

GREAT SPECIAL SECTIONS INSIDE!



NOVI PUBLIC LIBRARY MICROFILM COPY NOVI WEEKEND PLANNER

• FRIDAY

Temperatures may be warming up, but it is time to think snow at the Polaris Industries Spring Tour from 4-9 p.m. today at the Rock Financial Showplace, 46100 Grand River Ave. This is the first chance for snowmobile enthusiasts to see next year's models before they are built. Manufacturers include Polaris, Ski-Doo and Yamaha. Admission is free and parking is \$5.

• SATURDAY

Get ready for some pizza pie! Super Saturdays continue at 4 p.m. today with a pizza party at the Novi Senior Center, 25075 Meadowbrook Road. Area residents ages 55 and older are invited to attend the festivities, including door prizes and a 50/50 raffle. The cost is \$6 and pre-registration is required. For more information, call (248) 347-0414.

• SUNDAY

Come support Teens Aiding the Cancer Community today at Rebecca's restaurant in downtown Northville. Enjoy acoustic artists, food, ice cream and a raffle.

• **My Novi Bulletin Board**
Novi's official events calendar. Page 14A

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YOUR HOMETOWN NEWSPAPER CELEBRATING ITS 51ST YEAR SERVING NOVI AND THE LAKES AREA

Novi News



THURSDAY, MARCH 29, 2007

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VOLUME 51 #44 50 CENTS

ELECTION '07

Council race competitive and crowded

■ Mayor Landry says he'll seek re-election

By Greg Migliore
NEWS STAFF WRITER

Next fall's City Council race could be crowded and hotly-contested.

There are three slots up for grabs, as council members Bob Gatt, Lynne Paul and Toni Nagy face re-election. They all plan to run again.

Mayor David Landry's term is also up, and he's seeking re-election as well.

Mayor Pro-Tem Kim Capello and members Andrew Mutch and Terry Margolis were elected

in 2005, and their terms run through 2009.

The deadline to file is more than two months away, but one well-known local woman has already thrown her hat into the ring. Kathy Crawford, the long-time former senior services coordinator for city, told the Novi News last week she's planning to run.

Crawford could prove to be formidable candidate. She founded Novi's senior program in 1980 and led it for 24 years. The lifelong resident said she's running to be an advocate for older adults and to help shape Novi's burgeoning growth.

"I probably look like the silent majority of adults in the city," said Crawford, 65. "My goal is just to move the city forward."

She also said her campaign will focus on sharing city services, which has been a dicey topic at times in Novi and across the state.

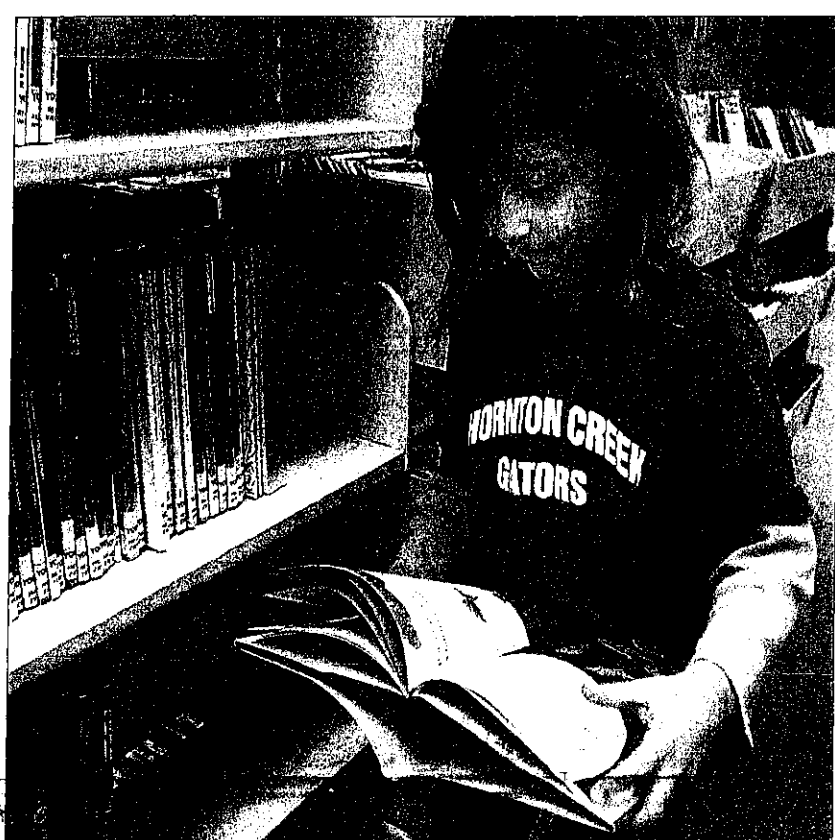


Photo by JOHN HEIDER/Novi News

What are you reading?

Megan Lemke, 5, looks for some reading material at the Novi Public Library on Ten Mile Road. March is Reading Month events are wrapping up at the library and throughout the community.

continued on page 2

CULTURAL HUB: New arts roundtable forms

■ Mixx Lounge hosting next event Tuesday

By Victoria Mitchell
NEWS STAFF WRITER

Members of the community are invited to attend an arts roundtable Tuesday at Novi's Mixx

Lounge.

The event, hosted by the Greater Novi Chamber of Commerce, encourages area residents to gather, brainstorming about the community as a cultural hub.

The April 1 meeting marks the second time residents will meet to discuss the arts in an intimate setting.

"We really want to connect resources and people with resources," said the Rev. Brian

Sleeth, of Grace Pointe Presbyterian. "Connect the people who produce the arts with those who can afford the arts."

The initial connection

When Sleeth came to Novi, he wondered: How he could serve the arts?

He saw many great things in the community, like the Novi Theatres, but said he still felt



there should be a stronger connection between the City of Novi and the arts.

So, Sleeth said, he made it his mission to expand the arts, engage the arts and help and equip area artists.

Sleeth said he also immediately recognized the economic value the pairing would make.

"It's about taking something the community would love and serving economic development," he said.

Economically, he said, creating a strong arts district brings in new businesses, brings in other area residents and encourages existing residents to stay in their own communities.

When Sleeth spoke of his vision at a Greater Novi Chamber meeting, he said a partnership was forged.

Now Sleeth and the Greater Chamber have joined forces to hold monthly roundtables on the subject.

"We would like to expand the role of the arts in Novi," he said.

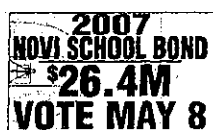
continued on page 2

District refunding lowers millage tax levy

■ Taxes still lower if May 8 bond passes

By Renee Gates
NEWS STAFF WRITER

Novi homeowners will pay a lower school debt levy this summer even if the May 8 bond issue passes, said Gail Credit, director of finance for Novi Community Schools.



The Novi Community School District refunded portions of its 1997 and 2001 bonds at a lower interest rate. March 27, in a process similar to refinancing.

"That would be the parallel to a homeowner," said Credit.

"It would be like taking your

debt and refinancing it and if you can refinance it at a lower rate, even though there are some cost involved when you refinance, in the end you do it because you will benefit financially. It's the same way with a school district," she said.

A total of \$64,360,000 was refunded Credit said, saving the district \$3,766,155 and bringing the millage rate down to 5.17 mills from the previous 6.20 mills. That is a difference of 1.03 mills.

"It will take affect beginning

this year," Credit said. "It reduces our millage next year by .16 of a mill. It will reduce it over a 20-year period of time."

Post bond savings

If the \$26.4 million bond is approved by voters, it will add .49 of a mill to the tax levy, bringing it to 5.66 mills, Credit said.

With the refunding only, the owner of a \$200,000 home will save an estimated \$103 off their current yearly tax of \$620. If the

bond passes, they would save \$54 a year.

"At the end of the day, when they write their check to the city to pay taxes, they are not going to be paying more money then they are paying today," said Fil Superfisky, Real Estate One Realtor and Novi Educational Foundation trustee.

The net difference is it saves us money."

Renee Gates is a staff writer for the Novi News. She can be reached at (248) 349-1700, ext. 108 or by e-mail at rgates@gannett.com.

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MY INDEX

Be Scene in Novi	9A	Food for Thought	4B
Bulletin Board	14A	Neighbors	6A
Business	4A	People	10A
Commentary	12A	Regional Marketplace	6B
Community	3A	Senior Citizens	18A
Education	7A	Sports	1B

My Novi News
It's all about Novi



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QUOTED: "The entire area is kind of booming." — Gary Steven Jonna, Whitehall Real Estate president

Cal Stone
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MY BUSINESS

Thursday, March 29, 2007
www.novnews.com
fax: (248) 349-9832

Architectural firm moving to Novi

■ JPRA to fill first of three buildings at Campus Park

By Greg Migliore
NEWS STAFF WRITER

Novi has snagged another growing firm as the city looks to solidify its knowledge-based economy.

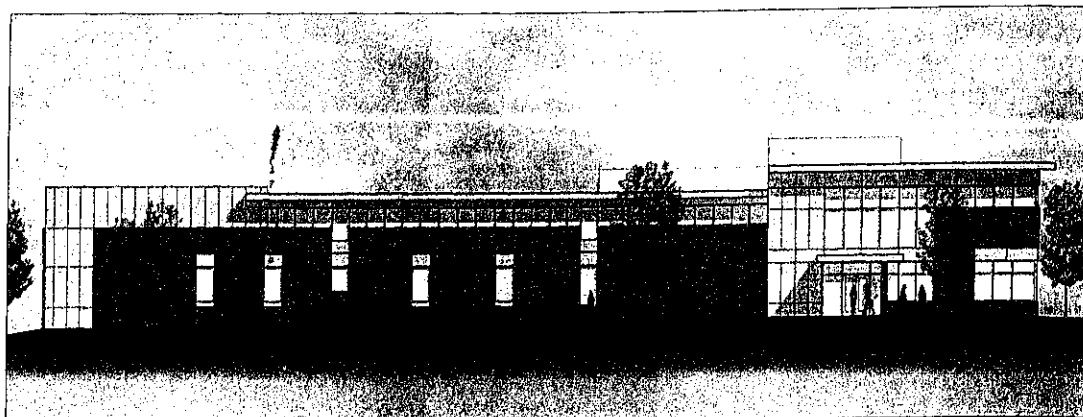
JPRA Architects announced recently it's planning to relocate from Farmington Hills to a new headquarters in Novi. The move consolidates the firm's 90 employees, which were spread out through two buildings. JPRA said it expects to complete the move by the end of the year and signed a 12-year lease.

The firm said it chose Novi because of its location and need for more space.

"We were looking to expand," said James Ryan, the chairman and founder of JPRA.

The 29-year-old firm specializes in designing shopping malls and retail developments. Its projects have included the Somerset Collection in Troy, the Palladium 12 theater in Birmingham, as well as work in the United States, Canada, Europe and the Middle East.

The firm is filling the first of three buildings in the new development, called Campus



Submitted photo

JPRA Architects announced recently it is moving to Novi. A rendering of the firm's future headquarters is shown above.

Park. It's located on the south side of Interstate 96, west of the M-5 interchange on Meadowbrook Road.

JPRA will take up about 30,000 square feet of the 94,000 square-foot development.

Whitehall Real Estate, which developed Campus Park, is in talks with other companies about filling the remaining space, said Gary Steven Jonna, the company's president, although he did not disclose the possible tenants.

"The entire area is kind of

booming," he said.

An natural studio

JPRA's building is two stories and will try to foster a studio-like atmosphere. Most prominently, the building will feature a tall glass wall overlooking nearby wetlands and woodlands. The idea is to help spur creativity among the firm's architects.

"It is designed to bring in a lot of natural light," said Gary Steven Jonna, president of Whitehall Real Estate.

The building is also aiming to meet certain environmental benchmarks, a topic Novi City Council has been considering this winter.

The interior will feature exposed steel and rare, early 20th century posters. It will be an open studio setup so architects can collaborate on projects.

Greg Migliore is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 103 or gmigliore@gannett.com.

