

# Community groups step forward to save parade

Clarkston Area Optimist Club, Mount Niewoit said. "Mount Zion as a church Zion Church, and Knights of Columbus are teaming up to save Independence Township's Fourth of July parade.

"I think the Optimist Club is excited about getting involved," said Optimist member Bruce Mercado. "It looks like it's going to work with the three organizations, I think it's fantastic."

Pastor Dan Niewoit of Mount Zion said the church is also excited.

"We saw a need and wanted to fill it,"

always wants to reach out to the community and be a part of events such as the Fourth of July Parade. We believe this is going to be the best year yet and wanted to do what we could to help out."

Independence Township Fire Chief Steve Ronk said the fire department, which previously organized the parade, could no longer

"I am happy with the involvement to this point," Ronk said. "The three groups seem

to be committed."

They will meet with Ronk on Thursday to start organizing what group will be in charge of what and start planning how things will operate.

"We still have a lot of detail ahead, but as long as they keep showing up, we'll make it happen," Ronk said. "Thursday's meeting will be a turning point. We'll see who's committed and we'll get them organized and set them loose to do the work.

– Trevor Keiser

# In today's edition, Op-ed......6A-7A Cop log.....

# Pay freeze for teachers School board split on contract vote

#### BY WENDIREARDON

Clarkston News Staff Writer

Teachers and school employees accepted a pay freeze in their new contract, including steps - it was approved by Clarkston Board of Education last Friday.

The one-year, 2011-2012 fiscal year contracts are for Clarkston Education Association, Clarkston Office Personnel Association, and Clarkston Paraeducator Association. They also change insurance to a PPO Health Plan, costing the district \$3 million less.

The school board voted 4-3 in a special meeting, April 15. Board President Steve Hyer, and trustees Barry Bomier, Elizabeth Egan, and Cheryl McGinnis voted in favor.

Board Treasurer Rosalie Lieblang, Vice President Susan Boatman and Trustee Joan Patterson voted "no," saying they wanted to see the entire contracts before voting on them. Instead, they received an eight-page document listing changes made in the contracts for the three employee groups.

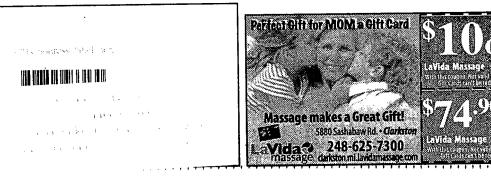
"I would like to see the changes made and the contract posted on the website," said Lieblang. "I don't want to vote on something when not able to see it in complete form. My perspective is we should be seeing the final version."

McGinnis and Bomier agreed the process needs improvement, but Friday evening wasn't the time to do it.

"We have every contract available to us to access and that has been out there for a long time," said Bomier. "We have changes in front of us to approve. Here are the changes and you have access to the contracts."

Human Resources Director Anita Banach said she provided information as had been done in the past, and didn't know the board wanted the complete contracts for the special meeting. She added if the board wants to see the entire contracts with the changes, it wouldn't be a problem, but would take some

That shouldn't be necessary, Bomier said. "We have talked about the contract for weeks and months," he said. "I think the administrative team has done a great job. We gave them a time frame and they stuck with it."



# Clarkston News

See us or write us at: 5 S. Main Street Clarkston, MI 48346 Phone: 248-625-3370 ◆ Fax: 248-625-0706 Email: shermanpub@aol.com

Visit us on-line at: clarkstonnews.com Office Hours: 8 a.m. - 5 p.m. Mon. - Fri.

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# **Briefly**

#### Youth recognition

Clarkston Area Youth Assistance hosts its annual Youth Recognition Ceremony, Wednesday, April 27, 7 p.m., at Clarkston United Methodist Church, 6600 Waldon Road.

They will honor young people making a positive difference in the lives of others, through volunteer efforts or simple acts of kindness.

For more information, call Clarkston Area Youth Assistance Office at 248-623-4313

#### Expo next week

The maugural Coffee Club Expo is next week, 4-8 p.m., Thursday, April 28, at Clarkston United Methodist Church, 6600 Waldon Road.

More than 50 local businesses will be there, offering computer, attorney, insurance, automobile, nutrition, wellness, counseling, restaurant, and many other services.

All are welcome to check out what they have to offer, as well as network with them and each other.

Top Dollar!

# Easter Egg Hunt! Saturday, April 23, 1:00 p.m.

Color this picture and bring it to the Egg Hunt to be eligible for a special drawing!



#### 10,000 candy-filled Eggs!

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Different "hunts" for toddlers through 6th grade

<u>Easter Tenebrae Drama:</u> Thursday, April 21 + Good Friday, April 22 7:00 p.m. Easter Sunday Schedule: April 24

Starrise Service 2:30 a.m.
 Poduck Breakfast 8:30 a.m.
 Combined Bible Study (all ages) 9:30 a.m.
 Combined Worship 11:00 a.m.

Name\_\_\_\_\_Age\_\_\_

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# Community Church gearing up for volunteer awards

#### BY PHIL CUSTODIO

Clarkston News Editor

Nomination deadline passed, now is the hard part for Clarkston Community Awards judges – choosing the recipients.

"They'll have a tough time this year making their decisions – that's awesome," Linda Mladenoff, chair of the Community Awards Committee. "It opens your eyes to what people are doing in this community. I wish we could give an award to everyone."

Clarkston Community Church, 6300 Clarkston Road, hosts the 26th Annual Community Awards Breakfast, 7:30-9 a.m., Thursday, May 19.

"We consider it a privilege to serve the community this way," said Pastor Greg Henneman.

This is the church's second year with the event.

"We've had some great feedback," Henneman said. "It's a valuable way to hold up value of servanthood in the community."

"We should have a nice turnout this year – about 250," said Mladenoff, member of the church's Community Team.

The community is strengthened by volunteers' efforts, Henneman said.

"More and more people realize the importance of making time to serve," he said. "VolOrganizers Linda Mladenoff and Pastor Greg Henneman are preparing Clarkston Community Church for the 26th Annual Community Awards Breakfast. Photo by Phil Custodio

unteers help meet the needs of the community not met in any other way."

nity not met in any other way."

Volunteer efforts by the church include its Community Challenge, matching up to

\$10,000 in donations for Independence Township's Fourth of July festival in Clintonwood Park.

"A lot of people are stepping forward with

funds," Henneman said.

The church hosts its own July 4 Liberty Festival on its grounds, with games, food, and music, with 150 volunteers for that, as well as 50 volunteers for the Clintonwood Park festival.

"They'll be parking lot attendants, help run games and activities – that's money the township won't have to spend," he said.

During the month of May, he will present the Easter message series, "Do something."

"We are created to serve," he said. "God wants us to use our gifts and abilities to make the world a better place."

The Community Team also offers a wide variety of opportunities to serve, and is looking for new opportunities as well.

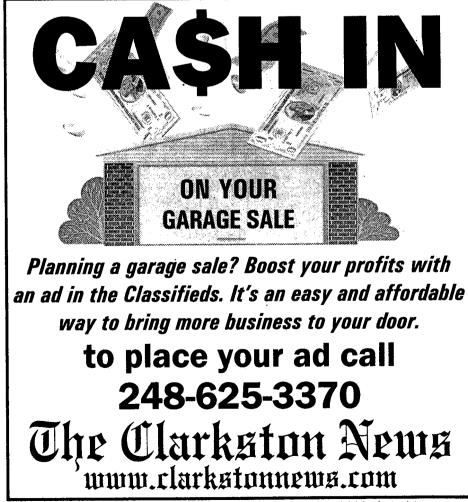
"We want to learn more about community, get out and talk to people, schools, chamber, parks and rec, and organizations to become more familiar with what people's needs are," he said.

Community Awards include Citizen of the Year, Youth of the Year, Adult-Youth Volunteer, Business Person of the Year, Community Beautification/Preservation, Community Enhancement, and Community Collaboration.

Tickets are \$10, including full-catered breakfast – call Clarkston Community Education Office, 248-623-4327.

For more information, call 248-568-6337.







Dominic, Sammy, and Benny Carroll smile for the camera.



Sammie Carpentier pets a baby duck.

# Easter fun at Flower Shoppe

The windy cold weather didn't keep hopeful springers from some holiday fun at the Birdfeeder and Clarkston Flower Shoppe on April 17.

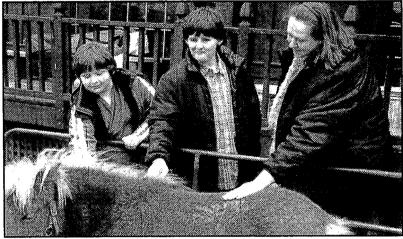
The shop hosted a visit from the Easter Bunny, where happy, as well as some scared, kids had their photos taken with the famous rabbit. The event also included a petting zoo with miniature horse and donkey, goats, sheep, calf, alpaca, bunnies, and ducks.

The Birdfeeder and Clarkston Flower Shoppe is located at 7150 Main Street.

> Photo story by Trevor Keiser



Brad and his son Ben play with the little goats.



Taylor and Alan Burnaham II and their mother Colleen pet the baby donkey.

HONEYBAKED UNWRAP THE MEMORIES

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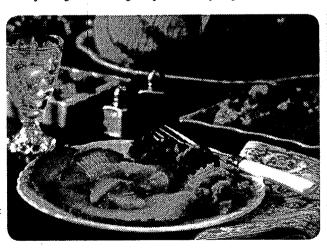
Friday, April 15th and Saturday, April 16th: 11a.m.-5p.m.

Sunday, April 17th-Monday, April 18th: CLOSED

Tuesday, April 19th-Thursday, April 21st: 10a.m.-6p.m.

Friday, April 22nd and Saturday, April 23rd:

EASTER SUNDAY, April 24th: CLOSED



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## Township hires part-time administrator

#### **BYTREVORKEISER**

Clarkston News Staff Writer

After rejecting a full-time office administrator in the supervisor's office earlier in the year. Independence Township trustees approved a part-timer at \$15.40 an hour.

The office assistant will provide administrative, secretarial, and clerical support to the supervisor, clerk, treasurer, human resources and assessing departments.

Trustee David Lohmeier said the position is "overkill."

"This type of activity doesn't justify a personal secretary, which most of these are, personal secretarial tasks," Lohmeier said. "I'm not saying some of this couldn't be helpful, but we have enough people on the floor. We certainly have enough people at the supervisor's office to answer the phone, manage the mail and doing the basic things."

Lohmeier was one of the dissenting votes in the 5-2 decision, April 5. Trustee Neil Wallace

"If this were coming back with more value in it from a part-time position, I would perhaps be more supportive," Lohmeier said. "This particular role is not supported in industry commonly today. Secretaries of this nature simply aren't there, at director and up levels."

Wallace said Supervisor Dave Wagner shifted the position to part-time in an effort to bypass board authority.

The work of your office is not getting done and you need more people to do your job, I understand that," Wallace said. "It's made worse by the fact that you're trying to circumvent the board by using a tradition of inconsequential part-time jobs and extending it to this. It's just absolutely wrong.'

However, Clerk Barbra Pallotta said it was she who suggested the position be made part-

"When I looked at the position, I didn't look specifically at supervisor's needs, I looked at the need on the floor," Pallotta said. "We are implementing (computer software) BS&A. We have vacations coming up with staff. We're already trying to schedule our staff vacations around the BS&A implementations and training and we need a person on the floor who can actually float between all of our departments to cover those holes."

Treasurer Curt Carson agreed.

"We have no budget for temporary or some other fill-in type of a program. There has been a void there just in getting normal mail and stuff through," Carson said. "There are very specific duties and we will all get some help from this as we need it."

Trustee Larry Rosso, who voted against the proposal in the past because he felt it was a "primary service to the supervisor," said the person would "give a face to the township."

"That's the biggest criticism I've gotten over the years, that there is not enough human contact in our office - especially the supervisor's office," Rosso said.

Trustee Mark Petterson didn't like the idea of hiring somebody, but understood the reasoning due to various absences and secretary retirements over the past year. He also objected to the notion that it was a person doing the job of the supervisor.

There is going to be a lot of duties here and they're not going to be just your duties, it will be everybody's duties on that whole floor," Petterson said. "I think it will be a great benefit to the whole floor not just some personal secretary."

Wallace also took issue with the administrative assistant reporting to the

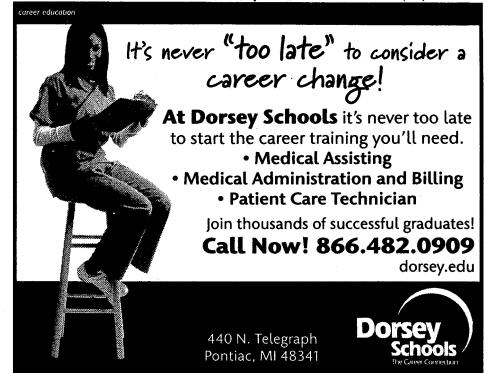
"I think those are the three key words on the job description, 'reports to supervisor,' Wallace said.

Pallotta suggested the position report to her because she is there eight hours a day, and of the three full-timers (supervisor, treasurer, and clerk), she is the "organizer person in terms of scheduling.'

'We need a person in our office, but I want it to work also," she said. "It's got to be someone who's floating between all four of our departments on that floor."

Wagner objected to the idea.

"I still think it has to report to the supervisor office because of what goes on and what that person is expected," Wagner said. "I think it's an opportunity for you to see if I'm a person of



#### Feel Confident About The Appearance of Your Legs!



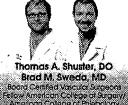
What else is there to say but "Thank you!" Susan, 67

Almost immediately, my legs felt lighter. The heaviness is gone 1 am amazed at how good I feel! Dennis, 59, Autoworker

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#### Treasures

My Saturday evening began with two simple lists - do laundry and clean.

I started one task but quickly found myself immersed in a show on the A&E network called "Storage Wars."

The show follows four buyers and their teams as they go to repossessed storage units. When storage units aren't paid they go up for auction.

The buyers either go to find items to sell in their resale stores, looking for collector items, or for just for the thrill of the hunt for a hidden treasure.



Before the bidding begins, the storage unit's lock is cut off and

the contents are revealed. Sometimes not much is seen but piles of boxes (hmmm, reminds me of mine) or garbage bags and furniture thrown into the space.

Once, the bidding is done and the winner dives into the storage unit where the real fun begins.

It reminded me of my hunts, though buying a storage unit is a little more intense and a bigger gamble than just going to garage sales or scavenging shelves at a resale shop.

Also, unlike one team of buyers, Darrell and his son, Brandon, I have never found a body (which they did find in one of the storage units) or money (which they found taped to the back of a painting.)

I guess my hurricane souvenir glasses don't stack up against finding estate filling a storage unit or the world's most valuable comic book collection. But it is fun to watch along with wonder what could be in there and what is in there.

It also makes me wonder how many people are watching going. "oh, no! That is my storage unit!"

Turning the question to you, have you ever bid on a storage unit or an estate? What did you find? Or find anything unique just going through the basement or attic?

As for when I finally peeled myself away from the show after three hours, I did finish a task.

Welcome spring! Err...winter? Umm...sprinter?! Maybe Michigan is too anxious for the trees and flowers to start blossoming and a constant flow of warm air. How about throwing us a few 60 degree days, Mother Nature?

# Gov't poor role model for reader

Dear Editor,

Recently there have been reports of politicians scoffing the suggestion that government should pattern its

financial planning more in keeping with that of the private sec-

tor. Perhaps their skepticism is warranted.

A family, priding itself for operating as a democracy, sat down to prepare their annual budget

They immediately observed that although their current year's income was only \$100,000, they had budgeted \$125,000 expenditures with a deficit of \$25,000. Vowing to resolve the issue, they proceeded working on next year's budget.

When they reconvened, it was discovered that although they anticipated the same \$100,000 income, they had proposed a bud-

get increased to \$200,000 in expenditures, an additional \$100,000 deficit.

Recognizing this was totally unacceptable, they set about to "get things back under

control."

Their next budget

proposal was reduced to \$150,000.

At first glance, the new deficit increase was still twice the \$25,000 from the current year.

However, upon further review, they concluded that they had cut twice the current deficit (i.e. \$50,000) from their original \$200,000 proposal.

So they all patted themselves on the back, shook hands, and went on vacation.

Enough said!

William Meredith Clarkston

# Thanks for columnist's writings

Dear Editor,

I wanted to share my appreciation for publishing Maria Mark's works in *The Clarkston News*.

Much of my work depends on working with people and and making connections with others, and Maria's articles speak volumes to me.

I believe you have a talented woman on your hands, she certainly has a gift with words and a gift to connect with others.

I appreciate her vulnerableness and boldness at the same time. I believe her writings really make us think and encourage us to be better citizens, to ourselves and to our neighbors.

It's refreshing to have a paper that is willing to publish works of substance that touch the soul. I appreciate *The Clarkston News* and your writers, thank you!

Stacy "Roz" Rozwadowski Independence Township

Write a letter to the editor at ClarkstonNews@gmail.com



# Knuffle Bunny party at library

From left, Caiden Retsel, Eva Bousho, Charley Bousho, and Cianna Retsel model their Knuffle Bunny hats while eating cookies at the Independence Township Library, April 11. The library hosted a Knuffle Bunny Party with a "guess the number of jellybeans" raffle, giving away three Knuffle Bunny books. *Photo provided* 

#### A Look Back

From The CNews archives

#### 15 years ago - 1996

"It's Vaara vs. Stuart for top job" Mel Vaara, retired Clarkston schools administrator, announced his campaign against incumbent Dale Stuart for Independence Township supervisor. One of his goals was to explore going to a city form of government because more money comes to cities from the state.

"Candidates crowd school race" Six candidates filed to run for two seats on the Clarkston School Board, including incumbent Barry Bomier, Clarkston High School student Peter Bertling, former Trustee Karen Foyteck, and newcomers Mary Ellen McLean, Rick Crigger, and Bob Wyatt.

"Coming soon to a door near you" Independence Township hoped the middecade census would reveal at least a five percent population growth since 1990. That would mean \$400,000 more from the state each year.

#### 25 years ago - 1986

"Four teachers pink-slipped" Clarkston School Board issued layoff notices to the teachers based on anticipated enrollment reduction of about 100 students and return from leave of three higher seniority teachers.

"Kindergartners-to-be" With help from their moms, Kevin Moses, Jason Stoecker, and Amanda Jones started their careers as Clarkston students with lots of enrollment paperwork.

"DDA outlined" The establishment of a downtown development authority on Dixie Highway in Independence Township inched closer to reality. The DDA would extend from Dixie Highway to Foster Road, as well as M-15 north to the village limits.

#### 50 years ago - 1961

"Science projects to be displayed" The Science Fair at Clarkston High School was to feature exhibits by all students.

"Final figures in for March of Dimes"
A total of \$100,179.62 was raised in the 1961 drive. The effort was \$16,325 less than the previous year, which officials said was due to the economic condition of the county

"Lieutenant Whitlow discusses Nike" Clarkston Community Men's Club invited Lt. Charles Whitlow to speak. The officer served with the Third Missile Battalion, 517th Artillery Unit, station in Utica. They were armed with Nike-Hercules surface-to-air missiles, many of which were stationed around Detroit and could be tipped with nuclear warheads.

# Covering board meetings, again

Interesting week.

So, here it is the middle of April and as I sit and look out the window Monday morning, I watch the snow fall. I watch as it accumulates on the cars across the street. If it were April 1, I could take Mother Nature's joke. I ain't smiling now.

Last week I attended my first school board meeting as a reporter in, well, as I told the dude named Wes sitting next to me, in a "long" time. I then corrected myself, "When last I attended a meeting like this, nobody had a cell phone."

It was a Lake Orion Community Schools board of education meeting. Sometime after 10 p.m., the dude named Wes leaned to his left and asked me, "So, how was it the meeting, I mean?"

"It sucks."

I tend to be brutally honest at times when I should be more of the political animal. As hindsight is always pretty keen, I think I should have answered: "About the same as I remember."

The meeting kinda' blew for a number of reasons. The first was it was to start at 7 p.m.; I got there about 6:20 and sat in the front row, in the seat closest to the exit. Said meeting didn't start until about 7:25. By about 7:15 the natives and the outsider (that would be me) were getting restless.

The temperatures were not like they were this week. It was actually warm outside - I even had a little sunburn on my nose from being outside a few hours before the meeting. As the meeting went on, the sun dropped out of sight, and the temperatures inside started to rise.

Don't **Rush Me** 



A column by Don Rush

That night the school board was to vote on a contract with the local teachers' union, Lake Orion Education Association. There were probably 40 people in the audience, about half were teachers. As the evening wore on and it came time to vote all those teachers behind me started to to grow quite. It was like an invisible force

field had dropped around them. Were they holding their breath?

Each board member expressed love and admiration for local teachers before acknowledging their vote had nothing to do with their feelings.

After each board member spoke, the force field evaporated a little bit more. I could hear breathing. Then a few gasps. I didn't look, but I swear I could actually feel the air move as the folks behind me shook their heads with disdain.

A three-to-three vote caused the motion to accept a tentative contract the district administration had negotiated with the LOEA meant the motion failed (the seventh, and tie-breaking board member was absent from the meeting). Folks behind filed out right after the vote.

It was warm in there, but it felt cold.

I did not enjoy watching the board members explain themselves before voting. I could tell it was excruciatingly hard. They have kids in the district, they like the teachers, but . . . an impending \$8.8 million deficit has a way of changing voting pat-

Some question why the board brought the contract to a vote if it had no chance of being accepted. Wouldn't it had been better to continue negotiations until an agreement could have been reached, they reason. Negotiations, of course, are done without public eyeballs watching, so it's hard to say what went on behind closed

Days after the meeting, I met with a Lake Orion graduate and now a parent in Lake Orion school district. He has attended a few "meet the school board candidate events", and came away with this observation: "Wow. I cannot believe how polar-

ized this community is."

To which I commented, "Locally, just like nationally, we have become a society of 'you are either with me all the way or you are against me' types. We're all part of a red state or a blue state. There are no more purples."

Which, in a word, sucks.

Attended a community newspaper convention in East Lansing this weekend. One of the discussions was by an economist from the W.E. Upjohn Institute for Employment Research. Interestingly, the economist said one way to improve the economy is to invest in education - in particularly the pre-kindergarten years. Interesting, because, he also pointed out the return on investment (ROI for those in the know) isn't realized for about 35 years -- which isn't a factor that motivates politicians.

Talked to a Lake Orion teacher, again interesting. He was obviously fired up over the contract vote and then he said something about hindsight . . . maybe the Michigan Education Association should have made it more of a priority (years ago) to give its members (teachers) more input in curriculum and teaching and less on wages, pensions and benefits.

Like I said, interesting (and it is still snowing).

# You know it's going to be a bad day when.

Friday dawned a nice day. I decided to drive my handy John Deere out to get the morning paper. It's about 100 feet from the garage door to the mailbox.

As soon as I took the paper from the box, my John Deere quit running.

Oops, out of gas. I'm in my pajamas and robe, but barefoot. I have a yard, not a lawn. I mow it, but it's not smooth. There are stones. Little, sharp stones.

I walk gingerly to the house, get my cup of coffee, sit in my power-lift chair and relax as much as I can thinking of that dead John Deere out by road.

Couple hours later I grab my gallon gas can, and, still barefoot, pajama-ed and robed and walk carefully back to my roadside J. D.

It's windy. Gasoline is blown. I make adjustments to my stance. Then there comes that urgent urge. Trickling liquid does that, ya know.

I swear the breeze picked up right then, flopping my soaked pi's against my bare legs.

A bad day had started.

- - - 0 - - -. Headline #2: Adding, removing loopholes full time

want their words without expression, like eye movements and body language.

I got by all these years with newspaper reports, 5, 6 and 10 o'clock news.

Of course, I hear sound bites all day, and after the President's "campaign" speech last week, which included all the budget balancing, deficit-reducing, money-saving propaganda of previous campaigns, I totally get it.

"We have to cut out loopholes!" That's it! Now then, who keeps putting in the loopholes?

He also said, "We need reforms, and we need to make sacrifices."

Then Obama's budget director said, "We are contributing to the deficit as we work to enact new legislation."

Then don't enact new legislation.

Sounds simple to me. Of course, it's all gobble-dgook. It's a strategy that's been practiced since time

And, every four years a majority of we voters think, I have rarely watched a live presidential address. I hope and pray we're electing "change" and "difference."

So, as per-usual, our electeds in D.C. left for a "much needed" vacation. And, to me, that's a good thing. When they come back they should vote in a part lesser-time legislature.

- - 0 - -• I've often wondered about the buildings, like the Taj Mahal. I'm referring to ancient buildings. Building that are many feet high, rising straight up from rivers. Built of carved rocks from scaffolding. Was it slave labor? Over how many years? I read one answer this week. It took 22 years and 20,000 people to build the Taj Mahal. They must of had good mortar and more patience than we have today.
- The strawberry is the only fruit with its seed on the outside of its skin.
- "I am" is reportedly the shortest sentence in the English language. Could it be "I do" is the longest sentence?
- · Americans eat four million pounds of bacon and 175 million eggs every day.
- Even bloodhounds can't tell the difference between two identical twins.
- · Murders claimed more American lives during the 20th century than wars.



Jim's

a column by Jim Sherman



See if you won when the next Big Deal Hits the streets April 27, 2011

Reports from Clarkston Police, Oakland County Sheriff Deputies and Independence Township Fire Department

#### Mailbox batted

Someone hit a roadside mailbox with a bat, April 6, in the 9000 block of Klais Road.

