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the Nov NEWS

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Student Carrie McDougal, left, holds on to Simon the Office Cat at the Meadowbrook Veterinary Clinic as Vet Assistant Cheryll Toutant clips its claws. McDougal has been volunteering at the clinic and is considering a career as a veterinarian.

Photo by JOHN HEIDER

Making the world a better place

By WENDY PIERMAN MITZEL
Staff Writer

Some Novi High School students think they've found one solution to making the world a better place.

"Help out if anybody needs help," said Emily McGuekin, a junior at Novi High. "I think people need to start helping. A lot of people are selfish and all they want is money."

Sophomore Lindsey Root agrees.

"If not every single person is helping then there aren't enough people in this world helping," she explained.

The students, along with 74 of their peers, are examples of that theory, consistently giving of their time to local organizations.

The students are part of Novi High's Community Volunteer Ser-

vice program, or CVS. The program, coordinated by teacher Barb Clift, matches students with community organizations that need a little extra help.

The companies or organizations get additional "manpower" and the students get experience. It's a win-win situation according to Clift and the students.

"It's nice because you're getting to work with different experiences

and learn from them too," said Christina St. Clair, a sophomore who works with the Living Science Foundation. She helps the organization to present programs to children using live animals.

"When you can enjoy what you do, it makes for a good learning experience," she explained.

"Plus if you're interested in a field you can test it out. And if

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Session to cover site plan process

Maybe some developer proposes to build a grocery store or a new subdivision near your neighborhood and you've got questions about the process.

Or maybe you're just curious about all that jargon you hear the Novi Planning Commissioners spouting. Now is the time to learn the lingo.

Members of the public are invited to attend a free Site Plan Review Workshop on Monday,

Jan. 13 from 5:30 p.m. to 7 p.m.

Hosted by the planning commission, the goal is to demystify the sometimes complex series of steps.

The workshop, originally prepared by local consultants Birchler Arroyo Associates for the Michigan Society of Planning Officials, is being held to help the commissioners brush up on their skills.

The "who, what, where, when and why?" of

reviews and how the planning commission comes in, will be explained.

Topics to be covered include the city's authority in site plan review, how to read a site plan, design principles and other fine points.

The session is the first of four on planning issues, all open to the public, at the Novi Civic Center, 45175 W. Ten Mile Road.

Capote works to attract high tech

By WENDY PIERMAN MITZEL
Staff Writer

A city cannot live on homes alone.

Sure to be another year of home building and retail expansions, the City of Novi Planning Department and the Economic Development Corporation are looking to drum up some business of another sort in 1997.

"I am here to help ensure the economic vitality of the community and balance of the community to ensure we'll have all we need at build-out to support our city services," said Greg Capote, senior staff planner responsible for Novi's Economic Retention, Attraction and Expansion Program.

Capote said he and the EDC are looking to bring more high tech and other business and industry to the city to create a diverse tax base. With a tax base beyond the existing large retail and residential base, taxes could be kept lower and more services provided, he explained.

Unfortunately, not all residents

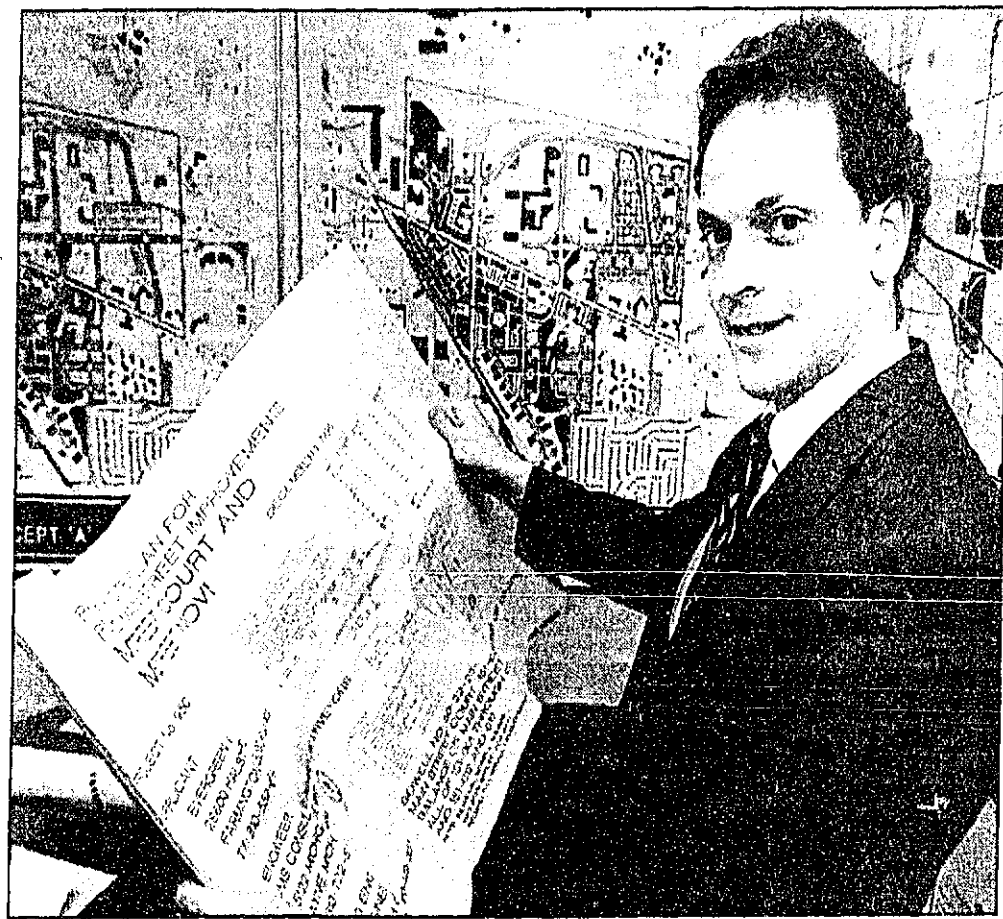


Photo by JOHN HEIDER

Novi City Planner Greg Capote is concerned with bringing high-tech manufacturing to Novi.

recognize the need for more than just homes and shopping, he said.

"People say 'Oh! Economic development? We have a lot of economic development' ... But it's not the right kind," explained

Capote.

He said the city should welcome more business development and understand it has benefits for residents.

"The NIMBY (not in my backyard) consciousness cannot blind

us to the needs of the future," he said.

The need is to broaden the city's horizons.

For instance the retail center of Novi at I-96 and Novi Road is a

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Site found for planned ice arena

By JAN JEFFRES
Staff Writer

A few more forward strokes have been made in the plan to build a two-rink, 84,000-square-foot skating arena in Novi, but don't anticipate hitting the ice this fall.

Monday, after a ten-month site search, the Novi City Council agreed to enter into a purchase agreement for a 15-acre site near the southeast corner of Novi and Ten Mile roads. Novi will pay \$232,000 for the land, considerably less than \$60,000 per acre going rate for industrially-zoned land, City Manager Ed Kriewall said.

"It sounds awfully inexpensive, but as part of the deal, we have to build a road to get back to it," he added.

"The real advantage of the situation is we're going to be adjacent to The Sports Club. It will give us a recreational complex."

The city must build a \$668,000 street running from Novi Road into the remainder of the 71-acre vacant property, owned by Dan Weiss and Novi-Ten Associates.

The road will be built this summer, Kriewall said, then work will proceed as quickly as possible on the \$6.5 million arena.

"We are going to go as fast as

"The real advantage of the situation is we're going to be adjacent to The Sports Club. It will give us a recreational complex."

Ed Kriewall
Novi City Manager

we can. I don't think we can make it by fall, but you never know," he added.

Glen Healey, managing owner of The Sports Club of West Bloomfield, is expected to sign a purchase agreement this week on adjacent acreage, Kriewall said. The land is zoned for light industrial, which permits recreational facilities.

On his portion, Healey aims to build a 130,000-square-foot facility similar to the West Bloomfield club, with swimming pools, tennis courts and fitness and martial arts programs.

"I'm sure all the hockey people and ice skating people will be

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Weather leaves area ice dangerous

By WENDY PIERMAN MITZEL
Staff Writer

Don't skate on thin ice.

Anxious ice hockey players and ice fishers would be wise to play it safe and wait to lace up.

The Oakland County Sheriff's Department is warning residents not to go out on the ice, too soon, because recent weather has been so irregular.

"With the freeze coming up again people will think the ice is safe and venture out and be in trouble," said Deputy Don Todd of the Marine Safety Division.

"We do not recommend going out on the ice yet, it's not safe. There hasn't been enough cold weather to make it safe," he said.

Recent weather trends have gone from freezing to warm within a day, making current ice conditions unreliable. The ice that had developed in a previous cold spell is now honeycombed and unsafe, he explained.

Temperatures should be below freezing (zero degrees) for at least four or five days, according to Todd. The ice should be five inches thick for ice skating and ice fishing and at least eight inches

thick for snowmobiling. The correct way to check for safe ice is to take an ice spud and drill several holes for measurement. When checking the ice, people should work in pairs, with one person wearing a rope and a life preserver and someone holding the rope from shore.

Should someone fall through the ice, it's important to take quick, but safe, action.

"Hypothermia can set in within five minutes of going through the ice," said Todd.

Someone should call 9-1-1 and find a ladder or a rope to extend or throw to the victim to pull them to safety, while staying on safe ground themselves.

Todd said the department has had to field only one call so far this season. A man on Pine Lake in West Bloomfield fell through the ice but was luckily spotted by a homeowner nearby. The fire department completed a rescue and the man was rushed to the hospital with a mild case of hypothermia.

"We've been very lucky so far," he said.

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Community Calendar

To have your organization's activities, regular meetings or special events listed in the Community Calendar, send information to Community Calendar, The Novi News, 104 W. Main Street, Northville, MI 48167.

Thursday, January 9

City Council and Parks meeting

The Novi City Council and the Parks and Recreation Commission will hold a joint meeting at 7:30 p.m. in the Novi Civic Center. On the agenda are the parks master plan, a community pool and a golf course feasibility study.

Novi Schools

The Novi Board of Education will meet in regular session in the Educational Services Building at 7:30 p.m.

Monday, January 13

Party planning

Novi High School parents are invited to attend a meeting to help plan for the senior all-night party scheduled for June 8, 1997. The meeting will be held at the high school in room 149 from 7-8 p.m. For more information call Debbie Deitch at 349-3318 or Patti Kearney at 348-6411.

Site Plan Review Workshop

The public is invited to join the Novi Planning Commission from 5:30 p.m. to 7 p.m. for a free session on the details of the city's site plan review process. It's at the Novi Civic Center.

City Council

The Novi City Council will meet at 7:30 p.m. in the council chambers of the Novi Civic Center.

Health tests

Community EMS will sponsor blood pressure testing and in the Novi Civic Center from 7:30-9 p.m. in conjunction with the Novi City Council meeting.

Library Board

The Novi Library Board will meet at 7:30 p.m. in the Novi library building.

American Business Women's Assoc.

The American Business Women's Association meets at the Doubletree Hotel (formerly Sheraton Oaks) in Novi. Social hour starts at 6:30 p.m. Dinner is at 7 p.m. and the business meeting follows immediately thereafter. For reservations call Rita Engleton at (810) 960-8300 daytime or (810) 624-0282 evening. Membership information call Betty Johnson (810) 960-9559.

Vietnam Veterans of America

The Vietnam Veterans of America will hold a general meeting at 7:30 p.m. at 9318 Newburgh Rd., between Joy Road and Ann Arbor Trail. All veterans on active duty between January 1, 1955 and May 7, 1975, regardless of duty station, are eligible. For additional information, call Don Dignan at 446-4903 or 925-0157.

TOPS

Take Off Pounds Sensibly for all ages meets at 7 p.m. at the Novi Meadows Clubhouse on Napier Road. For more information, call after 6 p.m. (810) 344-2107.

Tuesday, January 14

Civil Air Patrol

The Sixgate Composite Squadron, Civil Air Patrol, meets at Novi Middle School, 25299 Tall Rd., from 7:30-9 p.m. Adults and youths who have finished the sixth grade are welcome. For additional information, call 349-2063.

Beautification Commission

The Beautification Commission meets in the Novi Civic Center at 7:15 p.m. Audience participation is welcome. For more information, contact Ernie Aruffa at 348-9136.

CHADD

Children and Adults with Attention Deficit Disorders of South Western Oakland County, serving the Novi school district, will hold a support group meeting at the Meadowbrook Congregational Church, 21355 Meadowbrook Rd., between Eight Mile and Nine Mile roads. Registration begins at 6:45 p.m. and the meeting at 7 p.m. Parents, educators and health care professionals are welcome. There is a \$5 donation for non-members. For information, call the hotline at 486-2876.

Band rehearsal

The Novi Concert Band rehearses at 7:30 p.m. in the band room at Novi High School. For more information, call manager Warren Ledger at 348-2955.

Camera Club

The Novi Camera Club meets at 7:30 p.m. in the Novi Civic Center. For more information, call Hugh Crawford at 349-5079.

Chess Club

The Novi Chess Club will meet from 7-10 p.m. at the Novi Civic Center. There is no charge to attend and all players are welcome. For more information, call Tim Sawiniller, 344-4269 evenings after 6 p.m.

Wednesday, January 15

Planning Commission

The Novi Planning Commission will meet in regular session in the Council Chambers of the Novi Civic Center.

Business Network International

The Farmington Hills chapter of The Business Network International, made up of members from 10 neighboring communities, meets at 7 a.m. at the Tollgate 4-H Education Center, Twelve Mile at Meadowbrook Road. For chapter information or an invitation to one of the meetings, call 642-

Obituaries

KAREN A. (KEYSER) KOKKO

Karen A. (Keyser) Kokko, age 50, of Novi, formerly of Livonia, died Dec. 28, 1996. She was born May 1, 1946, in Detroit.

Mrs. Kokko was a graduate of Berkley High School. She was a 1968 graduate of Wayne State University where she was a member of Sigma Kappa sorority. Mrs. Kokko had been employed as a computer technician at Seligman & Associates Inc. of Southfield. She also taught school in Southfield for 5 1/2 years. Her interests included making gifts, knitting, and crafts.

She is survived by her husband of 28 years, Norman; sons, Kurt and Christopher; daughter, Karolyn; parents, Donald and Anne Keyser; and sisters, Arlene and Darlene. Services were held on Friday, Jan. 3 at Emmanuel Lutheran Church, Rev. Walter Dickenson officiated at the service. Interment was private.

STEPHEN FUSIK

Stephen Fusik, age 84, of Novi died Jan. 3 at Botsford Hospital in Farmington Hills. He was born July 27, 1912, in Vienna, Austria. Before retiring, Mr. Fusik was a senior designer in the automotive industry. He was a veteran, and a member of the Bethlehem Lutheran Church.

Surviving Mr. Fusik are his wife, Irma; daughter, Janice C. Busscher; son, Stephen F.; brother, Frank; sister, Josephine Kozkosi; and grandchildren, Brenda and Brian.

Services were held on Tuesday, Jan. 7, at Bethlehem Lutheran

Church, Farmington Hills, with Rev. Jonathan K. Bongren officiating. Interment was in Glen Eden Cemetery, Livonia.

Arrangements were made by Thayer-Rock Funeral Home in Farmington.

Memorial contributions to Bethlehem Lutheran Church, 35300 W. Eight Mile Road, Farmington Hills, MI 48335 would be appreciated.

