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MONDAY
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◀ A BAD RAP IN STUDY / 1BUpdate THE LATEST ON THE
CASSIS-CASH FENDER BENDER / 2ASeniors wait
for action on
housingBy JAN JEFFRES
Staff Writer

You can hear a slight edge of frustration in the voices of at least one member of Novi's Senior Citizen Housing Committee.

The group has been working for eight years to find a way to bring affordable housing to the city's over-60 set. To Council Member Carol Mason, who's a member of the committee, it seems things aren't moving quickly enough.

She protested at the Oct. 18 city council meeting that the council "keeps putting us back and forth."

"We've done everything we can do as a committee right now . . . This has been going on now for the two years I've been on this committee. It's depressing," Mason said.

That evening, the committee was given 60 days, which was then reduced to 30 days, to study city-owned properties and recommend which one would be suitable for a possible public sector/private sector joint housing development.

Outgoing Mayor Matthew Quinn pointed out that it will be up to the new city council after the November 2 election to decide whether or not the city will make a commitment to low-cost senior housing.

He suggests that the an emphasis be placed on Power Park.

It was back in 1987 that the committee first suggested the concept of using city-donated land for the project.

"About the best site is the one behind the Civic Center. That money is linked to this site. The committee has said before they like this site."

Hugh Crawford
City Council Member

After the committee's latest recommendation is made to council, a public hearing is likely to be staged.

"Perhaps then the senior citizens committee is in a position to do something," Quinn said.

To Novi special recreation coordinator Kathy Crawford, who works with the city's senior citizens, the choice seems pretty clear.

If the housing goes on Power Park, it can be bankrolled in part by \$400,000 bequested to the city for senior dwellings by deceased Novi resident Ruby Fuerst.

"About the best site is the one behind the Civic Center. That money is linked to this site. The committee has said before they like this site," Crawford said Friday.

"It's near the library, it's near the Civic Center which has the senior transportation program, it's near the high school. Many of our se-

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Photo by BRYAN MITCHELL

Ghouls

Tim Fisher (left) and Tony Marshall are just two of the spooky entities which inhabit the Novi Jaycees' Haunted Barn at Tollgate Farms, on Meadowbrook Road at Twelve Mile. The Haunted Barn — which counts as the Jaycees' largest fundraiser of the year — will be open every night, except Monday, now through Halloween. Hours will be 7-10:30 p.m. Sunday through Thursday and 7 p.m.-midnight Friday and Saturday.

Novi ChildWatch gets under way

By RANDY COBLE
Staff Writer

With a willing heart and just a little effort, you can make a real difference in your community — and be there to offer a helping hand to a child in need.

That's the message members of Novi Woods Elementary's PTO want to get out to everyone as they seek to bring the Community ChildWatch program to this area.

"We can use any number of different people to help," Woods Principal Jackie Lawrence said. "Retirees, dads, grandparents — anyone. You don't need to be a stay-at-home mom to participate. We just need people who can provide a place any time a kid may need help."

PTO members discussed the program at their meeting last week and called for quick action to make it reality and for volunteers to participate.

ChildWatch is part of a statewide volunteer association of parents and other interested community members, schools and law enforcement. The program began in Grand Rapids in 1979 and is now in hundreds of Michigan communities.

It teaches volunteers and kids how to spot and avoid crime. The centerpiece of ChildWatch is providing kids with a safe place to go if they face a serious problem.

Police screen volunteers for any

■ While Novi is establishing a Community ChildWatch program, the Walled Lake area has its up and running. The Walled Lake PTSA Council offers tips for parents to share with their children to reduce the chances of becoming a victim of crime. The story is on page 6A.

criminal history that could mean they're not right for the program. Accepted volunteers attend an hour-long training session. Police also screen anyone over 17 who resides in a volunteer's home.

After that, they receive a "Watchful Eye" poster to display the poster in window of their home — a landmark for children in need to look for.

If this sounds like the "Helping Hands" decal of years past, you're correct. ChildWatch, however, is more. Vicki Jamison, a Woods PTO member who has been part of the committee studying it, pointed out.

ChildWatch trains both volunteers and children, she said. Participants learn how to observe, record and report situations that could be dangerous to the community, especially children.

Issues include what to watch for, important details to record and how



Woods PTO in researching the issue. Anger has discussed ChildWatch with other school officials as well, and has said he hopes it will take strong root in the community. PTO officials wholeheartedly agree.

"We'd like to get this program into all Novi schools," Jamison said. "The more homes (that have the ChildWatch sign) the better. I'd like to see one in every window."

PTO members at their meeting said they'd explore the idea of working with subdivision and homeowners' associations representatives as a way to spread the word.

Meanwhile, members said they planned to fan out through their subdivisions, informing their neighbors of the program and seeking their participation.

Some at the meeting expressed an interest in viewing the videotapes that will be shown to students — "as a way to reinforce at home what the children learn," one parent said.

ChildWatch is an issue the PTO interschool council will soon consider, Lawrence said. The board of education, which is expected to discuss the matter next month.

For more information about ChildWatch, call Anger at 347-0534 or Novi Woods at 344-8335.

Planners take input
on trails WednesdayBy RANDY COBLE
Staff Writer

If you have something to say about Novi's now-defunct public nature trail system, keep Wednesday evening open. A special meeting of the Novi Planning Commission will give you a forum.

The commission will hold a public hearing on Oct. 27 before deciding whether to delete "Rhythms," the plan for a citywide nature trail network, from the master plan for land use. The meeting will begin at 7:30 p.m. in the City Council chambers at the Novi Civic Center.

The council voted in August to scale back the 33-mile trail proposal, restricting development to solely public lands. The council majority said it no longer wanted the trail system to include sections on private land.

The city has encouraged subdivision developers and individuals for years to grant easements for the

trails through their properties. The August vote called for revoking those easements.

The first section of Rhythms, a 2,000-foot stretch in the Chase Farms subdivision, opened earlier this year.

The four council members who voted for the measure — Robert Schmidt, Carol Mason, Nancy Cassis and Tim Pope — cited concerns some city residents have said they have over the plan. Those include the potential for crime, from vandalism to serious offenses, and residents who say they'll have no privacy with a trail running by their backyards.

The commission's decision is whether or not to delete the now-defunct trail network plan from the master plan. That document has no regulatory power, but is a roadmap city decision-makers use as a guide in considering development, zoning and other issues.

Jenkins at
eye of the
NRDP trail
brouhahaBy MICHAEL MALOTT
Managing Editor

Walter Jenkins has what some would call a "prejudice for action." The get-it-done-now attitude has affected many aspects of his life, including his career and his involvement in the community.

In fact, that is how he got started coaching soccer for the Novi Parks and Recreation Department almost 13 years ago. The coach of his son's soccer team failed to show up for very first game of season. The kids were anxious to play.

"The parents said, 'What are we going to do?' I said, 'Let's go.' And from that point I educated myself—

C certified, D certified, B certified coach, all the way through. So I really got behind it for 4½ years," Jenkins said.

Jenkins carried the just-do-it perspective with him into work on several other city projects, including the relocation and refurbishment of the Old Town Hall, and into his career, drawing him away from work as a drafter into the construction field and eventually into construction management.

He is now one of seven candidates vying for three seats on the Novi City Council. There, he'll face off against incumbents Tim Pope and Hugh Crawford, as well as challengers Rob Mitzel, Oliver Hayman, Robert Taub and David Ruyle in the Nov. 2 balloting.

But the get-it-done approach also led Jenkins, earlier this year, into the center of a storm of controversy surrounding the creation of the Natural Resource Design Plan Linear Greenway trails system. The chair of the NRDP committee for the past three years, Jenkins was at the center of the debate over whether segments of the trail sys-

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Lone voice becomes
'consensus builder'By JAN JEFFRES
Staff Writer

As Council Member Nancy Cassis describes her political career, she started out as a lone voice in the wilderness of Novi who has since succeeded in creating a consensus among her newer colleagues on the city council.

"The majority of council at that time, we're talking 1985, I did not think were listening to the residents. They were not representing the interests of the citizens," she said.

"Often times I was a vote of one, I was very much in the minority. Then another voice came on the council, then we had two voices. Then we had three and I have been very successful, especially in the last year, at building coalitions and working with people to have some things become a majority vote."

Now, she hopes she'll win another majority vote—at the polls on Nov. 2 when Novi residents choose their new mayor. Cassis is vying with fellow Council Member Joseph Toth, Kathleen McLallen and Lee BeGole for the two-year position.

She's had on-the-job training for eight years. Cassis jumped in as a citizen-activist combating a proposed rezoning in 1982. Later, at the height of the recession, she fought a move by developers to downsize homes in partially-built subdivisions. The council adopted the similar-to-similar ordinance banning this — but Cassis says they didn't move fast enough.

In 1985, she decided to try for a spot in the city's leadership. In 1989, she was re-elected for a second term. She was the top vote-

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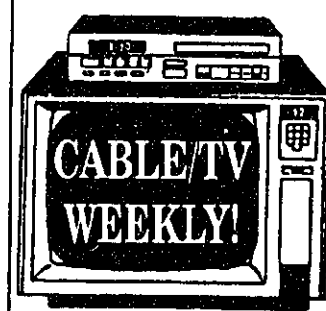
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WHAT'S
INSIDE?

Community Calendar

To get your organization's activities, regular meetings or special events listed in the Community Calendar, send information to Community Calendar, The Novi News, 104 W. Main Street, Northville, MI 48167.

Today, October 25

TOPS: Take Off Pounds Sensibly for all ages meets at 7 p.m. at Novi High School, Room 109. For more information, call 348-9691.

Bereavement Support Group: Dr. Michael Meyer, bereavement counselor, facilitates a monthly support group for anyone in the community who has experienced the death of someone they loved and is in need of help. The group meets 7:30-9 p.m. at the Novi Civic Center, 45175 Ten Mile. For more information, call 348-1800.

Amerman Tour: State Senator Robert Geake will be touring Amerman Elementary in the Northville school district. Those interested in hearing the senator's views concerning education are invited to attend the PTA sponsored forum in the media center at 10:15 p.m.

Tuesday, October 26

Youth Assistance: Novi Youth Assistance board will meet at 7 p.m. in the Novi Civic Center.

FEMALE: The Novi area chapter of FEMALE (Formerly Employed Mothers at the Leading Edge/Loose Ends) meets at 7:30 p.m. For more information, please call 684-6096.

Band rehearsal: The Novi Concert Band rehearses at 7:30 p.m. in the band room at Novi High School. For more information on the group, call manager Warren Ledger at 348-2955.

Camera Club: The Novi Camera Club meets at 7:30 p.m. in the Novi Civic Center. For more information, call Hugh Crawford at 349-5079.

Chess Club: The Novi Chess Club will meet from 7-10 p.m. at the Novi Civic Center. There is no charge to attend and all players are welcome. For more information, call Tim Sawmiller, 344-9833 evenings after 6 p.m.

Wednesday, October 27

Book Fair: Orchard Hills PTO is holding a Fall Book Fair/Bake Sale (in conjunction with parent/teacher conferences) in the school's community room. Books are supplied by Scholastic Books and Clifford the Big Red Dog will be a special visitor.

LARA: Lakes Area Residents Association (LARA) meets at 7 p.m. at the Walled Lake Middle School, 46720 West Pontiac Trail, in the media room. Topic: Novi Candidates (mayor and city council) Night - informal question and answer session. For information call 669-3560.

Wine Tasting Party: The Novi and Farmington/Farmington Hills Chamber of Commerce is holding an after hour Michigan Wine Tasting Party from 5:30-7:30 p.m. at Matt Brady's at the Farmington Hills Holiday Inn. Cost is \$7 for members and \$10 for non-members. For further information and reservations call 349-3743.