#### Nuisance solicitors

Five men were cited for soliciting without a permit, 5:38 p.m., April 7, along Almond Lane and Church Street. The men, wearing bright green vests, went door to door with flyers. When residents asked them for permit information or to leave, they wouldn't cooperate, and "wouldn't take no for an answer." One of them, a 33-year-old Detroit man, had many traffic warrants out of Detroit and Wayne County courts.

#### Caught with marijuana

A deputy stopped a driver for turning on red, 9:22 p.m., April 8, at Main Street and Dixie. With a strong odor of marijuana, bag of marijuana, pipe, bong, and rolling papers, but no medical marijuana card, he was cited for possession of marijuana and drug paraphernalia, and disobeying a traffic signal.

#### Suspended but still driving

A 47-year-old Pontiac man was stopped for driving 87 mph on I-75 near Sashabaw Road, 3:35 p.m., April 9. He was cited for driving with a suspended license, and given a warning for speeding.

A deputy stopped a 53-year-old Springfield Township man for driving 52 mph in a 45 mph zone, 10:18 a.m., April 11, at Citation and M-15. He was arrested for driving with a suspended license.

#### Dog bite

A dog got out of his yard and attacked a neighbor's dog, 3:44 p.m., April 10, in the 5000 block of Westview. A neighbor suffered a bite to his hand, while the dog's owner pulled the animal away. The owner was cited for dog bite and vicious dog.

#### Bike stolen

A Pine Knob Trail resident put a bicycle up for sale in the yard next to the road, April 10. On April 12, someone took it, without stopping to pay.

#### Burning rubber

A deputy wasn't impressed as he watched a driver pulled out of Waterford Road onto Dixie Highway, 2:30 p.m., April 11, spinning his tires, fishtailing from side to side before taking off in a cloud of smoke, passing other cars without signaling. The 38-year-old Waterford Township man said he was late for work. He was cited for reckless driving.

#### Drop off old meds

Oakland County Sheriff's Independence Township Substation is a new prescription drug drop off location.

As part of Operation Medicine Cabinet, people can drop off their outdated or unused prescriptions on Wednesdays from 8 a.m.-4 p.m. and by appointment on other days of the week at the station, 6560 Citation Drive, Home Instead Senior Care and Oakland County Sheriff's Office partnered with Clarkston Coalition for Youth for the program, which disposes of old drugs in an environmentally safe manner. This keeps them out of land fills and water, as well as away children and other unauthorized users.

For more information, check www.operationmedicinecabinetmi.com.

#### Shoplifter caught

A store employee saw a shopper put some sunglasses in her purse, 3:05 p.m., April 12, in the 7000 block of Dixie Highway, and walk out without paying for them. Confronting her in the parking lot, he asked the 50-year-old Independence Township woman to come back inside while he called police, and she did. She apologized, saying she took the sunglasses, along with a manicure set, as presents for her daughter's birthday. She was cited for retail fraud, and advised and released on misdemeanor warrants for retail fraud out of Waterford and Oakland County courts.

#### Marijuana OK, but not driving

A deputy stopped an SUV with a license plate that was expired and also registered to another vehicle, 4:30 p.m., April 13, at M-15 and Dixie Highway. The driver, a 50-yearold Independence Township woman, said she had the correct plate in the vehicle, but just got it. She got it in January. She also had a marijuana blunt, along with a medical marijuana card. She was cited for improper plate and driving with a suspended license.

#### Lead in break-in case

A Royal Oak detective called, 9:38 a.m., April 13, with a tip regarding a break-in burglar who eluded police last January. The 45year-old Pontiac man was a suspect in a store break-in Royal Oak, and his car matched the description in the Independence Township

Call Oakland County Sheriff's Office CRIME TIPLINE, 888-TURN-1-IN.

#### **Landscape Tips from Tom Lowrie**

Pool, Spa or Hot Tub. Are You Ready to Take the Plunge?

A pool can offer more entertaining, more fun with your family and more exercise. Are you ready to take the plunge? Check with a Landscape designer before heading to the pool store. Why? Professional landscape designers know which pool contractors do a good job, finish on time and come in under budget. Further, a landscape designer will help you walk through the following questions:



#### Why Do I Want a Pool, Spa or Hot Tub?

Ask every person in your house why they want a pool, spa or hot tub. Actually write "wish-list" notes, who will use it when, who will each person invite? Does anyone "not" want a pool? Why?

#### What Will I Use It For?

Do you plan on swimming laps? Is it about function or fun? Do you have visions of entertaining guests in and around your pool? Is it for your children and their friends?

#### What Type, Size and Shape of Pool Do I Want?

The options are limitless. What shape, size, combination will work with your property and goals? Tear out pictures from magazines, print pictures from the web, ask friends who already have pools what they'd change. If you have unlimited space, the sky is the limit. Smaller sites can work with creativity and custom design. You need an expert opinion on landscaping and hardscaping because the finishing touches are what makes the space enjoyable.

#### What's My Budget?

There's a pool for nearly every budget but you must ask questions for realistic expectations. Financing a swimming pool project is like any other home addition, and the funds often come from the same sources; home equity accounts or lines of credit. savings, inheritance, home loans, family, etc. As with any home addition, expect it to cost at least 10% over anticipated budget and ask about ways to maximize your return on investment.

#### Who Will Maintain the Pool?

Heaters, chlorine, bromine, pumps, pool vacuums, test kits - pools take upkeep. Are you up for the time commitment and monthly costs of maintaining your pool? Educate yourself about all that's entailed in maintaining a swimming pool, spa or hot tub.

#### How Long Will it Take?

Be realistic about the time it will take to build or install your pool, and discuss with potential contractors which months will be optimal for

Tom Lowrie owns Lowrie's Landscape in Clarkston, Michigan and has been making the world a more beautiful place since 1979. Sign up for exclusive email tips and specials at www.LawriesLandscape.com or call (248) 625-8844



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GPA 3.9-3.7
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Alwin-Snyder, Zachariah
Andree, Robyn
Anthony, Trevor
Arkwright, Michael
Bailey, Kelsey
Benzi, Mariasole
Berquist, Andrew
Betts, Alisa
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Brokenshaw, Jacob

Brown, Taylor Bush, Amy Campbell, Michael Chamberlain, Melissa Combs, Wendy Cousino, Brent Davidson, lan Davis, Taylor Delisi, Carlin Edwards, Brittany Frakes, Jessica Garcia, Natalie Gencay, Anna Getty, Jason Giebic, Julia Goebel, Matthew Goryca, Jamie Haase, Kylee Hall, Connor Harris, Angela Harvey, Caitlin Helgeson, Jan Hudson, Tyler Huffman, Amanda Johnson, Samantha Jones, Kyle Kaminski, Payton Kissel, Lauren Knox. Emily Krausman, Katherine Landis, Alyssa Lavoy, Tara Maccolman, Drew Macielak, Taylor Massar, Michael McCarty, Megan McCue, Adam McFadden-Keesling, Atticus Messick, Emily Messing, Jacob Misteravich, Andrea Moloney, Anna Moore, Jocelyn Morley, Breeann Mueller, Erin Nardone Shelby Paul, Rachelle Petersen, Amanda Ploss, Katlyn Pryor, Elizabeth Racine, Tarvn Reeves, Allie Reis, Allison Rohrer, Lars Senko, Danielle Sims, Jake Sloan, Taylor

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Youngert, Alexander
Zalobsky, Mark
Zawadzki, Jennifer
Zezula, Elizabeth
Zuzelski, Jacob
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Vandesteene, Ty

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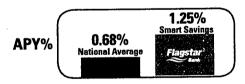
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#### New bridge in Davisburg

Rotary Park bridge in Springfield Township is due for demolition and replacement, May 7.

The pedestrian bridge in downtown Davisburg is part of Oakland County Parks, which is spearheading the effort.

Funding includes more than \$500 in donations, \$1,040 from Lopez Engineering for project plans, \$4,200 from Oakland Parks in fees, materials, and labor, and \$300 from Springfield Township in waived permit fees.

The Springfield Township Board approved an additional \$1,000 donation at its April 14 meeting.

"I wholeheartedly support Springfield Township donating to this project," said Clerk Laura Moreau. "This will be a sturdy, wellengineered, well-built bridge."

The replacement is for safety reasons, Moreau said.

"It truly needs to be replaced – it's unstable," she said.

Total cost of the project is about \$13,474. For more information and to register to help, contact Rachel Boyd at boydr@oakgov.com or 248-975-9717.

- Phil Custodio

#### Benefit for People trip

John Woolley of Clarkston hopes friends and neighbors can help his grandson Pryce Neuwirth achieve his goal of becoming a student ambassador.

"It's something that will have a big impact on him, and stick with him for the rest of his life," said Woolley.

He and Neuwirth's parents Mark and Stephine host the Dinner and Auction for a Future, 6-9 p.m., Saturday, April 23, at Clarkston Eagles, 5640 Maybee Road.

"I'm an Eagle of 25 years, and his mother's an Eagle," Woolley said. "The Eagles donated use of the hall."



Neuwirth

Pryce, fifth grader at Holly Academy, interviewed and was selected for People to People Student Ambassador Program to Western Canada this summer.

The 12-day trip includes meetings with government officials, working on wolf conservation, restore a beach on the Pacific Ocean, whale watching, build a Tepee and spend the night with a Canadian Indian tribe, and other educational activities.

"I am looking forward to broadening my perspectives of the world and gaining a better understanding of international culture and history," Pryce said.

The fund raiser includes spaghetti dinner, 50/50 raffle, Mystery Bag Auction, cash bar, and Chinese Auction. Admission is \$8.

All proceeds go to the student ambassador trip, which costs \$5,000. For more information, call 248-625-9838.

- Phil Custodio



Leah Stump picks up another egg.



Adrianna Daigle and Hayley Frick enjoy a laugh during the egg hunt. Photos by WR



Makenn Theuer finds an egg to add to her Easter basket.

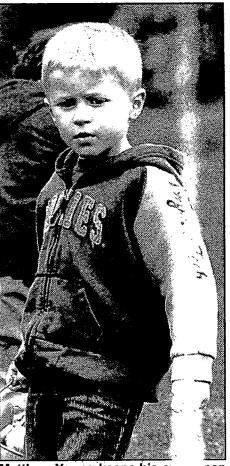
# Hunt for Easter fun

Kids of all ages ran out of Clarkston United Methodist Church with their Easter baskets and bags in their hands on Saturday afternoon.

They searched the grounds around the church for 3,000 eggs hidden in the area for the annual egg hunt. They also made crafts, ate snacks and visited with the Easter Bunny.



Jeremy Mattson searches for more candy and treats.



Matthew Young keeps his eyror eggs still on the loose.

# Wolves' defense leads with season opener wins

#### BY WENDIREARDON

Clarkston News Sports Writer

Hitters opened the season with their first three wins last week.

"We had a pretty good week," said Clarkston Boys Varsity Baseball Coach Phil Price. "Our defense is really good. Our pitching and catching have been outstanding."

The boys began the week with a double header and double win against Royal Oak, posting scores 12-1 and 10-2.

During the first game Andrew Fairse pitched in five of the six innings and gave up two hits and zero earned runs.

"He did a very nice job," said Price.

Dylan Peck hit 2-for-5 in the game and had two hits and two RBIs.

"Our batters had a lot of walks," said Price. "We had 15 walks. We didn't get a ton of hits but they walked a lot of batters. We scored 12 runs and our whole defense was very good."

The streak continued going into the next game where Vince Siwicki pitched and gave up only three hits

"He pitched a great game," Price added.

For hitting, Jake Sims was 2-for-3 with a double and a single. Chase Toth was 2-for-2 with a double and a single. Matt Rodgers was 2-for-3 with two singles.

"The top of the lineup did a tremendous job," said Price.

The boys traveled on the road to Oxford last Wednesday to score their third win, 12-3.

Rodgers pitched for the first five innings and gave up only one one.

"He really dominated and did well," Price said.
"Defensively we were really good."

Toth hit a double and Jared Sperry hit 2-for-4. "Again quite a few walks," added Price. "Our batters did a good job at battling at the plate."

The Wolves took on their first loss on the windy, cold Friday early evening against Troy-Athens, 2-0. Fairse pitched for six innings and had four hits, two earned runs and four strikeouts.

"He had one inning that wasn't a good inning for him but other than that he did good," said Price. Siwicki finished the rest of the game, keeping

Athens at two runs.

"As a coach I am very pleased with our pitching," Price added. "Though we lost Friday there

"As a coach I am very pleased with our pitching," Price added. "Though we lost Friday there were no errors by either team. We had four hits and they had four hits - it could have gone either way."

The boys aim to continue to build to the winning column this week as they head into a busy week.

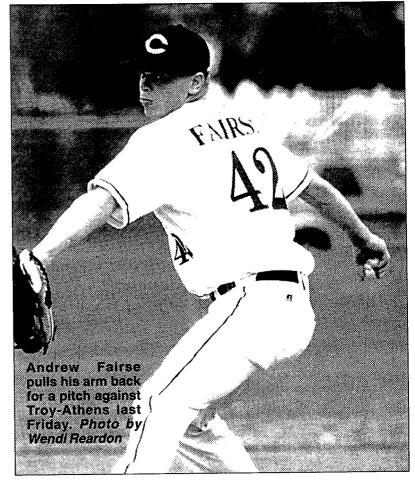
They opened the week on Tuesday against Lakeland and head to Avondale on Wednesday.

"Both are good teams," said Price.

They come back for their annual Roy Warner Classic on Saturday, beginning at 10 a.m.

Lakeland, Milford, Waterford Mott, Royal Oak and Birmingham Seaholm are set to play during the tournament.

Their Monday game against Lake Orion was postponed to May 19.





Clarkston High School Girls Varsity tennis team; bottom row, left to right, MacKenzie Bedor, Katie Brozovich, Jordan Stuart, Courtney Parkhill, Alaina Nido; middle row, Abbey Hubregsen, Lexi Baylis, Monique Zentner, Amy Wozniak, Anna Gencay, Kristina Lucas; back row, Coach Becky Freeman, Allie Wilson, Dana Olsen, Gabrielle Spindler, Olivia Dunn, Paige Olsen and Coach MaryJo Colonna. *Photo provided* 

# Athletes of the Week Bringing in first place

The Clarkston High School Girls Varsity Tennis team dominated the court on Saturday at the Grand Blanc Quad.

They won all 24 matches they played during the match and were undefeated during the day, finishing with 24 points.

The success meant all players finished in first place for the day.

For singles, Gabriella Spindler in Singles 1; Lexi Baylis in Singles 2; Katie Brozovich in Singles 3 and Kristina Lucas in Singles 4.

For doubles, Dana and Paige Olsen took first place in Doubles 1; Amy Wozniak and

Abbey Hubregsen in Doubles 2; Olivia Dunn and Allie Wilson in Doubles 3 and Annie Gencay and Monique Zentner in Doubles 4.

Doubles 5 and 6, with MacKenzie Bedor, Jordan Stuart, Courtney Parkhill and Alaina Nido were present for the day but did not compete.

Grand Blane followed in second place with 15 wins, Holly won six matches and Carman-Ainsworth won three matches.

The girls host West Bloomfield on Thursday, 4:30 p.m. and head to Pioneer High School in Ann Arbor on Saturday.



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# Brian Benway catches some air in the long jump event, finishing in first.

# Run, jump, throw for the win

#### BY WENDI REARDON

Clarkston News Sports Writer

The Wolves welcomed Troy to the high school stadium by beating the visiting Colts.

For their first league meet, the Boys Varsity Track team won 72-56.

"We did really well," said Coach John Bennink. "We had some good performances from the guys."

Junior Adam Bruderick was one of the standouts for the day, posting a win in the 400 meter dash and one of the team members on the winning 3200 meter and 1600 meter relay teams.

"He is our go to guy this year," said Bennink. "He is the most consistent athlete on the team. When he does well, we do well."

Sophomore Sam Tanielian finished first in the in the 1600 meter run in 4:46.9 and Junior Dan Byrne finished first in the 3200 meter run in 10:14.8.

Junior Alan Kamieniecki finished in second place in the 200 meter dash, junior Spenser Pawlik and senior Mike McCord finished second and third place in the 800 meter run.

"They had good races," said Bennink.

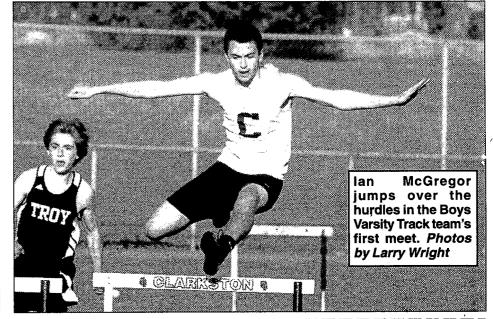
For field events, senior Brian Benway and CJ Gozdor finished first. Benway lept to 18'9" in the long jump, while teammates sophomore Connor Wiseman and junior Jacob Turner took second and third place.

Gozdor jumped 6'2" in the high jump.
Junior Matt Wright took second in the shot put and in the discus while teammate junior Colin Kupper took third in both events.

"They help in the throw events and getting points," said Bennink. "Troy had a couple of good sprinters. We have a few guys that are banged up that can help us."

The track teams head to West Bloomfield on April 27 where they will take on West Bloomfield and Rochester Adams.

"Our league is going to be pretty competive," said Bennink. "Rochester and Rochester Adams always have tremendous athletes. West Bloomfield are always good in the sprint event but I think we will hold them down in the distance events. We have a pretty good group of guys. We can only get better. Our discus and shot throwers are on the verge of having a couple of good performers. By time we go against West Bloomfield they should be really confident."









# Jump into fitness and fun at the high school Natatorium

#### BY WENDIREARDON

Clarkston News Staff Writer

Summer days are quickly approaching and for those waiting to hit the pool, the wait is over.

Clarkston Community Education Center offers the opportunity to swim now either for fitness and health, learning how to swim or just for fun.

"The pool is here for the community and we want them to use it," said Vicki O'Bezil, pool supervisor. "We want them to feel like it is their pool, bring their families and have a good

The community and even non-residents can use the Clarkston High School Natatorium for the five different fitness classes offered throughout the week in the morning and on Saturday. Classes are offered throughout the year and the new session begins the end of April and in May.

"It's not necessary you know how to swim," said O'Bezil. "One of our water fit classes is a deep water class and we have bouyancy belts to keep your head above water. It makes you feel secure."

She added the fitness classes are also easier on the joints making it easier and more enjoyable to workout.

"When you are in the water you are only one-tenth of your body weight. Our Deep Water Fitness class is wonderful because it is joint friendly.'

They also offer Aqua Fitness Dance Party, Shallow Water Fitness Shape - UP!, Aquatic-Flexibility Plus and H2O Boot

"The class we offer Saturday mornings is our boot camp class," said O'Bezil. "It is a high energy, vigorous class and it



Swimmers participate in a pool fitness class at Clarkston High School. Photo by Wendi Reardon

is our most challenging."

"It's good interaction and friendships are built," said Bev Kertesz, from the Deep Water Fitness class. "Because of it people come back. Since moving here I have met a lot more people. This has been my social network."

They also offer private lessons and preschool lessons during the day.

We just finished private lessons with the most wonderful young lady," O'Bezil smiled. "She is 82-years-old. She called and wanted private lessons because she never learned how to swim and wanted to learn. Water is therapeutic. It is great she had the courage to come and learn."

For children they run an American Red Cross Ready to

Swim program and the instructors are trained water instructors and aids.

"It is tested and proven to be successful. It teaches children to become safe in pools and around pools and any type of water. We live in an area with so many lakes," said O'Bezil. "Kids feel secure when they can see and touch the bottom. Learning to swim in a pool is a safe and secure way to take lessons especially to get them ready to swim in our lakes."

During the summer they will also offer the Summer Aqua Variety Camp for children entering Kindergarten up to fifth grade. Or if the child is looking to be a part of USA Swimming they can join the Clarkston SeaWolves.

For those just looking to swim a few laps or take the family to the pool, they have open swim seven days a week.

The cost is \$4 for adults, \$2 for students and \$3 for adults 50-years-old and older or passes can be bought.

The newest pass is for the family which can be used for the entire family until August 31, 2011. Fifty dollars can be used for 20 visits or unlimited visits for \$125. They offer a special deal on both passes if purchased before May 1.

"We were looking for a way to give families a break," said O'Bezil. "It gives them the opportunity to do something as a family for not a lot of money.'

Visit the Clarkston High School Natatorium on April 26 for the first day of classes and an open house, from 9 a.m. - 12:30

"Come in and get a free pass to try a class and meet the instructors." O'Bezil invited.

For more information about classes and open swim times, please visit www.clarkston.k12.mi.us/cec or call 248-623-3588.



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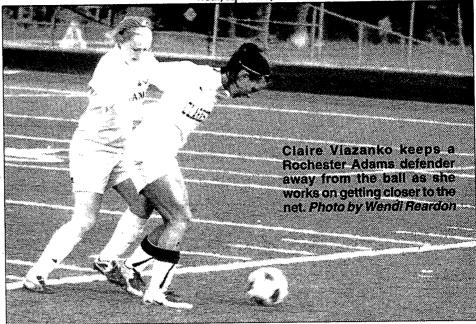
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## **Girls Soccer**

Lady Kickers fought tough against their Lake Orion foes on April 12, ending the game

Junior Lisa Lyons scored the goal with 6:52 to go in the game to give the girls their first goal for the season.

Lake Orion scored 12 minutes into the second half from Maddie Hutchinson's shot.

The Wolves tying goal also kept the Lady Dragons from their first win, giving the team a 0-2-1 record.

Goalie Katie Miller made two saves for Clarkston and the Wolves finished with four shots on the net.

The girls followed it with a 6-0 loss to Rochester Adams last Thursday. Merlin Beckwith led the Lady Highlanders with three goals. Miller had four saves for the night and Clarkston had one shot on goal.

The girls head to Berkley on Wednesday seeking their first win, to improve their record from 0-2-2 and host Waterford Kettering, Monday night at 7 p.m.

The Girls Soccer Program will host Youth Soccer Night on April 29.

## Golf

The Clarkston Boys Varsity Golf team hit the green last week to win their first match against Cranbrook at Franklin Hills.

Returning this year are seniors Chad Wotton and Ryan Milliken and juniors Jimmy Delnick and Andrew Lange.

Coach Pete Gallagher said Wotton and Milliken will be key contributors and Delnick and Lange extensive action from last year will help them out.

New to the team are sophomore Jack Alli and juniors Dan Corazza and Mac McClelland

'We won the conference last year and our goal is to repeat the success for this season," said Gallagher.

## **Boys Lacrosse**

The Clarkston Boys Varsity lacrosse team split last week. They beat Walled Lake Northern, 14-2, and lost to Troy-Athens, 13-7.

They host Farmington this Thursday.

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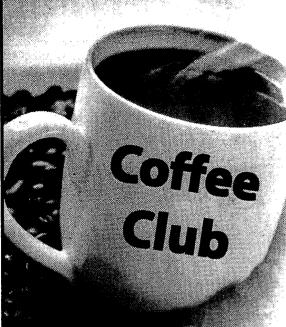
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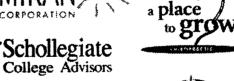
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Studies have also shown that the death rate from oral cancer is about four times higher for cigarette smokers than nonsmokers. It is also widely believed in the medical field that the heat generated by smoking pipes and cigars irritates the mouth and can lead to lip cancer.

While those considered high risk for developing oral cancer are heavy drinkers and smokers, younger patients who use smokeless tobacco and snuff are also being diagnosed in significantly growing numbers. In addition, HPV infection has been noted in tongue cancers in young patients, some of whom are not smokers.

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Summit Oral Surgery recommends that everyone perform an oral cancer self-exam each month. If you are at high risk for oral cancer - smoker, consumer of alcohol, user of smokeless tobacco. or snuff — you should see your general for regular oral exams.

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examination that will accurately diagnose the problem. The biopsy report not only helps establish a diagnosis; it also enables the doctor to develop a specific plan of treatment. In many cases, treatment is alcohol. Others include poor oral hygiene, preceded by obtaining special imaging irritation caused by ill-fitting dentures and studies such as a positron emission rough surfaces on teeth, poor nutrition, tomography / computed tomography

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- Red patches (erythroplakia)
- Red and white patches (erythroleukoplakia)
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# Team Rush prepares to take on World Championship

#### BYTREVOR KEISER

Clarkston News Staff Writer

Clarkston High School's robotics Team RUSH is heading to the World Championship in St. Louis after taking second place in the Michigan State Tournament.

It was a nail-biter, said CSMTech teacher Kyle Hughes.

"We lost the first match by one point, came back and won the second to lose the third," Hughes said. "It was absolutely unbelievable."

With a 10-2 record at states and a 35-16-1 overall, the team finished fourth in the state of 171 teams based on Michigan competition results and performances.

Troy Hughes considered the second place at states quite a feat, considering the rocky start the team had in their first competition.

"We just had problem after problem and we just didn't do well. For us to come back and win a tournament before even going to the state championships, then place second at state is really amazing," he said. "It's what this team is all about, our ability to bounce back."

Teammate Jonah Sementkowski agreed the win was "gratifying."

"We didn't have a very good start, we failed faster and we learned from that, but we were able to come through in the end,"



Team Rush Cheers wildly as they take second place in the state tournament. Photo submitted

Sementkowski said.

