

FILM COPY

Jessica Lentz tells her story of addiction and her journey in recovery. BILL BRESLER | HOMETOWNLIFE.COM

THE LONG ROA ())

Milford mom recounts her struggles with opioid addiction

Sharon Dargay hometownlife.com USA TODAY NETWORK - MICHIGAN INSIDE

Addicts kick drug habit with faith, life skills, A7

Circuit Court, knowing it likely would be her last day of freedom. just wanted to die," Lentz

ters of Hope, a faith-based residential program in Pontiac. Four years later, Lentz, 31, is ve and sober.

Ward Presbyterian Church, 40000 Six Mile Road. Call Teri Plaunt at 734-751-8619 for more information.

information and to

Tollgate Farm & Education Center is at 28115 Meadowbrook Road in Novi. For more information, go to http://

www.canr.msu.edu/

Garden Club

of Northville

ville will hold its next

Wednesday, Jan. 3, at

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The Country Garden Club of North-

tollgate/.

register, go to https:// events.anr.msu.edu/ evenings18winter/ MSU Extension

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Jessica Lentz walked into a courtroom in March 2013 expecting to walk out in handcuffs.

The Milford mom had just spent two weeks living alone in her car, using whatever drugs she could find while cruising Detroit's west side. She had relapsed twice after attending

court-appointed drug rehabilitation programs and, while on probation for felony retail fraud, had been evicted from a sober living home for not paying her rent.

She dreaded her upcoming appearance in Oakland County said. "I didn't think I was going to make it to the court date because of the amount of drugs I was using. I had all this guilt and shame.

The judge gave Lentz one last chance to kick her drug habit and avoid prison. It would entail spending a year at Grace Cen-

She, her husband Jack, 46, and their four children will welcome the new year together in a Grace Centers of Hope "after care" rental house in Pontiac. She began the program, which includes group sessions, regular

See RECOVERY, Page A7

Fitness passion drives 83-year-old's work ethic

Northville man holds black belt in challenging tae kwon do

Marty Budner

hometownlife.com USA TODAY NETWORK - MICHIGAN

Eighty-three-year-old Mike Wiest and nine of his closest martial arts friends met for an informal workout earlier this month at Kil's Tae Kwon Do in Farmington.

Jack Kittinger, a fifth-degree black belt who runs the prestigious award-winning Do-Jang (tae kwon do center), organized the activity.

Grand Master Sang Sop Kil, a 10th-degree black belt from South Lyon, led calisthenics and conducted an impromptu selfdefense question-and-answer session. Fifth-degree black belt Paul George and second-degree

black belt Rohini Sonawane also attended the hour-long gathering

Wiest — a black belt like the majority of his friends — is by far the group's senior member. The next closest is Kittinger, 10 years younger.

Despite the age disparity, Wiest is a respected workout participant.

"Mike is a wonderful guy and is revered by everyone here,' said Kittinger, a Farmington Hills resident. "He likes the camaraderie of the group. We do a lot of trash talking, too, and it's all in fun.

"His cardiovascular system is awesome. He is very, very

See FITNESS, Page A2



Northville resident and ex-Marine Mike Wiest (right) spars with Master Paul George during a session Tuesday afternoon in Farmington Hills. BILL BRESLER | HOMETOWNLIFE.COM



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FITNESS

Continued from Page A1

strong and he can keep up with the best of us," he added. "He's in super shape and he's a wonderful example to all."

Sonawane, 44, a native of India, earned her black belt in 2011, just four years after she took up the Olympic sport that emphasizes head-high, jumping and spinning kicks. The Farmington Hills resident is absolutely inspired by Wiest.

"Mike is one of my idols. When I look at him and see him going on with his daily life, it is so motivating," Sonawane said. "I want to be like him when and if I'm lucky enough to reach his age. He is a good friend and he's very humorous.

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"We will spar, we kick each other and he likes the competition," she added. "He still keeps up his energy levels and his health. He is a regular (student) here, he does not give up for any reason and I'm so honored to have him as my friend."

Drive overrides age

Wiest, a.k.a. "The Beast," does not let age affect his drive.

The former U.S. Marine lieutenant is an energetic octogenarian who simply wants to remain active and healthy.

A Northville resident married to his wife Isabell for 60 years, Wiest seriously got involved in tae kwon do after retiring from his job as an insurance executive in 1999. He successfully ascended the 11 required degrees to become a

NEWS

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black belt, averaging a level per year as he attained the coveted belt in 2010.

It was a personal challenge in which he takes great pride.

"I got two of my grandsons involved in it years ago and I figured, as long as I was taking them, I might as well get involved with it, too," Weist said. "I never played any contact sports when I was younger and I thought (tae kwon do) would be good for me. It's turned out to be the best thing I ever did.

"I've been here with Jack for 15 years and I did a little before that, so I would say I've been involved with the sport for about 20 years. I'm motivated to do it. You develop a lot of confidence when you do this - and I like the camaraderie.

"You become real friends, even though you're in competition with them," he added. "You're out there kicking and punching each other, but you don't take it personally. I wish I started it when I was 15 years old, but the past is the past."

Staying in shape

Wiest's ultimate passion is to stay in shape.

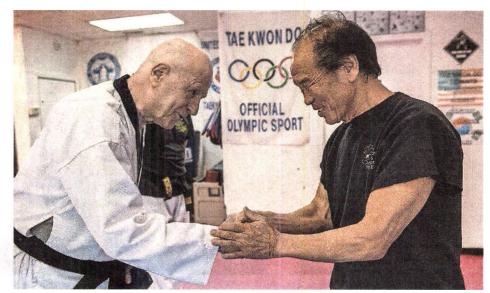
He works out twice a week for 60 minutes at Kil's Tae Kwon Do, which was elevated to Family of the Year status in 2011 by USA Taekwondo for its service in advancing the sport. In addition, he lifts light weights three times a week at his house.

The native Pennsylvanian, who grew up in New Jersey, is also a big proponent of meditation to help reduce stress. He said working in life insurance taught him how to deal with life experiences.

"I was a life insurance underwriter for my whole career and I would look at people's medical



Jack Kittinger presents Mike Wiest with a shirt commemorating his years in the sport. BILL BRESLER | HOMETOWNLIFE.COM



Mike Wiest (left) and Grand Master Sang Sop Kil bow with respect. BILL BRESLER [HOMETOWNLIFE.COM

history, their mental history and I would see what really hurts people," Wiest said. "Three of the big factors are stress, lack of exercise and loss of motivation. If you sit around and watch TV too much and start to eat junk food, you're going to get fat and clog your arteries up. "I like that (the sport) forces you to stay in

shape. If you put on too

down or don't have the

much weight or you slow

ical enough. "I get a kick out of this, because it's competitive. It's friendly compe-

tition," he added. "Nobody's trying to hurt you, but you don't want to look like a shmuck out there. I don't want to look like an old man who can't com-

pete. I love this and I

motivation, you're going

to miss this opportunity.

It's a motivator for me to

stay in shape and watch

what I eat. I like to read,

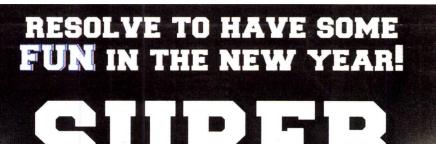
but reading is not phys-

have some great friends here."

Kittinger is so enamored with the inspiration Wiest provides that he made a specially-designed shirt which he unveiled Tuesday. It reads: "Mr. Wiest (a.k.a. 'The Beast') may be 83, but he can still kick my a--.'

Now, that's respect.

mbudner@hometownlife.com







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Livonia man charged with armed robbery in Novi

Matt Jachman hometownlife.com USA TODAY NETWORK ---- [®] MICHIGAN

A Livonia man faces a charge of armed robbery in the reported holdup last month of a GNC store in Novi.

Justin Weber, 30, was arrested Nov. 27, a week after the holdup of the GNC on Grand River, west of Beck. He was formally charged the next day with one count of armed robbery and is being held in the Oakland County Jail on a \$500,000 cash or surety bond.

Scott Baetens, an assistant Novi police chief, said security video and tips from the public led police to Weber.

At the time of his arrest in Novi, items of clothing like those worn by the holdup man were



Weber said. A BB pistol that fit the description of the

gun used in the robbery was also found in the car, he said. During the Nov. 21 holdun, the robber bran

holdup, the robber brandished what was de- 28

found in a

which We-

ber was a

passenger,

Baetens

car in

scribed as a black semiautomatic pistol, but never pointed it at anyone, and demanded money, police reported. Cash was stolen from the store, Baetens said.

Weber has a criminal record in Wayne County that includes felonious assault, larceny, possession of stolen property and weapons offenses. He was arraigned Nov. 28 in Novi's 52-1 District Court by Magistrate Andra Richardson and pleaded not guilty to the armed robbery charge. He was charged as a habitual offender, which could increase the length of any sentence if he is convicted.

A preliminary hearing before Judge Travis Reeds is scheduled in 52-1 District Court for Wednesday, Jan. 10. A Dec. 13 hearing was postponed, a court spokesman said, when Weber's attorney was delayed because of that day's snowstorm.

Weber is represented by Royal Oak attorney Mitchell Ribitwer.

mjachman@hometownlife.com 734-678-8432 Twitter: @mattjachman

New movie screen at Emagine Novi is Michigan's largest

John Monaghan Special to Detroit Free Press USA TODAY NETWORK

"Star Wars: The Last Jedi" has been everywhere since Dec. 14, but audiences who catch it at the Emagine Novi have bragging rights for having viewed it on Michigan's largest movie screen. The theater's new Super EMAX auditorium, which opened Friday, sports a 4K digital image that's 92 feet wide by more than 48 feet tall. Just how big is that?

"It's the size of a professional basketball court," said Anthony LaVerde, new CEO of Troy-based Emagine Entertainment. "The only screen bigger is at Grauman's Chinese IMAX Theatre in Hollywood."

The auditorium opening caps a nearly \$5 million restoration project at the multiplex, which is at the Fountain Walk Shopping Center on West 12 Mile Road. The updates also include a larger lobby and a cafeteriastyle concession counter that includes a pizza oven, quesadilla bar and self-serve soda fountain. That new food service



The Super EMAX auditorium, which seats 300, has powered leather reclining chairs.

has been operational since late summer.

The Super EMAX theater, which seats 300, was created by combining two 280-seat auditoriums. It has powered recliner chairs whose cup holders can support concession trays. Like the lobby, the Super EMAX auditorium is decorated in earthy brown, beige and black, a sharp departure from the bright purple that was once associated with Emagine. The freshly

installed carpet and seats give the theater a new-car smell.

The theater has a sit-down bar, though you can also bring alcohol into the auditorium. The ticket counter that once greeted audiences upon arrival is now off to the side, making the lobby, which has sleek chairs and couches, appear less like a movie theater and more like the lobby of a grand hotel.

To fill a screen so big, the Super EMAX 4K digital projection system uses a laser light source to provide the 48,000 lumens of light required to present a bright, clear picture. Emagine's conventional EMAX screens (featured in all of its metro Detroit locations) require about 28,000 lumens. As of now, the Super EMAX screen is not equipped to show 3D

films. The Super EMAX auditorium also boasts a 64-channel Dolby Atmos immersive audio system. "They can take a bird tweeting and put it in the rear corner, in this one speaker, so when you watch the movie, it's as if that sound is coming from behind you," said David Zylstra, Emagine's vice president of technology.

The state's largest movie screen previously was the IMAX screen at the Henry Ford in Dearborn. The theater severed ties with IMAX in late 2015, around the time of the release of "Star Wars: The Force Awakens." Many fans were disappointed that they couldn't view that film on the Henry Ford screen, which measured 84 feet by 62 feet.

The Henry Ford has since reopened with a slightly smaller, more rectangular screen measuring 80 feet by 44 feet. "The Last Jedi" will play there as well as part of what the theater calls the Giant Screen Experience.

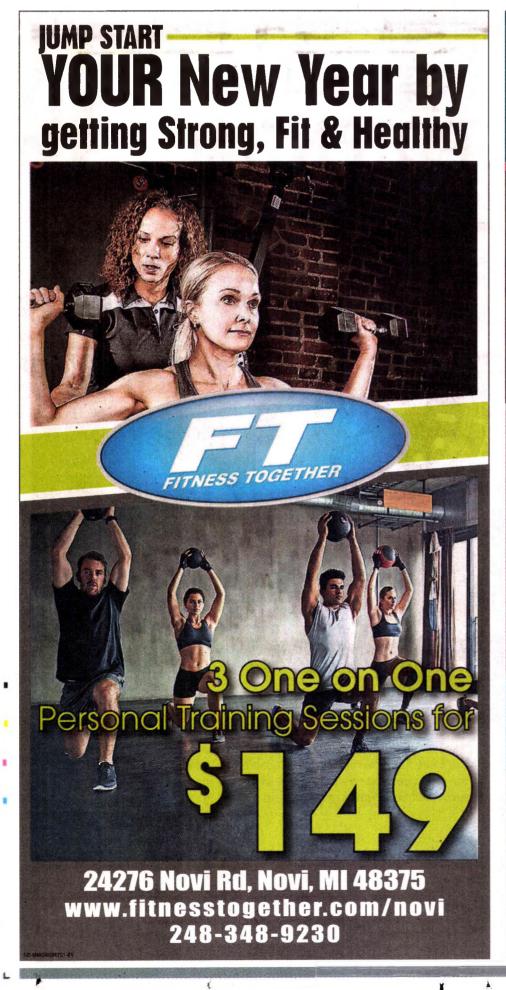
IMAX has been associated with large screens since the 1970s. There are still three metro Detroit theaters that sport the IMAX banner: the AMC Livonia 20, AMC Forum 30 in Sterling Heights and the Star Great Lakes 25 in Auburn Hills. (IMAX also supplies the domed image for documentaries at the Michigan Science Center.)