Seniors Business: The Novi Senior Citizens Club will meet at 1 p.m. in the Novi Civic Center for its regular monthly business meeting.

LARA to hold forum for council candidates

Not sure who to vote for on November 2?

Here's a chance to hear the spiel of each and every candidate for mayor and Novi City Council — and ask them a few questions yourself.

The Lakes Area Residents Association (LARA) is holding a candidates night on Oct. 26 at 7 p.m. and everyone is invited.

"The public is welcome, even non-LARA members," LARA president Harry Avagian said. "This provides Novi residents and merchants with a unique opportunity to engage in a question-and-answer session with all of the candidates."

Avagian does mean all. Write-in candidate for mayor, retired Novi police chief Lee BeCole, has been invited to the LARA event. BeCole was shut out of a candidates' debate by the League of Women Voters.

Three ballot candidates are seeking the mayor's job: Nancy Cassis, Kathleen McLallen and Joseph Toth. The term of office is for two years. Seven candidates are also vying for three seats on the city council: incumbents Hugh Crawford and Tim Pope and Oliver Hayman, David Ruyke, Robert Taub, Wall Jenkins and Rob Mittel. A council member is elected for a four-year term.

The event is at the Walled Lake Middle School on the north side of Pontiac Trail between Beck and West Roads.

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Advocates for Quality Education: The Advocates for Quality Education will hold their monthly meeting at 7:30 p.m. in the Northville High School Library classroom. All members and all residents of the Northville Public School community are encouraged to attend.

Thursday, October 28

Book Fair: Orchard Hills PTO is holding a Fall Book Fair/Bake Sale (in conjunction with parent/teacher conferences) in the school's community room. Books are supplied by Scholastic Books and Clifford the Big Red Dog will be a special visitor.

Jaguars Soccer: The NJSA board will meet at 7 p.m. in the Civic Center. All members are welcome.

Northville-Novl Colts: The Northville-Novl Colts junior football team will host the Dearborn Heights Redskins in their last game of the season. The Freshmen, Junior Varsity and Varsity games start at noon, 1:30 and 3 p.m. Players, cheerleaders and pom-pom squad members will all be in action. The games will be held at Novi Middle School. Admission is free. As special invitation is being extended to boys and girls who will be eligible for participation next season (i.e. ages 8-13 now).

Friday, October 29

Kids Concert: Puppeteer and songstress, Maureen Schiffman, will be performing her Halloween Show at the Novi Civic Center at 7:30 p.m. as part of Halloween Carnival III. There will also be games and treats for the kids. Be sure and wear a costume! For further information, call Novi Parks and Recreation at 347-0400.

Saturday, October 30

Novi Adventurers Hayride: The Novi Adventurers will hold a hayride at Kensington Metro Park. The bonfire will begin at 6 p.m. and the hayride will start at 8 p.m. The cost of the hayride is \$2 per person. RSVP by October 25. If your initial begins with A-L call Betty Lewis at 347-1151; M-Z call Diane Davies at 348-6559.

Sunday, October 31

Hospice Benefit Brunch: The Friends of Arbor Hospice are sponsoring a benefit brunch at the Country Epicure on Grand River Road in Novi. The event begins a noon and the cost is \$30 per person. For more information call 344-4502.

Monday, November 1

Novi Adventurers: The Novi Adventurers meet at 6:30 p.m. at the Tollgate Center.

Thursday, November 4

Grand River Corridor Association: The first general membership meeting of the Grand River Corridor Association will be held at 7 p.m. at Providence Medical Center-Providence Park, conference room. A Corridor activities to be discussed include road improvements, sidewalks, site plans and sign proposals.

Saturday, November 6

Christmas Bazaar: "Visions of Christmas," a bazaar will be held at Meadowbrook Congregational Church, 21355 Meadowbrook Rd. from 9:30 a.m.-3:30 p.m. The church is located between 8 and 9 Mile Roads, west of I-275.

Winning awards is the easy part

Life would be a breeze, if all we had to do was impress the judges of excellence in journalism contests. The Novi News has won 12 state and national awards for outstanding community journalism this year. In addition to earning the General Excellence Award from the Michigan Press Association, your hometown newspaper has also won two national awards from the National Newspaper Association and two more from Suburban Newspapers of America. The toughest judges of all, however, are you — our readers. Our secret to success? Give the people of Novi the type of paper they have come to expect, and impressing the judges will be easy.

the NOVI NEWS

New info surfaces in accident story

By MICHAEL MALOTT
Managing Editor

"And here's... the rest of the story," as Paul Harvey might say. Rus Gardner, of Farm Bureau Insurance and agent for Novi Realtor Shirley Cash, weighed in last week with his version of events surrounding the Oct. 6 fender bender in which mayoral candidate Nancy Cassis's car may have struck Cash's Cadillac in the parking lot of the Country Epicure restaurant.

And Gardner's version departs at several key points from the versions offered by both Cassis and Cash. Gardner said that he had received several phone calls from Cassis during the day that Wednesday, after the Chamber of Commerce event at which the fender bender occurred. Gardner said the first message was recorded at 11 a.m., only a few hours after the candidate forum at the restaurant, which began at 8 a.m. A second message was recorded at 5 p.m. that day. When he returned her call that evening, she informed him that she thought she might have been the driver who struck Cash's car.

Gardner said Friday he believed it was possible Cassis had hit the car without knowing it.

"With the radio on, you could have hit that car and never even known it," he said.

Gardner confirmed Cassis's contention that Cash had been parked over the white line, although Cash later denied it.

Gardner searched the parking lot in an attempt to find the car responsible for the damage. Gardner said he is familiar with Cassis's car, and remembers checking her bumper specifically, but he did not find damage he thought would indicate hers had been the car that hit Cash's.

Gardner said Friday his office had informed Cash of the phone calls, but no mention of these messages was made in the supplemental report filed Oct. 12 to the Novi Police Department.

RE-ELECT
CRAWFORD
NOVI CITY COUNCIL

STANDING TALL FOR NOVI

PAID FOR BY COMMITTEE TO RE-ELECT HUGH CRAWFORD
22014 HEATHERBRAE WAY SOUTH, NOVI MI 48060

Cassis says she's learned how to reach out to people

Continued from Page 1

getter that year.

"When you start out you're full of ideals and high hopes. You think 'now I'm on council, I'm going to make a world of difference.' What you find out is this is a job working with people, getting them to see your approach and building trust," she said.

"Now I think I'm a much more successful member of council and will be a successful mayor because I've learned how to reach out to people."

Not long after she was re-elected to her second term, Cassis, 49, merged her grown family of two with the five adult children of her new husband, local restaurateur Victor Cassis. This summer, Cassis, her husband and a step-daughter toured his native land, Lebanon. Afterwards, the folks back home asked her if she was scared when she stepped off the plane at Beirut. Not a bit, she says.

Skilled Cassis says she's brought to the mayor's post include those she's honed in her professional career. She is a psychologist for the Novi school system and holds a master's degree in interpersonal relations from the University of Michigan.

Her duties include testing students who may have some form of a learning disability and working closely with their parents and teachers as "an advocate of children."

Citywide, Cassis is an outspoken advocate for slow growth and wrangling infrastructure concessions out of developers.

"I'm certainly a proponent of getting the best out of regulations and fostering whenever possible developers paying their fair share of the improvements. You get one chance to build a great city. Let's do it right the first time," she said.

Her long-time crusade for cost-cutting paid off in some fat-cutting in this year's city budget. She's fostered

CITY ELECTION '93

dialogue between various government agencies, such as the Novi school district and Walled Lake school district, and Detroit and Novi, when she invited Detroit Council Member Mary Ann Mahaffey to town. This year, she was instrumental in putting together a series of town meetings bringing city government officials face-to-face with developers, residents and business owners.

Cassis says another goal is to streamline the way the city does business.

"We have to be just a little bit sharper than ever before. I think the way we run the city with reasonable sound businesslike practices, being sure that city services and our consultants are accountable to the public," she said.

If elected, Cassis says she'd also like to get the council "working more efficiently" to ensure that "public business is done before midnight."

The Novi political scene is often described as being divided into two factions: an old guard of longtime residents and former city leaders and a "new guard" commanded by Cassis.

Perhaps because of her role in the "Watermaingate" investigation in 1992, rumors on the suburban streets would like to see. She was one of the three council members targeted in a

to sweep out City Manager Edward Kriewall and city consulting firms such as JCK & Associates.

Cassis answers this charge with a firm, "No, of course not."

"We can work together. The review process is always there, both to point out the strengths of the administration and the consultants, as well as to point out the weaknesses. I'm not seeing at this time anything more than a change of faces on council and a new mayor," she said.

"There has been an old guard and some of them are feeling some of the growing pains of seeing other people come to the forefront. It really reflects what's happening in this growing community. We are in a process of change and transition."

Cassis's private life has come under scrutiny, as some residents question if her husband's landholdings in Novi may lead to a conflict of interest when she votes on development issues.

She explains that the city attorney has already advised her that she is not in conflict if she votes on issues relating to a proposed ring road at the southeast corner of Novi Road and Grand River Avenue.

"My husband doesn't own a lot of property in the town center; he owns about three acres which is Victor's restaurant, adjacent to the area that is proposed for a ring road," Cassis said.

"His activities and business are totally his and I have my school job. I have and he has absolutely no financial interest in the 50 acres in the town center."

If Cassis doesn't win this campaign, her council term expires and she'll be back in the city's political wilderness.

Which is where some residents would like to see. She was one of the three council members targeted in a



Nancy Cassis in her Novi school district office.

1992 recall campaign. Critics said she was an obstructionist to the Haggerty Connector.

"The recall was a total flop and I think it was because there was no substance behind those kind of charges. Now, those individuals are not there making false attacks; they just stepped in their boots," she said.

"When you run for public office, if you are a person who wants to please everyone and never make any enemies, then this is not the job for you."

In Watermaingate, Cassis hauled city consulting engineers JCK & Associates on the carpet when she noticed that a water main on Novi Road veered into Mystic Forest subdivision rather than running a straight-shot route. The contractor who laid the line was also one of the developers of Mystic Forest and Cassis questioned why JCK approved the reroute.

Others questioned why the council approved the change, buried in

their consent agenda, without bringing the issue up at the time.

JCK sent the city a check for \$26,000 to compensate for the extra expense of the reroute. Opponents charged that Cassis dragged the situation out too long. She doesn't see it that way.

"I spent \$2,200 of my own money in attorney fees and have not asked for this to be repaid me because I felt it was so important that this be done right," she said.

"Some of the delays were administrative. They kept having to go back. They didn't seem to get it the first time. We were not comfortable with the answers were being getting, we had the duty to make it public and pursue it."

Cassis said she felt the cost overruns may have exceeded \$26,000 but that she put the issue to rest because it was dividing the city.

This year's campaign hasn't ex-

ploded with controversy, but Cassis pulls no punches in describing what she calls the "clear choice" between herself and her opponents.

"I have a definite stand of not being in favor of overdevelopment of this community. My votes have been consistent. My two opponents are very pro-development. The critical issue is trust. Who will they trust to lead them as we change from the Matt Quinn years to another era?" she said.

"Pick Kathy or Joe for fast development and some changing of the master plan here and there. I say that with respect."

"I am positive and I have very good reason to be confident that I'll be elected the next mayor of Novi, but I'm taking nothing for granted." Which is why this high-energy candidate is spending her weekends walking door-to-door seeking votes.

People skills, getting job done are Jenkins strengths



Walter Jenkins at the rear entrance of the stone home he refurbished on Nine Mile Road.

Continued from Page 1

tem. The chair of the NRDP committee for the past three years, Jenkins was at the center of the debate over whether segments of the trail system that had been planned to pass through residential areas should be deleted from the project. Residents had raised the objection after they learned a trail was scheduled to be constructed there.