The team also won the Engineering Inspiration Award, which is the second highest award on "community and culture change." As well as the Safety and Community Award from the safety Judges. The team was also presented with many awards given to them by other teams.

Andrea Vedrody said she was so excited about the Engineering Inspiration Award because she was one of the students who helped present to the judges and it was her first presentation.

"I was so happy when we won it because I knew I was a part of it and I knew the team did so great, everything we did to communicate to the judges that they understood it," she said. "I was just so happy with that and our robot was doing so great as well."

As far as the world championship goes, Vedrody is looking forward to it.

"This is my first year and I have no idea

what to expect," she said. "But I heard it's a lot of energy and a lot of fun."

ABC 12 and WXYZ channel 7 aired a first ever TV show on April 16 that chronicled the state championship and Team Rush was one of the teams featured.

"Many times during the playoffs, we had a camera on our robot during competition and we were also interviewed many times," Kyle said

Class of 2000 graduate of Clarkston High School and CSMTech Alumni, Pam Barclay said she is very happy about the team's success. Barclay became a mentor to the team when she returned to Michigan after her undergrad as a hydrology major.

"I decided helping out with the robotics team I was apart of when I was in high school was essential," she said. "I learned so much from being on the team and it's nice to know that sort learning and education is still happening 11 years later."

The team heads to St. Louis for the World Championship, April 27-31.

"It would be fun if on April 27 everyone could wear blue or gold in Clarkston that day to cheer us on," Kyle said. "Also take some pictures and send them to our website so we can post those and we can see what kind of support we're getting from the community – that would be awesome."







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From left, Amanda Chamberlain and Stephanie Moore, and Michelle Whitmore, at right, thank Clarkston Chamber of Commerce Executive Director Penny Shanks.

# Thanks for London help

#### Marching Band members' thanks for help with their New Year's London trip

#### Dear All Saints Cemetery.

was able to travel to London with the Clarkston High School Marching Band. The trip was truly a once in a lifetime experience: traveling to another country and performing in the New Year's Day pa-

Melissa Chamberlain, with sponsor Bill Burr of All Saints Cemetery.

While in London, the Thanks to your support I group visited and toured many famous landmarks. A few of my favorites were Westminster Abbey, the Tower of London, and Dover Castle. We also got to tour the city, watch the changing of the guard, attend a performance of Wicked, and see the Globe Theatre

Every day that I was in London was a day filled with wonder and awe, and with each day came knowledge, a new experience, and memories. I know I will never forget my trip to London, but another thing that I'll never forget is your generous support. Thank you for sponsoring

Sincerely,

#### Dear Clarkston Area Chamber of Commerce,

me and the Clarkston Marching Band on our trip to London. Your generosity allowed me to experience a new culture and its unique history.

While in London, the group was able to tour the city and see the changing of the guard at Buckingham Palace, watch Wicked, and walk through the Tower of London.

We were also able to travel further through Great Britain to see many famous attrac-

My favorites were the Castle of Dover, Westminster Abbey, and Stonehenge. The highlight of the trip was marching through the heart of London while performing in the New Year's Day Parade. Thanks again for your support on this once in a lifetime trip that created memories that I will never forget.

Thank you,

#### Amanda Chamberlain Melissa Chamberlain Dear Clarkston Area Chamber of Commerce.

Thank you so much for Thank you for sponsoring supporting me on our trip to London. I had a fantastic time and your contribution was greatly appreciated.

Sincerely.

Michelle Whitmore



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# Burdick Street plans open houses for contractors, homeowners



From sales and leases to repairs and parts. the staff of Burdick Street does it all.

Burdick Street Landscape Supply & Equipment. On April 1, the power equipment store will celebrate its one-year anniversary.

Things have actually exceeded our expectations," said Co-Operator Koula Christi. "In this day and age with the economy the way it is, I don't think you could ask for more than that. It was worth it."

People have actually thanked us for being here," said Store Manager John Bradshaw. "We hear it all the time. People are glad we're here and we couldn't be more grateful. We had a vision and we stayed on course."

Located at 43 E. Burdick St., the store sells well-known power equipment lines such as Scag, RedMax, Stihl, Cub Cadet and Exmark. It also sells replacement parts and does repairs.

This year, Burdick Street's added Toro to its mix of products with its zero-turn riding lawn mowers, push mowers and snowblowers. Being able to offer the Toro line of products provides that mix of customer recognition and affordability the Burdick Street

'It's the missing piece of the puzzle for 'Christi said.

Both Christi and Bradshaw are particularly excited about Toro's electric mower (\$399), which can cut 10,000 square feet of lawn following a three-hour charge.

'No gas, no oil, no emissions," Koula said. 'Just plug it in until the next time you need it."

Reading about all the great products Burdick Street has to offer is one thing, but

There's much cause for celebration at it's quite another to see them and try them out for yourself.

That's why the store is hosting two open houses. The first is Tuesday, March 22 from 9 a.m. until 7 p.m. This event is geared toward commercial customers such as landscape contractors and tree service companies.

There hasn't been a commercial open house ever held around here," Bradshaw said.

Commercial customers will be able to meet manufacturer's representatives, check out demonstrations and try out equipment for themselves. Commercial customers can either buy or lease equipment from Burdick Street.

After that event, the next open house will be on Saturday, April 30 and it will be geared toward residential customers. It will feature many of the same things as the commercial open house, plus kids activities and speciallypriced items.

Both open houses will serve Jet's Pizza, a favorite among the Burdick Street staff, and feature special financing programs.

Burdick Street's big goal as the store enters its second year is to increase public awareness. "When people think of landscape equipment or power equipment, we want them to think of us," Christi said. "Whether it's repair, parts, service or sales. That's our goal.'

Christi's quite proud of the role Burdick Street has been able to play in getting local folks back to work. The store now employs seven people. "Everybody we've brought in, we've taken off unemployment," she said. "I think we have some of the best staff around."

cubcadet.com

Renovations to the store's exterior will continue this spring with regard to lighting, landscaping and awnings.

'There's still a lot to do, but we've received some really positive comments about what we've done so far," Christi said.

You'd never know it, but prior to Burdick Street moving in, the building was a vacant lumber store that had rapidly deteriorated into a community eyesore. "The place was a mess before, but all of the neighbors are happy now." Bradshaw said. "People love it."

From its high-efficiency LED lighting on the outside to the recycled materials used to refurbish the store's interior, Burdick Street is dedicated to being environmentallyfriendly. "We're trying to be good neighbors locally and to the planet," Christi said.

That's why the store plans to sell products such as Stihl's line of hedge-trimmers, chainsaws and blowers powered by rechargeable ion batteries and Exmark's line of propane-powered equipment.

'As gas prices go up, it's a cheaper alternative, plus it's more efficient and burns cleaner," Bradshaw said.

"It's going to be hard to move away from gas, but at least there are other choices out there," Christi said.

Burdick Street Landscape Supply & Equipment is open Monday-Friday from 9 a.m. to 6 p.m. and on Saturday from 9 a.m. until 3 p.m.

For more information call (248) 969-2800 or visit www.burdickstreet.com, which has a link to the store's Facebook page.



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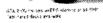
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# Clartucky Derby April 30, 2011 -- Downtown Clarkston, MI, USA Discontest Derby



Hey kids!

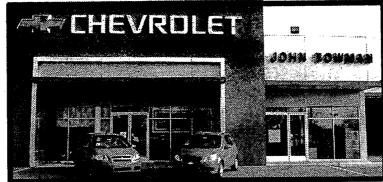
In celebration of Downtown Clarkston's first annual Clartucky Derby (April 30) we invite you to enter *The Clarkston News*' coloring contest! If you are 8-years-old or younger you can enter. Just color the above picture anyway your imagination takes you and mail it to us by April 27. We'll post all entries in our Main Street window for all town to see! Winners announced April 28 at The CNews building. There are three age groups, up to 4; 5 and 6-year-olds; and 7 and 8-year-olds. Winners will get their picture in the paper and \$10!

Attach contact information to the back of each entry. Include child's name and age; parents' name, street address, e-mail address and daytime phone number. Winners parents will be notified; prizes and pictures will be given and taken on Saturday, April 30 at *The Clarkston News* office, 5 S. Main Street. Send entries to Clarkston News, 5 S. Main St., Clarkston, MI 48346.



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15168

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\*All leases are based on 10k miles per year for well qualified customers. Plus tax, title, doc and acq fee. Includes all avaliable incentives 2011 Malibu total payments \$7098. 2011 Cruze total payments \$6552 and the 2011 Equinox total payments \$11,115.

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Saturday, May 7th, 2011 11am-2pm \$50,000

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# What's your favorite thing about Easter?

"Getting together with family. It used to be the egg hunt with the grandkids, but they're getting too big now."



– Helga Weber



"Candy and celebrating the life of Jesus."

– Samantha Reineck



"Being with family."

– Jill Maggi



"Being together with family and the kids have fun with the Easter Egg hunt efter church."

- Marcelino Caballa and son Blake

By Trevor Kelser

# The Clarkston News' The Clarkston News' Section dedicated to showcasing the reasons this is a great area to live and work!

# Pastor puts online prayers on paper

#### BYPHIL CUSTODIO

Clarkston News Editor

A year and a half ago, Rev. Frederick R. Engdahl, Jr. of Clarkston had no use for the Internet in his ministry.

"I was computer illiterate," he said. "I thought it was too time consuming."

But when his son extolled the benefits of Facebook, he signed up, writing and posting prayers on the social networking website.

"Now I post prayers and meditations every day," he said. "I made it part of my morning practice."

One regular reader was Debbie Barry of Independence Township.

"He was our pastor when I first moved here," Barry said. "I loved the prayers. They were very inspiring and written beautifully."

She and Engdahl's wife Gail both thought he should be a writer, but he needed some prodding.

"I wanted to show him how it would look in print, so I had it printed for him," Barry said.

She collected his Facebook postings and printed them in a book, "Prayers and Meditations," presenting it to Engdahl this past November as a present commemorating his 25th anniversary as a minister.

"It was a wonderful gift," Engdahl said.

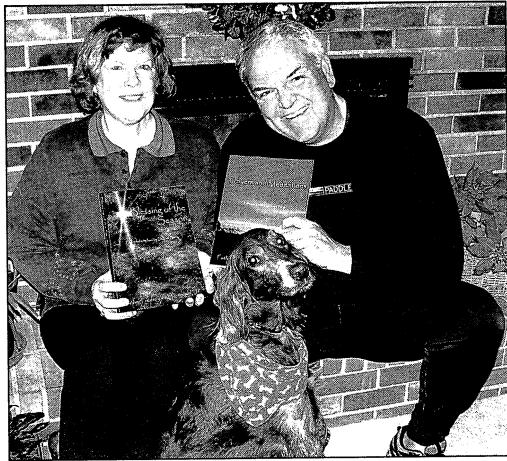
A second book, "Blessing of the Season," has also been printed, and a third is in production.

"It's amazing how it's come together so quickly," Engdahl said.

The books reflect the church calendar. The fourth in the series will be about Lent, he said.

"It's an opportunity to engage with considerable depth my relationship with God," he said. "It's stream of consciousness, how the spirit moves through me."

Fred and Gail, along with their two boys,



The Rev. Frederick Engdahl, Jr., with his wife, Gail, and their Irish Setter Gabby, publishes books of prayers. Photo by Phil Custodio

Robby and Timmy, enjoy Michigan's outdoor activities, and they are avid canoers and kayakers – many of Fred's outdoor photos illustrate the books.

Fred grew up in Escanaba in the Upper Peninsula. He is a graduate of Central Michigan

University and has a master of divinity degree from Seabury-Western Theological Seminary. He served parishes in Florida, Oregon, and Michigan. For more information, check www.wordclay.com, Amazon.com, and other online book distributors.



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#### **Special Events**

Just ONCE Piano for Busy People, 6-9:30 p.m., April 20. Learn all the chords you'll need to play any song in this one session. \$30. Community Education Center, 6558 Waldon Road.

Just ONCE Piano By Ear, 6-9:30 p.m., April 26. How to play songs without relying on sheet music. \$30. Community Education Center, 6558 Waldon Road.

Youth Recognition Ceremony, 7 p.m., April 27, Clarkston United Methodist Church. Nominate any school-aged youth making a positive difference for others through volunteering or simple acts of kindness. 248-623-4313.

Even Smart People Get Scammed, 6:30-8 p.m, April 28, Independence Township Library, 6495 Clarkston Road. Info on investment scams. No solicitation, sales pitch. 248-625-

Fly fishing workshop, 7 p.m., May 6, Independence Township Library, 6495 Clarkston Road. Led by Shawn Chalker of White River Fly Shop, with outside practice casting. Free. Pre-register, 248-625-2212.

A Friendship Tea, ESTHERS Children, 11:30 a.m.-2 p.m., May 7, Clarkston United Methodist Church, 6600 Waldon Road. Tea and dessert, shopping, raffle. \$25. Call Leslie at 248-625-8240 or Vonda, 248-890-4876.

Indoor Garage Sale, 10 a.m.-5 p.m., May 7, Clarkston Knights of Columbus, 5660 Maybee Road. Table: \$20. 248-625-3772 or 248-736-4117.



A Taste of Spring, annual Clarkston Rotary spring wine party, 6:30-8:30 p.m., May 11, Oakhurst Country Club, 7000 Oakhurst Lane. Features Michigan wines, food prepared by Oakhurst. \$50 in advance, \$60 at the door.

Community Charity Golf Outing, Michigan Fallen Heroes Memorial, 12 p.m. registration, May 16, Oakhurst Golf and Country Club. \$150 per person, golf, lunch, dinner; \$40 per dinner only. person www.michiganfallenheroes.com/support.

Angels' Place Race, 9:30 a.m., May 21, St. Daniel Church, 1 mile, 5K, 10K races to support those with developmental disabilities. \$20 before May 12. www.angelsplacerace.org.

#### Weekly meetings

#### Sunday

Adult Basketball League, 18 and over, 12-5 p.m., Sundays, Clarkston Junior High, 6595 Middle Lake. \$450/resident team. \$550/nonresident team. Referee fees are an additional cost. Independence Township Parks and Recreation, 248-625-8223.

Pony Basketball League, for high school boys not on the school team, mid afternoons, Sundays, Clarkston Junior High, 6595 Middle Lake. \$200/resident team. \$300/non-resident team. Independence Township Parks and Recreation, 248-625-8223.

Monday

Grief Support Group, Coats Funeral Home, 6:30 p.m., first and third Mondays, Community Presbyterian Church, 4301 Monroe Street at Sashabaw. 248-623-7232.

Therapeutic Yoga classes, Mondays, 11 a.m.-12:15 p.m.; Tuesdays, 7:15-8:30 p.m., Jewels Yoga Fitness, 4612 Mountain View Trail, Independence Township. \$12 walk-in fee. 248-390-9270.

Clarkston Rotary Club, Mondays, 6:30 p.m. Clarkston Community Education Center, 6558 Waldon Road, \$10, 248-880-0027.

Pilates and Sculpt, Mondays, 7-8 p.m., Bay Court Park's Lakeview room. Independence Township Parks and Recreation, 248-625-

Basic Yoga with Noreen Daly, beginning and intermediate techniques, Mondays and Wednesdays, 5:45 p.m., \$7 per session. Bring mat. Peace Unity Church and Holistic Center, 8080A Ortonville Road. 248-310-7878.

Afternoon Line Dancing, Mondays, 1:30-4 p.m., Clarkston United Methodist Church, 6600 Waldon Road. Country, Spanish salsa, rock and roll, cha cha, with Rosemary Hall. \$3 drop in.

Exercise program for all ages, joint mobility, coordination, strength, Mondays, 12 p.m., lower level, 7590 Dixie Highway. \$7/session, \$25/four sessions. 248-627-7445.

Tuesday

Tai Chi with Tammy Cropp, gentle movements for healing, stress reduction, balance, increased flexibility, Tuesdays, 10 a.m. \$8 per session. Peace Unity Church, 8080A Ortonville Road. 248-420-6119.

Co-Creating Healthy Families, Tuesdays, 6:30 p.m., "Bradshaw on: The Family," PBS series presentation, support group, 7:30 p.m., Peace Unity Church, 8080A Ortonville Road. 248-891-4365.

Breast Cancer Support Group, first Tuesday, 7-9 p.m., 21st Century Oncology, 6770 Dixie Highway, Suite 106. 248-625-3841

Needlework Night, fourth Tuesday, 6:30-8 p.m. Stitch and visit. Everyone welcome. Springfield Township Library, 12000 Davisburg Road. 248-846-6550.

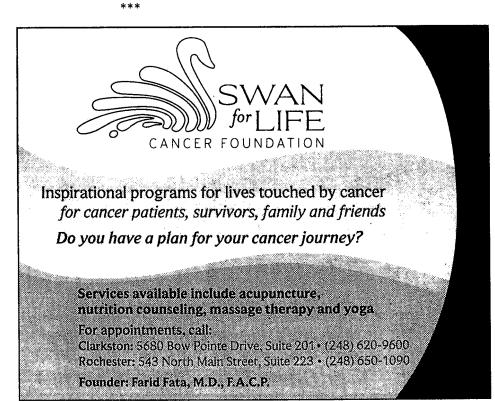
Belly Dancing, Tuesdays, 10-11:30 a.m., Bay Court Park. Independence Township Parks and Recreation, 248-625-8223.

Widowers and Widows On With Life Group, 7 p.m., first Tuesday, third Wednesday. Dinners, breakfasts, golf, social gatherings, rap sessions for ages 35-80. 248-393-8553.

Widowed Friends, Tuesdays, 12 p.m., Collier Bowling Alley, 879 S. Lapeer Road, Oxford. \$2 per game. 248-628-5437 or 248-877-6692.

Clarkston Area Youth Assistance, second Tuesday, 7 p.m., Clarkston Community Education Building, 6300 Church Street on Waldon. 248-623-4313.

Please see Around Town on page 8B



## Celebrate "The Great Outdoors!"



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# Frankenstein comes to life at Clarkston High

#### BY WENDIREARDON

Clarkston News Staff Writer

Conor Foley landed on his back from the throw and stood up on his feet quickly.

"Again," he said approaching Nathan Larkins during rehearsal last Thursday.

Foley plays Dr. Victor Frankenstein and Nathan Larkins is the Creature in the Clarkston High School Drama Club's presentation of "Frankenstein," adaptation by Victor Gialanella based on the book by Mary Shelley.

"The Frankenstein we are performing is not the traditional adaptation most people associate with it with the bolts and the green makeup," said Foley. "It is much more of an organic story. It is a lot more down to earth."

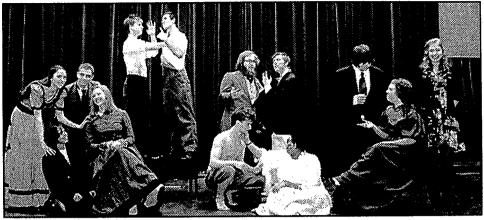
Foley described his character as a mad scientist obsessed with his work, especially with his newest project - the creation of life, bringing a man to life from the dead.

"I am very emotionally invested in my science rather than other aspects of my life," added Foley.

The investment causes a problem for him because he has a fiancée and lives with his family.

His best friend Henry, played by Michael Arkwright, is called in for an intervention.

"My role is to provide the voice of reason to Victor when he is doing his crazy experi-



Clarkston High School Drama Club's Frankenstein cast; left to right, back row, Maggie Schroeder, Dakota Miller, Alex Lanker, Alberto Carlesimo, Michael Arkwright, Conor Foley, Josh Bittick, Kendall Kotcher; front row, Trevor Torres, Katie Hokanson, Nathan Larkins, Ruthie Hutchons and Stephanie Burnham.

ments," said Arkwright.

Instead he gets caught up in the madness. His creation also has his own problems trying to cope with what is going on around

him and his emotions.

"I start out not being able to talk at all and using a lot of grunts," said Larkins. "It is like being born but in an adult body. I am very emotional. I lash out a lot, everything is very

big. I am a very angry guy."
"Just like his daddy," Foley added.

As the audience is swept into the dark tale of Dr. Frankenstein and his creation they will encounter plot twists and find themselves invested in the characters.

"It is very engaging," said Foley. "It makes you think, more so than a comedy might."

"At the end you will definitely be impacted by it," added Kendall Kotcher, student director and plays the Bride of the Creature. "Anyone can relate to the relationships and the story of it." It is the first horror the high school has performed and the cast said the experience has helped them grow.

"Every day you bring everything you have," said Arkwright. "You don't just learn how to act better but carry yourself."

"With the physical and emotional output of the show I have personally learned how to enjoy naps," added Larkins.

Foley placed it as one of the best experiences he has had so far.

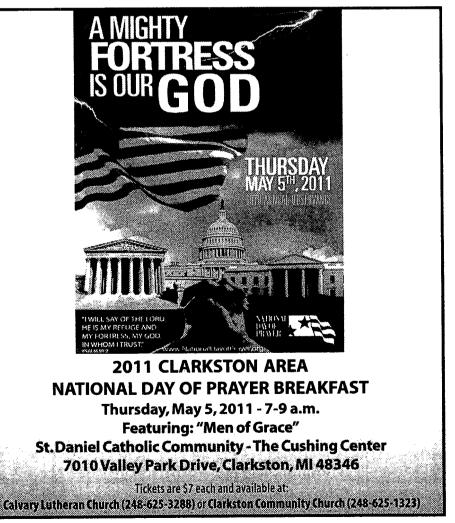
"It is the most talented group of people I have ever worked with," he said. "It is the most interesting play I have ever done. Because it is so different and unique everyone puts everything into it from the very beginning. It hasn't been work, it's been fun."

Frankenstein performances are Friday, April 29 and Saturday, April 30 at 7 p.m. at the Clarkston High School Performing Arts Center. It is rated PG-13 because of the dark subject matter and violent situations and is not suitable for children.

For ticket reservations, please call 248-623-4024. Tickets are \$6 for students and senior citizens and \$7 for adults. All unpaid tickets are sold 30 minutes before showtime, box office opens at 6 p.m.

"It's unique and it's good," said Foley.

"Plus Conor and Mike are supergeniuses so it adds to the adventure," Larkins added.











# Easter 2011

TWO SERVICES: 9:00 & 10:45am 6765 Rattalee Lake Road - Clarkston bridgewoodchurch.com 248.625.1344

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# Milestones



**David and Kimberly** 

# Chen-Deacon

Mark and Sue Deacon of Clarkston are pleased to announce the engagement of their daughter, Kimberly Curry Deacon, and David Taiyu Chen of Elk Grove, Calif.

The bride-to-be has a Bachelor of Arts degree from University of Michigan-Ann Arbor in Bio-Psychology and Philosophy. She is a PLC Applications Engineer for Tesco Controls Inc. in Sacramento, Calif.

The future groom, son of James and Anne Chen of Bay Area, Calif., earned a BS in Computer Science, University of California -Davis. He is an Applications Engineer at Tesco Controls, Inc.

An August 2011 wedding, officiated by Lorne G. Deacon, is set at Beach Palace Resort, Cancun, Mexico.

The couple resides in Elk Grove.

# In our country's service...

Army Spec. Eric W. Paddison recently graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, the soldier studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat

Paddison is the son of Brad Paddison of Clarkston. He graduated in 2005 from Clarkston High School, and received a bachelor's degree in 2010 from Western Michigan University.

# Got a Milestone to share?

We'd love to see them - births, weddings, engagements, military, business and school achievements! You can drop them off at our downtown office at 5 S. Main St. or e-mail Clarkstonnews@gmail.com

# Turn inwards to God in times of disaster

Airports in Tampa and West Palm Beach have had to change their designations because of the fact that the North Pole is moving East at a rate of 40 miles per year.

At this rate, in 50 years it will have left Northern Canada, passed through Alaska and reside in Siberia. Scientists predict significant shifts in weather and seismic activity as the Earth's Magnetic Field adjusts to the movement.

Two of the largest earthquakes in history have occurred in the last seven years with resulting Tsunami's that have killed hundreds of thousands of people. The latest in Japan has created a nuclear catastrophe second only to Chernobyl and it is still raging.

The struggle for democracy, civil war and terrorism in Africa and the Middle East have led the United States into a third war. And, the National Debt as a result of fighting these wars threatens to bankrupt our children.

A slow recovery, producing few jobs, continues to erode the housing market eliminating equity on Main Street while the Wall Street Bankers are again receiving million dollar bonuses.

Doomsayers on both ends of the political

and religious spectrums are having a field day. They are capitalizing on the fear and anger to win their elections, sell their books and convert the disenfranchised.

Be wary of easy answers that lay blame

**Spiritual** 

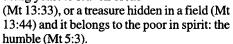
**Matters** 

Pastor

on specific groups of people or end time predictions. We've been doing this for a long time and it has never proven correct.

What is easy is finding and living in Heaven.

Jesus located it plainly as being "at hand" (Mt. 4:17). It is within our reach, here and now. Heaven is an activity we can participate in today, such as sowing good seed (Mt 13:24), or using yeast to leaven bread



What is necessary is a shift in consciousness, a shift from looking outside ourselves for evidence of Heaven and to look within for a realization of Heaven on Earth (Mt 6:10).

We will never truly know peace in the outer until we realize peace within. We will never truly know health in the outer until we have an inner realization of Divine Life.