LaVerde bristles at the notion that the EMAX name is simply Emagine's version of IMAX ("they are completely different technologies." he said) and points to other aspects of the auditorium that are unique to Emagine. These include the extra-wide seven-foot spaces between aisles and the front-row love seats (called cuddle chairs) that were designed by Paul Glantz, **Emagine Entertainment** co-founder and former CEO, who now serves as the company's chairman.

"The chairs in the first row of an auditorium are inherently unsalable. No one typically wants to sit in them," Glantz said.

He notes that the new cuddle chairs are not only some of the most comfortable and intimate in the theater, but a full 45 feet away from the screen.

"People are going to be wowed," he said.



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Women with children under 18 are a priority population

PNLH provides services for children too, including immunizations, day care, and case management





email: pnlh@pnlh.org website: www.phlh.org

ling Chesta from the Darksets of Addiction Since 1990'

District core: Everyone gets a quality education

The Novi Community School District is proud of what it is and what it has become. Within the homes of the students in our school district, more than 60 different languages are spoken. We have students who represent the world within the walls of our school buildings.

But at the core of our district is the promise that everyone who enters our buildings and our classrooms will receive a high-quality education that will prepare them for the future. Our languages, our background, our experiences may be different, but our goal is the same.

We want everyone to



learn, to grow, to develop the tools they need to be successful in communities around the globe.

Because of our diversity, during this holiday season we are aware that within our community we celebrate many different holidays. No matter the holiday, they are important. Holidays typically represent an important religious or cultural day. The holiday helps us remember and reflect on the message of that day or season. The messages and lessons connected to the holidays help make us who we are and identify those important lessons that we need to remember.

Holidays are also important because they typically bring together communities. Friends and families rally around the common theme and develop strong bonds. The holidays help us extend our lives to those who live around us.

Our community is tremendously diverse. This diversity is one of our strengths. It provides our students and our community with opportunities to experience the world and prepare for the world that our stu-

For students in our schools, the world is getting smaller. Transportation and communication make connecting with people around the world much easier than it has been at anytime in our history. Within Novi, we have begun to experience that. The holidays reinforce our inter-connectedness and the ways in which, even though we are different, we can work together. The holidays help us as we learn from and about the important times and places in each of our lives.

dents will live in.

Our community experience is one of history and change. Within Novi, there exists a core of long-time residents. They have witnessed many changes. Yet Novi is still home. These long-time residents embrace how Novi has grown and changed. They help steady Novi and help us all look to the future.

Novi has also seen tremendous change. Many residents moved here because they wanted to be part of a community that valued the things that they valued. Great schools. Great neighborhoods. Great parks and community activities. A great library.

As this holiday season arrives, I am more than ever acutely aware of the rich complexity of our diverse community. Yet even within this diversity; the holidays are still about families and friends celebrating special times, centered around common purposes.

My wish is that your holiday season was filled with friends and family and special memories. Thank you for making Novi a great place to learn and live.

Steve M. Matthews, Ed.D., is superintendent of the Novi Community School District. He can be reached at steven.matthews@novik12.org.

Meadowbrook Country Club hires new executive chef

Meadowbrook Country Club, 40941 W. Eight Mile Road, in Northville Township has hired Mark Dixon, CEC, as

its new

executive

brings a

culinary

superb

chef. Dixon

background



Dixon

to the club, which will further enhance Meadowbrook's reputation for fine dining, quality and exceptional service.

Dixon, who has more than 30 years of country club experience, had previously served for 10 years as executive chef at the Orchard Lake Country Club. Prior to his tenure at Orchard Lake, he spent 17 years as Dearborn Country Club's executive chef. Dixon's resume also features hotel and restaurant experience, which includes the opening of the Jacques Demers restaurant (named for the former Detroit Red Wings head coach) in the Embassy Suites Hotel in Southfield.

In 2011, Dixon received the prestigious Chef of the Year Award from the Michigan Chefs de Cuisine, and, in 2010, he earned an American Culinary Federation national Achievement of Excellence Award. Since 1991, Dixon has been an adjunct faculty member in the Culinary Arts Department at Oakland Community College.

For more information about Meadowbrook Country Club, go to www.meadowbrook countryclub.com or call 248-349-3600.

Smoke detector use urged after fatal fire

Matt Jachman

hometownlife.com USA TODAY NETWORK — MICHIGAN

In the aftermath of a fire that claimed the lives of a married couple in their 60s, the Novi Fire Department is urging residents to make sure they have working smoke detectors in their homes.

Kenneth Garner, 63, and Barbara Garner, 60, died of smoke inhalation and burn injuries in the Dec. 15 fire at their house on East Lake Drive. The cause of the fire remains under investigation, Jeffery Johnson, the city's director of emergency medical services and fire operations, said Dec. 21.

The house did not have smoke detectors, Johnson noted.

Smoke detectors are important warning devices, he said, and the fire department will provide and install smoke detectors in Novi residents' homes free of charge.

"This was a tragic loss for our community and, obviously, we don't want this to ever happen again," Johnson said. "We don't ever want to see that happen in our community, so we want to do everything we possibly can."

Johnson said residents who don't have working smoke detectors can obtain them from the fire department and have them installed at no cost.

The program is available to all residents, regardless of income, he said. It was begun in the early 2000s with the help of grant funding and the fire department has continued it since then, he said.

"The emphasis is to try to help our residents," Johnson said.

Johnson said home smoke detectors should be placed and installed according to the manufacturer's specific recommendations, but that generally there should be a detector on every level of a home and in every sleeping area.

In addition, the department recommends testing smoke detectors monthly, changing the batteries every spring and fall when clocks are changed and having escape routes and an outdoor rendezvous point planned in case of a fire.

Smoke detectors have a lifespan of eight to 10 years, Johnson said, and should be replaced according to the manufacturer's recommendation. Even hardwired smoke detectors need to be replaced, he said.

Some detectors have 10-year lithium-ion batteries that will last as long as the detector itself, he said.

Homes with natural gas-fueled appliances should have carbon monoxide detectors — generally one on each level — as well, Johnson said.

The fire department also offers, free of charge, home safety inspections that typically take 20-30 minutes. Inspectors look for fire hazards, such as improper storage of flammable liquids and the use of extension cords as permanent wiring and other hazards in the home.

"We're not there to close their home down or anything, we're just there to try to help them," Johnson said.

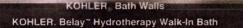
Novi residents interested in the smoke detector program or the inspection program can call the fire department's shift supervisor at 248-349-2162. More information is available at www.cityofnovi.org/ Government/City-Services/Public-Safety/Fire/ Community-Programs/ Home-Inspections.aspx.

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Commission: Try selling house before demo bid

Matt Jachman

hometownlife.com USA TODAY NETWORK MICHIGAN

A builder's bid for permission to tear down an 1800s house in Northville's historic district was slowed again Dec. 20, when the Historic District Commission did an about-face on the process it will use for making the call

The HDC, citing an opinion from Robert Marzano, the city attorney, said home builder Eric Guidobono must put the house at 341 E. Main Street up for sale before commissioners can consider his application for demolition complete. That reversed last month's 6-1 HDC decision in favor of calling the application complete; before Marzano issued his opinion, a second public hearing on the demolition application was to have been held at the Dec. 20 meeting.

Ed Funke, who represented 341 E. Main owners Eric and Renee Guidobono on Dec. 20, was clearly frustrated with the move. It was the fifth monthly HDC meeting in a row that Funke had attended seeking a demolition permit.

The Guidobonos, who bought the two-story, 2,000-square-foot house last December for \$460,000, say they had intended to restore it for use as an office for their company. But once work began, they said, it was found to be so badly deteriorated, with warped floors, a sagging roof, an insufficient stone foundation and other problems, that preserving it would be cost-prohibitive

Now, they want to raze



The 1800s house at 341 E. Main Street in Northville, which the owners want to tear down and replace with a three-story office and condominium building. MATT JACHMAN

the house and replace it with a three-story office and condominium building

Funke, who has estimated restoration costs as high as \$750,000, said tearing down the structure and duplicating it would be more cost-effective than restoring it.

SIZZLE TASIAN BISTRO

31194 Novi Road, Novi MI 48377

"We can't even do that," he told the commission Dec. 20. "We have to put it up for sale.'

"I sympathize with you, I really do," said Jim Allen, the HDC chairman. "But that's his (Marzano's) opinion and this is where we are.' "We would be lucky to

get what we paid for it in the shape that it's in," Funke said later.

The city's guidelines for an application to demolish a building in Northville's historic district call for "evidence" that alternatives, including rehabilitation, sale and "adaptive reuse" "have been evaluated."

"This evidence shall show that the property was offered for sale, the price asked, the period of time during which the property was offered for sale and how the propertv was advertised for sale," the guidelines read

Planning consultant

Sally Elmiger, however, told commissioners at the Nov. 15 meeting that in her opinion that guideline didn't apply in the Guidobonos' case and Funke had said there were no plans to sell the property.

The commission's Nov. 15 6-1 vote accepting the application as complete followed Elmiger's opinion, but Allen also asked that Marzano weigh in.

Commissioner David Field cast the only no vote Nov. 15, contending that the Guidobonos were required to offer the building for sale. On Dec. 20, Field said the rules should be clarified.

"That ordinance is pretty tough," Field said. "I think it needs to be rewritten."

Opponents of razing the house say it would mean the loss of a historic building and open the doors to the future demolition of older buildings in the vicinity.

A structural engineer hired by the Guidobonos dates the building to 1865. It has been vacant for some time and was last used as the home of Maguire's Fine Art Gallery.

mjachman@hometownlife.com 734-678-8432 Twitter: @mattiachman



NORTHVILLE MILL RACE MATTERS

Mill Race Historical Village is located at 215 Griswold, north of Main Street, near Ford Field. Grounds open daily dawn until dusk. Buildings will re-open each Sunday starting in June 2018. Mill Race relies on rentals and memberships to maintain the village. Consider becoming a member or making a donation today; go to www.millracenorthville. org for details.

Upcoming events **Grounds closed for**

wedding: 10:15 a.m. to 1:15 p.m. Dec. 31. The office and the

archives will be closed for the holidays through Jan. 8. **Lecture Series: What**

You Leave Behind-Your Cyber Legacy: 7 p.m. Jan. 24. New School Church at Mill Race Village. No fee. Donations accepted.

Lecture Series: When Amelia Came to Michigan: 7 p.m. Jan. 25. New School Church at Mill Race Village. No fee. Donations accepted.

Winter Tea: 1-3:30 p.m. Feb. 18. Tickets available in the office.

Lecture Series: Thomas Nast, the Cartoons that Changed America: 7 p.m. Feb. 28. New School Church at Mill Race Village. No fee. Donations accepted.

General info

Website: www. millracenorthville.org Volunteers: The

Northville Historical Society at Mill Race Village accepts volunteers in many different areas. We are in special need of Sunday store clerks and help with our fundraising teas. Students, we're happy to verify your volunteer hours with school or scouts. Please

contact the office for more information.

Rentals: Call or email the office to rent the Cady Inn or church for a wedding or party. Many dates are available. More information on our website.

Donations: Archives donations accepted from 9 a.m. to noon each Tuesday.

Archives: The archives are open from 9 a.m. to 1 p.m. Monday and Tuesday.

Office: The office is open from 9 a.m. to 1 p.m. Monday through Wednesday. All other times by appointment only. In inclement weather, we follow Northville Public Schools. If it is closed due to snow/ice, the NHS is also closed. Call 248-348-1845 or email office@ millracenorthville.org.

CHARTER TOWNSHIP OF NORTHVILLE **ZONING BOARD OF APPEALS - PUBLIC HEARING** January 17, 2018 - 7:00 P.M.

The Zoning Board of Appeals (ZBA) has scheduled a public hearing for Wednesday, January 17, 2018 at the Northville Township Municipal Office Building, located at 44405 Six Mile Road, Northville, MI. The ZBA will consider a variance requests to Chapter 170, Zoning Ordinance as follows:

- · Kings Mill Co-op Complex (ID#77-037-99-0003-001), Article 21, Lighting Standards (Exterior Liahtina):
- 9240 Napier (ID#77-023-99-0008-000) & 9250 Napier (ID#77-023-99-0006-000), Article 28, Private Road (Gated Entrance) and Article 31, Fences (Front/Side Yard).
- 18695 Fox Hollow Court (ID#77-034-04-0023-000), Article 3, General Use Provisions (Accessory Structure).
- 46125 Norton Court (ID#77-016-01-0015-006), Article 18, Schedule of Regulations (Lot Coverage).

Written comments regarding these requests will be received by the ZBA at 44405 Six Mile Road, Northville, MI 48168. The meeting will begin at 7:00 P.M.

Paul Slatin, Chair Zoning Board of Appeals

Published: December 28, 2017

Addicts kick drug habit with faith, life skills

Sharon Dargay hometownlife.com USA TODAY NETWORK — MICHIGAN

Grace Centers of Hope in Pontiac offers a free, year-long residential program for substance abusers.

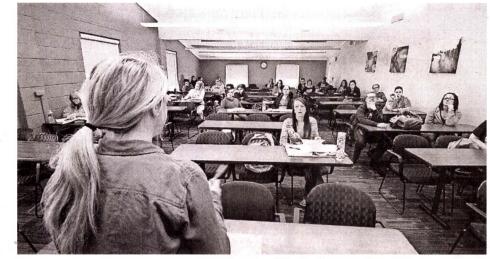
But it's often the last place an addict wants to be.

"Grace Centers of Hope is usually the last stop for people. Most of our residents have been to numerous rehabs and there are numerous reasons for that," said Melissa Aupperle, director of donor relations. "People want a quick fix. If. you've been an alcoholic all your life, a three-day program is not going to cut it.

"A lot of people want to do a short-term program and they think one year is too long. We've found it important for people to dedicate a year of their life."