EMILIE (MACHA) NEWHOUSER

Emilie (Macha) Newhouser, age 90, of Novi died Dec. 31, 1996, at West Bloomfield Care Center. She was born Jan. 24, 1897, in Czechoslovakia.

Mrs. Newhouser moved to Novi from Detroit in 1972. She was a homemaker and a member of the Novi Seniors. She was an avid baseball fan and proud mother of Harold "Hal" Newhouser of the Detroit Tigers, who was inducted into baseball's Hall of Fame in 1992. In her earlier years, she enjoyed cooking, bowling, and gymnastics.

Surviving Mrs. Newhouser are: sons, Richard (Lionel) of Novi and Harold (Beryl) of Bloomfield Hills; four grandchildren and six great grandchildren.

She was preceded in death by her husband of 58 years, Theodore; and brothers and sisters.

Services were held on Saturday, Jan. 4, at Thayer-Rock Funeral Home, Farmington, with Pastor Brad Gee of Hope Lutheran Church of Farmington Hills officiating.

Memorial contributions to the American Heart Association, P.O. Box 721129, Berkley, MI 48072 or Karmanos Cancer Institute, 18831 W. Twelve Mile Road, Lathrup Village, MI 48076 would be appreciated.



Photo by AL WARD

Country Music Review

Tommy Cash, brother of the legendary Johnny Cash, strums the guitar during the Novi Police Officer's Association Country Music Review, Sunday afternoon. Held at the Novi High School auditorium, the event generated funds for a Novi High School scholarship and for special needs of the department. Association President Officer John Nelson said the event was successful and estimated attendance to be near the 200 mark.

RRRASOC to recycle old Christmas cards

Holiday cards send warm wishes ... but they usually end up in the garbage. The Resource Recovery and Recycling Authority of Southwest Oakland County is trying to change that.

RRRASOC will be accepting the fronts of greeting cards for reuse and giving the first 500 participants a coupon for a white pine tree seedling on the following days: Every business day through Jan. 31, 9:30 a.m. until 4:30 p.m.; Saturday, Jan. 11, 10 a.m. until 2 p.m.

The Resource Recovery and Recycling Authority of Southwest Oakland County is trying to change that. "Our 'Tree-for-Cards' exchange program is an opportunity for residents to think twice before throwing something in the garbage," said Mike Caputo, RRRASOC general manager. "There are many ways to reduce the amount of garbage going to the curb and this is one of them."

The fronts of the cards will be sent to both St. Jude's Ranch in Boulder City, Nev., and the Keith Bovenschen School in Warren. The fronts of the cards will be attached to new backs and recycled into new greeting cards.

For more information, contact RRRASOC's Recycling Coordinator, Heidi Jo Wayro at (810) 208-2270.

Futuring to set pace for city

By JAN JEFFRES

Staff Writer

The future is yours. Really. That's the message of the Novi 20/20 Futuring Steering Committee, which is inviting everyone to get involved in the creation of a vision statement for the community at two upcoming sessions.

The final result is expected to set the pace for Novi for the next 25 years.

"It's a great opportunity to put your fingerprint on the future of our city," said Craig DeRoche, chair of the steering committee.

"There have been times when large groups of residents are critical of city government and the direction it recommends on issues. This is the time for those citizens, the myself, to come forward and offer positive ideas for the Novi they would like to see develop as it continues to grow."

The dates are Thursday, Jan. 30 from 6:30 p.m. to 10 p.m. and Saturday, Feb. 1 from 9 a.m. to 3 p.m. Speaker of the Michigan Senate Majority Leader Dick Posthumus, R-Alto, is expected to speak at the Jan. 30 session.

DeRoche has sent flyers to all the local churches, schools and homeowners' groups, encouraging involvement.

Novi Planning Aide Larry Frey, the facilitator for the project, will present Novi 20/20 at the Novi School Board meeting tonight.

"One of the things I'm excited about is it's wide open. Any citizen can participate. The format is going to be constructive. Anybody can have a suggestion," DeRoche said.

What seems to concern residents most is not one particular

Novi's futuring began in fall 1995, with the creation of the steering committee of city staffers, elected officials and residents. It's now ready to add a cast of at least 100, ideally participants from all sectors of the city and all walks of life.

The process is expected to last two years. But the first task is coming up with a mission statement, then breaking it all down into issues designated by residents. Subgroups will address issues such as transportation, the environment, local lifestyle and development.

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Novi Planning Aide Larry Frey, the facilitator for the project, will present Novi 20/20 at the Novi School Board meeting tonight.

"One of the things I'm excited about is it's wide open. Any citizen can participate. The format is going to be constructive. Anybody can have a suggestion," DeRoche said.

What seems to concern residents most is not one particular

Novi's futuring began in fall 1995, with the creation of the steering committee of city staffers, elected officials and residents. It's now ready to add a cast of at least 100, ideally participants from all sectors of the city and all walks of life.

The process is expected to last two years. But the first task is coming up

Student volunteers make a difference

Continued from 1

you don't like it, at least you know," said Carrie McDougall, who works at the Meadowbrook Veterinary Clinic.

McDougall does various odds and ends, cleaning and feeding the animals, working with customers, completing office work, following the doctor around, and even sits in on surgery.

Sophomore Ryan Rettmann said it's working with professionals that makes the experience special.

"Normally I deal with my friends but when I go to volunteer, it's all adults. It helps me enrich my communication skills and get used to responsibility and know the other generations," he said. Rettmann would like to pursue a medical career and said he's learned a lot about what goes on behind the scenes while working in the sterilization unit of Botsford Hospital.

Senior Kayla Graham said she can use her experience as a library aid for the future. "Now I have experience to get a job with a library in college," she said. "I used to think library work was easy."

Cliff said all the students now have great references to show on their resumes, but the students understand it's not only to their benefit to spend the time volunteering.

"Lots of the positions the volunteers hold, without them companies would not do them, so it saves them money and gives us experience," said Rettmann.

"Without having to pay employees they get to focus more on the programs," said St. Clair. She cleans cages and prepares food for the animals, like making salads. "There are animals that get rats but I just deal with lettuce," she laughed.

"Employers like how you're interested in learning. That's what you want to be there," said McDougall, the vet assistant.

Besides the employers gaining a benefit, the students provide an invaluable service to the "customers."

Lindsey Root gives hospital patients support and attention necessary to get well. She helps with the discharge procedure at Botsford Hospital in Farmington.

"Some people are happy to go home but some are just grouchy. They're afraid to go home because they'll be alone but, at the hospital, they knew they were taken care of," she explained. She also provides a sympathetic ear and a resource for questions about procedures.

Root said she's spent time in a hospital before and understands it can be a scary experience. "I feel I can relate to them because I've been in their situation. That's why I do it because I've been there," she said.

Senior Steve Chang, who works

VOLUNTEERS

Community Volunteer Service at Novi High School

• The number of students who picked up a CVS application so far this year: 107.

• The number of students who returned completed applications and placed in assignment: 76.

• Of the volunteers 17 are males, 59 are females, 15 are freshmen, 37 are sophomores, 19 are juniors and six are seniors.

• Where the volunteers spend their time:

Middle School tutoring 23
Botsford Hospital 16
Meadows tutoring and teaching assistants 6
High school library 5
Public Library 3
Parks and Rec 5
Motorsports Hall of Fame 5
Whitehall Center 4
Athletic Trainer Assistant 4
Maybury State Park 3
Daycare assistant 4
Meadowbrook Vet Clinic 2
Living Science Foundation 2
Faith Community Church 1
Farmington FICA office 1
ESL Adult Education Tutor 1

with ESL families learning to speak English in Novi, agrees. "I was once an ESL student so I can relate to their situation and frustrations," he explained. "But I can understand there are rewards too."

Sophomore Yuta Ito shares that experience. He works with young 5th grade students each week to help them learn English and complete their work. He said they appreciate his help and his friendship. It's someone they can talk to about their day and their hobbies.

Conversation is an important service the students can provide at no cost.

Junior John Mione works at Whitehall convalescent home after school, providing the aged with someone to talk to.

"I know they're lonely during the day I hope I can cheer them up and get them more active mentally and physically," he said. "It helps me develop my social skills and I get to work with different types of people... One of the people there was like first woman to go to Lawrence Tech."

Mione also feels he's giving back



Ryan Rettmann volunteers at Botsford Hospital in the hospital's central services area. Rettmann said his volunteer work may lead him to consider a future in the medical profession.

a service his own family used. His grandparents lived in a nursing home so he understands the need for visitors.

Many of the students find the time to volunteer to between school, homework, clubs and sports, paying jobs and family time. They say even if they can spare two to four hours a week, it's enough to make a difference.

"I encourage other students to do it. A lot do it for National Honor Society (admission requirements) but this is a lot better than just doing little bits of service hours," said Rettmann.

But the students don't believe in making volunteerism a requirement for graduation. "It stops being volunteering when you require mandatory service," said Root.

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Novi center begins taking donations

The American Red Cross Novi Blood Donor Center located at 41160 Ten Mile Road, east of Meadowbrook Road, will be open for voluntary blood donations on Monday from 1-7 p.m., Friday from 10 a.m.-4 p.m., Saturday from 9 a.m.-2 p.m.

Voluntary blood donation is important to our community blood supply. Every ten seconds someone in southeastern Michigan needs blood. Accident victims, children and adults affected by diseases like cancer, leukemia and sickle cell anemia rely on blood transfusions as a lifesaving treatment. Call 1-800-GIVE-LIFE to schedule an appointment at the Novi Donor Center. A blood donation can help save four lives.

Originally, the goal was to have the ice arena built by fall 1996. Novi, the private firm Center Ice Management Inc. and the city council-appointed Community Clubs of Novi are all partners in

the non-profit venture. The complex will be financed through the sale of tax-exempt revenue bonds. Under the terms of the contract, the property would be leased from Novi, but the entire complex would revert to the city once the 20-year lease is up.

The purchase agreement gives the city time to have soil borings and other environmental testing done on the land.

Not considered as many as 11 other sites for the rink, Nix said was an earlier plan to build the facility into a hillside on city park land north of Twelve Mile Road.

Among the advantages of the

city time to have soil borings and other environmental testing done on the land.

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City selects site for new ice arena

Continued from 1

happy," said City Council Member Kathy Mutch.

The ice arena will be placed towards the rear of the land, to avoid a nearby creek, explained Mutch.

Plenty of land remains for other development on the property, but Kriewall said he didn't know what might be going on.

Designs for the arena call for two National Hockey League regulation-sized skating rinks, exercise rooms, a restaurant, locker rooms and showers, and a community room.

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the non-profit venture. The complex will be financed through the sale of tax-exempt revenue bonds. Under the terms of the contract, the property would be leased from Novi, but the entire complex would revert to the city once the 20-year lease is up.

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Club will offer many fee options

By JAN JEFFERS Staff Writer

If the Sports Club of West Bloomfield opens a Novi branch at Ten Mile Road, the goal will be to appeal to as many people as possible with a variety of membership opportunities, owner Glenn Healey said.

Healey said the goal was not just to offer an exclusive club, but lure in other users through daily rates and possible community education programs.

As a member interested in just the tennis program, expect an initiation fee of \$100 and a monthly fee ranging from \$20 for seniors and individuals to \$40 for families.

A fitness membership, which includes access to tennis courts and programs at member rates — plus five racquetball — comes with an initiation fee of \$200 for one year or \$100 per year if you join for three years. Monthly fitness rates range from \$75 per month for individuals to \$140 for families and include lap privileges at the pool.

Also available are summer swim club memberships, which bear an initiation cost of \$250 and summer memberships running from \$200 for an individual to \$400 for a family with one child and an additional \$50 per child. Fitness and tennis members can get discounts on the summer swim club rates.

While the adults are working out, children can be dropped off at the Kid's Center for \$2.10 per hour for one child to \$4.20 per hour for four youngsters.

Outdoor show coming to Expo Center

Outdoorama '97, a sport and travel show, will be held Feb. 21-March 2, at Novi Expo Center, Novi Road (Exit 162) and I-96.

Over 370 exhibits will feature the latest in fishing and hunting equipment, recreational vehicles, fishing and power boats and conservation clubs.

Proceeds will benefit the Michigan Animal Conservation Clubs.

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Students collect cans for science excursion

Cooke Middle School sixth graders will be traveling through Northville and Novi neighborhoods Saturday, Jan. 11, collecting bottles and cans as part of a fund-raising event.

The funds generated from the effort will be used to finance the Earth Shuttle program for the sixth graders. Under the program, Cooke sixth graders will travel to Florida next March for a series of science-based excursions. The students will go to

EPICOT Center, Universal studios and Busch Gardens, among other places.

Returnable bottles or cans can be left on the front porch for the students to pick up. Only neighborhoods affiliated with Cooke will be included in the drive. Cooke is located on East between Eight and Nine Mile roads.

Collections will begin at 9 a.m. Jan. 11.

For more information, call Mary Berger at 349-5526.

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Resolutions

1. Quit smoking.
2. Lose 10 pounds.
3. Save money.

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Opinions

8A

THURSDAY
January 9,
1997

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As We See It

Novi had good year, but trouble may be creeping in

Overall, 1996 was pretty good to the city of Novi. Progress was made on a number of fronts—such as passage of another bond issue to pay for road improvements and increased emphasis on attracting high technology industry—all aimed at developing a quality community.

Let's face it, Novi is right in the way of the metropolitan area's development push. It's going to develop one way or another. The main question for Novi is how it will develop. It can be a quality community, one that sustains itself and its residents with a quality of life, or it can be like so many other build-and-abandon suburban communities. We of course prefer the former.

And the past year showed progress in the right direction in several areas.

Unfortunately, we also see warning signs that the city could be headed for trouble. And these signs are all coming from Novi's mayor and city council. Unless it makes a commitment to include its residents in its decisions on matters of public policy, and deals with them in an open and honest way, 1997 could prove to be a very nasty step back. Considering that we are headed into an election in the fall in which five seats on council will be up, the result could show up then.

ECONOMY AND DEVELOPMENT

Things couldn't look better for the city on this front. Novi's economy is booming. Houses are going up at an incredible rate. Expect the numbers to show Novi again among the fastest growing communities in the state.

Novi got its Main Street project underway. The infrastructure is in place. The residential component of this downtown-like area is well under way. Even the signs proclaiming the area as Main Street are up. All we need now are some buildings. But we are confident they'll come soon.

The city increased its emphasis on attracting high technology and light industrial to town. A year ago, the warning bells were ringing that the city's development was too oriented toward residential and commercial. Light industrial is needed balance the tax base. And the city now has staff assigned to do exactly that.

No study without support

Tonight, the Novi City Council will be meeting with the Parks and Recreation Commission. The council will be asked to okay issuing a request for proposals for a Comprehensive Golf Course Market Feasibility and Financial Study for the 500-acre North Novi Park.

Just say no. If the city goes ahead, which it probably will, they'll seek bids from consultants experienced in preparing golf course market and feasibility studies. The research will be, according to the city's document "comprehensive" and include a financial analysis.

To quote directly from the city's own document, "the construction of a 18-hole golf facility, measuring 5,300 to 6,300 yards is intended. Property to maintain a clubhouse and other appropriate amenities. Pricing philosophy is to target the fee structure in the low to medium range."