We will never know true prosperity until we have an inner realization of our Divine Source and Supply. "Seek first His Kingdom and His righteousness and all these things shall be yours as well." (Mt 6:33).

Holy week: Palm Sunday, Good Friday, Easter and beyond to Pentecost and the Ascension are symbolic of this necessary shift. The Triumphal Entry, declaring the coming of Christ as King; turning the tables on the money changers, cleansing God's Temple; The Last Supper and foot washing, the arrest, the trial, the crucifixion, resurrection and ascension demonstrate the process.

Simply stated: Let go and let God's good come forth.

Jesus showed us the way, it's up to us to follow his guidance and "The works that I do ye shall do and greater works shall ye do." (John 14:12).

Hoppy Easter!

The Rev. Matthew E. Long is senior minister at Peace Unity Church & Holistic Center

# In our churches...

Holistic Sampler, 9:30 a.m.-3:30 p.m., June 4, Peace Unity Church, 8080A Ortonville Road. Free samples and services, speakers, demonstrations, and fellowship. 248-625-5192.

Bethany North, peer support to all faiths dealing with divorce or separation, general meeting, 7:30 p.m., fourth Monday, Cushing Center, St. Daniel Catholic Church, 7010 Valley Park, call Tim, 248-628-6825, or Joann. 248-673-2539.

DC4K, DivorceCare for Kids, ages 5-12, Tuesdays, 6:30-8:30 p.m. Calvary Evangelical Lutheran Church, 6805 Bluegrass Drive. 248-625-3288.

Wednesday Evening FEAST, dinner at 6 p.m., worship at 6:50 p.m., classes for all ages, 7:15-8:30 p.m. Free nursery. Calvary Lutheran Church, 6805 Bluegrass Drive. 248-625-3288.

A Course In Miracles, self-study course removing blocks to awareness of love's

Continued on page 10B



#### SASHABAW PRESBYTERIAN CHURCH "Little Church with a BIG Heart 5300 Maybee Road, Clarkston

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#### ST. DANIEL CATHOLIC CHURCH

7010 Valley Park Dr., Clarkston (W. of M-15, S. of 1-75) 625-4580 Rev. Christopher Maus Saturday Mass: 5:00 pm Sunday Masses: 7:30, 9:00 & 11:00 am Religious Education: 625-1750 Mother's Group, RCIA, Scripture Study, Youth Group

#### **THE FIRST**

**CONGREGATIONAL CHURCH** 5449 Clarkston Rd., Clarkston (248) 394-0200 Fax: (248) 394-2142 Rev. Doctor Martin Hall Sunday Worship: 10:00 a.m. Children's Sunday School 10:00 am **Dream Keepers Youth Group Bible Study** Wednesday 7:00 pm Youth Groups 6-12 Wednesday 6:30 nm www.FirstCongregationalChurch.org

#### **EPISCOPAL CHURCH OF** THE RESURRECTION

6490 Clarkston Rd., Clarkston Pastor: Rev. Cynthia A. Garmar Sunday 8 am & 10 am Holy Eucharist Sunday School 9:55 am Nursery Provided ... www.darkstonepiscopal.org 248-625-2325

#### ST.TRINITY EVANGELICAL LUTHERAN CHURCH

"Lutheran Church -Missouri Synod" Pastor: Rev. Kendall Schaeffer 7925 Sashabaw Road (1/4 mile N. of DTE Music Theater) Clarkston, MI 48348 (248) 625-4644 www.sainttrinitylutheran.com e-mail: sttrinity@comcast.net Broadcast Worship - Clarkston CTV-10/20Sun.2:00pm, Thurs.9:00pm Broadcast Worship - Waterford CATV-10 Tues, 2:30 pm Worshin: Sunday 8:15 am & 11:00 am Sat. 6:00 pm Sunday School 9:45 am Preschool: 3-4 years old

Preschool: 620-6154

#### **CLARKSTON UNITED** METHODIST CHURCH

6600 Waldon Road, Clarkston 248-625-1611 Website:clarkstonumc.org Sunday Worship: 9:00am & 11:15am &6:11 pm Nursery available for all services

#### **DIXIE BAPTIST CHURCH**

8585 Dixie Highwy, Clarkston, MI (248) 625-2311 website: www.dixiebaptist.org Home of Springfield Christian Academy & Children's Ark Preschool Pastor: J. Todd Vanaman Sun: 10:00 am Sunday School & Adult Bible Fellowship 11:00 am Worship Service 6:00 pm Worship Service Wed: 6:45 pm AWANA 7:00 pm Teen Meetings & Adulf Bible Study Nursery available for all services.

#### **CLARKSTON FREE** METHODIST CHURCH

5482 Winell-Clarkston (corner of Maybee & Winell 248-623-1224 Service 9:00 • 10:30 www.ClarkstonFMC.org Wednesday 7 pm Youth & Adult Ministry

#### FIRST BAPTIST CHURCH **OF CLARKSTON**

5972 Paramus, Clarkston, MI (248) 625-3380 Located 2 blks. N. of Dixle Hwy. (E.of M-15) Pastor: Russell Reemtsma Sun: 9:30 am Sunday School & Adult Bible Fellowship 10:30 am Worship Service 6:00 pm Evening Service Wed: 6:15 pm Awana Club 6:30 pm Teen Ministry 7:00 pm Prayer Meeting & **Bible Study** 

#### PEACE UNITY CHURCH

10 am Sunday Celebration Service Children's Church Realizing peace, wholeness and abundance in unity. A center for prayer, peace studies and healing. Spiritual Education, Community Outreach, Holistic Healing, "Green" Philosophy, Mastermind, Fellowship Rev. Matthew E. Long. founding minister 248-625-5192 Peace Unity Church 8080 Ortonville Rd

Clarkston, MI 48348

www.peaceunitychurch.org

#### **OAKLAND EVANGELICAL** PRESBYTERIAN CHURCH

Pastor Wayne Uppendahl Services held at Mount Zion Center 4453 Clintonville Rd. at Mann Rd., Waterford, MI Sunday School at 9:15 am Sunday Morning Worship at 10:30 am Bible Study Wed. Eve., 6:30 pm at Church Offices - Yellow House 7205 Clintonville Rd. Clarkston MI Phone (248) 858-2577 Fax (248) 858-7706

#### **BRIDGEWOOD** CHURCH

6765 Rattalee Lake Road Clarkston, 48348 (248)625-1344 Services: Sunday 9:00am & 10:45am Morning Worship Service **Exploration Station -**Children's Ministry Wed. 6:45pm Fit For Life -Adult Life Ministry c.r.a.v.e.-Student Life Ministry Ozone - Children's Life Ministry Nurture Center/Wonderland available for all services A Church For Life www.bridgewoodchurch.com

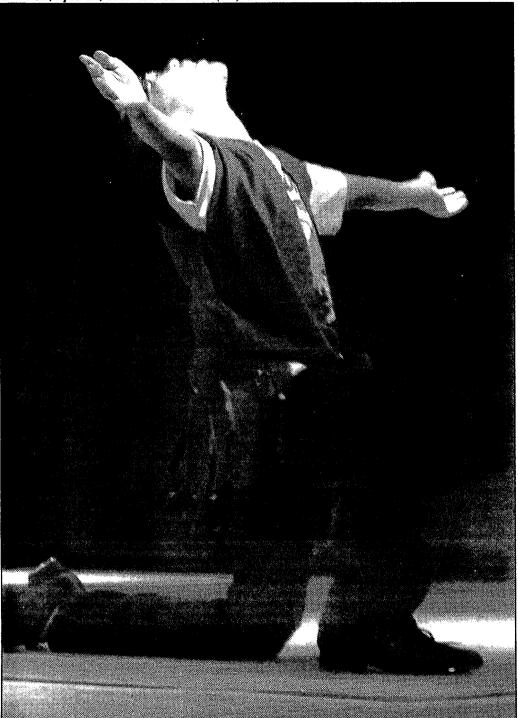
#### **CALVARY EVANGELICAL LUTHERAN CHURCH**

6805 Bluegrass Drive, Clarkston (W. of M-15, just S. of I-75) 248-625-3288 Pastor Jonathan Heierman **Sunday Worship:** 8:15 am (traditional), 9:30 & 11:00 am Also at both 9:30 & 11:00: Nursery, Children & Youth Programming Wednesday Evenings: 6:00-8:30 pm Dinner, worship, small groups Nursery, Children & Youth Programming www.calvaryinfo.org

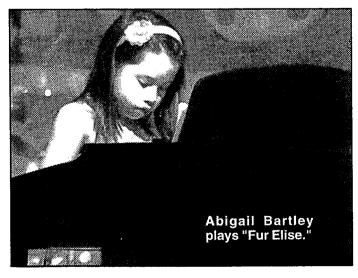
#### **CLARKSTON COMMUNITY CHURCH**

6300 Clarkston Road • Clarkston (248) 625-1323 Home of Oakland Christian School Pastors: Greg Hennema Bonita Laudeman, Kevin Kuehne Dan Whiting, Geoff Black Sunday: Worship 9:15 & 11:00 am Nursery Care at all services Wednesday: Children's Ministries 6:00-8:00 pm **Sunday: Youth Ministries** 5:00-7:00 pm www.clarkstonco

B 6 Wed., April 20, 2011 The Clarkston (MI) News



Fourth-grader Justice Williams shows off his tap skills dancing to Jackson 5's "I Want You Back."



# **Got Talent?**

Pine Knob Elementary students do. They danced and sung during their talent show last Friday night.

day night.

The audience was wowed by students playing the piano, the guitar and the drums.

Adding to the memorable night were third-graders Joey Kennedy, Raymond Bush and Connor Ulrich dancing to Beyonce's "Single Ladies."

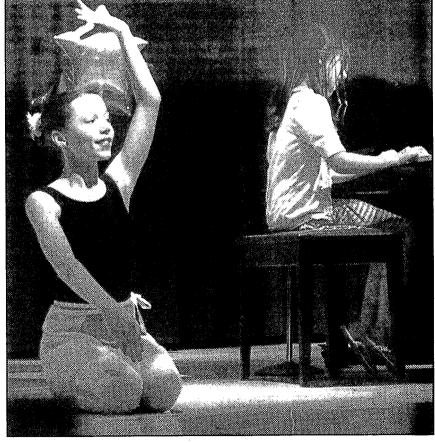
Photos by Wendi Reardon



Fourth-grader Issa Sanchez sings "New York, New York" in Spanish. Muy bien!



Chris Pryor opens the night with his rendition of "Cooler than Me" by Mike Posner.



Fifth-grader Julia Schichtle dances to "Malaguena" while fifth-grader Grace Olechowski performs the song on the piano.

# Children learn and play in TLE's fun atmosphere

Music, science, fitness, math, reading, technology, art appreciation – sounds like a pretty busy day for an elementary school student.

However, this is the schedule of a preschooler at The Learning Experience, a child day care center that prides itself on it's award winning, cutting edge curriculum and professional, certified staff members.

Children at The Learning Experience in Clarkston are exposed to a solid core curriculum. The day is structured to include many educational components as well as free time and fun activities. Older children have a curriculum workbook that they use everyday and keep a journal.

"Most 4-year-olds at the center are reading," said owner Pam Rush.

"This is considered a learning center. We have a very strong preschool," she said.

However, playing is still a big part of the center, and each room is filled with toys.

Besides the two large outside playgrounds, The Learning Experience is unique with their own indoor micro-Disneyland called Make Believe Boulevard.

Children love to explore socio-dramatic play and the room is one of the favorites! They adore dressing up and playing in the mock house, store, diner and fire department.



# The Learning Experience staff enjoy teaching and helping children develop emotionally, socially and cognitively.

The carpeted upper level allows for some free play and also has a slide that flows into a ball pit.

"At any given time, we'll see kings, queens and princesses playing," Ms. Pam said. "We have a lot of fun here!"

In addition, children participate in enrichment programs such as Fun with Phonics, dance, art, music, math and science. Spanish and sign language are also included.

A bonus that many parents appreciate is that there are no fees for enrichment programs as the tuition is all-inclusive.

The facilities at The Learning Experience are state-of-the-art. From the moment children and parents enter the building they are greeted by a warm and caring atmosphere that is clean and conducive to learning.

Ms. Pam loves working with children and their families and makes sure her staff does, or call 248-625-5285.

too. Staff members have to have more than a degree and spotless qualifications. They must genuinely enjoy being around children and interacting with them.

"We are here to love other people's children and keep them happy, safe and educated," she said.

A team of professionals work together to coordinate the day's activities for children. Everyone, from program and state certified lead teachers to the paraprofessionals and on-site cook, have one goal: to build a strong foundation so each child can develop emotionally, socially and cognitively at his or her own pace.

Parents concerned about safety and security can rest easy knowing that they've left their children in good hands. A security system requires that the doors remain locked all day with parents given a key fob for access.

Classrooms contain video monitoring systems so both center administrators and parents can check in on the class regularly. In addition, all staff members undergo an extensive background check.

The Learning Experience is located at 7210 Sashabaw Road in Clarkston. For more information, visit www.thelearningexperience.com or call 248-625-5285.





SCAMP supporters fill Depot Park at the Walk & Roll. File photo

# SCAMP Walk & Roll, May 1

Confidence Blooms

Clarkston SCAMP hosts Walk & Roll, May 1 in Depot Park, featuring one, two, and five mile routes for walkers, bikers, and wheelchair participants.

The fund-raising event is free, and will include hotdogs, refreshments, and a live D.J., along with Stars & Stripes Kids Activity Center with a portable gymnastics circuit, Planet Kids bounce houses, and Great Turtle Toys' juggling clinics.

Student walkers who turn in pledges of \$50 or more, adults with pledges of \$100 or more, and families with pledges of \$200 get

All participants are eligible for a drawing to win a new bike. Prizes will also be awarded to youngest walker, oldest walker, best decorated wheels, bike or wheelchair, and most unique hat. Dr. Charles Munk and staff will be the Honorary Judges for the event.

Clarkston State Bank displays paper kites for a donation of \$1 or more. Individuals, families and businesses can also support the WALK by purchasing a lawn sign for a donation of \$25 to be displayed on the route.

SCAMP provides summer camp for individuals with special needs in northern Oakland County and southern Genesee County. Pledge sheets are available at the SCAMP office in Clarkston Schools Administration Building, 6389 Clarkston Road, Call 248-623-8089.

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Of A Winning Smile"



Continued from page 2B

Clarkston Area Optimist Club, 7:30-8:30 a.m., Wednesdays, Clarkston United Methodist Church, Fellowship Hall, 6600 Waldon Road. 248-622-6096.

Indoor Pickleball, Tuesdays, Thursdays, 9:30-11:30 a.m., \$3 drop in; Tuesdays, 6-9 p.m. \$4 drop in. First Congregational Church of Clarkston on 5449 Clarkston Road. 248-625-8231.

Got Beads, share love of beads and beading, second, fourth Tuesday, 7-8:30 p.m., Independence Township Library, 6495 Clarkston Road. 248-625-2212.

Zumba, Tuesdays, Thursdays, 8-9 p.m.; Saturdays, 12-1 p.m. Clarkston Hot Yoga, 5678 Sashabaw Road. 248-620-7101.

#### Wednesday

Relay for Life of Clarkston Planning Committee, May 4, 5:45-6:45 p.m., Church of the Resurrection, 6490 Clarkston Road. Relay, May 21-22. 248-625-9182.

#### Thursday

Clarkston Area Lions Club, second and fourth Thursday, 6:30-8 p.m., Carriage House, next to the Senior Center, in Clintonwood Park. Visitors welcome. 248-802-8603.

**PUBLIC NOTICE** Charter Township of Springfield

#### NOTICE OF HEARING OF PRACTICABILITY **ELIZA LAKE IMPROVEMENT**

NOTICE IS HEREBY GIVEN that the Springfield Township Board will meet at the Springfield Township Civic Center, 12000 Davisburg Road, Davisburg, Michigan at 7:00 p.m. on Thursday, May 12, 2011 to determine the practicability of implementing an aquatic management program for the purpose of controlling nuisance aquatic weeds/algae for Eliza Lake, for treatment year 2012. This Hearing is called pursuant to the provisions of Public Act 188 of 1954, as amended. SPRINGFIELD TOWNSHIP BOARD

Published: April 20, 2011



#### NOTICE

NOTICE IS HEREBY GIVEN that the Charter Township of Springfield's Clerk's Office, 12000 Davisburg Rd., Davisburg, MI will be open on Saturday, April 30, 2011 from 9:00 a.m. to 2:00 p.m. for the purpose of receiving Absentee Ballot Applications and issuing Absentee Ballots for the May 3, 2011 Special Primary Elec-

Electors who wish to receive an absent voter ballot for the May Special primary by mail must submit absent voter application by Saturday, April 30, 2011, at 2 pm.

Monday, May 2, 2011 is last day for qualified Electors to obtain an absent voter ballot for the May Special primary and it must be voted in-person in the Clerk's

For additional information, contact the Clerk's Office at (248) 846-6510.

Laura Moreau, Clerk

Charter Township of Springfield Published: April 20 & 27, 2011

Lunches for 50+, Thursdays, 12 p.m., made-from-scratch. \$5 donation. Independence Township Adult Activities Center, 6000 Clarkston Road. Make reservation by Monday before, 248-625-

Young At Heart Active Adults, Thursdays, 11:30 a.m.-1:30 p.m., lunches, guest speakers, musical performances, field trips, holiday parties, movies, bingo, games. Hart Community Center in Davisburg. \$5 yearly membership, \$5 lunch.248-846-6558.

Free General Support Group for any type of cancer and caregivers, fourth Thursdays, 2-3 p.m., Great Lakes Cancer Institute, 5680 Bow Pointe Drrive. Walk-ins welcome. 248-922-6610.

MOPS, Mothers Of Preschoolers, first and third Thursdays, 9-11:30 a.m., Clarkston Community Church, 6300 Clarkston Road. Call Saleena, 734-620-2844.

Stepping Strong, Thursdays, through June 2. Walk 1-3 miles on paved paths. \$10. Senior center, 248-623-8231.

Tell Us About Your Travels program, second Thursday, 6-7:30 p.m., Independence Township Library, 6495 Clarkston Road. May 12, Amazon and Costa Rica. 248-625-

#### Friday

Coffee House, third Friday, 7 p.m., Peace Unity Church, 8080A Ortonville Road. Featured musicians, poets, dancers, other performers, open mic. Free. 248-625-5192.

#### Saturday

Yoga for the fibromyalgia patient, 11:30 a.m., first Saturday. Taught by an instructor living with fibro. Support and community follows class; \$12 walk-in or purchase 10 visits for \$100 class card. Jewels Yoga and Fitness, 4612 Mountain View Trail, Clarkston, 248-390-9270.

Kid's Camp Yoga, Saturdays, 10:30-11:30 a.m., Clarkston Hot Yoga, 5678 Sashabaw Road. \$7, for ages 5-10. 248-620-7101.

STATE OF MICHIGAN **PROBATE COURT COUNTY OF OAKLAND** 

FILE NO: 2011-334, 039-DE

NOTICE TO CREDITORS **Decedent's Estate** 

Estate of Gregory Bruce Dorey. Date of birth: 10/17/66 TO ALL CREDITORS:

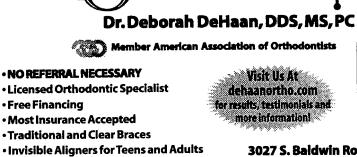
NOTICE TO CREDITORS: The de

NOTICE TO CREDITORS: The decedent, Gregory Bruce Dorey, who lived at 995 N. Cass Lake Road, #118, Waterford, Michigan died 12/

reditors of the decedent are notified that all claims against the estate will be forever barred unless presented to Susan D. Minke-Dorey, name personal representative or proposed personal representative, or to both the probate court at 1200 N. Telegraph Rd., Pontiac, Michigan 48341-0449 and the named/proposed personal representative within 4 months after the date of publication of this notice.

Jaconh C. McMillon Clarkston, MI 48346 (248) 620-1300

Susan D. Minnke-Dorey 995 N. Cass Lake Road, #118 Waterford, MI 48328 (248) 481-7718



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Sale Price \$20.999 Was \$33,533



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#### Ralph G. Burlison, 66 John E. Dryer, 80

Ralph G. Burlison of Arizona passed away April 18, 2011, at age 66.

He was the father of Jeff Comé, Stacy Comé, Crystal Basset, and Kortney Burlison; grandfather of four; brother of Bette (Elmer) Anderson, Linda (Kenneth) Anderson, John Burlison and Michael (Donna) Burlison; preceded in death by his brothers William Conrad and Rudy Burlison; also survived by many nieces and nephews.

Memorial service, 12:30 p.m., Saturday, April 23, at the Lewis E. Wint & Son Funeral Home-Cremation Services, Clarkston, where friends may visit, Friday, 3-5 and 7-9 p.m. guestbook

Online www.wintfuneralhome.com.

#### Donald Coward, 59

Donald L. Coward of Clarkston passed away April 14, 2011, at age 59.

He was preceded in death by his father James and his brother John. He was the son of Donna Coward; father of Jason (Theresa) and Matthew (Larissa); brother of Linda Coin, Robert (Mildred), Pamela (Dar) Heilman, Brenda (Russ) Wright and Kimberly (Jeff)



Noble; survived by many nieces and neph-

Mr. Coward was a Vietnam veteran, having served in the U.S. Army. He retired after 30 years with General Motors Truck and Bus.

Funeral Service was April 19 at the Lewis E. Wint and Son Funeral Home, Clarkston. Interment Great Lakes National Cemetery. In lieu of flowers, donations may be made to Holly Nazarene Church. Online guest book www.wintfuneralhome.com.

#### In our churches

continued from 5B

presence. Study groups, Wednesday, 12 p.m.; Thursday, 5:30 p.m.; Saturday, 11 a.m. Peace Unity Church, 8080A Ortonville Road. 248-625-5192.

P.A.T.H. - Pray And Things Happen: Spiritual Tools for Enhancing Life and Living. Thursdays, 7 p.m., Peace Unity, 8080A Ortonville Road. 248-625-5192.

Celebrate Recovery ministry for hurting people, Thursday, 7-8:30 pm., Clarkston Community Church, 6300 Clarkston Road. 248-625-1323. Childcare available.

John E. Dryer of Grand Blanc, formerly of Clarkston, passed away April 18, 2011, at age

He was the husband of Beverly "Peggy"; father of Charles (Diane) Dryer of Grand Blanc and David (Elvira) Dryer of Virginia; grandfather of Eric, Brett, Kelli, Christine and Marie (Galen) Staats.



Mr. Dryer retired from GM after 30 years

of service, including work in the Terex Division, the Saudi Arabian Machinery Maintenance Company and Truck and Bus. \

He served 11 years in the U.S. Army and was a Vietnam vet, having graduated from West Point in 1955.

John was treasurer of Independence Township Land Conservancy and served as an usher at Clarkston United Methodist Church. He also restored his 1941 Lincoln Continental with Jim Suder of Ortonville.

John's family would like to thank Genesys Hospice, Genesys Convalescent Center, Grand Blanc and Abbey Park for the excellent and compassionate care they provided.

Memorial service Monday, May 2, 11 a.m. at Clarkston United Methodist Church where friends may visit, 10 a.m. until time of service. Arrangements entrusted to the Lewis E. Wint & Son Funeral Home-Cremation Services, Clarkston. Memorials may be made to United States Military Academy Class of 1955. Online guestbook www.wintfuneralhome.com.

#### Betty A. Eldred, 86

Betty A. Eldred of Clarkston went to be with the Lord April 13, 2011, at age 86.

She was preceded in death by her hus-

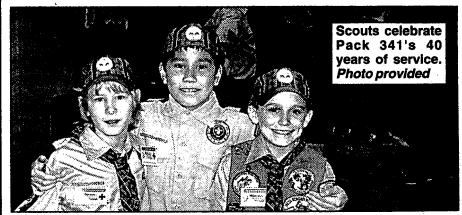
band Edward E.; loving mother of Graig (Debra Schepker) Eldred and Gary (Karen) Eldred; grandmother of Mariah Eldred, Danielle (Mike) Lising, Trevor (Destiny) Eldred and Lisa Eldred; great grandmother of Andrea Eldred: sister of Ralph (Gigi) Greenough,



Charles (June) Greenough, Robert (Faye) Greenough and Irene Voss.

Mrs. Eldred had a positive outlook on life and was well loved by her friends and family.

Funeral Service was April 16 at the Lewis E. Wint & Son Funeral Home, Clarkston. Interment Lakeview Cemetery. Online guestbook www.wintfuneralhome.com.



## Scouts celebrate 40th anniversary

Clarkston Cub Scout Pack 341 recently celebrated its 40th anniversary.

Chartered with Boy Scouts of America, Pontiac-Manito District, the pack is sponsored by Bailey Lake Elementary PTA.

The pack met at Clarkston Junior High School until 1994. In 1995 it started meeting at Bailey Lake Elementary. The number of boys involved varied from 20-60, with 47 boys this year.

Community service includes helping out at Bailey Lake's annual School Fair in October. This year, the pack cleaned out all of the classrooms, sorted plastic and aluminum cans, and bagged the trash outside each of the rooms, gym, and cafeteria.

In November was Scouting For Food, collecting hundreds of pounds of canned food donated by the community for donation to Gleaners Food Bank.

Fund raisers include the annual Popcorn Drive in October, with profits going to pack awards, trips, and activities.