"The city told me, 'We want you to chair it, we want you to implement it.' That's what the council told me. 'We want you to implement it.' Now, when somebody tells me to implement, I start implementing. I don't start talking. I don't start bargaining. I start moving," Jenkins said. "We developed Chase Farm trail. We went into Maple, and we got that one going. We went into Rotary Park; we got that one going. And we got it going with zero dollars — zero taxpayer dollars. This was done with volunteers, grants, and with developers working with us. I even had developers spread chips with me."

"I don't think the council really realized what they had there. And I think that's pretty sad, because I think we need passive recreation. We need bike paths." He estimated the work done so far on the trails system as a \$3.5 million value for the city when the easements, work by volunteers, and design and planning are considered.

He said he believes the council acted hastily, and possibly illegally. Jenkins said he also believes the trails system has support from many

residents and that it will be revived, if the council doesn't give the land away first.

The council's handling of the trails issue was just one of several reasons that spurred Jenkins to make his first run for public office this year.

Another is what Jenkins said is a lack of proper etiquette on the part of the current council members. "As an example, Jenkins talked about one recent meeting in which the council initiated a new public participation policy. Public input took longer than expected, and 'that's when the sparks started flying,' Jenkins said.

"The one member of the council said, 'I don't think you are taking control of this crowd, Mr. Mayor.' right there in the public hearing. You want to talk about disrespect. To me, I've been brought up to respect your elders. Boom, period. You give respect to your superiors, you show them the courtesy. You have the title of mayor and the council is underneath the mayor. That's the way I look at it," he said.

Jenkins said he does not believe that pushing for proper etiquette would stifle debate, but would improve it. He is also concerned that most of the council's important decisions, and those involving the spending of city money, are made in the wee hours of the morning.

"If they can't get accomplished what they need to do by 11 o'clock, there's something wrong there. That's three hours and I think that is more than adequate to give a public hearing, hear committee input, and then act on resolutions. There's a

system to follow and through the animosity on the board, it is costing us as citizens. It really is. It is costing us aggravation and it is costing us embarrassment."

Jenkins moved his family to Novi 13 years ago from the Livonia/Redford area. He has been considering a move to South Lyon, but eventually settled on Novi. He instantly felt like home to him, he said.

"I brought my family here because I like the city. I like the growth and I like the family community. And I want to see that family image continue in Novi. I don't want to see it get lost. I think that family focus is really important. I miss it. I really do," he said.

By day, Jenkins is the owner of The Symetry Group, a contract management/construction management firm.

When he first got out of school, Jenkins said he had planned on a career as a draftsman, and had received a job offer for just such a position.

"But drafting held me in an office and I'm not an office person. I'm a people person. I've got to be out. I've got to see things happen. I've got to make things go, so I couldn't be confined to an office," Jenkins said, showing another example of the get-it-done attitude.

Jenkins graduated from Clarenceville High School in Redford and attended Lawrence Tech before striking out on his own in the residential remodeling business. Eventually he moved on to home building and commercial construction, and from there moved on to work on banks and hospitals.

He lives in an old stone home on Nine Mile just west of Haggerty Road that he refurbished with his wife, Denise. Denise is also active in the city, serving on the Board of Review and produces cable television specials.

By occupation, she is the morning news anchor on WJOL radio.

Jenkins has two children, both now attending Michigan State University.

CITY OF NOVI NOTICE OF ADOPTION ORDINANCE 93-101.03

NOTICE IS HEREBY GIVEN that the Novi City Council has adopted Ordinance 93-101.03, an Ordinance to add Article III to Chapter 9 of the Novi Code of Ordinances. Said Article III deals with Cable Rate Regulations, adoption of FCC Rules, Review of Rates, Adoption of Procedures, penalty for failure to comply with Rate decisions, conflicts and Administration.

The Ordinance was adopted on October 18, 1993, and the effective date is November 2, 1993. A complete copy of this Ordinance is available for public use and inspection at the office of the City Clerk.

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Officer confiscates two pellet guns

Novi police confiscated two pellet rifles from a local man after he reportedly pointed one of the rifles at an officer.

Officers were responding to a suspicious-person complaint about the man entering the woods north of the Chateau Estates mobile home park. Police found him in the woods, shooting at an empty beer can.

According to the police report, officers approached the man from behind. They said the man stood up suddenly, swung around, and pointed the weapon directly at one of the officers.

After several commands by officers to drop the gun, the man finally put the weapon down on the ground. Officers found a second pellet gun on the ground near his feet.

Police confiscated the guns and told the man to obtain a hunter safety certificate by completing the required course. Once he obtains the certificate, they said, he might be able to get the guns back.

DRUNK DRIVING: Novi police arrested a 33-year-old Detroit man for OUIL Oct. 13. He was driving westbound on I-96 east of Beck Road.

Police News

The man, who was driving a 1983 Honda Civic, was stopped by police shortly before 1 a.m.

VANDALISM: A Rochester Hills man reported Oct. 19 that someone broke the back window out of his vehicle while it was parked at the West Oaks shopping center.

He said this is the second time his window has been broken in recent months.

LARCENY: A Novi woman reported Oct. 19 that her cash and credit cards were stolen from her purse while she was at work at an unnamed Grand River Avenue business.

The woman told police there are only five other people working there, but she did not see anyone take the property.

LARCENY ATTEMPT: An employee at Johnson Controls on Gen-Mar reported Oct. 19 that someone was trying to break into a semi-trailer parked outside the business.

The suspect ran when police arrived. Officers found pry marks on the locked semi-trailer. A pry-bar with orange paint matching the semi-trailer was later found in the truck belonging to a suspect.

BREAK-INS: Novi police responded to two break-ins in the Saddle Creek apartment complex Oct. 15.

In both cases, the unknown suspects broke in through doorways to ground floor residences.

In one incident, a resident on Sagebrush returned home at 6:30 p.m. to discover her front door unlocked. When she went inside she noticed drawers and doors open throughout the apartment, and evidence showing that someone had been searching through them.

Nothing appeared to be missing. In the second incident, a resident on Citation discovered a watch and

the exact location of the incident. Novi Police Officer Mark Stone reported that the man saw the officers when they arrived at the scene.

He reportedly responded to the police presence by closing the front door, turning off the lights and yelling at the police to go away.

"I don't want to talk to you," he reportedly yelled through the door. Police yelled back at the man, telling him to come out and talk.

The man responded that, the last time they were there, they arrested him and he didn't want to be arrested. Police said he continued to scream profanities at the officers through the closed doors.

An officer finally radioed dispatch and asked a dispatcher to call the man inside the house. The dis-

patcher asked the man to either go outside or let his daughter out to be with her mother.

Moments later, police said, the daughter came out of the house and one of the officers took her to the station to be with her mother.

Officers continued to try to coax the man out of the house. He finally came out. He was arrested for felonious assault.

Once outside, police said, the man told them that the incident stemmed from an argument between him and his wife over his past affair. His wife ran out, he said, after he "blew his top."

The man denied hitting or threatening his wife, and denied pointing a gun at her.

Police entered the house and confiscated four different types of guns, ammunition, and a large hunting knife. One of the guns was found to have been reported stolen.

Among the confiscated weapons were a Winchester 1200 12-gauge pump shotgun, a Winchester lever-action rifle in its case, and a 38-caliber Colt 38 special. The 38 special was discovered to be reported stolen when police ran the serial number through the computer LEIN system.

The 12-gauge shotgun, which was allegedly used to threaten the victims, was found unloaded in the bedroom. However, police confiscated three shotgun shells from various locations around the house, including the floor near the entrance.

Warrants are pending against the suspect.

Novi Briefs

19th Suicide: Dr. Jack Kevorkian was present Friday when Lou Gehrig's disease patient Marion Frederick, 72, apparently used a carbon monoxide apparatus to end her own life. Frederick, an Ann Arbor woman, died in Kevorkian's downtown Royal Oak apartment. Her Ukrainian minister, Ken Phifer, her son and his wife were present.

Kevorkian's attorney Geoffrey Fieger said he anticipated the doctor would be arrested. Fieger also said he expected Kevorkian will carry out his threat to conduct a hunger fast if he is thrown in jail.

Kevorkian is scheduled for a February trial for his role in the death of Novi resident Thomas Hyde in August. Hyde also had Lou Gehrig's disease. The doctor faces a second trial for allegedly assisting Redford Township man Donald O'Keefe to die in September. Assisted suicide is a felony in Michigan.

Senior ID cards: The Oakland Livingston Human Service Agency (OLHSA) photographer will be at the Novi Senior Center, 45175 W. Ten Mile Road, Novi, from 10 a.m. to noon through the end of October to provide identification cards through the OLHSA Senior Discount Program.

Older adults, who have reached the age of 60 and live in Oakland County, may apply for an identification card showing their photograph, name, address, birthdate, social security number and signature. These cards display the Oakland County Seal and are laminated.

Discounts offered by local merchants and others throughout the United States include prescription drugs, eye glasses, automobile parts, rustproofing, cleaners, hair care, clothing, restaurants and more.

Further information may be obtained by calling the OLHSA toll free Human Service Network 1(800)482-9250 or in the Pontiac area call 858-5180. The Novi Senior Center phone number is 347-0400.

Kids concert: Puppeteer and songstress, Maureen Schiffman, will be performing her Halloween show at the Novi Civic Center on Oct. 29 at 7:30 p.m. as part of a family Halloween Carnival. There will also be games and treats for the kids. For further information call the Novi Recreation Department at 347-0400.

Wishes Come True: The Clark Oil station at Novi and Ten Mile roads has joined forces with the Make-A-Wish Foundation of Michigan to raise funds for the granting of personal wishes to children, ages 3 to 17, who suffer from life threatening illnesses. On sale at Clark Oil all during the month of October will be Wishbones for \$1. The proceeds of these sales will go to the fulfilling of those wishes.

Call Joe Kofka at 344-1083 for more information.

School Happenings

Parent/teacher conferences: All district elementary schools will hold parent/teacher conferences from 5:30-8:30 p.m. on Oct. 27, and from 12:30-3:30 p.m. on Oct. 28.

Days off: There will be no morning kindergarten classes on Oct. 27, and no kindergarten classes at all on Oct. 28 and 29. Grades one to four will have half-days of school on Oct. 28 and 29.

Novi High School: The Choir Boosters will meet Nov. 1 beginning at 7 p.m. The Athletic Boosters meet Nov. 3 beginning at 7 p.m.

Novi Middle School: Activity Night is Oct. 29, beginning at 7:30 p.m.

Novi Meadows: There will be a fifth grade outdoor education parent orientation meeting on Nov. 3 beginning at 7 p.m.

Parkview Elementary: Students with October birthdays are invited for a special lunch today (Oct. 25). The Daily Readers program kicks off on Nov. 1. The PTO meets Nov. 2 beginning at 7 p.m.

Orchard Hills Elementary: Oct. 26 will see "Zurlock the Magician" visit the school. The school's book fair/bake sale is Oct. 27 and 28, featuring a visit by "Clifford, the Big Red Dog."

Village Oaks Elementary: VOICE will meet Nov. 1.

Novi Woods Elementary: The book fair is Oct. 27-29.

the NOVI
NEWS

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Opinions

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As We See It

Speak out to preserve Novi's trails system

It is hard to believe that a council so adamant about the need for sidewalks that is willing to mandate their installation in front of homes in subdivisions is also willing to eliminate walking paths behind those homes.

It is hard to believe that a council sensitive enough to the desires of some residents that it won't force nature paths on those who don't want them also seems perfectly willing to tell those who do that they can't have them.

And it is equally hard to believe that a council supportive enough of a citywide nature trail system at one time that it would establish a committee to formulate and "implement" the plan would also on another day order that very system be dismantled.