The argument in favor of the study is that this is just pure research and information-gathering, to provide a better database needed to for the city council to reach a final decision. It's premature to say the city is actually proceeding with the golf course plan...



Michael Malott

Progress was made at getting more water to Novi. Mains from the city of Detroit are nearly complete and we expect city water will be flowing and the water tap moratorium will come off in the coming year.

The extension to M-5 was started this summer, which should help the city's economy and development while diverting traffic off Novi roads.

Development pressure won't ease up in 1997. We can only urge that the city stick to its Master Plan and not let developers talk the city into more intense kinds of developments. That's the key to keeping Novi headed in the right direction.

PROJECTS

The city too is trying to develop its facilities to meet the demand for services. As mentioned, the road program was passed last year, as was the fire department bond, but not new money for a police department building upgrade. The city has salvaged its sports club proposal, despite opposition to the first location, by finding a new site. And that hopefully will get the city the pool it has been after. It's also been making progress toward the construction of an ice arena.

But the problem is that city council seems hell bent on avoiding public input. For example, this paper called for a hearing to coordinate the bond issues it would put on the ballot last fall. Council did every thing it could to avoid it. Now council wants a golf course. And again, its pushing forward with plans even when there seems to be strong community opposition to the plan.

Council has its own agenda on these projects and it seems determined to follow it. What it will find, we believe is that residents won't stand for it.

blah, blah, blah.

If Novi were bound and determined to proceed with the greens, the city could save a little money by borrowing a similar study conducted by Oakland County for the nearby Lyon Oaks Park.

But when so many Novi residents have already said they want a nature park on their land, it seems that the money to hire a consultant, most likely in the five-digit range, could be used better elsewhere, like shifting it towards building picnic structures at the North Novi Park.

Before the city does a feasibility study, council should be asked to show what evidence there is that the community wants a golf course. The Novi News' own reader poll offered strong evidence that the vast majority of Novi residents vehemently oppose the construction of a golf course. Let the city show its evidence that there is stronger support in the community than that... if it has any evidence.

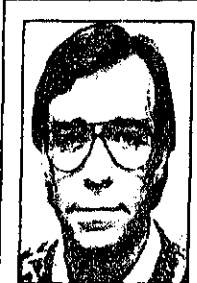
Why squander any tax dollars to ponder the feasibility of a project only a few people seem to want?

LETTERS TO THE EDITOR

This newspaper welcomes letters to the editor. We ask, however, that they be issue-oriented, confined to 400 words and that they contain the signature, address, and telephone number of the writer. The writer's name may be withheld from publication if the writer fears bodily harm, severe persecution, or the loss of his or her job. The writer requesting anonymity must explain his or her circumstances. Submit letters for consideration by 4 p.m. Monday for that Thursday's paper. We reserve the right to edit letters for brevity, clarity, logic, taste and relevance. The week prior to an election, this newspaper will not accept letters to the editor that open up new issues. Only responses to already published issues will be accepted, with this newspaper being the final arbiter. This policy is an attempt to be fair to all concerned.

Submit letters to: Editor, The Novi News, 104 W. Main, Northville, MI 48167

A look back, a look ahead



Michael Malott

The turn of the year is always a good time to sit back and see where we have been, to try to look into the future and see if we can determine where we should be heading. We all do it personally. We should do it as a community too. To that end, of course I always try to do a "what's happened, what's ahead" editorial in the beginning of each new year. And I start by looking at last year's editorial making suggestions of where the city should head.

It was a pleasant surprise to find the city had "one upped" me this past year. Last year, The Novi News suggested the city should "hire a lobbyist full time. Odd suggestion? We don't think so. Novi has in the past hired a lobbyist to represent its view to the state. And the events of the past year show the degree of vigilance needed to deal with the bureaucracy in Lansing..."

Novi didn't do that. Instead it went out and got one of its own elected to the state House of Representatives. While it is important to make sure your point of view is expressed to the people who make the decisions, it is even better for the city to have one of its own making those decisions. What better way than to have someone in the state legislature.

I'm talking of course about the election of Nancy Cassis to the 38th State House seat. A year ago, we could not have known it would be up for election without an incumbent. In November of 1995, then Senator David Honigman ran for reelection, and he assured the public that his frequent illnesses would not pose a problem. But by March he had to resign because of them. That meant Bill Bullard ran and

got himself promoted to Honigman's old senate seat. And that left the way open for Cassis to move from the city council to the state legislature.

Now I have been saying for a while that Novi has come of age politically. And what I took as my indicators of that was that state politicians, such as Gov. John Engler, were beginning to pay attention to the city. But the election of Cassis is really a positive turn of events. And if the city is smart, and if Cassis is smart, they'll make good use of it.

So far, the indications are that they are doing it, and do it rather well. Cassis' reviews from the state level are so far all very positive. She's working well with her colleagues there. She has reportedly gotten several city residents considered for appointments to state level posts. City residents and officials joined hands to get her elected to the position, letting old disagreements drop to support her. And city residents and officials seem unalashed at talking to her about what Novi needs.

Novi residents can continue that by increasing getting involved in state and regional affairs. They can do it through involvement at the county, with regional level governments, and at the state.

And they should. Because the best way to assure that Novi becomes the kind of community it can be is to create a climate that encourages stable, quality, balanced communities. That might sound like it would be everyone's goal, but there are pressures elsewhere in the state and in the region that have competing interests with Novi.

The formula for a successful Novi has always been that large numbers of people get involved in their community. That will only be furthered if they also get involved at the state and regional level.

Michael Malott is the Managing Editor of The Novi News and The Northville Record. He can be reached by phone at (810) 349-1700 or by e-mail at novinews@thonline.com.

In Focus

By John Heider



Hands

Walking hand in hand back to their car after a visit to the living farm at Maybury State Park are Agnes, Stas and Leo Trollden on a recent January morning

This could be many things



Wendy P. Mitzel

This column could be about anything. But I can't really think of anything so maybe I'll try a lot of nothing. This could be a column about the state of affairs as we know it. But I'm not sure what that is.

This could be a column about the future. But my crystal ball is foggy. This could be a column on nothingness.

A lot of things are about nothing. Take, for instance, pop. Pop is full of nothing... well nothing good anyway. It's one of those empty calorie foods.

This could be a column on the value of a good book. But what rates a good book anyway. Is Moby Dick necessarily better than a trashy but well-written romance? I know which one holds my attention longer.

This could be a column about things breaking. My VCR broke the other day. My tire was losing air

(breaking down) unbeknownst to me the other day until Assistant Superintendent of Novi Schools Jim Koster pulled up next to me rolled his window down and pointed at it. (By the way thanks!)

This could be a column about the meaning of family.

Although by witness of the reports at the Novi police station, everyone has had enough family for the meantime.

This could be a column about milestones. I made it through one year with the same job, finally. I got a dog, a house, a mortgage... well, I got more responsibility.

This could be a column about partnership. The Novi News and Novi Middle School will once again work together in the Partnerships for Education program and produce a newspaper-type project.

This could be a column about time. More specifically not having enough of it. Too many stories... so little time.

Looks like my time's run out and this column is due and anyway this column is about wishing everyone a Happy 1997 filled with lots of possibilities (and anything!)

Wendy Pierman Mitzel could be a staff writer for The Novi News and The Northville Record.

Success too carries its price



Phil Power

First thing I did after returning from a family vacation to Grand Cayman Island was—surprise!—look through the newspapers to see what I had missed while away.

Not much, it turns out, except for a lot of fairly self-congratulatory stuff in the Detroit papers about how Detroit is on the way back by becoming an entertainment and gambling destination, thanks to the new stadiums for the Lions and Tigers and the passage of the ballot proposal authorizing casino gambling.

One article gushed about how Detroit, with the upgraded Metropolitan Airport as a major gateway to the Far East, could become a Mecca for wealthy Asian gamblers. Detroit casino task force chair Jim Nicholson was quoted to the effect that Asians "love to gamble, and they gamble big... You want to compete for them."

Another raised questions about how the state's new Gaming Control Board, appointed on Dec. 20 by Gov. John Engler, could possibly set up rules for licensing and fair play within the 60 days allowed by the ballot proposal. The initiative also limits the fee the state may charge casinos to only \$50,000 for a licensing investigation, a process that has cost other states

in excess of \$100,000. Certainly, it's essential to figure out how to keep to a minimum the organized (and not so organized) criminals who tend to flock to the endless streams of cash that come with casino gambling operations.

But my experience on Grand Cayman sensitized me to an equally serious, though more distant, problem: The seductive and destructive qualities of very great success run riot.

If people who have been going to Cayman for years are to be believed, the island was a paradise 20 years ago: a wonderful beach; seven miles of pink sand; great weather; beautiful, clear seas; an old city, Georgetown, with fine old buildings; no taxes—literally none; a laid-back style of living.

Not surprisingly, all this attracted a lot of tourists. Big hotel chains—Holiday Inn, Hyatt, Westin—built enormous structures along Seven Mile Beach. Developers began to tout the virtues of buying/building/investing in Cayman—which drove up enormously the price of land.

Lastly, the cruise ship industry discovered Cayman. While we were there, three new great white ships moored each day in the Georgetown harbor, disgorging 6,000 people onto an island with less than 30,000 total population.

Predictable result: Congestion. High prices. Infestation of frinkel-guzzling tourists, not in the least interested in the qualities that made Cayman attractive in

the first place.

Long term outlook: Grim. My distinct impression is that Cayman is in grave danger of being overwhelmed—ruined?—by its own success, thereby losing its own special soul. Atlantic City and Miami Beach come quickly to mind as cautionary examples.

Now what does this have to do with gambling in Detroit?

Just this: No city, no economy, no agriculture, no tourist destination can survive if it does not maintain a sense of balance, of diversity, of recognition of the factors that made it desirable in the first place. A city whose foundation is based on gambling and professional sports stadiums is a city with no solid base.

Certainly Detroit is by no means out of the woods. And I hope, like many others, that new stadiums and gambling casinos will help. But what will eventually secure the future of the city is not only the glittering promise of get-rich-quick gambling, but the ways this stimulates the balanced development of the city in such a way as to attract industry, jobs, young people with children.

Based on what I saw in Cayman, relying solely on the glitter of gambling isn't the right way to do it.

Phil Power is chairman of the company that owns this newspaper. His Touch-Tone voice mail number is (313) 953-2047 ext. 1880.

Make cable TV a new year resolution



Mary Linda Calderone

The new year is here. It's time to make those new year's resolutions. I've had this advice and you'll be glad you did. Don't just view TV. Do TV. If you live, work, own property or a business, attend an educational institution or are affiliated with an organization in Farmington Hills, Farmington, or Novi—

you have access to INFO TV-12, a cable television channel. You can produce your own non-profit commercial-free television programs. There is no charge for use of the facilities or equipment.

Attend an orientation workshop at the SWOCC/INFO TV-12 studio and find out what it's all about. Orientation workshops are co-located on Tuesday, Jan. 28, Wednesday, Feb. 26, and Thursday, March 27, from 7 to 9 p.m. In this one-night session, we'll convince you what a great community resource you have at your fingertips.

Instruction includes an introduction to community television. We'll tell you how you can create television programming and what this powerful medium can do for you. You'll tour our TV studio, too.

After you've completed the orientation session, you're eligible to sign up for two types of workshops—studio and remote. In the studio workshop, you learn to produce your own TV program and operate the equipment in the studio. Become proficient at taking the portable equipment out and shooting on

location in the remote workshop. These three-hour sessions that meet four times within a month, offer expert guidance and "hands-on" experience in all of these areas: camera, lighting, audio, scripting, technical directing, set design, editing and pre-production planning.

We also offer advanced studio classes, editing, directing, technical directing and analog computer workshops.

So, if you've harbored dreams about being involved in television production, there is a way to do it. Call (810) 473-7266 and sign up for an orientation workshop. Space is limited. So call today. See you on TV.

Mary Linda Calderone is the Community Outreach Coordinator for the Southwestern Oakland Cable Commission. The next SWOCC meeting is Tuesday, Feb. 11, at 4:30 p.m. at Farmington City Hall. The next CAC meeting is Tuesday, Jan. 14, at 7 p.m. at SWOCC.

Paying more fewer connections



Tim Richard

My colleagues, my mayor, the state and the courts are beating up on Ameritech, the Chicago-based telephone company.

For decades, southeastern Michigan was in one area code, 313. In 1994, Ameritech split about half the area into the 810 code. This year, both codes will be split again, and we'll have four codes: 313, 734, 248 and 810.

A thinking company would have split the codes along city or county lines. Not Ameritech. One city, Livonia, will have three area codes. Livingston County, with a population not much larger than Livonia's, also will have three area codes. The new 248 area code will cover 95 percent of Oakland County but also pick up slivers and chunks of five other counties.

It's dumb, and many local folks are sore at the Chicagoans.

My own wrath has a different source. More codes are needed because customers are being conned into doing many more things by telephone. We have kids' phones, beepers, car phones, computers and that greatest of evils, voice mail.

We dial more and more calls but complete fewer and fewer. In the olden times of the 1980s, if you couldn't get through to someone you'd get a busy signal, or a receptionist would take a message and tell

you if your friend was out of the country or just out to lunch.

With voice mail, you get a costly game called "telephone tag." I thought it was bad when it took me seven calls to reach a lawyer about a court decision. Then a radio colleague said he exchanged 24 calls, by actual count, before he could complete one interview.

Ameritech made money on his 23 incomplete calls.

Look at your own Ameritech bill and count the number of nearby toll calls that lasted one minute or less. Those are probably incomplete, where you reached only an answering machine, a beeper or a computer that wouldn't let you inside. In December, 47 percent of my calls went to voice mail or an unresponsive computer. Ameritech made money on 100 percent of them.

Ameritech has a scam few customers understand. When you make a credit card call, Ameritech imposes a surcharge of 65 cents—even if you call from the drug store booth a mile from home.

The state Public Service Commission regulates the surcharge under the Michigan Telecommunications Act (MTA), a law largely written by Ameritech's lobbyists. Without PSC authorization, Ameritech offered a promotional discount—55 cents for a local credit card call. (Some deal!)

So the PSC in 1995 fined Ameritech \$62,000 and issued a cease-and-desist order. Ameritech appealed, but the state Court of Appeals upheld the fine on a 3-0 vote. (Case 187278, decided Dec. 3, 1996.)

In a 1996 amendment to the MTA that

few legislators understood when they voted on it, Michigan tried to bring competition to the phone business by letting local and long-distance companies enter each other's markets.

Ameritech has fought the entry of other companies, however, by asking the PSC to delay "dialing parity" (so you wouldn't have to dial 10-288 to have a nearby long-distance call billed to competitor AT&T). PSC not only turned down Ameritech but ordered it to pay a 55 percent discount on carrier access charges if it failed to implement dialing parity on schedule (action of Oct. 7).

An "outraged" Attorney General Frank Kelley accused Ameritech of "rubbing salt into the wounds of its competition" by making people dial the extra five digits, then advertising how easy its own access is. He's intervening in a suit against Ameritech.

Ameritech's attempt to get into the long-distance trough is being resisted by AT&T and MCI. They say Ameritech doesn't have real local competition. Said PSC spokesman Ronan Patterson: "Is there actual real competition? Not a lot. Can you and I go get alternative local service? Not today in most places."

AT&T and MCI accuse Ameritech of "stonewalling" the PSC by challenging its authority in federal court, which tossed out Ameritech's suit (newsletter of November 1996).