Last year, the boys had an overnight trip on the World War II submarine USS Silver Sides. The year before the overnighter was to the Ohio Zoo.

The weekend after school lets out in June is the Family Camp Out at Independence Oaks.







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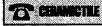


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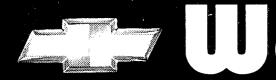
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DEADLINES: Regular classified ads Monday at 12 noon preceding publication, Semi-display advertising Monday at noon. Cancellation Deadline: Monday noon.

CORRECTIONS: Liability for any error may not exceed the cost of the space occupied by such an error. Correction deadline: Monday noon.

HOURS: Monday through Friday 8-5; Oxford - Saturday 9-Noon; Lake Orion & Clarkston Offices Closed Saturday

#### 030 WANTED

CASH FOR CARS, running or not. Best prices paid. 810-656-2993. !!ZX364

WANTED: Guns: Winchesters, Colts, Savage. Top dollar paid. 248-628-7086. !!L192

WANTED: USED ROAD bike. 1995 or newer. Good condition. 248-330-1584. Leave message. !!LZ19tf

USED REFRIGERATOR in good working condition, \$50 or less. Dave, 248-302-8913. Will pick up. !!L192

# CARS / TRUCKS

—Dead, Wrecked, or Running—

●GAS POWERED TOYS

& TRAILERS●

We Buy Everything!

TOP DOLLAR PAID

Call Jerry anytime

248-891-6306 L175

WANTED: OLD motorcycles, minibikes, ATVs and mopeds. Running or not. 810-338-6440. !!ZX364

WANTED- CASH FOR junk autos, trucks, tractors & farm equipment. 248-310-0953. IIL194
WANTED: LAWN EQUIPMENT, Tractors, Chain Saws, Will pick-up. 248-804-9915. IIL202

WANT HONDA, self propelled lawn mower. Newer model. 248-625-7599. IICZ402

CASH FOR UNWANTED vehicles. Top dollar paid. Free towing, 810-969-2415. 1!ZX354

SILVER STEVE'S BUYS Coins, Collectibles, Gold, Silver, Jewelry, Sterling. 248-860-4851 !!L

LOOKING FOR Repairable cars/ trucks. Up to \$5,000 cash paid. Quick pick up. 810-724-7847, 810-338-7770. IILZ174
GET CASH FOR your unwanted treasure, I'il help you sell, it'll be

248-396 8611. IIL203 JUNK CARS & TRUCKS Wan...4. Top dellar paidt,248-978-7944.

my pleasure. Your personal ebay

saller makes it easy. Call Jo @

CLEAN OUT YOUR yard/ garage. Wanted: non running motorcycles or ATV's or other sparkplug toys. 810-656-1770. !!L192

TOP DOLLAR PAID for unwanted cars and trucks. Free pick up. 810-347-0139 !!C414

#### 040 PRODUCE

HAY-GRASS ALFALFA mix, round \$45, square \$3.50, 248-627-6003 Delivery, !!ZX364

FIRST CUTTING HAY- 4x5 round bales, Stored inside, 248-431-1934, !!L201

HAY: 84 BALES, second, \$4/ bale. 10 bales, first, \$2/ bale. Clarkston, 248-922-9862. !!C402

#### 050 FIREWOOD

SEASONED QUALITY hardwood, cut and split, delivery available, 248-627-6316. !!ZX364c

FIREWOOD DIMENSIONS: a full cord is 4'x4'x8' and 4'x2'x8' is half cord. A face cord is 4x8x16 and is 1/3 of a full cord. !!L34tfdh

#### 060 MUSICAL INSTRUMENTS

HOWARD BY BALDWIN starter pieno. Great harp, tone. All keys work. \$200 obo. 248-969-3728 !!L202

BACKSTAGE MUSIC Now Open. Buy, sell trade. Deals in guitars, amps, drums, pro sound. 1118 S. Lapeer Rd., Lake Orion. 248-693-9383. !!L45tfc

# EXPERT PIANO TUNING Call Matt

248-766-3122

#### 070 TUTORING/ LESSONS

AIRLINES ARE HIRING-Train for high paying Aviation Career, FAA approved program. Financial aid if qualified- job placement assistance. Call Aviation Institute of Maintenance 877-891-2281 11CPM1 GUITAR LESSON- Acoustic, electric. Your house or mine. Theory, technique. 248-561-9029. !!L183

#### 080 LAWN & GARDEN

PHIL'S ROTOTILLING & Aeration. Professional and Affordable, Call Phil at 248-693-6582, !!L183

#### TOP SOIL

SAND GRAVEL WOOD CHIPS BOBCAT SERVICE

248-230-6767

C40

#### Grass?

CLEANUPS ● FERTILIZER
INDEPENDENCE GREEN

248-978-7673

# LOCAL COLLEGE STUDENT

Looking for: LAWN CARE Mulch/ Stone and Odd Jobs

248-931-0295

C3611

KUBOTA 4WD DIESEL 3 cylinder, turf tires, 60° belly mower. \$4,450. 248-628-7086. !!L202

FRIENDLY BRAND RL500 Robotic Mower, very good condition, \$850. 248-690-7787 !!L202

#### **Spring Special**

10 yds Hardwood Mulch, \$269. 6 yds Plant Mix \$149 15 ton 21AACrushed Gravel, \$279. Quantity discount Delivered Up to 10 Miles RICK PHILLIPS LANDSCAPE SUPPLY 248-828-9777 HORSE MANURE COMPOST, aged 2 years. \$80/ 5 yard load delivered within 10 mile radius of Oxford. 248-628-8631, leave message. !!L204

#### 090 AUCTIONS

AUCTION
Sat. April 30, 2011, 4:00pm
Stow-Away Storage
3060 Adventure Ln., Oxford

3080 Adventure Ln., Oxford
Unit #252 Vicki LaLone, Household. Unit #'246 Scott Spiker,
Miscellaneous. Unit #275 Nick
Tisch, Electronics.
"CASH SALE"

\$100 Deposit. Refundable when unit is cleaned out. L142

#### 100 FREE

FREE EASTER BUNNIES. Smaller breed, assorted colors. 248-420-0919. !!L201f

#### **110 GARAGE SALE**

BARN SALE. Nearly new power tools, new self- propelled lawnmower, fertilizer spreader, string trimmer, picnic table, benches, furniture, toys, 2 Power Wheels and much more. Middleton Berry Farm, 4888 Oakwood Rd, at corner of Hurd Rd, Ortonville. April 28&29, 9am-6pm. April 30, 9am-Non.

JUNQUE SALE-LOTS OF IT! Antiques Vintage: books, kitchen, tobacco. Thursday only, 9am-4pm. Seymour Lake, 1 mile west

of Baldwin. IIL201

SEE A O OR A NEXT TO AN AD? Check our classifieds online for a photo or a Google map. Oxfordleader.com

GARAGE SALE April 21,22,23, 8am-2pm. 46 Broadway, Oxford. Furniture, clothing, household items, bedding, & knick knacks. ! SATURDAY, APRIL 23rd, 10am-2pm, 6730 Longhurst Drive, Clarkston. Newer lawnmowers, sports equipment, games, furniture. !!C411

SERIOUS SPRING CLEANING Sale: Many like new items. 9590 Ridge Top Trail, off Baldwin & Klais, north of Clarkston. April 28-29; 8:504m+5:30pm.111,202 4 MOM2MOM SALE, First Baptist Church of Lake Orion 5/14. Table rental \$20. Contact Sheri, 248-394-1639. !!L192

RUMMAGE SALE- FRIDAY April 29, 8:30am., \$2 early bird other wise 9am-5pm; Saturday April 30, 9am-noon. St. Lukes UMC, 3980 Walton Blvd., Rochester Hills. Antiques, household items, clothing. Donations accepted. 248-373-6960. IIR202

HUGE SALE- 4 family. April 28-29. 1140 Fox Ct., Oxford. !!L202

MOM2MOM SALE
May 14th — 9am-1pm.
GREAT LAKES
BAPTIST CHURCH
Holly, Michigan
\$20 for 8' Table Space
\$5 Rack Space
Vendors Welcome
248-884-9234
karinisbell@aol.com
C403

LARGE MOVING SALE-Downsizing, moving back to the city. Commercial work bench with vise, lawn tractor, snowblower, whole house generator, furniture, household, kitchen items and more. Priced to sell. April 29th and 30th, 9am-5pm. 4564 Hagerman, Leonard. East of Rochester Rd. North of Elmwood. IIL202

#### 120 CRAFT SHOWS

#### FLEA MARKET

5855 Oakwood Rd
1/2 Block W of Baldwin Rd.
Every Saturday 9am-4pm
VENDORS WANTED
Charles Kniffen
248-628-3899
Jim Gibson
248-820-7001

LZ202

#### 130 HOUSEHOLD

A TEMPERPADIC STYLE Memory Foam Mattress set. Queen, newnever used, as seen on TV, with warranty. Cost \$1800/ sell \$895. Can deliver. 989-832-2401 !!CPM1

DINING ROOM SET, \$850. Bedroom set, \$185. Assorted antiques. 248-628-5333. IIL192 3 PIECE BLUE sectional, 4 bookcases, 3 piece white provincial bedroom set. 248-625-3673. !!C412

MIRROR, PLATE GLASS, 102in. x 36in. Excellent condition. \$200. 248-628-8737. !!L192

#### 140 COMPUTERS

A 1 ELECTRONIC OUTLET INC

# Free Pickup & Delivery

15 miles for Service 20 W. Clarkston Road, Unit 3 Across from Speedway in Lake Orion. We ●Buy, ●Sell, ●Trade, ●Repair

COMPUTERS,
Ipods, Game systems/
Electronics

we offer Same Day Service 248-667-1334

COMPUTER PROBLEMS?
Microsoft Certified Technician.
Free diagnostic. John: 248-8925667 (Clarkston). !!LZ174

COMPUTER PROBLEMS?
Remove unwanted software,
spyware, viruses. Is your com-

spyware, viruses. Is your computer as fast & stable as mine? Onsite at your convenience. Inexpensive refurbished laptops & desktops for sale. Free follow up tech support. Scotty 248-245-9411. IILZ194

#### 150 ANTIQUES & COLLECTIBLES

© ANTIQUE SOLID Mahogany 3/4 bed and mirror dresser, refinished, \$275 obo. 248-989-3728 !!L202

Ye Olde Stuff & Antiques
Earthquake Machine In
Downtown Orion Shaking
Stuff Off Our Shelves.
Closing For Streetscape
Project - Will Notify.
For Furnished Large Apt.
Rentals-Call 248:693:6724.

R202

#### 160 APPLIANCES

REFRIGERATOR, STOVE, Dishwasher, chest freezer, range hood. Good condition. 248-343-9322. !!L202

#### 170 GENERAL

WANTED- WILL PAY wizened pinball player to unjamb kids goofup! 5 balls for 2 players- Mfr. Chicago Dynamics Ind. 248-693-0257. !!L202

POWER CHAIR: JAZZY Select Model 6, Excellent condition. \$1,900. 248-628-0794. !!L202

TREES & AMERICA. Beautiful Colorado or White Spruce. 8'-10' \$200, 10'-12' \$250. Clarkston add \$25. Just say "God Bless America", get \$25 off each tree! Call now. 248-255-3395. ILL 156

ABOVE GROUND POOL For Sale with attached wrap around deck and sitting area. Oval, 15ft by 30ft. Ladders, filter, hoses, winter cover, solar cover, vacuum included. Fade resistant light blue and white. Immaculate condition. Retail \$13,000. Asking \$3,000. you drain and remove. After 30m at 248-420-2478. !!I.192

#### **'02 CASE 70XT**

Skid Steer Loader with 4353 hours. 72 inch low profile bucket, back up alarm, head lights, needs battery \$7300.00 Call 248-628-1019 (Oxford) Leave message if no answer

SHERMAN PUBLICATIONS
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CLASSIFIED ADS
MONDAY

#### NOON

& CANCELLATION DEADLINE MONDAY NOON Oxford Leader & Ad-Vertiser 248-628-4801 Clarkston News & Penny Stratcher 248-825-3370 Lk, Orion Review 248-693-8331

(Holiday deadlines may apply)

128-dh

# FAX\* Your Classified Ads 24 Hours a day

Include BILLING NAME, AU-DRESS, PHONE NUMBER and a DAYTIME NUMBER where you can be reached to verify placement and price of ad. Fax numbers are:

\*THE OXFORD LEADER

\*THE AD-VERTISER

248-628-9750

\*THE LAKE ORION REVIEW

248-693-5712

\*THE CLARKSTON NEWS & PENNY STRETCHER 248-625-0708 For additional cost add THE CITIZEN

LZ8tf

WEDDING INVITATIONS and accessories available online through Carlson Craft. Check our website at

248-627-4408

www.shermanpublications. cceasy.com or call 248-628-4801 for more information. !!L9tfdh

PIONEER POLE Buildings, Free Estimates, Licensed and Insured. 2x6 trusses, 45 Year Warranteed, Galvalume Steel, 19 colors, Since 1976 #1 in Michigan. Cell today 1-800-292-0679 ILCPM1

RADIAL ARM SAW with stand. \$75. 248-634-5685. IIC402f 9PC PATIO DINING Set-glass top table, 6 chairs, umbrella and stand, excellent condition, \$350. 248-628-8409 III.202

RUGER 10/22 WITH Bushnell 3x-9x 40mm scope. Like new condition. \$150. 248-236-9983 !!L202

HYPNOSIS WORKS: WEIGHT control, stop smoking, stress management. Call Scott 248-933-3368 11C404

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and accessories available
online through Carlson Craft
Check our website at
www.shermanpublications.
cceasy.com
or call 248-628-4801 for

more information. Cartet

#### **170 GENERAL**

6 BURNER ELECTRIC stove top. Very good condition. Cost \$1,200, asking \$200 obo. 248-693-7722 or 248-765-1875. 111.202

SEE YOUR ADS ONLINE at www.puradvertiser.com. each week! For more info call 248-628-4801 !!L8tf

ATTEND COLLEGE online from home. Medical, Business, Paralegal, Accounting, Criminal Justice. Job placement assistance. Computer available. Financial aid if qualified. Call 877-895-1828. www.CenturaOnline.com HCPM1

FOR SALE: WHEAT pennies. 1909 through 1958. Singles in two hy two's. Bulk bags & rolls. Call Bob for info, 248-623-9282. !!C394

COMMUNITY PAPERS provide a valuable service to your commi nity! Thank you for reading this publication! !!CPM1

#### ROLLED TICKETS

**DOUBLE & SINGLE ROLLS Assorted Colors** Lake Orion Review Oxford Leader Clarkston News

#### **BOXING &** KICKBOXING

Training at all levels. By Appointment Downtown Oxford Call Shane 248-678-5980

1.174 FOLDING DOUBLE DOOR large dog cage, \$60. Chariot bike trailer (2 children), \$250. 248-732-7598. IIL202

VISIT www.michiganfun.com, It's All About Fun., Check out and participate in the Party at MI Place online auction featuring intriguing and exciting Michiga items. Begins April 19th. !!CPM1 COMPLETE MATERIAL POLE Building Package- 24'x32'x8' 30'x40'x10 \$3899.00: 32'x48'x10' \$5799.00. \$6999.00. Steel roof, doors included, other sizes available www.standalelumber.com Call Standale Post Frame Build Toll Free 1-800-968-8201 HCPM1

PADDLE BOAT, 4 SEATER. Very good condition, \$200. Woven bamboo flooring 120 sq.ft., \$200. Wheelbarrow, \$20. Concrete bench 14"x36", \$50. We ber charcoal barbecue, \$45. 248-732-7598. !!L192

POLE BARNS Michigan's Largest Pole Barn Company (Best Built Rems) Best Quality, Best Service, Best Price. This Week's Specials: Erected 24'x32'x10'-\$6995.00, 30'x40'x10' 30'x48'x12' \$9595.00. \$12,495.00, 80'x120'x14' \$55,965.00 Licensed/ Insured. 1-877-802-9591 !ICPM1

Wednesday, April 20, 2011 4000 WATT COLEMAN genera-

tor, Briggs & Stratton engine. 5 gallon tank, two 110 volt & two 220 volt outputs. \$400. 248-634-4558, !!ZX372

RABBIT HUTCHES, \$60. each. X-Large dog house- \$65. Large-\$55. Medium \$45. Cat house \$30. 248-673-1436. !!C412

MAPLE SYRUP, ORGANIC, made in Oxford over wood fire. \$10. pint, \$20. quart. 248-969-0284 !!L201

**HUSKY METAL ROOFS Standing** Seam. Metal Shingles/ Slate. All in Stock, Engergy Star Qualified. \$1000 Tax Rebate. Largest inventory in Michigan. Company installers. Free estimates. Sinc 19751 800-380-2379 !!CPM1 UTILITY TRAILER; SNOW blower; walk behind 33" cut: lattice. 248-

941-8140, !!L192 SKB MODEL 600 12 gauge, over & under. Never been shot. \$925. 248-693-4748. !!L192

LARGE KIMBALL ORGAN. Small organ, Nordic Track, Wood rocker. 248-361-7043. !!C402

#### **180 REC. EQUIPMENT**

USED GOLF CLUBS, Taylormade, Mizuno, Cleveland and Callaway Irons/ Woods, Howard: 248-623-6091, !!C402

**HUNDREDS OF GOLF Balls with** experience. Pick a brand, Pick a price. \$1.20 to \$6.00 a dozen. Mixed variety \$25.00 for 6 dozen. Call 248-693-4105. !!LZ8dhtf

#### **200 PETS**

LABRADOODLE MULTIGEN & Australian puppies medium size, girls and boys, choc parti & black parti, born 3/9/2011 & ready early May, CKC registerable, Pedigree, 1st Shots & Health Guarantee. See pics at Call 248-770-2325, !!L202

AKC SHELTIE PUPPY, champion bloodline, \$375 male. 7wks old. Ready to go! 248-618-6973.

!!L192 **EASTER BUNNIES. \$9. 248-969-**2859. !!L192

YORKIE PUPS. 8 weeks old. \$400. OBO. 248-909-8904. 111.202

HUSKY PUPPIES FOR sale. Just in time for Easter & spring! Father white AKC registered. Mother gray & white. Please call 248-403-9471. !!L192

#### 210 LIVESTOCK

4-H FEEDER PIGS, Straw, Deliv ery Available. 248-628-4147. 111192

#### 220 HORSES

RENDER'S HORSESHOEING-Oraft breads no problem. Corrective shoeing & trimming. Reason able rates. Certified Farrier, 248-236-8317. !!LZ204

#### 230 FARM EQUIPMENT

WANTED FARM TRACTORS, running or not, Tractors for sale. 248-825-3429 !!L192

NICE FORD Jubilee, \$3150; Ford loader tractor \$2950; Others 248-625-3429 !!L202

#### **240 AUTO PARTS**

**ALUMINUM WHEELS & tires for** 2007 GMC truck, 265/70/17. \$400. 248 693-1515. !!R0202

#### **250 CARS**

DO YOU SEE A' O OR A \* NEXT TO AN AD? Check our classifieds on-line for a photo or a Google map. Oxfordleader.com

!!L19-tfdh 2006 CHEVROLET EQUINOX. black 97,000 miles, \$7,995. 248-640-1549, 248-391-7903. !!LZ198

HONDA 2007 FIT. 5 door, white black interior. Automatic, 59,000 miles. Ladies car, original owner. Loaded, clean as a whistle. Reason selling, having baby, 5 star rating. \$10,000 obo. 313-581-6159. !!LZ912

1986 PORSCHE 944; 2006 Buick Rainier; 1996 Chevy nickun: 2007 Saturn SUV. 248-941-8140, Call anytime, !!L192 1987 DLDS CUTLASS SALON. white, RWD, 2 door, 5.7 motor, 34,000 miles. One owner, almost classic. \$3,000. Evenings, 248-693-4992, ask for Greg or 248-318-9776, !!RZ184

1984 PONTIAC FIERO. 37K actual miles. Stick shift, stored inside. New tires, CD player, brakes, clutch & tuneup. 40 mpg on high way. \$5,000. 248-627-6929. !!ZX3612

2009 PONTIAC G-6. Excellent condition. Low mileage. \$17,050. 248-202-6984. !!LZ 2007 MERCURY MILAN Premiere. Bluish grey, 4 door, 3.0L, V-6. New tires, new brakes. Excellent condition. CD changer, black leather interior, heated seats \$11,000 248-245 1625. !!ZX3312

FOCUS, 2008, 4- DOOR, Automatic, all power. Excellent condition. 40,000 miles. \$8,500. 248-626-9738. !!LZ2012

1996 CUTLASS SUPREME, loaded, nice interior, new tires, exhaust, 203,000 miles, all fluids changed every year, oil nged every 3000, runs god \$1,000 obo. 810-867-8177/ 810-338-2787 !!LZ174

#### **260 VANS**

2003 FORD F-150 Econoline cargo van. Contractor shelving. security racks/ locks, 4.1 V-8, AC, 176,000 miles. Fresh brakes, shacks/ struts. Very good condi tion. No rust. \$4,200. 248-860-8832. !!LZ188

1996 DODGE CARAVAN, 133K miles. On board computer. AM/ FM/Cassette/CD. Power windows, mirrors, locks. Maroon with tan interior. Runs & looks great! \$2,800 obo. 248-628-6294. !!LZ1812

#### 270 TRUCKS/SUV

2007 H3 HUMMER BLACK, 84,000 miles. Excellent condition. \$17,500. Call 248-245-8885, leave message. 1/LZ912

2006 EXPEDITION, EDDIE Bauer 4WD. Fully loaded, leather inte rior, heated seats, dual air, DVD, 3 seater. \$17,500. 248-568-5785. !!LZ168

1989 JIMMY 4WD. Power win dows & accessories. Runs & drives good, dependable. AM/FM/ CD, newer tires, 2" receiver hitch 248-628-6294. !!LZ204

2009 SATURN VUE. 4 cylinder, 16K miles, auto, AC, power steering, power brakes, power windows, ABS + extras. \$16,395. 248-891-4891. !!LZ208

2000 GMC 2500 Z71 SLE, 5.7L, 4-dr extended cab, truxedo cover bedliner, aluminum wheels with Michelin tires, viper alarm, 217K Many other extras, clean, well maintained. Warranty. \$5,700 080. 248-202-2082. !!LZ2012 2007 HYUNDAI SANTA-FE SE. Silver, excellent condition. Factory warranty. 47,500 miles. \$13,500. 248-628-3813. !!CZ4112

1991 CHEVY 1500, 5.7, 170,000 miles, Runs strong, 3 lift, 33" tires, Flomaster duals. New trans plus many new parts. Minimal rust, \$3,700 obo, 248-535-1521, !!LZ1212

#### **280 REC. VEHICLES**

2006 28' JAYCO Talon Toy Hauler, sleeps 6. 248-627-9172 111.202

PONTOON BOAT 2004 ington 207SI-70 Johnson FFI four stroke with trailer. \$10,000. 248-464-0296. !!L202

BOAT '86 CARLSON Glastron, 21ft, 200HP Yamaha 0B, Fast, Great for skiing, excellent condition, \$7,250 obo. 810-240-3400 !!ZX362

2005 MONTANA 5th wheel, 37'. 3 slides RV is loaded with options and in excellent condition \$26,900 obo. 248-860-4510 !!C412

BOAT-'91 ARRIVA, 18.5 ft. 175 Merc. OB, Fast! Great ski boat too! One owner, excellent condition, \$7,450 obo, 810-240-3400. !!ZX362

2005 HARLEY DAVIDSON 1200 Sportster. 285 miles. \$7,900. 248-877-4506. !!C412

14FT, SEA NYMPH, 8HP motor & trailer, many extras. Excellent condition. \$1,800. 248-660-6541. !!C412

MOTHER KNOWS BEST.. Eat your vegetables, brush your teeth, and read the Went Ads. 10 words, 2 weeks \$13.00. Over 44,000 homes, 248-628-4801, 248-693-8331, 248-625-3370. !!L KAWASAKI & YAMAHA Jet Skis with trailer, \$4,800, 248-520-0450. !!L192

2. WARRIOR QUAD'S, like new. Triton aluminum trailer, 110 miles, SeaDoo RXTX, 11hrs. SeaDoo XP, both with trailers. 1994 Pro-Street Ranger, 10HP boat motor. Best fair offer for each, 2007 Ford Ranger, extended cab, 4-wheel drive. 248-814-8004. IIL192

GOLF CARTS- Gas, Electric, Club Car. Unbeatable prices. Warranty. 810-240-3400 !!ZX382

#### 290 RENTALS

LARGE 1 BEDROOM apartment in Leonard. \$450 monthly, \$450 security deposit. Appliances included, free cable. 248-514-2699. !!L183

6,000 SQ.FT. Commercial/ office/ retail space downtown Lapeer. 248-628-3433. !!L201

OXFORD- 1&2 BEDROOM apartments, dishwasher, C/A, laundry facility, fireplace, first month's rent plus security deposit. Starting at \$490/ month, 248-921-9000. !!L49tfc

#### PARK VILLA **APARTMENTS** OF OXFORD

SPRING SPECIAL \*One Month Rent FREE\* 1 & 2 Bedroom As low as \$470/ Month **Dujet location by Library** & Powell Lake Park Pets allowed

248-561-2498

L148 CASEVILLE LAKEFRONT cottages. Book now for summer 989-550-0911. weeks. www.daleslakefrontcottages.net.