At a Glance: JPRA Architects

FOUNDED: 1978
EMPLOYEES: 90
SPECIALTY: Designing retail developments
PROJECTS: The Somerset Collection (Troy), the Palladium 12 theater (Birmingham), developments in United States, Europe, Canada and the Middle East.
NEWS: Recently announced plans to move from Farmington Hills to a new headquarters in Novi by the end of the year.

10 IN A ROW!

Varsity Lincoln Mercury earns Leadership Award again

■ Dealership thrives despite tough times for Ford Motor Co.

By Victoria Mitchell
NEWS STAFF WRITER

When Michael Stanford opened Varsity Lincoln Mercury, his business plan was clear: The customer always comes first.

Thirteen years later, the intention reaped large rewards for the Novi car dealership.

Varsity Lincoln Mercury was given the "100 Leaders Award" bestowed the top dealership in the world for Lincoln and Mercury new car and SUV sales for 2006. It's an honor the dealership received for the past 10 consecutive years.

"We've been in business for only 13 years, so it's been pretty good," said Michael Stanford, vice president and general manager. "But there is a lot that goes into it."

A great group

When asked why the dealership has secured the top honor year after year, the answer came easily to Dean Silver, new car sales manager.

"I'm not hesitant to say we have the best sales staff in the nation,"

Silver said. "I think the biggest reason we're winning is the people we've hired."

"We've got a great group of people, and it all comes down from the top."

The top meaning Stanford, who echoes Silver's sales staff praise and the group's dedication to customer satisfaction.

"They know I would be very disappointed if a customer complaint came to me," Stanford said.

Obviously happy, he said, but it is how they are handled that makes a difference.

"I think it is what you do when there is a difficulty that shows what kind of dealership you are," he said.

"It's how you pick up the ball that counts."

Stanford promises from within and said he makes retaining his top-notch sales staff a priority.

"Loyalty breeds loyalty," he said.

Service after the sale

Stanford said another Varsity Lincoln Mercury secret to success is service.

"The service after the sale is what keeps people coming back," he said.

Stanford said amenities customers receive include access to a fleet of rental cars, shuttle service, car cleaning, quick and accurate service.

"So much more is said after the deal is made," Stanford said. "I

think it says a lot about a company about how they treat you after."

Stanford said he stresses when employees bump into customers in real-life scenarios, they should hold their heads up high.

"Flash-in-the-pans aren't welcome here," he said.

The bottom line

Does putting the customer first, affect Stanford's bottom line?

"Sure it affects the bottom line," he said, "but if that's what you're in business for, then that's the wrong reason."

"The bottom line will come," Referrals, he said, is what matters.

"Word of mouth will always be a better advertisement than a full-page ad," he said.

And the dealership's growth is an indicator something is going right.

Varsity Lincoln Mercury has between 90-100 full-time employees and nearly 30 part-time employees compared to about 60 employees 13 years ago.

In 1997 the dealership opened a 50,000-square-foot body shop and indoor exotic car showroom on 12 mile Road east of Wixom Road.

The new structure also houses the dealership's employee concierge service, which provides support to employees ensuring all customers receive the same top-notch service.

Other accolades

In addition to winning the "100 Leaders Award," Varsity Lincoln Mercury also snagged two additional prestigious awards.

The Novi dealership recently won the "Presidents Award" for outstanding service for the sixth year.

Sixty-nine Lincoln Mercury dealers out of about 700 are chosen for the honor.

The dealer also won the "Partners in Quality" award, Ford Motor Credit's most prestigious award.

The award is given to 100 businesses out of about 5,000 Ford and Lincoln Mercury dealers.

"It is the triple crown," said Michael Stanford, Varsity Lincoln Mercury vice president and general manager.



Submitted Photo

Michael Stanford has led his dealership to 10 straight Leadership Awards.

Tight times

Stanford said Varsity Lincoln Mercury peaked in 1999 selling about 5,200 vehicles.

He said wanting Ford Motor Company attention to the Lincoln Mercury lines and stubborn economic times have made 1999 a tough act to follow.

But, Stanford said, new products lines are rolling in now. The Milan, MKZ and talk of the Suble returning has been a boost, he said.

"We're getting rid of a lot of old products and moving new models in," he said.

And sales are starting to pick up. He said last year the dealership

sold 3,250 vehicles, up 25 percent from three years ago.

Stanford said customer satisfaction and low prices have kept him successful through tight times.

Blocks to build on

Sitting in his office covered in awards, family photos and inspirational sayings, Stanford said he began his auto dealership experience at 19, selling cars for Don Massey Cadillac in Plymouth.

He later moved to his brother's Ford dealership in Ann Arbor before Varsity Lincoln Mercury.

"It was something I worked at my

whole life," he said.

Stanford said he has taken lessons he's learned to heart and applied them to his business.

And he said he is always there for his employees, often meaning 70-hour work weeks.

"This opportunity has fulfilled a life-long dream for me," he said. "I've always wanted to do great things. I've always wanted more responsibility."

But in the end, Stanford said, "it all goes back to the customer."

Victoria Mitchell can be reached at (248) 349-1700, ext. 122.

Local teen to perform in Stars of Ballet and Broadway

■ Benefit to aid dance students

By Pam Fleming
GANNETT NEWS SERVICE

Fifteen-year-old Northville resident Chelsea Vick is so into dance she even entertains people at stop-lights.

"She'll be listening to music in the car and making dance movements," said her mother, Arielle West. "We get some funny looks from nearby motorists."

Vick, a freshman at Northville High School, was one of 34 dancers selected out of 200 who auditioned March 10 to perform in the April 20-21 "Stars of Ballet and Broadway" at Detroit's Music Hall Center.

Four dancers earned featured roles as "Future Stars of Broadway" and will be paired with national stars in the show.

In addition to these four, Meg Paul, Music Hall's new director of dance, chose 30 other dancers from across the area to be part of the cast.

Vick will be one of these 30 dancers age 6-25.

"I wasn't nervous," Vick said about the audition. "I was really excited."

So were her instructors, Sally Doerr, and daughter, Nicole Doerr, of Flex Point Performing Arts Studio in Farmington Hills.

Vick has been studying dance at the facility for two years and started dancing when she was just 3 years old.

"She saw the 'Nutcracker,' and that was it," said her mother. "She's never wanted to do anything but dance."

Vick's training has included hip hop, ballet, tap, jazz, lyrical dance (a combination of jazz and ballet), musical theater, which includes singing, dancing and acting; and pointe (ballet with toe shoes).

"I have the most fun when I'm dancing," Vick said. "It makes me so happy. I'm in my own little world."

Chelsea has a tremendous amount of talent," said Sally Doerr.

Rehearsals for the performance don't start until the week before the show, but she trains five hours a day Monday through Thursday at Flex Point.

She's also an assistant teacher at the studio and is looking forward to helping with the summer camp programs, including "Princess Camp, an overnight dance camp for young girls."

"Chelsea has a tremendous amount of talent," said Sally Doerr.

Trains four days a week

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Doerr: "She has the unique quality of being able to portray the different dance styles."

After graduation, she plans to major in dance and minor in dance education, with the goal of dancing professionally for a few years and then opening a center for the performing arts, much like Flex Point, which opened three years ago.

Vick said the April show, which includes medleys of tunes from popular Broadway shows, features original choreography from the classic musicals.

She auditioned to music from "All that Jazz," and loves working with Paul, who just moved to the Detroit area last year from New York with her husband, Vince, Music Hall president and artistic director.

"This is kind of a new thing for Detroit," Sarah Doerr said. "They want younger talent to have more opportunities and were impressed with the amount of talent in the area."

Vick, who sings also, is also a member of the "Select" Choir at school and was also selected to attend the National Young Leaders

Conference with students from across the nation in Washington, D.C., this summer.

This will be her third time at the 10-day leadership development conference in which scholars interact with professionals in government, the news media and the international community.

"We learn about what's going on in the world, public speaking and how to become well-rounded," she said.

Vick said she went out to dinner with her mother and stepfather, Jim West, the night she learned she'd be performing at Music Hall.

"They're very supportive," she said.

Pam Fleming is a staff writer for the Northville Record. She can be reached at (248) 349-1700, ext. 105, or at pfleming@gannett.com.

Photos by JOHN HEDER/Novi News

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ONE SICK PUPPY

Interested in helping?

• The Critter Connection Rescue League
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Wixom, MI 48393
Make donations in care of Mya
ccr150@yahoo.com

• The Szczesniak Family
sandcfamily@talkamerica.net

The basics of Mya's illness

QUESTION: What is an intrahepatic portosystemic shunt?

ANSWER: A rare condition that causes blood to bypass the liver.

QUESTION: What happens?

ANSWER: The condition results in neurological problems, including making dogs wander in circles and act lethargic. It can also stunt growth and cause seizures.

QUESTION: How is it treated?

ANSWER: Conventional surgery involves incisions in the dog's chest and abdomen. It's often fatal. The alternative, a procedure done at Michigan State University, has a much higher success rate — the school has never lost a dog. It is, however, relatively expensive and can run up to \$5,000.

— By News Staff Writer
Greg Migliore

Novi family searches for way to pay for procedure

Mya looks like a normal, healthy puppy. She bounds around the living room of her owners, the Szczesniak family, with the reckless abandon only a four-month old dog can. She enjoys playing with the other household pets. Occasionally, she'll grab onto the tail of Sandy, the family's golden retriever,



Greg Migliore

and sort of ski behind her for fun — much to Sandy's chagrin. You would never know it by looking at her, but Mya is a very sick puppy.

She has a rare condition called an intrahepatic portosystemic shunt, which causes blood to bypass her liver. This results in a slew of neurological problems, including making Mya wander in circles and act lethargic. Her growth is stunted, and she's had at least one seizure. Conventional surgery is often fatal.

The dogs that do survive are usually sick for days, as incisions are made in their abdomens and chests.

Sick from the beginning

The Szczesniaks realized there was something wrong with Mya, a German Shepherd and husky mix,

almost immediately.

They had taken her to temporarily in February, serving as a foster family while permanent owners were sought. The day after they got her, Mya threw up in her cage and began acting strange.

"I just feel bad for her," said Cindie Szczesniak, whose family has lived in Novi since 1988.

Still, they were reluctant to give up on Mya, who was part of a litter that was rescued from an abusive owner in Detroit. She assimilated quickly into the animal loving family, which includes two dogs, a cat and several fish. Cindie, and her husband, Stan, live under one roof with their six kids. The youngest is in first grade. The oldest attends Madonna University.

With so much going on, it was almost forgotten Mya was supposed to be a temporary pet.

"She kind of blended in," Szczesniak said.

What's next

At the moment, Mya's illness is in check, thanks to medicine and special dog food. The Szczesniaks, however, are quick to note it's a temporary fix.

Since conventional surgery is risky, the family is placing its hope in a new procedure being done at Michigan State University. It repairs the blood vessels internally, without making major incisions. Experts say it offers a much better chance for survival.

"They tend to do real well," said Dr. Matthew Beal, director of Interventional Radiology Services at MSU's Veterinary Teaching Hospital. Though it's a highly-

Life in Novi



Photo by JOHN HEIDER/Novi News

Andrew Szczesniak, 11, holds his puppy Mya at his Novi home. The puppy, a German Shepherd with some husky in her, needs a \$5,000 operation to correct a serious liver issue.

regarded procedure, it's also expensive. Costs run close to \$5,000 — possibly putting it out of reach for the cash-strapped family, which is already burdened with a pile of unexpected veterinary bills.

"That's the plastic dog," Szczesniak, noted dryly, in reference to the spiraling credit card balances Mya racks up.

Right now, the family is searching for ways to pay for the procedure. MSU is chipping in with a \$500 grant. They're looking for help from other organizations in the community, and there has been some support. When Szczesniak went to pick up a pizza, the clerk chipped in \$20. Though it's a difficult situation, the family is sinking

plenty of time and energy into the dog. As the family's 24-year-old daughter, Stacy, put it: "I don't believe in just putting them down unless you have to."

Greg Migliore is a staff writer for the Novi News. He can be reached at (248) 349-1700, ext. 103 or gmigliore@gannett.com.

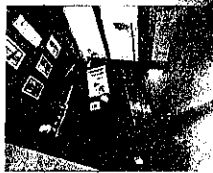
"I don't believe in just putting them down unless you have to."