Try to find that in your Ameritech bill.

Tim Richard reports on the local implications of state and regional events.

Capote wants to attract high tech

Continued from 1

large tax-base but also uses a lot of city services, such as police, to keep it safe for shoppers from all over the metro area, said Capote.

Instead of bringing in more retail and commercial business, he and the EDC are looking to bring in high tech corporations and other industrial business which provide high paying jobs, a high tax base and low need for city services.

However, before Capote can really get running with his plans, he is looking to the City Council for support for the EDC, made up of local residents and business owners.

Although the EDC has been around since 1979, it hasn't reached its potential, Capote believes.

"I don't think the EDC has had the support from Council or had staff support to get these things done," said Capote.

If he and the EDC can get the green light from City Council this year, the EDC can tap major utility companies to fund a survey of

existing businesses within the city.

The companies pay for city surveys such as these all over the state in order to help keep business and their own customers in their communities. The footwork would be accomplished by the EDC.

"We've got a great opportunity with intelligent people willing to donate their time to be a power force to interview the community to help us gather information," said Capote.

With the information, Capote can determine what keeps business in Novi, why some companies leave, and what types of corporations should be locating in the city. Then he can target companies and get out valuable information about the city and development procedures.

He said he has a gut feeling about how much business and industry resides within the city, but needs the study to make solid determinations.

"But I don't want to get bogged down with studying something to

death," said Capote.

Already, Capote has created a web page with the help of Detroit Edison. The page shows overhead photos of various pieces of land within the city available for business development.

Capote has also connected with Oakland County land planners and other regional government entities to get the word out that Novi is a good place to do business and is working on a brochure publicizing the city.

One of Capote's biggest tasks is changing the city's image in regard to development. Novi has strict requirements that must be met to build in the city. However, a lack of communication sometimes makes it difficult to understand what those requirements are.

"We do not have a good image... We're seen as being very difficult to work with," said Capote.

"There are some big companies, Fortune 500 companies, that have looked at Novi and gone elsewhere... given the city's reputation on

the street," said Capote.

Large companies can't afford to come to the city with a project and have their name tossed about in the public eye, said Capote. "That's why you're not seeing any high tech firms coming to Novi," he said. However, retailers can financially afford to risk more because the economics work, said Capote.

But sometimes it's the people within the city that spread the negative reputation about Novi, said Capote. Which is why he's meeting with various business to spread the good word.

"I'm not in favor of relaxing our standards. If you want quality you've got to pay for it," said Capote. He said, however, that the communication about requirements must be better served for companies coming into the area.

"We have to make it much less painful for them... by simply communicating the information," said Capote. "If you follow the site plan requirements you'll get what you want," he added.

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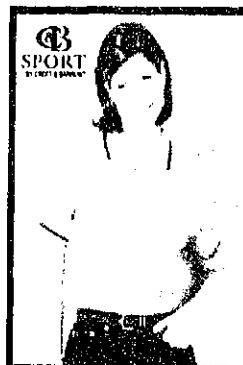
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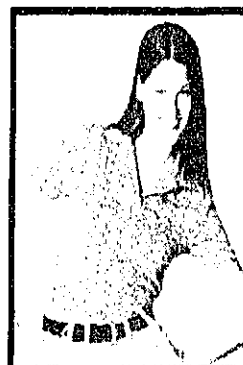
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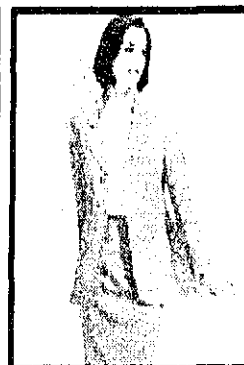
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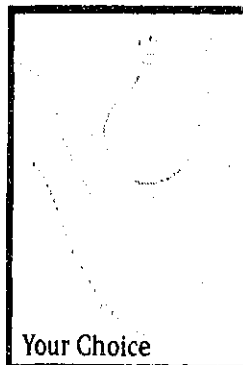
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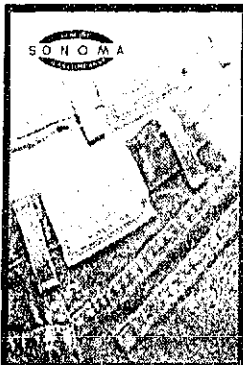
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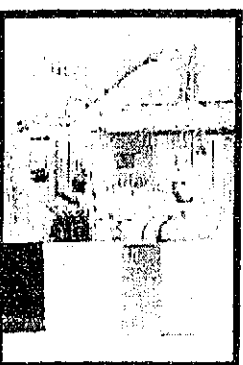
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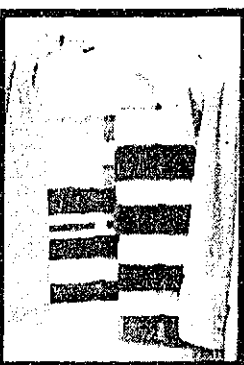
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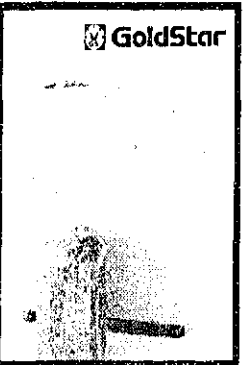
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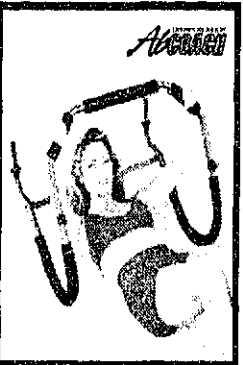
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B
THURSDAY
January 9,
1997

SNOW



Pete Kobylar found the hill at Novi Woods Elementary School great for snowboarding.



Teri Barnes and daughter Kylie enjoy a toboggan ride at Hines Park.

Put on those hats and mittens. Activities abound in Michigan's winter wonderland.

Time to get out the snow equipment - and we're not talking shovels and snow blowers this time.

Although it may not seem like it this week, it is the season some Michiganders wait for all year long - winter.

Toboggans, sleds, ice skates, skis and snowboards are the equipment of choice for many who enjoy the crisp air and outdoor exercise winter sports offer.

Snowboarding is on the rise and many Michigan ski areas have increased the number of runs available. But locally, Kensington Metropark does not allow snowboarding and Maybury State Park's mostly wooded acreage precludes the sport that is crossing all generational lines.

Sledding is not allowed in Northville on streets or where no trespassing signs are posted.

Popular sledding hills in Northville are located at Amerman Elementary School, 867 N. Center Street, and on "Beer Hill" one-half mile from the city on both sides of Hines Drive in the Cass Benton area.

Although there are parking restrictions for those who head south on Sheldon to the top of the hill for sledding, there are other areas to park.

In Novi, there are hills at Orchard Hills Elementary School, 41900 Quince Road, and at Novi Woods Elementary School, 25195 Taft Road.

Before packing up the gear to go to any of the following areas, it's always advisable to call ahead for weather conditions.

pond at Ella Mae Power Park, located just behind the Novi Civic Center at 45175 West Ten Mile Road. Sledding is also possible and, as with the open ice skating, it is an "at your own risk" activity because the area is unsupervised. Call the Novi Parks and Recreation hot line at (810) 347-0473 for daily ice conditions.

Brookfarm Park

Ice skating is available, weather permitting, at Brookfarm Park, adjacent to Village Oaks Elementary School off Ten Mile Road between Meadowbrook and Haggerty. Skating is an at-your-own-risk activity because the area is unsupervised. Call the Novi Parks and Recreation hot line at (810) 347-0473 for daily ice conditions.

Ford Field Ice Rink

A rink may be available for ice skating at the field in downtown Northville, weather permitting. Skating is at-your-own-risk although it will be supervised by volunteers during the hours it's open.

Ice conditions will be available by calling the Northville Parks and Recreation recording at 349-0203. There will also be signs indicating whether the rink is open.

Maybury State Park

Cross country trails are open from 8 a.m. until dusk seven days a week at Maybury State Park. Rentals are available from the concession stand from noon until 5 p.m. weekdays, and 9 a.m. until 5 p.m. weekends.

Ella Mae Power Park

Ice skating will be plentiful on the

continued on 4

Volunteer



Linda Walker volunteers with an AIDS outreach ministry.

Patients thankful for Walker's help

By CAROL WORKENS
Staff Writer

Linda Walker will be among the volunteers passing out ribbons and the brochure "Love Bears All Things" to those attending services at Northville United Methodist Church on Jan. 19. The worship focus will be "Human Relations."

Among the areas the congregation will be asked to remember and pray for on Human Relations Sunday are those individuals with AIDS, an area in which Walker has been doing volunteer work for three years after learning a friend had tested HIV positive.

One of the main projects the Northville resident coordinates is the Easter basket project at the church. She is the liaison between AIDS Partnership Michigan and the volunteers at the church who collect baskets which are delivered through the partnership's buddy system to AIDS patients. Buddies also help the

patients with grocery shopping and other errands.

Last year, the congregation filled 80 Easter baskets with items such as toiletries, hand lotion, Easter candy, fruit boxes, herbal tea, books and cookies for AIDS patients.

Helping with the Easter basket project last year were Jeff and Debbie Lightfoot, Karen McLaughlin, James Smiley, Jackie Webb, David Law, Chris Schwartz, Janet Davis, Lori Lewis, Dick and Marion Ozbun, Anita Hackman, Barbara Wilson, Lou Gregory, Oliver Collins and Karen Tepera.

"Whatever we can do to respond in a compassionate way I think is very gratifying," said Walker, a school counselor in Detroit.

The church receives the names of patients and usually a family or congregation member will take

It's A Fact

WELL-EQUIPPED

City of Novi police officers will be keeping fit in 1997 with new fitness equipment, including a treadmill, Smith machine, Olympic weight plates, weight machine and a flat incline bench. Total cost: \$11,980.



Continued on 2

New neighbors are welcome at club's meeting

By JEANNE CLARKE
Special Writer

The general meeting of the Novi Newcomers and Neighbors will be held Thursday, Jan. 16, at 7 p.m. in the Civic Center. Special guest speaker Elaine Horowitz, Providence Hospital, will present a program entitled "Issues in Women's Health."

Horowitz, community health educator from Providence, will cover topics such as how to communicate with your physician, osteoporosis, heart disease and women's breast cancer. Everyone attending is encouraged to bring questions from life to pregnancy to life stages. Horowitz has a bachelor's degree in sociology, bachelor's in nursing, and is certified in Inpatient Obstetrical Nursing.

Anyone who is new in the area or who has never had the opportunity to become acquainted with the club and its goals, is encouraged to contact either Diane Burck, president, at 344-1147 or Rabbi LeRoy, vice president of membership, at 380-0244. The club has a saying, "There are no strangers here, just friends who have never met."

Some of the upcoming events include a couples night out at "Joey's Comedy Club" in Livonia. Members along with friends are

MICHIGAN SMOCKERS

The annual holiday meeting and smockers will be held at the home of Pat Consolis with everyone bringing something for "Shout and Share," and gift exchange.

Tina Knebel, president, announced that Lois Nelson was the recipient of the Nancy Smith Award. Smith was one of the original members and past president of the Michigan Smockers. This award honors a member who contributes a great deal to the current guild. As the recipient, Lois Nelson's dues will be paid for one year.

In addition, new board officers

will be announced. Lois Nelson, president; Nancy Young, first vice president (Programs AM); Nancy Harbin, first vice president (Programs PM); Carol Laske, second vice president (Membership); Janet Rost, secretary; Bunny Fortier, treasurer; Pat Consolis, librarian; Pat Huxton, hospitality; Sue Ackman, publicity; Peggy Peterson, historian; Janet Rost and past president Tina Knebel, newsletter.

As this year's service project, the Smockers donated 53 stuffed fabric dolls to the Johns Hopkins Pediatric ward. The dolls are made of skin-tone fabric so that the children can decorate them with markers to represent themselves. The dolls go through medical treatment with their new owners and when the child is released from the hospital, the doll goes home, too.

The Smockers meet twice a month; the evening meeting is scheduled for the first Monday of the month; the morning meeting is held on the third Thursday of the month.

In January, the group will be working with Lois Nelson on a smocked lingerie bag. In February,

Novi Highlights

were announced: Lois Nelson, president; Nancy Young, first vice president (Programs AM); Nancy Harbin, first vice president (Programs PM); Carol Laske, second vice president (Membership); Janet Rost, secretary; Bunny Fortier, treasurer; Pat Consolis, librarian; Pat Huxton, hospitality; Sue Ackman, publicity; Peggy Peterson, historian; Janet Rost and past president Tina Knebel, newsletter.

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meetings will be held on Feb. 3 and 20.

NOVI COMMUNITY EDUCATION

Registration started this week for all new classes for both children and adults. Information is available in the new winter/spring brochure which has been distributed throughout the Novi area. If you did not receive one, contact the Community Education office at 449-1206.

Registrations can be accepted on a walk-in basis, by mail, phone, or fax. Senior citizens age 60 and older who are retired residents of Novi qualify for discounted class fees as listed in the brochure. Others may be free if a minimum number of students are enrolled. Registrations accepted or postponed by Jan. 10 will receive an "early bird" discount of \$2.

Something new is being added this time — a senior citizen computer questionnaire, and you don't need a computer to answer the questions. The Community Education program would like to find out how much interest there would be regarding computers and various

BEAUTIFICATION COMMISSION

The commission will meet on Tuesday, Jan. 14, at 7:15 p.m. Visitors are encouraged to attend especially if you would like to "think spring." The commission will be continuing its work on a series of plans for the Novi area this year. One of which is the perennial exchange set for Saturday, May 31, from 9 a.m. to 1 p.m. Last year, the exchange was held at the Novi Civic Center with residents bringing their plants and exchanging them with their neighbors and friends.

The beautiful one-half mile project will be located along Ten Mile Road from Taft Road east to the police department. There will be additional maple trees, shrubs and flowers planted at the Novi Civic Center.

Other plans include looking for groups to help beautify the entrances and roadways of the two cemeteries. The committee also plans to search for a plot of land in the area for Novi residents to use in planting their own personal gardens.

A joint project, involving Novi service clubs, includes a plan to tastefully design and landscape signs identifying the gateways to Novi. Also in the making is a plan to have a civic garden site for individuals and groups to plant and compete for the "Best Garden of Novi" award.

The commission is looking for three additional individuals to fill expired positions. Current commission members are: Katherine Cosentino, chairman; Pamela Superfisky, vice chairman; Barbara Greenberg, secretary; Elmer Holland, Gretchen Pugsley, and Ernie Anello.

Novi Highlights is written by Jeanne Clarke. Should you wish to contact her with information for this column, call 624-0173.

Volunteers make baskets for patients

Continued from 1

a name and provide the items for the basket. Members are also encouraged to keep the recipient of their basket in their prayers until Easter.

The church's Sunday School children make Easter cards which are included with each basket. "We've gotten some wonderful letters of thanks from people who have received the baskets in the past and we have shared them with the congregation," Walker said.

As one client of AIDS Partnership Michigan wrote in a letter to Walker, "It may seem small, but that single act of kindness means so much to people who are in need. That knowledge makes me want to live on for as long as God allows."

Besides the basket program, AIDS Partnership Michigan also distributes meals and offers education programs and support groups. The AIDS hotline number is (800) 872-AIDS.

