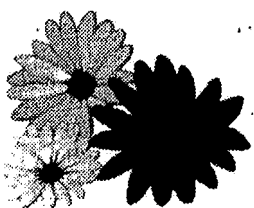
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Michelle Bondy and Ronnie Brueck gather a collection of naturally long, but now dead grass.

# Clean up, everybody, everywhere

The Clarkston Elementary Garden Club and its members spent time May 5 beautifying the grounds. Members raked leaves, planed flowers and pulled weeds in their efforts.

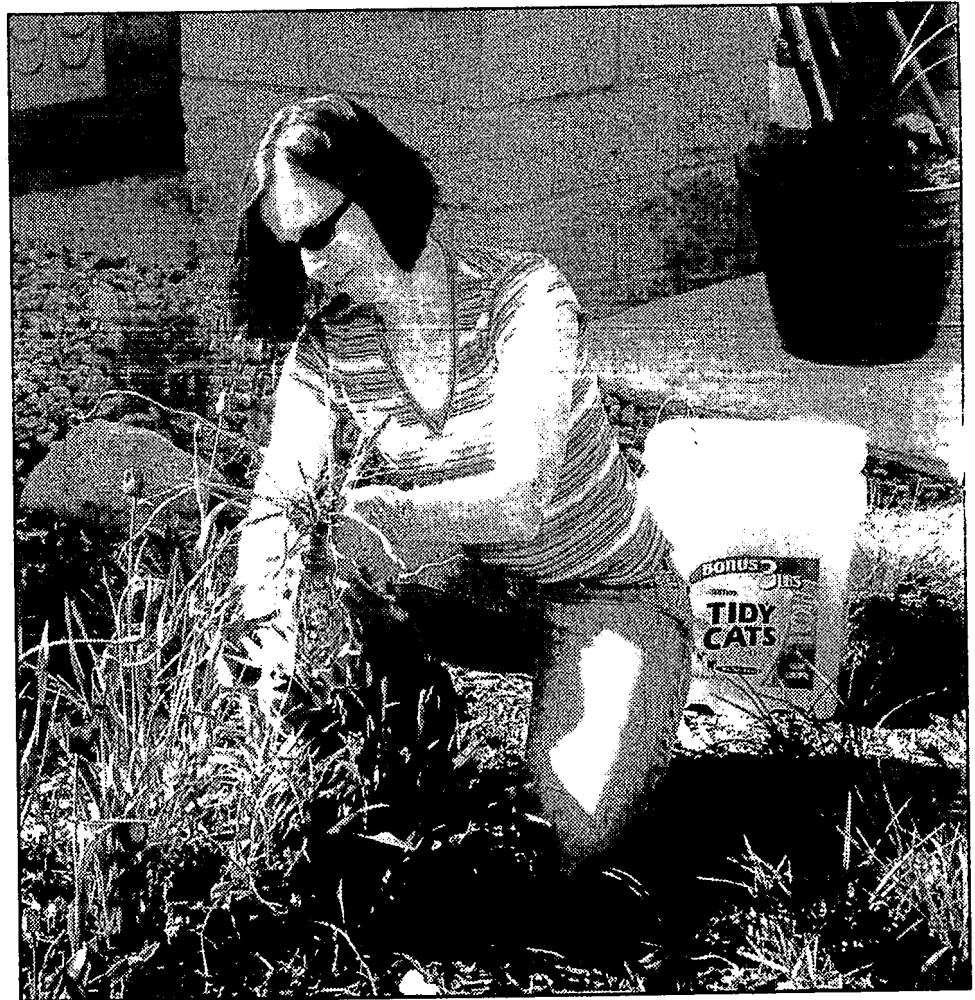
Photo story by Paul Kampe



Second-grader Chloe Brueck gives mom Ronnie a helping hand.



Kelly Dobrzelewski puts the flowers in a welcoming pot.



Gall Glowski takes a minute to rid the area of weeds.



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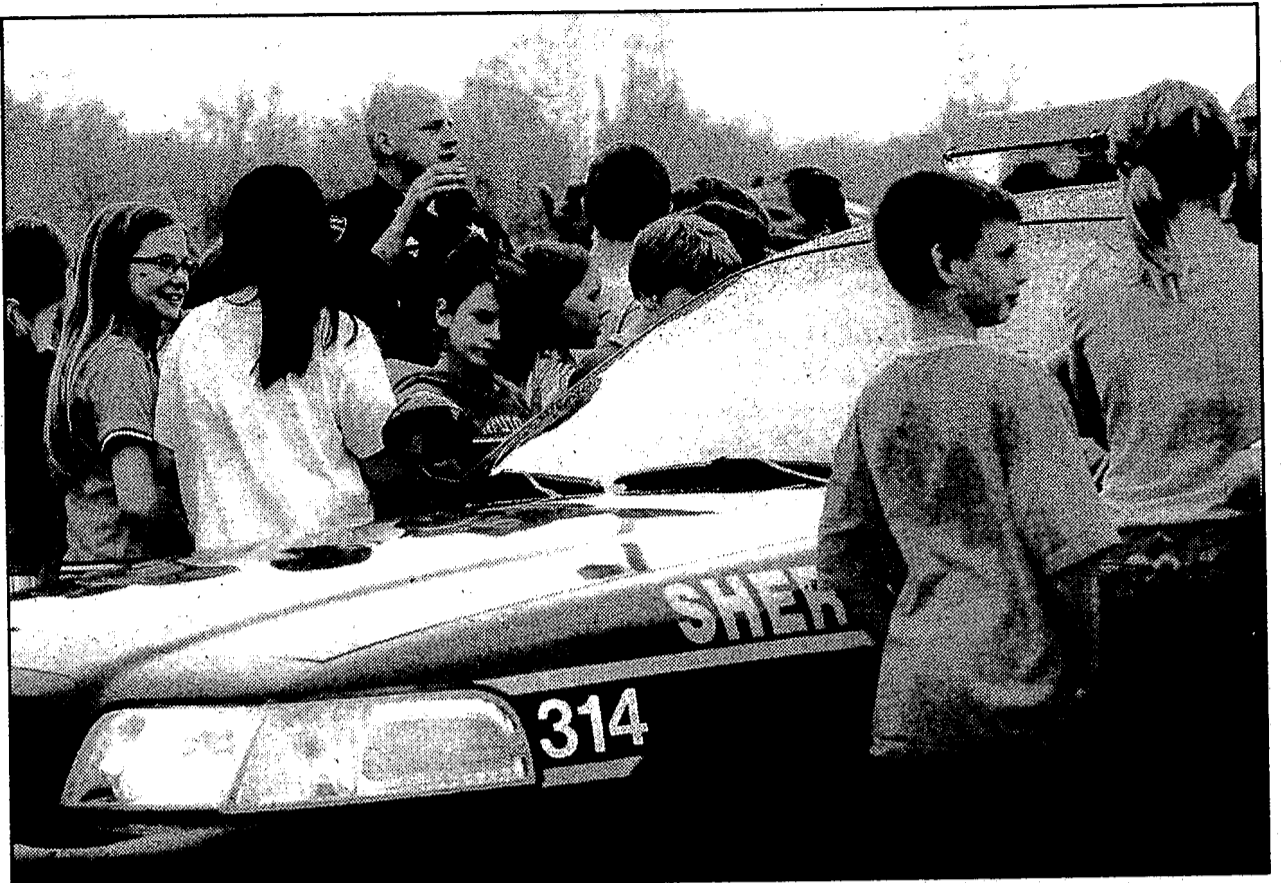
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"Boss" showed off his skills to the fifth-graders.



Students got to look inside the canine cars, specially outfitted with windows that roll down automatically if it gets too hot.

## Who's the Boss?

Dogs from the Oakland County Sheriff's Office Canine Unit were barking up the wrong tree if they expected to nab any bad guys at Bailey Lake Elementary last week.

Six German Shepherds and their handlers showed up to thank all four fifth-grade classes for a special donation to help purchase new training supplies.

Boss, one aptly-named dog, demonstrated how he sniffs out narcotics, tracks troublemakers and protect the police.

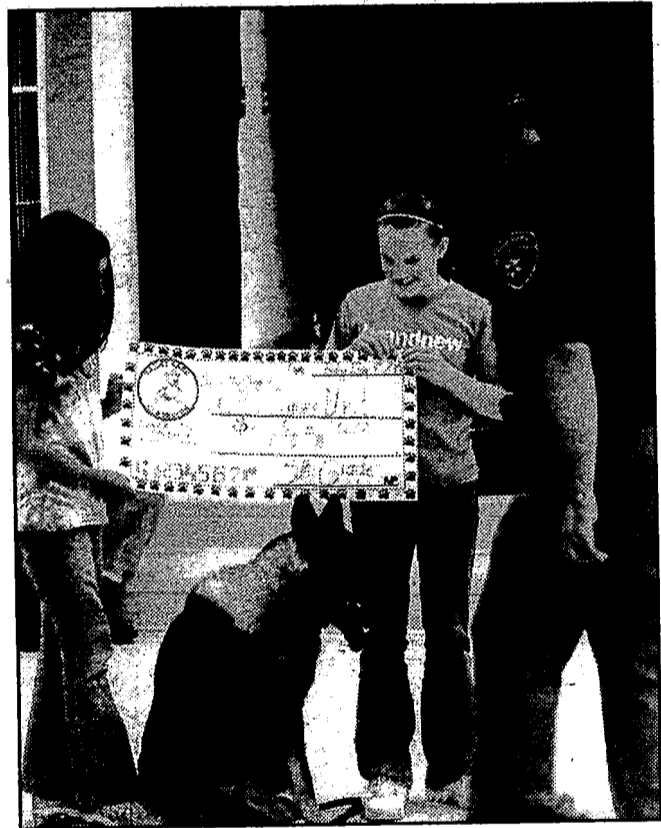
"The kids were amazed," said fifth-grade teacher Liz Sajan. "A lot of them knew about the police dogs, and knew they were out there to help, but didn't realize everything they do."

The fifth-grade classes presented the unit with a check for \$544, which was raised when students sold dog bandanas made during a service learning assignment last month.

Each grade had its own project; fifth grade classes learned about measuring, volume and area as they created small, medium and large bandanas. They decided on pricing—the bandanas ultimately sold for \$1, \$2 and \$3 respectively—and brushed up on persuasive writing skills for posters to advertise the product.

The bandanas were sold to students, teachers and family during several school lunch periods.

"It was great," said Principal Glenn Gualtieri after the demonstration, noting the mood among the fifth-graders was one of 'sheer excitement.' "The kids were able to see first-hand what the dogs do, and really felt the impact of their project. The demonstration just brought everything to life."

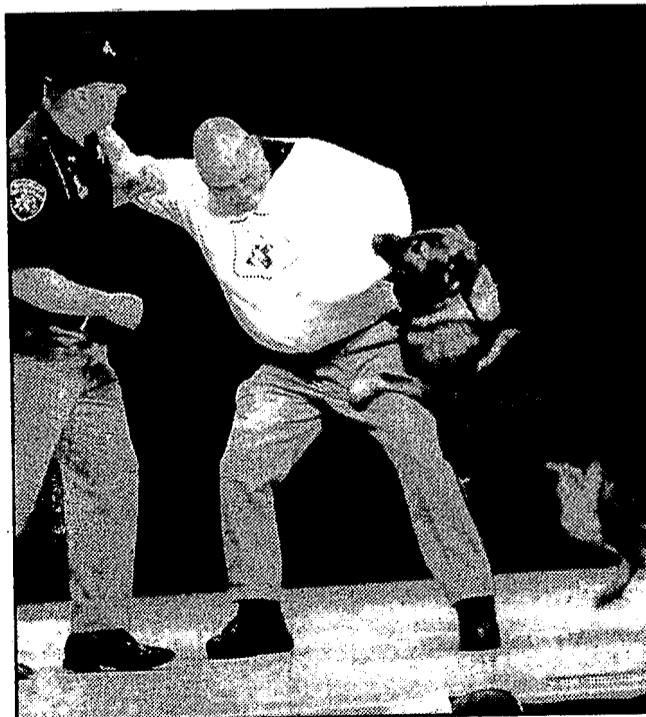


Haley Blondo and Haley Ferer present the check.



Ariel Garrison waits to ask a question.

Photo story by Laura Colvin



Going after a "bite sleeve" worn by Deputy White, Boss demonstrates what happens to someone who tries to hurt his handler.



Boss shows his drug-sniffing ability.



Deputies talked to students about how the dogs are trained.



How do you stay healthy and fit?



"I've been running for 15 years. I'll run the 10-mile Crim race in August (in Flint)."  
 — Kelly Roos



"Pilates — full-body strengthening. It's quick and easy, and uses muscles you didn't know you had."  
 — Julie Walker



"Cardio and weight training, four days a week."  
 — Pam Neff



"I run and lift weights five days a week."  
 — Amy Coston

By Phil Custodio

Check our Health and Fitness special section this week for more ideas

# The Clarkston News' Millstream

A section dedicated to showcasing the reasons this is a great area to live and work!

## Comfort and care

Local woman helps make end-of-life experience brighter

BY LAURA COLVIN  
 Clarkston News Staff Writer

Some people believe everything happens for a reason.

Nancy Riddle of Independence Township has spent many hours over the past seven years as a volunteer with Genesys Hospice in Goodrich, a facility that providing comfort and care to the terminally ill, and their families.

It all started in the 1970s when Nancy Riddle's mother was diagnosed with breast cancer. It didn't take long for the cancer to metastasize to her kidneys, and she suffered 10 long years with cancer pain.

Finally unable to care for herself, Riddle and her family made the difficult decision to place her mother in a nursing home.

"Every crisis she had, they got ambulance and took her to hospital," said Riddle. "She got very confused. They would give her some morphine and ship her back to the nursing home."

The same series of events occurred over and over, she said, usually between five and ten times every week. The situation took a heavy toll on everyone involved.

Riddle eventually placed her mother into a foster home for the sick and elderly, but decided a local hospice organization was worth looking into, as well.

And that's when everything changed. When hospice nurses came in, the crises were calmed, the pain was managed and the angry bedsores healed.

"When she died it was down to one tiny, tiny bit of a bedsore, that's all that was left," Riddle said. "She was so at peace, where before she had been so confused and in so much pain. It made it easier on the entire family, as well as on my mother."

It was that sense of relief that prompted Riddle, several years after her mother's death, to look into becoming a hospice volunteer.

"I was just kind of kicked back thinking,



Volunteers Nancy Riddle, right, and Diane Hawkins show off a handmade quilt donated to the sale by the Evening Star Quilter's Guild of Davison. Photo by Laura Colvin

boy, I'm going to enjoy my retirement," she said. "But I found myself being restless a little bit."

So, while she wasn't looking for something to do, someone, it seemed, was looking for her.

As she drove home from a visit with her mother-in-law one afternoon, Riddle passed by Genesys Hospice in Goodrich.

"I looked at the place and I thought 'I wonder if they could use volunteers?'" she said. "I went in and they said 'oh yes,' they could use volunteers."

Recently retired from her career as a registered nurse, Riddle decided she wanted to provide the same kind of comfort she once received to others who were struggling with the imminent death of a loved one.

She had a tour of the facility, took home some pamphlets and didn't need much convincing to go through the required training.

When she learned everything they wanted her to know, Riddle began learning from her own patient encounters what it was like to make a difference—a real difference—in the end-of-life experience of another person.

"I wrote letters, I read books, I held hands," she said. "What made it really rewarding was two instances when I was out in public and someone came up and gave me a hug and said 'you probably don't remember me but I remember you. You were the volunteer who helped my mother.' And that made me feel so good that they remembered that."

Then one day an upbeat resident by the name of Joyce Burrow said to Riddle, "I don't have to sit here and die. I can be

helpful."

Those words gave life to the first Genesys Hospice craft show.

Employees and volunteers loaded Borrow's room with crafts, and decided to have a show.

Small as it was, the homemade crafts brought in a fair amount of money—money that over the years was used to buy airline tickets for a last visit by families who couldn't afford a ticket, money for birthday and anniversary parties, or to bring in fresh flowers and buy gifts for patients to give as a remembrance to their husband, wife—or perhaps, in one young man's case, to his mother.

"Just before Christmas we took some of the money we earned from the craft show and bought a gold heart-shaped necklace that said 'Mom' with a heart going through it," said Riddle, remembering the 21-year-old man who wouldn't see the New Year ring in. "She opened it up and put that necklace on and she was crying and he was crying and we were crying."

He died two days later.

"His mother said it was a happy death," Riddle remembered, "because he realized he could still give to his mother. It was something I'll never forget."

The Genesys Hospice volunteers held the first craft show in 2000, and the money raised made such a positive impact that Riddle now spends all her volunteer hours focused on fundraising.

"We started building on that every year until now," she said, "and we decided to really expand it and invite professional

Please see Volunteer on page 4A



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\*\*\*

**Clarkston Village Players** comedy "The Last of Jane Austen." Showtimes: 7:30 p.m. May 17; 8 p.m. May 18-19. Depot Theater, 4861 White Lake Road. For tickets, call 248-625-8811.  
\*\*\*

**Acrylic Landscape Painting**, 1 p.m., May 17, June 21, July 19, and Aug. 16. For beginning and intermediate levels. Materials included. \$23 for each two hour class. Independence Township Senior Center, 6000 Clarkston Road. 248-625-8231.  
\*\*\*

**The Sisters of Swing**, The Story of the Andrews Sisters, 11 a.m.-5 p.m., May 17, MeadowBrook Theatre. Residents \$45/Non-residents \$48. The tribute features more than 20 toe-tapping favorites like "Boogie Woogie Bugle Boy" and "Don't Sit Under the Apple Tree." Lunch before the show at O'Malleys. Senior minibus from senior center, 6000 Clarkston Rd. 248-625-8231.  
\*\*\*

**Spaghetti Dinner**, 5-7 p.m., May 18, Independence Township Senior Center, 6000 Clarkston Road. Spaghetti and meat sauce, salad, Italian garlic bread. \$5. Carry-out available. 248-625-8231.  
\*\*\*

**Mortgage Workshop**, Interactive Financial Corporation, 10-11 a.m., May 19. Purchasing, refinancing, credit repair. Free. Mesquite Creek Banquet Room, 7228 N. Main St. 248-620-2277.  
\*\*\*

**"Treasures and Treats,"** spring rummage, bake sale for Neighbor for Neighbor charity, 9:30 a.m.-3:30 p.m. May 18-19. Hart Community Center, Mill Pond Park in Downtown Davisburg. Proceeds to provide assistance to area families in need. 248-634-0900.  
\*\*\*

**"The Aging Eye"** with Dr. Thomas Biggs, 11 a.m., May 21. Macular degeneration, cataracts and dry eyes will be discussed.  
\*\*\*

# Around Town



## Mother goose

A family of local geese celebrate Mother's Day with a swim in the Depot Park stream, downtown Clarkston. Photo by Laura Colvin

Free lunch for first 20 sign-ups. Independence Township Senior Center, 6000 Clarkston Road. 248-625-8231.  
\*\*\*

**Office hours**, U.S. Rep. Mike Rogers staff, 9-11 a.m., May 21, Independence Township Hall, 90 N. Main. 877-333-MIKE.  
\*\*\*

**Travel Show**, 1-3 p.m., May 22. Presentations about day, overnight, extended trips around Michigan and the world. Carriage House, Independence Township Senior Center, 6000 Clarkston Road. 248-625-8231.  
\*\*\*

**Movie & Munchies For Adults**, 1:30 p.m., every fourth Thursday. Free movie and snacks. May 24: "Pursuit of Happyness." Springfield Twp Library, 12000 Davisburg Rd. 248-846-6550.  
\*\*\*

**Club Bookworm**, 10-11 a.m.,

May 24. \$1. Senior Center, 6000 Clarkston Road. 248-625-8231.  
\*\*\*

**Parking lot sale**, Friends of Independence Library, 10 a.m.-4 p.m., June 3. Garage-sale goods offered in 114 spaces - all sold out. 6495 Clarkston Rd. 248-625-2212.  
\*\*\*

**Mini-League golf**, six-week sessions, start June 5 and July 17. Shepherd's Hollow, 9085 Big lake Road. Tuesdays, 7-8 a.m. \$160 per session, payable at Independence Township Senior Center, 6000 Clarkston Road. 248-625-8231. Deadline to sign up, May 18.  
\*\*\*

**Drums Alive Golden Beats**, 9:15-10:15 a.m., Wednesdays, through June 6. Independence Township Senior Center, 6000 Clarkston Road. 248-625-8231.  
\*\*\*

**Support Group** for all ages of

those recently widowed 7 p.m., June 7, Senior Center in Clintonwood Park on Clarkston Road. Topic: "Dating After the Death of a Spouse: When Is It Right For Me?" Led by Alicia Brown, bereavement counselor at Lewis E. Wint & Son Funeral Home. Free. Walk-ins welcome. 248-625-5231 or www.wintfuneralhome.com.  
\*\*\*

**Golf outing**, Team "Fore" Mum, 9 a.m., June 9, Liberty Golf Club, 6060 Maybee Road. \$440/team, \$110/person. Benefits 2007 Michigan Breast Cancer 3-Day 60 Mile Walk. 313-274-5231, team4mum@gmail.com.  
\*\*\*

**Bunco**, 1 p.m., June 11. \$3. Independence Township Senior Center, 6000 Clarkston Road. 248-625-8231.  
\*\*\*

**Morning Book Discussion Group**, 10-11:30 a.m., June 15.

*Middlesex* by Jeffrey Eugenides, a story about the middle ground between male and female, Greek and American, past and present. Independence Township Library, 6495 Clarkston Road. 248-625-2212.  
\*\*\*

**CAYA Golf Outing**, June 18, 8 a.m., Liberty Golf Club on Maybee Road. \$120 per golfer before May 12, \$130 after. Includes golf, cart, meals, door prizes and various hole contests. For information, 248-625-9007, www.clarkstonya.org.  
\*\*\*

Clarkston High School Class of 1982 is planning its **25-year reunion** Aug. 11 at Deer Lake Raquet Club. Call Jeanne (Herron) Waddell, 248-922-0973.  
\*\*\*

Clarkston High School Class of 1987 is planning its **20-year reunion** Sept. 1 at Paint Creek Country Club. Contact Melissa Ronk at Bogey9@comcast.net.  
\*\*\*

**"Cut Ups" Quilting Club**, Mondays at 9:30 a.m. Independence Township Senior Center, 6000 Clarkston Road. Call 248-625-8231.  
\*\*\*

**Softball for Players 55+**, practices on Mondays, Wednesdays, Fridays, weather permitting. League games start in May. 248-625-8231.  
\*\*\*

**BNI, Clarkston-Waterford Chapter**, 7 a.m., Tuesdays, Oakland County Board of Realtors office. For more information, call Cheryl Bean at 248-625-7550.  
\*\*\*

**Yoga for adults**, 12-1 p.m. or 6:30-7:30 p.m. Wednesdays, through June 20, Springfield Township Civic Center, 12000 Davisburg Road. Residents: \$70 total. Non-residents: \$75 total. \$12 walk-in. 248-634-0412.  
\*\*\*

**Clarkston Area Lions Club** meets on the second and fourth Thursday of every month, 6:30-8 p.m. The Lions meet in the Carriage House, next to the Senior Center, in Clintonwood Park. Visitors welcome. Call 248-802-8603 or www.ClarkstonLions.com.

## Liberty Golf Club & Grille

### Golf, Wine & Dine

Come join us for a tasting of six of our best wines along with hot and cold appetizers. Saturday, May 19 at 7 p.m. in the Liberty Grille. Play nine/cart receive half off the regular price.

Wine Tasting - \$19pp  
Tasting & Golf - \$30pp

Live Entertainment, Thursday, May 17. Scott Frost Singer & Keyboardist, Singing R&B and Rock 'N Roll. Starts at 8 p.m. No Cover.

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# Springfield gardeners dress to impress

The Springfield Garden Club held their first Daffodils and Duds event at Deer Lake Athletic Club May 9.

The club is a division of the Woman's National Farm and Garden Association.

The event began with a lunch and

a silent auction, featuring home decor and jewelry. The proceeds in part go to the Michigan 4-H endowment.

Eight women dressed in fashions donated by Coldwater Creek, and a cake was donated by Rebecca's Cakes and Confections in Grand Blanc.

Photos by Paul Kampe



Nancy Bontumasi makes her way through the room with fashions donated by Coldwater Creek.



Leadoff model Sue Thibodeau shows off this springy number.

## Clarkston Salutes The Class of

# 2007

Send Our Graduates Up the Steps  
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June 6, 2007

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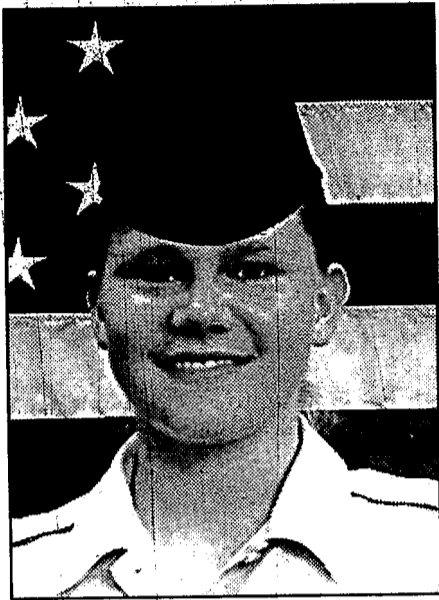
# Milestones

## In our country's service...

Air Force Airman Jessica Shaner has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, she studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations. In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Shaner, daughter of Bryan and Tracey Shaner of Clarkston, is a 2005 graduate of Clarkston High School.