Stacy Szczesniak

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MY EDUCATION



Thursday, March 29, 2007
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KOSTER: 'Goodbye, district'

■ Assistant superintendent served 19 years

By Renee Gates
NEWS STAFF WRITER

Novi Community School District employees are glad their coworker and friend Jim Koster is retiring after serving 19 years in the district. But they also know, the district will never be the same without him. Koster joined the district's accounting department in 1972 and served as an assistant for four years. After leaving the in 1976, he came back in 1992 and served for 15 years as the assistant superintendent of business and operations. "Jim has been the key to the improvement of facilities of Novi Schools for the last 15 years," said Novi Schools Superintendent Peter Dion, who has worked with Koster for two years. "It has been his thoroughness, his passion for improving education, being on the cutting edge, and providing staff and the community with what's needed in this day and age of

technology," he said.

Robert Schram, assistant superintendent of human resources has worked closely with Koster for 12 years.

"It's a great loss. Jim is just a treasure. He is so good at what he does. As far as I'm concerned, he is the best in the state," Schram said.

"It's the way he understands numbers and the way he can explain them to you."

Tomorrow is Koster's last day as a district employee.

His successor, Novi Community finance director Gail Credit, has worked with Koster for 14 years. And, while she is ready for the opportunity to serve as the new assistant superintendent, she acknowledges she has some large shoes to fill.

"He has been a giant figure in this district," she said. "The truly is the best business manager in the state. He will be missed."

When Koster first came to the school district, most of the land northeast of Taft Road to 10 1/2 mile was still owned by Northville Public Schools. There was no Novi High School, students went to Northville after eighth grade. The first bond issue had just passed.

Four superintendents, six bond issues, 6,391 students and \$190 million in construction projects later, on the eve of his retirement, Koster reflects on the most gratifying aspect of his tenure in Novi.

"Over the years, you end up having an interest in the learning of children and not so much numbers," he said.

"The numbers are important. I understand that but the emphasis has to be on the learning. From a career stand point that's been probably the best, just to see the learning and how the numbers relate to the learning."

Koster said he will miss his time with the district but, he is also looking forward to traveling, picking up his golf game and catching up on his yard work during retirement. He contracted to work on a major project that will consume most of his time over the next year.

"I'll be busy but with a whole lot more leisure time," he said.



Photo by JOHN HEIDER/Novi News

Outgoing Novi School District assistant superintendent Jim Koster talks with his replacement, current school finance director Gail Credit. Credit will be taking over Koster's position after he retires with 15 years of service to Novi.

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BE SCENE IN NOVI

SPELL-BINDING

One of the hometown representatives, Bob Ketterer, at last Tuesday's third annual Senior Spelling Bee at the Northville Senior Community Center.

Highland resident Jeanette Morris, representing Milford, triumphed in the 11th round of the event, correctly spelling the words "desiccated," then "euthanasia," besting 17 competitors.

South Lyon's Gil Sievert took second after entertaining spectators with wisecracks throughout the hour-long competition. In the final rounds, he joked about a word Morris spelled correctly earlier, "Any lady that can spell testosterone is

going to be a tough nut to crack."

After a series of elimination rounds, Sievert slipped when faced with the challenge of spelling "altazimuth," an instrument for determining both the altitude and the azimuth of a heavenly body. Ketterer misstepped on "streptococcus," omitting the "t."

Morris rose to the challenge of accurately spelling two words in a row for the win.

The top three finishers earned gift certificates to local restaurants Baker's of Milford, Applebee's and Olive Garden.

1 - Northville's Bob Ketterer received third place in this past week's Senior Spelling Duel at the Northville Senior Community Center.

2 - Milford resident Jeanette Morris smiles as she wins the 2007 Senior Spelling Duel after spelling the word "euthanasia."

3 - South Lyon's Vivian Buckler says "shoot" as she misspells the word "accessible."

4 - Competing for Northville, Mary Hoffman tries a word during last week's Senior Spelling Duel.

5 - Spellers prepare to take questions from the judges at the Northville Senior Community Center.

6 - Highland Senior Center representative Richard Gagnon reacts as he misspells the word "ptomaine."

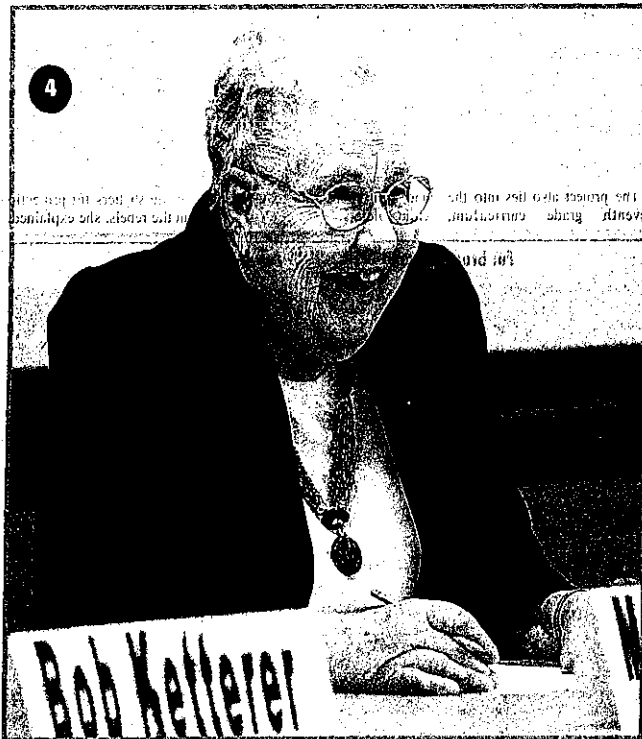


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MY NOVI PEOPLE

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ENGAGEMENTS



Pantaleo-Reid

Rick and Nancy Pantaleo of Novi announce the engagement of their daughter, Andrea Pantaleo, to Matthew Reid, son of Bill and Gay Reid of Waterford.

The bride-elect is a Novi High School graduate. The groom-elect graduated from Waterford Kettering High School.

An October wedding is planned.



Bullen-Alexander

Wayne and Mary Bullen of Novi announce the engagement of their daughter, Andrea Bullen, to Jason Alexander, son of Dale and Sue Alexander of Gladwin.

The bride-elect is a graduate of Saginaw Valley State University and is currently employed as a teacher at Holy Name of Jesus Catholic School in Grand Rapids.

A July 14 wedding is planned.

OBITUARY



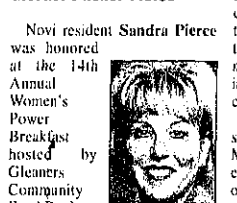
STEVEN A. AGUILAR

Steven Anthony Aguilar, an everyday man who always had time for a kind word, a quick joke and a slowly savored meal, died in Detroit Thursday, March 22. He was 53. Born Nov. 20, 1953, to Martha and Francisco Aguilar, Mr. Aguilar was well-known for his kind-hearted and gentle, Bible-based outlook. Each day he welcomed the world with his eyes, radiating personal experience into unique insight others used as a searchlight during times of unexpected darkness. Mr. Aguilar graduated from Clarenceville High School in Livonia, attended Oakland County Community College and spent much of his life employed in the printing industry, working as a pressman. He loved equally artistic film, local sports, good jazz, old books and new friends. Mostly, he loved his family, relishing every joy-filled moment God bestowed upon him. Mr. Aguilar was guided by his unwavering religious faith and blessed with a devotion to God's word. He will be missed. Surviving are his mother, Martha Aguilar of South Lyon, MI; daughter, Lisa Aguilar of Livonia, MI; Jennifer Aguilar of Southfield, MI; and Heather Carter of Canton, MI; sister, Martha Moran of Farmington Hills, MI; and brothers, Daniel Aguilar of South Lyon, MI; and David Aguilar of White Lake, MI; four grandchildren, seven nephews and two nieces. Mr. Aguilar was preceded in death by his father, Francisco Aguilar. Funeral services will be held 11 a.m. Thursday, March 29 at Phillips Funeral Home in South Lyon, followed by a reception at St. Joseph's Catholic Church in South Lyon. Father Ken Chase will officiate. Arrangements entrusted to Phillips Funeral Home, South Lyon.

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The first seven lines of an obituary are published free of charge. After that, there is a fee of \$3 a line. Pictures may be published for \$25.
*Deadline for obituaries is Tuesday at 10 a.m. for publication in Thursday's newspaper.
For more information, call 888-999-1288 or contact your funeral home.
*Holiday deadlines are subject to change.

NAMES IN THE NEWS

Gleaner's honor Pierce



Sandra Pierce

Novi resident Sandra Pierce was honored at the 14th Annual Women's Power Breakfast hosted by Gleaners Community Food Bank.

The president and CEO of Charter Bank of Michigan and Indiana was honored for her effort in leading the drive against hunger, an effort ending with the Outstanding Leader Award.

The Women's Power Breakfast is an annual tradition bringing the area's top female leaders together to raise funds for Gleaners Community Food Bank.

The event was held at the Mexican International Center. Four women were chosen this year, including Pierce, and honored for their efforts.

Pierce resides in Novi with her husband, Tom, and their three children.

Novi resident joins Peace Corps in El Salvador

Cullen Marie O'Neill, 24, the daughter of Patrick and Charice O'Neill of Novi, has been accepted into the Peace Corps.

O'Neill departed for El Salvador on Feb. 5 to become a rural health facilitator in the Peace Corps.

O'Neill's work will include providing health care to the people of El Salvador.

The Peace Corps program in El Salvador was one of the agency's earliest ventures, and since its inception in 1962, more than 1,600 volunteers have served in the country. El Salvador is the most densely populated country in Central America, and more than six million El Salvadorans live in an area that is roughly the size of Massachusetts.

Peace Corps Volunteers work on projects relating to business development, environmental education, agriculture, and health. There are currently 156 Peace Corps Volunteers in El Salvador.

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Fogel to be inducted into Journalism Hall of Fame

Reports led to two men being freed from prison

By Pam Fleming
GANNETT NEWS SERVICE

Innocent men have been freed and corrupt judges removed from the bench because of Gene Fogel's relentless pursuit of the truth.

These are just two reasons the Northville resident and WJR-AM radio news reporter will be inducted into the Michigan Journalism Hall of Fame this year.

Winners will be honored at a banquet on Saturday, April 14, at The Kellogg Center for Continuing Education at Michigan State University in East Lansing.

Since 1985, the Journalism Hall of Fame has continued the tradition of honoring journalists begun in 1952 by the Michigan Newspaper Hall of Fame.

Started with WJR in 1971

Fogel has been with WJR-AM 760 in Detroit since 1971, the same year he moved to Northville. He won the prestigious Peabody Award for a series of reports on the corruption in the Detroit Federal Bankruptcy Court.

The reports led to the removal of two out of three judges plus the arrest and conviction of two court clerks and the city's leading bankruptcy attorney.

He also received the Silver Gavel Award from the Michigan Bar Association for a series on flawed bid mark evidence which led to two men serving life prison terms being freed after being wrongly convicted in a brutal rape case.

The men, who served 10 and 14 years, respectively, both won retrials and were cleared of any wrongdoing.

Fogel's reports also led to him receiving the annual Achievement Award from the State Bar of Michigan. In 2005, he won the Associated Press' Lifetime Achievement Award.

Worked in radio since 1966

Born in Detroit and raised in River Rouge, Fogel was the first person in his family to go to college.

He graduated from Western Michigan University in Kalamazoo in 1963 and has worked in Detroit radio news since 1966.

In charge of the newsroom internship program at WJR for 25 years, he currently teaches two broadcasting classes at Oakland University in Rochester and assists with the campus radio station.

He said working with young people is a passion, and he enjoys seeing students move on to have successful careers in broadcasting and journalism. He's also a finalist in the 2007 Excellence in Teaching Award at the university.

Fogel, 66, took a retirement package last year after 35 years at WJR and now only works noon-7 p.m.

"I was stunned," Fogel said about learning of the induction. "I didn't even know I'd been nominated."

Fogel said making a difference, whether it be uncovering corruption or getting people out of jail, has been the most rewarding aspect of his career.