"This is an area that isn't supported very much," Walker said. "It certainly isn't a glamorous project and it isn't always easy to get people interested in it."

At present there is a need for volunteers to deliver meals to the home of AIDS patients. To volunteer or for information, call AIDS Partnership Michigan in Ferndale at (810) 547-3783.

Church Notes

OUR LADY OF VICTORY CHURCH, 770 Thayer Boulevard in Northville, is offering a seminar for all women who wish to grow in God's love and enhance their spiritual, personal and family lives. The 13-week course will be held on Tuesdays from 9 until 11:30 a.m. beginning Jan. 14. Babysitting will be provided. Tuition is \$30 and includes a workbook. Tuition is \$15 for alumnae. To register, call Carol Jean Stockhausen at 949-2833.

Some of the topics to be discussed during the seminar are "Beginning Creative Writing," "Cloning Offenses," "Truth About Lies," "Even Christian Homes can be Dysfunctional," "From Dornat to Dignity," "Gaining Dignity," "Why Do We Want to be in Control?" and "Living Through Hard Times with Your Children." For details, call the church at 349-2621.

NEW SUNDAY WORSHIP SERVICE TIMES AT FIRST UNITED METHODIST CHURCH OF NORTHVILLE, 777 West Eight Mile Road in Northville, take place at 8, 9:15 and 11 a.m. For information call 349-1144.

CONJUGAL MORE FROM HEAVEN PRESENTATION (How to Talk So Kids Will Listen and Listen So Kids Will Talk) will be presented "True Colors" beginning Jan. 16. This class is designed to figure out your personality style and how different "colors" have different motives, purposes, aims, values, drives, impulses and weaknesses and will teach you how to succeed with those "of a different color." You will learn skills that can be applied to your children, spouse, work colleagues and others.

If you are interested in attending, call Pam Zientar at (810) 347-3442 by Tuesday, Jan. 14. Babysitting services will be available.

ST. PAUL'S LUTHERAN MISSOURI SYNOD, 1415 E. Main St., Livonia, will have a Lenten service on Wednesday, Jan. 9, at 7:30 p.m. The service will be in the church's sanctuary.

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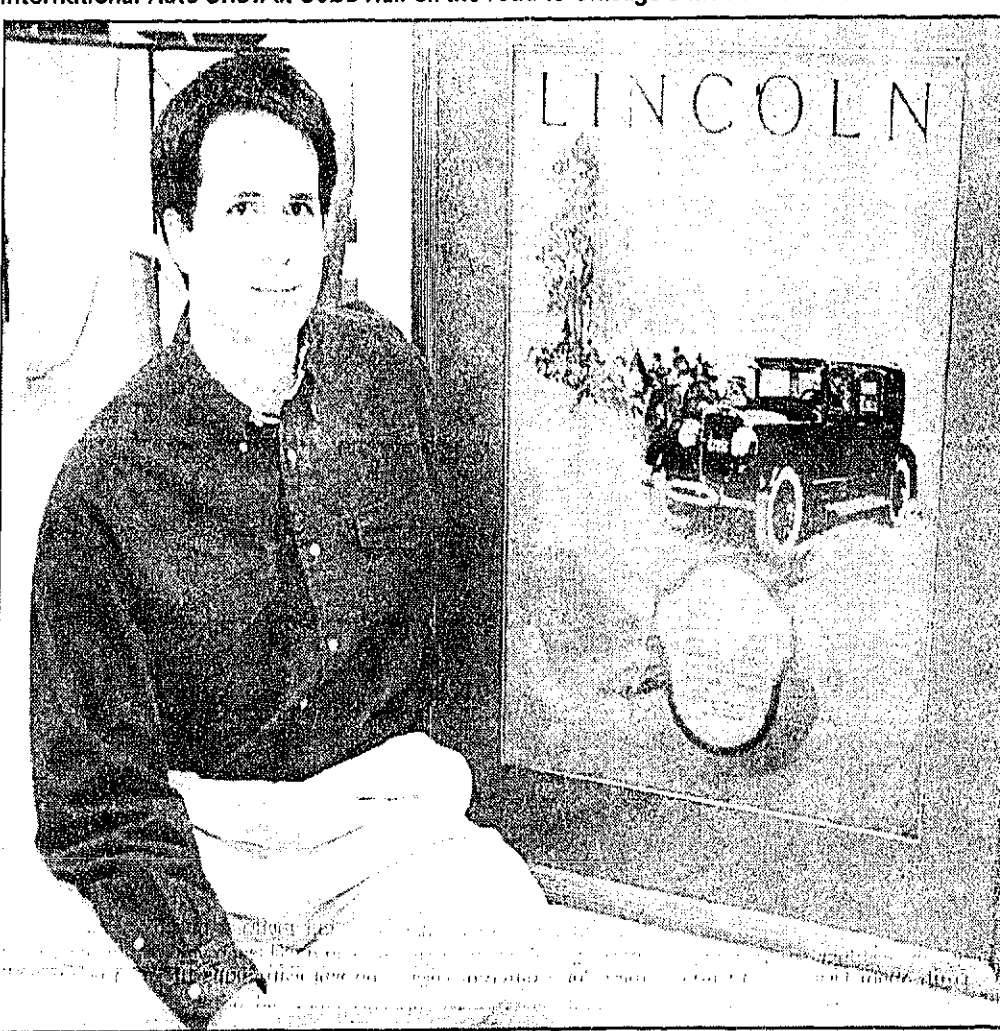
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Northville resident Dave Dekker will take the model of the Ford exhibit at the North American International Auto Show at Cobo Hall on the road to Chicago's McCormick Place.



Novi resident Robert McIntire, lead project designer at Exhibit Works, was primarily responsible for this year's Lincoln Mercury exhibit at the North American International Auto Show.

Designers nurture Auto Show exhibits

By CAROL WORKENS
Staff Writer

Tens of thousands of man hours are invested in each of the 40 exhibits at the North American International Auto Show, which opens to the public on Saturday, Jan. 11.

Two residents who have put in their share of long days are Novi's Robert McIntire and Northville's Dave Dekker.

McIntire, a lead project designer with Exhibit Works in Livonia, was primarily responsible for the design of the 22,680 square foot Lincoln-Mercury exhibit this year.

"We like to think of it as a team effort," McIntire said. "From the office area to the shop, hundreds of people are involved in the production of the display."

For the first time, the automotive client wanted Exhibit Works to create two unique areas in one space.

"The goal, from a marketing point of view, was to try to separate the two brands," said McIntire, a 1982 graduate of Northville High School, who lives in Novi with his wife, Karen, and their two children, Claire and Scott.

"The premise for the whole design was to give each its own space and feeling."

To accomplish this, the display was designed with two major walls in one space. Separating the two walls, one of which is dedicated to Lincoln, the other to Mercury, is a common area — a neutral ground.

The need on the Lincoln side of the exhibit is warm and rich, in keeping with Lincoln's first sports utility vehicle, the Navigator. A cool, bright techno ambience was created with lighting and materials on the Mercury side to emphasize the sporty, active lifestyles this vehicle represents.

Behind the scenes, 55,000 man hours went into designing and setting up the exhibit, and after the show closes on Jan. 20 to tearing down the exhibit, too.

Work on this year's Lincoln-Mercury design began about a year and a half ago.

"The client knew what the marketing end was and didn't want to be rushed," McIntire said. "The luxury of that much time is nice, but it is not always the case."

Keeping costs and manpower hours to a minimum is a goal on

"From the office area to the shop, hundreds of people are involved in the production of the display."

—Robert McIntire
Lead Project Designer
Lincoln-Mercury Exhibit

the Ford exhibit as well as the Lincoln-Mercury display.

One way to keep costs down is to design exhibits with a life cycle.

Visitors to the Ford exhibit will see a sleek new European-style round 40-foot diameter double deck exhibit, but in actuality only about 30 to 35 percent of the properties used are new. The rest are refurbished.

"We have shifted the focus to the brand marketing of vehicles," said Dekker, vice president of design and an account executive at Exhibit Works for the Ford exhibit.

"There is a lot to see and talk about in the vehicles themselves beyond the technology."

The Ford exhibit will have big, bold photo murals of faces from across the country accompanying each of the new Ford Brand Groupings — Expressive, Tough, Family, Youth and Sport groups.

The Brand Groups is a marketing concept that speaks to a specific marketing segment, then develops vehicles to meet the group's needs rather than developing the vehicle and trying to find the market that wants it.

"The idea is that visitors to the Ford booth will gravitate toward the grouping that most appeals to them," said Dekker.

Concepts for this year's Ford exhibit were proposed in the spring and fabrication started in the fall. The combined labor force of carpenters, painters, electricians and graphic artists on the 33,441 square foot exhibit put in a total of 21,000 hours.

"It is a team effort," said Dekker, who has lived in Northville with his wife, Dawn, and their daughter, Amanda, for five years. "We couldn't start to do it without the support from team members like Jeff Peterson, who is the lead designer."

"I'm responsible for every aspect of the account," Dekker added. "I need to be there. Even though

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■ Hours
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Jan. 19 and 20 — 10 a.m. until 7 p.m.
Ticket booth closes at 5 p.m.
No admittance after 6 p.m.
■ Tickets
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Pastors: Donal, David & Mary O'Connell
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Thomas E. Schneider, Pastor - 349-0565
9:15 a.m. Sunday School & Bible Class

FIRST CHURCH OF CHRIST SCIENTIST
100 W. Main St.
Plymouth, Michigan
Sunday Worship 10:30 a.m.
Sunday School 10:30 a.m.
Wednesday Meeting 7:30 p.m.

NORTHVILLE CHRISTIAN ASSEMBLY
4135 S. Main Road
Northville 48062
Sunday School 9:45 & 10:45 a.m.
Sunday Worship 9 a.m. & 10:30 a.m.
Pastor: Chris E. Baker
Northville Christian School
Preschool & K-8
348-9031

NOVI UNITED METHODIST CHURCH
4161 W. Main - Meadowbrook
349-2622 (24 hrs.)
Sunday Worship at 10:30 a.m.
Nursery Care Available
Children's Activities
Church School 9:15 a.m.

MEADOWBROOK CONGREGATIONAL CHURCH
7155 Meadowbrook Rd. N. of 82 Mile
Morning Worship 8:30 a.m.
Church School 10 a.m.
348-7782
Minister: Rev. E. No. Hunt
Minister of Music: Rev. Ferguson

CHURCH OF THE HOLY CROSS EPISCOPAL
10 Mile between Taft & Beck, Novi
Phone 349-1175
Sunday 7:45 a.m. Holy Eucharist
Sunday 11 a.m. Holy Eucharist
11 a.m. Sunday School & Nursery

WARD EVANGELICAL PRESBYTERIAN CHURCH
10200 Carnegie Rd., Livonia
Pastor: Dr. James H. McGuire
Services 8:00 & 10:30 a.m. 12:00 p.m.
Sunday School & Nursery provided
7:00 p.m. evening service
Service Broadcast 11:00 a.m. WFLV - AM 1630

ST. JAMES ROMAN CATHOLIC CHURCH NOVI
4632 S. Main Rd.
Novi, MI 48064
Sunday 8:00 a.m. & 10:30 a.m.
Reverend James F. Conk, Pastor
Pastor Office 349-8847

CHURCH OF THE HOLY FAMILY
2405 Meadowbrook Rd. N. of 82 Mile 48063
Masses: Sat. 5 p.m. Sun. 7:30 a.m.
8:45 a.m. 10:30 a.m. 12:15 p.m.
Holy Days: 9 a.m. 5:30 p.m. 7:30 p.m.
Father: John Budala, Pastor
Father: Andrew Tomasz, Assoc. Pastor
Pastor Office 349-8847

VICTORY LUTHERAN CHURCH (MISSOURI SYNOD) NOVI MEADOWS SCHOOL
On Taft Rd. near 11 Mile Road
Sunday Worship & School 10 a.m. to 11:15 a.m.

NEW LIFE LUTHERAN CHURCH-ELCA
10400 and 44th E. on 10 Mile
Sunday Worship 10 a.m.
at the former Plymouth Episcopal Church
2220 Five Mile Rd. (at Borneo) one mile W. of Highway
Pastor: Ken Roberts 313-69-8111

WORLDWIDE HARVEST CHURCH
A Christian Family Church
Pastor: Ken Roberts 313-69-8111
Sunday Worship Service 10:30 a.m.
The Center in Meadows Room
148 & Orchard is 9:45 a.m. to 12:15 p.m. 10 a.m. to 11:15 a.m.
New Info: (810) 759-8106

ST. JOHN'S EPISCOPAL CHURCH
574 S. Delmon Road
Plymouth MI 48170 (313) 633-0190
The Rev. Roger Dwyer - Interim Rector
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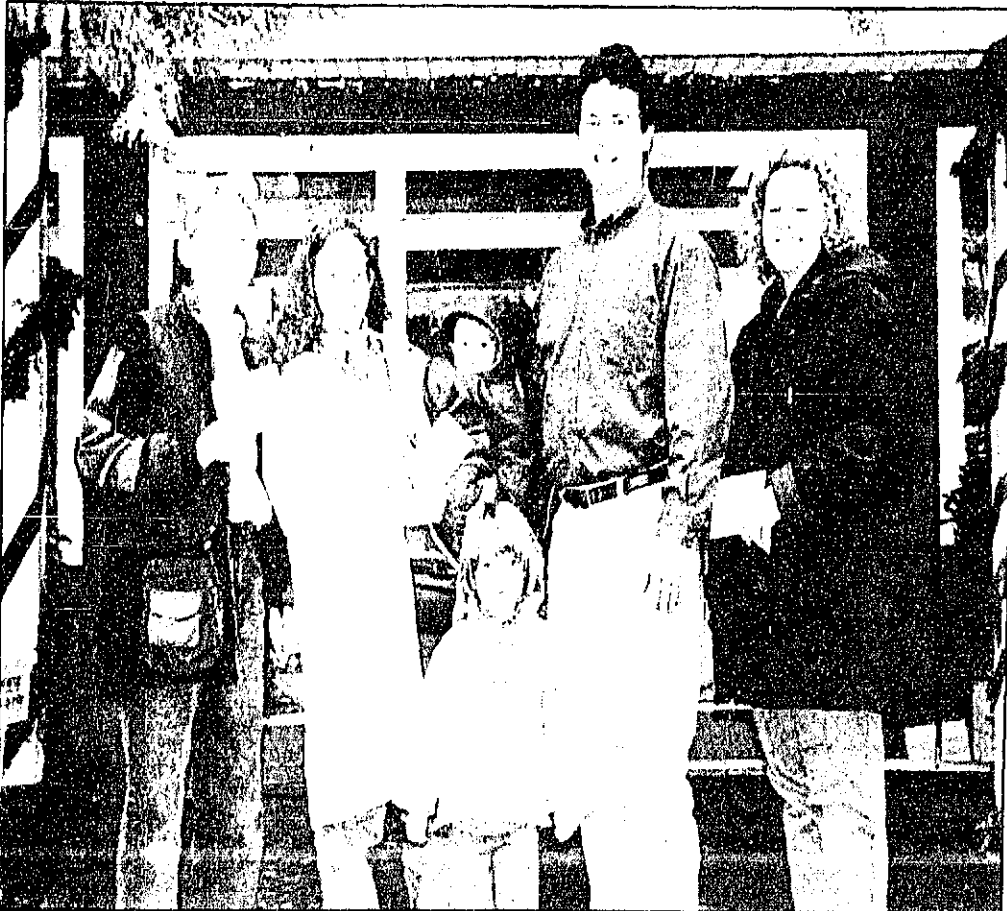


Photo by BOB JACKSON

Lucky guess pays off

Winners of Brickscape Home Garden Showplace's Fifth Annual Christmas Light Contest were awarded their prizes by the Northville store's owner, Joe DiRado (second from right) recently. Northville residents Bryan Waser-Shawalter (from left) won the first prize of \$150 with a guess of 24,280 lights

and Cyndy Morin with daughters Caroline and Audrey won the \$100 second prize. Novi resident Carolyn Stollstimo took home the \$50 third prize. For the 400 entrants who guessed wrong, the number of lights on the 50 foot walnut "Christmas Tree" at the store this year was 24,250.