## Students achieve success

The Clarkston Area Optimist Club is proud awarded scholarships to four Clarkston Community Schools students to attend music camp this summer.

The winners are **Lauren Rodewald**, seventh grade; **Matthew Lawson**, ninth grade; **Jenna Harkness**, seventh grade; and **Monique Zentner**, sixth grade. Each student will receive \$500 to attend Blue Lake Fine Arts Camp.

"The main reason for having this program is to encourage enthusiasm for music in the Clarkston area," said Ann Dutton, chairman of the Optimists' Music Scholarship Committee.

"The applications were very impressive and winners were chosen keeping our purpose in mind. As in past years, the winners were chosen from the

Middle and Junior High schools. We would like to congratulate all 15 students who applied for the scholarships this year on their hard work, dedication and achievements."

\*\*\*

**Bryan Yestrepky** received a Richard K. Vitek Chemistry Scholarship during Albion College's annual Honors Convocation held late last month.

The Albion College faculty and administration choose recipients for these awards from among the most exemplary students in all academic departments.

Yestrepky, a senior majoring in chemistry, is the son of Daniel Yestrepky and Diane Yestrepky of Clarkston and a graduate of Notre Dame Prep.

## Local volunteer helps people in need

Continued from page 1B crafters."

The craft show is "going big time." "We're very excited about it," Riddle said. "Very excited."

This year the event will include a petting zoo, bubble station, bake sale, raffles and an auction. About 50 handmade quilts will be available for sale, as well as more than 40 vendors with quality items such as jewelry, purses, homemade fudge, candles, pottery, caricature drawings, woodworking, garden ornaments, birdfeeders, and roasted almonds.

Organizing such a large show was a great deal of work, but Riddle said it was worth every minute.

"I guess it's a selfish reason," she said.

"Some people hear 'hospice' and say 'oh, how can you do that?' but it's not about me. It's about making that person feel good and when you make someone feel good you float out of this place. It might deal with death and everything, but you just feel so good."

The staff feels much the same way. "We truly believe this is a patient's home when they come here," said Mike Merrill, director of volunteer services at Genesys Hospice. "It's not just for the

patient, it's for the family and children, too. If they want to stay over night or participate in care, they can absolutely do that.

The facility is also pet friendly, and it's not unusual for a pet to arrive and stay with the owner.

A brightly painted room stocked with toys, video games and a television is available for children.

"It's a nice place where they can go and play," said Loraine Travis, assistant volunteer coordinator, "and not have to deal with grown up things."

Genesys Hospice, which is affiliated with Genesys Health System, is always happy to hear from anyone interested in volunteering.

Volunteer trainings are held 2-3 times each year. Call Volunteer Services at 810-606-5100 or toll free at 1-888-606-8731.

The craft show takes place Saturday, May 19, and Sunday, May 20, on the Genesys Hospice grounds, located at 7280 South State Road (M-15) in Goodrich.

To participate in the craft show, or for more information, call Wendy Wilson at 810-636-5004 or Nancy Riddle at 248-625-3616.

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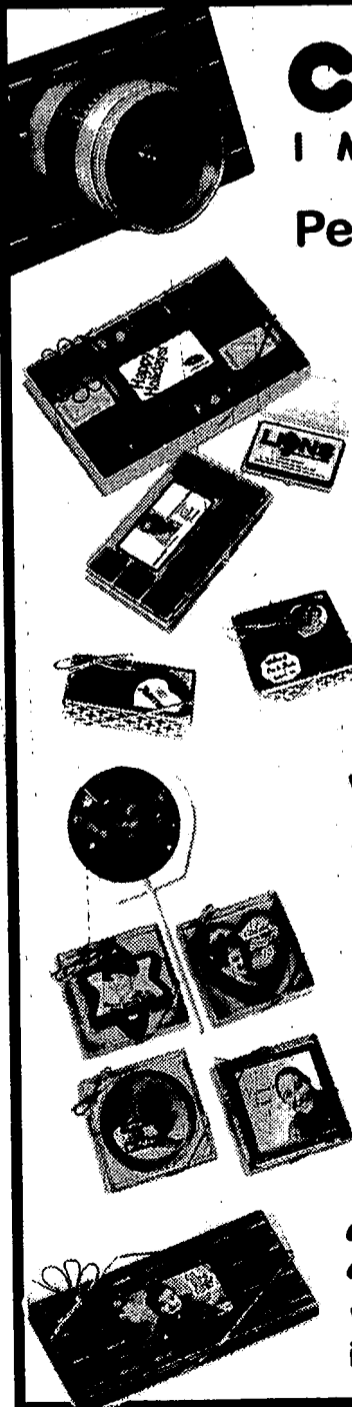
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# Religion

## God guides us to our destiny

Recently I was thinking about my home phone number. I have had the same home phone number for 27 years. I have lived in three houses since I have been married but still have the same phone number.

You can guess I have not moved far since I have been able to continuously transfer the number.

My parents live nearby and have had the same phone number since 1957. When I was in kindergarten at Sashabaw Elementary School I memorized my phone number as OR3-2050 or Orlando 3-2050 since prefixes were used back then.

I find that in stark contrast to my young adult children today who are seemingly always getting new phone numbers because they are looking for the best deal with the phone companies. With a cell phone you can change states and still maintain the same service.

Back in the day Ma Bell ruled as the queen of the telephones. Nowadays people change companies regularly and new phone companies are always appearing or at least changing their names through mergers and acquisitions.

Change is indeed the order of the day!

In a world with such rapid and regular change, the one constant is God. God does not change. In the Bible God declares, "I am the Lord, I change not."

Many people who fully embrace change want God to change with them. If God does not change then in



**Pastor Loren Covarrubias**

**Spiritual Matters**

their mind He becomes old-fashioned and irrelevant. Yet, God declares concerning Himself, "I am the Alpha and Omega, the beginning and the end."

God started everything and He is waiting in front of us for the end of all things. God does not need change because He already is everything He needs to be. Yet, for us change is not only necessary but divinely encouraged.

You are I are not yet what we need to be and mankind as a whole is not either. Mercifully God guides us forward to a destiny that He has set before us. What we need to understand is He can be a guide to help us through the uncharted waters of change and can be an anchor when it seems as if our life is out of control.

Of course, this is only possible if we are willing to embrace Him and recognize our need for Him.

Unfortunately, most people only take time to notice this help when our life is in turmoil. Hence, we find ourselves grasping for something in a time of conflict and find it difficult to connect.

To me our attitude towards our heavenly Father is kind of like the attitude people have towards their parents when they are young. Parents are trying to guide us when we are young and often out of step with the times and we fail to understand they have already been through the stages of life.

A parent under normal circumstances has been in the past and now stands in the future when you look at it from a generational perspective. If you have gained wisdom from the experience you can be a guide and stable force to children who have yet to go through

Please see *Spiritual Matters*, page 14B

## In our churches...

**FEAST** will resume at Calvary Lutheran Church, Wednesdays through May 23. All are welcome. Catered dinner at 6:10 p.m., followed by worship and Praise, then small groups for all ages, adjourning at 8:30 p.m. 6805 Bluegrass Drive in Clarkston, at the SW corner of I-75 and M-15. For more info, call the church at 248-625-3288, or visit our website, [www.calvaryinfo.org](http://www.calvaryinfo.org). \* \* \*

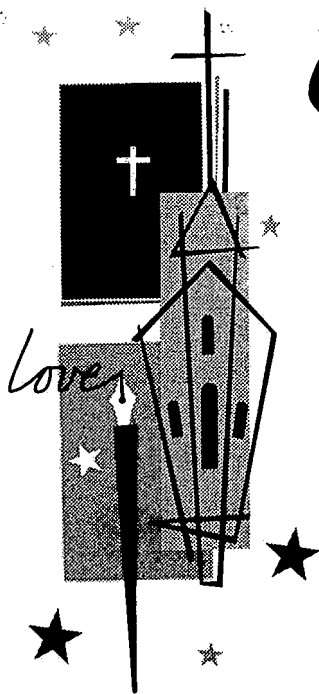
**Bethany North**, Catholic organization providing peer support to all faiths dealing with divorce or separation, general meeting, 7:30 p.m., fourth Monday, Cushing Center, St. Daniel Catholic Church, 7010 Valley Park. Meetings, 248-807-0041. Meet & Greet, 6 p.m., May 30, Deer Lake Athletic Club, 248-625-0569. Dance, 8-12 p.m., June 16, Deer Lake Athletic Club, dressy/casual, \$10, cash bar, 248-625-0569. [www.bethanyofsoutheasternmichigan.org](http://www.bethanyofsoutheasternmichigan.org). \* \* \*

**Parenting classes**, videotape-based series, 6 p.m. Sundays, through June 17. Topics: raising positive kids in a negative world, helping children reach their full potential, God's process in teaching obedience, and discipline. Bible-based study for parents of children of all ages. Seymour Lake United Methodist Church, 3050 Sashabaw Rd. 248-628-4763. \* \* \*

Peace Unity Church of Clarkston will offer "**Teach Us To Pray**," the first in a series of classes for 2007. Tuesday evenings, 7 p.m., at the McLoskeys home, 590 Crestmoor Circle, Oxford. Reverend Mathew E. Long will facilitate the class. Who, What, When, Where, Why and How of Prayer and Meditation, in

Please see *In Our Churches*, page 14B

# CHURCH DIRECTORY



**ST. TRINITY LUTHERAN CHURCH**

"Lutheran Church - Missouri Synod"  
7925 Sashabaw Road  
(1/4 mile N. of DTE Music Theater)  
Clarkston, MI 48348  
(248) 625-4644  
Worship:  
Sun. 8:15 am & 11:00 am  
Sat. 6:00 pm  
Sunday School 9:45 am  
Preschool: 3-4 years old  
Preschool: 620-6154

**BRIDGEWOOD CHURCH**

6765 Rattalee Lake Road  
Clarkston, 48348  
(248)625-1344  
Services: Sunday 10:00am  
Morning Worship Service  
Exploration Station -  
Children's Ministry  
Wed. 6:45pm Fit For Life -  
Adult Life Ministry  
c.r.a.v.e.-Student Life Ministry  
Ozone - Children's Life Ministry  
Nurture Center/Wonderland  
available for all services  
A Church For Life  
[www.bridgewoodchurch.com](http://www.bridgewoodchurch.com)

**NORTH OAKS COMMUNITY CHURCH**

Evangelical Presbyterian Church  
Sunday Worship 10:30 am  
New Location  
9600 Ortonville Rd. (M-15)  
Clarkston, MI 48348  
(2 miles north of I-75; church  
entrance is on Hadley Rd.)  
(248) 922-3515  
[www.northoakschurch.org](http://www.northoakschurch.org)  
Pastor Steve I. Brown

**DIXIE BAPTIST CHURCH**

8585 Dixie Highway,  
Clarkston, MI  
(248) 625-2311  
website: [www.dixiebaptist.org](http://www.dixiebaptist.org)  
Home of  
Springfield Christian Academy  
& Children's Ark Preschool  
Pastor: J. Todd Vanaman  
Sun: 10:00 am Sunday School  
& Adult Bible Fellowship  
11:00 am Worship Service  
6:00 pm Worship Service  
Wed: 6:45 pm AWANA  
7:00 pm Teen Meetings  
& Adult Bible Study  
Nursery available for all services.

**DAVISBURG CATHOLIC COMMUNITY**

"A Mission Church"  
Mass celebrated at  
Davisburg Elementary School  
12003 Davisburg Rd.  
Saturday at 6:00 pm  
Sunday at 10:00 am  
Celebrants:  
Fr. Dave Blazek and  
Fr. Albert Sescon  
website: [davisburgmass.org](http://davisburgmass.org)

**CALVARY EVANGELICAL LUTHERAN CHURCH**

6805 Bluegrass Drive, Clarkston  
(W. of M-15, just S. of I-75)  
625-3288  
Sunday Worship:  
8:15 am (traditional worship)  
9:30 am (blended worship)  
11:00 am (contemporary praise)  
Nursery available  
Sunday School (all ages)  
9:30 (Seasonal)  
Meal, worship, small groups  
Wed. evening - Dinner &  
Bible Study 6 pm (Seasonal)  
Relevant messages,  
caring people.

**SASHABAW PRESBYTERIAN CHURCH**

5300 Maybee Road, Clarkston  
Worship 10:30 am  
Nursery Provided  
Phone (248) 673-3101

**OAKLANDEVANGELICAL PRESBYTERIAN CHURCH**

Services held at  
Mount Zion Center  
4453 Clintonville Rd. at  
Mann Rd., Waterford, MI  
Sunday School at 9:15 am  
Sunday Morning Worship  
at 10:30 am  
Bible Study Wed. Eve.  
at 7:00 pm  
Family Dinner before at 6:30 pm  
Church Property - Yellow House  
7205 Clintonville Rd.,  
Clarkston, MI  
Office Address:  
404 Cesar E. Chavez Av.,  
Pontiac, MI  
Phone (248) 858-2577  
Fax (248) 858-7706

**PEACE UNITY CHURCH**

A new spiritual community:  
We invite you to attend our  
Sunday Celebration's and  
Children's Church at 9am.  
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in the "Taste of Heaven Cafe"  
Peace Unity meets at  
Sashabaw Presbyterian Church  
5300 Maybee Rd. in Clarkston  
Spiritual Education, prayer,  
mastermind, and social activities  
offered as well.  
Rev. Matthew E. Long,  
founding minister  
Peace Unity Church  
P.O. Box 837  
Clarkston, MI 48347  
[peace.unity@sbcglobal.net](mailto:peace.unity@sbcglobal.net)  
Where ever you are on your  
spiritual path we welcome you!

**HOLLY PRESBYTERIAN CHURCH**

207 E. Maple Street  
Holly, MI. 48442  
248-634-9494  
website: <http://www.hollypc.org>  
Rev. Dr. Herb Swanson  
Summer Hours for  
Sunday School 9:00am  
Worship Service 10:30am  
Childcare Provided

**FIRST BAPTIST CHURCH OF CLARKSTON**

5972 Paramus, Clarkston, MI  
(248) 625-3380  
Located 2 blks. N. of Dixie Hwy.  
(E. of M-15)  
Pastor: Russ Reetsma  
Sun: 9:30 am Sunday School  
& Adult Bible Fellowship  
10:30 am Worship Service  
6:00 pm Evening Service  
Wed: 6:15 pm Awana Club  
6:30 pm Teen Ministry  
7:00 pm Prayer Meeting &  
Bible Study

**THE EPISCOPAL CHURCH OF THE RESURRECTION**

6490 Clarkston Rd., Clarkston  
Fr. Don Duford, D. Min., LPC  
Sunday 8 am & 10 am  
Holy Eucharist  
Sunday School 9:55 am  
Nursery Provided  
David Hottel - Music Minister  
Dina Edwards - Director of  
Children's Ministry  
Charlie Dean - Youth Ministry  
Laura Compton -  
Director of Lay Ministry  
Bible Study -  
Wed., 9:30 am & 7 pm  
Sept thru June  
[www.clarkstonepiscopal.org](http://www.clarkstonepiscopal.org)  
248-625-2325

**ST. DANIEL CATHOLIC CHURCH**

7010 Valley Park Dr., Clarkston  
(W. of M-15, S. of I-75)  
625-4580  
Rev. Christopher Maus  
Saturday Mass: 5:00 pm  
Sunday Masses:  
7:30, 9:00 & 11:00 am  
Nursery Available: 9:00 & 11:00  
am  
Religious Education: 625-1750  
Mother's Group, RCIA,  
Scripture Study, Youth Group

**THE FIRST CONGREGATIONAL CHURCH**

5449 Clarkston Rd., Clarkston  
(248) 394-0200  
Rev. Martin Hall  
Sunday Worship: 10:00 a.m.  
Children's Sunday School  
10:00 am  
Dream Keepers Youth Group  
Wednesday 6:30 pm  
Youth Groups 6-12  
Wednesday 6:30 pm  
[www.firstcongregationalchurch.org](http://www.firstcongregationalchurch.org)

**CLARKSTON COMMUNITY CHURCH**

6300 Clarkston Road  
Clarkston (248) 625-1323  
Home of  
Clarkston Christian School  
Pastors:  
Greg Henneman, Bonita  
Laudeman  
Kevin Kuehne, Michael  
Anderson, Dan Whiting  
Sunday: Worship  
9:30 & 11:00 am  
School of Discipleship 11:00 am  
Nursery Care at all services  
Wednesday: Children's Ministries  
5:30-8:00 pm  
Sunday: Youth Ministries  
5:00-7:00 pm  
[www.clarkstonchurch.com](http://www.clarkstonchurch.com)

**CLARKSTON FREE METHODIST CHURCH**

5482 Winell-Clarkston  
(corner of Maybee & Winell)  
248-623-1224  
Service 9:00 • 10:30  
[www.ClarkstonFMC.org](http://www.ClarkstonFMC.org)  
Wednesday  
7 pm Youth & Adult Ministry

**CLARKSTON UNITED METHODIST CHURCH**

6600 Waldon Road, Clarkston  
248-625-1611  
Website: [clarkstonumc.org](http://clarkstonumc.org)  
Sunday Worship:  
9:00 am & 11:15 am  
Sunday Connection Service:  
6:00 pm  
Fellowship Time:  
10:00 am & 12:15 pm  
Nursery available for both services  
Children's Sunday School:  
9:00 am, 10:10 am  
& 11:15 am service  
Adult Sunday School: 10:10 am

# Obituary

## Anna Lee Fitzpatrick

Anna Lee Fitzpatrick of Whittemore, formerly of Auburn Hills, passed away May 14 at the age of 66.

She was the wife of Dan for 46 years; mother of Cheryl (Matt) Smith of Waterford and Dan (Julie) of Clarkston; grandma of Nicole, Melissa, D.J., Haley and Matthew; great grandma of Nathan; sister of Chuck (Mary Jane) Jones of Tenn.; and sister-in-law of Mary Lou McNaughton of Auburn Hills. She will be missed by her dog, Mr. Bear.

Mrs. Fitzpatrick loved to spend



time with family in the North woods. Funeral service Thursday, May 17, 12:30 p.m., Lewis E. Wint & Son Funeral Home, Clarkston, where friends may visit Wednesday 3-5 and 7-9 p.m. Interment White Chapel Cemetery, Troy.

Memorials may be made to American Cancer Society. Online guest book [www.wintfuneralhome.com](http://www.wintfuneralhome.com)

## Dean A. Johns

Dean A. Johns of Clarkston passed away on May 11 at the age of 58.

He was the loving husband of Judy for 35 years; cherished father of Kevin and Kyle; son of Dewayne and the late Dottie Johns; and brother of Sandy (Joel) Bergman, Paul (Karoline) Johns and Lynn (Don) Orr. Mr. Johns was an architect with Harley, Ellis, Devereaux.

Funeral Mass was May 15 at Our Lady of the Lakes Catholic Church, Waterford. Scripture Service was Monday at the Lewis E. Wint & Son



Funeral Home, Clarkston.

Memorials may be made to the family for the future education of the children or Brian's House

Hospice.

Funeral arrangements entrusted to the Lewis E. Wint & Son Funeral Home, Clarkston.

On line guest book [www.wintfuneralhome.com](http://www.wintfuneralhome.com).

Obituaries are updated as we get them on our website, [www.ClarkstonNews.com](http://www.ClarkstonNews.com)

## Spiritual Matters

continued from 5B

their own uncharted waters of life.

With people this system is certainly flawed by the weakness of people but when you can see God as the perfect parent then you can understand why we can not look at Him as "just another old foggy" but rather as our strength and guide

in the times of life.

This is why God not only says He does not change but also says, "And this is why you are not consumed oh, people of God!"

Loren Covarrubias is pastor of Mt. Zion Temple in Clarkston.

## In our churches

continued from 5B

cluding: Silent Unity Prayer Method, Prayer Treatments for Healing Harmony and Abundance, Treasure Mapping, and the Master Mind Principle. All are welcome. Call 248-891-4365 or e-mail [peace.unity@sbcglobal.net](mailto:peace.unity@sbcglobal.net).

**Moms in Touch**, community group, meeting and prayers for local schools, Fridays, 9-10 a.m., Clarkston Community Church. 248-625-1323.

Calvary Lutheran Church has a weekly **Wednesday Evening FEAST**. Dinner is served at 6 p.m., worship at 6:50 p.m. and classes for all ages from 7:15-8:30 p.m. The church offers a free nursery. Calvary Lutheran Church at 6805 Bluegrass Drive in Clarkston at the southwest corner of M-15 and I-75. Call the church for more information at 248-625-3288.

\*\*\*  
**Scripture Study**, Mondays, 7 p.m. study of Book of Isaiah. 248-625-1750. \$10 for materials. St. Daniel Catholic Church, 7010 Valley Park Drive.

\*\*\*  
Church of the Resurrection has **bible study** every Wednesday evening at 7 p.m. Study is currently on "Paul's letter to the Romans." Church of the Resurrection is located at 6490 Clarkston Road. Call 248-625-2325 for more information.

\*\*\*  
St. Daniel Catholic Church holds **Rainbows meetings** on Thursdays from 7-8 p.m. in the Cushing Center. Rainbows is an outreach program for children and adults dealing with change in their lives due to death, divorce or other significant loss. St. Daniel Catholic Church is located at 7010 Valley Park Drive. Call 248-625-1750.

## Summer Membership Special

May 28th - Sept. 3rd  
No Initiation Fee!

Family (includes 2 children) \$475  
additional children \$50 each

• Individual \$375 • College \$250  
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• Tennis • Racquetball • Fitness • Day Care  
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## Summer Fun & Specialty Camps beginning June 11th



Join now and receive member discount on summer camp!