Aupperle admits the program isn't for everyone. Men who are employed often are reluctant to give up a job in exchange for working on their sobriety. Some prefer a secular environment.

"We're a faith-based program and we don't apologize for that," she said. "We believe it's the hurts of the heart that



The women's residential program at Grace Centers of Hope offers a variety of classes, including parenting and spiritual studies. GRACE CENTERS OF HOPE

cause someone to use drugs. We try to heal the hurts of the heart and we believe in taking a Christian approach.

"We're building a community. It's not just a facility."

The organization runs separate vear-long residential rehabilitation programs for both men and women. The women and children's center has 106 beds and the men's has 60 beds, along with a few private rooms. There's also an emergency shelter for individuals and families. Hands of Hope Childcare Center offers day care for newborns through age 2, preschool for 3- and 4year-old children and

educational and recreational programs for children of parents involved in the organization's programs. Little Grace Village consists of several single- and multifamily homes on a nearby street. Graduates of the residential rehab programs can rent the houses while involved in "after care" programs.

"One thing we're passionate about here is reuniting families," Aupperle said. "Lives rescued, families restored, hope renewed is the tagline we've used."

Life skills In addition to Bible studies, twice-weekly church services and Christian-based counseling, the organization offers a "comprehensive life skills program" to rehab participants.

"We focus on the whole person, not just the addiction. We want them to adopt healthy habits," Aupperle said. Nutrition information, exercise, parenting in sobriety and job-hunting skills help program graduates become "healthy, productive citizens."

"People are busy here," she said. "They're also volunteering in a variety of ways. We have four thrift stores where they volunteer and gain retail experience." With no medical pro-

fessionals on staff, the



Grace Centers of Hope houses a women's residential program in this building. GRACE CENTERS OF HOPE

organization refers participants to other agencies for medical needs and psychological assessments.

Grace Centers of Hope draws men and women from throughout Michigan for its yearlong program. The average age of participants was mid-40s for many years, but now the program sees more 18- to 30-year-olds.

Graduates who relapse after leaving the program are encouraged to return for another 30 or 60 days in residential rehabilitation.

"We don't have bars on the doors and they are free to go if they feel the program isn't right for them," she said. "When people come here, there are no surprises. They know what our parameters are. They know we're faith-based. They know the ground rules up front."

Grace Centers of Hope offers its residential drug rehabilitation program free to participants. The organization is funded by grants, private donations and fundraising events. Major events include the Women Helping Women luncheon and fashion show in April, the David Mardigian Hope in One Memorial Golf Classic in June and the Night of Hope gala in November.

Early tickets are available through Jan. 31 for the fashion show, luncheon and silent auction, scheduled for April 21 at the Royal Park Hotel in downtown Rochester. Cost for individual admission is \$90. For more information, go to gracecentersofhope.org.

sdargay@hometownlife.com

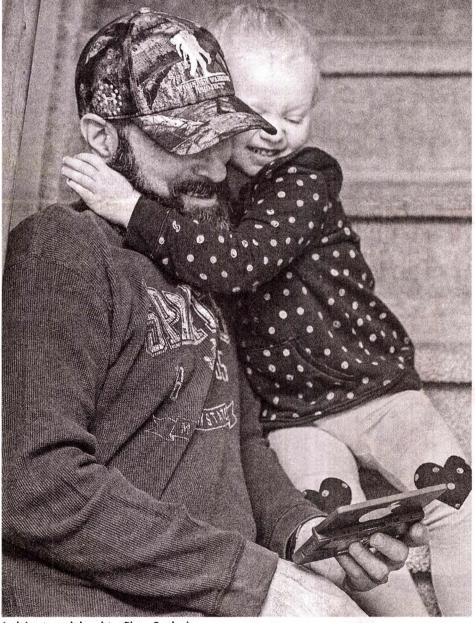
RECOVERY

Continued from Page A1

church attendance and continuing contact with a counselor, after graduating from her court-appointed one-year residency program.

Before entering the residency program, she had used both opioids and heroin, two of the drugs responsible for the greatest number of drugrelated deaths from 2000-16, according to the National Institute on Drug Abuse.

In Michigan, drug overdose deaths increased each year from 2013-15. Of 1,981 overdose deaths in 2015, 884 were





to Attorney General Bill Schuette. In September, Schuette joined a coalition of 40 attorneys general that is investigating opioid pharmaceutical manufacturers and distributors. In October, he and other attorneys general asked Congress to make treatment for opioid addiction more affordable and accessible.

That same month, Wayne and Oakland counties sued several drug manufacturers and distributors. According to the lawsuit, which was filed in U.S. District Court, "Michigan health care providers wrote 11 million prescriptions for opioid drugs in 2015 and another 11 million in 2016 — more annual opioid prescriptions than Michigan has people."

Lentz is well-aware of opioid statistics. She lived them while growing up.

Addictive family

The Florida native recalls that her mother took opioids for a back injury and multiple surgeries.

"It wasn't like she became an addict by choice at first," Lentz said. "She was on every drug — morphine, Dilaudid, you name it. It seemed that my mother was having a surgery every couple of years my whole life. She'd be in bed a lot. I was cooking whole meals when I was 8, 9 years old. This is just how it was."

As a teenager, she mirrored her mother's coping skills, using alcohol at first and then ex-

Jack Lentz and daughter Piper, 3, playing. BILL BRESLER | HOMETOWNLIFE.COM

perimenting with Vicodin.

She met her future husband Jack in 2005, while working as a waitress at a seafood restaurant he managed in Orlando, Fla. They had their first daughter, Rylie, a year later. When the restaurant was sold, Jack went to truck driving school and got a job in Michigan. In 2010, they moved to Milford, where Jack had grown up and where family members lived.

Lentz worked as a waitress in Howell briefly and then became a stay-at-home mom for their son, Silas, now 6. She also made friends with other moms and dads who were "heavy partiers, drinkers and people who took pills." just like her family and friends did in Florida. She paid friends \$20 a pill and sometimes sought medication on her own from urgent care centers for non-existent

medical problems.

"It gave me energy and there was no hangover," she said. "I'd be up for days just going and cleaning. I felt like super mom. You walked into my house and it was immaculate. You walked into my lifestyle and it seemed I had everything together, but I didn't. Everything I did, I did high."

Trying heroin

She initially took a pill once or twice a day, but began searching for a stronger high as her tolerance for the drugs grew. Vicodin gave way to Dilaudid and OxyContin. One day in 2011, when she couldn't find any pills for sale, she reluctantly took a friend's advice to try heroin. She snorted the drug at first, but it wasn't long before she began injecting it.

When the family began receiving shut-off notices for unpaid utility bills in 2012, Jack con"I was mad," he said. "But we had kids together and I loved her. I knew if we could get past this

fronted her.

and see our way through this, things could be different. I stuck it out. It was tough, a lot of tough times."

He cut off her access to a checking account and credit cards. He paid her bond the first and second times she was arrested for felony retail fraud, but let her sit in jail for months after another arrest. A courtordered 90-day treatment plan followed. Ninety days turned into 120 days and she eventually moved into sobriety housing in Pontiac, but was evicted for not paying rent.

"My first experience in a treatment center helped me a lot at that time, but I started using within a week of leaving," she said. "Ninety days is not enough for anybody."



Jessica Lentz credits Grace Centers of Hope and her faith for her turnaround. BILL BRESLER | HOMETOWNLIFE.COM

"I was mad. But we had kids together and I loved her. I knew if we could get past this and see our way through this, things could be different. ... It was tough, a lot of tough times." JACK LENTZ

Although she was reluctant to spend a year at Grace Centers of Hope, she found camaraderie and a sense of community. She was allowed to bring her children to the center's day care and learned to parent while sober. The couple met with a marriage counselor and Lentz took classes in relapse prevention, addiction cycle, spiritual studies and job skills.

"You dig deep into your heart and experiences in your life to try and figure out why on Earth you stuck needles in your arm," she said. "I was a survivor of verbal, mental and sexual abuse. These things had happened and I didn't acknowledge them. I just medicated them."

The couple married and Lentz was hired as a receptionist at Grace Centers. After Lentz graduated from the residential program, the family planned to move into a nearby house owned by Grace Centers to complete their twoyear after care experience. While the house was being renovated, Lentz commuted each day from Milford. She gave birth to her third child, Piper, now 3, but soon found the pressures of work and motherhood overwhelming.

She relapsed and returned to the residential program three times in 2015 before the family moved into their new house in Pontiac.

Lentz, who gave birth to their second son, Cohen, nine weeks ago, is nearly finished with the after care program. She has plans to become a certified personal trainer and also hopes to minister to the homeless or victims of human trafficking. She's teaching her children about empathy toward the homeless and drug-addicted.

"I'm not on probation," she said. "I'm sober because I want to be. My family is strong. My faith is strong and I'm excited to see what God has next in my life."

sdargay@hometownlife.com

L

I am an American We are One Nation

HELPING SHAPE YOUNG PEOPLE'S LIVES

Mahal Burr gives students tools to work for social change

DAVID WATERS

MEMPHIS COMMERCIAL APPEAL USA TODAY NETWORK – TENNESSEE

Each week, this series has introduced you to an exceptional American who unites, rather than divides, our communities. To read more about the American profiled here and more average Americans doing exceptional things, visit onenation.usatoday.com.

MEMPHIS, Tenn. – Mahal Burr had trouble distinguishing right from left. Her mother put mismatched socks on her to help her learn.

Several years later, Burr, whose mother is white and father Filipino, started wearing different colored socks again for another reason.

"I didn't want to be known as the white girl or the Chinese girl or the Filipina girl," Burr said. "I wanted to choose my identity. So I became known as the mismatched socks girl."

Today, Burr helps seemingly mismatched young people in Memphis choose their own identities and understand and value those of others.

Burr, 27, is community action coordinator for BRIDGES, a nonprofit youth leadership program that helps students build relationships and work for social change across racial, ethnic and income divides.

Burr was building bridges long before she began working for an organization named for them in a Mississippi River city defined by them.

Her given name is a sort of bridge. Mahal means "love" in Tagalog, a language spoken by her Filipino father. It's also short for Mahalia, as in Mahalia Jackson, her Mississippi-born mother's favorite gospel singer.

Burr's families span two continents and multiple faiths, including Muslim, Jewish, Baptist, Presbyterian, Catholic and Quaker, as well as atheist and agnostic.

"I often see myself as a bridge," Burr said. "I believe there is God, good and love in everyone."

Everyone includes juveniles who are in jail awaiting trial on charges such as possession of drugs or firearms, assault, rape or murder.

At BRIDGES, Burr and her colleague, Evan Morrison, organized a new and un-



Mahal Burr, 27, works for a Memphis, Tenn., nonprofit that helps students build relationships and work for social change. JIM WEBER/THE COMMERCIAL APPEAL

MAHAL BURR

Location: Memphis, Tenn.

Age: 27

Profession: Community organizer

Mission: To involve youth in solving systemic problems that affect their lives and futures

conventional leadership program called Incarcerated Youth Speaking Out for Change.

The program puts youth detainees in front of police officers, political leaders, church groups, students and others to help them understand the root and systemic causes of youth violence.

"We have to listen to the people who are experiencing those problems firsthand, and involve them in repairing the systems that failed them." Burr said

systems that failed them," Burr said. It's a lesson she learned as a college intern working with struggling single mothers in Chicago, and as a college graduate working with abused teen mothers in Memphis.

"The solutions isn't what we bring," she said. "It's what we find."

ONE NATION

Nominate an American

Who are your American heroes? Share stories and nominees at onenation.usatoday.com or via email to onenation@usatoday.com or post a video submission to

Twitter, Facebook or Instagram (no longer than 2 minutes, please) with the hashtags #IAmAnAmerican #WeAreOneNation.

Q&A WITH MAHAL BURR

What does it mean to you to be an American?

When I think of being American, I think of shame, struggle and conflict within our country. I think of our country, our government, our identity that claims "American" to mean only the United States and our celebrated patriotic history of white supremacy, genocide and enslavement. And I think of the many people I know, admire and link arms with in fighting systemic racism, sexism, heterosexism, classism, anti-Semitism, ableism as well as other forms of oppression. I think America is still struggling to accept all that it is, and I wonder what American would mean if we embraced Fannie Lou Hamer's quote, "Nobody's free until everybody's free."

What moment touched and motivated you to launch this effort?

I know the precise moment. For an hour, the chief jailer had been listening to 18 incarcerated youth share their insights regarding the causes of youth violence and then brainstorm their own solutions. Then the chief jailer spoke. He said to the group, "I have just learned things from you all that I never would have even thought about otherwise." It was in this moment that everyone in the room realized that not only do these young men have insightful knowledge, but also that their knowledge and insights are necessary to strengthen the systems that failed them.

What gives you hope or what concerns you?

The more I know, the more concerns I have and the more I realize how much needs to be done, if we hope to dismantle systemic oppression that causes so much brokenness in our country; youth being kicked out of schools into prisons; racial hatred and violence; sexual objectification, abuse and discrimination. All of these and more are supported by systems in our society, and we have the responsibility to dismantle them to build something better. What gives me hope is when people come together across experiences, age, socioeconomic class, race and even jails bars and begin listening, valuing and acting on their combined knowledge for a collective good.

What do you hope to accomplish through your efforts?

My hope is to create a mechanism by which we get the insight of firsthand experience at the table to crafting solutions to systems that are oppressing marginalized people in our society. Right now, those in charge of our government, jails, law enforcement and schools are like doctors who do not listen to the voices of their patients. In the words of one of the incarcerated young men as he spoke to the youth of our city, "We need solutions that include the insights and knowledge of people who have experienced the problem firsthand." In my dream world, we would expand the idea of Incarcerated Youth Speaking Out for Change across the country and begin a wave of stronger, more informed and more just government, jails, law enforcement and school systems.