"I think it's the role of the press to be the watchdogs of society," he said. "It's up to us to explain things to citizens and hold elected officials accountable."

Pam Fleming is a staff writer for the Northville Record. She can be reached at (248) 349-1700, ext. 105, or by e-mail at pfleming@gannett.com.



How he got the court story

Gene Fogel did some of his award-winning reporting at WJR Radio when his beat was the federal court.

"I want to take the court every day," he said.

One day he got word that the FBI was conducting an investigation in the federal bankruptcy court. The court had three judges who heard cases through a blind draw card system.

The illegal activity began when a local bankruptcy attorney started dating the court clerk in charge of the card system.

"He bought her an apartment and a car," Fogel said.

As a result of the romantic relationship between the attorney and the clerk, "He always had the most generous judges," Fogel said.

"I think it's the role of the press to be the watchdogs of society," he said. "It's up to us to explain things to citizens and hold elected officials accountable."

Pam Fleming is a staff writer for the Northville Record. She can be reached at (248) 349-1700, ext. 105, or by e-mail at pfleming@gannett.com.

Photo by JOHN HEDER/Northville Record

Longtime WJR radio broadcaster Gene Fogel will be inducted into the Michigan Journalism Hall of Fame on April 14. Fogel is a Northville resident.

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Cal Stone
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OPINION

Thursday, March 29, 2007
www.novinews.com
fax: (248) 349-9832

Novi News

Richard Perlberg
EXECUTIVE EDITOR
Rich Randolph
PRESIDENT & PUBLISHER
Grace Perez Perry
GENERAL MANAGER

Our fundamental purposes are to enhance the lives of our readers, nurture the home towns we serve and contribute to the business success of our customers.

IN OUR OPINION

Ties that bind in Novi

A city is more than bricks and mortar. And in Novi that means looking beyond the burgeoning growth, glittering nightlife and top-notch shopping.

What binds a community together is everyday people working for a common good.

Case in point: Last week the Novi Chamber of Commerce played host to its annual Threads of Power breakfast.

The event is a clothing drive that seeks gently used business attire, which is passed on to a slew of charitable organizations.

The chamber has hosted the event for eight years. Last year, it added men's clothing to the collection. The idea is to help people, who are trying to launch a professional career, get off on the right foot.

"One of the most expensive things when you're going back to work is getting a new wardrobe," said Peggy Hayes, past chair of the chamber and marketing and sponsorship director for Twelve Oaks Mall.

Threads brings in "truckloads" of clothing, said Nora Chamption, the chamber's president.

It's initiatives like this that truly forms a community.

Another example is the city's annual Arbor Day festivities.

The event kicks off at 10 a.m. April 28 at Community Sports Park.

More than 300 trees are planted each year. This is a great way to literally get your hands dirty and help the community.

By planting a tree that will last for years, you're helping give Novi roots that are more enduring than the latest commercial development.

There are plenty of other ways in Novi to contribute to the greater good.

Spring is a time of new beginnings. Now is a great time to get involved.

What do you think?

We welcome your Letter to the Editor. Please include your name, address and phone number for verification. We ask your letters be 400 words or less. We may edit for clarity, space and content.

Mail: Novi News, Letters to the Editor, 104 W. Main Street, Suite 101, Northville, MI 48167
Fax: (248) 349-9832
E-mail: cstone@gannett.com
Deadline: Letters must be received by noon on Tuesday to be published in the Thursday edition.

Michigan's budget crisis: Opportunity for real leadership

There is great angst and anxiety in Michigan today. Seems that every economic indicator one looks at is heading in the wrong direction. Home foreclosures, bankruptcies and unemployment are up, home sales (if you can sell) and personal income are down and the domestic auto industry and auto suppliers are shedding jobs and many of us wish we could peel off a few pounds. And the very jobs that we believe are our future and salvation are pulling up stakes and leaving town as well. Comerica is heading west, Chrysler may go east to China, while Pfizer's departure from Michigan has many of their employees, and local and state government officials heading to the medicine cabinet.

No job sector or region of our state is immune from the rapidly changing, disruptive information and technological world in which we exist.

The state budget is shambles with the budget deficit for this fiscal year hovering at

nearly a billion dollars. Last September, I in an earlier column said that after the 2006 election Lansing politicians would discover the budget was out of whack. Specifically, I wrote in part:

"The state budget that has not been solvent enough for provide significant increases to education over the past three years and to and behold, in an election year when nothing has improved economically, suddenly there is money available? There is an old southern saying that seems to fit: 'This dog don't hunt!'. Could it be that the budget is nothing more than an election year shell game to pull the wool over the voters eyes by providing increases (in theory) to politically popular programs in a cynical attempt to garner votes? Hmm? It is the classic shell game that will leave Michigan citizens without the promised services after the election? If so, responses will go from 'hmm' to 'How did that happen?'"

As we all know, looking in the rearview mirror will not take us lead us boldly into the

future. The current debate in our state capital is revolving around "revenue enhancement" aka, tax increases and program cuts to help balance the state budget and provide the resources to invest in worker retraining and funding for our K-12 schools, community colleges and universities.

Yet, even the increased revenue being discussed is anemic as a true investment in educating our citizenry to be competitive in the 21st century knowledge economy. Even if Gov. Jennifer Granholm is successful in selling her 2 cent tax increase in services, schools across the state will still be facing deficit spending, cut backs and layoffs because the \$178 per pupil increase will be absorbed by ever-increasing health and pension costs. The meager increases to Community Colleges and Universities will not be enough to stop the escalating costs of obtaining a higher education that is pricing many middle class students out of hope and opportunity.

If Michigan is going to retool for the future it is going to

take bold decisive leadership that will force wholesale restructuring of our schools, community colleges, universities, county and municipal governments. Michigan's governmental structures at all levels were constructed at a different time and are no longer sustainable in today's environment. The sooner that our elected leaders come to this conclusion and take action to right-size government at all levels to fit this new reality, the better off we all will be. There is not enough tax revenue to address our problems without significant and fundamental restructuring and reform - period! Perhaps we can paraphrase a line from President Clinton's first Presidential bid: "It is not the revenue - it is the structure-stupid!"

Further, Michigan needs an International/Asia Economic Plan to ride the growing economic wave that is coming out of the East. Here we are seven years into the 21st century and no statewide elected leader has been to Russia, India or China, where \$3 billion



About Tom Watkins

Tom Watkins is a business and education consultant. He served as state superintendent of schools from 2001-2005. Read his internationally recognized report: *The New Education* (H)evolution at www.nacol.org. He can be reached at twatkins@aol.com.

new capitalist and consumers exist, to tap this rich economic vein. We have the academic, business and professional talent in our rich ethnic communities to develop such a plan rapidly. Such a plan could serve as a blueprint that would enable Michigan to construct a two-way bridge between our state and these developing nations that would also help Michigan workers and families benefit from their rise. None exists today. This is juxtaposed with other states and nations that are working their plan and have been riding the eastern economic wave.

Without fundamental change, led by courageous and

creative thinkers, Michigan will continue its slide and become an economic backwater, lose jobs and people and become an international exhibit of what was once an economic powerhouse from the bygone 20th century. It is our collective job to stop Michigan from becoming a rusted-out shell of its former greatness. Real change, requires real change.

Leadership matters and it is desperately needed in Michigan today. Further, the families struggling to pay the bills and educate their children don't care if the leadership comes from the left or the right - as long as it comes, and soon.



Miyabi

The Japanese musical group "Miyabi" entertains the Novi High School Japanese Club on a recent Tuesday afternoon. Playing traditional instruments like the Koto (harp) and the shakuhachi (flute), musicians Moriyaki Takahashi, Etsuko Imei, Mizue Nishida, and Akiko Shirai went through a number of turn-of-the-century pieces for a small gathering at Novi High.

Photo by JOHN HEIDER/Novi News

LETTERS

Vote Yes on School Bond

I suggest that before anyone votes on the School Bond issue on May 8 you get the facts. I am a resident of Novi with two children in the Novi Schools. I moved to Novi because of our safe city (thanks to the great Police Department) and our outstanding schools. The Bond consists of three elements: Adequate and Equitable Facilities, Security and Technology.

I believe that making the necessary changes to Village Oaks, Orchard Hills and Parkway will eliminate current scheduling conflicts, allowing equal time for classes for all elementary students. It will also improve the size of the classrooms at Parkway which is desperately needed. Technology is key in classrooms and keeping our technology current gives Novi the leading edge. As far as debt, the debt level still goes down, even if the Bond is approved. Homeowners will be paying less than current tax bill, even with approval of the Bond.

Before you vote on May 8, get the Bond Proposal facts, then ask questions and vote to Novi. I feel that if we don't keep our schools current and our police department well funded, then why live in Novi? With anything less, it sure isn't the type of community I care to live in. Would you?

Willy Mena
Novi

More Bond Support

A letter posted last week in opposition to the upcoming school bond proposal included something I felt needed to be clarified. Specifically, police seizure money can not be used to fund school improvements or any other non-police expenditures.

I know these are not the best of times, but the need of this bond helps resolve an inequity that exists at three of the five elementary schools in our district. Many folks (like my wife and I) are fortunate to have kids attending either Deerfield or Novi Woods. These are great facilities that were built or renovated using tax dollars from citizens of this entire school district. That means, homeowners in the Parkway, Village Oaks and Orchard Ridge areas all contributed to these schools. It's time we return the favor, as their schools now need updating.

The bottom line is this. With a "YES" on this bond, you will not see a tax increase from current levels. In fact, if this passes, you'll actually still see a net tax decrease.

In 2008, the debt tax level will be decreasing from 6.20 mills to 5.17 mills. With the passage of this bond, the debt level will change from 5.17 mills to 5.66 mills - leaving a net decrease of .54 mill, you will not see a tax increase from current levels. In fact, if this passes, you'll actually still see a net tax decrease.

I don't like taxes, but at least my vote gives me a say in this matter. I ask that you VOTE YES on this bond in support of our children.

Christie Santure, Karen Odell, Marla Palmer,
Martha Massab, Ann Shoop, Shona Vincent,
Judy Poppenger, Julia Schmaidt, Andrea Mohr,
Cathy Robbins
The Middle School Career Day Committee

continued on page 13

Career Day Thanks!

On Thursday, March 15, the Novi Middle School held their 17th Annual Career Day. We would like to thank the people in the community who so generously gave of their time that day

JOIN IN: Discuss our stories online via **Story Chat** at novinews.com

Cal Stone
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cstone@gannett.com

COMMENTARY

Thursday, March 29, 2007
www.novinews.com
fax: (248) 349-9832

Lansing, Detroit continue political dances



About Phil Power

Phil Power is a longtime observer of politics, economics and education issues in Michigan, and was a regent of the University of Michigan from 1987 to 1999. He is also president and founder of The Center for Michigan, a moderate think-and-do tank. These opinions and others expressed in his columns are his own and do not in any way represent official policy positions of The Center for Michigan. Phil would be pleased to hear from readers at ppower@chmnet.com.

revenue sharing payments, which already have been slashed by around \$500 million since the state's economy began to sicken in 2000.

And so it is back to the drawing board. Meanwhile in Detroit on Friday, the Detroit School Board voted 6-5 to reject a plan to close more than two dozen schools, after a chaotic and contentious meeting that left no one happy.

Interim Superintendent Lamont Satchel told the board that failing to close schools would result in 1,800 employees being laid off. Worse, it could put the system in the grips of a state-required deficit-elimination plan that would require shutting up to 50 schools by 2010.

But not only did they not listen, board members declined to hear a presentation on the district's financial condition.

Opponents of the closure plan said it would hurt children and force them to attend overcrowded schools. They also argued that the Detroit Federation of Teachers and members of the community should have been involved in preparing the closure plan.

They argued that any final decisions should wait until the arrival of new Superintendent, Connie Calloway. And board President Jimmy Womack said some board members were playing politics with their votes with an eye on their re-election campaigns.

None of this was calculated to reassure anyone about the leadership. In both the legislature and the state's largest city, the drama overwhelmed the financial realities.