9 am - 4 pm All Day Camp  
\$139 member/ \$149 non-member  
Early and late drop off additional fee

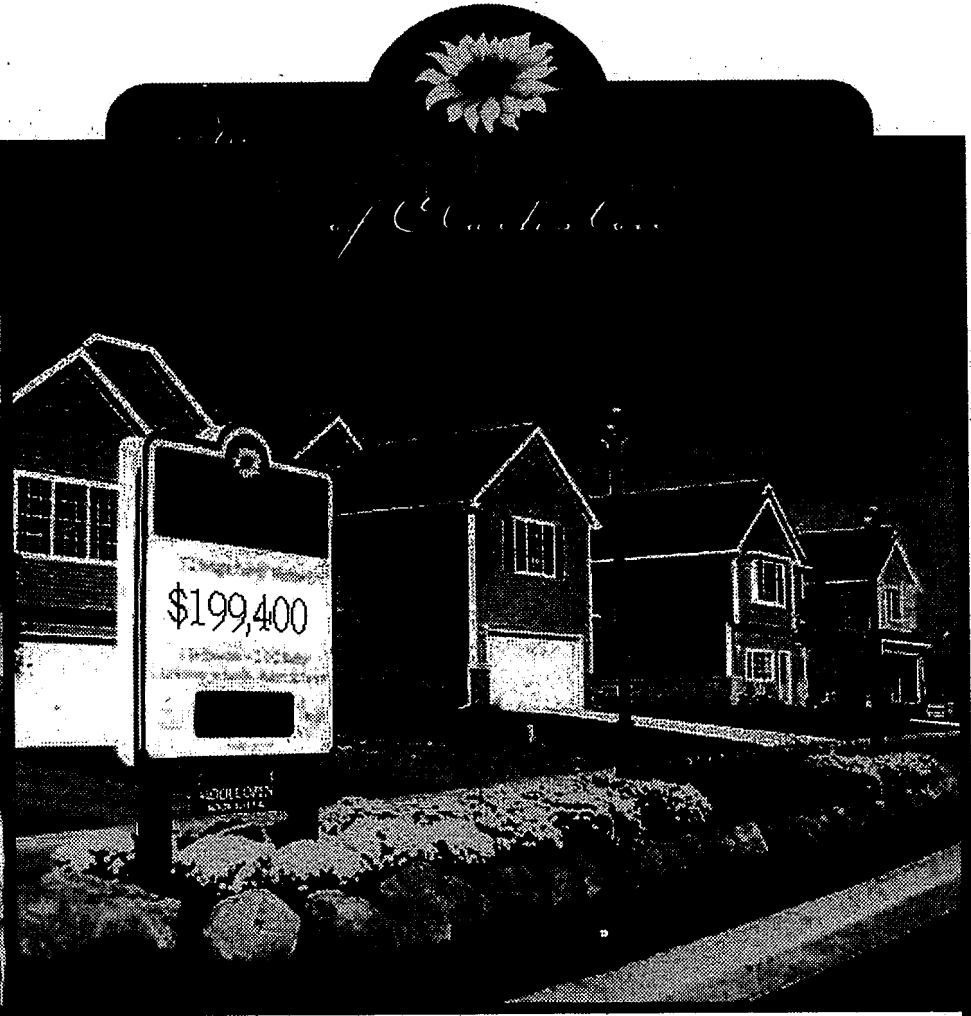
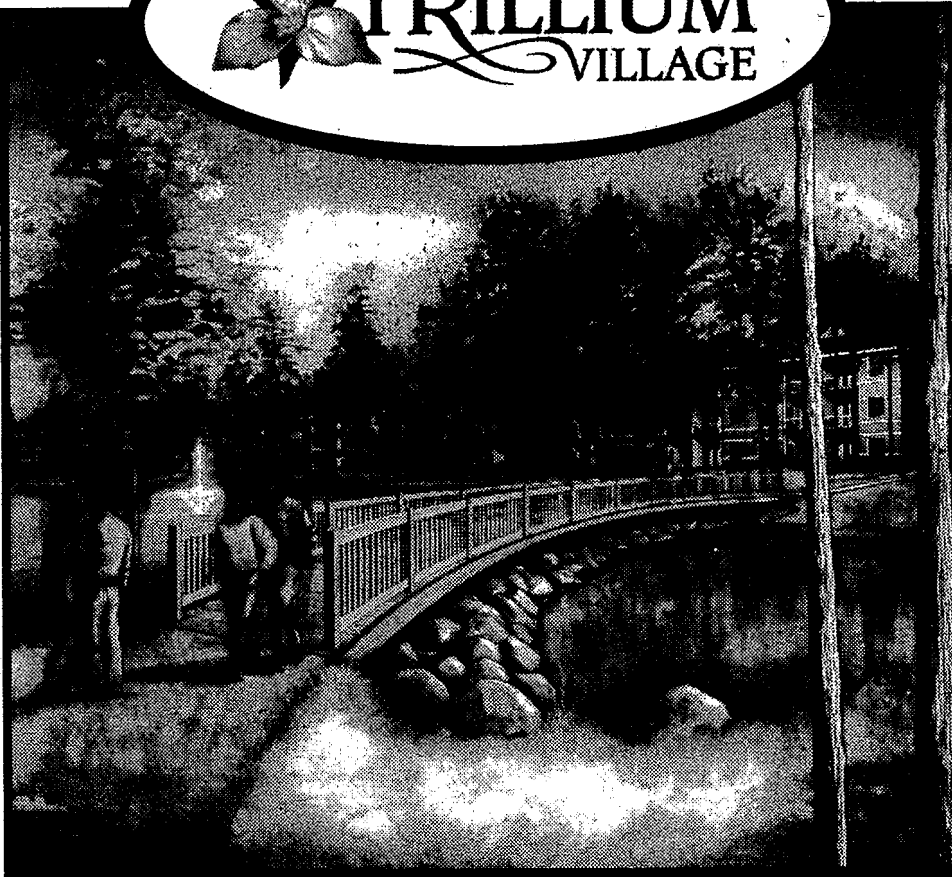
Specialty Camp  
\$149 - \$179 member/ \$159 - \$189 non-member

Tennis, Lego Robotics, Lacrosse,  
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[www.deerlakeathleticclub.com](http://www.deerlakeathleticclub.com)

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## New Condos in Clarkston from \$139,900

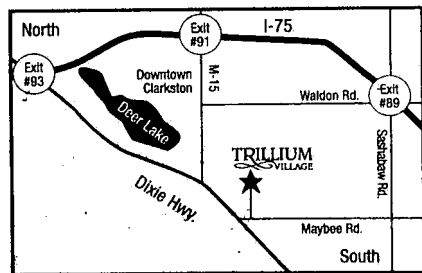


**1/2 Off Sale**

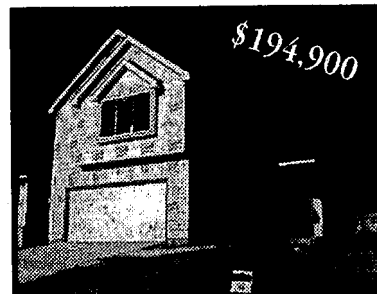
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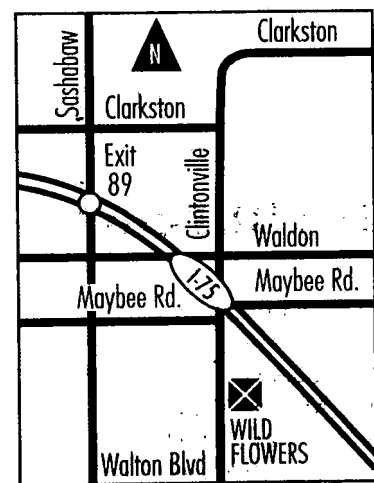
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\*These options are available on select models only, ask your agent for details.

**Furnished Model**  
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Model Phone: 248-625-5510



**Furnished Model**  
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Office Phone: 248-625-1010

When you want results, call Morgan & Milzow Realtors: 248-625-1010  
25 South Main Street in Clarkston  
visit us on-line at: [www.mmrealtors.com](http://www.mmrealtors.com)



Hot and tired from a long morning of hard work, volunteers from North Oakland Headwaters Land Conservancy and Thrivent Financial for Lutherans had lunch and posed for a "we did it" photo before heading home.



Robyn Johnston raked up wood chips all morning.

## Better together

About 100 men, women and children volunteered May 5 to clean up Nels Kimball Sanctuary near I-75 and M-15.

Volunteers with North Oakland Headwaters Land Conservancy and Thrivent Financial for Lutherans spread wood chips, removed invasive plants, and built a bridge.

*Photos by  
Laura Colvin*



Barb Deradboorian looked for a good spot to hang her birdhouses.



Henry Quilmeyer made quite a few trips through the woods with his wheelbarrow.



Kate Meyer, 15 months, played by the river with her brother Owen.



Volunteers began work on a corduroy bridge that will eventually allow access to the riverbank.



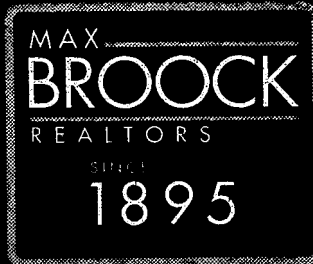
Daryn Kaminsky, Savanna Fredericksen and Cassandra Carpenter hung birdhouses.



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Sunday - May 20th, 2007

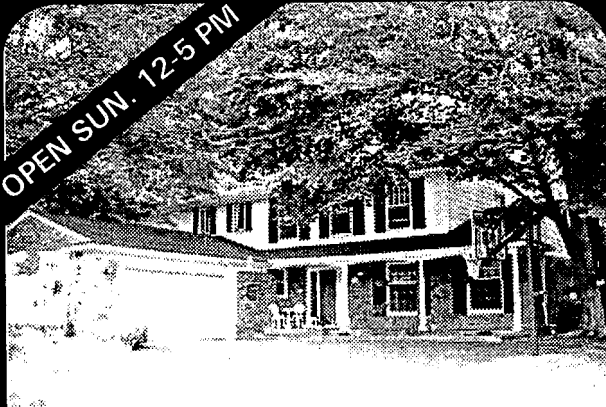


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Call June 248-877-1950

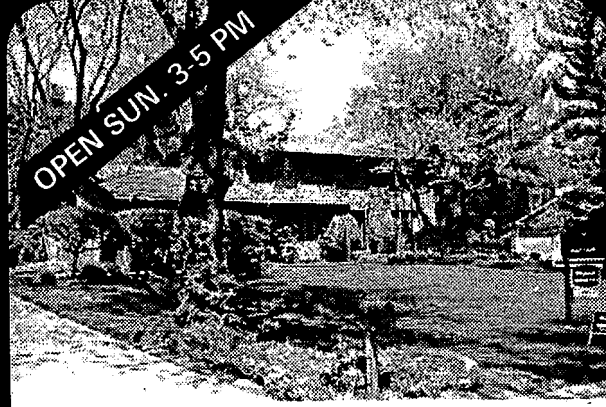


OPEN SUN. 12-5 PM

**2312 Hunt Club, Bloomfield Hills**

Meticulously cared for colonial on nearly an acre! New granite counters & tumble & marble backsplash, custom built-ins & woodwork, fire & security sys, finished lower level w/wet bar & sauna, refinished hardwoods. (12HUN) \$479,900

Call Cari 248-210-5717



OPEN SUN. 3-5 PM

**775 Brookwood Walke, Bloomfield**

Classic Colonial on a gorgeous lot. Finally on the market! Huge rooms, cathedral FR w/fireplace & sliders from kit & FR that lead to entertaining deck. Dbl sized pantry off kit & more! (75BRO) \$499,000

Call Cari 248-210-5717



OPEN SUN. 12-2 PM

**5876 Baypointe Blvd., Clarkston**

Wonderful Clarkston Condo in Golf Community with Community Pool. First Floor Master Suite, Large Loft, Daylight Basement Plumbed for Additional Bath...and private deck. \$215,000 MLS#27038095

Call Ramona 248-425-5646



OPEN SAT & SUN. 12-5 PM

**1288 Malcolm, Waterford**

New Construction! Valley Forge Hills is a community featuring 21 home sites located on a quiet, dead end street. Many extras included in standard price. Immediate occupancy homes available! Home Shown is \$229,900. Dir: 1/4 mile West of Williams Lake Rd. off Cooley Lake Rd to N on Malcolm

Call Tammy Helm 248-770-3557



OPEN SUN. 1-4 PM

**2675 Bonita Dr., Waterford**

Newer 3 bd, 2.5 bath colonial w/great location & great condition. Beautiful stone surround fireplace in the living rm, central air, 2-tiered cedar deck, 1st floor laundry & on corner lot. 3-car att garage, full basement to easily finish and mstr suite. Mls# 27041948 \$189,900

Call Angie Batten 248-343-0979



OPEN SUN. 2-4 PM

**132 Park Green Drive, Lake Orion**

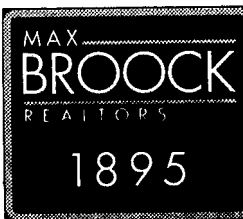
Clean, spacious, move-in ready 2BD 2BA condo in Atwater Commons. Better than new with new flooring and fresh paint throughout. Open floor plan and attached garage too! Priced to sell! MUST SEE! \$155,500 MLS#26146510

Call Tanya 248-854-3798



**Angela Batten**  
Manager

248-625-0200



**Cari Ralph**  
Manager

248-625-9300



OPEN SUN. 2-4 PM

**1886 Ring Neck Dr., Rochester**

Stylish, neat & clean! Hard-to-find flr pln w/priv lib, huge mstr & "must have" heated mud rm w/built-in cabs. Newly fin bsmt w/huge rec rm! Neutral paint, hdwd flrs t/o 1st flr. Open island kit w/attractive cherry cabs, snackbar & nook, grt rm w/nat fp. Enormous vaulted mstr suite w/garden/tub/shower/2 sinks/wic. Popular sub w/comm pool \$364,900. Mls# 27022612

Call Sue Von Rosen 248-535-2173

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www.clarkston.org

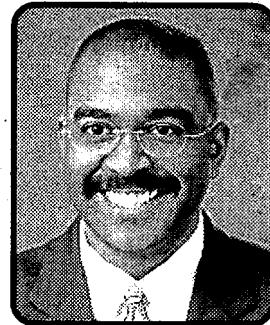


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7217 Sashabaw Road  
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Bus: 248-625-2414  
dave.smith.hg5p@statefarm.com



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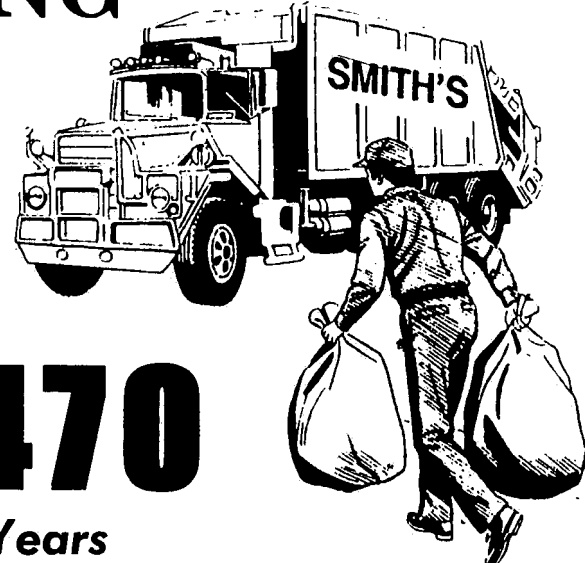
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Additional Photo's Online



**June Lauer**  
248-877-1950  
www.clarkstonhomes.com



**11+ ACRE CLARKSTON ESTATE.** High ceilings, marble and granite. 2<sup>nd</sup> floor suites plus caretakers' suite. Luxuriously appointed master with his and her bathrooms, and two-sided fireplace. 4 season solarium. Over 6000 sq. ft. including brilliantly finished L/L. Very private. \$910,000 Call Cindy 248-884-6751



**10 SECLUDED WOODED ACRES** and Gated entry lead to this stunning custom contemporary home. Awesome views from every window. Over 5000 sq ft including fin L/L. Home overlooks stocked pond. 64x40 horse barn w/ 6 stalls & indoor arena. A true country estate \$689,000. Call Cindy 248-884-6751



**10 ACRE CLARKSTON RETREAT.** 4 cleared & 6 wooded w/groomed trails. Incredible landscaping w/waterfall. 4000 sq ft of custom updated beauty. Captivating kitchen w/custom maple cabinets, Wolf 6 burner cook-top, Sub-Zero & Bosch built-ins. Grandiose GR w/ cherry bookshelves. \$644,000. Call Cindy 248-884-6751



**ELEGANT BRICK TUDOR.** Grand entry with curved staircase. 3700 sq ft. 1<sup>st</sup> floor master suite. 3 additional bedrooms with private baths and walk-in closets. Custom cherry kitchen with built-ins, granite, nook & hearth room. 4 car garage. Clarkston Schools. \$425,000. Call Cindy 248-884-6751



**WALK TO INDEPENDENCE ELEMENTARY,** 4 bedrooms, 2.5 baths completely updated inside and out. Shows perfect. New windows, carpet, hardwood, furnace, AC. Glistening island kitchen with new appliances. Spacious Family Room with tall ceiling and fireplace. 4 car garage. \$299,777. Call Cindy 248-884-6751



**CLARKSTON NEW BUILDS** on large, gorgeous, wooded settings. 1<sup>st</sup> floor masters & dens. Granite throughout. Captivating kitchens with islands & stainless appliances. Stunning FPs and wall of windows. Awesome walk-outs with multiple windows. \$419,000-\$444,900. Call Cindy 248-884-6751



**50 FT OF ELIZABETH LAKE FRONTAGE** directly across street. Completely updated 1 1/2 story 3 bed & 2.5 bath shows like a dream. Exterior of brick, stone and siding. GR w/ marble FP. Kitchen w/maple cabinets, granite & stainless built-ins. 2 car garage, & fin lower level \$349,999. Call Cindy 248-884-6751



**MOVE IN CONDITION.** Spacious living room with gas fireplace & skylight. Cook's delight kitchen complete with stainless steel appliances. Full finished L/L with wet bar, shelving, bedroom & bath. Private backyard. Golf, lakes & walking trails. Oxford schools. \$249,900. Call Cindy 248-884-6751



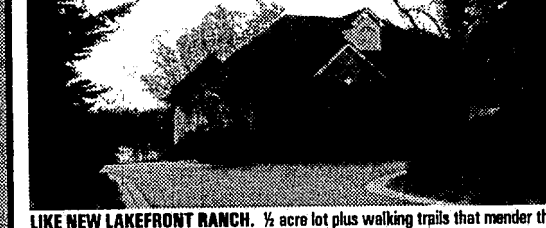
**CLARKSTON TWO BEDROOM CONDO.** Wonderfully decorated with vaulted ceilings. All appliances remain. Fabulously finished Lower Level. Animals are allowed. Private entrance. Many updated features. Easy access to I 75. Clarkston Schools \$107,000. Call Cindy 248-884-6751



**2005 BUILT CLASSIC ELEGANCE!** 1<sup>st</sup> floor master suite w/sitting area, fireplace, dual vanities & closets. Cherry cabinets, built-in appl, granite counters. Gorgeous hardwood floors and architectural details. English Country. Oakhurst golf community, swim, tennis, fitness & clubhouse. \$730,000 Call June 248-877-1950



**BEAUTIFUL ONE ACRE WOODED SETTING.** Magnificent double turreted Tudor new build. 1<sup>st</sup> flr master. Granite counters through, LaFata cabinets, ceramic and hardwood floors, butlers pantry. Builder will finish LL walkout. Small upscale sub. Lake privileges. Orion Schools. 2 models available. \$599,900 Call June 248-877-1950



**LIKE NEW LAKEFRONT RANCH.** 1/2 acre lot plus walking trails that mender through sub into town. Beautiful hardwood floors, volume ceilings & arches. Luxury master suite. Cherry cabinets and hardstone surfaces. Quality finished walkout LL w/ 9' ceilings, wet bar, full bath. Lush landscaping with boulder steps, sandy beach, dock, electric motor lake. \$559,000 Call June 248-877-1950



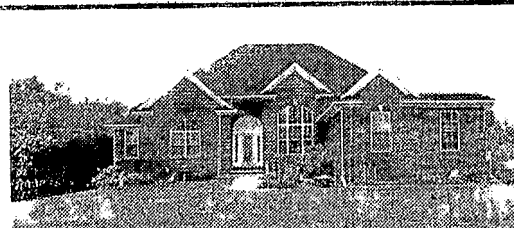
**LUXURY NEW BUILD BELOW APPRAISAL** Built, 3 bedrooms, 2.5 baths, granite counters, cherry cabinets, hardwood floors, fireplace, walkout. Beautiful landscaping w/it. Brazilian cherry floors, granite counters, cherry cabinets, appliances. Luxury 1<sup>st</sup> floor master plus a guest suite. 2 vanities & architectural details. Bright basement & zoned heat. \$399,900 Call June 248-877-1950



**IMMACULATE** ranch with finished walkout. Skylight, patterned ceiling, oak cabinets, 6 panel doors, premium blinds. 3 bedrooms, 2.5 baths. 1<sup>st</sup> floor has brick half bath, laundry and full bathroom that opens to the back porch. Great sub at 1/3 acre surrounded by open areas. Priced to sell! \$168,000. Call June 248-877-1950



**ENJOY VIEW OF WOODS & NATURE** preserve from lake to woods. Quality architectural 4 Bed, 2.5 baths w/designer tile. Gorgeous hardwood floors. Nutmeg wood cabinets with granite hardstone counters. \$369,900 Call June 248-877-1950



**STUNNING NEWER RANCH.** 3 bedrooms, 3.5 baths, 3 car garage and finished lower level walkout. Built 2001. Wonderful extra large master suite. Excellent floor plan. Beautiful private setting backs to nature preserve and wildlife. Large 1/2 lot. \$5000 seller concession at \$365,000. Call June 248-877-1950



**MULTIPLE VACANT BUILDABLE LOTS** available. Some wooded and some on acreage. 2 upscale Clarkston developments, each with underground utilities, paved roads. Outbuildings allowed on some sites. Hills of Kingston and Stonebrook Subs. Priced to sell quickly from \$49,900. Call June 248-877-1950



**BEAUTIFUL AND SPACIOUS 2300 SF STORY AND 1/2 CONDO.** Open floor plan with loft office. Volume ceilings, bay windows, large first flr master suite with his and hers closets and separate shower and tub. 3 bdms, 2.5 baths, full bsmt w/egress. Unfinished at \$200,000 or finished with granite, hardwoods and ceramic for \$229,000. Springfield/Clarkston schools. Call June 248-877-1950

Light Ink

## Astronomical concert set this weekend

The Clarkston Community Band joins with members from the Greater Windsor Concert Band, Warren Astronomical Society, and Independence Township Parks and Recreation to present "Stars Over Clarkston II" 7 p.m., May 19, in Clintonwood Park, 6000 Clarkston Road.

The free concert will start with music from the movies, including "Superman," "Lost in Space" and "Star Trek." Also performed will be big band music such as "Star Dust" and "Fly Me to the Moon."

The tuba and low brass sections will recreate the deepest musical note ever detected - B flat, 57 octaves below middle C - emitted by a black hole and recorded by Chandra X-ray Observatory.

After the concert, the society will have a short astronomy presentations with questions and answers, including how to use a telescope.

Society members will bring their telescopes and Southern Michigan's largest portable 22-inch Dobsonian telescope for people to try.

Pack a picnic dinner, blankets, lawn chairs, and telescope.

For more information, contact Independence Township Parks and Recreation at 248-625-8223; email [clarkstonband@hotmail.com](mailto:clarkstonband@hotmail.com) or visit [www.clarkstonband.org](http://www.clarkstonband.org).

### STATE OF MICHIGAN PROBATE COURT COUNTY OF OAKLAND NOTICE TO CREDITORS Decedent's Estate FILE NO:

Estate of Cole Thomas Fonger, deceased. Date of birth: 3/1/2002  
**TO ALL CREDITORS:**  
 NOTICE TO CREDITORS: The decedent, Cole Thomas Fonger, who lived at 4168 Mallard Landing Drive, Highland, Michigan died 1/14/2007.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Catherine Fonger, named personal representative or proposed personal representative, or to both the probate court at 1200 N. Telegraph Rd., Pontiac, Michigan 48341-0449 and the named/proposed personal representative within 4 months after the date of publication of this notice.

Catherine Fonger and Scott Fonger  
 4168 Mallard Landing Drive  
 Highland, MI 48357  
 248-889-3430

Kathryn M. Caruso P44723  
 5840 Lorac Drive  
 Clarkston, MI 48346  
 248-625-0800

### STATE OF MICHIGAN PROBATE COURT COUNTY OF OAKLAND NOTICE TO CREDITORS Decedent's Estate FILE NO:

Estate of LEROY ANTHONY TIBBITTS, DECEASED. Date of birth: 5/21/1936  
**TO ALL CREDITORS:**  
 NOTICE TO CREDITORS: The decedent, LEROY ANTHONY TIBBITTS, DECEASED, who lived at 9863 Dixie Highway, Clarkston, Michigan died April 12, 2007.

Creditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Darlene K. Fisher, named personal representative or proposed personal representative, or to both the probate court at 1200 N. Telegraph Rd., Pontiac, Michigan 48341-0449 and the named/proposed personal representative within 4 months after the date of publication of this notice.

Darlene K. Fisher  
 9863 Dixie Highway  
 Clarkston, Michigan 48346  
 (248) 620-3945

ROBERT G. ISGRIGG, JR. P-24924  
 2745 Pontiac Lake Road  
 Waterford, Michigan 48328  
 (248) 682-8800

## PUBLIC NOTICE

Because the People Want to Know

## INDEPENDENCE TWP.

CHARTER TOWNSHIP OF INDEPENDENCE

### SUMMARY OF ORDINANCE AMENDING CODE

At its May 1, 2007, Regular Meeting, the Charter Township of Independence Board of Trustees enacted Ordinance No. 2007-03, which is an ordinance to amend various sections of Chapter 20 of the Independence Township Code relating to the public water and sewer utility systems. The full text of this Ordinance is on file in the Township Clerk's Office for public review and inspection. The following is a summary of the Ordinance:

#### SUMMARY OF ORDINANCE NO. 2007-03

**Section 1 of Ordinance.** Amends Chapter 20, Article II, Subsections 20-22(b), (g) and (h) of the Independence Township Code as summarized below:

Sec. 20-22. Fire hydrants.

(b) *Permit to use.* This subsection is amended to provide for the deposit fee and inspection charge to be established by resolution of the Township Board from time to time.

(g) *Charge where unmetered.* This subsection is amended to provide for unmetered connection charges to be established by resolution of the Township Board from time to time.

(h) *Township use.* This subsection is amended to provide for Township use charges to be established by resolution of the Township Board from time to time.

**Section 2 of Ordinance.** Amends Chapter 20, Article II, Section 20-23 of the Independence Township Code as summarized below:  
 Sec. 20-23. Water meters. This subsection is amended to establish regulations applicable to all bypasses and to delete the requirements for service line fees.

**Section 3 of Ordinance.** Amends Chapter 20, Article II, Section 20-26 of the Independence Township Code as summarized below:  
 Sec. 20-26. Capital connection charge. This Section is amended to provide for capital connection charges to be established by resolution of the Township Board from time to time, and to delete provisions regarding reductions in capital connection charges.

**Section 4 of Ordinance.** Amends Chapter 20, Article II, Section 20-27 of the Independence Township Code as summarized below:  
 Sec. 20-27. Collection of fees and charges. This Section is amended to establish criteria for an agreement in the event of financing water system connection charges and for the interest rate to be established by resolution of the Township Board. This Section is also amended to allow for special assessments related to the construction of water system extensions.

**Section 5 of Ordinance.** Amends Chapter 20, Article III, Section 20-36 of the Independence Township Code as summarized below:  
 Sec. 20-36. Definitions. This Section is amended to define the terms "capital connection charge" and "residential equivalency unit/REU," to delete the definitions of "capital benefit fee," "capital charge," "charges for sewage disposal services," "lateral benefit fee" and "unit," and to amend the definition of "hardship application".

**Section 6 of Ordinance.** Amends Chapter 20, Article III, Section 20-38, subsection (c)(1) a., of the Independence Township Code as summarized below:  
 (c) *Deferments.* Subsubsection (1)a. is amended to provide for senior citizen and disability deferments based on income measurements in amounts established by state law.

**Section 7 of Ordinance.** Amends Chapter 20, Article III of the Independence Township Code to delete Section 20-39 and re-number subsequent sections accordingly.