Following the council's lead, the Novi Planning Commission will take up the issue of whether to eliminate the Natural Resources Design Plan from the master plan in a public hearing scheduled for Wednesday, Oct. 27.

The plan — also known as the Li-near Greenway system or the Rhythms Trails system — was set up to be a series of hiking paths which would run throughout the city. The idea was that in the absence of city park land, the trails would give residents access to natural areas directly from their subdivisions. It would also give residents a way to get from here to there in Novi without having to drive a car.

Now that the city has passed a bond issue to purchase parkland, the trails would provide another means for users to get to them. Further, the paths were to be interconnected with trails in the surrounding area, meaning you actually travel great distances without ever leaving the nature paths, all starting virtually from your back door.

To the Natural Resources committee's credit, some portions of the trail system have already been installed, through the Chase Farms subdivision and in Rotary Park. The city has also obtained easements for several other sections of the trail. And all of it has been accomplished without the use of tax dollars; developers have been convinced to turn over land to the city for the easements, and volunteers have done the work of installing the existing paths.

Only a few things have changed since the plan was first put in effect. The city as a whole has voted for bonding park land, though that really should not affect the trails system. Residents in the Briarwood and Royal Crown subdivisions have stated that they don't want these trails put in their subdivisions.

Finally, the city council has changed its mind about whether these trails are a good idea. Hearing from the Briarwood and Royal Crown residents, council voted recently to kill off the system and return the easements to the developers and homeowners.

At the same time, residents elsewhere in the city have come forward to



Recreation

support the plan, as was seen in last week's council meeting.

Now the planning commission has to decide whether to take the trails off the master plan. Also worth noting is that the council is expected to look at the issue again Nov. 8 to see if the easements the city has been given should be turned back over.

We urge everyone with an interest in this project to make sure their opinion is known to the planning commission before it starts its deliberations. Not everyone can stand to speak at the hearing itself, but the planning commission will take input by letter also. And those points of view will be considered.

Typically, it is opponents of a plan who are most outspoken and show up at such meetings in the largest numbers. Supporters tend to stay away. The reason: anger is one of the best motivators for people to get involved in local politics, or at least it seems to be.

But if those who are supportive of the trail system this time allow complacency to get the better of them, they are likely to find themselves without a trails system.

To our minds, the system clearly should not be pulled off the master plan. For the better part of a year now, I've treated them as though they were my own. Although I sometimes feel like I've parachuted into parenthood without pulling the ripcord, I'm the closest thing they've got to a male influence.

In the end, we see no rhyme or reason to the idea of getting rid of the entire plan because one or two subdivisions do not want it to go into their neighborhoods. Fine, they don't have to have it. Those trails can be eliminated, simply left unconstructed. But we also don't see why those residents should be able to tell everyone else in the city what they can or cannot have.

Now it has been suggested that if the citywide trail system was eliminated, residents of those subdivisions that still want the trails could go ahead and create them on their own. Most of the easements are in common areas of those subdivisions, which would fall under the control of the local homeowners association.

But that is like having no system at all. One of the key points of the plan is the interconnection of the trails, and only a citywide committee can coordinate that. Individual homeowners associations won't be able to do anything outside their own subdivisions.

The trails system is a unique program, one we believe will be an asset to the city in the future. We definitely don't want to see it taken off the master plan.

FIGHTING MAD? WRITE BACK! LETTERS TO THE EDITOR

This newspaper welcomes letters to the editor. We ask, however, that they be issue-oriented, confined to 400 words and that they contain the signature, address, and telephone number of the writer. The writer's name may be withheld from publication if the writer fears bodily harm, severe persecution, or the loss of his or her job. The writer requesting anonymity must explain his or her circumstances. Submit letters for consideration by 4 p.m. Monday for that Thursday's paper. We reserve the right to edit letters for brevity, clarity, libel, and taste. The week prior to an election, this newspaper will not accept letters to the editor that open up new issues. Only responses to already published issues will be accepted, with this newspaper being the final arbiter. This policy is an attempt to be fair to all concerned. Submit letters to: Editor, The Northville Record, 104 W. Main, Northville, MI 48167.

Awards spark greater effort



Phil Jerome

Novi News, of course. Right on the front page where it deserved to be.

But we were a little less exultant on the editorial page. Former Northville Record Editor Bob Needham suggested in his column that, sure, the recognition was nice, but that it shouldn't be taken too seriously. And I made similar comments in an editorial.

Our less than enthusiastic response was not well-received by Novi school officials, who wondered aloud why we felt it necessary to rain on their parade . . . why couldn't we join the rest of them in acknowledging Novi's fine school district?

There was a decent point to be made in both Bob's column and my editorial. But neither of us did a good job of it because the point didn't get through.

The point we were trying to make was that the honor was very subjective and should have been accepted as such. Take a few moments to pat yourselves on the back, we suggested, and then use the recognition as a springboard to improve further the quality of education.

All of this is by way of introduction to the fact that I'm go-

ing to do a little bragging about our newspapers right now.

This has been a good year for both The Novi News and The Northville Record in various newspaper contests. The Record won eight journalism awards from the Michigan Press Association (MPA) this year. The Novi News was close behind with six MPA awards.

The Fifties Festival tab we publish every summer was judged the best special section in the country by Suburban Newspapers of America. And The News and The Record each picked up awards from the National Newspaper Association (NNA). Northville even picked up 3rd place honors in the NNA's general excellence category, meaning the judges felt it was the third best weekly newspaper in its circulation classification in the country.

All six HomeTown Newspapers won a grand total of 55 awards this year — 41 from the Michigan Press Association, eight from Suburban Newspapers of America and six from the National Newspaper Association.

To be sure, the awards are nice. That's one of the reasons I'm bragging about them. But we also take every award we get with a grain of salt.

Was the Fifties Festival tab really the best special section in the country last year? Was The Northville Record really the third best weekly newspaper in the United States?

Maybe. Maybe not. We think we publish very good newspapers. But nobody is more aware than we are of how much room there is for improvement.

We've decided not to argue with the judges. We're going to keep the awards. At the same time, however, we plan to use them as a springboard to try to improve our hometown newspapers even more in the future.

Phil Jerome is executive editor of The Novi News and HomeTown Newspapers.

Moments

By Brian Mitchell



Fast food for the farm animals requires only a pastoral setting

Chow time

Some never learn respect



Rick Byrne

Mike and Monica are my girlfriends' kids. He's 10, she's 6. For the better part of a year now, I've treated them as though they were my own. Although I sometimes feel like I've parachuted into parenthood without pulling the ripcord, I'm the closest thing they've got to a male influence.

While the lessons they learn aren't quite as simple as the list from Everything I Need to Know I Learned in Kindergarten, it becomes more and more apparent to me that many of our lifelong lessons are learned by the time we leave elementary school.

Among the ones we're teaching them right now include taking responsibility for your own behavior, and respecting other people's property. As near as I can tell, the lessons have sunk in. I wish I could say the same for some of the adults I run across.

Last week I made a trip to the hardware store, and borrowed Patti's car. I made my purchase, and while getting into the car, I decided to double-check my bag to make sure I'd gotten everything.

As I sat there, engine running, an older woman got into her car next to me, slamming her door into the mirror on the passenger's side. I then watched as the woman hoisted herself into her car. As it settled under her weight, her door scraped up and down against the mirror, knocking off a chip of paint, and loosening the mirror in its mount.

I got out and confronted the woman about the damage. "Well, there's other scratches on that door," were the first words out of her mouth.

"No, ma'am, there aren't," I said. This was true. The car was just dirty.

"Well, I have to leave," she said. "What about the damage?" I said, but she didn't hear me as she closed her door and started her car.

I tapped on her window, but she put the car in gear and tried to back out. Quickly I ran to the back of her car, as much to see her license number as to block her exit. She stopped, then after a moment continued to back up until her car struck me at the knees.

"Let me out," she screamed, getting out of her car again. "If you don't let me drive, I'm calling the police."

"Let's do that," I told her. She continued to protest, but I said nothing. I simply stepped back, pulled out a pen and wrote down her license number.

"I've got your number and I'm taking it to the cops," I said, walking back to my car.

I followed through on my threat. I drove directly to the police station and filled out a property damage report. I felt badly for the police having to waste their time on something so foolish.

I have yet to hear from the woman in the Oldsmobile, though I'm sure I will soon. I think if she had even apologized, admitted responsibility or offered to pay for the damage, I would have told her to forget about it. Instead, in retribution for her bad attitude, I made an issue out of it. Why?

Explaining the incident to Patti's kids that night, it became clear. New mirrors come cheaply, but opportunities to set a good example for the kids oftentimes do not.

Sitting at this desk, I see numerous police reports of kids trenching lawns, vandalizing cars, destroying mailboxes. No respect for the property of others. Maybe material things are too easy to come by in this part of town. Maybe those kids — perhaps even their parents — never had the opportunity to learn that lesson.

You can blame the misbehavior of our youth on too much MTV, or Beavis and Butt-head, or Rambo movies, but the truth is that the real-life flesh-and-blood adults that touch on children's lives have far greater impact on their growth than anything on a little blue screen.

"Well, I have to leave," she said. "What about the damage?" I said, but she didn't hear me as she closed her door and started her car.

Rick Byrne is copy editor for the Northville Record and Novi News.

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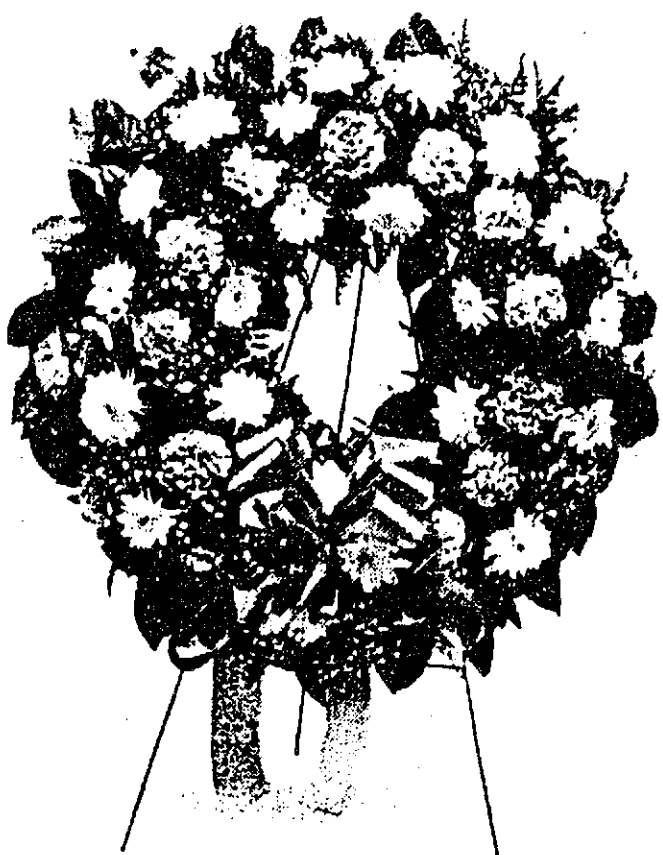
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School district bond fails 2 to 1

By RANDY COBLE
Staff Writer

If you had plans to invest in 1993 Walled Lake Consolidated School District bonds, change them. District voters rejected a \$135 million bond issue request Tuesday by a margin of nearly two to one.

The Walled Lake Board of Education decided in August to ask voters for approval to issue \$135 million in bonds which would finance a massive expansion, renovation and technology effort across the district. The request failed at the polls Oct. 19. The vote tally was 4,398 opposed to 2,973 in favor.

That makes the percentages 61.2 percent against and 38.8 percent in favor of the proposal. The 7,191 people who cast their ballots in the election represent a turnout of about 15.6 percent of the district's 46,000 registered voters.