Activities are close to home in Michigan's winter wonderland

Continued from 1

There is an area in the middle of the trail which has been groomed for ski skating.

There are no extra trail fees if you bring your own skis.

In the warming shelter there is a fireplace and a concession stand which sells snacks, hot chocolate and other refreshments.

Entrance for cross country skiing is off Eight Mile Road just west of Beek.

If you're planning on renting skis, call the concession stand at 348-1190 to make sure it is open.

If something a little slower paced is more to your liking, Maybury has plenty of hiking trails. The entrance for the hiking trails is through either the Eight Mile Road entrance or off Beck Road. Hours for hiking are the same as the park hours, 8 a.m. until dark.

To gain admission into Maybury State Park for any of the activities, you need to purchase either a \$4 one-day or a \$20 yearly Michigan State Park sticker.

For details, call (810) 349-8390.

WILCOX LAKE

Located at Wilcox and Hines Drive, ice skating ponds are open during daylight hours, weather permitting. There is a warming shelter, fire pit and concession.

For details, call 313-261-1990.

WATERFORD OAKS

"The Frigate," a 1,000-foot refrigerated toboggan run, is open December until mid-March, conditions permitting. There is a lodge which has a viewing area, fireplace, concessions and restrooms. Toboggans are provided.

There is a \$2 off coupon in the 1997 Winter Northville Parks and

Rec brochure.

Two lighted, natural ice skating rinks are also available, weather permitting, and open to the public free of charge. One rink is for recreation skating, the other is for hockey only. Skaters must provide their own equipment.

For details, call 810-858-0906.

KENNINGTON PARK

Winter sports at Kennington State Park include cross country skiing on groomed trails, sledding, tobogganing, ice fishing and ice skating. No snowboarding is allowed in the park.

The interpretive centers have programs that go year round and highlight the nature and farm centers are open.

Ski rental is available at Kennington at \$2.50 for boots and \$1.50 for poles. A half day or four hour rental Monday through Friday is \$5 for half a day and on weekends it is \$6.50. If you are planning on renting skis, call first. Kennington does not rent skis unless there is at least six inches of snow on the ground.

Admission to the park requires a permit, which is \$3 on the weekends and \$2 on weekdays. Wednesday is free admission day. Annual permits are \$15, \$8 for seniors citizens.

Skiing is available from 10 a.m. until 5 p.m. seven days a week, weather permitting.

For weather conditions or more information, call Kennington at (810) 685-1561 or 1-800-477-2757.

LAKESHORE PARK

There are two ungroomed, marked cross country ski trails at the back of Lakeshore Park where there is also an area for parking.

For more information, call (810) 229-9581.

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Seventh Annual Northville Record and Novi News

Restaurant Poll

Which restaurants in the Northville/Novi area are the most popular? Help find out by filling out this ballot.

The Rules:

• Only restaurants in Northville and Novi are eligible to be mentioned on your ballot. Each ballot must include your name, address and telephone number. Ballots without this information will not be included in the results.

• Only ballots clipped from the newspaper will be accepted. Photocopied ballots will not be counted. This restriction is designed to help avoid ballot-box stuffing. (HomeTown employees and their families are not eligible for the free dinner.)

• Restaurants found to be distributing ballots will be disqualified.

Mail the completed entry form by Jan. 31 to: Northville Record/Novi News restaurant poll, 104 W. Main, Northville, MI 48167.

If you prefer, restaurant poll entry forms may be dropped off at the newspaper office.

When all the ballots are in, we will compile the results and publish them in the Feb. 20 issues of The Northville Record and The Novi News. The results of the Best Chef and Best Waitperson categories will be published on Feb. 27.

In case you misplace this edition of the newspaper, entry forms will also be published in subsequent issues.

One ballot will be selected at random and the winner will receive dinner for two at his or her favorite Northville or Novi restaurant.

The Categories:

Best Overall Restaurant

Best Inexpensive Restaurant

Best Breakfast Restaurant

Best Waitperson

Best Chef

Best Sandwiches

Best Desserts

Best Coffee

Best Salad

Best Pizza

Best Burgers

Best Seafood

Best Ethnic Food

Best Fast Food

Best Soups

Best Steak

Best Gathering Place

Comments

PLEASE NOTE: The following name and address blank must be filled out. Ballots without this information will be discarded.

Your name

Street

City

Phone

Spousal abuse will be topic at the next AAUW meeting

On Tuesday, Jan. 14, members of the Northville-Novati American Association of University Woman will hear Aileen Barker discuss spousal abuse. The meeting is scheduled to begin at 7:30 p.m. at Thornton Creek Elementary School which is on Nine Mile Road between Beck and Taft.

Barker will also discuss the First Step shelter in Canton where she has been the program coordinator for six years.

AAUW meetings are open to all. Membership in the organization is limited to those holding baccalaureate degrees from accredited institutions and currently enrolled

students. The evening begins with a social period followed by a short business meeting and then the evening's presentation.

For more information, call Diane Rockall, program vice president, at (810) 349-9005. For membership information, call Kathleen Polich at (810) 344-9656.

Heslop's

FOUR DAY SALE

TAKE AN ADDITIONAL 20% OFF

HESLOP'S EVERYDAY LOW PRICES ON SELECT

DINNERWARE, FLATWARE, STEAMWARE, AND GIFTWARE.



"Secret Garden" by Nikko

Heslop's brings you the largest selection of in-stock merchandise in Michigan. Choose from famous names like Atlantis, Block, Christian Dior, Cristal J.G. Durand, Dansk, Fitz & Floyd, Gorham, Lenox, Mikasa, Nikko, Noritake, Oneida, Pickard, Reed & Barton, Rosenthal, Royal Doulton, Royal Worcester, Sasaki, Spode, Towle, and Villeroy & Boch.

Sale does not include previously marked down merchandise. Select manufacturers' patterns are excluded. Please ask a salesperson for details.

THURSDAY, JANUARY 9—SUNDAY, JANUARY 12

INTRODUCE THE BRIDE-TO-BE TO HESLOP'S BRIDAL REGISTRY
THE BRIDAL REGISTRY OF CHOICE

Metro Detroit:
Dearborn Heights, The Heights • (313) 274-8200
(Ford Rd. between Inlet and Beech Daly)
Livonia, Merri-Five Plaza • (313) 522-1850
(On corner of Five Mile and Merriam)
Novi, Novi Town Center • (810) 349-8090
Rochester, Meadowbrook Village Mall • (810) 375-0823
Roseville/St. Clair Shores • (810) 293-5461
Sterling Heights, Eastlake Commons • (810) 247-8111
(On corner of Hall Road and Hayes Road)

Troy, Oakland Mall • (810) 589-1433
West Bloomfield, Orchard Mall • (810) 737-8080
(Orchard Lake and 15 Mile)
Outstate:
Ann Arbor, Colonnade • (313) 761-1002
(On Eisenhower Pkwy., west of Woodward Mall)
Grand Rapids, Breton Village Mall • (616) 957-2145
(Breton Rd. and Burton Rd.) Open Sundays
Okemos, Meridian Mall • (517) 349-4008

Coming soon: Heslop's in St. Clair Shores, located at 21429 Mack Avenue.

Diversions

Public radio hosts perform at Raven

The creator, producer and host of Detroit public radio's *Blues From the Louabouts*, Robert Jones, will perform at the Raven Gallery and Acoustic Cafe on Jan. 11 along with Detroit's "voice of folk music" Matt Watroba.

Jones is a self-taught musician who developed a love of traditional blues in his teens. He began playing professionally when he was in his mid-twenties.

He has opened for or played with a variety of well known acts such as Bonnie Raitt, Dr. John, and Taj Mahal.

As a teacher, Jones has conducted programs and workshops on blues at Kalamazoo College, The Detroit Institute of Arts and at

a variety of public schools in Michigan.

The producer and host of "Folks Like Us" on Detroit public radio station WDET-FM, Watroba has come in contact with every aspect of folk music and culture. He has performed and conducted workshops and assemblies all over Michigan and other parts of the Midwest.

He has shared the stage with Arlo Guthrie, Tom Chapin, Tom Paxton, Christine Lavin and Donovan.

The Raven is located at 145 N. Center Street in downtown Northville.

For ticket information or reservations, call 349-9420.



Submitted photo

Matt Watroba and Robert Jones play the Raven on Jan. 11.

Entertainment listing

Submit items for the entertainment listings to The Northville Record/Novi News, 104 W. Main, Northville, MI 48167, or fax to 349-1050.

AUDITIONS

MARQUIS THEATRE: Auditions for boys and girls ages 8 to 18 for the spring musical *Pooh Visits Starlight* will be held on Jan. 11 from 5-8 p.m. at the theater, 135 E. Main Street in Northville.

Young performers are asked to recite a poem (it does not have to be memorized) of not more than two minutes long. They must also sing a song within their vocal range and provide their own sheet music.

An accompanist will be provided.

Three casts of children will be selected for the show.

Children who are cast will miss five to six days of school, some of which may be half days.

For further information call the theater at (810) 349-8110.

AUTHENTIC BRITISH BRASS BAND: The Motor City Brass Band is conducting interviews for cornet and percussion players. Founded in 1996, North America's newest brass band's first full season with performances through the holidays will culminate with a championship competition in Red Wing, Minn.

For more information, call founder John Aren at (313) 531-7589.

SPECIAL EVENTS

NEW ORCHESTRA: The Novi Arts Council is exploring the possibility of forming a community orchestra.

Interested people should call Melissa O'Rear at (810) 347-0400.

PERFORMER'S SHOWCASE: The public is invited to attend the Performer's Showcase performances held prior to select city council meetings in the Novi Civic Center at 7:30 p.m. On occasion, performances may be taped by Time Warner and cablecast to residents.

Musicians, actors, poets, dancers, etc., are invited to submit application forms and audition tapes, if available, to the Novi Arts Council.

For additional information, contact the Novi Arts Council, 347-0400.

CARRIAGE RIDES: Northville Carriage Co. offers carriage rides throughout the year and packages for holidays and special occasions. For more information or reservations, call Northville Carriage Co. at 380-3961.

THEATRE

TIMBERS SEAFOOD GRILLE: Timbers, the home of Bananas Comedy Club, is located at 40380 Grand River west of Haggerty Road in Novi.

For ticket information, call (313) 724-1300.

MARQUIS THEATRE: Performances of the classic *Snow White* and the Seven Dwarfs will take place Saturdays and Sundays through Jan. 26. All shows start at 2:30 p.m.

The Marquis Theatre is located at 135 E. Main Street in Northville.

For additional information or to make a reservation, call 349-8110.

MUSIC

THE RAVEN GALLERY & ACOUSTIC CAFE: The Raven will present open mic night on Wednesdays, all acoustic music, string instruments, horns and some jazz on Friday and Saturday evenings and a variety of entertainment brunches on Sundays.

Upcoming performances include Brad Hodge on Jan. 9; Charlie Lattimer and Dean Rutledge on Jan. 10; Robert Jones and Matt Watroba on Jan. 11; Chris Bullalis on Jan. 16; Five Guys Nailed Moe on Jan. 17 and Blackthorn on Jan. 18.

The Raven is located at 145 N. Center Street in downtown Northville. For ticket information or reservations, call 349-9420.

GENITTI'S HOLE-IN-THE-WALL: Genitti's is located at 108 E. Main Street in Northville.

For more information or to make a reservation, call (810) 349-0522.

MR. B'S FARM: Tim Flaherty hosts a Blues Jam every Tuesday from 9 p.m. until 1 a.m.

Mr. B's Farm is located at Novi Road north of Ten Mile.

For more information call 349-7038.

OXFORD INN: Entertainment is offered on weekends. Level Six performs on Friday and Saturday evenings.

Oxford Inn is located at 43317 Grand River in Novi.

For more information, call (810) 305-5856.

COUNTRY EPICURE RESTAURANT: Freshly redecorated in bright, happy colors, the restaurant offers two non-smoking dining rooms and a smoking lounge area.

Country Epicure Restaurant is located at 42050 Grand River in Novi.

For more information, call (810) 349-7770.

LIBRARY SPORTS PUB AND GRILL: The Library Sports Pub and Grill is located at 42100 Grand River Avenue in Novi.

For details, call 349-9110.

TUSCAN CAFE: Tuscan Cafe presents light jazz on Friday and Saturday evenings.

Tuesday, Wednesday and Thursday performances take place from 8:30 to 11 p.m. Friday and Saturday performances are from 9 p.m. to midnight.

Tuscan Cafe is located at 150 Center Street in Northville. For details, call 305-8629.

BRADY'S FOOD & SPIRITS: Playing favorites from Jazz greats will be Herbie Ross every Tuesday and Reggie Braxton every Wednesday.

Live entertainment is offered from 7:30 to 11 p.m. Tuesday, Wednesday and Thursday, and from 9 p.m. to 1 a.m. on Friday and Saturday.

Brady's Food & Spirits is located at 38123 West Ten Mile Road in the Holiday Inn, Farmington Hills.

For details, call (810) 478-7780.

CAFFE BRAVO: Caffe Bravo features the talents of many artists performing everything from classical guitar, jazz and blues to contemporary and folk music every Friday, Saturday and Sunday.

The cafe is located at 110 Main Centre in downtown Northville. Call 344-0220 for details.

FRIGATES INN: Frigates offers live music every Tuesday at 8 p.m. featuring 2XL Band. The Sunset

Blues Band will host the Wednesday blues jam from 9 p.m. to 1 a.m. All musicians are welcome. Dance with The Globe at 9 p.m. Fridays and Saturdays.

Frigates Inn is located at the corner of Fourteen Mile and East Lake Drive in Novi.

For more information, call (810) 624-9607.

MORE JAZZ: Outback Cappuccino Bar, 370 S. Main St. in Plymouth, presents live jazz from 7 to 9 p.m. Wednesdays, featuring the work of jazz artists Gary Cooper of Northville and Terrence Lester of Southfield.

Cooper is a versatile musician, playing flute, trumpet, sax and flugelhorn, while Lester plays keyboards with midl bass and rhythm.

Call 455-0445 for more information.

SPORTS EDITION: Every weekend guests can enjoy live entertainment at the Sports Edition Bar, located inside the Novi Hilton Hotel, 21111 Haggerty Road.

The Sports Edition is home to intrigue and other high-powered hits groups every weekend. A cover charge begins at 8 p.m.

STARTING GATE: The Starting Gate Saloon offers live music every Friday and Saturday night from 9 p.m. to 1:30 a.m.

The Starting Gate is located at 135 N. Center St. in downtown Northville.