**Section 8 of Ordinance.** Re-numbers Chapter 20, Article III, Section 20-40 of the Independence Township Code and amends said section as summarized below:

Sec. 20-39. Lateral benefit fees. This Section amends the regulations regarding special assessments for the construction of sewer system extensions and laterals are amended.

**Section 9 of Ordinance.** Re-numbers Chapter 20, Article III, Section 20-41 of the Independence Township Code and amends said section as summarized below:

Sec. 20-40. Determination of capital connection charges. This section is amended to provide for per unit capital connection charges to be set by resolution of the Township Board, to provide for the establishment of residential equivalency unit charges, to provide for the financing of capital connection charges, and to provide for the adjustment of REUs.

**Section 10 of Ordinance.** Repealer.

**Section 11 of Ordinance.** Savings.

**Section 12 of Ordinance.** Effective upon publication.

SHELAGH VANDERVEEN, Township Clerk  
 Charter Township of Independence

Introduced: 3/20/07  
 Adopted: 05/01/07  
 Published: 05/16/07  
 Effective: 05/16/07

## PUBLIC NOTICE

Charter Township of Springfield

### SPRING CLEAN-UP DAY

Saturday, May 19, 2007 Time: 8 a.m. - 2 p.m.  
 Springfield Oaks Youth Activity Center  
 12451 Andersonville Road, Davisburg, MI 48350

**NO TRASH PICKING,  
 DUMPSTER DIVING OR SCAVENGING ALLOWED.  
 Proof of Residency or Property Ownership Required.**

**FEES**  
 Cars: \$1.00 Trailers \$10.00 & \$15.00 depending on size  
 SUV/Minivan \$5.00 Batteries \$5.00 each  
 Pick-up Truck \$10.00 Freon Appliances \$15.00 each  
 Large Truck \$15.00 Tires - No Charge (no tires on rims)  
 Items not allowed are: brush, farm tractor tires, leaves or grass clippings, stumps, oil, propane tanks, paint, flammable liquids, concrete or bricks.  
**No Commercial Dumping.**  
 If possible, bag, box or bundle all trash.  
**QUESTIONS:** Call Supervisor's Office at (248) 846-6502

MAY 19, 2007 HOUSEHOLD HAZARDOUS WASTE COLLECTION, AT INDEPENDENCE TWP., D.P.W. LOCATED ON FLEMINGS LAKE RD. CALL SPRINGFIELD OFFICE FOR DETAILS AND VOUCHER. (248) 846-6520.  
 Publish May 9 & 16

## PUBLIC NOTICE

Because the People Want to Know

## INDEPENDENCE TWP.

### SPECIAL MEETING NOTICE

INDEPENDENCE TOWNSHIP BOARD

Independence Township Library

6495 Clarkston Road

Thursday, May 17, 2007

7:30 p.m.

AGENDA

Second Reading of the Sashabaw Road

Corridor Improvement Authority

## PUBLIC NOTICE

Because the People Want to Know

## INDEPENDENCE TWP.

ORDINANCE NO. 2007-04

STATE OF MICHIGAN

COUNTY OF OAKLAND

CHARTER TOWNSHIP OF INDEPENDENCE

An Ordinance to: 1) amend Chapter 2, Article III of the Charter Township of Independence Code of Ordinances, to allow the Department of Public Works Director, and designated employees, to issue appearance tickets and citations under the Township Code of Ordinances; 2) to delete Chapter 1, Section 1-10 of the Charter Township of Independence Code of Ordinances, "General Provisions," for the reason that it is duplicated in its entirety in Chapter 2, Article III, Sections 2-31 through 2-33; and 3) to repeal Ordinance No. 2006-02.

THE CHARTER TOWNSHIP OF INDEPENDENCE ORDAINS:

#### Section 1 of Ordinance

The Independence Township Code is hereby amended to add authority to issue citations and by adding a new subsection (5) to Chapter 2, Article III of the Ordinance Code, Section 2-31(a), which shall read as follows:

**Sec. 2-31. Authorization.**

(a) *Appearance tickets.* In addition to police officers, the following persons, being public servants of the township, are hereby authorized to issue and service upon persons appearance tickets and other citations with respect to alleged violation of ordinances and codes of the Charter Township of Independence in such cases as the designated public servants have reasonable cause to believe that persons have committed violations of an ordinance or code of the township:

(1)-(4) [Unchanged].

(5) Director of the department of public works, and persons employed in such department designated in writing by the director and approved by the township board.

#### Section 2 of Ordinance

Chapter 1, Section 1-10 of the Charter Township of Independence Code of Ordinances is hereby deleted in its entirety.

#### Section 3 of Ordinance

Ordinance No. 2006-02, adopted by the Charter Township of Independence, is hereby repealed.

#### Section 4 of Ordinance

If one or more sections, provisions, phrases or words of this ordinance are declared to be invalid by a court of competent jurisdiction, such declaration shall not affect the validity of the remaining sections, provisions, phrases and words of this ordinance, which shall continue in full force and effect, and to this end, this ordinance is declared to be severable.

#### Section 5 of Ordinance

All proceedings pending and all rights and liabilities existing, acquired or incurred at the time this ordinance takes effect are saved and may be consummated according to the law in force when they are commenced.

#### Section 6 of Ordinance

This ordinance shall be effective upon publication in the manner prescribed by law.

SHELAGH VANDERVEEN, Township Clerk  
 Charter Township of Independence

Introduced: 3/20/07  
 Adopted: 05/01/07  
 Published: 05/16/07  
 Effective: 05/16/07

## PUBLIC NOTICE

Because the People Want to Know

## INDEPENDENCE TWP.

### ZONING BOARD OF APPEALS

The Independence Township Board of Appeals will meet on Wednesday, June 6, 2007 at 7:30 PM at the Independence Township Library, 6495 Clarkston Road, Clarkston, MI 48346 to hear the following cases:

Case #07-0017 Scott, Robert, Petitioner

APPLICANT REQUESTS 30' FRONT YARD SETBACK VARIANCE FROM FUTURE ROAD RIGHT OF WAY TO CONSTRUCT COVERED PORCH ON NON-CONFORMING LOT OF RECORD

5795 Pine Knob Rd., 2 Acres, R-1R

08-26-328-008

Case #07-0018

Hilderbrand, Warren, Petitioner

APPLICANT REQUESTS 28' SETBACK VARIANCE FROM BODY OF WATER TO CONSTRUCT ADDITION

6346 Simler Dr., Lot 14, R-1A

Deer Lakes Estates

08-30-202-010

Case #07-0019

Harless, Matthew and Rebecca, Petitioners

APPLICANT REQUESTS 7' FRONT YARD SETBACK VARIANCE TO CONSTRUCT COVERED FRONT PORCH AND ADDITION

5128 Cecelia Ann Ave., Lot 38, R-1A

Sunshine Acres

08-35-177-004

Case #07-0020

Richardson, Linda, Petitioner

APPLICANT REQUESTS 3' HEIGHT VARIANCE TO CONSTRUCT

ACCESSORY STRUCTURE

5002 Pelton Rd., 14.9 Acres, R-1A

08-33-277-010

Case #07-0021

Earl Daup Signs LTD, Petitioner

APPLICANT REQUESTS VARIANCE FOR 14.29 SQ FT DRIVE THRU PHARMACY WALL SIGN (ADDITIONAL SIGN)

6625 Dixie Highway (Kroger, Clarkston Oaks), C-3

08-32-201-010

NOTICE IS FURTHER GIVEN THAT THE ABOVE REQUESTS MAY BE EXAMINED at the Township Building Department during regular business hours. Written comments may be sent to the Zoning Board of Appeals c/o the Independence Township Building Department, 90 N. Main St., Clarkston, MI 48346 prior to the Public Hearing. For further information call (248) 625-8111.

Respectfully submitted,

SHELAGH VANDERVEEN, Clerk

The Township will provide the necessary, reasonable auxiliary aids and services to individuals with disabilities at a public hearing/meeting upon advance notice in writing or by calling the Township Building Department (248) 625-8111

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**NEW CHRYSLER SEBRING TOURING**  
*All New For 2007*

- Auto
- Air
- Power Windows/Locks
- Tilt • Cruise
- MP3 AM/FM Radio with 6 Disc CD
- Steering Wheel Audio Controls
- Wow! Stk. #7C5

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**\$199\*\* MO.**  
OR LESS!  
\$995 Due

30 MPG

**NEW 2007 CHRYSLER TOWN & COUNTRY TOURING EDITION**

- Air • Auto
- Dual Power Sliding Doors
- Power Liftgate
- Stow 'N Go Seating
- Keyless Entry
- V-6 Engine
- Power Window/Locks
- Hurry
- Stk. #7A677

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**\$176\*\* MO.**  
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\$999 Due

Great MPG

**NEW 2007 JEEP GRAND CHEROKEE 4X4**

- Air • Auto
- Tilt/Cruise
- Power Windows/Locks
- AM/FM/CD/Stereo
- Nicely Equipped
- Heated Front Seats
- Remote Start
- Adjustable Pedals
- Premium Sound Group with 6 Boston Speakers & 275 Watt Stereo
- Stk. #7J597

27 Month Lease  
**\$197\*\* MO.**  
OR LESS!  
\$995 Due

**NEW 2007 JEEP PATRIOT SPORT 4x4**

- Auto • Air
- Premium Sound
- Satellite Radio
- ABS Brakes
- Keyless Entry
- Great Gas Mileage
- Fog Lamps
- Tire & Wheel Group
- Deep Tinted Windows
- Power Windows/Locks
- Stk. #7J737

39 Month Lease  
**\$193\*\* MO.**  
OR LESS!  
\$995 Due

**NEW 2007 JEEP LIBERTY SPORT 4X4**

- Fog Lamps
- Auto/Air
- Power Windows/Locks
- Tilt • Cruise
- Deep Tinted Windows
- Keyless Entry
- Wow!
- Stk. #7J139

27 Month Lease  
**\$135\*\* MO.**  
OR LESS!  
\$995 Due

**NEW 2007 CHRYSLER PACIFICA FWD**

- Auto
- Air
- Power Windows
- Power Locks
- Floor Mats
- 5 Passenger
- ABS
- Keyless
- Electronic Stability
- Hurry!
- Stk. #7A375

27 Month Lease  
**\$219\*\* MO.**  
OR LESS!  
\$995 Due

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**NEW 2007 PT CRUISER PACIFIC COAST TOURING EDITION**

- Air
- Moonroof
- ABS Brakes
- Side Air Bags
- Power Seats
- Satellite Radio
- Power Windows/Locks
- Tilt
- Cruise
- Wow!
- Stk. #7A413

28 MPG

24 Month Lease  
**\$89\*\*\* MO.**  
OR LESS  
\$995 Due

**NEW 2006 PT CRUISER GT CONVERTIBLE**

- 2.4L HD Turbo Engine
- Leather
- Heated Seats
- Boston Acoustic Audio Group
- 6 Disc MP3 AM/FM Stereo
- An Absolute Eyecatcher
- Stk. #6C241

26 MPG

Hurry! Save Over 11,900!

Was \$31,620  
**\$19,637\***

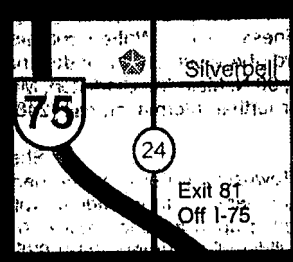
Call About Our Low, Low Lease Payments

\*\* Leases are plus, tax on pmt and rebate, title, doc, plates, transfer. You must qualify for EC or EP discount, have lease loyalty, and military discount on Grand Cherokee, and Liberty. All leases are for 10,500 miles per year closed end lease. You are responsible for any wear or excess mileage charge. Test drive is required for match. See dealer for details; payments may change without notice. Picture may not represent actual vehicle, stock unit only. \*\*\* Must be Employee Advantage and have leased a DCX vehicle or competitive brand lease vehicle. \* Retail is plus tax, title, doc, plates, transfer. See lease disclosure for additional terms. Sale end 5-24-07 at 9 pm.



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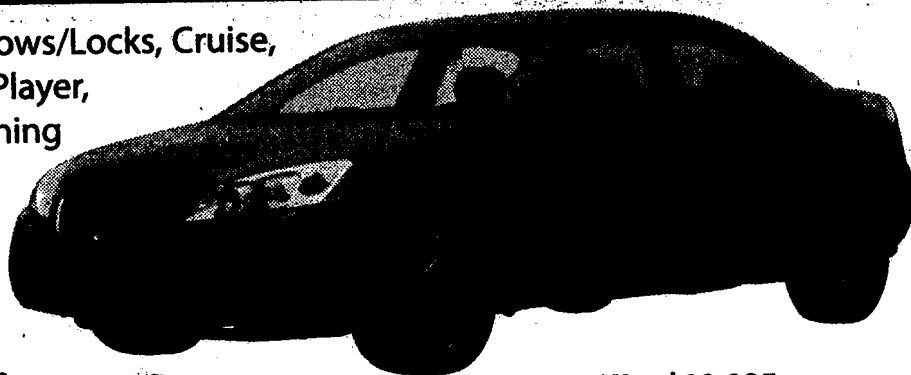
# \$200 GAS GIVEAWAY\*

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**LEASE PULL AHEAD CONTINUES!** For Leases Expiring Through March 2008!

## 2007 Pontiac G6

Power Windows/Locks, Cruise,  
AM/FM/CD Player,  
Air Conditioning

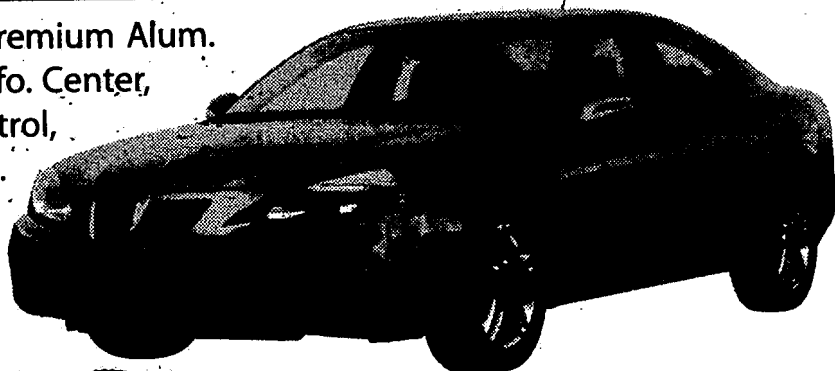


**GMS LEASE \$96\*** Per Month  
24 Months  
10K/Year

Was \$19,095  
Plus tax, title and plates  
\$2420 Total Due at Signing  
Includes Military Discount

## 2007 Pontiac Grand Prix

OnStar, Keyless, Premium Alum.  
Wheels, Driver Info. Center,  
Dual Climate Control,  
Power Win/Locks.

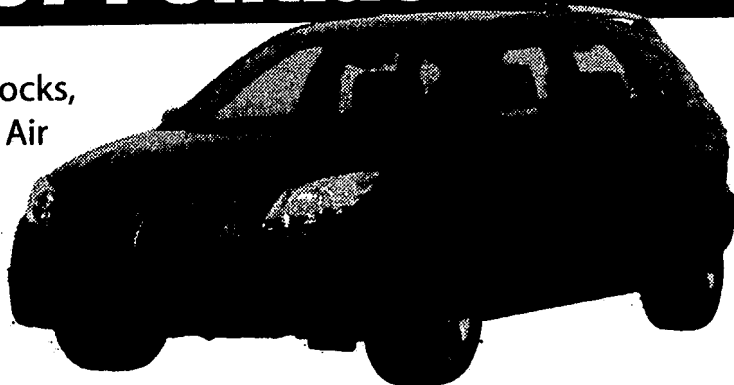


**GMS LEASE \$149\*** Per Month  
39 Months  
10K/Year

Was \$22,900  
Plus tax, title and plates  
\$2520 Total Due at Signing  
Includes Military Discount

## 2007 Pontiac Vibe

Power Windows/Locks,  
AM/FM/CD Player, Air



**GMS PURCHASE \$14,736\***

Was \$18,995  
Plus tax, title and plates  
Includes Pull Ahead Rebate

\*Certificate must be presented to your Quality Pontiac Salesperson prior to sale. Not valid with GM or supplier discount. Valid through May 31, 2007

## May Pre-Owned Vehicle SELLDOWN

**GM Certified USED VEHICLES**

**ON SELECT MODELS ONLY**

'01 Saturn SL2 4 Door Low miles, clean car, must see!	<b>\$6,995*</b>
'02 Sable LS Premium Low condition	<b>\$7,988*</b>
'03 Grand AM SE Sedan, nicely equipped, great fuel economy	<b>\$7,995*</b>
'01 Chevrolet Blazer LT 4x4, sharp, clean SUV, low miles	<b>\$8,998*</b>
'04 Grand AM SE 45k miles	<b>\$9,550*</b>
'02 Buick Regal LS All power, like new	<b>\$9,925*</b>
'02 Buick Rendezvous CXL 3rd row seat, leather, sharp, sharp SRV	<b>\$10,990*</b>
'02 Century Limited Power everything, great cond, must see	<b>\$11,495*</b>
'02 Chrysler 300M Pearl White, leather, PR, sport luxury	<b>\$11,925*</b>
'05 Pontiac Grand Prix 34k miles, like new	<b>\$12,795*</b>
'06 Chevrolet Malibu Low, low miles	<b>\$12,960*</b>
'03 GMC Envoy SLW 4x4, 40k miles, beautiful car, great buy	<b>\$13,988*</b>
'03 Bonneville SLE White, leather, loaded, must see	<b>\$14,950*</b>

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To Trade-In Value With This coupon\*\*

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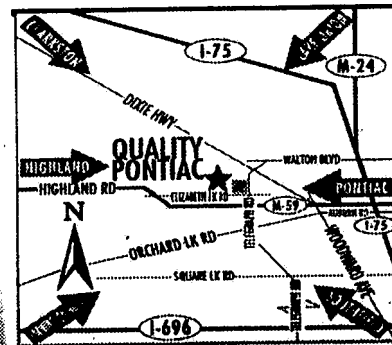


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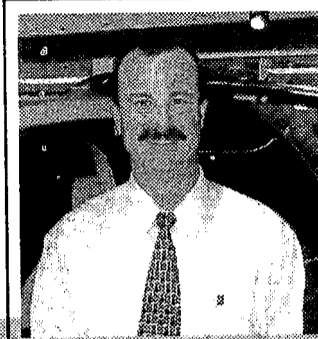
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**2007 Pontiac G5 Coupe**

Automatic  
Stk. #1745



Was \$15,845

**GMS Purchase \$12,586\***

**2007 Pontiac Solstice**

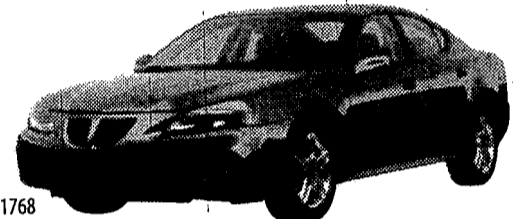
Air, anti-lock brakes, preferred pkg. premium pkg, 18" polished alum wheels, high performance audio sys., 6-disc CD changer, XM radio, convenience pkg. and more.  
Stk. #2029  
Was \$28,454



**GMS Purchase \$24,904\***

**2007 Pontiac Grand Prix**

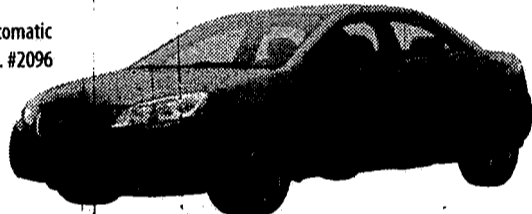
Stk. #1768



**GMS Lease \$147\*** 39 Months  
\$2147 Total Due

**2007 Pontiac G6 Sedan**

Automatic  
Stk. #2096



**GMS Lease \$113\*** 39 Months  
\$2463 Total Due

**2007 Pontiac G6 GT Convertible**

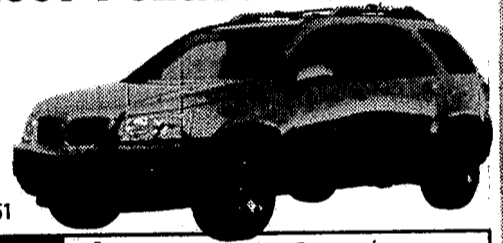
Remote start, adj pedals, leather/heated/power seat, XM radio, floor mats. Stk. #2101



**GMS Lease \$249\*** 39 Months  
\$2249 Total Due

**2007 Pontiac Torrent**

Stk. #1751



**GMS Lease \$238\*** 39 Months  
\$2238 Total Due

**2007 GMC Envoy SLE 2WD**

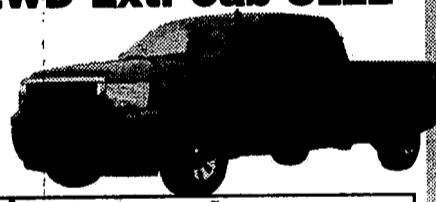
Sun & Sound pkg., SLE2 pkg., 17" polished aluminum wheels. Stk. #14577



**GMS Lease \$184\*** 39 Months  
\$2484 Total Due

**All New 2007 Sierra 1500 2WD Ext. Cab SLE1**

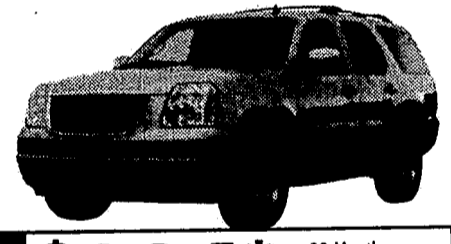
Cruise, power locks, keyless entry, CD, deep tint glass, 17" Alum wheels, trailer pkg., Off-Road Pkg. Stk. #14690



**GMS Lease \$192\*** 24 Months  
\$2192 Total Due

**2007 GMC Yukon**

Stk. #14598



**GMS Lease \$364\*** 39 Months  
\$2364 Total Due

**2007 GMC Acadia**

Remote start, power seat, rear park assist, OnStar, 17" Alum wheels, Demo



**GMS Lease \$246\*** 39 Months  
\$2246 Total Due

**2007 GMC Sierra 1500 2WD Reg. Cab**

Dual zone air conditioning, cruise, automatic, AM/FM/CD, chrome rear step bumper. Stk. #14512  
Was \$19,875



**GMS Purchase \$14,609\***

**2007 GMC Canyon 2WD Reg. Cab**

Auto. Value leader pkg. Stk. #14503  
Was \$16,195



**GMS Purchase \$13,318\***

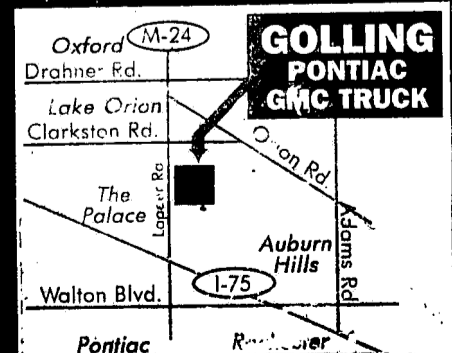
\*Plus tax, title, plates. All rebates and incentives assigned to dealer. Must qualify for GMS and Military Discount. Photo may not represent actual vehicle. Vehicles subject to prior sale. Due at signing assumes Lease Loyalty eligibility. Payments require GMAC credit approval. Programs subject to change. †See dealer for details. Sale ends 5-19-07

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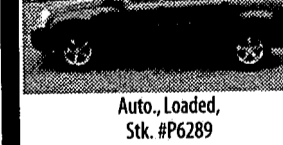
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<p><b>'05 Kia Sportage</b></p>  <p>Brilliant Blue, Auto, Great MPG Stk. #440507A</p> <p><b>Only \$14,995</b></p>	<p><b>'05 Buick Rendezvous</b></p>  <p>Cream, Auto, Loaded, Like New! Stk. #P6307</p> <p><b>Only \$16,995</b></p>	<p><b>'03 Pontiac Grand Am</b></p>  <p>Chrome Wheels, Loaded, Moonroof Stk. #P6247</p> <p><b>Only \$9,995</b></p>	<p><b>'05 Pontiac Grand Prix</b></p>  <p>4 To Choose</p> <p>Auto., Loaded, Beautiful Vehicle, Silver. Stk. #P6310</p> <p><b>Only \$16,995</b></p>	<p><b>'02 Chevrolet Corvette</b></p>  <p>Auto., Loaded, Convertible, Yellow Stk. #P6300</p> <p><b>Only \$35,995</b></p>	<p><b>'04 Chevrolet Impala</b></p>  <p>Auto, Stk. #P6206A</p> <p><b>Only \$13,995</b></p>
<p><b>'01 Mercury Sable Wagon</b></p>  <p>Auto., Nice Vehicle, 3rd Row Seat Stk. #603507A</p> <p><b>Only \$6,595</b></p>	<p><b>'02 Chevrolet TrailBlazer 4x4</b></p>  <p>Auto., 4x4 Stk. #394207A</p> <p><b>Only \$13,993</b></p>	<p><b>'04 Chevrolet Impala</b></p>  <p>Auto., Loaded, Red Stk. #P6312</p> <p><b>Only \$13,995</b></p>	<p><b>'04 Chevrolet TrailBlazer Ext.</b></p>  <p>Auto., Loaded Stk. #P6290</p> <p><b>Only \$18,995</b></p>	<p><b>'02 Chevrolet Venture</b></p>  <p>Auto., Well Equipped Stk. #P6277</p> <p><b>Only \$10,997</b></p>	<p><b>'97 Pontiac Trans Sport</b></p>  <p>Auto., 1st Time buyer Vehicle Stk. #609807A</p> <p><b>Only \$5,995</b></p>
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<p><b>'00 Chevrolet Blazer</b></p>  <p>Auto., Stk. #374207A</p> <p><b>Only \$10,995</b></p>	<p><b>'03 Saturn ION</b></p>  <p>41K Miles, Great Graduation Car., Silver, Stk. #413607A</p> <p><b>Only \$9,995</b></p>	<p><b>'02 Pontiac Grand Prix</b></p>  <p>Black, Auto., Loaded Stk. #P6311</p> <p><b>Only \$14,995</b></p>	<p><b>'04 GMC Envoy 4WD</b></p>  <p>Loaded, Ext. Length, 18K Miles, Black Beauty, Stk. #P6288</p> <p><b>Only \$25,995</b></p>	<p><b>'96 Chevy Corvette</b></p>  <p>Low Miles, Red &amp; Ready Stk. #P6297</p> <p><b>Only \$17,995</b></p>	<p><b>'99 Ford E-350 Econoline Super Duty</b></p>  <p>Window Van, White, Great Work Van! Stk. #356807A</p> <p><b>Only \$7,995</b></p>
<p><b>'05 Chevrolet Silverado 2500 HD Crew Cab</b></p>  <p>Loaded, Only 19K Miles, Stk. #379107A</p> <p><b>Only \$23,993</b></p>	<p><b>'04 Saturn ION Level 2</b></p>  <p>Auto., Well Equipped, Nice Car Stk. #426807A</p> <p><b>Only \$11,995</b></p>	<p><b>'06 Chevrolet Silverado 4x4 LS</b></p>  <p>Auto., Loaded, Stk. #601207A</p> <p><b>Only \$18,995</b></p>	<p><b>'07 Chevrolet Equinox</b></p>  <p>Auto., Loaded, Stk. #P6289</p> <p><b>Only \$23,975</b></p>	<p><b>'03 Land Rover Discovery 4x4</b></p>  <p>V8, Leather, Moonroofs Stk. #604807A</p> <p><b>Only \$18,997</b></p>	<p><b>'04 Chevrolet Silverado</b></p>  <p>Reg Cab, Long Box, 4x4, AT, A/C, AM/FM Stk. #398807A</p> <p><b>Only \$16,495</b></p>

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SIDING, ROOFING, any home improvement. Senior citizen discount. Paul 248-830-0742. IILX23-2

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Ask for David LX23-4

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PREFINISHED FLOORING DUSTLESS SANDING GLITSA FINISH www.FranksFlooring.com VISA/MASTERCARD LZ37-tfc

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Septic Fields, Basements, Footings, Poured walls, Egress windows, Ponds, Private Road Grading, Driveways, Sewer/Water hookups 248-931-8672 248-969-9026 LZ22-4

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Lawn mowing, spring cleanup, tree trimming & removal, brick paving, concrete work. 248-884-5813. IILX21- ATTENTION HOMEOWNERS! Professional painting services, 20 plus years experience, free estimates. Call 248-738-2177 or 810-735-0198.