District officials cited growing enrollment and the need to keep Walled Lake students up to date with technology as the reasons for requesting the \$135 million "Project 21."

The bond vote came just months after work wrapped up from the district's 1989 bond issue, which paid for two new elementary schools, a replacement for another school and additions and renovations for others.

Some district residents have said they opposed the 1993 bond issue because they felt it came too soon. The board's August decision followed the recommendation of Superintendent of Schools James Geisler and a year-long study of the district's predicted needs over the coming decade or more.

The issue called for:

- A new elementary school.
- Additions and renovations to the 13 existing elementaries.
- Two new middle schools.
- Renovations and additions to one of the two existing middle schools.
- Renovations and additions for both high schools.

- Renovations of the district's community education center.
- Buying technology and infrastructure equipment.
- Land acquisition and costs related to the issuance.

The 1989 issue, by comparison, paid for two new elementary schools and a replacement for the aging Walled Lake Middle School. Also included in that bond issue were a transportation/maintenance facility, high school renovations and site improvements and elementary media center additions.

Whether the board will decide to ask voters again for the bond issue, in the same or scaled down form, remains to be seen.

Slow city action yields frustration

Continued from Page 1

nors like to go to the ballgames. It's sort of a park-like setting."

If the Fuerst money is not used within a year by the city, it reverts to a scholarship fund for Novi High School graduates. The lawsuit over contested first Fuerst will was recently settled out of court.

Other city properties have been considered by the committee and council, including Novi's Department of Public Works yard on De-
laware Drive, off of Eleven Mile Road.

"It's just not a good site. There's enough land there. It just wouldn't be appropriate. You'd have the salt trucks coming in and out all night long. And it's very isolated," Crawford said.

Another location is the old city fire station on Novi Road, but this parcel has been proposed as an outlet for a ring road and has been viewed as a bargaining chip which could be used by the city as it works with developers to create a downtown at the southeast quadrant of the Novi Road/Grand River Avenue intersection.

The about seven acres eyed by the committee is off of Taft Road, south of Novi High School and contains a small pond in an parklike setting, Crawford said.

One issue that worries some council members is if the city applies for and wins a federal Housing and Urban Development (HUD) grant, the senior housing cannot be restricted to just Novi residents. Council Member Robert Schmid says he is against a HUD grant for that reason and suggests the project could be accomplished by a private developer who might be able to

do the job as inexpensively.

"That doesn't make me a bad guy, it makes me a good guy," Schmid said, adding that a private development would ensure residents come from Novi and surrounding communities and not "various counties."

Quinn agreed, adding that the city will have to choose the site first and then go out for bids.

If Novi provides the land, the developer then would have to rent the apartments at an affordable price. Crawford estimates that is in the \$350-\$450 per month range.

"We've heard a lot of different options over the year from private developers. Many told us they could not guarantee costs would remain affordable," Crawford said.

The committee's research has shown that residents of senior housing generally move there from a previous home within a twelve-mile radius.

"They really don't want to leave their old neighborhood and go somewhere else," Crawford explained.

One funding mechanism the city could use to restrict non-residents from the senior home would be issuing bonds to underwrite the building's construction, she added.

While Novi has a number of senior citizens now living in mobile home communities, they're feeling the pinch, Crawford said, as lot rental rates alone are in the \$300 range.

"Most of their whole social security check goes for lot rental. Then, there's no money left over for utilities and transportation. It's very hard," she explained.

Tips to make children safe

By RANDY COBLE
Staff Writer

While Novi is creating a Community ChildWatch program, the Walled Lake area has its up and running. The Walled Lake PTSA Council offers these tips for parents to share with children to reduce the chances of becoming a victim of crime:

WALKING: Don't with a friend. Stay on sidewalks and main streets. Don't take short cuts. Go straight home

from school. Walk facing traffic, not in the same direction with it.

PLAYING: Don't play in abandoned houses or garages. Don't go into public restrooms alone. Don't play alone.

STRANGERS: Don't talk to them. Don't ride with them. Don't get close enough for them to touch you. Don't tell a caller on the telephone that you are alone — even if you really are. Don't let a stranger into your house or apartment.

If a stranger tries to grab you, run away as fast as you can and scream as loud as you can. Tell someone you trust (police officer, teacher, store employee, neighbor, etc.) about what's happened right away.

PARENTS: Remember to pick up your children on time; don't make them wait for you. Always make sure they have change for a telephone call. Know where your children are and when they're coming back. Listen to your children; make sure they know



they can tell you if something bad happens.

Practice what you preach. Follow the rules you set for your children.

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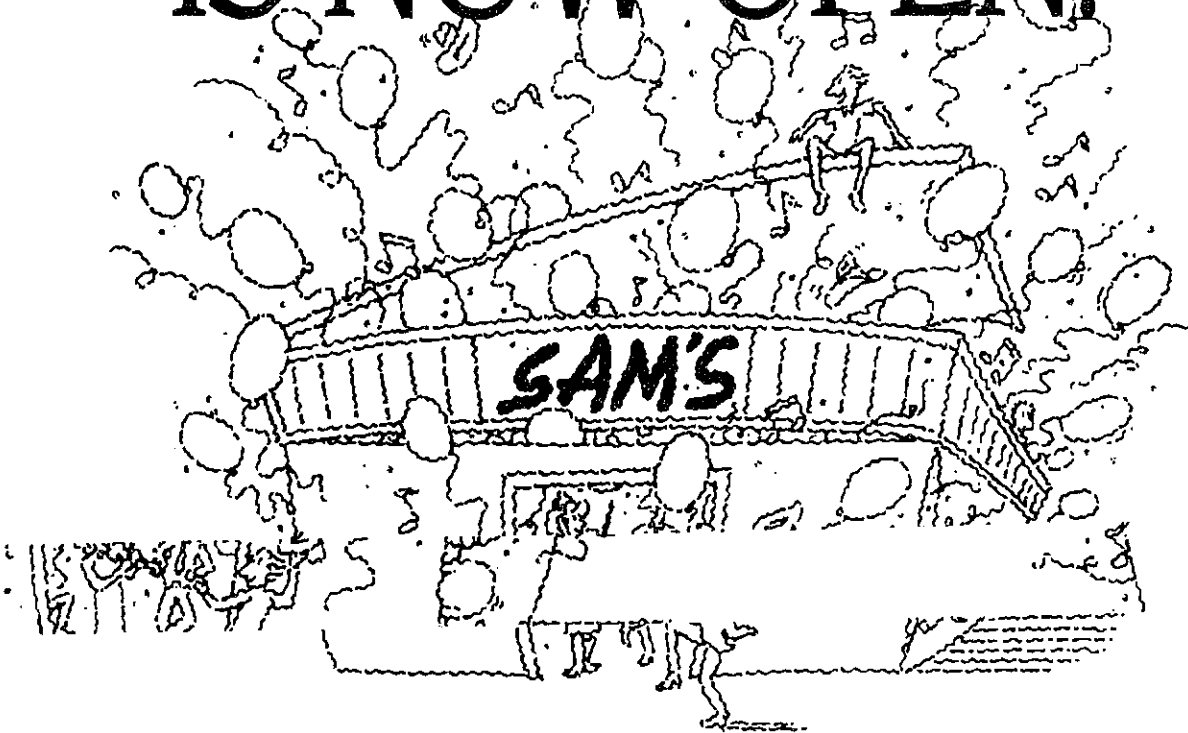
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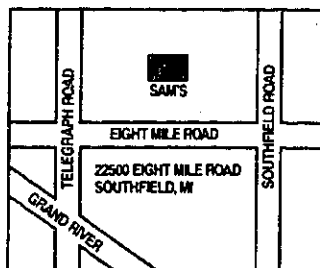
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FOOD CREATIVE DINING

B
MONDAY
October 25, 1993

Eleanor & Ray Heald/Wine

Dairy process turns out fine micro brews

Half of Michigan's breweries are at Canfield and Second in the shadow of Wayne State University. You read that correctly. OK, here's the skinny.

If you discount Stroh Brewery which today, although fully licensed, is not operating commercially, then Michigan has only four breweries, but two are in Detroit at Canfield and Second.

Selling kegs only since the end of May 1992, is The Detroit and Mackinac Brewery, brainchild of creative restaurateurs Ben Edwards and Richard Vincent who've operated the Traffic Jam and Snug Restaurant at Canfield and Second since summer 1965. East-side attorney, turned brewmaster, Tom Burns is turning out 60 kegs weekly. It is sold in about 100 restaurant/bar locations in metro Detroit and as far north as The Grand Hotel on Mackinac Island.

The second microbrewery at the Canfield and Second location is Michigan's first Brewpub, selling its ales on draft at the Traffic Jam, known affectionately by its patrons as TJs. On Dec. 18, 1992, after many years of discussion in the state legislature, Michigan became the last Midwest state to enact a brewpub law.

Edwards, a home brewer all his adult life, planned for this day for many years. In the early 1980s on a trip to Europe, he learned about a common practice in Belgium. For centuries, monks brewed beer and made cheese with the same equipment at one location. In 1988, Edwards licensed The Midtown Dairy and made his first commercial cheeses. Today, he makes about 20 different varieties that are sold only in the restaurant or the on-premise Take-Away Cafe counter. These cheeses are delicious and bargain priced between \$1.50 and \$4.50 per pound.

For two years running, Edwards has claimed the Grand Prize at the Michigan State Fair for his cheese. This year, it was for Svecia, better known as butter cheese. He also won blue ribbons in four out of five categories.

After brewpubs became legal in Michigan, Edwards applied for the necessary inspections and licensing. That's right, the cheesemaker put on his brewmaster's hat and began making America's only dairy-brewed beer. This year, tappers began dispensing at TJs in July.

Current brews include Altbier, Autumn Amber Ale and Gold Rush Ale. "But these will change," said Vincent. "The whole idea of a Brewpub beer list revolves around the brewmaster."

Ben has plans to make Red Eye, an alcoholic Ginger Beer, hard cider, a smoked beer, and for the holidays, a Christmas Ale.

"Anybody who's into brewing and doesn't make a Christmas Ale is out to lunch," said Edwards. "At TJs, we never make the same bread, so why would we make the same beer?"

It also appears that Edwards will make the champagne of bottled beers. He recently purchased 560 champagne bottles from winemaker Larry Mawby and plans to produce a bottle conditioned beer that will be available about Nov. 1. And what will he name it? "We're still working on that," Vincent said.

At TJs, "Triple Play," a sampler of all three beers, is \$3.50. A 7-oz pour is \$1.50, 14-oz shell is \$2.50 and a 60-oz pitcher is \$8.95. All beers have a table tent description, so you can choose between light and fuller and dry to sweeter.

While the brewpub idea is new to Michigan, it has been a west coast phenomenon for some time. "Until 20 years ago, all beer was made the way we do it," Edwards said. "If beer is fresh, it will always taste better. It ages about as well as lettuce."