The cold hard facts are that

the state faces an enormous deficit in this fiscal year's budget, which must be solved before Sept. 30. The Detroit schools, already facing massive enrollment drops and reductions in state per-pupil aid have stark but clear choices: Cut costs, lay off staff—or do some of both.

Most political insiders, whether in Lansing or in Detroit, see these Kabuki dances for what they are: Posturing for popularity before highly motivated constituency groups, whether rabid anti-taxers or angry parents. And most political insiders understand full well that at the end of the dance-drama, consequences will have to be faced and some accommodation to reality will have to happen.

But you cannot blame ordinary folks for failing to understand what all this saber-rattling is all about. Looking on from the outside, dimly aware that we have major problems, the average person has to be wondering why their leaders can't find common ground.

Worse, repeated charades of this sort contribute to cynicism about our governments. They increase Joe and Josephine Average's suspicions that all this is just more political posturing.

All this came home to me last Friday morning when I spoke at a session at the Southeastern Council of Governments, the main local government association for the Detroit metro area.

Most participants were throwing up their hands in frustration at yet another cut in their already stretched budgets. But most also said they would soldier on, trying to make do with ever-thinning

resources, doing their best to be good and responsible public servants.

Suddenly I wondered whether being responsible was the responsible thing to do. Or whether declaring that, yes, this is a crisis wasn't exactly the appropriate remedy to legislative irresponsibility and repeated budgetary Kabuki dances.

If cities have already slashed their recreation departments in the face of repeated budget cuts, why not just shut down all recreation programs and say that it is—until those who get voted into office are willing to make the hard decisions and ask the voters to pay. If cities have had to slash their police force beyond anything reasonable thanks to budget cuts, announce that line, there will be no more day-time policing on the streets. And so forth.

Certainly, the profound ineffect of serious, professional government officials is to try to make do, to carry on in the face of financial difficulties. It's the responsible, diligent thing to do.

But it also enables elected officials to be irresponsible and continue to refuse to come to grips with the financial realities. Budget cuts have consequences. And if they are layoffs, school closures and elimination of public services, so be it.

Doing that just might push the political actors on our stage to take off their costumes and their masks and get down to business in the first act, rather than waiting for the final curtain. That's a curtain, by the way, that Michigan very much needs to avoid.

LETTERS

continued from page 12 Green Gala Gratitude

On behalf of the Novi Educational Foundation, I'd like to thank the community for its support of our Green Gala Fund-raising event held on March 17. Local businesses, community members, teachers, PTOs, and more all pulled together to make this first annual event a huge success. Together we

raised over \$35,000 that will be invested back into our students and schools. We appreciate the community support as the NEF works to increase its visibility. Watch for more to come from the Novi Educational Foundation as we expand our presence in the community and work to make a difference in Novi community schools.

Lynn Berg
NEF Trustee

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LET'S TALK
Jewelry
WITH GARY S. WEINSTEIN
GEMOLOGIST

BLACK DIAMONDS

Black diamonds are fast gaining popularity with men. A carbonado, as it is called, is actually rarer than a colorless diamond, which is the preferred gemstone for symbolizing marital love. Compared to other fancy (colored) diamonds, black diamonds are among the youngest. According to some geologists, black diamonds were collections of carbon atoms that were squeezed into crystal form some 1.5 billion years ago. It was not until volcanoes thrust them to the surface, between 100 million and 1.1 billion years ago, that they saw the light of day. Color geologists believe that black diamonds come from meteorites. Whatever their origin, there is no denying that black diamonds are casting their spell over diamond aficionados.

Once believed by the ancients to be splinters from the stars, April's birthstone continues to capture the hearts of lovers of jewelry.

gem beauty. Are you looking for fine diamond jewelry a cut above the rest? Look no farther than WEINSTEIN JEWELERS OF NOVI, where we only choose diamonds that have the advantage of having been cut by a master lapidary (a person who cuts and polishes gemstones). Brilliant choices of all colors abound here at the surface, between 100 million and 1.1 billion years ago, that they saw the light of day. Color geologists believe that black diamonds come from meteorites. Whatever their origin, there is no denying that black diamonds are casting their spell over diamond aficionados.

PS: Mixing black diamonds with colorless diamonds creates a most arresting piece of jewelry.

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Physical Therapy Rehabilitation Update

by Dennis Engerer, P.T.

SMOKING CAN WORSEN KNEE OSTEOARTHRITIS

Osteoarthritis sufferers who smoke may age their patients to quit the habit. If you smoke, it is in your best interest to quit for your own health and the health of others. New research suggests that smoking men with knee arthritis, the smoke-related ones around you. By now, nearly everyone is aware of the harmful effects of smoking. Speak to your physical therapist about information and methods for breaking the habit. If you do not smoke, it is important to ask questions about their smoking status. In today's column, please call our office during business hours at 248.349.9339. We are located at 215 East Main, Suite B. New patients are welcome.

PS: Osteoarthritis is the "wear and tear" form of arthritis.

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continued from page 15

First Presbyterian Church of Northville

LOCATION: 200 E. Main St.
CONTACT: (248) 349-0911
Sunday Worship
TIME: 9:30 and 11 a.m.
Single Place Ministries
CONTACT: (248) 349-0911 or
visit www.singleplace.org
PROGRAM SCHEDULE: 7
p.m. Thursdays
PROGRAMS:
Tonight: Concert with Men of Grace

Walking Group
TIME: 11:30 a.m.
LOCATION: First, second and fourth Saturday, Big Apple Bagel Shop, 2334 Farmington Road, Farmington; Third Saturday, Panera Bread Co., 34635 Grand River Ave., Farmington
DETAILS: This is a walking/social group. Everyone is invited.

St. John Lutheran

LOCATION: 23225 Gill Road, Farmington Hills
CONTACT: (248) 474-0584 or
visit www.stjohnlutheran.com
Saturday Worship
TIME: 5:30 p.m.
Sunday Worship
TIME: 9, 11:15 a.m.
Sunday School
TIME: 10:15 a.m.

Faith Community Presbyterian

LOCATION: 44400 W. 10 Mile
CONTACT: (248) 349-2345 or
visit www.faithcommunity-novi.org
Sunday Worship
TIME: 9, 10:30 a.m.

Gracepointe Presbyterian

CONTACT: (248) 497-3178 or
e-mail gracepointe@mac.com
"Preview" Worship Service
TIME/DATE: 6-7 p.m. Sunday
LOCATION: Holiday Inn and Suites, 37259 Grand River, Farmington Hills
DETAILS: The public is invited for fellowship and to stay after for fellowship and learn more about Gracepointe. Child care will be available. For more information on Bible Study and other ministries, see above.

HEALTH**St. John Providence Park Hospital-Novi**

LOCATION: 47601 Grand River Ave.
CONTACT: (248) 349-2345 or
visit www.stjohnprovidence.com

CONTACT: (888) 440-7325, 8

a.m.-5 p.m. Monday-Friday
Childbirth Education
DETAILS: Evening or weekend series helping you and your partner get ready for the birth of your baby.

Childbirth Refresher
DETAILS: A one-time class to review important information for birth of your baby.

Breast-feeding Preparation
DETAILS: A one-time class for mom and her partner helping to provide tips for successful breast-feeding.

Baby Care Basics
DETAILS: A one-time class with practical information about how to adapt to life with a baby.
Infant Massage
DETAILS: This two-session class teaches parents how to offer their infant the comfort of massage.

Health Screenings at Meijer

LOCATION: 49800 Grand River Ave., Wixom
DATE: Friday
DETAILS: The pharmacy at Meijer will offer the following tests for low cost: Cholesterol, \$30; Liver Function, \$15; Diabetes Screening, \$15; Hemoglobin A1C, \$30. You will receive results within 15 minutes. All tests include consultation and explanation of results by the pharmacist, answers to questions about your medications and blood pressure check. Appointments are necessary.
CONTACT: (248) 449-5733

CLASS REUNIONS**Novi High School Reunion-Classes of 1974-1977**

DATE: July 28
DETAILS: A combined class reunion is being planned for the four graduating years.
CONTACTS: Laurie (Maier) Butler, Class of '74, lbutler@motorcityharley.com; Claire (Sadow) Klingelhoefer, Class of '75, clairek1@comcast.net; Leigh (Tarczy) Guzowski, Class of '76, laguzow@alummi.nmu.edu; Patty (Polman) Mayer, Class of '77, mayer123@comcast.net

Novi High School Reunion-Class of 1987

DATE: Saturday, Aug. 11

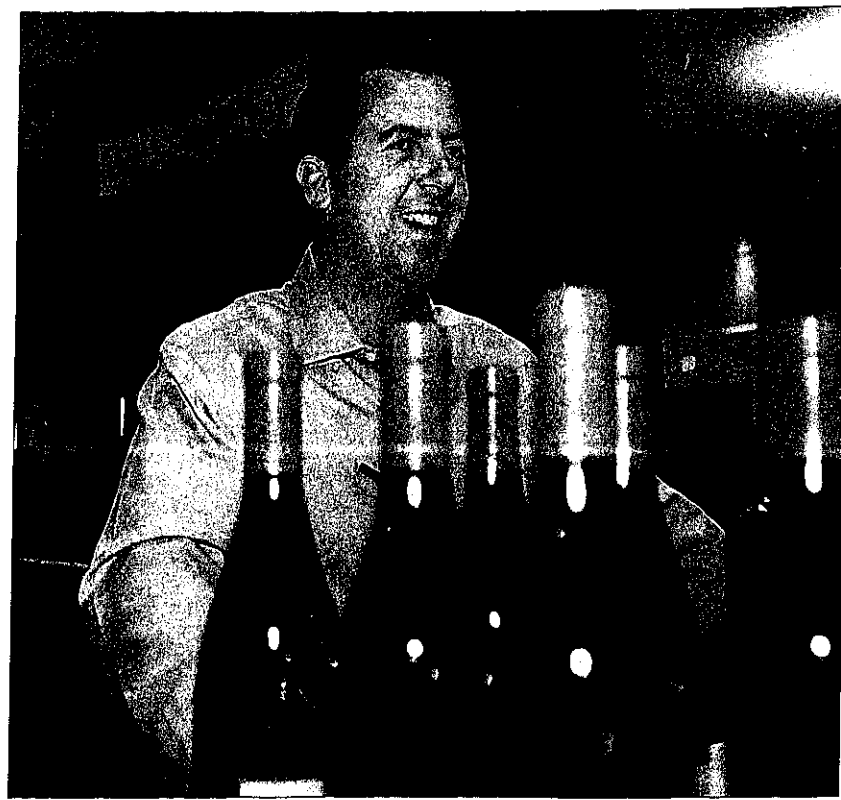


Photo by JOHN HEIDER/Novi News

Wine talk

With an array of white wines in front of him, Clay Fritz talks about his family's winery in Dry Creek Valley, Calif., during last Friday's International Wine Expo at Novi's Rock Financial Showplace.

DETAILS: More information coming.
CONTACT: Call (323) 467-0642 or NoviHigh@gmail.com

Detroit Mackenzie High School Class of 1957 Reunion

DATE: Friday Oct. 19
TIME: 6:30 p.m. to midnight
LOCATION: Holiday Inn Livonia, 17123 N. Laurel Park Drive, Livonia
DETAILS: The cost is \$75 per person. Mail M. vonGlabri, 20997 Chaska Drive, Novi, MI 48375 for tickets. The deadline is June 30. Note: The reunion committee is looking for classmates from the class of 1957.
CONTACT: June Class-Mari Storch at mari.storch@bcglobe.com or Mary Middleton at mvonglabri@aol.com.

January Class-Eleanor Locke at elocke@aol.com or Dick Bebbington at rbebbington@yahoo.com.

ONGOING**Free Spring Fun Day**

DATE: Saturday
TIME: 10 a.m.-2 p.m.
LOCATION: The Learning Experience, 53318 Ten Mile Road, South Lyon
DETAILS: The Learning Experience is an early child care and preschool center that is an educational alternative to standard daycare. The day is open to the public and will feature free photos with a holiday bunny, treasure egg hunt, crafts and snacks.
CONTACT: (248) 446-6283

SWOC Studio Tours

LOCATION: 33390 Nine Mile Road, Farmington
DETAILS: Come in for an up-close look at the Southwest Oakland Cable Commission Studios local community television studio.
CONTACT: Melissa Cohn (248) 473-2840

Novi Concert Band Rehearsals

TIME/DATE: 7:30-9:30 p.m. Tuesday
LOCATION: Novi High School

Taft Road
DETAILS: Open to all wind and percussion players.
CONTACT: Dorian Kochyan (248) 348-5135

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46100 Grand River Ave. Call (248) 349-5600 or visit <http://rockfinancialshowplace.com> for more information.