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Beautiful, Affordable Installed for below retail prices THE CLOSET GUY 248-693-7801 - Insured LX20-4

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By Prostar Services, Inc. • Regular Rates 'Til 8pm • Best Prices (110% Guaranteed) • No Trip Charge Lk Orion/ Oxford • No Charge 2nd Opinion Visit • Repair or Replacements • Visa, M/C, American Express • All Repairs Guaranteed • Licensed / Insured

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DECKS, (washed/sealed)  
Removal of Iron Rust Mold  
From Houses & Buildings  
12 Yrs Exp. - Free Est.  
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LX23-1

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LX21-4

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●Additions  
●All Flat Work  
27 years experience. Insured  
Call Mike  
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Specializing in: Re-roofs, Tear Offs  
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FAST FREE ESTIMATES  
Proud of my references, talk to my people. Fully insured. Quality work at a fair price. Year round  
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LZ22-4

Graveland	Brandon	Oxford	Addison
Springfield	Independence	Orion	

Area covered by The Clarkston News, Penny Stretcher, Ad-Vertiser, The Oxford Leader, The Lake Orion Review and The Citizen. Over 50,900 homes receive one of these papers each week. Delivered by mail and newsstands.

**5 PAPERS-2 WEEKS-\$13.00**

10 WORDS (50¢ EACH ADDITIONAL WORD)  
(Commercial Accounts \$9.00 a week)

**YOU WILL GET RESPONSE!**

**Guaranteed . . .**

Our pledge to you: if after 30 days you don't get any inquiries on your want ad, we'll refund your money (less a \$2 service charge. Automotive specials not included).

**We guarantee it.**

Here's how it works.

1. Run your want ad with us for at least two weeks and pay within one week of the start date.

2. If no one contacts you within 30 days after the ad's stop date, fill out a refund application and mail or bring it to us.

3. We will refund the cost of the ad (less the \$2 service charge) within 7 days of receiving your refund application...

Or, we'll run that ad again for the original number of weeks. The choice is yours, a win-win situation all the way around.

(We can only guarantee that you'll get inquiries--not that you'll make a deal.)

This guarantee applies to individual (noncommercial) want ads. You can pick up a refund application at any of our offices. In Oxford, at 666 S. Lapeer Road. In Lake Orion, 30 N. Broadway Street. In Clarkston, 5 S. Main Street. The refund must be applied for between 30 and 90 days of the want ad's start date.

All advertising in Sherman Publications, Inc. is subject to the conditions in the applicable rate card or advertising contract, copies of which are available from the Ad Dept. at The Oxford Leader (248-628-4801) or The Clarkston News (248-625-3370). This newspaper reserves the right not to accept an advertiser's order. Our ad takers have no authority to bind this newspaper and only publication of an ad constitutes acceptance of the advertiser's order. Tear sheets will not be furnished for classified ads.

**It's easy to put an ad in our 5 papers**



1. Phone us 625-3370, 628-4801 or 693-8331 and our friendly ad takers will assist you in writing your ad. (After hours dial 248-628-4801.)
2. Visit one of our conveniently located offices, The Clarkston News, 5 S. Main, Clarkston, The Oxford Leader, 666 S. Lapeer Rd., Oxford or The Lake Orion Review, 30 N. Broadway, Lake Orion.
3. Fill out the coupon in this issue and mail it to The Clarkston News, 5 S. Main, Clarkston, MI 48346, The Oxford Leader, P.O. Box 108, 666 S. Lapeer Rd., Oxford, MI 48371, or The Lake Orion Review, 30 N. Broadway, Lake Orion, MI 48362, and we will bill you.
4. FAX DEADLINE Mon. noon (248) 628-9750.
5. For \$5 extra get into The Citizen, covering Brandon-Goodrich area.

Please publish my want ad in the  
**THE CLARKSTON NEWS, PENNY STRETCHER,  
AD-VERTISER**  
**THE OXFORD LEADER & THE LAKE ORION REVIEW**  
Ads may be cancelled after the first week, but will still be charged for the minimum

Spotlight my ad with one Ringy Dingy - \$1 extra

Enclosed is \$ \_\_\_\_\_ (Cash, check or money order)

Please bill me according to the above rates

My ad to read: \_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

BILLING INFORMATION

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

Mail To: **The Clarkston News**  
5 S. Main  
Clarkston, MI 48346

**The Oxford Leader**  
P.O. Box 108,  
Oxford, MI 48371

**The Lake Orion Review**  
30 N. Broadway  
Lake Orion, MI 48362

**We'll Sell Your "Stuff"!**  
Oxford 628-4801 • Lake Orion 693-8331 • Clarkston 625-3370

**Extend your reach ONLINE!**

1,500 visits a day

**And get your garage sale connected**

Bring buyers into your yard or garage sale and empty those unwanted items. Your sale can be a success with the help of an ad in our Classified Section.

For one low price your ad appears in Print and On-Line and your on-line ad can include a picture and a map to your sale!

Buyers may never get lost finding your sale again.



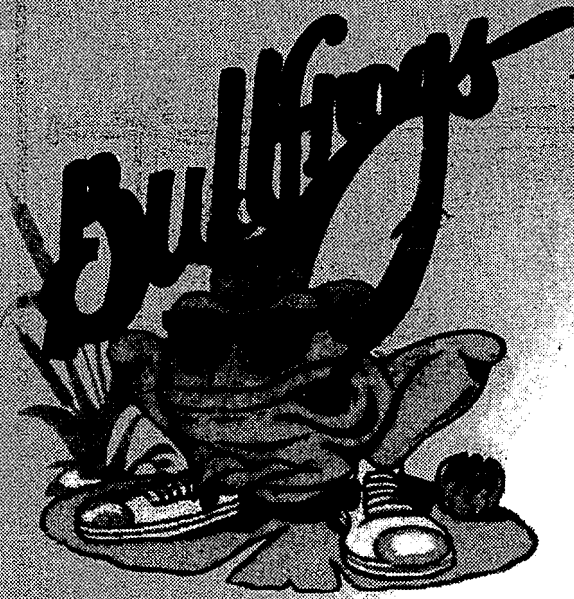
Garage Sale ads cost \$12 for 10 words (50 cents for each extra word).

Your sale reaches to every address in the Oxford-Addison, Orion and Clarkston area. **PLUS** it automatically is uploaded on-line.

Check out our new on-line marketing tools, picture ads and Map It!

Call 248-628-4801, 248-693-8331, 248-625-3370 to find out more or . . .

. . . go on-line and check out the sales and add your sale  
[www.oxfordleader.com](http://www.oxfordleader.com)  
[www.lakeorionreview.com](http://www.lakeorionreview.com)  
[www.clarkstonnews.com](http://www.clarkstonnews.com)

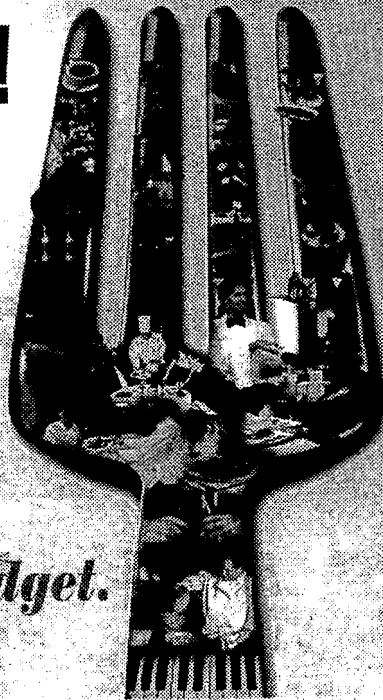


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CONGRATS WEDNESDAY WARRIORS  
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1ST PLACE!  
GOOD JOB!



**ENTERTAINMENT**

May 18<sup>th</sup> ..... D.J. Craig  
May 25<sup>th</sup> ..... T.J. Kelley

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HEY! We have new deck furniture.  
Come and enjoy a brew and burger  
outdoors overlooking the lake!

**THIS WEEK'S SKINNY?**

"Does anyone know what Hillbilly's first name is?  
Tom?? Mike?? Joe?? Harry?? What is it?"

Try the **MAY**  
BEER of the Month

**\$200**  
ALL DAY  
EVERY DAY



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84 Buick Skyhawk 96K Original Miles, Like New, Only	1,488	99 Ford Contour SE Only	3,988
93 Escort WGN One Owner, Only 91K Miles, Only	1,488	99 Cadillac Catera Every Option, Brand New, Only	3,988
93 Pontiac Sunbird Runs Great, Perfect Transportation, Only	1,488	00 Ford Focus ZX3 "Bright Red", Loaded, A Title, One Owner	3,988
93 Ford Escort 90K Miles, Perfect Transportation, Only	1,588	01 Saturn SC2 A Title, One Owner, Only	4,488
93 Ford Taurus LX Low Miles, Loaded, Only	2,488	96 Chevy Camaro R.S. T-Tops Loaded, Perfect for Spring, Only	4,988
73 Mustang "351" Engine, Great Power-Upper, Only	2,988	99 Pontiac Grand Am G.T. Chrome, Loaded, "Brand New"	4,988
95 Olds Achieva One Owner, "Bright Red", Loaded, Only	2,988	00 Olds Intrigue G.L. Loaded, Low Miles, Only	4,988
97 Pontiac Grand Am Teal In Color, New Engine, Only	2,988	01 Pontiac Grand Am SE V6, Power Moon, Loaded, 73K Miles	5,988
97 Ford Taurus Leather, Moon, Low Miles	2,988	00 Buick Regal GLX Leather, Loaded, "Brand New", Only	7,988
98 Nissan Altima Leather, Moon, Loaded, Only	3,488	03 Impala L.S. Every Single Option, "Brand New", Only	9,988
92 Lincoln Town Car Signature Series, One Owner, Only 80K Miles	3,988	00 BMW 323i Auto, Every Option, All The Records, Only	11,988
98 Buick LeSabre 3800 V6, And Just A Nice Car, Only	3,988	06 Mustang V-6 Convertible White/Black Top, Loaded, Only	19,488
98 Ford Contour SE V6, Loaded, "Like New", Only	3,988		



**TRUCKS**

94 Ford Club Wagon 5.4 Engine, "Nice Nice", Only	3,988
98 Dodge Caravan Sport 90K Miles, Brand New	3,988
99 Ford Windstar SE Great Miles, And Clean-Clean, Only	3,988
97 Jeep Cherokee "Classic" Loaded And Perfect, 99K Miles, Only	4,988
01 Ford Explorer 4x4 Every Option And Brand New, Only	5,988
00 Ford F150 4x4 Off Road, XLT, And "Brand New", Only	6,488
98 Ford Expedition 4WD, Eddie Bauer, And Just Perfect	7,988
02 Chevy S10 L.S. V6, Loaded, Just Like New, Only	7,988
99 Mercedes ML 430 New Factory, Loaded, Trans, & Brand New, Only	9,988
00 Chevy S10 ZR2 Ext. Cab, 4x4, Power Moon, Only	9,988
99 Jeep Wrangler "Sahara" Both Tops, And Just Perfect, Only	10,988
03 Jeep Grand Laredo 4x4 Black In Color, Loaded, Just Like New, Only	10,988
01 Lincoln Navigator Fully Equipped, and Like New	11,988
02 Jeep Wrangler Sport Black In Color, Both Tops, Auto, Low Miles, Only	11,988
02 Honda CRV 4WD EX Loaded, Every Option, You Gotta See To Believe	12,988

If we didn't appraise your car,  
**YOU DIDN'T GET ENOUGH!**

**"Top Dollar Paid" for a nice car  
or truck, regardless of miles.**

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NO PROBLEM!**

Financing solutions for  
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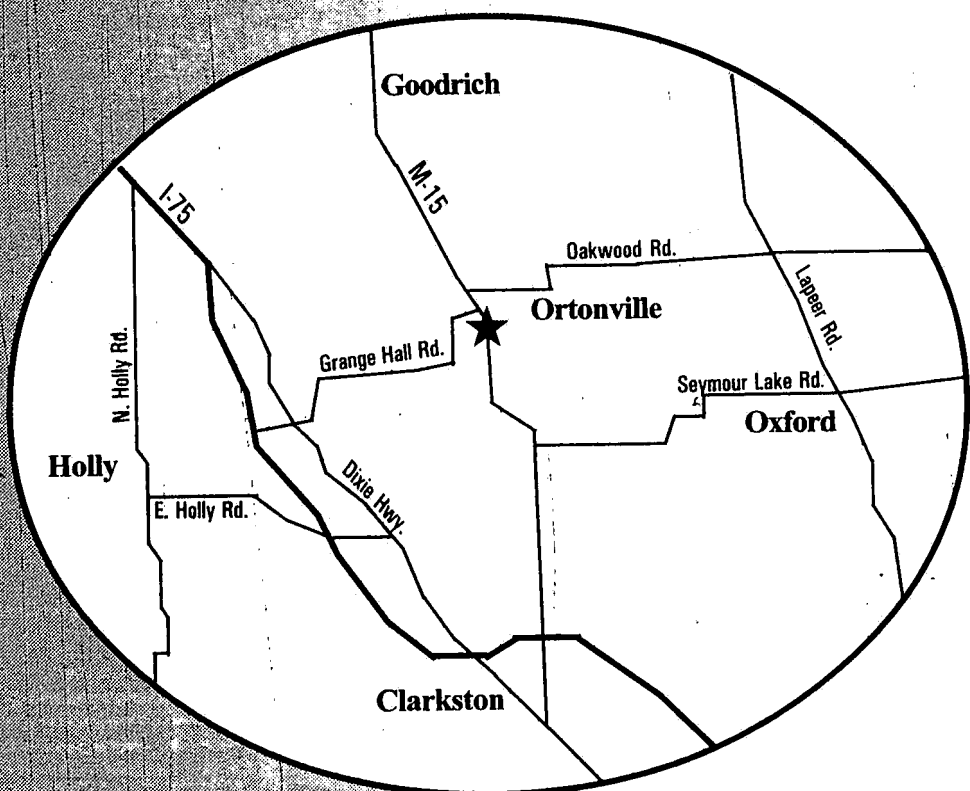
**"We can get it done!"**

Call Jim Lane at 248-627-8000 or 810-577-4961





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PULL AHEAD  
On ALL FORD  
Makes & Models  
Call for Details



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Cars, Boats, Quads, Snowmobiles, Campers, RV's, Trailers, Dirtbikes, Harleys...

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• Heated Seats • EVERYTHING! • COMPLETELY LOADED!

24 mo. LEASE FROM **\$119\*** MO

0% available

**THE "ALL NEW" EDGE**

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FRESH INVENTORY IN FOR IMMEDIATE DELIVERY

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**ALL NEW 2008 ESCAPE XLT**

- Power Moonroof
- 6-disc CD
- Safety Canopy
- Curtain Airbags
- FULL POWER!

**LOADED!**

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• CHROME PKG! • FULLY LOADED! • ALL THE CANDY!

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0% available

**NEW FOCUS** from... **\$11,108**

Air, full power, ABS, side airbags.

**DETROIT'S HOTTEST NEW CAR!**

**SHOW UP • SIGN UP • DRIVE!!**

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NO MONEY DOWN! NO MONEY DUE! NOTHING

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NEW PROGRAM

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**COBRAS** In Stock For Immediate Delivery

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Detroit's Largest Selection of Mustangs on the Ground!

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**Brand New 2008 Super Duty**

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With Salt Spreader & Plow **BUY \$27,900**

0% available

Your Contractors Connection

**2007 TAURUS** ONLY **\$13,450**

**300 USED CLEARANCE!**

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NOW IN YOUR AREA! GOVERNMENT SEIZED VEHICLES AVAILABLE FOR DISPOSAL TO THE PUBLIC! USED VEHICLES ONLY SO DOWN WITH PAYMENTS AS LOW AS \$99\*

Royal Oak Ford selected as Michigan's only dealer to liquidate vehicles comparable to government seized vehicles

One time history making promotion!

**4 DAYS ONLY!**

MONDAY 9AM-9PM  
TUESDAY 9AM-9PM  
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**GREAT SAVINGS!**

- Vehicle originally sold for \$12,000 to \$14,000, sell for as low as \$8,950.
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Government agencies from around the country (FBI, CIA, STATE POLICE, etc.) seize thousands of vehicles every year. These vehicles are held on storage lots costing the government thousands of dollars, then they are auctioned off to the public. Now in your area government seized as well as rental units, lease returns, dealer trades and repossessions will be available to the general public for \$9 down & \$99 per mo.

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32002 North Woodward at 12 1/2 mile  
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NO WHOLESALEERS UNTIL AFTER THE SALE

See dealer for complete lender details.

CARS	CARS & TRUCKS
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'06 GRAND MARQUIS Low miles, LOADED!..... 6,950	'04 GRAND AM..... 10,450
'02 SUNFIRE Blue, Great on Gas!..... 8,950	'06 PT CRUISER LOADED!..... 12,950
'06 AVEO Great On Gas!..... 9,950	'04 BLAZER ZR2 4X4 Low Miles!..... 14,450
'07 FOCUS Great On Gas!..... 12,450	'06 GRAND PRIX LOADED!..... 14,950
'06 FUSION..... 13,450	'04 JEEP WRANGLER SPORT LOADED! 15,950
'03 VW GTI TURBO, LOADED!..... 13,950	'04 COLORADO CREW CAB 4X4 15,950
'06 VIBE LOADED!..... 14,950	'07 FREESTAR SEL LOADED!... 17,450
'05 GRAND MARQUIS Black leather, LOADED! 16,950	'04 RAM CREW CAB 4X4..... 18,950
'06 MONTEGO Leather, moon, LOADED!... 17,450	'06 F150 EXT CAB 4X4..... 22,950
'05 G6 GT Moonroof, leather, moon, LOADED! 17,450	'07 EXPLORER E.B. Leather! LOADED! 22,950
'07 SATURN AURA..... 18,750	'03 F350 SUPER CREW DIESEL! XLT, 4X4, 26,950
'07 CHARGER SE LOADED!..... 19,950	'06 EXPEDITION E.B. DVD, Leather, 28,950
'07 CHRYSLER 300 LOADED!..... 21,950	'05 RAM SRT10 BLACK! LOADED!..... 28,950
'05 CADILLAC STS..... 26,950	'05 EXPEDITION LMTD Navigation, leather, DVD, 29,450
'06 BMW X5 Leather, moon, low miles, LOADED! 39,950	'04 LAND ROVER Range Rover HSE! 47,550

**'06 MUSTANG CONVERTIBLES**  
20 to choose from...  
ONLY **\$18,950**

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20 to choose from...  
ONLY **\$14,950**

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- ✓ BAD CREDIT
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\*MSRP. Dealer sets price. †MSRP. Dealer sets price. \*\*MSRP. Dealer sets price. \*\*\*MSRP. Dealer sets price. \*\*\*\*MSRP. Dealer sets price. \*\*\*\*\*MSRP. Dealer sets price. \*\*Must have title and trade per new vehicle lease out of stock #1 volume on Focus. \*\*\*Lease renewal. 2 Yr. lease renewal special purchases not eligible for \$2000 minimum trade.

# May Sales Extravaganza!

## Your Choice

GM Employees & Family Members

**\$299**<sup>\*</sup> 39 mo.  
Total due at signing \$1,574

OR

GM Employees & Family Members

**\$336**<sup>\*</sup> 39 mo.  
Total due at signing \$336\*

OR **\$1,000**<sup>\*</sup> OR **1.9%**  
BONUS CASH\* FINANCING\*

M.S.R.P. \$27,990



EXCITING NEW 2007  
OUTLOOK

## Your Choice

GM Employees & Family Members

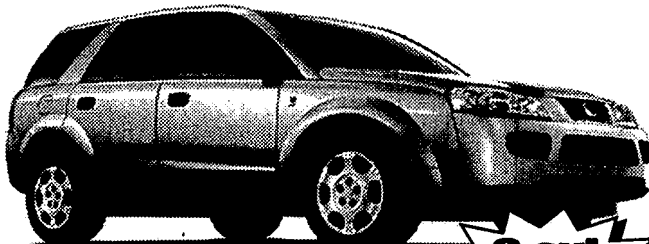
**\$199**<sup>\*</sup> 24 mo.  
Total due at signing \$1749

OR

GM Employees & Family Members

**\$265**<sup>\*</sup> 24 mo.  
Total due at signing \$265\*

M.S.R.P. \$22,455



2007 VUE

6 cyl.  
Auto.