SUNSET GRILL: Every Tuesday from 9 p.m. until 1 a.m., the Sunset Grill has an open blues jam. Rock 'n' roll is featured on Saturdays during the summer from 9 p.m. until 1 a.m.

The Sunset Grill is located on the corner of Thirteenth Mile and Novi roads. For details, call (810) 624-8475.

TOO CHEZ: Too Chez, located across from Twelve Oaks Mall in Novi, offers live jazz entertainment from 6 to 10 p.m. Mondays and 7 to 11 p.m. Fridays.

JAZZ NIGHT: DePalma's Dining and Cocktails, 31735 Plymouth Road in Livonia, offers live entertainment. Larry Nazer and Friends perform intimate jazz from 8 to 11 p.m. on Mondays.

Ron DePalma plays jazz piano from 7 to 11 p.m. every Tuesday featuring a wide variety of guest performers. Guest singers are welcome.

The Enrico Caruso Society performs live opera from 7 to 10 p.m. every Wednesday and features musicians David and Francesco entertain diners on the accordion, mandolin and guitar from 6:30 to 10:30 p.m. Thursdays.

ART

GATE VI GALLERY: Gate VI Gallery is located in the Novi Civic Center.

Local artists interested in exhibiting at the Civic Center should call (810) 347-0400.

Exhibits are in the atrium of the Civic Center for viewing during the hours that the Civic Center is open.

ART SOURCE: Art Source is located at 126 Main Centre in Northville.

Holiday hours are Monday through Friday 10 a.m. until 8 p.m.; Saturday, 10 a.m. until 6 p.m.; and Sunday noon until 4 p.m.

For more information, call (810) 348-1213.

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the NOVI NEWS Sports

Spikers bitten by Lions in conference opener

By SCOTT DANIEL
Sports Editor

Winter break should've lasted an extra day for the Wildcat volleyball team.

Unfortunately, it didn't and Novi High was thrashed by South Lyon on the road in two games. Unlabeled errors and poor communication plagued the Wildcats in their first Kensington Valley Conference match of the season.

"We made a lot of errors," Novi coach Julie Fisetie said. "A lot of mental errors."

She added that the Lions were simply hungrier than her squad.

"South Lyon wanted it bad and it showed," Fisetie said.

Novi will try to even its conference record tonight with a home match against Hartland.

Monday night's match started off poorly for the Wildcats and didn't improve much.

South Lyon jumped to a 9-0

"We made a lot of errors. A lot of mental errors."

JULIE FISETIE
Novi High volleyball coach

lead within a few minutes. Most of the points were scored on Wildcat miscues — hits into the net, out of bounds or bumping into the net.

Fisetie called timeout when the Lions went up 6-0. But the home team continued to take advantage of poor play by the Wildcats.

Novi finally got on the scoreboard off Lindsay Drury's serve.

Jessica Roemer, whose performance was one of the few bright spots of the evening, made a nice hit to score the point.

South Lyon jumped to a 9-0

WILDCATS:
Youth soccer team finds success in recent season /9B

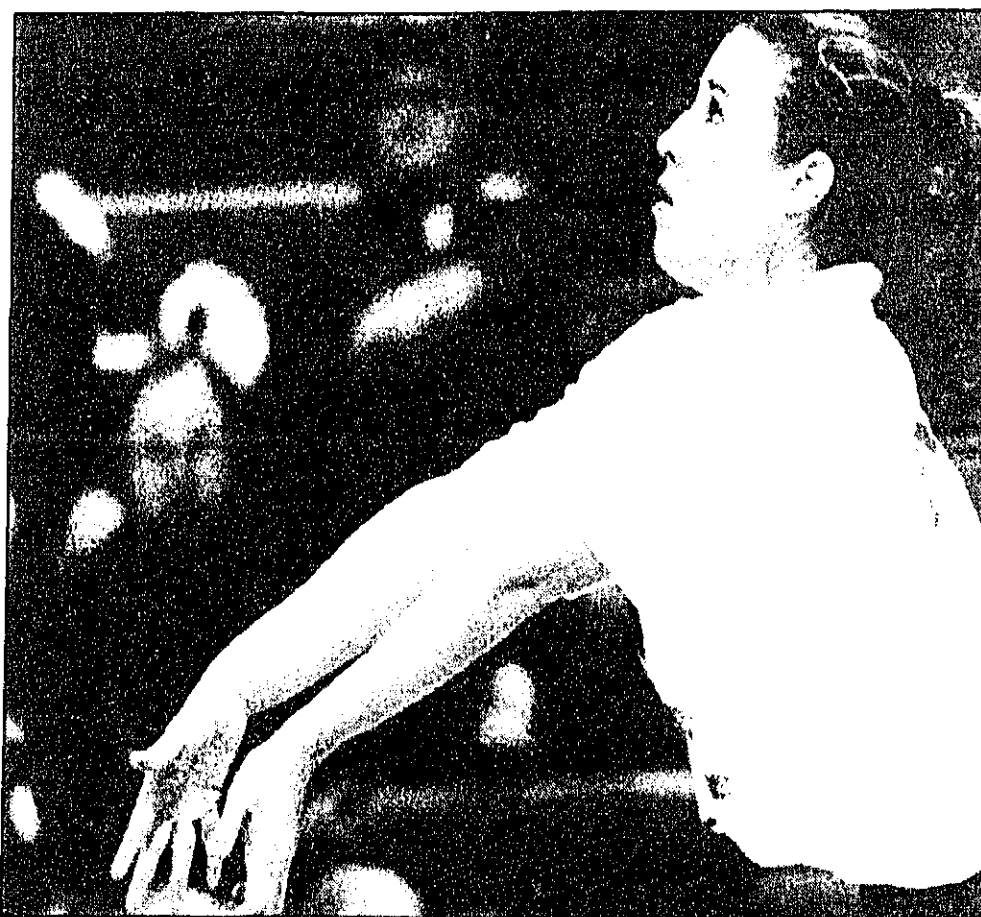
HEALTH:
Tips on staying healthy in the new year /10B

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Novi resident aims for college career /9B

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Providence Hospital offers course in nutrition /10B

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The play of Jessica Roemer was one of the few bright spots on Monday night.

Photo by AL WARD

Grapplers take 4th at Salem tourney

By SCOTT DANIEL
Sports Editor

The Wildcat wrestling team rung in the new year Saturday by taking fourth place at the Plymouth Salem Invitational.

Lenny Christoff, Taka Watanabe and Skip Becker all won championships in their weight classes. According to co-coach Brad Huss, the tournament attracts some of the best teams in the state.

"This tournament is tougher than Oakland County," he commented. "They only invite good teams."

Rochester Adams won the tournament by a wide margin with 247 points. Last year's state champion Holt was second at 193.5, Portage Central third at 175.5 and Novi was fourth at 168.5 points.

While the Wildcats aren't yet rated in the state's top 10, Huss said showings like Saturday's will bring his team the respect it deserves.

"I think people are starting to recognize that we're real," he added.

Novi will get back into action Saturday at the Berkley Invitational.

As for the Salem tournament, Dan Jilg got Novi on the right track by taking fourth place at 103 pounds. The freshman wrestled for third place but lost.

Ryan Reider took sixth at 130 pounds. He posted a 2-3 overall record and lost by a pin in the battle for fifth place to Mark Lazo of Rochester Adams.

Christoff usually wrestles at



Photo by JOHN HEIDER

Continued on 9 Vital Power Gym owner Dan Jett said finding a club you feel comfortable in is important.

Consistency vital in reaching fitness, health resolutions

By SCOTT DANIEL
Sports Editor

With the new year just more than a week old many people are still trying to live up to their latest resolution to lose weight and exercise more.

But as the months go by, many of these same folks will fall into old habits of poor diet and sporadic work outs. The question is, how can you keep your resolution without driving yourself crazy or starving?

According to local health experts, the key is moderation and realistic goals. Water Wheel Health Club President Chris Klebba said people are often overzealous in the beginning.

"They create a program that's not balanced enough to become part of their regular life," said the Northville business owner. "They do too much, too quick and they get burned out."

Jett agreed.

"A lot of people want to start off the year on the right foot," the Novi gym owner said. "They have ideas and goals. Some are realistic, some are not."

Klebba said health clubs tend to have dramatic increases in membership during the first 30 to 90 days of a new year. People want to shed the five or seven pounds they put on during the holidays.

"About 80 percent of business is done in the first quarter," said Klebba, a veteran of the industry. Of these new members about half will stick with a work out program for an extended period. Careful planning can help new exercisers stay motivated, Klebba said.

First is to set realistic goals. That includes how many times

per week you work out, how long each session is and what exercises are to be done.

Working out seven days a week isn't realistic for most folks. Klebba said people can stay in shape in a lot less time.

"I recommend three times a week minimum and four to five times maximum for 45 minutes," he added. "It's the consistency that makes it right. I'd rather have someone here consistently three or four times a week than seven and get burned out in a month."

Northville resident Judy Beyersdorf is following his advice. She's taking advantage of a Christmas gift of a membership to work out. Beyersdorf said she has been coming to the gym three or four days per week.

"I wanted to get back in shape after having had surgery," she said.

Exercise is part of a healthier lifestyle for Beyersdorf. She's dropped about 30 pounds in the last four months.

"I've got about six more to go," she said Friday as she walked on a treadmill at the Water Wheel. "I do aerobics at home when I can't get here."

Being more active has made a big difference in her life. "I feel better than I've felt in years," Beyersdorf said.

Northville resident Phyllis Schaepp is just getting started.

"I made the resolution to drop my weight," she said. "I want to feel better. I thought if I could drop some weight I'd have more energy and feel better."

Schaepp is trying to be realistic in her approach.

"I'm going to have to start slow-

Continued on 9

Newhouser led active, independent life

There are very few people you meet once in a life that make a lasting impression.

Emilie Newhouser was that kind of person.

I interviewed her in the summer of 1992 shortly before her youngest son, Hal, was inducted to the National Baseball Hall of Fame.

Novi resident, Emilie was getting ready to make the trek to New York for the ceremonies.

I wasn't quite sure what to expect before I arrived at her small condominium. After all, the lady was 95-years-old.

Emilie Newhouser was as sharp as a tack. Her condo was immaculate, her garden was well-tended and she spoke with more eloquence than women half her age.

I discovered that she was involved in a variety of activities. Bingo, sewing, gardening and running around with the Novi seniors' group kept her young.

According to Hal, who started with the Detroit Tigers in the 1940s and 50s, that was

the way she liked it.

"She did a lot of things at her age that surprised everybody," said Hal. "She took up bowling at 75 and won trophies. She started golfing when she was 80. She used to play nine holes and would shoot about 100."

Emilie Newhouser died New Year's Eve. She was 99-years-old. In just a few short weeks, she would've been 100.

"We had a big party planned," said Hal. "Family was going to come in from around the country."

Emilie lived in Novi from 1972 until her death. She was on her own after her husband, Theodore, passed away in 1981.

"She wanted to live by herself," Hal said. "She was very independent."

Newhouser was able to remain self-sufficient until the last couple of years. She broke her hip a couple of years ago sailing her patio in the middle of winter. Her health spiraled down afterwards.

While she couldn't get around like she used to after the accident, Emilie retained her love for baseball.

That fondness started with her elder son, Richard. After his career was cut short by a baseball incident she began to follow Hal.

Newhouser came up to Detroit in 1939 from the minor leagues and pitched one game. When spring came around a few months later,

Emilie went to Florida with Hal for his first camp with the Tigers.

After Newhouser became established with Detroit, teammates would come over for some of Emilie's home cooking.

"The boys would come over to play cards," she said in 1992. "I use to bake cookies for them."

And of course she loved to watch Hal pitch. She told me she nearly wore a groove in Tiger stadium's stands by pacing back and forth while her boy was on the mound.

"I use to wish they would play eighth and ninth innings first," she said.

Emilie continued to follow baseball even after Hal retired in the 1950s. He said she would have Richard cancel her cable TV service in the winter and renew it in the summer so she could watch the games.

"She was an avid fan," the hall of fame pitcher said.

Hal gave his mother credit for at least part of his makeup as a pitcher. He said he wouldn't let a relief pitcher finish the games he started.

Whether it was gardening, sewing or work at her church in Novi, Emilie always took care of her own business.

"She didn't get something started," Hal said, "and not finish it."



Emilie Newhouser, seen here in 1992, loved baseball.

File photo

Sports Shorts



Members of the Novi Wildcats' soccer team.

U9 Wildcats

The Novi Wildcats, an U9 indoor soccer team, won the first session at Farmington with an 8-0 record. Team members include: Kelli Corless, Lauren Perlin, Libby Quincey, Robby Reilly, Sarah Schmitt, A.W. Stanek, Marc Cherebelli, Bud McCourt, Justin Davis, Lauren Marchioni, Jessica Barnitt, Mary Rudzinski, William Burkhardt, Sarah Comat, Jenna Kuhn, Mike Longo and Chris Estes.

Soccer Champs

Sitting '86 representing Northville in the WSSL under 11 Select Soccer League, won the fall outdoor league title by posting a 5-2-1 record this season. Anchored by an imposing defense, the team shut out five of its eight opponents and gave up only three goals all season.

In the first session of indoor soccer, the Sting '86 team stepped up to the U12 Division at the Canton Soccer Dome and won the division posting a 9-0 record.

Team members, which includes boys from Novi, were: Brett Bezak, Andrew Bishop, Chris Broe, Nick Carnacchi, Nick Cornell, Tim Dalton, Adam Grant, Jason Karmolinski, Jackson Knoll, Jakob Leftwich, Kevin Saniker, Jerod Schell, Lew Tripp and Danny Waterstradt. The team was coached by Cary Tripp, Fred Grant and Frank Bezak.

Jaguars

The Novi Jaguar U16 Premier girls soccer team recently won their division at Total Soccer in Southfield. The team was honored at half-time at a Rockers soccer game on Jan. 2. Members of the team are: Nicole Angelovci, Jenny Bagdady, Katie Bailey, Sarah Clark, Jenny Corless, Sarah Corless, Rebecca Doigan, Trai Frank, Kristyn Hoag, Michelle Jewell, Stephanie Manza, Sarah Marchioni, Patty Moloney, Angie Pantaleo, Meghan Trombley and Danielle Wasik. The team is coached by Wendy DuVal-Angelovci and Robin Hoag.

Cougars

The Novi Cougars, an U11 team, finished in a three-way tie for first with a 7-1 record in the indoor soccer league at Southfield. Team members included: Chelsea Aljeh, Jessica Barnitt, Nicole Barnitt, Kathryn Cumming, Erin Doan, Melissa Doherty, Danielle Fennelly, Christina Hagan, Lauren Marchioni, Keary Nemminger, Maureen Pawlak, Stacey Pasquerelli, Sarah Schmitt and Jordan Wroby.

Michigan Outlaws

The Michigan Outlaws, an 18-year-old and under travel softball team, has openings for the coming 1997 season. For further information, call (810) 293-2039 or (810) 887-5295.

Make fitness goals realistic for success

Continued from 8

ly," she said.

Klebba said its important for new exercisers to make small goals at first. Feeling that progress is being made is important.

"After the newness wears off what keeps people coming back is results," he said. "You've got to make it fun."

Jett, who owns gyms in Novi and South Lyon, said new exercisers need to feel comfortable with their work out environment.

"They should make sure they feel comfortable with the club," he commented. "Don't join the first club you go into. Make sure you feel comfortable with the people at the club."