11ZX344

LAKE ORION 2 BEDROOM, 1 bath upper. All appliances. Very cute and clean! Walk to down! Only \$625, monthly. 248-672-0318. !!L193

R O A APARTMENTS AUBURN Hills. South Blvd at 1-75. Free heat, large one & two bedroom apartments from \$575, 248-332-1848. !!L204

IMMEDIATE OCCUPANCY: Nice single bedroom apartment. Pine Knoh area, fully furnished, private. All utilities & internet included. References required. No pets. \$475. monthly plus deposit. 248-394-0082, !!C412

**DOWNTOWN OXFORD Unique 2** Bedroom apartment. \$700. monthly, plus security. Heat included. 248-693-7137. !!L202 OXFORD 3-4 BEDROOM on 3 acres, \$875 monthly. 248-236-

0936 !!L201 LAKE DRION CONDO, 2 bedrooms, garage, close to 1-75. 248-391-3331. !!L183

2,000 SQ.FT. OFFICE/ RETAIL, loading dock. 2740 Grange Hali Rd. \$1,200. monthly. 248-770-1428. !!LZ194

WATERFORD 1&2 BEDROOM Apartments, 1 Bedroom, \$375. monthly, \$250, deposit, 2 Bedroom, \$500. monthly, \$350. de posit. No pets. Large yard. 2 bedroom- washer/ dryer. 248-768-5337. !!C402

CLARKSTON NICE, Clean, 3 Bedroom. No pets. \$900, monthly plus \$900 security. 248-625 4715. !!C412

HOPE SENIOR APARTMENTS. Elderly or disabled. 248-628-7676. !!L7tfc

RIG APARTMENT IN OXFORD \$225, weekly- all utilities, cable 810-797-4022. IIL202

STORAGE GARAGE 10.5'X20'. \$75 monthly or \$840 annually. Oxford area. 248-628-3433.

!!L201 780 SQ.FT, OFFICE, 2740 Grange Hall Rd. \$600, monthly, 248-770-1428, !!LZ194

LARGE FURNISHED ONE bedroom apartment, Downtown Lake Orion, All except electric, \$130 weekly, 248-693-6724, !!R192 GRAD PARTY TENT! fly, 20'x30'. \$140 rental DSA Troop 366. Call 248-693-2075. "Not pretty, but cheap". !!R192

FISH CANADA- Fishing Cabins for rent in Canada, Walleves, Jumbo Perch. Northern Pike. Boats are supplied. Call Hugh at 1-800-426-2550 for free brochure, or visit our website at www.bestfishing.com !!CPM1

CUTE, COZY sleeping room, downtown Orion, \$85 weekly plus security, 248-505-8314. UR201

**GRAND LAKE COTTAGE For Rent.** 2 bedrooms, renters supply bedding, fully equipped kitchen, indoor bath & shower, living room, porch, & dock. Weekly (Saturday to Saturday), \$475. Call 248-623-8951 for availability June August. !!C414

#### KEARSLEY **APARTMENTS** First Months Rent Free

Large 2 borm apartments, Over 900 sq.ft., large Living Room & Kitchen, Newly renovated Move-in Specials, \$595/ mo.

248-797-2887

ZX364 **KEATINGTON RANCH CONDO. 2** 

bedroom, 1 bath, 1 car garage. All appliances, lake privileges \$750. monthly. 248-977-9366. !!L202 CLARKSTON VILLAGE- 1 bed-

room apartment, \$525. monthly Free health club membership. 248-625-5121, !!LZ194 ONE BEDROOM apartment for

rent. Handicap access. Attached garage. Lake Orion area. 772-260-3880, !!R202

ROOMS, \$75, weekly- all utilities, cable. 810-797-4022.

#### Verwood Apts.

DOWNTOWN LAKE ORION 1ST MONTH FREE

Studio Apt, \$450. monthly 1 Bedroom, \$520. monthly Gated parking . Sorry no pets

810-796-3100 LZ193

1400 SO FT. LARGE 1 bedroom apartment with office. Heat & water included. Quiet upscale complex, Oxford/ Lake Orion area. A unique apportunity \$800 monthly. Call for appoint 248-693-4860. !!L174

ROOMMATE WANTED-lakefront nome, \$450/ month, plus security denosit. Clean, references. 248-628-6294. !!!L202

#### **300 WANTED TO RENT**

POLE BARN OR other storage 2000 sq.ft. minimum, electrical a nius John 248-431-2882 111.202

#### 310 REAL ESTATE

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STATE LAW REQUIRES all childcare facilities to be licensed and some to be registered. Call Bureau of Regulatory Services 248-975-5050, if you have any questions. !!LZ8tf

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1201

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which Must Be Attended. Approved applicant must have a complete physical and drug screening along with background check. Applications with resume to be submitted to the Supervisor's Office. For more information, contact 248-391-0304, ext. 101. Positions open

L201c

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INDEPENDENCE TOWNSHIP seeks a Michigan Advanced Assessing Officer

dependence Township, located in Northern Oakland County, is seeking a Michigan Advanced Assessing Officer (Level III), a fulltime, non-union position. The Township has an SEV of \$1,400,000,000 with approxi mately 15,000 parcels and a CIA

The responsibilities of the position include the assessment of all real and personal properties. maintenance of all state and/or county required documentation reports, records, assessment rolls and tax warrants. Compliance with all state and local stat

Must have experience with land division, budget, MTT claims, all facets of Board of Review, special assessments and G.I.S.

Applicants must possess and maintain a Michigan Advanced Assessing Officer (Level III) Certification, a Personal Property Examiner Certification and a Michigan Driver's License, Applicants must also have a minimum of 7 to 10 years assessing experience appraising commercial, industrial, utility, personal and residential properties. Proficiency in BS&A assessment software, Apex, Word and Excel programs are also a must.

Candidates possessing a Bachelor's degree in public administration, property management, property tax assessment or related field preferred.

The salary range for this position is \$60,000 - \$65,000 annually plus a comprehensive benefits package. The starting salary will be determined by qualifications and experience.

Finalist must pass a criminal background investigation, preemployment physical and drug

Candidates must submit a cover letter, resume, three professional references and a copy of their Assessor's Certification by May 9. 2011 to:

Independence Township Human Resources Department PO Box 69 Clarkston, Ml. 48346

e-mail to: Via cgabris@twp.independence.mi.us

Independence Township is an **Equal Opportunity Employer** 

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INDEPENDENCE TOWNSHIP seeks a Part-time Office Assistant

Independence Township, located in Northern Oakland County, is seeking a part-time Office Assis tant to work at Town Hall.

The responsibilities of the position include helping to maintain an efficient office environment by providing administrative, secretarial and clerical support to the Township Supervisor, Clerk, Treasurer and Assessing depart-

Essential functions of the posi tion include: Answering phones, taking messages, responding to inquiries and taking complaints: receiving, sorting and distributing in-coming mail, faxing, scanning, and photocopying documents, composing routine correspondence and memoranda, pre paring and processing invoices, onerating standard office equip ment; performing typing assign ments, maintaining filing and record storage systems, monitor ing and maintaining office sup-

This position will also provide additional support during peak periods for individual departments, scheduled vacations, and

A High School Diploma or equivalent is required, at least three (3) years of administrative, secretarial and clerical support experience, and the ability to type at least 45 words per minute.

Knowledge of basic math and related calculations, the ability to work with minimum supervision. excellent computer skills, attention to detail, ability to set priorities, meet critical deadlines, and excellent communications skills are also a must.

This is an hourly position with a rate of \$15.40 per hour.

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Clarkston, MI, 48346 e-mail cnabris@twp.independence.mi.us

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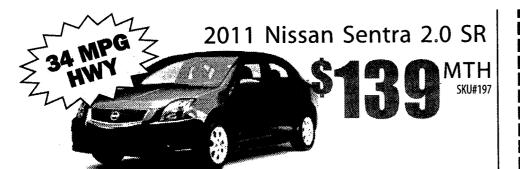
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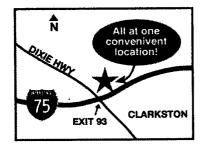
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The Week of April 20, 2011

# Patients find warm, relaxing, modern care at Lake Orion Family Dentistry

Lake Orion Family Dentistry has been a mainstay of the community since the 1960's — and over the years the practice has earned a reputation for comforting patients and working with those who have a strong fear of "going to the dentist."

The community can be assured that in over 50 years, this has not changed. What has changed, is the name of the doctor caring for patients and the advancements which help them. This past February, Dr. Brad Greenfield celebrated his first anniversary as the sole proprietor of the practice. He has brought with him an easy, gentle chair-side manner, curiosity and a passion of expanding and improving the experience patients have when seeking dental care.

The practice has a warm and relaxing atmosphere and cutting edge technology, which allows Dr. Greenfield to offer our community the most advanced and painless procedures in the industry.

"Our mission is to provide every patient with compassionate and innovative care utilizing the latest technology. We are here to help people take pride in their smiles," he said.

The practice offers a variety of services including preventative and general dentistry, children's dentistry, cosmetic dentistry, holistic restorative dentistry, CEREC technology, laser dentistry and sedation dentistry. Dr. Greenfield is also a provider of Lumineers®, which is a conservative and non-invasive way to improve your smile.



Of the manners and training the Lake Orion Family Dentistry team, Dr. Brad Greenfield (center) says, "They are amazing."

For those people who have a fear of painful shots, Dr. Greenfield has a nurse anesthesiologist on his team to sedate patients with intravenous sedation. "By offering this service, the nurse can focus on the patients' comfort while I can focus more on the procedure," he said.

Dr. Greenfield takes pride in the modern equipment his office has invested in, adding he and his team continually look for advancements in technology and procedures. Such advancements have made it possible for patients to come in, and in one day leave with a partial or full crown. State-of-the-art digital imaging allows computers to design, mill and finish a perfectly matched crown out of ceramic. No temporary crowns needed.

Digital imagery is a quantum leap in x-ray technology. There's no film or sensors to set off gag-reflexes and no chemical odor to taint

the office air. Digital imagery makes the process easier for patients and for retrieving images in the future. With digital imagery the amount of radiation used has been dramatically decreased.

Technology has also helped improve smiles with the use of lasers, instead of using scalpels. Using lasers to "redesign" smiles provides higher precision, is easier on the soft tissue, and eliminates unwarranted pain.

Dr. Greenfield has also opened the practice to holistic dentistry — using non-reactive materials like low-fusing ceramics for restorative procedures. He works in conjunction with several holistic practitioners to provide an individualized treatment plan to meet the patients' needs.

Dr. Greenfield and his team receive hundreds of hours of training a year, and are always finding ways to make their practice more open, approachable, affordable and practical.

The 21st Century has come to dentistry and to our community with Lake Orion Family Dentistry. Check out their updated website, www.drbradgreenfield.com, for innovations in oral health, to ask questions of Dr. Greenfield, print coupons, and read about procedures available. There is also a cool "Kid Zone" section to help kids get comfortable with dentists. You can make appointments and apply for payment credit, as well.

For more information call 248-693-6213. The office is open Mon., Wed., and Thurs, 8-5; Tues., 10-7; Fri., and Sat. by appointment.



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By Aled Michael North His Glon Ale Madia/Figori Fare

You Get to Have Healthcare

I know going to the doctor isn't fun and most people dread the whole experience. I joke with several of my police officer friends that it seems like no one wants to see either one of us, it usually means something is wrong. Try as we might to make the visit as efficient and painless as possible the whole process or one of a number of random occurrences can throw our day into disarray and well, that's when you get stuck reading the magazines more than you'd like or fiddling with your phone trying to kill time. I assure you that physicians want nothing more than to run on time and have the day go smoothly. They even have seminars devoting solely to scheduling and time management because as an industry we realize punctuality is a problem. The reasons even good planning can make it impossible to stay on track are many; people often come in not realizing how sick they are, test results can't be retrieved or a host of other things seem to pop up and turn an otherwise good day sideways. This can force us into the difficult position of having to rush something that can't be rushed; a proper evaluation of your health. You've adjusted your schedule to seek our care and your time is valuable as well. This isn't a plea for forgiveness or making excuses for a system rife with inefficiencies, instead it's just a blunt assessment of what healthcare has become.

So now that I've painted a bit of a dark picture of healthcare you might ask why bother? Well I would respond with what my father told me one Sunday morning when I was doing my usual routine to avoid going to church. He said "you don't have to go to church". My ears perked up thinking awesome, I've finally won. Then he crushed my hopes by finishing with "you GET to go to church, now get in the car". Healthcare is the same way. You don't have to take blood pressure meds, get a colonoscopy or a mammogram,

you "GET" to have them.

Think about some simple facts. 30 yrs ago we found colon cancer usually when the tumor was so big it finally caused a bowel obstruction and really couldn't be treated. Now we prevent most colon cancer by removing polyps years before they even become cancerous. I know the prep and the thought of the whole thing isn't pleasant but which would you rather have? One night of misery and and a brief procedure or cancer with chemotherapy, radiation, and multiple surgeries. The same goes for hypertension treatment, today we have an arsenal of different medications to try. One of them is bound to control your blood pressure while not causing you to feel terrible and prevent you from having a heart attack, still our nation's biggest killer. The list goes on, and though many diseases still haven't been cured many others have been.

My point being that we have made such

huge strides in improving our health that we often forget how lucky we are to have the medical care that we enjoy today. Modern medicine with all its warts, challenges, and headaches is still a far cry from what people could expect just thirty years ago. When's the last time you heard of someone dying of polio, having surgery for an ulcer, or even having chicken pox for that matter? Don't throw the baby out with the bath water and take what we have for granted. You don't have to have a physical, undergo screening tests, or treat your cholesterol, you GET to!

Take the time to make an appointment with your physician for a physical or to get that "thing" checked out that's been bugging you for months now. Prevention and early detection truly are lifesavers. Don't have a physician? Call our office today and let one our experienced physicians help you achieve your own personal health goals.

~ Timothy O'Neill, D.O.

# **Urgent Care or Emergency Room?**

It's 7 pm and your little girl comes down with a temperature of 102. Should you head to an emergency room or urgent care? There are some key differences you should be aware of.

An urgent care is a free standing center which is equipped to handle a variety of acute illnesses. Many are open 24 hours but some will close in the late evening. Most have the ability to take x-rays, electrocardiograms (EKGs), administer breathing treatments, stitch most types of lacerations, and run basic laboratory studies such as urine analysis and strep throat tests. Some urgent care centers will also be able to run basic blood tests and give patients intravenous (IV) fluids.

People visit the urgent care most commonly for colds, sore throats, urinary tract infections and sprains. Urgent cares are staffed by board certified emergency room, family, internal medicine and pediatric doctors as well as physician assistants and nurse practitioners. If a problem needs a follow up visit, you will be referred to your primary care (regular) doctor. If you do

not have a primary care doctor, ask about medical practices near your home.

Contrary to an urgent care center, an emergency room is attached to a hospital and is run by board certified emergency room doctors. Emergency rooms are equipped with more comprehensive diagnostic equipment and more complete laboratory services. They can handle any medical emergency for any age patient. Emergency room doctors may also arrange for admission to the hospital when necessary.

Urgent care centers are becoming more popular because insurance often requires a lower copay than an emergency room visit. Before deciding to seek care at an urgent care center, there are a few things to consider. If you are experiencing a problem that has been occurring for more than two weeks it is better to make an appointment with a family physician, internist, or pediatrician. Urgent care centers are not equipped to treat certain types of medical emergencies. If suffering from any of the conditions listed below, it is better to go

directly to the nearest emergency room. Don't forget, in any life threatening emergency call 911 for assistance.

- Chest pain (you think you might be having a heart attack)
- Severe shortness of breath
- Severe abdominal pain
- Signs of a stroke including new weakness, numbness, tingling, confusion or slurred speech
- Seizures
- Temperature of 100.3 or greater in a child less than 2 months old
- Fever with severe headaches or neck pain
- Broken bones where you can see the bone through the skin
- Amputations (you cut your finger off)
- Multiple injuries (for example a car accident)
- Vaginal bleeding during pregnancy, or if you think you are in labor
- Family members that are confused, experiencing hallucinations, are suicidal, or are under the influence of drugs or alcohol
- Lethargic or comatose family members

So for your child's temperature, where do you think you should take her? An urgent care center will be able to handle your needs. Be sure to ask that a summary of your visit is sent to your child's doctor, and ask when you should schedule a follow up appointment. Clarkston Urgent Care is open 24 hours to better serve you. When you feel an urgent care is right for you, come see us!

~ Erica Harding, M.D.



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#### **Spring Forward to Better Health**

10 tips to ease your allergy symptoms

Clarkston - Millions of Americans are keeping their tissue boxes close by in preparation for the peak of the spring allergy season. The budding trees and blooming flowers associated with the return of spring mark an increase in itchy, watery eyes, sneezing and other allergy symptoms.

Seasonal allergic rhinitis, or "hay fever," affects more than 20% of the people living in the United States, according to the American Academy of Allergy, Asthma & Immunology (AAAAI). Allergies are triggered by substances called allergens, such as pollen or mold spores. Many trees, grasses and weeds contain small and light pollens that are easily carried by the wind, causing allergy symptoms to flare up in the spring.

"One of the best ways to help prevent allergy attacks is to start taking medica-

tion prescribed by your allergist about a week before peak allergy season in your area begins." said Dr. Reba Johnson. "With continued use of medication and avoidance of potential triggers, allergic symptoms can be minimized."

In addition to timing medication, Dr. Johnson offers the following tips to help allergy sufferers find some relief this spring:

- Do a thorough spring cleaning.
- Minimize outdoor activity when pollen counts are high.
- Take medications at least 30 minutes prior to outdoor activity.
- Shut windows in your house on days pollen counts are high.
- Wash bedding weekly in hot water.
- Dry laundry indoors.
- Shower and wash your hair before bed - pollen can collect on your hair and skin.

# Advanced Allergy (248) 384-8310

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- Keep pets off of furniture and out of the bedroom. Pollen can cling to the dog or cat after being outside.
- Keep car windows closed during peak season. Use air conditioning and point vents away from face.
- When mowing lawn or doing gardening, wear a filter mask.

#### Seek proper treatment prior to and during your peak allergy season:

If you are an allergy sufferer, make an appointment to see Dr. Reba Johnson who is a board certified allergist to discuss treatment and environmental control options. An allergist/immunologist is the best-qualified medical professional trained to manage the prevention, diagnosis and treatment of allergies and asthma.



Asthma

Clarkston

Reba Johnson, M.D.

Advanced Allergy & Asthma
On staff at Beaumont,
St. Joes & a faculty member
at Oakland University William
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Clarkston Medical Group

## What Have You Got to Lose?

Obesity has become one of the most widespread health problems in the world. As our waist line expands, so does our risk for heart disease, high blood cholesterol, high blood pressure, diabetes, gallbladder disease, gynecologic disorders, arthritis, some types of cancer and even some lung problems. Obesity is second only to tobacco use as a major cause of preventable disease. Many people describe how weight gain has slowly consumed their quality of life. Fatique, loss of energy, and rates of depression and anxiety are also increased in the obese population. Obesity is now recognized as a chronic, relapsing disease with serious health consequences. It is not a simple problem of will power or self-control but a complex disorder involving appetite regulation and energy metabolism that is associated with a variety of other conditions. Genetic, metabolic, biochemical, cultural and psychosocial factors contribute to obesity.

Weight loss to improve cardiovascular health, as well as to improve quality of life, is a high priority at Clarkston Medical Group. We are dedicated to offering a comprehensive weight management program where participants achieve and maintain realistic weight loss and set goals for a lifetime. Starting a weight loss program presents many challenges which can be

addressed at a free personalized consultation. Taking that first step towards committing to a healthier lifestyle with a dedicated medical professional to provide support and resources will help you walk away from obesity related chronic illness. Once you have recognized that weight gain is affecting your health and quality of life, ask yourself "What have I got to lose?" For fifty years Clarkston Medical Group has had the privilege to be your partner in health and we look forward to supporting your commitment to change.

~ Samantha Myers, PA-C CMG Weight Management Program Director



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Spider veins are typically treated with sclerotherapy. Using a fine needle, a solution is injected into the problem vein, causing the vein walls to stick together. Over time the damaged vein fades from view. "The procedure is quick and relatively painless," says vascular surgeon Dr. Russell Becker. "One of our recent patients compared the treatment to being bitten by a mosquito. She said it was very tolerable."

Veins with leaky valves can cause blood to pool, leading to pain, swelling, enlarged "varicose" veins, and even ulcers. Symptoms may include: tired, achy, heavy, swelling and even itchy legs. Non-surgical treatments for this problem include radio frequency ablation (VNUS closure) and the endovenous laser procedure (EVLT or ELVeS). "Both use heat to seal the damaged veins," Dr. Becker says. "Patients experience excellent cosmetic and therapeutic results."

The physicians at VeinSolutions perform the minimally invasive venous ablation and removal of bulging varicose veins in a single outpatient procedure. "We remove the bigger, bulging veins through small incisions that require only steri-strips, not stitches," Dr. Becker says. "After a short rest in the recovery room, patients are up and walking. Our goal is to treat all of the problems in a leg at one time. This minimizes the disruption in the patient's work and routine, and gets him or her back up to speed as quickly and painlessly as possible."



#### Dr. Christine Sypitkowski

has spent the last eight years of her twenty year career as a family care provider in Lake Orion. When she opened her office, she chose the name "The Country Doctor," because she wanted to get back to a more personal way of taking care of patients, reminiscent of bygone country doctors.

The office has a warm and homey atmosphere and patients are greeted by the friendly staff when they walk in the door. The comfortable setting of the office is just one aspect of Dr. Sypitkowski's emphasis on health, happiness, and wellness. She likes to spend more time listening to what is happening in her patient's lives instead of simply writing a prescription and ordering tests. The focus is not on what disease you have, but how it affects your life.

While Dr. Sypitkowski will often see three generations of the same family, she has noticed more people are taking care of their elderly parents. She brings attention to the possibility that medical treatment for the elderly and their caregivers can affect relationships and alter family dynamics. She encourages those in this situation to speak with her and address possible effects the situation may create and how to cope.

Dr. Sypitkowski welcomes patients of all ages. Physicals, sick visits, testing and preventative care are a few services that are offered at the McLaren Country Doctor.

#### POH

REGIONAL MEDICAL CENTER

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#### **MCLAREN COUNTRY DOCTOR**

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- Provides primary and specialty health care services to the greater Pontiac and Oakland County community
- 328-bed medical center
- Started as a small clinic in 1953 and has now grown into a full-fledged medical community with more than 300 physicians
- Operates 12 satellite facilities throughout north Oakland County
- · Offers residency and fellowship programs
- Inpatient hospital located in downtown Pontiac

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#### 6815 Dixie Highway, Suite 1

Anthony Aenlle, MD

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Richard Cohen, DO Gary Holloway, DO

Theresa Thomas, DO

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Christine Sypitkowski; DO

#### ORTONVILLE 180 N. Ortonville <u>Road</u>

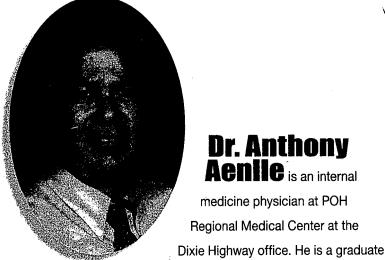
Linda Loewenstein, DO David Pinelli, DO Rachael Ustruck, DO

#### WATERFORD

2590 Elizabeth Lake Road

Esa Ali, MD

Grace Pagaduan-Oddo, DO



**Dr. Anthony** Aenile is an internal medicine physician at POH

Regional Medical Center at the

of Michigan State University's College of

Human Medicine. Dr. Aenlle completed his residency at Providence Hospital in Southfield.

As a doctor of internal medicine for over 30 years, Dr. Aenlle is able to manage patients who may be experiencing multiple symptoms. He deals with the prevention, diagnosis and treatment of diseases in adults.

#### POH REGIONAL MEDICAL CENTER

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#### **CLARKSTON**

6815 Dixie Highway, Suite 1 Clarkston, Michigan 48346

248.625.1011

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# Your smile is your first impression!

Finding the right dentist can sometimes be challenging. Knowing that your teeth and any dental issues or phobias you may be currently experiencing, will be given the care and attention you deserve. That is what Georgetown Dentistry is about... personal attention and exceptional care one patient at a time.

Dr. Joseph Mastromatteo and his experienced dental staff have the ability to fix your teeth, treat your gums and brighten that beautiful smile with minimal discomfort. Now that movie star quality smile can be yours, starting with clean, healthy teeth and gums. Choosing the right dentist for you family is important to you and us. That is why we are always ready to give you the best dental care possible.

When you visit our office, you can count on a professional staff to provide you with the personalized care, respect and attention you and your family deserve. We are here to help our patients make more informed and educated decisions about their oral health needs. We explain all dental procedures and costs before any work is done so you know exactly what your situation entails.



Excessive snoring is a serious medical condition, left untreated it can be life threatening.

Is keeping others awake with your loud snoring a problem? Are you tired or forgetful all day? If you find yourself gasping for air at night you could be a candidate for an oral dental appliance.