OR **\$3,000** BONUS CASH\*  
OR **0% + \$1,000**  
FINANCING\* BONUS CASH\*

## Your Choice

GM Employees & Family Members

**\$199**<sup>\*</sup> 24 mo.  
Total due at signing \$1724

OR

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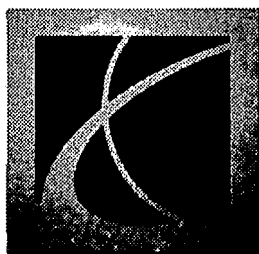
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**CLARKSTON**

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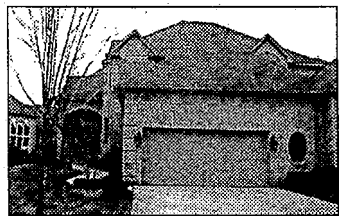
**CLARKSTON**

Vintage cottage- peaceful porch overlooks stream! Offers 3 BR, sunken DR & such grace! Relax on the covered porch or enjoy the private patio w/g fenced yard. Appliances & Home Warranty inc. (CN61CHU) \$234,800 248-620-7200



**SPRINGFIELD TWP**

This exceptional, elegant Historic home built in 1884 has been meticulously maintained. 3+ BR, formal DR, dual staircase, oak cabinets, hwd. flooring. All on 3+ acres w/ Clarkston Schools. (CN00AND) \$324,930 248-620-7200



**CLARKSTON**

Exquisite condo located in Pine Knob, custom thru-out! Impeccable views. 3BR/3.5BA, daylight bsmt, 2 car att. gar. View the awesome lit waterfall from your patio. 1<sup>st</sup> floor MBR, so much more!(CN05ENC) \$534,900 248-620-7200



**CLARKSTON**

4BR/2BA updated colonial priced for a quick sale! Inground pool, fenced ¾ acre, paved circle drive, 4-season room, skylights, ceramic & wood floors T/O, 2.5 car gar, all appliances, fin. LL. (CN60WAL) \$259,900 248-620-7200



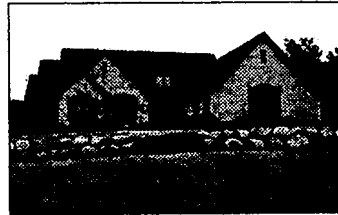
**SPRINGFIELD TWP**

Freshly painted inside & out! 3 bedrooms, 3 baths. Sits on approx. 2+ acres & has many updates! Finished Lower Level, 2 car garage, huge deck, private yard and so much more. Don't miss out! (CN50ORM) \$199,000 248-620-7200



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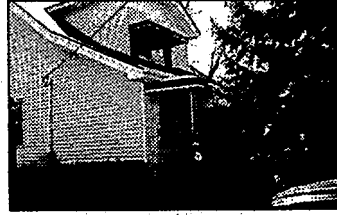
**SPRINGFIELD TWP**

Check out the room here! 5BD, 4.5BA, finished walkout lower level, 3 car garage. Beautiful yard w/ pavers, boulders, large deck. Master on 1<sup>st</sup> floor with it's own huge private bath. Gorgeous! (CN16COT) \$699,900 248-620-7200



**SPRINGFIELD TWP**

Stunning new build w/backdrop of Nature Preserve/State Land on approx. 1.5 acres! 4BR/3.5BA, partly fin. W/O LL, 3+ car gar. Large rooms, gorgeous wood/wrought iron staircase and so much more. (CN15WIL) \$498,500 248-620-7200



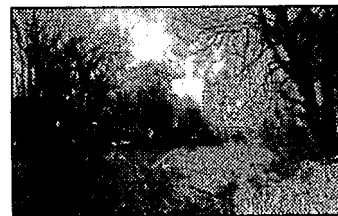
**WATERFORD TWP**

Get a lot of house for the \$\$\$! Kitchen, 2 BR & BA on each level! Garage is a mechanics dream. Large private yard. Spa/hot tub inc. Needs TLC, could be a GREAT home! Close to schools. (CN30SCO) \$159,900 248-620-7200



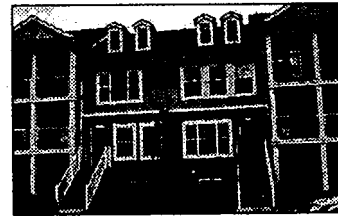
**SPRINGFIELD TWP**

Nature lovers ranch home! 4BR, 1.5 baths, fin. walkout w/BR & Sports Bar area. Updates: windows, floors, carpet. Clarkston Schools. Nearby recreation. Big Lake beach access. Home Warranty. (CN85BIG) \$154,900 248-620-7200



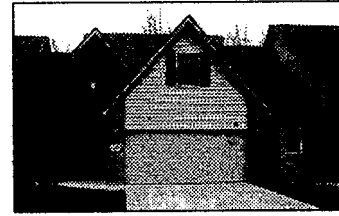
**WHITE LAKE TWP**

Beautiful parcel on the Huron River. Located on a cul-de-sac in an area of higher priced homes. Once you compare other parcels to this one, you will be ready to buy! Build your dream home! (CN60VIE) \$115,000 248-620-7200



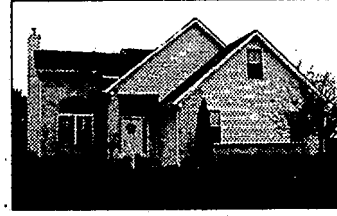
**ORION TWP**

Great price! Newer condo with 2BD/2BA, Fin. walkout LL, att.gar. Walk to Paint Creek Tr, Parks, town. Mstr. Suite has full bath & WIC.. Doorwall to balcony. In the heart of downtown Lake Orion! (CN33EVE) \$157,500 248-620-7200



**DAVISON TWP**

Stop the golf cart! This condo shows like a model & is decorated to a tee! 2BR, 2.5BA, 2 car att.garage, bsmt. Great Room w/Frplc, entry level Master, library/loft. Located on the 17<sup>th</sup> fairway of Davison Country Club! (CN50GOL) \$269,900 248-620-7200



**GRAND BLANC TWP**

Stunning 4 bedroom split level, open floor plan, Home Theater in finished Lower Level! Great Room, soaring ceiling, professionally landscaped yard, more! (Q46PIN) \$245,900 248-620-7200



**SPRINGFIELD TWP**

Clarkston Schools! Country but close to town and I-75. Up-north feel in this ranch w/ knotty pine LR, Kit, Frplc, GR, 1.5BA, bsmt, 2.5 car gar and a Hot Tub! (Q02BIG) \$155,000 248-620-7200



**ROSE TOWNSHIP**

Nature surrounds the tranquility of this 5+ acres! Huge drive-thru pole barn, supersize above ground pool. 3BR, 1.5BA, full bsmt, 2 car garage. All appliances & 1 year Home Warranty included! (CN50RO) \$199,800 248-620-7200



**SPRINGFIELD TWP**

Beautiful ¾ acre parcel that is private, wooded and sits on a site overlooking Grass Lake and preserved peninsula filled w/mature oaks. There are 13 sites on 40 acres. Abundance of wildlife! (CN01LED) \$109,000 248-620-7200



**INDEPENDENCE TWP**

Lovely & affordable! 3BR quad features roomy KIT/DR combo, vaulted ceilings, oak cabinets. 2.5 car gar. Large lot, above ground pool. Great landscaping, sprinklers and deck. Lake privileges. (CN80WOO) \$196,000 248-620-7200



**INDEPENDENCE TWP**

Country living & city convenience! Almost 4 acre lot with pond & woods. Watch the deer from the conservatory! 5BR/3 full, 2 half BA, 3 car garage, fin. daylight bsmt. Huge kitchen w/appliances! (CN45RIV) \$519,900 248-620-7200



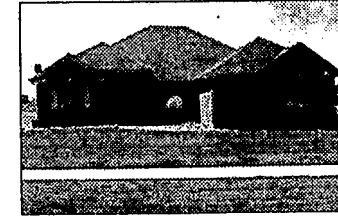
**BRANDON TWP**

Awesome ranch on over 2 acres! 5 BR, 3BA, 3+ car att. garage, finished walkout lower level. Gorgeous home w/too many upgrades to mention! Stocked pond, beautiful landscaping, gazebo, more! (CN61RAM) \$674,900 248-620-7200



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Brick ranch on acreage, beautiful park-like property in area of luxurious new homes! 3BR/2.5BA home feature hwd. floors, FFL, FR w/Frplc, bsmt drywalled & ready to be finished, deck, more! (CT67OLD) \$229,000 248-620-7200



**OXFORD TWP**

2006 built Glass Lake waterfront ranch. Beautiful & spacious w/ soaring ceilings/skylites, 3BR, 2.5 BA. MBR w/French doors, jetted tub. W/O LL has 9' ceilings, adds 2000+ sq.ft! Beautiful! (CN60GLA) \$434,900 248-620-7200



**WHITE LAKE TWP**

Beautifully remodeled home with boat launch to all sports Cooley Lake within walking distance! 5 bedrooms, 2 baths, full basement, 2 car garage, lots more. Brand new listing, check it out! (CN30COO) \$249,500 248-620-7200



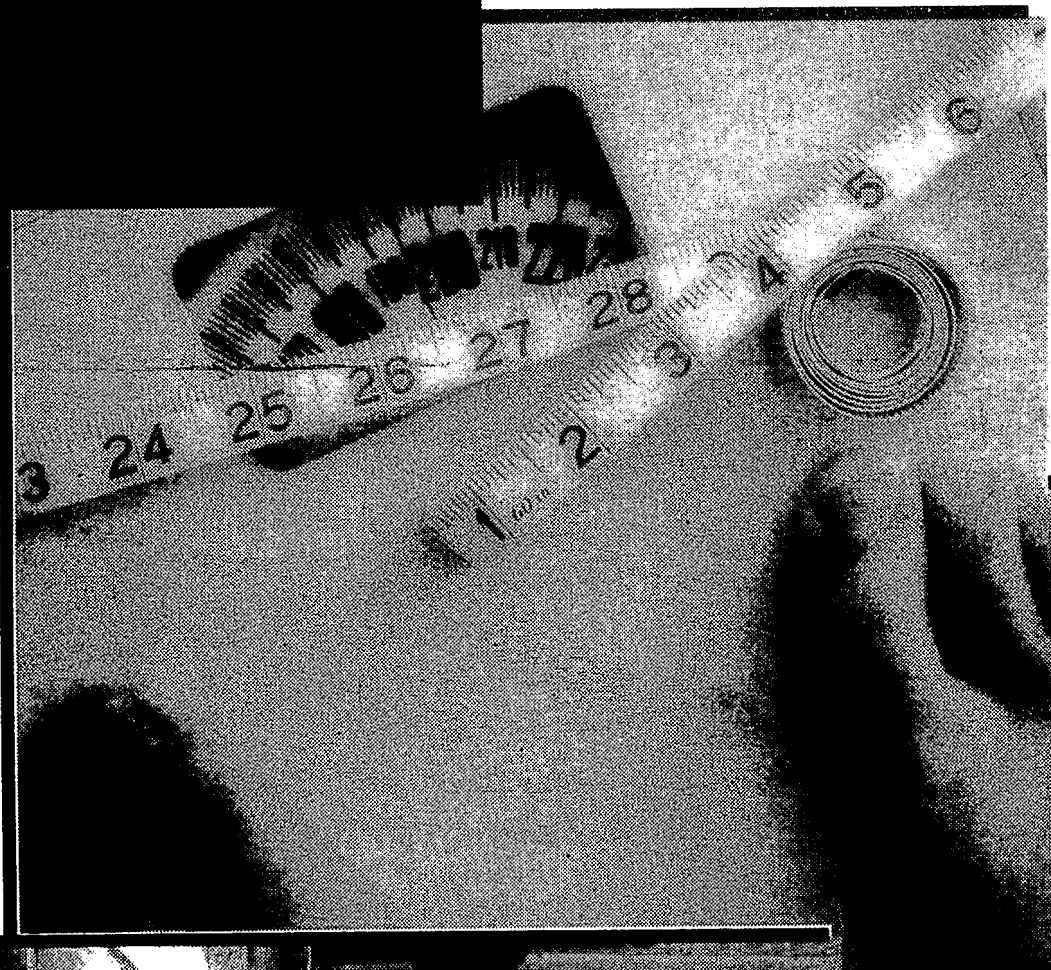
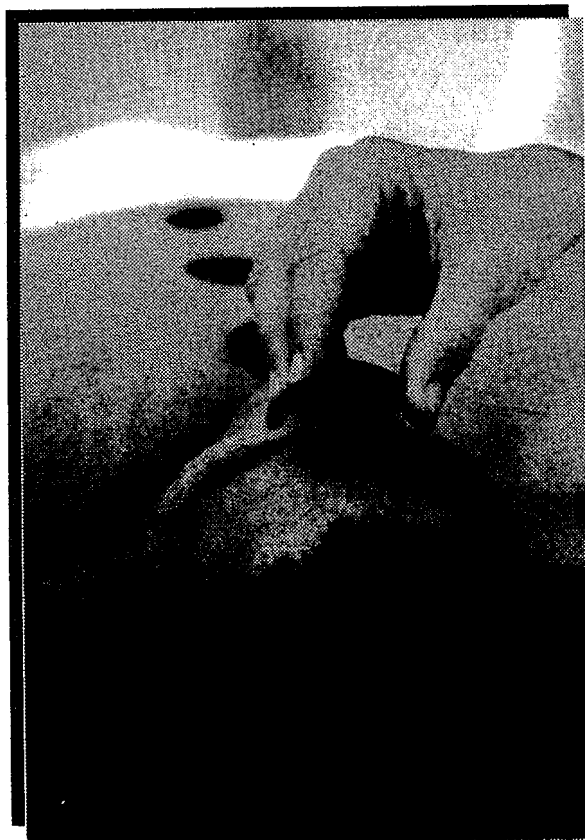
**CLARKSTON**

Reduced by \$30K! 4 Spacious BD, 3.5BA, formal LR/DR, large kit. for entertaining, gorgeous FLA Rm goes out to patio, yard is filled w/ perennials/flowering fruit trees. Fin. LL 3 car att.gar. (CN00RAN) \$334,500 248-620-7200

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A Special Supplement to The Clarkston News & Penny Stretcher

# Health & Fitness



Spring/Summer  
May 16, 2007

# Massage provides many health, fitness benefits

By Laura Colvin

Not so long ago, massage was a luxury afforded mostly to professional athletes and the pampered well-to-do.

Not so anymore. According to the American Massage Therapy Association (AMTA) 25 million more Americans are having a massage today than 10 years ago.

Across the U.S., people are making time for a massage at the spa, as part of their chiropractic visit, at health clubs and even at work.

Doctors and hospitals are recommending massage therapy to help treat conditions like high blood pressure, arthritis and lower back pain.

It's all part of a wider movement toward more holistic health care.

"Having a massage once in a while might be considered a luxury," said Carolynne Stone, certified massage therapist (CMT). "But if you're looking for well being in your body, I would go one a month or every other week. It all depends on the individual."

Massage helps reduce stress, boost immunity and is said to alleviate insomnia, tension headaches and other chronic pain.

In fact, the AMTA—a professional association setting standards for skill and knowledge requirements among massage therapists—estimates almost twice as many doctors recommended it to their patients this year than five years ago.

Stone, a Clarkston-area massage thera-

pist, recently moved to the area from Colorado, where she often tended to individuals with athletic concerns from hiking, skiing and other outdoor activities.

"I see lot of people in this area who work at computers all day," she said. "That leads to problems with rounded shoulder, or lower back problems. People are sitting long periods of times and not stretching."

The uncomfortable and often painful result, she said, is an imbalance where one group of muscles—such as those in the shoulder—are tight, and opposite muscles—such as those in the back—aren't.

But massage isn't just for everyday aches and pains. One study cited by the AMTA suggests that massage performed by a well-trained therapist helps reduce pain and build up of lymphatic fluid in women undergoing treatment for breast cancer.

According to Stone, it's essential to know the qualifications of a massage therapist before climbing onto the table.

"Good credentials are really important," she said. "Each therapist is going to have training that's different from the next. There's nothing wrong with asking 'where did you go to school? What did you study?' It's like matching yourself with any type of therapist—you want to find the person that's right for you."

According to the AMTA, massage therapy is defined as the hands-on manipulation of muscles and other soft tis-



Kristy Scholz gets a massage from Keir Gatzka, CMT, at Enhanced Image Medspa in Clarkston.

ues of the body.

In essence, manipulation—the pressure and movement of the therapist's hands—elongates muscle fibers and boosts blood and lymph flow.

This translates to an increase in oxygen and nutrients reaching body cells and, hence, carrying away more waste.

Such therapies allow the body to rejuvenate and heal itself more readily, and can be particularly helpful to sedentary or bedridden patients, as circulation and lymph flow depend on muscle contractions that occur during exercise—or massage.

Another benefit of massage, both to cancer patients and others, is a reduction in stress, whether from a life-threatening illness or everyday troubles.

"There's a real benefit to the compassionate touch," said Victor Borowiec, a massage therapist who's been treating clients in the Clarkston and Waterford areas for about 12 years. "When people age or become sick, there's this message from society that you just don't touch them the same way as when they were younger."

But, he said, that message could be a detriment to the physical and mental well being of that person.

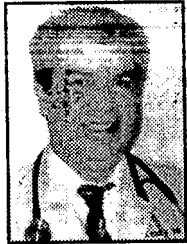
"The laying of hands in a comforting manner helps them perk up," Borowiec said. "They're very grateful for that."

In fact, people age 55 and over have tripled their use of massage over the past 10 years.

Please see Massage on page 10

## CLARKSTON CLINIC

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## Clarkston Dermatology offers up-to-date technology as an alternative to facial surgery

Dr. Wendy McFalda currently offers a full spectrum dermatology practice both medical and cosmetic.

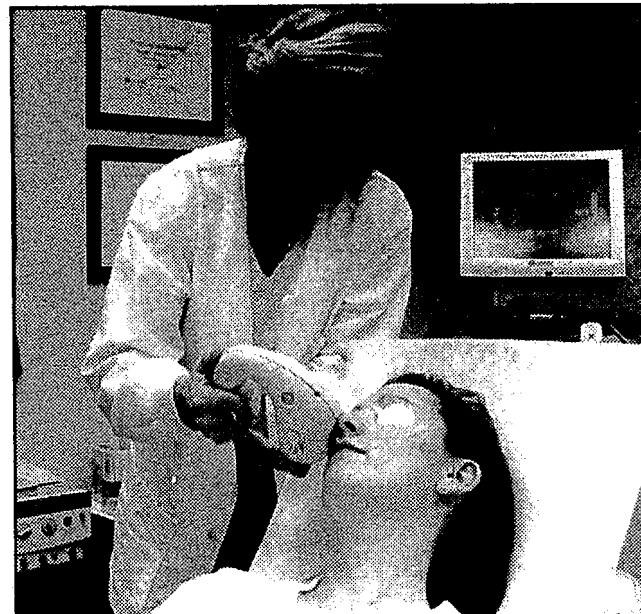
Because her cosmetic patients continued to ask what they could do for wrinkles and skin tightening that would be permanent, Dr. McFalda went on a mission to find the best technology that was effective and safe.

"When I look to add something to my practice, it needs to be proven, tested and often, I test the technology on myself and a few select friends to ensure it is the best for my patients. I am very excited

to offer this treatment as an alternative to facial surgery for skin tightening, improvement of texture, fine lines and wrinkles, as well as sun damage.

"Our new laser is better than anything else currently on the market - and I have checked them all out," explains Dr. McFalda.

Active FX Fractional Skin Tightening is performed in a single treatment with minimal down time. The results of Active FX laser treatment are long-term and, with proper sun protection, will last for many years.



Dr. Wendy McFalda offers Active FX Fractional Skin Tightening laser treatments at Clarkston Dermatology.

Most of the skin tightening is evident immediately but for the next three months the skin produces new collagen. Therefore, most people look even better 3-5 months after the procedure.

"We can treat right to the eyelash line to tighten the skin all the way around the eyes. Something that many other lasers cannot do," said Dr. McFalda. "We offer skin care and treatments to help people look their best for their age - safe and natural."

You can contact Dr. McFalda at the Clarkston Dermatology and Vein Center at 248-620-3376.

## Home-based therapy

By Paul Kampe

Sometimes doctors' offices and labs aren't as personal as a friend's couch can be. That is the approach taken by Dr. Bonnie Parker Psy.D., a local therapist.

Parker, originally from Michigan, returned to the Clarkston area after seven years practicing in Florida, to open her own practice in her home.

Having her office in the same place she lives helps her serve her clients better, she said.

"It's a very cozy, warm feeling instead of going to a clinic...it's a little more confidential feeling coming to a home office," Parker said.

"I like that part of it, it's makes it feel a little more personal. I deal directly with my patients, they don't call and get a secretary, they call me and I call them back.

"It's working out very well, I'm really pleased...I really enjoy it."

Having an office in her own home also cuts back on the overhead costs, Parker said, and she is also able to accept some insurance plans, something of a rarity with home offices.

Parker always found psychology interesting, and her mother's own career in medicine helped steer her that way.

"I was always interested in people and I think everybody has a natural tendency to want to look at why people do things," she said.

"My mother was a nurse. We always had 'Psychology Today' sitting around the house. She was very interested in people and taking care of people and I think that is part of what helped draw me into the field."

When Parker and her husband, Jason, were planning on moving back to the area, they picked their home because of its size,

which afforded them the opportunity for Bonnie to have an office. They also looked at the area's reputation.

"To raise a family, I couldn't think of a better place than Clarkston," she said.

"I love that it's a very family-oriented community and people care about their community and the schools. I went to Halloween over on Main Street and it was something you would see in the movies with all the children and the parents...the people were excited about Halloween and giving out candy and decorating. It's a nice community in that way."

Parker, mother of two, has been a therapist for 17 years, receiving her Doctor of Psychology degree from Central Michigan University in 1998. She also received her master's degree in clinical psychology from CMU in 1989 after earning her bachelor's degree in psychology from Michigan State University in 1987.

Parker has been a part of several panels and discussions on psychological issues such as Attention Deficit Hyperactivity Disorder, depression, and self-esteem, and is affiliated with the American Psychological Association.

Parker offers individual therapy, couples' therapy, teen, and family therapy, and treatments for anxiety, trauma, and depression. Parker is also a child psychologist, offering play therapy for children in addition to seeing adult patients. Parker can perform evaluations of personality, learning disabilities and ADHD.

Her office is at 8864 Big Lake Road in Springfield Township.

She can be reached at 248-922-9222 or DrBonnieParker@aol.com.



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# Drs. Munk & Munk specialize in 'Fast Ortho' technique

Spring is the perfect time to have an orthodontic evaluation. With all the upcoming social events such as graduations, weddings, and family reunions, now is the time to get your smile ready.

Never underestimate the power of a great smile. A person's smile is one of the first things to be noticed by others.

Our office is proud to announce that we can now help you get that beautiful, healthy, straight smile you have always wanted in a fraction of the time. Dr. Charles F. Munk and Dr. Charles W. Munk specialize in the Wilckodontics procedure that is also commonly referred to as "fast ortho." This accelerated osteogenic orthodontics procedure is 3 to 4 times faster than conventional orthodontics. Patients using the "fast ortho" technique can be in and out of braces in just 3 to 8 months!

Straight teeth are not only beautiful; they also promote good health. In fact, a healthy body starts with a healthy mouth. Straight teeth can help reduce the incidence of heart disease, gastrointestinal disease, and other health conditions. Teeth that are properly aligned chew more efficiently, aiding in proper digestion. Also, teeth that are straight and properly aligned create a more perfect bite, and that helps to avoid excessive stress, headaches, and strain on the supporting bone and tissue.

As a reminder, the American Association of Orthodontists (which Dr. Charles F. Munk and Dr. Charles W. Munk are both members) recommends that all children have an orthodontic check-up no later than the age of seven. This early screening is indicated for a variety of reasons:

- An orthodontist can spot subtle problems with emerging teeth and jaw growth,

even while some baby teeth are still present.

- To answer patient and/or parent questions of concern.

- To treat orthodontic problems if early treatment is indicated.

- To monitor growth and development for optimal treatment timing if early treatment is not appropriate.

A timely orthodontic evaluation can lead to significant treatment benefits for the patient.

Today there are many orthodontic treatment options available to help patients of all ages achieve a beautiful, straight, healthy smile. Our goal is to provide patients with long-term health care as well as cosmetic tooth alignment.

At our office, it is our mission to improve and enhance people's lives through orthodontics. Our office provides quality and service in a lighthearted, honest, and friendly environment. We do orthodontics for our patients, and with our patients; instead of doing orthodontics to our patients. We treat each patient as an individual with his or her own goals, concepts of self-image, dreams, and aspirations. By combining the right mix of personal attention, the latest technology, and continuing education, we maintain a commitment of excellence to our patients in every facet of our practice.

We want to change the way people think about orthodontics. For instance, orthodontics are not just for children and teens. Today, one in five orthodontic patients is an adult. At our office, we work with people of all ages interested in enhancing their smile. Adults can benefit greatly from orthodontic treatment. Having a dynamic smile makes a great first

impression in both personal and professional relationships. Orthodontic treatment changes looks and outlook. Orthodontics has boosted the self-esteem of countless patients, whether they had braces as children or sought treatment as adults.

Invisalign is a wonderful treatment option especially for adults. This product provides an advanced way to straighten teeth and improve smiles. Using the latest medical imaging technologies, clear aligners are manufactured that rapidly straighten teeth. Each aligner is worn for several weeks, and can be removed to eat, brush, and floss. During wear, the teeth are gently moved to their desired position. The length of the process depends on the patient's individual needs. Both Dr. Charles F. Munk and Dr. Charles W. Munk have completed training in the use of these specialized aligners, and can assist patients in determining if Invisalign would be an appropriate method of treatment for them.

A great benefit to patients utilizing more traditional braces, is our use of self-ligating brackets. These "breakthrough brackets" offer an advanced micro design which require fewer appointments, provide greater patient comfort, and better hygiene. With today's busy lifestyles, these brackets really do make orthodontic treatment more convenient with 8 to 10 weeks in-between appointments.

As we continue to incorporate new products and techniques into our practice, it is all with one purpose in mind; the creation of beautiful, straight, healthy smiles that will last for a lifetime. Dr. Charles F. Munk and Dr. Charles W. Munk would welcome the opportunity to discuss all



Charles F. Munk, left, and Charles W. Munk offer the latest in orthodontic technology.

orthodontic options available with any new patient considering treatment. Our office is always ready to welcome new patients. To encourage potential patients to explore their orthodontic options, we offer free initial consultations.

Additional information about our office can also be found on our website at [www.munkorthodontics.com](http://www.munkorthodontics.com).

To schedule an appointment, please contact us at one of our three convenient locations. We do have day, evening, and Saturday appointments available. We look forward to helping you create the beautiful smile you have always wanted!

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## Chiropractic adjustments and massage: a powerful combination

By Dr. Heather Wills  
Wills Family Chiropractic, Inc.

It is spring, and you know what that means!!! It is time to pull weeds, garden, swim, run, jump, and play. It is a time of joy and fresh new beginnings for many people, but it can also be a troublesome time for some as we get into things that maybe we haven't done for several months.