Jett recommends trying out a club for a week or two before join-

ing. Talking to current members during that test run can also give you a better feel for what the gym is like, he added.

A good facility, Jett said, will have professional staff that can help people design the program that's right for them. Like Klebba, he recommends an even keel when tackling exercise for the first time.

"Over the long haul," said Jett, "consistency will give you better results without the burnout."

"It should be a change in lifestyle for the person. It should be considered investing time in yourself."

Don't be afraid to mix up your workout routine, either. Aerobics, other sports and different kinds of resistance exercise can keep it fun.

Vida eyes college soccer after NHS

By SCOTT DANIEL
Sports Editor

Sam Vida is more than a year away from graduating from Northville High.

But already, the Mustang soccer star is preparing for college both in the classroom and on the field.

Last month, for example, the junior had a chance to compete in a tournament designed for scouting by top university programs.

"It was all for exposure for us," said Vida, who lives in Novi. "For us to get recruited."

In his three seasons at Northville, he has shown enough skills and talent to warrant that kind of attention. Vida was one of the Mustangs' leading scorers as a midfielder last fall.

"I think I'm better at defense," said Sam, who grew up worshipping Pele, the soccer equivalent of Babe Ruth. "But I like to participate in the attack. That's more fun for me."

The 16-year-old came to Northville while he was in elementary school as a result of a job

transfer to his father, Bruce.

Since then he's played at just about every level of soccer, from parks and recreation to the Olympic Development program. It was his dad who got him started in the sport.

"He taught me everything he knew," Sam added. "He taught me how to dribble."

It didn't take long for Vida's talent to come out as a youngster. He was one of the best players on his parks and rec team, the Rowdies.

He played forward, midfielder, pretty much anywhere he was needed. Vida remembers playing in the Northville Cup and losing.

Vida went on to play premier soccer by the time he was 12. A few years later he was playing for Michigan's Olympic Development Program.

"It inspired me to work on my game," Vida said of the program.

ODP features the state's 16 best players at each age level. The team practices then travels around the country to play other states.

Wrestlers fourth at Salem invite, will compete at Berkley tourney

Continued from 8

130 pounds but bumped up to 135 for the tournament. He got off to a quick start by pinning Dave Mason of Westland John Glenn in 4:37.

He then stopped Charles Jaeger of Farmington with a 2-0 decision. In the quarterfinals, Christoff edged Devin Lambo of Holt 3-2.

Co-coach Tom Fritz said Christoff got the lead and then simply wouldn't allow Lambo to comeback.

"He wrestled intelligently," said Fritz. "He gets a lead and keeps it. I think he understands the game better."

In the finals, Christoff beat Rochester Adams' Rick Phillips 7-5.

"The score was indicative of the matches," Fritz said. "The controlled those kids."

Nick Simon finished third at 140 pounds. He split his first two matches then crushed Joe Carbo of Belleville 17-0 in round three.

Simon then took decisions over Rob Knight of Rochester Adams and Jason Schubert of Portage Central to take third place.

"It's a real nice team. We've blended young and old together and it's worked well."

TOM FRITZ
Novi High co-wrestling coach

"I think Nick did a great job," Fritz said. Watanabe was voted the tournament's most outstanding wrestler. The senior won his third title this season by pinning his first three opponents then decisively Ryan Ruddy of Fenton 6-3 in the final.

Fritz said Watanabe was facing tough competition. A pair of state champions and four state placers were in his weight class.

"It was by far the toughest weight class in the tournament," said Fritz.

Skip Becker remained undefeated on the season by winning the 160-pound division. Becker drew the second seed in the tournament while Trenton Kevin Scott was No. 1.

They met in the final and had a terrific match. Becker led early in third period by a 7-4 score.

But Scott came back and went up 8-7 late. Becker got a two-point take down with 17 seconds left to take a hard-fought 9-8 win.

At 189 pounds, Nate Pheba was sixth. He went 2-2 on the day.

John Talbot posted the same mark to take sixth at 215 pounds. Brett Faulkner closed Novi's day by taking sixth at heavyweight.

"He's got potential," said Fritz. "I like the looks of him."

Fritz, who has coached for more than a decade at the school, is happy with his team's progress.

"It's a real nice team," he commented. "We've blended young and old together and it's worked well."

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Health

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THURSDAY
January 9,
1997

Think of New Year's resolutions as commitment to lifestyle changes

Now that all the partying is over, the champagne is drunk, the food has digested and you kissed everyone you didn't know, you wake up to those New Year's resolutions. Those same resolutions that you forgot Jan. 2, 1996.

Somehow let's make this year different - after all, attitude is everything. You need to put into perspective those resolutions to lose weight, quit smoking and exercise more.

Instead of thinking only of the outcome of finally fitting into that size six or benching 250 pounds during the next week, think of your resolutions as a commitment to lifestyle changes that will not only make you look better, but feel better, reduce anxiety and reduce serious health risks that will keep you living longer and healthier.

Diet is more than just a four-letter word. You need to remember that there are no instant cures for obesity or being overweight. However, miracles can happen with consistency and common sense. A truly low-fat diet is one that contains no more than 35 grams of total fat per day. This includes saturated as well as unsaturated fats - so it pays to read labels.

For weight loss to occur you also need to remember to add the amount of calories that you take in per serving. Labels only include the amount of calories or fat grams per serving and in most cases it's rounded out to the nearest ounce, so add up your servings.

There are a lot of foods on the market that make great substitutes for fat and taste good. It is important when trying to lose weight that you consume no less than 1,200 calories per day. Once you fall below 1,200 calories you actually burn muscle for calories.

When eating the proper portion of carbohydrates, protein and fat, you will actually burn fat more efficiently. The good news is that you can buy these foods in any supermarket and you do not need to pay for special or preprocessed foods that are found in many diet programs at huge costs. I advise you to see your doctor to prescribe the amount of calories you

need to achieve weight loss.

Remember, there are many cookbooks you could borrow from your local library for delicious recipes. Most importantly, most low-fat diets can fit anyone's lifestyle and should be followed by the whole family, so get the family involved. Not only does it teach children to eat better, it also prevents heart disease and many cancers.

Exercise does not have to cost money, cause distress, be inconvenient or disruptive. Exercise just has to be done. "Just do it" is more than a slogan, it's a possibility.

Aerobic exercise by definition is any activity to raise your heart rate. Optimally you need to raise your heart within 65-85 percent of your maximal heart rate. You can calculate your maximum heart rate by subtracting your age from 200. It is important to maintain that heart rate for 25 minutes.

Remember it takes about 10-15 minutes to raise your rate to that level. That means you need to set aside 30-45 minutes four to five times a week for cardiovascular conditioning and to accelerate weight loss. The maximum weight loss should be about 1-2 pounds per week. This allows the body to adjust to the metabolic and weight changes safely. Also, slow weight loss through lifestyle changes ensures that this change can be maintained throughout your life.

Once you are down to your desired weight you only need to exercise three times per week to maintain your weight and cardiovascular conditioning. Remember to maintain a safe calorie intake and low-fat nutrition that never needs to change unless you start competing athletically. It can happen.

Lastly, you need to think about getting rid of the nasty habits such as smoking and drinking too much alcohol. What's too much? Any amount of tobacco is too much. Once you smoke over 50 pack years - that's how many packs you smoke per day times how many years you've been smoking - you put yourself at

high-risk for cancer and lung disease. Any smoking can put you at risk for prostate, breast and colon cancers, and worsen arterial circulation. So don't quit quitting. There are many products on the market to help, and free support classes are available. You only need to call the American Cancer Society for information. See your physician before using any anti-smoking aids.

The most successful quitters are the ones who are highly motivated to quit regardless of what method, if any, is used. Remember to eat properly and exercise and you will not gain weight once you quit. Good luck.

Too much alcohol is any amount that gets you in trouble. Even if you only drink with your friends and never alone, or only on the weekends, or only beer or wine. If you ever fought, were pulled over, missed work or had any disruptions in your daily living then you need to think about quitting.

A recent study showed that when doctors asked patients about involvement in car accidents, fights, multiple traumas or legal problems, those with high positive response rates had abused alcohol.

The important message of all this is to put your life in order. If you find yourself in situations such as assaults, driving under the influence or family discord ask yourself if the alcohol has some role. If the answer is yes then get some help. It's free and accessible. See your health care provider to make sure there are no physical problems. Alcoholism is a disease and is treatable.

Remember that the good thing about the new year is that you have the whole year to make some changes and improve your life. Set realistic goals and get moving. Good luck and happy new year.

This article was written by Denge A. Ward, M.D., medical director, University of Michigan Plymouth Health Center, Plymouth.

Health Notes

Providence offers course in nutrition

Providence Hospital Medical Centers will be offering a course in nutrition starting Jan. 13. Classes will focus on preparation, food sampling and behavior modification for weight management. Classes will be held at Providence Park in Novi in conference room B. Call 1-800-968-5995 to register.

Bloodmobile

The American Red Cross bloodmobiles will be open to the Novi community during January at the following locations:

- Liberty Mutual Insurance Co., Jan. 9, from 9 a.m. to 3 p.m. at 26200 Town Center Drive, No. 200-Lobby. For appointments call (517) 545-7712.

- Holy Family Catholic Church, Jan. 14, from 2:30-8:30 p.m. at 24505 Meadowbrook Road-Family Center. Call (810) 349-8847 for appointments.

- DMC Health Care Centers, Jan. 16, from 9 a.m. to 3 p.m. at 41935 W. Twelve Mile-Auditorium. Call (313) 523-6961 for appointments.

Expectant Parents

The Oakland County Health Division will offer a series of six expectant parent classes beginning on Wednesday, Jan. 15, at Oakland County Health Division, 27725 Greenfield Road, in Southfield.

Classes will be held in the evenings from 7 to 9 p.m. and will be taught by public health nurses. There is a \$25 charge for attending the series of classes, and you are asked to preregister as enrollment is limited.

Topics will include maternal physical changes, good nutrition, growth and development of the fetus and the baby, labor and delivery, infant care and parenting.

The Health Division advises that you enroll as early in your pregnancy as possible. To register by Jan. 9, call 424-7042.

Blood Pressure Checks

Providence Medical Center-Providence Park is pleased to announce the offering of free blood pressure checks Monday-Friday, 9-11 a.m.

Area residents are invited to visit Providence Medical Center-Providence Park, located at 47601 Grand River Ave., to obtain this free service. Screening will take place in Providence's Emergency Care Center located within the center.

For further information, contact (810) 380-4225.

Cholesterol screenings

Total cholesterol screening is conducted by the fingerstick method from 1-4 p.m. on the third Monday of each month at the Botsford Center for Health Improvement-Health Development Network, 39750 Grand River Ave., Novi. There is a \$5 fee. For more information, call (810) 477-6100.

Well Child Clinic

Oakland County Health Division's Child

Health Conferences provide free ongoing well care for children from birth to school entry. Families who do not have an HMO or Medicaid may be eligible. Clinics are held at 14 locations throughout Oakland County.

Services include: Heights and weights; head to toe physical examination; immunizations; vision, hearing and lab testing; growth and developmental screening; and counseling with referrals to physicians and area resources as needed.

Appointment is required. For more information, call: North Oakland, 858-1311 or 858-4001; South Oakland, 424-7066 or 424-7067.

Health Fest

Take better care of yourself. Schoolcraft College is sponsoring Health Yourself-1997 on Wednesday, Jan. 22, from 10 a.m. to 2 p.m. in the college's Waterman Center. Admission is free. Some screening tests require a fee.

Several area health organizations will have displays and testing available to provide information on health issues. The United Health Organization will provide Health-O-Rama screening, including blood pressure, height and weight, cholesterol kits (\$10), 22-profile blood screening (\$22), and prostate specific antigen screening (\$25).

Flexibility and strength testing and blood pressure screening will be offered by the Botsford Center for Health Improvement. Schoolcraft College's physical education department will provide free body fat composition screening. The college's culinary arts students will provide free tastings of heart-smart cooking. Town and Country Eyecare will provide free vision acuity screening and UV testing. Anew Therapeutic Massage will give free mini-massages and information on massage therapy.

For more information, contact Schoolcraft College's Health Service at (313) 462-4400, Ext. 5050.

Cholesterol Screening

St. Mary's Hospital will hold a blood pressure and cholesterol screening on Thursday, Feb. 13, from 5:30 to 8 p.m. in Pavilion conference room B. The blood pressure measurement is free while the cholesterol screening is \$15 per person. The cholesterol screening includes measurement of HDL - the good cholesterol. To make an appointment, call (313) 655-2922 or call toll free at 1-800-494-1650.

Impotence

On Jan. 14, Botsford Hospital will offer a program designed to help impotent men. Staff urologist Steven Roth hosts this free event at 7 p.m. in the hospital's conference room 2-B. For more information, call (810) 477-6100.

Mind/Body Connection

Botsford Hospital will hold a course on the Mind/Body connection starting Jan. 16. The first session of a two-part series will help individuals create peace on the inside regardless of what's happening on the outside. The program is from 7 to 9 p.m. and preregistration is

required by Jan. 13. Call (810) 477-6100 for more information.

Diabetes support group

An educational support group with both evening and daytime classes are available at 7 p.m. on Jan. 21. The program is free at Botsford Health Development Network in Novi. Call (810) 477-6100 for more information.

Healthy Cooking

Chef Larry James will present a program on healthy cooking Jan. 23 at Botsford Hospital's Health Development Network on 39750 Grand River in Novi. Call (810) 477-6100 for more information.

Caregiving skills

The Huron Valley Hospital, 1601 E. Commerce Road in Commerce, is offering several seminars and programs.

The hospital will host a free monthly series entitled "Perfecting Your Caregiving Skills" on Thursdays, beginning Jan. 23, from 7-8 p.m. The focus of this program is to provide information that will increase the caregiver's skills for taking care of an immobile person.

Certified Enterostomal Nurse Carol Dailey, RN, BSN, CETN, will discuss how to maintain healthy skin and prevent pressure sores as well as how to exercise muscles. Also learn about nutrition in relation to wound healing and the psychological impact of being bed or chair bound.

Dates for the series are Thursdays, Jan. 23, Feb. 27, March 27 and April 24, from 7-8 p.m. at Huron Valley Hospital. There is no charge.

To register or for more information, call toll-free, 1-888-362-2500 by Jan. 22.

Eye surgery

An eye surgery seminar will take place on Tuesday, Jan. 28 from 7-8 p.m. at Huron Valley Hospital in the conference center.

Ophthalmologist Robert T. Clark, M.D., will provide information on the latest techniques available to improve your vision. Radial keratotomy, Automated Lamellar Keratoplasty and Photo-refractive Keratectomy, performed with the excimer laser, will be discussed.

Participants should bring their current prescription or glasses and questions to this free seminar.

To preregister or for more information, call 1-888-362-2500 by Jan. 27.

A healthy baby

The Marian Women's Center at St. Mary Hospital in Livonia will offer a free lecture, "Having a Healthy Baby: Chance or Choice?" on Tuesday, Jan. 14, from 7 to 9 p.m. in the St. Mary Hospital auditorium. James Brown III M.D., obstetrician/gynecologist, will present the lecture.

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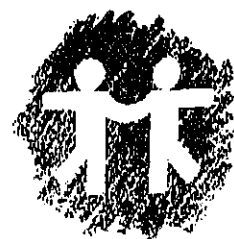
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