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TALK ABOUT IT: Join in discussing our stories online via Story Chat at novinews.com

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LIVING

Thursday, March 29, 2007
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Maybury opens for the season**■ Staff offers syrup, dairy and animal tours**

By Maureen Johnston
GANNETT NEWS SERVICE

The kids squealed as they ran from pen to stall to coop. "I saw a bunny!" "Lambs!" "Ooooooh!"
Daniel Henning, 7, pulled for his mom, Chris, to look at the pigs, then the horses. On a St. Paul's Lutheran School field trip, the boys and girls and their chaperones explored the grounds of Maybury Farm — taking a horse-drawn wagon ride into the woods, visiting the barn and learning about the animals' daily routine.

"They had a great time," Henning said. "They learned about getting syrup from the sugar maple trees. It was awesome."
Yep, it's spring. Maybury Farm opened for the season last week.

As the visitors crossed the concrete path from the parking lot to the grass and dirt farm yard, they passed from the hurried pace of 2007 to the deliberate slow of a vintage working farm.

Not far from acres of Northville subdivision homes with every latest convenience, motorists can turn off Eight Mile Road onto Maybury land where a farm with roots in the 1900s is alive with spring.

The homestead visible from the main road has remained a lesson to the past. The barn, destroyed by fire in 2003, was replaced through efforts of the Northville Community Foundation, which continues to grow new programming.

"The animals have waited all season for their friends to come back," said Shari Peters, foundation president.

Kids pulling their iPod earplugs and piling out of SUVs tuned in to the "nature's harmony" of birds tweeting, pigs grunting and horses whinnying.

Back to basics

Last Friday, volunteers Mark Sanchez and Kelly Johnson added an "open" banner to the farm entrance sign.

Their chores in recent weeks have ranged from building a fence along the pasture to sweeping the barn, and building a fire in the welcome center to fixing the serv-

**Nature's harmony**

On Friday, a testy run added to their to-do list by running into a barn wall, breaking a plank.

"He just keeps running his head into it," said Sanchez, who, like Johnson, is a laid-off Ford employee that can opt to spend idle hours working for a non-profit organization instead of in the plant.

Sanchez, a hydraulic repair worker, was green when he first reported to the Maybury last year. Now, he has learned the farm ropes, handling animals, driving the tractor and performing ongoing maintenance tasks.

"We're always looking for volunteers," said Peters, adding the farm staff includes former John and Norma Boemer, two part-time farm hands and two part-time docents. "Anyone who has time, we're more than happy to find something for them to do."

"There's always something." Through donations and tireless fund-raising efforts, the farm was born again, literally, from the ground up. Peters acknowledges progress, but she sees plenty of work ahead.

"This time of year, this all has to be landscaped again," she said. "Replacing fencing will be a big part of this spring."

"We have to repave all the



Maybury Farm volunteers Mark Sanchez and Kelly Johnson walk near the barn.
Photo by JOHN HEIDER/Novi News

paths, be it with dirt or woodchips or whatever. There's always so much work here."

But already this season, Peters said the farm has been reaping

what it sows during visits. Last week, she received a thank-you note from a scout troop and phone call from a woman who hosted her three-year-old son's birthday party at the farm.

"The mom said it was 'off the charts,'" Peters said. "To see everyone back is just great."

Eyes accustomed to watching TV or computer animation grew wide at sleeping pigs nestled contentedly in the mud and the large cow's slow hay chew.

After initially recoiling at the pungent barn smell, the little noses were quickly distracted by the abundance of sensations surrounding them: goats, pigs, sheep, bunnies, turkeys, cows, ducks and roosters.

"Little kids are the best," Sanchez said. "They're just like in awe when they see it."

"It gives you a good feeling," Johnson said she knows children will remember their visit to the farm. When Farmer Boemer held out the baby lamb, he was swarmed with little hands wanting to touch its soft, white wool.

"They love it," Johnson said. "Just that look on their face. 'It's spring on the farm.'"

Maureen Johnston can be reached at (248) 349-1700, ext. 107, or via e-mail at mjohnston@gannett.com.



Farmer John Boemer holds up a bucket of maple sap and a bottle of maple syrup, demonstrating for a visiting group the amount of sap needed to be boiled down for the final product. About 40 gallons of sap is needed for one gallon of syrup.
Photo by JOHN HEIDER/Novi News

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MY SENIOR LIFE

Thursday, March 23, 2007
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Scouts, seniors share experiences

■ Girls Scouts:
past, present
and future

By Tracy Miehler
NEWS SPECIAL WRITER

Rosemary Beggs just wanted to be a Girl Scout.

And though she grew up in a small town in Illinois, Beggs made sure her goal of camping, hiking and working on badges was accomplished.

"Girl Scouts is a great educational experience that teaches girls a lot of things through the badges they earn," said Beggs, 77, of Fox Run in Novi. "Girl Scouts gives girls experiences they might not otherwise get."

Beggs is one of many female seniors with many scouting stories to tell.

She and a group of ladies from the Fox Run knitting club recently offered their time to help a group of Girl Scouts learn about scouting years ago and assist in earning two badges for their sash.

Troop 401B from Berkshire Middle School in Birmingham joined the Fox Run knitters to sew bedding for the neonatal department at Henry Ford Hospital in order to earn their bronze award and also talk to seniors about scouting for their cross-generation badge.

"As children, (the girls) are kind of sheltered, and this exposes them to something different," said Diane White, troop leader. "Talking with the older ladies helps the girls get a different perspective on life."

Juliette Gordon Low founded Girl Scouts March 12, 1912.

According to the Girl Scouts



Fox Run residents Lois Christeller, left, and Thelma Walters, center, talk about their experiences as former Girl Scouts with Troop 401B member Eille Kleze.

of the USA, Low assembled 18 girls from Savannah, Ga. for a local Girl Scout meeting with the idea that all girls should be given the opportunity to develop physically, mentally and spiritually.

"It's important for the girls to find out what happened years

ago," Beggs said. "Some kids don't have grandparents nearby. We always enjoy seeing the kids." During their visit to Fox Run, the group of sixth grade girls worked on sewing machines to make blankets and also sat talking to seniors about times of war and

what they did to keep busy.

"I joined the scouts the first meeting after turning 10," said Peg Quigley, 80. "I believe in Girl

Scouts. I was there once trying get badges just like them today."

Quigley said back in the 1930s-40 when she was a scout, there

were more opportunities for boys than girls.

"There weren't many things for

girls to do," she said. "Girl Scouts had a real impact on my life."

Stephanie Lester, 11, said she was excited to talk with the ladies at Fox Run because of what she could learn.

"It's interesting to hear about what they did in Girl Scouts," Lester said. "What they learned in Girl Scouts can help teach us."

During their time at Fox Run, the girls from Troop 401B took turns sitting with different ladies, talking about the past and exchanging stories about scouting today and many years ago.

Thelma (Tim) Walters said she hoped they helped the girls learn a thing or two during their visit.

"If anything, I hope they take with them compassion for older people," Walters said. "Kids really miss out if they don't interact with the older generations."

"This was a great way for the girls to get out, meet new people and hear some really interesting stories," Walters said when she was in scouts, her troop never got to interact and have the opportunities girls today have.

"We used to pick potatoes," she said. "I really enjoy the young

people. It's neat to interact with them."

Quigley said by welcoming the Girl Scout troop to Fox Run, they helped the girls reach out and help others.

"Girl Scouts gives a sense of helping people and reaching out," she said. "That's what we try to do, and that's what these girls are doing. That's what Girl Scouts is all about."

Tracy Miehler is a freelance writer for the Novi News.



Girl Scout Julia White, left, and Fox Run resident Peg Quigley sew during the Girl Scout Troop 401B's recent visit to the retirement village. The seniors and young girls shared experiences about being Girl Scouts at the intergenerational event.

■ Girls Scouts:
past, present
and future

continued from page 18

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Thelma Walters
Fox Run resident

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Thelma Walters
Fox Run resident

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• The U.S. Congress chartered Girl Scouts of the USA on March 16, 1950.

• Today, there are 3.7 million Girl Scouts, 2.7 million girls members and 928,000 adult members working primarily as volunteers.

• Girls at home and abroad participate in more than 236,000 troops and groups in more than 90 countries through USA Girl Scouts Overseas.

• More than 50 million American women enjoyed Girl Scouting during their childhood.

• Through its membership in the World Association of Girl Guides and Girl Scouts (WAGGGS), Girl Scouts of the USA is part of a worldwide family of 10 million girls and adults in 145 countries.

SOURCE: GIRL SCOUTS OF THE USA
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Lotus Bank

There is a new face on the banking landscape in Novi. And this new face intends to make a big splash with small business owners and the fast-growing Novi medical community. Lotus Bank recently opened its doors on Grand River in Novi, becoming the first community bank headquartered in Novi in more than 20 years. That's important, too.

"Any community bank that is owned and staffed by members of the community has a lot of big advantages over larger banks," said Satish Jasti, president and CEO of Lotus Bank. "Here you can deal directly with your neighbors without having to adhere to policies made by larger banks that are headquartered outside of your community."

"We get to make decisions for our neighbors. These will be fast decisions that won't require our customers to put their lives on hold, waiting for word on their loans."

Jasti formed Lotus Bank along with Richard Gurne, executive vice president and chief lending officer, and Richard Bauer, executive vice president and chief financial officer. The doors opened after the team raised over \$12 million in capital from local investors. The bank's temporary location at 45650 Grand River (across from Paradise Park) opened on February 28th. This "soft" opening is giving Lotus Bank time to get its employees acclimated with the bank and to finalize all systems and procedures. The grand opening will take place on April 19th.

That won't be the end of the grand openings, however. Lotus Bank will soon be breaking ground for its permanent location at Twelve Mile Road and Dixon Road, across from Fountain Walk of Novi.

"We chose Novi because it is a growing community," added Gurne. "We want to be active in the lending needs of medical professionals and with the growing health care industry at the Providence and Henry Ford medical facilities. It is smart to be here."

Jasti said that Lotus Bank is a full-service bank that is committed to offering loans to private individuals as well as businesses and it will specialize in health care lending, commercial real estate lending/developing, and the growing Asian population in the community. The last reason, in part, has something to do with the choice of the name Lotus.

"Lotus is a generic name not tied to anything," said Jasti. "But it means a lot to the Asian community. We also didn't want the name to be tied to any one location since future plans include locations in Troy and Canton."

The addition of Lotus Bank to the Novi business community has already paid dividends to the local job market. "We already created 10 jobs and intend to add another 10 by the end of the year," noted Jasti. "We are not only helping the local economy by creating jobs ourselves but we are lending money to other businesses in the community that will help create more jobs. I guess you could call us an economic engine for the community."

Speaking for Lotus Bank staff, Jasti, Gurne, and Bauer have a combined 40 years of experience in the banking and lending industries. And everyone on the entire staff has at least 10 years of banking experience. Using their experience, Jasti, Bauer and Gurne together at Lotus Bank loans and meet with as needed basis. That's another advantage to Lotus Bank's customers because it reduces the amount of time it takes to get a loan approved.

Not only is Lotus Bank looking for new customers, there is still time for those who may be interested in investing in a local community. Jasti said that the bank will sell \$3 million more in shares when the IPO closes on June 15th.

Lotus Bank hours are Monday-Thursday 9 a.m. to 5 p.m. and Friday 9 a.m. to 4 p.m. For more information call (248) 735-1000 or visit www.lotusbank.net.