That is why NOW is the perfect time to get in to see your local Chiropractor to prevent any problems before they even arise. Many people don't realize that Chiropractic is more of a *preventative* health care strategy than a symptom-based philosophy. Chiropractic is the **ONLY** health care philosophy that corrects the **CAUSE** of a problem rather than merely treating the symptoms.

Although it is true that Chiropractic can and does take care of symptoms, this is just the "side effect," so to speak, of being under regular Chiropractic care. Massage therapy goes **GREAT** with Chiropractic care because it is what helps your adjustments

to hold better and longer.

Massage therapy is like the cement that holds the puzzle together.

Our doctors are primarily concerned with correcting the cause of whatever problem you may be experiencing, and our massage therapist is concerned with getting you there quicker and keeping you there once you reach optimum health. Chiropractic and Massage are great not only for handling and managing pain but also for increasing circulation, reducing anxiety, relieving stress, and improving overall cellular nutrition at a very basic level.

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We are pleased to announce the expansion of Dr. Theodore Engelmann's Clarkston based Comprehensive Medical Care, PLLC practice to include state-of-the-art non-invasive aesthetic medical treatments. Dr. Engelmann has secured the franchise rights for a Radiance Medspa to be located within his practice in Clarkston, Michigan.

The Radiance Medspa Franchise Group is the largest medspa franchise system in the United States, having awarded over 105 medspa franchises since its inception in 2004.

The Radiance Medspa sets itself apart from its competitors by offering the most contemporary aesthetic medical procedures in a beautiful, soothing and uniquely constructed spa environment, designed to calm and relax guests upon entering a Radiance sanctuary. Radiance Medspa treatment professionals, RN's working under Medspa's Medical Director, will set the industry standard for customer service, providing a wide-range of treatment options in a responsible environment founded on experience, care, and trust.

Radiance Medspas market to all age groups and is focused on the growing baby boomer population; offering treatments like Botox, laser hair reduction, Microdermabrasion, chemical peels & collagen injections. The procedures are focused on reducing fine lines and wrinkles, removing unwanted hair, improving the texture and imperfections of

the skin and enhancing the fullness of your lips. In other words, it's a way of looking your best and, yes, even younger without the time and expense of surgery.

Consumer research has shown that most prospects feel more comfortable with non-surgical modalities to improve their appearance and quality of their skin. Plastic surgery to them is a final step they would rather not take if it can be avoided.

Technology advancements in both equipment as well as pharmacology will continue to drive the future of the aesthetic medical industry. Manufacturers continue to improve non-invasive treatments to reduce wrinkles, remove tattoos, decrease cellulite and improve other skin and vascular imperfections. Pharmaceutical companies are feverishly racing to formulate new products to continually enhance efficacy and the duration of current products.

A prominent example is the race to seek FDA approval on a long term paralytic agent to mimic the effects of Botox while increasing the duration up to and beyond a five (5) year efficacy. These advancements will continue to reduce the need for ablative surgery providing immediate results with no down time or rehab requirements.

Please contact Comprehensive Medical Care at 248-620-0377 to learn more about their new aesthetic medical procedures and watch for their coming expansion as they open up Radiance Medspa of Clarkston, Michigan.

# Don't overlook bike safety this summer

By Paul Kampe

Parents are constantly at attention trying to protect their children from the dangers of the world. Wearing a bicycle helmet is one thing parents can do to keep children safe and its importance, said local riders, should not be overlooked.

"It's smart, easy, comfortable and inexpensive protection from life-changing injury," said Louise Kasl of Kinetic Systems, a bike shop in Clarkston.

Oakland County Sheriff's Department Deputy Kirk Matich is

the school liaison officer in Clarkston Community Schools, preaching different safety measures for all occasions.

Matich said it's most important for children to wear helmets while riding their bikes because they are usually less experience than older riders.

"Every kid is pretty well aboard with wearing helmets and safety issues," Matich said.

As part of safety instructions to guard against contact with strangers, Matich teaches children to be alert of their surroundings. Although there are rarely incidents of children riding into trouble with motorists, Matich said the incident rate can stay low if kids and drivers are equally aware of what is going on.

"If everybody's aware of safety techniques, a lot of accidents can be avoided," he said.

Protecting the noggin isn't just for the young, but for the children at heart also.

22-year-old Kevin Murphy of Clarkston, also an employee of Kinetic Systems, said he couldn't live without his bicycle helmet.

"I wouldn't be here without a helmet. Last summer I broke my collarbone in three places," he said.

The accident shattered his helmet, but the precious cargo beneath stayed intact.

"I definitely wouldn't be here without it," Murphy said.

Dr. Tim O'Neill, from

Clarkston Medical Group, is an avid biking enthusiast. O'Neill said he and his riding partners always don the protective cap before taking off for a cruise.

"All of us have taken enough spills to know it can happen at any time. It's just as important as eyewear," he said.

"It's not a question of if, but when you're going to wipe out."

O'Neill said CMG sees many cases of head injuries and on occasion the results can be a closed-head injury such as a concussion.

"Once in a while we have a pretty severe (case)," he said.

"They are rare, but they happen enough you need to protect yourself against it."

O'Neill has had two mountain biking accidents in the recent past he can recall, which would have treated him much worse without wearing a helmet. Last year, he collided with a tree coming down a trail at Pontiac Lake Recreation Area.

"Things would have been worse, no doubt about it," he said.

O'Neill's father, James, also a doctor, taught him the importance of wearing a helmet while riding his bicycle.

"He's very safety-minded having seen a number of catastrophic injuries over the years."

Like his parents before him, O'Neill feels that it's parents' responsibility to teach their children safety on a bike



Kevin Murphy of Clarkston really knows first-hand the importance of bicycle helmets. Photo by Paul Kampe

as it is in any other matter.

The numbers of helmet-wearers has drastically increased over the years, Kasl said.

"When we started the business in (in 1979), there was a growing recognition of the values of helmets," Kasl said.

"In the beginning, it was more for the avid cyclists, now it's generally recognized that you should wear them."

Kasl said the helmets at Kinetics ranged from \$30-\$180, but the most important part of helmet use is having the armor properly fitted. Other-

wise, the helmet could be made useless.

"They're often loosely fitted (and) the

helmet will slide back or off and won't provide any protection (upon impact)," she said.



Bike helmets are a good idea for adults as well as children.

## Road Rules

If you're allowed to ride on the street, follow these road rules:

- Always stop and check for traffic in both directions when leaving your driveway, an alley, or a curb.
- Cross at intersections. When you pull out between parked cars, drivers can't see you coming.
- Walk your bike across busy intersections using the crosswalk and following traffic signals.
- Ride on the right-hand side of the street, so you travel in the same direction as cars do. Never ride against traffic.
- Use bike lanes or designated bike routes wherever you can.
- Don't ride too close to parked cars. Doors can open suddenly.
- Stop at all stop signs and obey street (red) lights just as cars do.
- Ride single file on the street with friends.
- When passing other bikers or people on the street, always pass to their left side, and call out "On your left!" so they know that you are coming.
- Use hand signals, so other bikers and drivers will know what you're going to do next.

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## Try enjoying every cigarette you don't smoke

By Ernie Harwell

I'm very anti-smoking, though I did smoke ten to twelve cigarettes a day until quitting in 1954. So I wasn't really fanatic, certainly not a two-pack-a-day guy.

I'm thinking that it was a habit I didn't need, and I quit cold turkey. Of course, I know quitting is not as easy for many smokers because smoking is very addictive. But it's very encouraging that so many people have quit smoking - or never started.

For instance, when I came to the big leagues in 1948, 23 or 24 players on every 25-man roster smoked tobacco, chewed it or both. Nowadays, the average major league team has one or two players who smoke. And most players have learned that tobacco chewing can be even harder to quit, because the nicotine gets into your system faster.



So when young people ask me about smoking, I tell them it's far easier - and healthier - to never start, than it will be to quit. For smokers who ask for advice on how to quit, I pass along a novel technique another former smoker once shared with me. He told me that every time he got the urge to smoke, he thought of all the cigarettes he had not smoked since quitting. Each day, the number is greater, and provides greater motivation and pride in having quit.

Using his formula, I'm spending 2004 enjoying the 185,000 cigarettes I did not smoke, since quitting half a century ago.

And please remember to take care of your health before it's longgggg gone!

Ernie Harwell, "the voice of the Detroit Tigers" for more than four decades, retired after 55 years behind a major league microphone. Today, at age 86, Ernie's days are filled with serving as a health and fitness advocate for Blue Cross Blue Shield of Michigan, public appearances, writing, traveling and taking long walks with "Miss Lulu," his wife of more than 60 years. His latest book, a collection of his baseball columns entitled "Life After Baseball," is available at local bookstores or by calling 1-800-245-5082.

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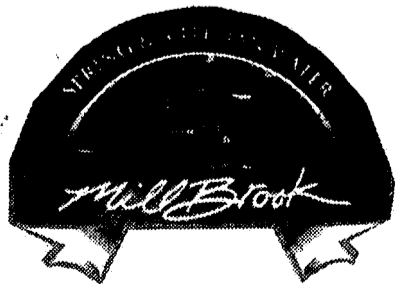
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Millbrook Water Company is expanding into Southeastern Michigan due to the success in other Michigan areas. Millbrook Water Company is an approved Water Hauler licensed through the Michigan Health Department and Michigan Department of Environmental Quality.

Owner/Partner Rod Brumley explains, "Quality drinking water is becoming more precious all the time. Until now your choices have been limited if your looking for the quality of bottled spring water available at your tap. Through our process we are bringing quality artesian water nutrient rich to business establishments as well as homeowners."

From the moment water is pumped from the Millbrook artesian well located in central Michigan, quality is ensured. "At Millbrook, we are committed to delivering premium water therefore there is no chlorine added and no essential minerals are removed. Instead of chlorine to purify which is used in other drinking water, we have chosen to use ozone generators. Available on each truck and at the well, this process ensures oxygen is added at all times as needed to maintain pure water. We could have gone the less expensive route, but who wants chlorine in their drinking water?"

With this system there are no bottles to

haul, store or lift. Five gallon jugs weigh over forty pounds and small plastic bottles are filling up landfills. There is no need to worry about arsenic as Millbrook water is arsenic free.

The installation of this system is very simple but requires some explanation. "We will supply a tank; the size will depend on the anticipated usage. From there we plumb to your desired location. A faucet, a refrigerator, a coffee maker or free standing cooler or all combined are normal options. Your current water supply is not involved as our system operates independently of that."

Millbrook water is delivered through an outside fill valve eliminating the need for any indoor intrusion. "Throughout the process using our patented delivery system we ensure no outside air influences the water."

The cost for all this is less than you might think. "Most installs can be completed for as little as \$150.00. After that trucks are on monthly routes to refill as needed."

"We feel there are many advantages with this system when compared to the other options. Remember, there are no bottles to lift or store, and no ongoing intrusion into your home or business. Also, no chlorine or fluoride is added. Good water pressure is maintained and the water is arsenic free."

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For more information visit our website at [www.millbrookwaterco.com](http://www.millbrookwaterco.com).

# Chiropractic care improves your health

When Ronda Vaughn Marshall was in elementary school, she didn't know that kids took medicine when they got sick - she just thought they went home, like she did, so mom could adjust her.

When Ronda was in high school, she came home and said "Mom, Jenny takes aspirin when she gets a headache. Why can't I?"

It was then Jacqueline Vaughn spoke words her daughter would always remember: "do you think you have a headache because you are lacking aspirin?"

The mother and daughter team at the Vaughn Chiropractic Clinic come from a large family, boasting 12 chiropractors. Each has dedicated his or her career to the field because they believe in what they do: they know it works.

"A new study shows that 8 of 10 children of chiropractors never had an ear infection," said Ronda, who relieved the physical stress of birth by adjusting her own daughter just two hours after the infant was born. As chiropractic awareness grows, the two are finding that

more and more people are coming for adjustments and bringing their children, too.

In most cases, she said, by the time a person feels pain and seeks treatment, the problem has been building for years, sometimes decades.

"All the accidents you have as a child will come back to haunt you," Jacqueline said. "Younger children are always falling down, older ones hurt themselves in sports and all kinds of activities."

All of this, in children as well as adults, results in bones moving out of position and pinching on a nerve. When nerves are pinched, she explained, they cannot properly transmit messages sent throughout the body by the brain - and when the body doesn't get the brain's messages, it can't work properly and things go wrong.

One myth new patients worry over is that a chiropractic adjustment will hurt. In most cases, it doesn't. Another myth warns that once a person starts



Dr. Ronda Vaughn Marshall



Dr. Jacqueline Vaughn

seeing a chiropractor, they must continue indefinitely.

"We explain to our patients that we can make an adjustment and get rid of the pain, but that doesn't mean the problem is gone," said Ronda. "People have to give their bodies time to change, and then maintain the changes."

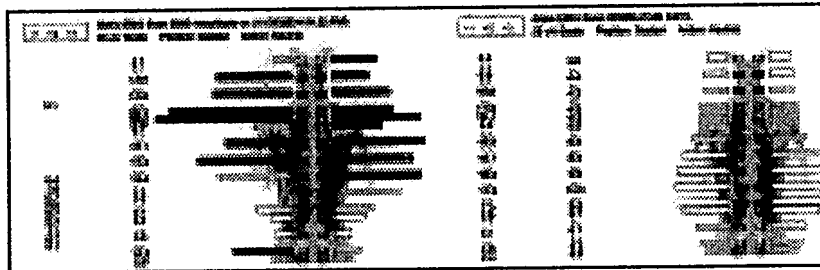
Mother and daughter like to illustrate the point with an analogy. "You don't have to get your teeth cleaned or change

the oil in your car," Jacqueline said. "But what happens if you don't?"

All new patients at Vaughn Chiropractic receive the first consultation free, and a computer scan that measures how well the body is functioning will be provided free with mention of this ad.

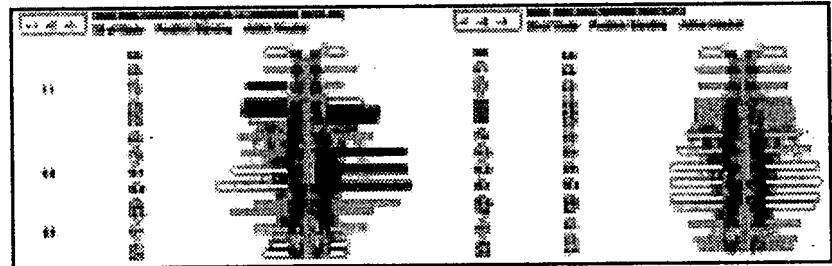
The office is located at 3093 Sashabaw in Waterford. Contact them at 248-674-4898.

Sample scans from a Vaughn Chiropractic patient. Actual scans print in green, blue and red to indicate mild, moderate and severe.



First visit EMG scan.

Normal EMG scan.



EMG scan after 12 visits.

Normal EMG scan.

## Your Nervous System... Your Key To Health

Vertebrae	Areas & Parts of Body	Possible Symptoms
ATLAS		
AXIS		
CERVICAL SPINE		
1 <sup>ST</sup> THORACIC		
THORACIC SPINE		
1 <sup>ST</sup> LUMBAR		
LUMBAR SPINE		
SACRUM & COCCYX		
C1	Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system.	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, nervous breakdowns, amnesia, chronic tiredness, dizziness.
C2	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead.	Sinus trouble, allergies, pain around the eyes, earache, fainting spells, certain cases of blindness, crossed eyes, deafness.
C3	Cheeks, outer ear, face bones, teeth, trifacial nerve.	Neuralgia, neuritis, acne or pimples, eczema.
C4	Nose, lips, mouth, eustachian tube.	Hay fever, runny nose, hearing loss, adenoids.
C5	Vocal cords, neck glands, pharynx.	Laryngitis, hoarseness, throat conditions such as soar throat or quinsy.
C6	Neck muscles, shoulders, tonsils.	Stiff neck, pain in upper arm, tonsillitis, chronic cough, croup.
C7	Thyroid gland, bursae in the shoulders, elbows.	Bursitis, colds, thyroid conditions.
T1	Arms from the elbows down, including hands, wrists and fingers, esophagus and trachea.	Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands.
T2	Heart, including its valves and covering, coronary arteries.	Functional heart conditions and certain chest conditions.
T3	Lungs, bronchial tubes, pleura, chest, breast.	Bronchitis, pleurisy, pneumonia, congestion, influenza.
T4	Gall bladder, common duct.	Gall bladder conditions, jaundice, shingles.
T5	Liver, solar plexus, circulation (general).	Liver conditions, fevers, blood pressure problems, poor circulation, arthritis.
T6	Stomach.	Stomach troubles, including nervous stomach, indigestion, heartburn, dyspepsia.
T7	Pancreas, duodenum.	Ulcers, gastritis.
T8	Spleen.	Lowered resistance.
T9	Adrenal and supra-renal glands.	Allergies, hives.
T10	Kidneys.	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis.
T11	Kidneys, ureters.	Skin conditions such as acne, pimples, eczema, or boils.
T12	Small intestines, lymph circulation.	Rheumatism, gas pains, certain types of staphylococci.
L1	Large intestines, inguinal rings.	Constipation, colitic, dysentery, diarrhea, some ruptures or hernias.
L2	Appendix, abdomen, upper leg.	Cramps, difficult breathing, minor varicose veins.
L3	Sex organs, uterus, bladder, knees.	Bladder troubles, menstrual troubles such as painful or irregular periods, miscarriages, bed wetting, impotency change of life symptoms, many knee pains.
L4	Prostate gland, muscles of the lower back, sciatic nerve.	Sciatica, lumbago, difficult, painful, or too frequent urination, backaches.
L5	Lower legs, ankles, feet.	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps.
SACRUM	Hip bones, buttocks.	Sacro-iliac conditions, spinal curvatures.
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*Open Letter To The Community*

**Our team is focused  
on your well being**

Dear Clarkston Residents,  
I would like to take this opportunity to thank you, the community, for allowing our team at NovaCare Physical Therapy to treat you, members of your family and your friends for your physical therapy needs for many years now. We have been in the Clarkston community for 15+ years.

We have been at our current location, 6770 Dixie Highway Ste 104 for the last 8 years. We are proud to be part of this community. If you haven't been to our clinic, we invite you to stop by and see our facility and meet our clinical and administrative staff.

Our clinic hours are Monday through Friday, 6 a.m. until 8 p.m., offering our patients flexibility to work around busy lives. Our facility offers plenty of room (10,000 square feet), a pool and all the equipment to meet the needs of our patients.

The most important part of your physical therapy is the people responsible for taking care of you. This I must tell you is what I, as the clinic manager, am most proud of. Our team consists of Licensed Physical Therapists, Physical Therapist Assistants, an Athletic Trainer, Therapy Aides and Patient Service Specialists (our office staff). Our team is one that is focused on our patients.

They are committed to providing the best possible care, with skill, experience, dedication and patient education. Our Clinical staff truly cares about the individual and their needs. They take what they do seriously but they provide an environment that is fun and enjoyable for our patient's. You see, we feel it very important to make our patients experience one that they can look forward to, because our patients have to be committed to their recovery.

We can treat patients needing physical therapy for many reasons and from all age groups. From the very young to the very wise, (as well as all in-between) we are able to assist you with your orthopedic, arthritic, chronic, work related, auto related, sport related injuries and conditions. If you have questions or a need for physical therapy of any kind call us, 248-625-5998. We will assist you in any way we can and we promise if you need therapy, we can schedule you an appointment within 24 hours. We are committed to our patients and to this community.

*Sincerely,  
Jodi Hines  
Manager of Operations  
NovaCare Physical Therapy*



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## Massage therapy helps new mothers

Continued from page 2

Not to be outdone, however, a growing number of young people are also turning toward more holistic health care—some 94 percent agree that massage can benefit their health, especially during certain times.

Pregnancy, for example, is an exciting, happy time for many women, but there's no doubt that it is also a time of considerable transformation and bodily stress.

A therapist certified in prenatal massage can help the mother-to-be get relief from lower back pain caused by the weight gain up front. It can also relieve stress on joints, reduce swelling in hands and feet, and help prepare the muscles used during childbirth.

Training for prenatal massage, said Sandra Folsom, a massage therapist with the medical practice of Peter Shaman, MD, requires the therapist to learn specialized techniques that are safe for expectant mothers.

"We put the mother in different positions, because obviously she can't lay on her belly," said Folsom, a certified massage therapist as well as a registered nurse. "And the emphasis of the massage is on different areas, such as back and legs, with the avoidance of others."

The massage therapy in Shaman's office is not limited to that of pregnant woman. Folsom regularly sees others, as well.

"A lot of people think of massage as a treat for themselves," she said. "But it's an overall wellness treatment as well. We all know stress plays a huge role in our overall health, but massage can help with stress reduction, improvement of circulation, and chronic pain."

Folsom offers Swedish, hot stone, aroma-therapy, deep tissue and prenatal massage, and encourages clients to try different types.

"Especially the hot stone massage," she said, describing the technique as a combination of massage and strategic placement of hot stones along the spine, as well as other areas such as hands and feet. "It's very relaxing."

Most massage therapists receive training in a variety of modalities and can help a client decide which techniques will best suit his or her needs.

A qualified therapist will perform a complete assessment, and ask about why you wish to have a massage, your level of stress, and any pain you might be experiencing. Be sure to disclose any health conditions, as the therapist will want to make sure it's OK for you to have a massage.

When you are ready, the therapist will ask you to remove as much clothing as you are comfortable with, then leave the room for privacy. You will be covered with a sheet or towel, and the therapist will only uncover the area he or she is working on.

Some prefer quiet during a massage, others like to chat. Either way, most therapists go to lengths to ensure a relaxing and comfortable environment and encourage clients to voice any questions or concerns.

Thirty-three states and Washington D.C. currently regulate massage therapy, requiring massage therapists to obtain a license and conform to certain standards. Michigan is not among those states, but consumers can look for certain credentials when seeking a qualified masseuse. The American Massage Therapy Association recommends asking a potential massage therapist the following questions:

- Are you a member of the American Massage Therapy Association (AMTA)?
- Are you certified by the National Certification Board for Therapeutic Massage & Bodywork?
- Are you a graduate of a training program accredited by the Commission on Massage Therapy Accreditation, or that is a current AMTA School Member?

• Do you have advanced training in any specific massage techniques?

Finally, remember that massage is a complementary therapy, not a cure. If you have any health concerns see your doctor before seeking a massage therapist. Contact Carolynne Stone at 248-410-7784. Contact Sandra Folsom at 248-625-8555. Contact Victor Borowiec at 248-245-7041. Contact Keir Gatzka at 248-922-4900.

## Getting in shape for a healthy life

Whether it's walking, running, tennis, cycling or swimming, exercising outdoors provides us with a fun, versatile way to burn calories.

Here are some tips to keep you focused on achieving your fitness goals for the rest of your life:

1. Fitness devices, such as heart rate monitors, calorie counters, body-fat analyzers and pedometers, are very important in monitoring progress and keeping people on the right track to meeting their goals.

2. If you are inactive, begin with frequent but shorter workouts (25 to 30 minutes, three to five days per week) and let your body adapt to the change in activity level. Gradually increase the time of each workout after completing 12 sessions.

3. If you are active three to five times per week, add one or two high-intensity workouts per week to boost metabolism, effort level and fitness.

4. Drop those pounds efficiently by keeping a fuel

log. There are free online resources that make it easy to keep track of your meals, calories and exercise.

5. Avoid doing the same exercise or machine over and over again. Your body will become efficient at that exercise and won't burn as many calories as when you first started.

6. Incorporate strengthening exercises into your regimen two to three times per week. Increasing lean muscle tissue will boost resting metabolism, help decrease inches from your body and provide a strong base to prevent injuries.

7. Be patient. Getting active takes time. It takes 21 days to create a new habit. Exercising regularly can become a habit over time. Make it a priority in your life and you'll find three to four weeks later you will wonder how you managed without it.

Jenny Hadfield is a certified personal trainer and author.

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# Clarkston Medical Group, great things on the horizon

For nearly half a century area residents have grown familiar with Clarkston Medical Group.

"He started out with a bench and a converted closet," Tim O'Neill, D.O., said of his father Dr. James O'Neill who founded CMG in 1959 after being recruited to the area by fellow physicians.

"He had taken over another exam room when he said, 'I need my own place,' and he moved across the street and that's where he was for 35 years."

Ten years ago CMG moved into its current location at 6770 Dixie Highway and now another move is on the horizon.

CMG has teamed with McLaren Health Care Corporation to build and staff a new facility on a nine-acre parcel off Bow Pointe Drive near Sashabaw Road. The new facility will enable CMG to offer more services for its patients.

"We are excited about expanding our services, adding new physicians to our group and providing our community with much needed state-of-the-art medical facility for their health care needs," O'Neill said.

The nearly 31,000 square-foot center will have separate urgent and primary care areas. The locale will include an imaging center, a woman's imaging center, as well as oncologists and radiologists through a partnership with Great Lakes Cancer Institute.

"There will be a full array of diagnostic services there," O'Neill said.

"You'll be able to have a number of minor procedures done right here in Clarkston, such as having a knee scoped,

cataract surgery, minor abdominal procedures, colonoscopies and minor breast biopsies," O'Neill explained. "CMG plans to relocate its 14 physicians when we open our new location in the spring 2009."