Oral appliances made by your dentist are now recom-

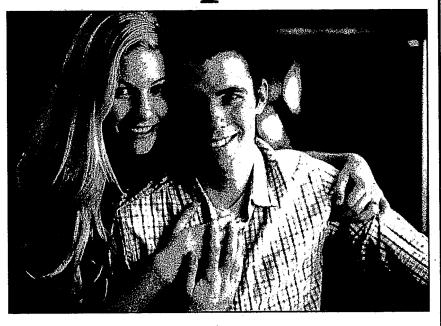
mended as the first option for mild to moderate snoring and sleep apnea. Using an oral dental appliance could improve your overall health and sleep disorder. Those who use this appliance can experience a higher success rate and longer compliance compared to other methods.

#### Do you have bad breath?

We can help! Bad breath, or halitosis, can be embarrassing and offensive to other people if not properly treated. First we look at the underlying cause of the problem and with proper treatment and implementing daily oral hygiene you can once again have confident and refreshing breath.

# Georgetown Dentistry

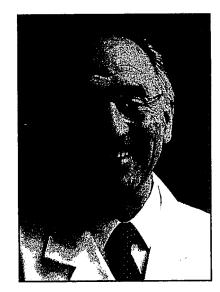
Cosmetic • General • Dental Sleep Medicine



#### Have dental questions or concerns?

Call Georgetown Dentistry for an appointment to get started on obtaining the cosmetic dental solution you've been looking for.

We also invite you to browse our website to learn more about the dental services and treatments we offer. If you have dental concerns please contact our office directly at 248-693-1331.



Joseph Mastromatteo, D.D.S., P.C. 312 South Broadway • Lake Orion

www. Lake Orion Dentistry. com

248.693.1331

# Is it time to make your parents' lives simpler?

You visited your mom last weekend and found that the house was not as clean as she

always kept it. Or maybe your dad's bills are no longer being paid on a timely basis. Or this past winter was hard for your parents since they cannot drive at night and the long evenings were lonely. So now you are thinking about a safe place for them to live. But the thought overwhelms you and you cannot even imagine how they will feel.

There are options.

While many solutions exist - consider Lourdes Senior Community which allows residents to maintain their independence while providing exceptional support. Located on 40-acres of beautiful lakefront property in Waterford, the facility offers independent apartments, assisted living apartments, specialized Alzheimer's care, long-term in addition to rehabilitation care. Lourdes Senior Community provides all levels of care regardless of what medical issues may arise. For more than 60 years Lourdes Senior Community has provided outstanding care desired by the seniors and their families. From the governor's care award to annual resident and family satisfaction surveys that reflect a 95 percent satisfaction - Lourdes Senior Community provides the highest quality of care.

A place where a person's life is unique, pruposeful and respected, **Lourdes Senior Community** incorporates care along with a dedicated staff who are committed to core values of dignity, service, spirituality and compassion. That combination makes **Lourdes Senior Community** a "great place to call home."

A complete retirement community Lourdes offers Fox
Manor, an independent living option. Fox Manor is the

perfect place to move when it may be time to

give up the responsibilities of maintaining a home. Fox Manor offers the independence one wants with the freedom one deserves. Mendelson Home offers assisted living with an atmosphere of independent living and the assurances of personal care. Residents receive care by caregivers selected for their experience, compassion and ability to work with older adults. Individual medical needs are met through our registered nurses and Medical Director. The Activities Staff offers opportunity to join our chimes choir, exercise,

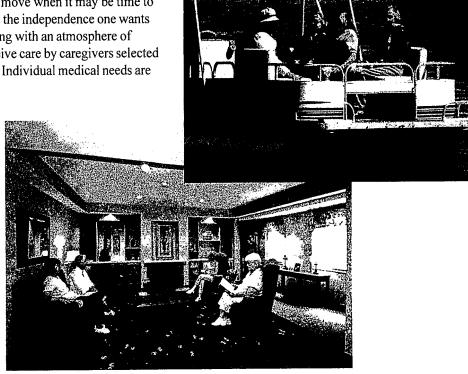
Activities Staff offers opportunity to join our chimes choir, exercise and participate in numerous outings and many other opportunities to make new friends and make new memories.

Individuals living with Alzheimer's and other dementias will experience an optimal level of living at **Clausen Manor** and their families will find the peace of mind they need. This award-winning facility provides 24-hour staffing to meet resident's need for personal care and socialization. Through our promotion of independence residents are able to maintain the highest possible level of physical, cognitive, psychosocial and spiritual well-being possible. For individuals needing short term rehab **Lourdes Nursing Home** offers a complete range of rehabilitation services. Led by a team of highly qualified and caring professionals, residents are provided with physical, occupational and speech therapy as prescribed by attending physicians.

**Lourdes Nursing Home** is the cornerstone facility, and serves 108 seniors. Surrounded by the 40 beautifully landscaped acres it is

a facility that provides 24-hour care by nurses and certified nursing assistants. **Lourdes Nursing Home** also provides social work for residents and their families, a full-range of activities and programs that enrich the residents' lives, pastoral care, a registered dictician and much more. With a reputation of providing the very best care possible, it is no surprise that Lourdes is caring for the children of those we first served in the 60's and 70's. When you choose **Lourdes** as your next home you won't be disappointed because it is "A Great Place to Call Home".

Colleen Burke, Director of values integration Lourdes Senior Community 248-673-1720





Dignity • Service • Compassion • Spirituality

#### Dr. Richard Cohen has been

serving northern Oakland County as a family physician for over 20 years. As a Doctor of Osteopathy, he feels that balance is of utmost importance in life, as well as practicing family medicine. He believes that there must be equilibrium of knowing the difference between the science of medicine and the art of medicine.

As a result, patients of Dr. Cohen do not see a different specialist for each of their problems. Rather, patients are referred to a specialist when a medical problem becomes too complicated.

At Dr. Cohen's practice, he offers extended hours so that patients can balance between work, leisure, the responsibility of physical and mental health, and their well-being.

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#### **LAKE ORION**

1240 South Lapeer Road Lake Orion, Michigan 48360

248.656.0472

#### Same-Day Appointments • 866.222.0550

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WATERFORD
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Esa Ali, MD
Grace Pagaduan-Oddo, DO



#### **Dr.Lisa Dietz.**

a native of Southern California,
attended Santa Barbara College
before she graduated from medical
school at Western University of
Health Services in 1992 as a Doctor of
Osteopathic Medicine. After graduation, she
moved to Michigan where she completed her
residency at Botsford Hospital in Farmington Hills.

For the past 15 years Dr. Dietz has been practicing internal medicine and primary care. Since she is an osteopathic doctor, Dr. Dietz has been trained to focus on the whole patient, not just on the individual medical problem. As a Board Certified physician in internal medicine she is also able to help adults and geriatric patients with multiple health issues. For women, Dr. Dietz can also assist with gynecological questions.

Dr. Dietz believes in getting to know her patients on a personal level and always wants her patients to feel like they have her full attention. She believes that everyone's time is valuable and works to stay on schedule as much as possible.

"The best part about my job is the one or two times a day when a patient says 'thanks' or 'I appreciate your time'," says Dietz. "It really makes me feel good to see that I am helping people and they appreciate my effort."

# POH REGIONAL MEDICAL CENTER

A MCLAREN HEALTH SERVICE

#### Clarkston

6507 Town Center Drive, Suite A Clarkston, Michigan 48346 **248.922.9975** 

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# Enjoy the lifetime benefits of a winning sm



Kyle: treated by Dr. DeHaan. Photo by Nick Couretas

reputation for providing excellent orthodontic treatment in a warm and caring environment at DeHaan Orthodontics.

Located at Shops on Waldon Pond, she opened her private orthodontic practice in 1994, after gaining years of experience working with other orthodontists while her children were young.

Dr. DeHaan is a licensed specialist in the field of orthodontics: she studied the specialty of orthodontics two additional years full time, to obtain a Masters Degree beyond her Doctorate University of Michigan in the mid 1980's.

Dr. DeHaan said "Coming from a family of artists and engineers, orthodontics is the perfect mix for someone like myself who enjoys problem solving, artistry, and a connection with people".

At DeHaan Orthodontics, there is a core of experienced and dedicated staff who have worked with Dr. DeHaan for 10-20 years.

There is no "assembly line" feel to this office, where the doctor and staff take personal interest in each patient,

Dr. Deborah DeHaan has a of Dental Surgery, both earned at the and share in the responsibility for the historic success of the office.

> At DeHaan Orthodontics, the initial evaluation is free of charge, as are recall visits, until the timing of treatment is determined by Dr. DeHaan to be ideal.

During treatment, parents can rest assured because Dr. DeHaan sees every patient at every visit.

Parents are welcome to observe treatment and encouraged to take an active role in the treatment process.

The office is located at the SE corner of Waldon and Baldwin in Orion Township, 2 miles north of Great Lakes



Dr. Deborah DeHaan, DDS, MS, PC

Member American Association of Orthodontists

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# L/S Pharmacy - "Your Pharmacy Experts"

At L/S Pharmacy your prescriptions are always filled accurately as requested by your doctor. They use the latest in advanced technology including electronic prescribing and prescription scanning. They offer competitive pricing and a generic drug program for 30 and 90 day prescriptions.

L/S Pharmacy has been in business in the Lake Orion area for over 41 years, originally in L/S Family Foods. Owners Luke and Halla Awdish proudly continue the legacy of family friendly service at the longest operating pharmacy in Lake Orion.

Over the counter medications are also available including vitamins, allergy medications, pain-relievers and many more. L/S Pharmacy also offers many special services which include prescription delivery, bubble (blister) packaging for patients with special needs and personal medication reviews. Flexible spending and health savings account cards accepted, as well as all Medicare Part D Plans.

L/S Pharmacy is conveniently located in the Beaumont Medical Center, 1455 S. Lapeer Road (M-24) Lake Orion. Call ahead for refills or with questions - 248-693-6219

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When winter beats back in full retreat and hope springs eternal, what better way to enjoy the first hints of the season than by stopping in to see our beautiful, well-kept grounds?

Meet our friendly staff and take the opportunity to mingle with the residents to find out for yourself why they're proud to call Waterstone home.

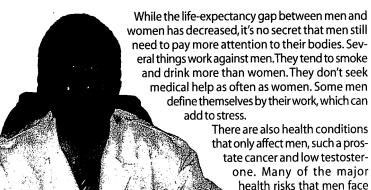
# Men's health: make screening a priority

like colon cancer or heart disease can be prevented

and treated with early

diagnosis. Screening

tests can find diseases



early, when they are easier to treat. It's important to have regular checkups

and screenings

Q. What unique health challenges do men face?

A. Most men need to pay closer attention to their health. According to the Centers for Disease Control and Prevention men are a 25 percent less likely than women to have visited a physician within the past year and are 38 percent more likely to die from heart disease and cancer the two leading causes of death than women.

Q. How Can I start living a healthier lifestyle?

A. It's never too late to take better care of your health. Make eating and being

active part of your daily routine, get screening tests on schedule, know the risk factors for health problems such as heart disease, and quit smok-

#### Q. What screening tests does the middle aged man need?

A. Screening tests can help identify diseases before they develop or worsen. Based on your health history, lifestyle and other important factors you should discuss specific screening needs you're your physician. Here are a few basic

- · Blood pressure should be checked at least every two years.
- Once you turn 35, have your cholesterol checked regularly.
- ·Beginning at age 59, you should be tested for colorectal cancer. How often you need to be screened will depend on various factors.
- · As they get older, men are more likely to have prostate problems. Talk with your physician

about the pros and cons of being screened for prostate cancer.

#### Q. Are there other screenings I should receive?

A. Discuss with your physician the risk of developing diseases that aren't screened for using recommended tests. For example, the death rate for skin cancer is rising among older men, with 50 percent of all melanoma deaths occurring in white males over the age of 50.

#### Q. What risk factors are associated with heart disease?

A. Heart disease is the leading cause of death for men. Some risk factors, such as age and family history, cannot be changed. However, risk factors that can be treated or controlled with medication and/or lifestyle changes include tobacco smoke, high blood cholesterol, physical inactivity, high blood pressure, obesity and diabetes.

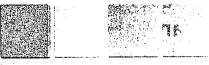


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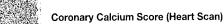




#### HEART WELLNESS SCREENING

This year about 1.2 million Americans will have a first or recurrent coronary attack. About 452,000 of these people will die. Coronary heart disease is the nation's single leading cause of death.

#### DO YOU HAVE A HEALTHY HEART?



This fast, safe and easy CT scan of the heart is the only non-invasive test that can accurately detect - or rule out the presence of heart disease in otherwise healthy individuals. The test uses the advanced 64-slice CT and special software to detect the presence of plaque in the coronary arteries.



This fast, easy, non-invasive and radiation-free test uses ultrasound to look at blood vessels within the neck. If detected, the presence of atherosclerotic plaque within these vessels could lead to stroke and may indicate the presence of other cardiovascular disease.

#### Coronary CT Angiography

Associated Radiologists of Clarkston offers 3 non-invasive tests for your heart:

This new test is an excellent, less invasive and less expensive alternative to cardiac catheterization procedures in certain defined situations. This test, which uses our advanced 64-slice CT scanner and the injection of a contrast agent, can also be used for patients who have coronary stents or bypass grafts to verify that the arteries are still open and functioning properly.



Schedule your Heart Wellness Scanning appointment today.



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# Health Care Costs Too High? Here's What You Can Do

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As we all know, the cost of health care insurance has escalated, and with or without health care reform, it will keep increasing year to year. To stay

profitable, insurance carriers pass on their costs to the insured. So we pay higher premiums, in addition to higher deductibles, copays and out-of-pocket maximums.

The good news is that there is something you can do to help control your health care costs – live a healthy lifestyle.

If you smoke, quit smoking. If you're overweight, go on a diet. If you're a business owner, provide wellness information and programs for your employees.

Make it a goal to exercise. Make it a part of your daily living. Start walking or biking. Join a health club, dance studio or karate club.

Find something you enjoy, and make that the cornerstone of your own wellness program.

My family belongs to the Great Lakes Athletic Club, including my wife Sue, daughter Megan, 17, and son Christian, 14.We do yoga together. We use the track and exercise equipment. We work out three to five days a week. A lot of satisfaction comes

from that!

Think of exercise as an investment in yourself and your family. It's an investment that pays off in many ways.

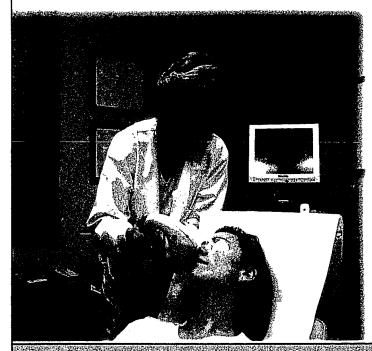
I hope you find my words of encouragement inspiring. As an independent insurance agent with more than 20 years of experience, I help individuals and groups find the best and most cost-effective insurance programs for their needs. And I provide all of my customers with access to free wellness programs and information.

I would be happy to help you. Call me at (248) 393-3146, send

me an email at drjvip@sbcglobal.net, or visit www.variousinsuranceplanning.com for a free quote.

Your insurance costs start with you!

#### CLARKSTON DERMATOLOGY



Having great skin can profoundly affect how you feel and the way the world sees you. Clarkston Dermatology is focused on helping patients achieve healthy, glowing skin in a manner that is safe, effective and comfortable. This is possible now more than ever with recent improvements in technology and new procedures.

Clarkston Dermatology is a complete skin care center. Dr. Wendy McFalda and her staff currently provide a full range of dermatology services. These are exciting times, for the office is expanding the cosmetic side of the practice and incorporating additional services. Dr. Brian Kopitzki will be joining the practice in the Summer of 2011. He will be seeing clinical dermatology patients as well as performing MOHS surgery for skin cancer.

Patients of all ages come to us for a variety of medical needs including acne for teenagers and adults, skin cancer, psoriasis, rosacea, hair loss, skin allergies and dermatitis, as well as warts, moles, birthmarks, and preventative care. We provide the most current treatments and technology such as biologics and light box treatments for psoriasis or photodynamic therapy for some skin conditions.

Clarkston Dermatology is a full spectrum cosmetic service provider, aimed at addressing the specific concerns of the individual – male or female. We offer the latest technology in laser equipment, such as the LightSheer Duet for safe, comfortable, high speed laser hair removal or the ActiveFX fractional CO2 laser for skin tightening, texture and pigment improvement. We carry a full range of skin care products, and we can provide an individualized VISIA skin analysis photo with recommendations.

Whether your visit with us is for medical or aesthetic reasons, Dr. Wendy L. McFalda and her team will earn your confidence by taking the time to inform you and provide timely expert advice. To schedule a appointment please call 248.620.3376.

5701 Bow Pointe Dr., Ste 215 & 217 • Clarkston • 248.620.3376 • Clarkstonderm.com

#### The words can strike fear into the hearts of even the bravest...

No, it's not cancer or heart disease. It's when you learn you have an upcoming appointment at the dentist.

Your mouth is probably the most sensitive part of your body. Did you know that a smile is the only recognizable human feature across the length of a football field?

Your mouth takes in food and nutrition to sustain your life and your health. You could not talk properly unless lips, tongue and teeth work in harmony. Your mouth shows emotion - happiness, anger, surprise, and yes, love. From the soft kiss of a parent on a child's forehead to the passionate kiss of a lover, your mouth is a very intimate space.

Yet most people take better care of their cars than they do of their mouth and teeth.

When that postcard comes in the mail to remind you it's time for your annual check-up, think of it as more than "just a cleaning". It's maintenance for a very important part of your life!

If you haven't been to a dentist lately, here's list of what to expect at your check-up:

1. X-rays: Yes, these are necessary. Your dentist is still not Superman and has not

developed a way to look through walls or bone or teeth, but gone are the days of postage-stamp sized x-rays. Digital films let you see inside your own mouth on a computer monitor. Look at the outlines and shadows and level of bone and listen as they explain what it means.

2. Your gums are like a cuff around a pair of pants. Debris accumulates and can damage the structure. As your dentist or hygienist measures the space around each tooth with a tiny ruled instrument, listen for the numbers they call out. Three or less is generally a good sign. If it's four or greater, you'll get more information on the next steps to bring you back to a healthier state. A sample of the sticky plaque around your teeth may be analyzed by a microscope to see what's causing the problem, in the same way a physician looks at a blood test.

3. The actual cleaning is the best part, as every surface of each tooth is polished so smoothly. Run your tongue over your teeth and what do you feel now? Maybe you've put it off long enough!

That's not all you should expect from your dental visit. Oral cancer is a huge concern, claiming more lives each year than even cervical

cancer.

Once every year, adults should have a full oral cancer exam using Velscope® as part of their overall dental check-up. Shining a special light in your mouth, your dentist looks at and under your tongue, at the insides of your cheeks, and even the back of your throat, looking for anything different. Like other cancers, anything found earlier is more treatable. (Think of Michael Douglas.)

One more thing: your dentist will look at the way your teeth bite together. We've all sat in a chair with a short leg, rocking back and forth. When that happens in your mouth, you can chip a tooth, have constant headaches and neck, back and shoulder pain. Why, even your head can be pulled forward as the muscles work overtime looking for balance. If even your chiropractor struggles to keep your body aligned, it's time to see a dentist trained in bite discrepancies. Even tiny adjustments to your teeth can make a big difference.

If you've put off that dental visit, call us today and we'll help you get back on track. We happen to think you're more important than your car.

www.RegianiDental.com or 248-627-4934, Holistic General Dentistry in downtown Ortonville since 1979.

# Healthy Smiles Don't Bleed

It's not OK if your gums bleed when you brush you teeth.

That would be like saying your fingers bleed (just a little bit) when you wash your hands.

So while we've been making smiles beautiful since 1979, We've been helping you stay healthy, too.



# David W Regiani DDS PC 248-627-4934

www.RegianiDental.com

Participant of most dental insurance plans, including Delta and Traditional BCBS.

No insurance? Neither do most of our clients

so we have Membership Plans just for you!



#### Dr. Gary Holloway is a Board

Certified family physician. He has served families in the Lake Orion area for the last 14 years.

As an osteopathic physician he believes in the strong connection between mental and physical health, and the body's innate ability to heal itself. This holistic approach is a keystone of his practice philosophy. Dr. Holloway strongly believes that each patient is an individual who requires open, yet confidential, communication to receive the best possible care.

Dr. Holloway and his partners at POH Regional Medical Center in Lake Orion provide early morning, late evening, and Saturday hours to accommodate patients with busy schedules.

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1240 South Lapeer Road Lake Orion, Michigan 48360 248.656.0472

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Better doctors: Better care.

#### Medical Center

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#### GET Dice Nighway Suite I

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#### 720 N. Lapeer Road. Suite 101

Christine Sypitkowski, DO

#### ORTONVILLE 180 N. Ortonville Road

Linda Loewenstein, DO David Pinelli, DO Rachael Ustruck, DO

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# Munk Orthodontics - Exceptional

# Smiles for a Lifetime of Rewards!

An orthodontist is to teeth what a cardiologist is to the heart. Dr. Charles F. Munk and Dr. Charles W. Munk are both highly trained orthodontic specialists who partner with your general dentist to provide you with the very best oral health care.

Many people are unaware that orthodontists are qualified dentists, who after graduating from dental school, go on to additional full-time university-based education in an accredited orthodontic residency program. That additional training lasts at least two academic years and sometimes more. Both Dr. Charles F. Munk and Dr. Charles W. Munk received their orthodontic training at the University of Detroit Mercy.

By learning about tooth movement and guidance of facial development, orthodontists are the uniquely trained experts in the dental field to straighten teeth and align jaws.

Dr. Charles F. Munk and Dr. Charles W. Munk are both members of the American Association of Orthodontists.

# Some early signs that indicate an orthodontic exam would be appropriate include:

- · Early or late loss of teeth
- Difficulty in chewing and/or biting
- · Mouth breathing, loud snoring at night, and fatigue during the day
- Finger sucking or other oral habits
- Crowding, misplaced, or blocked-out teeth
- Jaws that shift, make sounds, protrude or retrude
- Speech difficulty
- · Biting the cheek and/or biting into the roof of the mouth
- Protruding teeth

Dr. Charles F. Munk

Dr. Charles W. Munk

- Teeth that meet in an abnormal way or do not meet together at all
- Facial imbalance or asymmetry
- · Grinding or clenching of teeth

# In fact, the American Association of Orthodontists recommends that children have an orthodontic evaluation by the age of seven.

- An orthodontist can spot subtle problems with emerging teeth and jaw growth, even while some baby teeth are still present.
- To answer patient and/or parent questions of concern.
- To treat orthodontic problems if early treatment is indicated.
- To monitor growth and development for optimal treatment timing if early treatment is not appropriate.

Being an orthodontic specialty practice, we utilize the latest technological advances. This allows us to diagnose and treat patients earlier, in less time, with more options, and greater patient comfort. Our goal is to provide patients with long-term health care as well as cosmetic tooth alignment.

Never underestimate the power of a great smile. Straight teeth are not only beautiful; they also promote good health. Straight teeth can help reduce the incidence of heart disease, gastrointestinal disease, and other health conditions. Teeth that are properly aligned chew more efficiently, aiding in proper digestion. Also, teeth that are straight and properly aligned create a more perfect bite, and that helps to avoid excessive stress, headaches, and strain on the supporting bone and tissue.

We want to change the way people think about orthodontics. For instance, orthodontics is not just for children and teens. We work with people of all ages interested in enhancing their smile. Adults can benefit greatly from orthodontic treatment. Today, one in five orthodontic patients is an adult. Orthodontic treatment changes looks and outlooks. Orthodontics has boosted the self-esteem of countless patients, whether they had braces as children or sought treatment as

adults

& Associates

\*Orthodontic Specialists

At our office, it is our mission to improve and enhance people's lives through orthodontics. Our office provides quality and service in a lighthearted, honest, and friendly environment. We do orthodontics for our patients, and with our patients; instead of doing orthodontics to our patients. We treat each patient as an individual with his or her own goals, concepts of self-image, dreams, and aspirations. By combining the right mix of personal attention, the latest technology, and continuing education, we maintain a commitment of excellence to our patients in every facet of our practice.

As we continue to incorporate new products into our practice, it is all with one purpose in mind; the creation of beautiful, straight, healthy smiles that will last for a lifetime.

Be sure to check out our website at <a href="https://www.munkorthodontics.com">www.munkorthodontics.com</a> for additional information about our practice. Munk Orthodontics also has a Facebook page.

To schedule an appointment, please contact us at one of our three convenient locations. We have day, evening, and Saturday appointments available. We look forward to helping you create the beautiful smile you have always wanted!

• 5825 S. Main St., Clarkston, MI 48346 248-625-0880

• 837 S. Lapeer Rd., Oxford, MI 48371 248-628-6441

• 8379 Davison Rd., Davison, MI **810-653-9070** 



Visit us

Visit our website www.munkorthodontics.com

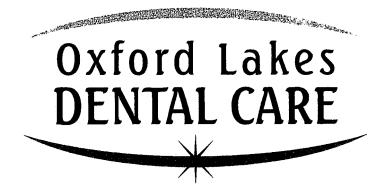


It's called "Computer Assisted Dentistry<sup>TM</sup>" and it is changing the way dentistry is done by offering the patient computer-designed and precision-milled custom restorations made right in the dental office, usually in one appointment.

If, for example, the patient needs a crown, the tooth is prepared in a similar manner to conventional dentistry, but then the process takes a decided high-tech turn. Instead of using the often gag-producing impression material, a digital wand scans the tooth and surrounding area taking several pictures which are sent to the nearby computer. Using the computer images and revolutionary software, Dr. Dan and Dr. Donna Sahutske have the ability to create a precise 3D image of the new crown and positions it exactly as it will fit in your mouth.