High school students teach diversity lesson

Brad Kadrich

USA TODAY NETWORK — MICHIGAN

Detroit Country Day School officials felt like the holidays were a perfect time to teach younger students about the broad diversity of cultures that will be celebrating this time of year.

That's why DCDS high school students spent time last week with second-graders, helping them understand messages of diversity and hope during the holiday season.

Upper School students shared information about the history and significance of each holiday to younger students, accompanied by a colorful decorative display. This year's display included the Chinese New Year, Christmas, Diwali, Hanukkah, Kwanzaa and Ramadan.

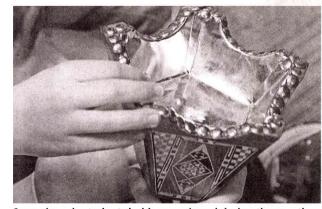
While the exhibits are beautiful and festive, they also teach an important global awareness and appreciation to the students and school community.

Junior Bella Baldwin said she felt it was "important to participate" in

L.



Krithin Marpury learns about the origins on the celebration of Christmas. BILL BRESLER | HOMETOWNLIFE.COM



Second-grade students hold a vessel used during the month of Ramadan. BILL BRESLER | HOMETOWNLIFE.COM

the cultural program.

"It really shows the big picture of our diverse world and the importance of respecting and understanding other religions and traditions around the holidays," Baldwin said. "It's amazing to see the second-



High school students at Detroit Country Day explain holiday celebrations from different cultures to second-graders. BILL BRESLER | HOMETOWNLIFE.COM

graders so engaged in learning about other traditions that we all share and it paves the path for a peaceful future."

Baldwin said she thought the second-graders "learned a lot" about how diverse even just their group was.

"They saw that many people in their class and grade were from a different religion as them, but recognized that and were eager to learn more, from them and us," Baldwin said.

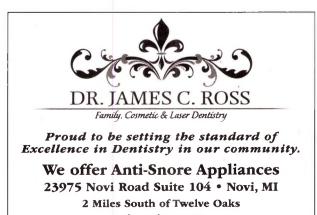
School officials said the program was designed to help younger students learn about traditions that may be different than their own become more thoughtful, compassionate and openminded.

That's why freshman Nathan Schechter wanted to get involved. He said the learning goes both ways.

"I think it is important

to participate in this program to teach both the second-graders and the presenters about the possibility of religious pluralism by showing them the different practices of each religion," Schechter said. "Today, the second-graders learned not only about the separate holidays, but also the differences and similarities between them."

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248-347-5959





Flashlight event lifts spirits in pediatric unit

Sharon Dargay hometownlife.com USA TODAY NETWORK -MICHIGAN

A new holiday tradition is taking shape every night this month at Beaumont Hospital's Royal Oak campus.

Moonbeams for Sweet Dreams is a little like a seasonal light show, but with a higher purpose showing pediatric patients they're not alone.

"This time of year, everyone is busy with their families, doing all kinds of festive things to prepare to celebrate Christmas. These children are in the hospital, so we're here to show our support to them and their families," said the Rev. Jim Smalarz, pastor of Our Lady Queen of Martyrs in Beverly Hills. "It's a great community event and Our Lady Queen of Martyrs Church and School is happy to be a part of it."

Smalarz was one of approximately 150-200 well-wishers who braved harsh winter weather this week to attend one of the nightly Moonbeams for Sweet Dreams gatherings.

Well-wishers began arriving shortly after 7:30 p.m. at an outdoor plaza that's visible from the hospital's pediatric department. Some dressed in Santa hats or wore strings of colored lights over their scarves and parkas. Some mingled and chatted, while others huddled together for protection against the frigid wind. They counted down to an 8 p.m. signal, when pediatric patients waved lights from their hospital rooms. Members of the crowd, some shouting "Merry Christmas," waved back with their own flashlights and glow sticks.

The entire exchange of lights lasted about five minutes.

Big crowd

"We have close to 200 people every night. It's just beautiful," said Nancy Sovran, a member of the Pediatric Family Advisory Council wh



Royal Oak police brought a squad car with its flashing lights along with crowds waving flashlights to the patients on the pediatric floor of Beaumont Hospital in Royal Oak. DAN DEAN | HOMETOWNLIFE.COM



Patients and family on the pediatric floor of Beaumont Hospital use flashlights to wave to the crowd outside. DAN DEAN | HOMETOWNLIFE.COM

teract Club. Norman Hurns Sr., also from Groves, participated with students from African Americans Changing Tomorrow.

"We encouraged our kids to come out tonight and picked a special night to be here. We thought it was really important," Kondak said. "We've been plugging it

for about a month. We couldn't be more pleased to be here. I'm wearing my Groves green. Hopefully, they'll find me. I see kids keep drifting in, so I'm excited and encouraged."

Barbara Crowley, a parent, encouraged parents, students and teachers from Covington School in Birmingham to participate in the event. "Empathy is our character education theme this year," Crowley said. "So we really wanted to

connect with how these kids are feeling.³ Teacher Rick Joseph said he and Warner, who teach fifth and sixth grades at the magnet school, heard about the program from Crowley. "We jumped all over it

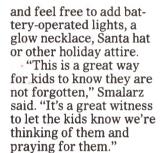
and said we'd love to come," Joseph said. To participate in Moonbeams for Sweet Dreams, arrive by 7:40 face lot just east of the

HOMETOWNLIFE.COM

p.m. and park in the surmedical building at the campus, located on 13 Mile, just west of Woodward Avenue. Bring a flashlight or glow stick. Dress in warm clothing

Crowds wave flashlights to the patients on the pediatric floor

of Beaumont Hospital in Royal Oak. DAN DEAN |



sdargay@hometownlife.com



WE'LL TAKE CARE OF ALL THE MAINTENANCE. YOU TAKE CARE OF HAVING ALL THE FUN.

along with the Child Life Services staff, created the nightly event. The council consists of

parents of children who have received services at Beaumont Children's Hospital. They offer suggestions and advice about programs and practices to enhance the pediatric patients' stay in the hospital.

We take on different initiatives and come together with staff to make things better in the pediatric center," said Sovran, whose daughter Hope was a longtime patient at Beaumont. "One of our members saw that they did this in Boston. She brought the idea to council."

Sovran, director of the nonprofit organization Wish Upon a Teen in Birmingham, invited 15 community members to the event Dec. 11. She registered Our Lady Queen of Martyrs and two Groves High School clubs to participate the following day and she'll return at least one or two

- times before the program ends Dec. 31. Beaumont's online
- registration site filled up fast. According to the hospital's website, there's
- no need to sign up and anyone may attend any of the Moonbeams for
- Sweet Dreams events this month.

v L

Birmingham schools

Jennifer Kondak, community service organizer for the Birmingham Public Schools district, attended the event with students from the Groves High School In-



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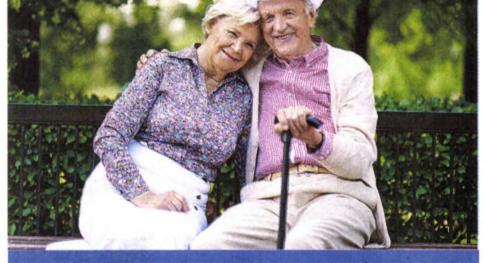
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INSIDE: GOALTENDERS GET A TASTE OF TRADING PLACES, B2

SPORTS

SECTION B (NNNR) THURSDAY, DECEMBER 28, 2017 OBSERVER & ECCENTRIC MEDIA HOMETOWNLIFE.COM

BOYS BASKETBALL

Plymouth's strong balance stymies John Glenn, 64-57

'Cats lead wire-to-wire, sparked by five players scoring in double digits

Tim Smith

hometownlife.com USA TODAY NETWORK — MICHIGAN

With Joe Moon IV in the backcourt, Westland John Glenn's boys basketball team never is out of a game.

But the Rockets never were able to overcome a sluggish start Dec. 21 at Plymouth, falling behind 8-0 and never enjoying the lead — ultimately falling 64-57 in a KLAA Black Division match-up.

Plymouth (3-2 overall, 1-1 in the division) managed to hang tight despite a 26-point effort from Moon, a junior point guard who is equally dangerous shooting from outside or taking the ball to the rim. The Wildcats benefited from having five players score 10 or more points.

"We did a nice job on the glass," Plymouth head coach Mike Soukup said. "It was definitely a focus coming in. I thought we played really well as a unit."

Moon also played tight defense against Plymouth senior guard Anthony Crump, allowing the Division I recruit to score just 11 points.

"They, obviously, were trying to take Anthony away," Soukup said. "Joe Moon was face to face with him the whole game, which was an intelligent thing on their part to do. But other guys were cognizant of that and stepped up and really made some plays tonight."

John Glenn head coach Rod Watts, whose team dropped to 1-2, said his squad kept battling in an attempt to make up for the early deficit.

An inability to get on a good offensive run — acerbated by struggles rebounding and keeping Plymouth players from getting into the paint wound up costing the Rockets.

"That's where I was getting on my guys about boxing out,"

See PLYMOUTH, Page B3



BRAD EMONS, EDITOR

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Battling around the basket are Plymouth's Troy Aikins (center) and Westland John Glenn's Frankie Braxton (left) and Asonta Hargrove. JOHN KEMSKI J EXPRESS PHOTO

WOMEN'S SOCCER

THE NEXT STEP

Catholic Central grounds Falcons for 5-0 start

Lukomski's 19 points leads balanced Shamrocks attack in 74-63 win

Brad Emons hometownlife.com USA TODAY NETWORK --- MICHIGAN

Novi Detroit Catholic Central has proven to be a high-

scoring team en route to a 5-0 boys basketball season start. The Shamrocks came in

averaging 80 points per





Grand Valley State's Gabriella Mencotti (right) is looking for a chance to play in the National Women's Soccer League. EMILY FRYE | THE LANTHORN

Division II Player of the Year Mencotti eyes pro tryout

Brad Emons

hometownlife.com USA TODAY NETWORK — MICHIGAN

Gabriella Mencotti's list of achievements for the Grand Valley State University women's soccer program the past four years has been staggering, to say the least. The 5-foot-11 forward from Northville High School played in and started more matches than any Lakers player in history, finishing her highly decorated career second all time in goals (85) and total points (203). The Novi resident also ranked third all time in gamewinning goals (22) and assists (43).

And despite being the cen-

ter of attention by opposing teams, Mencotti led the nation in goals (30) and points (70) while dealing 10 assists en route to being named the Division II Conference Commissioners Association National Player of the Year for the second straight season.

During her career, Mencotti played on two NCAA Division II championship teams (2014-15) and one national runner-up squad (2016). This season, the Lakers finished 20-4,

Mencotti

reaching the elite eight before losing 3-1 to No. 1-ranked and eventual national champion Central Missouri, which fin-

See MENCOTTI, Page B2

Abdelnour

game, but the defense wasn't quite where it could have been following a 92-84 win six days earlier (Dec. 15) over Beverly Hills Detroit Country Day.

"When we went to practice, we really tuned up on defense. That's what we really focused on," CC senior guard A.J. Abdelnour said. "Limiting teams, I think our goal is 54 a game. We don't want to give up anymore than that and we'll win, because we can score way more than that."

CC tightened things up on defensive end Dec. 21 for three quarters and it resulted in 74-63 triumph at home over Dearborn Divine Child.

"We gave up 84 last time, not as many this time," CC coach Bill Dyer said. "We're still young and we still have things to learn, I think. Of course, we could have made more free throws late to help us out, but it was a solid effort and they're good, too. They're well-coached. They kept us off-balance for a little bit."

The Shamrocks led 32-25 at halftime, after leading by

See SHAMROCKS, Page B3



Tim Smith hometownlife.com USA TODAY NETWORK ---MICHIGAN

If Drew DeRidder and Tommy Miller passed each other inside USA Hockey Arena in Plymouth, nobody would have blamed them for going toward the wrong locker room.

The Dec. 16 hockey game between DeRidder's U.S.

National

Team De-

Program

U-18 team and Mil-

ler's Michigan State

velopment



DeRidder

University squad proved to be an interesting tale of trading

Miller

DeRidder, a 5-10 goalie and Fenton resident, will be a future Spartans goaltender. Meanwhile, MSU freshman defenseman Miller, from West Bloomfield, skated last season for the U.S. U-18 team.

places.

Although both enjoyed the chance to square off against (take your pick) their future or past team, they said they approached the 60 minutes of action like any other game on the schedule.

"It's great to play all the college teams I'm going to face next year," said DeRidder, who played a strong game in a 3-0 defeat (allowing just two goals; the third MSU goal was an empty-netter). "And it's great to play the future team and play against all the kids I'm going to play with in the next couple years.

"I try to just treat it like another game and not get excited, but it's hard not to get hyper about it. I felt I kept it under control."

Miller, who honed his playing skills as a youngster in the Little Caesars, Honeybaked and Compuware programs before playing 2015-17 with the NTDP, said it was nice to play in his former team at the Beck Road arena. But "you go at it the same way as any other game." That doesn't mean Miller didn't have a little extra jump in his skates when he took the ice to go against the U.S. Last season, he was part of the



on bet. 10, WIDF 0-10 goalle blew beniddel lated his lature tealh — Mithigan State Oniversity.Reva Davent (05A HOCKET



Michigan State goalie Ed Minney and defenseman Tommy Miller face their former team Dec. 16. At right for the NTDP U-18 squad is defenseman Adam Samuelsson. RENA LAVERTY | USA HOCKEY

2018-19.

"It's pretty cool for (DeRidder)," Miller said. "I was in the same shoes as him, playing my future school. It's weird, but it's very cool."

At the other end of the rink from DeRidder was Michigan State senior goalie Ed Minney, who stands 6-4 and plays a different style between the pipes. Minney also is an NTDP graduate, although he played when the program was based in Ann Arbor.

"I don't know (Minney) very well," DeRidder said. "It's cool to be going in the same places."