Clarkston Medical Group patients can expect to receive their health care and build a relationship with doctors they will be familiar with whether it's for everyday check ups, illnesses or injuries. "At CMG our physicians are dedicated to offering patients the best care possible in a friendly and familiar setting," said Dean Moscovic, D.O.

CMG has several board-certified physicians including Doctors Renny Abraham, Dean Moscovic and Nancy Crossley who all practice internal medicine and pediatrics, Dr. Tim O'Neill, a family practice physician and his father, Dr. James O'Neill who is a pediatrician.

The physicians pride themselves on seeing patients from the time they are born into adulthood. "Our organization allows us to build relationships with patients and take care of an entire family," said Dr. Crossley. "I see three generations of some families. It's a real honor when a patient trusts you with both their kids and their parents. You get to see the patient's whole social picture which can be invaluable during evaluation," explained Crossley.



Drs. Renny Abraham, Nancy Crossley, Dean Moscovic and Tim O'Neill represent the Clarkston Medical Group.

Abraham grew up in Clarkston graduating from Clarkston High School in 1992, making the experience all the more meaningful to him. "I look forward to taking care of people I grew up with and neighbors in my own community. That relationship is the most important thing. If you take care of a community you know personally it really feels like you're doing that community a great service," Abraham said.

In addition, services provided by CMG includes a 24-hour urgent care "You have two worlds of medicine care; primary and urgent care. This is a melting pot between the two," said Moscovic. "It's nice for our patients to

have access to 24 hour care all under one roof."

"Our concern is always to meet the needs of our patients, so our physicians are on the medical staff of many of the local hospitals, including St. Joseph Mercy Hospital-Oakland and Beaumont Hospitals," concluded Moscovic.

Now you can schedule an appointment with one of the four physicians at the Clarkston Medical Group. If you are sick, same day or next day appointments are usually available. Please call 248-625-2621 for your next appointment or for more information about the physicians. Most insurances are accepted.

The Clarkston Medical Group is located at 6770 Dixie Highway.

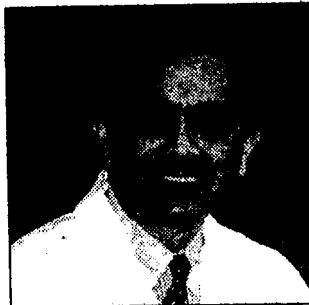
## [Attention Clarkston Residents]



Shamim Islam, M.D.  
Pediatrics



Michael Baker, M.D.  
Internal Medicine



Mohammad Amin, M.D.  
Pediatrics

## Have we met?

Each year more than 10,000 families trust the Clarkston Medical Group physicians for their health care needs. From infants to seniors, our doctors specialize in Internal Medicine, Pediatrics, and Family Practice, most provide same day or next day appointments. Our board certified doctors will spend time with you, listen to your concerns and provide medical expertise to meet your health care needs.

If you get injured or sick after normal office hours, you have 24-hour access to Urgent Care and our Emergency Medicine physicians, who provide the same medical expertise and supply information about your visit to your personal physician. Our physicians are affiliated with St. Joseph Mercy Hospital-Oakland, Beaumont, and Genesys.

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# OB/GYN staff cares for the whole woman

The staff at Associated Obstetrics and Gynecology knows a woman needs a doctor to listen and treat her as an individual, a physician who understands the changes and challenges she experiences — someone who will help her stay healthy over the years.

"We're very much into preventative medicine, picking things up before they become problematic," said Adam Ziff, D.O. "Every doctor here has a caring attitude that takes a look at the whole person."

The office offers many services in both obstetrics and gynecology.

For example, Ziff recommends the human papillomavirus—HPV—vaccine to all younger patients.

The vaccine was FDA approved as a preventative treatment for girls and women ages 9 to 26.

"We know HPV is a sexually transmitted infection that causes cervical cancer," said Ziff. "It also causes non-cancerous genital warts."

The vaccine is not a substitute for PAP tests, Ziff warned, and it does not guarantee a person will never contract HPV—more than 100 different types of the virus exist, but the vaccine is preventative against the four most common, which account for 90 percent of warts, and 70 percent of cervical cancers.

"It's the only cancer vaccine," said Ziff. "It's a huge, huge medical breakthrough and we're recommending it."

A new permanent contraceptive is also available in the office.

Essure is non-invasive procedure that will not change a woman hormonally and can be performed in-office in as little as 20 minutes.

The physician inserts a tiny camera through the cervix and into the uterus, where tube openings become visible. A tiny coil is released into the tube, and a fiber inside the coil forms a natural blockage to prevent pregnancy.

"Most women describe it as having a PAP smear," said Paul J. Corsi, M.D. "That's how much discomfort they have."

Patients return to their normal routine the next day—if not that same day.

"The success rate is very high; three months later we do a test to ensure complete blockage," he said. "There has never been a pregnancy once proper blockage is confirmed."

Women who are over 35, finished having children, still taking birth control and seeking a permanent form of contraception are ideal candidates for Essure.

"A lot of husbands just keep on saying, 'oh I'll have a vasectomy,'" Corsi said. "Or the husbands don't want a vasectomy. This is a good alternative."

Several physicians in the office are also practicing a relatively new treatment for heavy bleeding.

"It's a wonderful alternative to hysterectomy," said Patricia Kondratenko, D.O. "Years ago, we had options of doing a D

& C or a hysterectomy, which is obviously a very invasive procedure."

The procedure, generally known as endometrial ablation, can significantly reduce menstrual flow.

Several variations of the procedure exist, said Kondratenko.

"The one I do quite a bit is Novasure," she said, explaining that a small catheter is inserted into the uterus, where it opens like a fan. "As it touches the uterus it uses electricity to ablate the lining of the uterus. It takes approximately 90 seconds and is extremely effective."

Novasure can be performed under anesthetic, as well as a same day surgical procedure for patients who don't want a delay in getting back to normal activities.

HTA—hydrothermal ablation—is another type of the procedure, and is similar to Novasure but uses hot fluid to ablate the uterus lining and reduce menstrual flow.

The success rates of HTA, she said, are comparable to Novasure, and doctors will recommend the best option for women on an individual basis.

Risks and side effects from the procedure are minimal.

"You can have a light watery discharge averaging about 11 days," said



The doctors at Associated Obstetrics and Gynecology are ready to provide their patients with the latest in women's care.

Kondratenko, "After the procedure, usually within the first 24 hours, most women will experience cramping."

The procedure is not for women who are planning a pregnancy, and is not recommended as a birth control—it can decrease the odds of getting pregnant, but contraceptives should still be used.

Associated Obstetrics and Gynecology includes a full staff of physicians ready to treat "the whole women:" Dr. Stanley Dorfman, M.D., Chief of Staff at St. Joseph Mercy-Oakland; Dr. Robert Robins, M.D.; Dr. William H. Jewell, Jr., M.D., Chairman of the Department of Obstetrics and Gynecology; Dr. Paul J. Corsi, M.D.; Dr. Patricia Kondratenko, D.O.; and Dr. Adam Ziff, D.O. Associated Obstetrics and Gynecology is located at 7210 N. Main Street, with office hours Monday through Friday.

Call 248-620-2800 or visit [www.associatedobgyn.net](http://www.associatedobgyn.net).

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Above at right is Zeny Harrington, director of clinical services at Evergreen Home Health Care in Clarkston, with a young mother and child in Guatemala. Harrington went on the medical mission with a local DOCare team, at right. Photos provided



## Evergreen nurse serves with DOCare mission

By Phil Custodio

Zeny Harrington, RN, provides the highest quality nursing and therapy care to patients throughout mid Michigan.

Taking a week off this past March, Harrington, director of clinical services at Evergreen Home Health Care in Clarkston, volunteered her services to a medical mission in Guatemala.

She volunteered with her daughter, Katrina, as part of

DOCare, a non-profit, medical outreach group of health care professionals.

Her group of about 15 was led by Dr. Gary Willyerd of Pontiac; Dr. David Kanze, resident at Botsford Hospital in Farmington Hills; Dr. Paul Lacasse, president and CEO of Botsford Hospital; and Dr. Daniel Bonbrisco, Botsford vice president and chief medical officer.

They set up shop in Zaragosa

and Patzun, providing medical care to hundreds of Guatemalans over four days.

"People were so appreciative," Harrington said. "The line looked like it was a mile long."

They treated maladies such as back pain from carrying heavy loads on their heads, gastrointestinal distress from spicy food, respiratory problems from dusty and dirty air, and skin troubles from poor sanitary conditions.

The medical team offered free medical examinations, manipulations, eye glasses, and pharmacy. Minor surgery was performed, but only with local anesthesia.

Almost as popular as the medical treatment were the necklaces DOCare members made and offered to children along with their treatments.

"It was like having a piece of us, a piece of America," Harrington said.

Harrington, who moved to the United States from the Philippine Islands in 1977, volunteers on mission trips with her church, as well as DOCare.

"God gave us so much - we need to give back," she said.

Evergreen Home Health Care holds fundraisers to purchase medicine and cover costs. Planning is underway for another medical mission in 2008. Call 248-620-1211 for more information.

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# Try something new to improve your golf game

In order to enjoy a better round of golf, make sure your equipment is on par before you tee off. Here are a few suggestions from world-renowned golf instructor, David Leadbetter, on where to start:

1. Hit the new hybrid clubs. Compared to a normal 3- or 4-iron, the forgiveness of a hybrid club is heaven. Though the designs and lofts vary from make to make, the generally

small, compact head, wide sole and low center of gravity of a hybrid make it easy to get the ball airborne. Because of their unique design, your margins with shots hit fat or thin are greatly improved when using hybrids, which are also becoming increasingly popular among today's tour players.

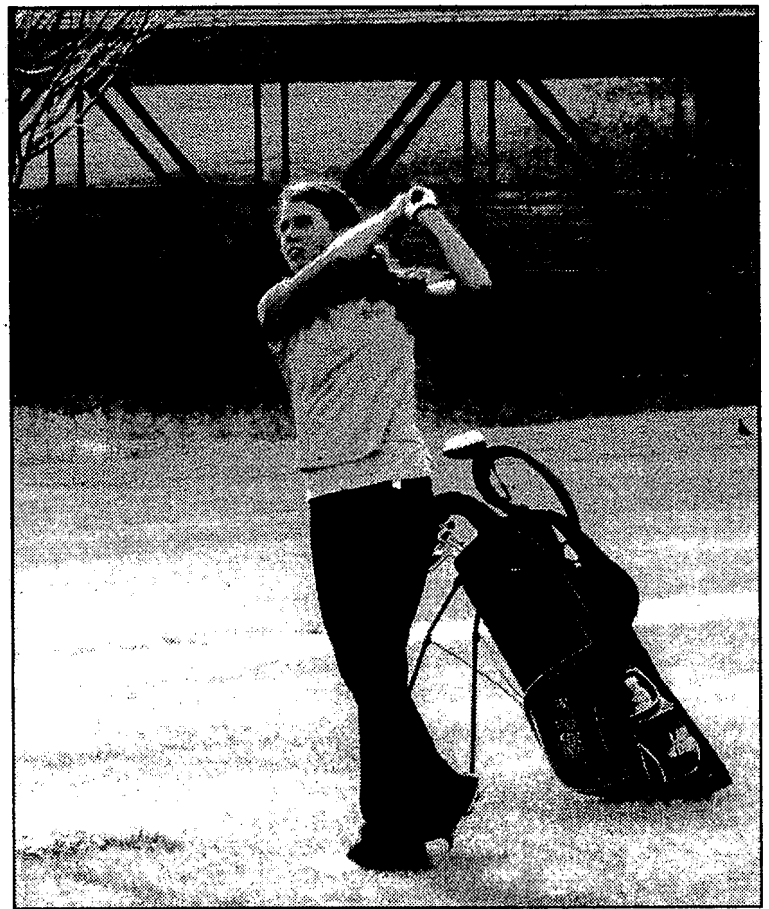
2. Blade vs. cavity back club. Don't play with equipment beyond your range. If

you carry a single-digit handicap, make consistently solid contact with your irons and have no trouble getting the ball in the air, you would probably benefit from a forged blade. But for the overwhelming majority of players, a cavity back club will provide more forgiveness and has a bigger sweet spot. It will be easier to get the ball airborne, your shots will be straighter and your misses will be minimized.

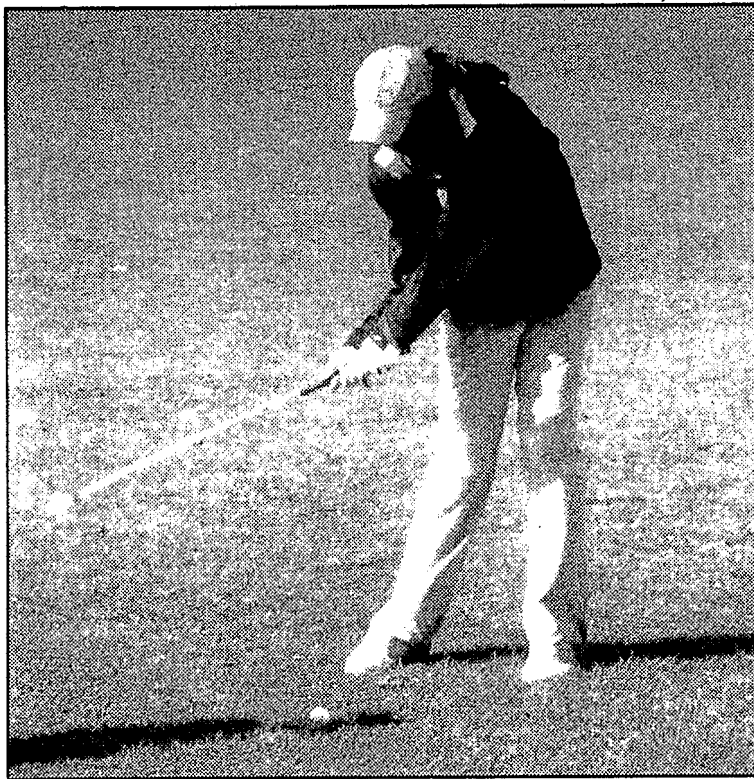
3. Choose the right grip for your game. Using the right grips and changing them annually will improve a golfer's game. Grip firmness, surface texture, moisture management and size drastically affect a golfer's shot-making ability.

4. Get a custom fit. Custom club fitting can greatly improve performance. Clubs that are fitted to one's body type and ability help promote great posture, straighter and longer drives, and more accuracy with your irons.

5. Experiment with shaft flex. Flex is the amount a club will "pendulum" back and forth in a plane. If the shaft is too flexible, you'll have less control and will tend to hook. If it's too stiff, your shot will lose distance and tend to slice. Experiment and find what's



Clarkston golfer Christine Seiple drives for the hole.



Clarkston golfer Ashley Blanc makes her approach.

right for you.

6. Check the sole. When choosing golf shoes, pay attention to sole traction, flexibility, weight management and moisture resistance as you make your selection.

David Leadbetter is a golf

instructor and coach to tour players. Leadbetter is the author of seven books, has written and produced more than a dozen DVDs and is the designer of several golf training aids.

- NAPSI

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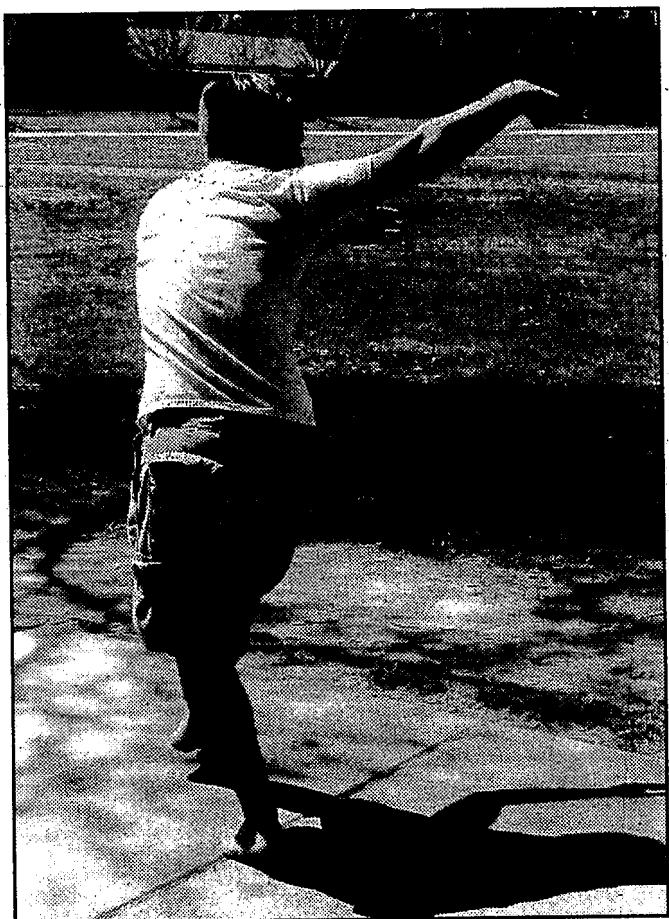
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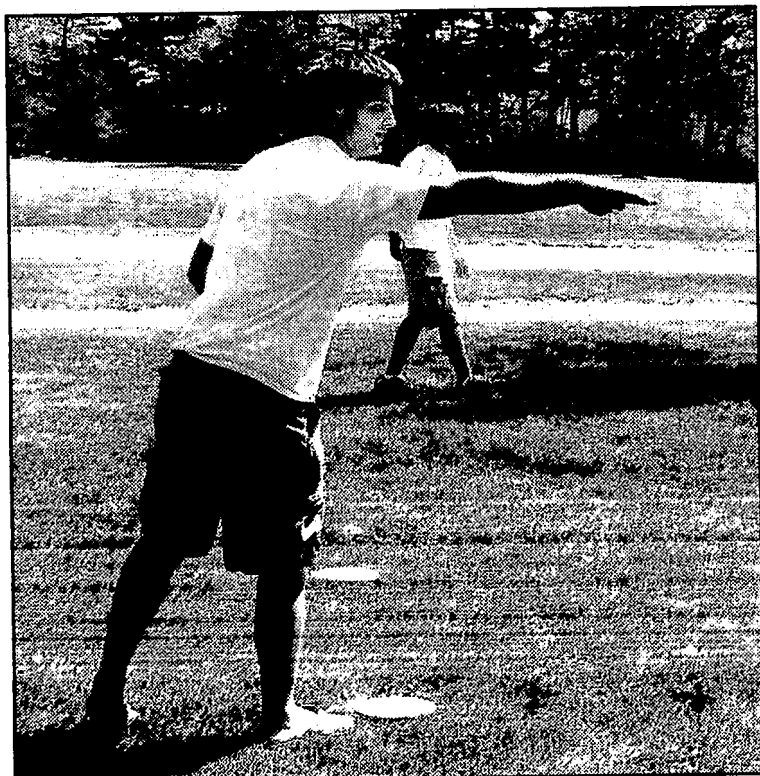
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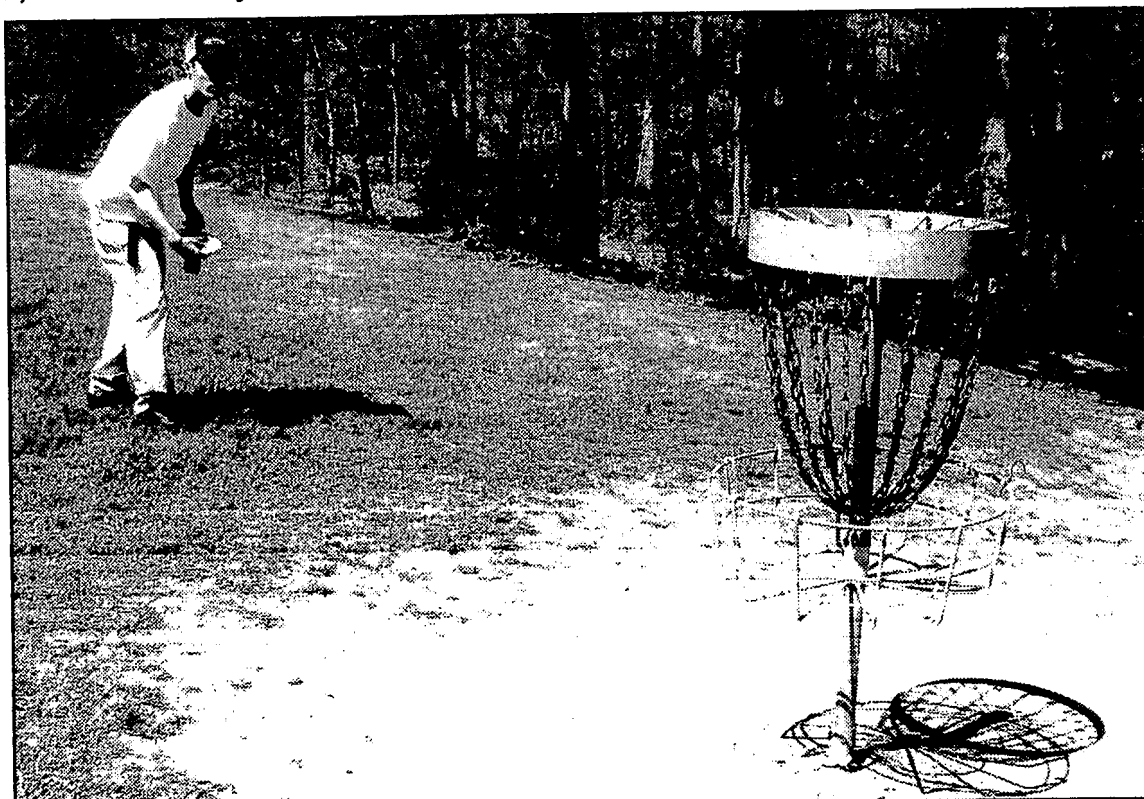
Chuck Nehonsky of Clarkston winds up for his long-range throw. He uses a "driver" disc.



Matt Hokanson of Clarkston prepares to tee off. This was his first time trying out the sport. "I'd heard about it, and wanted to try it out," he said.



As he approaches the "hole," a chain-link basket, Nehonsky switches to mid-range discs, and a more-controlled throw.



Andy Thomas of Waterford prepares to "putt."



Close to the hole, Nehonsky uses his shortest-range disc, a "putter." Photos by Phil Custodio

## Or hit the links with a Frisbee

Without clubs, carts, cleats, plaid, polos, greens fees, or caddies, getting into disc golf is easy.

Frisbees or other throwing discs are inexpensive. Other than that, needed equipment can be nothing more than a bag to carry the discs and a bottle of water.

Trees and wetlands provide obstacles for golfers to overcome, so impact on landscape is minimal.

"It's laid back, something fun," said Chuck Nehonsky of Clarkston, negotiating the course with friends at Bay Court Park in Independence Township.

"It's getting to be a big sport - everyone's getting into it."

The Professional Disc Golf Association points out several health benefits of the sport. Disc

golf provides upper and lower body conditioning, aerobic exercise, and promotes a combination of physical and mental abilities with little risk of physical injury.

Concentration skills increase by mastering shots and negotiating obstacles. Players of limited fitness levels can start slowly and gradually increase their level of play as fitness improves.

Disc golf offers another way to use local parks, including Bay Court, 6970 Andersonville Road, and other courses in Oakland County: Civic Center Park in Auburn Hills, Seymour Lake in Oxford, Starr-Jaycee and Wagner in Royal Oak, and Fire Fighters and Raintree in Troy.

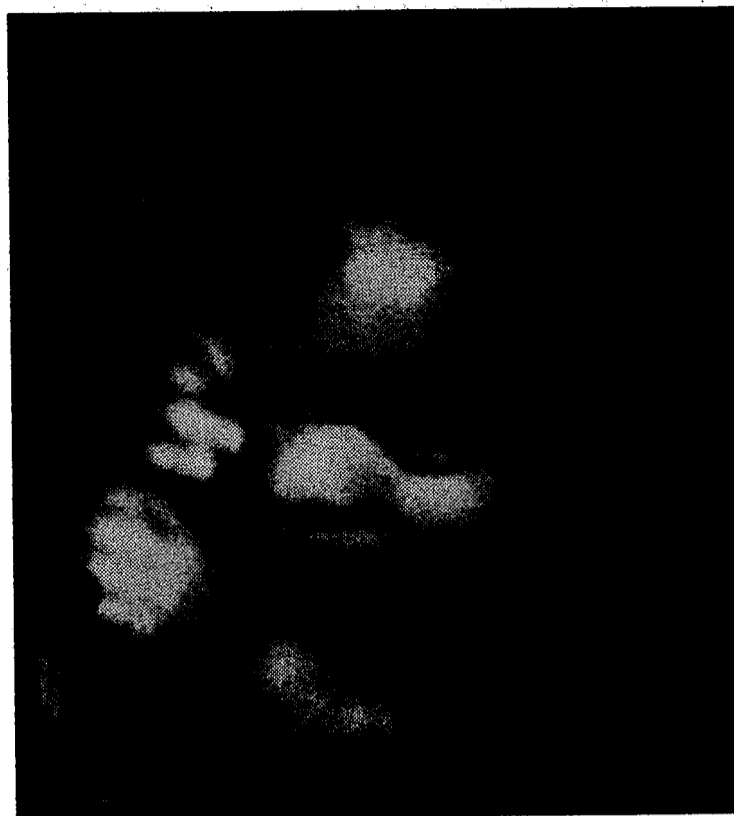
The association has more information at [www.pdga.org](http://www.pdga.org).

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