Restaurant patrons can view the dairy and brew room from the observation balcony in the Big Room at any time. If you've not home brewed or tasted at a Brewpub, then you might be surprised to learn that the beer is unfiltered

Continued on 2

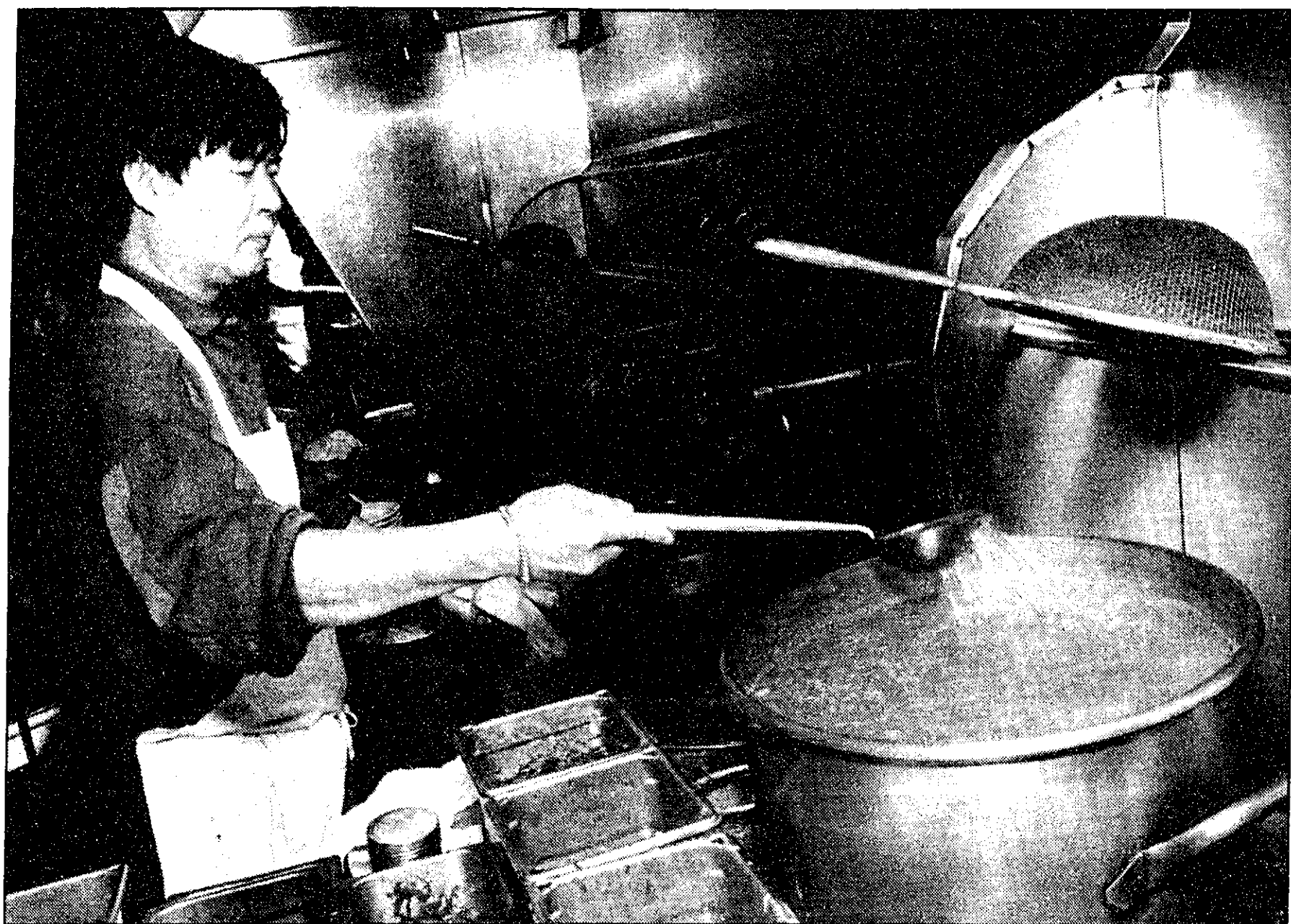


Photo by BRYAN MITCHELL

Chef Jack Dai of Hunan Palace uses broth (at right) to prepare dishes instead of oil.

Chefs fire back Restaurateurs tout healthy Chinese food

By RICK BYRNE
Copy Editor

Linda Parker and Jack Dai shake their heads in disgust when they talk about the recently released study by a Washington, D.C., consumer group.

The study, which analyzed 15 popular dishes from mid-price Chinese restaurants in Washington, San Francisco and Chicago, alleged that high fat, cholesterol and sodium counts were found in the dishes. The study was widely reported, primarily because Chinese food is America's favorite ethnic choice, and because it seemed to contradict the perception that Chinese food is healthy.

But since the release of the report in early September, Chinese restaurants all over the country have reported dropoffs in business of 25 to 35 percent. The slump was remarkable enough to earn coverage by no less than *The New York Times*, and has fueled public relations campaigns by Chinese-American associations and restaurant owners' groups in New York and Chicago, among other places.

Parker and Dai consider themselves fortunate. The Novi residents are co-owners of the Hunan Palace on Ten Mile Road near Grand River. They thank the sophistication of their customers for the fact that they haven't seen an appreciable drop in business since the report.

"Ours has stayed pretty steady," says Parker, who runs the front of the restaurant while Dai tends to the kitchen. "Our people are all educated, and they've got the common sense to know this is healthy food. It's in the way we're cooking, which is home-style stir-fried. There's not a lot of gravies, not a lot of starches. Even if they're not (aware of that) we can educate them about the menu."

Parker and Dai, like their peers in other

cities, challenge the results of the survey. The *Times* report said a Chicago restaurateurs' group had conducted its own analysis of popular dishes and found contradictory results. Indeed, even the creators of the study, the Center for Science in the Public Interest have allowed that their results may have been misinterpreted.

Parker says she didn't put much faith in the results of the survey. Judging from the way Dai prepares dishes at their restaurant, she finds it hard to understand where all the supposed fat, cholesterol and sodium came from. If you think about it, Parker says, the only fat Chinese you see are the Buddhists, who are mythical anyway. It is known that cancer and heart disease rates are lower in China than in the U.S.

"All of our chicken is skinless — always," said Parker. "And we have a vegetarian menu all the time. We use bok choy (a Chinese cabbage), pea pods, onions, mushrooms. We start with all vegetables practically."

Dai uses a low-sodium soy sauce. In fact, he brews his own. And though he can't speak for other restaurants, he uses no MSG in his kitchen.

His most common method for preparing vegetables is to steam them first, then toss them into the wok to blend them with his sauce mixture.

"On most of the dishes, we use chicken broth," he says. "It's skimmed."

Not to say that oil is never used in Chinese cooking. At least two huge woks are always going at Hunan Palace for stir-frying of food that calls for it. Cholesterol-free oils are always used.

But those unfamiliar with restaurant cooking may be surprised with the speed at which Chinese stir-fried food is prepared. It takes just thirty to forty seconds in the oil to completely cook virtually every

dish. Thanks to industrial-strength burners, the woks are kept at a consistent 500 degrees F. Dai said this is one reason Chinese food can't be duplicated well at home.

"It cooks so fast, there's no time to absorb much oil," says Parker. "You look at the plate when you're done. There's no grease there."

Indeed, Dai and Parker are two shining examples of good health themselves. Both of them attribute their good health to diet. At 52, Dai doesn't look a day over 35. Though he's been diabetic since childhood, he's never needed insulin injections. He's a firm believer in the power of herbs.

"Jack, he taught himself how to cook for that," says Parker. "He looks up in his Chinese books to see what herbs he needs. He needs no shots."

"Jack works 12 and 14 hour days," says Parker. She leans over to whisper, "And he goes and plays cards in the night. The way you're eating has a lot to do with that."

The Chinese in general believe herbs contribute to good health. For example, the orange and tangerine peel cooked into Hunan Orange Flavor dishes (with pork, beef, shrimp or chicken) is intended to be eaten, and has a soothing cough-drop effect going down. Chinese herbalists believe it promotes circulation of what they call "chi," directly translated as "vital energy." Nowadays, we call this concept of chi cardiovascular fitness.

"When I was a kid, I would steam (the orange peel) with rock sugar in water for a cough," she says. "When you eat it, it's like Drano for the body. It's roughage."

Parker, a native of Taiwan, is a fresh, slim and energetic 42, "and I eat three or four times a day," she says.

"All my aunts and uncles back in Tai-

wan lived into their 90s, and my ma, she's 83. She wears no glasses, and threads my needles for me when we sew together."

Some of the fault of the study, Parker believes, lies in the choice of the dishes analyzed. Many, she says, were deep fried, like fried rice, or had thick sauces like lo mein, almond chicken or shrimp with lobster sauce.

Many shellfish — and lobster in particular — are high in cholesterol, no matter what the nationality of the chef, she says. Further, deep frying will boost the fat content of any dish, Chinese or not.

The same goes for dishes which include nuts in the recipe, though fat from nuts is the monounsaturated, or "good" fat.

George Chew, a Chinese lawyer with an office in New York's Chinatown, told the *Times*, "The Chinese food they cite in the report is what they serve on the West Side of Manhattan, not the Chinese food Chinese people eat."

Jayne Hurley, a nutritionist for the Center for Science in the Public Interest also told the *Times*. "Our intent wasn't to stop people from eating Chinese food, but to have them eat healthier by eating more like the Chinese do, which is more vegetables, less sauce and less meat."

Parker concurs, pointing out that her menu features traditional homestyle dishes like Rose Scallops and Hunan Chicken in Spicy Orange Flavor, which use no fat in their preparation, and Vegetarian's delight, which contains no fat in it anywhere.

The key, she says, is to be an educated diner. For that, she recommends asking your server questions, and stating clearly your needs whether for low sodium, low fat or even level of spice.

"We're here to serve customers in what they need," she says. "Because we want to make everyone happy."

Cause draws plenty of media attention



Mary Brady

What an exciting last couple of weeks.

Because of the fundraiser, Women Cooking for a Cause, there has been a flurry of activity that would not normally be. Lots of wonderful publicity.

It started with an appearance with Jerry Hodak and Jill Dittmire on their Channel 2 morning show. TV is not easy to do. For me anyway, it takes a lot of

getting used to.

You realize, too late, that the lights make you look quite a bit paler than normal. And the cameras add a few pounds to the face.

The first several minutes are the hardest. We waited off the "set" in a sitting room with a TV set to the show so that we could see what was going on. As the time drew near to take our places on stage my anxiety level began to elevate. What if Kelli or I became tongue tied? (Realistically, there was little chance of either of us not being able to vocalize.)

Jill and Jerry (we're on a first name basis now) were great. They made us feel very comfortable and at ease. As we took our places we were told that we'd be answering

phone calls regarding cooking from the listeners. Another stress producer. Heaven forbid someone asked a "trick" question. Not likely, but... Anyway all worked out well. The show was a success and a neat experience.

Our next bit of publicity came from Molly Abraham, food critic for the *Detroit Free Press*. A splendid piece about the cook book was included in the Wednesday food section. We think that the book is great and it is a nice feeling when someone such as Molly does too. Her article certainly helped.

Rick Byrne, food editor of the *Northville Record* and *Novi News*, wrote a full page commentary on the event. Denise, Kelly and I enjoyed an in-depth interview with

Rick. We had a lot fun. And the picture-taking session was exciting. Try to smile on cue. Not only smile but smile "good." And don't close your eyes.

Finally two radio shows rounded out the event publicity. The first, aired last Sunday, was with Colleen Burcar of WKQI radio, better known as Dick Purtan's station. During the discussion we touched base on women's issues. It went well. Colleen is a fantastic interviewer. She made us feel very comfortable and asked very pertinent questions. The twenty minutes flew by.

And, finally, yesterday I had the pleasure of being on the JP Show on WJR. This is the ultimate experience. JP is an intense man. He knows his subjects well and can

talk for hours about anything.

This was the third time that I was on the show and it never ceases to amaze me. There is an aura when entering the studio. The king of Detroit radio sits behind his microphone and orchestrates his guests without flaw.

Sharon McPhail was the guest previous to us so the station was a hub bub of activity. She is much taller in person that she seems on TV. Much prettier too.

It an itty bitty way I'm sorry that the fundraiser and all that goes with it is over. Tom is glad that my part-time job is over. What ever will I do with my extra time?

Northville resident Mary Brady is a certified executive chef and co-owner of Diamond Jim Brady's.