Looking to future

On Dec. 16, DeRidder was focused on helping his current team. But once the hard-fought contest was over, he couldn't help but think about what the future holds for him. If all goes well, he'll be a Spartan in 2018-19.

"The next few years will be really nice," De-Ridder said. "(MSU's) game is completely different than ours. They focus on more of a defensive style and we're all fast-paced offense.

"It's going to be an adjustment, but as a goalie, it's good to have a team wanting to play defense in front of you."

That he isn't going to suddenly add four or five inches to his frame over the next year doesn't bother him too much, either.

"I'm not too big, so it's not good to (for him) to have a 'butterfly, block and get in the way' style," he said. "You got to be more aware, know where everyone is and then be ready to react to everything."

Now that DeRidder has an up-close-andpersonal taste of what it will be like to play college hockey, he can't wait to reach Munn Ice Arena — after helping the U.S. capture some more international tournament hardware, of course. "I skate with a lot of

high-level NHL players

team that won a gold medal at the 2017 International Ice Hockey Federation U-18 World Championship in Slovakia.

He worked tirelessly to make the opening day roster in 2016-17, after playing sparingly for the NTDP U-17 team in 201516.

"Made the (U-18) team (last year) and took advantage of all the facilities and coaching," Miller said. "It worked out well."

Another plus for Miller is the fact MSU's new coaching staff (head coach Danton Cole, associate coach Chris Luongo of Novi and goalie coach Joe Exter) came over from the NTDP at the

same time. "On the same page with a lot of things (with Cole)," Miller said. "I know his mottos and how he stands on things and how he wants things to be done.

"We kind of have a similar background on that and determination ... just the right attitude. It comes from here (USA Hockey) and translates over to Michigan State."

Miller then smiled about facing the guy who will be a MSU goalie in and college players during the summer," he said. "That should be a good thing for me to do. And, obviously, off-ice is a really big deal."

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MENCOTTI

Continued from Page B1

ished 26-0.

In her final game, it was only fitting that Mencotti scored her team's lone goal.

"It was a great four years. I enjoyed every season," Mencotti said. "Coming in with a national championship and leaving with such an amazing class ... it's such a great team to finish off, I think. It was a very successful four years and something that I'll always remember. The best choice I ever made was going to that univer-

sity. Nothing but happy with the decision I made. I'm glad to be done and some new players can come in that I can watch, so I'm excited for the future."

The consensus first team All-America choice also earned the Academic All-American of the Year award from College Sports Information Directors of America and United Soccer Coaches named her a first team Scholar All-America. HERO Sports named her the Division II women's soccer HERO of the Year.

"I think last year, after

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losing such a great class and gaining 14 new players, I think we did a good job adjusting to the dynamic of the team and what new people we had coming in," Mencotti said. "Obviously, we didn't get as far as we wanted, but I think we still had an exceptional season. All our new players stepped up, our returning players stepped up and I think we really had a bunch of players come into their own and become great players this year. Even though we didn't get as far as we had hoped, I think still we had a great season and players developed into better players than they were before."

Mencotti, a double major in finance and marketing, will graduate from GVSU in April.

But she has some unfinished business left in her soccer career. She hopes somebody in the National Women's Soccer League will show interest.

"I'm looking for my options professionally, either in the U.S. or out of the country," Mencotti said. "The next couple of months, hopefully, I'll be figuring that out. I've put in information for the NWSL draft. I'll be sending out film and video overseas, depending what my options are."

Grand Valley head coach Jeff Hosler has been working behind the scenes to help make it happen.

"Having gone through this process with a couple players, it's one that you really can't predict," he said. "Gabby is very determined to play professionally, which helps her cause and gives her a lot of different options, whether that is NWSL or abroad. The next few weeks is when we start to hear from clubs a little more seriously about players they're interested, getting to know them before the draft here in January.

Hosler believes Mencotti has all the tools to play at the next level.

"I think her skill set, her size and her athleticism are all things that are going to be very attractive to be a good professional," he said. "Because of her mobility, her fitness and athleticism and tactical ability . all those things go hand-in-hand playing closer to goal. And with that trend in professional soccer right now, those all really bode well for her in remaining in that

type of position with that type of player. But she's also such a coachable kid. She can really play anywhere on the field and make that adjustment and buy into it. It wouldn't surprise me (if) she goes undrafted, but has some opportunities for individual workouts immediately following the draft with a number of clubs."

Mencotti's role expanded this season as she earned Offensive Player of the Year honors in the Great Lakes Intercollegiate Athletic Conference. The first team all-conference pick had five goals and three assists in the GLIAC tournament, earning tournament MVP honors while helping GVSU capture its 11th consecutive tournament title and 13th

straight regular season championship. She also racked up

four hat tricks on the 2017 season, including a stretch of three straight matches (Oct. 6-11). Mencotti scored at least one goal in all six postseason matches for the Lakers, scoring nine goals across the final six games of her college career.

"I think she took an even bigger role as a leader in her final year,"

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Hosler said. "This was a very young team that we had this fall. We had 14 new players in our program, which is a little more than half, so her and her senior class did a fantastic job of bringing them in, getting them along, helping them to understand expectations and how to achieve them, while managing very good team chemistry."

During her junior year, Mencotti was flanked by two very talented seniors on the wing along with Marti Corby, a two-time Division II National Player of the Year midfielder. Having to deal with that type of attention and putting up the numbers made her senior season even more impressive individually.

"She had to deal with double-teams and tripleteams and be the focal point of every opponents" defensive tactics throughout the year," Hosler said.

In his 12 years as a college coach, Hosler said Mencotti ranks right at the top, not only as a special player, but also as a special person.

"You're talking about somebody who has almost every accolade under the sun in her four years here, yet she al-

ways remains very humble," he said. "You give her news of an award and she has a big smile on her face and there's almost a little bit of shock. You wouldn't expect someone who has had that success to react that way, but she's a very genuine person and humility shines through. Coaches will always tell you how great their kids are, but she's somebody I constantly rave about and will for a long, long time."

Mencotti said Hosler has fostered a trust that goes beyond the game of soccer.

"Whatever a player needs, he's willing to help with," Mencotti said. "Love him as a coach, great at communicating and helping everyone out. So it's good."

And while Mencotti isn't quite ready to get soccer out of her system, she's prepared either way.

"If this doesn't work out, at least I want to try," Mencotti said. "If it doesn't work out, I'll go out into the real world and try that one out."

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ATHLETE OF THE WEEK Northville's DeGroot wins weekly honor

Tim Smith hometownlife.com

USA TODAY NETWORK — MICHIGAN

Northville senior boys swimmer Trevor De-Groot did what he does best to win the hometownlife.com Prep Athlete of the Week poll for the week ending Dec. 15. He finished strong to

outlast staunch competition..

Such was the case both in the pool and in the poll — DeGroot tallied 6,957 votes, more than 49 percent of the total 14,121 votes cast.

Canton senior girls basketball player Carli Vaughan (6,021 votes, 42.6 percent) placed second. In third place was Livonia Franklin senior boys basketball player Mark Mettie (1,009 votes, 7.15 percent).

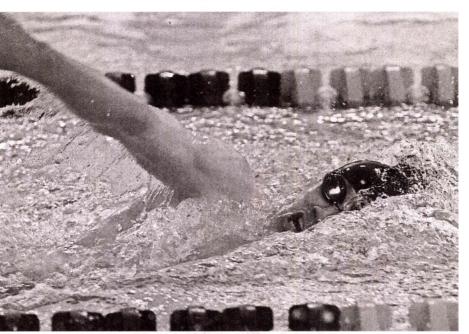
WHAT HE DID

The Mustang won the poll thanks to a big-time effort Dec. 12 against defending Division 1 state champion Birmingham Brother Rice.

He swept the 200- and 500-yard freestyles in 1:48.49 and 4:59.34, respectively, to spark the fifth-ranked Mustangs to a 94-91 victory over the Warriors, ranked No. 3 in the state.

"For the past three

BOYS HOCKEY



Northville's Trevor DeGroot, shown from last season, won the latest hometownlife.com Prep Athlete of the Week poll. FILE PHOTO

years, we didn't beat Brother Rice, so I was pretty excited heading into this one," DeGroot said. "I really tried to focus in on those races and we just had a great team effort all-around."

DeGroot said he "just felt good, felt loose in the water. I felt like I had pretty good turns."

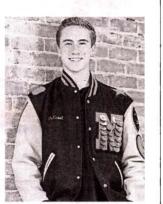
PERSPECTIVE

Northville coach Rich Bennetts also stressed to the Mustangs not to get too wrapped up in defeating Brother Rice. "Coach Bennetts told us at the end of the meet that it was an awesome win," DeGroot said. "But at the end of the day, it was just a dual meet. We have bigger goals than that. It really can't be the highlight of our season."

ABOUT WINNING AOW

DeGroot said winning Athlete of the Week honors is "an honor. I'm happy that people recognized swimming because it's not in the news too often. I'm thankful for that."

tsmith@hometownlife.com



Northville swimmer Trevor DeGroot is the latest Hometown Life Prep Athlete of the Week. NORTHVILLE SWIMMING

Birmingham Unified skates past South Lyon, 8-6

Brad Emons

hometownlife.com USA TODAY NETWORK — MICHIGAN

Andrew Beggs might have summed it best in describing Birmingham Unified's 8-0-1 start to the 2017-18 boys hockey season.

"It's obviously fun," said the junior forward, who pumped in four goals Dec. 19 during a wild 8-6 victory over host South Lyon Unified at the Kensington Valley Ice House. "It's something that we thought we could do and something that we executed, but we can't let "We just came out and we knew we had to be fired up because we were playing a good team on the road," Beggs said. "In a weekday game, a lot of teams would not have the momentum



sure we did that and we

popped five in the first

period and that's just

what we want to do. It

was the perfect storm.

came out flying. We

ed to make

third was pretty even, but penalties took over a little bit. The refs called some on them to help us get back in it and then they called a few on us. Our penalty kill wasn't good today."

Birmingham took advantage of a five-minute SLU cross checking penalty, getting a goal from Sanders off assists from Jack Muir and Brian Paswater to make it 7-4 at 2:27 of the third.

But Turowski's nifty back-hander from Ashton Jones and Jace Gerlach cut the deficit again to two, 7-5, with 2:57 left. South Lyon then took second period. We got back on our heels and got a little bit too comfortable. And again, South Lyon is a darn good hockey team, so I'm not taking anything away from them. We gave them an inch and they took a mile."

penalty trouble the

South Lyon starting goalie Nolan Smith, a junior, was pulled after giving up the third goal in the opening period. Sophomore Andrew Lowen finished the game.

"They're capable of so much more than what they showed in

PLYMOUTH

Continued from Page B1

Watts said. "We have a loaded schedule, we must box out to stay in the game.

"We've been in every game and I just think if we do a better job on the glass, those games, those losses, they could be (wins). You just never know."

Plymouth led 15-8 after one quarter and then both teams lit it up in the second (23 points each), but the Wildcats always had an answer when it counted.

Late in the third quarter, John Glenn started to gain some momentum, getting the deficit down to 46-40 thanks to a couple of quick baskets.

Then came what might have been the final nail in the Rockets' coffin.

With less than a second left in the quarter, Plymouth senior guard Justin Reynolds sized up the rim from the right corner and buried a trey. That made it 49-40 after three quarters.

Had that shot missed, the game might have been much closer down the stretch. The Wildcats maintained a lead of seven points or more the rest of the way.

Reynolds knew it was an important play as soon as he got the ball from senior guard A.J. Neal. He had confidence hitting that clutch shot because he was feeling it during pregame practice.

"I had to give us a little extra lead, a little boost, because they were going on a run at that moment," Reynolds said. "It's just rhythm shots I had to take. We warm up and we do those shots all the time and I just went through the motions."

Following are several takeaways:

TWO OUT OF THREE

Soukup said the final outcome of a ballgame usually swings in favor of the team that makes most of the three "clutch plays" that typically happen down third quarter qualified as one of those and a slamdunk by senior guard Joey Robb with 1:25 to go in the game (upping Plymouth's lead to 61-50 and pretty much sealing the deal) was the other.

"When it tips in your favor that way, it usually ends up being a win," Soukup said.

BALANCED ATTACK

Plymouth had five players scoring in double figures, led by Neal, who drained five triples for 15 points. Contributing 11 points was Crump, while Reynolds, Robb and senior forward Jeff Davis each scored 10 points.

"Hats off to Plymouth, they played a great team ballgame tonight," Watts said. "And they had a really, really balanced attack. (Soukup) does a really good job with those guys."

GOOD IMPRESSION

Watts said sophomore guard/forward Asonta Hargrove (six points) played well against the Wildcats, which bodes well for the second half of the season, when the Rockets will look to pick up some speed.

"(Hargrove) played pretty good," Watts said. "He's never been in this type of environment before. We'll take some knocks early, to be ready down the stretch."

NICE TO SEE YOU

During the first half, it was announced that four members of Plymouth's 2015 conference and district championship team were in attendance: Josh Reynolds (Justin's brother, now playing at Madonna University), Deji Adebiyi, Randall Aikins (Troy's brother) and Armani Tate.

EARLY FIREWORKS

The varsity contest didn't tip off until 7:45 p.m. because of two hardfought games by the freshman and junior varsity teams.

In the freshman game, Plymouth needed double overtime to prevail. The JV game nearly reached overtime, but John Glenn sophomore guard Solomon Johnson connected on a trey from above the top of the arc as time expired to give the Rockets a 46-45 victory.

that be the solution. It's a good start, but it's not definitely where we can be. We know we can do better and beat teams by more goals."

And speaking of starts, the Kings scored four times in the first 4 minutes, 42 seconds en route to a 5-0 first-period lead.

"We talked about outdetailing our opponent and we did that tonight." third-year Birmingham coach Steve Kruk said. "Our gap control was outstanding, hunting pucks in the offensive zone was outstanding, getting pucks to the net, having middle lane drive .. all the stuff that we harped on this week it was executed today better than any other period we've this year so far."