Once the computer assisted design of the crown is completed, it is sent to the in- office milling station where the new, all-ceramic, crown is precision milled in just minutes. The crown made from a special tooth-colored, reinforced ceramic material looks and performs like natural teeth without the black line at the gum caused by some metal based crowns. The crown is then characterized and polished to its final luster and the permanent restoration is ready to be seated in the patient's mouth.

"Whether the patient needs a filling, crown or smile makeover, we can now computer-design and precision-mill custom restorations in our office while they wait, giving our patients exceptional aesthetics, superior function and outstanding convenience" said Dr. Sahutske. "Sooner or later a large percentage of dentistry will be done this way... we can offer it to our patients now."





We invite you to call our office or stop in. We welcome new patients!

> 91 South Washington in downtown Oxford.

248-628-2540

We look forward to hearing from you.

# Management of the party of the

Women are often the managers of the family's health

Blindness

concerns; but they can easily overlook their own health

(www.preventblindness.org) is the sponsor of April's

"Women's Eye Health and Safety Month". We know that throughout life women are likely to experience vision

changes. This may be needing glasses or contact lenses,

eye infections, or possibly an eye disease. There are some

eye diseases that women are more prone to than men, so

it is important to protect sight even if no symptoms are

Some of the most unique changes a women's body

goes through happen during pregnancy. The increasing

hormones can result in refractive changes (the need for a

different glasses prescription), dry eyes, puffy eyelids,

hampering side vision, and sensitivity to light,

(photophobia) due to migraine headaches. Dilating the

eyes while pregnant is safe. Blurred vision, spots in your vision, or other new changes can be signs of a more serious

problem and should be discussed with the doctor. If there are conditions such as diabetes or blood pressure your

doctors need to know about your pregnancy as soon as

due to changing hormone levels during menopause. One

in 12 women over 50 has chronic dry eye. This can be a

mild problem easily managed with artificial tears to

supplement your own, or require prescription medications to reduce inflammation, plus a variety of supplements to

improve tear quality. As this is an ongoing problem, a

good relationship with your eye doctor will help to find

Dry eye affects more women than men. This may be

Prevent

noticed.

possible.

# Women's Eye Health And Safety Month

E A PEC

the best options to manage dry eye. In extreme situations the cornea, the front surface of the eye, can become so dry that vision can be at risk. Some skin conditions such as Rosacea also have dry eye as part of the problem, with successful treatment of the Rosacea, the dry eye improves as well.

Four leading causes of blindness; cataracts, glaucoma, diabetic retinopathy, and age related macular degeneration, are all more common in women than men. Of the 3.4 million Americans aged 40 and older who are visually impaired, two thirds are women. This is partly due to the fact that women live longer and so early detection and treatment is important to preserve vision, and treat these diseases. It's not all doom and gloom however. We can do significant things to help ourselves.

• An annual eye examination to monitor for eye disease, and any signs of blood pressure, diabetes, or other general health problems.

•Wear UV protection when outside. This is helpful at all ages, as it will slow down the development of cataracts, which produce both glare and blur as they develop. Sunglasses should be labeled as absorbing 99-100 percent of UV-A and UV-B rays. Even a large brimmed hat will help to reduce UV exposure.

• Don't Smoke. Even second hand smoke increases the incidence of macula degeneration, which makes central vision blurry and distorted. Stopping smoking will result in improved health for both eyes and the whole body. This may be the single best thing you can do to improve your health.

• Eat Healthy and Stay Fit. The brighter the color of the fruit or vegetable the

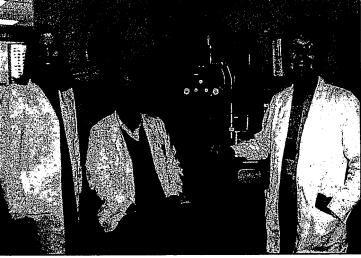
more anti-oxidants and vitamins. By keeping your dinner plate half full of bright colored vegetables. you will be helping your eyes as well as your figure. This will slow cataract development, reduce macular degeneration. Add exercise and the rate of diabetes and blood pressure goes down, which protects you from the eye diseases that go with these conditions.

•Take Supplements. If you are not sure about your diet talk to your eye doctor about the antioxidant supplements that can be added to your diet to help slow down some forms of macular degeneration by up to 30 percent. In fact, some recent population studies in Europe show a drop in the incidence of macular degeneration, this is thought to be partly due to improved nutrition, (vegetables, fruit and supplements), and less smoking.

•Know Your Family History. By knowing the family history of eye problems you and your eye doctor can be even more vigilant in screening for problems and working together to prevent vision loss.

More on-line information is available on the Michigan Optometric Association, American Optometric Association, and the Prevent Blindness America websites.

www.themoa.org www.preventblindness.org www.aoa.org



From Left to Right: Dr. Tracy Moran, Dr. Theodore B. Walton and Dr. Elizabeth M. Becker

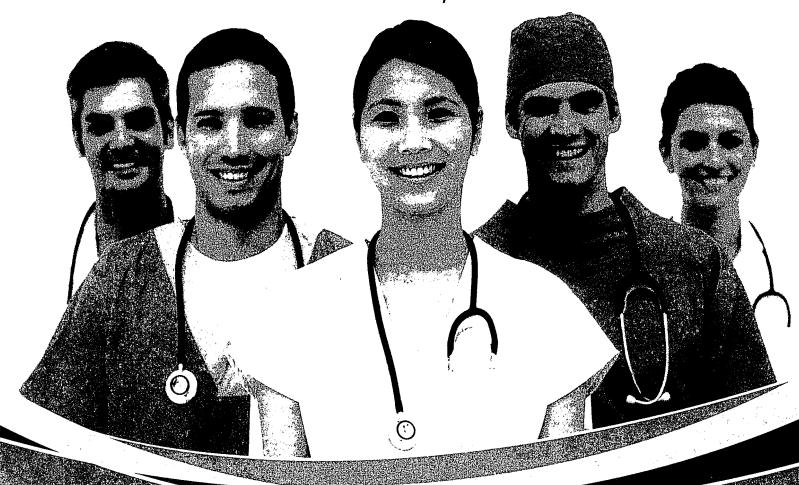
# Drs Walton & Becker / Eyecare PC

Dr. Theodore B. Walton · Dr. Elizabeth M. Becker Dr. Tracy Moran

- Certified Low Vision Specialists
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- Complete Eye Exams
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- Vision Therapy
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- Extensive Frame Selection

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# Massage for a healthier of mind-life

merapeutic Massage is good for your health

#### The Power of Touch

Did you realize that a mere quarter sized area of skin contains more than 3 million cells? Obviously, this makes the connection between improved health and touch much greater than skin deep.

#### The Benefits Of Massage

LaVida Massage owners, Stephanie Parenti of Lake Orion and Andrea Ryeson of Clarkson know that there is no denying the benefits that frequent massage provides for the body and the spirit. Besides their own personal experience, they reference the Associated Bodywork & Massage Professionals list of massage benefits which includes

- Alleviate low-back pain and improve range of
- Enhance immunity by stimulating lymph flow the body's natural defense system.
- · Help athletes of any level prepare for, and recover from, strenuous workouts.
- Increase joint flexibility.
- · Lessen depression and anxiety.
- Pump oxygen and nutrients into tissues and vital organs, improving circulation.
- Reduce postsurgery adhesions and swelling.
- Reduce spasms and cramping.
- Release endorphins—amino acids that work as the body's natural painkiller.
- · Relieve migraine pain.



#### **LAKE ORION**

556 N. Lapeer Rd. • 248-693-0820 lakeorion.Ml.lavidamassage.com

Open 7 Days A Week Mon.-Sat. 8:30 am-9 pm • Sun. 9:30 am - 6:30 pm

#### A Powerful Addition to your overall Health

There's no denying the power of bodywork. Experts estimate that upwards of ninety percent of disease is stress related. And perhaps nothing ages us faster, internally and externally, than high stress. While eliminating anxiety and pressure altogether in this fast-paced world may be idealistic, massage can, without a doubt, help manage stress. This translates

- Decreased anxiety.
- Enhanced sleep quality.
- · Greater energy.
- Improved concentration.
- Reduced fatigue.

#### About LaVida Massage

Andrea Ryeson opened her LaVida Massage of Clarkson in 2009 and Stephanie Parenti opened her LaVida Massage of Lake Orion in 2010. Ryeson and Parenti believe the concept of affordable and convenient massage services is the right direction for massage therapy. Parenti says "Massage is not a luxury; it is a natural way to reduce stress and help people take better care of themselves. We have many customers who come to us on a regular basis and it is great to see how we have helped them feel better."

At LaVida Massage our philosophy is that regularly receiving massage has many positive effects on your

health. Our loyalty program, called "The Life" is our way of taking a service traditionally seen as the occasional expensive luxury and making it accessible to everyone.

Our loyalty program doesn't just mean discounts at LaVida Massage."The Life" gives you the flexibility to fit massage into your active lifestyle. With extended hours, walk in availability and the convenience of being able to skip the checkout, you will wonder how you were ever able to live your life before you were living "The Life".

The benefits of living "The Life" include the automatic assignment of one 60 minute massage session per month for only \$49.95. It provides a reduced rate on additional sessions each month and the ability to share all the benefits of "The Life" with

Beside our affordable loyalty rates, we offer great discounts for first time customers, with a 60min massage session for only \$39.95 or a couples 60min session for \$79.90.

Parenti and Ryeson always strive to create an environment of natural well being. Parenti says "Our therapist customize their massage for each client. We consider all of our massages as therapeutic. Our trained therapist will use all their knowledge to help our clients." We invite you to come and experience the LaVida Lifestyle for yourself!



#### GIFT CARDS



make great Mother's Days **Presents** 

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#### **CLARKSTON** 5880 Sashabaw Rd. • 248-625-7300 clarkston.MI.lavidamassage.com

Open 7 Days A Week Mon.-Fri. 9-9 • Sat. 9-7 • Sun. 10-5

#### **Dr. Linda Loewenstein** is

a Doctor of Osteopathy who has practiced medicine in Ortonville for nearly 25 years. She believes in taking a holistic approach with her patients and takes into account the patient's family, community, and work and how these factors can impact a person's health.

She believes in working with her patients to help achieve their health care goals. Dr. Loewenstein continues to strive to be recognized as the physician who listens to the true concerns of her patients and treats them with respect and dignity as they work together to achieve optimum health.

Dr. Loewenstein considers it an honor to share in the joys and struggles of her patients' lives and enjoys seeing patients across the life span – from young children to the elderly. She is at her office on Mondays 8 a.m. – 7 p.m., Tuesdays from 9 a.m. - 6 p.m., Wednesdays 8 a.m. – 4 p.m. and Thursdays from 7 a.m. – 2 p.m.

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# Allergy and asthma care is available close to home



J. Younes, M.D. and Staff

#### Allergy & Asthma Treatment Center, PLC

J. Younes, M.D.

**Board Certified Pediatric and Adult Allergist** 

Allergies • Hives • Sinus Problems
 Asthma • Immune Deficiencies

Allergic disease is on the rise, especially among children. And it is increasing in severity.

The good news, expert care is available right here in your community - Allergy & Asthma Treatment Center is located at 292 S Broadway on M-24 in Lake Orion.

The center opened in 2003 "And since then we've been growing steadily, mostly from referrals from our own patients" Dr. Younes said.

Dr. Younes comes highly qualified and is on staff at Crittenton and Beaumont-Troy Hospitals and an active member in several medical societies.

He is a board certified pediatric and adult allergist-immunologist with background training and board certification in pediatrics.

As a board certified allergist-immunologist, Dr. Younes is uniquely positioned to assess the immune system and treat all aspects of allergic diseases from hay fever, eye allergy and sinus problems to asthma, food allergy, insect sting allergy, drug allergy, hives and eczema or atopic dermatitis.

"Allergy is mainly a disease of the young," Dr. Younes said, noting that most allergies, like food allergy and eczema, begin early in life.

At the center, the doctor and his staff focus on improving patients' quality of life.

"Here, we do a careful evaluation that includes a detailed history and assessment of the patient's home and work environment. We may also perform an allergy skin test if needed. We then use that information to guide our treatment."

Dr. Younes says his treatments help prevent absenteeism from

work or school, and improve presenteeism, a term used to describe decreased productivity at work or school.

"Allergies can affect children and adults so they are not able to sleep well or concentrate, leading to cognitive impairment," Dr. Younes said, adding that in some cases children with allergies may seem to have attention deficit.

"Many people tend to underestimate their allergy and asthma symptoms and how it affects the quality of their lives," he said.

The doctor's treatment philosophy is focused on educating the patient and/or parents in order to empower them and help them gain control over their allergies.

"Our goal is to ultimately minimize the amount of prescribed medications and lower the cost of treatment," he said. And Dr. Younes will work with your regular physician to ensure coordination and continuity of care.

His practice has been very successful in providing specific immunotherapy or allergy injections which desensitize the patients against their respective allergies.

"This is the closest thing we have to a cure," the doctor said. "Many of our patients are able to reduce medications or even eliminate them."

Dr. Younes and his staff deliver medical treatment in a friendly and caring environment. His allergy nurses are highly trained and experienced. Together, they are committed to the community and proud that patients' referrals have helped their practice grow so much.

Call 248-693-4444 for your appointment, or visit www.myallergytreatment.net for more information.

#### Now Accepting New Patients • 248-693-4444 • www.myallergytreatment.net

292 S. Broadway, Suite 1 • Lake Orion • (Corner of Atwater & S. Broadway)





#### Dr. Rachael Ustruck is a family

medicine doctor at POH Regional Medical Center in Ortonville. Like many osteopathic physicians, her focus is on the patient as a whole. She

examines the medical issue a patient may be

concerned with and also how the entire body is affected.

Preventive medicine is another area that Dr. Ustruck spends time practicing. The objective of practicing preventive medicine is to help her patients learn strategies that will ensure long-term good health.

Dr. Ustruck welcomes patients of all ages.

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WATERFORD 2590 Elizabeth Lake Road Esa Ali, MD Grace Pagaduan-Oddo, DO

#### Dr. David Pinelli is a Doctor of

Osteopathy and a Board Certified Internal Medicine physician who has practiced in Ortonville since 1998. As an osteopathic physician Dr. Pinelli applies a holistic approach in which the body's inherent ability to heal itself is considered along with all of the treatments available to modern medicine. Internal medicine focuses on the care of patients that are 16 years and older.

Throughout his 13 years in the Ortonville area, Dr. Pinelli says he has been "honored and privileged" to care for several generations of families. "I believe the most important part of the patient-physician relationship is an open, honest, and respectful interaction in which the patient leaves with a complete understanding and all their questions are answered," said Dr. Pinelli. "I take immense pride in being able to explain all aspects of a diagnosis and treatment."

Dr. Pinelli and his staff continue to strive toward becoming a "patient-centered medical home." This certification ensures their dedication to advanced aspects of patient care and demonstration of superior quality scores.

At POH Ortonville, Dr. Pinelli offers morning and evening appointments between 7 a.m. and 7 p.m. for the convenience of you and your family.

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ORTONVILLE 180 N. Ortonville Rd. Linda Loewenstein, DO David Pinelli, DO Rachael Ustruck, DO

**WATERFORD 2590 Elizabeth Lake Rd.**Esa Ali, MD Grace Pagaduan-Oddo, DO

Part of the McLaren Medical Group



#### Dr. Esa Ali is a

family practice physician at
POH Regional Medical Center
in Waterford. As an allopathic
physician, Dr. Ali operates an

evidence-based medical practice,

meaning he relies on medical techniques that are proven from scientific medicine to treat his patients.

Dr. Ali's method of practice is about using both his clinical expertise combined with external evidence to treat individual patients. Using Evidence-Based Medicine helps ensure an objective way of maintaining high standards in medical practice.

Patients of all ages are accepted at Dr. Ali's office. He offers physicals for school and sports, well child exams, general check-ups and sick visits.

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#### **About POH Regional Medical Center**

- Provides primary and specialty health care services to the greater Pontiac and Oakland County community
- 328-bed medical center
- Started as a small clinic in 1953 and has now grown into a full-fledged medical community with more than 300 physicians
- Operates 12 satellite facilities throughout north Oakland County
- · Offers residency and fellowship programs
- Inpatient hospital located in downtown Pontiac

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**720 N. Lapeer Road, Suite 101** Christine Sypitkowski, DO

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Gregory Thomas, DDS, MS \*† John Hackenberger, DDS\* Joe Alamat, DDS, MD\* Michael Kraemer, DMD, MD\* Leslie Orzech, DMD Jeffrey Osguthorpe, DDS, MD & Associates, P.C.

- \* Diplomat American Board of Oral & Maxillofacial Surgery
- † Fellow American Academy of Cosmetic Surgery



The American Association of Oral and Maxillofacial Surgeons consider removal of wisdom teeth to best take place between the ages of 15 and 25

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#### **Oral Surgery and Anesthesia**

A child wonders what the first day of school will be like. Someone is about to start a new job. A young couple is about to get married. Each of these situations is a classic anxiety producer. What they have in common is that each involves the unknown. And that's what anxiety is: the fear of a specific upcoming event that, in all likelihood, you've never before experienced.

be

An upcoming visit to an Oral and Putting Your Mind at Ease Maxillofacial Surgeon is another potential anxiety producer. In this case, the patient is typically most concerned about possible pain-whether the procedure is going to

Knowing this should start to reduce your about any facet of the operation. level of anxiety.

#### in the Control of Pain and Anxiety

The ability to provide patients with safe, effective outpatient anesthesia has distinguished the specialty of oral and maxillofacial surgery since its earlier days. profession, Summit Oral and Maxillofacial Surgeons are trained in all aspects of as possible when you get home. anesthesia administration. Following dental school, Summit Oral and Maxillofacial Surgeons complete at least four years of training in a hospital-based surgical residency program alongside medical residents in general surgery, anesthesia and other specialties. During this time, Oral Surgery residents must complete a rotation on the medical anesthesiology service, during which they become competent in evaluating patients for anesthesia, delivering the anesthetic and monitoring post-anesthetic patients.

As a result of this extensive training, Summit Oral and Maxillofacial Surgeons are well-prepared to identify, diagnose and assess the source of pain and anxiety within the scope of their discipline, and to appropriately administer local anesthesia, all forms of sedation and general 248-922-0500. anesthesia. Further, they are experienced in airway management, endotracheal intubation, establishing and maintaining intravenous lines, and managing complications and emergencies that may

The Less You Worry, the Easier it will arise during the administration of anesthesia.

The best way to reduce anxiety is to make certain you know what to expect during and after surgery. As with most anxietyproducing situations, the more you know, the less you have to be anxious about. The good news is that whether your Prior to surgery, your Summit Oral & procedure requires local or intravenous Maxillofacial Surgeon will review with you anesthesia, today's technology makes it the type of anesthesia to be used, as well possible to perform complex surgery in as the way you're likely to feel during the oral and maxillofacial surgery office and after the operation. This is the time with little or no discomfort for the patient. to discuss any concerns you may have

During surgery, one or more of the Extensive Training and Experience following may be used to control your pain and anxiety: local anesthesia, nitrous oxide-oxygen, intravenous sedation and general anesthesia. Commonly, patients describe their feelings during surgery as comfortable and surprisingly pleasant.

As the surgical specialists of the dental After surgery, you may be prescribed a medication to make you as comfortable

#### Oral and Maxillofacial Surgeons: An Important Link

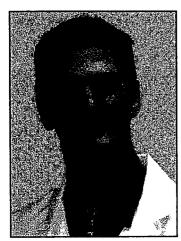
Oral and Maxillofacial Surgery is the specialty of dentistry that includes the diagnosis, surgical and adjunctive treatment of diseases, injuries and defects involving both the functional and aesthetic aspects of the hard and soft tissues of the oral and maxillofacial region.

An oral and maxillofacial surgeon is a graduate of an accredited dental school who has completed an additional four or more years of training in an accredited, hospital-based oral and maxillofacial surgery residency program.

Summit Oral and Maxillofacial Surgery is now open in Clarkston. Visit us at www.summitfacial.com or call us at



# **Prevention - The Key to a Healthy Smile**



#### John Blake DDS

Ignore it and it will go away. This statement is true in more ways than one, especially when it pertains to your teeth. A wise dentist once said "Only floss the teeth you want to keep". Routine preventative visits are easy to put off when one is without dental coverage or experience financial limitations. Unfortunately, ignoring preventative care can be more costly in the long run.

If left unattended, periodontal (gum) problems can cause bone loss, infection and eventually tooth loss. Systemic diseases, such as diabetes can lower the body's resistance to infection making periodontal diseases more aggressive and severe. Studies by the American Dental Association have shown that oral infections can also lead to other more serious ailments such as heart disease, stroke, pneumonia and diabetes. It is possible to have periodontal disease and have no warning signs. That is just one reason why regular dental checkups and periodontal examinations are critical to a lifetime of health.

Good daily oral hygiene can help reduce your risk of developing periodontal diseases. With proper brushing, twice a day, you can remove plaque from the inner, outer and chewing surfaces of each tooth. Using a fluoridecontaining toothpaste also helps protect your teeth against

cavities. Carefully clean between your teeth once a day with dental floss or another inter-dental cleaner to remove plaque from areas your toothbrush can't reach. It only takes a few minutes each day and is just as important in maintaining oral health as brushing your teeth.

Swollen, red gums can often be the result of having teeth that are crowded or too widely spaced. When teeth are properly aligned, it helps the gums fit more securely around the teeth, allowing the strongest and healthiest defense against periodontal problems. That's where Invisalign comes in. These comfortable and clear aligners gently and gradually begin to move teeth into the proper position-without unsightly brackets and wires. One of the biggest challenges of having braces is removing all the food that gets trapped in the brackets and wires. This can often lead to plaque buildup and eventually tooth decay. With Invisalign,

the aligners are removable, so it's easy to continue brushing and flossing your teeth. Invisalign aligners make daily oral hygiene thus easier, reducing the risk possible problems. Correctly aligned teeth can also alleviate the issues that can be caused by an improper bite, speech

chewing difficulties, jaw problems, and increased wear on the tooth enamel. Invisalign effectively addresses all of these orthodontic issues, so you'll have the confidence of a great smile and increase the likelihood of improved oral health.

X-rays are an excellent diagnostic tool to aid with a comprehensive oral examination. Many offices now offer digital x-rays rather than traditional film. Not only is the image superior, in most cases; digital x-rays expose the patient to approximately 50% less radiation than film. Since there is no developing of film, there are no chemicals or waste by-products as a result.

Sealants are an excellent option, to protect the chewing surfaces of the teeth from decay. Sealants are a plastic material (resin) applied to the back teeth or molars. Since most tooth decay occurs in the hard to clean grooves of the first and second molars, the sealant bonds to these depressions and grooves protecting the chewing surfaces from decay. Children and teenagers are primary candidates for sealants because the likelihood of developing decay

begins as soon as the back teeth appear. Adults can benefit from sealants too. Prevention is always better than treatment. Sealants are extremely effective in preventing tooth decay on the back teeth and can save patients money in the long run.

Think of your teeth as a window to the

health of your body. Your teeth and gums- and how they look to others when you smile-say a lot about your overall health. If you're taking good care of both, you're probably taking good care of the rest of you.

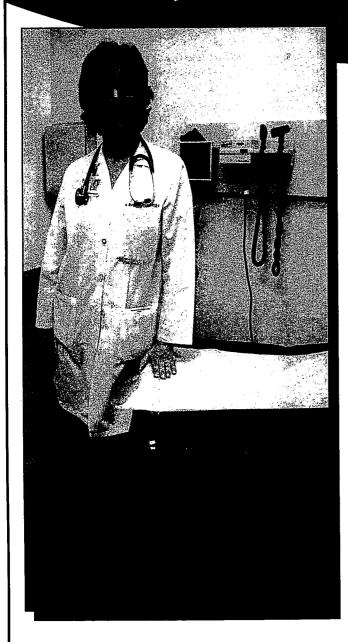


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When you're not feeling well, going to the doctor seems natural. After all, maybe something serious is going on that needs to be checked out. But why do you need to see the doctor if you really haven't been feeling sick?

For adults, one reason that well visits/physicals are important is because some health problems have few or no symptoms until they become advanced. High blood pressure and high cholesterol are good examples; they often have no symptoms. Untreated, they increase your risk for heart disease and stroke. Cancers may be silent as well, but can be detected at an early and treatable stage through screening tests such as mammograms or colonoscopy.

Also, some problems show up with vague symptoms such as gradually worsening fatigue. Fatigue may be the result of increased stress - or it may be a sign of diabetes, a blood disease, sleep apnea, or heart, lung or thyroid

problems. A physicial and appropriate testing can determine if there's a serious cause.

Children also need regular physicals. Babies and toddlers should have frequent visits to make sure they're growing and developing normally. Older children should have their vision, blood pressure, height and weight checked on a yearly basis to make sure blood pressure and vision are normal and that they aren't becoming overweight.

Finally, well visits are a great time to make sure vaccines are up to date and talk about things you can do at home to help keep you and your child healthy and feeling great.

Dr. Nancy Crossley is a Beaumont physician who is board certified in both Internal Medicine (Adults) and Pediatrics (Children). She is welcoming new patients; to learn more, visit the website drcrossley.com or call 248-236-8549 to schedule an appointment.

Nancy Crossley, M.D.

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