The Refrigerator Door

"The Refrigerator Door" is a list of coming events and short notes about food and drink. If you have an event planned or a brief announcement you would like included here, send it care of this newspaper, 101 W. Main Street, Northville, Mich., 48167. Photos and other artwork are welcome.

ROSE COTTAGE OFFERS BANQUET SPACE: The Rose Cottage, 505 N. Center St. in Northville, has available a new 80-seat banquet room with fireplace in its delightful Victorian setting. Banquet consultants can accommodate business meetings, wedding receptions, showers or anniversary parties. Call 349-0505 for more information.

COFFEE BEANERY: In celebration of Puerto Rico's 50th anniversary, the Coffee Beanery, Ltd., is introducing two of Puerto Rico's finest Estate coffees. They are now available in limited quantities at the Coffee Beanery at Twelve Oaks Mall. Customers can sample the coffees and enter to win a free trip for two to Puerto Rico.

SCHOOLCRAFT CLASSES: Schoolcraft College is accepting registrations for the Culinary Arts classes through November.

Also, the Second Annual Culinary Educational Tour is accepting reservations. Reserve your place now for Schoolcraft's exciting culinary tour to France and Switzerland, March 4-13, 1994, to visit some of the finest restaurants and cooking schools in Europe. Enrollment is limited to 25 participants. Highlights of the tour include: visits to Paris and Lyon, France; Lausanne, Switzerland; visits to world-renowned cooking schools, restaurants, a winery, and a marketplace.

Travel under the guidance of Certified Master Chef Jeff Gabriel, Culinary Manager and instructor in the nationally recognized Culinary Arts Department at Schoolcraft College. Gabriel has received international recognition and numerous awards for his culinary expertise. Fees for this unique culinary tour are approximately \$2,800, and includes: airfare, hotels (based on double occupancy), continental breakfast, ground transfers, and some meals.

To register for courses or obtain further information, contact Continuing Education Services at (313) 462-4448.

TASSOS: Greek dinner — 6 and 9 p.m. Friday, Oct. 29 at Tassos Epicurean Cuisine, 6887 Orchard Lake Road, West Bloomfield. Cost \$28.50 per person includes dinner and tax.

AMERICAN HARVEST OPEN: Schoolcraft College's American Harvest Restaurant is now open for the school year. The on-campus restaurant, which features gourmet specialties prepared by Schoolcraft's Master Chefs and Culinary Arts students is open for lunch, Tuesday through Friday, noon to 1:15 p.m.

New to the restaurant this fall is the offering of French and Russian culinary selections. In addition to its traditional American cuisine. A variety of tempting entrees are offered daily, with prices ranging from \$6 to \$10. Each Friday the regular menu is cast aside in order to present an extensive "grand gourmet buffet" of appetizers, entrees and desserts for \$10 per person.

Seating is limited to 50 guests per day. Reservations can be made by calling American Harvest at 462-4488. The American Harvest restaurant is located in the Waterman Campus Center at 18600 Haggerty Road, between Six and Seven Mile Roads in Livonia.

HOME CANNING COURSE: If you've promised yourself each year that you would learn how to can foods properly — this is the time to start.

The Oakland County Cooperative Extension is now offering a seven week correspondence Food Preservation course for \$15 to cover mailing and printing charges.

For enrollment information and other food and nutrition, food safety and food preservation questions, call the Food and Nutrition Hotline, 8:30 a.m. to 5 p.m. Monday through Friday, 858-0904. The various lessons include — complete information on food safety; canning of low acid and high acid foods; pickling and jam and jelly preparation; freezing and drying of foods.

The lessons are mailed every two weeks to your home so you can work at your own pace. Complete background materials and recipes are provided. There's even a quiz at each lesson's end for you to see what you have learned.

WARM UP TO FOOD SAFETY: That's the message from the United States Department of Agriculture which warns there are more cases of food poisoning during the warm weather months. Here's some food for thought.

■ Don't use food from damaged containers. Check cans and glass jars for dents, cracks or bulging lids, paper packages for leaks and stains.

■ Serve food quickly from the cooler and replace it inside the cooler fast.

FDA INFORMATION ON SEAFOOD STORAGE: The Food and Drug Administration offers a toll-free consumer hotline — 1-800-FDA-4010 — 24 hours a day to answer your questions about seafood storage, handling, preparation, nutrition and more!

OLIVE OIL HOTLINE: If you've ever wondered about the "heart-healthy" benefits of olive oil, call the International Olive Oil Council hot line. The hot line is open 9 a.m. to 5 p.m. Monday through Friday, Eastern time. Call 1-800-232-6548.



Submitted photo

All Mixed Up

Renee Hunt of Walled Lake and AAA Michigan Birmingham Branch Manager Mable Jones display the non-alcoholic drink creation that qualified Hunt as a finalist in AAA Michigan's regional "Zero-Proof Mix-Off" contest Oct. 7 at the Townsend Hotel in Birmingham. Deborah Bergel of Wolverine Lake was the first-place winner. Hunt's recipe for "The Great Lakes Shake," will be included in the "Great Pretenders Party Guide" distributed free at all AAA Michigan branch offices in December. The contest and guide are part of AAA Michigan's alcohol-awareness campaign during the Christmas and New Year's holiday.

Pumpkin preparation guide offered

Halloween is just around the corner. Treat your family to an enjoyable afternoon picking out the perfect Halloween pumpkin. For a list of local pumpkin patches, call 1-800-967-5904 on a Touch-Tone phone to request Item Number 1031. We'll fax you our pumpkin patch list. Have your MasterCard or Visa ready for the \$2.95 charge.

If you would like us to mail you a copy send a check for \$2.95 to: Keely Wygonik, Taste/Entertainment Editor, Observer & Eccentric Newspapers, Inc., 36251 Schoolcraft, Livonia, MI 48150. Here's a pumpkin recipe to try.

PUMPKIN PECAN PIE

Pumpkin Layer
1 egg, lightly beaten
1 cup Libby's Solid Pack Pumpkin
1/2 cup granulated sugar
1 teaspoon pumpkin pie spice
1 unbaked 9-inch (4 cup volume)

Pie shell
Pecan Layer
1/2 cup light corn syrup
2 eggs, lightly beaten
1/2 cup granulated sugar
3 tablespoons butter or margarine, melted
1/2 teaspoon vanilla extract
1 cup pecan halves

shell.
For Pecan Layer: Combine corn syrup, eggs, sugar, butter and vanilla in same bowl; stir in pecans. Spoon over pumpkin layer.
Bake in preheated 350 degree oven for 50 minutes or until filling is set. Cool on wire rack.

For Pumpkin Layer: Combine egg, pumpkin, sugar and pie spice in medium bowl. Spread over bottom of pie shell.
Recipe from Nestle Test Kitchens which developed the recipe with Libby's canned pumpkin.

Sampling wares of state's best brewpubs

Continued from 1

and appears slightly cloudy in the glass or shell. This fact, added to the beer's freshness, is what makes these brews so flavorful.

Edwards offers this comparison by asking a question. "Which tastes bet-

ter — fresh cider from the mill which is unfiltered and slightly cloudy, or filtered, clear apple juice in a bottle? We all know the answer.

"Brewpub beer will be the alcoholic beverage choice of the 90s. It tastes good. It's not that expensive and it's food versatile. Yes, people are

drinking less and in moderation, but they are drinking better."

And the relation between beer and cheese? "I wouldn't make any cheese that I didn't think matched well with beer," Edwards said.

You don't have to go to Germany

for Oktoberfest — year round, we've got one brewing right in our own backyard.

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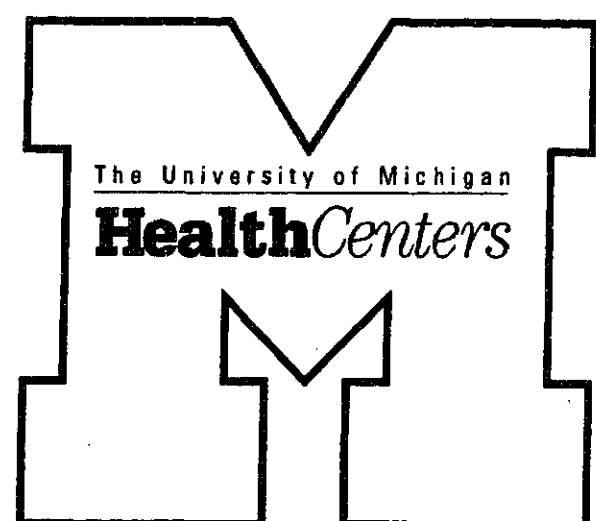
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Ever Get A Pal Smashed?

FRIENDS DON'T LET FRIENDS DRIVE DRUNK

Seafood month has best shellfish catch

October is the perfect autumn month. It eases us from summer into winter with its cooler weather, football games and falling leaves. And, surprisingly, perhaps the greatest variety of fish and shellfish (350 species) are commercially available throughout the country during October when National Seafood Month is celebrated.

If prepared with little or no added fats, seafood is virtually guilt-free. It is low in calories, yet contains a variety of vitamins and minerals. And, it is one of the most digestible all foods, making it perfect for very young people and elderly people.

When you're really pressed for time, try "Flash-In-Fish" rubs and sauces. What follows is the basic recipe which always serves as the base for variations. All you need to do is add seafood, pasta and seasonings.

SAVORY ONION SAUCE BASE

2-3 tablespoons olive oil
1 1/2 cups finely chopped onion
2 tablespoons minced garlic
1/2 to 1/4 teaspoon cayenne pepper
1/2 cup fresh lemon juice
1 tablespoon brown sugar
1 tablespoon minced lemon zest
1 teaspoon salt
1 teaspoon black pepper

To prepare sauce base, heat oil in 12-ounce heavy skillet on medium-low heat until hot. Add onion, garlic and cayenne; cook uncovered until onion

is tender, stirring, 8-10 minutes. Add lemon juice, brown sugar, zest salt and pepper; heat 1 minute.

INGREDIENTS ADDED TO SAVORY ONION SAUCE

1/2 pound cooked spaghetti, linguine, penne, curly pasta or curly noodles
1 to 1 1/2 pounds cooked seafood
1/2 cup minced fresh parsley

While preparing the base, bring a large pot of water to a boil; salt to taste. Cook pasta until tender, 8-10 minutes.

Drain pasta and place in large, warm serving bowl. Add onion sauce base and toss to coat. Taste and adjust seasonings. Sprinkle bite-sized chunks of cooked and warmed seafood over pasta with parsley and serve. Makes 4 servings.

Seafood with Linguine and Spinach — About 1 minute before pasta is cooked, add 5 cups cleaned, shredded, loosely packed spinach or 1 package (10 ounces) frozen, chopped spinach, thawed.

Savory Onion Sauce Base: Add 1 cup sliced red pepper and cook until tender, 10-15 minutes. Toss with scallops and pasta. Omit parsley and sprinkle scallops and linguine with 1/2 cup coarsely chopped feta cheese. Serves 4.

Recipes from National Fisheries Institute, Inc.

Service advises care with green tomatoes

"What can I do with all those green tomatoes still in my garden?" is becoming a common question these days at the Oakland County Cooperative Extension Food Hotline, said home economist Sylvia Tretman. Home gardeners are finding themselves knee-deep in a crop of green tomatoes and unsure of what, if anything, to do with them.

"Green tomatoes lend themselves to a variety of tasty relishes and side dishes, and they can be safely canned as long as they are not from dead or frost-killed vines," said Tretman. Solid unblemished tomatoes, which have not been frost-bitten can be safely canned, if proper processing procedures are followed.

The Ball Blue Book, 32nd edition, is a reliable source. If your tomatoes are hit by a frost they still can ripen satisfactorily if they are wrapped in paper and stored at room temperature or a bit cooler. However, tomatoes hit by a hard frost need to be used up at once. They will deteriorate rapidly and will not ripen and should not be canned.