Beggs scored three of his four goals during the opening 17 minutes, while David Breaugh and Dane Hamilton both added one. All five goals were even-strength. We executed what we had in mind and executed our game plan perfectly."

Will Sanders then made it 6-0 for Birmingham just 1:46 into the second period off assists from Matthew Bachand and Hamilton

And by that point it appeared to be game, set and match, correct?

Not so fast, as South Lyon (5-2) made a game of it by scoring four unanswered goals before the period ended.

The comeback started with power-play goals from Ryan Bigler (from Gavin Ross) and Ross (from Bigler).

Luke Turowski's topshelf blast (from Gavin Pierz and Jake Heffernan), followed by a Ross wraparound (from Bigler), cut the deficit to 6-4 with 1:39 left in the second.

"The boys showed some heart, a little bit of bounce back in the second period," SLU coach Bill McCreary said. "The another costly penalty and Beggs capitalized on a power play with 1:34 to go from Muir and Breaugh.

Both Jack Pesta and Breaugh finished with three assists on the night, while other assists went to Ryan Zainea and Daniel Zalesin.

"Coming back into the (locker) room after the second period, we just talked about embracing adversity," Kruk said. "They're a good hockey team and we never expected to be up by six, nor should we have. But after we woke them up a little bit, we came back to life in that third period."

Aaron Caicco then scored with 28 seconds remaining to make it a two-goal deficit again, but it was too little, too late for SLU.

"Obviously, the first period was the best period we played all year," Kruk said. "It was outstanding. But even so, I know we got into a little that first period," McCreary said of his team. "It's a good hockey team and, with any good hockey team, you can't spot that kind of lead and expect success, no matter who we're playing. If we have to score nine goals to win, we're shooting ourselves in the foot. I'd like to think that we're stronger defensively than what we showed

today." Kruk, who was BU's JV coach for five years before taking over the varsity, likes what he sees so far from this squad.

"In my three years with the program, this is by far my best group we had," he said. "I don't mean that just by skill ... there's kids that buy into our culture and just go to work every day. It's just been outstanding."

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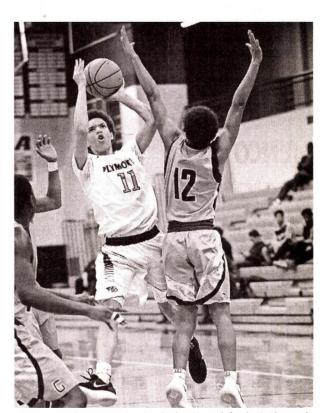
to six entering the final quarter, the Falcons com-

mitted five costly turnovers in that quarter as CC built its advantage back up to double digits.

"It was just executiontype stuff, just more reps that we'll get better at in practice," said first-year Divine Child coach Mac Horvath, who coached the previous season at Melvindale.

The Falcons were 21-of-56 from the field (37.5 percent) and 13of-17 from the line (76.4 percent) as junior guard Cameron Ubanick contributed 14 points. Parker The stretch. The trey by Reynolds at the end of the

tsmith@hometownlife.com Twitter: @TimSmith_Sports



Putting up a shot over a Westland John Glenn defender is Plymouth senior guard Justin Reynolds. JOHN KEMSKI | EXPRESS PHOTO

SHAMROCKS

Continued from Page B1

as many as 14 in the second quarter.

Divine Child (2-2) cut the deficit to four on two different occasions during the third quarter, but CC closed it out with a 26-21 fourth-quarter run despite going 6-of-14 from the foul line, including five straight misses in the final 3:20.

Forward Davis Lukomski paced CC's balanced scoring attack with 19 points. "He was solid tonight and he stayed out of foul trouble," Dyer said of the 6-6 forward. "He can shoot the ball, obviously. We had that length and got a few rebounds late and just kind of held on."

The 5-foot-11 Abdelnour added 15, while junior guard running mate Keegan Koehler added 12 as the Shamrocks shot 26-of-58 from the field (44.8 percent), including nine 3-pointers. CC's final tally at the foul stripe was 15-of-24 (62.5 percent).

"I thought the second half, we got the ball to the elbow a little bit and got the ball to the basket," Dyer said. "We finally got the ball there with a little pocket pass into the post to get those easy shots."

Divine Child's Quinn Blair, a William & Mary signee, finished with a game-high 21 points, but the 6-6 senior forward was limited to 6-of-18 shooting from the floor.

"Jam all cuts, don't let Quinn touch the ball, don't let that ball get reversed at all," Abdelnour said. "That was our game plan." After closing the gap

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ing the final Falcons comcostly turnit quarter as LePage and Kyle Gurney each added nine. "We missed some shots, but the kids played

shots, but the kids played really hard," Horvath said. "This was a real tough environment. We got down early and we battled all night. It never got past 12 – I don't think – then we pushed it to six, we pushed it to four a couple of times. We were down four with the ball a couple of times on a night where we didn't make a lot of shots all night. It was a good effort."

CC will be off for 12 days and won't play again until Wednesday, Jan. 3, at home against Detroit Loyola.

"We had a great student section come out," Abdelnour said. "Like in years past we never did, but when we've got the energy behind us and then our team chemistry is ridiculous this year. We're all brothers and just when someone is down, they pick up the energy for you."

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AREA EVENTS

Send calendar items to LIV-OENewstip@ hometownlife.com. Items must be submitted at least two weeks prior to the event.

'Sleeping Beauty' at **Marquis Theatre**

The Marquis Theatre, 135 E. Main St., in Northville, will stage a production of "Sleeping Beauty" during the months of December and January. Performances are scheduled for 2:30 p.m. each Saturday and Sunday, through Jan. 28 (except Dec. 30-31), as well as Friday, Dec. 29

Tickets for all performances are \$9. No children under age 3. Group rates and reserved seating for groups of 20 or more are available, as well as birthday parties and Scout days

For more information, call the Marquis Theatre at 248-349-8110, email marquistheatre@sbc global.net, go to www. northvillemarquis theatre.com or view on Facebook at facebook. com/MarquisTheatre NorthvilleMi.

Garden Club of Northville

The Country Garden Club of Northville will hold its next meeting at 11 a.m. Wednesday, Jan. 3, at Ward Presbyterian Church, 40000 Six Mile Road. The speaker will be Juliana Cerra. Her topic is carpe diem and how this concept can be applied to gardens in ways that increase enjoyment and reduce labor.

Guests are welcome. Call Teri Plaunt at 734-751-8619 for more information.

New exhibit at Art House

The Northville Art House, 215 W. Cady Street, presents the exhibition Contagious Curiosity: Todd Burroughs with Students and Instructors from the Atelier, featuring paintings, drawings and photographs by Todd Burroughs with students and instructors from metro Detroit.

Burroughs has been practicing and teaching classical techniques for

over 14 years. He currently teaches painting and drawing at the Birmingham Bloomfield Art Center and the College for Creative Studies.

The exhibition opens with a reception 6-9 p.m. Friday, Jan. 5, with a gallery talk at 7 p.m. The exhibition runs through Saturday, Jan. 27, during Art House hours: noon to 5 p.m. Tuesday through Friday noon to 4 p.m. Saturday.

Marquis Theatre auditions

Northville's Marquis Theatre will be holding auditions for its next show, "Velveteen Rabbit," at 5:30 p.m. Sunday, Jan. 7, at the theater, 135 E. Main St., for children ages 8-16.

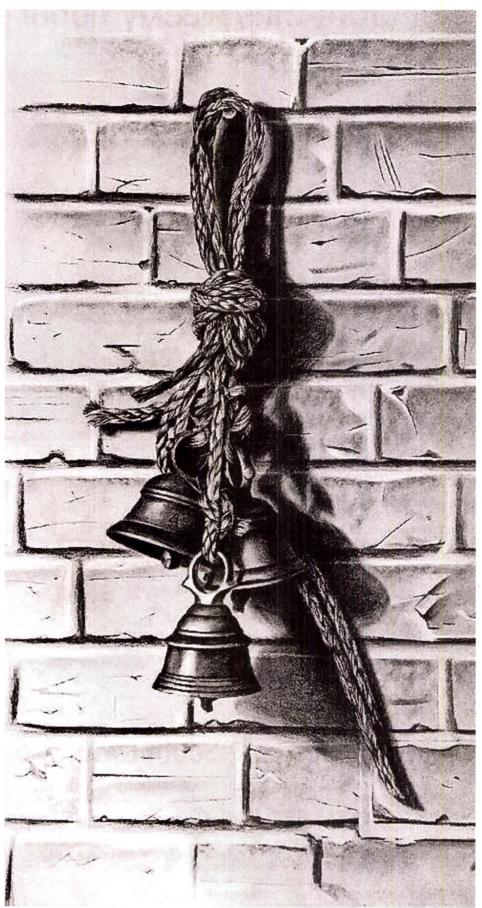
Those auditioning will be asked to sing "Do-Re-Mi" from the "Sound of Music" (accompanist will be provided) and read a poem or a monologue, no longer than 90 seconds (does not have to be memorized)

For more information, call the Marquis Theatre at 248-349-8110, email marquistheatre@sbc global.net, go to www. northvillemarquis theatre.com or view on Facebook at facebook. com/MarquisTheatre NorthvilleMi.

Salem Historical Society potluck

The Salem Area Historical Society will host a potluck dinner and business meeting at 6 p.m. Wednesday, Jan. 24, at the Salem Township Hall, 9600 Six Mile Road. Bring a dish to share with others, along with your plate, silverware and something to drink.

After the mss Meeting, SAHS will show the 10 episodes of the PBS documentary "An Uncommon Education -Celebrating 200 Years of the University of Michigan." Each episode will track the evolution of how the institution ignited the sparks necessary for world-changing minds, attitudes and accomplishments from the 19th century through the new millennium.



"Bells" by Todd Burroughs is part of an exhibition at the Northville Art House that runs through Jan. 27.

Tollgate Farm gardening classes

Beginners and master gardeners are invited to classes scheduled for

2018 at MSU Tollgate Farm Conference Center in Novi. Evenings in the Garden is offering four new classes for anyone interested in learning more about gardening:

» Jan. 25: Jan Bills –

project.org.

Salem Historical Society meeting

The Salem Area Historical Society will be holding its monthly meeting at 7:30 p.m. Wednes-

that specializes in helping teens and adults that are on the autism spectrum learn job and social skills. This center provides a program 6-9 p.m. each Friday and Saturday night that allows their clients to partake in games, art, and creating friendships with their fellow peers and mentors.

Each week, teens and adults learn essential social skills (introducing themselves, carrying a conversation, etc.) while also having a fun night out of the house.

To learn more about this program or to reserve your spot in the program, call 248-308-3592 or go to www.living andlearningllc@g mail.com.

Adopt-A-Reader

Adopt-A-Reader links volunteers like you with children in kindergarten through second grade in the South Lyon Community Schools district who need extra support with reading and/or writing. This is an opportunity to create a learning bond by working individually with two children. You could make a real difference in their lives. All it takes is a commitment of about an hour a week.

You decide the school you would like to volunteer at, the day and time slot during school hours that's convenient for your schedule; we provide the training and materials. Contact Lindsey Jackson at 248-941-1701 or jacksonl@slcs.us for more information.

Indivisible Huron Valley

Indivisible Huron Valley is a local nonpartisan group committed to social and economic justice and the protection of our environment. Meetings are held at 7 p.m. the second Wednesday of each month at 125 S. Main in downtown Milford. Public welcome.

Youth Alpha film series

All teens are invited to the Youth Alpha film series at the Java House Cafe, 25840 Pontiac Trail, South Lyon. A free Java House drink and snack

Obituaries

To place an ad, call 586-826-7171 or visit mideathnotices.com/place.php

Wanda M. Hubbell

HARBOR SPRINGS - formerly of Milford, MI, 88, died December 19, 2017 in Harbor Springs. Wanda was born on August 12, 1929 in Milford, MI, the daughter of Samuel and Clara (Jacob) Elliott and graduated from Milford High School.

On March 28, 1952, Wanda married Clarence "Bill" Hubbell in Milford, where the two made their home. In 1993, they moved to Harbor Springs and Bill preceded her in death on June 28, 2010. She was a member of the Harbor Springs United Methodist Church and the American Diabetes Association with whom she took part in a local support group. Wanda enjoyed knitting, reading, and entertaining. She was always a very thoughtful and generous woman who loved the color pink and playing cards, especially euchre, but her greatest joy in life was her children, grandchildren and great grandchildren, with whom she treasured her time with.

She is survived by her son and daughter-inlaw, George "Jed" and Sally Hubbell of Milford, MI; daughter and son-in-law, Nancy and David Foote of Rockford, MI; 4 granddaughters, Erica Hubbell, Lauren (Josh) Winer, Katie (Steve) Bialkowski, and Emily (Brad) Bell; and by 8 great grandchildren. Wanda was preceded by her parents; husband, Clarence "Bill" Hubbell; and by a sister, Nina Inkley.

A Memorial Service celebrating Wanda's life will be held at a later date and will be announced. Those wishing to honor Wanda's memory are asked to make a donation to the American Diabetes Association: P.O. Box 15829, Arlington, VA 22215 Arrangements are in the care of the Schiller Funeral Home of Harbor Springs.



Nancy C. Judge

SOUTH LYON Nancy C. Judge, age 78, passed away December 20, 2017. She was born December 13, 1939 in Detroit, daughter of the late Anthony and Mary Labon. Nancy was an avid reader, enjoyed watching television and loved spending time with her daughter and granddaughter. She is survived by her daughter, Kristina; four grandchildren; her brother; and her daughter-in-law. Nancy was preceded in death by her husband, James Michael Judge; and her son, James Judge Jr. www.phillipsfuneral. com.