By John



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Novi, Catholic Central
High School
schedules, P. B3

Wildcat Soccer
Novi starts the season with two
shutout wins against Lahser, Canton ... P. 2

SPORTS GALLERY: CC LACROSSE

PAGE 3B

My Novi Sports

NEXT WEEK: All-Area Swim Team

THURSDAY, MARCH 29, 2007 • WWW.NOVINNEWS.COM • SPORTS SUBMISSIONS: JTHEISEN@GANNETT.COM • PAGE 1B

SPORTS SPOTLIGHT: SOCCER PREVIEW

STORY CHAT: WHAT DO YOU THINK? TELL US AT WWW.NOVINNEWS.COM

One, Two ... Three?

■ Novi focuses
on task at hand,
not the past

By Jeff Theisen
NEWS SPORTS WRITER

Don't bother asking Novi head soccer coach Brian O'Leary about "the streak." He said the team doesn't even bring it up, despite constant questions about it from the media before the season and after each game.

The Wildcats are undefeated for the last two seasons. It's an amazing streak to say the least, but because much of the team wasn't around for the start of it, each season is a new story in itself.

"We really don't even talk about that stuff," O'Leary said. "I think people imagine it different than it is — like we are just living in some world that's easy. It really isn't that way at all."

"We just start over every season, really. You have to incorporate the new players ... you have a lot of stuff to figure out."

But five seniors have already enjoyed the spoils from the team's overall success. Kristine Chaklos, Stephanie Crawford, Emily Esbrook, Jessica Barndt and Stephanie Janssens have all signed with Division I soccer teams before the season's start.

"Those girls are in the position they are in because of the way they do things," O'Leary said. "They come every day, they work hard every single day, they have incredible work ethic, they are very competitive, it just kind of sets the stage for everyone else that's there."

"Those five girls really have their act together."

Crawford is the team that most people try to shut down but usually can't.

"Stephanie Crawford is one of the best forwards in Michigan," O'Leary said. "She's a great goal-scorer, she's scored big goals in big games, and we know we can count on her."

But even if Crawford doesn't do



Photo by JOHN HEIDER/Novi News

See **SOCCER, 2B** Novi's Stephanie Crawford (17) returns as an offensive threat for the Wildcats.



Photo by JOHN HEIDER/Northville Record

Northville High School senior and varsity basketball standout Alvin Storrs palms a ball in the gym the Mustangs haven't lost in for more than two seasons.

Storrs: A real slam dunk

By Jeff Theisen
NEWS SPORTS WRITER

Simply put, Northville senior basketball player Alvin Storrs did it all for the Mustangs.

Storrs led the team in scoring with 24.3 a game, in rebounding with 5.6 a night, snagged 5.5 steals and averaged a little more than a block a contest.

Despite leading the team in several categories, Storrs cared more about how the team did than his own personal stats.

"That's a strange part of him," Northville head coach Darrel Schumacher said. "He doesn't like to be singled out. He just wants to fit in to the team."

"Yet, when the game is on the line, he wants the ball. That's a quality that you hope for in every player, yet not every player has that."

It's unknown if Storrs is Northville's all-time leading scorer, but Schumacher said he's the highest scoring Mustang in recent memory. Storrs finished with 1,096 career points.

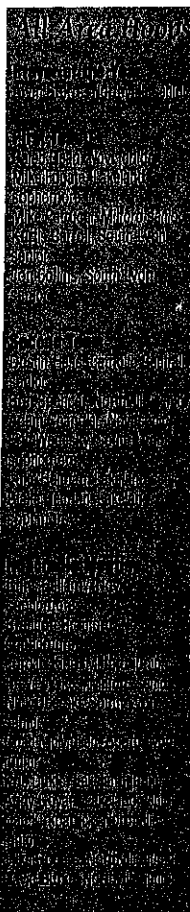
Having one player responsible for leading the team in so many categories doesn't always result in wins. It did in Storrs' case.

The Mustangs went 18-3 a year after going 20-1. They were a combined 38-2 during the last two regular seasons and captured a pair of division crowns and one league title and a runner-up WLAA tournament finish.

"He always wanted to involve his teammates into the game," Schumacher said. "He didn't want to just isolate it and take it himself."

Storrs will transfer his game to

See **ALL-AREA, 2B**



What is **SPORTS SPOTLIGHT**? Each week, the Novi News takes a closer look at Novi athletes. Have a suggestion? E-mail jtheisen@gannett.com.

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NOVI NEWS Athlete of the Week

Novi sophomore Erin Zerio, Soccer

Wildcat goalie Erin Zerio has yet to allow a goal through the first two Novi games. She made 10 saves in a 3-0 shutout against Lahser and two more saves in a 4-0 blanking against Canton.



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MY FOOD FOR THOUGHT

Thursday, March 29, 2007
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Celebrating Salads with Pistachios

America's Top Chefs Share Their Favorite Recipes

Want to add taste, color and crunch to salads any time of the year? Then sprinkle on pistachios. Chefs are going nutty over them, and for good reason. California grown, these pale green nuts have a subtle, delicate flavor that is wonderful in sweet as well as savory dishes or for eating out of hand. Traditionally used in rice dishes, stuffing, ice cream and pastries, pistachios are now a key ingredient in signature salads.



Harvest Salad with Caramelized California Pistachios and Green Apples

Chief Andrew Carmellini of Alinea Restaurant in New York City celebrates the bounty of the harvest with this delicious — set simple — salad featuring crisp green apples and caramelized California pistachios.

- Ingredients:**
- 4 cups arugula, picked and washed
 - 2 cups watercress, picked and washed
 - 1 bulb fennel, sliced in half lengthwise then thinly sliced
 - 1 cured green apple, thinly sliced
 - 3 stalks celery, thinly sliced
 - 4 leaves basil, washed and coarsely chopped
 - 3 tablespoons white raisins, soaked in warm water and drained
 - 1/4 cup extra virgin olive oil
 - 2 whole lemons, zested then juiced
 - Salt and freshly ground black pepper, to taste
 - 2 tablespoons grated Parmesan cheese
 - 1 tablespoon breadcrumbs
 - 1/2 cup California pistachios, caramelized

Method:
Combine all ingredients except cheese and breadcrumbs in mixing bowl. Season with salt and freshly ground black pepper, to taste. Divide into 6 salad bowls; top with cheese, breadcrumbs and caramelized pistachios (see sidebar for caramelizing). Serve immediately. Serves 6.

Nutritional Analysis (Amount per Serving):
Calories 250, Total Fat 16g, Saturated Fat 2.5g, Monounsaturated Fat 10g, Cholesterol less than 5mg, Sodium 610mg, Potassium 530mg, Carbohydrate 27g, Dietary Fiber 4g, Protein 6g



Goat Cheese, Beet Roots and California Pistachio Salad

Executive Chef Pascal LeSauter of Paris, one of New York City's hottest restaurants, loves serving this simple beet salad featuring California pistachios.

Preheat oven: 375°F

- Ingredients:**
- 5 medium size beet roots
 - 6 tablespoons extra virgin olive oil
 - 1/4 cup California pistachios, toasted and coarsely chopped
 - 1 bunch flat parsley (1/4 cup chopped)
 - 1 log (6 ounces) Montrachet goat cheese
 - Salt and white pepper, to taste
 - 5 tablespoons red wine vinegar

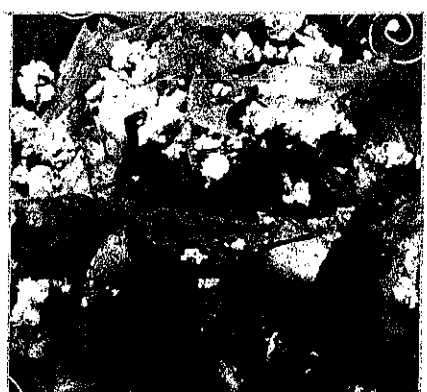
Method:

Clean beet roots with cold water, dry with paper towel, coat with 1 tablespoon olive oil and season with salt. Wrap beets in aluminum foil and place in oven 1 1/2 hours. Check doneness by poking with small knife. Remove and peel beets and slice 1/2-inch thick. Reserve and cool in refrigerator. While beets are cooling, toast pistachios, let cool, then chop. Clean and dry parsley, then chop with large chef knife. Slice goat cheese 1/2-inch thick.

To Serve:

Alternate slices of beets and goat cheese on salad plate. Season with salt and white pepper. Add vinegar and remaining olive oil. Garnish with pistachios and chopped parsley. Serves 2.

Nutritional Analysis (Amount per Serving):
Calories 380, Total Fat 33g, Saturated Fat 9g, Monounsaturated Fat 19g, Cholesterol 20mg, Sodium 310mg, Potassium 450mg, Carbohydrate 13g, Dietary Fiber 4g, Protein 11g



Spicy Pear and Endive Salad with California Pistachios

Nationally renowned celebrity chefs and "Top Hot Tamales" Mary Sue Milliken and Susan Feniger offer this scrumptious salad featuring California pistachios from their award-winning Border Grill and Ciudad restaurants.

- Salad Ingredients:**
- 1/2 cup California pistachios, raw and shelled
 - Salt and freshly ground black pepper, to taste
 - 2 tablespoons sugar
 - 2 Cornice or D'anjou pears, quartered, cored, and sliced into 1/2-inch wedges
 - 4 heads Belgian endive, cored and sliced lengthwise into strips
 - 1/2 to 3/4 cup Cabrales blue cheese, crumbled
 - 2 tablespoons pickled jalapeños, sliced
 - 1/4 cup Honey Chipotle Vinaigrette (recipe follows)

Salad Method:

In small frying pan, combine pistachios, salt, pepper and sugar. Saute over low to medium heat, stirring and shaking frequently until pistachios are toasted and sugar caramelizes and coats pistachios. Transfer pistachios to non-stick or parchment-lined cookie sheet and allow to cool. In large bowl, combine pears, endive, blue cheese, jalapeños and vinaigrette. Season with salt and pepper to taste. Transfer to 4 chilled salad plates and sprinkle with pistachios. Serves 4.

Honey Chipotle Vinaigrette

- Vinaigrette Ingredients:**
- 1/3 cup red wine vinegar
 - 1 dry chipotle, stemmed and seeded
 - 1/2 cup extra virgin olive oil
 - 1 1/2 tablespoons honey, warm
 - 1 tablespoon Dijon mustard
 - 1 teaspoon kosher salt

Vinaigrette Method:

Combine vinegar and chipotle in small saucepan and bring to boil. Remove from heat and allow to cool. Place all ingredients in blender and blend until smooth and oil is emulsified. Adjust seasonings to taste. Makes 1 cup.

Nutritional Analysis (Amount per Serving):
Calories 310, Total Fat 20g, Saturated Fat 5g, Monounsaturated Fat 10g, Cholesterol 15mg, Sodium 640mg, Potassium 500mg, Carbohydrate 30g, Dietary Fiber 6g, Protein 8g

Pistachio Facts & Helpful Tips

The key to including nuts in the diet without adding extra calories is portion control. Use pistachios on salads, or in main dishes, to replace meat or poultry. California pistachios have versatility, texture and great taste. They also pack a powerful nutritional punch. A 1-ounce serving — 49 pistachios — contains more than 10 percent of the Daily Value for dietary fiber, vitamin B-6, thiamin, phosphorus and copper. One serving of pistachios has as much potassium as half a large banana. Pistachios contain mostly monounsaturated and polyunsaturated fat (11 of 13 fat grams), the types of fat recommended by the 2005 Dietary Guidelines For Americans. Pistachios also are naturally cholesterol free and trans fat free.

Other Pistachio Facts:

- A serving of pistachios has more fiber (2.9g) than 1 small tomato (1.1g) or 1 cup of raw spinach (.8g).
- A serving of pistachios provides almost 1 1/2 times the amount of thiamin as 1/2 cup serving of cooked, long grain, enriched white rice and 2 1/2 times the amount of thiamin in long grain, brown rice.
- The amount of vitamin B-6 in a 1-ounce serving of pistachios is comparable to that in a standard 3-ounce serving of roasted pork loin, 2 times that in a serving of peanut butter and 5 times that in a serving of black beans.
- Pistachios contain more phytochemicals such as beta-sitosterol than any other commonly eaten nut, 61mg per serving or 279mg per 100g. Phytochemicals may help lower cholesterol levels, thereby reducing the risk of heart disease. Preliminary research suggests phytochemicals also may offer protection from certain types of cancer.
- The largest USDA study of food antioxidants reveals pistachios are one of the best sources of beta-carotene of all tree nuts and peanuts. Pistachios also provide the most lutein and zeaxanthin of all tree nuts. Antioxidants are compounds in foods that may help fight cancer, heart disease and Alzheimer's disease, and help maintain healthy arteries.