Green tomatoes can also be served in an interesting way by slicing them and frying them. They can also be frozen for frying later. Call the Food and Nutrition Hotline for food questions, Monday through Friday, 8:30 a.m. to 5 p.m. at 858-0904.

For other questions on food safety, food preservation or food and nutrition, call the Food and Nutrition Hotline, Monday through Friday, 8:30 a.m. to 5 p.m. at 858-0904.

Lois Thieleke/Home Economist

Eating out need not be fattening

When munching foods on the move or impulse eating, it's very hard to keep track of what you actually ate. Pastries, ice cream, hamburgers, luncheon meats, high fat cheeses, fried or breaded foods are just a few foods that we seem to grab for a quick snack or lunch.

First rule is to allow time for yourself to eat whether at home, at the office or in a restaurant. Eating out does not have to mean empty calories.

A buffet or all you can eat restaurant can bring out the worst in most of us. Don't try to be a martyr, you do not have to taste everything! If you know you are going to a buffet, don't skip the previous meal. Facing all those foods on an empty stomach can be disastrous. Circle the buffet table before picking up a plate and mentally note what you want to eat before getting in line.

Always dish up small portions of the foods you want to try, because of the variety it may surprise you how little it takes to satisfy hunger. Best advice for a buffet is to put some distance between you and the food.

Sit down once your plate is full. Standing near the food table can result in continuous nibbling. When your plate is empty, get rid of it or put your napkin on it so you won't continue to eat as the conversation lingers. Don't go back for seconds at buffets or you will overeat.

At a Mexican restaurant, order corn tortillas instead of flour tortillas. The flour kind often contain lard. Watch out for the extra fat in deep fried tortillas used for ta-

cos, taco salads or chips. Ask if they are fried or baked. Ask for salsa instead of high fat guacamole and don't fill up on the chips.

Enjoy chicken or bean burritos, chicken fajitas, rice, chicken taco or tostados, with lots of shredded lettuce and tomatoes. Mexican cuisine offers many dishes that are high in complex carbohydrates and good for you.

Chinese cooking relies on vegetables, rice and noodles but learn to read menus carefully being observant of cooking methods. Avoid deep fried, breaded and heavy sauces like a lobster sauce. Enjoy stir-fried vegetables, fish or chicken and all the vegetable dishes. The mushrooms, broccoli, water chestnuts, bamboo shoots, bok choy, squash, snow peas and lotus root are all good choices.

The local Italian restaurant can help keep you on track, but avoid pasta dishes loaded with fatty cheeses or meats. Choose pasta with a marinara (tomato) sauce, clam sauce or a little olive oil. Go easy on meatballs, Fettuccini Alfredo, lasagna and especially the dessert casseroles and cannoli. Italian ice is a cool, low calorie, delightful dessert that will not add inches to your waist line.

Order pizza with extra vegetable toppings such as green pepper and tomatoes instead of fatty toppings of pepperoni and sausage.

Southern and Cajun style dining are gaining in popularity, and have many good dishes available that have not been fried. Enjoy seafood gumbo, grilled seafood, rice

and pinto beans, and corn bread. Even blackened fish is usually cooked with less oil than traditional Southern fried food. Go easy eating crab cakes, hush puppies, corn or fish chowder, gravy and muddies and other rich Southern desserts.

If you are hungry for fast foods, make simple choices. Skip fatty dressings, mayonnaise, cheese and bacon hamburgers, request lettuce and tomato toppings, mustard and ketchup. A simple hamburger with regular fries has about 40 percent of calories from fat while a superburger and large fries has about 50 percent.

Other foods with more than 50 percent calories from fat are spareribs, corned beef, hot dogs, sausages, and eggs. Olives, hering, New England Clam Chowder, chocolate and buttery crackers are also just a few of the foods on the "fat" list.

Here are some more eating out Don'ts:

- Don't eat with out some advanced planning.
- Don't use eating out as an excuse to overeat.
- Don't order desserts until you've finished your meal.
- Don't use holidays and vacations as an excuse for weight gains.
- Instead Do:
- Do learn to say "no" to seconds.
- Do choose plain vegetables and salads.
- Do eat the bread but ignore the butter.
- Do eat slowly.

Lois Thieleke is an extension home economist for the Cooperative Extension Service, Oakland County office.

Tips to help our microwave fans

The microwave oven has become a common household item which can be a real boon for saving time," said Sylvia Tretman, home economist for the Oakland County Cooperative Extension Service. "There are some very simple yet effective tips to help you cook safely with your microwave."

The main concern is ensuring that food is completely cooked, yet not so hot that it may burn a baby's mouth. Cooking procedures are followed.

The Ball Blue Book, 32nd edition, is a reliable source. If your tomatoes are hit by a frost they still can ripen satisfactorily if they are wrapped in paper and stored at room temperature or a bit cooler. However, tomatoes hit by a hard frost need to be used up at once. They will deteriorate rapidly and will not ripen and should not be canned.

Green tomatoes can also be served in an interesting way by slicing them and frying them. They can also be frozen for frying later. Call the Food and Nutrition Hotline for food questions, Monday through Friday, 8:30 a.m. to 5 p.m. at 858-0904.

For other questions on food safety, food preservation or food and nutrition, call the Food and Nutrition Hotline, Monday through Friday, 8:30 a.m. to 5 p.m. at 858-0904.

Cold spots can occur because of the irregular way the microwaves enter the oven and are absorbed by various foods.

"Learning placement and special microwave techniques is a good idea," adds Tretman, who suggests either buying a microwave book or taking a class. Some tips to help with safe microwave cooking:

- Turn food several times — or stir or rotate dish during cooking.
- Observe standing time when called for.
- Use utensils made for the microwave.
- Avoid use of cold storage containers, like margarine tubs — they can melt.
- Never use brown bags or newspapers which can catch on fire.
- Heat leftovers to at least 165 degrees.
- Use caution when warming baby food and formula — stir and taste before serving.
- If you have other questions on microwave safety or other Food and Nutrition concerns call the Food and Nutrition Hotline, Monday through Friday, 8:30 a.m. to 5 p.m. at 858-0904.

St. Mary Hospital says THANK YOU to the STARS of the "HOLLYWOOD NIGHTS" FASHION SHOW

★ Producer ★
Carol Cassie
President, First Michigan Title, Inc.

★ The cast ★
Elle Shop, Dearborn
Manno Clothiers, Dearborn
Raphael, West Bloomfield
John Casablancas Agency, Plymouth
Janelle Agar, artist, Livonia
Mayor Robert Bennett, Livonia
John Landis, Comerica Investment Services
John Del Signore, Laurel Manor Conference Center
Medical Staff, St. Mary Hospital

★ Celebrity guest stars ★
John Kelly and Marilyn Turner, Channel 7

...and all who contributed their time, talents, and treasury to the success of this extravaganza

PROJECT SMILE

All proceeds from "Hollywood Nights" go towards Project SMILE, a fundraising program of the St. Mary Hospital Foundation benefiting women's, children's and infants' health care services

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A black and white line drawing depicting a massive, chaotic pile of various objects. The pile is composed of numerous items, including tools like hammers, wrenches, and screwdrivers; toys like a teddy bear and a doll; household items like a vacuum cleaner, a toaster, and a clock; and other miscellaneous objects like a life preserver, a net, and various containers. In the background, a small figure of a person with a surprised expression is visible, looking out from behind the pile. The overall scene suggests a state of extreme clutter or a collection of random items.

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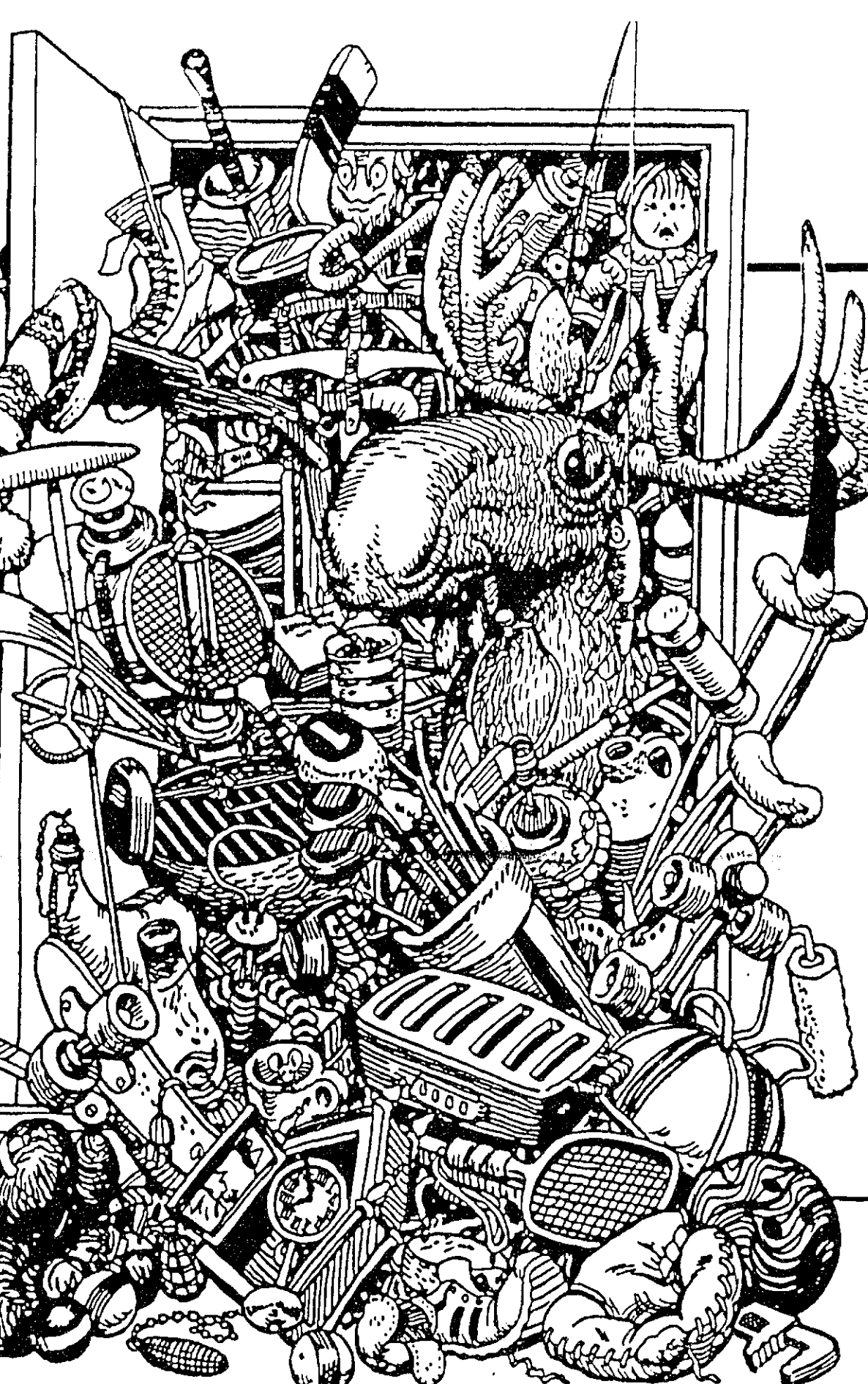
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222 Trucks

1979 CHEVY Love truck. New parts throughout, runs great, body rusty, great for flat bed. \$750. Afternoons 4-8pm. (313)629-0847.

1979 CHEVY Blazer, 4x4, V-8, runs great, body fair, \$1200 or best offer. (313)878-3058.
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1983 GRAND Marquis. V8, auto, 2 dr., all power, high miles, clean, new tires, battery, brakes, owner, \$1200, priced to sell (313)878-5595.

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