Landscape Design for Sustainability

» Feb. 8: Janet Macunovich — Prune Trees and Shrubs Like a Pro

» Feb. 22: Rebecca Finneran — Greening the Garden ... a Smart Gardener's Journey

» March 8: Steven Nikkila — Secret to Beautiful Gardens: Not the Green Thumb but the Right Tools

The cost is \$20 for each class, scheduled for 6:30-8:30 pm. Advance registration is required. For more information and to register, go to https://events.anr.msu. edu/evenings18winter/

MSU Extension Tollgate Farm & Education Center is at 28115 Meadowbrook Road in Novi. For more information, go to http://www.canr. msu.edu/tollgate/.

Human Trafficking 101

A new South Lyon group calling itself Sparrow Freedom Project will host a class concerning human trafficking 1-4 p.m. Sunday, Jan. 28, at First United Methodist Church, 640 S. Lafayette, in South Lyon. Guest speaker will be professor David L. Manville of Eastern Michigan University, an expert on human trafficking.

This free community awareness event is open to the public. Monetary and toiletry donations will be collected to assist survivors affected by human trafficking.

Register by Jan. 21 at www.sparrowfreedom project.org. For more information, email anita@sparrowfreedom

day, Feb. 28, at the Salem Township Hall, 9600 Six Mile Road. After the business portion, there will be a presentation by Doug Koop on The Legacy Land Conservancy's Creekshead Preserve.

The Creekshead Preserve is a 27-acre preserve bordering Curtis Road in Salem that Michael H. and Meroe Allen Kaericher donated to the Legacy in 1995. It holds a mature beech-maplebasswood forest and is invasive-free.

Suggested donation is \$2 for non-SAHS members.

Salem Historical **Society dinner**

The Salem Area Historical Society will host its annual dinner and auction at 6 p.m. Saturday, March 24, at the Fox Hills Golf Course clubhouse, 8768 N. Territorial Road. Tickets are \$40 or \$35 for SASH members if purchased prior to March 1 or \$42 and \$37 after.

Auction items will include tickets to area attractions, sports memorabilia, historical items and restaurant gift certificates. Contact Terry at 248-486-0669 to donate items for auction. All proceeds go to support SAHS.

Reservations can be made at www.sahs history.org, via PayPal at www.sahshistory.org or by email at Salem_ Area_HS@yahoo.com.

Friday and Saturday Night Hangouts

The Living and Learning Center in downtown Northville is a center

will be provided. Come at 6 p.m. each Thursday. Email any questions to YouthAlpha789@gmail. com or register at wp. holyspiritrcs.org/alpha/.

SE Rec Authority

South Lyon Area Recreation Authority board meetings are held at 2 p.m. the fourth Wednesday of each month. Call the South Lyon Area Recreation office at 248-437-8105 for directions and confirmation of meeting location. To register for upcoming classes, call or go to www.slrec.net.

AARP TaxAide looking for volunteers

Every year, AARP provides free income tax preparation services for seniors and other moderate income families from February through April. AARP is looking for new volunteers to become tax counselors. You should know how to use a computer and the internet. and be experienced with income tax preparation.

Training will be provided to learn the tax software and tax law, to prepare you for certification. Training classes in mid-January are being scheduled now. Volunteers are expected to be active about one day per week during the tax season

You can apply by completing an application online at aarpfoundation. org/taxaide or call 888-227-7669.

Mavericks even Lakes Valley Conference record with 50-25 triumph

Brad Emons hometownlife.com USA TODAY NETWORK — MICHIGAN

Milford's Megan Wallace seems to thrive when playing against arch-rival White Lake Lakeland.

And that was the case once again Friday as the senior forward scored 11 of her game-high 15 points in the second half as the Mavericks rolled to a convincing 50-25 Lakes Valley Conference win over the host Eagles. Getting to the basket

was the game plan for Wallace, who will attend Michigan State next year on a rowing scholarship.

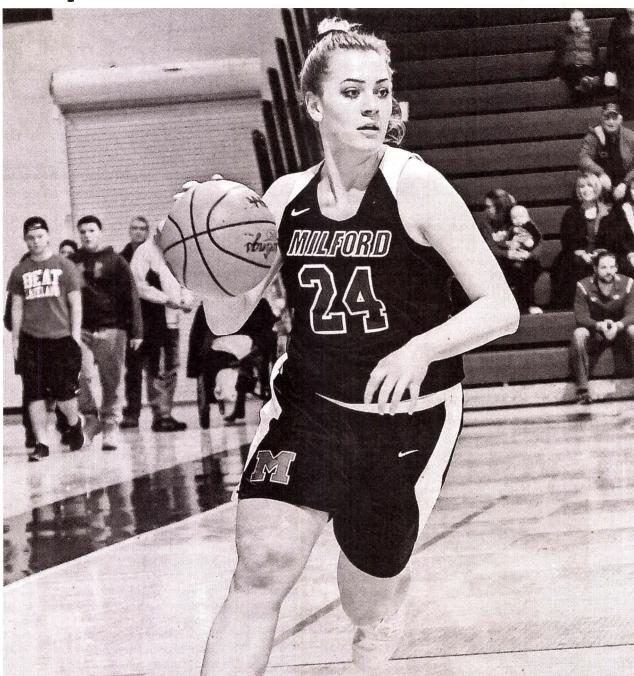
"Honestly, on dribble drive, we were really aggressive," Wallace said. "I think that really worked well for us in the long run. We just have fun together and it was just a great game for us. Getting to the hoop is something really important that we want to work on tonight. And we executed it very well."

The Mavericks (3-3, 1-1) used a three-quarter court press to pin down Lakeland (0-6, 0-2).

"I thought our girls worked really hard on the press," Milford coach David Browne said. "We forced something like 27 turnovers and that was the difference. It got us extra shots and we were able to push it on the fast break and made some good choices, where earlier in the year we weren't spreading the

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Milford's Megan Wallace scored a game-high 15 points during a 50-25 win over Lakeland. JERRY REA

floor as well."

Allison Smith, a junior forward, chipped in 11 points as Milford shot 17-of-60 from the floor (28.3 percent) and 14of-24 from the foul line (58.3 percent). "I thought we made some good steps tonight," Browne said. "Our shooting percentage was a lot better. We've had some losses where we didn't shoot well and did everything else right. Our shots fell a little bit better tonight and we hope it carries on, too." Wallace had eight first-quarter points as Milford jumped out to a 16-6 advantage.

"She was great," Browne said. "She loves this Milford-Lakeland game. I think every time we've played them, she's played her best. She's a great senior, a great leader."

Lakeland trailed 22-12 at halftime and 30-16 after three quarters before Milford blew things open with a 20-9 fourthquarter run.

0 & E Media | Thursday, December 28, 2017 (NNNR) B5

"We're still struggling with our pressure," Lakeland coach Mike Head said. "We've got to learn. We have flashes every now and then, but it's been our weakness and we, as a group, we've got to keep working at it and kind of learn from it as we keep going through the season."

During the middle two quarters, Lakeland got off only seven shots from the floor and committed 18 turnovers.

"They just hold to their (press) rules pretty well and we just got to take care of the ball better and work together collectively," Head said. "Every now and then we do it well, but those are too far and few in between."

Lakeland, only 8-of-29 from the floor (27.9 percent), had only one player score in double figures as senior center Skylar Baer had 10.

"We didn't do a great job on the boards, that's for sure," Head said. "Milford, I'm sure, really had a serious lead on the offensive glass, for sure. We knew they were going to play tough. They're a tough team and are always going to be playing us tough. We just got to arise to the occasion the next game."

The two teams meet again Friday, Feb. 9, in the rematch, this time at Lakeland.

"I just want to have as much fun as possible," Wallace said. "I've had a great four years here and I want to go out with a bang."

bemons@hometownlife.com Twitter: @BradEmons1

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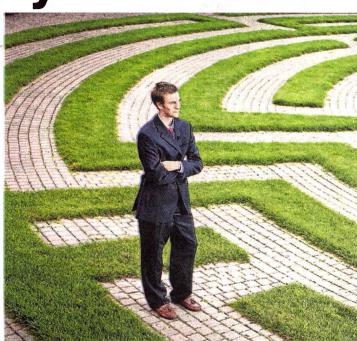
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5 signs you're stuck in the rat race

BY ERIC TITNER THEJOBNETWORK.COM

e've all heard the phrase rat race before - it refers to a seemingly never-ending, pointless, and even selfdefeating pursuit, and it's often used when referring to one's job or career. Individuals who are stuck in the rat race are unhappily going through the motions in life, trudging through the daily grind of their workday feeling unfulfilled, unchallenged and uninspired until they go home at the end of the day --- only to repeat the whole process again.

Those who are stuck in the rat race are more than just unhappy --- they're actually negatively affecting their health and well-being. According to a recent Forbes article, people who hate their jobs face some serious consequences, including increased risks for stress, sleeplessness, illness and mental health issues. An article by The Atlantic even goes on to suggest that workplace unhappiness can shorten your lifespan.



that they fail to take stock of their current situations. You may very well be stuck in the rat race and not even know it. Use these signs to determine if you need to make changes to your daily life:

1. Your energy and enthusiasm levels are low. who practically needs to be dragged through the day, and can't wait to get back home so you can ... lie around and do absolutely nothing. We all have good days and bad, but if more often than not you're facing each day with a real lack of energy and enthusiasm, that's a good sign you're stuck

GETTY IMAGES

you gladly reminisce about days gone by and what you have done at the expense of what lies ahead and what you will accomplish?

People who are stuck in the rat race avoid thinking about the present and the future as a protective mechanism --keeping them from having to confront an unhappy reality or an uncertain tomorrow. If this sounds like you, you might just be stuck in a rut.

3. You lack purpose.

Folks who are in happy places in their lives are fueled by a sense of purpose and gamely tackle each day, along with the challenges and goals they've set for themselves. Those stuck in less fulfilling situations? Not so much. And it's not hard to imagine the vicious spiral this creates, leading you to accomplish less and less as the days drag on. Don't get stuck in a rat race spiral.

4. You're noticing changes in your health and wellness.

When you're stuck in the grinding gears of the rat race

Tack on to this that people stuck in the rat race often make poor diet and exercise choices, and it's easy to see that this is a road to ruin.

5. You feel powerless to effect change or think there's nothing better out there for you.

One of the real tragedies of being stuck in the rat race — as if we haven't mentioned enough of them already — is that it robs you of the very ability to see a way out of it. It's common for those stuck in a rut to feel that there's simply no way out or have such a negative raincloud following them that they can't even fathom that there's something better out there. It's not a good place to be.

If after reading this you've realized that you're stuck in the rat race and are starting to worry or panic --- stop and take a deep breath.

It's always better to know the truth, and it's never too late or a bad time to figure out where you are with your job situation - good or bad - and make a change.

Eric Titner is a career advice

journalist for TheJobNetwork.com

where this article was originally

published. He investigates and

writes about current strategies,

tips, and trending topics related

to all stages of one's career.

Obviously, individuals who are stuck in this unfortunate situation have every good reason to try and get out of it. Are you one of them? The truth is, sometimes people get so busy and wrapped up in their daily responsibilities and activities

Are you like the energizer bunny when you get up in the morning? Do you go through an average workday full of "get up and go" enthusiasm for what lies ahead? Or maybe you're more like a wilted flower or droopy basset hound

in a rat race and may need a change.

2. You're stuck in the past.

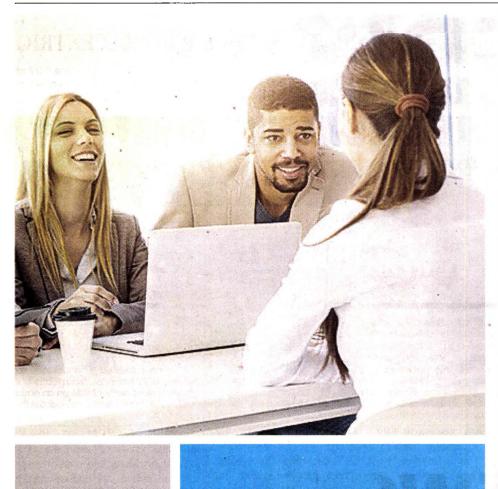
Do you spend more time thinking about "past glories" than future opportunities? Do you're going to experience a negative effect on your health and well-being.

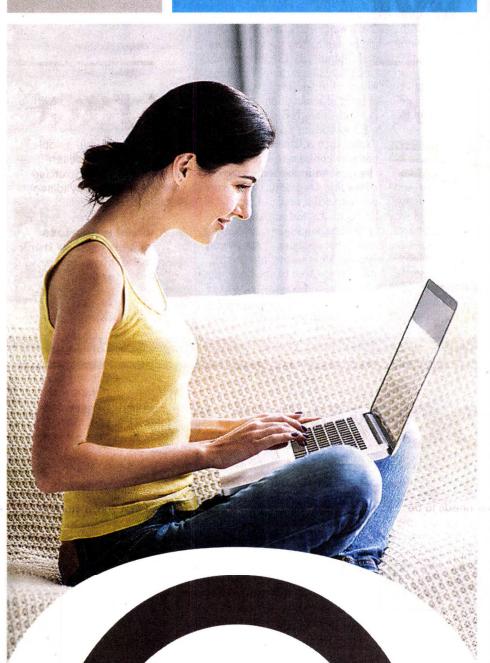
The ravages of stress, tension, sleeplessness, anxiety and more will begin to gnaw away at you - and you'll notice it.