To Caramelize Pistachios:

- Ingredients:**
- 1/4 cup sugar
 - 1/4 cup water
 - 1 teaspoon salt
 - Pinch cayenne pepper
 - 1/2 cup California pistachio kernels

Method:

In a medium saucepan, heat sugar with water, salt and cayenne pepper over a high flame. Cook until mixture is soft and bubbling. Add pistachios and stir 2 to 4 minutes, until caramelized (pistachios may clump together). Remove pistachios from pan and lay on a cookie sheet lined with wax paper. When pistachios are completely cool, break apart and reserve.

To Make Pistachio Oil:

Toast 1 cup pistachio kernels. When cool, finely grind in food processor. In a saucepan, warm 1 1/2 cups olive oil and ground pistachios and stir until blended. Transfer to a jar and let stand overnight at room temperature. Strain. Substitute in place of olive oil to add flavor to any recipe.

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MY FOOD FOR THOUGHT

Thursday, March 29, 2007
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Tea Leaves Tell Big Flavor Tale



FAMILY FEATURES

Look no further than the message in the tea leaves for the next cutting-edge food trend. If your cup of tea is a relaxing, steaming hot beverage, you're in good company. But if you're a trend seeker, check out the emerging practice of cooking with tea.

Recent research revealed that the latest Boston Tea Party is taking place in the kitchen for some innovative cooks. Interviews conducted* with more than 1,000 home cooks indicated that only one out of nine adults have used tea leaves or brewed tea in cooking. But, once these cooks discover the flavor that tea can bring to so many recipes, they're sold on its benefits. Nearly one out of four surveyed who cooked with tea leaves or brewed tea commonly use them as a key flavor ingredient in salad dressing (24 percent), in a dessert or as a meat rub (17 percent each) or in an entree (16 percent).

It's a secret only some top chefs have used, until now. "From tea-smoked salmon fillet, to herb-tea infused rice dishes, to green-tea flavored ice cream or sorbet, premium teas are really a secret weapon to adding phenomenal flavor and depth to a variety of dishes," said Thomas Griffiths, Certified Master Chef, professor in nutrition and culinary arts at the Culinary Institute of America's award-winning restaurant, St. Andrews Cafe. "In addition to the extraordinary flavor tea can add to a dish, it is a nutritionally sound way to go, as Americans look for ways to eat healthier without sacrificing taste."

Using exquisitely flavored teas, such as the new Lipton® Pyramid Teas, can add exotic flavors to your cooking. Salad dressings and sauces, special beverages, entrees, baked goods and heavenly desserts can all benefit from a boost of flavors from these teas, offering interesting and succulent options to make inspiring dishes. New Lipton Pyramid Teas are a collection of exotic premium teas made with innovative, pyramid-shaped gasmasse bags that allow the long leaf tea plenty of room to infuse your cooking with memorable flavors. Green Tea with Mandarin Orange, White Tea with Island Mango and Peach, Red Tea with Harvest Strawberry and Passionfruit, Bavarian Wild Berry, Vanilla Caramel Truffle and Black Pearl are the first premium, long leaf teas in pyramid bags to be conveniently found in the grocery store.

So if your cup of tea is sublime flavors, check out the hot new flavor source in a pyramid-shaped tea bag. You can find additional tea-inspired recipes and creative, healthy culinary ideas at www.thelife.com, the official Web site for the recently launched Best Life Diet book by Bob Greene, renowned fitness guru and trainer to Oprah Winfrey.

*Interviews were conducted as part of The Tea Leaves Campaign study by JCR's EXCEL (for Lipton Pyramid Tea). A total of 1,004 interviews were completed with adults between Dec. 8 and Dec. 12, 2006.

Tea Stir-Fry

Prep Time: 10 minutes
Cook Time: 15 minutes

Makes: 4 servings

- 1 cup water
- 4 Lipton Green Tea with Mandarin Orange Flavor Pyramid Tea Bags
- 2 tablespoons soy sauce
- 1 tablespoon finely packed brown sugar
- 2 teaspoons cornstarch
- 2 tablespoons Bertolli Classico Olive Oil, divided
- 1 pound pork tenderloin, cut into thin strips
- 2 cups stir-fry vegetables OR 1 16-ounce package frozen stir-fry vegetables, thawed
- 1 clove garlic, finely chopped
- 1/2 teaspoon ground ginger

In 1-quart saucepan, bring water to a boil over high heat. Remove from heat. Add tea bags; cover and brew 5 minutes. Remove tea bags and squeeze; cool slightly. Stir in soy sauce, brown sugar and cornstarch; set aside.

In 12-inch nonstick skillet, heat 1 tablespoon olive oil over medium-high heat and cook pork, stirring occasionally, 4 minutes or until lightly golden; remove and set aside.

In same skillet, heat remaining olive oil and cook vegetables, stirring frequently, 4 minutes or until golden. Add garlic and ginger and cook, stirring occasionally, 1 minute. Stir in tea mixture. Bring to a boil over high heat and cook, stirring occasionally, 1 minute or until sauce is thickened. Return pork to skillet. Reduce heat to low and simmer 2 minutes or until pork is done. Serve, if desired, with hot cooked rice.

Dulce De Leche Tea Pops

Prep Time: 10 minutes
Chill Time: 4 hours

Makes: 8 servings

- 1/2 cup boiling water
- 1-1/2 cups half and half
- 4 Lipton Vanilla Caramel Truffle Pyramid Tea Bags
- 1/2 cup sugar

Pour boiling water over tea bags; brew 5 minutes. Remove tea bags and squeeze. Stir in sugar until dissolved. Add half and half; let cool.

Pour evenly into 8 4-ounce paper cups or ice pop molds. Freeze until almost firm, about 1 hour. Insert popsicle sticks into centers; freeze until firm.

To serve, press firmly on bottom of paper cup to remove.

Spring Greens With Wild Berry Dressing

Prep Time: 15 minutes

Makes: 6 servings

- 1/2 cup boiling water
- 6 Lipton Bavarian Wild Berry Pyramid Tea Bags
- 1 small shallot or onion, peeled and halved
- 2 tablespoons white wine vinegar
- 4 teaspoons granulated sugar
- 1 teaspoon Dijon mustard
- 1/3 cup Bertolli Classico Olive Oil
- 6 ounces spring mix or salad greens
- 1 small red onion, thinly sliced
- 2 oranges, peeled and sectioned
- 4 ounces herb goat cheese, sliced
- 1/2 cup toasted chopped pecans

Pour boiling water over tea bags; cover and brew 5 minutes. Remove tea bags and squeeze; let cool. In blender, process tea, shallot, vinegar, sugar and mustard until smooth. While processing, slowly drizzle in olive oil. Season, if desired, with salt and pepper.

On serving platter, arrange spring mix. Evenly top with onion, oranges and cheese, then sprinkle with pecans. Just before serving, drizzle with dressing.



REGIONAL MARKETPLACE

Page 6B

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Stop your hibernating and get ready for spring time

By John R. Hall
 SPECIAL WRITER

Humans are not unlike bears during the winter months. They tend to hibernate from the world and ignore some of the fitness programs that keep them in shape the other nine months of the year. It's human nature. So with spring fast approaching, there is one local business that wants people to come out of hibernation and improve their quality of life.

FEEL BETTER THAN EVER

Fitness Together of Novi and West Bloomfield has the programs to bring people out and make them feel happy with their bodies and with their health. Boo Sadikot, owner of Fitness Together, wants his customers to feel better than they ever have before. And he has been successful at helping people to understand that there is a big difference in fitness programs — especially when it comes to personal attention.

"Public gyms are not the answer to a fitness program," he said. "They are crowded, intimidating and confusing. Most people aren't getting the results they want on their own because they purchase a membership and that is all they get."

A DIFFERENT APPROACH

Fitness Together's business model is totally different. Its motto is "One client, one trainer, one goal." The focus is on individual attention. "Our training facilities offer fully equipped private suites for the best one-on-one training," Sadikot said. "There is never a wait for equipment. It is just you and your trainer in the suite for the entire session."

Sadikot knows that people tend to focus more on their health when the warmer months are approaching. They look for results and the Fitness Together approach fits right into their expectations.

"We guarantee your results," he said. "Tell us your goals and we'll develop a plan to get you there fast."

FOR THE BUSY PERSON

Sadikot also knows that people have



Photos by JOHN R. HALL

The Novi staff of Fitness Together includes, from left, Matt Ambrosi, Sandy Pinkerton, Ben Cooper and owner Boo Sadikot.

busy schedules, which makes him wonder why they would want to wait in a gym for exercise equipment to become available. "You exercise with a personal trainer in your own private studio with state-of-the-art equipment and then get on with your day," he added.

With over eight years of experience, Sadikot has fine-tuned a program that will get people in shape within 16 weeks or the sessions are free. He backs the guarantee up by noting, "I have never once failed to help my clients achieve the results I promised them."

SHARING THE PROGRAM

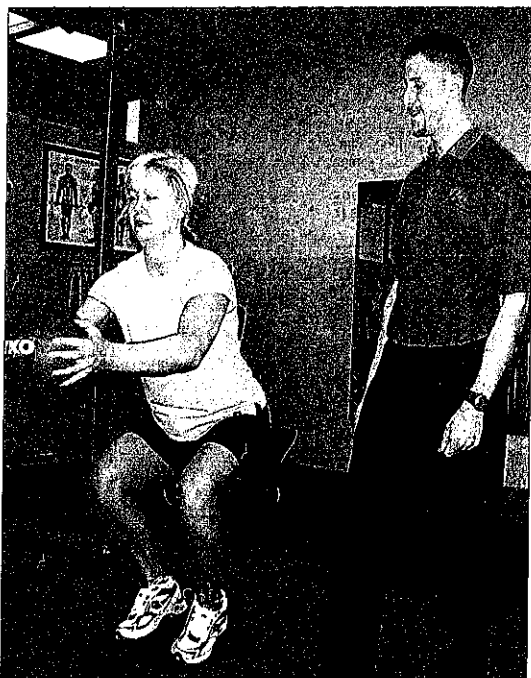
Sadikot goes one step further, too. He is willing to share Fitness Together's Five-Step Fitness Program for free. People calling him, (248) 348-9230, will learn about the program in a few minutes.

To recap — personal service, guaranteed results, and a commitment to helping all customers feel better about themselves than ever before — the best reasons to call Fitness Together today. As Sadikot said, "We take personal training to a new level."

FITNESS TOGETHER

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Try these encouraging tips

Losing weight and getting fit can be a rewarding journey. Before you start or anytime you feel your motivation waning, think of the following for affirmation and inspiration.

■ **Be patient.** Of course you want to see results quickly. But remember, being honest with yourself, visualizing your goals and making the commitment to change your lifestyle are the keys to long-term success. These things take time.

■ **Rediscover good eating.** Learn everything you can about low-fat cooking, try some exotic fruits and vegetables, or taste test some low-fat products until you find your favorites. Rather than feeling deprived, look at food in a new, exciting way. It will do wonders for your willpower.

■ **Think movement!** Introduce some everyday activities to help make exercise more of a habit than a chore. Take the stairs instead of the escalator and walk rather than drive. Plan active outings instead of going to a movie. You can even make cleaning the house an aerobic exercise. Dance like crazy — no one's watching!

■ **Stay flexible on food.** You don't have to mix all your favorite goodies, nor should you feel guilty or abandon your goal if you occasionally splurge. Enjoy every bite, then balance the rest of the day — or the next day — with healthier foods.

■ **Splurge on water.** Think of water as a treat — your body sure does. Try bubbly (in flavored seltzers) or on ice with citrus slices. Drinking eight 8-ounce glasses of water per day is essential to losing weight. It also keeps digestion smooth, cleanses your body, and curbs hunger. And it's great for your skin!

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