USA TODAY

the job network







THURSDAY PUZZLE CORNER **CROSSWORD PUZZLER** 51 Skier 74 Handed over 75 In this way, ACROSS 88 Battle (for) 128 Scrabble 30 Trendy 36 Typical lab 1 Nothin' at all 4 Got on Tommy 52 Ali or Frazier 89 Favorite 1-pointers 90 '- -haw! rat, e.g. informally 39 See 76 Withdrawal 77 * "She Loves board 53 Klutzy type ("Whee!") DOWN 12 - Hill 54 Radon, e.g. 55 Indian "Mr." 91 Bicolor 1 Nothin' at all 23-Across snacks 92 Slender fish (Theodore 2 Gern State 41 It has a You" band's Roosevelt's 56 Dangerous 3 * A thousand nickname 78 * Tangoing charge way to skate 58 Haglike 43 Pivotal line home) 93 Polar laborer and a 78 Tangoing truism 79 Lofty poetry 80 Heart 81 Toast topper 20 Altar Hit into from 44 Split-off 94 googol, e.g. * March group 45 Deuce promise 21 Quiche --60 Darkened behind 62 Uprightness 63 Like radon 96 1988 Madness quarterfinal 22 Zealous Olympics follower city 97 Is in a hole 99 Film scorer 46 Specifically campaigner 64 Actress teams 82 * A state of Courteney 65 Alluring 23 With 5 Family 47 Neighbor of bliss 84 Window area 39-Down membe Quebec 48 Place (down) 50 * Request for a hand slap Schilrin 101 Sportage or 85 View 87 Rustic denial business for West 6 Slivovitz and 66 Kanga's kirsch attorneys 24 Dreams up Soul maker 7 Has a 89 View son 102 Clairol 25 Enrobing 67 Pitched debate 8 * 1998 Tom 95 Capital of 57 Engine cover 26 Thorax shefter products Latvia 104 Gibbon, e.g. 68 "- knew?!" 98 Helical form 28 Cloister Clancy novel 59 LCD alternative 60 Ski---resident 69 With 106 — -relief 107 White wader 9 Family 100 Taoism 29 Native 31-Across. members founder Americans of start to enjoy 110 Enthusiasm 10 Adversary 103 Omit In 61 Consume Oklahoma 70 Snooze site 113 Soup 11 Cease's 64 * Group of speech 31 See partner 12 Flimflam 71 Like sexist defendants 105 Nicholas legume 115 Dandy 69-Across jokes and that included Gage 32 Lena of "The Wiz" such, for short 13 * Part of the Constitution Abbie Hoffman memoir 108 City in fellow 116 Full of cheek 33 Gal at a ball 75 Mai -117 Rilt-causing establishing 68 "Hold on!" Germany 76 Ring official 77 "Piggy" 119 Least near 122 Sci-fi gift 109 Styles 110 Knife feature 34 Big fashion the judiciary 69 Styling stuff 14 Very nervy 70 Furry scart inits. 78 River of 15 "... so far – know" 35 Blue shade 123 Hand-thrown 71 Consume 111 Old Italian 37 Haul to court Grenoble Occasion to weapons currency 72 shout out the 112 Bird class 79 Like much 124 Scottish beef 38 "Time - the 16 * Helicopter of the U.S. ends of the 114 Bird hangoul essence!" hemp animal 40 Wagged 125 Scrabble answers to 118 Snead of fashion president 83 Actress Cuthbert 4-pointer 126 Right to use part 42 Closest to nil 17 Major Norse this puzzle's golf starred clues 120 Classic god 18 Sublet, say 85 Was deeply (from left to 46 Verizon another's British agitated 86 Air impurity 19 Therefore right) sports car 27 Ignore rudely 73 Dress fussily 121 Hard drinker competitor 49 Artificial hair land 127 Opera text 23 26 32 38 12 52 53 56 58 63 67 72 73 23 86 90 91 93 22 96 101 107 03 105 108 109 02 116 13 110 111 112 117 119 122 124 123 125 127 128 126 For assistance or suggestions on the Puzzle Corner, contact Steve McClellan at (517) 702-4247 or smcclellan@michigan.com. Want more puzzles? Check out the "Just Right Crossword Puzzles" books at QuillDriverBooks.com



6

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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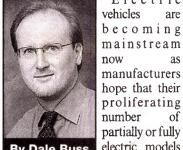
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Car Report **EASY TO GET USED TO: HYUNDAI'S ALL-NEW IONIQ HYBRID IS WELCOME ENTRY IN GROWING ELECTRIC-VEHICLE DERBY**



vehicles are becoming mainstream as manufacturers hope that their proliferating

of

electric models By Dale Buss will get traction

- individually and collectively with an American public that still remains far from enamored with the automotive propulsion mode of the future, particularly at a time of cheap gasoline.

But as EV demand takes shape, count on the all-new Hyundai Ioniq to be in a strong position to make a play for a chunk of the market.

The 2017 Ioniq Hybrid – it's also available in a plug-in version and an all-electric version - covers all the bases that today's sedan buyers find

Electric important when it comes to new cars. That includes peppy performance, a smooth ride, durability, a reasonable price, significant creature comforts, an upscale interior - and, of course, class-leading fuel economy, at least in the hybrid version I drove.

In fact, Ioniq ranks 7 out of the 24 compact cars for 2017 rated by U.S. News & World Report, bolstered by all these basic attributes as well as by its comparison with segment leaders. The Ioniq hybrid takes dead aim at the pioneer and by far the leader among hybrids, Toyota Prius, and holds up well in many ways.

Most important might be the base price. Ioniq's begins at around \$22,200 while the pricetag for the base Prius pushes \$25,000. In the compact-sedan category where purchase price as well as the cost of ownership both can factor heavily in consumers' minds, this is a huge advantage for Ioniq.

Let's begin with the crucial metric of fuel economy, which even at a



The Hyundai All-New Ionic Hybrid

Hyundai Ioniq Hyrid Interior Cabin

a top-of-mind consideration for in capability. most people who are in the market for a hybrid, possibly matched in importance only by their concern about the environmental footprint of whatever vehicle they purchase.

Ioniq SEL, the mid-trim version that retails for around \$26,000, posts a whopping 55 mpg in combined city and highway driving, sipping only 1.8 gallons of gasoline per 100 miles, according to Environmental Protection Agency official estimates. These numbers top Prius's by a bit: 3 mpg.

Move down price-wise to Ioniq Hybrid's base Blue trim and you pick up even more fuel economy, with an EPA-rated, eye-popping 58 mpg as the version optimizes propulsion efficiency. This, too, beats out Toyota's similarly minded Prius Eco version, which posts 56 mpg. In fact, according to Edmunds. com, the Ioniq Hybrid Blue version sets a new record in fuel economy

time of \$2.50-a-gallon gasoline is for a hybrid vehicle that lacks plug-

At the same time, the 1.6-liter, four-cylinder gasoline engine that anchors the Ioniq Hybrid is plenty capable as augmented with a 32-kilowatt electric motor fed by a lithium-ion battery pack. It delivers total output of 139 horsepower, which is enough to power Ioniq briskly through everyday driving and special acceleration needs.

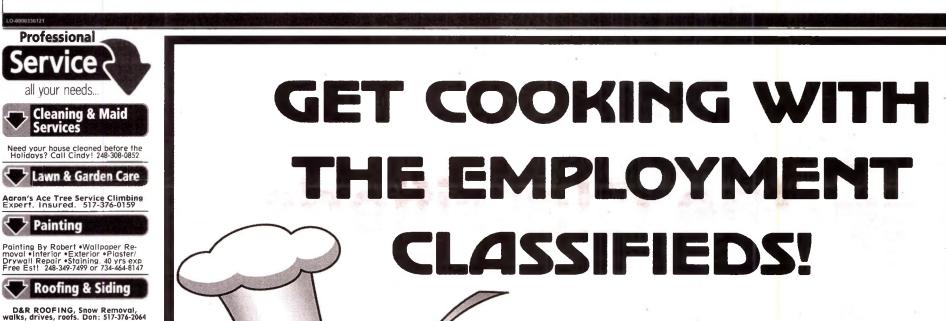
In fact, Ioniq Hybrid hit 60 mph in 8.7 seconds in Edmunds' testing, quicker than a Prius. Sure, the car might be considered a bit sluggish compared with classically powered sedans in its segment, but it more than meets the needs of nearly all driving modes and demands.

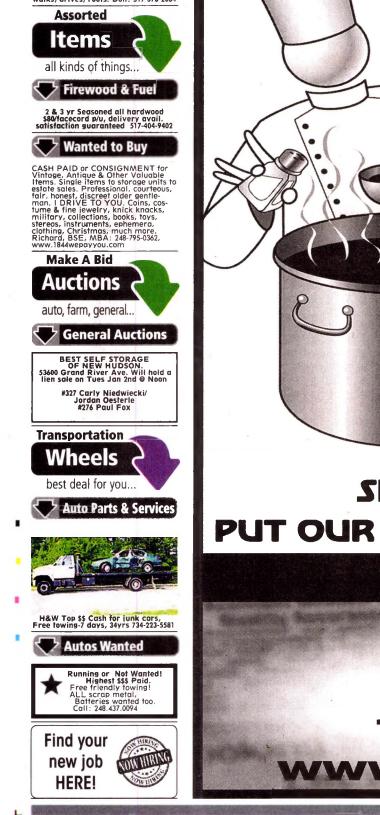
Handling is adequate, neither too snappy nor sluggish. But overall, Hyundai Ioniq is not a "driver's car," and so it was wise of the brand not to try to pass it off as some sort of high-mileage performance wonder. However, when it comes to another

important set of criteria, Ioniq outshines much of the category: interior simplicity and comfort. Its interior controls are laid out well, and its multiply adjustable driver's seat adapts well to a wide variety of human frames. There's also ample head and leg room up front.

Meanwhile, the placement of Ioniq's dashboard controls is clear and logical with lots of big buttons, a far cry from the mistake that some manufacturers have made in overpopulating the front controls and making them confusing. There are even redundant hard keys for many of the infotainment-screen functions.







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Gorgeous Colonial, Great Location!

and new cabinet lighting

Wonderful Four Bedroom!

wooded lot in desirable Timber Ridge

possible 5th bedroom

amazing sunsets

This home features four bedrooms, three and half bathrooms

^{*}Updated gourmet kitchen with granite countertops, backsplash

Vaulted master bedroom, great size additional bedrooms with

248.684.1065

Perfect covered patio overlooking 20 unbuildable acres and

PUREMICHIGAN

COMMERCE 248.363.8300

MILFORD 248.684.1065



Real Estate One®

Stunning Colonial in Desirable Brentwood Golf Community! *This home features four bedrooms and two and half bathrooms *First floor master suite with walk in closet, beautiful master bath with soaking tub

*Large updated kitchen with granite counters & Electrolux stainless steel appliances *Finished lower level with wet bar, natural gas fireplace and fifth

bedroom possibilities MLS 217110619 248.685.1065 \$365,000



Exquisite One of Kind Lake Sherwood Home! *This lake front home features five bedrooms, four and half bathrooms with amazing view throughout *Updated kitchen with delightful breakfast nook and barn wood accent wall *First floor master suite with lakefront views, jetted tub and custom walk in shower

*Spacious finished basement with bedroom and plenty of for entertaining MLS 217104397 248.684.1065 \$679,900



Gorgeous Custom Built Colonial! *This home features five bedrooms, four and half bathrooms located on a quiet cul de sac *Beautiful gourmet kitchen with granite countertops and hardwood floors *Great room equipped with temperature controlled wine cellar & cozy bar *Full finished basement with kitchen, bedroom, full bath and living room MLS 217080346 248.684.1065 \$498,900



Move In Ready Condo!

*This condo features four bedrooms and two and half bathrooms *Beautiful hardwood floors as you walk through large entry *Kitchen with stainless steel appliances, dining area with bay window and patio door to your back yard

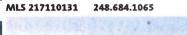
*Master bedroom with large walk in closet, master bath with ceramic floor

MLS 217105707 248.684.1065 \$230,000 MLS 217093043



Adorable Bungalow with Lake Privileges * This home features two bedrooms and two bathrooms * Clean kitchen with concrete counter tops and stainless steel appliances

*Huge upper level master suite and large first floor bedroom *Expansive fenced in backyard





Beautiful Lake Front Home! *This five bedroom, three bath, Colonial features incredible views of Lake Sherwood *Open floor plan with lots of space for entertaining *Walkout lower level with family room and fireplace, separate bedroom and full bathroom *Choose to keep this existing home or build the home of your dreams on this amazing waterfront lot MLS 217049046 248.684.1065 \$499,900



*This four bedroom, two and half bathroom is located on a large

Kitchen with Maple cabinets, granite counters and backsplash

Amazing three season sunroom, with vaulted ceiling, ceiling fan

 dible views
 Charming Colonial!

 "This home features three bedrooms, two and half bathrooms on 2.1 acres

 separate
 "Updated kitchen with stainless steel appliances, Quarts counters and marble backsplash

 of your
 "Great room with beautiful brick fireplace and crown molding "First floor laundry, 3 Car garage with shed

 \$499,900
 MLS 217090562
 248.684.1065
 \$359,00

"Very personable, professional and trust worthy." PA 🛷 BC



Perfect Ranch! *This three bedroom, three bathroom newly remolded Ranch, is a must see

*Open floor plan that is great for entertaining

*Granite kitchen has multiple skylights that keeps it sundrenched all year

 *Master suite with private deck, fully finished walkout basement

 \$429,900
 MLS 217101993
 248.684.1065
 \$280,000



Gorgeous New Construction Condo! *Perfect three bedroom, two and half bathroom, Condo *First floor master suite with balcony provides for beautiful views *Open floor plan, first floor laundry *Easy bike paths to Kensington and downtown Milford MLS 217050469 248.684.1065 \$469,900



Peaceful 8.23 Wooded Acres! "This delightful Ranch features three bedrooms and three bathrooms "Spacious master bedroom with spa like bath including a jetted tub, euro-shower and dual sink "Beautiful granite gas fireplace is a focal point in the modern living room "Finished lower level with full bath, second kitchen, large bedroom

\$629,900

and family room \$359,000 MLS 217085126 248.684.1065



The Classifieds

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not include tax, title, license and dealer fees due at point of purchase. Inventory and pricing subject to change. See Varsity Lincoln for details. Offers end 12/31/17.